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La Revista de Baja California Sur

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Believe in Your Magic

Cree en tu Magia

by / por Jamie Sechrist / traducido por Francesca Magallon

Unveiling the Mystique of Diego Winburn

Step into a world of intrigue and fascination as Diego Winburn, a figure associated with mystique and awe, extends an invitation to an evening filled with enchantment at "Believe in Your Magic." With a background as a mentalist, illusionist, and certified hypnotist, Diego has traversed a magical path from the renowned Chavez Studio of Magic in Hollywood to claiming the title of Mexico's top hypnotist. His extraordinary journey culminates in a generous act, as Diego lends his expertise to The Palapa Society, contributing to their fundraising efforts.

Diego's Hollywood experience was transformative, shaping not just his craft but also instilling unparalleled discipline. His dedication to studying magic, when he practiced seven to nine hours daily, laid the foundation for his excellence in magic, stage performance, and the psychology behind it.

The pursuit of hypnotism led him to Anthony Jacquin in London, a master hypnotist of global acclaim. Under Anthony's guidance, Diego underwent one-on-one training, paving the way for an extraordinary journey. For YOUR MAGIC continued on page 15

Desvelando el Halo de Misterio de Diego Winburn

Adéntrate en un mundo de intriga y fascinación mientras Diego Winburn, un personaje asociado a la mística y el asombro, te extiende una invitación a una velada llena de encanto en "Cree en tu Magia." Con experiencia anterior como mentalista, ilusionista, e hipnotista certificado, Diego ha atravesado un mágico camino desde su paso por el renombrado "Estudio de Magia Chávez" en Hollywood hasta su atribución al título del mejor hipnotista de México. Su extraordinario viaje culmina en un acto generoso, pues Diego presta su experiencia a la Sociedad de la Palapa, contribuyendo a sus esfuerzos para recaudar fondos.

La experiencia de Diego en Hollywood fue transformativa, formando no solamente su oficio, pero también inculcando en él una disciplina sin paralelo. Su dedicación al estudio de la magia, cuando practicaba entre siete y nueve horas diariamente, sentó las bases para su excelencia en la magia, la puesta en escena y la psicología detrás de todo esto.

Al perseguir el hipnotismo su búsqueda lo llevó a Anthony TU MAGIA continúa en página 8

BELIEVE IN YOUR MAGIC

DINNER AND SHOW WITH ILLUSIONIST

DIEGO WINBURN



MARCH 17, 2024



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Tu Magia

continuó de página 6

Jacquin en Londres, un maestro hipnotista aclamado globalmente. Bajo la guía de Anthony, Diego se sometió al entrenamiento de uno a uno, pavimentando el camino para un extraordinario viaje.

Para él, la hipnosis no es solamente una habilidad, es un super poder que exige ser llevado cuidadosamente debido a la vulnerabilidad de los que están en trance.

Una de las hazañas más notables de Diego, involucraba a un individuo para recitar poemas de Marte, lo que resultó en la aparición inesperada de un misterioso idioma. Esta experiencia surreal permanece como un testimonio del profundo impacto que la hipnosis puede llegar a tener.

Los premios de Diego se extienden hasta su membresía en la Academia de Artes Mágicas/The Academy of Magical Arts, conocida como El Castillo Mágico, un sueño que se logra a través de un proceso de selección rigurosa. Como miembro, obtuvo acceso a una gran riqueza de conocimientos mágicos, incluyendo una excepcional biblioteca y exhibiciones dedicadas a magos legendarios.

"Cree en tu Magia" no es solo una puesta en escena, es una misión alineada con el compromiso de Diego para poder

TU MAGIA continúa en página 14



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Loving Todos Santos? Thank a Guluarte!

¿Te Encanta Todos Santos? ¡Dale las Gracias a Guluarte!



Carlos Guluarte & friends at GastroVino Food & Wine Festival

by / por Bryan Jáuregui, Todos Santos Eco Adventures

traducido por Francesca Magallon

In the late 1600s, the Jesuits convinced the King of Spain to let them create a theocracy on the Baja peninsula by promising to eradicate his pirate problem in southern Baja waters. Luckily for the people of modern-day Todos Santos, the Jesuits proved inept at pirate eradication and sometime in the first half of the 1700s a Portuguese pirate named Goulart came ashore at the Old Port of Todos Santos, married a local Guaycura girl (the Guaycuras being one of the indigenous peoples of the Baja peninsula), and set up house at El Aguaje, a ranch in the sierras outside of Pescadero. The pirate's name got transposed to Guluarte along the way and now, roughly 300 years later, most Todos Santos roads for food, drink, lodging, entertainment, construction, shopping, laundry, and pet care lead to a Guluarte's door. Pirates 1, Jesuits 0.

In 1950 the pirate boy and Guaycura girl's direct descendant, GULUARTES continued on page 12

A finales de los 1600s, los Jesuitas convencieron al Rey de España de permitirles la creación de una teocracia en la península de Baja California Sur con la promesa de erradicar la existencia de piratas en las aguas australes y los problemas ocasionados por ellos. Afortunadamente para la gente del Todos Santos moderno, los Jesuitas resultaron ineptos en erradicar piratas y en algún momento de la primera mitad de los 1700s un pirata portugués llamado Goulart tocó tierra en el viejo puerto de Todos Santos, se casó con una chica Guaycura de la zona (los Guaycuras fueron de los primeros pobladores indígenas de la península de Baja California Sur), y formaron un hogar en El Aguaje, un rancho en la sierra a las afueras de Pescadero. En esos tiempos, el nombre del pirata fue transpuesto por Guluarte en español y ahora, casi 300 años después, gran parte de las calles de Todos Santos que conducen a negocios de comida, bebida, hospedaje, entretenimiento, construcción, LOS GULUARTES continúa en página 30



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Guluartes

continued from page 10

José Antonio Guluarte Moyron, was born in Todos Santos and grew up in the house that today is easily recognized by everyone in town as Bésame Mucho Bazaar. In that house, which had been in the family for generations, José Antonio's parents produced a total of eight kids in 12 years (Jesuits 1: Pirates 1). Like many members of that generation of Guluartes, José Antonio's father, Valentín Guluarte, worked as a primary school teacher. But after 14 years of service he'd had enough and quit to devote his time and attention to his ranch, Rancho Las Pilas, not far from the original pirate homestead at El Aguaje.

José Antonio was only 12 years old when his father died. His mother, María Moyron, had no experience working outside the home, and for some widows with eight children this type of catastrophic event would have marked a descent into poverty. But his father had developed some businesses in the area, including a sugar mill at Rancho Las Pilas, and his surviving brothers, Ernesto and Cirilo, stepped in to help his family. José Antonio's mother lived until 97 and the family flourished.

After graduating from high school, José Antonio went to Guadalajara to study dentistry. During a summer break from his studies he went to a Sunday dance at the town plaza in Pescadero, where the custom of the time was for boys to walk around the plaza in one direction, girls to walk around the plaza in the other direction, all while the band played in the center. If sparks flew between a boy and a girl as they passed each other, an invitation to dance ensued. It was in this way that José Antonio found Nelida Romero Salgado and—after seven years of courtship while he finished his degree—a trip to the altar. Nelida worked to help him complete his studies.



Former Guluarte family home,
Bésame Mucho Bazaar

Upon his return to Baja, José Antonio became the first full-time dentist in Todos Santos, practicing out of the family home that is now Bésame Mucho Bazaar. His mother became his assistant. His uncle Cirilo had helped build up the family businesses over the years, acquiring a good deal of land in downtown Todos Santos from a man named Julio

GULUARTES continued on page 31



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Tu Magia

continuó de página 8

usar la magia para una causa mayor. La frase "Cree en tu Magia," resuena con él, reflejando su participación en la recolección de fondos, particularmente para la Sociedad de la Palapa, este alineamiento le permite a Diego maximizar el impacto del asombro y apreciación tanto en la audiencia como en sí mismo.

El proceso creativo detrás de la magia de Diego enfatiza conexiones íntimas con la audiencia, creando puestas en escena interactivas, llenas de emoción y lo más importante, llenas de diversión. Su dedicación se extiende a apoyar la misión de la Sociedad de la Palapa de mejorar la educación, y él, dona voluntariamente su tiempo y sus shows. La educación guarda un lugar especial en el corazón de Diego, y contribuir a esta causa lo llena de un profundo sentido de honor y propósito.

La artista y fotógrafa Kate Turning, ha creado una imagen mágica para la portada de la revista Journal del Pacífico y también para el evento. Kate encontró su amor por la fotografía a la edad de 13 años, cuando en vez de elegir

un pony palomino, optó por una Nikon F, con el cautivador mundo del cuarto oscuro iluminando su imperecedero camino artístico. Guiada por una pasión por la pintura y la filosofía de Joseph Campbell, el detallado enfoque de Kate a la fotografía se ve reflejado en su planeación meticulosa, su innovador estilo, y en la dedicación para crear símbolos positivos para enaltecer el espíritu humano. Añadiendo esto a sus encantos, Kate ha creado una pieza única para este evento, la cual será subastada durante la noche, y la Sociedad de la Palapa tiene el privilegio de contar con su contribución artística en la celebración de su vigésimo aniversario.

"Cree en tu Magia" marca la celebración del vigésimo aniversario de la Sociedad de la Palapa, y nos promete una inolvidable noche con cena e ilusionismo. Se llevará a cabo en el escenario del Teatro Pescadero el 17 de Marzo a las 6 pm. El evento ofrece una cena BBQ, un espectáculo fascinante presentando ilusiones alucinantes, hazañas hipnóticas, y una subasta silenciosa para contribuir a una noble causa.

Checa la publicidad de la Sociedad de la Palapa para obtener el código QR que te permitirá comprar boletos a través de Eventbrite o visita este link para compra de boletos: <https://www.eventbrite.com/e/believe-in-your-magic-with-diego-winburn-tickets-773377963307?aff=odddtcreator>

Atento aviso: los boletos para este evento están disponibles exclusivamente para compra en línea. Para más información contacta a tickets@palapasociety.org con cualquier pregunta que puedas tener.

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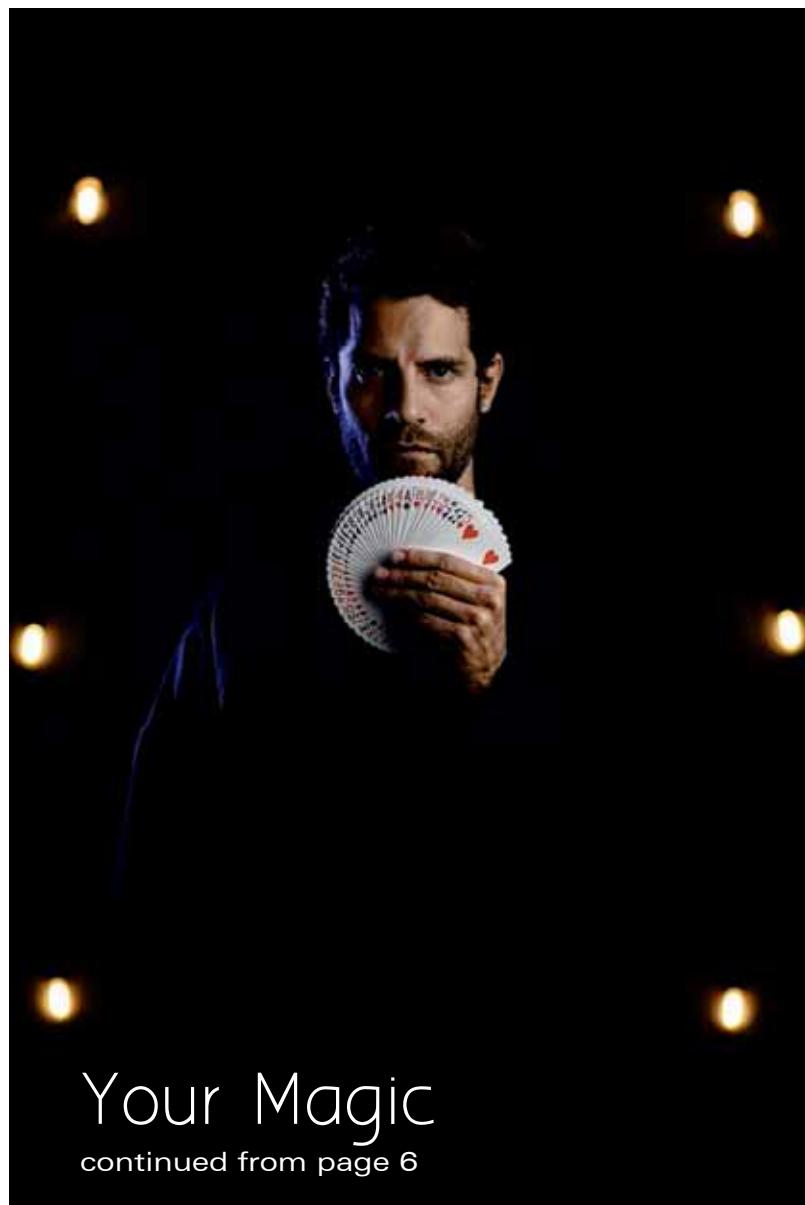


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Your Magic

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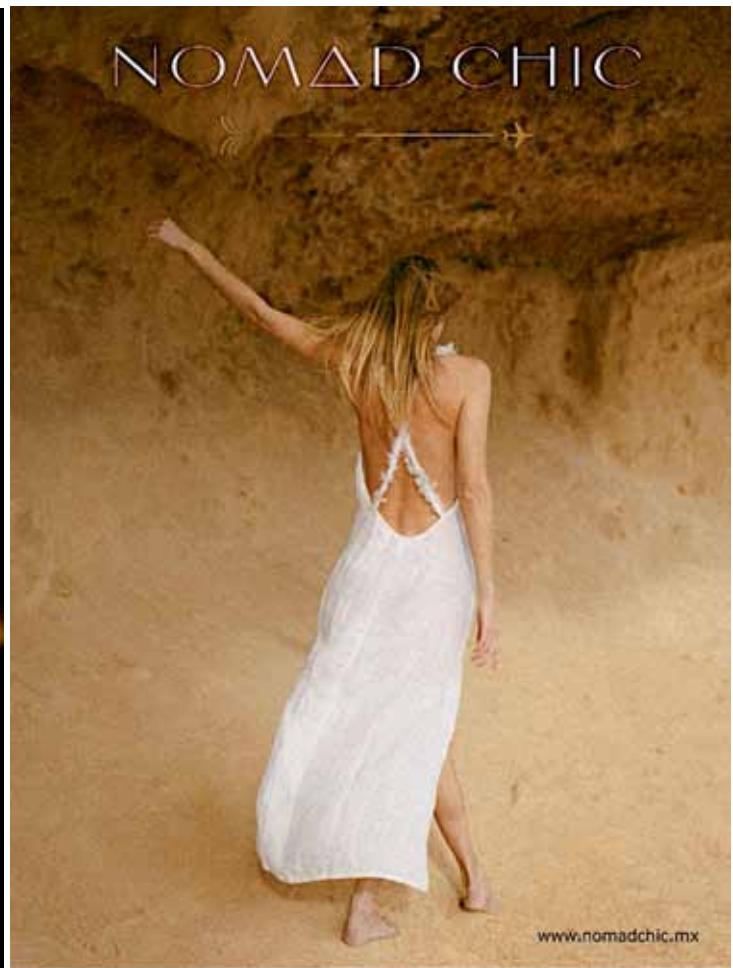
him, hypnosis is not just a skill; it's a superpower that demands careful handling due to the vulnerability of those entranced.

One of Diego's remarkable feats involved hypnotizing an individual to recite poems from Mars, resulting in the unexpected emergence of a mysterious language. This surreal experience stands as a testament to the profound impact hypnosis can have.

Diego's accolades extend to his membership at the Academy of Magical Arts known as the Magic Castle, a dream realized through a rigorous selection process. As a member, he gained access to a wealth of magical knowledge, including an exceptional library and displays dedicated to legendary magicians.

"Believe in Your Magic" is not just a performance; it's a mission aligned with Diego's commitment to use magic for a greater cause. The phrase "Believe in Your Magic" resonates with him, reflecting his participation in fundraisers, particularly for the Palapa Society. This alignment allows Diego to maximize the impact of wonder and appreciation on both the audience and himself.

YOUR MAGIC continued on page 52





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Art Talk

by Jill Logan

RITUALS

"In this world where technology and consumerism have become our religion, we've largely lost something magical: the ability to elevate something into the realm of the sacred."—Leo Babauta

A ritual is described as a way of doing something in which the same actions are done in the same way every time for an effect or as part of a religious ceremony. There is an element of magic in ritual performed as a spiritual practice.

I had a curiosity about artists and their rituals to get into the creative zone. Whether it is a writer, musician, or painter, what helps create that space to have an intuitive flow come through?

I like to create my space with music. With my mood the music will vary, from classical, jazz, to alternative. Occasionally, I get all rock and rolled out and put on something I can dance to. My brush strokes move with the beat or rhythm, which can be a good thing or sometimes a bit staccato like moving close to pointillism. I am highly suggestable.

