

# journal DEL PACIFICO

La Revista de Baja California Sur

winter / invierno 2022 #52

The **ULTIMATE GUIDE** to  
Baja Sur Arts,  
Culture & Adventure

*Amigos de la Baja Salvaje*  
*Friends of Wild Baja*

*Mar Libre*

*Patterns in Nature*  
*Patrones en la Naturalez*

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by / por Mikayla Jones

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# Mar Libre



by / por Bryan Jáuregui, traducido por Paula Angeloni  
photos by / fotos por Alex Double

Like many of the best things in life, *Mar Libre* was born over drinks by friends kvetching about the state of things. "When you get biologists together, the conversation invariably veers to how bad things are in the natural world," says Pablo Ahuja, one of the founders of *Mar Libre*. "On this particular night, we were all complaining about how we couldn't enjoy diving at San Rafaelito in the Sea of Cortez anymore because every time we went, we'd have to spend all of our time and air picking fishing line off the coral. This is painstaking work that must be done very carefully so the coral doesn't get damaged." Pablo continues, "Right then and there we decided that instead of cleaning up areas incidentally when we were out diving, we'd start diving with the purposeful intent of cleaning these natural areas."

Pablo and his friends decided to set a date right then and there. "On the night of July 3, 2015 we posted on Facebook about a clean-up dive for July 21, 2015, and by the next morning we had over 20 divers and dive companies saying they wanted to participate. By the time July 21 rolled around, there were eight boats and 70 people volunteering to help. That day we cleaned not only the San Rafaelito reef, but La Gaviota as well." That was a little over six years ago and *Mar Libre* has done a monthly reef or mangrove clean-up dive every month since then. Says Pablo, "There are so many rents that we pay on a monthly basis like housing, electricity, and telephone, so we decided that we would also pay our monthly rent to Mother Nature."

The *Mar Libre* crew understood from the beginning that conservation without education is not productive or sustainable, so in October 2015 they started going into the schools to educate students and staff on the issues, using

Al igual que muchas de las mejores cosas de la vida, *Mar Libre* nació en una reunión de amigos bebiendo y discutiendo sobre el estado de las cosas. "Cuando se juntan biólogos, la conversación invariablemente se desvía hacia lo malo que están las cosas en el mundo natural," dice Pablo Ahuja, uno de los fundadores de *Mar Libre*. "En esa noche en particular, todos nos encontramos quejándonos de cómo no podíamos disfrutar del buceo en San Rafaelito en el Mar de Cortez, ya que cada vez que íbamos, teníamos que gastar toda nuestra hora y aire recogiendo líneas de pesca en el coral. Este es un trabajo minucioso que debe realizarse con mucho cuidado para que el coral no se dañe." Pablo prosigue, "entonces, en ese momento decidimos que en lugar de limpiar áreas incidentalmente cuando salíamos a bucear, comenzaríamos a hacerlo con la intención de limpiar esas áreas naturales."

Pablo y sus amigos decidieron fijar una fecha allí mismo. "En la noche del 3 de julio de 2015, anunciamos en Facebook un buceo de limpieza para el 21 de julio de 2015, y a la mañana siguiente teníamos mas de 20 buzos y compañías de buceo que querían participar. Cuando llegó el 21 de julio, habían ocho lanchas y 70 personas voluntarias para ayudar. Ese día limpiamos no solo el arrecife de San Rafaelito, sino también La Gaviota." Eso fue hace poco mas de seis años y *Mar Libre* ha realizado un buceo mensual de limpieza de arrecifes o manglares todos los meses desde entonces. Dice Pablo: "Hay tantos gastos que pagamos mensualmente, como renta, electricidad, y teléfono, por lo que decidimos que también pagaríamos nuestra cuota mensual a la Madre Naturaleza."

MAR LIBRE continúa en página 10

the photos and data they had from the July, August, and September cleanup dives. Pablo, a marine biologist with a background in science education, lead the charge. "The school directors in Baja California Sur have been great to work with. They will give us 45 minutes per classroom to discuss the problems and the solutions. Very often after a visit an entire school will go on a cleanup. Cleaning a mangrove or reef really changes their views. They simply cannot believe the amount of trash that there is, and they realize that only they can really be the agents of change. So far we've engaged with over 24,000 students in BCS."

Just how much trash is there? Recalls Pablo, "We did a cleanup at El Magote in La Paz in March 2021 with 200 volunteers and eight boats. We took that trash to the La Paz dump which has a scale. That is how we learned that we had collected 8.4 tons of trash on just that one day. We estimate that we've cleaned over 140 tons of trash from the reefs and mangroves since we started the project in 2015." Some of the things that they find in a mangrove that has never been cleaned might seem surprising to the uninitiated. Recounts Pablo, "We've found fax machines, washing machines, electrodes, 50-year-old Mason jars. We pulled four porcelain toilets out of one mangrove. We figured folks had gone camping and were just looking for a little privacy. It's fun to date stuff that comes out of the cleanups. There is a brand of beer called Carta Blanca that used to make its bottles with a little indentation on the side. The idea was to use one bottle to take the cap off the next. They stopped making those bottles in 1970, so when we find them, we know that trash is at least 50 years old."



Cutting fishing line

Pablo takes the long view on his quest to clean the reefs and mangroves of Baja California Sur. "When we go to a new spot, literally no one in human history has ever cleaned that place before. It can seem overwhelming at the first cleaning, but subsequent visits are encouraging. Pargo Villa reef near Isla Cerralvo is a good example. In September 2015 we cleaned that reef for the first time and took out 100 kilos of fishing line alone. In September 2016 MAR LIBRE continued on page 11

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Carlos y Tim Means.

*Nunca dudes que un pequeño grupo de ciudadanos conciencizados y comprometidos puede cambiar al mundo; de hecho, es lo único que lo ha cambiado.—Margaret Mead*

#### MODUS VIVENDI

El 13 de Agosto de 2019 nos despedimos de Tim Means, fundador de Baja Expeditions, cofundador de la Sociedad de Historia Natural Niparajá, y mi suegro; falleció a los 75 años por complicaciones de la diabetes. Tim era un hombre de pocas palabras, pero poseía una risa contagiosa

# Amigos de la Baja Salvaje El Legado Continúa

by / por Elizabeth C. Hammond  
traducido por Ricardo Madrazo

y una visión duradera de la conservación natural en Baja California Sur; era amigo de todos: pescadores y presidentes, ballenas, y serpientes. Para con todos disponía de la misma calidez y ecuanimidad, así como de una actitud robusta y natural. "Timoteo abría los brazos a todos, era un ropero melenudo y de bigote de morsa, cuyo aspecto modesto ocultaba su enorme influencia," apuntó el San Diego Tribune en su homenaje a Tim. El New York Times comentó sobre "Tim Means, un conservacionista en la punta de lanza del ecoturismo en el Golfo de California que ayudó a asegurar protección permanente para cientos de islas en las costas de la península de Baja California, México."

Hace unos años publiqué un reportaje para *Journal del Pacífico* (Navidad 2017/18, No. 32) sobre Tim y su habilidad tan singular para reunir a gente de procedencias distintas, pero con una meta común; sobre el intercambio de ideas alrededor de su mesa, misma mesa donde siempre había espacio para todo tipo de criaturas. Una de las últimas BAJA SALVAJE continúa en página 16

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# Friends of Wild Baja The Legacy Continues



Elizabeth and Carlos at Tim's mural at Marea.

Elizabeth y Carlos en el mural homenaje a Tim en Marea.

by Elizabeth C. Hammond

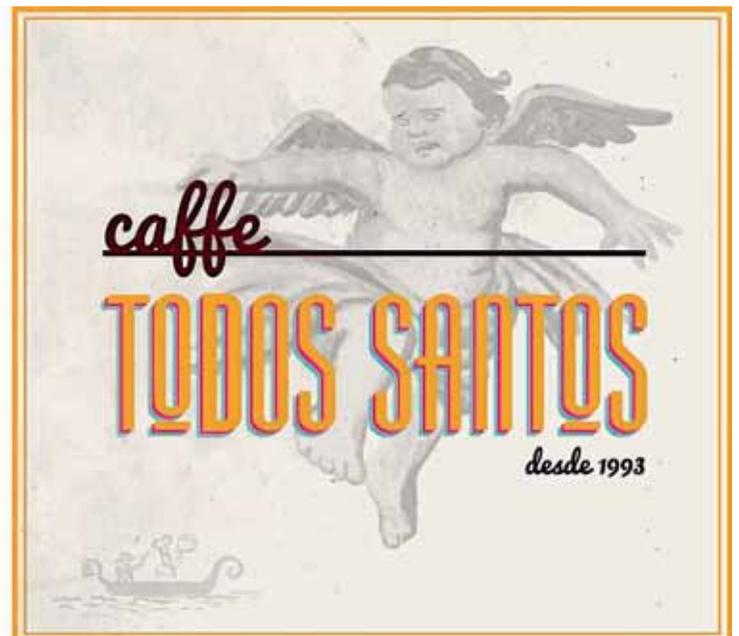
*Never doubt that a small group of thoughtful, committed citizens can change the world; indeed, it's the only thing that ever has.—Margaret Mead*

## WAYS OF LIFE

On August 13, 2019, we said goodbye to Tim Means—founder of Baja Expeditions, co-founder of local NGO Society for Natural History Niparájá, and my *suegro* (my partner Carlos' father)—he died at 75 of complications from diabetes. Tim was a man of few words, an infectious laugh, and an enduring vision of a thriving natural Baja California Sur; he was a buddy to little ones, fishermen

and presidents, to gray whales and rattlesnakes. With everyone, he had the same equanimity and warm-heartedness, as well as the same rough-around-the-edges attitude. "Everyone was welcomed by 'Timoteo,' a bear of a man whose shaggy mane, walrus mustache and unkempt attire belied his influential stature," reported the San Diego Union Tribune in Tim's obituary. The NY Times wrote about losing "Timothy Means, a conservationist who was on the leading edge of ecotourism in the Gulf of California and helped win permanent protection for hundreds of islands off the Baja Peninsula in Mexico."

WILD BAJA continued on page 17





# Mar Libre

continuó de página 6

El equipo de Mar Libre entendió desde el principio que la conservación sin educación no es productiva ni sostenible, por lo que en octubre de 2015 comenzaron a ir a las escuelas para dar charlas a estudiantes y al personal sobre el tema, utilizando las fotos y los datos que tenían de los buceos de limpieza de julio, agosto, y septiembre. Pablo, un biólogo marino con experiencia en educación científica, lidera el cargo. "Ha sido genial trabajar con los directores de escuela en Baja California Sur. Nos dan 45 minutos por aula para discutir los problemas y las soluciones; y muy a menudo, después de una visita, toda la escuela realiza una limpieza. Limpiar un manglar o un arrecife realmente cambia sus perspectivas. Simplemente no pueden creer la cantidad de basura que hay, y se dan cuenta de que solo ellos pueden ser los verdaderos agentes del cambio. Hasta ahora nos hemos comprometido con más de 24,000 estudiantes en BCS."

¿Cuánta basura hay ahí afuera? Pablo recuerda: "Hicimos una limpieza en El Mogote en La Paz en marzo de 2021 con 200 voluntarios y ocho pangas. Esa basura la llevamos al basurero de La Paz que tiene una báscula, y supimos que ese día, habíamos recolectado exactamente 8.4 toneladas de basura. Estimamos que hemos limpiado más de 140 toneladas de basura de los arrecifes y manglares desde que iniciamos el proyecto en 2015." Algunas de las cosas que se encuentran en un manglar que nunca ha sido limpiado previamente, pueden ser sorprendentes para un novato. Cuenta Pablo: "Hemos encontrado máquinas de fax, lavadoras, electrodos, y tarros Mason de 50 años. Sacamos cuatro inodoros de porcelana de un mangle. Pensamos que la gente se había ido de campamento y buscaba un poco de privacidad. Es divertido fechar cosas que salen de las limpiezas. Hay una marca de cerveza llamada Carta Blanca que solía hacer sus botellas con una pequeña muesca en el costado. La idea era usar una botella para quitar la tapa a la siguiente. Esas botellas dejaron de fabricarse en 1970, así que cuando las encontramos, supimos que la basura tenía al menos 50 años."

Pablo tiene una visión a largo plazo en su búsqueda de limpiar los arrecifes y manglares de Baja California Sur. MAR LIBRE continúa en página 22

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# Mar Libre

continued from page 7



La Ventana

we cleaned again and took out 10 kilos of fishing line, and we think this was mainly because we didn't get it all the first time. In September 2017 we cleaned again and there

was only one kilo of fishing line. And with education, 100 kilos of fishing line will never build up in this spot again."

MAR LIBRE continued on page 23

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# Glory & Despair

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## Art Talk

by Jill Logan

### TO SEE AS AN ARTIST

Art is full of contradictions.

One conundrum that I have dealt with over the last thirty years, is to paint what I see or paint beyond what I see. When fully emerged in the visual, I can through my training, see something else going on. A type of magic in the sky, a layer of light and energy in the trees and wind, a vibrant spasm of life thrown into a figure, even a darkness that looms under a shadow.

In my early days I wanted to paint forms and color. I worked for some kind of shimmer in the juxtaposition of two complimentary colors next to each other—light jumping behind a dark cloud, or trees could be red, filtered with light lemon-green light, making it shimmer.

A gallery director once told me that it did not matter what I painted, but how I did it—with force and direction. Directedness so to speak. It requires the artist to really seek deeply for something that is not just about the subject matter. For instance, Van Gogh's chair that he painted several times, no longer was it just a chair.

I struggled with this as I felt I had something to say. Oh, the folly of youth. As I've grown wiser, I now know that 'seeing' is beyond just a visual moment. It requires contemplation and really looking deeply into the image. A leaf no longer is a leaf, but becomes a spectrum of different colors, some green perhaps, some red-violet, some light yellow-ochre, not easy to visualize. Look deeply into a flower—what is inside that calls out and how can you catch that with your paints and colors?

As an artist, I was taught to simplify, not to paint everything I see. Often now I use more than one photograph to pull together elements that would enhance and dramatically call me in to the piece. One must modify, delete, and rearrange in order to express your message. Can you fully be free to express yourself?

We have returned to the idea to know yourself and your own style as an artist, and once found, to keep pushing it to the limits. Don't be afraid to be bold and unique. It can make you feel very sensitive to put yourself out to the world and hear the remarks one gets on your efforts or your style. There are some wonderful artists in town who paint light in a *plein aire*, Ezra Katz and John Comer are two examples; they have mastered something that is truly remarkable.

I have attempted to paint on location with some sense of capturing as I see it, but then defer to add those bright reds, or deep purples, red-violets with lime-greens, blue greens with red-orange highlights. I really cannot help myself. It works for me. As I age and grow with my work,

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I find that I am drawn to creating a flow as the subject becomes a fluid scene. Almost as if there was a breeze attached to and moving each object in a dance of oneness. It's not really a conscious decision made, but one that flows out of the movement of the brush and forms.

