

The **ULTIMATE GUIDE** to
Baja Sur Arts,
Culture & Adventure

TODOS SANTOS
Historic Home Tour
Tour de las
Casas Históricas

BAJA
The Last Fishermen of
Isla Espíritu Santo
Los Últimos Pescadores
de Isla Espíritu Santo
La Recua
Live Near the Sea
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"Journey into Discovery #20" by / por Pablo Márquez

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A Step Back in Time

by Jamie Sechrist & Ann Hazard

A BRIEF HISTORY OF HISTORIC HOMES IN TODOS SANTOS

The Historic Home Tour of Todos Santos is a bi-annual event that takes its guests on an incredible journey through 26 different locations in the town of Todos Santos. A fundraising event for The Palapa Society of Todos Santos, A.C., it is an entertaining, educational tour through the most beautiful and historic buildings in the *pueblo*. The tour begins at the Centro Cultural "Prof. Néstor Agúndez" on Saturday, March 7, at 10 am, and tickets are \$400 MXN. This historical landmark was built in 1931, under Governor General Agustín Olachea and served as a school for rural educators and elementary school until 1993. Three years later, Professor Néstor Agúndez purchased the building, renovated it and reestablished it as the Centro Cultural, showcasing the area's history and culture.

This one-day walking tour takes us back to the 1700 and 1800s. Todos Santos was originally a mission town that was established in 1723 by Padre Jaime Bravo. The town church located on the *plaza pública* was constructed in 1724. This beautiful mission was named Nuestra Señora del Pilar de La Paz. Following the secularization of the missions, Todos Santos underwent a transformation and agricultural boom when its vast aquifer was discovered. Farming thrived in the late 1800s, and it was sugar cane that put the town on the map. Sugar barons built many of the historic brick buildings in town. There were five active sugar processing mills, known as *molinos*. One of these, currently houses La Posada del Molino boutique hotel and El Molino residential park. Visitors can view the original mill machinery, stack and portions of the mill itself.

Sugar cane thrived until the 1950s, when the aquifer was depleted. After that the town faced several decades of a bleak economy until 1986 when Highway 19 was built, linking La Paz to Cabo San Lucas and passing through HISTORIC HOMES continued on page 27

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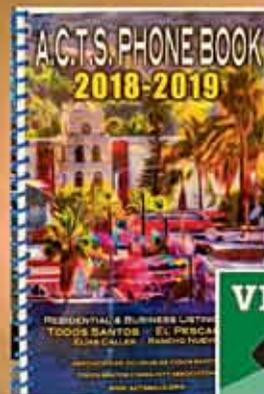
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The Last Fishermen of Isla Espiritu Santo

Los Últimos Pescadores de Isla Espiritu Santo

by / por Bryan Jáuregui

traducido por
Ricardo Madrazo



Mario Puppo

photos by / fotos por Keenan Shoal Werner

This is not a fish tale. It's an immigrant story almost any North American could tell. "In 1860 my great grandfather Esteban Puppo arrived in Cabo San Lucas from Genoa, Italy. He brought money and a son with him and purchased a hacienda in Caduaño, near Miraflores. He raised cattle and built a good life. His son Santiago grew up, married a beautiful woman from the coast and had my father, Pedro Puppo, in 1889. But it was a troubled time in Mexico and the government took away the hacienda, so Pedro went to La Ribera where he opened a general store. There he met and married a young shop attendant, Seferina Marrón. They moved to La Paz in 1910 where my brother Santiago was born in 1929 and I was born in 1939. My father became a fisherman, as did my brother and I. Santiago has been fishing the waters of Isla Espiritu Santo and La Paz for 80 years. My father would be sad to know that we are the last independent fishermen of Isla Espiritu Santo."

Mario Puppo Marrón, the younger of the two famed Puppo brothers, tells his family story with humor, passion and a keen understanding that his family history is the history of Isla Espiritu Santo and the fishing industry in La Paz. When his father Pedro became a fisherman in 1910, he and his colleagues would row or sail their boats—crafts that were more like canoes than *pangas*—to Espiritu Santo, often taking two days or more to reach their destination. That trip now takes less than an hour by motorboat. They would stay on the island for months, camping wherever they liked, salting the fish they caught to keep it from rotting.

Este no es un relato de pesca. Es una historia de migración que podría a aplicar a casi cualquier persona de América del Norte. "En 1860 mi bisabuelo Esteban Puppo llegó a Cabo San Lucas proveniente de Génova, Italia. Trajo consigo dinero y un hijo, y se hizo de una hacienda en Caduaño, cerca de Miraflores. Crió ganado y se hizo una buena vida. Su hijo Santiago creció y se casó con una hermosa mujer de la costa, y tuvieron a mi padre, Pedro Puppo, en 1889. Pero eran tiempos difíciles en México y el gobierno les quitó la hacienda, así que Pedro se fue a La Ribera, donde abrió un almacén general. Allí conoció y se casó con una joven dependiente de la tienda, Seferina Marrón. Se mudaron a La Paz en 1910, donde nació mi hermano Santiago en 1929 y yo en 1939. Mi padre se hizo pescador, al igual que mi hermano y yo. Santiago ha pescado las aguas de Isla Espiritu Santo y La Paz por ochenta años. A mi padre le daría mucha tristeza saber que somos los últimos pescadores independientes de Isla Espiritu Santo."

Mario Puppo Marrón es el menor de los famosos hermanos Puppo, y relata su historia familiar con humor, pasión, y la noción profunda de que su historia es reflejo de la historia de Isla Espiritu Santo y de la industria pesquera de La Paz. Cuando su padre inició actividades en 1910, los pescadores remaban o usaban velas en sus embarcaciones, que parecían más canoa que panga, para llegar a Isla Espiritu Santo; a veces tardaban hasta dos días en llegar. Hoy en día, en lancha motorizada, el mismo viaje tarda menos de una hora. En aquel entonces se quedaban ahí por meses,

ESPIRITU SANTO continúa en página 18

They could sell the salted fish for \$1.50 pesos per kilo (four pesos per kilo for shark) and in two months they could make 1,000 pesos. In those days the pesos were silver and living was cheap, so 1,000 pesos was a lot of money. It had to be to motivate the fishermen to endure months on the island.

Recalls Mario, "I was 10-years-old when I started working with my father on Isla Espíritu Santo. There is very little fresh water on the island and the water from home was sent in cans which rusted quickly. Almost every day we would eat tortillas, fish *machaca*, and turtle. We would have vegetables for the first few days after arriving on the island, then nothing for the remaining weeks or months. We couldn't make beans because there was no water to cook them. Our only 'spices' were onions and chiles. It was exciting when we were able to catch one of the wild goats on the island for the pot."

When Mario's father Pedro started fishing in 1910, an entrepreneur and local politician named Gaston Vives had a concession in San Gabriel Bay on Espíritu Santo for cultivating pearls. It was a substantial operation that included homes, offices, and a 500-meter-long dike which turned the bay into a lagoon. There he created a massive system of 36 roofed canals through which he steered the waters of the Sea of Cortez to supply the necessary nutrients and oxygen to his oyster beds. He was wildly successful, selling his cultivated pearls throughout the US and Europe. Mario's father, who sometimes dove for pearls, saw a different side of the operation. "The workers

recruited for the pearl operation at San Gabriel Bay were all people from the bottom of society with no families, no one asking after them. They were forced to work naked so they couldn't steal the pearls. But as they were only paid 20 pesos a month, the temptation was too great and many of them would swallow the pearls in an attempt to smuggle them out of the bay. These workers suffered a great deal and many of them died and were buried on the island. Until the 1960s and 1970s when Americans arrived and started taking away the bones, there were lots of crosses in the dunes of the island. Many of the beaches still have the shells from this operation, which was destroyed in 1914 by an enemy of Gaston Vives." Today Isla Espíritu Santo is a national park with no permanent structures, and only the ruins of the dike remain of the Vives empire.

The Puppo brothers' father fished with spears and handlines using hooks made by blacksmiths, as did Mario and Santiago when they were old enough to join him in the sea. The 1920s, 30s, 40s, and 50s were bounteous years for fishermen in the Sea of Cortez. Recalls Mario, "There was so much great fishing. We would often spear 100-kilo groupers and of course they were too big to take into the boat so we would just keep them alive in the water next to the boat and take them straight to the Hotel Perla on the malecón in La Paz where they always bought all we could catch. The owners there really valued the fishermen, and not only would they pay us, but they always fed us well too. Of course, its been well over 20 years since I've seen a fish that big around Espíritu Santo."

ESPIRITU SANTO continued on page 24

TODOS SANTOS OPEN STUDIO TOUR PRESENTS:

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MORE INFO: TODOSSANTOSOPENSTUDIO.ORG
ART: "AGUAS FRESCAS" BY SASKIA ONVLEE TALLER



Un Paso Atras en el Tiempo

by / por Jamie Sechrist y Ann Hazard
traducido por Ivonne Benítez

UNA BREVE HISTORIA DE LAS CASAS HISTÓRICAS EN TODOS SANTOS

El *Tour* de Casas Históricas de Todos Santos es un evento bianual que lleva a sus invitados a un viaje increíble a través de 26 ubicaciones diferentes en el pueblo de Todos Santos. Un evento de recaudación de fondos para La Sociedad de la Palapa, A.C., es un entretenido y educativo recorrido por los edificios más bellos e históricos del pueblo. El recorrido comienza en el Centro Cultural "Prof. Néstor Agúndez" el sábado 7 de marzo a las 10 am. Los boletos cuestan \$400 MXN. Este hito histórico fue construido en 1931, bajo el gobernador general Agustín Olachea y sirvió como escuela para educadores rurales y escuela primaria hasta 1993. Tres años más tarde, el profesor Néstor Agúndez compró el edificio, lo renovó y lo restableció como Centro Cultural, mostrando la historia y cultura del área.

Este recorrido a pie de un día nos lleva de vuelta a los años 1700 y 1800. Todos Santos fue originalmente un pueblo misionero que fue establecido en 1723 por el Padre Jaime Bravo. La iglesia del pueblo ubicada en la plaza pública fue construida en 1724. Esta hermosa misión se llamó Nuestra Señora del Pilar de La Paz. Después de la secularización de las misiones, Todos Santos experimentó

una transformación y auge agrícola cuando se descubrió su vasto acuífero. La agricultura prosperó a fines del siglo XIX, y fue la caña de azúcar la que puso al pueblo en el mapa. Los barones del azúcar construyeron muchos de los edificios históricos de ladrillo de la ciudad. Había cinco edificios de procesamiento de azúcar activos, conocidos como molinos. Uno de ellos, actualmente alberga el hotel boutique La Posada del Molino y el parque residencial El Molino. Los visitantes pueden ver la maquinaria original del molino, la pila y las porciones del molino.

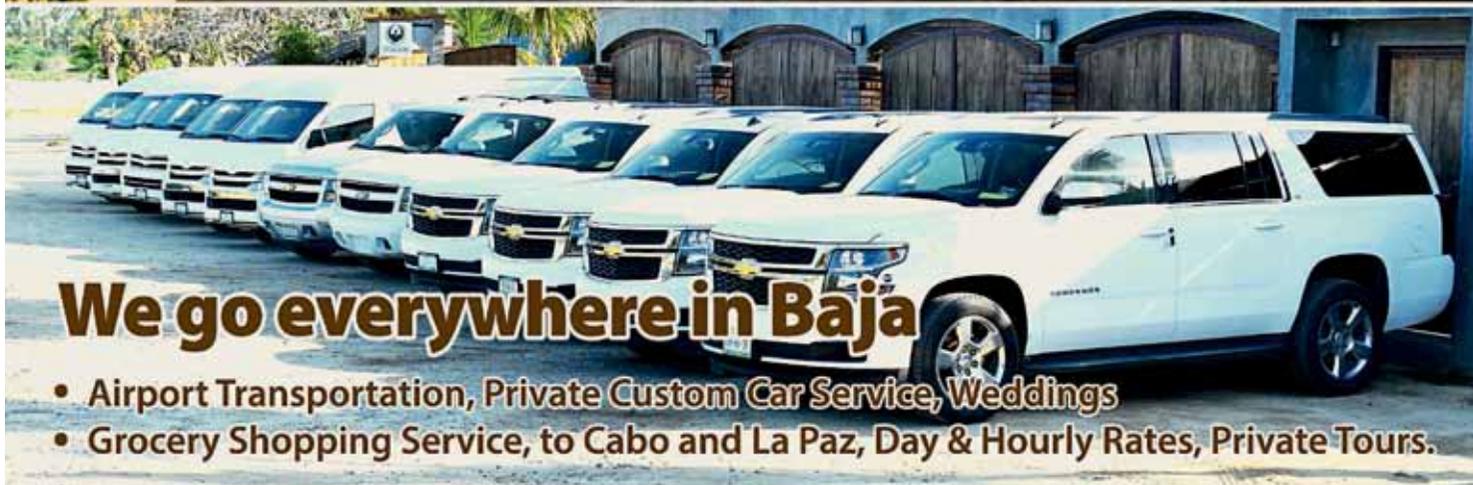
La caña de azúcar prosperó hasta la década de 1950, cuando se agotó el acuífero. Después de eso, la ciudad enfrentó varias décadas de una economía sombría hasta 1986 cuando se construyó la Autopista 19, que une La Paz con Cabo San Lucas y pasa por Todos Santos. Por esa época, un par de artistas de Nuevo México descubrieron el pueblo. Argumentando que la luz aquí es mágica y tiene el mismo vórtice que Santa Fe y el Triángulo de las Bermudas, otros artistas fueron atraídos aquí, lentamente al principio, y luego con un impulso creciente. El acuífero se reabasteció y la agricultura comenzó de nuevo en serio, junto con un auge creciente en el turismo y la migración de artistas. Todos continúan hasta nuestros días, y muchas de las antiguas casas y negocios de los barones del azúcar han sido renovados.

El recorrido lo llevará al antiguo Todos Santos Inn (Casa Amador), un gran edificio de ladrillo que fue construido con pisos de madera y vigas en el techo. Este era el estilo de construcción utilizado por las familias ricas de la CASAS HISTORICAS continúa en página 26



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Driving a Dirt Road Back to the Future

story and photos by Carol Wilson

PUEBLO PESCADERO

Pescadero is easy to miss. The town's highway frontage is nondescript and many zoom through so fast they barely see it. It seems a shame, but perhaps those flying through town would not appreciate the quiet beauty of the mixed agricultural and residential enclave just west of the highway. Those who do turn down the one of the side roads leading there are in for a treat.

Bumping down this sandy road echoes laid back adventures of Baja 30 or 40 years ago where side roads promised fresh discoveries: beautiful bays, breaching whales, or a secret sunbaked beach bar. This dirt road not only promises all three, it delivers—and then some.

Explorers taking this five-minute, dusty detour from the highway are rewarded with a beautiful six-kilometer deep-sand beach devoid of condo developments, hotels, and beach vendors. Humpbacks and leaping mobula rays dot the horizon and there are more turtle nest markers than people.

This stunning stretch of sand is the backyard of a very special little community. The happy inhabitants of this little corner of Mexico value good food, good friends, and good times in an area that feels peaceful and slow, like old Mexico, with all the amenities for the 2020s.

A bounty of locally grown produce, farm-(and sea)-to-table dining, deep dark local coffee, a fabulous lowkey beach bar, and a vibrant community hubspot disguised as the best stocked store for miles are right here, hiding in plain sight.

Surf lessons, yoga and massage, as well as dance and fitness classes are available as are art, herbal health, and personal development workshops. All of this is woven throughout the basil-scented sandy roads that leave feet a little dusty and souls absolutely content.

Nestled in the area, a short walk from the beach, is Pueblo Pescadero, a sustainably designed development of 28 free-standing homes thoughtfully crafted with floorplans that flow between indoors and out to encompass the best of Baja living.

Reverence for the natural landscape and forethought to long term sustainability were key to capture the chill Baja vibe and guarantee good living well into the future.

With 300+ days of Baja sunshine per year, integrated solar power with a traditional electrical grid connection are used to light common areas and to ensure the swimming pool is kept at perfect dipping temperature. Each home is equally well equipped with dual solar and grid power to ensure ongoing cost savings for homeowners.

Every effort has been made to retain the gorgeous natural desert landscape within the development and much has been left untouched. Desert flora removed for construction has been cared for then repositioned strategically amidst the homes and common areas with shade and privacy primary considerations.

Pueblo Pescadero also has a water system that captures and reuses grey water from each home to irrigate the carefully landscaped common areas and boasts control of its own well atop a plentiful aquifer.

Each home can be personalized to owner preferences. Homeowners can choose the details to make each home truly their own. Flexible floorplans also leave room for customization and the homes typically take six to eight months from start to completion.

Peak season in Baja means



crowds, so perhaps an escape, a 40-minute drive from the hustle of Cabo is overdue. Just remember to turn off the highway at Pescadero, turn west toward the ocean, and back to the future.

Pueblo Pescadero's office is in the Baja Beans courtyard. Please stop in to say hello.

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La Recua El Sueño de Darío

Una Entrevista con Trudi Angell,
productor y asistente de dirección
traducido por Ivonne Benítez
fotos por Elizabeth Moreno

DETRÁS DE LA REALIZACIÓN DE UNA PELÍCULA SOBRE DARÍO Y SU SUEÑO.