I like to start by cleaning up my space, organizing my visuals, and making a study with pencil or chalk of the desired design. I tend to sit with a cup of tea and ponder what I did the day before and settle into my space before starting the process.

I like working in a series, and I often draw more than one piece at a time. When I was alone in my studio in Laguna Beach, I would chalk in five to ten designs on canvas for a show, working with a theme. Then it was easy to get in and start painting the layers.

I asked a few fellow artists what they do as a ritual.

Michael Cope: For me "getting in the zone" is in some ways similar to nights that I can't fall asleep. When out of the darkness hundreds of thoughts and images keep bombarding like darts... all of these thoughts get in the way of sleeping. It's the same as when I start a new painting or sculpture, hundreds of thoughts, images, and distractions pop up and get in the way of creating. I have to take the time to breathe, relax, and focus on my process, and get organized. Another thing that works for me is simply to start sketching with pencil, charcoal, or sidewalk chalk on brown craft paper.

If these techniques don't work I pour a scotch.

Mark Gabriel: My rituals are a little different for making a painting than sketching or writing a song. I somehow put a lot of pressure on myself with paintings. It feels like a big deal somehow.

So, for making a painting, this might be considered my ritual.

I need an important headspace that helps me get into the flow state. It's trying to convince myself that what I'm doing isn't important. That it's devoid of meaning. It's about a clear head and starting with a blank slate, but it goes deeper too, obviously. I need to take the pressure off myself to perform. A blunting of the ego and an exorcism of pretense. Ultimately, I know to start a new creative project I need to get out of my own way.

I might start by making tea. Or pouring a drink. Or I flip through a magazine or book. A bit of doom scrolling. Playing guitar or dancing to a playlist also help. Whatever works to let my preconceived ideas seep out of my consciousness down into the subconscious. Removing myself from the equation in this way also reduces anxiety of my expectations of myself. That is where I need to be able to begin.

The creative zone is a treasured spot. I like the idea of creating rituals that bring in new ideas and flows. Moving creativity forward. Walt Disney once said, "Around here we don't look backwards for very long. We keep moving forward, opening new doors, and doing new things, because we're curious—and curiosity keeps leading us down new paths."

Keep moving. Even if you judge your work not good enough. As human beings, we often are terrible judges of our own work. I know I always think I could have done it better.

But it has been said that it is not our job to judge our work. We are too self-critical. Nor is it our job to compare it with other's work. It is our job to create. Our job is to share what we have right now in this moment. Our job is to come as we are and to give it our best shot.

Therefore, if lighting candles, saying a little prayer to the creative gods, or talking to the birds, letting the cat sit on our lap with our coffee, stopping the mind with meditation, writing notes, singing, dancing, or just plain jumping in the shower, whatever ritual works to find out juicy zone.



Jill Logan in her gallery

Create your ritual with pure depth and intention. Pull in the creative spirit to dance with you as you flow. Incense. Candles. Music. Dance. By all means have fun.

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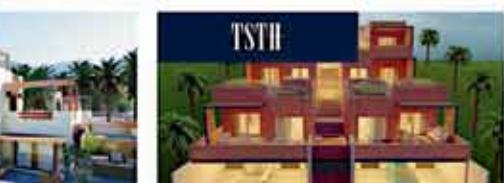
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Healthy Cooking Classes in Todos Santos Clases de Cocina Saludable en Todos Santos

by / por José Trejo / traducido por Francesca Magallon

Have you ever wanted to have a healthier lifestyle, but don't know where to start? That is what DESIERTO AZUL Cooking Studio promises. Family-owned and run by Nilù Feregrino, culinary nutrition expert, it offers a selection of classes for a fun afternoon of cooking from scratch while learning about nutrition.

Nilù was in her 30s, and, like many women, started to make plans for raising a family, and decided it was time to make lifestyle changes too. "It is so easy to improve your wellbeing by eating healthier," she tells her students. "Whole foods and cooking from scratch is the secret recipe!" Nilù explains that by changing your eating habits, anyone can feel energetic and improve their quality of life. To the question, "what makes your cooking classes different?" she answers, "The classes are culinary nutrition workshops. I teach mostly with plant-based cooking—gluten-free and dairy-free. My passion is to explain in simple words the fundamental notions of nutrition. More than anything, I feel rewarded when people try the plant-based food and find it delicious!"

The Cooking Studio was established a little over two years ago, to offer a healthy cooking option in Todos Santos for

¿Alguna vez has querido llevar un estilo de vida más saludable, pero no sabes por dónde empezar? Esa es la promesa del Estudio de Cocina DESIERTO AZUL. Un negocio familiar a cargo de la experta en nutrición culinaria Nilù Feregrino, que ofrece una selección de clases para pasar una tarde divertida cocinando desde cero y aprendiendo acerca de nutrición.

Nilù estaba en sus treintas y como muchas otras mujeres comenzó a hacer planes para criar una familia, y decidió que también era el momento para hacer algunos cambios en su estilo de vida. "Es tan fácil mejorar tu bienestar al comer saludable," les dice a sus estudiantes. La receta secreta es: ¡Cocinar desde cero y con alimentos integrales! Nilù explica que al cambiar tus hábitos alimenticios cualquiera se puede sentir más energético y mejorar su calidad de vida. Al preguntarle: ¿que hace que tus clases de cocina sean diferentes? Ella responde: "Las clases son talleres de nutrición culinaria. Mis clases por lo general son con cocina basada en plantas, sin gluten y sin lácteos. Mi pasión es explicar con palabras simples las bases fundamentales de la nutrición. ¡Mas que nada me siento realmente agradecida COCINA SALUDABLE continúa en página 22

events. Its philosophy can be summarized in three key points:

- 1) Cook from scratch, using whole ingredients, preferably organic, and avoid ultra-processed food.
- 2) Get more plants on your plate: fruits, vegetables, grains, seeds, nuts, and legumes, which as well as being delicious, provide loads of nutrients.
- 3) Reduce or eliminate those ingredients that do not make you feel well, like gluten and lactose. Replace them with delicious alternatives that you can use in your own kitchen.

DESIERTO AZUL Cooking Studio offers classes every other week, on Wednesdays, both in English and Spanish. Classes are for all levels of experience and include Healthy Breakfast, Eating for Awesome Energy, Anti-inflammatory Eating, Meal-Prep Made Easy, and Allergen Friendly Cooking.

"We created DESIERTO AZUL with the dream to make it easy for people to start a healthier lifestyle," says Fabrizio Cavallo, Nilù's husband and co-owner. He adds "In an era of everything digital, we felt the need to create a physical space, with a distinct desert vibe, for a real-life experience, whether it is a cooking class, a stay at the boutique hotel in the same location, or a healthy muffin at our newly opened PANVERO Whole Bakery."

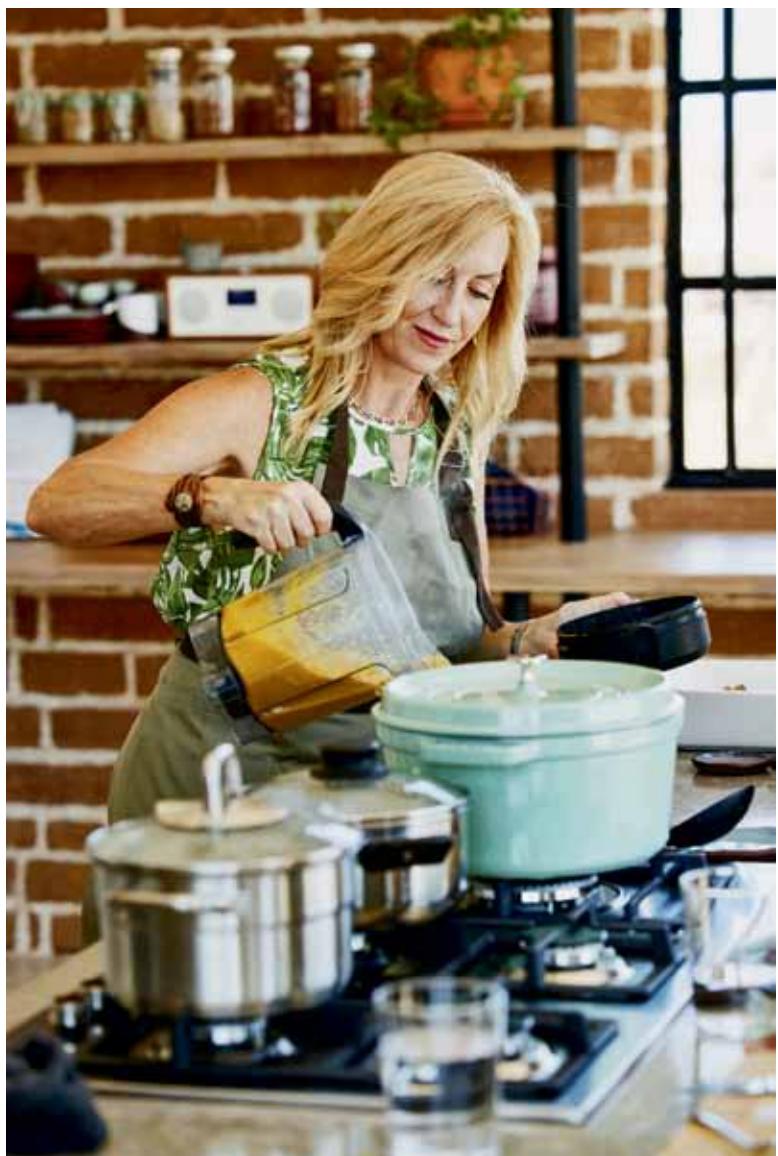
HEALTHY COOKING continued on page 56



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Cocina Saludable

continuó de página 20

cuento las personas prueban las comida a base de plantas y les parece deliciosa!"

El Estudio de Cocina se estableció hace un poco más de dos años, para ofrecer una opción de comida sana para eventos en Todos Santos. Su filosofía se puede resumir en tres puntos clave:

- 1) Cocinar desde cero, con ingredientes integrales, de preferencia orgánicos y evitar comida ultra procesada.
- 2) Poner mas plantas en tu plato, frutas, verduras, semillas, granos, nueces y legumbres, que además de ser deliciosas aportan grandes cantidades de nutrientes.
- 3) Reduce o elimina aquellos ingredientes que no te hacen sentir bien, como el gluten y la lactosa. Sustitúyelos por deliciosas alternativas que puedes usar en tu propia cocina.

El Estudio de Cocina DESIERTO AZUL ofrece clases cada dos semanas los días Miércoles, tanto en inglés como en español. Las clases son para todos los niveles de COCINA SALUDABLE continued on page 56



Rancho Dos Pájaros

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Events

february

"WINDOWS OF BAJA CALIFORNIA SUR" exhibit of works by Oliver Martinez at the Museo de Arte Baja California Sur in La Paz. Works displayed through April 15, 2024.

February 1 | INSCRIPTIONS FOR SECUNDARIA AND PREPARATORIA at Escuela de la Palapa. For more information: <https://escueladelapalapa.org/inscribirse/>

February 2 | 10 – 11 am, FESTIVAL DE ARTE TODOS SANTOS THEATER PERFORMANCES for Todos Santos school children. 12 – 1 pm, theater performances for the school children over 15 years old.

February 2 | 13TH ANNUAL TODOS SANTOS OPEN STUDIO TOUR OPENING NIGHT PARTY. Location and details TBA.

February 3 - 4 | 10 am - 4 pm, 13TH ANNUAL TODOS SANTOS OPEN STUDIO TOUR. A Benefit for The Palapa Society of Todos Santos, A.C. The Todos Santos Open Studio Tour is a two-day event where visitors get a unique opportunity to explore the creative process of talented artists in their studios, and purchase their magnificent artwork. The event features a diverse range of artists, including painters, sculptors, photographers, muralists, air painters, jewelers, print makers, collage artists, potters, and wood turners. With such a broad spectrum of artists, the tour promises to be a captivating and exciting experience for everyone. Tickets are \$300 MXN for both days and are available on Eventbrite, and the weekend of the tour at The Palapa Learning Center, children are free, For more information: <https://todossantosopenstudio.org/>

February 3 | 10 – 11 am, FESTIVAL DE ARTE TODOS SANTOS OFFICIAL OPENING and show. 10 am – 6 pm, Art market, workshops, and film performances, in the public plaza and Teatro Gral. Manuel Márquez de León.

February 3 | 12 pm, READING at Al-lende Books Courtyard in La Paz. American Indian poet Kurt Schweigman (Oglala Lakota Tribe) will read from his new book *Confluences of Solitude* (Mitote Press, 2023). His poetry delves into contemporary themes as well as juxtaposing the past and present. The collection of poetry takes us from South Dakota to California and into Baja California Sur, Mexico.

February 3 | 6 – 11 pm, FESTIVAL DE ARTE TODOS SANTOS VARIED ARTISTIC PROGRAM: dance, music, theater, circus and much more in the public plaza.

February 4 - 10 | TODOS SANTOS WRITERS WORKSHOP, 11th annual creative writing retreat on a private estate offering classes in poetry with Christopher Merrill, fiction with Michelle Wildgen, memoir with Karen Karbo and Jeanne McCulloch, storytelling strategies with Rex Weiner. Special rates for full- and part-time locals. More information at www.todosantoswritersworkshop.com

February 4 | 10 am – 6 pm, FESTIVAL DE ARTE TODOS SANTOS art market, workshops, and film performances, in the public plaza and Teatro Gral. Manuel Márquez de León. 6 – 11 pm, Varied Artistic Program: dance, music, theater, circus and much more in the public plaza.

February 5 - 9 | ANNE HEBE-BRAND WORKSHOP at Hablando Mexicano in Todos Santos. Reinvigorate your Artistic Practice. For more information: www.annehebeband.com

February 5 | 10 am – 6 pm, FESTIVAL DE ARTE TODOS SANTOS art market, workshops, and film performances, in the public plaza and Teatro Gral. Manuel Márquez de León.

February 5 | 5:30 – 6 pm, FESTIVAL DE ARTE TODOS SANTOS CLOSING PARADE by local and invited artists, starting at the Centro de Salud/Oystera and ending at the public plaza.

February 5 | 6 – 8 pm, FESTIVAL DE ARTE TODOS SANTOS Celebration of the 80th anniversary of the Teatro Gral. Manuel Márquez de León and closing show by all the artists participating in the parade in the public plaza.

February 6 | 6 – 8 pm, AUTHOR READING AND BOOK SIGNING by Michelle Wildgen at Santa Terra/Vino Park. She will be reading from and signing her book, *Wine People* (Zibby Books). Presented by Santa Terra and Todos Santos Writers Workshop. Free to everyone.

February 7 | 10 am – 4 pm, ARTIST STUDIO TOUR in Los Bariles. This year's tour has 17 stops showcasing over 30 artists. See art ranging from acrylic, oil, and watercolor paintings; jewelry; fabric art and clothing; wood; metal; ceramic; and natural materials. Tickets are \$100 pesos or \$6 usd and are available the day

of the event from 9:30 am – 2 pm. at the drive through ticket booth at Baja Properties in Los Bariles. For more information, visit: www.eastcapearts.com. This event is brought to you by Asociación de Artes Del Mar de Cortez A.C.

February 8 - 13 | CARNAVAL LA PAZ 'México Fantástico'

February 9 | 12 – 1 pm, MONTHLY SPOKEN WORD at the Biblioteca Elena Poniatowska in Todos Santos. Featuring local writers and poets, TBA. They are always looking for books by local writers to add to their collection.

February 14 | 3 pm, COOKING EXPERIENCE - ANTI-INFLAMMATORY EATING at Desierto Azul Cooking Studio, Todos Santos. Learn to reduce inflammation with delicious food! Start your journey into a healthier lifestyle with this hands-on culinary nutrition experience. This class is in Spanish.

February 16 | 12 – 1 pm, BIBLIOTECA ELENA PONIATOWSKA BOOK GROUP. Every third Friday of the month until June 2024. Stimulating discussions on books and climate change.

February 16, 17, 18, 23, 24 & 25 | "THE KITCHEN WITCHES" COMMUNITY THEATRE PRODUCTION at Teatro Gral. Manuel Márquez de León in Todos Santos. A benefit for The Palapa Society of Todos Santos, A.C. Tickets are \$400 MXN and will be available via Eventbrite.

February 16, 17, 18, 21, 23, & 24 | THE ADAMS FAMILY FIESTA play at Hotel Palmas de Cortez in Los Bariles, by the Baja Shakespeare company. Doors open at 6 pm, show starts at 7 pm, matinée at 1:30 pm. Tickets are \$500 pesos or \$25 USD and are available at Homes & Land of Baja in Los Bariles.

February 17 - 25 | 13TH "WRITING DOWN THE BAJA" RETREAT in Todos Santos Join award-winning author Ellen Waterston for a generative week of writing that explores the intersection of internal and external landscapes in poetry and prose. This year featuring a renowned memoirist and poet as a guest presenter. For more information visit: www.writingranch.com/todos-santos-writing-retreat

February 19 - 23 | ANNE HEBE-BRAND WORKSHOP at Hablando Mexicano in Todos Santos. Exploring Color:

EVENTS cont. on page 58

every week

sunday

8 am - 2 pm, **LOCALS MARKET** at **La Esquina Café** on the *otro lado*.