I am always attracted to a good design, something that pulls me in and takes me somewhere I would not go in person. A flow that can hold me for hours as I watch it. A sense of mystery of light and shadow.

I like doing light sketches with pen and pencil to catch a certain design element that will work. Sometimes they look like scribbles but then morph into something else. A tree that becomes a female dancing in the wind.

When I was twelve, I went on a bus with my church group up a canyon for an overnight adventure. As we drove up the canyon, I saw an aspen tree holding up a second aspen that had fallen onto it. I was struck by how human it was. In my mind it was a man holding up a woman. From that moment I believe I humanized all my trees.

I also remember lying under a huge cottonwood tree outside my school in my senior year, mesmerized by the light coming through the leaves down on my body. A shimmering and glowing feeling that moved and danced. How could one re-create that in an image? Now that is the question.

*"Looking at a star you've never seen before  
Try and forget it  
So you can see it"*

Opening lines of the song "See it Like a Baby"  
by Marillion (British rock band)

Sometimes we don't really see because we think we know, and that gets in the way. Observe intently. Study the subject. Be as a child, slow down and really pay attention. A new awakening will occur with a new untainted view.



"Morning Sierra" 40" x 30" oil/canvas,  
by Jill Logan

Be part magician, part illusionist, who takes no bow and never appears on stage.

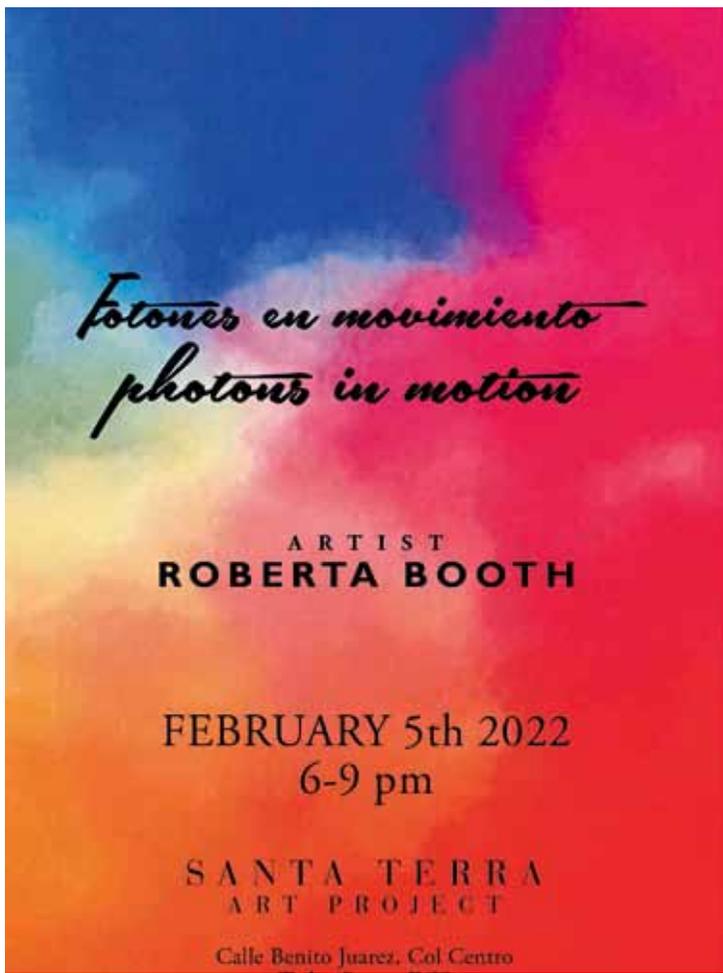
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# Luz Divina

por Ivonne Benítez

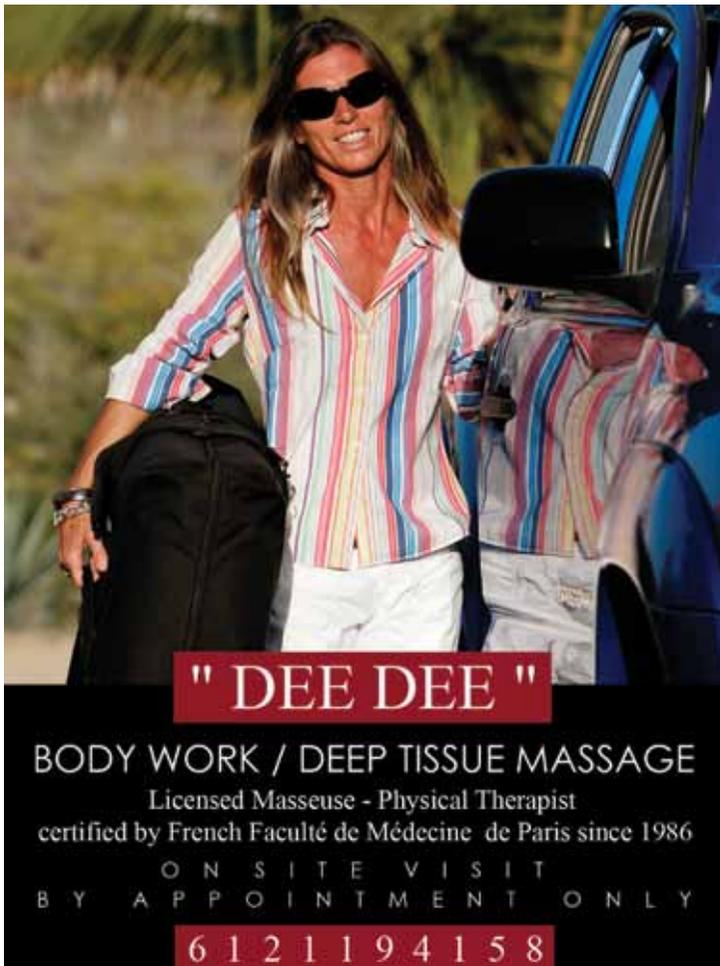
Roberta Booth estudió tanto en la Art Students League de Nueva York como en la Escuela de Artes Visuales de la ciudad de Nueva York. También estudió con Alexey Brodovitch en el estudio de Richard Avedon, así como con Art Kane y Bruce Davidson en Nueva York. Fue después de una exitosa carrera como modelo de alta costura para la agencia Ford, pasó al otro lado de la cámara y se convirtió en una fotógrafa reconocida internacionalmente. Sus fotos han aparecido en Vogue, Harper's Bazaar, Town and Country, y muchas otras publicaciones en todo el mundo. Sus fotografías de íconos como Andy Warhol, Roy Lichtenstein, Rauschenberg, Erté, The Rolling Stones, y Pink Floyd se han convertido en objetos de colección.

En 1982 Roberta se interesó por la tercera dimensión y entró en el campo de la holografía. Sus maestros fueron los inventores de este nuevo campo de visión que involucra láser y equipos de alta tecnología. Recibió muchos subsidios, comisiones, y fue comisaria de importantes exposiciones en museos como el Museo de Ciencia e Industria de Los Ángeles; Museo Powerhouse Sidney, Australia; Museo Estatal, Austria; y el Royal College of Art de Londres. En 1992, produjo el primer boleto holográfico para los Juegos Olímpicos de Barcelona. Fue en 1997 que construyó un domo en el desierto mexicano donde continúa sus estudios de luz. Ella está constantemente fotografiando la belleza de los cielos y el mar.

La nueva exhibición de arte de Roberta tiene que ver con la 'Luz pura.' Ella dice: "He nombrado estas *holofotos* porque son fotografías de mis hologramas hechas con un láser de pulso en el Centro de Artes Holográficas en la ciudad de Nueva York, hologramas maestros de tres colores, fotografiados, y luego impresos en lienzo como pergaminos. La luz láser es luz pura (coherente) y es fiel al espectro electromagnético."

Roberta fue una de las primeras artistas en trabajar con esta técnica y ahora es la primera en hacer fotografías de hologramas. Decidió fotografiar los hologramas para mostrarlos en una exhibición. Aunque no vea el movimiento en tres dimensiones como lo hace con un holograma, aún obtendrá los colores espectrales puros: luz coherente. Siempre están en movimiento y el color y la música se sienten conectados. Sus pergaminos tratan sobre el mar y el cielo; tanto en los pergaminos como en las imágenes, puede ver los colores de la naturaleza y puede encontrarlos meditativos y curativos.

El espectáculo es una oportunidad para ver pergaminos asombrosos, que juegan con el cielo, el mar y la luz curativa. La exposición inaugural de Roberta se llevará a cabo el sábado 5 de febrero de 6 a 9 pm en Santa Terra Art Project en Santa Terra en Todos Santos. Su trabajo estará en exhibición hasta marzo. Para disfrutar de la luz divina coherente y pura, estos rollos son fáciles de transportar en un tubo o doblados para llevarlo a casa.



# Divine Light

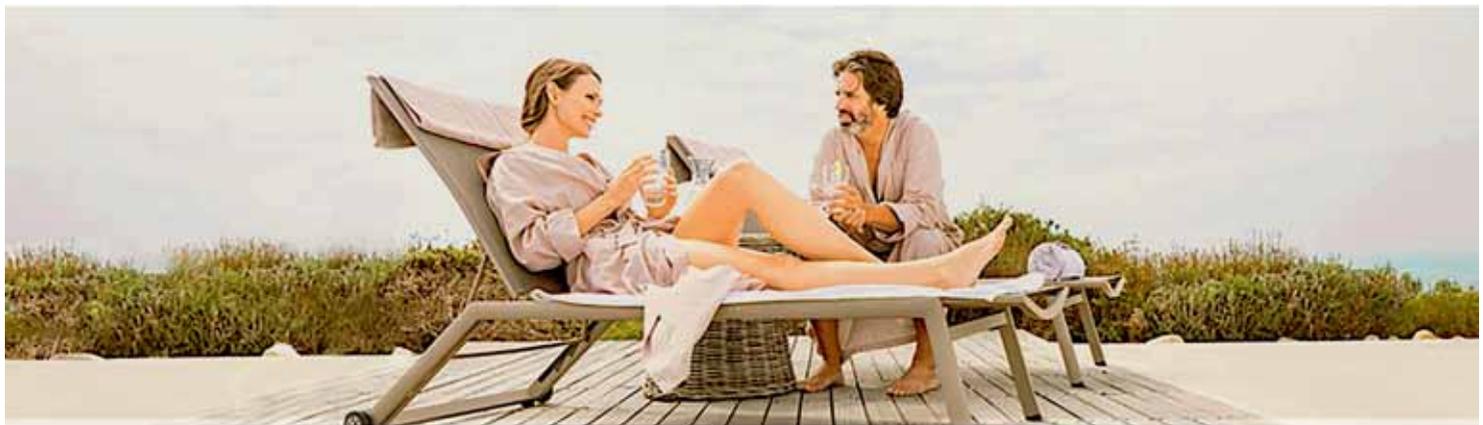
by Ivonne Benítez

Roberta Booth studied at both the Art Students League of New York and the School of Visual Arts in New York City. She also studied with Alexey Brodovitch at Richard Avedon's studio as well as with Art Kane and Bruce Davidson in NYC. It was after a successful career as a high fashion model for the Ford agency, she turned to the other side of the camera and became an internationally recognized photographer. Her photos have appeared in Vogue, Harper's Bazaar, Town and Country, and many other publications worldwide. Her photographs of icons like Andy Warhol, Roy Lichtenstein, Rauschenberg, Erté, The Rolling Stones, and Pink Floyd have become collectibles.

In 1982 Roberta became interested with the third dimension and entered the field of holography. Her teachers were inventors of this new field of vision involving laser and high-tech equipment. She received many grants and commissions and curated for major museums exhibitions such as Museum of Science and Industry Los Angeles; Powerhouse Museum Sidney, Australia; State Museum, Austria; and the Royal College of Art, London. In 1992, she produced the first holographic ticket for the Barcelona Olympics. It was in 1997 that she built a dome in the  
DIVINE LIGHT continued on page 37



scroll by Roberta Booth



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# Baja Salvaje

continuó de página 8



Carlos with Don Alejo in San Cosme.

Carlos con Don Alejo en San Cosme.

veces que lo capturamos en video, estaba ahí, en su mesa, mostrándonos una pequeña serpiente que apareció bajo su cafetera. "Tiene dos lindos ojitos negros y me está sonriendo con su boquita," dijo.

Tim deja un legado que ha inspirado a miles a explorar el mundo natural y despertar su curiosidad sobre la flora y fauna singular de la península, donde el desierto se encuentra con el mar; y a hacer de ello su profesión, como

protectores de la naturaleza. En el verano de 2020 Tim fue homenajeado con un mural de escorpiones, realizado en la casa familiar en La Paz por el artista oaxaqueño Ulises Martínez.

## AVENTURAS ICÓNICAS PARA VIAJEROS CONCIENZUDOS

Tim Means fundó Baja Expeditions a principios de la década de los setenta, convirtiéndose en un pionero del ecoturismo en el Golfo de California. Solía bromear que bajó por el río Colorado vía gravedad, ya que había estudiado geología y trabajado como guía de río en el Gran Cañón cuando joven. "Aunque era un hombre de pocas palabras, el Sr. Means tenía una forma de transmitir la importancia de sus proyectos y reclutar personas para sus causas. Hizo esto al invitar estratégicamente a una amplia gama de visitantes, incluidos científicos, cineastas y posibles donantes, a unirse a sus expediciones, donde se conectarían entre sí y con el mundo natural," apunta el New York Times. Pasó sus últimos días rodeado de miles de personas con ideas afines que igualmente se vieron atraídas por los sorprendentes paisajes y la cultura que inspiraron a Tim durante sus décadas en Baja California Sur, así como sus esfuerzos en el ecoturismo y la conservación.

En un breve video realizado por la secretaria de turismo, Tim dice sonriente "ven y quédate un rato," seguido de su inconfundible risa y un remate: "pero no demasiado." Esta frase adornaba las playeras portadas por sus amigos durante el homenaje en su honor en el malecón de La Paz. Previo a la pandemia, se reunieron más de mil personas para despedir a Tim. Todos quienes le conocieron tienen una historia que compartir.

La pandemia ha afectado y sigue afectando el turismo alrededor del mundo, y Baja California Sur no es la excepción. Carlos, hijo de Tim, sigue buscando formas de adaptarse a la "nueva normalidad" y ser creativo, de la misma manera en que la flora y fauna del desierto logran sobrevivir en el aire salado de la península. Baja Expeditions recientemente se ha aliado con Nautilus Liveboards a la vez que Carlos cambia su enfoque hacia el legado de la labor de Tim en conservación natural y proyectos de ranchos sustentables. Carlos comparte la inspiración y entrega que halló su padre en esta gran comunidad para

BAJA SALVAJE continúa en página 18



A graphic for MezCLA Concept Store. The logo features the word "Mez" in a stylized font with stars and "CLA" in a font with floral patterns. Below the logo, it says "CONCEPT STORE LA PAZ - TODOS SANTOS, BCS". At the bottom, there are social media icons for website, Instagram, Facebook, email, and phone, along with their respective contact information: MEZCLA.COM, MEZCLABCS, MEZCLABCS, MEZCLABCS@GMAIL.COM, and 612 137 4704. The address is listed as LA PAZ: INDEPENDENCIA NO.7 COL. CENTRO and TODOS SANTOS: BUILDING VILLAS DE TODOS SANTOS.

