

journal

DEL PACIFICO

La Revista de Baja California Sur

summer / verano 2025 #69

The **ULTIMATE GUIDE** to
Baja Sur Arts,
Culture & Adventure

Don Cata and the Wild Bulls of Baja
Don Cata y los Toros Salvajes de Baja

Solar Energy

Casa Girasol

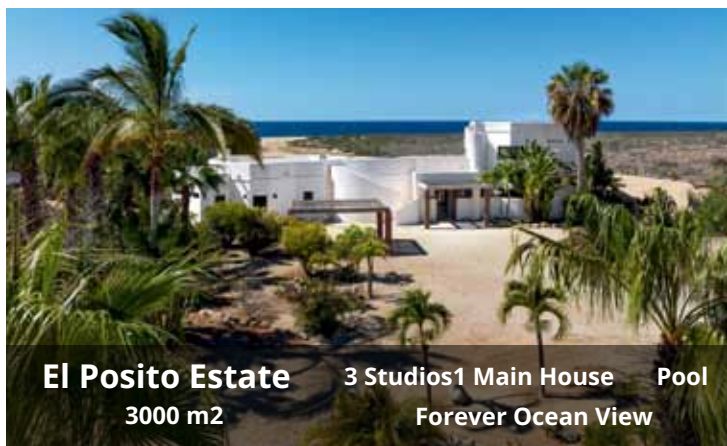
Immigration

Plant Life Cycles

Los Ciclos de Vida de las Plantas

Tree of Life by / por Jill Mollenhauer

Todos Santos • La Paz • Pescadero • San José del Cabo • El Triunfo • Loreto



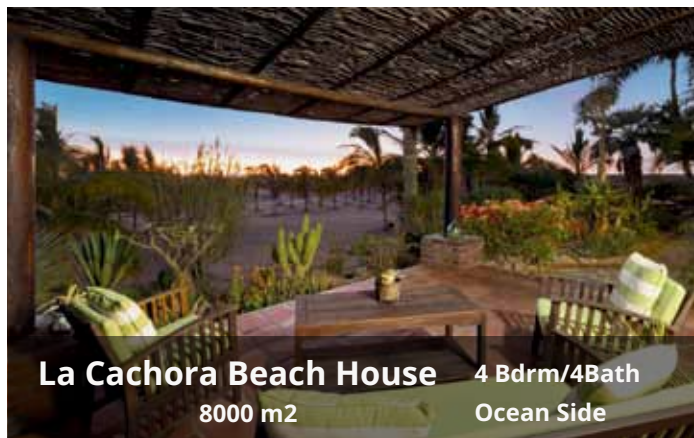
El Posito Estate 3 Studios 1 Main House Pool
3000 m2 Forever Ocean View



Finca Corazon 3 Bdrm/2Bath Pool Huerta
2.77ha organic Featured in "Architectural Digest"



La Cachora Estate 2 Bdrm/2Bath Lap Pool
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La Cachora Beach House 4 Bdrm/4Bath
8000 m2 Ocean Side



Casa La Cachora 2 Bdrm/2.5Bath
1999 m2 Ocean & Punta Lobos views



Rancho Nuevo Ocean Front Lot
3000 m2 On a bluff, gated community



La Cachora Oasis 2 Bdrm/2Bath Pool
1339 m2 Magnificent Huerta & La Poza views



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by Jill Mollenhauer

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photo by / foto por Ernesto Lopez

Don Cata and the Wild Bulls of Baja **Don Cata y los Toros Salvajes de Baja**

by / por Bryan Jáuregui, traducido por Francesca Magallon

Lidia bulls are running wild in the mountains of Baja California Sur—at least those who can outrun Don Catarino Rosas Espinosa. Lidia bulls, also known as Spanish Fighting Bulls, are a distinctive breed of cattle from the Iberian Peninsula that are known for their aggressiveness, strength, and stamina. They have nothing on Don Cata.

The Lidia bulls burst onto the Sierra La Laguna fauna scene in 1986 when a Miraflores rancher named Collins grew older and moved away, freeing his milk cows and bulls of different breeds to roam, including the Lidia bulls. In 1989 Don Cata, then 36 years old, struck a deal with the Collins descendants to round up as many of the bulls as possible in exchange for 35% of the proceeds when they were sold. His bull hunting career was launched.

"I hunted the bulls from my 30s through my 50s" recalls Don Cata, who still hunts feral pigs today at the age of 72. "Most of the bulls we encountered over the years were totally wild and had never seen humans before." Don Cata had a remarkable methodology for hunting the bulls. "I always had two dogs, a Pitbull and a German Shepherd.

BULLS continued on page 18

Los toros de lidia están corriendo libremente en las montañas de Baja California Sur, por lo menos aquellos que son más rápidos que Don Catarino Rosas Espinosa. Los toros de lidia, también conocidos como toros españoles de pelea, son una distintiva cría de ganado de la península ibérica que se conocen por su agresividad, fuerza, y resistencia. Pero a Don Cata le hacen los mandados.

Los toros de lidia aparecieron repentinamente en la escena de la fauna de la Sierra de La Laguna en 1986 cuando un ranchero de Miraflores llamado Collins envejeció y se mudó lejos, dejando a sus vacas lecheras y toros de diferentes razas, incluyendo a los toros de lidia, libres para vagar. En 1989 Don Cata, quien entonces tenía 36 años de edad, hizo un trato con los descendientes de Collins para atrapar a la mayor cantidad posible de toros, a cambio del 35 por ciento de las ganancias que se obtendrían cuando estos se vendieran. Su carrera de cazador de toros comenzó en ese momento.

"Cacé a los toros desde mis treintas hasta mis cincuentas," recuerda Don Cata, quien aún caza cerdos salvajes a la
TOROS continúa en página 8



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Toros

continuó de página 6

Don Cata y familia

foto por Mike Brinkman

edad de 72 años. “La mayoría de los toros con los que me encontré a lo largo de los años eran totalmente salvajes y nunca antes habían visto humanos.” Don Cata tenía una singular metodología para cazar a los toros. “Siempre tuve dos perros, un pitbull y un pastor alemán. Primero iba en busca de una huella de toro, después enviaba a los perros a correr detrás de ella. Y yo corría detrás de ellos, iba a pie, porque no había manera de que ni caballos ni mulas pudieran andar en ese terreno. Por lo general después de los primeros seis o siete kilómetros los perros y yo alcanzábamos al toro y luego el toro se escapaba de nuevo. Casi siempre a la tercera corrida, que a veces representaba que ya habíamos cubierto 15 km de terreno, el toro por fin se cansaba y se apoyaba en un árbol.”

Don Cata no solo corría detrás del toro y los perros, pero además lo hacía mientras traía dos longitudes de cuerda de un lado al otro del pecho (“me veía como Pancho Villa”) y una más alrededor de su cintura. Una vez que el toro por fin se había cansado y estaba descansando junto a un árbol, Don Cata lazaba sus cuernos y le amarraba la cabeza al árbol con una cuerda, después usaba la otra cuerda para lazar una pata trasera y amarrarla a otro árbol para que la cuerda se apretara cuando el toro forcejeara intentando liberarse. Entonces usaba la tercera cuerda para lazar las patas delanteras del toro, esta última lazada haría caer al toro y entonces Don Cata amarraría la pata trasera restante. Hasta aquí todo bien.

Pero Don Cata, que solo pesaba 72 kilogramos/158 libras, ahora había hecho enojar gravemente a un animal de

600 kilogramos/1,300 libras, de una raza conocida por su agresividad, y lo tenía atado en un arduo terreno montañoso viajando a pie. Solo le pagarían cuando entregara al toro vivo, varios miles de pies, cuesta abajo. Su resistencia, fuerza física extrema, y habilidades de *vaquero loco* lo habían llevado hasta aquí. Ahora era momento de intimidar al toro. “Los toros se ponían tan enojados que normalmente les tomaba aproximadamente 90 minutos calmarse” recuerda Don Cata, “entonces los perros y yo, esperábamos a favor del viento a que se calmaran. Luego yo regresaba, liberaba una de las patas y le ataba un palo a la pata delantera de tal manera que le impidiera al toro salir corriendo. Después me iba de nuevo y dejaba que el toro se acostumbrara al palo. Así, la próxima vez que el toro me veía, estaba realmente cansado y tendría mucho miedo de mí, y entonces podría quitarle todas las cuerdas. Si arremetía contra mí, podría alejarlo usando un palo como si fuera una lanza. De este modo podía llevar un toro montaña abajo en dos o tres días.”

Don Cata creó un tipo de corral donde podía acomodar de entre 18 a 20 toros a la vez, ponerles cencerros, después llevarlos al camino donde un camión los recogería, para pesarlos y entregarlos a la familia Collins. “Conseguí más de 600 toros de esta manera” recuerda Don Cata. En una manera magistral de subestimar su capacidad de correr Don Cata añade, “Yo era rápido.”

Los toros también anotaron algunos puntos. “Una vez estaba atando una cabeza de un toro a un árbol e intentaba

TOROS continúa en página 19



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Art Talk

by Jill Logan

HOW TO MARKET YOUR ARTWORK

A young artist came into the gallery and asked: "How do you market your work?" In a few sentences how could I do justice to that question? I wandered around with different ideas. But I felt I could delve deeper into the subject.

Not that I am an expert, but I do have a lot of experience and even more, I have had some wonderful information given to me over the years. I was fortunate enough to live in Laguna Beach, California when I made the decision to become a full-time professional artist. Laguna Beach is known for its annual two-month summer art festivals: Festival of Arts, Sawdust Art Festival, and Art-A-Fair. These festivals showcase compelling works of art by local and international artists, attracting visitors from around the world.

The prestigious Festival of Arts is located just outside the Pageant of the Masters, which is a theatrical event created to duplicate paintings by famous artists on a stage with props and living models. Every night from July to the end of August this event draws thousands of people from around the world. Just outside the outdoor theatre is a wonderful venue of booths showcasing 140 artists.

In 1986 I juried into this event, The Art Festival. No small task as they have about 350 applicants, all who must live within a close zip code, and only 35 to 40 spots each year come available. About 30% of the artists are juried out each year making space for new work. For several years I exhibited and sold my work through this festival. I would sit aside my booth in the evenings and on weekends to meet and talk to people interested in my work. Eventually I was picked up by galleries who then exhibited and sold my paintings.

There are many such festivals around the world. In the Los Angeles area the prestigious ones are in Beverly Hills, La Jolla, and La Quinta. Annual shows which one must jury into by presenting slides of your work, and then in some cases, bringing the work for on-site inspection. I did several of these at that time. I have recommended to budding artists to start in this manner. I know of several successful and famous artists who began this way.

I have tried to just walk into galleries and talk to someone or receive some kind of representation or at least to view my portfolio. I found this very difficult and found it was much better to be recommended by a fellow artist or patron than to walk in cold.

Building your portfolio is always important. Creating a client collectors list, showing in museums (even if it is for auctions to benefit the museum), group or solo shows in galleries are very important. Consistent public exhibitions help build your reputation and your following. Showing in

exciting new restaurants and corporate offices helped me as well in the Los Angeles area.

Self-promotion is very important. Creating a brochure of your work presents a professional visual image a client can take home. Internet advertising is huge today. Facebook and Instagram are just two that can promote sales. Also, continual client contact through online mailers is critical. Word of mouth is the most important. People who see your work in someone's home always creates an excitement about finding your new work and following you.

I had an art expert, Mark Fine, contact me about ten years ago to get an appraisal of one of my older paintings for insurance purposes. He liked my work and wanted to help me get better recognition. I asked what it would take to get into the art world big time. His response was to get into Sotheby's or Christie's art auctions and to advertise in *Art in America*, which would then get me on their yearly list of Artists in America—a prestigious list that dedicated collectors closely follow.

One of my favorite artists, Dennis Hare, who was originally from Laguna Beach, used this to get his work into a New York gallery. Another artist friend, Chris Cox, moved out of Laguna Beach to Venice Beach near Los Angeles to get



"Flowing" by Jill Logan 48"x48" oil/canvas

more respect in the art world. There are many ways to market or get your work known internationally.

Another suggestion was to create special events in my gallery. Something Michael Cope, Erick Ochoa, Mark Gabriel, and other local artists have done with great success is the creation of the new Todos Santos Art Walk.

I had a well-known actor suggest I be outrageous in some way. To create a public persona. There is an artist, for instance, in Ojai who paints only paintings of Morocco, who spends a few months a year over there, and only wears the costumes of this country in her gallery.

Todos Santos and other special towns across the world are wonderful places to showcase your work. If the reputation is there for creativity and the arts, then try to get into a gallery or open one to show your work. It seems over the last fifteen years more people have been moving here who have always dreamed of being artists and have been able to showcase their work and make a good living doing so.

The one thing I would say to a budding artist is to never give up, try new ways and new things to get public attention. Newspaper articles and advertising in the right

ART TALK continued on page 40

GALERÍA LOGAN

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"Rainbow Walk to the Beach" 24"x36" oil/canvas

Casa Girasol



by / por Bryan Jáuregui, Todos Santos Eco-Adventures
traducido por Ivonne Benítez

"It was a moment of pure magic" recalls Casa Girasol co-founder Dr. Alan Anzures. "We had our group of Mexican and American women sharing stories about their lives in our Casa Girasol Circle of Life, and it was about the third time this group had all been together. When the discussion drew towards a close, one of the Mexican women said 'You know what, I'm Mexican, I live here in Todos Santos and I always thought that you *gringos* never suffered, never struggled with anything. Now with all these stories I realize that you are all just people like me. We all struggle, we all go through the same things, and at the end we are all here. Can I hug you?'"

Casa Girasol is the passion project of Comfort Care's Lu Pearson and general practitioner Dr. Alan Anzures, and that moment was their proof of concept. Alan is a Mexico City transplant who moved to Todos Santos in 2021. As a Mexican newcomer fluent in English, Alan was uniquely positioned to perceive the gap between the *Todosanteña* community and the expatriates who move here. "My idea is to close that gap, to bring both communities together." A friend introduced him to Lu who had long been interested in starting a daycare center for older people, a place for social interaction and support that also provides a respite for families and caregivers. It was their peanut butter and chocolate moment and Casa Girasol was born.

