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La Revista de Baja California Sur

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Culture & Adventure

*Student Life
in Mexico*

*La Vida Estudiantil
en México*

*Sustainable
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*Chito and the Evolution
of Rancho Santo Domingo*

*Chito y la Evolución del
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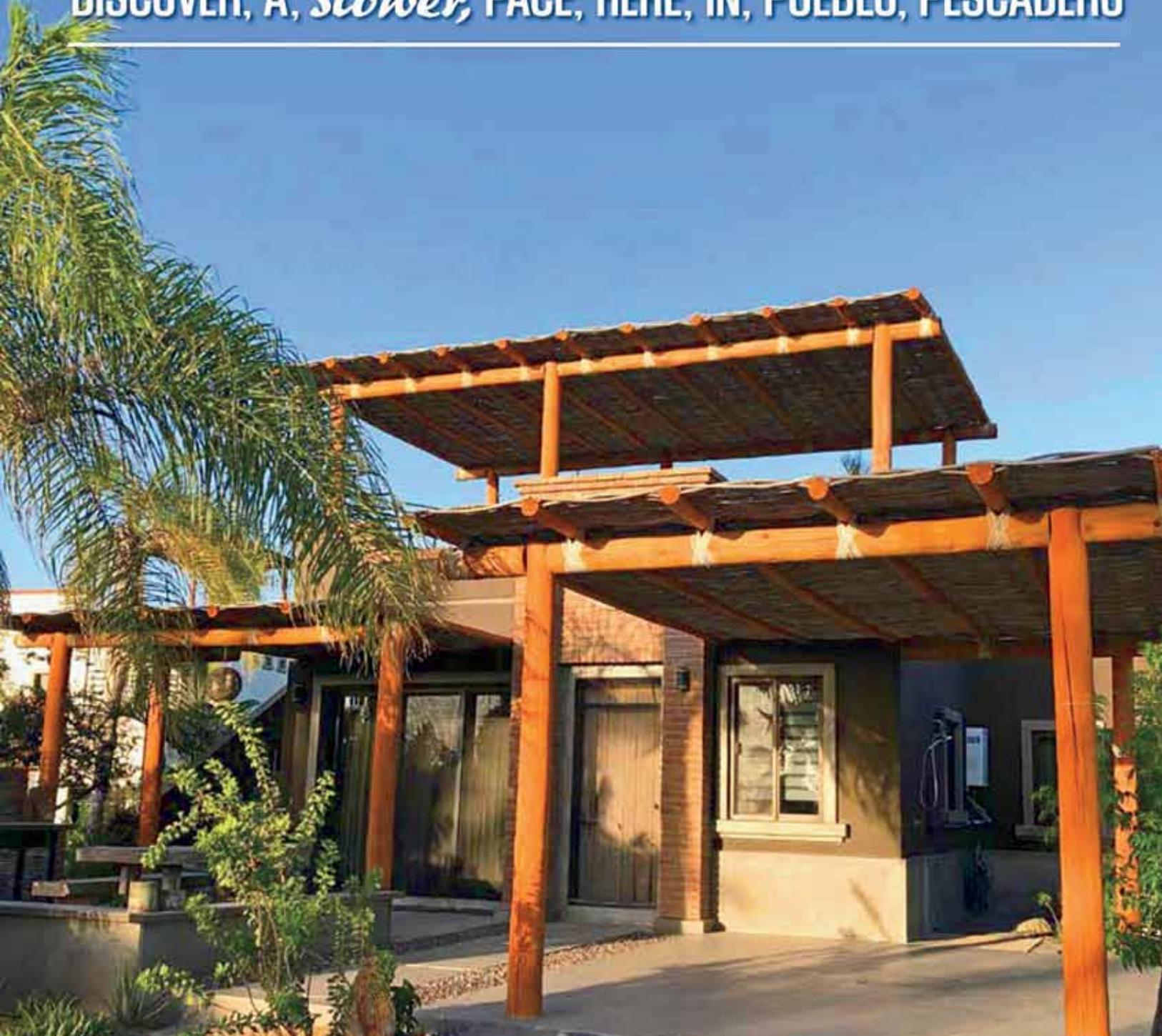
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**PROUDLY PUBLISHED
& PRINTED IN MEXICO**

info@journaldelpacifico.com

Publisher

JANICE KINNE
yani@journaldelpacifico.com
 cell (612) 154-4043

Customer Service Manager

CELIA DEVAULT
heavenlybliss57@hotmail.com
 cell (612) 152-0823

Contributors

IVONNE BENÍTEZ
 BRIANTA COOPERATIVE
 DELIA CARMONA
 ROC FLEISHMAN
 JACK HAMILTON
 BRYAN JÁUREGUI
 VIC KIRBY
 JILL LOGAN
 RICARDO MADRAZO
 JAMIE SECHRIST
 KEEGAN SENTNER
 KEENAN SHOAL WERNER
 KAIA THOMSON
 GEOFFREY VON ZASTROW

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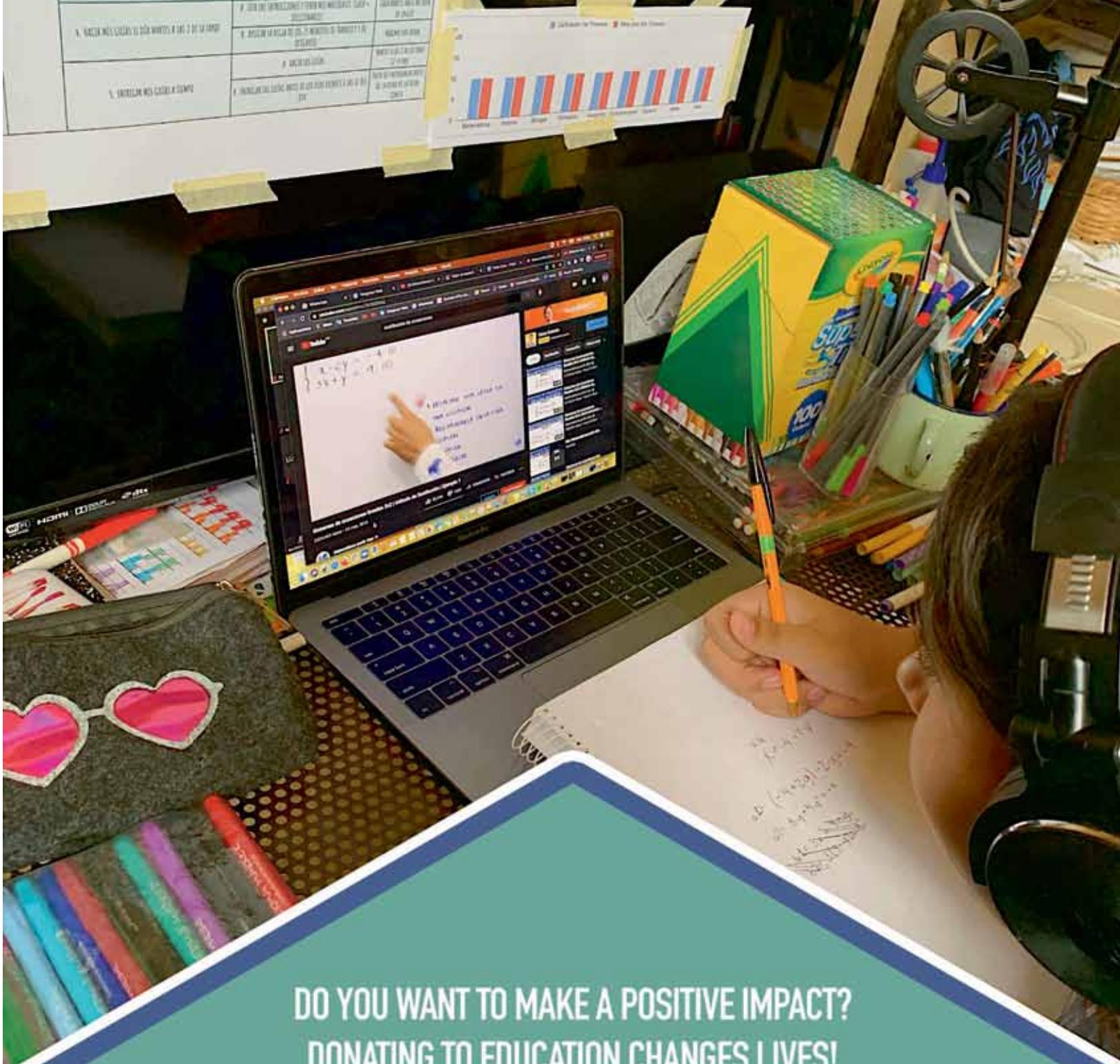
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SUMMER / VERANO ISSUE

DEADLINE: MAY 10, 2021

FECHA LIMITE: 10 DE MAYO 2021



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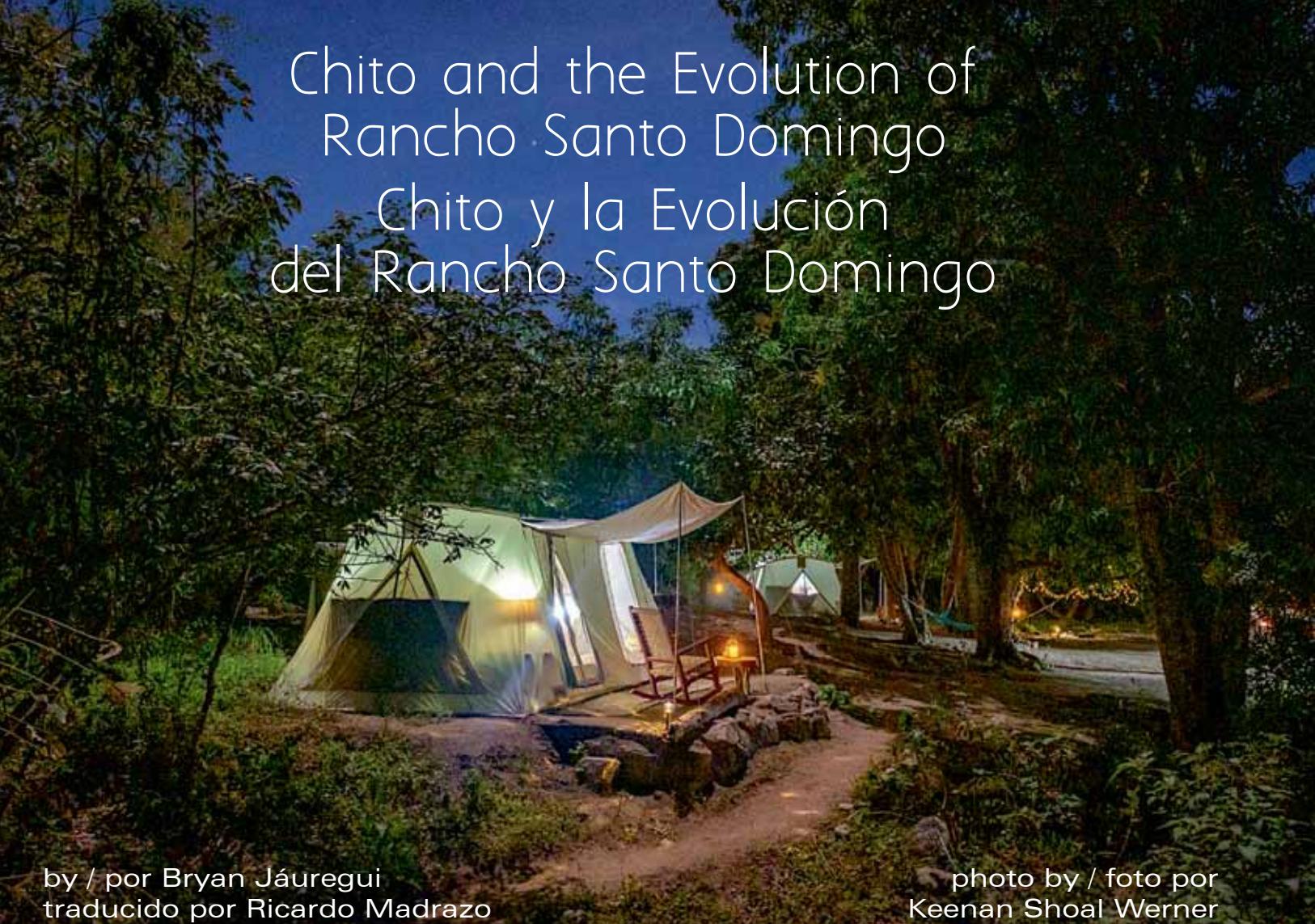
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Chito and the Evolution of Rancho Santo Domingo

Chito y la Evolución del Rancho Santo Domingo



by / por Bryan Jáuregui
traducido por Ricardo Madrazo

Chito. In Baja California Sur, if you're talking about Chito, it's the same as if you were sitting in the offices of *Rolling Stone* talking about Sting or Bono. Surnames are simply superfluous. Chito is the owner of Rancho Santo Domingo, 2,500 hectares of spectacular land in the Sierra La Laguna mountains that has been in his family since the 1700s. Like most *rancheros* in Baja Sur, Chito (christened Alfredo Orozco Castro) has all the skills he needs to thrive in a remote area: he knows how to build houses, run a business, train horses, lasso cows, deal with snake bites, make cheese, handle poachers, distill plant-based medicines, fight forest fires, roast pigs, and track missing hikers. And that's just for starters. Ranching has been his way of life, all his life, and when he looks to the future he sees, well, something different.

