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IN GOOD COMPANY
En Buena Compañía

WILLIAM WALKER

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by / por Bryan Jáuregui, traducido por Francesca Magallon

A Twice-Yearly Column on Todos Santos NGOs and the Hotel San Cristóbal's Social Engagement Program

ISSUE ONE: THE BRIDGE BUILDER

Ceci Paredes is the Director of Social Engagement and Communications at Hotel San Cristóbal and there is a word that she comes back to time and again when talking about her program: *bridge*. Not the politely maintained distance that so often stretches between a luxury resort and the community it calls home. But a bridge, a solid connector with traffic moving in both directions, with something real exchanged with every crossing. Ceci was hired to build that bridge, and if her biography is any guide, she is precisely the right person for the job.

A MEXICAN BORN EVERYWHERE ELSE

Ceci Paredes was born in Romania. Her father was a Mexican diplomat, an ambassador specializing in conflict resolution. This meant her childhood unfolded across the dramatic crossroads of late 20th century history. She was in Prague when the Berlin Wall fell in 1989. She was in El Salvador during the guerilla negotiations of 1994. She passed through India, Ireland, Honduras, Serbia, Yugoslavia, and Czechoslovakia, many countries that "didn't even exist anymore" by the time she left them. In every location, in every social setting she was "the Mexican." The only problem was, she had no idea what being Mexican actually meant. "When I was in India, I had

Una columna semestral sobre las ONG de Todos Santos y el "Programa de Compromiso Social del Hotel San Cristóbal"

PRIMER ASUNTO:

LA CONSTRUCTORA DE PUENTES

Ceci Paredes es la Directora de "Compromiso Social y Comunicaciones" del Hotel San Cristóbal, y hay una palabra que repite constantemente al hablar de su programa: puente. No se trata de la distancia que se mantiene amablemente y a menudo separa un resort de lujo de la comunidad que lo acoge, sino un puente, un vínculo sólido con el flujo de personas en ambas direcciones, donde se intercambia algo real en cada cruce. Ceci fue contratada para construir ese puente, y si su biografía nos sirve de guía, sabremos que ella es precisamente la persona idónea para el trabajo.

UNA MEXICANA QUE NACIÓ EN TODOS LADOS

Ceci Paredes nació en Rumania. Su padre era diplomático mexicano, embajador especializado en resolución de conflictos. Esto significó que su infancia transcurrió en la encrucijada dramática de la historia de finales del siglo XX. Estaba en Praga cuando cayó el Muro de Berlín en 1989. Estuvo en El Salvador durante las negociaciones guerrilleras de 1994. Recorrió India, Irlanda, Honduras, BUENA COMPAÑÍA continúa en página 8



Hotel San Cristóbal internship program

the breakthrough realization that I had no clue about my Mexicanity.” She bought a one-way ticket to Mexico and has never really left.

What followed was 19 years of immersion, not in the Mexico of the guidebooks or glossy magazines, but in the rural Mexico that most people with her credentials drive past on their way to somewhere else. She totally dug in. She led the restructuring of PEACE Punta de Mita, serving as the Executive Director of the organization engaged in fostering local development through education and community engagement. She consulted on social impact for PepsiCo’s global headquarters in New York. She founded and directed the Xala Foundation on Jalisco’s Costa Alegre, fostering community growth for healthy socioeconomic and environmental outcomes. She earned a Master’s in Senior Management from Universidad Anáhuac and a Master’s in High-Performance Team Leadership from the EADA Business School in Barcelona. She holds certifications in International NGO Management from the University of Geneva and Fundraising and Institutional Development from UC Davis. “But my heart is in the rural,” says Ceci. “I found my identity in rural Mexico and I’m not giving that up.”

READING THE LANDSCAPE IN TODOS SANTOS

When Ceci looks at Todos Santos, she sees two landscapes at once. The first is structural and covers the familiar

challenges of any rural Mexican community: gaps in healthcare, waste management, and education; school dropouts; a shortage of positive role models for young people navigating real pressures. “The emotional territory is very wounded,” observes Ceci. “It doesn’t have that many opportunities.” The second landscape genuinely surprises her. “I have traveled quite a lot and Todos Santos is truly amazing. I personally have never seen so many good community organizations in such a small area,” she notes. “The concentration of civic energy, intellectual life, and committed individuals in this small Baja California Sur town is truly profound and a genuine asset.” It a concentration of energy that the vision-led venture group behind Hotel San Cristóbal is keen to connect with. The hotel is one expression of the group’s longer-term commitment to Todos Santos, a group whose social investment in the community flows from that larger purpose.

This dual reading—clear-eyed about the wounds, genuinely enthusiastic about the strengths—is characteristic of Ceci. She is neither a cheerful, oblivious optimist nor a resigned pessimist. The programs taking shape under her direction are notable for what they *don’t* do as much as for what they do. They don’t swoop in with solutions. They don’t build dependence. They don’t perform benevolence for a sparkling annual report.

The school lights is a small case in point. A local school needed eight lights repaired. Hotel San Cristóbal offered GOOD COMPANY continued on page 21

Buena Compañía

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Punta Lobos

Serbia, Yugoslavia, y Checoslovaquia, muchos países que, cuando los dejó, ya no existían. En cada lugar, en cada entorno social, era “la mexicana.” El único problema era que no tenía ni idea de lo que significaba ser mexicana. “Cuando estuve en India, me di cuenta de repente de que no tenía ni idea de mi identidad mexicana.” Compró un boleto de ida a México y nunca se ha ido del todo.

Lo que siguió fueron 19 años de inmersión, no en el México de las guías turísticas ni de las revistas brillantes, sino en el México rural que la mayoría de la gente con su currículum pasa de largo camino a otro lugar. Se involucró por completo. Lideró la reestructuración de PEACE Punta de Mita, donde fue Directora Ejecutiva de la organización dedicada a fomentar el desarrollo local a través de la educación y la participación comunitaria. Asesoró sobre impacto social a la sede central global de PepsiCo en Nueva York. Fundó y dirigió la Fundación Xala en la Costa Alegre de Jalisco, impulsando el desarrollo comunitario para lograr resultados socioeconómicos y ambientales positivos. Obtuvo una Maestría en Alta Dirección de la Universidad Anáhuac y una Maestría en Liderazgo de Equipos de Alto Rendimiento de la Escuela de Negocios EADA de Barcelona. Cuenta con certificaciones en Gestión Internacional de ONG de la Universidad de Ginebra y en Recaudación de Fondos y Desarrollo Institucional de la UC Davis. “Pero mi corazón está en el campo,” afirma Ceci.

“Encontré mi identidad en el México rural y no pienso renunciar a ella.”

INTERPRETANDO EL PAISAJE EN TODOS SANTOS

Cuando Ceci mira a Todos Santos, observa dos panoramas simultáneamente. El primero es estructural y abarca los desafíos comunes de cualquier comunidad rural mexicana: deficiencias en la atención médica, la gestión de residuos y la educación; deserción escolar; escasez de modelos positivos a seguir para los jóvenes que enfrentan presiones reales. “El terreno emocional está muy herido,” observa Ceci. “No ofrece muchas oportunidades.” El segundo panorama la sorprende gratamente. “He viajado bastante y Todos Santos es realmente asombroso. Personalmente, nunca había visto tantas organizaciones comunitarias excelentes en un área tan pequeña,” comenta. “La concentración de energía cívica, vida intelectual, y personas comprometidas en este pequeño pueblo de Baja California Sur es realmente profunda y un verdadero activo.” Es una concentración de energía con la que el grupo emprendedor visionario detrás del Hotel San Cristóbal está deseoso de conectar. El hotel es una expresión del compromiso a largo plazo del grupo con Todos Santos, un grupo cuya inversión social en la comunidad emana de ese propósito más amplio.

Esta doble percepción, que reconoce con claridad las BUENA COMPAÑÍA continúa en página 20



IN GOOD COMPANY

Who We Are

We are a Mexican team, deeply inspired by the people, land, and history of Baja California Sur. We bring our respect for these elements into every interaction, working every day to build honest, trust-based relationships.

Social Engagement & Communications

We created our Social Engagement program to be a bridge between Hotel San Cristobal and the Todos Santos community. It is a dedicated, transparent force for learning and engagement.

Our Social Route

We want to engage deeply with the incredible programs already in place in the Todos Santos community to help strengthen local identity, improve well-being and quality of life, and create real opportunities together.

Todos Santos is home to an extraordinary concentration of people and organizations working for this community. We are honored to learn from them, collaborate with them, and stand alongside them.



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Trio in Retirement 48"x72" Mixed Media Acrylic by Mark Gabriel

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Art Talk

by Mark Gabriel, Galería Militar

Artist Unmasked (Hideous Glorious)

Let's talk about masks. I've been digging into the psychology and philosophy of human dynamics in my painting for a few years. Fascinated by the movements of a heavily transitory population in our small corner of the Baja peninsula, my work has been occupied with what we might dub "the vacationer." The jet set-pool-lounging socialites occupying their time prostrate while filling up perfectly shaped bodies with mezcal and vitamin D. Who doesn't love vacation time? Underneath the boardwalk, on a deeper level, I explore the subversive and subtle details of the human experience. The nitty-gritty-sand in all those shadowy parts-layers of human psychology. Today, let's have some fun just oiling the surface for our friend on the next chaise lounge over.

For the last two years, I've been working on some kind of self-portrait. It really felt like a self-critique, a chance to flip the perspective from the "exotic others" and turn the spotlight on myself. As a lifelong nomadic soul, I found myself on the other side of the adventuring lifestyle, latching on to the rock with my toes like some baby oyster. I was now fully encased in my shell, feeling ready for some self-examination. And why not in the public forum that is large-scale paintings hanging on a gallery wall? It's only fair I examine myself under the same microscope I examine you.

Around this time, I was reminded of the concept of *'persona.'* It floated across the tickly part of my right temporal lobe and adhered itself to the project I was working up. Couldn't shake the idea that the social masks we wear when we show up in the world, infer that life is a performance. As a performer, (I night shift as a rock 'n' rolla) I am familiar with *persona*, as a painter I was not.

If all the world is a stage, and we're all playing a part, is life performance? Carl Jung kinda thought so. He loved the ancient Greek concept of *persona*, the curated version of ourselves.

At 19, I backpacked through Greece. I remember slipping on the stone steps of the Parthenon—polished smooth as death by centuries of foot traffic. I don't take public falls in stride, trying to be cool with bloody knees I felt like a fool in my slippery Doc Martens. I remember wishing I could disappear. Ancient Greek actors who used that same stage wore masks as signifiers. Masks allowed the same actor to play multiple roles and assume different characters. Characters as icons, as symbols. Exaggerated emotional amplifiers. Let the people in the back know who the heroes were and who were the villains. Also, who was the fool. Interestingly, these masks were built to help the actors project their voice.



"Fauns" detail, by Mark Gabriel



“Tribunal of The Interloper” by Mark Gabriel

Now, things were starting to cook with this self portrait, a self-flagellation idea for an art show. This curated version of myself needed a counterweight. Which meant it was time to drop the *persona* and to reveal something underneath. Something hidden.

As a kid I discovered this independent comic book called *Teenage Mutant Ninja Turtles*. They were punk rock—black

and white, self-published, and deceptively simple.

Their masks—simple fabric bands with eye holes that changed shape to exaggerate emotions. Of course they were ninjas, and they need to be disguised. The fact that they were anamorphic turtle teenagers and would need to be hidden from the world, goes without saying. They were

ART TALK continued on page 12

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“Beach Walk” 30”x30” oil/canvas

Art Talk

continued from page 11

one of the first disruptors on my path, and I wanted to pay homage to that first “unmasking.”

The concept for my show wasn’t fully baked, but it was forming. I wanted to examine my own masks, and an attempt at an unmasking through the motifs I’d employed in my past. At this point I’ve been sketching ideas out, and the themes usually come together in the process of constructing compositions. One final lightbulb went off while watching the news of recent political protests.

When confronting walls of riot police, some intuitive young soul thought it would be good to face off wearing large inflatable frog costumes. I couldn’t believe this genuinely great move that works on every level. Whoever organized that deployment deserves a design award and probably a philosophy degree. I love how it weaponizes absurdity. It’s legally and physically smart. Hard to claim an inflatable frog is a threat. The frog costume is also a direct piece of symbol reclamation or provocation—taking an image that’s been weaponized online and dragging it into physical, absurd, harmless, or joyful space.

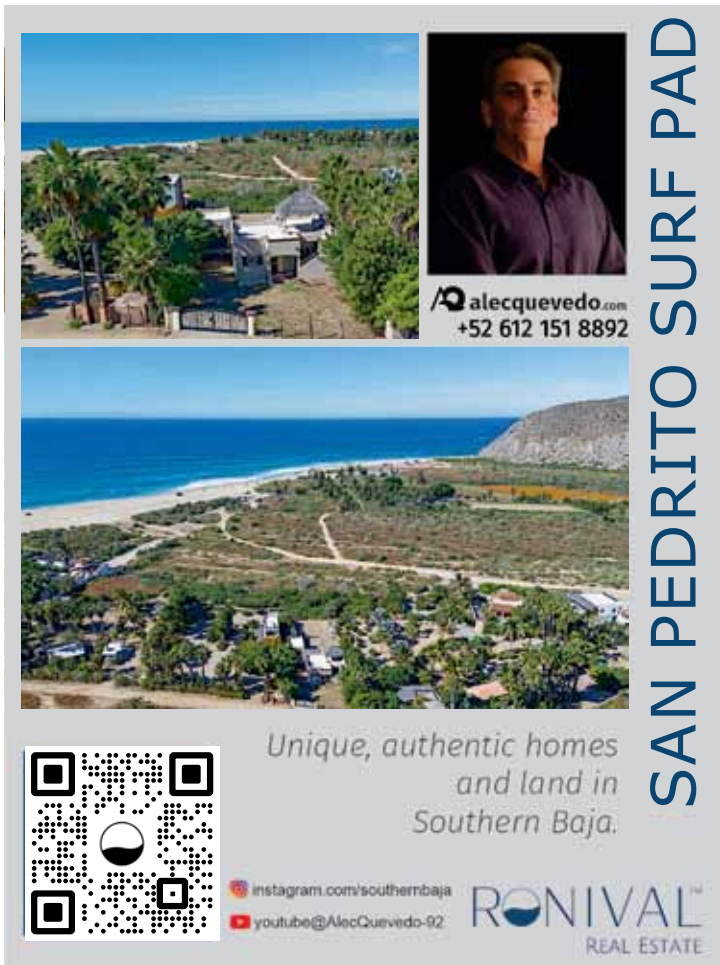
Finally, for me the reminder was locked, the fool has always been the one person allowed to speak truth to power without being executed for it. The court jester. Ancient traditions understood that absurdity creates a lane that earnestness cannot access. And there you have it, you can’t argue with a frog. You can’t demonize a frog. The frog just stands there, wobbling gently in the wind, making you look like a monster for wanting to harm it. It was an inspiration and the final piece I needed to employ.

My recent exhibition, HIDEOUS GLORIOUS performs as a critique on moral authority—an unmasking. What presents itself as neutral, natural, or morally self-evident is rarely any of those things. Beneath the surface of every claim to truth runs the current of hidden interest.

Art doesn’t prove a true self. It stages one.

I’d like to believe this new stage of artwork, is honest and raw and exposing. But what you are looking at is a meticulously constructed series of images. Costume. Pose. Symbol. The confession is choreographed. The wound is framed. Even vulnerability, when hung on a wall, becomes a kind of theater.

The mask that has been worn for so long has fused with the face. Perhaps there is no “beneath” anymore. The truth is gloriously hidden. Hideously, tantalizingly elusive. And the closer you look, the more exquisitely it disappears.



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45 Men and a Flag

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Republic of Lower California & Sonora, William Walker 1853-1854

by / por Bryan Jáuregui, Todos Santos Eco-Adventures / traducido por Francesca Magallon

William Walker's Invasion of Baja California

On the night of October 16, 1853, a 29-year-old American lawyer named William Walker slipped out of San Francisco harbor under cover of darkness on the schooner *Caroline*. He had 45 men with him. He had no maps of the territory he was about to invade. He had neglected to bring sufficient food and had no military experience. However, he did have an extraordinary sense of personal destiny and a flag he'd designed himself for the country he was about to create.