La primera vez que una amiga y yo hicimos un viaje más largo en las sierras al oeste de Loreto, aproximadamente en 1987, cabalgamos durante cinco días y terminamos en un pequeño valle de oasis con un par de pequeños pueblos llamados "los Comondús." Teníamos un guía de senderos, un viejo vaquero, con nosotros, y nos contó historias sobre una familia que vivía en un rancho sin caminos a otros dos o tres días de viaje. Ese rancho también era fabricante de sillas de montar del viejo estilo y tradición del trabajo del cuero. Un par de años después cabalgamos por allí. Desde el camino donde comenzamos, solo tomó cinco horas en mula, a campo traviesa para llegar al rancho... pero, lo sorprendente fue... íeramos los primeros extranjeros en visitarlos! Y, de verdad, fueron algunas de las personas más hospitalarias que quisieras conocer. Nuestras familias han

sido grandes amigos desde entonces. A partir de entonces, durante unos 25 años, lideraría recorridos de viaje en paquete de mulas e incluiría una visita a su rancho y lo planificaría como un circuito de una semana. Visitaríamos su rancho, como una parada a mitad de camino después de tres o cuatro días en el camino. Darío siempre estaba en el centro del escenario cuando llegaban nuestros grupos, y le encantaba compartir la historia de la fabricación de sillas de montar y las maravillosas historias de los ranchos de Baja California. Yo sería el traductor. Luego, en un viaje, hace unos tres años, estaba explicando detalles sobre las viejas sillas de montar Baja que había hecho, cuando me miró y dijo: "Trudi, pronto tendré 70 años, y siempre quise armar una recua de antaño, y llevar un montón de mercadería por la península a La Paz, como solían hacer mi abuelo y otros ancianos hace 70 años y lo quiero en una película! ¿Crees que pueda hacerlo?" Entonces, abrí LA RECUA continúa en página 20



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La Recua / Dario's Dream

An interview with Trudi Angell,
producer and assistant director

photos by Elizabeth Moreno

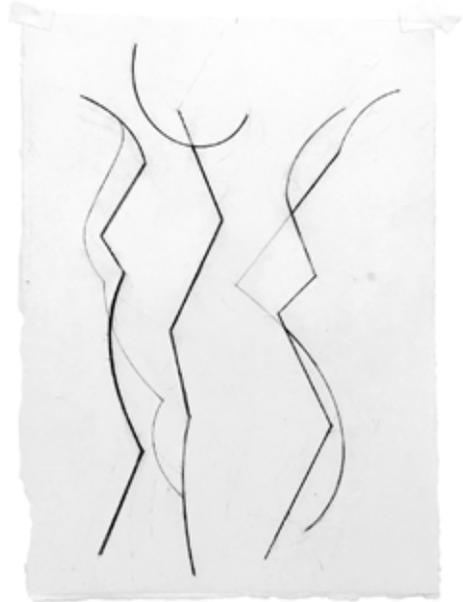
BEHIND THE MAKING OF A FILM ABOUT DARIO AND HIS DREAM

The first time a girlfriend and I did a longer ride up in the *sierras* to the west of Loreto, in about 1987, we rode for five days and ended up in a tiny oasis valley with a couple small villages called "the Comondús." We had a trail guide, an old *vaquero*, with us, and he told us stories about a family living on a road-less ranch another two or three-day ride away. That rancher was also saddle maker of the old style and tradition of leatherworking. A couple years later we rode out there. From the road-head where we started, it only took five hours by mule, cross country, to get to the ranch... but, the amazing thing was... we were the first foreigners to ever visit them! And, truly, they were some of the most hospitable folks you'd ever want to meet. Our families have been great friends ever since. From then on, for about 25 years, I would lead mule pack trip tours out there and include a visit to their ranch and plan it as a week-long loop. We'd visit their ranch, as a mid-way stop after three or four days on the trail. Dario was always on center stage when our groups arrived, and he loved to share the history of saddle making and wonderful Baja ranch stories. I'd be the translator. Then, on one trip, about three years ago, he was explaining details about the old-style Baja pack-saddles he had made, when he looked at me and said, "Trudi, I'm going to be 70 years old soon, and I've always wanted to put together an old-time *recua*, and run a bunch of merchandise down the peninsula to La Paz, just like my grandfather and other elders used to do 70 years ago and I want it on film! Do you think I can do it? So, I opened my mouth, without thinking much, and said, "Yes! I'll help you!"

What is a *recua*? The word comes from Arabic, "Rak-bah" for "something that follows one another," like a camel caravan. In Spanish it's a *recua* and in English it refers to a mule pack-train, a donkey pack-train... or the whole shebang... all the pack animals and riders, (and in our case, also camera folk, sound guy, and support crew) moving down the trail.

In our first teaser in 2017 I came up with a line, "When there were no roads there were *recuas*." Almost every local person I know in Baja who is over 50 remembers the burro caravans and the lifestyle of riding an animal to get to town. Pack-trains were more prevalent than pick-up trucks. Life was a lot slower when you go along at donkey-pace. There is a great observation made by Ricardo, one of our cowboys, maybe 15 minutes into the film about how "everyone's racin' around in cars these days."

Fifty years ago, camping, riding, walking through the desert-mountains to go visit your neighbor a few miles away, was
LA RECUA continued on page 21



"Nude Series No 5"
Charcoal and Graphite on Paper, 7" X 10"

PETER AMBROSE

REPRESENTED BY

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On The Rocks, 19.25"x18.5", glass mosaic on glass, 2019

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cate@shardArtist.com

Art Talk

by Jill Logan

CREATIVITY

I like working large. Huge canvases get me excited. Small canvases bother me. Tiny brushes, small strokes, subjects begging for details. Just not my thing. Big canvases, big brushes, big bold strokes really are my favorite.

I became obsessed in May with creating a five-foot by six-foot abstract textural piece. I have worked with this texture for some time and found some wonderful ways to lay it down on the canvas. I thought it was time to come up with one that would really sing with three-dimension.

I played in pencil on paper with many ideas. Feathers in every direction. Pine trees with tons of spines. Cloud like forms floating in the sky. So many ideas.

It is challenging to put down the texture as it sets up in one hour and cannot be changed. I must know exactly where I am going from the beginning. I waited to begin this one until I had created several smaller samples of what it would look like as a pine and as an abstract. When I felt confident enough, I marked off the large canvas with the idea. Then one day in October, with the doors locked, I began to create the vision I held. Floaters in the sky.

Somehow it flowed into place. I had waited until I was internally "on." Hard to describe but each artist will know the place I went to. It came together with a breathtaking ease. I was very pleased.

Two weeks after it dried, we painted it gold and then put silver leaf over the whole piece. Then we sealed that. And again, waiting for the perfect humid weather and morning, with doors closed, I put the acrylic glaze of light gold over the piece. No small matter to make it even one side to the other.

Henry Miller, a famous American writer, wrote some commandments, as he called them, for creative writers. I am going to share them in context to all artists.

#1. Work on one thing at a time until it is finished.

As a painter, I find my best work has come when I do a whole series or body of work simultaneously. Deciding what to paint is the most challenging for me. I then draw out anywhere from four to 10 works with this theme, working out all the design ideas in chalk so I can change them if the work does not flow. Plus, drawing is a muscle that when



"Plumada Oro Blanco" 66" x 42"
by Jill Logan



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Prints: standard 24 x 36" and large 48 x 70"

I get going is much more expressive and creative in its flow. This beginning allows me to jump in then and start painting each one—sketching in areas of light and shadow—working to the last when the final detail and center of interest lies.

#2 Don't be nervous. Work calmly, joyously, and recklessly on whatever is at hand.

I love these words of wisdom. Life is short. Let's have fun. To me joyousness is entering that place where my head gets out of the way and my soul takes over, time disappears, and I flow in the act of creation. Take risks. Make mistakes. Some of my best work came from mistakes I thought I had made.

#3 When you can't create, you can work.

Half the process of creating is showing up no matter what, then doing one step at a time until something happens.

#4 Cement every day, rather than add fertilizer.

To me this means the daily process of doing—the cement that holds the piece together. Section by section, or phase by phase, to get it done. Fertilizer is: "A number of natural and synthetic materials added to the soil to increase the capacity for plants to grow." In my opinion, Miller may be referring to the gimmicks or fluff that is added to make the work special. Don't get bogged down with that.

#5 Keep human. See people, go places, drink if you feel like it.

We all need outside stimulation, so make it count. Don't waste it or overdo it.

#6 Discard the program if necessary—just be sure to get back to it the next day.

Mix it up. Change your schedule around. Then concentrate. Narrow things down. Simplify. Exclude. Take breaks.

#7 Forget the books you want to write. Think only of the book you are now writing.

This is so true for me. One thing leads to another, and I have so many ideas it would take years to complete them. I could overwhelm myself all the time. I have to stay on course and centered with each series of project. Master one thing first. Master a subject or theme.

#8 Write first and always. Music, friends, other activities, and cinema all come afterwards.

Stay the course. It's easy to get sidetracked with fun adventures that show up. Friends. Lovers. Anything to have to get in there and tackle the next chapter, verse, or painting.

"Passionate people always put their passion first."—Robert Glenn (Canadian artist)

Personally, I know that breaks from my routine, breaks into nature, and going places that inspire me, trips to museums, art galleries, special evenings with friends with creative talk and ideas, all shift me into a renewed place. Helping me have more to give. And then, just take all that energy back to the studio, turn on the music and let the force of life come through.

"The world is so rich, simply throbbing with visual treasures, beautiful souls and interesting people. Forget yourself."—Henry Moore

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"La Montana Viviente," 36"x24" oil/canvas

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Los Cinco Beneficios de Vivir Cerca del Mar

historia y fotos por Alex Mitre

No puedes negarlo... vivir cerca de la playa siempre ha sido parte de tu lista de pendientes. ¿Cierto?

Hace año y medio tomé una de las mejores decisiones de mi vida; mudarme de la Ciudad de México a Todos Santos, Baja California Sur. La idea parecía ser un poco descabellada en ese entonces ya que pensaba que estar tan lejos de la civilización iba a ser muy difícil. Estaba equivocado. Para mi sorpresa, vivir cerca del océano me ha dado una infinidad de beneficios.

Aquí unos ejemplos:

SALUD

¡Por fin, puedo respirar! Por siete años viviendo con la contaminación del aire en la Ciudad de México, sufría constantemente de asma, tos, flujo nasal, ojos, y garganta irritados. Vivir cerca del mar ha eliminado estos síntomas; todos los días lleno mis pulmones con aire puro y fresco del océano y al nadar en el mar rico en yodo y sales marinas, componentes omnipresentes en todos los descongestionantes nasales. Mi nariz, ojos, y pulmones no dejan de agradecerme.

ALIMENTACIÓN

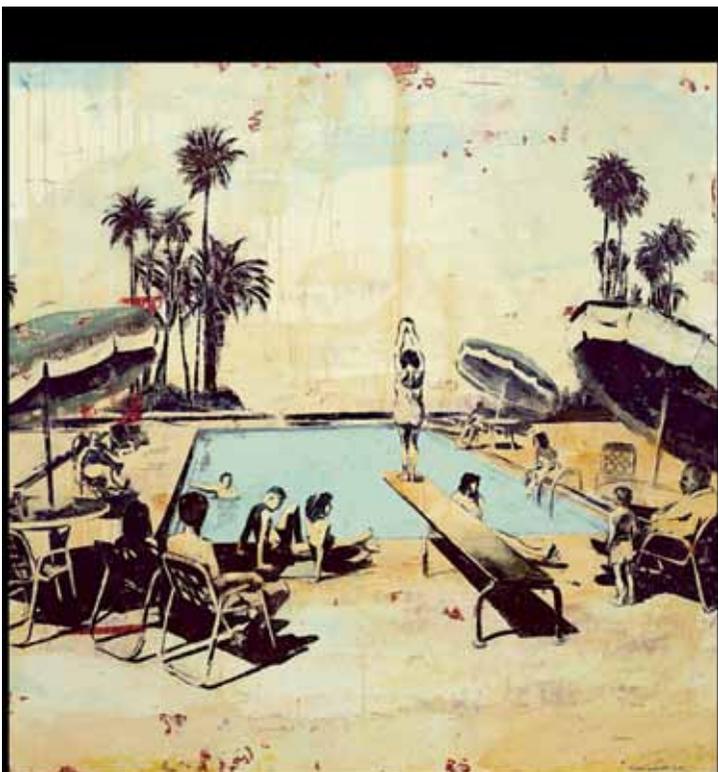
Al estar rodeado de plantaciones agrícola permite un fácil acceso a productos frescos sin químicos o plaguicidas. Como resultado, ahora estoy comiendo frutas y verduras orgánicas que proveen más y mejores nutrientes a mi cuerpo.

Adicionalmente, la proximidad al Océano Pacífico y Mar de Cortés ofrece abundancia de pescados y mariscos frescos sin la necesidad de transportación o refrigeración excesiva. ¡La pesca del día!

Y lo mejor de todo, mi habito de consumo de comida chatarra se redujo dramáticamente y ahora he recuperado el peso que tenía en preparatoria. ¡No tiene precio!

ESTILO DE VIDA

Al vivir en la Ciudad de México, una de las ciudades más grandes del mundo, me encontraba gastando una gran parte de mi día atorado en el tráfico desplazándome de un punto a otro. Esta jornada diaria me tomaba una gran parte de mi día, dejando muy poco tiempo para mí. Hoy en día, VIVIR CERCA DEL MAR cont. en página 39



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The Five Benefits of Living Near the Sea

story and photos by Alex Mitre

C'mon, you can't deny it... living near the beach has always been on your to-do list. Right?

A year and a half ago I made one of the best decisions of my life, moving from Mexico City to Todos Santos, Baja California Sur. The idea seemed a bit far fetched at the time as I thought that being so far away from civilization was going to be very difficult. Was I ever wrong! Much to my surprise, living by the ocean has brought me an infinite number of benefits.

Here are a few examples:

HEALTH

Finally, I can breathe! For seven years living with the air pollution in Mexico City, I suffered constantly from asthma, coughs, a runny nose, irritated eyes, and a scratchy throat. Living near the sea has eliminated these symptoms; every day I fill my lungs with pure, fresh, ocean air and swim in the sea rich in iodine and marine salts—two omnipresent components in all nasal decongestants. My nose, eyes, and lungs can't thank me enough.

NOURISHMENT

Being surrounded by farmland allows easy access to fresh produce grown without chemicals or pesticides. As a result, I am now eating organic fruits and vegetables providing more and better nutrients to my body.

In addition, proximity to the Pacific Ocean and the Sea of Cortés offers an abundance of fresh, just caught, seafood without the need for transportation or excessive refrigeration. The daily catch!

And best of all, my junk food habit has been reduced dramatically and I am back to my fighting weight from high school. Priceless!

LIFESTYLE

Living in Mexico City, one of the largest cities in the world, I found myself spending a good portion of each day stuck in congested traffic traveling from point to point. This daily travel took up an enormous amount of my day, leaving very little "me" time. Nowadays I have the all the time I need to hit the gym every day, attend classes in yoga and Pilates, and enjoy a myriad of water activities such

LIVING NEAR THE SEA continued on page 25



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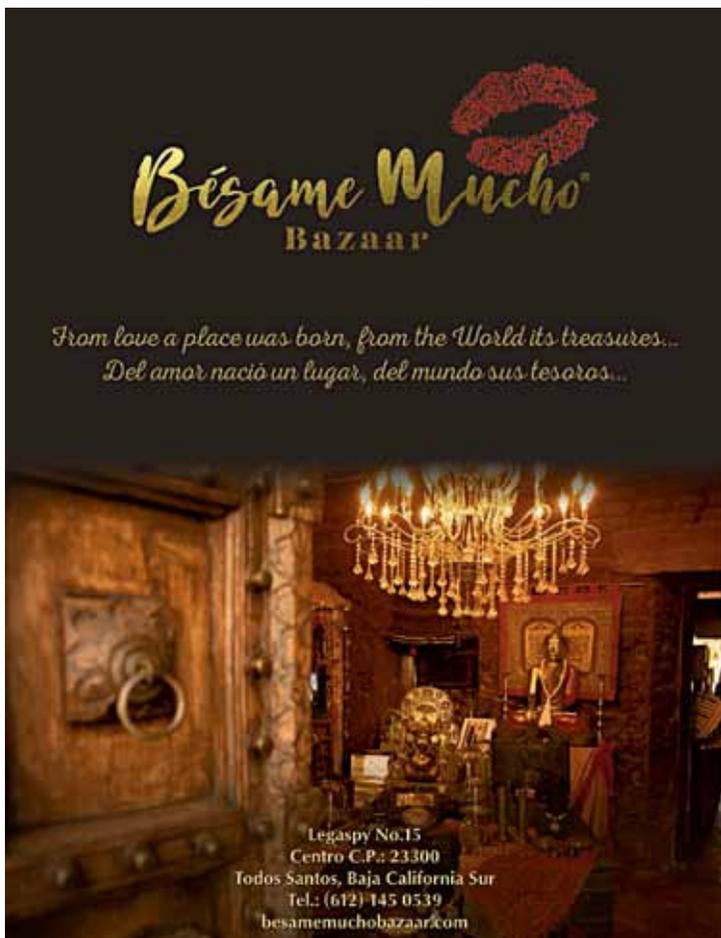


acampando donde gustaban y salando el pescado para preservarlo. El kilo de pescado salado lo vendían en \$1.50 MXN, cuatro pesos si era tiburón, y en un mes podían llegar a ganar mil pesos. En aquel tiempo los pesos eran de plata y la vida era más barata, así que mil pesos era mucho dinero. Tenía que serlo, para motivar a los pescadores a pasar meses trabajando en la isla.

Nos cuenta Mario: “Yo tenía diez años cuando empecé a trabajar con mi padre en la isla. Hay poca agua dulce en la isla, y el agua que llevábamos con nosotros iba en latas que se oxidaban rápidamente. Diario comíamos tortillas, machaca de pescado, y caguama. Los primeros días tendríamos algo de verduras que habíamos traído, pero después de eso, nada por semanas o meses. No podíamos comer frijoles porque no teníamos suficiente agua para cocinarlos. Para sazonar, pura cebolla y chile. Era emocionante cuando lográbamos atrapar una chiva silvestre para la cazuela.”

Cuando el padre de Pedro se inició en la pesca en 1910, Gastón Vives, un empresario y político local, tenía una concesión para el cultivo de perlas en Bahía San Gabriel en Isla Espíritu Santo. Era un negocio importante cuyas instalaciones incluían viviendas, oficinas, y un dique de 500 metros que hacía de la bahía una laguna. Ahí creó un sistema masivo de 36 canales techados que conducían las aguas del Golfo de California, ricas en nutrientes y oxígeno, que alimentan los criaderos de otras. Tuvo un tremendo éxito, exportando sus perlas cultivadas a Estados Unidos y Europa. El padre de Mario, que a veces buceaba buscando perlas, vio un lado diferente de esta operación. “Los trabajadores de los criaderos en Bahía San Gabriel eran gente de las clases más bajas, sin familiares, sin alguien que se ocupe de ellos. Los obligaban a trabajar desnudos para que no se robaran las perlas. Como sólo les pagaban veinte pesos al mes, la tentación era demasiado y muchos se tragaban perlas con el fin de sacarlas de la isla en contrabando. Estos trabajadores sufrieron mucho y muchos de ellos murieron y fueron enterrados en la isla. Hasta las décadas de los sesentas y setentas en el siglo XX, cuando empezaron a llegar los americanos y se llevaron los huesos, todavía había muchas cruces en las dunas de la isla. Varias playas todavía muestran las ruinas de esta empresa, que fue destruida en 1914 por un enemigo de Gastón Vives.” El día de hoy la Isla Espíritu Santo es un parque nacional sin estructuras permanentes, y lo único que queda ahí del imperio Vives son las ruinas del dique.

