

The ULTIMATE GUIDE to
Baja Sur Arts,
Culture & Adventure

Baja Style

Brown Pelicans

El Pelícano Pardo

*Growth and Change at
The Palapa Society*

*Crecimiento y Cambio en
La Sociedad de la Palapa*

*Food Security in
Baja California Sur*

*Seguridad Alimentaria
en Baja California Sur*

"Autumn" by / por Jill Logan

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Food Security and Transformation of Food Systems in Baja California Sur

Seguridad Alimentaria y Transformación de los Sistemas Alimentarios en Baja California Sur

by / por Bryan Jáuregui / traducido por Paula Angeloni
photos by / fotos por ASA y Raiz de Fondo

Dorado (mahi mahi) straight from Punta Lobos, strawberries with crème fraîche right out of Pescadero fields, nasturtium-adorned salads fresh from a local farm, zillions of mangos, right from your own tree. This is the type of food security enjoyed by many residents of Baja California Sur (BCS). All fresh, all delicious, all healthy—and always obtainable in season.

Baja California Sur is the fastest growing state in Mexico, with vast sums of tourism-driven dollars flooding the state. This growth, rapid and seldom interrupted over the last few decades, has acted as a beacon to people across Mexico, drawing thousands of immigrants seeking economic opportunity. The Ministry of Economy reported a population increase in BCS of over 25% between 2010 and 2015, a rate which does not appear to have slackened. Yet BCS does not have the infrastructure or resources to adequately feed and house all the new arrivals, a fact that has given rise to a slew of informal settlements across the lower part of the state, many without even the most basic of public services. Not coincidentally, the government agency CONEVEL states that in 2020 roughly 29% of the population in BCS was living in extreme poverty, with almost 35% of the population suffering from social deprivation, including deprivation of food access. In this land of plenty, accessing fresh, nutritious food is an extreme challenge for many.

"The International Community Foundation (ICF) founded the Alianza Para la Seguridad Alimentaria (ASA, or BCS Food Security Alliance) in 2014 as an alliance of nonprofits, business owners, government agencies and individuals

Dorado fresco directamente desde Punta Lobos, fresas con crema directamente de los campos de Pescadero, ensaladas adornadas con flores frescas de una granja local, miles de millones de mangos directamente de los árboles de los jardines, es el tipo de seguridad alimentaria que disfrutan muchos residentes de Baja California Sur. Todo fresco, todo delicioso, todo saludable, y siempre disponible en temporada.

Baja California Sur es el estado de mayor crecimiento en México, con grandes sumas de dinero impulsados por el turismo que inunda el estado. Este crecimiento, rápido y rara vez interrumpido en las últimas décadas, ha actuado como un imán para las personas en todo México, atrayendo a miles de inmigrantes en busca de oportunidades económicas. La Secretaría de Economía informó un aumento de la población en BCS de más del 25% entre 2010 y 2015, tasa que no parece haber bajado. Sin embargo, BCS no cuenta con la infraestructura ni los recursos para alimentar y albergar adecuadamente a todos los recién llegados, hecho que ha dado lugar a una gran cantidad de asentamientos informales, muchos de los cuales carecen de los servicios públicos más básicos. No por casualidad, la agencia gubernamental CONEVEL afirma que en 2020 aproximadamente el 29% de la población de BCS vivía en la pobreza extrema, con casi el 35% de la población sufriendo carencias sociales, incluida la privación del acceso a los alimentos. En esta tierra de abundancia, acceder a alimentos frescos y nutritivos es un desafío extremo para muchos.

SEGURIDAD ALIMENTARIA cont. en página 8

committed to addressing food insecurity in southern BCS," notes McKenzie Campbell, a program officer with the ICF. "When the pandemic slammed into Mexico in March 2020, BCS was one of the hardest hit states because of its heavy reliance on tourism. Food assistance groups exploded across the state, and by December 2020 many of these groups were serving more than twice their pre-pandemic population." Because BCS did not have a state foodbank, these groups were spending precious time and resources sourcing ingredients. ASA mobilized to effectively become a mobile food bank for these groups, supporting their efforts with the distribution of *despensas* (packages of donated food and hygiene essentials) to the informal communities. Continues McKenzie, "It was when we were actively distributing *despensas* that we realized that without a formal government safety net or a reliable food supply, these communities would be in a constant state of crisis. The pandemic really showed that we needed a permanent solution to addressing food security in BCS."

Luis Garduño, the director of ASA who was in charge of distributing *despensas* during the pandemic, says that the ICF doubled down on its commitment to food security during the pandemic. ASA had been formalized as an independent Mexican nonprofit in 2019, so it was the perfect platform from which to accelerate food security efforts in the region. Says Luis, "The first thing we did was conduct a series of diagnostic studies looking at all facets of the food system in BCS from producers, to distribution points, to consumers. Based on what we learned through these studies, ASA is focusing its efforts in three main areas: creating a *Sudcaliforniano* food bank, fostering community

health and resilience, and piloting local foodsheds."

The food bank program is a remarkable testimony to ASA's focus. Says Luis, "We are really excited about the progress that's been made with the *Sudcaliforniano* food bank, and we expect it to be fully functioning with a presence in La Paz and Los Cabos by the end of 2022. We have secured warehouse space in both locations, and we're working hard to source necessary items like trucks and cold storage." The core of the food bank program is food recovery and redistribution, salvaging food that is deemed unsellable or unusable by producers and getting it to vulnerable populations. Notes McKenzie, "Around the world 40% of all food produced in the world is wasted and all those inputs lost. In Mexico, 20 million tons of food are wasted every year, enough to feed 70% of the population living in poverty. One of ASA's first efforts was to assess food waste hot spots in BCS, then implement recovery, redistribution, and prevention strategies." Continues Luis, "In 2021 ASA provided 34 tons of recovered food to 5,800 individuals. Our goal is to be providing recovered food to 12,000 people on a regular basis by the end of 2022." The *Sudcaliforniano* food bank is now affiliated with BAMX, Mexico's national food bank program, and partners with its prepared food donation program, *Al Rescate*. It also receives and distributes regular donations from several Walmart-affiliated stores, Carl's Junior, and Earth Ocean Farms.

"Another thing we found when distributing *despensas* to the informal communities during the pandemic was that FOOD SECURITY continued on page 23

Beautiful Mexican textiles and leather



Downtown Todos Santos
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Seguridad Alimentaria

continuó de página 6

La "International Community Foundation" (ICF) fundó la Alianza Para la Seguridad Alimentaria (ASA, o BCS Food Security Alliance) en 2014 como una alianza de organizaciones sin fines de lucro, empresarios, agencias gubernamentales, e individuos comprometidos con abordar la inseguridad alimentaria en el sur de BCS. Señala McKenzie Campbell, oficial de programas de la ICF: "Cuando la pandemia golpeó a México en marzo de 2020, BCS fue uno de los estados más afectados debido a su gran dependencia del turismo. Los grupos de asistencia alimentaria se dispararon en todo el estado y, para diciembre de 2020, muchos de estos grupos estaban sirviendo a más del doble de su población anterior a la pandemia." Debido a que BCS no contaba con un banco de alimentos estatal, estos grupos estaban gastando un tiempo y recursos preciosos en la obtención de suministros. ASA se movilizó para convertirse en un banco móvil de alimentos, apoyando sus esfuerzos con la distribución de despensas en las comunidades de los asentamientos informales. Continúa McKenzie: "Fue cuando estábamos distribuyendo despensas activamente que nos dimos cuenta de que sin una red de seguridad gubernamental formal o un suministro de alimentos confiable, estas comunidades estarían en un estado constante de crisis. La pandemia realmente demostró que necesitábamos una

solución permanente para abordar la seguridad alimentaria en BCS."

Luis Garduño, el director de ASA quien estuvo a cargo de distribuir despensas durante la pandemia, dice que el ICF duplicó su compromiso con la seguridad alimentaria durante la pandemia. ASA se había formalizado como una organización mexicana sin fines de lucro en 2019, por lo que era la plataforma perfecta desde la cual acelerar los esfuerzos de seguridad alimentaria en la región. Cuenta Luis: "Lo primero que hicimos fue realizar una serie de estudios de diagnóstico que analizaban todas las facetas del sistema alimentario en BCS, desde los productores hasta los puntos de distribución y los consumidores. Basado en lo que aprendimos a través de estos estudios, ASA está enfocando sus esfuerzos en tres principales áreas: crear un banco de alimentos Sudcaliforniano, fomentar la salud y la resiliencia de la comunidad, y poner a prueba las cuencas alimentarias locales."

El programa de banco de alimentos es un testimonio notable del enfoque de ASA. Dice Luis: "Estamos muy entusiasmados con el progreso que se ha logrado con el banco de alimentos Sudcaliforniano, y esperamos que esté en pleno funcionamiento con presencia en La Paz y Los Cabos para finales de 2022. Hemos asegurado espacio de almacenamiento en ambas ubicaciones, y estamos trabajando arduamente para obtener los artículos necesarios, como camiones y cámaras frigoríficas." El núcleo del programa del banco de alimentos es la recuperación y redistribución de alimentos, rescatando

SEGURIDAD ALIMENTARIA cont. en página 22

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A photograph of a shirtless man in swim trunks standing on a sandy beach, facing away from the camera towards the ocean. He is holding a yellow ball in his right hand. Two dogs are playing in the shallow water in front of him: a brown, shaggy dog on the left and a tan dog jumping up on the right.

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Crecimiento y Cambio en La Sociedad de la Palapa

por Jamie Sechrist

traducido por Ivonne Benítez



Los últimos dos años han estado marcados por la pandemia de COVID-19, que generó desafíos comunitarios, pero también oportunidades, similar a cuando el huracán Odile azotó Baja California en 2014. La Sociedad de la Palapa se mantuvo enfocada en su misión de marcar una diferencia positiva en la vida de las personas a través de actividades inspiradoras, educación de calidad y apoyo oportuno a través de programas y servicios comunitarios.

La Sociedad Palapa ha recorrido un largo camino en 19 años y se han logrado muchos hitos. La junta directiva se tomó el tiempo para identificar las necesidades educativas de la comunidad. Revisó los logros e identificó metas. Con este propósito en mente se estableció el Comité Visión 2025.

En 2015, La Sociedad de la Palapa se embarcó en su esfuerzo más ambicioso hasta la fecha: crear una nueva oportunidad educativa para la juventud de Todos Santos. La idea era construir, dotar de personal y crear un plan de estudios para una escuela secundaria y preparatoria además de los programas comunitarios. La Escuela Palapa permitiría a los niños con mentalidad académica asistir a la escuela localmente en preparación para la universidad, sin tener que viajar a las escuelas preparatorias para la universidad en La Paz o Los Cabos. Sabiendo que este

esfuerzo requeriría un enfoque y dedicación extremos, los voluntarios de La Sociedad de la Palapa se volcaron en el proyecto y trabajaron incansablemente para asegurar su éxito y longevidad en los años venideros. La Sociedad de la Palapa quisiera extender su gratitud a todos los que ayudaron a hacer realidad esta visión.

En 2016, La Sociedad de la Palapa inició la construcción del campus del *Palapa Learning Center*, con el generoso apoyo de Cindy y David Higgins. El campus abrió oficialmente en agosto de 2017 e incluía edificios separados para La Escuela Palapa, los programas Puente al Inglés y una biblioteca pública. Poco después de que se abrieran las puertas del nuevo campus, la exembajadora de estados unidos, Roberta Jacobson, lo reconoció como un excelente ejemplo de cómo los extranjeros se integran a una comunidad y tienen un impacto positivo.

La pandemia de COVID-19 permitió que La Sociedad de la Palapa comenzara la construcción del segundo piso para albergar la preparatoria. Esto fue posible porque todos los estudiantes asistían a la escuela virtualmente. Los estudiantes de La Escuela Palapa regresaron a las clases presenciales en noviembre de 2021 y estaban emocionados de continuar aprendiendo en este hermoso PALAPA continúa en página 41

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desde 1993

Growth and Change at The Palapa Society

by Jamie Sechrist

The past two years have been marked by the COVID-19 pandemic, which created community challenges but also opportunities, similar to when hurricane Odile struck Baja in 2014. The Palapa Society stayed focused on their mission to make a positive difference in people's lives through inspirational quality education and timely support through community service and programs.

The Palapa Society has come a long way in 19 years and many milestones have been achieved. The board took the time to identify the educational needs of the community. It reviewed accomplishments and identified goals. With this purpose in mind the Vision 2025 Committee was established.

In 2015, The Palapa Society embarked on its most ambitious endeavor to date—to create a new educational opportunity for the youth of Todos Santos. The idea was to build, staff, and create curriculum for a middle and high school in addition to the community programs. The Palapa School would allow academically-minded children to attend school locally in preparation for university, without having to travel to the college-prep schools in La Paz or Los Cabos. Knowing this effort would require extreme focus and dedication, the volunteers of The Palapa Society

poured themselves into the project and worked tirelessly to ensure its success and longevity for years to come. The Palapa Society would like to extend its gratitude to everyone who helped to make this vision a reality.

In 2016, The Palapa Society broke ground to build the Palapa Learning Center campus, with the generous support of Cindy and David Higgins. The campus officially opened in August 2017, and included separate buildings for The Palapa School, Puente al Inglés (Bridge to English) programs, and a public library. Soon after the doors opened to the new campus, it was recognized by former U.S. Ambassador Roberta Jacobson as being a prime example of foreigners integrating into a community and making a positive impact.