# Wild Baja

continued from page 9

A few years back I wrote a story for the *Journal del Pacifico* (Holiday/Navidad 2017/2018 #32) about Tim as a convener of like-minded people from a diversity of backgrounds, and how ideas were exchanged often around his kitchen table; amusingly he extended a place at that table to plenty of other creatures as well. One of the last times we caught Tim on video there, he was showing off a small night snake that appeared at the bottom of his coffee pot. "He's got two little black eyes and a cute little mouth, he's smiling."

Tim leaves a legacy that inspired thousands of people to explore the natural world and get curious about the unique fauna and flora where the desert peninsula meets the sea as a way of life—and one that needs protecting. During the summer of 2020 Tim was commemorated through murals of scorpions painted outside the family house in La Paz by the Oaxacan artist Ulises Martínez.

## ICONIC ADVENTURES FOR MINDFUL TRAVELERS

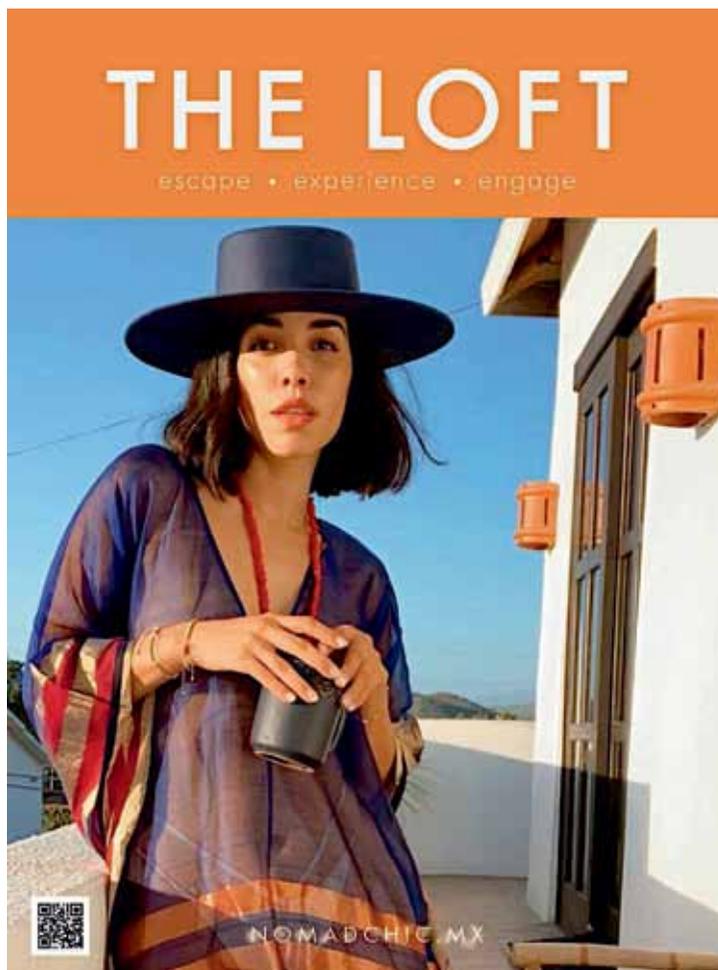
Tim Means founded Baja Expeditions in the early 1970s, pioneering eco-tourism in the Gulf of California. He once joked that gravity brought him south from the Colorado River, where he studied geology and worked as a Grand Canyon river-guide early in his career. "Though he was a man of few words, Mr. Means had a way of conveying the importance of his projects and recruiting people to his causes. He did this by strategically inviting a broad range of visitors, including scientists, filmmakers and potential donors, to join his expeditions, where they would connect with one another and the natural world." noted the NY Times. He spent his last days surrounded by a cast of thousands—like-minded folks also drawn into the striking landscapes and culture that inspired Tim's decades in Baja California Sur and his efforts in ecotourism and conservation.

"Come and stay a while," grinned Tim in a short video by the Tourism Board; then followed his signature chuckle and "Just don't stay very long." His friends put this phrase on the back of t-shirts for his memorial gathering on the La Paz malecón; pre-pandemic over a thousand people came out to send off Tim. Everyone who knew Tim has a story to share.

The pandemic has affected and continues to affect tourism around the globe as well as locally in Baja California Sur. Tim's son Carlos continues to find ways to adapt to the new normal, to get creative—much like the desert flora and fauna that resiliently thrives in the salt air of the peninsula. Now Baja Expeditions operations has taken on a partnership with Nautilus Liveboards as Carlos moves his focus to the legacy of Tim's work with land conservation and sustainable ranching projects. Carlos shares the same inspiration and desire that his father found in this extended community to preserve the health of unique local ecosystems through practical work.

## SHOULDERS OF GIANTS

Tim formed part of the web of vibrant life that is the WILD BAJA continued on page 19



# Women's Retreat & Eco Camp: Espiritu Santo Island 27 April - 1 May, 2022



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# Baja Salvaje

continuó de página 16

preservar la salud de ecosistemas singulares a través del trabajo aplicado.

## HOMBROS DE GIGANTES

Tim formaba parte de una red vibrante multi-generacional de personas, en todos los sectores sociales y basada en el trabajo en familia, que busca preservar la historia natural y herencia cultural local. Bruce Berger, afamado autor y músico, amigo de Tim y también defensor ambiental de Baja California Sur, falleció poco después de Tim, en febrero de 2021. Berger también era miembro de la mesa directiva de Niparajá. Means fundó Niparajá en 1990 junto con el autor, fotógrafo, y conservacionista Enrique Hambleton y la empresaria, floriculturista, y conservacionista de origen francés, Susana Mahieux. La organización, cuyo nombre deriva de la deidad prehispánica Niparajá, "dios de los Pericúes, señor del cielo y el mar, creador de la península, de sus plantas, animales y seres humanos," está comprometida con la protección ambiental y el desarrollo ordenado de la sociedad.

Entre los múltiples logros de la organización en materia de protección ambiental podemos incluir el éxito en la protección de la Isla Espiritu Santo y las aguas circundantes como reserva nacional en 1994; un año después la UNESCO agregó este santuario a su lista de Sitios de Patrimonio Mundial. Tim Means fue instrumental en reunir inversionistas durante la campaña para comprar las tierras de la isla que eran propiedad privada, y que posteriormente fueron donadas para su protección.

Means y Berger también colaboraron en apoyo de la creación de un sistema privado de reservas, y según Enrique Hambleton, "Bruce Berger fue un gran amigo de Niparajá por décadas, como miembro de la mesa directiva y a través de su compromiso a la conservación del patrimonio natural de Baja California Sur, sus mares y sus islas." El Aspen Daily News, en su homenaje a Berger en 2021, apunta que "su amor de décadas por la península de Baja California quedó plasmado en su libro 'Almost an Island' (Casi una Isla)." Francisco Olmos, director ejecutivo de Niparajá y coordinador de su programa de conservación de tierras, reflexiona sobre el doble legado de Tim Means: Por un lado estableció las bases para la creación de la Reserva de la Biósfera de Sierras La Giganta y Guadalupe (labor aún en proceso), y por otro lado impulsó el sistema de reservas privadas que conserva 7,300 hectáreas en el llamado corredor del Mechudo entre Loreto y La Paz, cerca de la comunidad de Agua Verde. Las redes sociales de Niparajá contienen más información, a través de su video serie sobre la región y la reserva de la biósfera, en palabras de los mismos residentes locales, titulada "Sierras La Giganta y Guadalupe: Historias de Un Proceso Social y de Conservación."

## PERDURA EL LEGADO DE PREDICAR CON EL EJEMPLO

La vieja península y la nueva coexisten en las historias, las personas y los lugares. El legado de Tim perdura en todos quien le conocieron e igualmente se inspiraron

BAJA SALVAJE continúa en página 31



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# Wild Baja

continued from page 17

family-oriented, multi-generational effort across sectors to preserve local natural history and cultural heritage. He was followed in death by another friend and advocate for Baja's wild places, famed writer and musician Bruce Berger, who passed away in February 2021; Berger also sat on the board of Niparajá. In 1990, Means co-founded Niparajá together with Enrique Hambleton, writer, photographer, and conservationist and Susana Mahieux, a businesswoman, floriculturist, and conservationist of French origin. Committed to "the protection of the environment and an orderly development of society," the NGO is named for a regional pre-Hispanic deity: "Niparajá the God of the Pericú, lord of heaven, of the sea and the earth, creator of the peninsula, its plants, animals and human beings."

Significant multiprong conservation efforts by the extended

group include the success of protecting Isla Espíritu Santo and surrounding waters as a Mexican national preserve in 1994; a year later, UNESCO added this sanctuary to its roster of World Heritage Sites. Tim Means was among those who led the charge to convene stakeholders in the campaign to buy the private property on the island, then eventually donate it for protection.

Means and Berger also collaborated to support the development of a private reserve system, and Enrique Hambleton wrote: "Bruce Berger was a great friend of Niparajá for decades, being a member of our board and demonstrating his deep commitment to the conservation of Baja California Sur's natural capital, its seas and islands." "[Berger's] decades-long love for the Baja peninsula is chronicled in 'Almost An Island.'" wrote the Aspen Daily News in his 2021 obituary.

WILD BAJA continued on page 31

WINNER  
Jodie Felt  
Film Award

REMI WINNER  
2021

DOCS

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## february

**February 2** | 3 pm, **TSWW FACULTY CRAFT DISCUSSION** "How We Do What We Do" in the Casa Dracula gardens. Open to the public.

**February 3** | 3 pm, **TSWW CRAFT OF WRITING**. Guest Speaker in the Casa Dracula gardens. Open to the public.

**February 4** | 4 – 8 pm, **ART OPENING** 'Glory & Despair' at **Galeria Militar**, Todos Santos. Featuring new works by Anne Hebebrand. Works will be displayed through March 15. For more information visit: [www.galeriamilitar.com](http://www.galeriamilitar.com)

**February 5** | 6 – 9 pm, **ART OPENING** 'Pure Light' by **Roberta Booth** at **Santa Terra Art Project** at Santa Terra in Todos Santos. Works will be on display through March. See the article in this issue for more information.

**February 13** | **SUPER BOWL LVI**

**February 19 - 27** | **11<sup>TH</sup> "WRITING DOWN THE BAJA" CREATIVE WRITING RETREAT** at Serendipity hotel in Todos Santos. Led by Ellen Waterston. All levels of poetry and prose writers welcome. For more information visit [www.writingranch.com](http://www.writingranch.com), call 001.541.480.3933 or email [info@writingranch.com](mailto:info@writingranch.com)

**February 23** | 7 – 10 pm, **BRANDO'S BIRTHDAY BASH** at **Shaka's Cantina** in Cerritos. With Live music by metal group Tarröhead.

## march

**TODOS SANTOS OPEN STUDIO TOUR:** We regret to inform that due to increased public health concerns regarding the rise

in COVID-19 cases in our community, **The Palapa Society of Todos Santos, A.C.** has decided to cancel this year's Todos Santos Open Studio Tour. For more information, please visit their website, [TodosSantosOpenStudio.org](http://TodosSantosOpenStudio.org).

**March 10** | **JOURNAL DEL PACIFICO SPRING ISSUE DEADLINE.**

**March 17** | **ST. PATRICK'S DAY PARTY/PESCADERO FOOD BANK CHARITY EVENT** at **Shaka's Cantina** in Cerritos. Special of the day: homemade corned beef and cabbage with roasted baby potatoes and carrots.

**March 17** | 3 pm until the food is gone, **LUCKY ANNUAL 27<sup>TH</sup> ST. PATY'S DAY** at Shut Up Franks in Todos Santos. Serving Frank's famous homemade, one-month-cured, corned beef and cabbage dinner with potatoes, carrots, hot mustard, and special horseradish sauce, \$250 pesos.

**March 28 - 31** | **4<sup>TH</sup> INTERNATIONAL SANGHA YOGA FEST** at **Cuatro Vientos**, Todos Santos.

## april

**Date TBA** | **TENTATIVE PALAPA SOCIETY CARRERA DE TODOS SANTOS (5K)**. A final decision to proceed depends on the status of government COVID-19 restrictions at the time. For more information visit: [www.palapasociety.org](http://www.palapasociety.org)

**April 27 - May 1** | **WOMEN'S RETREAT & ECO-CAMP**. Calling all women ready to rise to meet whatever's next with renewed energy and in style. A special island eco-retreat just for women and a transformative spring experience on Espiritu Santo Island. Get the most out of your time in nature and community. Leave with new ideas and mind-body practices to support your sustainable lifestyle. Led by La Paz's **Elizabeth Hammond**, a Leadership Coach, Wilderness & Yoga Instructor, and Lifestyle Strategist. Covid Protocols observed. For more information: [www.elizabethhammond.com](http://www.elizabethhammond.com)

## HAPPY HOUR

**Casa Maya/Barefoot Cantina** **Su M W Th F Sa 3 – 6 pm**, 25 peso Mexican beer, 50 peso house margaritas and tequila shots.

**Cerritos Beach Inn** **Su M T W Th F Sa 2 – 6 pm**, 2x1 beer and classic margaritas.

**Restaurant Benno**, **F 5 – 9 pm**, Drink specials.

**Shaka's** **Su M T W Th F Sa 4 – 6 pm**, 50% off: Cerritorita, George's Paloma, J.B. Special, P.P. Paloma, Shakarita, house margarita, and house tequila.

**Shakti Bowl**, Las Tunas **M F 6 – 8 pm**, Beer 2x1.



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# every week

Discover the Fine Art Galleries of Todos Santos  
[www.todossantos.art](http://www.todossantos.art) for a map and further information.

## sunday

8:30 am – 2 pm, **ORGANIC MARKET & LIVE MUSIC** at Baja Beans Cafeteria, Pescadero.

6 pm, **SUNDAY SESSIONS** at Todos Santos Brewing.

## monday

10 am – 1 pm, **PALAPA LIBRARY OPEN**, Todos Santos. Palapalibrary@gmail.com

12 pm, **CONVERSATIONAL SPANISH** at **Hablando Mexicano** in Todos Santos. No grammar, just conversation. Solo español. Past tenses/pasados. \$150 mn (4 classes \$500 mn).

6 – 8 pm, **LIVE MUSIC** at **Shakti Bowl** in Las Tunas. Beer 2x1.

## tuesday

8:30 am – 1 pm, **LA PAZ FARMER'S MARKET** on calle Madero between 5 de Mayo and Constitución, La Paz.