El padre de los hermanos Puppo pescaba con arpón y a



mano, con anzuelos hechos por herreros, al igual que Mario y Santiago cuando tuvieron edad suficiente para salir al mar. Las décadas de los 20s a los 50s fueron tiempos de prosperidad para los pescadores del Golfo de California. Nos cuenta Mario: "Había mucha gran pesca. Meros de cien kilos que no cabían en el bote y teníamos que llevar vivos a un lado de la embarcación hasta el hotel Perla en el malecón de La Paz; ahí nos compraban todo lo que pescábamos. Los dueños querían mucho a los pescadores, no sólo nos pagaban bien, también nos daban de comer bien siempre. Pero ya hace más de veinte años que no veo un pez de ese tamaño en Espíritu Santo."



fueron restringidos a una zona en la parte posterior de Bahía Gallo, donde mantienen su cabaña de pesca y, a sus 81 y 91 años de edad, siguen pescando las aguas de Espíritu Santo. Aunque se ha generalizado el uso de redes y mallas para la pesca en la isla desde hace 40 años, Mario y Santiago venden a mejor precio cuando pescan a mano, y así es generalmente como ellos pescan. Sin embargo, esta línea ha llegado a su fin.

"La pesca tal como la conocemos en la isla ya se acabó. Una vez que ya no estemos Santiago y yo, ya no habrá más concesiones para pescadores como nosotros. Ahora sólo a las cooperativas les dan concesiones para pescar. Y eso estaría bien si el sistema fuera efectivo, pero llegan de otras partes a pescar nuestras aguas de noche y nadie hace nada. Nos da mucha tristeza."

Las técnicas de pesca han cambiado mucho con los años. "De 1945 a 1970, los pescadores de la zona empezaron a utilizar dinamita para pescar, y eso era muy peligroso por supuesto," nos dice Mario. "La dinamita era muy inestable, y muchos pescadores se accidentaron y hasta murieron junto con el pez." Ese no era el único peligro para ellos. En aquellos tiempos no había forma de monitorear el clima, y muchos perecieron en huracanes. En 1976 Mario pasó el huracán Lisa, la peor tormenta registrada en la historia de Baja California Sur, en una cueva en la Isla Espíritu Santo, junto con su esposa, su hija de tres años, y docenas de serpientes que también buscaban refugio. Aunque lamenta que muchos aspectos de la pesca en Isla Espíritu Santo han cambiado para mal, Mario se siente agradecido por la tecnología meteorológica.

Mario ha estado casado con Rosa María Murillo Martínez por 56 años. Juntos tienen cinco hijos, nueve nietos, y seis bisnietos. Una de sus hijas se casó con un inmigrante italiano, y a Mario le da mucho gusto que la historia familiar haya vuelto a su origen. Aunque la historia de la pesca independiente en Isla Espíritu Santo esté llegando a su fin, la historia americana de migración, integración y determinación intrépida sigue viva y fuerte en Baja California Sur. Es un relato de todos los tiempos.

En 1977, la Isla Espíritu Santo, junto con 897 islas más del Golfo de California, fue designada Zona de Reserva Natural y Refugio de Aves Migratorias y de la Fauna Silvestre, y en 2005 fue designada Patrimonio de la Humanidad por UNESCO. La conservación se ha convertido en el impulso principal de actividades en la isla, y mientras que antaño Mario y Santiago acampaban en donde gustaban, en 2007

Todos Santos Eco Adventures (TOSEA) es la compañía líder de aventuras ecológicas en Baja California Sur y desde el 2002, ha compartido su pasión por la fenomenal belleza natural, la singular cultura y la extraordinaria vida silvestre de Baja California. Tienen campamentos de lujo en la Isla Espíritu Santo en el Mar de Cortés y en la Reserva de la Biosfera de la Sierra de La Laguna. También poseen y operan Los Colibris, un hotel boutique en Todos Santos. Sus galardonados viajes han aparecido en National Geographic, London Times, Outside Magazine, Coastal Living, Condé Nast Traveler, Forbes, Playboy, Sunset Magazine, y Lonely Planet.



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La Recua

continuó de página 12

boca, sin pensarlo mucho, y dije: "¡Sí! ¡Te ayudare!"

¿Qué es una recua? La palabra viene del árabe, "Rak-bah" para "algo que se sigue," como una caravana de camellos. En español es una recua y en inglés se refiere a un tren de carga de mulas, un tren de carga de burros... o todo el asunto... todos los animales de carga y jinetes (y en nuestro caso, también gente de cámara, equipo de sonido y equipo de apoyo) avanzando por el sendero.

En nuestro primer lanzamiento en 2017 se me ocurrió una frase: "Cuando no había carreteras, había recuas." Casi todas las personas locales que conozco en Baja California que tienen más de 50 años recuerdan las caravanas de burro y el estilo de vida de montar un animal para llegar a ellas pueblo. Los trenes de carga eran más frecuentes que las camionetas. La vida era mucho más lenta cuando iba al ritmo de un burro. Ricardo, uno de nuestros vaqueros, hace una gran observación, tal vez 15 minutos después de la película sobre cómo "todos están haciendo carreras en los autos en estos días."

Hace cincuenta años, acampar, montar a caballo, caminar por las montañas del desierto para visitar a su vecino a pocos kilómetros de distancia, era la norma. Viajar desde su rancho o pueblo de montaña hasta la costa hasta una ciudad portuaria tomaría un día o dos... para comprar alimentos. Podía llevar pieles de vaca curtidas para comerciar, queso, carne seca, o cualquier cosa que produjera su rancho. ¡Pero a veces la tienda venía a ti! Si vivía un par de días lejos de una fuente de suministros o no podía escapar del rancho porque estaba demasiado ocupado, había vendedores ambulantes con sus recuas de burros y mulas. Se les llamaba falluqueros, comerciantes ambulantes, y viajaban en circuito entre ranchos, visitaban 30 ranchos en un mes y cambiaban por alimentos y bienes lo que necesitaran.

Pero, para llevar las grandes cargas, cientos de kilos de dátiles, queso, pieles, durante doscientas millas, hasta la ciudad portuaria más grande de La Paz... esos fueron los camioneros de larga distancia del día, los arrieros—Los Arrieros de las Recuas. Tomó una raza especial.

Esta película te da una idea de ese estilo de vida. Hay muchas similitudes con las viejas recuas. Hay pepitas de la historia que salen a la luz, hay entrevistas íntimas con los ancianos a lo largo de la ruta que recuerdan esos viejos tiempos, y hay gemas de la tradición vaquera poco conocida, valiosa y digna de preservar. Cuando acampaba hace 50 años, tenía una sábana: una manta y un lienzo para mantener alejado el rocío. Sacaba un poco de carne seca de tus alforjas de cuero y tomaba una bolsita de café y azúcar y una taza de lata, algunas tortillas y quizás un trozo de queso. Si llevaba dátiles o higos secos en tu carga, es un buen refrigerio.

Hubo muchos más ranchos en las sierras en la época de las recuas. Por lo general, pequeños ranchos remotos LA RECUA continúa en página 48

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La Recua

continued from page 13



the norm. To ride from your ranch or mountain village down to the coast to a port-town would take a day or two... to get groceries. You might take tanned cowhides to trade, cheese, dried meat, or whatever your ranch produced. But sometimes the store would come to you! If you lived a couple days away from a supply source or couldn't get away from the ranch because you're too busy, there were peddlers with their *recuas* of burros and mules. They were called *falluqueros*, traveling merchants, and they'd ride the loop trips between ranches, visit 30 ranches in a month, and trade for food and goods that were needed.

But, to run the large loads—hundreds of kilos of dates, cheese, hides, for two hundred miles, down to the bigger port city of La Paz... those were the long-haul truckers of

the day—the muleteers—*los Arrieros de las Recuas*. It took a special breed.

This movie gives you a glimpse into that lifestyle. There are a lot of similarities to the old *recuas*. There are nuggets of history brought to light, there are intimate interviews with elders along the route who remember those old days, and there are gems of little-known vaquero lore—valuable and worth preserving. When you camped out 50 years ago, you had a bedroll: a blanket, and a piece of canvas to keep the dew off. You pulled some dried meat out of your leather saddlebags and had a little bag of coffee and sugar and a tin cup, a few tortillas and maybe a piece of cheese. If you carried dates or dried figs in your cargo, that's a good snack.

There were a lot more ranches in the sierras back in the time of *las recuas*. Usually small, remote ranches made of palm thatch where the water was, but best not to camp there—no desert food available for your burros, since the ranch animals would not have left much near the water source. You'd need to always have your animal's welfare in mind. They're the lifeline. You tie up your mule on a desert plant that you know it likes to eat. You and your mule take care of each other. You have a helper riding along with you, maybe, and if you don't, you use a forked stick called a *sufridor* to balance the load on one side of the burro while you set the other load on the far side. So many details to get lost in the dust of the past.

There's one word being lost to history already, no longer needed in language—*apéllense*. It's a word that says way

LA RECUA continued on page 49

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february

February 1-8 | 7TH ANNUAL TODOS SANTOS WRITERS WORKSHOP at Casa Dracula in Todos Santos. Seven-day intensive workshops for writers at all levels. Faculty: Christopher Merrill (Poetry); Jeanne McCulloch (Memoir); Karen Karbo (Memoir/Fiction); Gordon Chaplin (Fiction); Rex Weiner (Stage & Screen). This year, a second week, February 10–15, is open to previous TSWW attendees. For more information: www.todossantoswritersworkshop.com

February 2 | 4:30 pm, SUPERBOWL LIV. Catch the game at **Chill N Grill** and **Shut Up Frank's** in Todos Santos and **Shaka's** in Cerritos.

February 3 | 7–9 pm, TSWW FACULTY READING in the gardens of Casa Dracula. Christopher Merrill; Jeanne McCulloch; Karen Karbo; Gordon Chaplin; Rex Weiner. Open to the public. Donations go to **The Palapa Society of Todos Santos**.

February 4 | 5–9 pm, SUNSET OPEN MIC/ MUSIC JAM at **MiniSuper Munchies** in Pescadero. Food, drinks, desserts, and dancing. All ages welcome!

February 6 | 3–5 pm, TSWW WRITING DISCUSSION at Casa Dracula. The 7th Annual Todos Santos Writers Workshop offers a panel discussion on writing craft in the Casa Dracula courtyard, open to the public.

February 7 | 6 pm, 11TH ANNUAL TODOS SANTOS OPEN STUDIO TOUR WINE & CHEESE SNEAK PEEK at **The Palapa Learning Center**. \$150 MXN includes a silent auction of paintings, sculptures, photography and more. For more information: <https://palapasociety.org/events/>

February 7-9 | 11TH ANNUAL ARTISTS OPEN STUDIO TOUR in Todos Santos. \$350 MXN. Tickets on sale at www.todossantosopenstudiotour.org or at El Tecolote Bookstore in Todos Santos. The weekend of the event, tickets will only be available at **The Palapa Learning Center** and El Tecolote Bookstore.

February 8 | 7 pm, AN EVENING OF MUSIC WITH JOHN PAUL JONES, MIGUEL OCHOA AND FRIENDS at Doce Cuarenta in Todos Santos. Must have a ticket to attend. For more information visit: todossantosopenstudio.org

February 8 | NOCHE MEXICANA with live mariachi music at **la Palapa del**

Sabor in Todos Santos.

February 8 | THE BAJA 100. Takes place the second Saturday of each month. For more information visit: <https://www.facebook.com/thebaja100ART/>

February 11 | 5–8 pm, SOUP, SALAD & GAMES at **Mini Super Munchies** in Pescadero. Meat and vegan options served with fresh baked bread and organic salad. Bring your favorite table games to add to the fun. Check their Facebook page for details.

February 14 | 12:45–3 pm, PADRINOS' FASHION SHOW & LUNCH at Doce Cuarenta in Todos Santos. At this special event kids from the **Padrino Children's Foundation** programs and their teachers will be modelling the clothes. Benefits ongoing vocational programs for special needs children at the **Padrino Children's Foundation**. Tickets \$500 pesos and include lunch and dessert. They are available at El Tecolote Bookstore, Doce Cuarenta, and the Padrino office on Calle Cuauhtemoc. Exciting raffle prizes also available. Seating is limited so get your tickets now! Visit us at PadrinoCF.org

February 14 | 6 pm, "NEURO-CONSERVATION AND MINDFUL EATING FOR SEA TURTLES." Location TBD. In this presentation, Stephanie J. Rousso, a PhD student at the Center for Marine Science in La Paz, and Dr. Ines Mancini, the scientific coordinator for Grupo Tortuguero de las Californias will explain the positive paradigm shift into neuro-conservation for sea turtles. Learn about the fabulous work that scientists, fishers, and seafood lovers are making together to reduce sea turtle mortality in Mexican

artisan fisheries. Part of the Todos Santos Speaker Series. Limited seating. Tickets \$200 pesos, advance tickets available at El Tecolote Bookstore in Todos Santos.

February 18 | 5–9 pm, SUNSET OPEN MIC/ MUSIC JAM at **MiniSuper Munchies** in Pescadero. Food, drinks, desserts, and dancing. All ages welcome!

February 20-25 | CARNAVAL LA PAZ. Parades and activities on the *malecón*.

February 21 | 6 pm, "SECRET FILES OF THE INQUISITION" at Teatro Márquez de León, Todos Santos. A mini-series by David Rabinovitch, Executive Producer. Filmed on location in Spain, the series reveals how the most powerful church on earth created the Inquisition to attack its enemies and preserve the unquestioned authority of the Pope. Historians, experts, and Church authorities advise on the handling of this controversial subject matter. The Executive Producer, David Rabinovitch will introduce and screen episode 2 *The Tears of Spain* and take us behind the scenes of the making of this international co-production. Part of the Todos Santos Speaker Series. Limited seating. Tickets \$200 pesos, advance tickets available at El Tecolote Bookstore in Todos Santos.

February 23 | CELEBRATE BRANDO'S 49TH BIRTHDAY at **Shaka's** in Cerritos. Live hard rock band Julieta. No cover.

February 24-27 | 9 am–4 pm, ABSTRACT POSSIBILITIES with **Anne Hebebrand**. Do something different than you usually do, play with shapes, color, texture, layering, rhythm, pattern, and

EVENTS cont. on page 46

HAPPY HOUR

Chez Laura, W Th F 4–6 pm, 2x1 house cocktails.

Chill N Grill, M T Th F 4–6 pm, 2x1 beer and well drinks.

FreeSouls, **Su M T W Th F Sa 5–6 pm, Margaritas, mojitos, and beers at special prices.**

Gallo Azul, Su M T W F Sa 3–6 pm, 2x1 mojitos and margaritas.

Hotel San Cristobal, **F 5–9 pm, Drink specials at the pool bar.**

La Esquina **M T W Th 5–6 pm, 2x1 adult beverages.**

La Morena **M T W Th F Sa 4–6 pm, 2x1 cocktails.**

Rip Tide Bar **Su M T W Th F Sa 3–6 pm, 3 beers or 3 margaritas for the price of 2.**

Shut Up Frank's M W Th F 3–6 pm, 2x1 bottled beer and well drinks.

Shaka's Su M T W Th F Sa 4–6 pm, 2x1 beer and Georgie's palomas Shakaritas (tequila, lime and Squirt.)

The Oasis **Su M T W Th Sa 12:30–3 pm, 2x1 margaritas & house wine, 50 pesos well drinks, 25 pesos Pacifico beer.**

every week

Monday – Friday, 9 am, **Over The Edge Baja GUIDED GROUP BIKE TOURS.** \$1,400 pesos includes a TREK Roscoe demo bike & helmet. One and 1/2 to 3 hours, many photo opportunities. Reservations in advance. For more details, visit the store, call (612) 120-3395 or email: dthompson@otesports.com

Monday – Friday, 9 am – 2 pm, **PUNTO VERDE RECYCLING CENTRE** behind Super Pollo, off calle Del Huerto at the southern entrance of Todos Santos. Bring your paper, #1 & #2 plastics, batteries, cardboard, cans, metal, Styrofoam, clear glass and electronics. 50 peso minimum donation, electronics are 80 pesos. Please separate and clean materials. For information: ecorrevolucionmx@gmail.com, (612) 139-4789

sunday

2 – 8 pm, **DOMINGO DE PAELLA** at El Mirador Ocean View Restaurant in Todos Santos.

3 pm, **LIVE MUSIC** with Daline and Diego at Cerritos Beach Inn in Pescadero.

4 - 8 pm, **BBQ PORK RIBS AND CHICKEN** at Cerritos Beach Inn in Pescadero. Served with French fries and coleslaw, 400 pesos.

6 pm, **SUNDAY SESSIONS** at Todos Santos Brewing. Live music in the beer garden.

monday

5 pm, **TACUILOS TODOS SANTOS CÍRCULO DE ESCRITURA / WRITING CIRCLE** at Centro Cultural "Profe. Nestor Agúndez." All are invited to share their writings. Bilingual meetings. For more information visit: facebook.com/tlacuilostodosantos Events: facebook.com/events/189012501684966/

tuesday

8:30 am – 1 pm, **LA PAZ FARMER'S MARKET** on calle Madero between 5 de Mayo and Constitución, La Paz.

4 pm, **ROCKIN' TACO TUESDAY** at Chill N Grill in Todos Santos. Live music 6 – 9 pm.

6 pm, **TRIVIA NIGHT** at Todos Santos Brewing.

6:30 – 9:30 pm **ACOUSTIC MUSIC** with Tim Lang at La Casita restaurant in Todos Santos.

7 pm, **MOVIE NIGHT** at Gallo Azul in Todos Santos.

wednesday

9 am - 1 pm, **LOCAL MARKET** at La Esquina Café in Todos Santos.

1- 5 pm, **WINE TASTING** at Amor D'Vino in Todos Santos.