The COVID-19 pandemic allowed The Palapa Society to begin construction on the second floor to house the high school. This was possible because all students were attending school virtually. Palapa School students returned to in-person classes in November 2021 and were excited to continue their learning in this beautiful new space. The Palapa School looks forward to celebrating its first graduating seniors in June 2022.

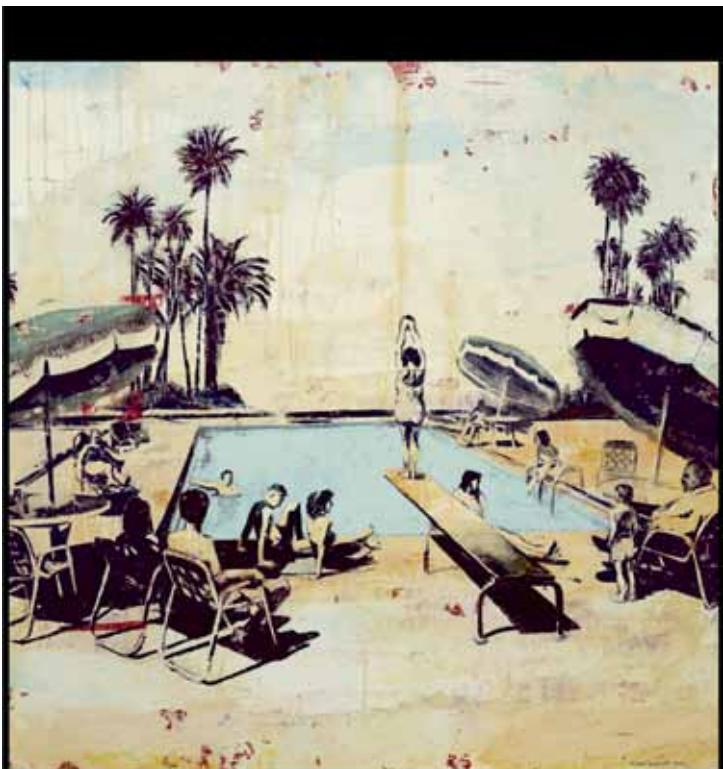
PALAPA continued on page 37

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Art Talk

by Jill Logan

WHEN IS A PAINTING FINISHED?

"A painting if well composed is half finished."
—Pierre Bonnard

I was asked a few days ago by a photographer visiting the gallery, "How do you know when you are done with a painting?" I quickly answered, "When it feels right." For me it's a highly intuitive process and hard to define.

Completion is complicated and a very individualized process, as personal as the artist's style. It also depends on the piece. As a professional artist for 30 years, I have developed a strong sense of when to stop and walk away. I do like to watch my work for a while before putting it up for sale, moving it to different locations with different lighting. Sometimes I take them home and watch them in the morning, afternoon, and evening light and think, "How would this look in someone's home?"

Some works finish quickly and with ease, some take weeks or months. At the moment I have one piece that I am redoing for the fourth time. I decided to ask some local professional artists their opinion on when they are done.

John Comer wrote: "This is probably the hardest thing to know. When is a painting done? I usually know when I have taken it too far. It is good to let the original energy show through till the end. For me, it is good to not work toward a particular finish but to let the painting process breathe."

A painting is not a glossy magazine rendition of something but an inquiry into how it feels and looks. It's not about copying something but, rather, trying to find something. For me, it is good to work on a series of a particular subject and then some can be drawings, some field sketches, and others different degrees of moving forward with what you learn and what shows up."

Peter Holden wrote: "I think at this point in my life, for about 95% of the things I'm working on I mostly know when they are done. However, I always have between 8 to 14 pieces all in process at any one time, and the timing of any of their end points is always up in the air."

Of course, some come to resolution faster than others, but I've given up on rushing things. In some cases, I will have paintings of varying sizes of course, from inches across to 5' x 6' etc., hanging around for literally years.

"Blue" 24"x36" oil/canvas by Jill Logan

For me, I've found that not always looking at things directly is best, having a lot of work in my peripheral vision and moving things around a lot, helps me bring things to a head faster than staring at any one piece for hours on end.

For the representational work I do, I usually have at least one photo guide, and in those cases, it is somewhat easier to see where things end.

For the straight up abstraction, it's just a case of layers: putting colors and marks on and taking them off, finding rhythms and consonances, as well as dissonances. Experimenting with any kind of fresh, or perhaps, contradictory technique from what is already on the piece that I'm working on.

If I feel a certain density of energy, mark-making, color, and contrast then they are done. Like all of us, I've learned the hard way about overworking things and now just trust my eye and what I know. I try not to think about this stuff and just let it reveal itself through working."

Michael Cope wrote: "I think that is the most difficult decision any artist has to make, regardless of what art form they are into. I normally stop working on a piece four or five times and put it in another area and leave the room. Then an hour or two later casually go back and look at it as if I didn't know it was there.

I can't remember who said, "Spontaneity is art," but they were right on spot. The hard part is resisting the urge to go back to what you thought was a great idea and screw

it up. Actually, fellow artist Erick Ochoa normally asks me "That's finished, isn't it?"

Doug West wrote: "After almost 40 years of making art, I've honed an inner critic I trust. My art is focused and polished. When the all the detailing is done, I spend time living with the painting. Usually if there's something I missed in my nose to the canvas phase, I will then see it later and make a correction.

When it's the best I can do at this moment in my artistic journey, then it is done. In the future I might have more skills to bring to the table, but I'm satisfied not trying to have expectations that exceed what I'm capable of right now."

Brent Gearan wrote: "A lot could be said on this subject. When to walk away from a painting is the most subjective decision in a pursuit filled with subjective decisions.

For me, a painting begins by imposing myself on the canvas, trying to tell it what I want from it. At some point a shift happens and the painting starts telling me what it needs. Then it is a matter of plugging away until there is something that clicks and seems to resonate. It feels ready for life on its own. Naturally, this doesn't always happen. That's why it is a pursuit!"

As elusive as the topic is, when is something finished, when to walk away, when to know not to touch it one more time, is so personal. Mostly there is a feel that you have nailed it, or that it just is indeed complete.

GALERÍA LOGAN

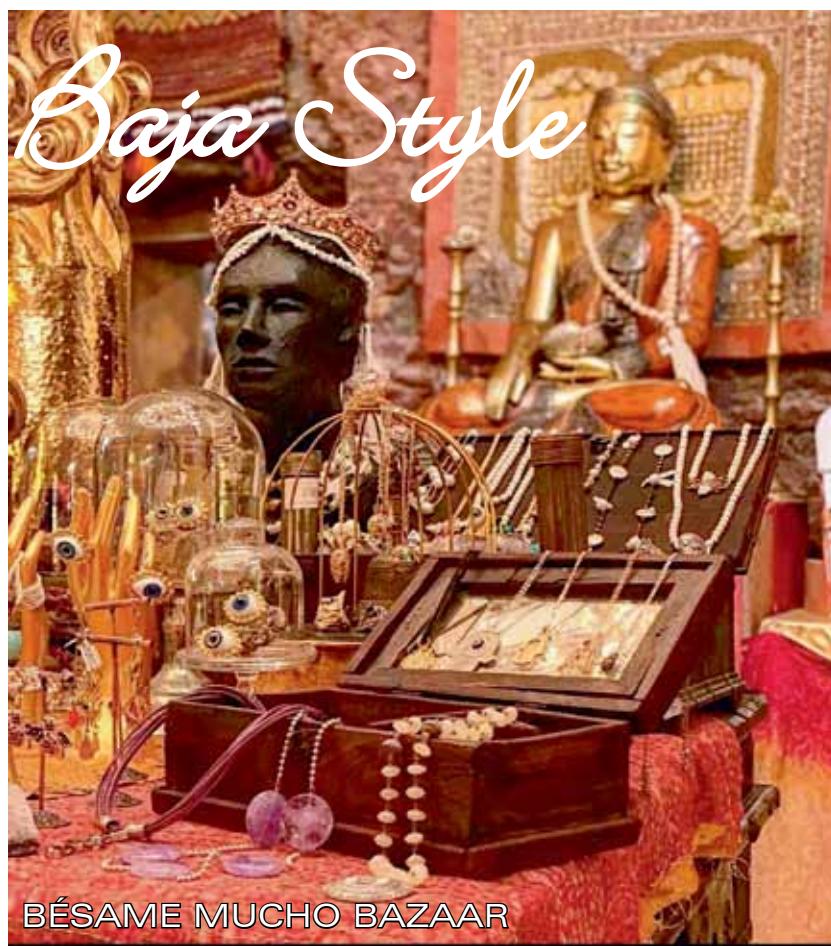
"Alas Azul" 60" x 48"
mixed media w/ silver leaf

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Take a stroll or drive around the area and discover these rare Baja gems.

BÉSAME MUCHO BAZAAR

This magical place is located on the plaza in Todos Santos. Bésame Mucho Bazaar was founded by the winner of the "Forjadores de México 2022" Rouss del Toro. Rouss also founded the popular "Dia de Muertos Todos Santos" which takes place every November.

Bésame Mucho Bazaar houses a fascinating collection of blouses, pants, skirts, jackets, ponchos, sunglasses, sandals, boots, hats, accessories, and jewelry. There is so much to enjoy as one browses the large collection of finely crafted, mystical home decor items, in search for that perfect accent for one's home. The bazaar is full of treasures, every corner—every room is a unique experience. This store boasts the finest *objet d'art* collection by well-known international Mexican designers. Rouss also designs exclusively for Bésame Mucho Bazaar, adding that eclectic and bohemian touch, offering distinctive and different accessories for any outfit.

The ceramic Aztec calendar on the side of the Bésame Mucho building and the "Banco del Beso" at the entrance are popular photo opportunities. And don't forget to read "the legend" and lock your love forever.



ELLA BELLA BOUTIQUE

Bésame Mucho Bazaar is located on Calle Legaspy No.15 next to the theater on the plaza, #21 on the Todos Santos map. Open every day 10 am to 7 pm.

<http://besamemuchbazaar.com>

besamemuchobazaar@gmail.com

Instagram: besamemuchobazaar

Facebook: @besamemuchobazaar

ELLA BELLA BOUTIQUE

Ella Bella is a local fashion designer specializing in women's day to night clothing, swimsuits, jewelry, accessories, and healthy lifestyle products. Ella Bella is passionate about supporting other women and collaborates with local

seamstresses and artisans to bring the Ella Bella collections to life.

The Ella Bella collections are inspired by the vibrant culture and colors of Mexico, the fashion forward lifestyle of California, exotic travel destinations, and music festivals. They feature statement pieces that appeal to all women who wish to add unique elements to their wardrobe that inspire and enhance the "inner goddess" every woman has within. Ella Bella designs are light, travel well, and are perfect for day to night looks all with comfort and style. Ella specializes in exclusive, limited edition, and one-of-a-kind creations.

Ella Bella has three locations in Todos Santos: Pura Vida Health Food Store, #146 on the Todos Santos map; Cielito Lindo Market #60 on the Todos Santos map; and Plaza Amigos, #102 on the Todos Santos map. They accept all major credit cards.

Pura Vida is open Monday – Saturday, 9 am – 5 pm, closed Sunday.

Cielito Lindo is open daily 9 am - 5 pm.

Plaza Amigos is open Wednesday – Monday, 10 am – 6 pm, closed Tuesday.

Follow Ella Bella on Facebook and Instagram @EllaBellaBrand

ÉTNICA

Owner Nina Sundqvist opened Étnica nine years ago, bringing the best of Mexican artisanal clothing, leather BAJA STYLE continued on page 16



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Baja Style

continued from page 15

ÉTNICA



MEZCLA CONCEPT STORE

work, and wool accessories to the Pueblo Mágico of Todos Santos. And, as town is growing so is Étnica! Étnica DOS is now open across the street from its current location giving more space to the men's linen collection and home décor.

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Étnica, #4 on the Todos Santos map, and Étnica DOS, #22 on the Todos Santos map, are located on Avenida Topete. Open Monday to Saturday 11 am – 5 pm, Sunday

11 am – 4 pm. All major credit cards are accepted.
Facebook: @etnicatodossantos 612-143-7585

MEZCLA BCS CONCEPT STORE

Mezcla Concept Store is a fashion and furniture "mix." They stock men's and women's clothing from Italy, Spain, and France. You will find the unique and innovative chairs by Elisabetta Mazzotti and her brand "Sit down! Please" as well original Italian and Mediterranean-style furniture and accessories in lively colors and infinite ranges of tones commonly used in Baja and Mediterranean homes.

At Mezcla, they are happy to advise you on the best choices for custom-made pillows, tablecloths, runners, and much more from their collection of linen and cotton





NOMAD CHIC

quality fabrics in beautiful patterns and motifs.

Mezcla Todos Santos is located on Heroico Colegio Militar, in the Villas De Todos Santos, #106 on the Todos Santos map. Mezcla La Paz Centro is located on Calle Independencia No. 7, off calle Belisario Dominguez. Open every day 10 am – 6 pm. They accept all major credit cards.