8:30 am - 2 pm, **ORGANIC MARKET AND LIVE MUSIC** at Baja Beans Cafeteria, Pescadero.

6 pm, **SUNDAY SESSIONS** at Todos Santos Brewing.

monday

10 am – 1 pm, **PALAPA LIBRARY OPEN**, Todos Santos. Palapalibrary@gmail.com

MEATLOAF MONDAY at **Shut Up Frank's** in Todos Santos. Meatloaf with all the fixings for \$225 pesos.

5 – 6 pm, **PALAPA CHILDREN'S LIBRARY OPEN**, Todos Santos. Palapalibrary@gmail.com

tuesday

8:30 am – 2 pm, **LA PAZ FARMER'S MARKET** on calle Rosales between Obregón & Madero, La Paz.

4 pm, **ROCKIN' TACO TUESDAY** at **Chill N Grill** in Todos Santos. Live music 6 – 9 pm.

5 – 6 pm, **PALAPA CHILDREN'S LIBRARY OPEN**, Todos Santos. Palapalibrary@gmail.com

wednesday

7 am – 2 pm, **CHINGROWN COMPOST** at **La Esquina Café** on the *otro lado*. Free kitchen waste drop point. \$120 pesos for 5 gallons of garden soil. Bring your own bucket.

8 am - 2 pm, **LOCALS MARKET** at **La Esquina Café** on the *otro lado*.

10 am – 1 pm, **PALAPA LIBRARY OPEN**, Todos Santos. Palapalibrary@gmail.com

thursday

9 am – 2 pm, **PUNTO VERDE RECYCLING** behind Super Pollo, off calle Del Huerto at the southern entrance of Todos Santos. Bring your paper, #1 & #2 plastics, batteries, cardboard, cans, metal, Styrofoam, and electronics. 50 peso minimum donation; electronics are 80 pesos. Please separate and clean materials.

als. For information: ecorrevolucionmx@gmail.com, (612) 139-4789

12 pm, **SPANISH CONVERSATION CLUB** at **Hablando Mexicano**, in Todos Santos.

5 pm, **LIVE MUSIC** with The Cordovas & Amigos at **La Esquina Café** on the *otro lado*.

5 – 6 pm, **PALAPA CHILDREN'S LIBRARY OPEN**, Todos Santos. Palapalibrary@gmail.com

5 – 9 pm, **ARTWALK** in the San José del Cabo Gallery District. Takes place November through June.

friday

9 am – 2 pm, **PUNTO VERDE RECYCLING** behind Super Pollo, off calle Del Huerto at the southern entrance of Todos Santos. Bring your paper, #1 & #2 plastics, batteries, cardboard, cans, metal, Styrofoam, and electronics. 50 peso minimum donation; electronics are 80 pesos. Please separate and clean materials. For information: ecorrevolucionmx@gmail.com, (612) 139-4789

9 am – 2 pm, **TODOS SANTOS ORGANIC MARKET** at Palma Serena in the Callejon, Todos Santos.

COOKING CLASS at **Hablando Mexicano** in Todos Santos. Visit <https://www.hablandomexicano.com/> for menu and prices.

10 am – 1 pm, **PALAPA LIBRARY OPEN**, Todos Santos. Palapalibrary@gmail.com

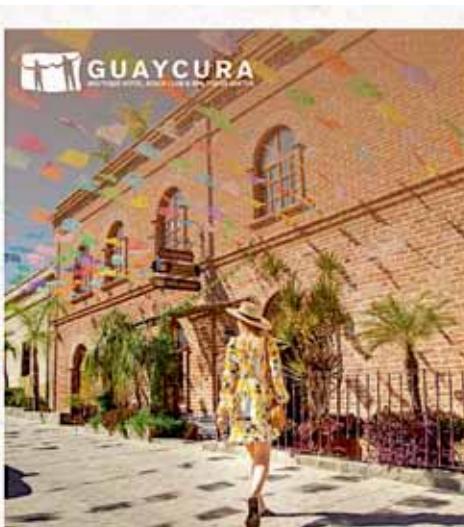
FRIED CHICKEN at **Shut Up Frank's** in Todos Santos. Full fried chicken dinner with mashed potatoes and salad for \$225 pesos.

6 pm, **TRIVIA NIGHT** at Todos Santos Brewing.

saturday

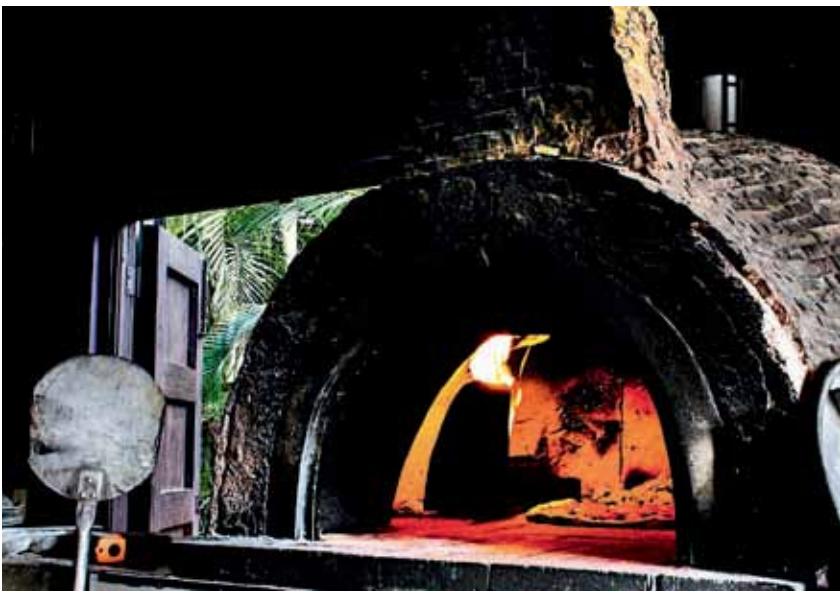
7 am – 2 pm, **PUNTO VERDE RECYCLING** across from 5 Tacos & Beer in Las Tunas. Bring your paper, #1 & #2 plastics, batteries, cardboard, cans, metal, Styrofoam, and electronics. 50 peso minimum donation; electronics are 80 pesos. Please separate and clean materials. For information: ecorrevolucionmx@gmail.com, (612) 139-4789

WEEKLY EVENTS continued on page 59



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Décimo Aniversario del Gallo Azul

por Ivonne Benítez

Gallo Azul, ubicado en la calle Ignacio Zaragoza, en el Pueblo Mágico de Todos Santos, estará celebrando su décimo aniversario este marzo. Los últimos 10 años de intenso trabajo y dedicación, Alan Becerril y su gran equipo han creado un negocio que ha crecido con diferentes elementos, empezando por la pizzería y el bar.

La familia de Alan se estableció en Todos Santos en 2003, y Alan decidió mudarse permanentemente aquí en 2005 y comenzó a trabajar en la industria alimentaria. Conoció a mucha gente de la comunidad multicultural, muchos de los cuales se han convertido en amigos cercanos. En 2006 decidió abrir su propia tienda, Pintoresco, en el centro histórico. Alan disfrutó del contacto con los visitantes, no sólo haciendo más amigos, pero también descubriendo nuevos caminos que le permitirían crear y lograr algunos de sus sueños.

Gallo Azul Pizza Bar abrió sus puertas por primera vez en marzo de 2014, que rápidamente se convirtió en un lugar de encuentro no sólo para mexicanos locales y extranjeros, pero también para visitantes debido al carisma de Alan. Se convirtió el lugar ideal para cumpleaños, reuniones familiares, bodas, así como noches de cine semanales y iviernes de noche de salsa y unas inolvidables fiestas de Halloween y Nochevieja! Siempre con mentalidad comunitaria, Alan ha organizado eventos de recaudación de fondos para organizaciones locales como La Sociedad de la Palapa.

Unos años más tarde, en junio de 2018, Alan agregó cuatro apartamentos estilo loft de dos pisos con diseño mexicano contemporáneo, una opción de alojamiento GALLO AZUL continúa en página 28



Gallo Azul's 10th Anniversary

by Ivonne Benítez

Gallo Azul, located on calle Ignacio Zaragoza, in the *Pueblo Mágico* of Todos Santos, is celebrating its tenth anniversary this March. During the past 10 years of intense work and dedication, Alan Becerril and his great team have created a business that has grown through the incorporation of different elements, starting with the pizzeria and-bar.

Alan's family settled in Todos Santos in 2003, and Alan decided to move permanently here in 2005 and started working in the food industry. He met a lot of people from the multicultural community, many of whom have become close friends. In 2006 he decided to open his own store, *Pintoresco*, in the historic district. Alan enjoyed the contact with visitors, not only making more friends but also
GALLO AZUL continued on page 29



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Gallo Azul

continuó de página 26



económico para visitantes para estancias cortas o largas. Las habitaciones tienen una cama tamaño queen y un sofa cama, o un estudio con cama tamaño king.

Y en octubre de 2022 añadió un hotel de diez habitaciones espaciosas, bien equipadas, elegantemente sencillas, de estilo minimalista. Todas tienen aire acondicionado, baño

privado, cama tamaño king, grande y cómoda. WiFi gratis y vista a una gran piscina y un patio muy acogedores. ¡Un lugar ideal para disfrutar del cálido sol de Baja California Sur y una pizza y un cóctel! Alan creó una excelente opción de alojamiento en el corazón de Todos Santos, cerca del GALLO AZUL continúa en página 48



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Gallo Azul

continued from page 27

discovering new pathways that would allow him to create and achieve some of his dreams.

Gallo Azul Pizza Bar first opened in March 2014, which quickly became a meeting place not only for local Mexicans and foreigners, but also for visitors, due to Alan's charisma. It became the place to go for birthdays, family

reunions, weddings, as well as weekly movie nights and Friday salsa nights and some unforgettable Halloween and New Year's Eve parties! Always community minded, Alan has hosted fundraiser events for local organizations such as The Palapa Society.

GALLO AZUL continued on page 48

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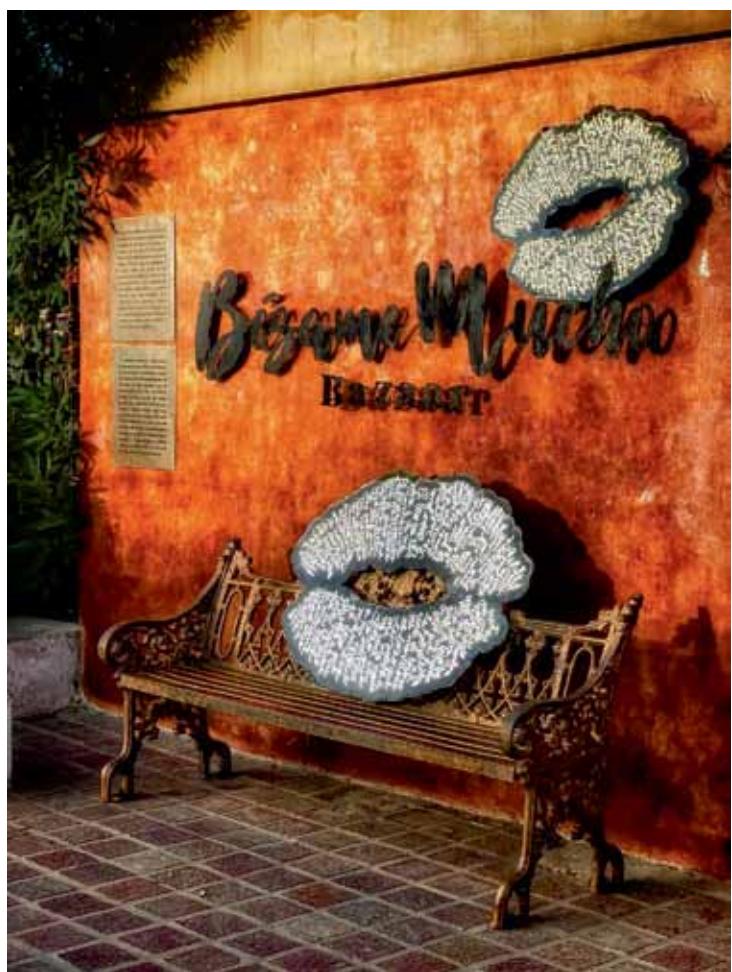
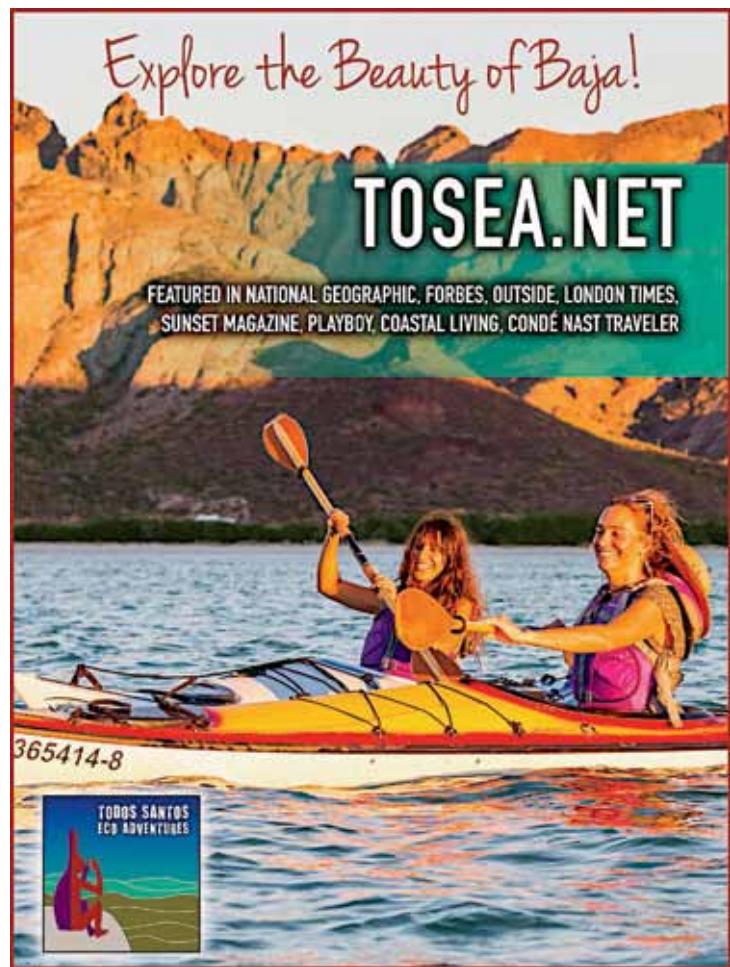
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Antigua casa de la familia Gularte,
Bésame Mucho Bazaar



Los Guluartes

continuó de página 10

tiendas, lavandería, y cuidados para las mascotas llegan a la puerta de algún Gularte. Piratas 1, Jesuitas 0.

En 1950 el descendiente directo del chico pirata y la chica Guaycura, José Antonio Gularte Mojrón nació en Todos Santos y creció en la casa que hoy es fácilmente reconocida por todos en el pueblo como el Bazaar Bésame Mucho. En esa casa que había estado en la familia por generaciones, los padres de José Antonio tuvieron un total de ocho hijos a lo largo de 12 años (Jesuitas 1 : Piratas 1). Como muchos miembros de esa generación de Guluartes, el padre de José Antonio, Valentín Gularte, trabajó como maestro de escuela primaria. Pero después de 14 años de servicio, se hartó y renunció para dedicar su tiempo y atención a su rancho, el Rancho Las Pilas, no muy lejos de su casa original en El Aguaje.

José Antonio tenía tan solo 12 años de edad cuando su padre falleció. Su madre, María Mojrón, no contaba con ninguna experiencia trabajando fuera de casa, para otras viudas con ocho hijos un acontecimiento catastrófico de este tipo hubiera marcado un descenso hacia la pobreza.

LOS GULUARTES continúa en página 32

Guluartes

continued from page 12

Arnault along the way. One result was that José Antonio inherited a full city block in the center of Todos Santos from his parent's estate. When it came time for José Antonio and Nelida to start their family, they decided to move out of the Bésame Mucho house and build their own place. To finance this dream they sold that city block to Uncle Cirilo's son Alfonso, who quickly demonstrated that he had inherited his father's business genes. Today that city block is home to Motel Guluarte, Lavandería Guluarte, and Super Mercado Guluarte.

With the cash from their sale to Alfonso, José Antonio and Nelida bought some land across the street from Parque Los Pinos, built their home and dentist office, and had four children, the youngest of which was born in 1992. That building today is easily recognized by everyone in town as the bus station. As the years went by and the town grew, José Antonio and Nelida decided to move out of the town center to yet another piece of land José Antonio's father had left to the family, this one in La Poza. To finance construction of their new home, they sold some of their property to Alfonso's son Rodrigo for his new hardware store, a business he named Romex. (Romex now has

several locations and is the largest independently owned hardware company in the area. Rodrigo's brother Poncho is the owner of Baja Tiles.) José Antonio and Nelida retained ownership of their home and dentist office in the center of Todos Santos and now lease the house to the bus station, and the dentist office to a surf shop. They also still own the plaza next to the bus station, El Santo Eden, which Nelida continues to manage with the help of her children.