"Around 35 years ago things started changing," says Chito. "We used to have rains every January and February, sometimes three times a week, but now we really only have rain during the summer hurricane season. Water, of course, is life, and with this much longer dry season we can't have as many cows, we can't make as much cheese, we don't grow as many vegetables—the impact on the ranching way of life is huge." Right now, selling cattle is Chito's main source of income but, at the age of 60, he's ready to embrace a post-cow future. "I really see the future of Rancho Santo Domingo in ecotourism."

photo by / foto por
Keenan Shoal Werner

Chito. En Baja California Sur, decir "Chito" es como estar en Hollywood y decir "Sting" o "Bono." El apellido sobra. Chito es propietario del espectacular Rancho Santo Domingo, 2500 hectáreas en la Sierra de la Laguna que han sido propiedad de su familia desde el siglo XVIII. Como la mayoría de los rancheros sudcalifornianos, Chito (Alfredo Orozco Castro) tiene los conocimientos necesarios para sobrevivir en áreas remotas: sabe construir viviendas, manejar un negocio, amansar caballos, amarrar vacas, curar mordeduras de serpiente, hacer queso, destilar plantas medicinales, combatir incendios, rostizar marranos, y rastrear gente perdida en la sierra. Para empezar. La sierra ha sido su estilo de vida por toda la vida, y al mirar hacia el futuro, ve algo diferente.

"Hace como 35 años empezaron a cambiar las cosas," nos relata Chito. "Antes teníamos lluvias en enero y febrero, a veces tres veces por semana, pero ahora realmente sólo cae durante la temporada de huracanes en verano. El agua es vida, por supuesto, y con estas sequías extendidas se nos dificulta mantener el ganado, se nos dificulta fabricar queso, cultivar el campo. El impacto sobre la vida de rancho es enorme." Actualmente la venta de ganado es el ingreso principal de Chito, pero a sus sesenta años, ve un cambio en el futuro. "Realmente creo que el futuro de Rancho Santo Domingo es el ecoturismo."

CHITO continúa en página 19

In 2019, Chito started working with Todos Santos Eco Adventures (TOSEA) on a luxury tent camp in the avocado, grapefruit, and mango orchard that his grandfather planted for his grandmother at the ranch. (Disclosure: the author is a co-owner of TOSEA). With his own hands he built a traditional ranch kitchen with a beautiful brick, wood-burning stove that is the heart of the camp, and this is complemented by walk-in tents throughout the orchard that feature locally made furniture, real beds, rugs, lamps, rocking chairs, and other details that make staying on Chito's ranch not only incredibly fun, but super comfortable. Chito often guides guests on hikes and mule rides throughout the mountains, and loves chatting with folks around the campfire at happy hour afterwards. His incredibly accomplished 7-year-old grandson Alfredito often accompanies him, always making sure that there is enough wood for the stove and always ready to share a laugh with camp guests. Together they demonstrate a truth that has been known in the area for centuries: the ranchers of Baja California Sur are some of the most gracious and welcoming hosts on the planet.

They are also accomplished artists. Using the tools handed down from his father, Chito is a master leatherworker, and his beautiful saddles, bridles, and other leather items are highly sought after. He is also a natural teacher, and a leather working workshop with Chito is the highlight of many guests' stay at Camp Cecil de la Sierra, the luxury tent camp on his property. Chito inspires his fellow artists as well. Renowned ceramic mosaic artist Donna Billick, the

CHITO continued on page 18



Chito, photo by Geoffrey Von Zastrow



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Sustainable Seafood / Un Océano Sustentable

by / por Keegan Sentner

traducido por Ricardo Madrazo

To many of us, the ocean symbolizes a sense of the unknown. It often sparks deep emotions of gratitude, humility, and inspiration. Think about the last time you sat on the beach and stared off into the horizon. Did you think about the growing degradation of the ecosystem laid out in front of you? Did you think about the ever-expanding seafood industry and its unsustainable levels of harvest? Well, if you're like me, I am going to guess that's a "no." The last time I looked at the ocean, I didn't think about the fish tacos I had for lunch or the shrimp ceviche I ate at a dinner party last week. I didn't know how my choice of seafood may be contributing to one of our planet's most prominent issues. I thought about my life, all the things that affect me, and what the ocean means to me. Well, let me tell you, that's starting to change.

The "great blue" is a cornerstone of our species, making up roughly 70% of our planet. It's not surprising that we struggle to fathom that something as simple as our choice of fish tacos may negatively influence the sea. Our world's oceans provide a home for millions of species of every shape and size, from blue whales to plankton. The sea is also a significant contributor to the survival of our species. According to the United Nations, roughly 3 billion individuals (1/3 of the earth's population) rely on the ocean's biodiversity for their livelihood. The U.N. also reports that

Para muchos de nosotros, el océano simboliza un sentido de los desconocidos. A menudo despierta sentimientos de gratitud, humildad, e inspiración. Piensa sobre la última vez que estuviste en la playa, mirando hacia el horizonte. ¿Te vino a la mente la creciente degradación ambiental de nuestro ecosistema? ¿Pensaste en la gigantesca industria pesquera y sus niveles insustentables de cosecha? Confieso que yo no. La última vez que miré al océano no pensé en los tacos de pescado que había almorzado ese día, o en el ceviche que había comido la semana anterior. No tenía idea de cómo mis propios hábitos de consumo podrían estar agravando uno de los problemas más serios de nuestros tiempos. Yo pensaba en mi propia vida, en las cosas que me afectan a mí, y lo que el océano significa para mí. Déjame decirte que eso está cambiando.

Los océanos son el origen de nuestra especie y conforman más del 70 por ciento de la superficie del planeta. No es de sorprender que nos sea difícil dimensionar el impacto negativo sobre el mar que puede tener algo tan sencillo como nuestra selección de tacos de marisco. El océano alberga millones de especies de todo tipo y tamaño, desde la ballena azul hasta el plancton microscópico. El mar es vital para la supervivencia de nuestra especie. Según las Naciones Unidas, unos tres mil millones de personas, una tercera parte de la humanidad, depende de la biodiversidad

OCÉANO SUSTENTABLE continúa en página 31

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A panga taking off from the fishing community Las Pacas. Photo by Jack Hamilton for Blue Turtle Sustainable.

Una panga zarpa en la comunidad pesquera de Las Pacas. Fotografía de Jack Hamilton para Tortuga Azul Sustentable.

the seafood industry employs over 200 million individuals. Our species' reliance on the sea is unmistakable. It is not only our livelihood; it is also a part of our humanity. We look to the ocean for inspiration, connection, contemplation, and happiness. We use it to recreate, travel, work, and live. The sea is a part of who we are.

The sea always seemed untouchable. I figured that no matter what happened on land, the ocean would always be safe. Well, that's unfortunately just not true. In recent decades, scientists have uncovered an alarming trend highlighting biodiversity and habitat loss throughout our planet's oceans. This loss has been largely due to a growing seafood industry and a growing trend of overharvest. According to the FAO (Food and Agriculture Organization of the U.N.), roughly 31% of fisheries were fished at unsustainable levels by 2013. This issue of overharvest is just one of the factors depleting the world's oceans, along with climate change, habitat degradation, and bycatch (the

incidental catch of a non-target species). These issues have led to the decline in some of the ocean's most beloved creatures, including several sea turtle species.

This recognition of the issue is where things started to change in my mind. This time last year, I was on an expedition with Colorado State University in La Paz when I met Stephanie J. Rousso. Stephanie is a passionate individual, the kind of person you come to know as an embodiment of their work. Her work just so happens to be sea turtle ecology and ocean conservation. This passion for her work led Stephanie to start the organization Blue Turtle Sustainable LLC. Blue Turtle Sustainable utilizes a conservation-based business model that provides funding for sustainable seafood practice through health and wellness retreats. Stephanie works with local fisheries to institute safe harvest practices that limit the bycatch of sea turtles, sharks, and other at-risk species. This innovative

SUSTAINABLE SEAFOOD continued on page 43





Student Life in Mexico Flipped Upside Down La Vida Estudiantil en México Volteada al Revés

by / por Jamie Sechrist / traducido por Ivonne Benítez

In March of 2020, many of us didn't realize the big changes that were coming to all of our lives. The onset of the COVID-19 pandemic created huge challenges and shifts in how we conduct our daily business, education, work, social interactions, and much more. A year later, many of us have realized that we took for granted many things, including those interactions, and can now see how important and vital they are to our overall well-being. With these stressors in mind, can you imagine what it would be like to start your first year of *secundaria* (middle school) in a rural area during a pandemic?

Education in rural agricultural areas in Mexico has always been hit and miss. Many children in these areas don't even have access to a school at all, mostly due to their remote location and their family's precarious situation. Some students learn at schools that simply play programs on a television with basic and outdated teaching methods.

En marzo de 2020, muchos de nosotros no nos dábamos cuenta de los grandes cambios que se avecinaban en nuestras vidas. El inicio de la pandemia de COVID-19 creó enormes desafíos y cambios en la forma en que llevábamos a cabo nuestros negocios diarios, educación, trabajo, interacciones sociales, y mucho más. Un año después, muchos de nosotros nos hemos dado cuenta de que dábamos por sentado muchas cosas, incluidas esas interacciones, y ahora podemos ver lo importantes y vitales que son para nuestro bienestar general. Con estos factores estresantes en mente, ¿se imagina cómo sería comenzar su primer año de secundaria en una zona rural durante una pandemia?

La educación en las zonas agrícolas rurales de México siempre ha sido impredecible. Muchos niños en estas áreas ni siquiera tienen acceso a una escuela, principalmente debido a su ubicación remota y la precaria situación de su familia. Algunos estudiantes PALAPA continúa en página 42



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There are also public schools in the system that don't really prepare a young mind for university, or even solid placement in the workforce. This need for quality education in a place that depends on tourism and agriculture was easily recognized by The Palapa Society Board of Directors and Palapa Learning Center (PLC) founders David and Cindy Higgins. In 2015 they decided it was time to build a school that would help to elevate the educational opportunities in the Todos Santos and Pescadero area. Early on, the school embraced the importance of technology as an essential tool in learning. Many families in Todos Santos did not have personal computers or access to the internet, and it was vital that The Palapa School provide them the tools necessary to adapt to a technological world, which would in turn expand their career options in the future.



LEARNING FROM HOME DURING THE PANDEMIC
Soon after the pandemic was declared and we had to transition to distance learning, our teachers at The Palapa School recognized that our first-year students were struggling with adapting. The teachers quickly had to work on easing the students through the process and creating lessons and activities that they could do offline, in order to avoid the very real

effect of online fatigue. The lack of in-person learning has been a disadvantage to these new students; peer-to-peer activity is essential in helping to develop socio-emotional skills. These skills actually give a young life a sense of belonging and purpose. When we work in person it's easier to interact and promote the development of critical thinking and cooperation to solve problems. With distance
PALAPA continued on page 43

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Becoming Good Ancestors: Todos Artes and the Ecobrick Solution Convirtiéndose en Buenos Antepasados: Todos Artes y la Solución Eco Ladrillos

by / por Bryan Jáuregui / traducido por Ivonne Benítez

Ashes to ashes, dust to dust. That may be the fate of the mortal coil, but humans have never had much truck with letting flesh have the final word. "Rock, stone, mosaics, ceramics. These are the lasting materials of any civilization," says Donna Billick, the founder of Billick Rock Art in Davis, California and Todos Artes in Todos Santos, Baja California Sur. "Rock art is the only uninterrupted communication throughout human history of who we are culturally. It is a statement of who we are in our time as well as the transmission of ourselves

through time. When you look back across the ancient civilizations of Mesopotamia, Greece, Rome, China, Mesoamerica, you will find ceramics and mosaics embedded in the culture, still informing us today in vibrant and dynamic detail about those ancient lives lived."