Instagram: @mezclabcs Facebook: @MEZCLABCS
mezclabcs@gmail.com

NOMAD CHIC

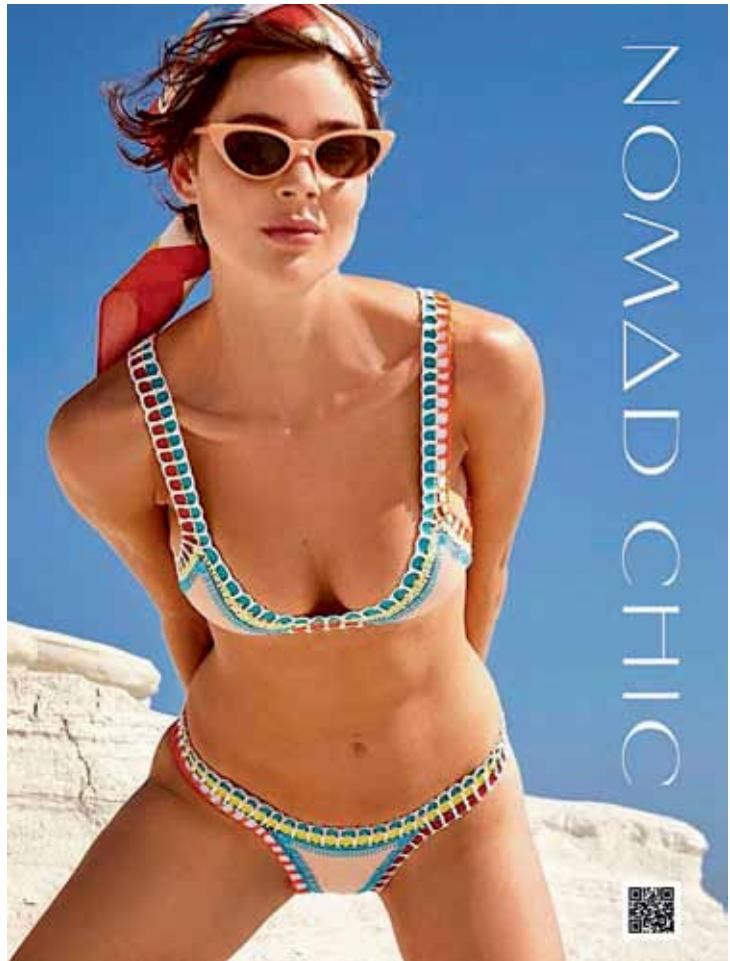
Nomad Chic, a concept store featuring apparel, jewelry, accessories, furniture, and home accessories, has been a favorite of wanderers and Todos Santos locals alike since its opening in 2004. With glowing mentions in publications like Vogue and Sunset, the carefully curated boutique of global treasures and rare finds has become a destination in itself. The evolving collection of apparel, jewelry, furniture, and home furnishings reflects the travels of founder and owner, Linda Hamilton; each piece is a testament to the relationships she forges with artists and designers around the world.

Above Nomad Chic sits The Loft @nomadchicmx, a beautifully designed oasis for small groups looking to enjoy unique, custom-tailored experiences. The space can be booked for private events like bridal party gatherings or sunset cocktails after an evening of shopping. It is also the backdrop for Nomad Chic's own events like intimate cooking classes, exclusive chef dinners, and featured designer pop-ups. A full calendar of Nomad Chic programming is available on their website.

For queries about reserving The Loft @nomadchicmx for a private event, please contact Linda at linda@nomadchic.mx. If you'd like to be added to Nomad Chic's events correspondence, please subscribe at www.nomadchicmx.

Nomad Chic is located at Juarez y Hidalgo, Todos Santos, #32 on the Todos Santos map. Open Monday - Saturday 10 am - 6 pm, Sunday 11 am - 5 pm. Visa, MasterCard, and American Express credit cards accepted.

BAJA STYLE continued on page 18



THE LOFT

escape • experience • engage

nomadchic.mx



Baja Style

continued from page 17

TODOS SANTOS SURF SHOP

www.nomadchic.mx Instagram: @nomadchicmx
Facebook: @nomadchic.mx

TODOS SANTOS SURF SHOP & ACTIVITIES CENTER / EXPLORA BAJA

The Todos Santos Surf Shop is a family business run by ocean professionals, Marine Biologist Paula Angeloni and Oceanographer Carlos Retamoza, and has grown a lot since it opened ten years ago. They still offer all the surf supplies and ocean activities in the area, but now the shop has expanded to twice its original size and has added more beachy clothes from different brands: some well known and others by emergent local designers, all well worth checking out. You will find very cute handmade swimsuits, skirts, dresses, hats, shorts, beach ponchos, jumpers, bags, and even natural sun block made in Baja.

The Todos Santos Surf Shop and Activity Center is located on Calle Hidalgo and Militar, #88 on the Todos Santos map. Open Monday – Saturday, 10 am – 6 pm, Sundays 10 am –



ULULA

5 pm. All major credit cards are accepted.
(612) 145-1114 Facebook: Todos Santos Surf Shop
Facebook: Explora Baja
Instagram: Todos Santos Surf Shop
Instagram: Explora Baja trip advisor: Explora Baja

ULULA

ULULA is a mystical gypsy heart boutique, specializing in magic and selling a curated offering of creations, clothing, jewelry, and tools. Everything is specifically and specially selected by its owners, Stephanie and Jessica, for either its story, native roots, magical power, or local beauty. ULULA is a creative space that manifests many different paths of self-healing. It is truly a synergy of sisterhood in the name of love, light, peace, and respect.

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ULULA
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ZÓCALO

ULULA is located on Calle Miguel Hidalgo, #50 on the Todos Santos map. Open every day, 11 am – 6 pm. All major credit cards are accepted.

<https://www.ululalunar.com/> Facebook: @ululalunar
Instagram: @ululalunar ululalunar@gmail.com

ZÓCALO

Have you ever had that moment where the colors, the people, and the traditions take your breath away? That is how Morgan Leigh felt when she accidentally stumbled upon the Pescadero area ten years ago. Flash forward, and Morgan now has three ZÓCALO shops (formerly known as LOVEleigh Designs). The flagship store in Pescadero opened eight years ago, and more recently she has added a

location in Todos Santos, and now in Byron Bay, Australia! ZÓCALO is an ethical artisan collective—a social enterprise. The stores were founded to not only showcase incredible Mexican designs and makers, but also to contribute back to the community. A portion of every sale is directly donated back into the Baja community through three charities Morgan has worked with for years, as well as other individual groups and projects.

The first store, located in Pescadero next to Baja Beans, has been described by Vogue as a “must-stop-shop” when in Baja. This tiny, yet bursting-at-the-seams shop, has everything a woman could want, (and a few things for men as well). From handmade, brightly colored flowing dresses to traditionally woven fair-trade Aztec wool bags, to an incredibly vast and unique selection of jewelry, swimwear, home decor, art and much more! It’s hard to ignore the striking tribal mud cloth blankets and pillows or the ethically felted wool hats that are reminiscent of the dusty outback desert life.

With her second store in the historic district of Todos Santos, Morgan’s ethos for the brand has only grown stronger. “Everything in the stores is ethical, fair trade, or eco-friendly in some way. There is nothing in ZÓCALO just because it is pretty,” Morgan explains. “We started off with our first store and it was the clothing I sewed myself (and still do) along with two other local artisans. Now, between the three stores we work with over 150 makers. It’s important to remember every time you shop at ZÓCALO you are helping to contribute to this community here in Baja California Sur!”

ZÓCALO Todos Santos is located on the corner of Benito Juárez and Topete, #14 on the Todos Santos map. Open every day, 10 am – 6 pm. ZÓCALO Pescadero is located at KM 63 off Highway 19, on the same property as Baja Beans Café #35 on the Pescadero map. Open every day, 9 am – 3 pm. All major credit cards are accepted.

Instagram: @shopzocalo
Website: shopzocalo.com
Email: hola@shopzocalo.com



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HOURS

Todos Santos:
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In the center of town
HOURS: Everyday 10am - 6pm

El Pescadero:
Next to Baja Beans Cafe
Km 63, off Highway 19
HOURS: Wed, Fri, Sat, Sun 9am - 3pm

shopzocalo.com [@shopzocalo](https://www.instagram.com/shopzocalo)
email: hola@shopzocalo.com



Events

april

PALAPA SOCIETY CARRERA DE TODOS SANTOS (5K). We regret to inform you that due to increased public health concerns, **The Palapa Society of Todos Santos, A.C.** has decided to cancel this year's Carrera de Todos Santos 5k. For more information visit: www.palapasociety.org

April 3 | DAYLIGHT SAVINGS TIME begins here in BCS and most of Mexico.

April 17 | EASTER.

April 27 - May 1 | WOMEN'S RETREAT & ECO-CAMP. Calling all women ready to rise to meet whatever's next with renewed energy and in style. A special island eco-retreat just for women and a transformative spring experience on Espíritu Santo Island. Get the most out of your time in nature and community. Leave with new ideas and mind-body practices to support your sustainable lifestyle. Led by La Paz's Elizabeth Hammond, a Leadership Coach, Wilderness & Yoga Instructor, and Lifestyle Strategist. Covid Protocols observed. For more information: www.elizabethchammond.com

may

May 1 | WORKER'S DAY.

May 3 | DÍA DE LA CRUZ / MASON'S DAY.

May 5 | CINCO DE MAYO.

May 8 | MOTHER'S DAY (US & CANADA).

May 10 | DÍA DE LAS MADRES.

May 10 | JOURNAL DEL PACIFICO SUMMER ISSUE DEADLINE.

May 15 | TOTAL LUNAR ECLIPSE.

It will already be in progress at moonrise/sunset from our peninsula, but it is a very deep eclipse and will be total from about 9:30 to 11 pm, perfectly timed for the easiest viewing. Go somewhere dark and enjoy the show.

june

June 3 - 5 | TODOS SANTOS & PESCADERO CULINARY EXPERIENCES at JazaMango in Todos Santos.

June 9 | CHEERS TO 5 YEARS! TODOS SANTOS BREWING 5TH ANNIVERSARY.

June 12 | BEER & FOOD PAIRING DEGUSTATION at Todos Santos Brewing. Six specialty culinary courses paired with TSB beers.

June 19 | FATHER'S DAY / DÍA DE LOS PADRES.

June 21 | SUMMER SOLSTICE

september

September 19 | JOURNAL DEL PACIFICO FALL ISSUE DEADLINE.

november

November 11 - 13 | GASTRO-VINO BAJA FOOD & WINE FESTIVAL.

For more information visit: <https://www.gastrovino.mx>

december

December 16 - 18 | 4TH INTERNATIONAL SANGHA YOGA FEST at Cuatro Vientos, Todos Santos. For more information visit: <https://www.sanghawellness.org/event-info/4th-international-sangha-yoga-fest-2022>

HAPPY HOUR

Casa Maya/Barefoot Cantina **Su M W Th F Sa 3 – 6 pm**, 25 peso Mexican beer, 50 peso house margaritas and tequila shots.

Cerritos Beach Inn **Su M T W Th F Sa 2 – 6 pm**, 2x1 beer and classic margaritas.

Chill N Grill **Su 10 am – 2 pm**, 2x1 bloody Marys, mimosas, well drinks.

5 Tacos and Beer **Su M T Th F Sa 4 – 6 pm**, 2x1 margaritas & mezcalitas.

Oystera **F 5 – 9 pm**, \$5 usd drinks all night, free margaritas and mezcalitas for the ladies.

Restaurant Benno, **F 5 – 9 pm**, Drink specials.

Shaka's **Su M T W Th F Sa 4 – 6 pm**, 50% off: Cerritorita, George's Paloma, J.B. Special, P.P. Paloma, Shakarita, house margarita, and house tequila.

Shakti Bowl, Las Tunas **M F 6 – 8 pm**, Beer 2x1.



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every week

Discover the Fine Art Galleries of Todos Santos
www.todossantos.art for a map and further information.

sunday

8 am – 3 pm, **CERRITOS MARKET**, Cerritos Beach. A representative from Punto Verde recycle center will be there to collect your recyclables.

8:30 am – 2 pm, **ORGANIC MARKET & LIVE MUSIC** at Baja Beans Cafeteria, Pescadero.

6 pm, **SUNDAY SESSIONS** at Todos Santos Brewing.

monday

10 am – 1 pm, **PALAPA LIBRARY OPEN**, Todos Santos.
Palapalibrary@gmail.com

6 – 8 pm, **LIVE MUSIC** at Shakti Bowl in Las Tunas. Beer 2x1.

tuesday

8:30 am – 1 pm, **LA PAZ FARMER'S MARKET** on calle Madero between 5 de Mayo and Constitución, La Paz.

4 pm, **ROCKIN' TACO TUESDAY** at Chill N Grill in Todos Santos. Live music 6 – 9 pm.

6:30 pm, **PARGAZZ GYPSY JAZZ** at Tre Galline in Todos Santos.

wednesday

8 am – 3 pm, **CERRITOS MARKET**, Cerritos Beach. A representative from Punto Verde recycle center will be there to collect your recyclables.

9 am - 1 pm, **LOCAL MARKET** at La Esquina Café in Todos Santos.