The country was Baja, or Lower California. Never mind that Baja California was part of Mexico, the plan was to conquer it, declare it an independent republic governed by the laws of Louisiana—which meant slavery was legal—and eventually petition for annexation by the United States. The plan was insane and it nearly worked.

William Walker is one of the most remarkable yet most forgotten figures in American history, a testimony to the stories we choose to forget. He was born in Tennessee in 1824, the son of a non-slave owning family, and grew up to become a physician, then a lawyer, then a newspaper editor, graduating from all three professions with the particular confidence of a man who has been told repeatedly that he is brilliant. He stood five feet, two inches tall. He had pale gray eyes described by contemporaries as unsettling, the kind of eyes that don't blink quite often enough. He had been shot in at least two duels and survived both. He had, somewhere in the course of all this doctoring and lawyering

La invasión de Baja California de William Walker

En la noche del 16 de octubre de 1853, un abogado estadounidense de 29 años de edad llamado William Walker zarpó sigilosamente del puerto de San Francisco bajo la oscuridad a bordo de la goleta *Caroline*. Llevaba 45 hombres consigo. No tenía mapas del territorio que estaba por invadir. Se había negado a llevar suficiente comida y carecía de experiencia militar alguna. Sin embargo, poseía un gran sentido del destino y una bandera que el mismo había diseñado para el país que iba a crear. Ese país era "Baja o la Baja California." Sin importar que Baja California fuera parte de Mexico, el plan era conquistarla, declararla una república independiente gobernada por las leyes de Luisiana (lo que significaba que la esclavitud era legal) y eventualmente hacer una petición para anexarla a los Estados Unidos de América. A pesar de que su plan era una locura, casi lo logró.

William Walker fue una de las figuras más notables y a la vez más olvidadas de la historia de EUA, un testimonio de las historias que elegimos olvidar. Nació en Tennessee en 1824, el hijo de una familia que no poseía esclavos y al crecer se convirtió en médico, después en abogado, y luego en editor de periódicos, destacando en las tres profesiones con la tan particular confianza de un hombre a quien se le ha dicho repetidamente lo brillante que es. Medía un metro con cincuenta y siete centímetros de alto. Tenía unos ojos color gris claro, que sus contemporáneos describían como "inquietantes," ese tipo de ojos que no

WILLIAM WALKER continúa en página 22

and newspaper editing, become absolutely convinced that the destiny of the United States required the expansion of white, slaveholder civilization into Latin America.

He was not alone in this belief. The 1850s were the high noon of what Americans called Manifest Destiny, the quasi-religious conviction that the United States was ordained by God to expand across the continent and perhaps beyond it. The Mexican-American War had just ended in 1848, delivering to the U.S. more than half of Mexico's territory: Texas, California, Arizona, New Mexico, Nevada, Utah, Colorado. The appetite had not been satisfied. Men like Walker—called "filibusters" after the Spanish *filibustero*, or pirate—raised their own private armies and invaded sovereign nations, not on behalf of the U.S. government but in the spirit of it, testing boundaries, claiming territory, daring Mexico to fight back.

Walker decided to start with Baja California and Sonora. He had actually traveled to Guaymas in the summer of 1853 to ask the Mexican government for a land grant in Sonora. Mexico said no. He went back to San Francisco, recruited 45 men—many of them Gold Rush veterans who had missed the fortune they came for and were looking for the next opportunity—and stole a second ship when the U.S. Army seized the first one.

Walker's schooner, the *Caroline*, arrived at Cabo San Lucas on October 28, 1853, paused for water, then sailed up the gulf to La Paz. He arrived on November 3, flying the Mexican flag, a deception that gave him the element of

surprise in a town of approximately 1,000 people who had no reason to expect an American invasion before breakfast. It took thirty minutes. Walker's men captured the governor, Colonel Rafael Espinosa, at gunpoint. They hauled down the Mexican flag and ran up Walker's own: three horizontal stripes, red and white, with two stars. Walker stepped off the boat, looked around the small, sun-bleached capital of one of Mexico's most remote territories, and declared himself president.

"The Republic of Lower California," he announced in a proclamation immediately dispatched to California newspapers, "is hereby declared Free, Sovereign, and Independent, and all allegiance to the Republic of Mexico is forever renounced." He decreed free trade with the world. He decreed that the laws of the state of Louisiana would govern his new nation. Louisiana's laws included slavery. Walker had just introduced the institution to a country that had abolished it 25 years earlier.

In San Francisco, the news landed like a firework. A local paper hailed the filibusters for "releasing Lower California from the tyrannous yoke of declining Mexico." A recruiting office opened; within hours, hundreds of men had signed up. The era of Manifest Destiny was such that a private citizen could invade a foreign country with 45 men, declare himself its president, and be celebrated as a patriot in the American press. Walker's problem was not public relations. His problem was logistics.

WILLIAM WALKER continued on page 23

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Birdwatching in Baja

Observación de Aves en Baja California

Osprey, *Pandion haliaetus*
Águila pescadora

by / por David M. Bird, traducido por Ivonne Benítez
photos by / fotos por Margaret Krause, margykrausephoto.com

A Win-Win for Birds and Humans!

Why should folks, young and old, take up birdwatching? Well, if you have already spent any time at all observing the almost 500 different kinds of birds in the Baja California peninsula, you have likely already been convinced. On the other hand, reading my words and spreading them around among family and friends will not only enrich their health, prosperity, and well-being but also help the birds themselves and in fact, our entire planet. And all for a very low initial financial investment.

Let's delve into this more deeply. A team of German scientists conducted a study based on socio-economic data from more than 26,000 adults from 26 European countries and concluded that avian diversity is as important for their life satisfaction as their income, and that one's surroundings, i.e. plenty of somewhat natural and diverse landscapes that hold numerous greenspaces and bodies of water that promote bird life, was equally valued, which in turn leads to higher property values. Those building homes in Baja take note.

Being a birdwatcher might even help you to live longer via making those walks in the great outdoors healthier. A study led by a scientist from Carleton University in Ottawa found that hearing birdsong while hiking outdoors improves people's overall well-being more than if they hiked without hearing birds chirping. But seeking out and identifying birds while hiking is even better. As recently as 2024, a study from North Carolina State University discovered that birdwatching leads to higher subjective well-being and a greater reduction in stress than compared to generic nature

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¿Por qué deberían las personas de todas las edades dedicarse a la observación de aves? Si ya ha dedicado tiempo a observar las casi 500 especies de aves de la península de Baja California, seguramente ya se habrá convencido. Por otro lado, leer este artículo y compartirlo con familiares y amigos no solo mejorará su salud, bienestar y prosperidad, sino que también beneficiará a las aves y, de hecho, a todo nuestro planeta. Y todo ello con una inversión inicial mínima.

Profundicemos en esto. Un equipo de científicos alemanes realizó un estudio basado en datos socioeconómicos de más de 26,000 adultos de 26 países europeos y concluyó que la diversidad aviar es tan importante para su satisfacción vital como sus ingresos. Asimismo, valoraron igualmente el entorno, es decir, la abundancia de paisajes naturales y diversos con numerosos espacios verdes y cuerpos de agua que favorecen la vida de las aves, lo que a su vez incrementa el valor de las propiedades. Quienes construyen viviendas en Baja California deberían tomar nota.

Ser observador de aves podría incluso ayudarte a vivir más tiempo al hacer que esos paseos al aire libre sean más saludables. Un estudio dirigido por un científico de la Universidad de Carleton en Ottawa descubrió que escuchar el canto de los pájaros mientras se camina al aire libre mejora el bienestar general de las personas más que si caminaran sin escuchar el trinar de los pájaros. Pero

AVES continúa en página 24

experiences like simply walking. This was especially true for college students who are often at risk for mental health issues. Even cancer patients have learned that birdwatching is therapeutic. One patient said that just being outside and enjoying the birdlife helped distract him thoroughly from his medical challenge. Another cancer patient losing her hair decided to donate the fallen locks to the birds for nest-building. It just made her feel good. Birdwatching can also be highly beneficial to those with dementia. It helps them to get outside, enjoy the beauty and tranquility of nature, become more mindful of themselves and their environment, loosen arthritic joints, and improve their cardiovascular function, provides a sense of achievement, and allows interaction with other like-minded folks. Like crossword puzzles and Wordle, the mental process of identifying birds and keeping a list might even stave off dementia. Why, even blind people can appreciate birds! Many of the world's best birders probably hear and list more birds by their calls and songs than by seeing them. Juan Pablo Culasso, a Uruguayan who was born blind, can identify more than 2,000 different kinds of birds and he leads a team in Colombia to build birding trails for visually impaired birders. Just this past year, a solid scientific study showed that those who become expert at watching, identifying, and listing birds have a higher level of brain cognition than those who do not.

Speaking of other countries, birdwatching has taken me all over the world from the savannah of Kenya to the cloud forest of Costa Rica and to here in Baja California Sur, Mexico. I now have bird-loving friends in more than fifty countries.

As for the bigger picture, despite the fact that there are an estimated 50 million birdwatchers in North America alone, the world can never have enough birdwatchers. Our birds are in serious trouble. More than 12 percent of the world's 11,000 bird species are in critical danger of extinction. To help keep them as part of our landscapes here and abroad, we need careful monitoring of their status so that successful conservation and management actions can be implemented. Becoming a birder, no matter how skilled, allows one to join the burgeoning ranks of citizen scientists helping professional ornithologists keep track of bird populations and their status and health all over the globe. Equally important, birds simply need more voices among political circles to ensure their preservation.

And becoming a birdwatcher or a birder has never been easier. The difference between the two labels, by the way, is that the latter often keep life lists, sometimes obsessively so, and tend to spend more money on gear and travel, whereas the former tend to be more casual and relaxed, merely finding joy in being in the presence of birds.

In general, they do have one thing in common though—they own binoculars to bring birds in close. While one can spend two to three thousand dollars on a pair of Zeiss, Leica, or Swarovski binoculars, there are plenty of more affordable quality choices out there. Celestron, Kowa, Vortex, and Nikon come to mind, ranging from \$200 to \$500 CDN / \$146 to \$365 USD. An excellent website for getting good reviews and prices on these products is: www.allaboutbirds.org/news/the-cornell-lab-review-

BIRDWATCHING continued on page 25

PANORAMIC VIEW LOT FOR SALE

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Featured



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RESIDENTIAL	✓
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<p>Property location El Pescadero Baja Sur, Mexico</p>		<p>Listed by Dobies & Marquez www.BajaLegalRealEstate.com +52 (612) 197-5471 dobiesandmarquez@gmail.com</p>		<p>Property location Rancho Nuevo El Pescadero Baja Sur, Mexico</p>
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june

June 4 - 7 | THE TODOS SANTOS & PESCADERO CULINARY EXPERIENCES at Jazamango in Todos Santos. a weekend of food, music, and art in Baja Sur.

June 5 | 4 - 8 pm, TODOS SANTOS ART WALK. 17 participating galleries in downtown include: Alma Del Desierto, AMVLETO, Benito Ortega, Galería Ezra Katz, **Galería Logan**, Galería La Rosa, **Galería Militar**, Galería de Todos Santos, Art Gallery Alquimia, Pablo Marquez Gallery, La Sonrisa de La Muerte, Galería Enrique Guerrero, and Galería Von Zastrow.

June 11 | WATCH PARTY for the opening of 2026 FIFA World Cup at Todos Santos Brewing in Todos Santos. All future games will be televised live.

June 12 - 14 | ESCAPE TO THE CAPE SURF CONTEST in San José del Cabo. For more information visit: <https://www.escapetothecapecabo.com/>

June 21 | FATHER'S DAY / DÍA DEL PADRE

June 21 | SUMMER SOLSTICE

June 27 | 12 - 4:30 pm, TODOS SANTOS MERMAID FESTIVAL at Bodeguita Del Diablo / Rancho Corazón pool. Daytime activities include children and adult's mermaid and magical sea creatures parade led by International Mermaid Academy, mermaid spa and swim, artisans mercantile, performers. Children are free. Daytime only tickets 250 pesos, evening only tickets 250 pesos, or joint events tickets 450 pesos, all are available online in advance at <https://isobelavian.com/mermaid-festival-tickets> or cash purchases at **Tecolote Bookstore** in Todos Santos.

June 27 | 6 - 10:30 pm, TODOS SANTOS MERMAID FESTIVAL at Bodeguita Del Diablo / Rancho Corazon pool. Evening soirée features Colectivo Zenda, Noe Argumeda, El Minni, Diana Bolo, Chick 'n Chew, Son de Mar, Las Recias, Iso-bel Avian Daytime only tickets, evening tickets only, or joint events tickets are all available online in advance at <https://isobelavian.com/mermaid-festival-tickets> or cash purchases at **Tecolote Bookstore** in Todos Santos.

June 28 | SPAY AND NEUTER CLINIC at Mercado Ranchero in Todos Santos. 8 - 10 am cat walk-ins, 10 am - 12 pm dog walk-ins.

july

July 19 & 26 | FESTIVAL DEL MANGO take place in the plaza of Todos Santos.

July 26 | SPAY AND NEUTER CLINIC at Mercado Ranchero in Todos Santos. 8 - 10 am cat walk-ins, 10 am - 12 pm dog walk-ins.

July 31 - August 3 | FESTIVAL DEL MANGO take place this week in barrio San Ignacio on the otro lado of Todos Santos.

august

August 23 | SPAY AND NEUTER CLINIC at Mercado Ranchero in Todos Santos. 8 - 10 am cat walk-ins, 10 am - 12 pm dog walk-ins.

september

September 15 | JOURNAL DEL PACIFICO FALL 2026 DEADLINE.

September 15 | EL GRITO DE DOLORES

September 16 | DÍA DE INDEPENDENCIA DE MEXICO

September 27 | SPAY AND NEUTER CLINIC at Mercado Ranchero in Todos Santos. 8 - 10 am cat walk-ins, 10 am - 12 pm dog walk-ins.

october

October 9 - 11 | FIESTAS PATRONALES DE TODOS SANTOS usually takes place with events in the public plaza.

October 18 | 6 am, 2ND CARRERA RUTA EL TRIUNFO 6K | 9K | 21K, in El Triunfo. Registration open from April 20 to October 10 or until full. <https://dondia-blotrailrun.com/>

October 24 | 9 am - 1 pm, MAS QUE RECICLAR in Todos Santos. This is a mega-recycling day where lots of hard-to-recycle items can find their repurpose so start saving up now! Recycling program, stands, and other activities. Materials to be recycled: paper, cardboard, plastic containers, metals, used vegetable oil, cigarette butts, batteries, electronics, glass, expired medication (pills), and kitchen waste. Location TBD.

October 25 | SPAY AND NEUTER CLINIC at Mercado Ranchero in Todos Santos. 8 - 10 am cat walk-ins, 10 am - 12 pm dog walk-ins.

October 31 | HALLOWEEN

november

November 1 - 2 | 9TH ANNUAL DÍA DE MUERTOS TODOS SANTOS in the public plaza. One of Mexico's most emblematic traditions where magic, color, and celebration come together. With altar contest, *Catrínes* and *Catrinás*, craft stalls, food, and drinks. Bring your photo and offering for the main altar and the pet altar. Be part of *Amamos Nuestro Pueblo AC* by offering your personal help or economic support. For more information, visit *Bésame Mucho Bazaar*, or social media on Facebook: @diademuertostodossantos and Instagram: @amamospuebloac

November 10 | JOURNAL DEL PACIFICO HOLIDAY 2026/2027 DEADLINE.

November 14 | SECOND ANNUAL CERO BASURA ALOHA CUP at Los Cerros Beach. The day of competition will buzz with Aloha festivities for the whole community—come check out the fun!