4pm, **READING CLUB** at **Hablando Mexicano** in Todos Santos. Reading *American Dirt*. \$1,500 mn (4 classes and book in Spanish).

4 pm, **ROCKIN' TACO TUESDAY** at **Chill N Grill** in Todos Santos. Live music 6 – 9 pm.

6:30 pm, **PARGAZZ GYPSY JAZZ** at **Tre Galline** in Todos Santos.

## wednesday

8 am – 3 pm, **CERRITOS MARKET**, Cerritos Beach.

9 am - 1 pm, **LOCAL MARKET** at **La Esquina Café** in Todos Santos.

10 am – 1 pm, **PALAPA LIBRARY OPEN**, Todos Santos. Palapalibrary@gmail.com

1 pm, **READING CLUB** at **Hablando Mexicano** in Todos Santos. Subjunctive tense (Advanced Spanish) with *No Manden Flores*, by Martin Solares. \$1,500 mn (for 4 classes and book in Spanish).

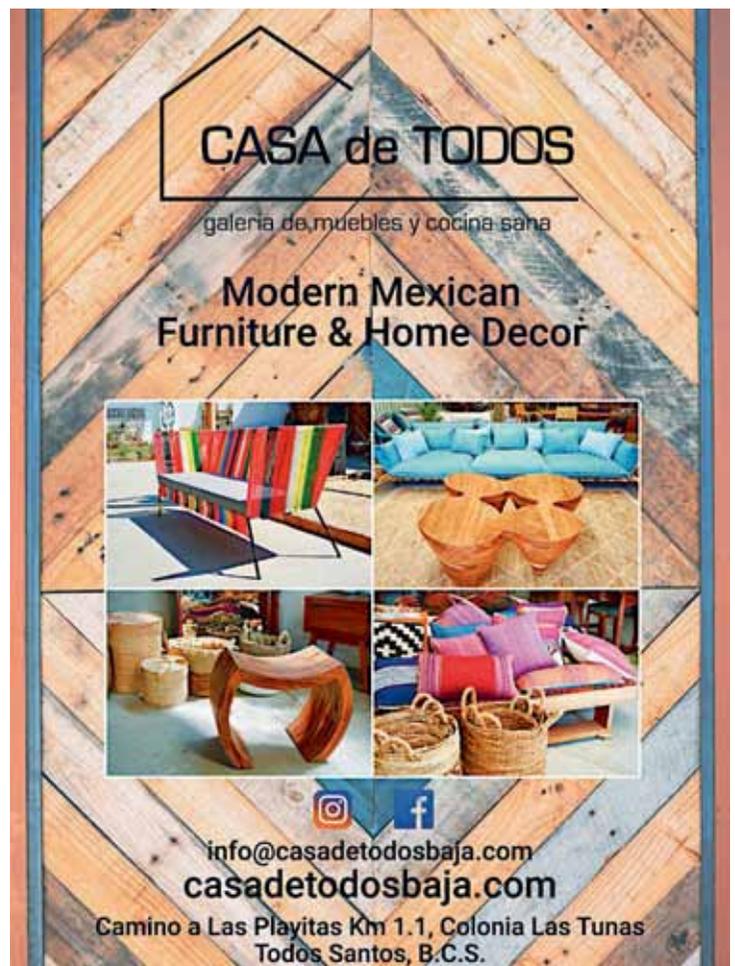
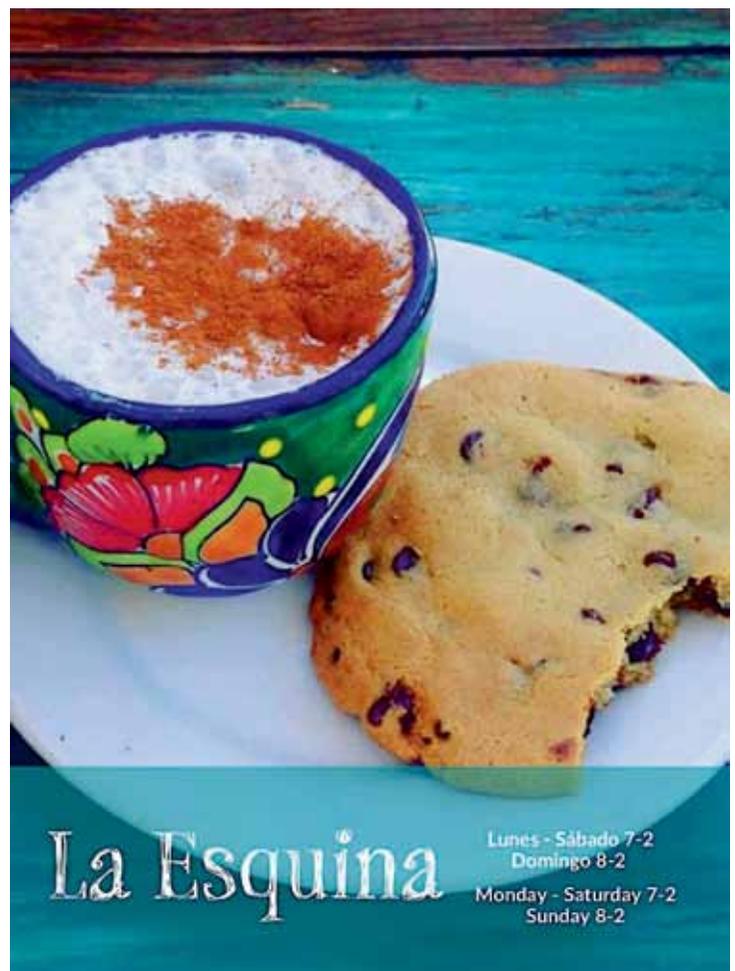
## thursday

8:30 am – 1 pm, **LA PAZ FARMER'S MARKET** on calle Madero between 5 de Mayo and Constitución, La Paz.

9 am – 2 pm, **PUNTO VERDE RECYCLING CENTRE** behind Super Pollo, off calle Del Huerto at the southern entrance of Todos Santos. Bring your paper, #1 & #2 plastics, batteries, cardboard, cans, metal, Styrofoam, clear glass and electronics. 50 peso minimum donation, electronics are 80 pesos. Please separate and clean materials. For information: [ecorreolucionmx@gmail.com](mailto:ecorreolucionmx@gmail.com), (612) 139-4789

12 pm, **CONVERSATIONAL SPANISH** at **Hablando Mexicano** in Todos Santos. No grammar just, conversation. Solo español. Subjuntivo - imperativo. \$150 mn (4 classes \$500 mn).

WEEKLY EVENTS continued on page 46





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# Mar Libre

continuó de página 10



Guías

“Cuando vamos a un lugar nuevo, literalmente nadie en la historia humana ha limpiado ese lugar antes. Puede ser abrumador en la primera limpieza, pero las visitas posteriores son alentadoras. El arrecife Pargo Villa cerca de Isla Cerralvo es un buen ejemplo. En septiembre de 2015 limpiamos ese arrecife por primera vez, y sacamos 100 kilos de hilo de pesca. En septiembre de 2016 volvimos a limpiar y sacamos 10 kilos de hilo de pesca y pensamos que esto se debió principalmente a que no lo sacamos todo la primera vez. En septiembre de 2017 volvimos a limpiar y solo quedaba un kilo de piola para pescar. Y con educación, nunca se volverán a acumular 100 kilos de hilo de pesca en este lugar.”

Mar Libre existe solo en los corazones y las mentes de los kayukeros, surfistas, buzos, navegantes, biólogos, estudiantes, y otros amantes del océano que ofrecen voluntariamente su tiempo, energía y recursos para limpiar nuestros arrecifes y manglares. No hay oficina, ni personal, ni estatus de ONG, ni presupuesto, ni fondos. El objetivo de Pablo es inclusive acabar con esa realidad. “Queremos limpiar y educarnos fuera de esa existencia.” Pero ese momento aún no ha llegado y queda mucho trabajo por hacer. Todos están invitados a unirse al movimiento Mar Libre y participar en las limpiezas mensuales de arrecifes y manglares. Invite a sus amigos, su familia, su grupo escolar, sus compañeros de oficina a unirse a usted!

### MANERAS DE CONTACTARSE:

Facebook: <https://www.facebook.com/Mar-Libre-1427941930867030>

Email: [mantamexico@hotmail.com](mailto:mantamexico@hotmail.com)

Teléfono: 612-154-9859

Todos Santos Eco Adventures (TOSEA), la empresa líder en eco aventuras en Baja California Sur te invita a unirse a ellos en las siguientes iniciativas para ayudar a preservar los hábitats de Baja California de los que dependen tanto nuestras especies nativas y migratorias:

Captura de carbono con Tomorrow's Air. TOSEA es un MAR LIBRE continúa en página 40



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# Mar Libre

continued from page 11

Beach clean-up

*Mar Libre* exists only in the hearts and minds of the kayakers, surfers, divers, sailors, biologists, students, and other ocean lovers who volunteer their time, energy, and resources to cleaning our local reefs and mangroves. There is no office, no staff, no NGO status, no budget, no funds. Pablo's goal is to wipe out even that reality. "We want to clean and educate ourselves out of existence." But that moment is not yet at hand and much work remains to be done. Everyone is invited to join the *Mar Libre* movement and participate in the monthly reef and mangrove cleanups. Invite your friends, your family, your school group, your office mates to join you!

### WAYS TO BE IN TOUCH:

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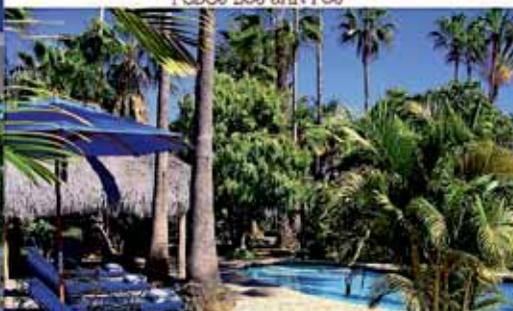
Telephone: 612-154-9859

Todos Santos Eco Adventures (TOSEA) is the leading eco adventure company in Baja California Sur. TOSEA invites

you to join them in the following initiatives to help preserve the habitats of Baja California that both our native and migratory species depend on:

**Carbon Capture with Tomorrow's Air.** TOSEA is a carbon capture education partner with Tomorrow's Air, and to date has supported the removal of one ton of carbon dioxide from the air. All *homo sapiens* who migrate to Baja are invited to join TOSEA in supporting this incredible project that was awarded Newsweek's 2021 Future of Travel Award in the Visionary category—it is not carbon offset, it is actually removing CO<sub>2</sub> from the air and storing it deep underground. [www.tomorrowsair.com](http://www.tomorrowsair.com).

**Zero Waste Alliance of Todos Santos and Pescadero (ZWA).** TOSEA is a proud supporter of the ZWA which is actively working to reduce the amount of waste that goes to the local landfill and build circular economies around that waste. All *homo sapiens*, both native and migratory, are invited to join the movement! [www.facebook.com/alianzacerobasuratodosantos](http://www.facebook.com/alianzacerobasuratodosantos)



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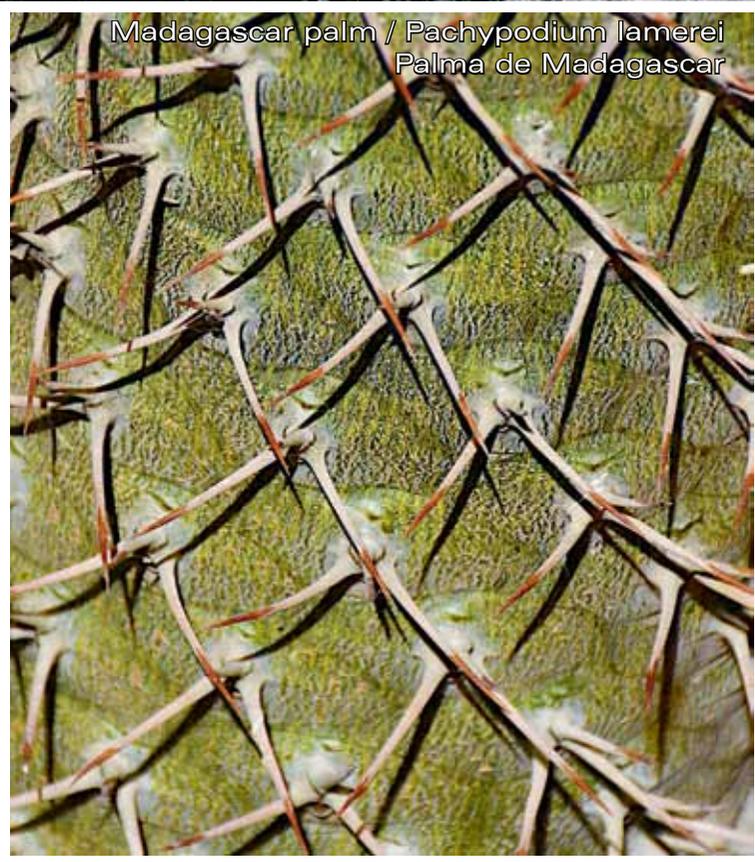
# Patterns in Nature

story & photos by Kaia Thomson

Gray whale bubbles foam  
Espuma de ballena gris



Hummingbird  
Colibrí



Madagascar palm / Pachypodium lamerei  
Palma de Madagascar

The natural world is full of visible regular forms, known as patterns, including spirals, meanders, symmetries, waves, stripes, cracks, foams, and tessellations. Patterns in living things can express underlying biological formation processes found in flowers, birds, shells, and many other life forms. These living patterns frequently have abstract designs, shapes, and configurations accompanied by unique colors and patterns.

Fractal-like patterns occur widely in nature, in phenomena as diverse as cloud shapes, mountain ridges, coastlines, animal coloration, snowflakes, and ocean waves. Fractals are similar patterns that recur outward at progressively smaller scales from the base, such as trees, fan corals, and even cauliflower.

Spirals are common in many plants and animals, most notably in mollusk shells, cactus, and sunflower seed heads. Spirals are low energy compact configurations that help the organism maximize resources, like sunlight for photosynthesis and provides strength against the elements of living in a hostile environment—such as a chambered nautilus in the sea.