Casa Girasol is now located at the Professor Néstor Agúndez Cultural Center in the heart of Todos Santos and is open every Thursday 11 am to 3 pm. They work to unite
CASA GIRASOL continued on page 15

"Fue un momento de pura magia," recuerda el Dr. Alan Anzures, cofundador de Casa Girasol. Nosotros teníamos a nuestro grupo de mujeres mexicanas y estadounidenses compartiendo historias sobre sus vidas en nuestra Círculo de Vida de Casa Girasol, era aproximadamente la tercera vez que este grupo había estado junto. Cuando la discusión llegó a su fin, una de las mujeres mexicanas me dijo: '¿Sabes qué? Soy mexicana, vivo aquí en Todos Santos y siempre pensé que los gringos nunca sufrían, nunca luchaban con nada. Ahora con todas estas historias me doy cuenta de que todos ustedes son personas como yo. Todos luchamos, todos pasamos por lo mismo, cosas, y al final todos estamos aquí. ¿Puedo abrazarte?'"

Casa Girasol es el apasionante proyecto de Lu Pearson de Comfort Care (Cuidados Paliativos) y del Dr. Alan Anzures, un médico general y ese momento fue su prueba de concepto. Alan es un trasladado de la Ciudad de México que se mudó a Todos Santos en 2021. Como recién llegado mexicano que habla inglés con fluidez, Alan estaba en una posición única para percibir la brecha entre comunidad *todosanteña* y los expatriados que se mudan aquí. "Mi idea es cerrar esa brecha, para unir a ambas comunidades." Un amigo le presentó a Lu, quien desde hacía mucho tiempo se había interesado en iniciar un centro de cuidado para personas mayores, un lugar para socializar, interactuar, y dar apoyo pero que también proporcionara un respiro para las familias y los cuidadores. Fue su momento de mantequilla de maní y chocolate, así nació Casa Girasol.

CASA GIRASOL continúa en página 14

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Tai Chi with / con Rhoda

Casa Girasol ahora se ubica en el Centro Cultural Profesor Néstor Agúndez en el corazón de Todos Santos y está abierto todos los jueves de 11 a 15 horas. Trabajan para unir a la comunidad a través de programas de ejercicios compartidos como Tai Chi y yoga en silla; divertidos juegos como la lotería y los rompecabezas; y por supuesto experiencias de vida compartidas a través de sus discusiones sobre el Círculo de la Vida. El objetivo a largo plazo es transformar Casa Girasol en un centro de bienestar, con una amplia gama de servicios de salud para los miembros mayores de la comunidad y sus familias. Alan ha descubierto que la mayoría de sus pacientes en Todos Santos tiende a envejecer a partir de los 60. Para atenderlos mejor, Alan, un médico general, ha estado completando certificaciones en atención geriátrica.

"Me enamoré de Todos Santos por la gente," recuerda Alan, "Principalmente la gente mayor. No son personas mayores como las que tenemos en la Ciudad de México, donde la gente tiende a retirarse de la vida una vez que llegan a los 60 o 70 años. Gente de esa edad aquí en Todos Santos sigue activa, sigue saliendo con sus amigos, sigue yendo a la playa, socializando. En Casa Girasol queremos expandir esa tendencia de socialización positiva y compromiso de todos los miembros adultos y mayores de

nuestra comunidad, para mejorar la calidad de vida para todos nuestros residentes mayores y sus familias."

Alan, médico, y Lu, enfermera jubilada, maestra de Reiki, y Doula Certificada para el Fin de la Vida, tienen todo lo que necesitan para poner en funcionamiento el centro de bienestar, excepto el dinero. Casa Girasol funciona con donaciones, un plan de financiación que es poco probable que produzca los resultados esperados e ingresos necesarios para realizar su sueño. Por lo tanto, están buscando activamente financiación, socios para darle vida a su visión de un centro de bienestar con la esperanza de expandirse y crear un centro de vida asistida muy necesario.

Pero la magia no cuesta nada y todos están invitados a venir a ayudar a crear un poco en los encuentros de los jueves en el Centro Cultural. Ese vecino podría ser el amigo que no tenías y estabas buscando.

Para obtener más información, comuníquese con Lu y Dr. Alan:

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Correo electrónico: casagirasolts@gmail.com

<https://comfortcare.mx/casa-girasol/>



Casa Girasol

continued from page 12

Lu & Dr. Alan

the community through shared exercise programs like Tai Chi and chair yoga; fun games like *lotería* and brain puzzles; and of course shared life experiences through their Circle of Life discussions. The long-term goal is to transform Casa Girasol into a wellness center, with a wide array of health services for older members of the community and their families. Alan has found that the majority of his patients in Todos Santos trend in age upwards from 60. To better

serve them Alan, a general practitioner (GP), has been completing certifications in geriatric care.

"I fell in love with Todos Santos because of the people" recalls Alan, "Mainly the older people. They are not older people like we have in Mexico City where people tend to retire from life once they move into their 60s and 70s. People that age here in Todos Santos are still active, still going out with their friends, still going to the beach—they are socializing. At Casa Girasol we want to expand on that trend of positive social engagement for all adult and senior members of our community, to enhance the quality of life for all of our elderly residents—and their families."

Alan, a doctor, and Lu, a retired nurse, Reiki master and Certified End of Life Doula, have everything they need to get the wellness center up and running. Except money. Casa Girasol runs on donations, a funding scheme that is unlikely to produce the income required to realize their dream. They are therefore actively seeking financial partners to breathe life into their vision of a wellness center with the hopes of expanding that to a much-needed assisted living facility.

But magic costs nothing and everyone is encouraged to come help create a little in the Thursday gatherings at the Cultural Center. That neighbor could be the friend you didn't know you were looking for.

For more information contact Lu and Dr. Alan:

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Do I Need to Apply for Residency if I Plan to Live in Baja?

by Lic. Humberto Rojas

If you are a foreigner who owns property in Mexico and/or plan to regularly stay in Baja for a period longer than 180 days a year, the answer is yes!

Given the current political changes in North America, it is crucial for foreigners who have investments or are considering investing in Mexico to seek legal residency via the National Institute of Immigration (INM) or at the Mexican Consulate in their home country.

If you apply for residency directly at the Mexican Consulate in your country and comply with the current requirements for retirees, you may be granted permanent status right away. If you don't but meet the next criteria down, you will be granted temporary status for one year. For those of you that have tried and failed at making an appointment in the past, good news is there's a new and efficient way to book one: It's a WhatsApp number that you can call or text and make your appointment within minutes. This service is only available for the US and Canada. You can find the number and more info on the official website: <https://www.miconsulado.sre.gob.mx/citas-consulares>

Foreigners can also be granted permanent or temporary residency in other ways like via a family bond if they have a child under 18 or a spouse who is a Mexican citizen or resident. Also, foreigners with a Mexican employer or attending school may use a letter of employment or enrollment, to possibly receive conditional temporary residency which can lead to permanent.

Please keep in mind that there are many guidelines and some cases may differ, so hiring an immigration advisor is a must to ensure a successful immigration process.

The main advantage of permanent residency over temporary, is that the former does not need to be renewed, and it also grants you the right to work in the country legally as long as the resident notifies the INM and you are registered with el Servicio de Administración Tributaria (SAT) the Mexican tax authority.



by Jill Mollenhauer

When you become a legal resident, you will receive your CURP (a unique population identity code for both Mexican citizens and residents) which also grants you the right to apply for an RFC (Tax ID #), like a U.S. social security number, among other legal processes.

A benefit of having legal residency and an RFC if you are a homeowner who rents out your property on Airbnb or similar platforms, is that your income tax rate will be reduced from 36% to 12%. With the CURP and RFC, you will be able to open a Mexican bank account in your name, allowing you to safely transfer large amounts from your home bank

account to your Mexican account and withdraw money directly at the ATMs or bank without paying commission.

An RFC and CURP are also required to put your utilities in your name. This becomes very important when you decide to sell your house, as you could qualify for the capital gains tax exemption which could potentially save you thousands of dollars.

Another great benefit of having the residency card (besides getting to skip the long lines at the airport) is that you get free basic healthcare at public clinics and general hospitals. Taking everything into consideration, we strongly encourage any foreigners planning to buy land or a home in Mexico or simply planning to live seasonally here while working remotely, to become legal residents, and get their RFC to protect their assets and save money, have peace of mind, develop a sense of belonging within the community, and avoid any potential problems in the future.

If you found this useful, have questions about anything, or wish for one of our in-house specialists to guide you through any legal matter as you transition to your new life in Mexico, please let us know by reaching out to:

Attorney Humberto Rojas
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Bulls

continued from page 6

I would look for the footprint of the bull, then send the dogs to run after it. I would run right behind them on foot as there was no way that horses or mules could navigate that terrain. Usually after the first six or seven kilometers the dogs and I would catch up with the bull then he would run again. Usually after the third run—which sometimes meant a total 15 kilometers of terrain covered—the bull would finally tire and lean against a tree.”

Don Cata not only ran after the bull and the dogs, but did so while wearing two lengths of rope across his chest (“I looked like Pancho Villa”) and one around his waist. Once the bull finally tired and was resting against a tree, Don Cata would lasso its horns and tie its head to the tree with one rope, then use another rope to lasso a hind leg and tie it to another tree such that the rope would tighten when the bull struggled. He would then use the third rope to lasso the bull’s front legs. That third lasso would bring the bull down and Don Cata would then tie up the final hind leg. So far so good.

But Don Cata, who is all of 72 kilograms / 158 pounds, now has a seriously angry, 600 kilo / 1,300 pound animal—whose breed is notorious for its aggressiveness—tied up in rugged mountain terrain while traveling on foot. He only gets paid when he delivers the bull alive several thousand feet below. Sheer physicality, stamina and mad cowboy skills have gotten him this far. Now it’s time to out psych the bull. “The bulls were so angry that they usually needed about 90 minutes to calm down” recalls Don Cata, “so the dogs and I would wait downwind while they quieted. Then I would go back, release one of the legs and tie a stick to the foreleg such that it stopped the bull from running. I would then leave again and let the bull get used to the stick. Then the next time the bull saw me he would be very tired and very afraid of me, so I could release all the ropes. If he lunged for me I could parry him away with a stick that I used like a lance. In this way I could get a bull down the mountain in two to three days.”

Don Cata created a type of corral where he would collect 18 to 20 bulls, put bells on them, then get them to the road where a truck would pick them up, weigh them and deliver them to the Collins family. “I got over 600 bulls like this” recalls Dona Cata. In a masterful piece of understatement about his running skills Don Cata notes, “I was fast.”

The bulls scored some points as well. “Once I was tying a bull’s head to a tree and trying to do it quickly because the bull had already closed its eyes in anticipation of hitting me. I was moving fast and slipped. My rope was round the bull’s head so when I went down the whole 600 kilo body of the bull came down on top of me. It really messed up my knee.” A local rancher patched him up and suggested he put his bull hunting days behind him. “I didn’t listen. Three days later I was running after the bulls again.” (His knee BULLS continued on page 25

Toros

continuó de página 8

hacerlo rápido porque el toro ya había cerrado sus ojos como anticipando pegarme. Me estaba moviendo rápido y me resbalé. Mi cuerda estaba alrededor de la cabeza del toro, así que cuando me caí, el cuerpo de 600 kilos en su totalidad me cayó encima también. Realmente me dañó la rodilla." Un rancharo local lo vendió y le sugirió que le pusiera un fin a sus días de cazador de toros. "Yo no le hice caso. Tres días después ya estaba corriendo detrás de los toros otra vez." (Su rodilla sigue viéndose un poco chueca hasta el día de hoy) Un toro sí tuvo éxito en darle un cabezazo. Por suerte el cuerno solo le rozó el cráneo, pero la fuerza causó que la piel del toro le quemara la oreja a Don Cata.

Cuando entró a los cincuentas, Don Cata empezó a hacerse cargo de otro animal salvaje, el cerdo. "Cuando yo era un niño los rancharos criaban muchos cerdos, no para vender sino solamente para comer. Cuando pegaban los huracanes, los cerdos se iban a la montaña a comer las bellotas, piñones, etc. que se habían caído de los árboles con los vientos, y luego se regresaban a casa."

Después en 1997 un gran huracán pegó en la costa de Los

Cabos y llovió por tres días seguidos. Esto creó una gran abundancia de comida y agua para los cerdos y así fue que en los siguientes años hubo una explosión demográfica de esta especie. "Había tantos cerdos que se estaban comiendo todo el pasto en el valle de la montaña y estaban dañando mucho el ecosistema" recuerda Don Cata. Las autoridades del parque de la Reserva de la Biosfera de La Sierra de La Laguna decidieron que algunos de los cerdos tenían que ser erradicados así que contrataron a Don Cata para el trabajo. "Afortunadamente los cerdos prefieren terreno al que sí se puede acceder a caballo y mula," un Don Cata de mayor edad comenta entre risas.

Mientras que cazar cerdos requiere menos resistencia que cazar toros, es definitivamente más peligroso. Los cerdos tienen colmillos largos y filosos, y son extremadamente fuertes. Para atraparlos, Don Cata envía a su perro a seguir a un cerdo y agarrarlo de la oreja. Don Cata entonces se baja de su caballo, levanta al cerdo de la pata trasera y le dispara. Mientras que muchos rancharos usan cuchillos para darles muerte, Don Cata caza con el CIBNOR, el Centro de Investigaciones Biológicas del Noroeste S.C. y ellos quieren pesar y medir a los cerdos sin la pérdida de sangre que acompaña a una herida de cuchillo. CIBNOR toma muestras de cada órgano del cerdo para estar seguros de que el cerdo se encuentre lo suficientemente sano para poder ser comido. Dice Don Cata, "Por lo general estoy de cacería por cuatro días y bajo con entre 80 a 100 kilos de carne para vender." Don Cata piensa haber atrapado más de 1000 cerdos.