Cenizas a las cenizas, polvo al polvo. Ese puede ser el destino de la envoltura mortal, pero los humanos nunca han tenido mucho que ver con dejar que la carne tenga la última palabra. "Roca, piedra, mosaicos, cerámica. Estos son los materiales duraderos de cualquier civilización," dice Donna Billick, fundadora de Billick Rock Art en Davis, California y Todos Artes en Todos Santos, Baja California Sur. "El arte rupestre es la única comunicación ininterrumpida a lo largo de la historia humana

de quiénes somos culturalmente. Es una declaración de quiénes somos en nuestro tiempo, así como la transmisión de nosotros mismos a través del tiempo. Cuando mira hacia atrás a través de las antiguas civilizaciones de

TODOS ARTES continúa en página 14

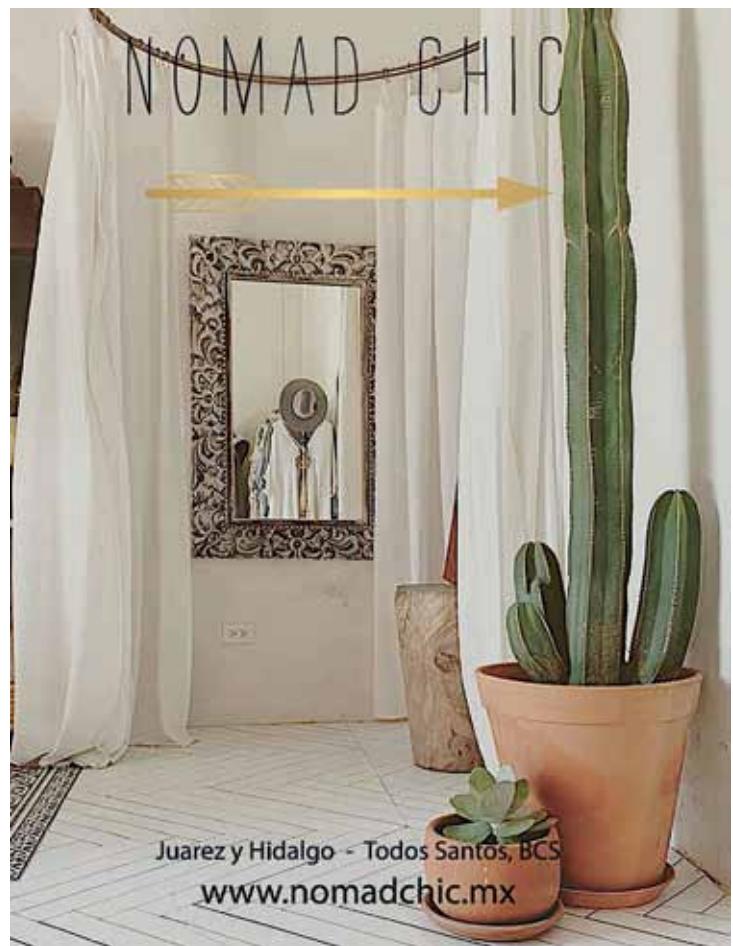
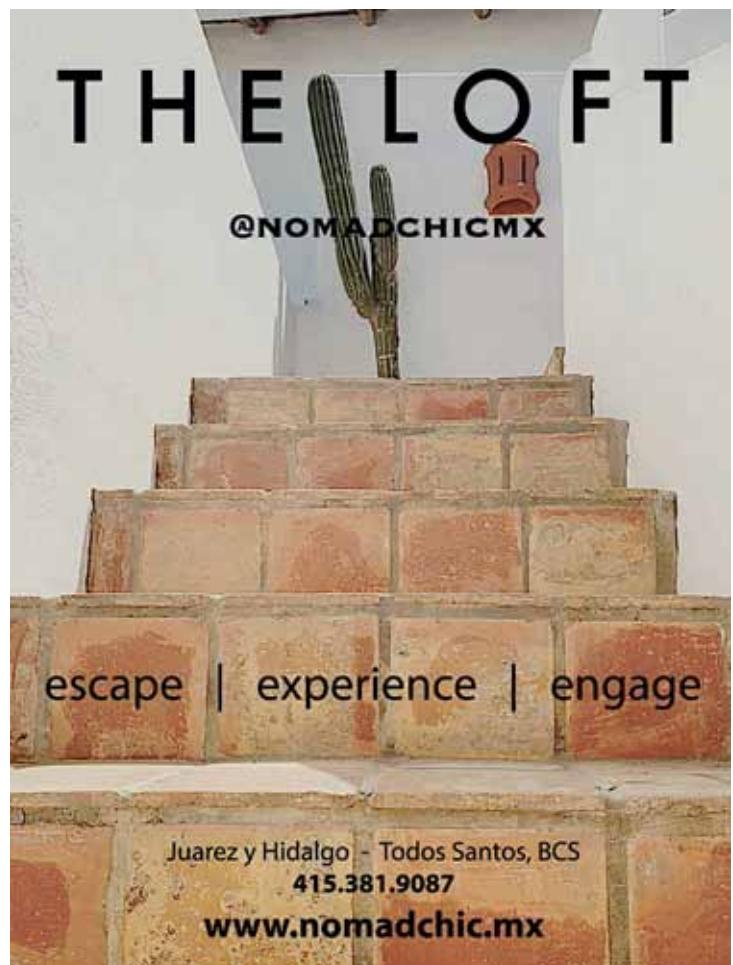
In fact, ceramics—clay hardened by heat—are so durable that NASA incorporates the material into present-day spacecraft engineering. The space agency actually has a page on its website devoted to “Superhero Ceramics!” noting that ceramics are “stronger than aluminum, fireproof, and able to withstand meteoroids.” Among many other uses, the entire lower surface of a space shuttle orbiter is covered with ceramic tiles as part of the spacecraft’s thermal protection system. But there is another material that is equally compelling to NASA and that is “pound-for-pound more effective for shielding against cosmic radiation than aluminum.” Plastic. In fact, the same material used to make household trash bags, polyethylene, can be chemically modified into a material that has three times the tensile strength of aluminum and is 2.6 times lighter.

That type of durability is highly desirable for space travel, particularly for any humans interested in traveling to Mars who would have to endure high levels of radiation for up to 30 months. But the very durability that makes your plastic trash bag seem like Superman’s cape in space, makes it a more of a Lex Luther-grade menace when it simply envelopes your trash in a landfill on earth. It can take up to 1,000 years to decompose, and in the process, it can release toxic pollutants into the air, ground, and water that threaten our very existence on the planet. It is probably safe to say that we would all rather have our first trip to Mars be by personal choice than by mandated evacuation order.

Donna, who has a degree in genetics in addition to art, started the Art & Science Fusion Program during her tenure as a professor at the University of California Davis. It is therefore not surprising that she and her Todos Artes “quaranteam” of artists, surfers, and environmentalists Isabel “Issy” Von Zastrow and Will Worden, saw their two worlds happily collide around the durable properties of ceramics and plastic. It all started with the ecobrick. Explains Will, “An ecobrick is a plastic container like a Coke bottle or a *garafón* (large water container) stuffed to the brim with non-biodegradable plastic waste. This makes a very strong, reusable, and long-lasting building material that can be used to make many things including furniture, garden walls, and sculptures. Issy and I were working on ecobricks for our new home, when we happened to observe Donna giving a ceramic mosaic workshop. The lightbulb kind of collectively went off for all of us, and we all saw a great way to mitigate the extremely negative impact of plastic waste’s durability, with the culturally positive impact of ceramic’s durability. When we take the ecobricks and encase them in concrete and ceramic mosaics, it makes a beautiful and enduring piece of art. From the basic building block of an ecobrick, you can make lamps, tables, chairs, really all kinds of beautiful, functional pieces.”

When Donna got out of graduate school in the mid-1970s, the governor of California at the time, Jerry Brown, mandated that 2% of the budget for all public buildings be devoted to art. For Donna, this was the answer to her father’s daily question during her childhood, “so what is your big idea?”, and she’s spent the last 42 years producing large scale art for public spaces. But having her art enjoyed

TODOS ARTES continued on page 15





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De hecho, la cerámica, arcilla endurecida por el calor, es tan duradera que la NASA incorpora el material a la ingeniería de naves espaciales actual. La agencia espacial tiene una página en su sitio web dedicada a "iCerámica de superhéroes!" señalando que las cerámicas son "más fuertes que el aluminio, ignífugas, y capaces de resistir meteoroides." Entre muchos otros usos, toda la superficie inferior de un orbitador del transbordador espacial está cubierta con baldosas de cerámica como parte del sistema de protección térmica de la nave espacial. Pero hay otro material que es igualmente atractivo para la NASA y que es "libra por libra más eficaz para protegerse contra la radiación cósmica que el aluminio." El plástico. De hecho, el mismo material que se utiliza para fabricar las bolsas de basura domésticas, el polietileno, se puede modificar químicamente para convertirlo en un material que tiene tres veces la resistencia a la tracción del aluminio y es 2.6 veces más ligero.

Ese tipo de durabilidad es muy deseable para los viajes espaciales, particularmente para cualquier humano interesado en viajar a Marte que tendría que soportar altos niveles de radiación hasta por 30 meses. Pero la misma durabilidad que hace que su bolsa de plástico para basura parezca la capa de Superman en el espacio, la convierte

TODOS ARTES continúa en página 23



Todos Artes

continued from page 13

Ecobrick

by everyone, not just a few private collectors or gallery owners, is only part of Donna's Big Idea. "Community build is really where it's at. Jerry Brown saw public art as a key component of an enlightened, vibrant, and thriving society. And when the community itself participates in making a piece of art, it creates a sense of collective ownership and pride in the art that is simply not possible any other way." Donna, a founding member of the Community Built Association, brought community build to Todos Santos through Todos Artes and her annual Heaven on Earth workshop. Two of her ceramic mosaic pieces built by

Todos Santos community members, the Aztec Calendar just off the Todos Santos town plaza, and the Los Todos Santeños wall along the well-traveled route of lower calle Topete, are now some of the most photographed, loved, and iconic images of the town.

Issy outlines how the ecobricks can fit into a long-term community build program for our tourism-driven area. "There is a difference between impact and influence. One way that the communities of Baja California Sur can influence the impact of tourism on our towns is to invite all travelers to contribute to the ecobricks. Each hotel, restaurant, and Airbnb rental can have an old garafón in a central area and invite travelers to stuff it with their plastic waste. When the *garafón* is full, either we at Todos Artes will come pick it up to turn it into functional art, or we can share with the proprietors how to do it themselves. We invite visitors into our communities to experience the area's great natural beauty, and this is a great way for them to help ensure that the place will be just as beautiful the next time they visit. They can influence the impact they have on the community in a lasting, beautiful way."

There is a group called The Long Now Foundation that is in the process of building the 10,000 Year Clock—a clock it expects to keep time for 10,000 years—with the help of ceramic bearings of course. The clock is a monument to long-term thinking and Alexander Rose, the executive director of the project notes, "It is not the engineering [of the clock] but the civilization around it which we hope to shape as one that cares for both the present and the future. We hope that by building such things... they challenge us to become better ancestors." The Todos Artes team sees ecobricks in much the same light. Says Donna, "The ecobricks are a great way to increase the environmental literacy of our community, to engage the current generation in a completely fun way in the preservation of the stunning nature all around us for future generations."

Perhaps when the 10,000 Year Clock strikes its last hour all those centuries into the future, and the archaeologists are writing their books on the ancient artifacts of the 2020s

TODOS ARTES continued on page 40

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Art Talk

by Jill Logan

CREATION

The art of creating something unusual and true to yourself is no small matter. By learning all kinds of skills and techniques, you can create some beautiful works, but to really dive into a unique representation of yourself is another thing altogether.



Dance teacher

Helena St. Rogers says: "For an artist, greatness happens when you take something organized and make it feel like it was improvised."

For me improvising or true creation often happens after I set out to do a certain work but along the way I let something else happen. I improvise on the idea. Or I deviate and at times wonder if I just made a big mistake, then wham out comes a terrific, unusual piece of work. So much better

"Oro Blanco II" by Jill Logan
60"x72" mixed/media w/silver leaf

than I had imagined.

Sometimes this is about experimenting. One piece leads to another, one idea leads to a whole new series, one impression out in nature, becomes a seed that germinates over time and one day sprouts into an amazing new image. Robert Genn of The Painter's Keys says: "The secret is to



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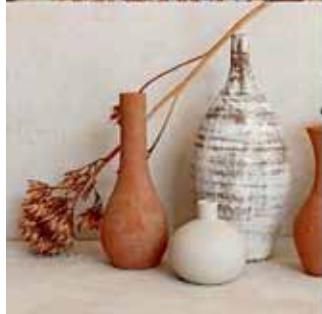
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avoid meandering around while waiting for inspiration, but instead to hit hard with something exciting enough to play with. To expand upon with studies."

He says if you are struggling with sameness, go up a brush size. Liquify your color. Punch in with intensity. Harness the power of "strong and wrong"—the musical idea that it's better to blow a strong note off key than to produce a wimpy one that doesn't get noticed. He also states that in order to get new ideas, you have to be in the practice of summoning them. Look for the element of surprise.