Tessellations are generally organized in repetitive overlapping patterns on a flat surface, like the natural tiles

PATTERNS continued on page 26

# Patrones en la Naturaleza

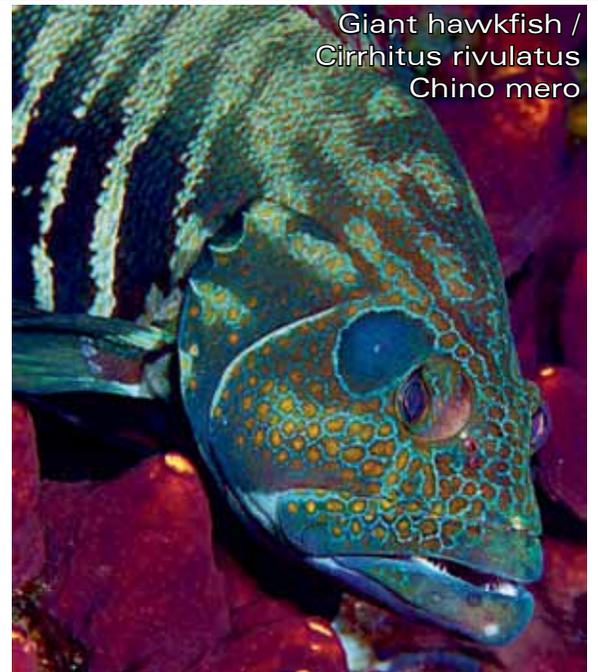
historia y fotos de Kaia Thomson  
traducido por Ivonne Benítez

Fractal cloud pattern  
Patrones de fractales en nubes

El mundo natural está lleno de formas regulares visibles, conocidas como patrones, que incluyen espirales, meandros, simetrías, ondas, rayas, grietas, espumas, y mosaicos. Los patrones en los seres vivos pueden expresar procesos de formación biológica subyacentes que se encuentran en flores, pájaros, conchas, y muchas otras formas de vida. Estos patrones vivos frecuentemente tienen diseños, formas, y configuraciones abstractas acompañadas de colores y patrones únicos.

Los patrones similares a los fractales ocurren ampliamente en la naturaleza, en fenómenos tan diversos como las formas de las nubes, las cordilleras montañosas, las costas, la coloración de los animales, los copos de nieve, y las olas del océano. Los fractales son patrones similares que se repiten hacia afuera en escalas progresivamente más pequeñas desde la base, como árboles, corales de abanico, e incluso coliflor.

Las espirales son comunes en muchas plantas y animales, sobre todo en las conchas de moluscos, cactus, y cabezas de semillas de girasol. Las espirales son configuraciones compactas de baja energía que ayudan al organismo a maximizar los recursos, como la luz solar para PATRONES continúa en página 26

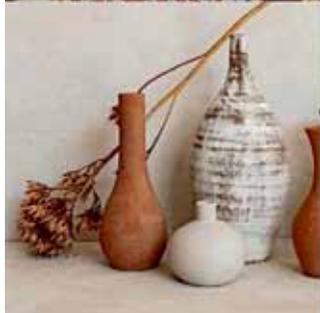


  
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# Patterns

continued from page 24

Lizard's tail  
Anemopsis californica  
Hierba de manso

of honeycomb, fish scales, and pineapples. Tree bark, dried mud, and volcanic formations might sound like a familiar example of cracks, which are the linear openings that form in various materials to relieve stress.

Spots and stripes have an evolutionary explanation, basically survival! Camouflage for hiding and for hunting give the animal a better chance at living and reproducing. They can also signal, "Don't eat me!"—spots, stripes, and bold bright warning colors to indicate poison, bitter, or distasteful.

PATTERNS continued on page 35

# Patrones

continuó de página 25

la fotosíntesis y proporciona fuerza contra los elementos de vivir en un entorno hostil, como un nautilus de cámara en el mar.

Los mosaicos generalmente se organizan en patrones superpuestos repetitivos sobre una superficie plana, como los mosaicos naturales de panal, escamas de pescado, y piñas. La corteza de los árboles, el lodo seco, y las formaciones volcánicas pueden sonar como un ejemplo familiar de grietas, que son las aberturas lineales que se forman en varios materiales para aliviar la tensión.

Las manchas y rayas tienen una explicación evolutiva, básicamente supervivencia! El camuflaje para esconderse y para cazar le da al animal una mejor oportunidad de vivir y reproducirse. También pueden señalar, "¡No me comas!"—manchas, rayas, y colores de advertencia llamativos y brillantes para indicar veneno, amargo, o desagradable.

Así como el viento se mueve a través del aire, las corrientes, conocidas como meandros, se mueven a través del agua, de un lado a otro, como serpientes acuáticas gigantes en el mar. Las burbujas creadas por varias acciones de aireación crean espuma, que finalmente se convierte nuevamente en agua cuando se rompen, y luego puede continuar el ciclo de agua a burbujas y espuma.

¡Todos estos patrones en el entorno de vida tienen un propósito, una razón, una belleza, y una función relacionada con el equilibrio, la continuación y la necesidad!

Scan this QR Code for more information.

Saint Jude's pharmacy also in

# El Pescadero

We are located in front of Pemex gas station

# El Cielo: The Baja Sky

by Roc Fleishman  
photo by Kaia Thomson

Welcome the February/March edition of *El Cielo* for 2022, highlighting the most interesting sights and movements of the heavenly objects above Baja California Sur. Keep this list close at hand and enjoy the sky.

There are lots of bright stars visible during the clear nights of winter. The most distinct constellation is Orion and its Great Nebula (look for the small fuzzy cloud in the sword), up all evening into the early morning. The Southern Cross (Crux) is obvious when you see it, visible due south, very low to the horizon for a few hours each clear night for the next few months. At the beginning of February, it is straight up at about 4 am. My favorite globular star cluster for binocular and telescope viewing, Omega Centauri, also makes its appearance at this time of year. It follows behind Crux, 15° above and to its left and due south at 5 am on February 1. Due to fundamental solar system mechanics, all the stars (and the far outer planets) advance about two hours each month, so if what you are looking for was straight up in the south at 4 am on February 15, on March 15 it will be straight up at 2 am and so on.

The planets are all near the sun for a while. Jupiter is pretty much not visible, on the other side of the sun. The other four are visible in the early morning hours, with Mercury making its best appearance mid-February and Venus peaking in the first half of March.

## MOON/PLANET CALENDAR FEBRUARY

- 2 New moon visible. You can look for it on the first, but it will be very difficult to see.
- 26 The waning crescent moon rises around 3:30 am with a group of planets. Venus is 10° to its left, while Mars, then Mercury, then Saturn are arrayed down the ecliptic.
- 27 Tonight the moon is just below Mars, Venus above Mars, and with Mercury and Saturn below left.
- 28 This morning, the thinning crescent moon rises around 5:30 am just to the right of Mercury and Saturn.

## MARCH

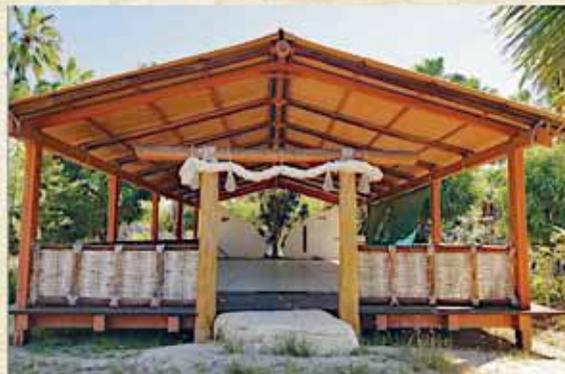
- 3 New moon.
- 20 Equinox at just after 8:33 am, when the sun's path crosses the equatorial plane and we move into astronomical springtime.
- 28 The waning crescent moon rises around 4 am in a group of planets, with Mars above, Venus above left, and Saturn between the moon and Venus.

No bright comets or meteor showers are expected, but you never know what might be up there waiting to be seen.

EL CIELO continued on page 35



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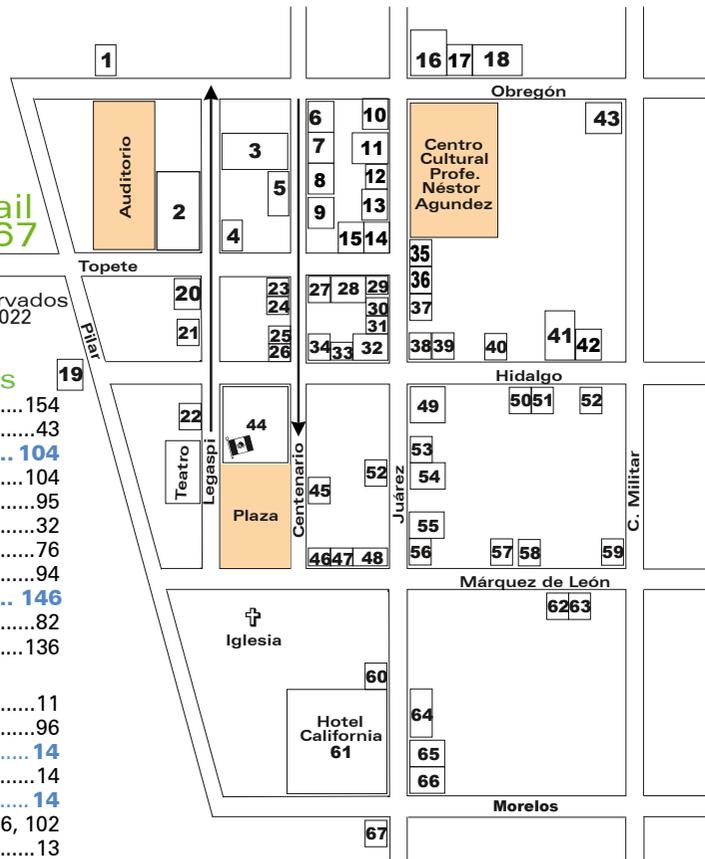
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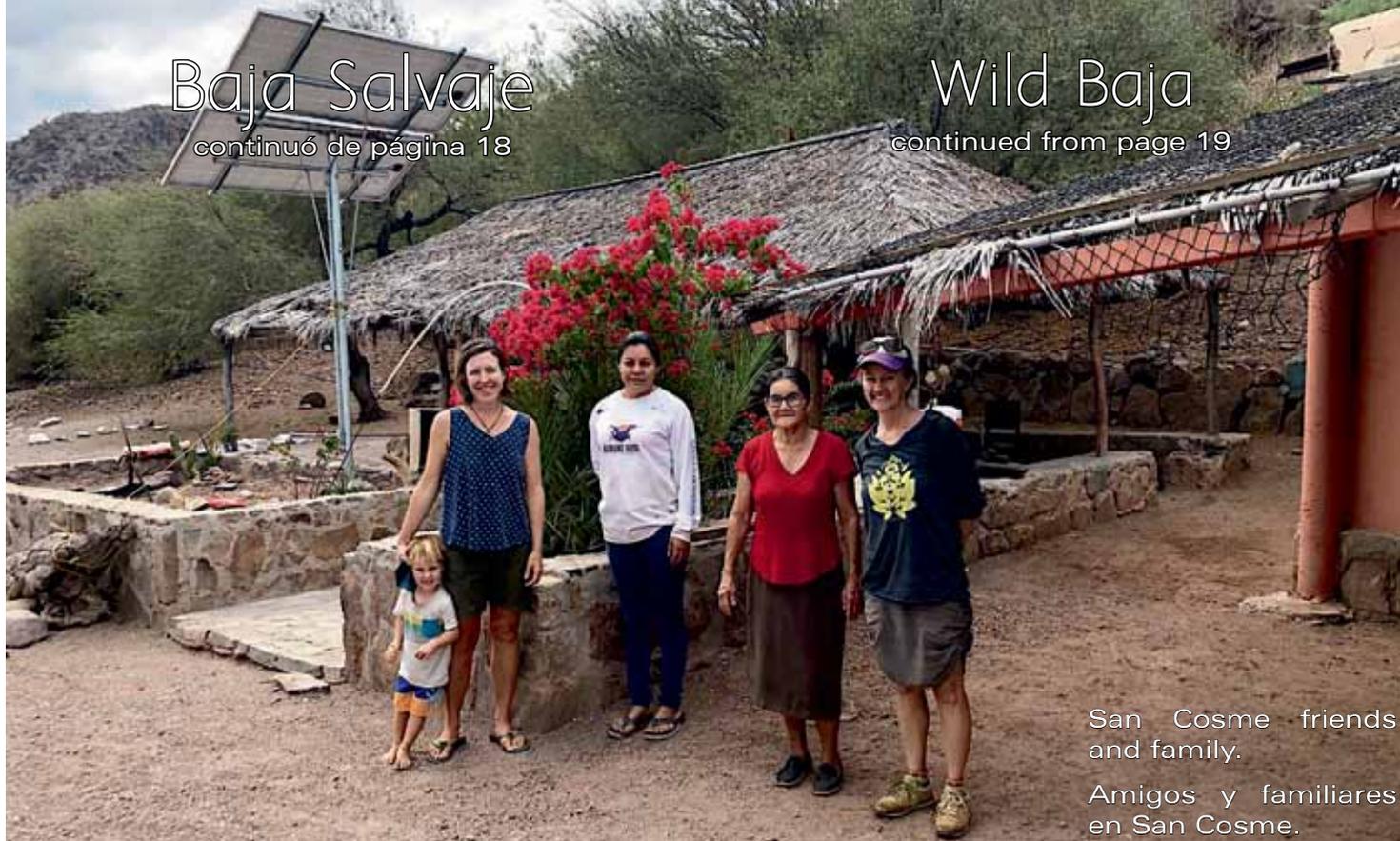
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San Cosme friends and family.

Amigos y familiares en San Cosme.

viviendo, trabajando, y aprendiendo en la naturaleza y luchando por su protección. Parece haber cierto tipo de choyero y choyera—ya sea nativo o adoptivo—que deriva gran placer de la continua exploración de los desiertos y los mares. Carlos y yo pasamos largos y frecuentes ratos en excursiones con amigos, familiares, y colegas; de estos últimos podemos mencionar a las familias Warren-Rojas y Schimelpfenig-Campbell, tras haber colaborado en organizaciones como el Proyecto Ecológico Internacional (EPI por sus siglas en inglés) y NOLS (Escuela Nacional de Liderazgo al Aire Libre, por sus siglas en inglés) y a través de proyectos con la Fundación Comunitaria Internacional (ICF).

En 2005 Tim ayudó a EPI a establecer su programa en La BAJA SALVAJE continúa en página 40

Niparaja's Executive Director Francisco Olmos and coordinator of their land conservation programming reflects that Tim Means' legacy was twofold: helping to establish the basis for the (still in progress) establishment of the Sierras la Giganta and Guadalupe Biosphere Reserve, as well as the creation of a private reserve system that conserves 7,300 hectares of land in the Mechudo corridor between Loreto and La Paz near the community of Agua Verde. More information is available on Niparaja's social channels through their current video series about the region and biosphere reserve in the words of local residents: "Sierra La Giganta y Guadalupe: Historias de Un Proceso Social y de Conservación—Stories of a Social Process and Conservation."