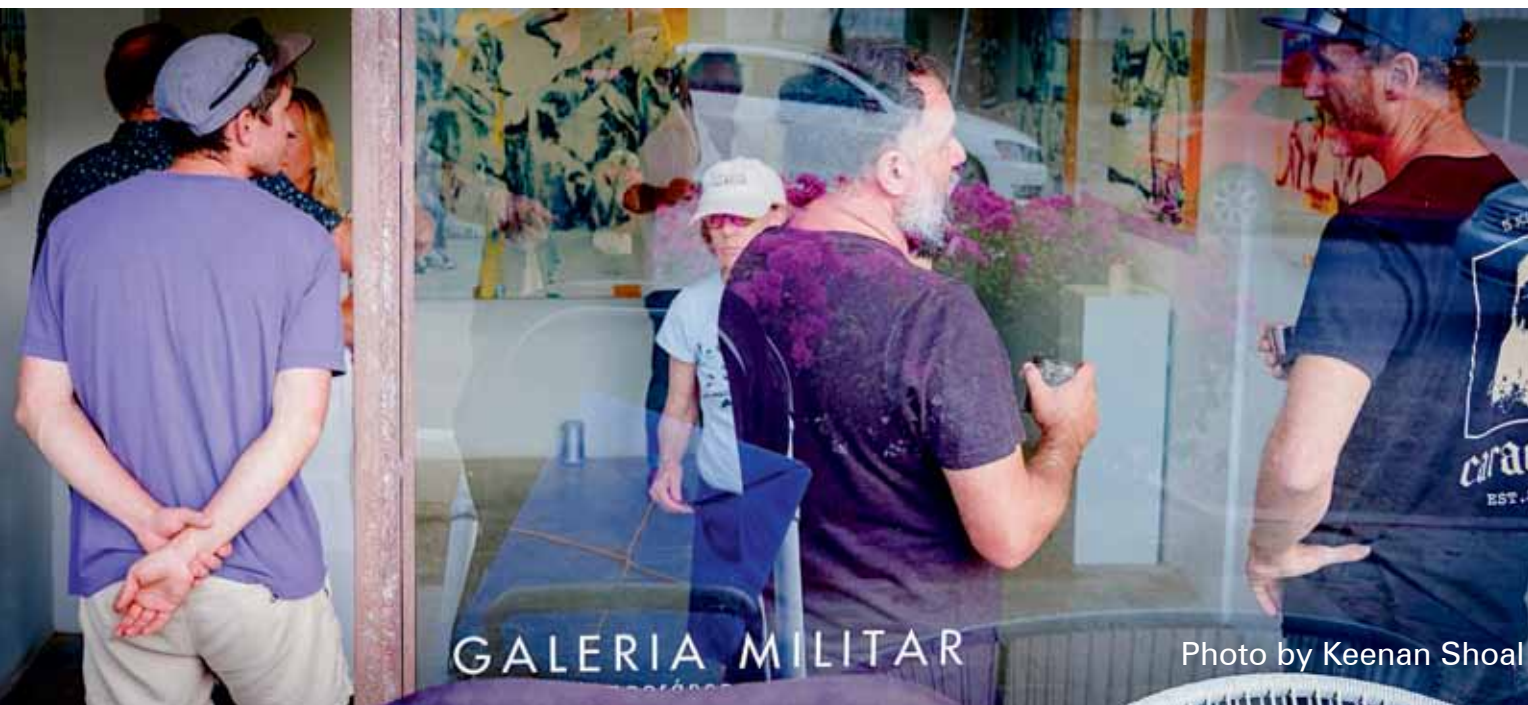
TOROS continúa en página 24



Instagram PuraVidaBaja Phone 612 145 0471 Location Pura Vida Baja, Todos Santos, B.C.S.



Instagram EllaBellaBrand Location Cielito Lindo Market Location Pura Vida Baja, Todos Santos



GALERIA MILITAR

Photo by Keenan Shoal

june

June 6 - 8 | 8TH ANNIVERSARY FIESTA at Jazamango in Todos Santos. Events with live music and guest chefs.

June 12 | 5 - 10 pm, MERCADO NOCTURNO at Baljalla in Pescadero. Enjoy live music, vendors, art, special performances, food, drink, and community.

June 13 - 15 | ESCAPE TO THE CAPE SURF CONTEST in San José del Cabo. For more information visit: <https://www.escapetothecapecabo.com/>

June 15 | CHEERS TO 8 YEARS! TODOS SANTOS BREWING 8TH ANNIVERSARY SUPER SUNDAY SESSIONS at Todos Santos Brewing.

June 15 | FATHER'S DAY / DÍA DE LOS PADRES.

June 20 | SUMMER SOLSTICE.

july

July 19 - 27 | FESTIVAL DEL MANGO & FIESTA PATRONALES DE BARRIO SAN IGNACIO. With events in the public plaza and barrio San Ignacio on the *otro lado* of Todos Santos.

september

September 15 | JOURNAL DEL PACIFICO FALL 2025 DEADLINE.

September 15 | EL GRITO DE DOLORES

September 16 | DÍA DE INDEPENDENCIA DE MEXICO

october

October 10 - 13 | FIESTAS PATRONALES DE TODOS SANTOS usually take place this week in the Todos Santos plaza.

October 31 | HALLOWEEN

november

November 1 - 2 | DÍA DE MUERTOS TODOS SANTOS. For more information see their Facebook page: <https://www.facebook.com/FiestaDiaDeMuertos>

November 15 & 16 | 6 am, 7TH ANNUAL DON DIABLO TRAIL RUN. 18K | 37K | 50K at Rancho Cacachilas, B.C.S., Registration open through November 10, or until full. <https://dondiablotrailrun.com/>

November 20 | DÍA DE LA REVOLUCIÓN MEXICANA

November 27 | US THANKSGIVING

december

December 5 - 7 | GASTROVINO FOOD & WINE FESTIVAL. For more information. www.gastrovino.mx

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mango salad

Friday

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Daily

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salad & sauteed
potatoes & onions

every week

sunday

8 am – 2 pm, **LOCALS MARKET** at **La Esquina Café** on the otro lado. Takes place through August.

2 – 8 pm, **DAY POOL PASSES** at **Hotel Gallo Azul** in Todos Santos. Adults 400 MXN includes 300 pesos off food and drinks. Children up to 10 years old 250 MXN includes 150 off food and drinks. Reservations / availability call 612 158 8457.

6 pm, **SUNDAY SESSIONS** at Todos Santos Brewing.

monday

10 am – 1 pm, **PALAPA LIBRARY OPEN**, Todos Santos. Palapalibrary@gmail.com

SPECIAL 1/4 LB HAMBURGER WITH FRIES & BEER OR SODA at **Shut Up Frank's** in Todos Santos.

12 pm, **SPANISH CONVERSATION CLUB** at **Hablando Mexicano**, in Todos Santos.

2 – 8 pm, **DAY POOL PASSES** at **Hotel Gallo Azul** in Todos Santos. Adults 400 MXN includes 300 pesos off food and drinks. Children up to 10 years old 250 MXN includes 150 off food and drinks. Reservations / availability call 612 158 8457.

4 – 6 pm, **PALAPA CHILDREN'S LIBRARY OPEN**, Todos Santos. Palapalibrary@gmail.com

tuesday

8:30 am – 2 pm, **LA PAZ FARMER'S MARKET** on calle Rosales between Obregón & Madero, La Paz.

2 – 8 pm, **DAY POOL PASSES** at **Hotel Gallo Azul** in Todos Santos. Adults 400 MXN includes 300 pesos off food and drinks. Children up to 10 years old 250 MXN includes 150 off food and drinks. Reservations / availability call 612 158 8457.

4 pm, **TACO TUESDAY** at Chill n Grill in Todos Santos.

4 – 7 pm, **PALAPA ADULT & CHILDREN'S LIBRARY OPEN**, Todos Santos. Palapalibrary@gmail.com

5 – 9 pm, **TACO TUESDAY** at **La Esquina Café** on the *otro lado*. Choose from meat or vegetarian chorizo tacos with live music 6 – 9 pm.

MEXICAN FIESTA NIGHT at **Shut Up Frank's** in Todos Santos.

TACO TUESDAY at 5 Tacos & Beer on the *otro lado*. Live music and 100 pesos margaritas.

wednesday

10 am – 1 pm, **PALAPA LIBRARY OPEN**, Todos Santos. Palapalibrary@gmail.com

12 – 2 pm, **WRITING GROUP** at Allende Books in La Paz. Free, everyone welcome. Takes place through July.

2 pm, **SPANISH CONVERSATION CLUB** at **Hablando Mexicano**, in Todos Santos.

2 – 8 pm, **DAY POOL PASSES** at **Hotel Gallo Azul** in Todos Santos. Adults 400 MXN includes 300 pesos off food and drinks. Children up to 10 years old 250 MXN includes 150 off food and drinks. Reservations / availability call 612 158 8457.

WEEKLY EVENTS continued on page 45



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Solar Energy in Southern Baja

Southern Baja benefits from 3,280 hours of sunlight annually, providing 7 to 11 hours of daily solar exposure. June experiences the highest average (11.1 hours/day), while December records the lowest (7 hours/day). Given this consistent solar availability, the region presents an optimal environment for harnessing solar energy.

When exploring solar energy systems, asking the right questions can help you understand the technology, costs, benefits, and suitability for your needs. A few of the best, local solar energy providers shared a wealth of information with us about solar energy and what they offer.

COMO EL SOL

Como El Sol is the oldest solar energy systems provider in the area. It was founded in 1999 in Todos Santos and later relocated to El Pescadero in the early 2000s. The company is now situated on the main street, half a block from the highway, directly across from Pescadero Romex.

Why work with Como El Sol? *¡Pues, siempre brillante y Salí para todas!* Como El Sol specializes in comprehensive solar energy systems and supplies solar equipment for customers preferring a DIY approach. They also offer system maintenance and cleaning as well as diagnostics.

Como El Sol offers off-grid, hybrid, and zero-export systems, along with solar-direct pool pumps, solar lighting solutions, and EcoFlow power banks and portable panels.

There is no universal solution that suits every scenario; however, Como El Sol recommend reliable, high-quality systems using proven reliable equipment tailored to each client's specific energy requirements. They plan each system to be dependable and trouble free.

Grid-tied solar systems require contractual agreements with the electrical company CFE, though CFE is currently not accepting new applications. No permits are necessary for zero-injection, hybrid, or backup systems.

Most solar energy systems they install include remote monitoring capabilities, enabling clients to track energy production efficiently. Additionally, Como El Sol provides



Como El Sol

monitoring services, which have been instrumental in identifying issues before they cause problems. Case in point, recently they identified a water leak based on the client's energy use and alerted the property owner to prevent potential complications and costs. They can also adjust various system settings remotely to optimize performance. Another example is the amount of battery reserve desired. A back up

system can be programed to decrease the CFE use most of the time, thus reducing the energy consumption and adjusted to keep a higher battery reserve when storms are predicted, giving one more stored energy for possible power outages. All of this can be done remotely.

Solar panels function most effectively under direct sunlight. The recommended installation angle in this region is 22 degrees facing south, though adjustments can be made based on different angles and orientations. Advancements in panel technology have minimized energy loss due to mild shading, but periodic cleaning remains essential to optimal energy output. Solar panels typically carry manufacturer warranties ranging from 20 to 30 years.

Some solar systems are designed for scalability, allowing for seamless expansion. When planning a system, Como El Sol prioritizes future growth, ensuring it aligns with both the client's evolving needs and budget. And they provide ongoing technical support, including system monitoring, troubleshooting, and maintenance services.

Manufacturers generally provide warranties of five to seven years on equipment and 20 to 30 years on solar panels. Additionally, Como El Sol offers a one-year workmanship guarantee, and the system can be transferred to the new property owner, ensuring continued benefits.

Como El Sol gives back by being active in the local Pescadero community. They are a corporate sponsor for the *Bomberos Voluntarios de Pescadero* and additionally stock the Bomberos T-shirts for sale at their store—100% of the proceeds goes directly to the *Bomberos*. They also sponsor a few local sports teams and provide discounts to community projects.

Como El Sol is located in Pescadero on the main street, half a block from the highway. #26 on the Pescadero map.

comoelsol.com

comoelsol.info@gmail.com

Tel: +52 (612) 198-0125 / +1 (206) 513-6430

LIFESTYLE ENERGY SOLAR & STORAGE

Lifestyle Energy Solar & Storage was born from a desire to make a difference in our region by providing innovative energy solutions, thereby countering the state's energy challenges. It was founded in 2018 by engineer Diego M. Palacios, who was born and raised in Todos Santos, Baja California Sur. Since then, Lifestyle Energy has been expanding and growing to provide for the increased demand of renewable energy.

Lifestyle Energy provides site evaluation, system design and installation of photovoltaic and storage systems, equipment sales, and preventive and corrective maintenance. Their solar systems also include solar heating and pumping.

Lifestyle Energy provides systems for homes, businesses, pools, shared spaces, and more including off-grid, on-grid (connected to CFE), zero export, hybrid total backup, hybrid partial backup, solar pumping, and applications.

They work with JA Solar, Longi, and Canadian Solar (400-610 Wp) panels; Victron Energy and Fortress Power (2kW-12kW) inverters; and Fortress eVault Max and Pytes (4.8 kWh-18.5 kWh) batteries. They note that it is important to



verify that the models have certifications such as UL1741 for inverters UL9540 and UL9540A for batteries.