10 am – 1 pm, **PALAPA LIBRARY OPEN**, Todos Santos.
Palapalibrary@gmail.com

thursday

8:30 am – 1 pm, **LA PAZ FARMER'S MARKET** on calle Madero between 5 de Mayo and Constitución, La Paz.

9 am – 2 pm, **PUNTO VERDE RECYCLING CENTRE** behind Super Pollo, off calle Del Huerto at the southern entrance of Todos Santos. Bring your paper, #1 & #2 plastics, batteries, cardboard, cans, metal, Styrofoam, clear glass and electronics. 50 peso minimum donation, electronics are 80 pesos. Please separate and clean materials. For information: ecorrevolucionmx@gmail.com, (612) 139-4789

SUNSET WINE GARDEN at Mini Super Munchies. Check their Facebook, Instagram, or website for details and other upcoming events.

5 – 9 pm, **ARTWALK** in the San José del Cabo Gallery District. Takes place November through June.

friday

9 am – 1 pm, **FARMER'S MARKET** at Shoppes at Palmilla San José del Cabo. Takes place through May.

9 am – 2 pm, **PUNTO VERDE RECYCLING CENTRE** behind Super Pollo, off calle Del Huerto at the southern entrance of Todos Santos. Bring your paper, #1 & #2 plastics, batteries, cardboard, cans, metal, Styrofoam, clear glass and electronics. 50 peso minimum donation, WEEKLY EVENTS continued on page 46



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Seguridad Alimentaria

continuó de página 8

Huertos en las escuelas

los alimentos que los productores consideran que no se pueden vender o utilizar, y llevarlos a las poblaciones vulnerables. McKenzie señala: "El 40% de todos los alimentos producidos en el mundo se desperdicia y todos esos insumos se pierden. En México se desperdician 20 millones de toneladas de alimentos al año, suficiente para alimentar al 70% de la población en situación de pobreza. Uno de los primeros esfuerzos de ASA fue evaluar los puntos críticos de desperdicio de alimentos en BCS y luego implementar estrategias de recuperación, redistribución, y prevención." Continúa Luis, "En 2021 ASA entregó 34 toneladas de alimentos recuperados a 5,800 personas. Nuestra meta es proporcionar alimentos recuperados a 12,000 personas de forma regular para finales de 2022." El banco de alimentos sudcaliforniano ahora está afiliado a BAMX, el programa de alimentos de México, y asociado con su programa de donación de alimentos preparados, *Al Rescate*. También recibe y distribuye donaciones periódicas de varias tiendas afiliadas a Walmart, Carl's Junior, y Earth Ocean Farms.

"Otra cosa que encontramos al distribuir despensas a estas comunidades durante la pandemia fue que las mujeres estaban asumiendo roles de liderazgo y haciendo lo necesario para proteger no solo a sus propias familias, sino también a los más vulnerables dentro de sus comunidades," recuerda McKenzie. La segunda iniciativa clave de ASA, salud comunitaria y resiliencia, está diseñada para amplificar ese liderazgo y brindarles a estas mujeres las herramientas que necesitan para ser aún más efectivas. Continúa Luis, "Este programa es multifacético. No solo trabajamos con estas mujeres en habilidades de liderazgo como toma de decisiones, negociación, comunicación efectiva y trabajo en equipo, sino también en habilidades de finanzas personales y administración de pequeñas empresas. Ayudamos a desarrollar sus habilidades para determinar cuál es el alimento más nutritivo que pueden comprar para sus familias con el dinero que tienen." El programa también enseña preparación y respuesta ante huracanes y emergencias, primeros auxilios básicos, SEGURIDAD ALIMENTARIA cont. en página 31

Food Security

continued from page 7



Huerto Guamuchil

women were taking leadership roles and doing what needed to be done to protect not just their own families, but also the most vulnerable in their communities," recalls McKenzie. ASA's second key initiative, community health and resilience, is designed to amplify that leadership, and give these women the tools they need to be even more effective. Continues Luis, "This program is multifaceted. Not only do we work with these women on leadership skills like decision-making, negotiating, effective communication and teamwork, but also on personal finance skills and small business administration skills. We help develop their skills to determine what is the most nutritious food they can buy for their families with the money that they have." The program also teaches hurricane and emergency preparedness and response, including basic first aid, fire management, hurricane alert and preparedness systems, and control centers for emergency response.

One of the key focus areas of the community health and resilience platform is nutrition and healthy cooking. Local groups like SINADES in Pescadero are at the forefront of

this effort. Under the leadership of founder Inés Melchor Pantoja, with assistance from her husband, Julio César Rivas García, SINADES has been working with women in the community for almost two decades on a Conscious Cooking program, making healthy foods affordable, desirable, and an integral part of family life. So that they could procure organic produce at a reasonable price, SINADES and the 18 women of the Conscious Cooking program started building greenhouses at their homes a decade ago. The greenhouses have given these women and their families much greater food sovereignty and economic stability, and three of them are now expanding into raising chickens. They are currently looking to formalize a point of sale for their chickens, eggs, and chicks, and to expand the program to other women in town. SINADES is attacking food insecurity at its source.

Raíz de Fondo is another community force based in La Paz. Founded by Erika Goetz 12 years ago as a community

FOOD SECURITY continued on page 31



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Brown Pelicans

story & photos by Kaia Thomson



Pelecanus occidentalis (meaning a pelican from the western hemisphere) are a fascinating bird species that can be found on every continent in the world, except Antarctica. They mostly prefer warm climates and being near water, as their diet consists mainly of fish, but have been known

to also eat crustaceans, lizards, and even other small birds.

Pelican fossils have been found that date back to 40 million years ago. Due to many anatomical similarities, these fossilized specimens are placed in the same genus as modern-day pelicans—little about them has changed from prehistoric times to the present day. These modern-day dinosaurs are an extremely gregarious group and will often hang out with the same flock of birds throughout their lifetimes, that can span up to 30 years. Brown pelicans prefer to sleep, fly, feed, and hunt together and don't mind at all if other species, such as gulls, terns, and frigatebirds, join in the fun.

Of the eight species of pelicans, Brown pelicans are the smallest and the most prevalent living on the Gulf, Atlantic, and Pacific coasts of North America. They can fly to heights of 10,000 feet (3 km) and achieve speeds of 30 mph (48 kph) when hunting and migrating. They have an average wingspan of seven feet (213 cm) and a fibrous layer deep in the chest muscles that hold the wings rigid. While soaring high in the thermals or just above the water—skimming the surface, they can fly distances of up to 100 miles (161 km) per day.

Brown pelicans are the only North American pelicans that dramatically dive for their food. With their excellent vision they can spot fish from heights of 70 feet (21 m). Adaptations protect the pelicans as they dive to help them avoid injury. Beneath their breasts are air sacs that act like cushions, and they always dive at an angle between 60 and 90 degrees to the surface of the water which reduces injuries caused by surface refraction as they aim for their prey. Pelicans have also learned to rotate their bodies slightly to the left which helps protect the esophagus and trachea located on the right side of their extremely long neck.

PELICANS continued on page 40

El Pelícano Pardo

historia y fotos de Kaia Thomson
traducido por Ricardo Madrazo

Pelecanus occidentalis (es decir, un pelícano del hemisferio occidental) es una fascinante especie de ave que habita en todos los continentes menos Antártida. Prefieren los climas cálidos y cercanos al agua, ya que su dieta consiste principalmente de peces, aunque también consumen crustáceos, reptiles, e incluso aves pequeñas.

Se han hallado fósiles de pelícano de 40 millones de años de antigüedad. Debido a sus similitudes anatómicas, dichos fósiles pertenecen al mismo género que el pelícano moderno; es decir, no ha cambiado mucho desde la prehistoria. Estos dinosaurios modernos son sumamente gregarios y a menudo pasan toda la vida, misma que puede durar hasta 30 años, con la misma bandada. El pelícano pardo prefiere dormir, volar, comer, y cazar en grupo y a menudo es visto en compañía de otras especies, como lo son gaviotas, golondrinas de mar, y aves fragata (rabilorcado).

El pelícano pardo es la más pequeña de las ocho especies de pelícano, así como la más abundante en las costas de Norteamérica, tanto del pacífico como del atlántico y el golfo. Pueden volar hasta tres mil metros de altura y

PELICANOS continúa en página 26



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Pelícanos

continuó de página 25

alcanzar velocidades de 48 km/hora al cazar y al migrar. Su envergadura promedio es de 2.13 metros y poseen una capa fibrosa en los músculos pectorales que les permite sostener las alas de forma rígida. Ya sea en las alturas de corrientes termales o al ras del agua, el pelícano puede volar hasta 160 kilómetros por día.

El pelícano pardo es la única especie de pelícano en Norteamérica que realiza clavados espectaculares en busca de su alimento. Gracias a su agudo sentido de la vista, pueden detectar peces a 20 metros de altura. El pelícano está adaptado con protecciones para evitar lastimarse durante los clavados: bajo el pecho tienen bolsas de aire que funcionan como amortiguación, y siempre realizan el clavado entre 60 y 90 grados para minimizar el impacto directo con la superficie al buscar su presa. Además, durante el clavado, el pelícano gira ligeramente su cuerpo hacia la izquierda, lo cual protege su esófago y tráquea, ubicadas del lado derecho de su largo cuello.

Junto con la presa, el pelícano también captura una buena cantidad de agua, misma que debe regurgitar antes de tragar su alimento. Esto lo logra sacudiendo la cabeza de lado a lado, drenando así su buche de agua. El buche tiene capacidad para el triple de volumen que su estómago, una considerable cantidad si se toma en cuenta que un pelícano consume en promedio 2.3 kg de pescado al día.

Conforme se acerca la temporada de apareamiento, el ojo del pelícano macho cambia de color; de café oscuro o

PELICANOS continúa en página 40

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El Pescadero

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El Cielo: The Baja Sky

by Roc Fleishman
photo by Kaia Thomson

Welcome to the April/May edition of *El Cielo*, highlighting some of the interesting astronomical happenings above the lower peninsular region of BCS, Mexico. Keep this list close at hand for reference and enjoy the sky.

Alert! We will have a great opportunity to watch a deep Total Lunar Eclipse on the evening of May 15th. Mark your calendars.

April is still a good month to see the constellation Crux better known as the "Southern Cross." The lovely globular cluster, Omega Centauri, will also be visible just above and to the left a bit of Crux. Crux will be straight up around 12 pm midnight on April 1 and at around 11 pm (after time change) on May 1. You will need a clear night and a location with a clear, low southern horizon. The best locations would be a beach with a clear southern horizon or the top of a hill. Binoculars or a telescope bring Omega Centauri to life.

MOON/PLANET CALENDAR APRIL

- 1 Mars, Saturn, and Venus (from upper right to lower left) will rise within a few degrees of each other before 4 am, then Jupiter lower down, rising before the sun.
- 2 New moon.
- 3 Daylight Savings Time begins here in BCS and most of Mexico.

4, 5 Mars and Saturn pass each other in the early morning sky only a ½ degree apart above Venus and Jupiter.

21/22 The Lyrid meteor shower peaks on the night of the 21/22nd. Best viewing will be the couple hours before dawn, but the moon will be bright and high up in the sky.

25 – 30 Venus gets lower in the east every day and closer to Jupiter. They are joined by the waning crescent moon on the 26th and 27th, and Venus will finally pass Jupiter on the 30th less than a ½ degree apart.

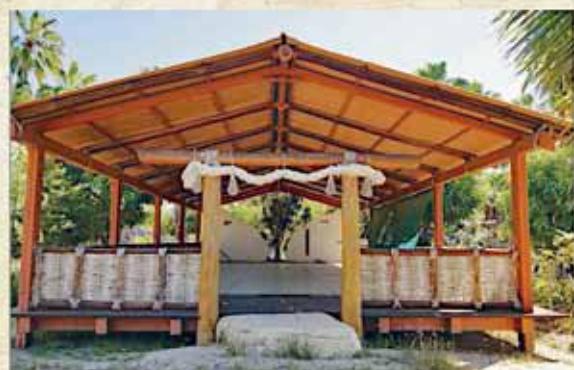
MAY

- 2 New moon, with Mercury possibly visible below and to the right.
- 4/5 The peak of the Eta Aquariid meteor shower. The moon will be in its waxing crescent phase and will set about midnight. Any time after that could be good for meteor viewing, but it is supposed to be the best viewing in the last few of hours before dawn.
- 6 In the early evening, the new moon passes close to Pollux, one of the Gemini twins.
- 15 Total Lunar Eclipse. It will already be in progress at moonrise/sunset from our peninsula, but it is a

EL CIELO continued on page 35



Villa Santorini Beachfront Luxury



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Seguridad Alimentaria

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manejo de incendios, sistemas de alerta y preparación para huracanes.

Una de las áreas clave de enfoque de la plataforma de resiliencia y salud comunitaria es la nutrición y cocina saludable. Grupos locales como SINADES en Pescadero están al frente de este esfuerzo. Bajo el liderazgo de la fundadora Inés Melchor Pantoja, y con la ayuda de su esposo, Julio César Rivas García, SINADES ha estado trabajando con mujeres de la comunidad durante casi dos décadas en un programa de Cocina Consciente, haciendo que los alimentos saludables sean accesibles, deseables, y una parte integral de la vida familiar. Para poder adquirir productos orgánicos a un precio razonable, SINADES y las 18 mujeres del programa Cocina Consciente comenzaron hace una década a construir invernaderos en sus casas. Los invernaderos les han dado a estas mujeres y sus familias mucha más soberanía alimentaria y estabilidad económica, y tres de ellas ahora se están expandiendo a criar pollos. Actualmente buscan formalizar un punto de venta para sus gallinas, huevos, y pollitos, y expandir el programa a otras mujeres del pueblo. SINADES está atacando la inseguridad alimentaria desde su origen.