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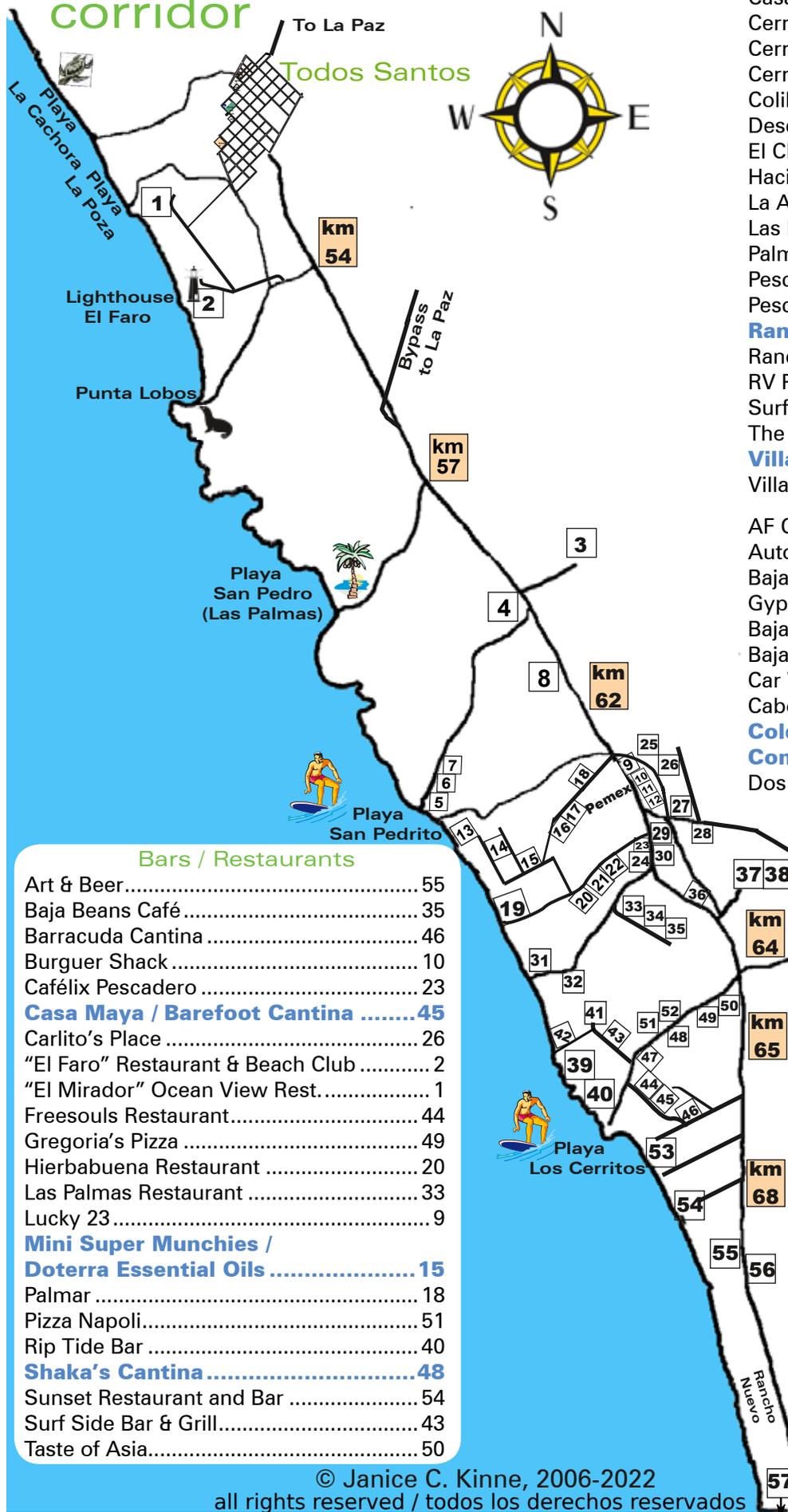
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To Elías Calles and  
Cabo San Lucas

# Beaches / Playas

by Janice Kinne

Todos Santos lies inland along the rugged Pacific coast. There are miles of beautiful white sand beaches accessible down unmarked dirt roads.

This stretch of the Pacific Ocean is a very dangerous place to swim at any time of the year. Strong rip currents and backwash are common. People have drowned in waters near Todos Santos simply because they were too close to the ocean while on beaches with steep drop-offs. There are no lifeguards on duty at any area beaches.

You can access the **LA POZA** and **LA CACHORA** beaches via the La Cachora road. Both are suitable for walking, fishing, whale watching, relaxing, or sunbathing. They are not swimming beaches.

Because of the big waves breaking on the shore, La Cachora beach has become popular with skim boarders.

La Poza has a large freshwater lagoon that is great for bird watching. If you are going to swim in the lagoon be very careful. The lagoon may appear to be shallow, but has many sudden drop-offs and is actually very deep.

**PUNTA LOBOS**, named for a sea lion colony, is also known as the fishermen's beach. Simply follow calle Francisco Bojorquez Vidal (formerly calle Punta Lobos) south out of town, or turn off at km 54 from Highway 19. You will pass an old cannery from the days when fishermen could harvest sea turtles legally. There is a small freshwater lagoon at Punta Lobos with a shrine to the Virgin.

The fishermen ride their *panga* boats on the waves onto the beach between 1 and 3 pm. Their return is exciting to watch and you can usually buy fresh fish from the cooperatives.

The two fishing cooperatives have exclusive rights to the "launch zone" at Playa Punta Lobos. For reasons of safety and due to past problems, boat launching at Punta Lobos is not permitted without their express permission.

The only recommended swimming beaches are outside of Pescadero. **SAN PEDRO**, also known as **PALM BEACH** (*Playa Las Palmas*), is near km 57. Its entrance is across Highway 19 from the Campo Experimental—stay to the left as you pass the abandoned hacienda. Las Palmas is a beautiful, secluded beach surrounded by a palm grove with a freshwater lagoon that is home to a variety of plants, birds, and wildlife.

Due to strong currents (especially near the rocky point), swimming is safer 50 meters from the rocks. Swim with caution and always have a land reference. The property surrounding Palm Beach is privately owned. The gates are open from 6 am to 9 pm daily. Car break-ins have been reported at Palm Beach. Leave your valuables at home!

**PLAYA SAN PEDRITO** is a rocky surfing beach around km 60, about 4.6 miles (7.4 km) from Todos Santos.

**PLAYA LOS CERRITOS** is located at km 64 about  
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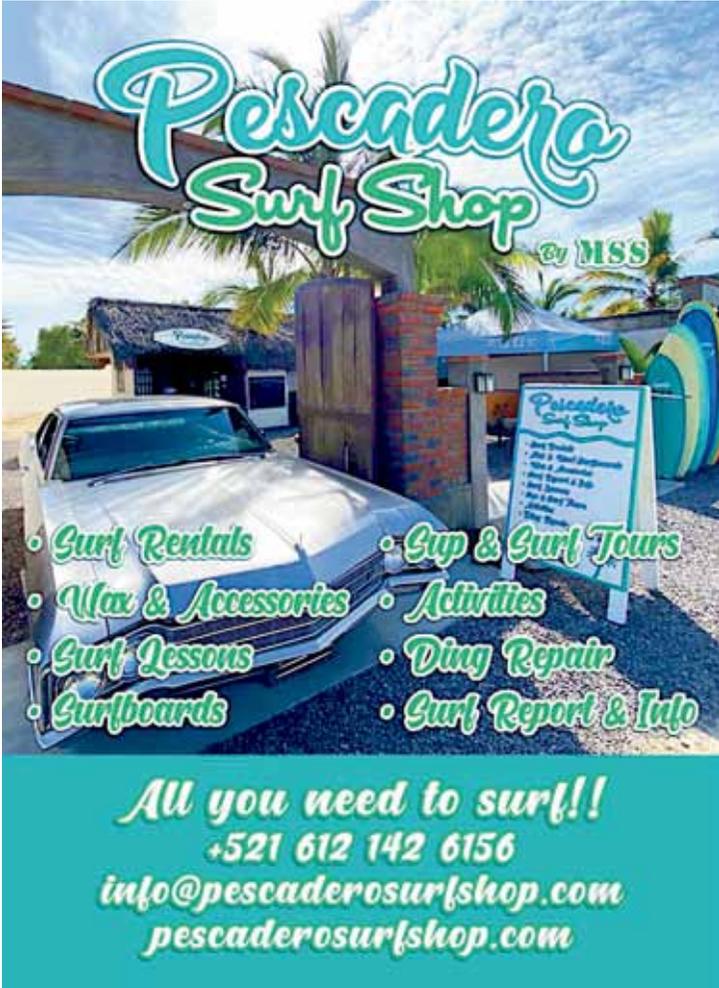
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# Beaches

continued from page 33



by Mikayla Jones

eight miles (12.8 km) south of Todos Santos. Look for the turnoff after the hill, south of Puente El Pescadero. Los Cerritos is a popular spot for surfing, boogie boarding, swimming, and fishing. Swim with caution due to strong riptides near the rocks. It is recommended to stay at least 50 meters from the rocks. The most secure swimming area is in front of the restaurant/bar. Swim with caution and always have a land reference. There is a long stretch of beach to the south that is perfect for walking or running. Surfboard rentals and other services are available. Due to COVID-19, there are now three access filters. Only 200 people will be allowed to enter per filter to give a total capacity of 600 people per day.

**MARIO'S SURF SCHOOL** provides surfing lessons, board rentals, repairs, and accessories. Call for information.

**PESCADERO SURF SHOP**, #34 on the Pescadero map. The surf shop stocks everything you need for surfing: surfboard rentals, used and new surfboards for sale, wax, ding repair, accessories, surf reports and information. You can also arrange surf lessons, surf and SUP tours, and activities at the store with Mario Surf School.

**TODOS SANTOS ECO ADVENTURES**, #167 on the Todos Santos map. Since 2002 Todos Santos Eco Adventures (TOSEA) has been providing visitors with opportunities to explore, celebrate, and help conserve the magnificently diverse ecosystems of Baja. TOSEA offers whale and bird-watching trips in the Pacific lagoons; treks and *ranchero* culture programs in the Sierra la Laguna mountains; Sea Turtle Camp and surfing surfaris on the Pacific coast, and kayaking, "glamping," whale shark, and sea lion adventures in the Sea of Cortez.

**TODOS SANTOS SURF SHOP**, #88 on the Todos Santos map, sells and rents surf boards, offers beach supplies and activities around Todos Santos. They carry international brands and many locally handmade wares, clothes, bikinis, accessories, natural sunscreen, and "Eclipse" boards shaped by Meisy of Todos Santos. They offer tours to swim with whale sharks and sea lions, surfing lessons, fishing trips, trips to Espíritu Santo Island, and whale watching in Magdalena Bay.

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# Patterns

continued from page 26

Tree bark cracks  
Grietas en la corteza en un árbol

Just as wind moves through air, currents, known as meanders, move through water back and forth, like giant aquatic snakes in the sea. Bubbles created by various actions of aeration create foam, which then ultimately turns back into water when they break, and then can continue the cycle of water to bubbles to foam.

All these patterns in the living environment have purpose, reason, beauty, and function relating to balance, continuation, and necessity!

# El Cielo

continued from page 27

For more information, check out the web links below, call or message me on my cell phone 612-348-5468.

### LINKS OF INTEREST

- COMETS: <http://www.aerith.net/index.html>
- METEOR SHOWERS: <http://www.imo.net/calendar/2018>
- TROPIC OF CANCER: [http://en.wikipedia.org/wiki/Axial\\_tilt#values](http://en.wikipedia.org/wiki/Axial_tilt#values) or [http://en.wikipedia.org/wiki/Circle\\_of\\_latitude](http://en.wikipedia.org/wiki/Circle_of_latitude)
- ZODIACAL LIGHT: [http://en.wikipedia.org/wiki/Zodiacal\\_light](http://en.wikipedia.org/wiki/Zodiacal_light)
- TIME: <http://www.time.gov/> and <http://www.worldtimeserver.com/>
- SATELLITES: <http://www.heavens-above.com/> user "elcielots" password "journal"
- WEEKLY SKY REPORT: <http://www.griffithobs.org/skyreport.html>
- SATURN: <http://saturn.jpl.nasa.gov/home/index.cfm>
- ROSETTA: <http://sci.esa.int/rosetta/>
- DAWN: <http://dawn.jpl.nasa.gov/>
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# La Paz Beaches

by Janice Kinne



by Mikayla Jones

The *malecón* along the bay of La Paz is the perfect place to walk, run, people watch, or enjoy gazing across the water. Crews clean the beaches and walkways daily, fresh sand has been imported and there are *palapas* to offer shade. Locals and tourists visit the beaches north of downtown to swim, snorkel, or kayak. There are several adventure companies along the *malecón* and at the marinas offering *panga* rides, bay and island cruises, snorkeling, scuba diving, fishing, sailing, and kayak rentals.

**EL MOGOTÉ** is the spit of land that separates the harbor of La Paz from the *Bahía de La Paz*. This natural treasure used to be, for the most part, accessible only with 4WD. Now driving onto the peninsula is restricted due to the construction of golf courses, homes, and hotels.

**PLAYA EL COROMUEL** 4.5 km from downtown La Paz, is the first beach north of town and an easy walk from downtown. It is within the harbor boundaries, has shaded *palapas*, and food / beverage services. The water here gets much better flow with the tide change and is suitable for swimming. The bottom is clean sand and rock. Snorkeling is good further out.

**PLAYA EL TESORO** 13 km from downtown La Paz, is a great little beach for children. The shallow, clear waters allow you to walk out for close to 100 meters. Tesoro has about 25 shaded *palapas*, two small restaurants, and kayak rentals.

**PICHILINGUE** 19 km from downtown La Paz. Pichilingue is home to the La Paz ferry terminus and a large commercial harbor. There are pleasant, small beaches just north of the deep water port, on the *Vieja Bahía de Pichilingue*. Beachfront food, beverage service, and kayak rentals are available and there is a restaurant with an upstairs view. The *palapa* bar is popular in the hot summer afternoons.

**PLAYA BALANDRA** 23 km from downtown La Paz, is known for its famous balancing rock formation landmark that resembles a prehistoric mushroom. You can view the rock formation and *playa El Hongo* by walking in the water around the cliff to your right. The large beach and surrounding area are beautiful. The waters surrounding Balandra are shallow and safe for children. Sheltered from wave action from nearly every direction, the water warms early and is very safe for swimmers and kayaking. There are also several little beaches (coves) and mangroves to explore. The beach has no services, so pack your own lunches and drinks for the day. There are vendors renting chairs, selling fruit and drinks, beach *palapas* for shade, and BBQ pits to the south.

**PLAYA EL TECOLOTE** 26 km from downtown La Paz, is by far the largest and most visited beach in La Paz. Two restaurant/bars offer shade *palapas* and a large number of beach vendors offer refreshments. RV camping is available, along with a wide variety of water sports rentals. Usually there are no lifeguards on duty, but they may be present during *la semana santa* and in the summer. The beach has a beautiful view of Isla Espiritu Santo and *panga* rides to the island are available—a 6.5 km crossing through the San Lorenzo channel. Bus service from the station on the *malecón* to *playa El Tecolote* is available for a nominal charge.