They may have moved from the town center, but they did not get far from Guluarte family businesses when they built their new home in La Poza. The large piece of land that José Antonio's father left to his children was divided and transformed into two of the most enduring businesses in Todos Santos today: El Litro RV Park, owned and operated by José Antonio's brother Mario; and La Huerta de Chiquiano, a highly successful party location owned and operated by another brother, Aurelinano.

A little over 20 years ago José Antonio and Nelida decided to leave La Poza for a quiet patch of earth in San Juan. Grupo Salas had begun buying property in the La Poza area of Todos Santos, including the land that is now home to El Mirador Oceanview Restaurant. José Antonio and Nelida happily sold their La Poza home to the Salas family, and the Salas family patriarch lived out his days there.

Uncle Cirilo's legacy continues. José Antonio's cousin, Juanita Guluarte, owns the building that now houses SanToro Restaurant as well as Plaza Las Faroles, which is home to Cafélíx, another Guluarte family business. Another cousin owns and operates Santos Pecados Restaurant, GULUARTES continued on page 33

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Los Guluartes

continuó de página 30

Pero su padre había desarrollado algunos negocios en la zona, incluyendo un molino de azúcar en el Rancho La Pilas, y sus hermanos que le sobrevivían, Ernesto y Cirilo, tomaron acción en ayudar a su familia. La madre de José Antonio vivió hasta los 97 años de edad y la familia floreció.

Después de graduarse de la secundaria, José Antonio se mudó a Guadalajara para estudiar Odontología. Durante unas vacaciones de verano de su escuela, fue a un baile de Domingo en la plaza del pueblo en Pescadero, donde en esa época se acostumbraba que los chicos caminaran alrededor de la plaza en una dirección y las chicas caminaran en la dirección opuesta, mientras que la banda tocaba en el centro. Si se producían chispas entre un chico al pasar junto a una chica, entonces proseguía una invitación a bailar. Fue de esta manera que José Antonio encontró a Nelida Romero Salgado, y después de siete años de cortejo, mientras el obtenía su título, llegaron al altar. Nelida le ayudó a José Antonio a terminar sus estudios.

A su regreso a Baja California Sur, José Antonio se convirtió en el primer dentista de tiempo completo en Todos Santos, dando consulta en la casa de su familia que es ahora el Bazaar Bésame Mucho. Su madre se convirtió en su asistente. Su tío Cirilo les había ayudado a forjar los negocios familiares a lo largo de los años, y le compró una gran cantidad de terrenos en el centro de Todos Santos a un nombre llamado Julio Arnault durante esa época.

Esto resultando en que José Antonio heredó de la tierra de su padre, una manzana entera de la ciudad en el centro de Todos Santos. Cuando llegó el momento de que José Antonio y Nelida formaran su propia familia, tomaron la

decisión de mudarse de la casa de Bésame Mucho Bazaar y construir ellos mismos su propio lugar.

Para poder financiar este sueño, le vendieron esa manzana de la ciudad al hijo del tío Cirilo, llamado Alfonso, quien rápidamente demostró que había heredado el talento para los negocios de los genes de su padre.

El día de hoy esa manzana en la ciudad es donde se encuentran el Motel Guluarte, la Lavandería Guluarte, y el Súper Mercado Guluarte.

Con el dinero de la venta de Alfonso, José Antonio y Nelida compraron unos terrenos cruzando la calle del Parque Los Pinos, ahí construyeron su casa y un consultorio dental, y tuvieron cuatro niños, el más joven de ellos nació en 1992. Esa construcción hoy es fácilmente reconocida en el pueblo como la estación de autobuses.

Con el paso de los años y el pueblo creció, entonces José Antonio y Nelida decidieron mudarse del centro a otro terreno que el padre de José Antonio le había heredado a la familia, este localizado en La Poza. Para financiar la construcción de su nuevo hogar, le vendieron una parte de su propiedad al hijo de Alfonso, Rodrigo, para su nueva tienda, una ferretería, negocio al que el llamó Romex (Romex ahora cuenta con varias sucursales y es la más grande empresa independiente de ferreterías de la zona. El hermano de Rodrigo, Poncho, es el dueño de Baja Tiles).

José Antonio y Nelida mantuvieron la propiedad de su casa y consultorio en el centro de Todos Santos y ahora le rentan la casa a la estación de autobuses, y el consultorio a una tienda de surf. También son propietarios hasta la fecha de la plaza adyacente a la estación de autobuses, El Santo Edén, que sigue a cargo de Nelida hasta la fecha, ahora con la ayuda de sus hijos.

Se habrían mudado del centro del pueblo, pero nunca se alejaron de los negocios de la familia Guluarte cuando construyeron su nueva casa en La Poza. El más grande terreno que el padre de José Antonio le dejó a sus hijos se dividió y se transformó en dos de los negocios más

LOS GULUARTES continúa en página 54



Guluartes

continued from page 31

while brothers and cousins own the two commercial plazas across from Hotel California. The younger generation born in the 1980s and 1990s is just as entrepreneurial. Julyanna Guluarte is the owner/operator of beloved downtown sweet spot Taller 17, Alejandro Guluarte is the operator of Ani-Malitos Veterinary Center, Ulises Guluarte is the owner/operator of Slon Veterinary Hospital in Pescadero, and Enrique Guluarte is the owner of Paletas Restaurant Bar & Grill in Los Cerritos.

Carlos Guluarte, 31, is the youngest child of José Antonio and Nelida and his bedroom was at the heart of the family home that is now the bus station. He's not done with that building yet. "When I first got to university, I was studying biomechanical engineering" says Carlos. "But I hated spending all that time in the lab and soon found that dance was a great alternative for me. Dance school was brutal and in general I hated it, but it was good discipline and I learned a tremendous amount. I became close with choreographer Carlos Antunez, one of the most famous Mexican folk dance teachers in Ballet Folclórico de México de Amalia Hernandez. He told me I didn't have the right body type for his performances, but he got me jobs with

other companies through which I ended up performing for the Mexican president, FIFA, and other big stages. After I went on tour with Juan Gabriel, I got a lot of big jobs in commercials and movies. It was a glamorous life."

But not a happy one. "All the time I was growing up my parents told us to enjoy our lives, to not just focus on making money. I came to realize that the life I was leading was actually making me depressed. So I walked away from show business and connected with a hotel in Playa del Carmen. This was such a fresh and open experience, and it was here that I learned how to perform with aerial silks, work with fire, and other circus skills."

In 2018 Carlos returned to Todos Santos. He started teaching dance and, to his complete delight, found it was his true passion. He formed Colectivo Zenda, through which he now teaches 17 classes of dance each week, performs at most major events in town, and directs the venerable Todos Santos Festival del Arte, now with an utterly fresh look in its 27th year.

The family home that is now the bus station features prominently in Carlos's plans for the future. "I'm designing a space for the area above the existing bus station building that will accommodate all the facets of my dance expression from ballet, to folk dance, to aerial silks."

For their part José Antonio, now 74, and Nelida love their life in the beautiful huerta they have created in San Juan over the years. They sometimes have friends and family over to sit among the trees to meditate and pray,
GULUARTES continued on page 49



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Feather Biology

story & photos by Kaia Thomson

Xantus Hummingbird / *Colibrí de Xantus*
Basilinna xantusii



Cooper's hawk / *Gavilán de Cooper*
Accipiter cooperii

Feathers generally fall into one of seven broad categories based on their structure and location on the bird's body. They are all composed of the protein called beta-keratin and are arranged in a branching type structure. Feathers are diverse in form and appearance, as they have evolved over millions of years to serve different functions. Downy or plumaceous feathers look fluffy as they have a loosely arranged microstructure, that trap air close to the bird's body to keep them warm. In contrast, tail feathers, also called rectrices or pennaceous, have an interlocking structure, similar to wing feathers, that makes them stiff and moderately flat. This type of feather also has an interesting interlocking hook structure called barbules that form a wind and waterproof barrier that allow the birds to fly. Many feathers have both the sturdy pennaceous regions on them, as well as plumaceous, depending on the species and needs of the bird.

Tail feathers are generally arranged in a fan shape, with six pairs of feathers that are asymmetrically aligned from the outer to the inner pairs, meaning they are different sizes that support precise steering in flight. Contour feathers cover the bird's body and are arranged in an overlapping pattern that streamlines the shape of the bird. This feather pattern, along with the waterproof tips, protect the birds from the elements, while the downy bases of the feathers keep them warm. These contour feathers are also located on the wing where the flight feathers are attached to the wing bone and create an efficient airfoil by filling and smoothing this region.

Semiplume feathers are similar to down in the fact that they are positioned closest to the body and are relatively short and fine. They create a fluffy insulating structure that does not have any hooks or barbules. Filoplumes are simple feathers that have very few barbs and function almost like mammal whiskers to help sense the position and condition of the bird's feathers. They are located in many parts of the bird's body, from the contour feathers to the tail and wing, and can detect when a feather is damaged, molting, or not functioning, which is very important to the bird's survival.

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Biología de las Plumas

historia y fotos por Kaia Thomson
traducido por Francesca Magallon

Las plumas generalmente entran dentro de una de las siete amplias categorías que existen para su clasificación, basadas en su estructura y ubicación en el cuerpo del ave. Todas están compuestas de la proteína llamada beta-queratina y se disponen en una estructura que asemeja ramificaciones. Las plumas son diversas en forma y apariencia, pues han evolucionado a través de millones de años para realizar diferentes funciones. Las plumas suaves, o plumón, se ven esponjadas porque tienen una microestructura más suelta en su acomodo que atrapa el aire muy cerca del cuerpo del ave para mantenerla caliente. En contraste, las plumas

de la cola, también llamadas timoneras o rectrices, tienen una estructura entrelazada, similar a la de las plumas de las alas, que las hace rígidas y moderadamente planas. Este tipo de pluma también tiene una interesante estructura de pequeños ganchos entrelazados conocidas como bárbulas que forman una barrera a prueba de agua y viento para permitirles a las aves poder volar. Muchas plumas tienen tanto partes resistentes como las plumas de contorno en ellas, y también partes plumosas (plumón), dependiendo de la especie y las necesidades de cada ave.

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Águila pescadora
Pandion haliaetus



House finch
Pinzón mexicano, Camachuelo mexicano
Haemorhous mexicanus



Feathers

continued from page 34

The simplest feather on a bird is called a bristle, and is most commonly found on the head, and helps to protect the bird's eyes and face. Bristle feathers also act as a sensing device for insect-eating birds and can help to funnel food into the bird's beak when in flight. Woodpeckers have bristle feathers over their nostrils as well that help to filter out the dust and debris when they are pecking wood. They are also present in the farsighted owls, to help them sense nearby objects and also aid while looking for prey in dark or dusky conditions.



El Cielo: The Baja Sky

by Roc Fleishman
photo by Kaia Thomson

Welcome to the February/March edition of *El Cielo* for 2024, highlighting the most interesting sights and movements of the heavenly objects above Baja California Sur. Keep this close at hand and enjoy the sky.

There are lots of bright stars visible during the clear nights of winter. The most distinct constellation is Orion and its Great Nebula (look for the small fuzzy cloud in the sword), up all evening into the early morning. The Southern Cross (Crux) is obvious when you see it, visible due south, very low to the horizon for a few hours each clear night for the next few months. At the beginning of February, it is straight up at about 4 am. My favorite globular star cluster for binocular and telescope viewing, Omega Centauri, makes its appearance this time of year also. It follows behind Crux, 15° above and to its left and due south at 5 am on February 1st. Due to fundamental solar system mechanics, all the stars (and the far outer planets) advance about two hours each month, so if what you are looking for was straight up in the south at 4 am on February 15, it will be straight up at 2 am on March 15 and so on.

FEBRUARY

- 7 Venus rises with the crescent moon before sunrise. Mars and Mercury are also there to the left and below, but hard (or impossible) to see.
10 New moon in the sunset, with Saturn very close in

the upper right. The moon will be easier to see on the 11th.

- 14 Thick, waxing crescent moon will be close to Jupiter in the evening sky.
16 Quarter moon very near the sparkling open cluster of the Pleiades.
22 Venus and Mars in conjunction in the sunrise.
- MARCH**
- 8 Another chance to see Venus and the waning crescent moon in the sunrise.
11 New moon with Mercury below (look closely).
13 Crescent moon with Jupiter again in the evening sky.
14 Crescent moon passing the Pleiades again.
22 Venus and Saturn less than 1° apart in the sunrise. Look closely.
24 Mercury's greatest elongation (evening) where it is relatively more visible in the sunset with Jupiter above.
24/25 Penumbral Lunar Eclipse, two weeks before the upcoming Total Solar Eclipse (there is always one either two weeks before or after a TSE). Maximum at 12:12 am on the 25th just after midnight.

EL CIELO continued on page 47



Panoramic view lots



Ocean-front homes



Ocean-view homes

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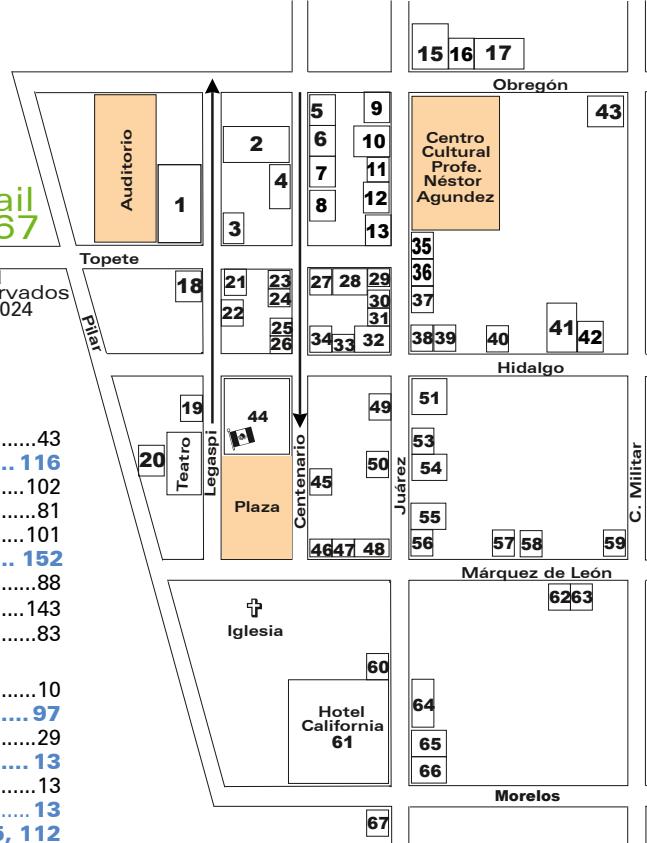
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photo by Kaia Thomson

Voces del Pueblo

by Janice Kinne

Thank you for all the compliments on our Holiday issue with the festive cover by **Anne Hebebrand!**

We have some fabulous stories for you in this issue. Illusionist Diego Winburn will be performing his "**Believe in Your Magic**" show in Todos Santos for **The Palapa Society's** 20th anniversary. Photographer and artist **Kate Turning** created our special cover for this issue and an original piece to be auctioned off at the show.

Bryan Jáuregui, **Todos Santos Eco-Adventures**, tells the incredible history of the *todosanteño* Gularte family and their many contributions, throughout generations, to the *pueblo mágico*.

Looking for a fun class while you are in town? **Desierto Azul** in Las Tunas is offering healthy cooking classes in

English and Spanish. See our article to learn more.

Congratulations to **Gallo Azul** on their 10th anniversary! Ivonne Benítez tells its history and how Alan, over the years, built this great location, with its restaurant, lofts, and hotel.

Just up the street from **Gallo Azul**, **The CO-OP Baja** on Zaragoza and Rangel has welcoming and functional Mexican dinnerware, home goods, and furniture.

Do you dream of owning a boutique hotel in Mexico? **Casa Flores Casitas** is a turnkey hotel with owner's home and pool overlooking the Pacific ocean on La Poza hill.

Are you ready for hurricane season? **Solar Gard** window films are now available in Baja and professionally installed by Defender Glass. These films also reduce heat, glare, and UV radiation. See their ad for more information.

La Esquina Café's popular live music nights are back! Besides Thursday nights, check their Facebook page for
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todos santos—el pescadero corridor



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Cabo San Lucas

Beaches / Playas

by Janice Kinne

Todos Santos lies inland along the rugged Pacific coast. There are miles of beautiful white sand beaches accessible down unmarked dirt roads.

This stretch of the Pacific Ocean is a very dangerous place to swim at any time of the year. Strong rip currents and backwash are common. People have drowned in waters near Todos Santos simply because they were too close to the ocean while on beaches with steep drop-offs. There are no lifeguards on duty at any area beaches.

You can access the **LA POZA** and **LA CACHORA** beaches via the La Cachora road. Both are suitable for walking, fishing, whale watching, relaxing, or sunbathing. They are not swimming beaches.

Because of the big waves breaking on the shore, La Cachora beach has become popular with skim boarders.

La Poza has a large freshwater lagoon that is great for bird watching. If you are going to swim in the lagoon be very careful. The lagoon may appear to be shallow, but has many sudden drop-offs and is actually very deep.