I say think about being wildly inspired and spontaneous at the same time. Don't fall back on old habits. Reach for new ideas, big brushes, transparencies, texture, light and shadow, foreground and background. Study color. Be bold. Loosen up. Think of letting the soul speak through your medium, whether it be music, writing, or painting.

I had an idea for a large 60" x 72" abstract textural piece last year. I spent hours doing quick texture studies on paper. Leafing them in silver then putting on different glazes. I wasn't quite satisfied. I did not want to approach a piece that large and mess it up. So, I did a smaller work on canvas to work out the rhythm and flow. The textural gel medium I use requires a sure hand with no redoing because it sets up in about forty minutes. This makes me work fast with a lot of confidence.

When I finally got the right energy and time to do the work, I closed the gallery and focused for two hours on the large canvas. Starting at one end and ending at the other. I did a silver leaf over the whole piece two weeks later when the gel was thoroughly dry. I then sealed the silver leaf and created a glaze of light gold and antiquing to cover the strong silver. For me, the end result was a masterpiece of right timing and the perfect energy. I took a lot of risks with this new work, all of which paid off with tremendous admiration. And today it resides in a beautiful new home.

"Sometimes you need to scorch everything to the ground and start over. After the burning, the soil is richer and new things can grow. People are like that too. They start over. They find a way."

—Celeste Ng.

"Art washes away from the soul the dust of everyday life." —Pablo Picasso

"Incubation of ideas, creativity takes courage." —Matisse

"Put your ear down close to your soul and listen hard" —Anne Sexton

"No great artist sees things as they really are. If he did, he would cease to be an artist." —Oscar Wilde

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"Arroyo de la Sierra" 36"x32" oil/canvas

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founder of Todos Artes in Todos Santos, was so impressed by the time she spent with Chito that she created the BioSphere, a magnificent ceramic homage to Chito, his ranch, his cowboy roots, and his ecotourism future. And she's not stopping there. Todos Artes artists Isabel "Issy" Von Zastrow and Will Worden will be working with Donna to lead *plein aire* watercolor workshops at the camp, where visitors can seek inspiration and subject matter from the ranch and the fantastic natural beauty of the area. Alfredito took one of Issy's first watercolor classes at the camp. He was so impressed that he came back the next day with his cousin Damian and demanded another one. Alfredito's stated goal in life is to follow in Chito's footsteps. With his natural gifts for people, ranching, and art, we can all look forward to Rancho Santo Domingo's continued success as a joyful place where visitors can seek respite and inspiration. In the generations to come, ranching ecotourism may well come to be encapsulated in just one name. Alfredito.

Todos Santos Eco Adventures (TOSEA) is the leading eco adventure company in Baja California Sur and since 2002, they have been sharing their passion for the phenomenal natural beauty, unique culture, and extraordinary wildlife of Baja. They have luxury tent camps on Isla Espíritu Santo in the Sea of Cortez and in the Sierra La Laguna Biosphere Reserve. They also own/operate Los Colibríes Casitas, a boutique hotel in Todos Santos. Their award-winning trips have been featured in National Geographic, the London Times, Outside Magazine, Coastal Living, Condé Nast Traveler, Forbes, Playboy, Sunset Magazine, and Lonely Planet.



Chito

continuó de página 6

Chito, foto por Geoffrey Von Zastrow

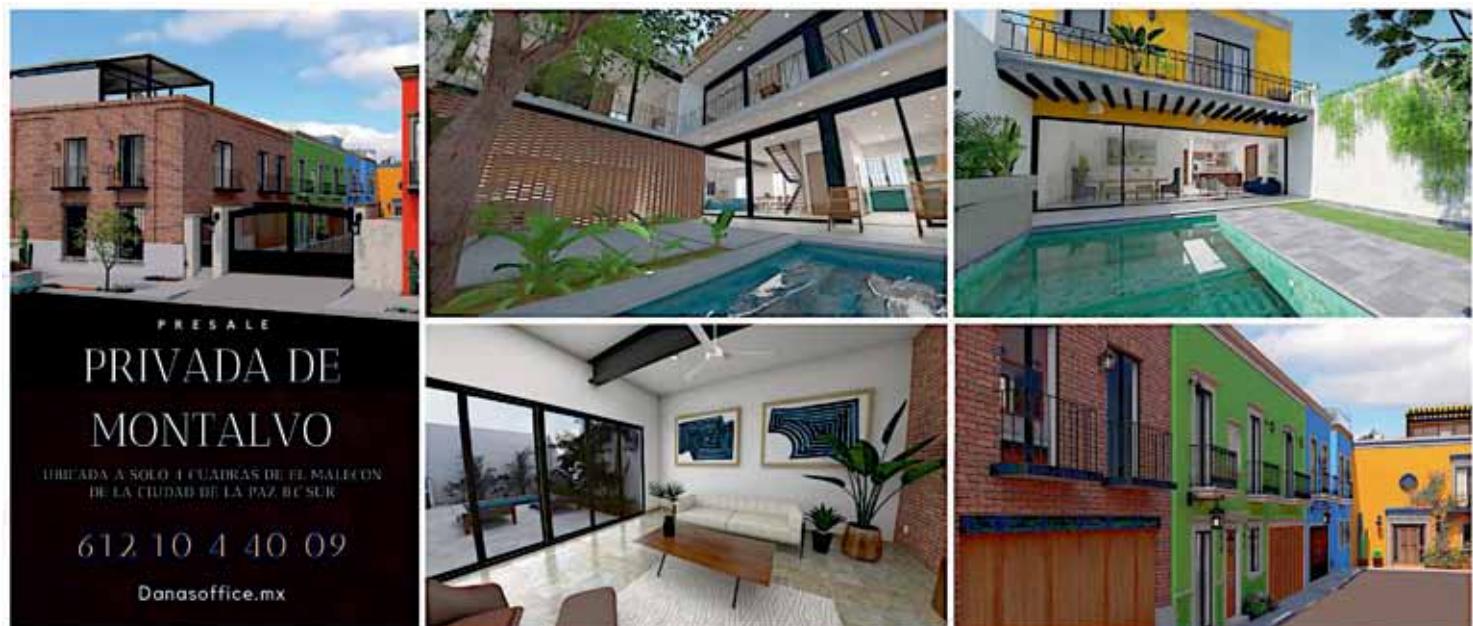
En 2019, Chito empezó a colaborar con Todos Santos Eco Adventures (TOSEA) en un campamento de lujo instalado en el huerto de aguacates, toronjos, y mangos que plantó su abuelo para su abuela en el rancho. (Transparencia: la autora es co-propietaria de TOSEA.) Chito construyó, con sus propias manos, una cocina tradicional de rancho, cuyo horno de ladrillo es el corazón del campamento. Esta cocina complementa las amplias tiendas de campaña amuebladas con camas, tapetes, mecedoras, lámparas, y demás muebles de fabricación artesanal de rancheros locales. Estos detalles hacen de una estancia en el rancho de Chito una experiencia no sólo divertida, sino también muy cómoda. A menudo Chito guía grupos de visitantes en caminatas y paseos a lomo de mula por las montañas, y le encanta compartir historias junto a la fogata al terminar la jornada. Alfredito, su talentoso nieto de tan sólo siete años a menudo lo acompaña; siempre se asegura que haya suficiente leña para la estufa, y siempre dispuesto a disfrutar con la compañía de los visitantes. Juntos, Chito y Alfredito son testimonio de una constante conocida por todos los sudcalifornianos a través de los siglos: la



BioSphere, foto por Geoffrey Von Zastrow

generosidad y hospitalidad de la familia ranchera.

También son artistas consumados. Utilizando las herramientas heredadas de su padre, Chito es un maestro peletero, y sus hermosas sillas de montar, bridales, y otros artículos de cuero son muy buscados. También es un maestro natural, y un taller de peletería con Chito es lo CHITO continúa en página 22



Events

march

March 11 - April 12 | ART SHOW QUIEN CALLA, OTORGA / SILENCE IS CONSENT with new works by Christa Assad and Kevin Wickham at **Galería Militar** in Todos Santos and online.

March 31 - April 10 | WORLD PREMIER SCREENING OF "LA RECUA" at the 36th Santa Barbara Film Festival. Online and in Santa Barbara. For more information visit SBIFF.org. If you're in BCS contact tourloreto@aol.com for access to the SBIFF.

april

April 1 | APRIL FOOL'S DAY.

April 3 | 6:30 pm, LIVE MUSIC with the Tan Lines at **Shaka's at Cerritos**. No cover.

April 4 | DAYLIGHT SAVINGS TIME begins in Mexico.

April 4 | EASTER SUNDAY.

April 10 | 6:30 pm, LIVE MUSIC with No Pollution at **Shaka's at Cerritos**. No cover.

April 11 | 5 pm, LIVE MUSIC with Angie Vertti at **Shaka's at Cerritos**. No cover.

April 14 | 6:30 pm, LIVE MUSIC with Modular at **Shaka's at Cerritos**. No cover.

April 15-18 | 17TH ANNUAL FESTIVAL DE CINE TODOS SANTOS. Online: FilmlnLatino.mx. Free in Mexico. For more information visit: www.todos-santoscinefest.org or <https://www.facebook.com/FestivalCineTodosSantos/>

April 15-18 | "LA RECUA" TRAILERS & INTERVIEWS at the 17th Annual Festival de Cine Todos Santos. Online:

FilmLnLatino.mx. Free in Mexico. For more information visit: www.todossantoscinefest.org or <https://www.facebook.com/FestivalCineTodosSantos/>

April 17 | 6:30 pm, LIVE MUSIC with the Mexican Weirdoh's at **Shaka's at Cerritos**. No cover.

April 18 | 5 pm, LIVE MUSIC with Angie Vertti at **Shaka's at Cerritos**. No cover.

April 20 | 6:30 pm, SHAKA'S 3RD ANNIVERSARY with live music by Los Leones at **Shaka's at Cerritos**. No cover.

April 23, 24 & 25 | 2 pm - 7 pm, LOCALS DAY CAMP. Immerse yourself in a topic central to daily life such as yoga, wellness, dancing, dining, and culture to help accelerate your learning and meet other members of the Todos Santos community. For more information: sam@papertable.com, info@hablandomexicano.com

April 24 | 6:30 pm, LIVE MUSIC with Classic Version at **Shaka's at Cerritos**. No cover.

April 25 | 5 pm, LIVE MUSIC with Angie Vertti at **Shaka's at Cerritos**. No cover.

April 29 | 5 pm, DJ DIMITRI KOTA at **Shaka's at Cerritos**. No cover.

may

May 1 | 6:30 pm, LIVE MUSIC with the Tan Lines at **Shaka's at Cerritos**. No cover.

May 2 | 5 pm, LIVE MUSIC with Angie Vertti at **Shaka's at Cerritos**. No cover.

May 5 | CINCO DE MAYO.

May 5 | 5 pm, CINCO DE MAYO CELEBRATION at **Shaka's at Cerritos**. No cover.

May 7, 8 & 9 | 2 pm - 7 pm, LOCALS DAY CAMP. Immerse yourself in a topic central to daily life such as yoga, wellness, dancing, dining, and culture to help accelerate your learning and meet other members of the Todos Santos community. For more information: sam@papertable.com, info@hablandomexicano.com

May 7 | 5 pm, LIVE MUSIC with Stamina at **Shaka's at Cerritos**. No cover.

May 8 | 6:30 pm, LIVE MUSIC with Ajinomoto at **Shaka's at Cerritos**. No cover.

EVENTS cont. on page 41

HAPPY HOUR

Casa Maya/Barefoot Cantina **Su M W Th F Sa 3 – 6 pm**, 25 peso Mexican beer, 50 peso house margaritas and tequila shots.

Cerritos Beach Inn **Su M T W Th F Sa 2 – 6 pm**, 2x1 beer and margaritas.

Gallo Azul **Su M T W F Sa 3 – 6 pm**, 2x1 mojitos and margaritas. Hotel San Cristobal, **F 4 – 7 pm**, Drink specials at the pool bar.

Shaka's **Su M T W Th F Sa 4 – 6 pm**, 2x1 Cerritorita, George's Paloma, J.B. Special, P.P. Paloma, Shakarita, and house tequila. Shut Up Frank's **M W Th F 3 – 6 pm**, 2x1 beer and well drinks.



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sunday

8 am – 1 pm, **ORGANIC AND ART MARKET** at Baja Beans in Pescadero.

6 pm, **SUNDAY SESSIONS** at Todos Santos Brewing.

tuesday

8:30 am – 1 pm, **LA PAZ FARMER'S MARKET** on calle Madero between 5 de Mayo and Constitución, La Paz.