November 15 | 6 am, 8TH ANNUAL DON DIABLO TRAIL RUN, 9K | 18K | 37K | 50K at Rancho Cacachilas, B.C.S. Registration open from April 30 to November 5 or until full. <https://dondia-blotrailrun.com/>

November 20 | DÍA DE LA REVOLUCIÓN MEXICANA

November 27 | US THANKSGIVING

december

3RD ANNUAL CERO BASURA CHRISTMAS POSADA at Hotel San Cristóbal. Date TBD.

january 2027

January 10 | JOURNAL DEL PACIFICO WINTER 2027 DEADLINE.

february

February 6 | 4TH ANNUAL RUTA EL CARDON BICYCLE RIDE FESTIVAL at Over The Edge, Todos Santos. Registration open through the day of event. Stop by shop for details. <https://www.rutaelcardon.com>

every week

daily

8 – 8 pm, **DAY POOL PASSES** at Hotel Gallo Azul in Todos Santos. Adults 400 MXN includes 300 pesos off food and drinks. Children up to 10 years old 250 MXN includes 150 off food and drinks. Reservations / availability call 612 158 8457.

sunday

8 am – 1 pm, **ORGANIC MARKET** and live music at Baja Beans in Pescadero.

5 – 8 pm, **OPEN MIC** at **Viñedo Las Tinajas**, Todos Santos. Free. For more information 624 264 2572.

6 pm, **SUNDAY ACOUSTIC SESSIONS** at Todos Santos Brewing.

monday

10 am – 2 pm, **PALAPA LIBRARY OPEN**, Todos Santos. Palapalibrary@gmail.com

12 pm, **SPANISH CONVERSATION CLUB** at **Hablando Mexicano**, in Todos Santos.

2 – 5 pm, **PALAPA CHILDREN'S LIBRARY OPEN**, Todos Santos. Palapalibrary@gmail.com

tuesday

8:30 am – 3 pm, **LA PAZ ORGANIC MARKET** on calle Rosales between Mutualismo & Madero, La Paz.

9 am – 1 pm, **LA GRANJA DE RESIDUOS ORGÁNICOS** / Garden and kitchen waste disposal located south of Todos Santos at La Granja (km 57). \$30 MXN/load. No garbage. Garden waste (no rubbish remnants, separate leaves from branches), kitchen waste (fruits and vegetables separated from proteins), manure from herbivorous animals like horses. WhatsApp: 612 161 1596, Facebook: <https://www.facebook.com/share/p/1BohFhkZwN/?mibextid=wwXlfr>

10 am – 2 pm, **PALAPA LIBRARY OPEN**, Todos Santos. Palapalibrary@gmail.com

1 – 2 pm, **PERFUME AND SKIN CARE MASTER CLASS** by Chantal at **Tecolote Bookstore** in Todos Santos. <http://tecolotebookstore.com/>

2 – 5 pm, **PALAPA CHILDREN'S LIBRARY OPEN**, Todos Santos. Palapalibrary@gmail.com

6:30 pm, **LATIN & DANCE MUSIC** with Pepe, Tita, Jonah & Co. at Todos Santos Brewing in Todos Santos. 6 - 6:30 pm, salsa classes.

TACO TUESDAY at 5 Tacos & Beer on the *otro lado*. Live music and 100 pesos margaritas.

wednesday

8 am – 2 pm, **LOCALS MARKET** at **La Esquina Café** on the *otro lado*, Todos Santos.

9 am - 1 pm, **LA GRANJA DE RESIDUOS ORGÁNICOS** / Garden and kitchen waste located south of Todos Santos at La Granja (km 57). \$30 MXN/load. No garbage. Garden waste (no rubbish remnants, separate leaves from branches), kitchen waste (fruits and vegetables separated from proteins), manure from herbivorous animals like horses. WhatsApp: 612 161 1596, Facebook: <https://www.facebook.com/share/p/1BohFhkZwN/?mibextid=wwXlfr>

WEEKLY EVENTS continued on page 41

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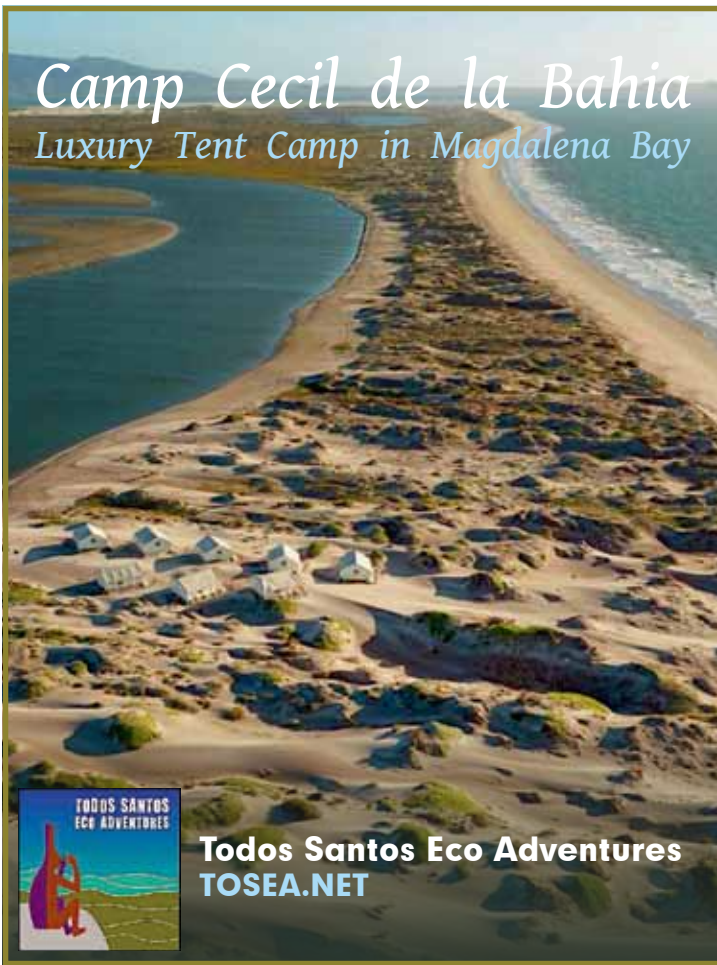
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continuó de página 8

heridas y se entusiasma genuinamente con las fortalezas, es característica de Ceci. No es ni una optimista alegre e inconsciente ni una pesimista resignada. Los programas que se están desarrollando bajo su dirección destacan tanto por lo que no hacen como por lo que hacen. No llegan con soluciones. No generan dependencia. No realizan actos de beneficencia para obtener un informe anual brillante.

Las luces de la escuela son un pequeño ejemplo de ello. Una escuela local necesitaba reparar ocho luces. El Hotel San Cristóbal se ofreció a financiar cuatro, pero solo si el comité de padres financiaba las otras cuatro. "Los padres se pusieron manos a la obra y, antes de darnos cuenta, todas las luces estaban arregladas," recuerda Ceci. "En este caso, las luces fueron el medio para empoderar a la gente. El empoderamiento es lo más importante. Una vez que lo tienes, nadie te lo puede quitar."

Ceci está trabajando en varios programas comunitarios que se destacarán en futuras ediciones de esta columna. Parte de su objetivo en todos estos programas es lograr lo que el Hotel San Cristóbal ha conseguido internamente con su gestión de residuos. Ceci comenta: "Estamos muy orgullosos de que, bajo el liderazgo de nuestro Gerente de Alimentos y Bebidas, Alex Romero, el hotel haya reducido la cantidad de residuos que enviamos al vertedero en un 73%. Pero lo que más nos entusiasma es que, gracias a la mentoría de Alex, los empleados del Hotel San Cristóbal están cambiando su mentalidad, su forma de pensar sobre los residuos, y que están llevando estos cambios a sus hogares." Y añade: "Esa es la máxima transformación social y la verdadera sostenibilidad: cambiar los hábitos de las personas."

DESDE LA CIMA: LA PROPIEDAD DETRÁS DE LA VISIÓN

Ceci fue recomendada para su puesto en el proyecto principal del Hotel San Cristóbal por Jerónimo Baños, hermano de Diego Baños, socio de la empresa que adquirió el hotel hace cinco años. Ceci señala: "Colaboré con Jerónimo en Punta de Mita, donde fue fundamental para la donación del terreno que se convirtió en una preparatoria afiliada al Tecnológico de Monterrey, brindando a estudiantes rurales acceso a una de las redes educativas más prestigiosas de México." A través de sus años de experiencia con los actuales propietarios del proyecto del Hotel San Cristóbal, Ceci ha observado que la administración se rige por valores que respeta profundamente: congruencia, transparencia, confiabilidad, y coherencia. Ceci no nació ayer y continúa con su característica franqueza: "Durante los años que llevo en México, he visto lo difícil que es hacer el bien de la manera correcta en este país. Sé cómo BUENA COMPAÑÍA continúa en página 45

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Good Company

continued from page 7

to fund four, but only if the parents' committee funded the other four. "The parents started working on this and before we knew it, all the lights were fixed," Ceci recalls. "In this case the lights were the vehicle to empower people. Empowerment is the most important thing. Once you have it, nobody can take it away from you."

Ceci is working on several programs in the community, and these will be highlighted in future issues of this column. Part of her goal in all these programs is achieving what Hotel San Cristóbal has accomplished in-house with their waste management work. Notes Ceci, "We are very proud of the fact that under the leadership of our Food and Beverage Manager, Alex Romero, the hotel has reduced the amount of waste we send to the landfill by 73%. But what we are most excited about is the fact that under Alex's mentorship the employees of Hotel San Cristóbal are changing their mental models, changing their thinking about waste, and that they are bringing these changes into their homes." She continues, "That is the ultimate social transformation and true sustainability: when you change the habits of people."

FROM THE TOP: THE OWNERSHIP BEHIND THE VISION

Ceci was recommended for her job at the umbrella project behind Hotel San Cristóbal by Jerónimo Baños, the brother of Diego Baños, a principal in the firm that took ownership of Hotel San Cristóbal five years ago. Notes Ceci, "I collaborated with Jerónimo at Punta de Mita, where he was instrumental in the donation of the land that became a high school aligned with Tecnológico de Monterrey, giving rural students access to one of Mexico's most prestigious educational networks." Through her years of experience with the current owners of the project behind Hotel San Cristóbal Ceci has observed that "The ownership operates from values that I respect deeply: congruence, transparency,



reliability, and consistency." Ceci was not born yesterday and continues with characteristic bluntness: "Throughout the years I've been in Mexico, it is so hard to do good in the right way in this country. I know how developments work. I know the lights and the shadows of them. But these guys, these new owners of the guiding project behind Hotel San Cristóbal, are doing something genuinely different. This is a luxury hospitality project whose ownership has woven social legacy into its DNA from the beginning, not as a marketing afterthought, but as a founding principle."

A NEW TERRITORY

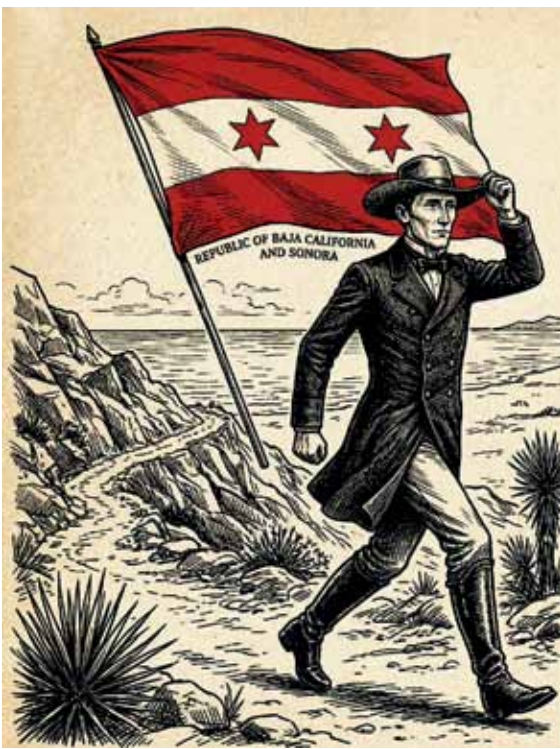
Ceci describes what she is trying to build as a new territory, a new emotional and dialectical space for what a tourist destination can be, what it can mean. This new territory is not a place that extracts beauty from the community while leaving it unchanged. It's not a place that drops philanthropic gestures in from on high. The new territory is something different: a place that actually *listens*. Says GOOD COMPANY continued on page 48



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William Walker

continuó de página 14

parpadean lo suficiente. Había sido herido al menos en dos duelos y había sobrevivido ambas veces. En algún momento de su trayectoria como doctor, abogado, y editor de periódicos se había convencido absolutamente a sí mismo de que el destino de los Estados Unidos de América requería la expansión de la civilización blanca esclavista hacia América Latina. No era el único que compartía esta creencia.

La década de 1850 fue el apogeo de lo que los estadounidenses llamaban "Destino Manifiesto," la convicción casi religiosa de que Estados Unidos estaba destinado por Dios a expandirse por todo el continente y quizás más allá. La guerra mexicano-estadounidense acababa de terminar en 1848, entregando a Estados Unidos más de la mitad del territorio mexicano: Texas, California, Arizona, Nuevo México, Nevada, Utah, y Colorado. El apetito no se había saciado. Hombres como Walker, conocidos como "filibusteros" o piratas, formaron sus propios ejércitos privados e invadieron naciones soberanas, no en nombre del gobierno estadounidense, sino con su espíritu, poniendo a prueba los límites, reclamando territorio y desafiando a México a contraatacar.

Walker decidió comenzar por Baja California y Sonora. De hecho, había viajado a Guaymas en el verano de 1853 para solicitar al gobierno mexicano una concesión de tierras en Sonora. México se negó. Regresó a San Francisco, reclutó a 45 hombres, muchos de ellos veteranos de la Fiebre del Oro que habían perdido la fortuna que buscaban y anhelaban una nueva oportunidad, y posteriormente robó un segundo barco cuando el ejército estadounidense les

quitó el primero.

La goleta de Walker, *Caroline*, llegó a Cabo San Lucas el 28 de octubre de 1853, hizo escala para abastecerse de agua y luego navegó por el golfo hasta La Paz. Llegó el 3 de noviembre, izando la bandera mexicana, un engaño que le dio el factor sorpresa en un pueblo de aproximadamente 1000 habitantes sin motivos para esperar una invasión estadounidense antes del desayuno. Todo aconteció en treinta minutos. Los hombres de Walker capturaron al gobernador, el coronel Rafael Espinosa, a punta de pistola. Quitaron la bandera mexicana e izaron la de Walker: tres franjas horizontales rojas y blancas con dos estrellas. Walker bajó del barco, contempló la pequeña capital, bañada por el sol, en uno de los territorios más remotos de México, y se declaró a sí mismo presidente.

"La República de Baja California," anunció en una proclamación que fue enviada inmediatamente a los periódicos de California, "queda declarada Libre, Soberana, e Independiente, y se renuncia para siempre a toda lealtad a la República de México." Decretó el libre comercio con el mundo. Decretó que las leyes del estado de Luisiana regirían su nueva nación. Las leyes de Luisiana incluían la esclavitud. Walker acababa de introducir esta institución en un país que ya la había abolido 25 años antes. En San Francisco, la noticia fue muy bien recibida. Un periódico local aclamó a los filibusteros por "liberar a Baja California del yugo tiránico del decadente México." Se abrió una oficina de reclutamiento; en cuestión de horas, cientos de hombres se habían alistado. La era del Destino Manifiesto era tal, que permitía que un ciudadano común invadiera un país extranjero con 45 hombres, se autoproclamara presidente y fuera aclamado como patriota por la prensa estadounidense. El problema de Walker no era de relaciones públicas, sino de logística.

Walker no tenía mapas ni provisiones, y Baja California en 1853 carecía de carreteras y muy poca gente estaba dispuesta a ayudarlo. A los tres días de su gloriosa proclamación, abandonó La Paz, en parte por temor a un contraataque mexicano, en parte porque allí no había nada útil, y se retiró a Cabo San Lucas. Tres semanas después se trasladó de nuevo a Ensenada, a 1.600 kilómetros al norte, arrastrando prisioneros consigo en una carreta a través de un terreno que no comprendía, hacia una frontera que apenas podía localizar. Los barcos con los suministros prometidos desde California se retrasaron. Cuando finalmente llegaron los refuerzos, unos 230 voluntarios adicionales, casi no traían provisiones y mucho menos tenían conocimientos sobre cómo sobrevivir en el desierto de Baja California. Los hombres de Walker subsistían con el ganado confiscado de los ranchos locales, por el cual Walker emitía pagarés que nadie cobraría jamás.