UL9540A is a test method developed by Underwriters Laboratories (UL) to evaluate the fire propagation behavior of energy storage systems (ESS), particularly lithium-ion battery systems, under thermal runaway conditions. It's not a certification but a data-generating test used by manufacturers to demonstrate compliance with safety standards for energy storage systems (ESS) and equipment

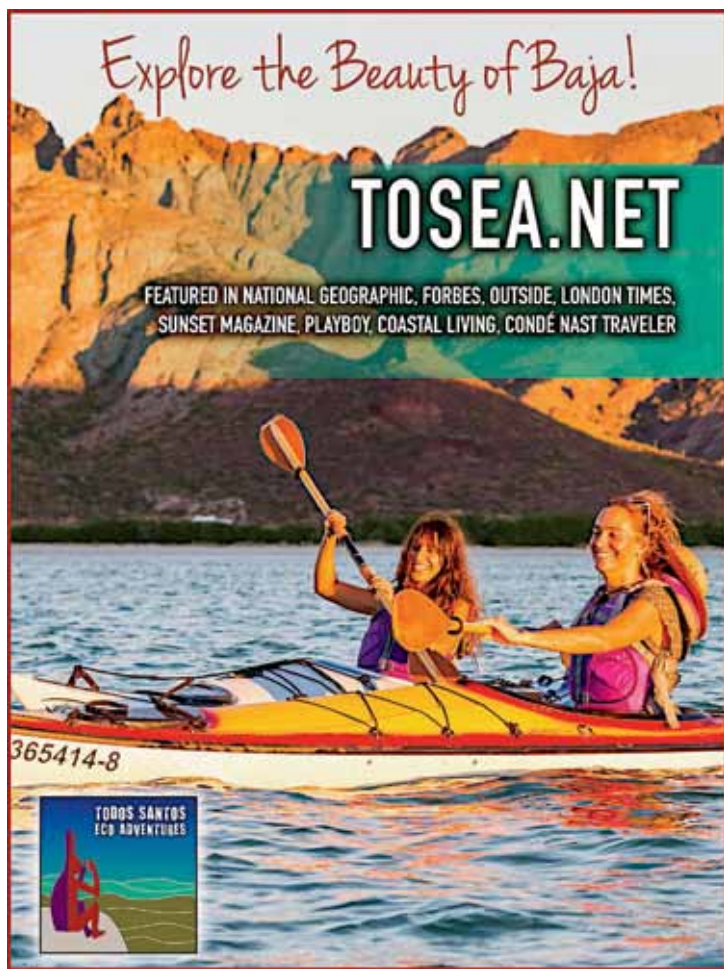
SOLAR ENERGY continued on page 32

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La caza de cerdos es un negocio de gran cercanía y Don Cata tiene muchas más cicatrices de los cerdos que de los toros. Es así que tal vez no nos sorprenda saber que aunque Don Cata es famoso por sus habilidades de cacería, es una leyenda por sus habilidades curativas, y la gente viene de todo el estado a buscar su ayuda. Don Cata es el patriarca de la familia Rosas y preservar el modo de vida del rancho es una meta clave familiar dentro de su bello Rancho Ecológico El Refugio en las montañas de la Sierra.

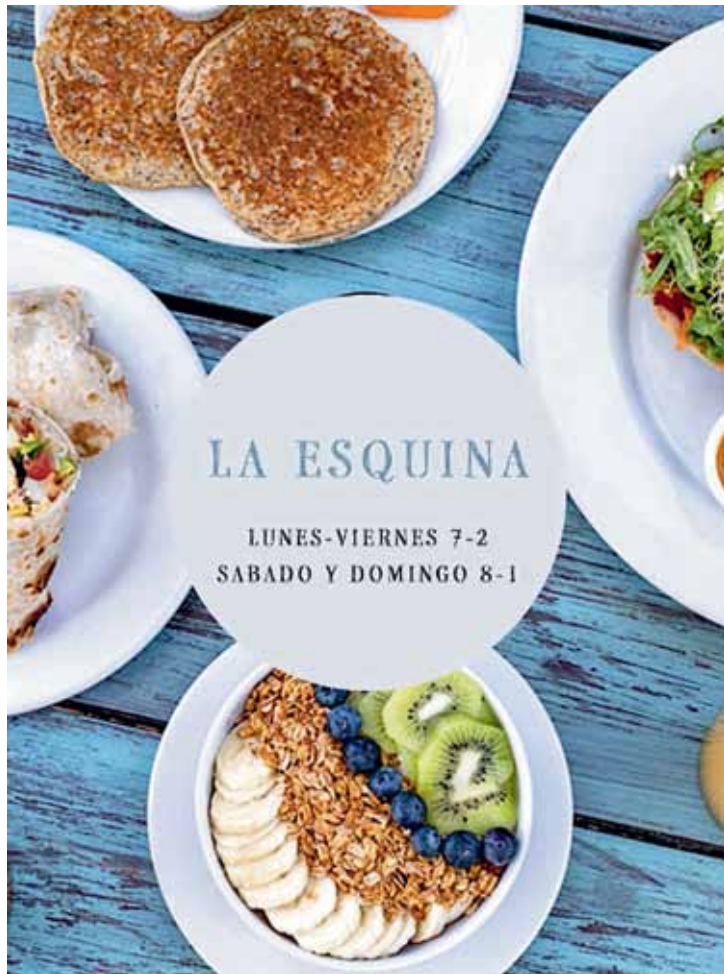
El mismo Don Cata es la personificación del rancho ideal, pues cuenta tanto con la fortaleza como con las habilidades para hacer frente a fuerzas salvajes y también con la sabiduría y el talento para recuperar la salud y el balance en su comunidad. Él manifiesta una profunda conexión con la naturaleza. Él es un cazador-curandero.

Bryan Jáuregui es presidenta de la junta directiva de Alianza Cero Basura, una organización sin fines de lucro registrada en México que trabaja para transformar Todos Santos y Pescadero en el primer destino turístico cero residuos en México. Si deseas obtener más información sobre Alianza Cero Basura y/o apoyar el programa de huertos escolares, visita el sitio web de Alianza Cero Basura en <https://cerobasurabcs.org>.

Todos Santos Eco Adventures (TOSEA) es la empresa líder en ecoaventuras en Baja California Sur. TOSEA te invita a unirse a ellos en las siguientes iniciativas para ayudar a preservar la gloriosa belleza de la Península:

Alianza Cero Basura (ACB). TOSEA es un orgulloso seguidor de ACB, una organización mexicana sin fines de lucro que está trabajando para transformar nuestra comunidad en el primer destino turístico cero residuos de México. Para saber cómo puedes participar activamente en este esfuerzo, visita el sitio web de ACB en <https://cerobasurabcs.org>

Captura de carbono con Tomorrow's Air. TOSEA es un socio educativo de captura de carbono con Tomorrow's Air y hasta la fecha ha apoyado la eliminación de 3 toneladas de dióxido de carbono del aire. Para obtener más información sobre este increíble proyecto, visita <https://www.tomorrowsair.com>



Bulls

continued from page 18

remains a little wonky looking to this day.) And one bull did succeed in head-butting him. Luckily the horn just grazed his skull but the force caused the fur of the bull's head to burn his ear.

As he moved into his 50s, Don Cata took on another feral animal—pigs. “When I was a child, ranchers used to raise a lot of pigs, not to sell, just to eat. When the hurricanes hit, the pigs would head to the hills to eat all the acorns, pine nuts, etc. that had been blown off the trees, then head back home.”

Then in 1997 a major hurricane hit off the coast of Los Cabos and it rained for three days straight. This created an enormous bounty of food and water for the pigs so in the ensuing years their population exploded. “There were so many pigs that they were eating all the grass in the valley of the mountain and really damaging the ecosystem” recalls Don Cata. The Sierra de La Laguna Biosphere Reserve park authorities decided that some of the pigs needed to be eradicated so they contracted Don Cata for the job. “Thankfully the pigs prefer terrain that is accessible by horse and mule” the older Don Cata laughingly notes.



photo by Mike Brinkman

While pig hunting requires less stamina than bull hunting, it is infinitely more dangerous. The pigs have long, sharp tusks and are extremely strong. To catch them, Don Cata sends his dog to track a pig and grab it by the ear. Don Cata then gets off his horse, picks the pig up by its hind leg, and shoots it. While many ranchers use knives for the kill, Don Cata hunts with CIBNOR, the *Centro de Investigaciones Biológicas del Noroeste S.C.*, and they want to weigh and measure the pigs without the blood loss that accompanies a knife wound. CIBNOR takes samples of each pig's organs to make sure the pig is healthy enough to be eaten. Says Don Cata, “I usually hunt for four days and come down with 80 to 100 kilos of meat to sell.” Don Cata reckons he's

BULLS continued on page 50



LŌKΔHI

PROPERTIES BCS

L o k a h i p r o p e r t i e s b c s . c o m



Todos Santos ART WALK

Photos by / fotos por Keenan Shoal

www.keenanshoal.com

 [keenan_todos_santos](https://www.instagram.com/keenan_todos_santos)

Kate Turning
Steve Jacobi





Galería Militar



Galería Logan



Galería de Todos Santos



Galería Logan

Plant Life Cycles

story & photos by Kaia Thomson



Zinnia
Cinia



Solandra maxima seedling
Vid de copa de oro ó Cáliz dorado

The seasonality of plants is a very complex and interesting subject and can make one wonder, how do plants know what to do and when in the competitive world of nature's resources? The majority of plant species flower and produce seeds, they are known as angiosperms. Other species like ferns, conifers, and mosses reproduce using spores rather than seeds. Plants that flower go through cycles in their lives that involve germination, growth, flowering, seed formation, and dispersal. Non-flowering plants have a similar cycle, but instead of seeds, they disperse spores which are tiny single-celled reproductive structures.

When seeds or spores are dispersed, they optimally land in a suitable place to germinate and grow, but how do they do this? The first step, once they are settled in a suitable location is to start growing, roots down, stem and leaves up, known as gravitropism. Seedlings have special particles in the root tips called statoliths. Within the statoliths are cells called amyloplasts. These small, dense particles will actually move and settle in response to gravity, thus signaling the plant which way is down. Another factor is a hormone in the plants called auxin which influences root cell growth and elongation, encouraging the root to grow downwards.

Phototropism is the next factor that plants use to orient towards light sources. The drive to grow upward is guided

PLANTS continued on page 30

Los Ciclos de Vida de las Plantas

historia y fotos por Kaia Thomson
traducido por Francesca Magallon



Baja Fairy Duster / *Calliandra californica*
Zapotillo, tabardillo, ó chuparosa

La estacionalidad de las plantas es un tema muy complejo e interesante que puede hacer que uno se pregunte, ¿cómo es que las plantas saben qué hacer y cuando hacerlo, en el competitivo mundo de los recursos naturales? La mayoría de las especies de plantas que producen flores y semillas, son conocidas como angiospermas. Otras especies como los helechos, coníferas, y musgos se reproducen usando esporas en vez de semillas. Las plantas que florecen pasan por ciclos en sus vidas que involucran germinación, crecimiento, floración, formación de semillas, y dispersión.

Las plantas que no florecen tienen un ciclo de vida similar, pero en vez de semillas estas dispersan esporas que son pequeñas estructuras reproductivas unicelulares. Cuando las semillas o las esporas se dispersan, óptimamente caerán en un lugar adecuado para que puedan germinar y crecer, pero ¿cómo hacen esto? El primer paso, una vez que están instaladas en una ubicación adecuada es comenzar a crecer, raíces por debajo, tallo y hojas por arriba, esto se conoce como gravitropismo.

Las plántulas tienen partículas especiales en las puntas de la raíz que se llaman estatólitos. Dentro de los estatólitos existen células llamadas amiloplastos. Estas pequeñas, y densas partículas, de hecho, se moverán y se acomodarán en respuesta a la gravedad, y de esta manera le darán la señal a la planta de qué lado va hacia abajo. Otro factor es una hormona en las plantas que se llama auxina e influencia el crecimiento de células de la raíz y la elongación, alentando a la raíz a crecer hacia abajo.

El fototropismo es el siguiente factor que las plantas usan para orientarse hacia las fuentes de luz. La intención de crecer hacia arriba se guía por foto receptores en el tallo y

PLANTAS continúa en página 31



Aloe tomentosa flowers
Liatris spicata
ó flor de sábila



Wild passionfruit / *Passiflora foetida*
Maracuyá fétido ó Maracuyá silvestre

by photoreceptors in the stem and leaf cells that sense light. These cells also produce auxin, which will direct the plant to grow in the most efficient direction for the plant's survival.

Plants also use an amazing physiological response called photoperiodism, in which the flowering response is related to environmental changes such as temperature, water, light quality, and day length. As the seasons shift, chemical production inside the plant leaves is affected by

sunlight and temperature and will trigger different growth responses, allowing various species to reproduce at different times of the year, not all at once. Light is crucial for plants with life cycles tied to photoperiod, meaning the ratio of dark to light in a 24-hour period, regulating processes like flowering and dormancy. Temperatures also vary within the seasons, but the cycles of the sun are steady—and if you were a plant, this makes for a reliable method to plan out your lifecycle, especially if you were rooted in one place!

Plantas

continuó de página 29

las células de las hojas de las plantas que perciben la luz. Estas células también producen auxina, la hormona que dirigirá a la planta a crecer en la dirección más eficiente para la supervivencia de la misma.

Las plantas también usan una asombrosa respuesta fisiológica llamada fotoperiodismo, en la cual la respuesta de la floración está relacionada a los cambios ambientales como son la temperatura, agua, calidad de la luz, y duración del día. Mientras las estaciones cambian, la producción de los químicos dentro de las hojas de las plantas se ve afectada por la luz del sol y la temperatura, y esto desencadenará diferentes respuestas de crecimiento, permitiendo a varias especies reproducirse en diferentes épocas del año, y no todas a la misma vez. La luz es crucial para las plantas con ciclos de vida ligados al fotoperiodo, esto se refiere a el ratio de oscuridad a luz dentro de un periodo de 24 horas, regulando procesos como floración e inactividad.

Las temperaturas también varían dentro de las estaciones, pero los ciclos solares son estables, y si tu fueras una planta, esto contaría como un método confiable para planear tu ciclo de vida, ¡especialmente si haz echado raíces en un solo lugar!



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intended for connection to a local utility grid or standalone application. (For more information: <https://www.ul.com/services/ul-9540a-test-method>).

For photovoltaic modules, Lifestyle Energy recommends reviewing the Bloomberg Tier 1 ranking; this is a classification system for module manufacturers of photovoltaics and created to show banks and investors the most reliable and stable manufacturers offering high-quality products.

For grid-tied systems a permit is required, although CFE is not currently granting interconnection permits in Baja California Sur. However, applications can be submitted when the process becomes available again. For off-grid or hybrid systems without fuel injection, no permit is required.

Solar systems with high-end equipment include remote monitoring via mobile apps or web platforms. More affordable equipment may not include this feature, but Lifestyle Energy can advise clients on the best option for their needs.

Solar systems can be expandable, although it depends on the original design. They can also be impacted by shadows on the panels, accumulated dirt or dust, natural wear and tear on the equipment (degradation), lack of maintenance on batteries or inverters, and incorrect or non-optimized design from the start.

It's important to work with a professional on your design, installation, and maintenance! Lifestyle Energy offers free consultation, and local technical support by phone, WhatsApp, or in-person. They also provide scheduled maintenance.

Solar panels have up to 25-year warranties. The inverters and batteries are 5 to 10 years, depending on the brand.

Lifestyle Energy gives one-to-three-year warranties on installation and technical support. If you sell your home, the system transfers to the new owner and may increase the property value.