PUNTA LOBOS, named for a sea lion colony, is also known as the fishermen's beach. Simply follow calle Francisco Bojorquez Vidal (formerly calle Punta Lobos) south out of town, or turn off at km 54 from Highway 19. You will pass an old cannery from the days when fishermen could harvest sea turtles legally. There is a small freshwater lagoon at Punta Lobos with a shrine to the Virgin.

The fishermen ride their *panga* boats on the waves onto the beach between 1 and 3 pm. Their return is exciting to watch and you can usually buy fresh fish from the cooperatives.

The two fishing cooperatives have exclusive rights to the "launch zone" at Playa Punta Lobos. For reasons of safety and due to past problems, boat launching at Punta Lobos is not permitted without their express permission.

The only recommended swimming beaches are outside of Pescadero. **SAN PEDRO**, also known as **PALM BEACH** (*Playa Las Palmas*), is near km 57. Its entrance is across Highway 19 from the Campo Experimental—stay to the left as you pass the abandoned hacienda. Las Palmas is a beautiful, secluded beach surrounded by a palm grove with a freshwater lagoon that is home to a variety of plants, birds, and wildlife.

Due to strong currents (especially near the rocky point), swimming is safer 50 meters from the rocks. Swim with caution and always have a land reference. The property surrounding Palm Beach is privately owned. The gates are open from 6 am to 9 pm daily. Car break-ins have been reported at Palm Beach. Leave your valuables at home!

PLAYA SAN PEDRITO is a rocky surfing beach around km 60, about 4.6 miles (7.4 km) from Todos Santos.

PLAYA LOS CERRITOS is located at km 64 about BEACHES continued on page 44

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Beaches

continued from page 43

eight miles (12.8 km) south of Todos Santos. Look for the turnoff after the hill, south of Puente El Pescadero. Los Cerritos is a popular spot for surfing, boogie boarding, swimming, and fishing. Swim with caution due to strong riptides near the rocks. It is recommended to stay at least 50 meters from the rocks. The most secure swimming area is in front of the restaurant/bar. Swim with caution and always have a land reference. There is a long stretch of beach to the south that is perfect for walking or running. Surfboard rentals and other services are available.

LA KATRINA SURF + SUPPLY, #36 on the *Otro Lado* map is a core shop on the way to the beach. New and used boards, fins, trunks, ding repair, wax, skates, hardware, they've got it.

MARIO'S SURF SCHOOL provides surfing lessons, board rentals, repairs, and accessories. Call for information.

PESCADERO SURF SHOP, #37 on the Pescadero map. The surf shop stocks everything you need for surfing: surfboard rentals, used and new surfboards for sale, wax, ding repair, accessories, surf reports and information. You can also arrange surf lessons, surf and SUP tours, and activities at the store with Mario Surf School.

TODOS SANTOS ECO ADVENTURES, #169 on the Todos Santos map. Since 2002 Todos Santos Eco Adventures



photo by Kaia Thomson

(TOSEA) has been providing visitors with opportunities to explore, celebrate, and help conserve the magnificently diverse ecosystems of Baja. TOSEA offers whale and bird-watching trips in the Pacific lagoons; treks and *ranchero* culture programs in the Sierra la Laguna mountains; Sea Turtle Camp and surfing surfaris on the Pacific coast, and kayaking, "glamping," whale shark, and sea lion adventures in the Sea of Cortez.

TODOS SANTOS SURF SHOP, #87 on the Todos Santos map, sells and rents surf boards, offers beach supplies and activities around Todos Santos. They carry international brands and many locally handmade wares, clothes, bikinis, accessories, natural sunscreen, and "Eclipse" boards shaped by Meisy of Todos Santos. They offer tours to swim with whale sharks and sea lions, surfing lessons, fishing trips, trips to Espíritu Santo Island, and whale watching in Magdalena Bay.

WEST SIDE SURF SCHOOL AND SURF SHOP, #54 on the Pescadero map. Provides surf lessons (includes use of the board for the day, umbrellas, and chairs); board rentals (car straps provided if necessary); boogy boards; and surfboard repairs. Buy / sell / trade used boards. They carry West Side T-shirts, hats, rash guards, surf wax, surf leashes, and board fins.

The logo for Safe Storage Baja Sur. It features the words "SAFE STORAGE" in a large, curved, gold-colored font above a stylized illustration of a wooden storage unit with a cactus growing in front of it. Below the illustration, the words "BAJA SUR" are written in a bold, gold-colored font, with the website "WWW.SAFESTORAGEBAJASUR.COM" in smaller letters underneath.



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Voces

continued from page 41

Reggae and more. And don't miss their popular locals market on Wednesdays.

Cuatro Vientos has an ever-changing variety of classes for all ages and abilities. There are many different styles of yoga—Hatha, Vinyasa, Yin, and Yoga for Healthy Aging; Zumba; meditation; HIIT workout, self-defense, Hip Hop for adults, Aerial dance for children, and dance fitness. See our list in groups and check their website for the latest information.

Earth Star at Cuatro Vientos has exceptional crystals for your home or pocket including jewelry, healing stones, fine art, and treasures. Crystal energy sessions are also available.

Nacuui beauty products, including organic cosmetics, gifts and accessories, are now available across from Mangos gallery, next to restaurant Jazamango.

Next trip to the East Cape, flow into bliss at **MarZalao** restaurant and bar. Imagine delighting your palate with exquisite flavors while the sea breeze and natural greenery surround you. At **MarZalao**, the opportunity to enjoy a delicious dish becomes a unique experience in the middle of the natural beauty of La Ventana, Baja California Sur, Mexico.

Looking for delicious meals for your family get togethers or special events? **Elisabeth Chavez** and **Chef Dany** both provide private chef and custom catering for your gatherings, big or small. You can also pick up one of **Chef Dany's** homemade chicken, steak, or vegetarian pot pies Saturdays on the otro lado. Place your order in advance, they go fast!

Wanting to live a little more sustainably, or maybe a little more off-grid? Now more than ever it is important to prepare for the challenges of our changing world. Create your safe space living in harmony with and resistant to the forces of nature. Build your sustainable green home with QUAD-LOCK insulated building systems for walls and roofs. Contact **NextWave Baja** for more information.

Casa Bougainvillea vacation rental is a beautiful place to stay with great grounds, a spacious and well-stocked kitchen, and thoughtfully placed balconies to watch the sunset over the ocean every evening or sipping morning coffee and watching the birds. Walking distance to great restaurants and a short drive to either Todos Santos or Cerritos.

Casa Rosso aluminum windows at La Perla Mosaico can help you with custom aluminum windows and installation for your new or existing home.

We'll see you next with our Spring 2024 issue. Deadline is March 10.

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La Paz Beaches

by Janice Kinne

photo by Kala Thomson

The *malecón* along the bay of La Paz is the perfect place to walk, run, people watch, or enjoy gazing across the water. Crews clean the beaches and walkways daily, fresh sand has been imported and there are *palapas* to offer shade. Locals and tourists visit the beaches north of downtown to swim, snorkel, or kayak. There are several adventure companies along the *malecón* and at the marinas offering *panga* rides, bay and island cruises, snorkeling, scuba diving, fishing, sailing, and kayak rentals.

EL MOGOTÉ is the spit of land that separates the harbor of La Paz from the *Bahía de La Paz*. This natural treasure used to be, for the most part, accessible only with 4WD. Now driving onto the peninsula is restricted due to the construction of golf courses, homes, and hotels.

PLAYA EL COROMUEL 4.5 km from downtown La Paz, is the first beach north of town and an easy walk from downtown. It is within the harbor boundaries, has shaded *palapas*, and food / beverage services. The water here gets much better flow with the tide change and is suitable for swimming. The bottom is clean sand and rock. Snorkeling is good further out.

PLAYA EL TESORO 13 km from downtown La Paz, is a great little beach for children. The shallow, clear waters allow you to walk out for close to 100 meters. Tesoro has about 25 shaded *palapas*, two small restaurants, and kayak rentals.

PICHILINGUE 19 km from downtown La Paz. Pichilingue is home to the La Paz ferry terminus and a large commercial harbor. There are pleasant, small beaches just north of the deep water port, on the *Vieja Bahía de Pichilingue*. Beachfront food, beverage service, and kayak rentals are available and there is a restaurant with an upstairs view. The *palapa* bar is popular in the hot summer afternoons.

PLAYA BALANDRA 23 km from downtown La Paz, is known for its famous balancing rock formation landmark that resembles a prehistoric mushroom. You can view the rock formation and *playa El Hongo* by walking in the water around the cliff to your right. The large beach and surrounding area are beautiful. The waters surrounding Balandra are shallow and safe for children. Sheltered from wave action from nearly every direction, the water warms early and is very safe for swimmers and kayaking. There are also several little beaches (coves) and mangroves to explore. The beach has no services, so pack your own lunches and drinks for the day. There are vendors renting chairs, selling fruit and drinks, beach *palapas* for shade, and BBQ pits to the south.

PLAYA EL TECOLOTE 26 km from downtown La Paz, is by far the largest and most visited beach in La Paz. Two restaurant/bars offer shade *palapas* and a large number of beach vendors offer refreshments. RV camping is available, along with a wide variety of water sports rentals. Usually there are no lifeguards on duty, but they may be present during *la semana santa* and in the summer. The beach has a beautiful view of Isla Espíritu Santo and *panga* rides to the island are available—a 6.5 km crossing through the San Lorenzo channel. Bus service from the station on the *malecón* to playa El Tecolote is available for a nominal charge.

Sting rays are the biggest hazard at the playas and tend to be present on the bottom in shallow waters during the summer. When walking in the water, shuffle your feet on the bottom to avoid stepping directly on a resting ray.

There are no restrictions for beach fishing at any beaches. Please respect our beaches and help protect the sea turtles; don't leave trash or drive on the dunes or beaches.

El Cielo

continued from page 37

The moon will be much dimmer than normal, but still somewhat bright. The event lasts for about four hours from start to max depth and then back again to normality.

April 8th is the date of the upcoming Total Solar Eclipse (TSE). It will be totally eclipsed on a path entering Mexico near Mazatlán, racing northeast across Mexico, crossing the US border near Piedras Negras in Texas, then speeding across the US to Maine, and continuing across Nova Scotia, then Newfoundland and then out to sea. From the cape region of BCS, it will be a maximum of 95% eclipsed or so from the Cabo San Lucas-San José del Cabo corridor, and about 93.5% from Todos Santos. The time of maximum eclipse should be about 11:04 am in BCS, about 11:09 am in Sinaloa. If you have a chance to see it, you owe it to yourself to do so, but take care not to stare at the partially eclipsed sun without proper eye protection. If you are in the zone of totality, during totality, you can look at the eclipse with unprotected eyes or even binoculars but cover them up with solar filters as soon as the bright sun peeks back out again. This will be my fourth total eclipse and I am anxiously awaiting the chance to see it from Mazatlán.

For more information, check out the web links below, or call me on my cell phone 612 348 5468. My office is still in Plaza Antigua—upstairs, unit #8—Pescadero Properties and The Wallendorf Collection #13 on the Todos Santos map.

LINKS OF INTEREST

COMETS: <http://www.aerith.net/index.html>

METEOR SHOWERS: <http://www.imo.net/resources/calendar>

ECLIPSES: <https://www.timeanddate.com/eclipse/>

TROPIC OF CANCER: https://en.wikipedia.org/wiki/Axial_tilt#values or https://en.wikipedia.org/wiki/Circle_of_latitude

ZODIACAL LIGHT: https://en.wikipedia.org/wiki/Zodiacal_light

TIME: <http://www.worldtimeserver.com/>

SATELLITES: <http://www.heavens-above.com/>

USER: "elcielots" PASSWORD: "journal"

WEEKLY SKY REPORT: <http://www.griffithobservatory.org/sky/skyreport.html>

SATURN: <http://saturn.jpl.nasa.gov/home/index.cfm>

ROSETTA: <http://sci.esa.int/rosetta/>

DAWN: <http://dawn.jpl.nasa.gov/>

NEW HORIZONS: http://www.nasa.gov/mission_pages/newhorizons/main/

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A few years later in June 2018, Alan added four, two-story, loft-style apartments with a contemporary Mexican design—an economical accommodation option for visitors that are ideal for short or long-term stay. Rooms either have a queen size bed and soft bed, or a studio with king size bed.

And in October 2022, he added a hotel with ten spacious, well appointed, elegantly simple, minimalistic style hotel rooms. All have air conditioning, private bathrooms, big comfy king size beds, free WiFi, and overlook a very inviting large swimming pool and patio space. Such a perfect spot to enjoy the warm Baja sun and perhaps a pizza and cocktail! Alan created an excellent accommodation option in the heart of Todos Santos, walking distance to the historic district, many shops, restaurants, and local park.

In the words of Alan, all this has been achieved with a lot of effort and work, but mainly because of the magic of Todos Santos and its valuable people. Alan says, "we have been fortunate not only to share this journey with our regular clients, but we also have met and made new friends. This is one of the reasons why we are preparing a special celebration for this great occasion, on Saturday, March 30, to celebrate and enjoy the TENTH ANNIVERSARY, at 6 pm. We hope to see you there!"

The friendly Gallo Azul team is eager to welcome you, come by and visit. For more information visit: <https://hotelgalloazul.com/>, email: albezay@hotmail.com, or call (+52) 612 158 8457

centro histórico, muchas tiendas, restaurantes, y el parque local.

En palabras de Alan, todo esto se ha conseguido con mucho esfuerzo y trabajo, pero principalmente por la magia de Todos Santos y su valiosa gente. Alan dice: "hemos sido afortunados no solo de compartir este viaje con nuestros clientes habituales, sino que también hemos conocido e hizo nuevos amigos. Esta es una de las razones por las que estamos preparando una celebración especial para esta gran ocasión, el sábado 30 de marzo, para celebrar y disfrutar el DÉCIMO ANIVERSARIO, a las 6 pm. ¡Esperamos verle ahí!"

El amable equipo de Gallo Azul está ansioso por darle la bienvenida, venga a visitarnos. Para más información visitar: <https://hotelgalloazul.com/>, correo electrónico: albezay@hotmail.com, o llamar al (+52) 612 158 8457

LITTLE FREE LIBRARIES

Donations are needed to keep the three little libraries stocked. The little libraries are located at Pinos park, near La Esquina Café, and by Padrino Children's Foundation in Todos Santos.

Donations are accepted at the Palapa Society Library, Monday 10 am to 1 pm.

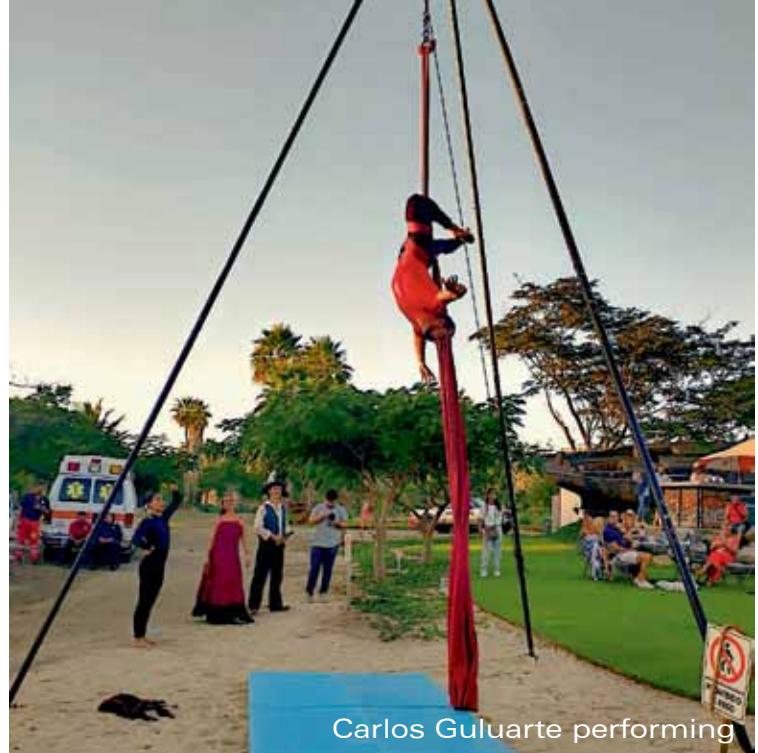
Guluartes

continued from page 33

connecting with nature and enjoying the serenity. Much like Pirate Goulart and his Guaycura love probably did in El Aguaje all those years ago. José Antonio, did a cartwheel the other day. Life is good. Family, bounty, love, nature, art, charity, serenity. Generations of lives lived to the fullest. For La Familia Goulart/Guluarte it seems to be an even draw between the Jesuits and the Pirates, with the town of Todos Santos being the clear winner. Gracias Guluartes!

Todos Santos Eco Adventures (TOSEA) is the leading eco adventure company in Baja California Sur. TOSEA invites you to join them in the following initiatives to help preserve the habitats of Baja California that both our native and migratory species depend on:

Carbon Capture with Tomorrow's Air. TOSEA is a carbon capture education partner with Tomorrow's Air, and to date has supported the removal of one ton of carbon dioxide from the air. All *homo sapiens* who migrate to Baja are invited to join TOSEA in supporting this incredible project that was awarded Newsweek's 2021 Future of Travel Award in the Visionary category—it is not carbon offset, it is actually removing CO₂ from the air and storing it deep underground. www.tomorrowsair.com.