El 10 de enero de 1854, aparentemente sintiendo que conquistar un país inexistente era insuficiente, Walker emitió un nuevo decreto: Baja California quedaba anexada a la República de Sonora. No había pisado territorio mexicano continental, pero ahora era presidente de dos países. Comenzó a marchar hacia el norte, hacia la frontera, con la esperanza de encontrar un paso hacia el este, a

WILLIAM WALKER continúa en página 48

William Walker

continued from page 15

Walker had no maps and no food, and Baja California in 1853 had no roads and very few people were willing to help him. Within three days of his glorious proclamation, he abandoned La Paz—partly from fear of Mexican counterattack, partly because there was nothing useful there—and retreated to Cabo San Lucas. Three weeks later he moved again to Ensenada, 1,600 kilometers to the north, dragging prisoners with him in a wagon across terrain he did not understand toward a border he could barely locate. The promised supply ships from California were late. When reinforcements finally arrived—around 230 additional volunteers—they brought almost no provisions and less knowledge of how to survive the Baja desert. Walker's



men were living off livestock seized from local ranches, for which Walker issued IOUs that no one would ever collect.

On January 10, 1854, apparently feeling that conquering one non-existent country was insufficient, Walker issued a new decree: Baja California was now annexed to the Republic of Sonora. He had not set foot on the Mexican mainland, but he was now president of two countries. He began marching north toward the border, hoping to find a passage east into Sonora. His men were deserting in substantial numbers. Those who stayed were dying of dysentery and dehydration. The local population—the *rancheros*, farmers, and fishermen of the Baja peninsula—were actively hostile, refusing to sell him food and in several cases taking up arms against him under a Mexican officer named Antonio

Meléndrez, who harassed Walker's retreating column relentlessly through the thorny, waterless mountains of northern Baja.

WILLIAM WALKER continued on page 32

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Aves

continuó de página 16

House finch, *Haemorhous mexicanus*
Pinzón mexicano

buscar e identificar aves mientras se camina es aún mejor. Ya en 2024, un estudio de la Universidad Estatal de Carolina del Norte descubrió que la observación de aves conduce a un mayor bienestar subjetivo y una mayor reducción del estrés en comparación con experiencias genéricas en la naturaleza como simplemente caminar. Esto fue especialmente cierto para los estudiantes universitarios, quienes a menudo corren el riesgo de sufrir problemas de salud mental. Incluso los pacientes con cáncer han descubierto que la observación de aves es terapéutica. Un paciente dijo que simplemente estar al aire libre y disfrutar de la vida de las aves lo ayudó a distraerse por completo de su problema médico. Otra paciente con cáncer que estaba perdiendo el cabello decidió donar los mechones caídos a los pájaros para la construcción de nidos. Simplemente la hizo sentir bien. La observación de aves también puede ser muy beneficiosa para las personas con demencia. Les ayuda a salir al aire libre, disfrutar de la belleza y la tranquilidad de la naturaleza, ser más conscientes de sí mismos y de su entorno, aliviar la artritis, y mejorar su función cardiovascular, les proporciona una sensación

de logro y les permite interactuar con otras personas con intereses similares. Al igual que los crucigramas y Wordle, el proceso mental de identificar aves y hacer una lista podría incluso prevenir la demencia. ¡Incluso las personas ciegas pueden apreciar las aves! Muchos de los mejores ornitólogos del mundo probablemente escuchan y registran más aves por sus llamadas y cantos que por su vista. Juan Pablo Culasso, un uruguayo que nació ciego, puede identificar más de 2000 especies diferentes de aves y dirige un equipo en Colombia para construir senderos de observación de aves para personas con discapacidad visual. El año pasado, un sólido estudio científico demostró que quienes se convierten en expertos en observar, identificar, y registrar aves tienen un nivel cognitivo cerebral más alto que quienes no lo hacen.

Hablando de otros países, la observación de aves me ha llevado por todo el mundo, desde la sabana de Kenia hasta el bosque nuboso de Costa Rica y hasta aquí, en Baja California Sur, México. Ahora tengo amigos amantes de las aves en más de cincuenta países.

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Great egret, *Ardea alba*
Garza blanca

affordable-full-size-8x42-binoculars/. There are really only two important rules when buying binoculars. First, always try to test-drive them outside for clarity and their feel by shopping at a local nature store and second, buy the best you can afford.

Besides viewing birds more closely both for enjoyment and for acquiring more detail, one needs some sort of guide to bird identification. These days one has two options—buy a print field guide or use an app on a smartphone or tablet. Regrettably, there is not, to my mind, a decent hard-copy guide to the birds of Mexico, let alone Baja. However, one can buy colorful fold-out pamphlets depicting the most common local birds. A growing number of birdwatchers of all skill levels are now paying for an app like *iBirdPro* or even better, downloading free apps to their smartphones (see www.housedigest.com/2070957/best-apps-for-identifying-birds-in-yard/). However, the best one in my opinion, and amazingly free, is *Merlin Bird ID* from the Cornell Laboratory of Ornithology (CLO). It features all of the birds in North America and will eventually cover all of the world's roughly 11,000 species. To save looking

through that many bird species in Baja California, one can download the bird list for Central America. One Merlin tool that I particularly like is Sound ID. One turns it on and it will identify with 85 percent accuracy all birds singing and calling within earshot of your phone's microphone. *Merlin Bird ID* has likely created more birdwatchers in the world than any book, device, or organization and I applaud the CLO for making it free to everyone everywhere.

Now, if you want to get even more sophisticated, you can download to your phone or tablet the *eBird App*, yet another project from the CLO. It lets one record and submit all one's bird sightings, provides rare bird alerts, and collects data invaluable for research and conservation. As the editor of *Birds of Canada* published by DK-UK, I use *eBird* religiously to decide which birds to add to the 436 species for Canada in the book's various categories. For example, the roseate spoonbill is showing up more frequently in *eBird* records for Canada due to northward range expansion caused by climate warming and it will likely be given a feature place in the next edition.

BIRDWATCHING continued on page 27



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Aves

continuó de página 24

Brown pelican *Pelecanus occidentalis*
Pelicano pardo

En términos generales, a pesar de que se estima que hay 50 millones de observadores de aves solo en Norteamérica, nunca habrá suficientes. Nuestras aves están en grave peligro. Más del 12% de las 11,000 especies de aves del mundo se encuentran en peligro crítico de extinción. Para ayudar a que sigan formando parte de nuestros paisajes, tanto aquí como en el extranjero, necesitamos un seguimiento cuidadoso de su estado para poder implementar acciones de conservación y gestión eficaces. Convertirse en observador de aves, independientemente del nivel de experiencia, permite unirse a la creciente comunidad de científicos ciudadanos que ayudan a los ornitólogos profesionales a monitorear las poblaciones de aves, su estado, y su salud en todo el mundo. Igualmente importante, las aves necesitan que se escuche más su voz en los círculos políticos para garantizar su preservación.

Y convertirse en observador de aves nunca ha sido tan fácil. La diferencia entre ambos términos, por cierto, es que los observadores suelen llevar listas de aves, a veces de forma obsesiva, y tienden a gastar más dinero en equipo y viajes, mientras que los observadores tienden a ser más informales y relajados, simplemente disfrutando de la presencia de las aves.

En general, tienen algo en común: poseen binoculares para observar aves de cerca. Si bien se pueden gastar entre dos mil y tres mil dólares en unos binoculares Zeiss, Leica, o Swarovski, existen muchas opciones de calidad más asequibles. Celestron, Kowa, Vortex, y Nikon son algunas de las marcas que vienen a la mente, con precios que oscilan entre \$200 y \$500 CAD / \$146 y \$365 USD. Un excelente sitio web para obtener buenas reseñas y precios de estos productos es: www.allaboutbirds.org/news/the-cornell-lab-review-affordable-full-size-8x42-binoculars/.

En realidad, solo hay dos reglas importantes al comprar binoculares. Primero, siempre intente probarlos al aire libre para comprobar la claridad y la sensación al usarlos, comprando en una tienda de artículos para la naturaleza local; y segundo, compre los mejores que pueda permitirse.

Además de observar las aves más de cerca, tanto por placer como para obtener más detalles, se necesita una guía para su identificación. Hoy en día, existen dos opciones: comprar una guía de campo impresa o usar una aplicación en un teléfono inteligente o tableta. Lamentablemente, en mi opinión, no existe una buena guía impresa sobre las aves de México, y mucho menos de Baja California. Sin embargo, se pueden comprar folletos desplegables a color que muestran las aves locales más comunes. Un número creciente de observadores de aves de todos los niveles está pagando por una aplicación como iBirdPro o, mejor aún, descargando aplicaciones gratuitas en sus teléfonos inteligentes (ver www.housedigest.com/2070957/best-apps-for-identifying-birds-in-yard/). Sin embargo, la mejor en mi opinión, y sorprendentemente gratuita, es Merlin Bird ID del Laboratorio de Ornitología de Cornell (CLO). Incluye todas las aves de Norteamérica y eventualmente abarcará las aproximadamente 11,000 especies del mundo. Para ahorrar tiempo buscando entre tantas especies de aves en Baja California, se puede descargar la lista de aves de Centroamérica. Una herramienta de Merlin que me gusta especialmente es Sound ID. Al activarla, identifica con un 85% de precisión todas las aves que cantan y emiten sonidos dentro del alcance del micrófono del teléfono. Merlin Bird ID probablemente ha creado más aficionados a la observación de aves en el mundo que cualquier libro, dispositivo u organización, y aplaudo a la CLO por ofrecerla gratuitamente a todo el mundo.

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Birdwatching

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Male northern Cardinal, *Cardinalis cardinalis*
Cardenal norteño

Now, an obvious way to become a birdwatcher is to simply offer food, water, and cover to the birds in one's backyard, but that is the subject of a column in itself. To read more, visit: www.prod.cwf-fcf.org/en/explore/wild-about-birds/at-home/tips.html. Finally, once one has acquired binoculars and mastered their use, as well as decided upon a guide or app for identifying birds, check out the internet for any local birdwatching organizations for free guided trips in your area. If you are a more worldly birder, it is worthwhile to become a *Birding Pal* for around \$10 a year (read more at www.birdingpal.org).

Thinking locally, not every town, city, or village hosts a birdwatching group or offers birding walks or trips. In El Sargento/La Ventana where I live, each winter I lead such events under the umbrella of the Baja Birding Club. They are free and open to anyone. I usually do about six per winter, i.e. from November to May, and I announce them in the *Ventana View* newsletter. I keep an email list of those who wish to be notified. Just email me at david.bird@mcgill.ca. One can also book special guided birding tours in the mountains at Rancho Cacachilas, which include a very sumptuous lunch. This past December, we organized our very first Christmas Bird Count in our area and compiled many interesting bird species. Please come and join us this coming December.

I truly cannot think of any other easier and more affordable hobby that provides so many benefits to humans and wildlife alike. So, get some binoculars and a list of the usual suspects and help yourself, the birds, and the planet!

David M. Bird is an Emeritus Professor of Wildlife Biology at McGill University in Montreal who splits his year between Vancouver Island in Canada, and El Sargento, BCS. David has co-authored over 200 peer-reviewed scientific papers, supervised 50 graduate students, mostly on birds of prey,

and has written and/or edited more than a dozen nature books, including *Birds of Canada*. Each winter he leads free birding trips through the Baja Birding Club and gives free talks on birds. See www.askprofessorbird.com for more.

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Naturally Colorful

story & photos by Kaia Thomson



How do plants and animals in our natural world get so incredibly colorful?

There are many diverse ways that organisms make color. One way many animals, particularly butterflies and birds, get their hues is through structural color. When the microscopic structures of an organism's feathers, scales, shells, or other external coverings interact with light, a different shade is refracted back. For example, the feathers of many birds are filled with tiny structures called melanosomes that carry pigment. It is the distribution and density of the melanosomes that interact with light to create the neutral, medium, and brilliant avian shades—especially the reds, yellows, browns, and black. Iridescent hues are also created by this component within the feathers and scales. Melanosome is also the structure within animal cells that is responsible for carrying out the metabolic roles of synthesis, transport, and storage of melanin—which is the most common light-absorbing pigment. Some colors, especially warm shades like purples, reds, oranges, and yellows are also made by the animal consuming carotenoids. These are natural organic compounds produced by plants, algae, and bacteria that give food sources their warm red, yellow, and orange colors that are then taken on by the animal.

In contrast, fish cannot produce their own colors like birds and reptiles can, they only rely on carotenoids from their diet. By eating algae, crustaceans, and other small organisms fish hold the pigments in their skin within specialized cells called chromatophores. Fish also have an amazing cell, called an iridophore that contain tiny crystals

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Naturalmente Colorado

historia y fotos por Kaia Thomson
traducido por Francesca Magallon



¿Como es que las plantas y los animales en nuestro mundo natural se vuelven tan increíblemente coloridos?

Existen muchas diversas maneras en las que los organismos producen color. Una manera en la que muchos animales en particular las mariposas y los pájaros, obtienen sus tonalidades es a través del color estructural. Cuando las estructuras microscópicas de los organismos, o sea sus plumas, escamas, caparazones, u otras cubiertas externas interactúan con la luz, se refracta un tono diferente. Por ejemplo, las plumas de muchas aves están llenas de diminutas estructuras llamadas melanosomas que contienen pigmento. La distribución y densidad de los melanosomas interactúan con la luz para crear los tonos neutros, medios, y brillantes de las aves, especialmente los rojos, amarillos, marrones, y negros. Los tonos iridiscentes también se crean gracias a este componente dentro de las plumas y escamas. El melanosoma es también la estructura dentro de las células animales responsable de llevar a cabo las funciones metabólicas de síntesis, transporte, y almacenamiento de melanina, el pigmento que absorbe la luz más común. Algunos colores, especialmente los tonos cálidos como el púrpura, el rojo, el naranja, y el amarillo, también se producen cuando el animal consume carotenoides. Estos son compuestos orgánicos naturales producidos por plantas, algas, y bacterias que les dan a sus fuentes de alimento sus cálidos colores rojo, amarillo y naranja, que luego el animal incorpora a su dieta.

En cambio, los peces no pueden producir sus propios colores como las aves y los reptiles; dependen exclusivamente de los carotenoides que obtienen de su alimentación. Al comer algas, crustáceos, y otros organismos pequeños, los peces almacenan los pigmentos en su piel dentro de células especializadas llamadas cromatóforos. Los peces también poseen una célula asombrosa, llamada iridóforo, que contiene diminutos cristales que reflejan la luz en lugar de absorberla, produciendo azules, plateados, y verdes que brillan con tonalidades iridiscentes.

Las plantas también desempeñan un papel importante en nuestro colorido mundo. El pigmento presente en la mayoría de las plantas se llama clorofila, que hace que gran parte de nuestro mundo terrestre sea de un hermoso color verde. La luz blanca, como la luz solar, contiene todos los colores del espectro visible. Cuando la luz incide sobre pigmentos que reflejan las longitudes de onda verdes y amarillas, esos colores específicos rebotan hacia nuestros ojos, mientras que las demás longitudes de onda son absorbidas. Esta reflexión y absorción selectiva explica por qué la superficie se ve verde y amarilla.

Las flores son más complejas. Producen sus vibrantes colores mediante moléculas de pigmento especializadas que se acumulan en sus células, principalmente carotenoides (amarillos y naranjas), antocianinas (rojos, rosas, morados, y azules) y betalainas (rojo-violetas y amarillo-anaranjados). Las antocianinas hacen que el tono cambie con el pH: rojo en condiciones ácidas, morado en neutro y azul en alcalino. Por eso, un mismo

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Naturally Colorful

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that reflect light and don't absorb it, producing blues, silvers, and greens that shimmer in the light with iridescent hues.

Plants also play an important role in our colorful world. The pigment in most plants is called chlorophyll which makes so much of our terrestrial world beautifully green. White light, such as sunlight, contains all colors of the visible spectrum. When it strikes pigments that reflect green and yellow wavelengths, those specific colors bounce back to our eyes, while the other wavelengths are absorbed. This selective reflection and absorption is why the surface appears green and yellow.