4 pm, **ROCKIN' TACO TUESDAY** at Chill N Grill in Todos Santos. Live music 6 – 9 pm.

wednesday

9 am - 1 pm, **LOCAL MARKET** at La Esquina Café in Todos Santos.

thursday

8:30 am – 1 pm, **LA PAZ FARMER'S MARKET** on calle Madero between 5 de Mayo and Constitución, La Paz.

9 am – 2 pm, **PUNTO VERDE RECYCLING CENTRE** behind Super Pollo, off calle Del Huerto at the southern entrance of Todos Santos. Bring your paper, #1 & #2 plastics, batteries, cardboard, cans, metal, Styrofoam, clear glass and electronics. 50 peso minimum donation, electronics are 80 pesos. Please separate and clean materials. For information: ecorrevolucionmx@gmail.com, (612) 139-4789

5 – 9 pm, **ARTWALK** in the San José del Cabo Gallery District. Takes place November through June.

friday

9 am – 2 pm, **PUNTO VERDE RECYCLING CENTRE** behind Super Pollo, off calle Del Huerto at the southern entrance of Todos Santos. Bring your paper, #1 & #2 plastics, batteries, cardboard, cans, metal, Styrofoam, clear glass and electronics. 50 peso minimum donation, electronics are 80 pesos. Please separate and clean materials. For information: ecorrevolucionmx@gmail.com, (612) 139-4789

9 am – 4 pm, **FARMER'S MARKET** at The Shoppes at Palmilla in San Jose del Cabo. For more information 624-144-6999 or visit: www.theshoppesatpalmilla.com

6 pm, **TRIVIA NIGHT** at Todos Santos Brewing.

saturday

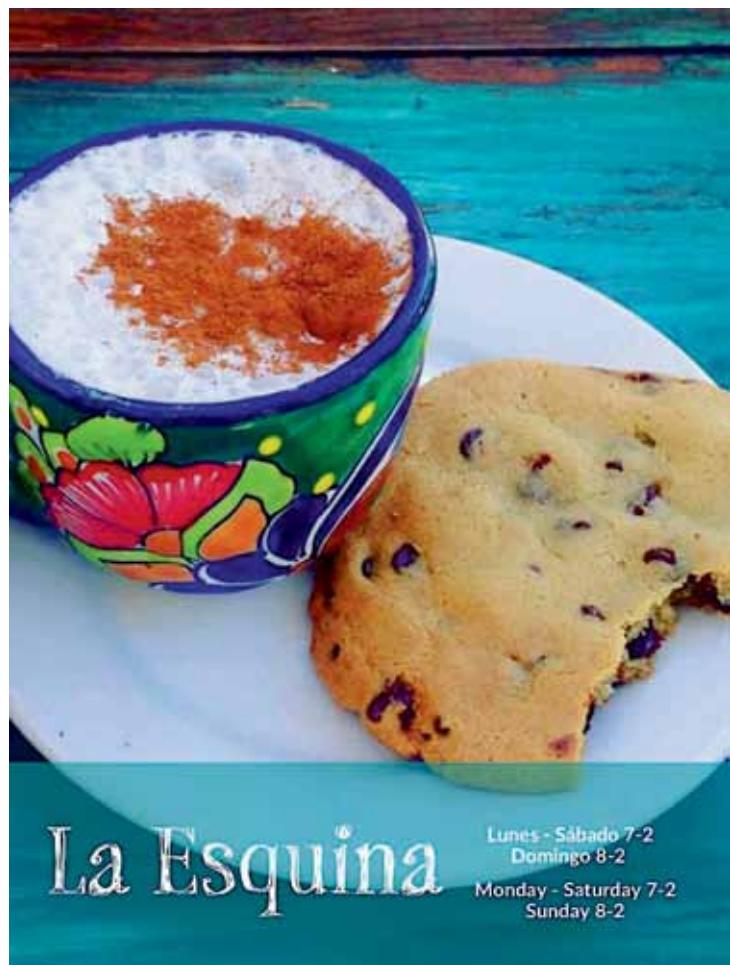
8:30 am – 1 pm, **LA PAZ FARMER'S MARKET** on calle Madero between 5 de Mayo and Constitución, La Paz.

9 am – 1 pm, **MALECÓN TIANGUIS NATURAL (MARKET)** at the Callejon Cabezud in La Paz—the area between Esquerro street and the *malecón* at the location of the Wyland mural and the seashell musician statue.

9 am – 3 pm, **SAN JOSÉ DEL CABO ORGANIC MARKET** (Mercado Orgánico) just outside the San José historic district in Huerta Maria on the Camino a Las Animas. Look for the signs at the big arroyo off Avenida Centenario. Takes place November through the end of June.

9:30 am, **FARMER'S MARKET** at Doce Cuarenta in Todos Santos.

6 pm, **SONGWRITER SATURDAYS** at Todos Santos Brewing.



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todossantoscinefest.org
(The Todos Santos Festival is open to all of BCS - please go to their web site)

www.larecua.com

Chito continuó de página 19



foto por Geoffrey Von Zastrow

más destacado de la estadía de muchos huéspedes en Camp Cecil de la Sierra, el campamento de tiendas de lujo en su propiedad. Chito también inspira a sus compañeros artistas. La reconocida artista de mosaico de cerámica Donna Billick, fundadora de Todos Artes en Todos Santos, quedó tan impresionada por el tiempo que pasó con Chito que creó *BioSphere*, un magnífico homenaje en cerámica a Chito, su rancho, sus raíces vaqueras, y su futuro ecoturístico. Pero ahí no termina esto. Los artistas de Todos Artes, Isabel "Issy" Von Zastrow y Will Worden trabajarán con Donna para dirigir talleres de acuarela al aire libre en el campamento, donde los visitantes pueden buscar inspiración en temas rancheros y en la fantástica belleza natural de la zona. Alfredito tomó una de las primeras clases de acuarela de Issy en el campamento. Estaba tan emocionado que regresó al día siguiente con su primo Damian y tomó otro taller. Alfredito dice que de grande quiere ser como su abuelo. Con sus dones naturales para con la gente, la ranchería y el arte, Alfredito asegura el éxito continuo de Rancho Santo Domingo como un lugar alegre donde los visitantes pueden hallar un descanso e inspiración. En un futuro, Alfredito bien podría convertirse en sinónimo con el ecoturismo ranchero.

Todos Santos Eco Adventures (TOSEA) es la compañía líder de aventuras ecológicas en Baja California Sur y desde el 2002, ha compartido su pasión por la fenomenal belleza natural, la singular cultura y la extraordinaria vida silvestre de Baja California. Tienen campamentos de lujo en la Isla Espíritu Santo en el Mar de Cortés y en la Reserva de la Biosfera de la Sierra de La Laguna. También poseen y operan Los Colibríes, un hotel boutique en Todos Santos. Sus galardonados viajes han aparecido en National Geographic, London Times, Outside Magazine, Coastal Living, Condé Nast Traveler, Forbes, Playboy, Sunset Magazine, y Lonely Planet.

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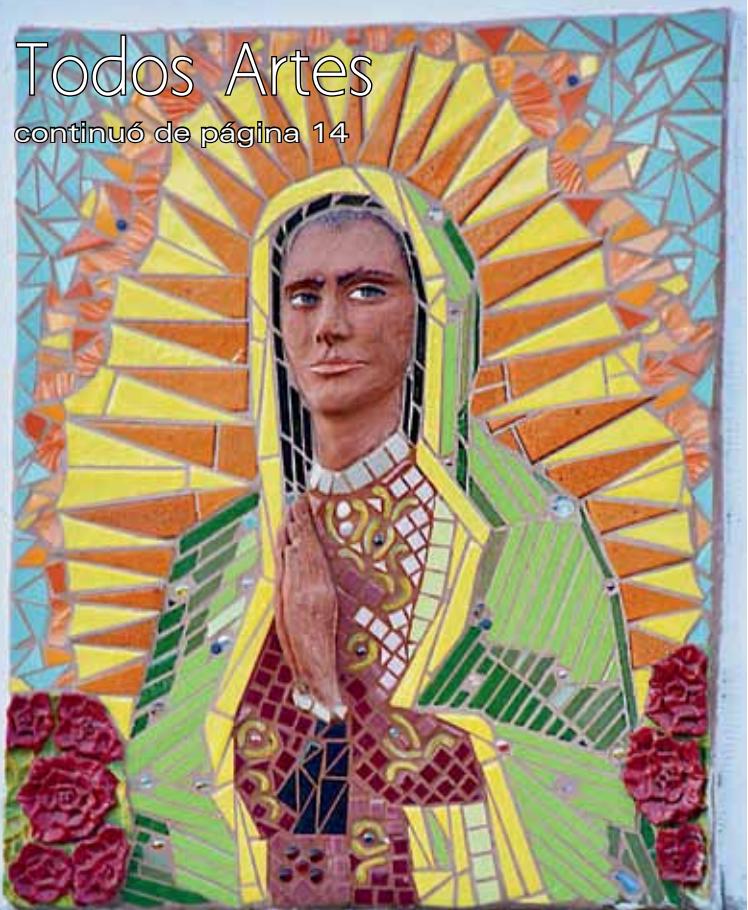
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Todos Artes

continuó de página 14



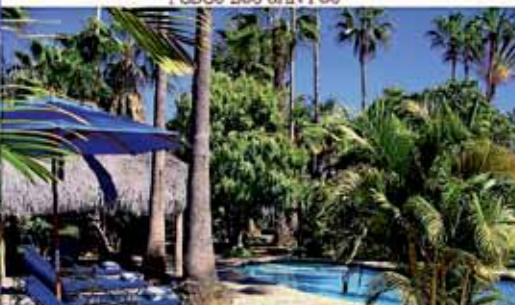
en una amenaza más parecida a la de Lex Luther cuando simplemente envuelve su basura en un vertedero en la tierra. Puede tardar hasta 1.000 años en descomponerse y, en el proceso, puede liberar contaminantes tóxicos al aire, al suelo, y al agua que amenazan nuestra propia existencia en el planeta. Probablemente sea seguro decir que todos preferimos que nuestro primer viaje a Marte sea por elección personal que por orden de evacuación obligatoria.

Donna, quien tiene una licenciatura en genética además de arte, comenzó el Programa Fusión de Arte y Ciencia durante su estancia como profesora en la Universidad de California Davis. Por lo tanto, no es sorprendente que ella y su "cuaranteam" de Todos Artes de artistas, surfistas, y ambientalistas Isabel "Issy" Von Zastrow y Will Worden, vieran sus dos mundos colisionar felizmente alrededor de las propiedades duraderas de la cerámica y el plástico. Todo empezó con el ladrillo ecológico, Will explica: "Un ladrillo ecológico es un recipiente de plástico como una botella de Coca-Cola o un garrafón (recipiente grande de agua) lleno hasta el borde con desechos plásticos no biodegradables. Esto lo convierte en un material de construcción muy fuerte, reutilizable, y duradero que se puede usar para hacer muchas cosas, incluidos muebles, paredes de jardín, y esculturas. Issy y yo estábamos trabajando en ladrillos ecológicos para nuestro nuevo hogar, cuando por casualidad observamos a Donna dando un taller de mosaicos de cerámica. La bombilla se encendió colectivamente para todos nosotros, y todos vimos una excelente manera de mitigar el impacto extremadamente negativo de la durabilidad de los desechos plásticos, con el impacto culturalmente positivo de la durabilidad de la cerámica. Cuando tomamos los ladrillos ecológicos y los encapsulamos en mosaicos de hormigón y cerámica, se convierten en una obra de arte hermosa y duradera. A partir del bloque de construcción básico de un ladrillo ecológico, puedes hacer lámparas, mesas, sillas, realmente todo tipo de piezas hermosas y funcionales."

Cuando Donna terminó la escuela de posgrado a mediados de la década de 1970, el gobernador de California en ese momento, Jerry Brown, ordenó que el 2% del presupuesto para todos los edificios públicos se dedicara al arte. Para Donna, esta fue la respuesta a la pregunta diaria de su padre durante su infancia, "¿cuál es tu gran idea?" Y ha pasado los últimos 42 años produciendo arte a gran escala para espacios públicos. Pero que todos disfruten de su arte, no solo unos pocos coleccionistas privados o propietarios de galerías, es solo una parte de la Gran Idea de Donna. "La construcción de la comunidad es realmente TODOS ARTES continúa en página 40



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Those Blooming Flowers

story & photos by Kaia Thomson



Copper spoons, *Kalanchoe orgyalis* / Cuchara de Cobre



Orchid tree buds, *Bauhinia purpurea* / Urapé púrpura

Did you ever wonder how plants know when to flower? And why some flower at different times of the year? How and why do they do that?