Carlos Guluarte performing

Zero Waste Alliance of Todos Santos and Pescadero (ZWA). TOSEA is a proud supporter of the ZWA which is actively working to reduce the amount of waste that goes to the local landfill and build circular economies around that waste. All *homo sapiens*, both native and migratory, are invited to join the movement! www.facebook.com/alianzacerobasuratodossantos

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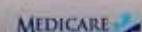
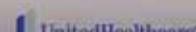
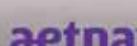
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febrero

EXPOSICIÓN "VENTANAS DE BAJA CALIFORNIA SUR" de obras de Oliver Martínez en Museo de Arte Baja California Sur en La Paz. Obras expuestas hasta el 15 de abril de 2024.

1 de febrero | INSCRIPCIONES PARA SECUNDARIA Y PREPARATORIA en la Escuela de la Palapa. Para más información: <https://escueladelapalapa.org/inscribirse/>

2 de febrero | 10 a 11 am, FESTIVAL DEL ARTE TODOS SANTOS funciones de teatro para las escuelas de Todos Santos, función infantil en el Teatro Gral. Manuel Márquez de León. 12 a 1 pm, Funciones de teatro para las escuelas de Todos Santos, función para mayores de 15 años.

2 de febrero | FIESTA DE LA NOCHE DE APERTURA del 13º Tour Anual de Estudios Abiertos de Todos Santos. Ubicación y detalles por confirmar.

3 y 4 de febrero | 10 am a 4 pm, 13º TOUR ANUAL DE ESTUDIOS ABIERTOS DE TODOS SANTOS. El Todos Santos Tour de Estudios Abiertos es un evento de dos días donde los visitantes tienen la oportunidad única de explorar el proceso creativo de artistas talentosos en sus estudios y comprar sus magníficas obras de arte. El evento cuenta con una amplia gama de artistas, incluidos pintores, escultores, fotógrafos, muralistas, pintores de aire, joyeros, grabadores, artistas del collage, alfareros y torneros. Con un espectro tan amplio de artistas, la gira promete ser una experiencia fascinante y emocionante para todos. A beneficio para La Sociedad de Palapa de Todos Santos, A.C. \$300 MXN por ambos días, los niños pagan gratis. Los boletos están disponibles en Eventbrite y el fin de semana del tour en La Palapa Centro

de Aprendizaje. Para más información: <https://todossantosopenstudio.org/>

3 de febrero | 10 a 11 am, FESTIVAL DEL ARTE TODOS SANTOS INAUGURACIÓN OFICIAL Y ESPECTÁCULO DE INAUGURACIÓN. 10 am a 6 pm, Mercado artesanal, talleres y funciones de cine en la plaza pública y Teatro Gral. Manuel Márquez de León.

3 de febrero | 12 pm, LECTURA EN EL PATIO en Allende Books en La Paz.印第安人美国诗人Kurt Schweigman (部落Oglala Lakota) 将会读他的新书《Confluencias de Soledad》(Prensa Mitote, 2023)。他的诗深入探讨了当代主题，如yuxtapositioning过去与现在。诗集从南达科他州到加利福尼亚和下加利福尼亚州，墨西哥。

3 de febrero | 6 a 11 pm, FESTIVAL DEL ARTE TODOS SANTOS PROGRAMA ARTÍSTICO VARIADO: danza, música, teatro, circo y mucho más en la plaza pública.

4 de febrero | 10 am a 6 pm, FESTIVAL DEL ARTE TODOS SANTOS MERCADO ARTESANAL, talleres y funciones de cine en la plaza pública y Teatro Gral. Manuel Márquez de León. 6 a 11 pm, programa artístico variado: danza, música, teatro, circo y mucho más en la plaza pública.

4 al 10 de febrero | TALLER DE ESCRITORES DE TODOS SANTOS, (TSWW) 11º Retiro Creativo Anual de Escritura en una finca privada ofreciendo clases de poesía con Christopher Merrill, ficción con Michelle Wildgen, memorias con Karen Karbo y Jeanne McCulloch, y estrategias para contar historias con Rex Weiner. Tarifas especiales para residentes locales de medio y tiempo completo. Mayor información en www.todossantoswritersworkshop.com

5 al 9 de febrero | TALLER ANNE HEBEBRAND en Hablando Mexicano en Todos Santos. Revitaliza tu práctica artística. Para más información: www.annehebeband.com

5 de febrero | 10 am a 6 pm, FESTIVAL DEL ARTE TODOS SANTOS MERCADO ARTESANAL, talleres y funciones de cine en la plaza pública y Teatro Gral. Manuel Márquez de León.

5 de febrero | 5:30 a 6 pm, FESTIVAL DEL ARTE TODOS SANTOS DESFILE DE CLAUSURA por artistas locales e invitados, iniciando en el Centro de Salud/Oystera terminando en la plaza pública.

5 de febrero | 6 a 8 pm, FESTIVAL DEL ARTE TODOS SANTOS Celebración del 80 aniversario del Teatro Gral. Manuel Márquez de León y espectáculo de clausura por todos los artistas participantes del desfile en la plaza pública.

6 de febrero | 6 a 8pm, LECTURA DE AUTOR Y FIRMA DE EJEMPLARES por Michelle Wildgen en Santa Terra Vino Park. Ella estará leyendo y firmando ejemplares de su libro *Wine People /Gente de Vino* (de Zibby Books). Presentado por Santa Terra y el Taller de Escritores de Todos Santos (TSWW). Entrada gratuita para todo público.

7 de febrero | , 10 am a 4 pm, ARTISTS STUDIO TOUR en Los Barriles. La gira de este año cuenta con 17 paradas y exhibe más de 30 artistas. Vea arte que va desde acrílico, óleo y acuarela. Pinturas; joyas; arte textil y prendas de vestir; madera; metal; cerámico; y materiales naturales. Los boletos cuestan \$100 pesos o \$6 usd y están disponibles el día del evento de 9:30 am a 2 pm en la taquilla de venta de boletos en Baja Properties en Los Barriles. Para más información, visite: www.eastcapearts.com. Este evento

EVENTOS cont. en pg. 57

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Cada Semana

domingo

8 am a 2 pm, **MERCADO LOCAL** en La Esquina Café en el otro lado.

8:30 am a 2 pm, **MERCADO ORGÁNICO Y MÚSICA EN VIVO** en Cafeteria Baja Beans, Pescadero.

6 pm, **SESIÓN DE DOMINGOS** en Todos Santos Brewing.

lunes

10 am a 1 pm, **BIBLIOTECA PALAPA ABIERTO**, Todos Santos. Palapalibrary@gmail.com

LUNES DE MEATLOAF/PASTEL DE CARNE en Shut Up Frank's en Todos Santos. Meatloaf con sus guarniciones por \$225 pesos.

5 a 6 pm, **BIBLIOTECA INFANTIL ELENA PONIATOWSKA ABIERTO**.

martes

8:30 am a 2 pm, **EL MERCADO ORGÁNICO DE LA PAZ** en calle Rosales entre Obregón y Madero, La Paz.

4 pm, **MARTES DE TACOS** en Chill N Grill en Todos Santos. 6 a 9 pm, música en vivo.

5 a 6 pm, **BIBLIOTECA INFANTIL ELENA PONIATOWSKA ABIERTO**.

miércoles

7 am a 2 pm, **COMPOST CHINGROWN** en La Esquina Café en Todos Santos. Desperdicios de cocina gratis punto de entrega. \$120 pesos por 5 galones de tierra de jardín. Trae tu propio balde.

8 am a 2 pm, **MERCADO LOCAL** en La Esquina Café en el otro lado.

10 am a 1 pm, **BIBLIOTECA PALAPA ABIERTO**, Todos Santos. Palapalibrary@gmail.com

jueves

9 am a 2 pm, **CENTRO DE RECICLADO PUNTO VERDE**, atrás de Super Pollo entrando por Calle del Huerto, extremo sur de Todos Santos. Traiga su papel, cartón, plásticos de No. 1 y 2, baterías, latas, metal, unicel, y electrónicos. Donativo mínimo 50 pesos, electrónicos 80 pesos. Favor de separar y limpiar materiales. Mayores informes: ecorrevolucionmx@gmail.com, (612) 139-4789.

12 pm, **CLUB DE CONVERSACIÓN ESPAÑOL** en Hablando Mexicano en Todos Santos.

5 pm, **MUSICA EN VIVO** con The Cordovas y Amigos en La Esquina Café en el otro lado.

5 a 6 pm, **BIBLIOTECA INFANTIL ELENA PONIATOWSKA ABIERTO**.

5 a 9 pm, **CAMINATA DEL ARTE** en San José del Cabo, en el distrito de las galerías. Todas las galerías que participan estarán abiertas hasta las 9 pm y muchas tienen recepciones y eventos especiales. Noviembre hasta Julio.

viernes

9 am a 2 pm, **CENTRO DE RECICLADO PUNTO VERDE**, atrás de Super Pollo entrando por Calle del Huerto, extremo sur de Todos Santos. Traiga su papel, cartón, plásticos de No. 1 y 2, baterías, latas, metal, unicel, y electrónicos. Donativo mínimo 50 pesos, electrónicos 80 pesos. Favor de separar y limpiar materiales. Mayores informes: ecorrevolucionmx@gmail.com, (612) 139-4789.

9 am – 2 pm, **MERCADO ORGÁNICO TODOS SANTOS** en Palma Serena en el Callejón, Todos Santos.

10 am a 1 pm, **BIBLIOTECA PALAPA ABIERTO**, Todos Santos. Palapalibrary@gmail.com

CLASE DE COCINA en Hablando Mexicano en Todos Santos. Ver <https://www.hablandomexicano.com/> para el menú y precios.

POLLO FRITO en Shut up Frank's en Todos Santos. Pollo frito entero con puré de papa y ensalada por \$225 pesos.

6 pm, **NOCHE DE TRIVIA** en el Todos Santos Brewing.

sábado

7 am a 2 pm, **CENTRO DE RECICLADO PUNTO VERDE**, enfrente 5 Tacos y Beer en Las Tunas. Traiga su papel, cartón, plásticos de No. 1 y 2, baterías, latas, metal, unicel, y electrónicos. Donativo mínimo 50 pesos, electrónicos 80 pesos. Favor de separar y limpiar materiales. Mayores informes: ecorrevolucionmx@gmail.com, (612) 139-4789.

8:30 am a 2 pm, **EL MERCADO ORGÁNICO DE LA PAZ** en calle Rosales entre Obregón y Madero, La Paz.

9 am a 3 pm, **EL MERCADO ORGÁNICO** en San José del Cabo está ligeramente afuera del distrito de arte histórico en la Huerta María en el Camino a las Ánimas. Noviembre hasta el fin de Junio.

9 am a 1 pm, **TIANGUIS NATURAL MALECÓN** (Mercado) en el Callejón Cabezud es en La Paz—el área entre calle CADA SEMANA continúa en página 61

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Your Magic

continued from page 15

The creative process behind Diego's magic emphasizes intimate connections with the audience, creating interactive, emotional, and, most importantly, fun performances. His dedication extends to supporting the Palapa Society's mission to enhance education, where he willingly donates his time and performances. Education holds a special place in Diego's heart, and contributing to this cause brings a profound sense of honor and purpose.

Artist and photographer, Kate Turning, has created a magical image for the Journal del Pacifico's cover and also for the event. Kate unearthed her love for photography at the age of 13, opting for a Nikon F instead of a palomino pony, with the enchanting world of the darkroom sparking her enduring artistic journey. Guided by a passion for painting and the philosophy of Joseph Campbell, Kate's detailed approach to photography is reflected in her meticulous planning, innovative style, and dedication to creating positive symbols for the upliftment of the human spirit. Adding to the allure, Kate has crafted a unique

piece for the event, set to be auctioned during the night, and The Palapa Society is privileged to feature her artistic contribution in celebration of their 20th anniversary.

"Believe in Your Magic" marks a celebration of The Palapa Society's 20th anniversary, promising an unforgettable night of dinner and illusion. Set against the backdrop of Teatro Pescadero on March 17, at 6 pm, the event offers a BBQ dinner, a mesmerizing show featuring mind-bending illusions and hypnotic feats, and a silent auction contributing to a noble cause.

Check out The Palapa Society's advertisement for the QR Code that enables you to buy tickets through Eventbrite, or visit this link for tickets: <https://www.eventbrite.com/e/believe-in-your-magic-with-diego-winburn-tickets-773377963307?aff=odddtcreator>. Please note that tickets for this event are exclusively available for purchase online only. For more information, contact tickets@palapasociety.org with any questions you may have.

Plumas

continuó de página 35



*Blue grosbeak pair / Picogrueso azul pareja
Passerina caerulea*

Las plumas de la cola por lo general están acomodadas en forma de abanico, con seis pares de plumas que están simétricamente alineadas, desde los pares exteriores hasta los interiores, esto quiere decir que hay seis diferentes tamaños que contribuyen a la estabilidad y el control direccional durante el vuelo. Las plumas de contorno cubren el cuerpo del ave y están acomodadas en un patrón sobrepuerto que hace mas aerodinámica la figura del ave. Este patrón de plumas, junto con las puntas impermeables, protegen a las aves de los elementos, mientras que la base de plumón los mantiene calientes. Estas plumas de contorno también se localizan en las alas donde las plumas de vuelo están unidas al hueso (del ala) y así crean un perfil aerodinámico eficiente, a la vez que rellenan y suavizan esta área.

Las semiplumas, comparten la similitud con el plumón de estar posicionadas lo más cerca del cuerpo y también son relativamente cortas y finas. Crean una estructura aislante esponjosa que no tiene pequeños ganchos ni bárbulas. Las filoplumas o plumas filamentosas son plumas simples que tienen muy pocas barbas y funcionan casi como bigotes

mamíferos para ayudar al cuerpo a sentir la posición y la condición en que se encuentran las plumas del ave. Se localizan en varias partes del cuerpo del ave, desde las plumas de contorno hasta las de la cola y ala, y pueden detectar cuando una pluma esta dañada, cuando está mudando, o cuando no está funcionando correctamente, lo cual es muy importante para la supervivencia de las aves.

La pluma más simple en un ave se llama cerda, se encuentran por lo general en la cabeza, y ayudan a proteger los ojos y la cara del ave. Las cerdas también sirven como un dispositivo sensorial para las aves que comen insectos y pueden ayudarles como un embudo enviando la comida hacia adentro del pico del ave mientras se encuentran en vuelo. Los pájaros carpinteros también tienen cerdas sobre sus orificios nasales que les ayudan a filtrar el polvo y la basura cuando están picoteando la madera. Estas plumas también están presentes en los búhos previsores, para ayudarlos a percibir objetos cercanos y también ayudarles cuando están buscando a su presa en condiciones sombrías o de oscuridad.



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Los Guluartes

continuó de página 32

duraderos hasta hoy en día: El Litro RV Park, perteneciente y operado por el hermano de José Antonio, Mario, y La Huerta de Chiquiano, un altamente exitoso lugar de fiestas, que le pertenece y es operado por el otro hermano de José Antonio, Aureliano.

Un poco más de 20 años después, José Antonio y Nelida decidieron dejar La Poza por un pequeño y tranquilo pedazo de tierra ubicado en San Juan. El Grupo Salas ya había comenzado a comprar propiedades en la zona de La Poza en el área de Todos Santos, incluyendo el terreno que ahora aloja al Restaurante El Mirador. José Antonio y Nelida le vendieron con gusto su hogar de La Poza a la familia Salas, y el patriarca de la familia Salas vivió sus días allí.

El legado del tío Cirilo continúa. La prima de José Antonio, Juanita Guluarte, es propietaria del edificio que alberga al Restaurante San Toro, así como la Plaza Los Faroles, que es donde se encuentra el CaféLix, también negocio de la familia Guluarte. Otro primo es dueño y opera el Restaurante Santos Pecados, mientras que, tanto hermanos como primos son dueños de las dos plazas comerciales que se localizan enfrente del Hotel California. La generación más joven de Guluartes, nacida entre los años 1980s y 1990s es igual de buena para los negocios. Julyanna Guluarte es la dueña y operadora del Taller 17, "el lugar" favorito del centro. Alejandro Guluarte opera el Centro Veterinario Ani-Malitos, Ulises Guluarte es el dueño y operador del Hospital Veterinario Slon en Pescadero, y Enrique Guluarte es el dueño del Restaurante Paletas Bar y Parrilla en Los Cerritos.

Carlos Guluarte, de 31 años de edad, es el hijo más joven de José Antonio y Nelida y su habitación se encontraba en el corazón de la casa de la familia que es ahora la estación de autobuses. Él, todavía tiene planes para ese edificio. "Cuando ingresé a la universidad, estaba estudiando la carrera de Ingeniería Biomecánica," comenta Carlos. "Pero odiaba pasar todo ese tiempo en el laboratorio y muy pronto descubrí que la danza era una gran alternativa para mí. La escuela de danza fue brutal y en general la detestaba, pero fue una buena disciplina y aprendí muchas cosas. Me volví muy cercano a Carlos Antúnez, uno de los más famosos maestros de danza folclórica mexicana en el Ballet folclórico de México de Amalia Hernández. Él me dijo que yo no tenía el tipo de cuerpo ideal para sus espectáculos, pero me consiguió trabajos con otras compañías gracias a los cuales acabe presentándome para el presidente de México, la FIFA, y en otros grandes escenarios. Después de haber ido de gira con Juan Gabriel, obtuve muchos grandes trabajos en comerciales y películas. Era una vida llena de *glamour*."