Flowers are more complex. They produce their vibrant colors through specialized pigment molecules that

accumulate in their cells—primarily carotenoids (yellows and oranges), anthocyanins (reds, pinks, purples, and blues), and betalains (red-violets and yellow-oranges). Anthocyanins cause the hue to change with pH—red in acidic conditions, purple in neutral, and blue in alkaline. This is why the same pigment can look different in various flowers or fruits. The vast diversity of flower colors arises from differences in the location and concentration of these pigments, along with the specific genetic mechanisms that control their production in each plant species.

All these factors work together to create the remarkable diversity of colors and patterns in animals and plants as a seemingly infinite and everlasting tribute to the endless spectrum of beauty and balance in the realm of nature.

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pigmento puede verse diferente en distintas flores o frutos. La gran diversidad de colores florales surge de las diferencias en la ubicación y concentración de estos pigmentos, junto con los mecanismos genéticos específicos que controlan su producción en cada especie vegetal.

Todos estos factores trabajan en conjunto para crear la asombrosa diversidad de colores y patrones en animales y plantas, un tributo aparentemente infinito y eterno al espectro infinito de belleza y equilibrio en el reino de la naturaleza.



William Walker

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By May of 1854, Walker had fewer than 35 men left. He tried to reach San Vicente—the administrative seat of Baja California about 90 miles south of the US border—but found Mexican troops had taken it. He tried to cross into the United States but found Mexican soldiers blocking his path and American soldiers waiting on the other side. In the end, the Mexican fighters stepped aside and let him cross. He surrendered on May 8, 1854. His invasion of Baja California and Sonora had lasted eight months, cost the lives of unknown numbers of men on both sides, and accomplished absolutely nothing.

Back in San Francisco, Walker was tried for violating the Neutrality Act, which prohibited American citizens from waging private war against nations at peace with the United States. The jury deliberated for eight minutes and acquitted him. The era of Manifest Destiny was such that it only took eight minutes for twelve people to conclude that invading Mexico was fine.

Walker, characteristically, took the acquittal as an endorsement. He immediately began planning his next invasion. In 1855 he went to Nicaragua with 60 men, exploited a civil war to seize control of the country, declared himself president, reinstated slavery (which Nicaragua had abolished), and made English an official language. U.S. President Franklin Pierce formally recognized his government. Walker ruled Nicaragua for almost a year. A coalition of Central American armies drove him out in 1857. He tried twice more to return. In 1860, the British Navy captured him in Honduras and handed him to local authorities. He was executed by firing squad on September 12, 1860, at age 36. He died, witnesses reported, without flinching.

Walker's adventure had consequences for Baja California that echoed for decades. The invasion accelerated Mexican determination to populate and militarize the peninsula. Over a third of Baja's already sparse population reportedly left the territory during and after the invasion, fleeing the chaos. The Mexican government responded by pushing settlers in from the mainland and establishing garrisons at key points along the peninsula. The modern effort to make Baja actually Mexican, rather than just technically Mexican, began in part as a direct response to Walker.

In Mexico, Walker appears in third-grade history primers. In the United States, he is largely forgotten, a minor footnote in the history of Manifest Destiny, which itself has been



Map of the New Republic, showing territory claimed by William Walker, 1853–1854. Courtesy of The Huntington Library, Art Museum, and Botanical Gardens

largely laundered out of the national memory. William Walker, president of two republics that never existed, is dust.

Bryan Jáuregui is Chairman of the Board of Alianza Cero Basura, a registered Mexican nonprofit organization that is working to transform Todos Santos and Pescadero into the first zero waste tourism destination in Mexico. If you would like to learn more about Alianza Cero Basura and/or support the scholar garden program, please visit Alianza Cero Basura's website at <https://cerobasurabcs.org>.

Todos Santos Eco Adventures (TOSEA) is the leading eco adventure company in Baja California Sur. TOSEA invites you to join them in the following initiatives to help preserve the glorious beauty of Baja:

Alianza Cero Basura (ACB). TOSEA is a proud supporter of ACB, a Mexican nonprofit that is working to transform our community into the first zero waste tourism destination in Mexico. To find out how you can actively participate in this effort please visit the ACB website at <https://cerobasurabcs.org>

Carbon Capture with Tomorrow's Air. TOSEA is a carbon capture education partner with Tomorrow's Air, and to date has supported the removal of 3 tons of carbon dioxide from the air. To learn more about this incredible project visit <https://www.tomorrowsair.com>

El Cielo: The Baja Sky

by Roc Fleishman
photo by Kaia Thomson

Welcome to the 2026 summer edition of *El Cielo*, highlighting some of the interesting astronomical happenings above the cape region of BCS, Mexico. Keep this list close at hand for reference and enjoy the sky.

JUNE

- 16 Thin crescent Moon in the sunset, Mercury below, Jupiter upper left, with Venus well above.
- 17 Three-day-old Moon just above and left of Venus.
- 21 Solstice occurs at 1:24 am. The sun will reach its highest point of the year around 12:22 pm during this, the longest day of the year.

Star notes: Omega Centauri is a great fuzzy ball at 18° altitude in the south (southwest by end of June) at sunset—a great binocular or telescope target.

JULY

- 11 Before sunrise, the thin waning crescent Moon rises to the left of and above Mars which appears as a dim reddish object. Aldebaran, the bright reddish alpha star in Taurus is a bit further to the right and further below.
- 17 Crescent Moon to the left of Venus in the sunset.

AUGUST

- 12/13 Perseid Meteor Shower Maximum. Our usual big summer meteor shower always runs from the middle part of July until late August. The peak this year is predicted to be on the night of the 12th/13th. There will be no Moon to interfere, so enjoy the event.
- 15 Again, Venus stars in the sunset with the crescent Moon.
- 27 (Almost) total lunar eclipse starts for us at sunset/moonrise at around 7:30 pm with the Moon already entering our shadow, peaking at about 98% total, and ending around 10:50 pm. Should be beautiful. All you need to do is find the Moon and enjoy the show.

SEPTEMBER

- 13 & 14 The crescent Moon passes by Venus these nights below it on the 13th, then above on the 14th. The crescent Moon might be hard to see on the 13th, but should be easy on the 14th.

For more information on any of the above subjects, check out the web links below. If you want to talk, call me on my cell phone at 612 348 5468 or text on Whatsapp or Messenger. (Not in the office much these days).

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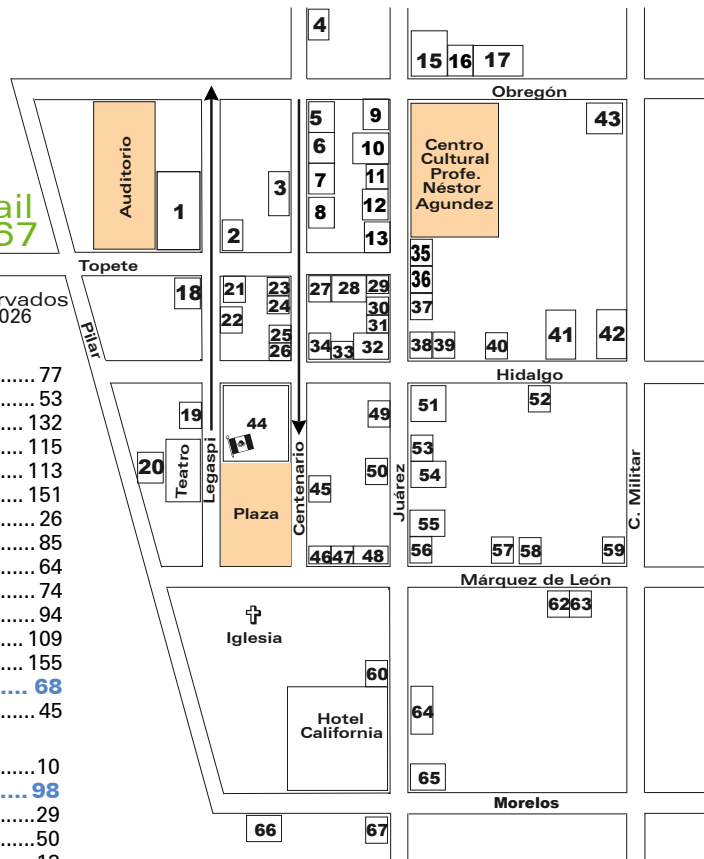
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el otro lado TODOS SANTOS

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Voces

by Janice Kinne

A HEARTFELT THANK YOU AS WE WRAP UP OUR 15TH SEASON!

What a season it's been. To every single client, artist, photographer, writer, and translator who helped make our 15th year possible—thank you from the bottom of our hearts. Even with the inevitable ups and downs that come with life in paradise, your support kept us smiling, creating, and sharing the very best of Baja California Sur.

We're proud to keep doing what we love: shining a spotlight on the area's fantastic events, publishing breathtaking artwork and photography, and bringing you exclusive stories and profiles that capture the magic of this special place. Our features continue to be the go-to guide for both visitors and residents, helping everyone discover the unique charm, warmth, and adventures that make Baja California Sur not just a great place to visit—but an even better place to call home.

This season we were especially delighted to support some wonderful local initiatives: the inaugural *Cero Basura Aloha Cup* at Cerritos, the *Todos Santos Open Art Studio Tour*, the energizing *Todos Santos 5K*, and the impactful work of the **Padrinos Children's Foundation**. Watching our community come together in such positive ways has been pure joy.

INSIDE THIS ISSUE

Five years ago, the **Hotel San Cristóbal** changed hands and embraced a bold vision—one where genuine social legacy is baked into its very foundation. Discover how they're building meaningful bridges across the region in our heartfelt feature, *In Good Company*.

We're also thrilled to share wisdom from David M. Bird, Emeritus Professor of Wildlife Biology at McGill University, who reminds us why birdwatching is one of life's simplest and most rewarding pleasures. We hope that you enjoy the stunning photography from Margaret Krause—including this issue's gorgeous cover. You can explore more of her beautiful work at margykrausephoto.com.

The local arts scene continues to flourish! Several wonderful new galleries have joined the mix, helping the monthly Todos Santos Art Walk grow stronger than ever—with 17 participating galleries plus fun pop-ups at places like **Tecolote Bookstore** and downtown restaurants. The creative energy here is absolutely electric.

FRESH & EXCITING UPDATES

Tecolote Bookstore is thriving under the new ownership of Jenelle Audabe. They've expanded their community programming with weekly Guitar Jam, Book Club, Ukulele Club, meditation sessions, and lively evening events in their beautiful garden. It's sure to become the ultimate cultural and social hub all summer long.

Sadat Laboratory has settled into its bright new home on Calle Ocampo on the north side of Todos Santos. This Father's Day they have a special package to give your man the gift of health.

Looking for real estate expertise you can trust? **Alliaty Real Estate Closing and Transaction Advisory** is your perfect partner, guiding buyers, sellers, brokers, and developers every step of the way.

Need something from north of the border? **MexPat Movers** makes shipping and delivery to Mexico seamless and stress-free. They collaborate exclusively with top-tier customs and brokerage agents to ensure the safe and compliant importation of your products. They can also help bridge the gap and deliver items from online stores to your doorstep in Mexico. Contact them today.

Raise a glass at **Viñedo Las Tinajas**, the only vineyard right in the heart of Todos Santos. Open daily for tastings, tapas, tours, and private events. Don't miss their popular Friday Wine Club and Sunday Open Mic.

Casa de Todos continues to delight with their stunning showroom of contemporary Mexican furniture, textiles, and lighting—plus a lovely café serving fresh breakfast, lunch, and healthy grab-and-go options.

We'll be back in your hands in October with our Fall/Otoño 2026 issue, packed with even more exciting features and stories we can't wait to share. Until then—have a joyful, sun-filled summer, support your favorite local businesses, and keep embracing everything that makes this corner of Baja so magical. See you soon!

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todos santos—el pescadero corridor



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Beaches / Playas

by Janice Kinne

Todos Santos lies inland along the rugged Pacific coast. There are miles of beautiful white sand beaches accessible down unmarked dirt roads.

This stretch of the Pacific Ocean is a very dangerous place to swim at any time of the year. Strong rip currents and backwash are common. People have drowned in waters near Todos Santos simply because they were too close to the ocean while on beaches with steep drop-offs. There are no lifeguards on duty at any area beaches.

You can access the **LA POZA** and **LA CACHORA** beaches via the La Cachora road. Both are suitable for walking, fishing, whale watching, relaxing, or sunbathing. They are not swimming beaches.

Because of the big waves breaking on the shore, La Cachora beach has become popular with skim boarders.

La Poza has a large freshwater lagoon that is great for bird watching. If you are going to swim in the lagoon be very careful. The lagoon may appear to be shallow, but has many sudden drop-offs and is actually very deep.

PUNTA LOBOS, named for a sea lion colony, is also known as the fishermen's beach. Simply follow calle Francisco Bojorquez Vidal (formerly calle Punta Lobos) south out of town, or turn off at km 54 from Highway 19. You will pass an old cannery from the days when fishermen could harvest sea turtles legally. There is a small freshwater lagoon at Punta Lobos with a shrine to the Virgin.

The fishermen ride their *panga* boats on the waves onto the beach between 1 and 3 pm. Their return is exciting to watch and you can usually buy fresh fish from the cooperatives.

The two fishing cooperatives have exclusive rights to the "launch zone" at Playa Punta Lobos. For reasons of safety and due to past problems, boat launching at Punta Lobos is not permitted without their express permission.

The only recommended swimming beaches are outside of Pescadero. **SAN PEDRO**, also known as **PALM BEACH** (*Playa Las Palmas*), is near km 57. Its entrance is across Highway 19 from the Campo Experimental—stay to the left as you pass the abandoned hacienda. Las Palmas is a beautiful, secluded beach surrounded by a palm grove with a freshwater lagoon that is home to a variety of plants, birds, and wildlife.

Due to strong currents (especially near the rocky point), swimming is safer 50 meters from the rocks. Swim with caution and always have a land reference. The property surrounding Palm Beach is privately owned. The gates are open from 6 am to 9 pm daily. Car break-ins have been reported at Palm Beach. Leave your valuables at home!

PLAYA SAN PEDRITO is a rocky surfing beach around km 60, about 4.6 miles (7.4 km) from Todos Santos.

PLAYA LOS CERRITOS is located at km 64 about
BEACHES continued on page 40



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Beaches

continued from page 39

eight miles (12.8 km) south of Todos Santos. Look for the turnoff after the hill, south of Puente El Pescadero. Los Cerritos is a popular spot for surfing, boogie boarding, swimming, and fishing. Swim with caution due to strong riptides near the rocks. It is recommended to stay at least 50 meters from the rocks. The most secure swimming area is in front of the restaurant/bar. Swim with caution and always have a land reference. There is a long stretch of beach to the south that is perfect for walking or running. Surfboard rentals and other services are available.

LA KATRINA SURF + SUPPLY, #36 on the *Otro Lado* map is a core shop on the way to the beach. New and used boards, fins, trunks, ding repair, wax, skates, hardware, they've got it.

MARIO'S SURF SCHOOL provides surfing lessons, board rentals, repairs, and accessories. Call for information.

PESCADERO SURF SHOP, #39 on the Pescadero map. The surf shop stocks everything you need for surfing: surfboard rentals, used and new surfboards for sale, wax, ding repair, accessories, surf reports and information. You can also arrange surf lessons, surf and SUP tours, and activities at the store with Mario Surf School.

TODOS SANTOS ECO ADVENTURES, #169 on the Todos Santos map. Since 2002 Todos Santos Eco Adventures (TOSEA) has been providing visitors with opportunities to explore, celebrate, and help conserve the magnificently diverse ecosystems of Baja. TOSEA offers whale and bird-watching trips in the Pacific lagoons; treks and *ranchero* culture programs in the Sierra la Laguna mountains; Sea Turtle Camp and surfing surfaris on the Pacific coast, and kayaking, "glamping," whale shark, and sea lion adventures in the Sea of Cortez.

TODOS SANTOS SURF SHOP, #86 on the Todos Santos map, sells and rents surf boards, offers beach supplies and activities around Todos Santos. They carry international brands and many locally handmade wares, clothes, bikinis, accessories, natural sunscreen, and "Eclipse" boards shaped by Meisy of Todos Santos. They offer tours to swim with whale sharks and sea lions, surfing lessons, fishing trips, trips to Espiritu Santo Island, and whale watching in Magdalena Bay.