This has been a mystery that has puzzled scientists for almost a century, however in the early 1990s they discovered a gene called Apetala 1. This single master-gene sends a message to the plant through the leaves to the tips that triggers the reproductive parts of the plant and tells it, time to start blossoming! Incredibly it only takes a single gene to make a plant start producing buds, flowers, and then seeds.

When the Apetala 1 gene first turns on, it commands other genes to send a "stop" signal to the plant's meristems. Meristems are the part of the plant which make non-specialized cells that have the potential to become any type of a specialized cell, such as flower producing ones. This action effectively halts leaf production and causes the plant to change direction and focus instead on making flowers.

A plant that has an active Apetala 1 gene will have many flowers, while others that have inactive genes will have very few flowers and will continue to produce leaves and shoots in place of blossoms. The presence of an active Apetala 1 gene will also generate the proteins needed by the plant to switch on more than 1,000 other genes that are ultimately involved in the flowering process.

Various plants have individualized needs, and they are programmed to flower at different times of the year, thus giving them the best chance for survival and reproduction. Sunlight, precipitation, and temperature are all contributors to help them know when is best for a particular species to FLOWERS continued on page 26

Esas Flores Florecientes

Historia y fotos de Kaia Thomson

traducido por Ivonne Benítez



Honeybee on cactus flowers / Abeja en flor de cactácea

¿Alguna vez te has preguntado cómo saben las plantas cuándo florecer? ¿Y por qué algunas florecen en diferentes épocas del año? ¿Cómo y por qué hacen eso?

Este ha sido un misterio que ha desconcertado a los científicos durante casi un siglo; sin embargo, a principios de la década de 1990 descubrieron un gen llamado Apétala 1. Este gen maestro único envía un mensaje a la planta a través de las hojas hasta las puntas que activa las partes reproductivas la planta y le dice, ¡es hora de comenzar a florecer! Increíblemente, solo se necesita un gen para que una planta comience a producir brotes, flores, y luego semillas.

Cuando el gen Apétala 1 se enciende por primera vez, ordena a otros genes a que envíen una señal de "parada" a los meristemas de la planta. Los meristemas son la parte de la planta que produce células no especializadas que tienen el potencial de convertirse en cualquier tipo de célula especializada, como las que producen flores. Esta acción detiene efectivamente la producción de hojas y hace que la planta cambie de dirección y se concentre en hacer flores.

Una planta que tiene un gen Apétala 1 activo tendrá muchas flores, mientras que otras que tienen genes inactivos tendrán muy pocas flores y continuarán produciendo hojas y brotes en lugar de flores. La presencia de un gen Apétala 1 activo también generará las proteínas que necesita la planta para activar más de 1.000 genes más que finalmente están involucrados en el proceso de floración.

Varias plantas tienen necesidades individualizadas y están programadas para florecer en diferentes épocas del año, lo que les brinda las mejores posibilidades de supervivencia
FLORES continúa en página 26

Primavera tree blossom, *Cybistax donnell-smithii* /
Flor de Amapa amarilla



Flowers

continued from page 24



Crown of thorns, *Euphorbia milii* / Corona de Cristo

start blooming. In addition to the Apetala 1 gene, plants also have an internal circadian, or biological, clock, that is made up of proteins that interact with all the cells that compose the plants body. Activated by sunlight, different species are programmed to bloom at various times of the year, thus providing a better balance to intermingle with pollinating species, weather conditions, and overall survival of the plant.



Flores

continúo de página 25

Aloe flower / Flor de sábila

y reproducción. La luz del sol, la precipitación, y la temperatura contribuyen a ayudarlos a saber cuándo es mejor para que una especie en particular comience a florecer. Además del gen Apétala 1, las plantas también tienen un reloj circadiano interno, o biológico, que está formado por proteínas que interactúan con todas las células que componen el cuerpo de las plantas. Activadas por la luz solar, las diferentes especies están programadas para florecer en varias épocas del año, proporcionando así un mejor equilibrio para entremezclarse con las especies polinizadoras, las condiciones climáticas, y la supervivencia general de la planta.



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El Cielo: The Baja Sky

by Roc Fleishman
photo by Kaia Thomson

Welcome to the April/May edition of *El Cielo* for 2021, highlighting interesting astronomical happenings above the Cape region of BCS. Keep this list close at hand and enjoy the sky.

This year, the Lyrids, our April meteor shower, is supposed to peak during the early morning hours of the 22nd, but the moon rises at 2:30 am. If you have the opportunity and energy, go outside about midnight, and stay for a while, at least until the moon rises.

The meteor shower in early May, the Eta Aquariids (with its radiant in Aquarius), will have less moon interference. It is supposed to peak on the night of May 4/5th, when the moon doesn't rise until 4:30 am, so it could be a good show.

Remember, April is always a good month to see the constellation Crux better known as the "Southern Cross" and the lovely globular cluster, Omega Centauri, visible just above and to the left a bit. You will need a clear night and a location with a clear, low southern horizon. The best locations would be a beach with a clear southern horizon or the top of a hill. Binoculars or a telescope bring Omega Centauri to life.

MOON/PLANET CALENDAR APRIL

4 Daylight Savings Time begins here in Mexico.

- 6 Saturn and the moon pass each other within about 5° in the early morning sky before dawn, Saturn above, and both to the right of Jupiter.
- 7 The moon passes below Jupiter and her moons by about 5° again, Saturn to the right.
- 13 New moon in the sunset.
- 16, 17 The moon passes Mars in the western evening sky.
- 21/22 The Lyrid meteor shower peaks on the night of the 21/22nd but the moon will rise at around 2:30 am, so the best chance to view will be in the dark sky time before moonrise.

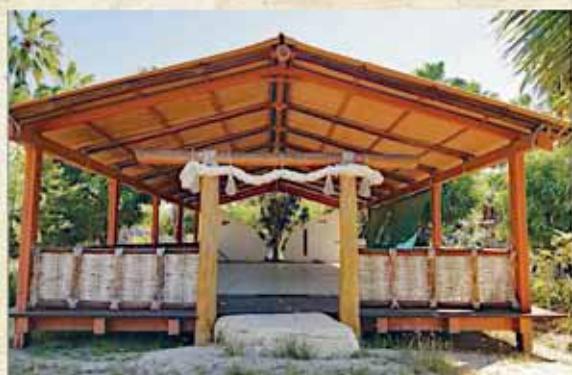
MAY

- 3, 4, 5 The moon passes below Saturn then Jupiter again over the three nights.
- 4/5 The peak of the Eta Aquariid meteor shower with a waning crescent moon that doesn't rise until about 4:30 am, so most any time would work, but you will see fewer dim meteors after moonrise.
- 12 The new moon and Venus will be very close together in the sunset (about two moon diameters), but you might need binoculars to see them. Look after the sun sets. Let me know if you find them.

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Nomad Chic, Casa Nomad, The Loft @nomadchicmx

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Océano Sustentable

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marina para su sustento. La ONU también reporta que la industria pesquera emplea a más de 200 millones de personas. Es innegable nuestra dependencia en el mar. No es sólo nuestro sustento; es también parte de nuestra humanidad. El océano nos brinda inspiración, conexión, contemplación, y felicidad. Es donde nos divertimos, viajamos, trabajamos, y vivimos. El mar es parte de quien somos.

El mar siempre me pareció intocable. Pensaba que a pesar de lo que pueda llegar a pasar en tierra firme, el océano siempre estaría a salvo. Desafortunadamente, no es el caso. En décadas recientes, los científicos han documentado una tendencia alarmante en cuanto a pérdida de hábitat y de biodiversidad océánica. Esta se debe en gran parte a la industria pesquera y un aumento en la sobrepesca. Según la Organización de Alimentos y Agricultura de la ONU (FAO por sus siglas en inglés), un 31 por ciento de la pesca en 2013 ya era insustentable. La sobrepesca es sólo uno de los factores que afectan la biodiversidad marina; también lo son el cambio climático, la degradación de hábitats marinos, y la pesca incidental de especies en peligro. Estos factores han contribuido a la disminución en los números de algunas de las especies más amadas, incluidas varias especies de tortuga marina.

El reconocer esta situación fue el detonante que empezó a cambiar mi manera de pensar. Hace un año estaba en una expedición en La Paz con la Universidad Estatal de Colorado, y conocí a Stephanie J. Rousso. Stephanie es una persona apasionada, el tipo de persona que se entrega de cuerpo y alma a su profesión. En este caso, su profesión es la conservación marina, enfocada principalmente en las tortugas. Dicha pasión la llevó a fundar la organización Blue Turtle Sustainable, LLC (Tortuga Azul Sustentable, S de RL). Tortuga Azul utiliza un modelo de negocios basado en la



Sinaloa fisherman with a green sea turtle (*Chelonia mydas*). The sea turtle was caught in a net by a member of the Brianta Cooperative and the fishermen (Adalberto García) brought it aboard to collect data before releasing. Photo taken by Brianta Cooperative.

Pescador sinaloense con tortuga verde marina (*Chelonia mydas*). La tortuga fue atrapada en una red por un miembro de la cooperativa Brianta, y el pescador, Adalberto García, la subió a bordo para documentar datos antes de devolverla al mar. Fotografía de Cooperativa Brianta.

conservación ambiental que ayuda a financiar prácticas de pesca sustentable a través de retiros de salud. Stephanie trabaja con pesquerías locales para implementar prácticas sustentables de pesca que limitan la pesca incidental de otras especies como tortugas, tiburones, y otras especies en riesgo. Esta metodología innovadora se enfoca en los ideales de conservación comunitaria, en particular, el concepto de una pesquera comunitaria.

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OPEN DAILY
12 - 9 PM

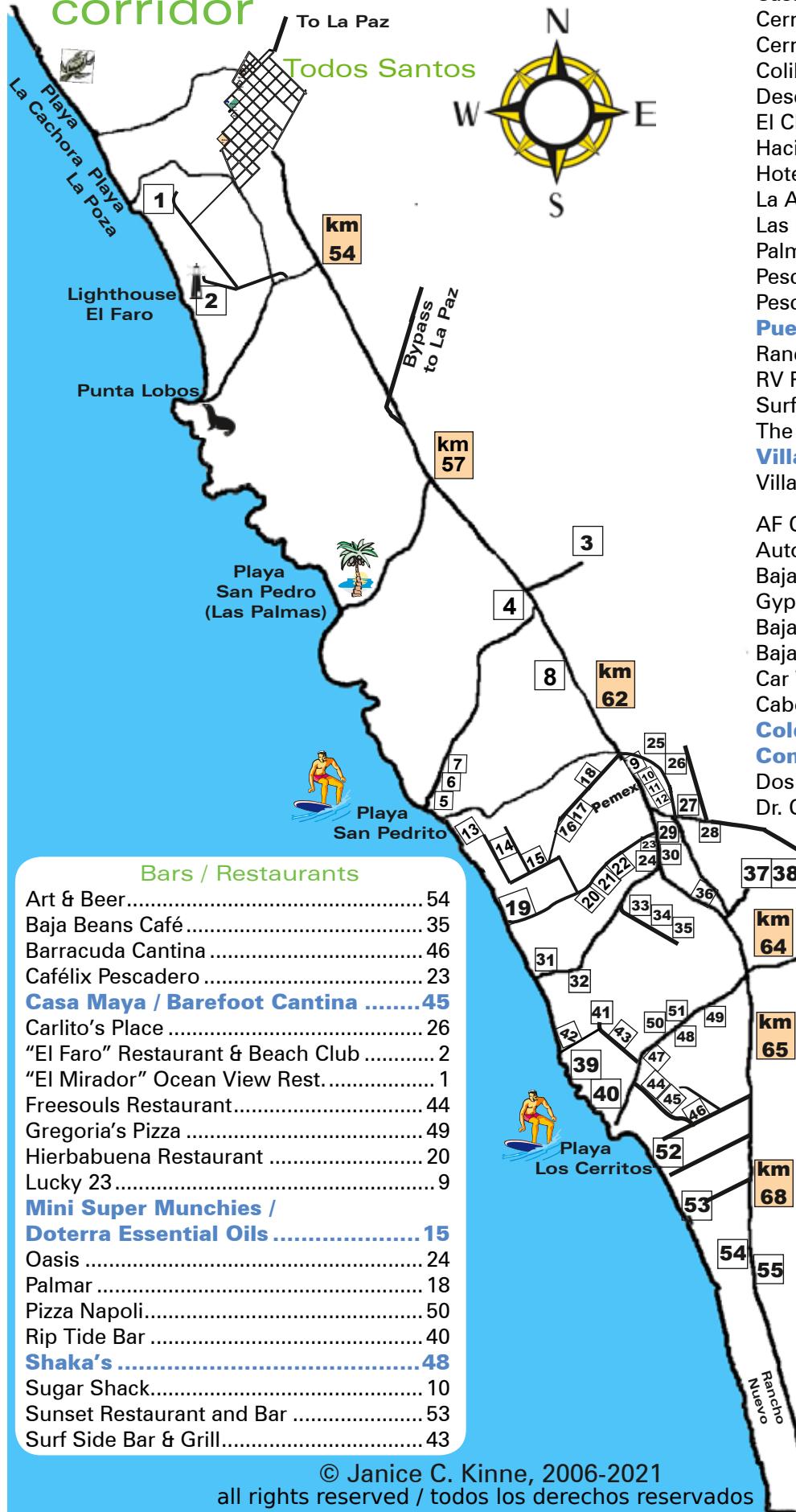
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todos santos—el pescadero corridor / To La Paz



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Beaches / Playas

by Janice Kinne

Todos Santos lies inland along the rugged Pacific coast. There are miles of beautiful white sand beaches accessible down unmarked dirt roads.