Raíz de Fondo es otra fuerza comunitaria con base en La Paz. Fundado por Erika Goetz hace 12 años como un jardín comunitario en un lote sucio y abandonado en el centro de La Paz, Raíz de Fondo es ahora una fuerza impulsora para la nutrición, la seguridad alimentaria, y la vida sostenible en toda la ciudad. El grupo brinda talleres a las escuelas y comunidades sobre cómo iniciar sus propios jardines, proporciona kits de jardín, así como instrucción continua sobre compostaje y nutrición. El programa ha tenido tanto éxito, que cuando la Secretaría de Educación (SEP) decidió lanzar un currículo de nutrición y bienestar en primaria y preescolar, recurrió a Raíz de Fondo para capacitar a los maestros en su programa de huertos escolares.

SEGURIDAD ALIMENTARIA cont. en página 42

Food Security

continued from page 23

garden in a dirty, abandoned lot in downtown La Paz, *Raíz de Fondo* is now a driving force for nutrition, food security, and sustainable living across the city. The group provides workshops to schools and communities on how to start their own gardens, providing garden kits, as well as on-going instruction on composting and nutrition. The program has been so successful that when the Secretary of Education (SEP) decided to launch a nutrition and wellness curriculum in elementary and preschools, *Raíz de Fondo* was tapped to train the teachers in their school garden program to deliver the curriculum.

Another key *Raíz de Fondo* program is "*Cocianado para la Colonia*." Based at the outdoor kitchen of one of their community gardens, Huerto Guamuchil, chefs prepare meals made with ingredients from the garden, as well as rescued food, to support community kitchens with limited resources. Erika says they plan to support three groups this year with a total of 3,000 meals. The team is further using this platform to teach healthy recipes to cooks from participating institutional kitchens. To support these programs, *Raíz de Fondo* has created a network of vegetable farmers who often have perfectly edible food that they cannot sell. They are thrilled to have *Raíz de Fondo* redistribute this food to those in need, and even get a tax deduction for their donation. Because of their extensive experience with local producers, *Raíz de Fondo* is a key partner in ASA's food recovery and distribution program in La Paz.

The third pillar of ASA's food security platform in BCS is creating thriving local foodsheds by boosting the capacity of small and mid-sized farmers to produce healthy food for the local market. In June 2021 ASA started an "Agroecological Learning Collective" focused on the transition to a regenerative production model, employing farming techniques that improve soil quality. Currently FOOD SECURITY continued on page 43



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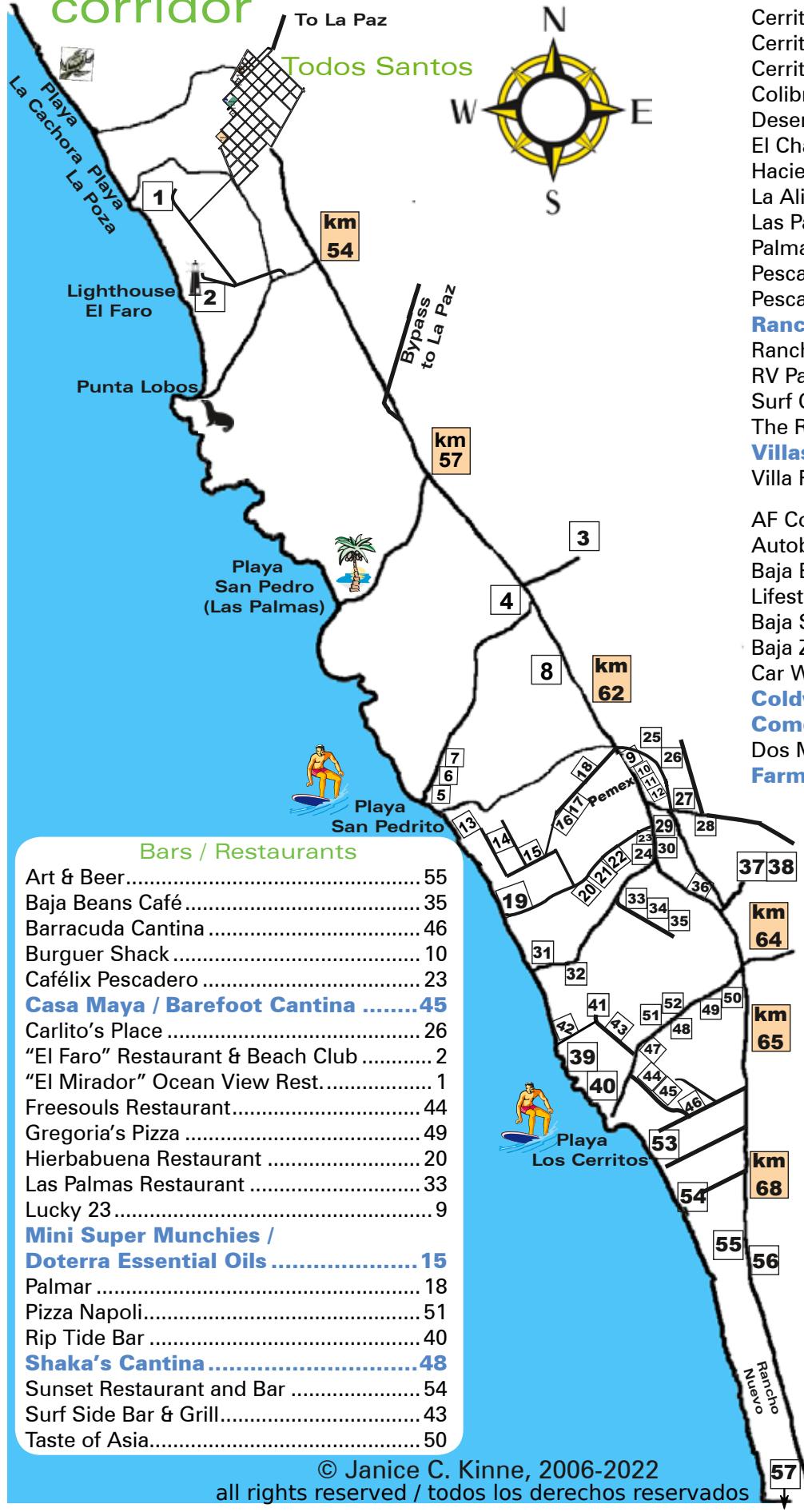
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todos santos—el pescadero corridor



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Beaches / Playas

by Janice Kinne

Todos Santos lies inland along the rugged Pacific coast. There are miles of beautiful white sand beaches accessible down unmarked dirt roads.

This stretch of the Pacific Ocean is a very dangerous place to swim at any time of the year. Strong rip currents and backwash are common. People have drowned in waters near Todos Santos simply because they were too close to the ocean while on beaches with steep drop-offs. There are no lifeguards on duty at any area beaches.

You can access the **LA POZA** and **LA CACHORA** beaches via the La Cachora road. Both are suitable for walking, fishing, whale watching, relaxing, or sunbathing. They are not swimming beaches.

Because of the big waves breaking on the shore, La Cachora beach has become popular with skim boarders.

La Poza has a large freshwater lagoon that is great for bird watching. If you are going to swim in the lagoon be very careful. The lagoon may appear to be shallow, but has many sudden drop-offs and is actually very deep.

PUNTA LOBOS, named for a sea lion colony, is also known as the fishermen's beach. Simply follow calle Francisco Bojorquez Vidal (formerly calle Punta Lobos) south out of town, or turn off at km 54 from Highway 19. You will pass an old cannery from the days when fishermen could harvest sea turtles legally. There is a small freshwater lagoon at Punta Lobos with a shrine to the Virgin.

The fishermen ride their *panga* boats on the waves onto the beach between 1 and 3 pm. Their return is exciting to watch and you can usually buy fresh fish from the cooperatives.

The two fishing cooperatives have exclusive rights to the "launch zone" at Playa Punta Lobos. For reasons of safety and due to past problems, boat launching at Punta Lobos is not permitted without their express permission.

The only recommended swimming beaches are outside of Pescadero. **SAN PEDRO**, also known as **PALM BEACH** (*Playa Las Palmas*), is near km 57. Its entrance is across Highway 19 from the Campo Experimental—stay to the left as you pass the abandoned hacienda. Las Palmas is a beautiful, secluded beach surrounded by a palm grove with a freshwater lagoon that is home to a variety of plants, birds, and wildlife.

Due to strong currents (especially near the rocky point), swimming is safer 50 meters from the rocks. Swim with caution and always have a land reference. The property surrounding Palm Beach is privately owned. The gates are open from 6 am to 9 pm daily. Car break-ins have been reported at Palm Beach. Leave your valuables at home!

PLAYA SAN PEDRITO is a rocky surfing beach around km 60, about 4.6 miles (7.4 km) from Todos Santos.

PLAYA LOS CERRITOS is located at km 64 about BEACHES continued on page 34

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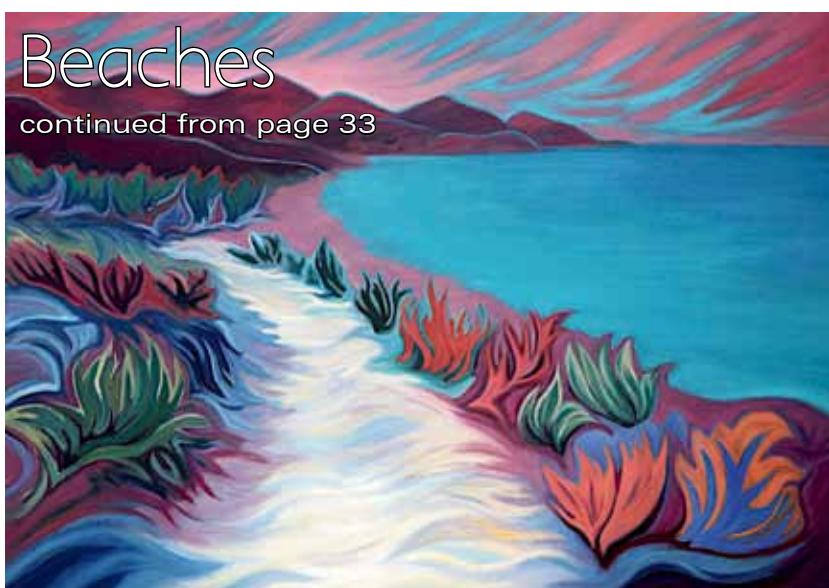
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Beaches

continued from page 33



"Norte de Los Barriles" by Jill Logan

eight miles (12.8 km) south of Todos Santos. Look for the turnoff after the hill, south of Puente El Pescadero. Los Cerritos is a popular spot for surfing, boogie boarding, swimming, and fishing. Swim with caution due to strong riptides near the rocks. It is recommended to stay at least 50 meters from the rocks. The most secure swimming area is in front of the restaurant/bar. Swim with caution and always have a land reference. There is a long stretch of beach to the south that is perfect for walking or running. Surfboard rentals and other services are available. Due to COVID-19, there are now three access filters. Only 200 people will be allowed to enter per filter to give a total capacity of 600 people per day.

MARIO'S SURF SCHOOL provides surfing lessons, board rentals, repairs, and accessories. Call for information.

PESCADERO SURF SHOP, #34 on the Pescadero map. The surf shop stocks everything you need for surfing: surfboard rentals, used and new surfboards for sale, wax, ding repair, accessories, surf reports and information. You can also arrange surf lessons, surf and SUP tours, and activities at the store with Mario Surf School.

TODOS SANTOS ECO ADVENTURES, #167 on the Todos Santos map. Since 2002 Todos Santos Eco Adventures (TOSEA) has been providing visitors with opportunities to explore, celebrate, and help conserve the magnificently diverse ecosystems of Baja. TOSEA offers whale and bird-watching trips in the Pacific lagoons; treks and *ranchero* culture programs in the Sierra la Laguna mountains; Sea Turtle Camp and surfing surfaris on the Pacific coast, and kayaking, "glamping," whale shark, and sea lion adventures in the Sea of Cortez.

TODOS SANTOS SURF SHOP, #88 on the Todos Santos map, sells and rents surf boards, offers beach supplies and activities around Todos Santos. They carry international brands and many locally handmade wares, clothes, bikinis, accessories, natural sunscreen, and "Eclipse" boards shaped by Meisy of Todos Santos. They offer tours to swim with whale sharks and sea lions, surfing lessons, fishing trips, trips to Espíritu Santo Island, and whale watching in Magdalena Bay.

The logo for Todos Santos Surf Shop features the words "Todos Santos" in a large, bold, black font above "Surf Shop" in a smaller, white font. The background is a stylized graphic of waves and water.

Todos Santos
Surf Shop

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El Cielo

continued from page 27

very deep eclipse and will be total from about 9:30 to 11 pm, perfectly timed for the easiest viewing. Go somewhere dark and enjoy the show.