WEST SIDE SURF SCHOOL AND SURF SHOP, #55 on the Pescadero map. Provides surf lessons (includes use of the board for the day, umbrellas, and chairs); board rentals (car straps provided if necessary); boogie boards; and surfboard repairs. Buy / sell / trade used boards. They carry West Side T-shirts, hats, rash guards, surf wax, surf leashes, and board fins.

Aves

continuó de página 26

Ahora bien, si desea ir un paso más allá, puede descargar en su teléfono o tableta la aplicación eBird, otro proyecto de la CLO. Permite registrar y enviar todos los avistamientos de aves, proporciona alertas de aves raras, y recopila datos invaluable para la investigación y la conservación. Como editor de *Birds of Canada*, publicado por DK-UK, uso eBird con frecuencia para decidir qué aves añadir a las 436 especies de Canadá en las distintas categorías del libro. Por ejemplo, la espátula rosada aparece con mayor frecuencia en los registros de eBird para Canadá debido a la expansión de su área de distribución hacia el norte causada por el calentamiento global, y probablemente ocupará un lugar destacado en la próxima edición.

Una forma obvia de iniciarse en la observación de aves es simplemente ofrecer comida, agua, y refugio a las aves de tu jardín, pero ese es tema para otro artículo. Para más información, visita: www.prod.cwf-fcf.org/en/explore/wild-about-birds/at-home/tips.html. Finalmente, una vez que hayas adquirido binoculares y dominado su uso, y hayas elegido una guía o aplicación para identificar aves, busca en internet organizaciones locales de observación de aves que ofrezcan excursiones guiadas gratuitas en tu zona. Si eres un observador de aves más experimentado, vale la pena hacerse miembro de Birding Pal por unos 10 dólares al año (más información en www.birdingpal.org).

Pensando a nivel local, no todos los pueblos, ciudades, o aldeas cuentan con un grupo de observación de aves ni ofrecen paseos o excursiones para observarlas. En El Sargento/La Ventana, donde vivo, cada invierno organizo este tipo de actividades bajo el amparo del Club de Observación de Aves de Baja California. Son gratuitas y abiertas a todo el mundo. Suelo organizar unas seis por invierno, es decir, de noviembre a mayo, y las anuncio en el boletín *Ventana View*. Mantengo una lista de correo electrónico de quienes deseen recibir notificaciones. Solo tienen que escribirme a david.bird@mcgill.ca. También se pueden reservar excursiones guiadas especiales de observación de aves en las montañas, en Rancho Cacachilas, que incluyen un almuerzo exquisito. El pasado diciembre, organizamos nuestro primer Conteo Navideño de Aves en nuestra zona y registramos muchas especies interesantes. ¡Únanse a nosotros el próximo diciembre! Sinceramente, no se me ocurre ningún otro pasatiempo más fácil y asequible que ofrezca tantos beneficios tanto para los humanos como para la vida silvestre. Así que, ¡consigan unos binoculares y una lista de las especies más comunes y disfruten de la observación de aves, de las aves y del planeta!

AVES continúa en página 50

Weekly Events

continued from page 19

10 am – 2 pm, **PALAPA LIBRARY OPEN**, Todos Santos. Palapalibrary@gmail.com

MANOS MEXICANAS at Centro Cultural Prof. Néstor Agundez in Todos Santos.

11 – 12 pm, **DO NOTHING MEDITATION** with Lisa Esile at **Tecolote Bookstore** in Todos Santos. <http://tecolotebookstore.com/>

3 – 4:30 pm, **SCULPTURE CLASS FOR CHILDREN AND TEENAGERS** at Art Gallery Alquimia with artist Elena Vasquez. More information: WhatsApp + 605 971 7791

2 pm, **SPANISH CONVERSATION CLUB** at **Hablando Mexicano**, in Todos Santos.

2 – 4 pm, **CONVERSATIONAL SPANISH DROP-IN CLASS** with Marie Blessing at **Tecolote Bookstore** in Todos Santos. <http://tecolotebookstore.com/>

2 – 5 pm, **PALAPA CHILDREN'S LIBRARY OPEN**, Todos Santos. Palapalibrary@gmail.com

6 pm, **TRIVIA NIGHT** and last Wednesday of the month Musical Bingo at Todos Santos Brewing.

thursday

9 am – 1 pm, **TESOROS TROPICO POP UP BOUTIQUE** at **La Esquina Café** in Todos Santos, through June.

10 am – 2 pm, **PALAPA LIBRARY OPEN**, Todos Santos. Palapalibrary@gmail.com

10 am – 2 pm, **KITCHEN WASTE AND GLASS (ALL COLORS) RECYCLING** at Shaka's Cantina in Cerritos.

11:30 am - 1 pm, **CASA GIRASOL 'THE THURSDAY TABLE'** at Calle Rangel between Zaragoza and Morales in Todos Santos. Look for the big brown door. Coffee, cookies, and conversation. No formal program or pressure. Pull up a chair and bring your story. Free.

2 – 4 pm, **AKASHIC RECORDS READINGS** with Hari at **Tecolote Bookstore** in Todos Santos. <http://tecolotebookstore.com/>

2 – 5 pm, **PALAPA CHILDREN'S LIBRARY OPEN**, Todos Santos. Palapalibrary@gmail.com

5 pm, **COOKING CLASS** at **Hablando Mexicano** in Todos Santos. RSVP required. Visit <https://www.hablandomexicano.com/> for menu and prices.

5 – 9 pm, **ARTWALK** in the San José del Cabo Gallery District. Takes place November through June.

friday

10 am – 2 pm, **PALAPA LIBRARY OPEN**, Todos Santos. Palapalibrary@gmail.com

1 – 2 pm, **TECOLOTE BOOK CLUB** every other Friday at **Tecolote Bookstore** in Todos Santos. Free. <http://tecolotebookstore.com/>

1:30 pm, **GUITAR JAM GROUP** at **Tecolote Bookstore** in Todos Santos. Free. <http://tecolotebookstore.com/>



by Margaret Krause

5:30 – 7 pm, **BEER & ART** at Art Gallery Alquimia. Sculpture and experimental clay with artist Elena Vasquez. Creativity, conversation, and beer. Includes all materials. More information: WhatsApp + 605 971 7791

6 – 8 pm, **WINE CLUB** at **Viñedo Las Tinajas**, Todos Santos. For more information 624 264 2572.

6:30 pm, **LIVE MUSIC** in the beer garden at Todos Santos Brewing in Todos Santos.

6:30 - 8:30 pm, **'FRIDAYS AT THE FARM'** at Caracara at **Hotel Villa Santa Cruz** in Todos Santos. Live Music at Caracara's Farm Bar with Colleen Rennison.

saturday

8:30 am – 3 pm, **LA PAZ ORGANIC MARKET** on calle Rosales between Mutualismo & Madero, La Paz.

9 am – 1 pm, **MALECÓN TIANGUIS NATURAL (MARKET)** at the Callejon Cabezud in La Paz—the area between Esquerro street and the *malecón* at the location of the Wyland mural and the seashell musician statue.

9 am – 3 pm, **SAN JOSÉ DEL CABO ORGANIC MARKET** (Mercado Orgánico) just outside the San José historic district in Huerta María on the Camino a Las Animas. Look for the signs at the big arroyo off Avenida Centenario. Takes place November through the end of June.

9 am – 12 pm, **PALAPA CHILDREN'S LIBRARY OPEN**, Todos Santos. Palapalibrary@gmail.com

10 am – 2 pm, **KITCHEN WASTE AND GLASS (ALL COLORS) RECYCLING** at Mercado Ranchero in Todos Santos.

10:30 am – 2 pm, **EL MERCADO RANCHERO MARKET** with art, furniture, and fresh products from area ranches, including cheese, chicken, and meat, on the *otro lado*.

2 - 4 pm, **UKULELE CLUB** at **Tecolote Bookstore** in Todos Santos. All ages and levels welcome. Free and fun. Tecolotebookstore@gmail.com

6 pm, **ROTATING ENTERTAINMENT** at Todos Santos Brewing in Todos Santos.

LIVE MUSIC at Shaka's Cantina at Cerritos.

junio

4 al 7 de junio | TODOS SANTOS & PESCADERO CULINARY EXPERIENCES en Jazamango en Todos Santos. comida, música, y arte en Baja Sur.

5 de junio | 4 a 8 pm, ART WALK DE TODOS SANTOS. 17 galerías participantes en el recorrido en el centro, incluyendo: Alma Del Desierto, AMVLETO, Benito Ortega, Galería Ezra Katz, **Galería Logan**, Galería La Rosa, **Galería Militar**, Galería de Todos Santos, Art Gallery Alquimia, Pablo Marquez Gallery, La Sonrisa de La Muerte, Galería Enrique Guerrero, y Galería Von Zastrow.

11 de junio | FIESTA PARA VER LA INAUGURACIÓN DE LA COPA MUNDIAL de la FIFA 2026 en Todos Santos Brewing, Todos Santos. Todos los partidos futuros se transmitirán en vivo.

12 al 14 de junio | ESCAPE TO THE CAPE EVENTO SURF en San José del Cabo. Para más información: <https://www.escapetothecapecabo.com/>

21 de junio | DÍA DEL PADRE

21 de junio | INICIO DEL VERANO

27 de junio | 12 a 4:30 pm, FESTIVAL DE SIRENAS DE TODOS SANTOS en la piscina de Bodeguita Del Diablo / Rancho Corazón. Las actividades diurnas incluyen un desfile de sirenas y criaturas marinas mágicas para niños y adultos, a cargo de la Academia Internacional de Sirenas, spa y natación temática de sirenas, puestos de artesanías y presentaciones artísticas. La entrada para niños es gratuita. Los boletos para el día cuestan 250 pesos, los boletos para la noche 250 pesos o los boletos para ambos eventos 450 pesos. Todos están disponibles en línea con anticipación en <https://isobelavian.com/mermaid-festival-tickets> o en efectivo en el **Tecolote Bookstore** en Todos Santos.

27 de junio | 6 a 10:30 pm, FESTIVAL DE SIRENAS DE TODOS SANTOS en la piscina de Bodeguita Del Diablo / Rancho Corazón. La velada contará con la participación de Colectivo Zenda, Noe Argumeda, El Minni, Diana Bolo, Chick 'n Chew, Son de Mar, Las Recias e Isobel Avian. Las entradas para el día, la noche o eventos combinados están disponibles en línea con anticipación en <https://isobelavian.com/mermaid-festival-tickets> o en efectivo en el **Tecolote Bookstore** en Todos Santos.

28 de junio | CLÍNICA DE ESTERILIZACIÓN Y CASTRACIÓN en el Mer-

cado Ranchero en Todos Santos. Gatos sin previa cita de 8 a 10 am, perros sin previa cita de 10 am a 12 pm.

julio

19 y 26 de julio | FESTIVAL DEL MANGO en la plaza de Todos Santos.

26 de julio | CLÍNICA DE ESTERILIZACIÓN Y CASTRACIÓN en el Mercado Ranchero en Todos Santos. Gatos sin previa cita de 8 a 10 am, perros sin previa cita de 10 am a 12 pm.

31 de julio al 3 de agosto | FESTIVAL DEL MANGO en el barrio de San Ignacio, al otro lado de Todos Santos.

agosto

23 de agosto | CLÍNICA DE ESTERILIZACIÓN Y CASTRACIÓN en el Mercado Ranchero en Todos Santos. Gatos sin previa cita de 8 a 10 am, perros sin previa cita de 10 am a 12 pm.

septiembre

15 de septiembre | JOURNAL DEL PACIFICO FECHA LIMITE para la edición "Otoño 2026."

15 de septiembre | EL GRITO DE DOLORES

16 de septiembre | DÍA DE LA INDEPENDENCIA DE MÉXICO

27 de septiembre | CLÍNICA DE ESTERILIZACIÓN Y CASTRACIÓN en el Mercado Ranchero en Todos Santos. Gatos sin previa cita de 8 a 10 am, perros sin previa cita de 10 am a 12 pm.

octubre

9 al 11 de octubre | FIESTAS PATRONALES DE TODOS SANTOS, generalmente con eventos en la plaza pública.

18 de octubre | 6 am, 2^{DA} CARRERA RUTA EL TRIUNFO 6K | 9K | 21K, El Triunfo. Inscripciones abiertas del 20 de abril al 10 de octubre de 2026 o hasta agotar el límite de participantes. <https://dondiablotrailrun.com/>

24 de octubre | 9 am a 1 pm, MÁS QUE RECICLAR en Todos Santos. Este es un mega día de reciclaje donde muchos artículos difíciles de reciclar pueden encontrar una segunda vida, ¡así que empieza a ahorrar desde ahora! Programa de reciclaje, puestos y otras actividades. Materiales a reciclar: papel, cartón, envases de plástico, metales, aceite vegetal usado, colillas de cigarrillos, baterías, aparatos electrónicos, vidrio, medicamentos caducados (pastillas) y residuos de cocina. Ubicación por confirmar.

25 de octubre | CLÍNICA DE ESTERILIZACIÓN Y CASTRACIÓN en el Mercado Ranchero en Todos Santos. Gatos sin previa cita de 8 a 10 am, perros sin previa cita de 10 am a 12 pm.

31 de octubre | HALLOWEEN.

noviembre

1 al 2 de noviembre | NOVENO DÍA DE MUERTOS TODOS SANTOS en la plaza pública. Una de las tradiciones más emblemáticas de México, donde la magia, el color y la fiesta se unen. Con concurso de altares, disfraces de Catrín y Catrina, puestos de artesanías, comida y bebidas. Lleva tu foto y ofrenda para el altar principal y el altar de mascotas. Forma parte de Amamos Nuestro Pueblo AC ofreciendo tu ayuda personal o apoyo económico. Para más información, visita el Bazaar Bésame Mucho o nuestras redes sociales, Facebook: @diademuertostodosantos y Instagram: @amamospuebloac

10 de noviembre | JOURNAL DEL PACIFICO FECHA LIMITE para la edición "Navidad 2026/27."

14 de noviembre | SEGUNDA COPA ANUAL CERO BASURA ALOHA en Playa Los Cerritos. El día de la competencia estará lleno de festividades Aloha para toda la comunidad. ¡Ven a ver la diversión!

15 de noviembre | 6 am, 8^{TA} CARRERA ANUAL DON DIABLO TRAIL RUN, 9K | 18K | 37K | 50K en Rancho Cacachilas, B.C.S. Registros abiertos del 30 de abril al 5 de noviembre de 2026 o hasta agotar límite de participantes. <https://dondiablotrailrun.com/>

20 de noviembre | DÍA DE LA REVOLUCIÓN MEXICANA

27 de noviembre | DÍA DE ACCIÓN DE GRACIAS en EE. UU.

diciembre

3.^a POSADA NAVIDEÑA ANUAL DE CERO BASURA en el Hotel San Cristóbal. Fecha por confirmar.

febrero 2027

6 de febrero | 4.^o FESTIVAL ANUAL DE CICLISMO RUTA EL CARDÓN en Over The Edge, Todos Santos. Inscripciones abiertas hasta el día del evento. Visita nuestra tienda para más información. <https://www.rutaelcardon.com>

Cada Semana

diario

2 a 8 pm, **PASES POR DÍA PARA PISCINA** en el Hotel Gallo Azul en Todos Santos. Adultos 400 MXN Incluye 300 pesos de descuento en alimentos y bebidas. Niños hasta 10 años 250 MXN incluye 150 de descuento en alimentos y bebidas. Reservas/disponibilidad llamar al 612 158 8457.

domingo

8 am a 1 pm, **MERCADO ORGÁNICO** y música en vivo en Baja Beans en Pescadero.

5 a 8 pm, **MICRÓFONO ABIERTO** en **Viñedo Las Tinajas**, Todos Santos. Entrada gratuita. Para más información, llame al 624 264 2572.

6 pm, **SESIÓN ACÚSTICA DE DOMINGOS** en Todos Santos Brewing.

lunes

10 am a 2 pm, **BIBLIOTECA PALAPA ABIERTO**, Todos Santos. Palapalibrary@gmail.com

12 pm, **CLUB DE CONVERSACIÓN ESPAÑOL** en **Hablando Mexicano** en Todos Santos.