Pero no era una vida feliz. "Todo el tiempo mientras estaba creciendo mis padres nos decían que disfrutáramos nuestras vidas, y no solamente nos enfocáramos en ganar



Nelida Romero Salgado, Jose Antonio Guluarte Moyron, Jose Antonio Guluarte Romero, Alondra Guluarte Romero, Emmanuel Guluarte Romero, Carlos Roberto Guluarte Romero, Gregoria Murcia, y Juan José Arce Zuñiga

dinero. Llegué a la conclusión de que la vida que estaba llevando en realidad me estaba deprimiendo. Así que me alejé de la industria del entretenimiento y me puse en contacto con un hotel en Playa del Carmen. Esto fue para mi una experiencia fresca y abierta donde pude aprender a ejecutar nuevas habilidades en Aero danza, trabajar con fuego y otras actividades circenses."

En 2018 Carlos regresó a Todos Santos. Empezó a dar clases de danza y para su completo agrado descubrió que esta era su verdadera pasión. Formó entonces el Colectivo Zenda, donde ahora enseña 17 clases de danza cada semana, se presenta en los grandes eventos de la ciudad, y dirige el venerable Festival del Arte de Todos Santos, ahora con un look absolutamente fresco y renovado para su año número 27.

La casa familiar que es ahora la estación de autobuses forma parte prominente de los planes de Carlos para el futuro. "Estoy diseñando un espacio para el área sobre la estación de autobuses en el edificio que ya existe, donde todas las facetas de mi expresión artística en la danza puedan tener cabida, desde el ballet y el folclor, hasta mis habilidades en Aero danza.

Por su parte, José Antonio de ahora 74 años de edad y Nelida, aman su vida en la hermosa huerta que crearon en San Juan a lo largo de los años. Algunas veces tienen familia y amigos que los visitan para sentarse entre los árboles a meditar y rezar, conectarse con la naturaleza y disfrutar de la paz. Muy similar a como probablemente hacían el Pirata Goulart y su amada Guaycura en El Aguaje hace ya tantos años atrás. José Antonio dió una vuelta de carro el otro día. La vida es buena. Familia, generosidad, amor, naturaleza, arte, caridad, serenidad. Generaciones de vidas vividas a tope. Para la familia Goulart/Guluarte parece que hubo un empate parejo entre los Jesuitas y los Piratas, con el pueblo de Todos Santos siendo el obvio ganador. ¡Gracias Guluartes!

How You Can Help

Deciding where to donate money can be a tough call, and a new philosophy has caught on to give direction to donors, effective altruism. *Effective altruism* is a research field and practical community that aims to find the best ways to help others and put them into practice. This means that by thinking carefully about the best ways to help, we can do far more to tackle the world's biggest problems.

Here are a few ways that you can give back to the local community.

AMIGOS DE LOS BOMBEROS

The Pescadero Bomberos services the communities of El Pescadero, Cerritos, and Elias Calles with all emergencies: fire, medical, environmental, animal, etc. These local first responders are all volunteers and receive no government funding. The department is funded through private donations and needs your help now more than ever. They are running an average of 3 to 5 calls a day with each call costing about \$200 USD in gas, maintenance, and supplies. Monthly donations secure the resources they need to respond to emergencies safely and efficiently while providing the best outcomes for those who need their services. You can make an annual or monthly donation at: <https://bit.ly/SupportPescadero> All donations through this link are US tax deductible. If you would like to donate and receive a Mexican factura, email: PescBomberoFactura@gmail.com. If you are interested in being a volunteer firefighter or paramedic, please contact +52 624 235 6916. For more information visit www.pescaderobomberos.com

BOMBEROS DE TODOS SANTOS

If just 500 people were to donate \$250 pesos a month (around \$15 US), the *Bomberos* would have sufficient funds to keep the fire department running.

The International Charity Foundation (ICF) based in San Diego, California, is a nonprofit organization that is 100% secure and reliable. The ICF website is easy to maneuver and gives you options on the amount to donate and the frequency of donations. Donations via the ICF are US tax-deductible and a receipt is emailed after each monthly transaction. The Palapa Society of Todos Santos A.C. has been working with the ICF for over 15 years.

Funds are held at ICF until requests are made by the *Bomberos* Board of Directors. The money is then wire-transferred to the *Bomberos* pesos account at Banco BBVA/Bancomer in Todos Santos. The *Bomberos* also have charge accounts at various stores (for vehicle repair, new tires, etc.). They buy what they need on credit and give the receipts to the treasurer of the Board of Directors, who in turn pays the stores with a check. No cash is ever involved.

To donate via the ICF, visit their website at <https://icfdn.org/donate/>, and choose Bomberos de Todos Santos (<https://icfdn.org/donate/?form=FUNSJRUZQGX>)

Cash donations, in pesos or dollars, can also be given by going to Amerimex Realty in Todos Santos. They will give HOW YOU CAN HELP continued on page 59

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Healthy Cooking

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Nilù and Fabrizio explain that they have created a venue that fully embraces a conscious approach for its visitors. Environmentally friendly and non-toxic practices are employed throughout the property. These include solar power, solar-heated water, separation of wastes and recycling, water filtration system, organic amenities, non-toxic cleaning products, no-plastic policy. (see Journal del Pacifico #57) "Our mission is to establish Todos Santos as an oasis in the desert where people can live a more conscious life, in harmony with nature."

Cooking classes are three hours long and offer an introduction in nutrition theory, hands-on cooking session, and end with participants enjoying the full meal family-style, on the terrace. The Cooking Studio is located in Las Tunas, on the *otro lado* of Todos Santos. The class schedule and registration are available on their website: www.desiertoazulbaja.com/calendar.



Cocina Saludable

continuó de página 22

experiencia e incluyen "Desayuno saludable," "Comer para tener increíble energía," "Comida antiinflamatoria," "Preparación sencilla de comidas," y "Cocina amigable con alérgenos."

"Creamos DESIERTO AZUL con el sueño de facilitarle a la gente el inicio a un estilo de vida saludable," dice Fabrizio Cavallo, el esposo de Nilù y copropietario. Añade "en una era donde todo es digital, sentimos la necesidad de crear un espacio físico, con una peculiar vibra desértica, para una experiencia en *la vida real*, ya sea una clase de cocina, una estadía en el hotel boutique en la misma ubicación, o un muffin saludable en nuestra recién inaugurada panadería integral PANVERO."

Nilù y Fabrizio explican que han creado un lugar que adopta plenamente un enfoque consciente para sus visitantes. Prácticas amigables con el medio ambiente y no tóxicas se emplean en toda la propiedad. Estas incluyen el uso de energía solar, calentamiento del agua por medio de energía solar, separación de residuos y reciclaje, sistema de filtración del agua, amenidades orgánicas, uso de productos de limpieza libres de tóxicos, y una política de no uso de plásticos. (Ver revista Journal del Pacifico edición 57). "Nuestra misión es establecer a Todos Santos como un oasis en el desierto donde la gente pueda vivir una vida más consciente y en armonía con la naturaleza."

Las clases de cocina tienen una duración de tres horas y ofrecen una introducción a la teoría de nutrición, una sesión práctica y terminan con los participantes disfrutando la comida completa en estilo familiar en la terraza. El Estudio de Cocina se ubica en Las Tunas en el *otro lado* de Todos Santos. Los horarios de clases y formas para registro están disponibles en su página web: www.desiertoazulbaja.com/calendar



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Eventos

continuó de página 50

es presentado por la Asociación de Artes Del Mar de Cortez A.C.

8 al 13 de febrero | CARNAVAL LA PAZ 'Méjico Fantástico'

9 de febrero | 12 a 1 pm, PALABRA HABLADA MENSUAL en la Biblioteca Elena Poniatowska en Todos Santos. Con escritores y poetas locales, TBA. siempre estan buscando libros de escritores locales para agregar a su colección.

14 de febrero | 3 pm, EXPERIENCIA DE COCINA: COMIDA ANTIINFLAMATORIA en Estudio de Cocina Desierto Azul, Todos Santos. Aprenda a reducir la inflamación con icomida deliciosa! Comience su viaje hacia un estilo de vida más saludable con esta práctica culinaria. Experiencia en nutrición. Esta clase es en español.

16 de febrero | 12 a 1 pm, GRUPO DE LIBRO BIBLIOTECA ELENA PONIATOWSKA. Cada tercer viernes del mes hasta junio de 2024. Para estimular el debate sobre los libros y el cambio climático.

16, 17, 18, 23, 24 y 24 de febrero | PRODUCCIÓN DE TEATRO COMUNITARIO "The Kitchen Witches" en el Teatro Manuel Márquez de León de Todos Santos. A beneficio para La Sociedad Palapa de Todos Santos, A.C. Los boletos cuestan \$400 MXN y estarán disponibles a través de Eventbrite.

17 al 25 de febrero | 13º RETIRO "ESCRIBIENDO LA BAJA" CON ELLEN WATERSTON en Todos Santos. Este año destacando un renombrado autor de memorias y poeta como presentador invitado. Mayor información en: <https://www.writingranch.com/todos-santos-writing-retreat>

19 al 23 de febrero | TALLER ANNE HEBEBRAND en Hablando Mexicano en Todos Santos. Explorando el color: un estudio en profundidad. Para más información: www.annehebeband.com

24 de febrero | 4 a 10 pm, 1º FESTIVAL COMUNITARIO DE EL PESCADERO en la plaza pública de El Pescadero. Entretenimiento, música y baile. Puestos de vendedores disponibles. Admisión gratuita. Para más información al correo electrónico: celpescadero@gmail.com

24 de febrero | 5:30 a 7 pm, LECTURA en el hotel Serendipity. Escribiendo a los escritores de Writing Down the Baja leerán de su trabajo creado durante el retiro. Todos son bienvenidos.

28 de febrero | 3 pm. EXPERIENCIA DE COCINA: COCINA AMIGABLE CON ALÉRGENOS en Estudio de Cocina Desierto Azul, Todos Santos. Complemente las alergias alimentarias con recetas que puede comer con confianza. Comience su viaje hacia un estilo de vida más saludable con esta práctica. Experiencia en nutrición culinaria. Esta clase es en inglés.

marzo

9 de Marzo al 5 de Mayo | 2º ABC ART BAJA CALIFORNIA con eventos en Ensenada, Tijuana, La Paz, San José del Cabo, y Todos Santos.

10 de marzo | JOURNAL DEL PACIFICO FECHA LIMITE PARA LA EDICIÓN PRIMAVERA 2024.

10 de marzo | 4 pm, NOCHE DE LOS OSCARS en Gallo Azul en Todos Santos.

13 de marzo | 3 pm. EXPERIENCIA DE COCINA: COCINA AMIGABLE CON ALÉRGENOS en Estudio de Cocina Desierto Azul, Todos Santos. Complemente las alergias alimentarias con recetas que puede comer con confianza. Comience su viaje hacia un estilo de vida más saludable con esta práctica. Experiencia en nutrición culinaria. Esta clase es en español.

15 de marzo | 12 a 1 pm, GRUPO DE LIBRO BIBLIOTECA ELENA PONIATOWSKA. Cada tercer viernes del mes hasta junio de 2024. Para estimular el debate sobre los libros y el cambio climático.

17 de marzo | 1 pm hasta terminar la comida: 29º FIESTA ANUAL DE SAN PATRICIO en Shut Up Frank's, Todos Santos. Apertura de puertas a las 12 pm. A partir de las 1 pm, la famosa cena casera de Frank de carne en conserva y repollo, curada durante un mes, con patatas, zanahorias, mostaza picante, y salsa especial de rábano picante.

17 de marzo | 6 – 9:30 pm, "CREE EN TU MAGIA": ¡UNA NOCHE DE MISTERIO Y MARAVILLAS! BBQ, Espectáculo con el Ilusionista Diego Winburn y la subasta silenciosa. A beneficio para La Sociedad de Palapa de Todos Santos, A.C. Para más información vea nuestro artículo. Boletos: <https://www.eventbrite.com.mx/e/believe-in-your-magic-with-diego-winburn-tickets-773377963307?aff=efbevent>

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Events

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An In-Depth Study. For more information: www.annehebeband.com

February 24 | 5:30 – 7 p.m., **READING** at Serendipity hotel. Writing Down the Baja writers will read from their work created during the retreat. Everyone is welcome.

February 24 | 4 – 10 pm, **1ST FESTIVAL COMUNITARIO DE EL PESCADERO** in the public plaza of El Pescadero. Entertainment, music, and dancing. Vendor booths available. Free admission. For more information email: ccelpescadero@gmail.com

February 28 | 3 pm. **COOKING EXPERIENCE - ALLERGEN FRIENDLY COOKING** at **Desierto Azul Cooking Studio**, Todos Santos. Support food allergies with recipes you can eat with confidence. Start your journey into a healthier lifestyle with this hands-on culinary nutrition experience. This class is in English.

march

March 9 - May 5 | **2ND ABC ART BAJA CALIFORNIA** with events in Ensenada, Tijuana, La Paz, San José del Cabo, and Todos Santos.

March 10 | **JOURNAL DEL PACIFICO SPRING 2024 ISSUE DEADLINE.**

March 10 | 4 pm, **OSCAR NIGHT** at **Gallo Azul** in Todos Santos.

March 13 | 3 pm. **COOKING EXPERIENCE - ALLERGEN FRIENDLY COOKING** at **Desierto Azul Cooking Studio**, Todos Santos. Support food allergies with recipes you can eat with confidence. Start your journey into a healthier lifestyle with this hands-on culinary nutrition experience. This class is in Spanish.

March 15 | 12 – 1 pm, **BIBLIOTECA ELENA PONIATOWSKA BOOK GROUP**. Every third Friday of the month until June 2024. Stimulating discussions on books and climate change.

March 17 | 1 pm until the food is gone, **LUCKY 29TH ANNUAL ST. PATY'S DAY** at **Shut Up Frank's** in Todos Santos. Doors open at 12 pm. Starting at 1 pm, serving Frank's famous homemade, one-month-cured, corned beef and cabbage dinner with potatoes, carrots, hot mustard, and special horseradish sauce.

March 17 | 6 – 9:30 pm, "**BELIEVE IN YOUR MAGIC": A NIGHT OF MYSTERY AND WONDER!**" at Teatro Pescadero. BBQ and show with Illusionist Diego Winburn, and silent auction. A Benefit for **The Palapa Society of Todos Santos, A.C.** For more information see our article this issue. Tickets: <https://www.eventbrite.com.mx/e/believe-in-your-magic-with-diego-winburn-tickets-773377963307?aff=efbevent>

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March 24 - 30 | LA SEMANA SANTA.

March 27 | 3 pm. **COOKING EXPERIENCE. - EATING FOR AWESOME ENERGY** at **Desierto Azul Cooking Studio**, Todos Santos. Learn how to feel vibrant all day with energy-boosting foods! Start your journey into a healthier lifestyle with this hands-on culinary nutrition experience. This class is in English.

March 30 | 6 pm, **TENTH ANNIVERSARY CELEBRATION** at **Gallo Azul** in Todos Santos.

March 31 | EASTER SUNDAY.

april

April 10 | 3 pm. **COOKING EXPERIENCE - EATING FOR AWESOME ENERGY** at **Desierto Azul Cooking Studio**, Todos Santos. Learn how to feel vibrant all day with energy-boosting foods! Start your journey into a healthier lifestyle with this hands-on culinary nutrition experience. This class is in Spanish.

April 13 | 5 - 8 pm, **THE PALAPA SOCIETY'S ANNUAL DONOR APPRECIATION PARTY** at **The Palapa Learning Center**. Free for Palapa Society donors. Please R.S.V.P to tickets@palapasociety.org

April 19 | 12 – 1 pm, **BIBLIOTECA ELENA PONIATOWSKA BOOK GROUP**. Every third Friday of the month until June 2024. Stimulating discussions on books and climate change.

April 24 | 3 pm. **COOKING EXPERIENCE - MEAL-PREP MADE EASY** at **Desierto Azul Cooking Studio**, Todos Santos. Discover simple tricks for planning healthy eating. Start your journey into a healthier lifestyle with this hands-on culinary nutrition experience. This class is in English.

may

May 8 | 3 pm. **COOKING EXPERIENCE - MEAL-PREP MADE EASY** at **Desierto Azul Cooking Studio**, Todos Santos. Discover simple tricks for planning healthy eating. Start your journey into a healthier lifestyle with this hands-on culinary nutrition experience. This class is in Spanish.

May 22 | 3 pm. **COOKING EXPERIENCE - ANTI-INFLAMMATORY EATING** at **Desierto Azul Cooking Studio**, Todos Santos. Learn to reduce inflammation with delicious food! Start your journey into a healthier lifestyle with this hands-on culinary nutrition experience. This class is in English.