- 22 Last quarter moon rises at 2 am, and passes Saturn before dawn.
- 24 Waning crescent moon passes Mars and Jupiter (and Neptune) before dawn.
- 26, 27 Thin crescent moon passes Venus, visible 6 to 6:30 am before sunrise.
- 31 New moon.

For more information on any of the above subjects, check out the web links below. If you want to talk, call me on my cell phone at 612-348-5468 or text on WhatsApp or Messenger. (Not in the office much these days).

LINKS OF INTEREST

COMETS: <http://www.aerith.net/index.html>

METEOR SHOWERS: <http://www.imo.net/calendar/2018>

TROPIC OF CANCER: http://en.wikipedia.org/wiki/Axial_tilt#values or http://en.wikipedia.org/wiki/Circle_of_latitude

ZODIACAL LIGHT: http://en.wikipedia.org/wiki/Zodiacal_light

TIME: <http://www.time.gov/> and
<http://www.worldtimeserver.com/>

SATELLITES: <http://www.heavens-above.com/> user "elcielots" password "journal"

WEEKLY SKY REPORT: <http://www.griffithobs.org/skyreport.html>

SATURN: <http://saturn.jpl.nasa.gov/home/index.cfm>

ROSETTA: <http://sci.esa.int/rosetta/>

DAWN: <http://dawn.jpl.nasa.gov/>

NEW HORIZONS: http://www.nasa.gov/mission_pages/newhorizons/main/

LITTLE FREE LIBRARIES

Donations are needed to keep the three little libraries stocked. The little libraries are located at Pinos park, near La Esquina café, and by Padrino Children's Foundation in Todos Santos.

Donations are accepted at the Palapa Society Library, Monday 10 am to 1 pm.



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La Paz Beaches

by Janice Kinne

"Pescado Brillante" by Jill Logan

The *malecón* along the bay of La Paz is the perfect place to walk, run, people watch, or enjoy gazing across the water. Crews clean the beaches and walkways daily, fresh sand has been imported and there are *palapas* to offer shade. Locals and tourists visit the beaches north of downtown to swim, snorkel, or kayak. There are several adventure companies along the *malecón* and at the marinas offering *panga* rides, bay and island cruises, snorkeling, scuba diving, fishing, sailing, and kayak rentals.

EL MOGOTÉ is the spit of land that separates the harbor of La Paz from the *Bahía de La Paz*. This natural treasure used to be, for the most part, accessible only with 4WD. Now driving onto the peninsula is restricted due to the construction of golf courses, homes, and hotels.

PLAYA EL COROMUEL 4.5 km from downtown La Paz, is the first beach north of town and an easy walk from downtown. It is within the harbor boundaries, has shaded *palapas*, and food / beverage services. The water here gets much better flow with the tide change and is suitable for swimming. The bottom is clean sand and rock. Snorkeling is good further out.

PLAYA EL TESORO 13 km from downtown La Paz, is a great little beach for children. The shallow, clear waters allow you to walk out for close to 100 meters. Tesoro has about 25 shaded *palapas*, two small restaurants, and kayak rentals.

PICHILINGUE 19 km from downtown La Paz. Pichilingue is home to the La Paz ferry terminus and a large commercial harbor. There are pleasant, small beaches just north of the deep water port, on the *Vieja Bahía de Pichilingue*. Beachfront food, beverage service, and kayak rentals are available and there is a restaurant with an upstairs view. The *palapa* bar is popular in the hot summer afternoons.

PLAYA BALANDRA 23 km from downtown La Paz, is known for its famous balancing rock formation landmark that resembles a prehistoric mushroom. You can view the rock formation and *playa El Hongo* by walking in the water around the cliff to your right. The large beach and surrounding area are beautiful. The waters surrounding Balandra are shallow and safe for children. Sheltered from wave action from nearly every direction, the water warms early and is very safe for swimmers and kayaking. There are also several little beaches (coves) and mangroves to explore. The beach has no services, so pack your own lunches and drinks for the day. There are vendors renting chairs, selling fruit and drinks, beach *palapas* for shade, and BBQ pits to the south.

PLAYA EL TECOLOTE 26 km from downtown La Paz, is by far the largest and most visited beach in La Paz. Two restaurant/bars offer shade *palapas* and a large number of beach vendors offer refreshments. RV camping is available, along with a wide variety of water sports rentals. Usually there are no lifeguards on duty, but they may be present during *la semana santa* and in the summer. The beach has a beautiful view of Isla Espíritu Santo and *panga* rides to the island are available—a 6.5 km crossing through the San Lorenzo channel. Bus service from the station on the *malecón* to playa El Tecolote is available for a nominal charge.

Sting rays are the biggest hazard at the playas and tend to be present on the bottom in shallow waters during the summer. When walking in the water, shuffle your feet on the bottom to avoid stepping directly on a resting ray.

There are no restrictions for beach fishing at any beaches. Please respect our beaches and help protect the sea turtles; don't leave trash or drive on the dunes or beaches.

Palapa

continued from page 11

The pilot program for scholarships continues to provide an average of 60 scholarships for public high school and university students every year. This program provides vital financial assistance to families who need help with school registration fees, books, uniforms, and materials.

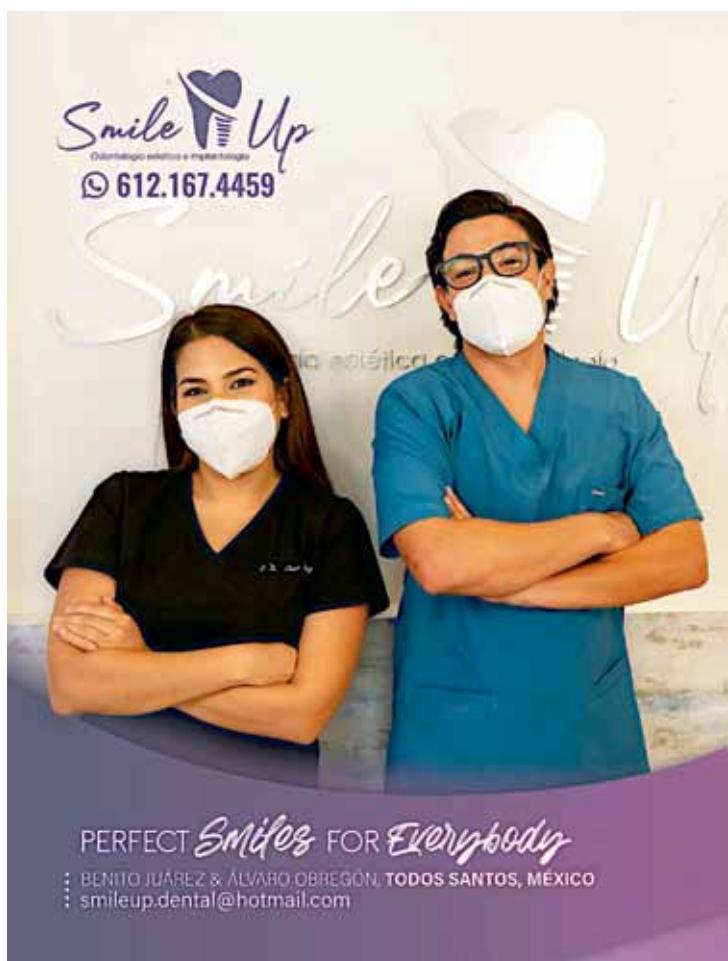
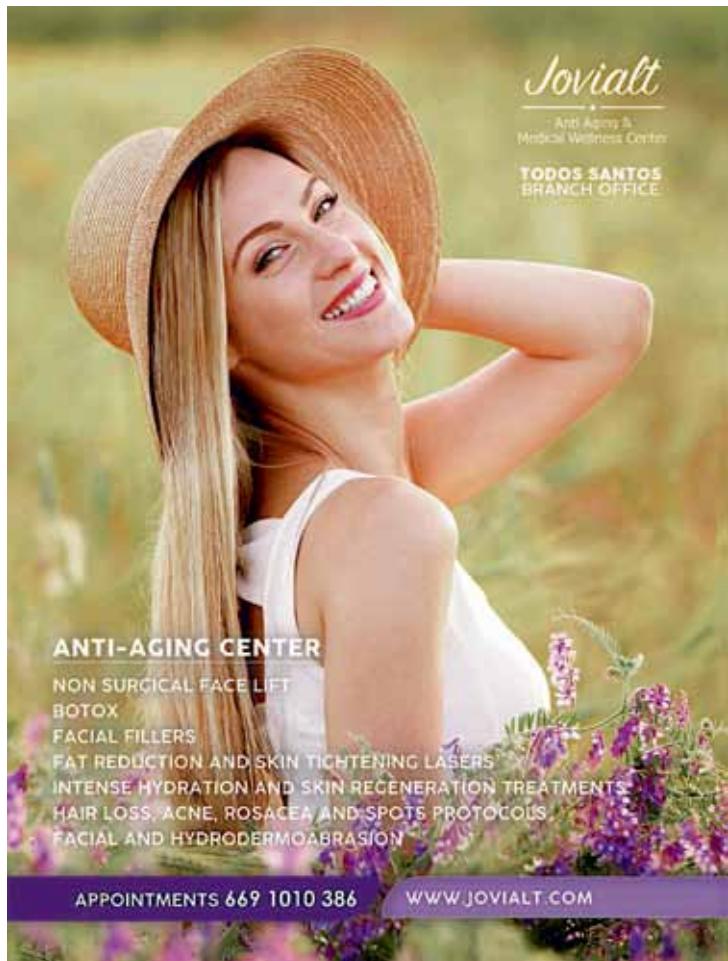
The *Biblioteca Elena Poniatowska* is home to the largest collection of books in Baja California Sur. The bilingual community library was named after a French-born Mexican journalist who is a revered, award-winning author, specializing in works on social and political justice. The children's library houses a vast collection of books. This library has fostered a love of reading via the Saturday reading circle and craft hour.

The Bridge to English program for children has served over 500 students since its inception in the mid 2000s. Children from ages 6 to 18 years-of-age participate in this program that runs from October to June annually. About 80 percent return year after year to continue their lessons. Many of the current Palapa School students started with this program. The adult program consists of community members who work locally. Having English as a second language in a community that thrives off tourism empowers them to achieve their professional goals. This program has been active for over 13 years and more than 400 students have benefited from it.

The Palapa Society's Board of Directors has also undergone change and growth. It has successfully recruited new board members representing diversified expertise. The Board restructured by creating working committees and hiring full- and part-time staff members to meet the growing needs of the organization. With the addition of The Palapa School and paid staff, the annual budget has increased to \$600k USD per year. As a Mexican non-profit organization, The Palapa Society receives no federal funding. All expenses are covered by the generosity of our community.

It's humbling to see much we have grown and evolved over the last 19 years. We look forward to stepping into the next five years with strength, dedication, and determination to ensure The Palapa Society's educational programs continue to grow and thrive.

For more information or to make a US tax deductible donation, see the ad in this issue and scan the QR code, or visit <https://www.palapasociety.org/>. To become a volunteer, or schedule a campus tour, email info@palapasociety.org.



abril

CARRERA DE TODOS SANTOS (5K) de La Sociedad de La Palapa de Todos Santos, A.C. Lamentamos informar que debido a las consideraciones de salud, La Sociedad de La Palapa de Todos Santos, A.C. ha decidido cancelar el este evento. Mayores informes: www.palapasociety.org

11 a 16 de abril | LA SEMANA SANTA.

27 de abril al 1 de mayo | RETIRO Y ECO CAMPAMENTO PARA MUJERES. Hacemos un llamado a todas las mujeres listas para enfrentar su siguiente etapa con estilo y energía renovada. Un eco retiro en la isla Espíritu Santo sólo para mujeres; una experiencia transformativa esta primavera. Aprovecha al máximo tu tiempo en la naturaleza y la comunidad. Lleva contigo a casa nuevas ideas y ejercicios físicos y mentales que apoyan tu estilo de vida sustentable. Dirigido por Elizabeth Hammond, Coach de Liderazgo, Guía Naturalista, Instructora de Yoga y Estratega de Estilo de Vida. Implementaremos protocolos COVID. Mayores informes en www.ElizabethCHammond.com.

mayo

1 de mayo | DÍA DEL TRABAJO.

3 de mayo | DÍA DE LA CRUZ.

5 de mayo | BATALLA DE PUEBLA.

10 de mayo | DÍA DE LAS MADRES

10 de mayo | FECHA LÍMITE PARA EDICIÓN DE VERANO de Journal del Pacífico.

15 de mayo | ECLIPSE LUNAR

junio

3 a 5 de junio | TODOS SANTOS Y PESCADERO CULINARY EXPERIENCES en JazaMango en Todos Santos.

9 de junio | 5º ANIVERSARIO DE TODOS SANTOS BREWING.

12 de junio | DEGUSTACIÓN DE PLATILLOS Y CERVEZAS en Todos Santos Brewing. Seis tiempos culinarios con su maridaje de cerveza TSB.

19 de junio | DÍA DE LOS PADRES.

21 de junio | SOLSTICIO DE VERANO

septiembre

19 de septiembre | FECHA LÍMITE PARA EDICIÓN DE OTOÑO de Journal del Pacífico.

noviembre

11 al 13 noviembre | GASTRO- VINO BAJA FOOD & WINE FESTIVAL. Mayores informes: <https://www.gastrovino.mx>

diciembre

16 al 18 de diciembre | 4º INTERNACIONAL SANGHA YOGA FEST en Cuatro Vientos, Todos Santos.