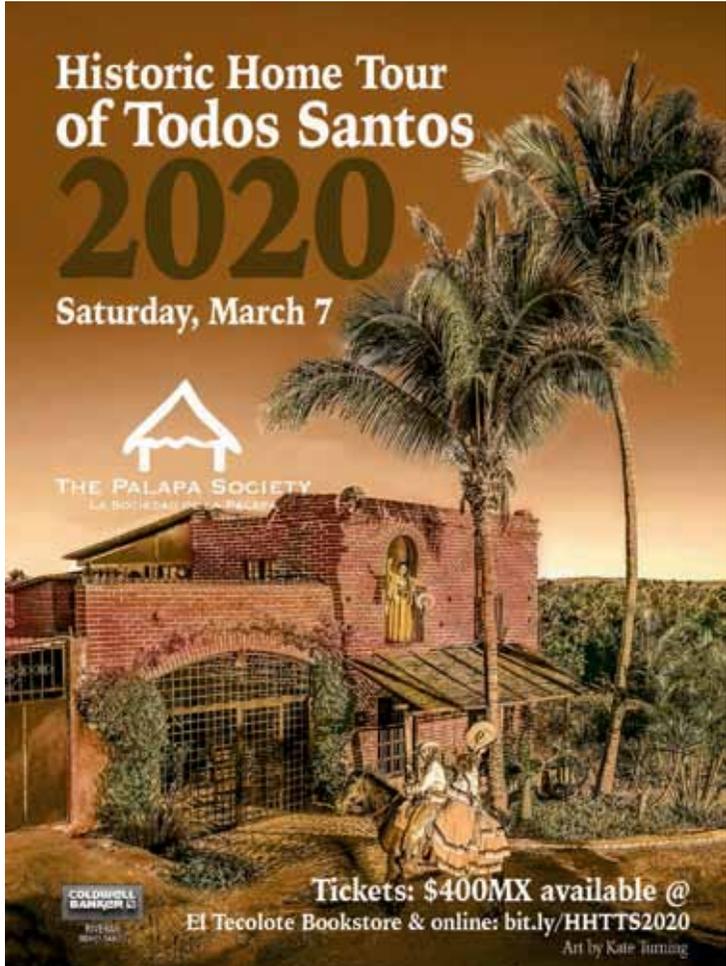
MEATLOAF with mashed potatoes and green beans with bacon 175 pesos at **Shut Up Frank's** in Todos Santos.

7 pm, **LIVE BLUES MUSIC** at La Morena in Todos Santos.

thursday

8:30 am – 1 pm, **LA PAZ FARMER'S MARKET** on calle Madero between 5 de Mayo and Constitución, La Paz.

MEXICAN COOKING CLASS at **Hablando Mexicano** in Todos Santos. For everyone interested in getting an **WEEKLY EVENTS** continued on page 47



Historic Home Tour
of Todos Santos
2020
Saturday, March 7

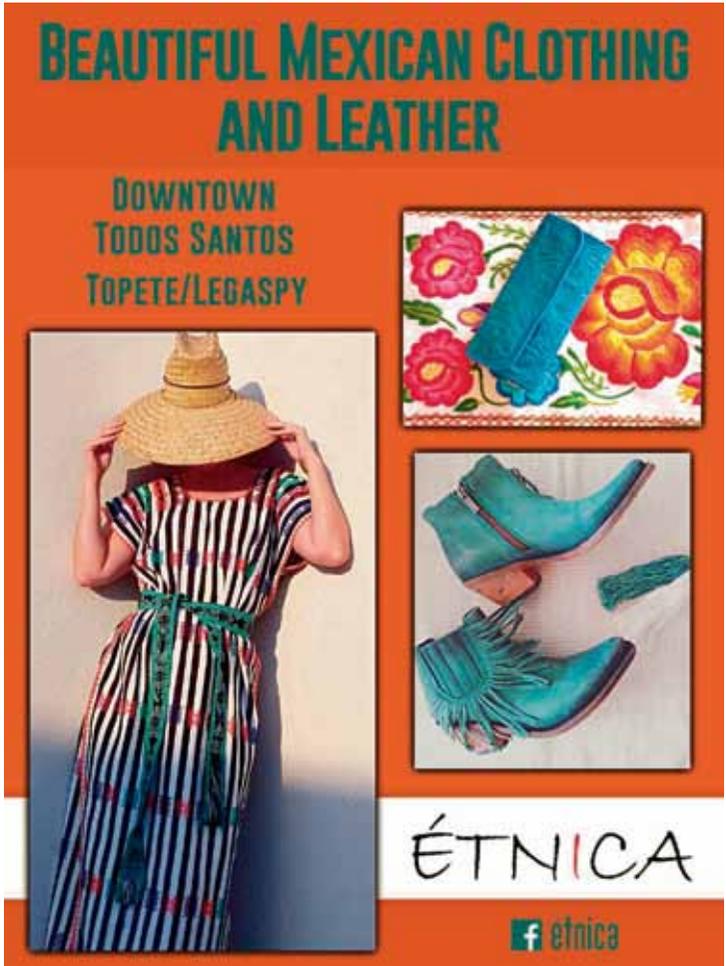
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Art by Kate Turnang

COLDWELL BANKER

ROYAL REALTY

The poster features a photograph of a historic brick building with a statue in a niche, set against a backdrop of palm trees. The text is overlaid on the image.



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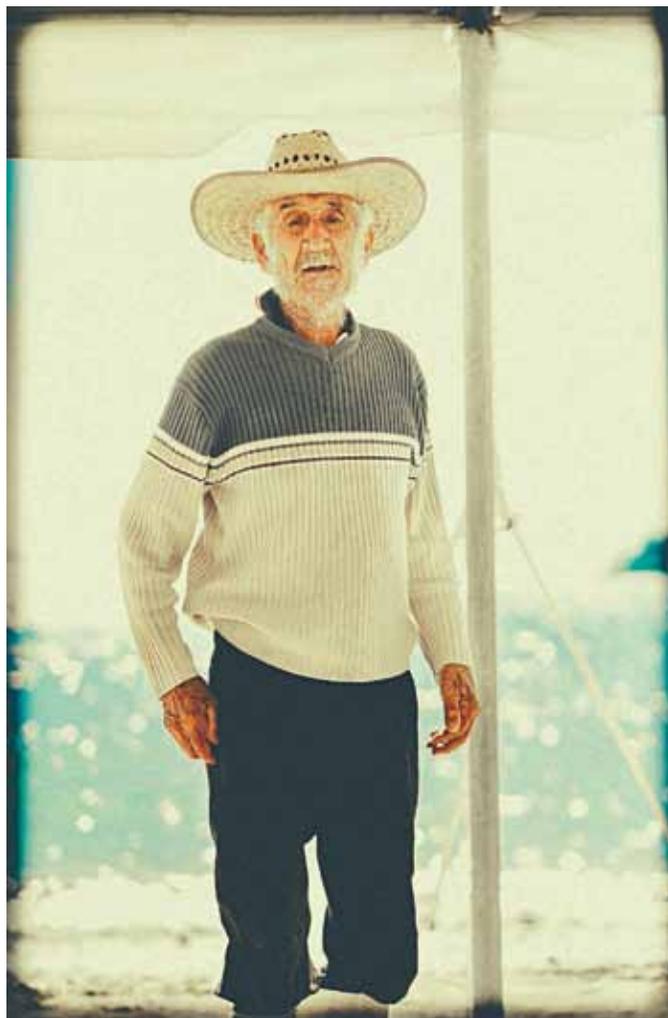
The advertisement has an orange background. It features a woman in a striped dress and a wide-brimmed hat, a blue leather bag, and a pair of blue leather boots. The text is in various colors and fonts.

Espíritu Santo

continued from page 7

Fishing techniques changed through the decades. "From 1945 to 1970 the fishermen of La Paz began using dynamite to fish, and of course that was extremely dangerous" says Mario. "The dynamite was unstable, and many fishermen ended up blowing themselves up along with the fish." That was not the only threat for the fishermen. In the old days the fishermen didn't have a way to track the weather and many died in hurricanes. In 1976 Mario rode out Hurricane Lisa, the worst recorded storm in the history of Baja California Sur, in a cave on Isla Espíritu Santo with his wife, three-year-old daughter, and dozens of snakes who were also seeking refuge. While Mario laments many of the changes that have affected fishermen at Isla Espíritu Santo, accurate weather prediction technology is not one of them.

In 1977 Isla Espíritu Santo and 897 other islands of the Sea of Cortez were designated a Flora and Fauna Protection Area (Zona de Reserva Natural y Refugio de Aves Migratorias y de la Fauna Silvestre) and in 2005 a UNESCO World Heritage Site. Conservation became the driving force and where once Mario and Santiago had camped wherever they liked on the island, in 2007 they were restricted to one piece of land on the back side of Gallo Bay where they keep their fishing shack and, at 81 and 91 years of age, continue to fish the waters of Isla Espíritu Santo. While nylon fishing nets have been in use around the island since the 1970s, Mario and Santiago command a premium for fish caught with hand lines so that is generally how they ply their trade.



But they are the end of the line.

"Fishing at the island as we know it is over. Once Santiago and I are gone, there will be no more permits for fishermen like us. Now only cooperatives are able to get fishing permits. And that would be OK if the system was effective, but fishermen from outside of La Paz come in the night to fish our waters and nothing is done to stop it. We are sad to see this happen."

Mario has been married to Rosa Maria Murillo Martinez for 56 years. Together they have five children, nine grandchildren and six great grandchildren. One of their daughters married an Italian immigrant, and Mario loves that the family story has come full circle. While it is the end of the story for the independent fishermen of Isla Espíritu Santo, the American story of immigration, integration and intrepid determination continues to thrive in Baja

California Sur. It's a tale for the ages.

Todos Santos Eco Adventures (TOSEA) is the leading eco adventure company in Baja California Sur and since 2002, they have been sharing their passion for the phenomenal natural beauty, unique culture, and extraordinary wildlife of Baja. They have luxury tent camps on Isla Espíritu Santo in the Sea of Cortez and in the Sierra La Laguna Biosphere Reserve. They also own/operate Los Colibris Casitas, a boutique hotel in Todos Santos. Their award-winning trips have been featured in National Geographic, the London Times, Outside Magazine, Coastal Living, Condé Nast Traveler, Forbes, Playboy, Sunset Magazine, and Lonely Planet.

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www.shutupfranks.com



Living Near the Sea

continued from page 17

as stand-up paddleboard, surfing, and swimming. I also found time to devote to my inner artist and have begun to paint with watercolor. I have more time for myself, with my fur-baby Max, and to get together with friends.

Additionally, due to the intimate size of my sea-side town, I regularly walk to work, shop down the street from my apartment, and head out on foot to my favorite restaurants. My evenings typically involve watching the sun set over the ocean, filling my lungs with restorative ocean air. Ahhhh!

CULTURAL INTEGRATION

Sea-side towns tend to attract an international community allowing interaction with people of diverse nationalities.

I notice daily improvement of my English and French and, at the same time, have been able to share and teach new words in Spanish and Mexican idioms to my new foreign friends.

Interacting with those of so many nationalities, ages, and backgrounds has expanded my cultural experiences. I now understand values different from mine, have tasted new gastronomic flavors, embraced new ways of thinking, and experienced new lifestyles.

There is an overflow of cultural wealth shared with citizens of the world. *iVive la différence!*

And, finally, who can argue with **SCIENCE?**

Based on a study conducted by the University of Exeter in 2012, living near the sea, in addition to improving respiratory problems, stabilizes blood pressure, is positive for the joints, fights infections, prevents fluid retention, promotes metabolism, it reduces stress and helps to heal the skin, among other things. You can find more of this study here: <http://www.exeter.ac.uk/research/>

Starting a new life by the sea is easier than you think. Go to your favorite real estate agent, find your paradise and start a new adventure living on the beach. You won't regret it!

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Casas Históricas

continuó de página 8

época. La propiedad original incluía el edificio de ladrillo vecino y el edificio que era el Cine Viejo. En 1921, este sitio también albergaba el único teatro de la ciudad hasta que se construyó el Teatro Manuel Márquez de León, en la plaza, en 1944.

Desde allí, te llevan a la era de la Revolución Mexicana a la Casa de la Coronela. Esta casa es el sitio donde nació Dionisia Villarino Espinoza, la coronela. Más tarde se convirtió en una de las mujeres más respetadas y valientes de la Revolución Mexicana de 1910. Regresó a Todos Santos después de la revolución y se involucró en los acontecimientos políticos y sociales dentro de la comunidad. Su activismo incluía montar a caballo a las comunidades rurales de ganadería alentándolos a convertirse en votantes regulares y activos. Visite el imponente y hermoso Hotel Guaycura, que fue construido a mediados de 1800 por Don Antonio Domínguez y luego se convirtió en una escuela para maestros y luego en un centro de albergue para estudiantes de los ranchos locales.

Un edificio increíble más notable es Hacienda Cordobal. Según una inscripción en la azotea, este edificio fue establecido en 1894 por Héctor Guluarte Cota y luego fue adquirido por Jeanne Cordova y Lynn Harris Ballen. Jeanne fue uno de los miembros fundadores originales de La Sociedad de la Palapa y comenzó a ayudar a las mujeres jóvenes a obtener libros, uniformes, y pagar la escuela. Esta visión todavía está viva hoy. La Sociedad de la Palapa es ahora la principal fuente educativa para los jóvenes de Todos Santos, con la Escuela Palapa. Cada estudiante recibe al menos el 50% de sus costos de matrícula anuales cubiertos a través de becas. Estos fondos de becas son recaudados por nuestros eventos anuales y esfuerzos de recaudación de fondos.

Cada edificio en el recorrido tiene su propia historia encantadora para compartir. Puede comprar boletos por adelantado en línea visitando bit.ly/HHTTS2020 o en persona en la Librería El Tecolote en Todos Santos.



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Historic Homes
continued from page 5

Todos Santos. About that time, a pair of artists from New Mexico discovered the *pueblo*. Maintaining that the light here is magical and has the same vortex as Santa Fe and the Bermuda Triangle, other artists were drawn here, slowly at first, and then with increasing momentum. The aquifer replenished and agriculture began again in earnest, along with an escalating boom in tourism and migration of artists. All continue to this day, and many of the old homes and businesses of the sugar barons have been renovated.

The tour will take you to the old Todos Santos Inn (Casa Amador), a large brick building that was constructed with wooden floors and ceiling beams. This was the style of building used by the wealthy families of the time. The original property included the neighboring brick building and the building that was *el Cine Viejo*. In 1921, this site was also home to the only theater in town until the Teatro Manuel Márquez de León, on the plaza, was built in 1944.

From there you are whisked into the era of the Mexican Revolution to the Casa de la Coronela. This home is the site where Dionisia Villarino Espinoza, *la coronela*, was born. She later became one of the most highly regarded and valiant women of the Mexican Revolution of 1910. She returned to Todos Santos after the revolution and became involved in the political and social happenings within the community. Her activism included her riding by horseback to the rural ranching communities encouraging them to become regular and active voters. Visit the imposing and beautiful Hotel Guaycura, which was built in the mid 1800s by Don Antonio Domínguez and later became a school for HISTORIC HOMES continued on page 43



Tracks in the Sand

story and photos by Kaia Thomson



This project began with my observations of jack rabbit tracks on the beach. Then came cat tracks, small foot tracks with tail drags, and then just LOTS of different animal tracks—including raccoons—they look like little bear tracks, with their elongated toes, claws and paw shape. Adorable.

Animals are wonderful actors, especially on their own stages. With their natural curiosity, poses, expressions, and how they move with such awareness and determination when hunting and scouting. Always passing through their area with minimal disturbance to the ecosystem, there is something so intriguing about encountering a line of animal tracks... what are they doing? Where are they going? What does the animal look like? What time of day are they active?

After all this pondering, by coincidence, I happened across a special on *National Geographic*, about how kangaroo rats can jump over a meter high to avoid being caught in the jaws of a sidewinder rattlesnake, all filmed at night in the desert. This sparked my interest in trail cameras.

Trail cameras are equipped with motion sensors and infrared lighting, so as not to bother the animals. With as little human interference as possible they are virtually silent, operate continually, and can be mounted in various terrains. After programming the trail cam to take stills
TRACKS continued on page 30

Huellas en la Arena

Historia y fotos de Kaia Thomson

traducido por Ricardo Madrazo



20 °C 68 °F 07/06/2019 21:02:57 094

Este proyecto empezó con mis observaciones de huellas de liebre en la playa. Luego encontré huellas felinas, huellas de patas pequeñas con colas arrastrando, y luego una amplia variedad de huellas animales, incluso de mapache. Estas últimas parecen huellas miniatura de oso, con sus dedos alargados, y la forma del pie y la garra. Adorable.

Los animales son actores fabulosos en su entorno natural. Su inherente curiosidad, sus formas y expresiones, sus movimientos determinados y conscientes al cazar y explorar. Siempre al pasar dejan una mínima impresión en su entorno y ecosistema. Siempre me despierta mucho la curiosidad el encontrar huellas animales. ¿Qué estaban haciendo? ¿A dónde iban? ¿Qué aspecto tiene este animal? ¿Es un animal diurno o nocturno?

Tras mucho tiempo pensando estas cosas, por coincidencia encontré un documental de *National Geographic* que mostraba cómo unas ratas canguro brincaban más de un metro de altura para evitar la mordedura de una víbora de cascabel. Estaba filmado de noche y en el desierto. Esto despertó mi interés por las cámaras silvestres.

Las cámaras silvestres están equipadas con sensores de movimiento y luz infrarroja, para no ahuyentar animales con iluminación espontánea. Operan en silencio con mínima intervención humana, de manera continua, y se pueden montar en casi todo tipo de entorno. Las cámaras silvestres pueden ser programadas para registrar foto fija o



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video al activarse el sensor de movimiento. La cámara "ve" con una luz infrarroja que "ilumina" al sujeto; sin embargo, el animal no ve la luz. La cámara también registra datos de fecha, hora, temperatura, y hasta la fase lunar con cada imagen.

En algunas fotografías podemos ver un gato montés que detecta sonidos en la maleza; un cuitlacoche ceniciento que sacude sus patas en la arena caliente; otro cuitlacoche, aparentemente molesto por la lluvia y un arroyo efímero; **HUELLAS continúa en página 48**



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Tracks

continued from page 28



and/or video, it activates the camera when the sensors detect motion. The camera “sees” with infrared light and illuminates the subject, but the animal does not see the light. The camera also provides interesting information on each image with reference to time, date, temperature, and even the phase of the moon!

In some of the photos, you will see the bobcat detecting sound in the brush; a gray thrasher bird hot-footing it in the 114°F sand; another gray thrasher, seemingly annoyed with the rain and a temporary rivulet; a panicked bird undetected by a bobcat, he must have been really focused on something else! A curious raccoon and a lucky bobcat with prey as well as a happy sunning iguana.

In conclusion, what really happens in the wild? Well, animal stuff, and that is really cool!