2 a 5 pm, **BIBLIOTECA INFANTIL PALAPA ABIERTO**, Todos Santos. Palapalibrary@gmail.com

martes

8:30 am a 3 pm, **EL MERCADO ORGÁNICO DE LA PAZ** en calle Rosales entre Mutualismo y Madero, La Paz.

9 am a 1 pm, **LA GRANJA DE RESIDUOS ORGÁNICOS**. Se reciben residuos de jardinería y cocina, ubicado al sur de Todos Santos en La Granja en el km 57, costo \$30 pesos por carga. No basura. Residuos de jardinería (no sobras de basura, separar las hojas de las ramas) residuos de cocina (frutas y vegetales separados de proteínas) abono para animales herbívoros como caballos. WhatsApp: 612 161 1596, Facebook: <https://www.facebook.com/share/p/1BohFhkZwN/?mibextid=wwXlfr>

10 am a 2 pm, **BIBLIOTECA PALAPA ABIERTO**, Todos Santos. Palapalibrary@gmail.com

1 a 2 pm, **MASTERCLASS DE PERFUMERÍA Y CUIDADO DE LA PIEL** impartida por Chantal en el **Tecolote Bookstore** en Todos Santos. <http://tecolotebookstore.com/>

2 a 5 pm, **BIBLIOTECA INFANTIL PALAPA ABIERTO**, Todos Santos. Palapalibrary@gmail.com

6:30 pm, **MÚSICA LATINA Y BAILABLE** con Pepe, Tita, Jonah y compañía en Todos Santos Brewing. 6 a 6:30 pm, clases de salsa.

MARTES DE TACOS en 5 Tacos & Beer en el otro lado. Música en vivo y 100 pesos margaritas.

miércoles

8 am a 2 pm, **MERCADO LOCAL** en **La Esquina Café** en el otro lado.

9 am a 1 pm, **LA GRANJA DE RESIDUOS ORGÁNICOS**. Se reciben residuos de jardinería y cocina, ubicado al sur de Todos Santos en La Granja en el km 57, costo \$30 pesos por carga. No basura. Residuos de jardinería (no sobras de basura, separar las hojas de las ramas) residuos de cocina (frutas y vegetales separados de proteínas) abono para animales herbívoros como caballos. WhatsApp: 612

161 1596, Facebook: <https://www.facebook.com/share/p/1BohFhkZwN/?mibextid=wwXlfr>

10 am a 2 pm, **BIBLIOTECA PALAPA ABIERTO**, Todos Santos. Palapalibrary@gmail.com

11 am a 12 pm, **MEDITACIÓN SIN HACER NADA** con Lisa Esile en el **Tecolote Bookstore** en Todos Santos. <http://tecolotebookstore.com/>

2 pm, **CLUB DE CONVERSACIÓN ESPAÑOL** en **Hablando Mexicano** en Todos Santos.

2 a 4 pm, Clase sin inscripción previa de **"ESPAÑOL CONVERSACIONAL"** con Marie Blessing en el **Tecolote Bookstore** en Todos Santos <http://tecolotebookstore.com/>

2 a 5 pm, **BIBLIOTECA INFANTIL PALAPA ABIERTO**, Todos Santos. Palapalibrary@gmail.com

3 a 4:30 pm, **CLASE DE ESCULTURA PARA NIÑOS Y JÓVENES** en Art Gallery Alquimia con la artista Elena Vásquez. Más información: WhatsApp +605 971 7791

jueves

9 am a 1 pm, **TESOROS TROPICO BOUTIQUE EMERGENTE** en **La Esquina Café** en Todos Santos. Hasta junio, pero no estará disponible de julio a septiembre.

10 am a 2 pm, **RECICLADO** de residuos de cocina y vidrio (de todos colores) en Shaka's Cantina en Cerritos.

10 am a 2 pm, **BIBLIOTECA PALAPA ABIERTO**, Todos Santos. Palapalibrary@gmail.com

11:30 am a 1 pm, **LA MESA DE LOS JUEVES** en Casa Girasol ubicado en Calle Rangel entre Zaragoza y Morales en Todos Santos. Busca la gran puerta café. Café, galletas, CADA SEMANA continúa en página 49



www.HablandoMexicano.com

La Paz Beaches

by Janice Kinne



by Margaret Krause

The *malecón* along the bay of La Paz is the perfect place to walk, run, people watch, or enjoy gazing across the water. Crews clean the beaches and walkways daily, fresh sand has been imported and there are *palapas* to offer shade. Locals and tourists visit the beaches north of downtown to swim, snorkel, or kayak. There are several adventure companies along the *malecón* and at the marinas offering *panga* rides, bay and island cruises, snorkeling, scuba diving, fishing, sailing, and kayak rentals.

EL MOGOTÉ is the spit of land that separates the harbor of La Paz from the *Bahía de La Paz*. This natural treasure used to be, for the most part, accessible only with 4WD. Now driving onto the peninsula is restricted due to the construction of golf courses, homes, and hotels.

PLAYA EL COROMUEL 4.5 km from downtown La Paz, is the first beach north of town and an easy walk from downtown. It is within the harbor boundaries, has shaded *palapas*, and food / beverage services. The water here gets much better flow with the tide change and is suitable for swimming. The bottom is clean sand and rock. Snorkeling is good further out.

PLAYA EL TESORO 13 km from downtown La Paz, is a great little beach for children. The shallow, clear waters allow you to walk out for close to 100 meters. Tesoro has about 25 shaded *palapas*, two small restaurants, and kayak rentals.

PICHILINGUE 19 km from downtown La Paz. Pichilingue is home to the La Paz ferry terminus and a large commercial harbor. There are pleasant, small beaches just north of the deep water port, on the *Vieja Bahía de Pichilingue*. Beachfront food, beverage service, and kayak rentals are available and there is a restaurant with an upstairs view. The *palapa* bar is popular in the hot summer afternoons.

PLAYA BALANDRA 23 km from downtown La Paz, is known for its famous balancing rock formation landmark that resembles a prehistoric mushroom. You can view the rock formation and *playa El Hongo* by walking in the water around the cliff to your right. The large beach and surrounding area are beautiful. The waters surrounding Balandra are shallow and safe for children. Sheltered from wave action from nearly every direction, the water warms early and is very safe for swimmers and kayaking. There are also several little beaches (coves) and mangroves to explore. The beach has no services, so pack your own lunches and drinks for the day. There are vendors renting chairs, selling fruit and drinks, beach *palapas* for shade, and BBQ pits to the south.

PLAYA EL TECOLOTE 26 km from downtown La Paz, is by far the largest and most visited beach in La Paz. Two restaurant/bars offer shade *palapas* and a large number of beach vendors offer refreshments. RV camping is available, along with a wide variety of water sports rentals. Usually there are no lifeguards on duty, but they may be present during *la semana santa* and in the summer. The beach has a beautiful view of Isla Espíritu Santo and *panga* rides to the island are available—a 6.5 km crossing through the San Lorenzo channel. Bus service from the station on the *malecón* to playa El Tecolote is available for a nominal charge.

Sting rays are the biggest hazard at the playas and tend to be present on the bottom in shallow waters during the summer. When walking in the water, shuffle your feet on the bottom to avoid stepping directly on a resting ray.

There are no restrictions for beach fishing at any beaches. Please respect our beaches and help protect the sea turtles; don't leave trash or drive on the dunes or beaches.

El Cielo

continued from page 33

LINKS OF INTEREST

COMETS: <http://www.aerith.net/index.html>

METEOR SHOWERS: <http://www.imo.net/resources/calendar>

TROPIC OF CANCER: https://en.wikipedia.org/wiki/Axial_tilt#values or https://en.wikipedia.org/wiki/Circle_of_latitude

ZODIACAL LIGHT: https://en.wikipedia.org/wiki/Zodiacal_light

TIME: <http://www.worldtimeserver.com/>

SATELLITES: <http://www.heavens-above.com/>
USER: "elcielots" PASSWORD: "journal"

WEEKLY SKY REPORT: <https://griffithobservatory.org/explore/observing-the-sky/sky-report/>

SATURN: <http://saturn.jpl.nasa.gov/home/index.cfm>

ROSETTA: <http://sci.esa.int/rosetta/>

DAWN: <http://dawn.jpl.nasa.gov/>

PUNCH: <https://science.nasa.gov/mission/punch/>

Farmacia San Benito
Pharmacy Drug Store
"QUALITY SERVICE FOR YOU AND YOUR FAMILY"

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- NEOSPORIN
- AMBROXOLIN
- TYLENOL
- BLENURYL
- VENTOLIN
- ANDROBIC
- INJUMLECTIN
- SUNEDOC
- ALOE VERA

#121 on Todos Santos Map

We have more than ten years of experience, working hand in hand with doctors and foundations in our community.

+52 612 200 4694 / +52 612 198 8683 raulguaycura@gmail.com

TODOS SANTOS: Carrilera / Morales y Zaragoza. (Half block from bus station) / PESCADERO: Plaza San Antonio, Todos Santos - Los Cabos Highway
San, B4

Buena Compañía

continuó de página 20

funcionan los proyectos inmobiliarios. Conozco sus luces y sus sombras. Pero estos señores, los nuevos propietarios del proyecto que da nombre al Hotel San Cristóbal, están haciendo algo genuinamente diferente. Se trata de un proyecto de hostelería de lujo cuya administración ha integrado el legado social en su ADN desde el principio, no como una estrategia de marketing posterior, sino como un principio fundamental."

UN NUEVO TERRITORIO

Ceci describe lo que intenta construir como un nuevo territorio, un nuevo espacio emocional y dialéctico para lo que un destino turístico puede ser, lo que puede significar. Este nuevo territorio no es un lugar que extrae la belleza de la comunidad sin alterarla. No es un lugar donde se reparten gestos filantrópicos desde lo alto. Este nuevo territorio es diferente: un lugar donde realmente se escucha. Ceci afirma: "Queremos ser conectores, queremos ser puentes. Queremos crear el mayor liderazgo positivo posible en la región. Queremos ser co-creadores con los programas que ya existen en Todos Santos para el presente y el futuro de Todos Santos. Para todos."

Para una mujer que pasó su infancia cruzando fronteras, lingüísticas, geográficas, culturales, y económicas, el trabajo que tiene por delante debe resultarle, en muchos sentidos, completamente familiar. Ella siempre ha sido el puente. Ahora está construyendo uno aquí, en el soleado, hermoso y complejo oasis que es Todos Santos. Si las primeras señales son un indicio, seguramente valdrá la pena cruzar ese puente.

SAFE STORAGE
BAJA SUR
WWW.SAFESTORAGEBAJASUR.COM

sunday / domingo

9:30 am, **VINYASA YOGA W/C KAT @ Aureo Wellness, Pescadero.**

11 am, **ECSTATIC DANCE TEMPLE @ Cuatro Vientos, Todos Santos.**

monday / lunes

6:30 & 7:30 am, **CROSSFIT @ TODOS MOV!!**, Todos Santos. Classes are full body workout, a blend of high-intensity intervals, bodyweight exercises, endurance and functional CrossFit elements.

7 am, **TS OPEN WATERS SWIMMING @ Punta Lobos, Todos Santos.** Facebook/Instagram: @Todos Santos Waters

7:30 am, **HIIT WORKOUT W/C CLARA @ Cuatro Vientos, Todos Santos.**

7:30 am, **YOGA W/C MAYRA @ Baja Serena, Pescadero.**

8:45 am, **YOGA FOR SENIORS W/C MAYRA @ Baja Serena, Pescadero.**

9 am, **YOGA W/C MARIMAR @ Cuatro Vientos, Todos Santos.**

9:30 am, **GENTLE YOGA W/C KAT @ Aureo Wellness, Pescadero.**

10 am, **PILATES W/ MAYRA @ Baja Serena, Pescadero.**

10:30 am, **YOGA FOR HEALTHY AGING W/C LISA @ Cuatro Vientos, Todos Santos.**

5 pm, **RESTORATIVE YOGA W/C BRIAN @ Aureo Wellness, Pescadero.**

5:30 pm, **CROSSFIT @ TODOS MOV!!**, Todos Santos. Classes are full body workout, a blend of high-intensity intervals, bodyweight exercises, endurance and functional CrossFit elements.

tuesday / martes

6:30 & 7:30 am, **CROSSFIT @ TODOS MOV!!**, Todos Santos. Classes are full body workout, a blend of high-intensity intervals, bodyweight exercises, endurance and functional CrossFit elements.

7:30 am, **YOGA W/C MAYRA @ Baja Serena, Pescadero.**

8:45 am, **YOGA FOR SENIORS W/C MAYRA @ Baja Serena, Pescadero.**

9 am, **ZUMBA @ Cuatro Vientos, Todos Santos.**

9:30 am, **PILATES MAT W/C EVA @ Aureo Wellness, Pescadero.**

3 pm, **AERIAL CIRCUS KIDS PROGRAM FOR ADVANCED FLYERS W/C PAOLA @ Aureo Wellness, Pescadero.**

5 pm, **POWER YOGA W/C SOFIA @ Aureo Wellness, Pescadero.**

6 pm, **DANCE FITNESS W/C NATHALIE @ Cuatro Vientos, en Español Todos Santos.**

5:30 pm, **CROSSFIT @ TODOS MOV!!**, Todos Santos. Classes are full body workout, a blend of high-intensity intervals, bodyweight exercises, endurance and functional CrossFit elements.

wednesday / miércoles

6:30 & 7:30 am, **CROSSFIT @ TODOS MOV!!**, Todos Santos. Classes are full body workout, a blend of high-intensity intervals, bodyweight exercises, endurance and functional CrossFit elements.

7 am, **TS OPEN WATERS SWIMMING @ Punta Lobos, Todos Santos.** Facebook/Instagram: @Todos Santos Waters

7:30 am, **HIIT WORKOUT W/C CLARA @ Cuatro Vientos, Todos Santos.**

7:30 am, **YOGA W/C MAYRA @ Baja Serena, Pescadero.**

8:30 am, **SPRINGWALL 5PX GROUP CLASS W/C EVA @ Aureo Wellness, Pescadero.** Reservation required.

8:45 am, **YOGA FOR SENIORS W/C MAYRA @ Baja Serena, Pescadero.**

9 am, **YOGA W/C MARIMAR @ Cuatro Vientos, Todos Santos.**

9:30 am, **MORNING GENTLE YOGA W/C JOSH @ Aureo Wellness, Pescadero.**

10 am, **PILATES W/C MAYRA @ Baja Serena, Pescadero.**

10:30 am, **YOGA FOR HEALTHY AGING W/C LISA @ Cuatro Vientos, Todos Santos.**

3 pm, **AERIAL FOR KIDS AGE 4-6 W/C PAOLA @ Aureo Wellness, Pescadero.**

4:15 pm, **AERIAL FOR KIDS AGE 7-10 W/C PAOLA @ Aureo Wellness, Pescadero.**

5:30 pm, **CROSSFIT @ TODOS MOV!!**, Todos Santos. Classes are full body workout, a blend of high-intensity intervals, bodyweight exercises, endurance and functional CrossFit elements.

5 pm, **AUREO FILM CLUB @ Aureo Wellness, Pescadero.** Every two weeks.

thursday / jueves

6:30 & 7:30 am, **CROSSFIT @ TODOS MOV!!**, Todos Santos. Classes are full body workout, a blend of high-intensity intervals, bodyweight exercises, endurance and functional CrossFit elements.

7:30 am, **YOGA W/C MAYRA @ Baja Serena, Pescadero.**

8:45 am, **YOGA FOR SENIORS W/C MAYRA @ Baja Serena, Pescadero.**

9 am, **ZUMBA @ Cuatro Vientos, Todos Santos.**

9:30 am, **PILATES MAT W/C EVA @ Aureo Wellness, Pescadero.**

9 am, **TAI CHI & QI GONG W/C RHODA @ the Aaron Cota Foundation on Rangel between Zaragoza and Morales.** Private instruction also available +52 612 157 6088, barakabaja@gmail.com

10:15 am, **TAI CHI & QI GONG W/C RHODA @ the Aaron Cota Foundation on Rangel between Zaragoza and Morales.** Private instruction also available +52 612 157 6088, barakabaja@gmail.com

5 pm, **POWER YOGA W/C SOFIA @ Aureo Wellness, Pescadero.**

5:30 pm, **CROSSFIT @ TODOS MOV!!**, Todos Santos. Classes are full body workout, a blend of high-intensity intervals, bodyweight exercises, endurance and functional CrossFit elements.