This stretch of the Pacific Ocean is a very dangerous place to swim at any time of the year. Strong rip currents and backwash are common. People have drowned in waters near Todos Santos simply because they were too close to the ocean while on beaches with steep drop-offs. There are no lifeguards on duty at any area beaches.

You can access the **LA POZA** and **LA CACHORA** beaches via the La Cachora road. Both are suitable for walking, fishing, whale watching, relaxing, or sunbathing. They are not swimming beaches.

Because of the big waves breaking on the shore, La Cachora beach has become popular with skim boarders.

La Poza has a large freshwater lagoon that is great for bird watching. If you are going to swim in the lagoon be very careful. The lagoon may appear to be shallow, but has many sudden drop-offs and is actually very deep.

PUNTA LOBOS, named for a sea lion colony, is also known as the fishermen's beach. Simply follow calle Francisco Bojorquez Vidal (formerly calle Punta Lobos) south out of town, or turn off at km 54 from Highway 19. You will pass an old cannery from the days when fishermen could harvest sea turtles legally. There is a small freshwater lagoon at Punta Lobos with a shrine to the Virgin.

The fishermen ride their *panga* boats on the waves onto the beach between 1 and 3 pm. Their return is exciting to watch and you can usually buy fresh fish from the cooperatives.

The two fishing cooperatives have exclusive rights to the "launch zone" at Playa Punta Lobos. For reasons of safety and due to past problems, boat launching at Punta Lobos is not permitted without their express permission.

The only recommended swimming beaches are outside of Pescadero. **SAN PEDRO**, also known as **PALM BEACH** (*Playa Las Palmas*), is near km 57. Its entrance is across Highway 19 from the Campo Experimental—stay to the left as you pass the abandoned hacienda. Las Palmas is a beautiful, secluded beach surrounded by a palm grove with a freshwater lagoon that is home to a variety of plants, birds, and wildlife.

Due to strong currents (especially near the rocky point), swimming is safer 50 meters from the rocks. Swim with caution and always have a land reference. The property surrounding Palm Beach is privately owned. The gates are open from 6 am to 9 pm daily. Car break-ins have been reported at Palm Beach. Leave your valuables at home!

PLAYA SAN PEDRITO is a rocky surfing beach around km 60, about 4.6 miles (7.4 km) from Todos Santos.

PLAYA LOS CERRITOS is located at km 64 about BEACHES continued on page 34

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Beaches

continued from page 33

photo by Vic Kirby

eight miles (12.8 km) south of Todos Santos. Look for the turnoff after the hill, south of Puente El Pescadero. Los Cerritos is a popular spot for surfing, boogie boarding, swimming, and fishing. Swim with caution due to strong riptides near the rocks. It is recommended to stay at least 50 meters from the rocks. The most secure swimming area is in front of the restaurant/bar. Swim with caution and always have a land reference. There is a long stretch of beach to the south that is perfect for walking or running. Surfboard rentals and other services are available. Due to COVID-19, there are now three access filters. Only 200 people will be allowed to enter per filter to give a total capacity of 600 people per day.

MARIO'S SURF SCHOOL provides surfing lessons, board rentals, repairs, and accessories. Call for information.

PESCADERO SURF SHOP, #34 on the Pescadero map. The surf shop stocks everything you need for surfing: surfboard rentals, used and new surfboards for sale, wax, ding repair, accessories, surf reports and information. You can also arrange surf lessons, surf and SUP tours, and activities at the store with Mario Surf School.

TODOS SANTOS ECO ADVENTURES, #167 on the Todos Santos map. Since 2002 Todos Santos Eco Adventures (TOSEA) has been providing visitors with opportunities to explore, celebrate, and help conserve the magnificently diverse ecosystems of Baja. TOSEA offers whale and bird-watching trips in the Pacific lagoons; treks and *ranchero* culture programs in the Sierra la Laguna mountains; Sea Turtle Camp and surfing surfaris on the Pacific coast, and kayaking, "glamping," whale shark, and sea lion adventures in the Sea of Cortez.

TODOS SANTOS SURF SHOP, #88 on the Todos Santos map, sells and rents surf boards, offers beach supplies and activities around Todos Santos. They carry international brands and many locally handmade wares, clothes, bikinis, accessories, natural sunscreen, and "Eclipse" boards shaped by Meisy of Todos Santos. They offer tours to swim with whale sharks and sea lions, surfing lessons, fishing trips, trips to Espíritu Santo Island, and whale watching in Magdalena Bay.

Océano Sustentable

continuó de página 31

Las pesqueras comunitarias son un modelo que va creciendo en popularidad y que se asemeja al movimiento "del huerto a la mesa" en agricultura orgánica. Las pesqueras comunitarias están diseñadas para ofrecer opciones de alimento del mar, generadas por la población local, a través de un programa de membresía. Los miembros al pagar una cuota se hacen acreedores a una dotación semanal de pescados y mariscos, que puede variar según el nivel. Este modelo se ha popularizado en Estados Unidos y Canadá a través de programas como LocalCatch y SeafoodWatch. Esta colaboración comunitaria a su vez incentiva a las pesqueras locales a implementar prácticas sustentables de pesca y así convertirse en líderes en esfuerzos futuros de conservación. Las personas que colaboran en pesqueras comunitarias son guardianes del mar. Comprenden a profundidad los ciclos naturales del mar, y los científicos recurren a ellos por el conocimiento que han heredado de generaciones. Ellos deben formar parte de la solución.

Tortuga Azul Sustentable busca utilizar el concepto de pesqueras comunitarias para impulsar al mercado de pescados y mariscos hacia un futuro más sustentable en la Bahía de La Paz. Recuerdas la pregunta, "¿de dónde vienen mis mariscos?" Esta pregunta es el inicio del cambio que necesitamos. El concepto de una pesquera comunitaria sólo es factible si existe en el mercado la demanda de producto sustentable. En Baja California Sur, hay poco mercado y casi nula demanda por producto sustentable. Tortuga Azul ofrece opciones sustentables a sus asociados en las ramas de ecoturismo, bienestar y salud, así como el público en general, y así financiar la pesquera comunitaria. El objetivo del negocio de Stephanie es lograr una transición en el mercado local, del modelo de sobrepesca a un modelo sustentabilidad incentivada. Ella es la primera en reconocer la enormidad de tal objetivo. Pero también sabe que Tortuga Azul Sustentable no es sólo una organización, sino un movimiento. Y eso es precisamente lo que necesita el océano, un movimiento. (*Lea el artículo escrito por Stephanie en la edición Primavera 2016 [No. 24] de Journal del Pacífico.*)

Como consumidores, nosotros somos quienes impulsamos el cambio. Podemos empezar por optar por pescados y mariscos sustentables en nuestras interacciones diarias. Podemos preguntar al restaurante dónde compran su producto, cómo llegó a esta mesa, y cuáles vidas tocó. Podemos ser el catalizador que levanta este movimiento. La oportunidad de cambio reside en el poder del consumidor. El consumidor cotidiano, tú o yo, podemos empezar con pasos pequeños. Podemos optar por preguntar. Podemos decidir que debemos exigir una opción. Tenemos el poder de proteger nuestros océanos, de tal forma que algún día nuestros hijos puedan mirar al horizonte sin pensar en la devastación que hay bajo la superficie. Debemos optar por un futuro sustentable.

OCÉANO SUSTENTABLE continúa en página 46

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La Paz Beaches

by Janice Kinne

The *malecón* along the bay of La Paz is the perfect place to walk, run, people watch, or enjoy gazing across the water. Crews clean the beaches and walkways daily, fresh sand has been imported and there are *palapas* to offer shade. Locals and tourists visit the beaches north of downtown to swim, snorkel, or kayak. There are several adventure companies along the *malecón* and at the marinas offering *panga* rides, bay and island cruises, snorkeling, scuba diving, fishing, sailing, and kayak rentals.

EL MOGOTÉ is the spit of land that separates the harbor of La Paz from the *Bahía de La Paz*. This natural treasure used to be, for the most part, accessible only with 4WD. Now driving onto the peninsula is restricted due to the construction of golf courses, homes, and hotels.

PLAYA EL COROMUEL 4.5 km from downtown La Paz, is the first beach north of town and an easy walk from downtown. It is within the harbor boundaries, has shaded *palapas*, and food / beverage services. The water here gets much better flow with the tide change and is suitable for swimming. The bottom is clean sand and rock. Snorkeling is good further out.

PLAYA EL TESORO 13 km from downtown La Paz, is a great little beach for children. The shallow, clear waters allow you to walk out for close to 100 meters. Tesoro has about 25 shaded *palapas*, two small restaurants, and kayak rentals.

PICHILINGUE 19 km from downtown La Paz. Pichilingue is home to the La Paz ferry terminus and a large commercial harbor. There are pleasant, small beaches just north of the deep water port, on the *Vieja Bahía de Pichilingue*. Beachfront food, beverage service, and kayak rentals are available and there is a restaurant with an upstairs view. The *palapa* bar is popular in the hot summer afternoons.

photo by Vic Kirby

PLAYA BALANDRA 23 km from downtown La Paz, is known for its famous balancing rock formation landmark that resembles a prehistoric mushroom. You can view the rock formation and *playa El Hongo* by walking in the water around the cliff to your right. The large beach and surrounding area are beautiful. The waters surrounding Balandra are shallow and safe for children. Sheltered from wave action from nearly every direction, the water warms early and is very safe for swimmers and kayaking. There are also several little beaches (coves) and mangroves to explore. The beach has no services, so pack your own lunches and drinks for the day. There are vendors renting chairs, selling fruit and drinks, beach *palapas* for shade, and BBQ pits to the south.

PLAYA EL TECOLOTE 26 km from downtown La Paz, is by far the largest and most visited beach in La Paz. Two restaurant/bars offer shade *palapas* and a large number of beach vendors offer refreshments. RV camping is available, along with a wide variety of water sports rentals. Usually there are no lifeguards on duty, but they may be present during *la semana santa* and in the summer. The beach has a beautiful view of Isla Espíritu Santo and *panga* rides to the island are available—a 6.5 km crossing through the San Lorenzo channel. Bus service from the station on the *malecón* to playa El Tecolote is available for a nominal charge.

Sting rays are the biggest hazard at the playas and tend to be present on the bottom in shallow waters during the summer. When walking in the water, shuffle your feet on the bottom to avoid stepping directly on a resting ray.

There are no restrictions for beach fishing at any beaches. Please respect our beaches and help protect the sea turtles; don't leave trash or drive on the dunes or beaches.

El Cielo

continued from page 27

- 13 The new moon should be easier to see tonight in the sunset about two degrees above and left of Mercury.
- 15 Mercury at its highest point of this apparition, with Venus below.
- 28 Venus catches up to Mercury in the sunset and they pass separated by less than a half of a degree. Still close to the sun, use binoculars after the sun sets to have the best chance to see them.

Venus is passing near the sun throughout the period, but it will be an evening star with Mercury in the spring. No bright comets or meteor showers are expected, but you never know what might be up there waiting to be seen.

For more information on any of the above subjects, check out the web links below. If you want to talk, call me on my cell phone at (612) 348-5468 or text on Whatsapp or Messenger. (Not in the office much these days).

LINKS OF INTEREST

COMETS: <http://www.aerith.net/index.html>

METEOR SHOWERS: <http://www.imo.net/calendar/2018>

TROPIC OF CANCER: http://en.wikipedia.org/wiki/Axial_tilt#values or http://en.wikipedia.org/wiki/Circle_of_latitude

ZODIACAL LIGHT: http://en.wikipedia.org/wiki/Zodiacal_light

TIME: <http://www.time.gov/> and
<http://www.worldtimeserver.com/>

SATELLITES: <http://www.heavens-above.com/> user
"elcielots" password "journal"

WEEKLY SKY REPORT: <http://www.griffithobs.org/skyreport.html>

SATURN: <http://saturn.jpl.nasa.gov/home/index.cfm>

ROSETTA: <http://sci.esa.int/rosetta/>

DAWN: <http://dawn.jpl.nasa.gov/>

NEW HORIZONS: http://www.nasa.gov/mission_pages/newhorizons/main/

To dial a United States 800 number FROM a landline in Mexico, replace the 800 prefix with the prefix shown below:

- 800 numbers Dial 001-880-then the number
- 866 numbers Dial 001-883-then the number
- 877 numbers Dial 001-882-then the number
- 888 numbers Dial 001-881-then the number



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eventos

marzo

11 de marzo al 12 de abril | EXPOSICIÓN QUIEN CALLA OTORGА, presentando obras nuevas de Christa Assad y Kevin Wickham, en **Galería Militar** en Todos Santos y por internet.