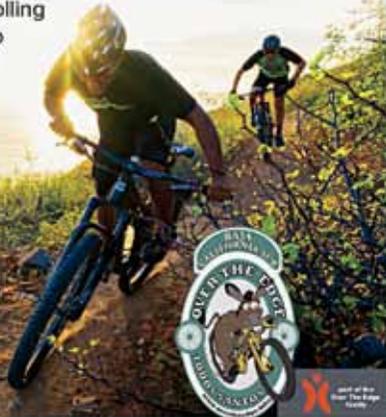


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El Cielo: The Baja Sky

by Roc Fleishman
photo by Kaia Thomson

Welcome to the February/March edition of *El Cielo* for 2020, highlighting the most interesting sights and movements of the heavenly objects above Baja California Sur. Keep this list close at hand and enjoy the sky.

There are lots of bright stars visible during the clear nights of winter. The most distinct constellation is Orion and its Great Nebula (look for the small fuzzy cloud in the sword), up all evening into the early morning. The Southern Cross (Crux) is obvious when you see it, visible due south, very low to the horizon for a few hours each clear night for the next few months. At the beginning of February, it is straight up at about 4 am. My favorite globular star cluster for binocular and telescope viewing, Omega Centauri, makes its appearance this time of year also. It follows behind Crux, 15° above and to its left and due south at 5 am on February 1. Due to fundamental solar system mechanics, all of the stars (and the far outer planets) advance about two hours each month, so if what you are looking for was straight up in the south at 4 am on February 15, on March 15 it will be straight up at 2 am and so on.

MOON/PLANET CALENDAR FEBRUARY

- 3/4 The bright star near the moon is Aldebaran, the alpha star in Taurus and the eye of the bull.
- 19 Jupiter and the moon within a few degrees in the early morning hours.

- 20 Saturn and the moon within two degrees in the dawn.
- 21 Waning crescent moon visible in the dawn.
- 24 New moon visible.
- 27 Waxing crescent moon with Venus after sunset.

MARCH

- 14 Equilux, the day with equal light and dark hours of the day/night.
- 16 From about the 16th through the 30th, Mars moves lower near Jupiter and Saturn in the eastern sky before dawn, passing Jupiter around the 20th and Saturn around the 31st, and they all get photobombed by the crescent moon on the 18th.
- 19 Equinox at 8:49 pm, when the sun's path crosses the equatorial plane.
- 21 The waning crescent moon has a conjunction with Mercury in the dawn.
- 22 A challenge to see the last of the waning crescent moon before the sun rises.
- 25 New moon visible.
- 28 Venus below and right of the waxing crescent moon in the sunset, with the Pleiades to the right and between the two.

For more information on any of the above subjects, check EL CIELO continued on page 43



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Baja Zen Yoga Studio + Retreat



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Voces del Pueblo

by Janice Kinne

Thank you for all the compliments we received for our Holiday issue with the fabulous **Mark Gabriel** cover, "El Rey." We hope that you enjoy this issue with its great Baja stories, photos, and art.

Photographer **Pablo Márquez** contributed this issue's cover photo of La Poza lagoon. You can see more of his fine art prints at **Galería Logan** in Todos Santos.

Galería Logan is holding an art opening March 14, featuring new works by Lee Mothes and Jill Logan.

The Palapa Society of Todos Santos A.C. has two popular tours coming up—the Artists of Todos Santos Open Studio tour at the beginning of February and the ever popular biannual Todos Santos Historic Home tour. See this issue's article for more information. And you can still get a copy of the 18-month Artists of Todos Santos calendar! All support **The Palapa Society of Todos Santos** programs.

Artist **Ann Hebebrand** has two more workshops coming up, Abstract Possibilities and Painting with Neutrals. See events for more information.

In this issue, Bryan Jáuregui of **Todos Santos Eco Adventures** shares the story of the Puppo brothers in the "Last Fishermen of Isla Espíritu Santo," with photos by Keenan Shoal Werner. Trudi Angell also shares with us more background on the making of the film "La Recua, Dario's Dream."

Growing old in Baja is a reality for many ex-pats. Now **Comfort Care & Assistance** is providing options for assisted living, hospice care, and information about death and dying in Mexico. **The Asociación de Colonias de Todos Santos' (ACTS)** mission is to help support neighborhood security, communication, preservation, and also publishes a community phone book.

Dylcor Design & Construction in Pescadero is a responsible building company that not only offers high-quality construction but helps the local community and supports the local fire department. See their ad in this issue.

The **Boxing Room** on the *otro lado* of Todos Santos is now open. Brian teaches one-on-one professional boxing by appointment. It's a great workout!

De la Rosa Architecture mixes contemporary design with traditional architecture, creating luminous spaces that connect with the sea, the mountains, and the desert. Check out their ad in this issue or visit: www.delarosaarchitecture.com

LoveLeigh Designs is an ethical fashion collection situated adjacent to Baja Beans Café in Pescadero. They work

directly with local (many underprivileged) artisans, helping to generate an income for them and their families. Each piece in their store, and online, is handmade, tells a story, and every purchase helps someone in need. A portion of all sales goes to fund local projects, individuals, and communities in Baja California Sur.

You won't want to miss the 25th annual St. Paty's Day celebration with Frank's famous corned-beef and fixings on March 17th at **Shut Up Frank's** in Todos Santos. Then head over to **Todos Santos Brewing** for a pint of beer and listen to some great music in the beer garden.

Amor d'Vino is located inside La Generala Restaurant in Todos Santos. In addition to stocking great Mexican wines and tequilas, they can make you a beach basket, and gift certificates are available. Contact them for weddings, private events, private tastings, and birthday parties, or stop in on Wednesday for a wine tasting 1 to 5 pm.

Dos Marias Day Spa, in Pescadero, is situated in a lovely garden setting and offers the ultimate in pampering with a variety of facials, body scrubs, massage treatments, and a Temazcal sweat lodge. It is time to treat yourself to some important self-care!

Todos Los Perros, certified professional dog training is now in Todos Santos. Contact them for group or private lessons. They specialize in dog socialization, obedience, and security K9s. My dog, Max, a recent AKC canine good citizen graduate, loves their classes!

Galería La Gitana on calle Hidalgo in downtown Todos Santos, features paintings by Jimena Garcia, unique ceramics, jewelry, and clothing that you won't find anywhere else. You can also see Jimena's work at the monthly Baja 100 art walks.

Chez Laura in Todos Santos serves delicious French specialties in an outdoor, romantic atmosphere. Besides their regular menu, they have daily specials and happy hour Wednesday through Friday.

Virginia Moonstone Mazzetti knows that some would find it insane to uproot from a life in Washington state and start over on a plot of land in Mexico. Most people couldn't imagine doing something so daring, but she's found others who have done the exact same thing. Through twenty interviews, Mazzetti explores the reasons for their odysseys and the peace, happiness, and adventure they have found in their new homes. You can find her book, **Beginning Again in a Foreign Land**, at El Tecolote Bookstore in Todos Santos.

We will see you in our next issue, Spring 2020. We'll have more great stories, photos, art, and information on the GastroVino Baja Food & Wine festival! The deadline is March 10. And don't forget, you can see every issue online at journaldelpacifico.com



todos santos—el pescadero corridor



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To Elías Calles and
Cabo San Lucas

Beaches / Playas

by Janice Kinne

Todos Santos lies inland along the rugged Pacific coast. There are miles of beautiful white sand beaches accessible down unmarked dirt roads.

This stretch of the Pacific Ocean is a very dangerous place to swim at any time of the year. Strong rip currents and backwash are common. People have drowned in waters near Todos Santos simply because they were too close to the ocean while on beaches with steep drop-offs. There are no lifeguards on duty at any area beaches.

You can access the **LA POZA** and **LA CACHORA** beaches via the La Cachora road. Both are suitable for walking, fishing, whale watching, relaxing, or sunbathing. They are not swimming beaches.

Because of the big waves breaking on the shore, La Cachora beach has become popular with skim boarders.

La Poza has a large freshwater lagoon that is great for bird watching. If you are going to swim in the lagoon be very careful. The lagoon may appear to be shallow, but has many sudden drop-offs and is actually very deep.

PUNTA LOBOS, named for a sea lion colony, is also known as the fishermen's beach. Simply follow calle Francisco Bojorquez Vidal (formerly calle Punta Lobos) south out of town, or turn off at km 54 from Highway 19. You will pass an old cannery from the days when fishermen could harvest sea turtles legally. There is a small freshwater lagoon at Punta Lobos with a shrine to the Virgin.

The fishermen ride their *panga* boats on the waves onto the beach between 1 and 3 pm. Their return is exciting to watch and you can usually buy fresh fish from the cooperatives.

The two fishing cooperatives have exclusive rights to the "launch zone" at Playa Punta Lobos. For reasons of safety and due to past problems, boat launching at Punta Lobos is not permitted without their express permission.

The only recommended swimming beaches are outside of Pescadero. **SAN PEDRO**, also known as **PALM BEACH** (*Playa Las Palmas*), is near km 57. Its entrance is across Highway 19 from the Campo Experimental—stay to the left as you pass the abandoned hacienda. Las Palmas is a beautiful, secluded beach surrounded by a palm grove with a freshwater lagoon that is home to a variety of plants, birds, and wildlife.

Due to strong currents (especially near the rocky point), swimming is safer 50 meters from the rocks. Swim with caution and always have a land reference. The property surrounding Palm Beach is privately owned. The gates are open from 6 am to 9 pm daily. Car break-ins have been reported at Palm Beach. Leave your valuables at home!

PLAYA SAN PEDRITO is a rocky surfing beach around km 60, about 4.6 miles (7.4 km) from Todos Santos.

PLAYA LOS CERRITOS is located at km 64 about

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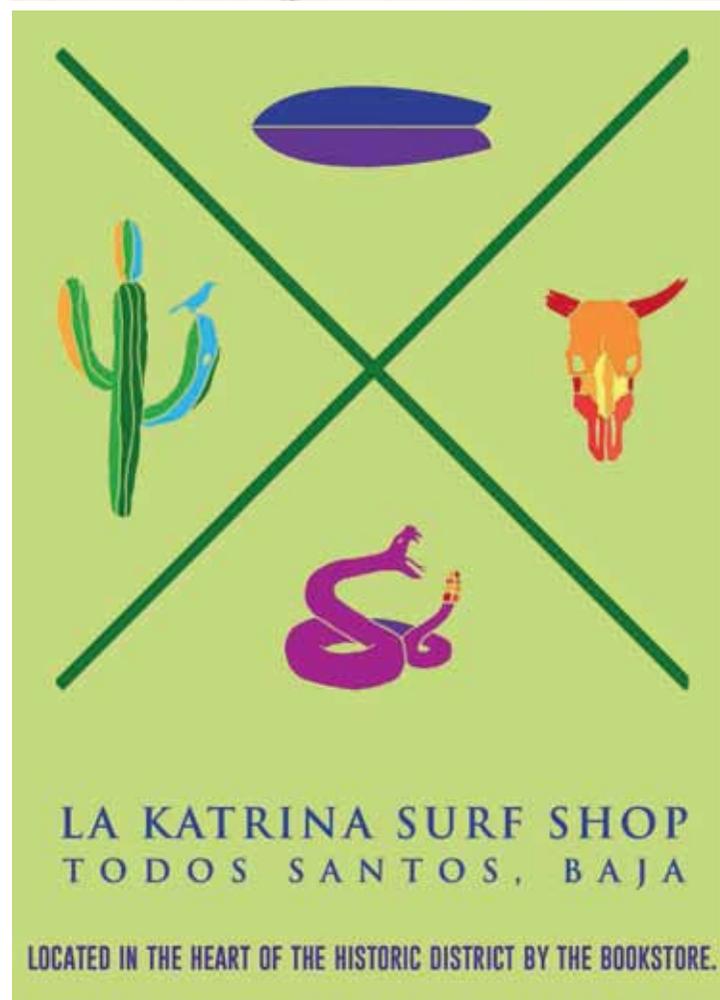
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Beaches continued from page 37



Photo: Alex Mitre

eight miles (12.8 km) south of Todos Santos. Look for the turnoff after the hill, south of Puente El Pescadero. Los Cerritos is a popular spot for surfing, boogie boarding, swimming, and fishing. Swim with caution due to strong riptides near the rocks. It is recommended to stay at least 50 meters from the rocks. The most secure swimming area is in front of the restaurant/bar. Swim with caution and always have a land reference. There is a long stretch of beach to the south that is perfect for walking or running. Surfboard rentals and other services are available.

MARIO'S SURF SCHOOL provides surfing lessons, board rentals, repairs, and accessories. Call for information.

PESCADERO SURF SHOP, #31 on the Pescadero map. The surf shop stocks everything you need for surfing: surfboard rentals, used and new surfboards for sale, wax, ding repair, accessories, surf reports and information. You can also arrange surf lessons, surf and SUP tours, and activities at the store with Mario Surf School.

TODOS SANTOS ECO ADVENTURES, #165 on the Todos Santos map. Since 2002 Todos Santos Eco Adventures (TOSEA) has been providing visitors with opportunities to explore, celebrate, and help conserve the magnificently diverse ecosystems of Baja. TOSEA offers whale and bird-watching trips in the Pacific lagoons; treks and *ranchero* culture programs in the Sierra la Laguna mountains; Sea Turtle Camp and surfing surfaris on the Pacific coast, and kayaking, "glamping," whale shark, and sea lion adventures in the Sea of Cortez.

TODOS SANTOS SURF SHOP, #88 on the Todos Santos map, sells and rents surf boards, offers beach supplies and activities around Todos Santos. They carry international brands and many locally handmade wares, clothes, bikinis, accessories, natural sunscreen, and "Eclipse" boards shaped by Meisy of Todos Santos. They offer tours to swim with whale sharks and sea lions, surfing lessons, fishing trips, trips to Espíritu Santo Island, and whale watching in Magdalena Bay.

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Vivir Cerca del Mar

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tengo todo el tiempo que necesito para ir al gym diario, atender clases de yoga o Pilates, y disfrutar una cantidad de actividades acuáticas como ir de pie en un paddleboard, surfear, y nadar. También destiné mi tiempo para dedicar a mi artista interior y comencé a pintar con acuarela. Tengo más tiempo para mí, con mi cachorro Max, y para juntarme con amigos.

Además, debido al íntimo tamaño de mi ciudad costera, camino regularmente al trabajo, compro en las calles cerca de mi departamento, y salgo a pie a mis restaurantes favoritos. Mis tardes generalmente implican ver la puesta de sol sobre el océano, llenando mis pulmones con aire restaurador del océano. ¡Agusto!

INTEGRACIÓN CULTURAL

Las ciudades costeras tienden a atraer una comunidad internacional que permite la interacción con personas de diversas nacionalidades.

Noto una mejora diaria en mi inglés y francés y, al mismo tiempo, he podido compartir y enseñar nuevas palabras en español y mexicanismos a mis nuevos amigos extranjeros.

La interacción con personas de tantas nacionalidades, edades, y antecedentes ha ampliado mis experiencias culturales. Ahora entiendo valores diferentes al mío, probado nuevos sabores gastronómicos, adoptado nuevas formas de pensar, y he experimentado nuevos estilos de vida.

Hay un desbordamiento de riqueza cultural compartida con los ciudadanos del mundo. *¡Vive la différence!*

Y, finalmente, ¿quién puede discutir contra la CIENCIA?

Según un estudio realizado por la Universidad de Exeter en 2012, vivir cerca del mar, además de mejorar los problemas respiratorios, estabiliza la presión arterial, es positivo para las articulaciones, combate las infecciones, previene la retención de líquidos, promueve el metabolismo, reduce el estrés, y ayuda para curar la piel, entre otras cosas. Pueden encontrar más información sobre este estudio aquí: <http://www.exeter.ac.uk/research/>

Comenzar una nueva vida junto al mar es más fácil de lo que piensas. Acude a tu agente inmobiliario favorito, encuentra tu paraíso, y comienza una nueva aventura viviendo en la playa. ¡No te arrepentirás!



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Bahía de la Paz



lo Beaches,
Concha Hotel & Cortez Club,
& Costa Baja

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La Paz Historic District

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La Paz Beaches

by Janice Kinne

photo by Pablo Márquez, www.pablomarquez.com.mx

The *malecón* along the bay of La Paz is the perfect place to walk, run, people watch, or enjoy gazing across the water. Crews clean the beaches and walkways daily, fresh sand has been imported and there are *palapas* to offer shade. Locals and tourists visit the beaches north of downtown to swim, snorkel, or kayak. There are several adventure companies along the *malecón* and at the marinas offering *panga* rides, bay and island cruises, snorkeling, scuba diving, fishing, sailing, and kayak rentals.

EL MOGOTÉ is the spit of land that separates the harbor of La Paz from the *Bahía de La Paz*. This natural treasure used to be, for the most part, accessible only with 4WD. Now driving onto the peninsula is restricted due to the construction of golf courses, homes, and hotels.

PLAYA EL COROMUEL 4.5 km from downtown La Paz, is the first beach north of town and an easy walk from downtown. It is within the harbor boundaries, has shaded *palapas*, and food / beverage services. The water here gets much better flow with the tide change and is suitable for swimming. The bottom is clean sand and rock. Snorkeling is good further out.

PLAYA EL TESORO 13 km from downtown La Paz, is a great little beach for children. The shallow, clear waters allow you to walk out for close to 100 meters. Tesoro has about 25 shaded *palapas*, two small restaurants, and kayak rentals.

PICHILINGUE 19 km from downtown La Paz. Pichilingue is home to the La Paz ferry terminus and a large commercial harbor. There are pleasant, small beaches just north of the deep water port, on the *Vieja Bahía de Pichilingue*. Beachfront food, beverage service, and kayak rentals are available and there is a restaurant with an upstairs view. The *palapa* bar is popular in the hot summer afternoons.

PLAYA BALANDRA 23 km from downtown La Paz, is known for its famous balancing rock formation landmark that resembles a prehistoric mushroom. You can view the rock formation and *playa El Hongo* by walking in the water around the cliff to your right. The large beach and surrounding area are beautiful. The waters surrounding Balandra are shallow and safe for children. Sheltered from wave action from nearly every direction, the water warms early and is very safe for swimmers and kayaking. There are also several little beaches (coves) and mangroves to explore. The beach has no services, so pack your own lunches and drinks for the day. There are vendors renting chairs, selling fruit and drinks, beach *palapas* for shade, and BBQ pits to the south.