6 pm, **DANCE FITNESS W/C NATHALIE @ Cuatro Vientos, en Español Todos Santos.**

friday / viernes

6:30 & 7:30 am, **CROSSFIT @ TODOS MOV!!**, Todos Santos. Classes are full body workout, a blend of high-intensity intervals, bodyweight exercises, endurance and functional CrossFit elements.

7 am, **TS OPEN WATERS SWIMMING @Punta Lobos, Todos Santos.** Facebook/Instagram: @Todos Santos Waters

7:30 am, **HIIT WORKOUT W/C CLARA @ Cuatro Vientos, Todos Santos.**

7:30 am, **YOGA W/C MAYRA @ Baja Serena, Pescadero.**

8:30 am, **SPRINGWALL 5PX GROUP CLASS W/C EVA @ Aureo Wellness, Pescadero.** Reservation required.

8:45 am, **YOGA FOR SENIORS W/C MAYRA @ Baja Serena, Pescadero.**

9 am, **YOGA W/C MARIMAR @ Cuatro Vientos, Todos Santos.**

9:30 am, **AERIAL YOGA ADULTS W/C PAOLA @ Aureo Wellness, Pescadero.**

3 pm, **AERIAL CIRCUS KIDS PROGRAM GROUP 1 W/C PAOLA @ Aureo Wellness, Pescadero.**

4:15 pm, **AERIAL CIRCUS KIDS PROGRAM GROUP 2 W/C PAOLA @ Aureo Wellness, Pescadero.**

5:30 pm, **CROSSFIT @ TODOS MOV!!**, Todos Santos. Classes are full body workout, a blend of high-intensity intervals, bodyweight exercises, endurance and functional CrossFit elements.

AA MEETINGS

CABO SAN LUCAS—AA Hacienda Group Cabo, upstairs above Ace Hardware behind McDonalds. Monday – Friday, 4:30 & 6 pm. For information: Tom (624) 122-2720.

PESCADERO HIGHTIDE—Wednesday 9 am @ Baja Beans Café, Pescadero. For information: Don (612) 157-1256.

PESCADERO NA—No Todos Somos Santos de Narcóticos Anónimos meets Monday, Wednesday, Friday, 7 – 8:30 pm, next to Farfalla Restaurant, bilingual. For more information: WhatsApp 6241092213.

SAN JOSÉ DEL CABO—Next to the Calvary Chapel corner of Degollado and Coronado. 6 pm nightly.

TODOS SANTOS—Monday, Wednesday & Saturday 11 am, Tuesday 4:30 pm, & Friday 5 pm. On the rooftop at Ricardo Amigo Real Estate on calle Centenario in Todos Santos. For info: Eric (612)156-9980.

TODOS SANTOS—WOMEN'S AA Thursday 9 am at Casa Janna, & Friday 9 am via Zoom. Call Janna for information: (612) 127-0215.

LA PAZ—For information call: Rick M. (612)131-7459.

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Todos Santos
Mermaid Festival
June 27, 2026

AT BODEGUITA DEL DIABLO & RANCHO CORAZON

featuring music and entertainment by:
El Minni • Las Recias • Isobel Avian • Diana Bolo
Chick' n Chew • Son de Mar • Colectivo Zenda
Noe Argumedo • International Mermaid Academy

Daytime Mermaid Adventure 12-4:30 PM
includes mermaid spa, parade, mermaid swim

Evening Solree 6-10:30 PM
includes music, dancing, vendors, and more

Daytime or Evening: \$250 Pesos
Whole Event: \$450 Pesos
Kids under 12 FREE!



Scan to buy tickets online
or visit Tecolote Bookstore
to buy in cash

William Walker

continuó de página 22

Sonora. Sus hombres desertaban en gran número. Los que se quedaban morían de disentería y deshidratación. La población local, los rancheros, agricultores, y pescadores de la península de Baja California, se mostraron abiertamente hostiles, negándose a venderle comida y, en varios casos, alzándose en armas contra él bajo el mando de un oficial mexicano llamado Antonio Meléndrez, quien hostigó sin descanso a la columna de Walker en retirada a través de las espinosas y áridas montañas del norte de Baja California.

Para mayo de 1854, a Walker le quedaban menos de 35 hombres. Intentó llegar a San Vicente, la sede administrativa de Baja California, a unos 145 kilómetros al sur de la frontera con Estados Unidos, pero descubrió que las tropas mexicanas la habían tomado. Intentó cruzar a Estados Unidos, pero encontró soldados mexicanos bloqueando su paso y soldados estadounidenses esperándolo al otro lado. Finalmente, los combatientes mexicanos se apartaron y le permitieron cruzar. Se rindió el 8 de mayo de 1854. Su invasión de Baja California y Sonora duró ocho meses, costó la vida a un número indeterminado de hombres en ambos bandos y no logró absolutamente nada.

De regreso en San Francisco, Walker fue juzgado por violar la Ley de Neutralidad, que prohibía a los ciudadanos estadounidenses librar guerras privadas contra naciones en paz con Estados Unidos. El jurado deliberó durante ocho minutos y lo absolvió. La era del Destino Manifiesto era tal que solo bastaron ocho minutos para que doce personas concluyeran que invadir México era aceptable.

Walker, fiel a su estilo, interpretó la absolución como un respaldo. Inmediatamente comenzó a planear su siguiente invasión. En 1855 viajó a Nicaragua con 60 hombres, aprovechó una guerra civil para tomar el control del país, se declaró presidente, reinstauró la esclavitud (que Nicaragua había abolido) e hizo del inglés idioma oficial. El presidente estadounidense Franklin Pierce reconoció formalmente su gobierno. Walker gobernó Nicaragua durante casi un año. Una coalición de ejércitos centroamericanos lo expulsó en 1857. Intentó regresar dos veces más. En 1860, la Armada británica lo capturó en Honduras y lo entregó a las autoridades locales. Fue ejecutado por fusilamiento a los 36 años el 12 de septiembre de 1860, y según testigos, murió sin miedo.

La aventura de Walker tuvo consecuencias para Baja California que resonaron durante décadas. Su invasión aceleró la determinación mexicana de poblar y militarizar la península. Se dice que más de un tercio de la ya escasa población de Baja California abandonó el territorio durante y después de la invasión, huyendo del caos. El gobierno mexicano respondió enviando colonos desde el continente y estableciendo guarniciones en puntos estratégicos de

la península. El esfuerzo moderno por convertir a Baja California en territorio verdaderamente mexicano, y no solo en territorio mexicano en sentido técnico, comenzó en parte como una respuesta directa a Walker.

En México, Walker aparece en los libros de historia de tercer grado. En Estados Unidos, está prácticamente olvidado, una minúscula nota a pie de página en la historia del Destino Manifiesto, que a su vez ha sido borrado en gran medida de la memoria colectiva. William Walker, el presidente de dos repúblicas que nunca existieron, solo es polvo.

Bryan Jáuregui es presidenta de la junta directiva de Alianza Cero Basura, una organización sin fines de lucro registrada en México que trabaja para transformar Todos Santos y Pescadero en el primer destino turístico cero residuos en México. Si deseas obtener más información sobre Alianza Cero Basura y/o apoyar el programa de huertos escolares, visita el sitio web de Alianza Cero Basura en <https://cerobasurabcs.org>.

Todos Santos Eco Adventures (TOSEA) es la empresa líder en ecoaventuras en Baja California Sur. TOSEA te invita a unirte a ellos en las siguientes iniciativas para ayudar a preservar la gloriosa belleza de la Península:

Alianza Cero Basura (ACB). TOSEA es un orgulloso seguidor de ACB, una organización mexicana sin fines de lucro que está trabajando para transformar nuestra comunidad en el primer destino turístico cero residuos de México. Para saber cómo puedes participar activamente en este esfuerzo, visita el sitio web de ACB en <https://cerobasurabcs.org>

Captura de carbono con Tomorrow's Air. TOSEA es un socio educativo de captura de carbono con Tomorrow's Air y hasta la fecha ha apoyado la eliminación de 3 toneladas de dióxido de carbono del aire. Para obtener más información sobre este increíble proyecto, visita <https://www.tomorrowsair.com>

Good Company

continued from page 21

Ceci, "We want to be connectors, we want to be bridges. We want to create as much positive leadership as possible in the region. We want to co-create with the existing programs in Todos Santos for the present and the future of Todos Santos. For everybody."

For a woman who spent her childhood crossing borders—linguistic, geographic, cultural, economic—the work ahead must feel, in many ways, entirely familiar. She has always been the bridge. Now she is building one here in the sunlit, complicated, beautiful oasis of Todos Santos. If early signals mean anything, that bridge is going to be something worth crossing.

Cada Semana

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y conversación. No hay un programa formal, ni presión. Toma una silla y trae tu historia. Gratuito.

2 a 4 pm, **LECTURAS DE REGISTROS AKÁSHICOS** con Hari en el **Tecolote Bookstore** en Todos Santos. <http://tecolotebookstore.com/>

2 a 5 pm, **BIBLIOTECA INFANTIL PALAPA ABIERTO**, Todos Santos. Palapalibrary@gmail.com

5 pm, **CLASE DE COCINA** en **Hablando Mexicano** in Todos Santos. Se necesita RSVP. Ver <https://www.hablandomexicano.com/> para el menú y precios.

5 a 9 pm, **CAMINATA DEL ARTE** en San José del Cabo, en el distrito de las galerías. Todas las galerías que participan estarán abiertas hasta las 9 pm y muchas tienen recepciones y eventos especiales. Noviembre hasta Julio.

viernes

10 am a 2 pm, **BIBLIOTECA PALAPA ABIERTO**, Todos Santos. Palapalibrary@gmail.com

1 a 2 pm, **CLUB DE LECTURA TECOLOTE** cada dos viernes en el **Tecolote Bookstore** en Todos Santos. Entrada gratuita. <http://tecolotebookstore.com/>

1:30 pm, **GRUPO DE GUITARRA** en el **Tecolote Bookstore** en Todos Santos. Entrada gratuita. <http://tecolotebookstore.com/>

2 a 5 pm, **BIBLIOTECA INFANTIL PALAPA ABIERTO**, Todos Santos. Palapalibrary@gmail.com

5:30 a 7 pm, **CERVEZA & ARTE** en Art Gallery Alquimia. Escultura y arcilla experimental con la artista Elena

Vázquez. Creatividad, conversación y cerveza. Incluye todos los materiales. Para más información: WhatsApp + 605 971 7791

6 a 8 pm, **CLUB DE VINOS** en **Viñedo Las Tinajas**, Todos Santos. Para más información, llame al 624 264 2572.

6:30 a 8:30 pm, **VIERNES EN LA GRANJA**, en Caracara, en el **Hotel Villa Santa Cruz** en Todos Santos. Música en vivo en el Farm Bar / Bar de la Granja de Caracara con Colleen Rennison.

6:30 pm, **MÚSICA EN VIVO** en la cervecería al "beer garden" de Todos Santos Brewing, Todos Santos.

sábado

8:30 am a 3 pm, **EL MERCADO ORGÁNICO DE LA PAZ** en calle Rosales entre Mutualismo y Madero, La Paz.

9 am a 3 pm, **EL MERCADO ORGÁNICO** en San José del Cabo está ligeramente afuera del distrito de arte histórico en la Huerta María en el Camino a las Ánimas. Noviembre hasta el fin de Junio.

9 am a 1 pm, **TIANGUIS NATURAL MALECÓN** (Mercado) en el Callejon Cabezud es en La Paz—el área entre calle Esquerro y el Malecón ubicado en el mural Wyland y la escultura del músico tocando el caracol.

9 am a 12 pm, **BIBLIOTECA INFANTIL PALAPA ABIERTO**, Todos Santos. Palapalibrary@gmail.com

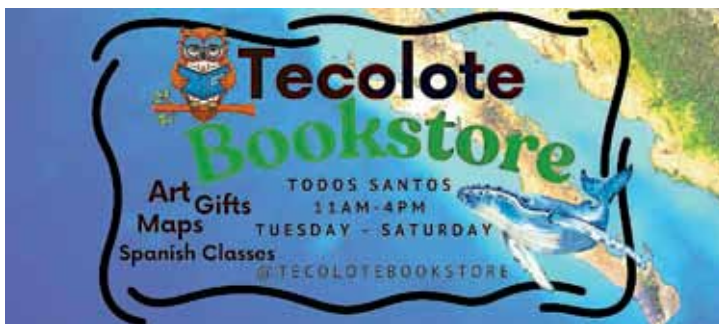
10 am a 2 pm, **RECICLAJE** en Mercado Ranchero en Todos Santos. Residuos de cocina y vidrio (de todos colores).

10:30 am a 2 pm, **MERCADO RANCHERO** en el otro lado de Todos Santos, con arte, muebles y productos frescos de los ranchos de la zona, que incluyen queso, pollo y carne.

2 a 4 pm, **CLUB DE UKULELE** en el **Tecolote Bookstore** en Todos Santos. Todas las edades y niveles son bienvenidos. Gratuito y divertido. Tecolotebookstore@gmail.com

6 pm, **ENTRETENIMIENTO ROTATIVO** en Todos Santos Brewing, Todos Santos.

MÚSICA EN VIVO en Shaka's en Cerritos.



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Aves

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Acerca de David M. Bird: Profesor emérito de Biología de la Vida Silvestre en la Universidad McGill de Montreal, quien divide su año entre la Isla de Vancouver (Canadá) y El Sargento (Baja California Sur), David es coautor de más de 200 artículos científicos revisados por pares, ha dirigido 50 tesis de posgrado, principalmente sobre aves rapaces, y ha escrito o editado más de una docena de libros sobre naturaleza, incluyendo *Aves de Canadá*. Cada invierno, organiza excursiones gratuitas de observación de aves con el Club de Observación de Aves de Baja California y ofrece charlas gratuitas sobre aves. Para más información, visite www.askprofessorbird.com.



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The Future of Children’s Healthcare Has Broken Ground *in Todos Santos.*

Padrino

On January 31, neighbors, families, health professionals, and local leaders gathered for a moment that will shape the future of our town.

Cervantes. “It represents dignity, care, and hope. This space will be where medicine and compassion come together.” Representing the Governor of Baja California Sur, Dra. Ana Luisa Guluarte Castro spoke, emphasizing that this project goes beyond infrastructure by stating:

Fundación Padrino officially broke ground on a new pediatric clinic, a purpose-built space designed to serve the children and families of Todos Santos and surrounding communities with comprehensive, integrated care. What began in 2016 as an effort to close healthcare gaps quickly revealed a deeper reality. Children were living with chronic illnesses without ever seeing a pediatrician. Developmental delays went undiagnosed for years. Families willing to do everything for their children were stopped by a simple barrier: distance.

“When a community unites, health ceases to be a privilege and becomes a tangible right.”

—Dra. Ana Luisa Guluarte Castro

“When you cannot afford to miss work or pay for transportation, an hour to La Paz or Los Cabos might as well be a world away,” shared Board Chair Jim Cardillo as he addressed the crowd. “We realized we had to build a comprehensive ecosystem of care closer to where families live.”

The new clinic will expand access to early detection, coordinated treatment, specialist consultations, telemedicine, and family support services, ensuring that children in Todos Santos can receive continuous, integrated care close to home.

“This is not just a building,” Cardillo reminded the crowd. “It is about the future of the children and families who will receive care here for decades.”

Today, Padrino provides coordinated pediatric medicine, psychology and psychiatry, speech and physical therapy, genetic diagnostics, social work support, and newborn screening. Nearly 2,000 children have been served since its founding, and 135–150 children now receive care each month. More than 85% of every peso raised goes directly to programs and services.

Construction is underway, supported by more than \$1.2 million USD raised to date.

As shovels entered the ground, one message was clear:

**Healthy children build strong families.
Strong families build resilient communities.
And this community is building that future together.**

The small rented clinic that made this possible has been outgrown.

Support Fundación Padrino.
www.padrinocf.org

“This new clinic is a response to the families who have been waiting,” said Executive and Medical Director Dra. Mitzy



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