At Lifestyle Energy, their mission is to help each client achieve energy independence. Power where you need it—without relying on the grid. Here are a few of their satisfied customers' shared experiences living with solar energy:

"I didn't even notice when the blackout hit. It's a relief not to have to worry about losing electricity from the CFE."

"The initial investment was a bit high, but since then, my CFE bill has dropped over 70%, and I'm prepared for hurricane season with my battery backup."

"I can work from home without worrying about losing Wi-Fi; my inverter kicks on so quickly it doesn't even blink."

Lifestyle Energy is on calle Santos Degollado in Todos Santos, next to Supermercado El Sol I. #146 on the Todos Santos map.

www.lifestyleenergy.com.mx

info@lifestyleenergy.com.mx

Instagram: [@ifestyle.energy.mx](https://www.instagram.com/ifestyle.energy.mx)

Facebook: Lifestyle Energy

Tel: 612 212 2328

LRG ENERGY

Logan Gietzen, owner of LRG Energy and a third-generation electrician, has been a licensed journeyman for over 15 years. He ran a successful solar company in the United States for 12 years and has spent the past few years bringing his solar expertise to Baja.

LRG Energy designs, sells, and installs custom solar
SOLAR ENERGY continued on page 41

El Cielo: The Baja Sky

by Roc Fleishman
photo by Kaia Thomson

Welcome to the 2025 summer edition of *El Cielo*, highlighting some of the interesting astronomical happenings above the cape region of BCS, Mexico. Keep this list close at hand for reference and enjoy the sky.

JUNE

- 20 Summer Solstice is at 7:42 pm. The sun will be almost directly above our location on the Tropic of Cancer at solar noon at 12:22:24 pm on the 20th.
- 26 Possible view of the new moon setting in the sunset with Mercury a bit above and left.
- 29 Waxing crescent moon only ½ degree from reddish Mars in the sunset.

Star notes: Omega Centauri is a great fuzzy ball at 18° altitude in the south (southwest by end of June) at sunset—a great binocular or telescope target.

JULY

- 16 Last quarter moon close to Saturn before dawn.
- 21 – 23 An early morning series. Waning crescent moon above Venus on 21st, between Venus and Jupiter on the 22nd, and below Jupiter on the 23rd (the last one might be difficult to see).
- 25 Possible new moon sighting.

AUGUST

- 11/12 Bright waning crescent moon is near Saturn.

- 12/13 Perseid meteor shower. Our usual big summer meteor shower always runs from the middle part of July until late August. The peak this year is supposed to be on the night of the 12th, but the bright moon will rise just after 9 pm, so it will wash out most of the fainter meteors.

- 24 Probably your first chance to see the new moon.

SEPTEMBER

- 16 Waning crescent moon rises around 1 am close to Jupiter in the early morning sky.
- 19 Venus, Regulus, and the waning crescent moon rise close together after 4 am.
- 22 Autumnal Equinox around 11 am means the start of astronomical Fall.
- 23 New moon should be visible, Mars above, Spica to the right.

OCTOBER

- 5 Nearly full moon rises with Saturn just to the right.
- 22/23 The Orionid meteor shower peaks on the night of the 22/23 of October. The moon will not be an issue, so prepare to have a good time viewing the meteor shower.

For more information on any of the above items, check out the web links below (new item for the PUNCH satellite—
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Panoramic view lots



Ocean-front homes



Ocean-view homes

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el otro lado TODOS SANTOS

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Voces del Pueblo

by Janice Kinne

Thank you for all the compliments on our Spring issue with Kaia Thomson's vibrant hummingbird cover. It's been an awesome season thus far.

Artist **Jill Mollenhauer's** "The Tree of Life" graces this issue's cover. A San Diego native, now residing in Todos Santos, Jill is largely self-taught. She has devoted her life to moving forward and expanding her creative skills. Her murals, for clients both private and public, can be seen on buildings in Mexico, California USA, the East Coast and the Philippines. Some of her clients include Children's Hospital in San Diego, Laguna Trends Gift Shop, the Seaport Village Carousel restoration and the San Diego Historical Society. Jill also wrote our Spring 2025 issue's art talk (issue #68).

Summertime is hotter, but ideal for outdoor adventures, with low humidity compared to mainland Mexico. The warm, clear waters are perfect for swimming, snorkeling, scuba diving, paddleboarding, and sportfishing. It's a vibrant time to explore Baja Sur's natural beauty and culture. Fewer tourists mean better deals, more space to enjoy attractions like the art scene and shops, and a great time to view properties.

Southern Baja benefits from 3,280 hours of sunlight annually making perfect conditions for using solar energy. A few of the best, local providers—**Como El Sol, Lifestyle Energy Solar & Storage**, and **LRG Energy**—shared a wealth of information which makes this issue a great solar energy resource.

Bryan Jáuregui of **Todos Santos Eco-Adventures** tells the incredible tale of Don Cata, the wild bull and hog hunter from *rancho* El Refugio in the Sierra de La Laguna. She also shares information about **Casa Girasol**, the passion project of Comfort Care's Lu Pearson and general practitioner

Dr. Alan Anzures. Casa Girasol is a daycare center for older people, a place for social interaction and support that also provides a respite for families and caregivers and brings the *Todosanteña* and expatriate community together.

The art scene in Todos Santos is a vibrant and eclectic hub that has earned the *Pueblo Mágico's* reputation as an artist's community. This season, a group of galleries resumed the monthly evening art walk. We asked photographer Keenan Shoal to take some candid photos from the last event for this issue. We look forward to this tradition continuing next season!

Lic. Humberto Rojas explains important information for foreigners who own property in Mexico, and/or plan to regularly stay in Baja for a period longer than 180 days a year, about immigration and Mexican residency.

Congratulations to **Smile Up** on six years of smiles in Todos Santos! Smile Up serves adults and children's general dentistry, root canals, crowns, veneers, composites, dental implants, dentures, bridges, extractions, surgeries, teeth whitening, and more!

We'd like to welcome our newest client, **Lokahi Properties**. With 18 years of experience in Baja, Becki Meier's journey began on a transformative girls' surf trip that ignited her love for the region. Now a proud full-time resident, Becki, a certified real estate agent, expertly blends her passion for the area with her professional expertise, guiding clients through the unique charm of living between mountains and ocean.

Las Estrellas Property Management's team is composed of dedicated full-time residents of the Todos Santos community with outstanding references in property management and a wealth of experience in five-star hotels worldwide. Their reliable and skilled team is committed to managing and maintaining your home with care.

Thank you to the advertisers, contributors, and translators that have helped to make **Journal del Pacífico** your favorite destination magazine in Baja! We'll see you again with our Fall 2025 issue. The deadline is September 15.



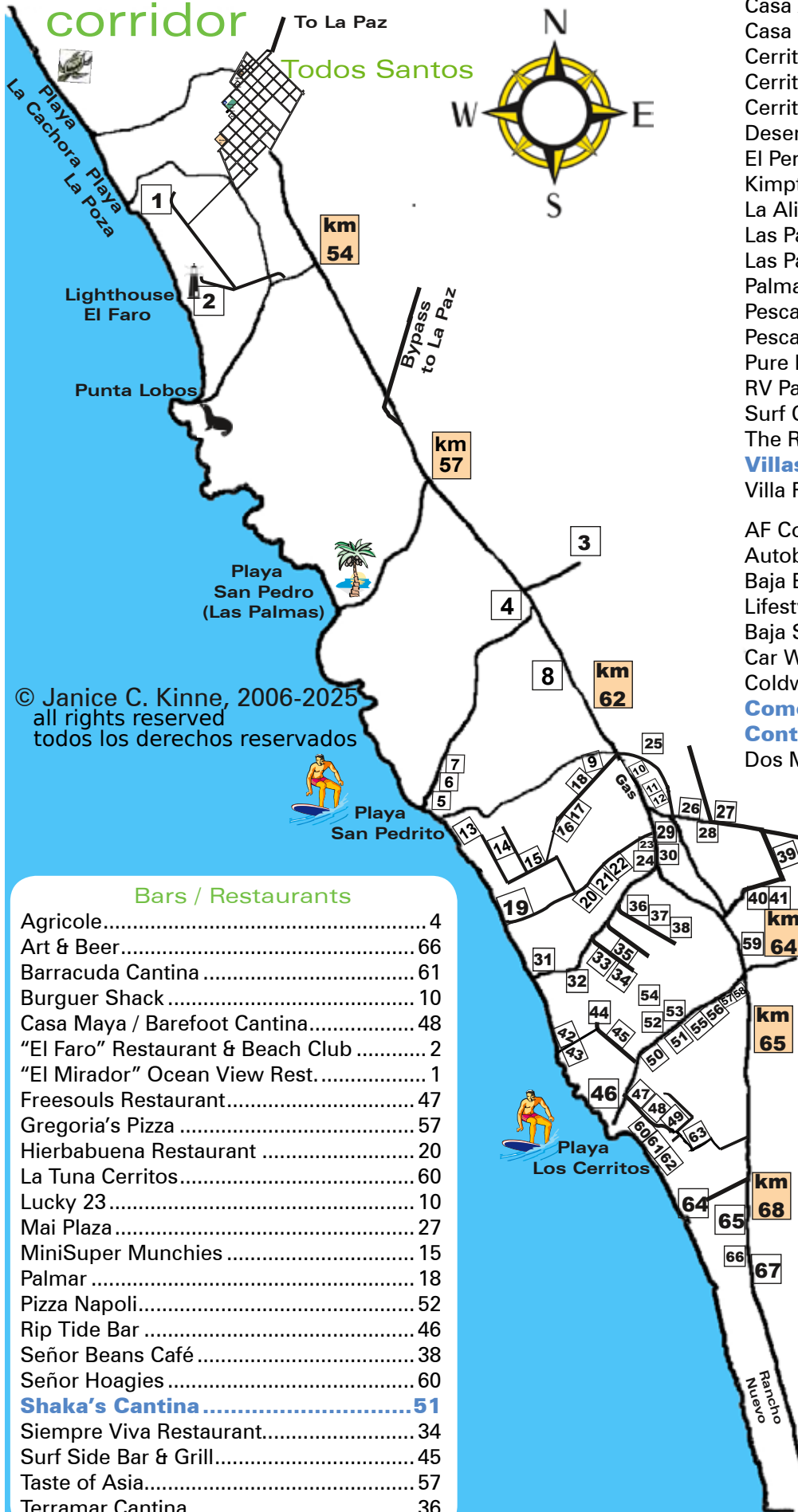
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todos santos—el pescadero corridor



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To Elías Calles, Migriño
↓ Cabo San Lucas

Beaches / Playas

by Janice Kinne

Todos Santos lies inland along the rugged Pacific coast. There are miles of beautiful white sand beaches accessible down unmarked dirt roads.

This stretch of the Pacific Ocean is a very dangerous place to swim at any time of the year. Strong rip currents and backwash are common. People have drowned in waters near Todos Santos simply because they were too close to the ocean while on beaches with steep drop-offs. There are no lifeguards on duty at any area beaches.

You can access the **LA POZA** and **LA CACHORA** beaches via the La Cachora road. Both are suitable for walking, fishing, whale watching, relaxing, or sunbathing. They are not swimming beaches.

Because of the big waves breaking on the shore, La Cachora beach has become popular with skim boarders.

La Poza has a large freshwater lagoon that is great for bird watching. If you are going to swim in the lagoon be very careful. The lagoon may appear to be shallow, but has many sudden drop-offs and is actually very deep.

PUNTA LOBOS, named for a sea lion colony, is also known as the fishermen's beach. Simply follow calle Francisco Bojorquez Vidal (formerly calle Punta Lobos) south out of town, or turn off at km 54 from Highway 19. You will pass an old cannery from the days when fishermen could harvest sea turtles legally. There is a small freshwater lagoon at Punta Lobos with a shrine to the Virgin.

The fishermen ride their *panga* boats on the waves onto the beach between 1 and 3 pm. Their return is exciting to watch and you can usually buy fresh fish from the cooperatives.

The two fishing cooperatives have exclusive rights to the "launch zone" at Playa Punta Lobos. For reasons of safety and due to past problems, boat launching at Punta Lobos is not permitted without their express permission.

The only recommended swimming beaches are outside of Pescadero. **SAN PEDRO**, also known as **PALM BEACH** (*Playa Las Palmas*), is near km 57. Its entrance is across Highway 19 from the Campo Experimental—stay to the left as you pass the abandoned hacienda. Las Palmas is a beautiful, secluded beach surrounded by a palm grove with a freshwater lagoon that is home to a variety of plants, birds, and wildlife.

Due to strong currents (especially near the rocky point), swimming is safer 50 meters from the rocks. Swim with caution and always have a land reference. The property surrounding Palm Beach is privately owned. The gates are open from 6 am to 9 pm daily. Car break-ins have been reported at Palm Beach. Leave your valuables at home!

PLAYA SAN PEDRITO is a rocky surfing beach around km 60, about 4.6 miles (7.4 km) from Todos Santos.

PLAYA LOS CERRITOS is located at km 64 about
BEACHES continued on page 40

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Beaches

continued from page 39

eight miles (12.8 km) south of Todos Santos. Look for the turnoff after the hill, south of Puente El Pescadero. Los Cerritos is a popular spot for surfing, boogie boarding, swimming, and fishing. Swim with caution due to strong riptides near the rocks. It is recommended to stay at least 50 meters from the rocks. The most secure swimming area is in front of the restaurant/bar. Swim with caution and always have a land reference. There is a long stretch of beach to the south that is perfect for walking or running. Surfboard rentals and other services are available.

LA KATRINA SURF + SUPPLY, #36 on the *Otro Lado* map is a core shop on the way to the beach. New and used boards, fins, trunks, ding repair, wax, skates, hardware, they've got it.

MARIO'S SURF SCHOOL provides surfing lessons, board rentals, repairs, and accessories. Call for information.

PESCADERO SURF SHOP, #37 on the Pescadero map. The surf shop stocks everything you need for surfing: surfboard rentals, used and new surfboards for sale, wax, ding repair, accessories, surf reports and information. You can also arrange surf lessons, surf and SUP tours, and activities at the store with Mario Surf School.