PLAYA EL TECOLOTE 26 km from downtown La Paz, is by far the largest and most visited beach in La Paz. Two restaurant/bars offer shade *palapas* and a large number of beach vendors offer refreshments. RV camping is available, along with a wide variety of water sports rentals. Usually there are no lifeguards on duty, but they may be present during *la semana santa* and in the summer. The beach has a beautiful view of Isla Espíritu Santo and *panga* rides to the island are available—a 6.5 km crossing through the San Lorenzo channel. Bus service from the station on the *malecón* to playa El Tecolote is available for a nominal charge.

Sting rays are the biggest hazard at the playas and tend to be present on the bottom in shallow waters during the summer. When walking in the water, shuffle your feet on the bottom to avoid stepping directly on a resting ray.

There are no restrictions for beach fishing at any beaches. Please respect our beaches and help protect the sea turtles; don't leave trash or drive on the dunes or beaches.

Historic Homes

continued from page 27

teachers and then a boarding facility for students from the local ranches.

One more incredible building of note is Hacienda Cordobal. According to an inscription on the rooftop, this building was established in 1894 by Hector Guluarte Cota and was later purchased by Jeanne Cordova and Lynn Harris Ballen. Jeanne was one of the original founding members of The Palapa Society and started it to help young women to get books, uniforms, and pay for school. This vision is still alive today. The Palapa Society is now the prime educational source for the youth of Todos Santos, with the Palapa School. Each student receives at least 50% of their annual tuition costs covered via scholarships. These scholarship funds are raised by our annual events and fundraising efforts.

Every building on the tour has its own enchanting history to share. You can purchase tickets in advance online by visiting bit.ly/HHTTS2020 or in person at El Tecolote Bookstore in Todos Santos.

El Cielo

continued from page 31

out the web links below. To arrange a star party or for other astronomical questions, call me on my cell phone at (612) 348-5468, or visit my Pescadero Properties Real Estate office in Plaza Antigua—upstairs, unit #9—**Pescadero Properties**, #14 on the Todos Santos map.

LINKS OF INTEREST

COMETS: <http://www.aerith.net/index.html>

METEOR SHOWERS: <http://www.imo.net/calendar/2018>

TROPIC OF CANCER: http://en.wikipedia.org/wiki/Axial_tilt#values or http://en.wikipedia.org/wiki/Circle_of_latitude

ZODIACAL LIGHT: http://en.wikipedia.org/wiki/Zodiacal_light

TIME: <http://www.time.gov/> and <http://www.worldtimeserver.com/>

SATELLITES: <http://www.heavens-above.com/> user "elcielots" password "journal"

WEEKLY SKY REPORT: <http://www.griffithobs.org/skyreport.html>

SATURN: <http://saturn.jpl.nasa.gov/home/index.cfm>

ROSETTA: <http://sci.esa.int/rosetta/>

DAWN: <http://dawn.jpl.nasa.gov/>

NEW HORIZONS: http://www.nasa.gov/mission_pages/newhorizons/main/

ALL THINGS ASTRONOMICAL: <http://www.calsky.com> User "elcielots" password "journal"

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febrero

1 al 8 de febrero | SÉPTIMO TALLER ANUAL LITERARIO DE TODOS SANTOS en Casa Drácula, Todos Santos. Taller intensivo de siete días para escritores de todos los niveles. Docentes: Christopher Merrill (Poesía); Jeanne McCulloch (Memorias); Karen Karbo (Memorias y Ficción); Gordon Chaplin (Ficción); Rex Weiner (Dramaturgia y Guión Cinematográfico). Este año habrá una segunda semana de talleres, del 10 al 15 de febrero, disponible para quienes hayan atendido el taller previamente. Mayores informes en www.TodosSantosWritersWorkshop.com.

2 de febrero | 4:30 pm, SUPER-BOWL LIV. Ve el juego en **Chill N Grill** o **Shut Up Frank's** en Todos Santos y en **Shaka's** en Cerritos.

3 de febrero | 7 a 9 pm, LECTURA DE OBRAS DEL TALLER LITERARIO TODOS SANTOS en Casa Drácula. Christopher Merrill; Jeanne McCulloch; Karen Karbo; Gordon Chaplin; Rex Weiner. Abierto al público. Donativos en beneficio de **la Sociedad de La Palapa de Todos Santos**.

4 de febrero | 5 a 9 pm, MICRÓFONO ABIERTO y palomazo en **MiniSuper Munchies**, Pescadero. Botanas, bebidas, postres, y baile. | Para todas las edades!

6 de febrero | 3 a 5 pm, DISCUSIÓN DE ESCRITURA en Casa Drácula. El 7º Taller Anual de Escritores de Todos Santos ofrece un panel de discusión en el arte de escribir en el patio de Casa Drácula, abierto al público.

7 de febrero | 6 pm, COCTEL DE BIENVENIDA, 11º TOUR ANUAL DE ESTUDIOS ARTÍSTICOS DE TODOS SANTOS. Centro Educativo La Palapa. Costo \$150 pesos, incluye subasta silente de pinturas, esculturas, fotografía, y más. Mayores informes: palapasociety.org/events

7 al 9 de febrero | 11º TOUR ANUAL DE ARTISTAS DE TODOS SANTOS. Costo \$350 pesos. Boletos disponibles en TodosSantosOpenStudio-Tour.org o en Librería el Tecolote, Todos Santos. Los días del evento los boletos sólo estarán disponibles en el **Centro Educativo La Palapa** y Librería el Tecolote. Para mayores informes y conocer a los artistas participantes, visitar www.TodosSantosOpenStudio.org

8 de febrero | 7 pm, UNA NOCHE CON JOHN PAUL JONES, MIGUEL OCHOA Y AMIGOS en Doce Cuarenta

en Todos Santos. Deberá tener un boleto para asistir. Para más información visite: todossantosopenstudio.org

8 de febrero | BAJA 100 CAMINATA DE ARTE. Realizada el segundo sábado de cada mes. Mayores informes: www.facebook.com/thebaja-100ART

8 de febrero | NOCHE MEXICANA con mariachis en vivo, **la Palapa del Sabor**, Todos Santos.

11 de febrero | 5 a 8 pm, SOPA, ENSALADA Y JUEGOS en **MiniSuper Munchies** en Pescadero. Carne y opciones veganas servidas con pan recién horneado y ensalada orgánica. Traiga su juego de mesa favorito para más diversión. Cheque su página para más detalles.

14 de febrero | 12:45 a 3 pm, PADRINO PASARELA DE MODA Y ALMUERZO. En este evento especial niños y maestros de los programas de **Padrino Children's Foundation** modelaran la ropa. Beneficiando a los programas vocacionales para niños con necesidades especiales en **Padrino Children's Foundation**. Los boletos tienen un costo de \$500 MXN e incluyen almuerzo y postre. Están disponibles en La Librería el Tecolote, Doce Cuarenta, y la oficina de Padrino en calle Cuauhtémoc. Emocionantes boletos de rifa también disponibles. ¡Los asientos son limitados, no se quede sin sus boletos! www.PadrinoCF.org

18 de febrero | 5 a 9 pm, MICRÓFONO ABIERTO y palomazo en **MiniSuper Munchies**, Pescadero. Botanas, bebidas, postres, y baile. | Para todas las edades!

23 de febrero | CELEBREMOS

EL CUMPLEAÑOS 49 DE BRANDO en **Shaka's** en Cerritos. Rock en vivo con la banda "Julietta." No cover.

24 al 27 de febrero | 9 am a 4 pm, "POSIBILIDADES ABSTRACTAS" con **Anne Hebebrand**. ¡Haz algo diferente! Juega con formas, colores, texturas, capas, ritmos, patrones y composición. Este taller es para principiantes y también pintores avanzados; trabajo en acrílico, óleos y cera fría. Mayores informes: annehebebrand@gmail.com, www.annehebebrand.com

25 de febrero | 5 a 8 pm, SOPA, ENSALADA Y JUEGOS en **MiniSuper Munchies** en Pescadero. Carne y opciones veganas servidas con pan recién horneado y ensalada orgánica. Traiga su juego de mesa favorito para más diversión. Cheque su página para más detalles.

marzo

1 al 8 de marzo | HERMANAS EN CANCIONES evento en **Todos Santos Brewing**. Todas las mujeres estarán tocando durante la semana antes del gran evento final en 8 de marzo celebrando el Día Internacional de la Mujer.

3 de marzo | 5 a 9 pm, MICRÓFONO ABIERTO y palomazo en **MiniSuper Munchies**, Pescadero. Botanas, bebidas, postres, y baile. | Para todas las edades!

8 de marzo | TOUR DE CASAS HISTÓRICAS DE TODOS SANTOS. En beneficio de **La Sociedad de La Palapa de Todos Santos, A.C.** Costo \$400 pesos. Mayores informes: palapasociety.org/events

EVENTOS cont. en pg. 50

HORA FELIZ

Chez Laura, Mler Ju Vi 4 a 6 pm, 2x1 en cocteles de la casa.

Chill N Grill, Lu Mar Ju Vi 4 a 6 pm, 2x1 cerveza y well drinks.

FreeSouls, Do Lu Mar Mler Ju Vi Sa 5 a 6 pm, Margaritas, mojitos, y cerveza especiales.

Gallo Azul, Do Lu Mar Mler Vi Sa 3 a 6 pm, 2x1 mojitos y margaritas.

Hotel San Cristóbal, Vi 5 a 9 pm, Hora feliz junto a la alberca.

La Esquina, Lu Mar Mler Ju 5 a 6 pm, 2x1 en alcohol.

La Morena, Lu Mar Mler Ju Vi Sa 4 a 6 pm, 2x1 cocteles.

Rip Tide Bar, Do Lu Mar Mler Ju Vi Sa 3 a 6 pm, 3 cervezas o margaritas por el precio de 2.

Shut Up Frank's, Lu Mler Ju Vi 3 a 6 pm, 2x1 cerveza y well drinks.

Shaka's, Do Lu Mar Mler Ju Vi Sa 4 a 6 pm, 2x1 cervezas y palomas *Shakaritas* de Jorge (tequila, limón y Squirt).

The Oasis, Do Lu Mar Mler Ju Sa 12:30 a 3 pm, 2x1 margaritas y vino de la casa, 50 pesos well drinks, 25 pesos Pacifico cerveza.

Cada Semana

Lunes a Viernes, 9 am, **TOURS CICLISTAS GUIADOS** por **Over The Edge Baja** en Todos Santos. Costo: \$1,400 pesos. Incluye: bicicleta y casco demo TREK Roscoe. Tours de 90 minutos hasta 3 horas, recorriendo hermosos paisajes. Favor de reservar por anticipado. Mayores informes en la tienda, al teléfono (612) 120-3395 o al correo dthompson@otesports.com

Lunes a Viernes, 9 am a 2 pm, **CENTRO DE RECICLADO PUNTO VERDE**, atrás de Super Pollo entrando por Calle del Huerto, extremo sur de Todos Santos. Traiga su papel, cartón, plásticos de No. 1 y 2, baterías, latas, metal, uncel, vidrio claro, y electrónicos. Donativo mínimo 50 pesos, electrónicos 80 pesos. Favor de separar y limpiar materiales. Mayores informes: ecorrevolucionmx@gmail.com, (612) 139-4789.

domingo

2 a 8 pm, **DOMINGO DE PAELLA** en el restaurante El Mirador con vista al mar.

3 pm, **MÚSICA EN VIVO** con Daline y Diego en Cerritos Beach Inn, Pescadero.

4 a 8 pm, **COSTILLAS Y POLLO BBQ** en Cerritos Beach Inn, Pescadero. Acompañado de papas y ensalada, 400 pesos.

6 pm, **SESIONES DOMINGUERAS** en **Todos Santos Brewing**. Música en vivo en el patio.

lunes

5 pm, **TLACUILOS CÍRCULO DE ESCRITURA** Todos Santos en Centro Cultural "Profe. Néstor Agúndez." Invitación abierta a compartir sus escritos. Sesiones bilingües. Mayores informes: facebook.com/tlacuilostodosantos. Eventos: facebook.com/events/189012501684966/

martes

8:30 am a 1 pm, **EL MERCADO ORGÁNICO DE LA PAZ** en calle Madero entre 5 de Mayo y Constitución, La Paz.

4 pm, **MARTES DE TACOS** en **Chill N Grill** en Todos Santos. 6 a 9 pm, música en vivo.

6 pm, **NOCHE DE TRIVIA** en **Todos Santos Brewing**.

6:30 a 9:30 pm, **MÚSICA ACÚSTICA** con Tim Lang en Restaurant La Casita en Todos Santos.

7 pm, **NOCHE DE PELÍCULAS** en **Gallo Azul** en Todos Santos.

miércoles

9 am a 1 pm, **MERCADO LOCAL** en Café la Esquina, Todos Santos.

1 a 5 pm, **DEGUSTACIÓN DE VINO** en **Amor D'Vino** en Todos Santos.

PASTEL DE CARNE con puré de papa y ejotes con tocino, 175 pesos en **Shut up Frank's**, Todos Santos.

7 pm, **BLUES EN VIVO**, La Morena, Todos Santos.

jueves

8:30 am a 1 pm, **EL MERCADO ORGÁNICO DE LA PAZ** en calle Madero entre 5 de Mayo y Constitución, La Paz.

4 pm, **NOCHE DE PIZZA** en **Chill N Grill** en Todos Santos.

5 a 9 pm, **CAMINATA DEL ARTE** en San José del Cabo, en el distrito de las galerías. Todas las galerías que **CADA SEMANA** continúa en página 51



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Events

continued from page 22

composition. Learn to make deliberate changes. This workshop is for beginners as well as more experienced painters, working with acrylics, oil, and cold wax. For more information: annehebebrand@gmail.com, <http://www.annehebebrand.com>

February 25 | 5 - 8 pm, **SOUP, SALAD & GAMES** at **Mini Super Munchies** in Pescadero. Meat and vegan options served with fresh baked bread and organic salad. Bring your favorite table games to add to the fun. Check their Facebook page for details.

march

March 1-8 | **SISTERS IN SONG MUSIC EVENT** at **Todos Santos Brewing**. All female musicians will be playing throughout the week leading up to final grand event on March 8 celebrating International Women's Day.

March 3 | 5 - 9 pm, **SUNSET OPEN MIC/ MUSIC JAM** at **MiniSuper Munchies** in Pescadero. Food, drinks, desserts, and dancing. All ages welcome!

March 8 | **BIANNUAL TODOS SANTOS HISTORIC HOME TOUR**. Benefits **The Palapa Society of Todos Santos A.C.** Tour beautiful and majestic historical homes and enjoy a scavenger hunt with prizes. Tickets are \$400 MXN. For more information: <https://palapasociety.org/events/>

March 10 | **JOURNAL DEL PACIFICO SPRING ISSUE DEADLINE**. Reserve your ad space!

March 10 | 5 - 8 pm, **SOUP, SALAD & GAMES** at **Mini Super Munchies** in Pescadero. Meat and vegan options served with fresh baked bread and organic salad. Bring your favorite table games to add to the fun. Check their Facebook page for details.

March 14 | **NOCHE MEXICANA** with live mariachi music at **la Palapa del Sabor** in Todos Santos.

March 14 | **THE BAJA 100**. Takes place the second Saturday of each month. For more information visit: <https://www.facebook.com/thebaja100ART/>

March 14 | 5:30 - 8 pm, **GALLERY OPENING** at **Galería Logan** in Todos Santos. Featuring new works by Lee Mothes and Jill Logan's new work commemorating Georgia O'Keefe's Ghost Ranch.

March 15 | **XIII FESTIVAL ARTESANAL EL TRIUNFO**. With artesanos, music, regional dishes, folkloric dance, and concerts.

March 17 | 3 pm until the food is gone, **LUCKY 25TH ANNUAL ST. PATY'S DAY** at **Shut Up Frank's**. Serving Frank's famous homemade, one-month-cured, corned beef and cabbage dinner with potatoes, carrots, hot mustard and special horseradish sauce.

March 17 | **ST. PATRICK'S DAY LIVE MUSIC** with BeRn at **Todos Santos Brewing**.

March 17 | 5 - 9 pm, **SUNSET OPEN MIC/ MUSIC JAM** at **MiniSuper Munchies** in Pescadero. Food, drinks, desserts, and dancing. All ages welcome!

March 21 | 6 - 9 pm, **SATURDAY NIGHT FEVER** at **Gallo Azul** in Todos Santos. A benefit for the Biblioteca Elena Poniatowska. Tickets are \$800 MXN. For more information: <https://palapasociety.org/events/>

March 22 - 28 | **BAJA BLOOM RETREAT**: Pottery, Yoga + Art Journaling at the Hotelito in Todos Santos. With Stephanie Friedman, Emelie Eldridge, and Zoë Dearborn. For more information: www.bloom-pottersyf.com, tel. 541-592-9829, email: sfpottery@gmail.com, Instagram: [bloompottersyf](https://www.instagram.com/bloompottersyf)

March 24 | 5 - 8 pm, **SOUP, SALAD & GAMES** at **Mini Super Munchies** in Pescadero. Meat and vegan options served with fresh baked bread and organic salad. Bring your favorite table games to add to the fun. Check their Facebook page for details.

March 24-27 | 9 am - 4 pm, **PAINTING WITH NEUTRALS** with **Anne Hebebrand**. This workshop will focus on how to use neutral colors and quiet colors to make the more vibrant colors sing. Understand colors better by understanding hue, chroma, and value and learn about the transparent and opaque nature of various colors. Learn to use colors in more deliberate manner concentrating on how you apply them in your painting. This workshop is for beginners as well as more experienced painters, working with acrylics, oil, and cold wax. For more information: annehebebrand@gmail.com, <http://www.annehebebrand.com>

March 26-29 | **FESTIVAL DE CINE DE TODOS SANTOS Y LA PAZ**. For more information see Facebook\ FestivalCineTodosSantos\

March 28 | **TODOS SANTOS CRAFT BEER FESTIVAL** in the Todos Santos plaza.

March 29 | **10 MINUTE SHORT ABOUT LA RECUA** with Trudi Angell and some of the film's vaqueros. Part of the Festival de Cine de Todos Santos y La Paz.

March 31 | 5 - 9 pm, **SUNSET OPEN MIC/ MUSIC JAM** at **MiniSuper Munchies** in Pescadero. Food, drinks, desserts, and dancing. All ages welcome!

april

April 7 | 5 - 8 pm, **SOUP, SALAD & GAMES** at **Mini Super Munchies** in Pescadero. Meat and vegan options served with fresh baked bread and organic salad. Bring your favorite table games to add to the fun. Check their Facebook page for details.