Cada Semana

Descubre las galerías de arte fino en Todos Santos (www.TodosSantosArt), ahí encontrarás un mapa y mayor información.

domingo

8 am a 3 pm, **MERCADO DE CERRITOS**, Playa Cerritos. Un representante del centro de reciclaje de Punto Verde estará allí para recoger sus materiales reciclables.

8:30 am a 2 pm, **MERCADO ORGÁNICO Y MÚSICA EN VIVO** en la Cafetería Baja Beans, Pescadero.

6 pm, **SESIÓN DE DOMINGOS** en Todos Santos Brewing.

lunes

10 am a 1 pm, **BIBLIOTECA PALAPA ABIERTO**, Todos Santos. Palapalibrary@gmail.com

6 a 8 pm, **MÚSICA EN VIVO** en Shakti Bowl, Las Tunas con cerveza 2x1.

martes

8:30 am a 1 pm, **EL MERCADO ORGÁNICO DE LA PAZ** en calle Madero entre 5 de Mayo y Constitución, La Paz.

4 pm, **MARTES DE TACOS** en Chill N Grill en Todos Santos. 6 a 9 pm, música en vivo.

6:30 pm, **JAZZ GITANO "PARGAZZ"** en Tre Galline en Todos Santos.

miércoles

8 am a 3 pm, **MERCADO DE CERRITOS**, Playa Cerritos. Un representante del centro de reciclaje de Punto Verde estará allí para recoger sus materiales reciclables.

9 am a 1 pm, **MERCADO LOCAL** en La Esquina Café, Todos Santos.

10 am a 1 pm, **BIBLIOTECA PALAPA ABIERTO**, Todos Santos. Palapalibrary@gmail.com

jueves

8:30 am a 1 pm, **EL MERCADO ORGÁNICO DE LA PAZ** en calle Madero entre 5 de Mayo y Constitución, La Paz.

HORA FELIZ

Casa Maya/Barefoot Cantina **Do Lu Mier Ju Vi Sa 3 a 6 pm**, 25 peso cerveza nacional, 50 peso margaritas de la casa y tequila.

Cerritos Beach Inn **Do Lu Mar Mier Ju Vi Sa 2 a 6 pm**, 2x1 cerveza y margaritas.

Chill N Grill Do 10 am a 2 pm, 2x1 bloody Marys, mimosas, y bebidas de la casa.

5 Tacos y Beer **Do Lu Mar Ju Vi Sa 4 a 6 pm**, 2x1 margaritas y mezcalitas.

Oystera **Vi 5 a 9 pm**, \$5 usd bebidas, margaritas y mezcalitas gratis para las damas.

Restaurant Benno, **Vi 5 a 9 pm**, Especiales en bebidas.

Shaka's Do Lu Mar Mier Ju Vi Sa 4 a 6 pm, Mitad precio: Cerritorita, George's Paloma, J.B. Special, P.P. Paloma, Shakarita, magarita de la casa y tequila de la casa.

Shakti Bowl, Las Tunas Lu Vi 6 a 8 pm, 2x1 cerveza.

jueves cont.

9 am a 2 pm, **CENTRO DE RECICLADO PUNTO VERDE**, atrás de Super Pollo entrando por Calle del Huerto, extremo sur de Todos Santos. Traiga su papel, cartón, plásticos de No. 1 y 2, baterías, latas, metal, unicel, vidrio claro, y electrónicos. Donativo mínimo 50 pesos, electrónicos 80 pesos. Favor de separar y limpiar materiales. Mayores informes: ecorrevolucionmx@gmail.com, (612) 139-4789.

VINO AL ATARDECER en **Mini Super Munchies**. Revisar su Facebook, Instagram, o sitio web para mayores informes y más eventos.

5 a 9 pm, **CAMINATA DEL ARTE** en San José del Cabo, en el distrito de las galerías. Todas las galerías que participan estarán abiertas hasta las 9 pm y muchas tienen recepciones y eventos especiales. Noviembre hasta el fin de Junio.

viernes

9 am a 2 pm, **CENTRO DE RECICLADO PUNTO VERDE**, atrás de Super Pollo entrando por Calle del Huerto, extremo sur de Todos Santos. Traiga su papel, cartón, plásticos de No. 1 y 2, baterías, latas, metal, unicel, vidrio claro, y electrónicos. Donativo mínimo 50 pesos, electrónicos 80 pesos. Favor de separar y limpiar materiales. Mayores informes: ecorrevolucionmx@gmail.com, (612) 139-4789.

9 am a 1 pm, **MERCADO ORGÁNICO** en The Shoppes en Palmilla en San José del Cabo. Hasta mayo.

10 am a 1 pm, **BIBLIOTECA PALAPA ABIERTO**, Todos Santos. Palapalibrary@gmail.com

6 pm, **NOCHE DE TRIVIA** en el Todos Santos Brewing.

sábado

8:30 am a 1 pm, **EL MERCADO ORGÁNICO DE LA PAZ** en calle Madero entre 5 de Mayo y Constitución, La Paz.

9 am a 3 pm, **EL MERCADO ORGÁNICO** en San José del Cabo está ligeramente afuera del distrito de arte histórico en la Huerta María en el Camino a las Ánimas. Noviembre hasta el fin de Junio.

9:30 am a 1 pm, **EL MERCADO ORGÁNICO** en DoceCuarenta, Todos Santos.

9 am a 1 pm, **TIANGUIS NATURAL MALECÓN** (Mercado) en el Callejon Cabezud es en La Paz—el área entre calle Esquerro y el Malecón ubicado en el mural Wyland y la escultura del músico tocando el caracol.

10:30 am a 2 pm, **MERCADO RANCHERO** con arte, muebles y productos frescos de los ranchos de la zona, que incluyen queso, pollo y carne.

6 pm, **SÁBADO DE CANTAUTORES** en el Todos Santos Brewing.

To dial a United States 800 number FROM a landline in Mexico, replace the 800 prefix with the prefix shown below:

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- 866 numbers Dial 001-883-then the number
- 877 numbers Dial 001-882-then the number
- 888 numbers Dial 001-881-then the number

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Pelicans

continued from page 24



When pelicans are fishing, they scoop up a lot of water with the fish and need to release the water before they swallow their prey. They do this by shaking and tipping their heads back and forth and draining the pouch of water. The pouch holds more than three times the volume that their stomachs can, which is a lot considering that a happy pelican consumes about six pounds (2.3 kg) of fish in a day.

As breeding season approaches, male pelicans' eye color will change from brown or tan to a bright white or blue, as well as their plumage changing to brighter colors—this all helps to attract a mate. Brown pelicans are monogamous for only one season of mating and rearing chicks. During this time, they share the job of building the nest with sticks, beach debris, feathers, and leaves. They also share the job of incubating the two to three eggs with their webbed feet by standing on them and keeping them warm. Chicks are rarely seen as pelicans prefer to isolate themselves far inland in remote nesting areas creating large colonies of breeding birds that are often hard to locate. Chicks fledge (develop wing feathers for flying) in about 12 weeks and begin learning the life of the Brown pelican in large groups, or pods, or briefs, or pouches, or scoops and even in squadrons!

Pelícanos

continuó de página 26

claro a un azul o blanco brillante. Su plumaje también cambia a colores más llamativos, para atraer a la hembra. El pelícano pardo es monógamo únicamente durante una temporada de apareamiento y crianza de polluelos. La pareja comparte la labor de construir el nido con ramas, hojas, plumas, y restos hallados en la playa. También comparten la tarea de incubación de los dos o tres huevos; los mantienen calientes con sus patas palmeadas. Es raro ver un polluelo, ya que el pelícano prefiere aislarse tierra adentro, creando grandes colonias de pelícanos en crianza que resultan difíciles de localizar. Los críos desarrollan plumas de vuelo a las 12 semanas y es cuando empiezan a aprender de la vida del pelícano pardo en grandes grupos, en parvada, bandada o cápsula... ie incluso en escuadrón!

Palapa

continuó de página 10

espacio nuevo. La escuela Palapa espera celebrar a sus primeros graduados en junio de 2022.

El programa piloto de becas continúa brindando un promedio de 60 becas para estudiantes de escuelas secundarias y universidades públicas cada año. Este programa brinda asistencia financiera vital a las familias que necesitan ayuda con las tarifas de inscripción escolar, libros, uniformes, y materiales.

La Biblioteca Elena Poniatowska alberga la mayor colección de libros de Baja California Sur. La biblioteca comunitaria bilingüe lleva el nombre de una narradora y ensayista mexicana (de origen francés), autora venerada y galardonada, especializada en obras sobre justicia social y política. La biblioteca infantil alberga una vasta colección de libros. Esta biblioteca ha fomentado el amor por la lectura a través del círculo de lectura de los sábados y la hora de manualidades.

El programa Puente al Inglés para niños ha ayudado a más de 500 estudiantes desde su inicio a mediados de la década de 2000. Niños de 6 a 18 años participan en este programa que se desarrolla anualmente de octubre a junio. Alrededor del 80 por ciento regresa año tras año para continuar con sus lecciones. Muchos de los estudiantes actuales de la Escuela Palapa comenzaron con este programa. El programa para adultos consiste en miembros de la comunidad que trabajan localmente. Tener el inglés como segundo idioma en una comunidad que prospera gracias al turismo les permite alcanzar sus objetivos profesionales. Este programa lleva activo más de 13 años y más de 400 alumnos se han beneficiado de él.

La Junta Directiva de la Sociedad de la Palapa también ha experimentado cambios y crecimiento. Ha reclutado con éxito nuevos miembros de la junta que representan una experiencia diversificada. La Junta se reestructuró mediante la creación de comités de trabajo y la contratación de personal a tiempo completo y parcial para satisfacer las crecientes necesidades de la organización. Con la adición de La Escuela Palapa y el personal pagado, el presupuesto anual ha aumentado a \$600k USD por año. Como organización mexicana sin fines de lucro, La Sociedad de la Palapa no recibe fondos federales. Todos los gastos están cubiertos por la generosidad de nuestra comunidad.

Es una lección de humildad ver cuánto hemos crecido y evolucionado en los últimos 19 años. Esperamos entrar en los próximos cinco años con fuerza, dedicación y determinación para garantizar que los programas educativos de La Sociedad de la Palapa continúen creciendo y prosperando.

Para obtener más información o para hacer una donación deducible de impuestos de EE. UU., consulte el anuncio en esta edición y escanee el código QR, o visite <https://www.palapasociety.org/>. Para convertirse en voluntario o programar una visita al campus, envíe un correo electrónico a info@palapasociety.org.

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Seguridad Alimentaria

continuó de página 31

Otro programa clave de Raíz de Fondo es "Cocinando para la Colonia." Con base en la cocina al aire libre de uno de sus jardines comunitarios, Huerto Guamuchil, los chefs preparan comidas elaboradas con ingredientes del jardín, así como alimentos rescatados, para apoyar a los comedores comunitarios con recursos limitados. Erika dice que planean apoyar a tres grupos este año con un total de 3000 comidas. El equipo está utilizando además esta plataforma para enseñar recetas saludables a los cocineros de las cocinas institucionales participantes. Para apoyar estos programas, Raíz de Fondo ha creado una red de productores de vegetales que a menudo tienen alimentos perfectamente comestibles que no pueden vender. Están encantados de que Raíz de Fondo redistribuya esta comida a los necesitados, e incluso obtienen una deducción de impuestos por su donación. Por su amplia experiencia con productores locales, Raíz de Fondo es un socio clave en el programa de recuperación y distribución de alimentos de ASA en La Paz.

El tercer pilar de la plataforma de seguridad alimentaria de ASA en BCS es crear cuencas alimentarias locales prósperas mediante el aumento de la capacidad de los pequeños y medianos agricultores para producir alimentos saludables para el mercado local. En junio de 2021 ASA inició un "Colectivo de Aprendizaje Agroecológico" enfocado en la transición a un modelo de producción regenerativo, empleando técnicas de cultivo que mejoran la calidad del suelo. Actualmente siete productores de tres fincas participan en el colectivo piloto y han recibido 60 horas de asistencia técnica y 30 horas de consultoría en manejo regenerativo. Hay mucho entusiasmo en torno a este proyecto, y empresas locales como Sueño Tropical, Rancho Cacachiles, y Baja Regenerative Farms están colaborando con valiosos consejos sobre la planificación de la producción, la selección de cultivos y la comercialización. El objetivo del Food Hub de ASA es ser el eslabón que falta actualmente de agregación, distribución y mercadeo entre los pequeños y medianos productores locales y los compradores y consumidores regionales.

SEGURIDAD ALIMENTARIA cont. en página 46

Food Security

continued from page 31

seven producers from three farms are participating in the pilot collective and have received 60 hours of technical assistance and 30 hours of regenerative management consulting. There is a great deal of excitement around this project, and local businesses like Sueno Tropical, Rancho Cacachiles, and Baja Regenerative Farms are all pitching in with invaluable advice on production planning, crop selection and marketing. ASA's Food Hub goal is to be the currently missing link of aggregation, distribution and marketing between local small and mid-sized producers and regional buyers and consumers.