TODOS SANTOS ECO ADVENTURES, #169 on the Todos Santos map. Since 2002 Todos Santos Eco Adventures (TOSEA) has been providing visitors with opportunities to explore, celebrate, and help conserve the magnificently diverse ecosystems of Baja. TOSEA offers whale and bird-watching trips in the Pacific lagoons; treks and *ranchero* culture programs in the Sierra la Laguna mountains; Sea Turtle Camp and surfing surfaris on the Pacific coast, and kayaking, "glamping," whale shark, and sea lion adventures in the Sea of Cortez.

TODOS SANTOS SURF SHOP, #87 on the Todos Santos map, sells and rents surf boards, offers beach supplies and activities around Todos Santos. They carry international brands and many locally handmade wares, clothes, bikinis, accessories, natural sunscreen, and "Eclipse" boards shaped by Meisy of Todos Santos. They offer tours to swim with whale sharks and sea lions, surfing lessons, fishing trips, trips to Espiritu Santo Island, and whale watching in Magdalena Bay.

WEST SIDE SURF SCHOOL AND SURF SHOP, #53 on the Pescadero map. Provides surf lessons (includes use of the board for the day, umbrellas, and chairs); board rentals (car straps provided if necessary); boogie boards; and surfboard repairs. Buy / sell / trade used boards. They carry West Side T-shirts, hats, rash guards, surf wax, surf leashes, and board fins.

Art Talk

continued from page 11

places help a lot. *Southwest: The Magazine* for instance has a huge following and has raised the level of success of many artists who advertised in it and then were able to get an editor to do an article about them. In southern Baja the *Journal del Pacifico* is also a high-quality magazine that showcases regional artists.

Marketing artwork is a full-time job in and of itself. If you are lucky, you can get picked up by a world-renowned gallery and they will market you. The artist Melissa Chandon, who I showed for one year in my gallery, was picked up by the famous Caldwell Snyder Gallery (located in San Francisco, St. Helena, CA. and New York City). They became invested in advertising her work, getting her into museum collections, one person shows in all their galleries, and pretty much making her famous. A dream come true for the serious artist.

At any rate I hope this helps and gives an idea of the challenges and many different options to market your artwork.

El Cielo

continued from page 33

Spectacular). If you want to talk, call me on my cell phone at 612 348 5468 or text on Whatsapp or Messenger. (Not in the office much these days).

LINKS OF INTEREST

COMETS: <http://www.aerith.net/index.html>

METEOR SHOWERS: <http://www.imo.net/resources/calendar>

TROPIC OF CANCER: https://en.wikipedia.org/wiki/Axial_tilt#values or https://en.wikipedia.org/wiki/Circle_of_latitude

ZODIACAL LIGHT: https://en.wikipedia.org/wiki/Zodiacal_light

TIME: <http://www.worldtimeserver.com/>

SATELLITES: <http://www.heavens-above.com/>

USER: "elcielots" PASSWORD: "journal"

WEEKLY SKY REPORT: <https://griffithobservatory.org/explore/observing-the-sky/sky-report/>

SATURN: <http://saturn.jpl.nasa.gov/home/index.cfm>

ROSETTA: <http://sci.esa.int/rosetta/>

DAWN: <http://dawn.jpl.nasa.gov/>

PUNCH: <https://science.nasa.gov/blogs/punch/2025/05/12/nasas-punch-catches-first-rainbow-and-other-new-images/>

Solar Energy

continued from page 32



systems for both residential and commercial properties. Their services begin with a personalized site visit to assess each client's energy needs. From there, they collaborate with their clients to develop the most efficient and cost-effective installation plan. LRG Energy handle every step—from sourcing top-quality equipment to expert installation. After the system is in place, they provide hands-on guidance to ensure clients understand how to use and monitor their solar setup. They also offer ongoing maintenance and cleaning services to keep systems operating at peak performance.

LRG Energy specializes in installing off-grid, grid-tied, and battery backup solar systems across a wide range of residential and commercial settings—including homes, casitas, outdoor living areas, businesses, warehouses, condos, hotels, resorts, and residential and commercial developments. In addition to solar energy solutions, they offer high-efficiency mini-split air conditioning units, with select models designed to run directly on solar power during the day and from battery storage at night. They also install Kohler and Cummins generators that can be integrated into a home energy system with features like auto-start for when power is needed but there is no sun and batteries are low.

Having been in the solar industry for many years, LRG Energy is familiar with all the major brands. They currently install EG4 Electronics products because they have found them to be exceptionally reliable, user friendly and

SOLAR ENERGY continued on page 43



SOLAR POWER
 Reliable Energy for Your
HOME & BUSINESS



LET US GIVE YOU A FREE QUOTE!

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junio

6 al 8 de junio | 8^{AVA}. FIESTA DE ANIVERSARIO en Jazamango en Todos Santos. Eventos con música en vivo y chefs invitados.

12 de junio | de 5 a 10 pm, **MERCADO NOCTURNO** en Baljalla en Pescadero. Disfrute de música en vivo, vendedores, arte, presentaciones especiales, comida, bebida y comunidad.

13 al 15 de junio | CONCURSO DE SURF "ESCÁPATE AL CABO" en San José del Cabo. Para mayor información visita: <https://www.escapetothecape-cabo.com/>

15 de junio | ¡CELEBRAMOS 8 AÑOS! SUPER SESIONES DOMINICALES POR EL 8º ANIVERSARIO DE TODOS SANTOS BREWING en Todos Santos Brewing.

15 de junio | DÍA DEL PADRE.

20 de junio | SOLSTICIO DE VERANO.

julio

19 al 27 de junio | EL "FESTIVAL DEL MANGO" se lleva a cabo esta semana en la plaza y el barrio San Ignacio en el otro lado de Todos Santos.

septiembre

15 de septiembre | JOURNAL DEL PACIFICO FECHA LIMITE PARA LA EDICIÓN OTOÑO 2025.

15 de septiembre | EL GRITO DE DOLORES

16 de septiembre | DÍA DE INDEPENDENCIA DE MEXICO

octubre

10 al 13 de octubre | LAS FIESTAS PATRONALES DE TODOS SANTOS se lleva a cabo por lo general esta semana y hay eventos en la plaza.

31 de octubre | NOCHE DE BRUJAS (Halloween)

noviembre

1º y 2 de noviembre | DÍA DE MUERTOS TODOS SANTOS. Para más información visita su página de Facebook: <https://www.facebook.com/FiestaDiaDeMuertos>

15 y 16 de noviembre | 6 am, 7^{TA}. CARRERA ANUAL DON DIABLO TRAIL RUN. 18K | 37K | 50K (2 días) en Rancho Cacachilas, B.C.S. Registros abiertos al 10 de Noviembre, o hasta agotar

límite de participantes. <https://dondia-blotrailrun.com/>

20 de noviembre | DÍA DE LA REVOLUCIÓN MEXICANA

27 de noviembre | DÍA DE GRACIAS (EUA)

diciembre

5 al 7 de diciembre | GASTRO-VINO FOOD & WINE FESTIVAL, para mayor información visite www.gastrovino.mx

Cada Semana

domingo

8 am a 2 pm, **MERCADO LOCAL** en **La Esquina Café** en el otro lado. Hasta el fin de agosto.

2 a 8 pm, **PASES POR DÍA PARA PISCINA** en el **Hotel Gallo Azul** en Todos Santos. Adultos 400 MXN Incluye 300 pesos de descuento en alimentos y bebidas. Niños hasta 10 años 250 MXN incluye 150 de descuento en alimentos y bebidas. Reservas/disponibilidad llamar al 612 158 8457.

6 pm, **SESIÓN DE DOMINGOS** en Todos Santos Brewing.

lunes

10 am a 1 pm, **BIBLIOTECA PALAPA ABIERTO**, Todos Santos. Palapalibrary@gmail.com

12 pm, **CLUB DE CONVERSACIÓN ESPAÑOL** en **Hablando Mexicano** en Todos Santos.

HAMBURGUESA ESPECIAL de 1/4 lb con papas fritas y cerveza o refresco en **Shut Up Frank's** en Todos Santos.

2 a 8 pm, **PASES POR DÍA PARA PISCINA** en el **Hotel Gallo Azul** en Todos Santos. Adultos 400 MXN Incluye 300 pesos de descuento en alimentos y bebidas. Niños hasta 10 años 250 MXN incluye 150 de descuento en alimentos y bebidas. Reservas/disponibilidad llamar al 612 158 8457.

4 a 6 pm, **BIBLIOTECA INFANTIL PALAPA ABIERTO**, Todos Santos. Palapalibrary@gmail.com

martes

8:30 am a 2 pm, **EL MERCADO ORGÁNICO DE LA PAZ** en calle Rosales entre Obregón y Madero, La Paz.

2 a 8 pm, **PASES POR DÍA PARA PISCINA** en el **Hotel Gallo Azul** en Todos Santos. Adultos 400 MXN Incluye 300 pesos de descuento en alimentos y bebidas. Niños hasta 10 años 250 MXN incluye 150 de descuento en alimentos y bebidas. Reservas/disponibilidad llamar al 612 158 8457.

NOCHE DE FIESTA MEXICANA en **Shut Up Frank's** en Todos Santos.

4 a 7 pm, **BIBLIOTECA ALDULTO Y INFANTIL PALAPA ABIERTO**, Todos Santos. Palapalibrary@gmail.com

4 pm, **MARTES DE TACOS** en Chill n Grill, Todos Santos.

5 a 9 pm, **MARTES DE TACOS** en **La Esquina Café**. Elige entre tacos de carne, chorizo o vegetariano con música en vivo 6 a 9 pm.

MARTES DE TACOS en 5 Tacos & Beer en el otro lado. Música en vivo y 100 pesos margaritas.

miércoles

10 am a 1 pm, **BIBLIOTECA PALAPA ABIERTO**, Todos Santos. Palapalibrary@gmail.com

12 a 2 pm, **GRUPO DE ESCRITURA EN INGLÉS** en Allende Books, La Paz. Evento gratuito. Hasta el fin de julio.

2 pm, **CLUB DE CONVERSACIÓN ESPAÑOL** en **Hablando Mexicano** en Todos Santos.

CADA SEMANA continúa en página 46

Solar Energy

continued from page 41

provide excellent warranties. Additionally, depending on the system, they also work with other major like Sol-Ark, Enphase Energy, SMA and Pytes to name a few. For solar panels themselves they work with a variety of top of the line companies including Axitec, Canadian Solar, and JinkoSolar.

Depending on the type of installation, permits may or may not be required. Logan is a Certified Journeyman Electrician as well as a graduate from Solar Energy International with extensive experience in electrical design and installation. His deep expertise and trained team are especially valuable in Baja— with professional knowledge and safe, high-quality workmanship essential.

Monitoring often becomes a client's favorite part of going solar. Having a detailed understanding of where our power comes from and where it goes is more empowering than people expect. Most systems have an app that allows homeowners, business owners, and other users to easily track both the current status and the overall performance of their system. However, not all monitoring apps are created equal, which is one of the reasons LRG Energy prefers to work with major, reputable brands—they typically offer the most user-friendly interfaces, responsive customer support, and regular app updates to ensure a smooth and reliable experience.

Several factors can impact the output and efficiency of a solar system, including panel shading, weather conditions, panel degradation, battery maintenance, installation quality, and system sizing. Shading is a common issue and can result from nearby physical structures, dust and dirt buildup, and cloudy weather. Overcast days naturally reduce the amount of sunlight reaching the panels, which in turn lowers energy production. While solar systems still generate some electricity on cloudy days, output can be significantly reduced depending on cloud density and duration.

Panels also degrade gradually over time—high-quality models account for this in the warranty and typically include a performance chart showing the expected efficiency loss year by year.

Battery maintenance plays a significant role in overall system performance, particularly with lead-acid batteries. These batteries require regular monthly upkeep, such as monitoring and replenishing their internal electrolytes. Failure to maintain them properly can lead to reduced storage capacity and a decline in system output. Newer battery technologies, like lithium batteries, require far less maintenance, are more flexible in their discharge/recharge parameters and degrade at a slower rate making them much more user friendly.

SOLAR ENERGY continued on page 47

Solar Energy



- Full solar system installation
- Backup energy solutions
- Solar Equipment for DIY
- Solar Pool heating & pool pumps
- Solar lights and more!

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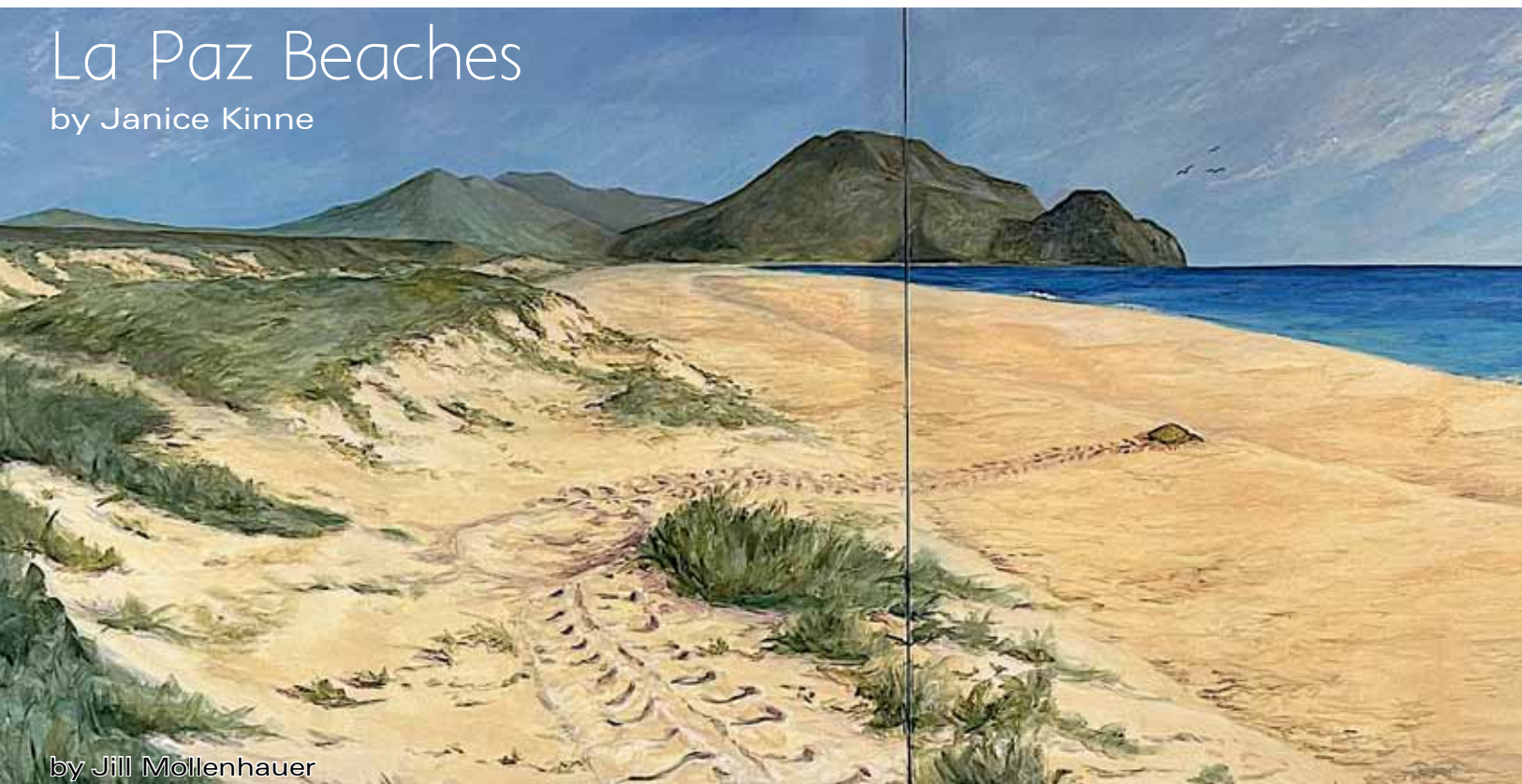
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La Paz Beaches

by Janice Kinne



by Jill Mollenhauer

The *malecón* along the bay of La Paz is the perfect place to walk, run, people watch, or enjoy gazing across the water. Crews clean the beaches and walkways daily, fresh sand has been imported and there are *palapas* to offer shade. Locals and tourists visit the beaches north of downtown to swim, snorkel, or kayak. There are several adventure companies along the *malecón* and at the marinas offering *panga* rides, bay and island cruises, snorkeling, scuba diving, fishing, sailing, and kayak rentals.