April 11 | **NOCHE MEXICANA** with live mariachi music at **la Palapa del Sabor** in Todos Santos.

April 11 | **THE BAJA 100**. Takes place the second Saturday of each month. For more information visit: <https://www.facebook.com/thebaja100ART/>

April 14 | 5 - 9 pm, **SUNSET OPEN MIC/ MUSIC JAM** at **MiniSuper Munchies** in Pescadero. Food, drinks, desserts, and dancing. All ages welcome!

April 21 | 5 - 8 pm, **SOUP, SALAD & GAMES** at **Mini Super**
EVENTS cont. on page 55



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Weekly Events

continued from page 23

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4 pm, **PIZZA NIGHT** at **Chill N Grill** in Todos Santos.

CHOICE 2" CUT NY STEAK with fried potatoes/bell pepper onion/mushrooms & dinner salad, 275 pesos at **Shut Up Frank's** in Todos Santos.

5 - 7 pm, **LADIES' NIGHT** at **Freesouls** at Cerritos Beach. Ladies drink for free.

5 - 9 pm, **ARTWALK** in the San José del Cabo Gallery District. Takes place November through June.

6 pm, **LIVE MUSIC** at La Esquina on the *otro lado* of Todos Santos.

friday

9 am - 4 pm, **FARMER'S MARKET** At The Shoppes at Palmilla in San Jose del Cabo. For more information 624-144-6999 or visit: www.theshoppesatpalmilla.com

NAZARIA'S FAMOUS CHILE RELLENO with rice and beans at **Shut Up Frank's** in Todos Santos. Choose from cheese or chicken.

6 pm, **LIVE MUSIC** at **Todos Santos Brewing**.

6 - 9 pm, **SALSA DANCE NIGHT** with instructor Adrián Meza at La Esquina in Todos Santos. Dance class and social dance by donation.

saturday

8:30 am - 1 pm, **LA PAZ FARMER'S MARKET** on calle Madero between 5 de Mayo and Constitución, La Paz.

9 am - 1 pm, **MALECÓN TIANGUIS NATURAL (MARKET)** at the Callejon Cabezud in La Paz—the area between Esquerro street and the *malecón* at the location of the Wyland mural and the seashell musician statue.

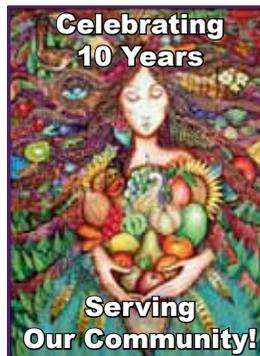
9 am - 3 pm, **SAN JOSÉ DEL CABO ORGANIC MARKET** (Mercado Orgánico) just outside the San José historic district in Huerta Maria on the Camino a Las Animas. Look for the signs at the big arroyo off Avenida Centenario. Takes place November through the end of June.

CHOICE 2" CUT NY STEAK with fried potatoes/bell pepper onion/mushrooms & dinner salad, 275 pesos at **Shut Up Frank's** in Todos Santos.

6 pm, **LIVE MUSIC** at **Todos Santos Brewing**.

7 pm, **LIVE BLUES MUSIC** at La Morena in Todos Santos.

7:30 - 9 pm, **SUNSET LATIN DANCE NIGHT** with instructor Adrián Meza at Sky Lounge Bar in Hotel Guaycura in Todos Santos. Salsa, Tango, Bachata, and Cumbia. Reservations: (612) 175-0800, reservation@guaycura.com



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Huellas

continuó de página 29



🌞 🌡️ 20 °C 68 °F 07/06/2019

incluso un ave en pánico que pasó inadvertida por el gato montés, debió haber estado enfocado en alguna otra cosa. También vimos un mapache curioso, un gato montés con su presa, y una iguana tomando el sol alegremente.

¡Hay muchas cosas que descubrir de la vida animal, y las cámaras silvestres nos dan una perspectiva única!

La Recua

continuó de página 20

hechos de paja de palma donde estaba el agua, pero era mejor no acampar allí: no había comida del desierto disponible para sus burros, ya que los animales del rancho no habrían dejado mucho cerca de la fuente de agua. Debería tener siempre en mente el bienestar de tu animal. Son tu salvavidas. Ata a su mula en una planta del desierto que sabe que le gusta comer. Usted y su mula se cuidan mutuamente. Tal vez tenga un ayudante que lo acompañe, y si no lo hace, use un palo bifurcado llamado sufridor para equilibrar la carga en un lado del burro mientras coloca la otra carga en el otro lado. Tantos detalles para perderse en el polvo del pasado.

Ya se perdió una palabra en la historia, que ya no se necesita en el idioma: apéllense. Es una palabra que dice mucho más que descargar. Es música para los oídos de los ciclistas en un largo día caluroso. "Acompáñenos, siéntese un rato, ¿quiere un café? Somos amigos y muy probablemente parientes." Una palabra que esta desapareciendo. Casi nunca lo escucha ahora en nuestra cultura del automóvil.

La forma en que los ciclistas en el camino comparten la carga de trabajo en el campamento es otra parte de nuestra historia. Los niños saben que lo primero que haces, una vez que está en el campamento y los animales están descargados y atados, es recoger leña. Y, como son niños de ranchos, saben qué madera del desierto funciona y qué no. Si presta mucha atención a la historia de La Recua, puede aprender mil consejos y trucos para hacer una carrera exitosa con una docena de burros a La Paz para

LA RECUA continúa en página 53

La Recua

continued from page 21

more than just dismount. It's music to the ears of riders on a long hot day. "Come in, set a spell, want some coffee? We're friends and very likely relatives." One disappearing word. You almost never hear it now in our car-culture.

The way the riders on the trail share the workload in camp is another part of our story. The children know the first thing you do, once you're in camp and the animals are unloaded and tied, is to gather firewood. And, because they are ranch kids, they know which desert wood works, and what doesn't. If you pay close attention to *La Recua* story, you can learn a thousand tips and tricks to making a successful run with a dozen donkeys to La Paz to trade for rice and wheat and corn—the scarce commodities of an out-back ranch.

In past centuries, during the colonization of Alta California, a few sailing ships did explore along coastlines and brought goods up from the Original California but it was Spanish explorers, "soldados de cuera," mule-packers, trail scouts, who moved tons of goods north in order to settle in greener pastures. There is a great book by Historian Harry Crosby called, *Gateway to Alta California*, if you want to read more on the daily realities and the detailed data of how and why that migration north happened. Rather than extol Franciscan priests or Spanish politicians, Harry (who has ridden hundreds of research-miles on muleback with old *Californio* guides, through the Baja backcountry) likes to say that his heroes are basically the men who pulled it off on a day-to-day basis, loading animals, finding feed and water along the trail, finding the routes. But I'll go one step aside from them. For me it's the pack-mules and pack-donkeys who were the real heroes of the movement north from Loreto. They were key to the founding of Alta California. *Recuas* had been around California (Loreto, La Paz, San José del Cabo, San Ignacio) and had been used by Jesuit missionaries since the late 1600s. Equine were key to European culture, settlement and communication in early California and it stayed that way for over 250 years.

2019 was a commemorative year for that movement north and the naming of Alta California. It was in 1769 that Portolá, his desert-forged trail scouts and indigenous crew, moved a *recua* of 200 pack animals and herded 200 head of cattle from an outpost mission in the south and that became the distinction for Alta or Upper California, and Baja or Lower California. It was an enormous effort, and much of that day-to-day history, the "how-to" is what Dario wants to dig out of the trail dust.

As producer of the film and as a trail rider for decades and having lived a unique lifestyle being a part of the lovely history and culture of our outback *Californio* families, one thing that has been a joy for me is to offer a link between the cultures for my guests on tours—to share the sense of sweetness, gentleness, humor, and hard work and also hardships of those families. I'm excited that those messages in the film, *La Recua*, might get out there and

spread farther, so that the fading era of old *Californio* ranch culture, trail knowledge and indeed, the tranquility of that lifestyle, might not be forgotten.

Trudi will be in Todos Santos March 29, for the closing event of "shorts" for the Festival de Cine de Todos Santos y La Paz with a short of 10 minutes of cuts about the *La Recua* film.

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10 de marzo | 5 a 8 pm, **SOPA, ENSALADA Y JUEGOS** en **MiniSuper Munchies** en Pescadero. Carne y opciones veganas servidas con pan recién horneado y ensalada orgánica. Traiga su juego de mesa favorito para más diversión. Cheque su página para más detalles.

14 de marzo | **BAJA 100 CAMINATA DE ARTE**. Realizada el segundo sábado de cada mes. Mayores informes: www.facebook.com/thebaja-100ART

14 de marzo | **NOCHE MEXICANA** con mariachis en vivo, **la Palapa del Sabor**, Todos Santos.

14 de marzo | 5:30 a 8 pm, **COCTEL DE APERTURA** en **Galería Logan** en Todos Santos. Presentando nuevas obras de arte por Lee Mothes y nuevo trabajo de **Jill Logan** conmerando el "Ghost Ranch" de Georgia O'Keefe.

15 de marzo | **XIII FESTIVAL ARTESANAL EL TRIUNFO**. Con artesanos, música, platillos regionales, danza folclórica, y conciertos.

17 de marzo | 3 pm hasta que se acabe la comida. **25º ANUAL DÍA DE SAN PATRICIO** en **Shut Up Frank's**. Sirviendo la famosa cena de carne curada de un mes en conserva con repollo, papas, zanahorias, mostaza picante, y salsa especial de rábano picante.

17 de marzo | **MÚSICA EN VIVO DEL DÍA DE SAN PATRICIO** con **BeRn** en **Todos Santos Brewing**.

17 de marzo | 5 a 9 pm, **MICRÓFONO ABIERTO** y palomazo en **MiniSuper Munchies**, Pescadero. Botanas, bebidas, postres, y baile. | Para todas las edades!

21 de marzo | 6 a 9 pm, **FIEBRE DE SÁBADO POR LA NOCHE** en **Gallo Azul**, Todos Santos. En beneficio de la Biblioteca Elena Poniatowska. Boletos: \$800 pesos. Mayores informes: palapasociety.org/events

22 al 28 de marzo | **RETIRO BAJA BLOOM**: Cerámica, Yoga + Arte y literatura en El Hotelito, Todos Santos. Con Stephanie Friedman, Emelie Eldridge y Zoë Dearborn. Mayores informes: www.bloom-pottersf.com, tel. 541-592-9829, email: sfpottery@gmail.com, Instagram: [bloompotteryf](https://www.instagram.com/bloompotteryf)

24 de marzo | 5 a 8 pm, **SOPA, ENSALADA Y JUEGOS** en **MiniSuper Munchies** en Pescadero. Carne y opciones veganas servi-

das con pan recién horneado y ensalada orgánica. Traiga su juego de mesa favorito para más diversión. Cheque su página para más detalles.

26 al 29 de marzo | **FESTIVAL DE CINE DE TODOS SANTOS Y LA PAZ**. Mayores informes: Facebook\FestivalCineTodosSantos\

28 de marzo | **FESTIVAL DE CERVEZA ARTESANAL** en la plaza pública de Todos Santos.

29 de marzo | **CORTO DE 10 MINUTOS SOBRE LA RECUA** con Trudi Angell y algunos de los vaqueros de la película. Parte del Festival de Cine de Todos Santos y La Paz.

31 de marzo | 5 a 9 pm, **MICRÓFONO ABIERTO** y palomazo en **MiniSuper Munchies**, Pescadero. Botanas, bebidas, postres, y baile. | Para todas las edades!

abril

7 de abril | 5 a 8 pm, **SOPA, ENSALADA Y JUEGOS** en **MiniSuper Munchies** en Pescadero. Carne y opciones veganas servidas con pan recién horneado y ensalada orgánica. Traiga su juego de mesa favorito para más diversión. Cheque su página para más detalles.

11 de abril | **BAJA 100 CAMINATA DE ARTE**. Realizada el segundo sábado de cada mes. Mayores informes: www.facebook.com/thebaja-100ART

11 de abril | **NOCHE MEXICANA** con mariachis en vivo, **la Palapa del Sabor**, Todos Santos.

14 de abril | 5 a 9 pm, **MICRÓFONO ABIERTO** y palomazo en **MiniSuper Munchies**, Pescadero. Botanas, bebidas, postres, y baile. | Para todas las edades!

21 de abril | 5 a 8 pm, **SOPA, ENSALADA Y JUEGOS** en **MiniSuper Munchies** en Pescadero. Carne y opciones veganas servidas con pan recién horneado y ensalada orgánica. Traiga su juego de mesa favorito para más diversión. Cheque su página para más detalles.

24 al 26 de abril | **FESTIVAL DEL CHILE Y LA FRESA** en Pescadero. Mayores informes: Facebook: Festival del Chile, la Fresa y sus Hierbas Aromáticas

28 de abril | 5 a 9 pm, **MICRÓFONO ABIERTO** y palomazo en **MiniSuper Munchies**, Pescadero. Botanas, bebidas, postres, y baile. | Para todas las edades!

mayo

16 y 17 de mayo | **GASTROVINO FOOD & WINE FESTIVAL**. Mayores informes: <https://www.gastrovino.mx/>



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Cada Semana

continuó de página 45

participan estarán abiertas hasta las 9 pm y muchas tienen recepciones y eventos especiales. Noviembre hasta el fin de Junio.

NEW YORK con papas con pimientos, cebolla, y champiñones, y ensalada, 275 pesos en **Shut Up Frank's**, Todos Santos.

5 a 7 pm, **LADIES' NIGHT** en Freesouls en Cerritos Beach.

6 pm, **MÚSICA EN VIVO** en La Esquina, Topete y Horizonte, Todos Santos.

viernes

9 am a 4 pm, **MERCADO ORGÁNICO** en The Shoppes en Palmilla en San José del Cabo. Para más información 624-144-6999 o visite: www.theshoppesatpalmilla.com.

LOS FAMOSOS CHILES RELLENOS DE NAZARIA con arroz y frijoles en **Shut Up Frank's** en Todos Santos. Queso o pollo.

6 pm, **MÚSICA EN VIVO** en **Todos Santos Brewing**.

6 a 9 pm, **NOCHE DE BAILE SALSA** con Adrián Meza en La Esquina, Topete y Horizonte, Todos Santos. Lecciones por donación.

sábado

8:30 am a 1 pm, **EL MERCADO ORGÁNICO DE LA PAZ** en calle Madero entre 5 de Mayo y Constitución, La Paz.

9 am a 3 pm, **EL MERCADO ORGÁNICO** en San José del Cabo está ligeramente afuera del distrito de arte histórico en la Huerta María en el Camino a las Ánimas. Noviembre hasta el fin de Junio.

9 am a 1 pm, **TIANGUIS NATURAL MALECÓN** (Mercado) en el Callejon Cabezud es en La Paz—el área entre calle Esquerro y el Malecón ubicado en el mural Wyland y la escultura del músico tocando el caracol.

NEW YORK con papas con pimientos, cebolla, y champiñones, y ensalada, 275 pesos en **Shut Up Frank's**, Todos Santos.

6 pm, **MÚSICA EN VIVO** en **Todos Santos Brewing**.

7 pm, **BLUES EN VIVO**, La Morena, Todos Santos.

7:30 a 9 pm, **NOCHE DE BAILE LATINO AL ATARDECER** con Adrián Meza en el Sky Lounge Bar, Hotel Guaycura, Todos Santos. Salsa, Tango, Bachata y Cumbia. Reservaciones: (612) 175-0800, reservation@guaycura.com

To dial a United States 800 number FROM a landline in Mexico, replace the 800 prefix with the prefix shown below:

- ▶ 800 numbers Dial 001-880-then the number
- ▶ 866 numbers Dial 001-883-then the number
- ▶ 877 numbers Dial 001-882-then the number
- ▶ 888 numbers Dial 001-881-then the number



PABLO MÁRQUEZ



Last year, I went on a journey to Baja California. One morning I experienced a life-changing epiphany. So, I followed it. I drove up north through places I had never been. During the journey, something happened—an inner transformation. I felt myself unite with everything around me, as being non-existent, one with everything and without ego or self, a bliss. As I kept driving, after a few days, I slowly came to realize by intuition and perception, that I had come to that quiet place where the mind stops its normal activity, and one is in a state of consciousness all the time. Where one is in alignment with the present moment and there is no fear whatsoever. Honoring the present moment and being present became a joy. There and then I came to embrace an uncomfortable unknown inner space. I was alone in the middle of nowhere. I felt love in every cell of my being. With that freedom I made these photographs. Knowing myself at the deepest level, very concentrated on the moment, but allowing it to happen, without knowing how I was making it.

Galería Logan, Todos Santos

www.pablomarquez.com.mx

PABLO MÁRQUEZ

El año pasado fui a Baja California en un viaje. Una mañana tuve una epifanía que me cambió la vida. Y la seguí. Me dirigí hacia el norte, pasando por lugares que nunca había visitado. Durante el viaje sucedió algo—una transformación interior. Sentí cómo me unía con todo mi entorno, como dejando de existir, siendo uno con todo y despegado del ego y del ser. Conforme continué el viaje, a los pocos días me dí cuenta a través

de la intuición y percepción que había llegado a ese lugar quieto, donde la mente detiene su actividad normal y uno entra en estado de conciencia permanente. Cuando estás alineado con el momento presente y no existe temor alguno. Honrar el momento presente y estar presente se convirtió en una alegría. En ese momento llegué a aceptar un profundo espacio interior desconocido. Me encontré solo en medio de la nada. Me enamoré de cada célula de mi ser. Con esa libertad fue que tomé estas fotografías. Conociéndome en el nivel más profundo, concentrado en el momento, pero permitiendo que suceda, sin saber cómo lo estaba haciendo.

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La Recua

continuó de página 48

intercambiar arroz, trigo y maíz, los escasos productos básicos de un rancho.