How can you help ASA implement this comprehensive approach to food security in Baja California Sur? Connect with these programs and lend your time, money, expertise, and enthusiasm.

ASA: <https://asalimentaria.org/>;
<https://asalimentaria.org/en/>



ICF: <https://icfdn.org>



SINADES: sinadesacines@gmail.com;
<https://www.facebook.com/sinades.ac.7>



RAÍZ DE FONDO: <https://www.raizdefondo.org>

You can visit the community gardens
Tuesday - Saturday.

HUERTO COMUNITARIO GUAMUCHIL

Calle Colegio Militar s/n, entre Ramírez y Altamirano, Colonia Esterito. La Paz BCS. Email: guamuchil@raizdefondo.org

HUERTO COMUNITARIO LEGASPY

Legaspy #443, entre Guillermo Prieto y Serdán, Colonia Centro, La Paz BCS. Email: legaspy@raizdefondo.org
Google map Huerto Legaspy

Todos Santos Eco Adventures (TOSEA) is the leading eco adventure company in Baja California Sur. TOSEA invites you to join them in the following initiatives to help preserve the habitats of Baja California that both our native and migratory species depend on:

Carbon Capture with Tomorrow's Air. TOSEA is a carbon capture education partner with Tomorrow's Air, and to date has supported the removal of one ton of carbon dioxide from the air. All *homo sapiens* who migrate to Baja are invited to join TOSEA in supporting this incredible project that was awarded Newsweek's 2021 Future of Travel Award in the Visionary category—it is not carbon offset, it is actually removing CO₂ from the air and storing it deep underground. www.tomorrowsair.com.

Zero Waste Alliance of Todos Santos and Pescadero (ZWA). TOSEA is a proud supporter of the ZWA which is actively working to reduce the amount of waste that goes to the local landfill and build circular economies around that waste. All *homo sapiens*, both native and migratory, are invited to join the movement! www.facebook.com/alianzacerobasuratodosantos

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Schedule

sunday / domingo

9 am, **VINYASA FLOW YOGA W/C LIZ @ Cuatro Vientos**, Todos Santos.

10:30 am, **LUNAR VINYASA YOGA W/C KIMBERLY @ Cuatro Vientos**, Todos Santos.

4:30 pm, **INTO TO FOLK DANCING W/C JACK @ Cuatro Vientos**, Todos Santos.

6 pm, **DHARMA SHARING CIRCLE W/C MALEK @ Cuatro Vientos**, Todos Santos.

monday / lunes

9 am, **YOGA W/C MARIMAR @ Cuatro Vientos**, Todos Santos.

9:15 am **FUSION FITNESS @ Cross2Box**, Todos Santos.

10:30 am, **YOGA FOR HEALTHY AGEING W/C LISA @ Cuatro Vientos**, Todos Santos.

11 am, **AA MEETING**. On the rooftop at Ricardo Amigo Real Estate on calle Centenario in Todos Santos. For info: Erick (612)156-9980.

12:30 pm, **VAJRA DANCE @ Cuatro Vientos**, Todos Santos.

2 pm, **TAI CHI W/C MALEK @ Cuatro Vientos**, Todos Santos.

2:30 pm, **BIOMECHANICS @ Cross2Box**, Todos Santos.

4:30 pm, **SLOW FLOW YOGA W/C EMILY @ Cuatro Vientos**, Todos Santos.

5 pm, **AA MEETING** via Zoom 854 6570 9347 / 61 66 88. For information: Kenny: (612)152-2995, Catherine: (612)149-5194, Don: (612)157-1256

6 pm, **MEN'S GROUP W/C EAN @ Cuatro Vientos**, Todos Santos. First and third Monday.

6 pm, **EROTIC DANCE FOR WOMEN W/C RACHEL @ Cuatro Vientos**, Todos Santos. Second and fourth Monday.

tuesday / martes

9 am, **BARRE & FLEX @ Cross2Box**, Todos Santos.

9:15 am, **ZUMBA W/C JAN @ Cuatro Vientos**, Todos Santos.

10:30 am, **VINYASA YOGA W/C PAULINA @ Cuatro Vientos**, Todos Santos.

12:30 pm, **PILATES YOGA W/C MARIANA @ Cuatro Vientos**, Todos Santos.

4 pm, **CROSSFIT/BOXING FOR KIDS @ Cross2Box**, Todos Santos.

4 pm, **BOXING @ Cross2Box**, Todos Santos.

4:30 pm, **RESTORATIVE YOGA W/C KIMBERLY @ Cuatro Vientos**, Todos Santos.

6 pm, **DANCE FITNESS W/C NATHALIE @ Cuatro Vientos**, en Español Todos Santos.

wednesday / miércoles

7:30 am, **POUND W/C SUE @ Cuatro Vientos**, Todos Santos.

9 am, **YOGA W/C MARIMAR @ Cuatro Vientos**, Todos Santos.

9:15 am **FUSION FITNESS @ Cross2Box**, Todos Santos.

10:30 am, **VINYASA YOGA DETOX W/C ELLE @ Cuatro Vientos**, Todos Santos.

11 am, **AA MEETING**. On the rooftop at Ricardo Amigo Real Estate on calle Centenario in Todos Santos. For info: Erick (612)156-9980.

12:30 pm, **BEYOND DEFENSE W/C MIA @ Cuatro Vientos**, Todos Santos.

2:30 pm, **BIOMECHANICS @ Cross2Box**, Todos Santos.



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4:30 pm, **DANCE LAB W/C ZÖE @ Cuatro Vientos**, Todos Santos. Email for space availability: dearzoelab@gmail.com

5 pm, **PESCADERO HIGHTIDE AA MEETING @ Baja Beans, Pescadero.** For information: Don (612) 157-1256.

5 pm, **AA MEETING** via Zoom 817 0359 7498 / 85 96 40. For information: Kenny: (612)152-2995, Catherine: (612)149-5194, Don: (612)157-1256

6 pm, **RITMOS LATINOS W/C GABRIELA @ Cuatro Vientos, Todos Santos.**

thursday / jueves

9 am, **BARRE & FLEX @ Cross2Box, Todos Santos.**

9:15 am, **ZUMBA W/C JAN @ Cuatro Vientos, Todos Santos.**

10:30 am, **POWER VINYASA YOGA W/C PAULINA @ Cuatro Vientos, Todos Santos.**

12:30 pm, **POWER VINYASA YOGA W/C PAULINA @ Cuatro Vientos, Todos Santos.**

2:30 pm, **BIOMECHANICS @ Cross2Box, Todos Santos.**

4 pm, **CROSSFIT/BOXING FOR KIDS, Cross2box, Todos Santos.**

4 pm, **BOXING @Cross2box, Todos Santos.**

4:30 pm, **RESTORATIVE YIN YOGA W/C MAR @ Cuatro Vientos, Todos Santos.**

5 pm, **AA MEETING** via Zoom 863 1292 4030 / 208 002. For information: Kenny: (612)152-2995, Catherine: (612)149-5194, Don: (612)157-1256

6 pm, **DANCE FITNESS W/C NATHALIE @ Cuatro Vientos, en Español, Todos Santos.**

friday / viernes

7:30 am, **ACTIVE MEDITATION W/C MOJUD @ Cuatro Vientos, Todos Santos.**

9 am, **YOGA W/C MARIMAR @ Cuatro Vientos, Todos Santos.**

9:15 am **FUSION FITNESS @ Cross2Box, Todos Santos.**

10:30 am, **WOMEN'S HEALING YOGA W/C MAR @ Cuatro Vientos, Todos Santos.**

12:30 pm, **PREGNANCY YOGA W/C PAULINA @ Cuatro Vientos, Todos Santos.**

2 pm, **HEALING HERBS W/C RIVER @ Cuatro Vientos, Todos Santos.**

4:30 pm, **ECSTATIC DANCE W/C MARIA @ Cuatro Vientos, Todos Santos.**

5 pm, **AA MEETING.** On the rooftop at Ricardo Amigo Real Estate on calle Centenario in Todos Santos. For info: Erick (612)156-9980.

12:30 pm, **QI GONG W/C RHODA** via Zoom. Beginning Tai Chi course. Email for link: barakabaja@gmail.com

saturday / sábado

8:30 am, **CERRITOS BEACH WORKOUT, Cross2box, Todos Santos.** Takes place the first Saturday of the month.

9 am, **VINYASA FLOW YOGA W/C LIZ @ Cuatro Vientos, Todos Santos.**

10:45 am, **SUPER FLOW VINYASA YOGA W/C ANNIE @ Cuatro Vientos, Todos Santos.**

11 am, **AA MEETING.** On the rooftop at Ricardo Amigo Real Estate on calle Centenario in Todos Santos. For info: Erick (612)156-9980.

AA CABO SAN LUCAS—AA Hacienda Group Cabo, upstairs above Ace Hardware behind McDonalds. Monday – Friday, 4:30 pm and daily at 6 pm. For information: (624) 147-0478

SAN JOSÉ DEL CABO—Next to the Calvary Chapel corner of Degollado and Coronado. 6 pm nightly.

LA PAZ—For information call: Rick M. (612)131-7459, JoAnna (612)108-5342, or Leo (612)197-8639.



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Every Week

continued from page 21

electronics are 80 pesos. Please separate and clean materials. For information: ecorrevolucionmx@gmail.com, (612) 139-4789

10 am - 1 pm, **PALAPA LIBRARY OPEN**, Todos Santos. Palapalibrary@gmail.com

6 pm, **TRIVIA NIGHT** at Todos Santos Brewing.

saturday

8:30 am – 1 pm, **LA PAZ FARMER'S MARKET** on calle Madero between 5 de Mayo and Constitución, La Paz.

9 am – 1 pm, **MALECÓN TIANGUIS NATURAL (MARKET)** at the Callejon Cabezud in La Paz—the area between Esquerro street and the *malecón* at the location of the Wyland mural and the seashell musician statue.

9 am – 3 pm, **SAN JOSÉ DEL CABO ORGANIC MARKET** (Mercado Orgánico) just outside the San José historic district in Huerta Maria on the Camino a Las Animas. Look for the signs at the big arroyo off Avenida Centenario. Takes place November through the end of June.

9:30 am – 1 pm, **FARMER'S MARKET** at DoceCuarenta, Todos Santos.

10:30 am – 2 pm, **EL MERCADO RANCHERO MARKET** with art, furniture, and fresh products from area ranches, including cheese, chicken, and meat, Todos Santos.

6 pm, **SONGWRITER SATURDAYS** at Todos Santos Brewing.

Seguridad Alimentaria

continuó de página 42

La meta de ASA es convertirse en el eslabón perdido entre la distribución y el mercadeo de los pequeños y medianos productores, y los consumidores y compradores regionales.

¿Cómo puede ayudar a ASA a implementar este enfoque integral de seguridad alimentaria en Baja California Sur? Conéctese con estos programas y comparta su tiempo, dinero, experiencia, y entusiasmo.

ASA: <https://asalimentaria.org/>
<https://asalimentaria.org/en/>

ICF: <https://icfdn.org>

SINADES: sinadesacines@gmail.com;
<https://www.facebook.com/sinades.ac.7>

RAÍZ DE FONDO: <https://www.raizdefondo.org>

Usted puede visitar los jardines comunitarios cualquier día except los domingos y lunes.

HUERTO COMUNITARIO GUAMUCHIL Calle Colegio Militar s/n, entre Ramírez y Altamirano, Colonia Esterito. La Paz BCS. Email: guamuchil@raizdefondo.org

HUERTO COMUNITARIO LEGASPY Legaspy #443, entre Guillermo Prieto y Serdán, Colonia Centro, La Paz BCS. Email: legaspy@raizdefondo.org
Google map Huerto Legaspy



RANCHO LA TRINIDAD

Todos Santos

5 Bedrooms | 4 Baths | Lot: 35,344.86 M²
\$ 2,650,000 USD

MLS# 20-2900



CASAS TRES ESTRELLAS

Todos Santos

4 Bedrooms | 4.5 Baths | Lot: 2.4 Acres
\$ 2,575,000 USD

MLS# 21-4342



ELIAS CALLES BEACHFRONT

Elias Calles

5,000 Sq.Mt. / M²
\$ 620,000 USD

MLS# 22-606



ROSA DEL PACIFICO 501

San Pedrito

1,407 Sq.Mt. / M²
\$ 400,000 USD

MLS# 21-2753



CASA 26

Cerritos

3 Bedrooms | 2.5 Bathrooms
\$ 397,000 USD

MLS# 21-4319



BILL'S DREAM HOME

Pescadero

2 Bedrooms | 1 Bathrooms
\$ 340,000 USD

MLS# 22-279



SO. PESCADERO SAL. LOT

Pescadero

9,885 Sq.Mt. / M²
\$ 254,800 USD

MLS# 20-3174



RANCHO NUEVO LOT

Rancho Nuevo

1,244 Sq.Mt. / M²
\$ 125,000 USD

MLS# 21-2114



HWY MARINA FRONTAGE

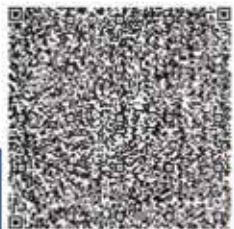
Pescadero

1,797 Sq.Mt. / M²
\$ 108,500 USD

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