EL MOGOTÉ is the spit of land that separates the harbor of La Paz from the *Bahía de La Paz*. This natural treasure used to be, for the most part, accessible only with 4WD. Now driving onto the peninsula is restricted due to the construction of golf courses, homes, and hotels.

PLAYA EL COROMUEL 4.5 km from downtown La Paz, is the first beach north of town and an easy walk from downtown. It is within the harbor boundaries, has shaded *palapas*, and food / beverage services. The water here gets much better flow with the tide change and is suitable for swimming. The bottom is clean sand and rock. Snorkeling is good further out.

PLAYA EL TESORO 13 km from downtown La Paz, is a great little beach for children. The shallow, clear waters allow you to walk out for close to 100 meters. Tesoro has about 25 shaded *palapas*, two small restaurants, and kayak rentals.

PICHILINGUE 19 km from downtown La Paz. Pichilingue is home to the La Paz ferry terminus and a large commercial harbor. There are pleasant, small beaches just north of the deep water port, on the *Vieja Bahía de Pichilingue*. Beachfront food, beverage service, and kayak rentals are available and there is a restaurant with an upstairs view. The *palapa* bar is popular in the hot summer afternoons.

PLAYA BALANDRA 23 km from downtown La Paz, is known for its famous balancing rock formation landmark that resembles a prehistoric mushroom. You can view the rock formation and *playa El Hongo* by walking in the water around the cliff to your right. The large beach and surrounding area are beautiful. The waters surrounding Balandra are shallow and safe for children. Sheltered from wave action from nearly every direction, the water warms early and is very safe for swimmers and kayaking. There are also several little beaches (coves) and mangroves to explore. The beach has no services, so pack your own lunches and drinks for the day. There are vendors renting chairs, selling fruit and drinks, beach *palapas* for shade, and BBQ pits to the south.

PLAYA EL TECOLOTE 26 km from downtown La Paz, is by far the largest and most visited beach in La Paz. Two restaurant/bars offer shade *palapas* and a large number of beach vendors offer refreshments. RV camping is available, along with a wide variety of water sports rentals. Usually there are no lifeguards on duty, but they may be present during *la semana santa* and in the summer. The beach has a beautiful view of Isla Espíritu Santo and *panga* rides to the island are available—a 6.5 km crossing through the San Lorenzo channel. Bus service from the station on the *malecón* to playa El Tecolote is available for a nominal charge.

Sting rays are the biggest hazard at the playas and tend to be present on the bottom in shallow waters during the summer. When walking in the water, shuffle your feet on the bottom to avoid stepping directly on a resting ray.

There are no restrictions for beach fishing at any beaches. Please respect our beaches and help protect the sea turtles; don't leave trash or drive on the dunes or beaches.

Weekly Events

continued from page 21

4 – 6 pm, **PALAPA CHILDREN'S LIBRARY OPEN**, Todos Santos. Palapalibrary@gmail.com

thursday

9 am – 2 pm, **PUNTO VERDE RECYCLING** behind Super Pollo, off calle Del Huerto at the southern entrance of Todos Santos. Bring your paper, #1 & #2 plastics, batteries, cardboard, cans, metal, Styrofoam, and electronics. 50 peso minimum donation; electronics are 80 pesos. Please separate and clean materials. For information: ecorrevolucionmx@gmail.com, (612) 139-4789

11 am – 3 pm, **CASA GIRASOL ADULT SOCIAL CENTER** open at the Centro Cultural Profe. Néstor Agundez in Todos Santos. Offering informative workshops and a wide range of services to adults, seniors and caregivers. Donation. casagirasoltd@gmail.com, WhatsApp: 612-127-2410, www.comfortcare.mx

2 – 8 pm, **DAY POOL PASSES** at **Hotel Gallo Azul** in Todos Santos. Adults 400 MXN includes 300 pesos off food and drinks. Children up to 10 years old 250 MXN includes 150 off food and drinks. Reservations / availability call 612 158 8457.

BAKED ROSEMARY CHICKEN TACOS with black bean and mango salsa at **Shut Up Frank's** en Todos Santos.

5 pm, **COOKING CLASS** at **Hablando Mexicano** in Todos Santos. RSVP required. Visit <https://www.hablandomexicano.com/> for menu and prices.

4 – 7 pm, **PALAPA ADULT & CHILDREN'S LIBRARY OPEN**, Todos Santos. Palapalibrary@gmail.com

4 pm, **PIZZA NIGHT** at Chill n Grill in Todos Santos.

5 – 9 pm, **ARTWALK** in the San José del Cabo Gallery District. Takes place November through June.

friday

9 am – 2 pm, **PUNTO VERDE RECYCLING** behind Super Pollo, off calle Del Huerto at the southern entrance of Todos Santos. Bring your paper, #1 & #2 plastics, batteries, cardboard, cans, metal, Styrofoam, and electronics. 50 peso minimum donation; electronics are 80 pesos. Please separate and clean materials. For information: ecorrevolucionmx@gmail.com, (612) 139-4789

10 am – 1 pm, **PALAPA LIBRARY OPEN**, Todos Santos. Palapalibrary@gmail.com

2 – 8 pm, **DAY POOL PASSES** at **Hotel Gallo Azul** in Todos Santos. Adults 400 MXN includes 300 pesos off food and drinks. Children up to 10 years old 250 MXN includes 150 off food and drinks. Reservations / availability call 612 158 8457.

'FRIDAYS AT THE FARM' at restaurant Caracara at Villa Santa Cruz on the *otro lado*. Live music from 6:30 to 8:30 pm at the Farm Bar. Open to the public.

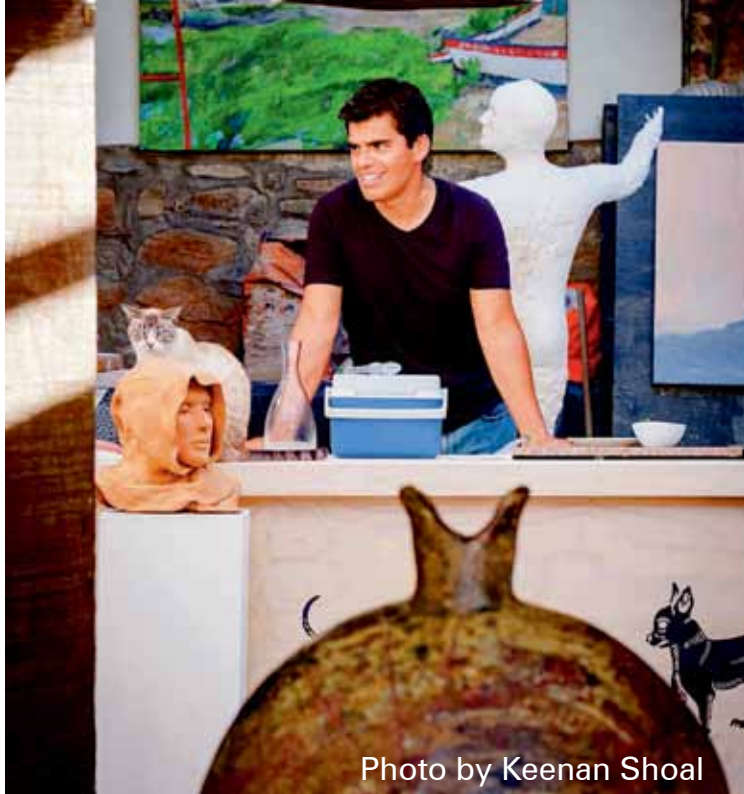


Photo by Keenan Shoal

FRIED CHICKEN NIGHT at **Shut Up Frank's** in Todos Santos.

6 pm, **TRIVIA NIGHT** at Todos Santos Brewing.

saturday

7 am – 2 pm, **RECYCLING** across from 5 Tacos & Beer in Las Tunas. Bring your paper, #1 & #2 plastics, batteries, cardboard, cans, metal, Styrofoam, and electronics. 50 peso minimum donation; electronics are 80 pesos. Please separate and clean materials.

8:30 am – 2 pm, **LA PAZ FARMER'S MARKET** on calle Rosales between Obregón & Madero, La Paz.

9 am – 1 pm, **MALECÓN TIANGUIS NATURAL (MARKET)** at the Callejon Cabezud in La Paz—the area between Esquerro street and the *malecón* at the location of the Wyland mural and the seashell musician statue.

9 am – 3 pm, **SAN JOSÉ DEL CABO ORGANIC MARKET** (Mercado Orgánico) just outside the San José historic district in Huerta Maria on the Camino a Las Animas. Look for the signs at the big arroyo off Avenida Centenario. Takes place November through the end of June.

10 am – 1 pm, **PALAPA CHILDREN'S LIBRARY OPEN**, Todos Santos. Palapalibrary@gmail.com

10:30 am – 2 pm, **EL MERCADO RANCHERO MARKET** with art, furniture, and fresh products from area ranches, including cheese, chicken, and meat, on the *otro lado*.

10 am – 1 pm, **PALAPA CHILDREN'S LIBRARY OPEN**, Todos Santos. Palapalibrary@gmail.com

2 – 8 pm, **DAY POOL PASSES** at **Hotel Gallo Azul** in Todos Santos. Adults 400 MXN includes 300 pesos off food and drinks. Children up to 10 years old 250 MXN includes 150 off food and drinks. Reservations / availability call 612 158 8457.

6 pm, **SONGWRITER SATURDAYS** at Todos Santos Brewing.

LIVE MUSIC at **Shaka's** at Cerritos.

Cada Semana

continuó de página 42

2 a 8 pm, **PASES POR DÍA PARA PISCINA** en el **Hotel Gallo Azul** en Todos Santos. Adultos 400 MXN Incluye 300 pesos de descuento en alimentos y bebidas. Niños hasta 10 años 250 MXN incluye 150 de descuento en alimentos y bebidas. Reservas/disponibilidad llamar al 612 158 8457.

4 a 6 pm, **BIBLIOTECA INFANTIL PALAPA ABIERTO**, Todos Santos. Palapalibrary@gmail.com

jueves

9 am a 2 pm, **CENTRO DE RECICLADO PUNTO VERDE**, atrás de Super Pollo entrando por Calle del Huerto, extremo sur de Todos Santos. Traiga su papel, cartón, plásticos de No. 1 y 2, baterías, latas, metal, unicel, y electrónicos. Donativo mínimo 50 pesos, electrónicos 80 pesos. Favor de separar y limpiar materiales. Mayores informes: ecorrevolucionmx@gmail.com, (612) 139-4789.

11 am a 3 pm, **CASA GIRASOL CENTRO SOCIAL PARA ADULTOS** abierta Centro Cultural Prof. Néstor Agúndez en Todos Santos. Ofrecemos talleres informativos y una amplia gama de servicios para adultos, personas mayores y cuidadores. Donaciones. Casagirasoltd@gmail.com, WhatsApp: 612-127-2410, www.comfortcare.mx

TACOS DE PECHUGA DE POLLO AL HORNO con romero cubiertos con ensalada de frijoles negros y mango en **Shut Up Frank's** en Todos Santos.

2 a 8 pm, **PASES POR DÍA PARA PISCINA** en el **Hotel Gallo Azul** en Todos Santos. Adultos 400 MXN Incluye 300 pesos de descuento en alimentos y bebidas. Niños hasta 10 años 250 MXN incluye 150 de descuento en alimentos y bebidas. Reservas/disponibilidad llamar al 612 158 8457.

4 a 7 pm, **BIBLIOTECA ALDULTO Y INFANTIL PALAPA ABIERTO**, Todos Santos. Palapalibrary@gmail.com

4 pm, **NOCHE DE PIZZA** en Chill n Grill, Todos Santos.

5 pm, **CLASE DE COCINA** en **Hablando Mexicano** in Todos Santos. Se necesita RSVP. Ver <https://www.hablandomexicano.com/> para el menú y precios.

5 a 9 pm, **CAMINATA DEL ARTE** en San José del Cabo, en el distrito de las galerías. Todas las galerías que participan estarán abiertas hasta las 9 pm y muchas tienen recepciones y eventos especiales. Noviembre hasta Julio.

viernes

9 am a 2 pm, **CENTRO DE RECICLADO PUNTO VERDE**,

atrás de Super Pollo entrando por Calle del Huerto, extremo sur de Todos Santos. Traiga su papel, cartón, plásticos de No. 1 y 2, baterías, latas, metal, unicel, y electrónicos. Donativo mínimo 50 pesos, electrónicos 80 pesos. Favor de separar y limpiar materiales. Mayores informes: ecorrevolucionmx@gmail.com, (612) 139-4789.