*Sting rays are the biggest hazard at the playas and tend to be present on the bottom in shallow waters during the summer. When walking in the water, shuffle your feet on the bottom to avoid stepping directly on a resting ray.*

*There are no restrictions for beach fishing at any beaches. Please respect our beaches and help protect the sea turtles; don't leave trash or drive on the dunes or beaches.*

# Divine Light

continued from page 15

Mexican desert where she continues her studies of light. She is constantly photographing the beauty of the skies and sea.

Roberta's new art exhibition is all about 'Pure Light.' She says, "I have named these *holophotos* as they are photographs of my holograms made with a pulse laser at the Center for Holographic Arts in New York City, 3-color master holograms, photographed and then printed on canvas as scrolls. Laser light is pure light (coherent) and is true to electromagnetic spectrum."

Roberta was one of the first artists to work with this technique and now is the first to do pictures of holograms. She decided to photograph the holograms to show them in an exhibit. Even though you do not see the movement in three-dimensions as you do with a hologram, you will still get the pure spectral colors—coherent light. They are always in motion and color and music feel connected. Her scrolls are about the sea and sky; in both the scrolls and pictures you can see nature's colors and may find them meditative and healing.

The show is an opportunity to see amazing scrolls, that play with the skies, sea, and healing light. Roberta's opening exhibition will take place Saturday, February 5<sup>th</sup>, from 6 to 9 pm, at Santa Terra Art Project at Santa Terra in Todos Santos. Her work will be on display through March. To enjoy the coherent and pure divine light these scrolls are easy to transport in a tube or folded to take it home with you.

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## LITTLE FREE LIBRARIES

Donations are needed to keep the three little libraries stocked. The little libraries are located at Pinos park, near La Esquina café, and by Padrino Children's Foundation in Todos Santos.

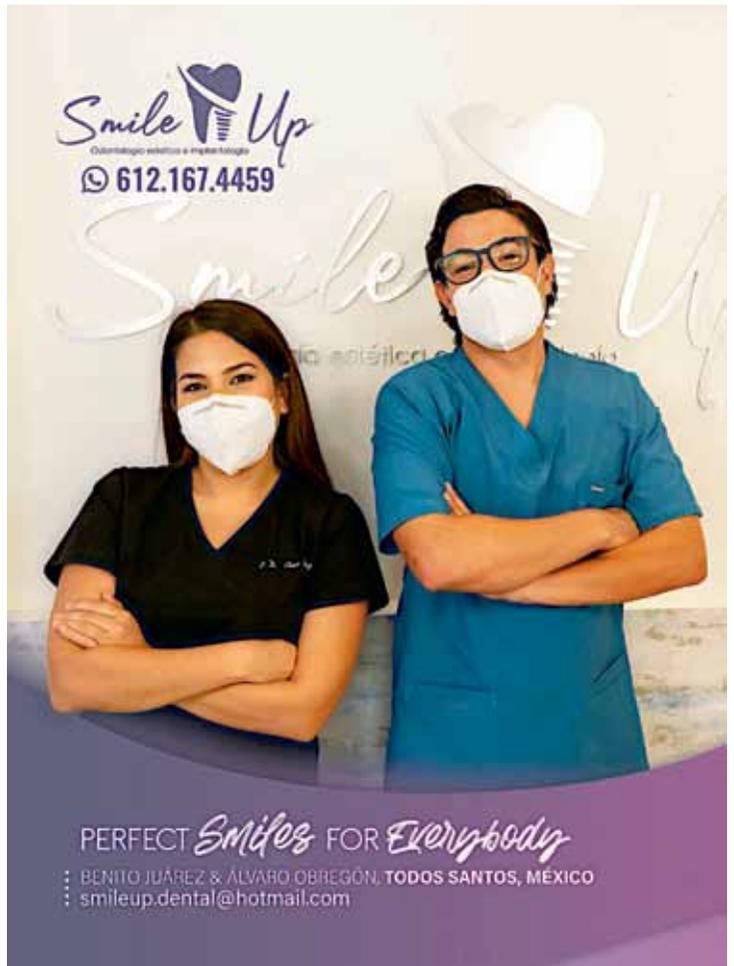
Donations are accepted at the Palapa Society Library, Monday 10 am to 1 pm.



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## febrero 2022

**2 de febrero** | 3 pm, **TALLER LITERARIO DE TODOS SANTOS - MESA REDONDA**, "Cómo hacemos lo que hacemos," en el jardín de Casa Drácula. Abierto a todo público.

**3 de febrero** | 3 pm, **TALLER LITERARIO DE TODOS SANTOS – EL OFICIO DE ESCRIBIR**, ponente invitado. En el jardín de Casa Drácula. Abierto a todo público.

**4 de febrero** | 4 a 8 pm, **INAUGURACIÓN DE ARTE "GLORIA Y ANGUSTIA"** en la **Galería Militar**, Todos Santos. Con nuevas obras de Anne Hebebrand. Exhibición hasta el 15 de marzo. Mayores informes en [www.GaleriaMilitar.com](http://www.GaleriaMilitar.com)

**5 de febrero** | 6 a 9 pm, **INAUGURACIÓN DE EXPOSICIÓN "LUZ PURA"** de **Roberta Booth** en **Proyecto de Arte Santa Terra** en Todos Santos. Obra en exhibición hasta finales de marzo. Más información: busque el reportaje en este número.

**13 de febrero** | **SUPERBOWL LVI**

**19 al 27 de febrero** | **RETIRO ANUAL "ESCRIBIENDO POR LA BAJA"** en hotel Serendipity en Todos Santos. 11ª Edición. Mayores informes: [www.writingranch.com](http://www.writingranch.com), tel. 001. 480.3933 o email [info@writingranch.com](mailto:info@writingranch.com)

**23 de febrero** | 7 a 10 pm, **FIESTA DE CUMPLEAÑOS DE BRANDO** en **Shakas Cantina**, Cerritos. Música en vivo con el grupo Tarröhead.

## marzo

**TOUR DE ESTUDIOS DE TODOS SANTOS:** Lamentamos informar que debido a las consideraciones de salud pública

con respecto al incremento en casos de COVID19 en nuestra comunidad, **La Sociedad de La Palapa de Todos Santos, A.C.** ha decidido cancelar el Tour de Estudios de Todos Santos este año. Para mayor información, favor de visitar su sitio web, [TodosSantosOpenStudio.org](http://TodosSantosOpenStudio.org).

**10 de marzo** | **FECHA LÍMITE PARA EDICIÓN DE PRIMAVERA** de **Journal del Pacífico**.

**17 de marzo** | **FIESTA DE SAN PATRICIO EN BENEFICIO DE BANCO DE ALIMENTOS DE PESCADERO** en **Shaka's Cantina**, Cerritos. Especial del día: tradicional plato irlandés de carne en conserva, repollo y verduras asadas.

**17 de marzo** | 3 pm hasta terminar la comida: **27° FIESTA ANUAL DE SAN PATRICIO** en Shut Up Frank's, Todos Santos. Plato especial: la famosa carne en conserva hecha por Frank, acompañada del tradicional repollo, papas y zanahorias, con mostaza picante y salsa especial de rábano picante, \$250 pesos.

**28 al 31 de marzo** | **4° INTERNACIONAL SANGHA YOGA FEST** en **Cuatro Vientos**, Todos Santos.

## abril

**Fecha por determinar** | (tentativamente): **CARRERA DE TODOS SANTOS (5K)** de **La Sociedad de La Palapa de Todos Santos, A.C.** La decisión sobre este evento dependerá de la situación sanitaria en el estado y restricciones COVID vigentes al momento del evento. Mayores informes: [www.palapasociety.org](http://www.palapasociety.org)

**27 de abril al 1 de mayo** | **RETIRO Y ECO CAMPAMENTO PARA MUJERES.** Hacemos un llamado a todas las mujeres listas para enfrentar su siguiente etapa con estilo y energía renovada. Un eco retiro en la isla Espíritu Santo sólo para mujeres; una experiencia transformativa esta primavera. Aprovecha al máximo tu tiempo en la naturaleza y la comunidad. Lleva contigo a casa nuevas ideas y ejercicios físicos y mentales que apoyan tu estilo de vida sustentable. Dirigido por **Elizabeth Hammond**, Coach de Liderazgo, Guía Naturalista, Instructora de Yoga y Estratega de Estilo de Vida. Implementaremos protocolos COVID. Mayores informes en [www.ElizabethCHammond.com](http://www.ElizabethCHammond.com).

## HORA FELIZ

**Casa Maya/Barefoot Cantina Do Lu Mler Ju Vi Sa 3 a 6 pm**, 25 peso cerveza nacional, 50 peso margaritas de la casa y tequila.

Cerritos Beach Inn **Do Lu Mar Mler Ju Vi Sa 2 a 6 pm**, 2x1 cerveza y margaritas.

Restaurant Benno, **Vi 5 a 9 pm**, Especiales en bebidas.

**Shaka's Do Lu Mar Mler Ju Vi Sa 4 a 6 pm**, Mitad precio: Cerritorita, George's Paloma, J.B. Special, P.P. Paloma, Shakarita, margarita de la casa y tequila de la casa.

**Shakti Bowl, Las Tunas Lu Vi 6 a 8 pm**, 2x1 cerveza.

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## Cada Semana

Descubre las galerías de arte fino en Todos Santos (www.TodosSantos.Art), ahí encontrarás un mapa y mayor información.

### domingo

8:30 am a 2 pm, **MERCADO ORGÁNICO Y MÚSICA EN VIVO** en la Cafetería Baja Beans, Pescadero.

6 pm, **SESIÓN DE DOMINGOS** en Todos Santos Brewing.

### lunes

10 am a 1 pm, **BIBLIOTECA PALAPA ABIERTO**, Todos Santos. Palapalibrary@gmail.com

6 a 8 pm, **MÚSICA EN VIVO** en **Shakti Bowl**, Las Tunas con cerveza 2x1.

### martes

8:30 am a 1 pm, **EL MERCADO ORGÁNICO DE LA PAZ** en calle Madero entre 5 de Mayo y Constitución, La Paz.

4 pm, **CLUB DE LECTURA** en **Hablando Mexicano**, Todos Santos. Libro: "American Dirt." \$1,500 MN (4 clases y el libro en español).

4 pm, **MARTES DE TACOS** en **Chill N Grill** en Todos Santos. 6 a 9 pm, música en vivo.

6:30 pm, **JAZZ GITANO "PARGAZZ"** en **Tre Galline** en Todos Santos.

### miércoles

8 am - 3 pm, **MERCADO DE CERRITOS**, Playa Cerritos.

9 am a 1 pm, **MERCADO LOCAL** en **La Esquina Café**, Todos Santos.

10 am a 1 pm, **BIBLIOTECA PALAPA ABIERTO**, Todos Santos. Palapalibrary@gmail.com

1 pm, **CLUB DE LECTURA** en **Hablando Mexicano**, Todos Santos. Libro: *No Manden Flores*, por Martin Solares. \$1,500 mn (4 clases y el libro en español).

### jueves

8:30 am a 1 pm, **EL MERCADO ORGÁNICO DE LA PAZ** en calle Madero entre 5 de Mayo y Constitución, La Paz.

9 am a 2 pm, **CENTRO DE RECICLADO PUNTO VERDE**, atrás de Super Pollo entrando por Calle del Huerto, extremo sur de Todos Santos. Traiga su papel, cartón, plásticos de No. 1 y 2, baterías, latas, metal, unicel, vidrio claro, y electrónicos. Donativo mínimo 50 pesos, electrónicos 80 pesos. Favor de separar y limpiar materiales. Mayores informes: ecorrrevolucionmx@gmail.com, (612) 139-4789.

**VINO AL ATARDECER** en **Mini Super Munchies**. Revisar su Facebook, Instagram, o sitio web para mayores informes y más eventos.

5 a 9 pm, **CAMINATA DEL ARTE** en San José del Cabo, en el distrito de las galerías. Todas las galerías que participan estarán abiertas hasta las 9 pm y muchas tienen recepciones y eventos especiales. Noviembre hasta el fin de Junio.

### viernes

9 am a 2 pm, **CENTRO DE RECICLADO PUNTO VERDE**, atrás de Super Pollo entrando por Calle del Huerto, extremo sur de Todos Santos. Traiga su papel, cartón, plásticos de No. 1 y 2, baterías, latas, metal, unicel, vidrio claro, y **CADA SEMANA** continúa en página 43



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## Mar Libre

continuó de página 22

socio educativo de captura de carbono de Tomorrow's Air y, hasta la fecha, ha apoyado la eliminación de una tonelada de dióxido de carbono del aire. Todos los *homo sapiens* que migran a Baja están invitados a unirse a TOSEA para apoyar este increíble proyecto que fue galardonado con el Premio al Futuro de los Viajes 2021 de Newsweek en la categoría Visionario: no es compensación de carbono, en realidad está eliminando CO2 del aire y almacenándolo subterráneamente en profundidad. [www.tomorrowsair.com](http://www.tomorrowsair.com).

Alianza Cero Basura de Todos Santos y Pescadero (ZWA). TOSEA se enorgullece de apoyar la ZWA, que está trabajando activamente para reducir la cantidad de desechos que van al vertedero local y construir economías circulares alrededor de esos desechos. ¡Todos los *homo sapiens*, tanto nativos como migratorios, están invitados a unirse al movimiento! [www.facebook.com/alianzacerobasuratodosantos](http://www.facebook.com/alianzacerobasuratodosantos).

# Baja Salvaje

continuó de página 31

Paz; Baja Expeditions subvencionó eco campamentos para EPI México cuando empezaron a invitar a jóvenes paceños a abandonar el confort de su hogar y aprender sobre técnicas científicas de campo en su famoso Programa de Ecología de la Isla. Brant Warren, actual director ejecutivo de EPI Internacional, es creyente y practicante de los programas de educación experimental que permiten el acceso a las maravillas del mundo natural. Brant siempre gustó del humor único de Tim, al igual que su esposa Aracely, poseedora de una maestría en ciencias de Teton Science School. Ambos siguen explorando la península al lado de su pequeña hija e inspiran a muchos jóvenes sudcalifornianos a hacer lo mismo.

Adriana Hernández, ex alumna de EPI y aprendiz de Aracely, se metió de lleno a los programas de campo y comunitarios de EPI: se unió al Eco Club Californios Verdes, participó en programas de monitoreo de tortuga marina y actividades con lobos marinos y tiburón ballena, además de intercambios culturales y cursos sobre la ecología de ballenas. "EPI apoyó mi educación desde el primer curso en el campo. Hoy día mis padres y yo estamos profundamente agradecidos por las oportunidades que no podría haber tenido sin EPI, sin obviar mi propio esfuerzo, claro."

Dave Schimelpfenig es el director de operaciones de BAJA SALVAJE continúa en página 42

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# Wild Baja

continued from page 31

## THE LEGACY OF WALKING THE TALK ENDURES

Old Baja and New Baja coexist in stories, people, and places. Tim's legacy lives on in all who knew him and are equally inspired by time living, working, and learning in nature and advocating for its protection; there seems to be a certain ilk of *choyeras* and *choyeros*—either by birth or adoption, who find delight in the on-going exploration of the desert and seas. Carlos and I often spend time adventuring with family friends and colleagues over the years—the Warren-Rojas and the Schimelpfenig-Campbell families—after having collaborated at organizations like Ecology Project International (EPI) and NOLS (formerly the National Outdoor Leadership School), and through projects with ICF.