En los siglos pasados, durante la colonización de Alta California, algunos barcos de vela exploraron a lo largo de las costas y trajeron productos de California Original, pero fueron los exploradores españoles, "soldados de cuera," empacadores de mulas, exploradores de senderos, quienes movieron toneladas de mercancías al norte para asentarse en pastos más verdes. Hay un gran libro del historiador Harry Crosby llamado *Gateway to Alta California*, si desea leer más sobre las realidades diarias y los datos detallados de cómo y por qué ocurrió esa migración hacia el norte. En lugar de ensalzar a los sacerdotes franciscanos o los políticos españoles, a Harry (que ha recorrido cientos de millas de investigación en mula con viejos guías de California, a través del campo de Baja California) le gusta decir que sus héroes son básicamente los hombres que lo lograron en un día a día de un día, cargando animales, buscando alimento y agua a lo largo del sendero, encontrando las rutas. Pero iré un paso más allá de ellos. Para mí, las mulas y los burros eran los verdaderos héroes del movimiento al norte de Loreto. Fueron clave para la fundación de La Alta California. Las recuas habían estado en California (Loreto, La Paz, San José del Cabo, San Ignacio) y habían sido utilizadas por misioneros jesuitas desde fines del siglo XVII. Los equinos fueron clave para la cultura, el asentamiento y la comunicación europeos a principios de California y se mantuvieron así durante más de 250 años.

2019 fue un año conmemorativo para ese movimiento hacia el norte y el nombramiento de Alta California. Fue en 1769 que Portolá, sus exploradores de senderos forjados por el desierto y su tripulación indígena trasladaron una recua de 200 animales de carga y pastorearon 200 cabezas de ganado de una misión avanzada en el sur y que se convirtió en la distinción para Alta California, y Baja California. Fue un esfuerzo enorme, y gran parte de esa historia cotidiana, el "cómo fue" es lo que Darío quiere sacar a relucir.

Como productor de la película y como piloto de senderos durante décadas y después de haber vivido un estilo de vida único como parte de la encantadora historia y cultura de nuestras familias de California, una cosa que ha sido una alegría para mí es ofrecer un vínculo entre las culturas. para mis invitados en giras, para compartir la sensación de dulzura, gentileza, humor, trabajo duro y también las dificultades de esas familias. Estoy emocionado de que esos mensajes en la película, La Recua, puedan salir y extenderse más lejos, de modo que la era de la antigua cultura del rancho de California, el conocimiento del rastro y, de hecho, la tranquilidad de ese estilo de vida, no se olviden.

Trudi estará en Todos Santos el 29 de marzo, para el evento de clausura de "cortometrajes" para el Festival de Cine de Todos Santos y La Paz con un corto de 10 minutos de cortes sobre la película La Recua.



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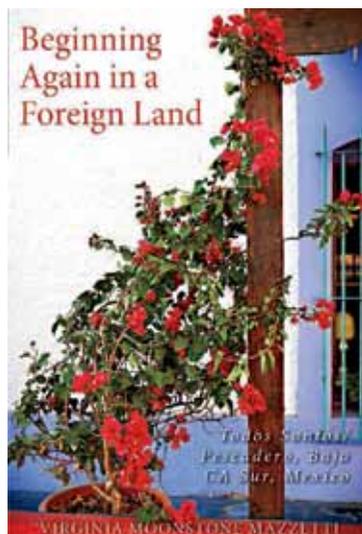
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The Ups & Downs of Learning Spanish

by Ivonne Benítez

Teaching a language is perhaps one of the most challenging things you can ever do in life. Learning anything new is a challenge. One of the many reasons I love teaching is because I get to meet awesome people. Each person who comes to Hablando Mexicano has a different character, personality, and talent. At the school we learn much from our students and I don't mean about how to correctly pronounce a word or use the right tense, I am talking about enduring life lessons that change us, all of us.

If you are in currently living in Mexico or just visiting give learning Spanish a try. I can guarantee that you will gain a lot.

You will learn new things.

You will make friends for life.

You will communicate with locals in their own language.

You will be respected and admired for trying something that is NOT easy.

You may be confused, but you will be able to figure things out.

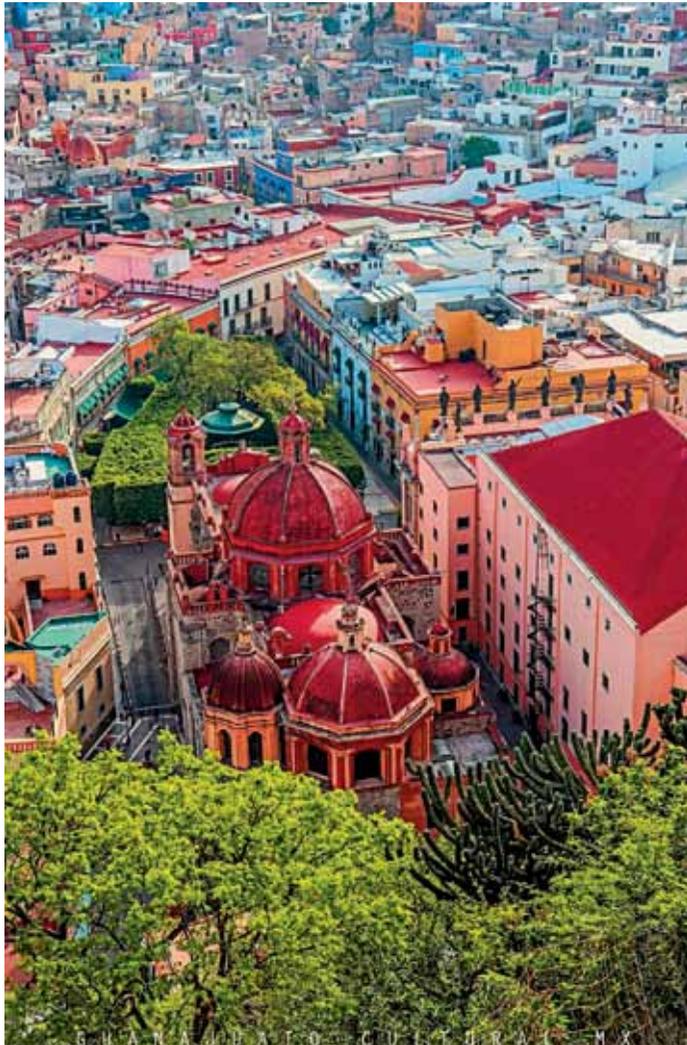
You will have fun.

You will see Mexico with different eyes.

You will love Mexicans and Spanish.

You will give your brain an awesome workout.

Another reason why I love teaching is that I get to share the culture of Mexico—many of the little sayings or phrases we use involve more than just a word or a tense. They contain a piece of culture within them. Many of these you will not



be able to grasp the meaning unless someone explains them to you. Examples such as: "Me dan ganas," "Taco de ojo," "chingón." In our classes we teach you these things and more.

Cooking is also an important part of the learning process—you will not have an understanding of the words such as *sabroso*, *rico*, *empalagoso*, *enchiloso*, unless you have tried authentic Mexican food. Many times, it doesn't take much to learn the simple dishes to the most laborious Mexican recipes, from *salsas*, to *chiles en nogada* or *mole*, dishes that most exalt the gastronomic pride of Mexico. Learn the satisfaction of making your own blue corn-*nopal* (cactus) *tortillas*. At Hablando Mexicano we have cooking classes that take place every Thursday evening. Not only will you enjoy the tasty meal we prepare for the day, but also learn the story behind the dish and some Spanish, all at the same time. Cooking for

groups is also available by reservation only.

Traveling with Hablando Mexicano is another way of enriching your way of learning. Mexico is a vast country with so much to offer. From pristine beaches, breathtaking *haciendas*, and miles and miles of fields of blue agaves, corn, wheat, and basil. There is *mariachi* music in colonial plazas, magic towns, beautiful people, markets full of life, enchanting churches, unbelievable museums, marvelous architecture, concerts, and festivals that are recognized worldwide. One of them is *Festival Internacional Cervantino*, the most important festival in Mexico and Latin America which takes place each year in October. It's an

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"I felt taller and more open after one class."—Warren D.

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opportunity to interact with talented people from all over the world in amazing places, from churches, to theaters, haciendas, or the *zocalo*.

Two of Hablando Mexicano's three scheduled trips this year take place in April. One to Jalisco, where we will go shopping, *jimar* (harvest) agave, take a train through the miles of blue agave fields while listening to *marachi*, sip mezcal and tequila, cook, speak Spanish, and have fun. This will take place April 13 to 20, 2020.

In the second week of April, we travel to Guanajuato-San Miguel de Allende, which has been nominated twice by *Travel and Leisure Magazine* as the most beautiful city in the world. Stroll down cobblestone streets through narrow alleys full of magic, see the *San Miguel de Arcangel* Gothic church, and in Guanajuato, stay in an astounding hill-top hacienda that was the summer house of former President of Mexico, Luis Echeverria. Take salsa and bachata classes, learn Spanish, and visit the house where Diego Rivera was born. These are once-in-a-lifetime experiences.

All trips are personalized, small groups. You can find more information on the website, or stop by Hablando Mexicano. I am always happy to chat, perhaps while sipping a *caballito de tequila o mezcal*.

www.hablandomexicano.com

info@hablandomexicano.com

you can follow us on Facebook or Instagram too.

<https://www.facebook.com/hablandomexicano2015IBG>

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Events

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Munchies in Pescadero. Meat and vegan options served with fresh baked bread and organic salad. Bring your favorite table games to add to the fun. Check their Facebook page for details.

April 24-26 | FESTIVAL DEL CHILE Y LA FRESA in Pescadero. For more information visit their Facebook page: Festival del Chile, la Fresa y sus Hierbas Aromáticas

April 28 | 5 – 9 pm, SUNSET OPEN MIC/ MUSIC JAM at **MiniSuper Munchies** in Pescadero. Food, drinks, desserts, and dancing. All ages welcome!

April 30-May 3 | LOS CABOS JAZZ FESTIVAL 2020 at the All-inclusive Hard Rock Hotel in Cabo San Lucas. Packages start at 3 nights for \$1,100 USD per person. For more information: <https://loscabosjazz.com/>

may

May 16-17 | GASTROVINO FOOD & WINE FESTIVAL. For more information: <https://www.gastrovino.mx/>

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Groups / Grupos

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TODOS SANTOS	Sunday Domingo	Monday Lunes	Tuesday Martes	Wednesday Miércoles	Thursday Jueves	Friday Viernes	Saturday Sábado
Yoga	9 am Yoga c/ Emelie @ San Cristobal	9 am Hatha Flow c/ Marimar @ CV	7:30 am Vinyasa flow c/ Liz @ CV 9 am Yoga c/ Emelie @ San Cristobal 10:30 am Vinyasa Flow c/ Gabrielle @ CV 4:30 pm Yin/ Restorative Yoga c/ Ruben @ CV	9 am Hatha Flow c/ Marimar @ CV 4:30 pm Yin/ Restorative c/ Emelie @ San Cristobal 6 pm Yin/ Restorative Yoga c/Aaron @ CV	7:30 am Vinyasa flow c/ Liz @ CV 9 am Core Yoga c/ Janice @ CV 9 am Vinyasa Yoga c/ Emelie @ San Cristobal 10:30 am Vinyasa Flow c/ Gabrielle @ CV 4:30 pm Yin/ Restorative Yoga c/ Ruben @ CV	8 am Power Vinyasa c/ Emelie @ San Cristobal 9 am Hatha Flow c/ Marimar @ CV	7:30 am Vinyasa flow c/ Liz @ CV 9 am Yoga c/ Emelie @ San Cristobal
Other/Otros	9 am Community Dharma & Meditation @ CV	10 am Tech. boxing @ Cross2box 11 am-1 pm Vajra Dance @ CV 3 pm Ballet para niños c/ Antonieta @ CV 5:15 pm CrossFit Boot Camp w/ Mao @ San Sebastian beach	3:30 pm Manos Magicas @ Centro Cultural chambaretc@ mac.com 4 pm Crossfit Kids @ Cross2box	7:30 am Pound c/ Sue @ CV 10 am Tech. boxing @ Cross2box 4 pm Crossfit Kids @ Cross2box 4:30 Capoeira c/ Diana @ CV 5:15 pm CrossFit Boot Camp w/ Mao @ San Sebastian beach 7:30 pm Afrojoyi c/ Emelia @ CV	10 am Manos Magicas @ Centro Cultural chambaretc@ mac.com 12 pm Silent Meditation @ CV 4 pm Crossfit Kids @ Cross2box	10 am Tech. boxing @ Cross2box 3-4 pm Danza Hawaiiiana para niñas 4-6 pm para mujeres c/ Malucha @ CV 6 pm Core c/ Mao @ Perro Surfero Hotel	
Zumba		8-9 am c/ "Lucy" @ Dra. Oliva office	8-9 am c/ "Lucy" @ Dra. Oliva office 9 am c/ Jan/ Happy @ CV	8-9 am c/ "Lucy" @ Dra. Oliva office	8-9 am c/ "Lucy" @ Dra. Oliva office	8-9 am c/ "Lucy" @ Dra. Oliva office 10:30 am c/ Jan/Happy @ CV	8-9 am c/ "Lucy" @ Dra. Oliva office 9 am c/ Jan/ Happy @ CV
Martial Arts			6 pm Aikido c/ Dominique @ CV	10:30 am Ta'i Chi c/ Rhoda @ CV		12 pm Qi Gong c/ Rhoda @ CV	

Groups / Grupos

TODOS SANTOS	Sunday Domingo	Monday Lunes	Tuesday Martes	Wednesday Miércoles	Thursday Jueves	Friday Viernes	Saturday Sábado
Palapa Society		10 am -1 pm Library / Biblioteca	10 am -1 pm Library / Biblioteca 2:30 - 5 pm Biblioteca Infantil	10 am - 12 pm Biblioteca Infantil 10 am -1 pm Library / Biblioteca	10 am -1 pm Library / Biblioteca 2:30 - 5 pm Biblioteca Infantil	10 am -1 pm Library / Biblioteca	9:30 am - 12:30 pm Biblioteca Infantil 10 am -1 pm Library / Biblioteca 11 am - 12 pm Story time & crafts (5-12 yrs.)
AA	TS AA group meetings are @ calle Ocampo e/ Rangel y Cuauhtémoc "Into The Solution" group AA meetings are at the "El Mirador" building on calle Pedrajo e/ Degollado y Verduzco. Jenny: (612)137-3123, Kenny: (612)152-2995, Catherine: (612)149-5194, Don: (612)157-1256	11 am TS AA meeting For info: Eric (612) 156-9980 5 pm "Into The Solution" AA closed meeting on calle Pedrajo	5 pm TS AA 11-step meditation meeting. For info: Emanuela (612)161-2907 Whatsapp: +39-333-2989579	11 am TS AA meeting For info: Eric (612) 156-9980	5 pm TS AA meeting For info: Eric (612) 156-9980 5 pm "Into The Solution" AA closed meeting on calle Pedrajo	9 am Women's AA closed meeting on calle Pedrajo Jenny: (612)137-3123, Catherine: (612)149-5194, 5 pm TS AA meeting For info: Eric (612) 156-9980	11 am TS AA meeting For info: Eric (612) 156-9980

AA CABO SAN LUCAS—AA Hacienda Group Cabo, upstairs above Ace Hardware behind McDonalds. Daily 4:30 pm and 6 pm.
SAN JOSÉ DEL CABO—Next to the Calvary Chapel corner of Degollado and Coronado. 6 pm nightly. For more information: (624) 147-0478.

PESCADERO	Sunday Domingo	Monday Lunes	Tuesday Martes	Wednesday Miércoles	Thursday Jueves	Friday Viernes	Saturday Sábado
Yoga	9 am Yoga @ Baja Zen	8-9 am Yoga c/ Mayra Torres @ Baja Serena 9 am Yoga @ Baja Zen 9:30 am Yoga @ La Curandería 10 am Mindful flow c/ Teddi Dean @ Yoga Nest	8 am Yoga c/ Mayra Torres @ Baja Serena	8 am Yoga c/ Mayra Torres @ Baja Serena 9 am Yoga @ Baja Zen 9:30 am Yoga @ La Curandería 10 am Mindful flow c/ Teddi Dean @ Yoga Nest	8 am Yoga c/ Mayra Torres @ Baja Serena 5:30 pm Restorative yoga c/ Aaron @ La Curandería	8 am Yoga c/ Mayra Torres @ Baja Serena 9 am Yoga @ Baja Zen 9:30 am Yoga @ La Curandería 10 am Mindful flow c/ Teddi Dean @ Yoga Nest	9 am Yoga @ Baja Zen
Other/ Otros			9 am Movement class c/ Anna @ Cerritos beach by Mayan huts		9 am Movement class c/ Anna @ Cerritos beach by Mayan huts		



HISTORIC ESTATES - \$3,995,000 USD

TODOS SANTOS

9 BEDROOMS | 9 FULL BATHS + 3 HALF BATHS | MLS# 17-2584



RANCHO PASTORA OCEANFRONT - \$2,499,000 USD

LA PASTORA, TODOS SANTOS

3 BEDROOMS | 4.5 BATHS | MLS# 18-2990



CASA MARIPOSA - \$1,085,000 USD

LAS TUNAS, TODOS SANTOS

5 BEDROOMS | 4 FULL BATHS + 3 HALF BATHS | MLS# 19-2706



HACIENDA AZUL PACIFICO - \$650,000 USD

SAN SEBASTIAN, TODOS SANTOS

2 BEDROOMS | 2 BATHS | LOT 4,959 SQ MT | MLS# 19-879



CASA PIEDRA - \$559,000 USD

ALTAVISTA, TODOS SANTOS

3 BEDROOMS | 3 BATHS | MLS# 18-2266



CASA KAREN - \$515,000 USD

CERRITOS

4 BEDROOMS | 3 FULL BATHS + 2 HALF BATHS | MLS# 19-2473



CASA BUENAVENTURA - \$325,000 USD

LAS BRISAS, TODOS SANTOS
3 BEDROOMS | 3 BATHS | MLS# 19-3136



BEST BEACHFRONT LOT - \$199,000 USD

CERRITOS
1,747.02 SQ MT | MLS# 19-858



THE VIBE, UNIT #6 - \$149,500 USD

LAS PLAYITAS, TODOS SANTOS
1 BEDROOM | 1 BATHROOM | MLS# 19-2968



OCEAN VIEW LOT 2648 - \$125,000 USD

CERRITOS
1,500 SQ MT | MLS# 19-2465



LAS PLAYITAS LAND - \$120,000 USD

LAS PLAYITAS, TODOS SANTOS
6,000 SQ MT | MLS# 18-1733



FARM LAND - \$110,000 USD

PESCADERO
2,759.64 SQ MT | MLS# 19-1468



CASA SONIDO DEL MAR

LAS TUNAS | TODOS SANTOS | \$1,250,000

CONTEMPORARY LIVING IN LAS TUNAS

3 BEDS | 3.5 BATHS | 6,652 SQ. FT. | 21,527 SQ. FT. LOT



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