10 am a 1 pm, **BIBLIOTECA PALAPA ABIERTO**, Todos Santos. Palapalibrary@gmail.com

2 a 8 pm, **PASES POR DÍA PARA PISCINA** en el **Hotel Gallo Azul** en Todos Santos. Adultos 400 MXN Incluye 300 pesos de descuento en alimentos y bebidas. Niños hasta 10 años 250 MXN incluye 150 de descuento en alimentos y bebidas. Reservas/disponibilidad llamar al 612 158 8457.

VIERNES EN EL HUERTO en el restaurante Caracara, Villa Santa Cruz, al otro lado de Todos Santos. Música en vivo de 6:30 a 8:30 pm en el Farm Bar. Abierto al público.

NOCHE DE POLLO FRITO en **Shut Up Frank's** en Todos Santos.

6 pm, **NOCHE DE TRIVIA** en el Todos Santos Brewing.

sábado

7 am a 2 pm, **CENTRO DE RECICLADO**, enfrente 5 Tacos y Beer en Las Tunas. Traiga su papel, cartón, plásticos de No. 1 y 2, baterías, latas, metal, unicel, y electrónicos. Donativo mínimo 50 pesos, electrónicos 80 pesos. Favor de separar y limpiar materiales.

8:30 am a 2 pm, **EL MERCADO ORGÁNICO DE LA PAZ** en calle Rosales entre Obregón y Madero, La Paz.

9 am a 3 pm, **EL MERCADO ORGÁNICO** en San José del Cabo está ligeramente afuera del distrito de arte histórico en la Huerta María en el Camino a las Ánimas. Noviembre hasta el fin de Junio.

9 am a 1 pm, **TIANGUIS NATURAL MALECÓN** (Mercado) en el Callejon Cabezud es en La Paz—el área entre calle Esquerro y el Malecón ubicado en el mural Wyland y la escultura del músico tocando el caracol.

10 am a 1 pm, **BIBLIOTECA INFANTIL PALAPA ABIERTO**, Todos Santos. Palapalibrary@gmail.com

10:30 am a 2 pm, **MERCADO RANCHERO** en el otro lado de Todos Santos, con arte, muebles y productos frescos de los ranchos de la zona, que incluyen queso, pollo y carne.

2 a 8 pm, **PASES POR DÍA PARA PISCINA** en el **Hotel Gallo Azul** en Todos Santos. Adultos 400 MXN Incluye 300 pesos de descuento en alimentos y bebidas. Niños hasta 10 años 250 MXN incluye 150 de descuento en alimentos y bebidas. Reservas/disponibilidad llamar al 612 158 8457.

6 pm, **SÁBADO DE CANTAUTORES** en el Todos Santos Brewing.

MÚSICA EN VIVO en **Shaka's** en Cerritos.



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Solar Energy

continued from page 43

Installation design and quality is another critical factor. For example, using the correct wire sizes and properly installed connectors is essential to ensure energy moves through the system efficiently. Poor installation can result in energy loss or even equipment damage.

Finally, proper system sizing is key. If a system is undersized for a user's energy needs, it may frequently operate at or beyond capacity, potentially reducing output and causing regular system shutdowns. Ensuring that each system is customized and carefully designed for the client's specific usage is essential for optimal performance and long-term reliability.

Inverters, solar panels, and batteries can be upgraded or replaced over time to meet increasing power demands. However, it's typically more cost-effective and energy-efficient to size the inverter—the component that converts energy from the panels and batteries into usable household power—based on both current and anticipated future needs. For instance, if a homeowner plans to eventually install air conditioning in every room, it's wise to size the system's inverter to handle that additional load from the outset.

That said, future power needs aren't always predictable. Fortunately, additional energy needs can often be accommodated by installing additional solar panels, batteries and/or a larger inverter, or, in some cases, adding a second inverter.

LRG Energy offers a one-year warranty on their workmanship. In addition, any reputable manufacturer provides warranties on their products. The solar panels they use come with warranties ranging from 25 to 30 years and EG4 offers a 5-year or 10-year warranty (depending on the model) on their inverters and a 10-year warranty on their batteries. In addition, when selling your home, the house's solar system transfers over to the new owner just like all the other systems in the house.

At LRG Energy, they take great pride in client satisfaction. **SOLAR ENERGY** continued on page 49

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sunday / domingo

11 am, **ECSTATIC DANCE TEMPLE @ Cuatro Vientos**, Todos Santos.

9:30 am, **KUNDALINI YOGA & BREATHWORK W/C ATMA ADI KAUR @ Aureo Wellness**, Pescadero.

monday / lunes

6, 7, 8 & 9 am, 5 pm, **CROSSFIT @ Cross2Box**, Todos Santos.

7 am, **TS OPEN WATERS SWIMMING @ Punta Lobos**, Todos Santos. Facebook/Instagram: @Todos Santos Waters

7:30 am, **POUND W/C SUE @ Cuatro Vientos**, Todos Santos.

7:30 am, **YOGA W/C MAYRA @ Baja Serena**, Pescadero.

8:45 am, **YOGA FOR SENIORS W/C MAYRA @ Baja Serena**, Pescadero.

9 am, **YOGA W/C MARIMAR @ Cuatro Vientos**, Todos Santos.

9:30 am, **PILATES W/C JOSH @ Aureo Wellness**, Pescadero.

10 am, **PILATES W/ MAYRA @ Baja Serena**, Pescadero.

10:30 am, **YOGA FOR HEALTHY AGING W/C LISA @ Cuatro Vientos**, Todos Santos.

6:30 pm, **CHAKRA MEDITATION W/C MARIE @ Cuatro Vientos**, Todos Santos.

tuesday / martes

6, 7, 8 & 9 am, 5 pm, **CROSSFIT @ Cross2Box**, Todos Santos.

7:30 am, **HIIT WORKOUT W/C CLARA @ Cuatro Vientos**, Todos Santos.

7:30 am, **YOGA W/C MAYRA @ Baja Serena**, Pescadero.

8:45 am, **YOGA FOR SENIORS W/C MAYRA @ Baja Serena**, Pescadero.

9 am, **ZUMBA W/C JAN @ Cuatro Vientos**, Todos Santos.

9:30 am, **PILATES MAT W/C EVA @ Aureo Wellness**, Pescadero.

6 pm, **DANCE FITNESS W/C NATHALIE @ Cuatro Vientos**, en Español Todos Santos.

6 pm, **AERIAL YIN YOGA W/C PAOLA @ Aureo Wellness**, Pescadero.

wednesday / miércoles

6, 7, 8 & 9 am, 5 pm, **CROSSFIT @ Cross2Box**, Todos Santos.

7 am, **TS OPEN WATERS SWIMMING @Punta Lobos**, Todos Santos. Facebook/Instagram: @Todos Santos Waters

7:30 am, **YOGA W/C MAYRA @ Baja Serena**, Pescadero.

7:30 am, **PILATES MAT W/C JOSH @ Aureo Wellness**, Pescadero.

8:45 am, **YOGA FOR SENIORS W/C MAYRA @ Baja Serena**, Pescadero.

9 am, **YOGA W/C MARIMAR @ Cuatro Vientos**, Todos Santos.

9:30 am, **AERIAL YOGA W/C PAOLA @ Aureo Wellness**, Pescadero.

10 am, **PILATES W/ MAYRA @ Baja Serena**, Pescadero.

10:30 am, **YOGA FOR HEALTHY AGING W/C LISA @ Cuatro Vientos**, Todos Santos.

12:30 pm, **SCUPLT & STRENGTHEN W/C ALLISON @ Cuatro Vientos**, Todos Santos.

3:30 – 4:30 pm, **KID'S GYMNASTICS / GIMNASIA INFANTIL**, 6 – 11 years @ Cross2Box.

3:30 pm, **AERIAL FOR KIDS AGE 7-9 W/C PAOLA @ Aureo Wellness**, Pescadero.

4 pm, **THERAPEUTIC YOGA W/C SAM @ Cuatro Vientos**, Todos Santos.

4:45 pm, **AERIAL FOR KIDS AGE 4-6 W/C PAOLA @ Aureo Wellness**, Pescadero.

thursday / jueves

6, 7, 8 & 9 am, 5 pm, **CROSSFIT @ Cross2Box**, Todos Santos.

7:30 am, **HIIT WORKOUT W/C CLARA @ Cuatro Vientos**, Todos Santos.

7:30 am, **YOGA W/C MAYRA @ Baja Serena**, Pescadero.

8:45 am, **YOGA FOR SENIORS W/C MAYRA @ Baja Serena**, Pescadero.

9 am, **ZUMBA W/C JAN @ Cuatro Vientos**, Todos Santos.

9:30 am, **PILATES MAT W/C EVA @ Aureo Wellness**, Pescadero.

6 pm, **DANCE FITNESS W/C NATHALIE @ Cuatro Vientos**, en Español, Todos Santos.

friday / viernes

6, 7, 8 & 9 am, & 5 pm, **CROSSFIT @ Cross2Box**, Todos Santos.

7 am, **TS OPEN WATERS SWIMMING @Punta Lobos**, Todos Santos. Facebook/Instagram: @Todos Santos Waters

7:30 am, **YOGA W/C MAYRA @ Baja Serena**, Pescadero.

7:30 am, **PILATES MAT W/C JOSH @ Aureo Wellness**, Pescadero.

8:45 am, **YOGA FOR SENIORS W/C MAYRA @ Baja Serena**, Pescadero.

9 am, **YOGA W/C MARIMAR @ Cuatro Vientos**, Todos Santos.

9:30 am, **AERIAL YOGA W/C PAOLA @ Aureo Wellness**, Pescadero.

saturday / sábado

7:30 am, **HIIT WORKOUT W/C CLARA @ Cuatro Vientos**, Todos Santos.

9 am, **HATHA VINYASA YOGA W/C NICA @ Cuatro Vientos**, Todos Santos.

3 pm, **CHESS CLUB @ Uvas y Hojas**, Pescadero.

TAI CHI & QI GONG W/C RHODA Thursday 12 pm, @ Centro Cultural, Todos Santos. Private instruction also available +52 612 157 6088, barakabaja@gmail.com

AA MEETINGS

CABO SAN LUCAS—AA Hacienda Group Cabo, upstairs above Ace Hardware behind McDonalds. Monday – Friday, 4:30 & 6 pm. For information: Tom (624) 122-2720.

PESCADERO HIGHTIDE—Wednesday 9 am @ Señor Beans, Pescadero. For information: Don (612) 157-1256.

PESCADERO NA—No Todos Somos Santos de Narcóticos Anónimos meets Monday – Friday, 7 – 8:30 pm. For more information: WhatsApp 6241092213

SAN JOSÉ DEL CABO—Next to the Calvary Chapel corner of Degollado and Coronado. 6 pm nightly.

TODOS SANTOS—Monday, Wednesday & Saturday 11 am, Tuesday 4:30 pm, & Friday 5 pm. On the rooftop at Ricardo Amigo Real Estate on calle Centenario in Todos Santos. For info: Eric (612)156-9980.

TODOS SANTOS—WOMEN'S AA Thursday 9 am at Casa Janna, & Friday 9 am via Zoom. Call Janna for information: (612) 127-0215.

LA PAZ—For information call: Rick M. (612)131-7459.

Solar Energy

continued from page 47

Here's what some of them have to say about their experience:

*'LRG Energy installed the solar electric system on our new house in Los Cerritos. We are off-grid and depend solely on this system. We are so pleased with its performance—it has provided consistent power for our house without any issues. **The bonus is the service Logan has provided. He is always prompt and available for any questions we have.** We highly recommend LRG Energy!'* – Monti and John

*'We are beyond happy with our solar system from LRG. When we built our home in Cerritos, we decided to go fully solar after experiencing numerous power outages in nearby Airbnbs and receiving an exorbitant estimate from CFE to connect to the grid. Now, while others are stressing about losing power, we live uninterrupted and worry-free! **Logan and his team have been incredibly responsive whenever we have questions or need adjustments. (As solar newbies, we've had LOTS of questions.)** Their prices were reasonable compared to other bids we received, and the system has been flawless. We also used them for our energy-efficient (and great quality) air conditioners. I highly recommend Logan and LRG to all my friends who are building. Thanks for everything, LRG!!'* – Rachel Kolen

These testimonials highlight not only the reliable performance of their systems but also the ongoing support we provide to ensure our clients are completely satisfied with their solar solutions.

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caught over 1,000 pigs.

Pig hunting is intimate business and Don Cata has far more scars from pigs than bulls. It is therefore perhaps not surprising to learn that while Don Cata is famous for his hunting skills, he is legendary for his healing skills, and people come from all across the state to seek his help.

Don Cata is the patriarch of the Rosas family and preserving the *ranchero* way of life is a key family goal at their beautiful *Rancho Ecológico el Refugio* in the Sierra mountains. Don Cata himself embodies the *ranchero* ideal, with both the strength and skill to confront wild forces and the wisdom and talent to restore health and balance in his community. He manifests a profound connection with nature. He is a hunter-healer.

Bryan Jáuregui is Chairman of the Board of Alianza Cero Basura, a registered Mexican nonprofit organization that is working to transform Todos Santos and Pescadero into the first zero waste tourism destination in Mexico. If you would like to learn more about Alianza Cero Basura and/or support the scholar garden program, please visit Alianza Cero Basura's website at <https://cerobasurabcs.org>.

Todos Santos Eco Adventures (TOSEA) is the leading eco adventure company in Baja California Sur. TOSEA invites

you to join them in the following initiatives to help preserve the glorious beauty of Baja:

Alianza Cero Basura (ACB). TOSEA is a proud supporter of ACB, a Mexican nonprofit that is working to transform our community into the first zero waste tourism destination in Mexico. To find out how you can actively participate in this effort please visit the ACB website at <https://cerobasurabcs.org>

Carbon Capture with Tomorrow's Air. TOSEA is a carbon capture education partner with Tomorrow's Air, and to date has supported the removal of 3 tons of carbon dioxide from the air. To learn more about this incredible project visit <https://www.tomorrowsair.com>



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