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How You Can Help

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The best way to notify the Bomberos de Todos Santos of a fire is to call 911, rather than the Todos Santos emergency WhatsApp group. Follow the Bomberos de Todos Santos at Facebook/Las Chispas de Todos Santos Bomberos.

PADRINO CHILDREN'S FOUNDATION

Padrino Children's Foundation is a community focused non-profit organization providing access to professional healthcare and wellness services for economically disadvantaged children in Todos Santos and the surrounding area (see Journal del Pacifico, Winter 2023, #57). They are both a US based 501c3 and a Mexican AC, Fundación Padrino Todos Santos. Since 2016, they have changed the landscape for how children receive medical care through programs: pediatric medical services, psychological evaluations and therapies, children with special needs therapies, genetic testing and social work. Spanish speaking volunteers are often needed to help with events and activities, working with the children, and staff. Their most pressing need is always financial donations. Contact Nancy Naigle at info@padrinocf.org to inquire about volunteering or donating.

SAVING BAJA PAWS

Saving Baja Paws started as just a small rescue in Todos Santos in 2020 with only three volunteers, and founders Victoria Timm and Gelacio Villalobos. Since then, it has grown into an organization helping over a thousand animals a year through their programs and shelters. They offer free spay and neuter clinics for Todos Santos and the surrounding area. They support two dog shelters, one located in La Paz and the other in Todos Santos. Saving Baja Paw's top priority is to drastically reduce

pet homelessness in Baja California Sur. In 2023, over 50 dogs have been adopted, and over 400 animals have been sterilized. Volunteers are needed to help walk dogs, foster, transport, and help organize community events. They are a registered 501(c)3 in the United States. If you are interested in becoming a volunteer, foster, or donate visit: <https://www.savingbajapaws.org/>. email: inquire@bajapaws.org, Facebook.com/savingbajapaws, IG & Tiktok @savingbajapaws

Every Week

continued from page 25

saturday cont.

8:30 am – 2 pm, **LA PAZ FARMER'S MARKET** on calle Rosales between Obregón & Madero, La Paz.

9 am – 1 pm, **MALECÓN TIANGUIS NATURAL (MARKET)** at the Callejon Cabezud in La Paz—the area between Esquerro street and the *malecón* at the location of the Wyland mural and the seashell musician statue.

9 am – 3 pm, **SAN JOSÉ DEL CABO ORGANIC MARKET** (Mercado Orgánico) just outside the San José historic district in Huerta María on the Camino a Las Animas. Look for the signs at the big arroyo off Avenida Centenario. Takes place November through the end of June.

10 am – 2 pm, **PALAPA CHILDREN'S LIBRARY OPEN**, Todos Santos. Palapalibrary@gmail.com

10 am – 2 pm, **MARKET** at Gypsea's in Pescadero.

10:30 am – 2 pm, **EL MERCADO RANCHERO MARKET** with art, furniture, and fresh products from area ranches, including cheese, chicken, and meat, on the *otro lado*.

1 – 4 pm, **UNPLUGGED IN THE YARD** at Allende Books in La Paz. Acoustic open mic. Everyone welcome.

6 pm, **SONGWRITER SATURDAYS** at Todos Santos Brewing.



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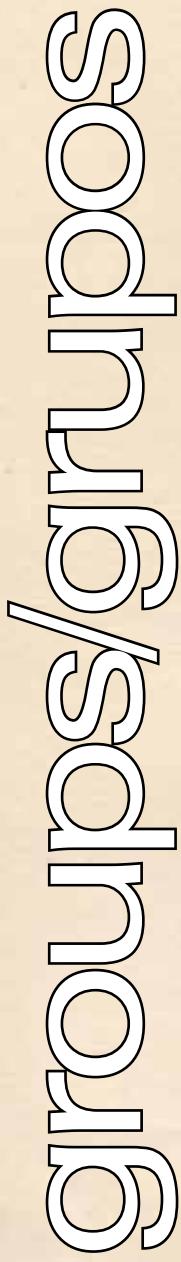


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sunday / domingo

9 am, **VINYASA FLOW YOGA W/C LIZ @ Cuatro Vientos**, Todos Santos.
11 am, **ECSTATIC DANCE @ Cuatro Vientos**, Todos Santos.
1 pm, **RYTHM & DRUM CIRCLE W/C MADI @ Cuatro Vientos**, Todos Santos.
4 pm, **YIN & RESTORATIVE YOGA W/C PAMELA @ Cuatro Vientos**, Todos Santos.

monday / lunes

6, 7, 8 & 9 am, 6 pm, **CROSSFIT @ Cross2Box**, Todos Santos.
7 am, **TS OPEN WATERS SWIMMING @ Punta Lobos**, Todos Santos. Facebook/Instagram: Sasha from Russia
7:30 am, **YOGA W/C MAYRA @ Baja Serena, Pescadero**.
7:30 am, **COMMUNITY MEDITATION W/C ANDREA & JORDAN @ Cuatro Vientos**, Todos Santos.
8:15 am, **FUSION FITNESS @ Cross2Box**, Todos Santos.
9 am, **YOGA W/C MARIMAR @ Cuatro Vientos**, Todos Santos.
9:15 am, **FUSION FITNESS @ Cross2Box**, Todos Santos.
10:30 am, **YOGA FOR HEALTHY AGING W/C LISA @ Cuatro Vientos**, Todos Santos.
11 am, **AA MEETING**. On the rooftop at Ricardo Amigo Real Estate on calle Centenario in Todos Santos. For info: Erick (612)156-9980.
12:30 pm, **YOGA FLOW & NIDRA W/C HOLLY NICOLE @ Cuatro Vientos**, Todos Santos.

2:30 pm, **REIKE CIRCLE W/C MARIA @ Cuatro Vientos**, Todos Santos.
4 pm, **AERIAL DANCE KIDS 4 - 7 W/C VANNYA @ Cuatro Vientos**, Todos Santos.

tuesday / martes

6, 7, 8 & 9 am, 6 pm, **CROSSFIT @ Cross2Box**, Todos Santos.
7:30 am, **HIIT WORKOUT W/C JULES@ Cuatro Vientos**, Todos Santos.
7:30 am, **YOGA W/C MAYRA @ Baja Serena, Pescadero**.
9 am, **ZUMBA W/C JAN @ Cuatro Vientos**, Todos Santos.
10:30 am, **VINYASA YOGA W/C GABRIELLE @ Cuatro Vientos**, Todos Santos.

4:30 pm, **ADULT HIP HOP W/C GABRIELLE @ Cuatro Vientos**, Todos Santos.

4:45 pm, **SANDBOX HIIT** at La Cachora Beach. Must reserve online: <https://sandboxbcs.as.me/>
6 pm, **DANCE FITNESS W/C NATHALIE @ Cuatro Vientos**, en Español Todos Santos.

wednesday / miércoles

7 am, **TS OPEN WATERS SWIMMING @Punta Lobos**, Todos Santos. Facebook/Instagram: Sasha from Russia
7 am, **VINYASA YOGA W/C TY @ Cuatro Vientos**, Todos Santos.
6, 7, 8 & 9 am, 6 pm, **CROSSFIT @ Cross2Box**, Todos Santos.
7:30 am, **YOGA W/C MAYRA @ Baja Serena, Pescadero**.
8:15 am, **FUSION FITNESS @ Cross2Box**, Todos Santos.
9 am, **YOGA W/C MARIMAR @ Cuatro Vientos**, Todos Santos.
9 am, **SANDBOX LOW IMPACT HIIT** at Hotel Quinta Santa Rosa. Must reserve online <https://sandboxbcs.as.me/>
9 am, **PESCADERO HIGHTIDE AA MEETING @ Baja Beans**, Pescadero. For information: Don (612) 157-1256.
9:15 am **FUSION FITNESS @ Cross2Box**, Todos Santos.
10:30 am, **YOGA FOR HEALTHY AGING W/C LISA @ Cuatro Vientos**, Todos Santos.
11 am, **AA MEETING**. On the rooftop at Ricardo Amigo Real Estate on calle Centenario in Todos Santos. For info: Erick (612)156-9980.
12:30 pm, **HATHA FLOW KATONAH YOGA W/C KARI @ Cuatro Vientos**, Todos Santos.
2:30 pm, **BEGINNER SELF DEFENSE W/C LORI @ Cuatro Vientos**, Todos Santos.
4 pm, **AERIAL DANCE KIDS 8 - 12 W/C VANNYA @ Cuatro Vientos**, Todos Santos.
6 pm, **BIOENERGETICS W/C CARLO @ Cuatro Vientos**, Todos Santos.

thursday / jueves

6, 7, 8 & 9 am, 6 pm, **CROSSFIT @ Cross2Box**, Todos Santos.
7:30 am, **HIIT WORKOUT W/C JULES @ Cuatro Vientos**, Todos Santos.
7:30 am, **YOGA W/C MAYRA @ Baja Serena, Pescadero**.
9 am, **ZUMBA W/C JAN @ Cuatro Vientos**, Todos Santos.
10:30 am, **VINYASA YOGA W/C GABRIELLE @ Cuatro Vientos**, Todos Santos.
4 pm, **YIN & RESTORATIVE YOGA W/C PAMELA @ Cuatro Vientos**, Todos Santos.
4:45 pm, **SANDBOX HIIT** at La Cachora Beach. Must reserve online: <https://sandboxbcs.as.me/>
9 am, **WOMEN'S AA MEETING** at Casa Janna. Call Janna for information: (612) 127-0215.
6 pm, **DANCE FITNESS W/C NATHALIE @ Cuatro Vientos**, en Español, Todos Santos.

friday / viernes

6, 7, 8 & 9 am, & 6 pm, **CROSSFIT** @ Cross2Box, Todos Santos.

7 am, **TS OPEN WATERS SWIMMING** @Punta Lobos, Todos Santos. Facebook/Instagram: Sasha from Russia

7:30 am, **YOGA W/C MAYRA** @ Baja Serena, Pescadero.

8:15 am, **FUSION FITNESS** @ Cross2Box, Todos Santos.

9 am, **YOGA W/C MARIMAR** @ **Cuatro Vientos**, Todos Santos.

9 am, **SANDBOX LOW IMPACT HIIT** at Hotel Quinta Santa Rosa. Must reserve online <https://sandboxbcs.as.me/>

9 am, **WOMEN'S AA MEETING** via Zoom. Call Janna for information: (612) 127-0215.

9:15 am **FUSION FITNESS** @ Cross2Box, Todos Santos.

12:30 pm, **VAJRA DANCE** @ **Cuatro Vientos**, Todos Santos.

5 pm, **AA MEETING**. On the rooftop at Ricardo Amigo Real Estate on calle Centenario in Todos Santos. For info: Erick (612)156-9980.

saturday / sábado

7:30 am, **HIIT WORKOUT W/C JULES** @ **Cuatro Vientos**, Todos Santos.

9 am, **VINYASA FLOW YOGA W/C LIZ** @ **Cuatro Vientos**, Todos Santos.

10:30 am, **SAHAJA FREESTYLE DANCE W/C ALAN** @ **Cuatro Vientos**, Todos Santos.

11 am, **AA MEETING**. On the rooftop at Ricardo Amigo Real Estate on calle Centenario in Todos Santos. For info: Erick (612)156-9980.

To dial a United States 800 number FROM a landline in Mexico, replace the 800 prefix with the prefix shown below:

- 800 numbers Dial 001-880-then the number
- 866 numbers Dial 001-883-then the number
- 877 numbers Dial 001-882-then the number
- 888 numbers Dial 001-881-then the number

TAI CHI & QI GONG W/C RHODA Todos Santos. Private instruction available. Contact Rhoda for schedule and class location, barakabaja@gmail.com, +52 612 157-6088

AA CABO SAN LUCAS—AA Hacienda Group Cabo, upstairs above Ace Hardware behind McDonalds. Monday – Friday, 4:30 pm and daily at 6 pm. For information: (624) 147-0478

SAN JOSÉ DEL CABO—Next to the Calvary Chapel corner of Degollado and Coronado. 6 pm nightly.

LA PAZ—For information call: Rick M. (612)131-7459, JoAnna (612)108-5342, or Leo (612)197-8639.

Cada Semana

continuó de página 51

Esquerro y el Malecón ubicado en el mural Wyland y la escultura del músico tocando el caracol.

10 am a 2 pm, **BIBLIOTECA INFANTIL ELENA PONIATOWSKA ABIERTO**.

10 am a 2 pm, **MERCADO** en Gypsea's en Pescadero, comienza en Noviembre.

10:30 am a 2 pm, **MERCADO RANCHERO** en Todos Santos, con arte, muebles y productos frescos de los ranchos de la zona, que incluyen queso, pollo y carne.

1 a 4 pm, **UNPLUGGED EN EL PATIO** de Allende Books en La Paz. Micrófono acústico abierto. Todos son bienvenidos.

6 pm, **SÁBADO DE CANTAUTORES** en el Todos Santos Brewing.

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Eventos

continuó de página 57

24 al 30 de marzo | LA SEMANA SANTA.

27 de marzo | 3 pm. EXPERIENCIA DE COCINA: COMER PARA OBTENER UNA ENERGÍA IMPRESIONANTE en Estudio de Cocina Desierto Azul, Todos Santos. Aprenda a sentirse vibrante todo el día con iAlimentos que aumentan la energía! Comience su viaje hacia un estilo de vida más saludable con esta práctica. Experiencia en nutrición culinaria. Esta clase es en inglés.

30 de marzo | 6 pm, CELEBRACIÓN DEL DÉCIMO ANIVERSARIO en el Gallo Azul de Todos Santos.

31 de marzo | PASCUA.

abril

10 de abril | 3 pm. EXPERIENCIA DE COCINA: COMER PARA OBTENER UNA ENERGÍA IMPRESIONANTE en Estudio de Cocina Desierto Azul, Todos Santos. Aprenda a sentirse vibrante todo el día con iAlimentos que aumentan la energía! Comience su viaje hacia un estilo de vida más saludable con esta práctica. Experiencia en nutrición culinaria. Esta clase es en español.

13 de abril | 5 a 8 pm, FIESTA ANUAL DE AGRADECIMIENTO A LOS DONANTES DE LA SOCIEDAD DE LA PALAPA en La Palapa Centro de Aprendizaje. Gratis para los donantes de Palapa Society. Por favor confirme su asistencia para entradas@palapasociety.org

19 de abril | 12 a 1 pm, GRUPO DE LIBRO BIBLIOTECA ELENA PONIATOWSKA. Cada tercer viernes del mes hasta junio de 2024. Para estimular el debate sobre los libros y el cambio climático.

24 de abril | 3 pm, EXPERIENCIA DE COCINA: PREPARACIÓN DE COMIDAS FÁCIL en Desierto Estudio de Cocina Azul, Todos Santos. Descubre trucos sencillos para planificar una alimentación saludable. Comience su viaje hacia un estilo de vida más saludable con esta práctica nutrición culinaria experiencia. Esta clase es en inglés.

mayo

8 de mayo | 3 pm, EXPERIENCIA DE COCINA: PREPARACIÓN DE COMIDAS FÁCIL en Desierto Azul Estudio de Cocina, Todos Santos. Descubre trucos sencillos para planificar una alimentación saludable. Comience su viaje hacia un estilo de vida más saludable con esta experiencia práctica de nutrición culinaria. Esta clase es en español.

22 de mayo | 3 pm, EXPERIENCIA DE COCINA: COMIDA ANTI-INFLAMATORIA en Estudio de Cocina Desierto Azul, Todos Santos. Aprenda a reducir la inflamación con icomida deliciosa! Comience su viaje hacia un estilo de vida más saludable con esta práctica culinaria. Experiencia en nutrición. Esta clase es en inglés.

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The Country Code for Mexico is 52. To dial Mexico you follow the normal international dialing procedures.

International Code 011 and Country Code 52 and Area Code and Phone Number.

► dial 011-52-area code-phone number

And if you are calling from a cell phone, you could replace the 011 with the + Sign

All numbers in Mexico are 10 digits, including cell numbers. No extra "1", "044", or "045" are needed.



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La Cachora, Todos Santos

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\$ 1,990,000 USD



CASA AMAR

El Posito, Todos Santos

3 Bedrooms | 3.5 Baths | Lot: 3,375.44 Sq Mt | MLS#23-1968
\$ 995,000 USD



CASA HIDDEN GEM

Rivera del Sol, Todos Santos

3 Bedrooms | 3.5 Baths | Lot: 717.57 Sq Mt | MLS#23-4751
\$ 989,000 USD



LOT 41 OASIS PALMAR

San Sebastian, Todos Santos

Lot Size: 5,875.47 M2 / Sq Mt | MLS#23-3008
\$ 825,000 USD



CASA PALMAR DEL MAR

Las Brisas, Todos Santos

2 Bedrooms | 2 Baths | Lot: 1,767.74 Sq Mt | MLS#22-3345
\$ 690,000 USD



LOT PLAYA CERRITOS

Cerritos, Pescadero

Lot Size: 1,936.96 M2 / Sq Mt | MLS#23-4324
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VILLA DE CERRITOS CONDO 68 CERRITOS
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