Back in 2005, Tim helped EPI's founders establish their Mexico programming in La Paz, Baja Expeditions began underwriting eco-camps for EPI Mexico when they first invited local high school students to leave behind the comforts of home to participate in field science work in the flagship Island Ecology Program. Currently at the helm of EPI International is Executive Director, Brant Warren, a life-long student of experiential education programs that provide access to the wonders of the natural world. Brant was always a fan of Tim's unique humor along with his wife Aracely who holds a master's degree in science from the Teton Science School. They continue to explore the peninsula with their young daughter and inspire many young *Sudcalifornianos* to do the same.

A former EPI student and mentee of Aracely's reflects on the program's legacy: Adriana Hernández jumped head-first into EPI Mexico's field and community opportunities joining the Californios Verdes Eco Club, participating in sea turtle monitoring programs, sea lion, and whale shark activities, cultural exchanges, and whale ecology courses, "EPI supported my education from my very first field course. Today, my parents and I are deeply grateful for the opportunities that, although I've worked hard, I would not have been able to do without EPI."

Dave Schimelpfenig, EPI's program operations manager, enjoys exploring Baja's wild mountains, deserts, and coastlines and loves that only at EPI can he combine his passion for outdoor education with science and conservation. His wife McKenzie Campbell manages ICF's growing portfolio of special projects in Baja California Sur, providing leadership to amplify the impact of teams and collectives of organizations working in areas including food systems, sustainable cities, and waste reduction/management; Dave and McKenzie and their two little ones can often be found out and about as well with Carlos and I, and Aracely and Brant.

Recently members of all three families participated in local workshops run by 4 Walls International, an NGO from Tijuana whose tagline is that "the world is littered with opportunity" and specializes in construction as a solution to solid waste management.

Among Carlos' legacy projects are the "Recicla-Rancho"—**WILD BAJA** continued on page 43

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programa de EPI. Dave disfruta de explorar las sierras, costas, y desiertos silvestres de la península y aprecia mucho que sólo en EPI puede combinar su pasión por la educación al aire libre con la ciencia y conservación. Su esposa McKenzie Campbell maneja los proyectos especiales de ICF en Baja California Sur, proporcionando liderazgo para amplificar el impacto de los equipos, organizaciones, y colectivos que trabajan en áreas de distribución de alimento, comunidades sustentables, y reducción y manejo de desechos; Dave y McKenzie y sus dos pequeños hijos a menudo salen a excursionar, junto con Aracely y Brant, y Carlos y yo.

Recientemente, miembros de las tres familias participaron en talleres locales organizados por 4 Walls International, una ONG tijuanense que se especializa en la construcción como solución al problema de los residuos sólidos. Entre los proyectos de legado de Carlos se encuentra "Recicla Rancho," proyecto de reciclaje y construcción en una pequeña comunidad sobre la costa pacífica de la península, que incluye la construcción con piezas recicladas del *Don José*, antiguo barco insignia de Baja Expeditions de elaboración local.

Finalmente, el legado de Tim continúa a través de su familia, incluso lejos de BCS. Magdalena Means, hija de Tim y su ex-esposa, la artista local Nora White, creció en La Paz y ahora vive con su familia y dos hijos en el condado Humboldt, en California, donde trabaja con la Comisión de Energía de la Costa Redwood (RCEA por sus siglas en inglés); esta organización administra los programas comunitarios de suministro de energía y permite a Lena permanecer fiel a la visión de su padre de trabajar localmente y pensar globalmente. Tim llegó a conocer a su primera nieta y le habría encantado saber que su nieto, de menos de un año de edad, ya hizo sus primeras expediciones entre las maravillas naturales de Baja California Sur. La comunidad entera seguirá honrando y manteniendo viva la visión de Tim: una península viva y sana con aún mucho por explorar y por crecer de manera sustentable. ¡Si nos topamos por algún sendero, no dudes en pararte a saludar!

# Wild Baja

continued from page 41

the Recycled Ranch, an upcycling building project in a small community on the Pacific-side of the peninsula, with unique repurposing efforts like building with pieces of the Don José, an original flagship of Baja Expeditions built locally.

Finally, Tim's legacy continues through his family members as well, even beyond BCS. Raised in La Paz, Magdalena Means, Tim's daughter with his former wife and local artist Nora White, now lives with her family and two little ones in Humboldt County, California, where she works with the Redwood Coast Energy Authority; RCEA administers Humboldt County's Community Choice Energy programs and allows Lena to stay true to her father's vision of advocating locally and thinking globally. Tim got to meet his first granddaughter and would have been thrilled to know that his grandson followed and is already exploring Baja's natural wonders even before he was a year old. The whole community continues to honor and keep alive Tim's vision of a healthy peninsula, still ripe for new adventure and sustainable development. If you see us out and about, please say hello!

# Cada Semana

continuó de página 39

electrónicos. Donativo mínimo 50 pesos, electrónicos 80 pesos. Favor de separar y limpiar materiales. Mayores informes: ecorrevolucionmx@gmail.com, (612) 139-4789. 9 am a 1 pm, **MERCADO ORGÁNICO** en The Shoppes en Palmilla en San José del Cabo. Hasta mayo.

10 am a 1 pm, **BIBLIOTECA PALAPA ABIERTO**, Todos Santos. Palapalibrary@gmail.com

6 pm, **NOCHE DE TRIVIA** en el Todos Santos Brewing.

## sábado

8:30 am a 1 pm, **EL MERCADO ORGÁNICO DE LA PAZ** en calle Madero entre 5 de Mayo y Constitución, La Paz.

9 am a 3 pm, **EL MERCADO ORGÁNICO** en San José del Cabo está ligeramente afuera del distrito de arte histórico en la Huerta María en el Camino a las Ánimas. Noviembre hasta el fin de Junio.

9:30 am a 1 pm, **EL MERCADO ORGÁNICO** en DoceCuarenta, Todos Santos.

9 am a 1 pm, **TIANGUIS NATURAL MALECÓN** (Mercado) en el Callejon Cabezud es en La Paz—el área entre calle Esquerro y el Malecón ubicado en el mural Wyland y la escultura del músico tocando el caracol.

10:30 am a 2 pm, **MERCADO RANCHERO** con arte, muebles y productos frescos de los ranchos de la zona, que incluyen queso, pollo y carne.

6 pm, **SÁBADO DE CANTAUTORES** en el Todos Santos Brewing.



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612 198 86 83

[raulguaycura@gmail.com](mailto:raulguaycura@gmail.com) [sanbenitopharmacy@gmail.com](mailto:sanbenitopharmacy@gmail.com)

# groups/groups

## sunday / domingo

9 am, **SLOW FLOW YOGA W/C LIZ @ Cuatro Vientos**, Todos Santos.

10:30 am, **LUNAR VINYASA YOGA W/C KIMBERLY @ Cuatro Vientos**, Todos Santos.

12:30 pm, **DANZA AFRICANA W/C CECI @ Cuatro Vientos**, Todos Santos.

## monday / lunes

7:30 am, **YOGA FOR HEALTHY AGEING W/C LISA @ Cuatro Vientos**, Todos Santos.

9 am, **YOGA W/C MARIMAR @ Cuatro Vientos**, Todos Santos.

9:15 & 10:15 am **FUSION FITNESS @ Cross2Box**, Todos Santos.

10:30 am, **POWER VINYASA YOGA W/C JESSICA @ Cuatro Vientos**, Todos Santos.

11 am, **AA MEETING**. On the rooftop at Ricardo Amigo Real Estate on calle Centenario in Todos Santos. For info: Erick (612)156-9980.

12:15 pm, **VAJRA DANCE @ Cuatro Vientos**, Todos Santos.

2 pm, **TAI CHI W/C MALEK @ Cuatro Vientos**, Todos Santos.

4 pm, **BARRE & FLEX @ Cross2Box**, Todos Santos.

5 pm, **AA MEETING** via Zoom 854 6570 9347 / 61 66 88. For information: Kenny: (612)152-2995, Catherine: (612)149-5194, Don: (612)157-1256

## tuesday / martes

7 am & 2 pm, **BIOMECHANICS @ Cross2Box**, Todos Santos.

7:30 am, **POWER YOGA W/C JESSICA @ Cuatro Vientos**, Todos Santos.

10:30 am, **VINYASA YOGA W/C PAULINA @ Cuatro Vientos**, Todos Santos.

4 pm, **CROSSFIT/BOXING FOR KIDS, @Cross2box**, Todos Santos.

4:30 pm, **RESTORATIVE YOGA W/C KIMBERLY @ Cuatro Vientos**, Todos Santos.

6 pm, **DANCE FITNESS W/C NATHALIE @ Cuatro Vientos**, en Español Todos Santos.

## wednesday / miércoles

7 am & 2 pm, **BIOMECHANICS @ Cross2Box**, Todos Santos.

7:30 am, **POUND W/C SUE @ Cuatro Vientos**, Todos Santos.

9 am, **YOGA W/C MARIMAR @ Cuatro Vientos**, Todos Santos.

9:15 & 10:15 am **FUSION FITNESS @ Cross2Box**, Todos Santos.

10:30 am, **VINYASA YOGA DETOX W/C ELLE @ Cuatro Vientos**, Todos Santos.

11 am, **AA MEETING**. On the rooftop at Ricardo Amigo Real Estate on calle Centenario in Todos Santos. For info: Erick (612)156-9980.

3 pm, **GYMNASTICS (7-15) W/C ALEXA @ Cuatro Vientos**, Todos Santos.

4 pm, **BARRE & FLEX @ Cross2Box**, Todos Santos.

4:30 pm, **DANCE LAB W/C ZÖE @ Cuatro Vientos**, Todos Santos. Email for space availability: dearzoelab@gmail.com

5 pm, **PESCADERO HIGHTIDE AA MEETING @ Baja Beans**, Pescadero. For information: Don (612) 157-1256.

5 pm, **AA MEETING** via Zoom 817 0359 7498 / 85 96 40. For information: Kenny: (612)152-2995, Catherine: (612)149-5194, Don: (612)157-1256

## thursday / jueves

7 am & 2 pm, **BIOMECHANICS @ Cross2Box**, Todos Santos.



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7:30 am, **POWER YOGA W/C KIMBERLY @ Cuatro Vientos**, Todos Santos.

10:30 am, **VINYASA YOGA W/C PAULINA @ Cuatro Vientos**, Todos Santos.

4 pm, **CROSSFIT/BOXING FOR KIDS**, Cross2box, Todos Santos.

4:30 pm, **RESTORATIVE YIN YOGA W/C MAR @ Cuatro Vientos**, Todos Santos.

5 pm, **AA MEETING** via Zoom 863 1292 4030 / 208 002. For information: Kenny: (612)152-2995, Catherine: (612)149-5194, Don: (612)157-1256

6 pm, **DANCE FITNESS W/C NATHALIE @ Cuatro Vientos**, en Español, Todos Santos.

### friday / viernes

7 am & 2 pm, **BIOMECHANICS @ Cross2Box**, Todos Santos.

7:30 am, **ACTIVE MEDITATION W/C MOJUD @ Cuatro Vientos**, Todos Santos.

9 am, **YOGA W/C MARIMAR @ Cuatro Vientos**, Todos Santos.

9:15 & 10:15 am **FUSION FITNESS @ Cross2Box**, Todos Santos.

10:30 am, **WOMEN'S HEALING YOGA W/C MAR @ Cuatro Vientos**, Todos Santos.

3 pm, **GYMNASTICS (7-15) W/C ALEXA @ Cuatro Vientos**, Todos Santos.

4:30 pm, **ECSTATIC DANCE W/C MARIA @ Cuatro Vientos**, Todos Santos.

5 pm, **AA MEETING**. On the rooftop at Ricardo Amigo Real Estate on calle Centenario in Todos Santos. For info: Erick (612)156-9980.

12:30 pm, **QI GONG W/C RHODA** via Zoom. Beginning Tai Chi course. Email for link: barakabaja@gmail.com

### saturday / sábado

7:30 am, **DANCE FITNESS W/C NATHALIE @ Cuatro Vientos**, en Español, Todos Santos.

9 am, **SLOW FLOW YOGA W/C LIZ @ Cuatro Vientos**, Todos Santos.

10:30 am, **YIN & YANG YOGA W/C MAR @ Cuatro Vientos**, Todos Santos.

11 am, **AA MEETING**. On the rooftop at Ricardo Amigo Real Estate on calle Centenario in Todos Santos. For info: Erick (612)156-9980.

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**LA PAZ**—For information call: Rick M. (612)131-7459, JoAnna (612)108-5342, or Leo (612)197-8639.

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# Every Week

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## thursday cont.

**SUNSET WINE GARDEN** at Mini Super Munchies. Check their Facebook, Instagram, or website for details and other upcoming events.

5 – 9 pm, **ARTWALK** in the San José del Cabo Gallery District. Takes place November through June.

## friday

9 am – 1 pm, **FARMER'S MARKET** at Shoppes at Palmilla San José del Cabo. Takes place through May.

9 am – 2 pm, **PUNTO VERDE RECYCLING CENTRE** behind Super Pollo, off calle Del Huerto at the southern entrance of Todos Santos. Bring your paper, #1 & #2 plastics, batteries, cardboard, cans, metal, Styrofoam, clear glass and electronics. 50 peso minimum donation, electronics are 80 pesos. Please separate and clean materials. For information: ecorrrevolucionmx@gmail.com, (612) 139-4789

10 am - 1 pm, **PALAPA LIBRARY OPEN**, Todos Santos. Palapalibrary@gmail.com

6 pm, **TRIVIA NIGHT** at Todos Santos Brewing.

## saturday

8:30 am – 1 pm, **LA PAZ FARMER'S MARKET** on calle Madero between 5 de Mayo and Constitución, La Paz.

9 am – 1 pm, **MALECÓN TIANGUIS NATURAL (MARKET)** at the Callejon Cabezud in La Paz—the area between Esquerro street and the *malecón* at the location of the Wyland mural and the seashell musician statue.

9 am – 3 pm, **SAN JOSÉ DEL CABO ORGANIC MARKET (Mercado Orgánico)** just outside the San José historic district in Huerta Maria on the Camino a Las Animas. Look for the signs at the big arroyo off Avenida Centenario. Takes place November through the end of June.

9:30 am – 1 pm, **FARMER'S MARKET** at DoceCuarenta, Todos Santos.

10:30 am – 2 pm, **EL MERCADO RANCHERO MARKET** with art, furniture, and fresh products from area ranches, including cheese, chicken, and meat, Todos Santos.

6 pm, **SONGWRITER SATURDAYS** at Todos Santos Brewing.

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Cerritos

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