20 de marzo a 3 de abril | LA SEMANA SANTA.

31 de marzo al 10 de abril | PREMIER MUNDIAL DE "LA RECUA" en el 36º Festival de Cine de Santa Bárbara. En línea y en Santa Bárbara. Para obtener más información, visite SBIFF.org. Si estás en Baja California Sur, puedes contactar a tourloreto@aol.com para obtener acceso al Festival de Cine de Santa Bárbara.

abril

3 de abril | 6:30 pm, MÚSICA EN VIVO con los Tan Lines en **Shaka's** en Cerritos. No cover.

4 de abril | CAMBIO DEL HORARIO en Mexico.

10 de abril | 6:30 pm, MÚSICA EN VIVO con No Pollution en **Shaka's** en Cerritos. No cover.

11 de abril | 5 pm, MÚSICA EN VIVO con Angie Vertti en **Shaka's** en Cerritos. No cover.

14 de abril | 6:30 pm, MÚSICA EN VIVO con Modular en **Shaka's** en Cerritos. No cover.

15 al 18 de abril | XVII FESTIVAL ANUAL DE CINE TODOS SANTOS. Online: FilmlnLatino.mx. Gratis en México. Para obtener más información, visite: www.todossantoscinefest.org o https://www.facebook.com/FestivalCineTodos-Santos/

15 al 18 de abril | TRAILERS Y ENTREVISTAS DE "LA RECUA" en el XVII Festival Anual de Cine Todos Santos. Online: FilmlnLatino.mx. Gratis en México. Para obtener más información, visite: www.todossantoscinefest.org o https://www.facebook.com/FestivalCineTodosSantos/

17 de abril | 6:30 pm, MÚSICA EN

VIVO con los Mexican Weirdoh's en **Shaka's** en Cerritos. No cover.

18 de abril | 5 pm, MÚSICA EN VIVO con Angie Vertti en **Shaka's** en Cerritos. No cover.

20 de abril | 6:30 pm, 3º ANIVERSARIO DE SHAKA'S con música en vivo con Los Leones en **Shaka's** en Cerritos. No cover.

23, 24 y 25 de abril | 2 a 7 pm, CAMPAMENTO DIURNO PARA LOCALES. Sumérjase en temas central de la vida diaria como yoga, bienestar, baile, comida, y cultura para ayudar a acelerar su aprendizaje y conocer a otros miembros de la comunidad de Todos Santos. Para más información: sam@papertable.com, info@hablandomexicano.com

24 de abril | 6:30 pm, MÚSICA EN VIVO con Classic Version en **Shaka's** en Cerritos. No cover.

25 de abril | 5 pm, MÚSICA EN VIVO con Angie Vertti en **Shaka's** en Cerritos. No cover.

29 de abril | 5 pm, DJ DIMITRI KOTA en **Shaka's** en Cerritos. No cover.

mayo

1 de mayo | DÍA DEL TRABAJO.

1 de mayo | 6:30 pm, MÚSICA EN VIVO con los Tan Lines en **Shaka's** en Cerritos. No cover.

2 de mayo | 5 pm, MÚSICA EN VIVO con Angie Vertti en **Shaka's** en Cerritos. No cover.

5 de mayo | BATALLA DE PUEBLA.

5 de mayo | 5 pm, CELEBRACIÓN DE CINCO DE MAYO en **Shaka's** en Cerritos. No cover.

7, 8 y 9 de mayo | 2 a 7 pm, CAMPAMENTO DIURNO PARA LOCALES.

Sumérjase en temas central de la vida diaria como yoga, bienestar, baile, comida, y cultura para ayudar a acelerar su aprendizaje y conocer a otros miembros de la comunidad de Todos Santos. Para más información: sam@papertable.com, info@hablandomexicano.com

7 de mayo | 5 pm, MÚSICA EN VIVO con Stamina en **Shaka's** en Cerritos. No cover.

8 de mayo | 6:30 pm, MÚSICA EN VIVO con Ajinomoto en **Shaka's** en Cerritos. No cover.

9 de mayo | 5 pm, MÚSICA EN VIVO con Angie Vertti en **Shaka's** en Cerritos. No cover.

10 de mayo | DÍA DE LAS MADRES

10 de mayo | FECHA LÍMITE PARA EDICIÓN DE VERANO de Journal del Pacífico.

10 al 16 de mayo | RETIRO POR UNA SEMANA PARA MUJERES TODO INCLUIDO. Sumérjase en temas centrales de la vida diaria como yoga, bienestar, baile, comida, y cultura para ayudar a acelerar su aprendizaje y conocer a otros miembros de la comunidad de Todos Santos. Para más información: EVENTOS cont. en pg. 41

HORA FELIZ

Casa Maya/Barefoot Cantina Do Lu Mier Ju Vi Sa 3 a 6 pm, 25 peso cerveza nacional, 50 peso margaritas de la casa y tequila.

Cerritos Beach Inn **Do Lu Mar Mier Ju Vi Sa 2 a 6 pm**, 2x1 cerveza y margaritas.

Gallo Azul, Do Lu Mar Mier Vi Sa 3 a 6 pm, 2x1 mojitos y margaritas.

Hotel San Cristóbal, **Vi 4 a 7 pm**, Hora feliz junto a la alberca.

Shaka's Do Lu Mar Mier Ju Vi Sa 4 a 6 pm, 2x1 Cerritorita, George's Paloma, J.B. Special, P.P. Paloma, Shakarita, y tequila de la casa.

Shut Up Frank's **Lu Mier Ju Vi 3 a 6 pm**, 2x1 cerveza y cocteles de la casa.



Cada Semana

domingo

8 am – 1 pm, **MERCADO DE ARTE Y ORGÁNICOS** en Baja Beans, Pescadero.

6 pm, **SESIÓN DE DOMINGOS** en Todos Santos Brewing.
martes

8:30 am a 1 pm, **EL MERCADO ORGÁNICO DE LA PAZ** en calle Madero entre 5 de Mayo y Constitución, La Paz.

4 pm, **MARTES DE TACOS** en Chill N Grill en Todos Santos. 6 a 9 pm, música en vivo.

miércoles

9 am a 1 pm, **MERCADO LOCAL** en La Esquina Café, Todos Santos.

jueves

8:30 am a 1 pm, **EL MERCADO ORGÁNICO DE LA PAZ** en calle Madero entre 5 de Mayo y Constitución, La Paz.

9 am a 2 pm, **CENTRO DE RECICLADO PUNTO VERDE**, atrás de Super Pollo entrando por Calle del Huerto, extremo sur de Todos Santos. Traiga su papel, cartón, plásticos de No. 1 y 2, baterías, latas, metal, unicel, vidrio claro, y electrónicos. Donativo mínimo 50 pesos, electrónicos 80 pesos. Favor de separar y limpiar materiales. Mayores informes: ecorrevolucionmx@gmail.com, (612) 139-4789.

5 a 9 pm, **CAMINATA DEL ARTE** en San José del Cabo, en el distrito de las galerías. Todas las galerías que participan estarán abiertas hasta las 9 pm y muchas tienen recepciones y eventos especiales. Noviembre hasta el fin de Junio.

viernes

9 am a 2 pm, **CENTRO DE RECICLADO PUNTO VERDE**, atrás de Super Pollo entrando por Calle del Huerto, extremo sur de Todos Santos. Traiga su papel, cartón, plásticos de No. 1 y 2, baterías, latas, metal, unicel, vidrio claro, y electrónicos. Donativo mínimo 50 pesos, electrónicos 80 pesos. Favor de separar y limpiar materiales. Mayores informes: ecorrevolucionmx@gmail.com, (612) 139-4789.

9 am a 4 pm, **MERCADO ORGÁNICO** en The Shoppes en

Palmilla en San José del Cabo. Para más información 624-144-6999 o visite: www.theshoppesatpalmilla.com.

6 pm, **NOCHE DE TRIVIA** en el Todos Santos Brewing.

sábado

8:30 am a 1 pm, **EL MERCADO ORGÁNICO DE LA PAZ** en calle Madero entre 5 de Mayo y Constitución, La Paz.

9:30 am, **MERCADO ORGÁNICO** en Doce Cuarenta, Todos Santos.

9 am a 3 pm, **EL MERCADO ORGÁNICO** en San José del Cabo está ligeramente afuera del distrito de arte histórico en la Huerta María en el Camino a las Ánimas. Noviembre hasta el fin de Junio.

9 am a 1 pm, **TIANGUIS NATURAL MALECÓN** (Mercado) en el Callejon Cabezud es en La Paz—el área entre calle Esquerro y el Malecón ubicado en el mural Wyland y la escultura del músico tocando el caracol.

6 pm, **SÁBADO DE CANTAUTORES** en el Todos Santos Brewing.

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International Code 011 and Country Code 52 and Area Code and Phone Number.

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All numbers in Mexico are now 10 digits, including cell numbers. No extra "1", "044", or "045" are needed.

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For after-hours emergencies, call the Duty Officer at the U.S. Consulate General Tijuana. (619) 692-2154.

<https://mx.usembassy.gov/embassy-consulates/tijuana/consular-agency-los-cabos/>





Todos Artes

continuó de página 23

donde se encuentra. Jerry Brown vio el arte público como un componente clave de una sociedad iluminada, vibrante, y próspera. Y cuando la propia comunidad participa en la creación de una obra de arte, crea un sentido de propiedad colectiva y orgullo en el arte que simplemente no es posible de otra manera.” Donna, miembro fundador de *Community Built Association*, llevó la construcción comunitaria a Todos Santos a través de Todos Artes y su taller anual *Heaven on Earth*. Dos de sus mosaicos de cerámica construidos por miembros de la comunidad de Todos Santos, el Calendario Azteca justo al lado de la plaza del pueblo de Todos Santos y el muro de Los Todos Santeños a lo largo de la ruta muy transitada de la calle inferior Topete, son ahora algunos de los más fotografiados y amados además de imágenes icónicas de la ciudad.

Issy describe cómo los ladrillos ecológicos pueden encajar en un programa de construcción comunitaria a largo plazo para nuestra área impulsada por el turismo. “Hay una diferencia entre impacto e influencia. Una forma en que las comunidades de Baja California Sur pueden influir en el impacto del turismo en nuestros pueblos es invitar a todos los viajeros a contribuir con los ladrillos ecológicos. Cada hotel, restaurante, y alquiler de Airbnb puede tener un antiguo garrafón en un área central e invitar a los viajeros

a llenarlo con sus desechos plásticos. Cuando el garrafón esté lleno, o nosotros en Todos Artes lo recogemos para convertirlo en arte funcional, o podemos compartir con los propietarios cómo hacerlo ellos mismos. Invitamos a los visitantes a nuestras comunidades a experimentar la gran belleza natural del área, y esta es una excelente manera de ayudar a garantizar que el lugar sea igual de hermoso la próxima vez que lo visiten. Pueden influir en el impacto que tienen en la comunidad de una manera hermosa y duradera.”

Hay un grupo llamado *The Long Now Foundation* que está en el proceso de construir el Reloj de 10,000 Años—un reloj que espera mantener el tiempo durante 10,000 años—with the help of ceramic tiles, for example. The clock is a monument to long-term thinking and Alexander Rose, the executive director of the project, says: “It is not engineering [of the clock], but the civilization that surrounds it, which we hope will be concerned not only with the present and future. We hope that as we build such things...we challenge ourselves to become better ancestors.” The team at Todos Artes sees the ecological bricks in the same way. Donna says: “The ecological bricks are a great way to increase environmental education in our community, to involve the current generation in a completely fun way in the preservation of the impressive nature that surrounds us for future generations.”

Quizás cuando el Reloj de los 10,000 Años dé su última hora todos esos siglos en el futuro, y los arqueólogos estén escribiendo sus libros sobre los artefactos antiguos de la década de 2020 en Baja California Sur, se quedarán impresionados por el cuidado que la sociedad tomó para cumplir un año de sus problemas más duraderos, los desechos plásticos, en algunas de sus obras de arte más duraderas. Roca, piedra, mosaicos, cerámica. Con ladrillos ecológicos estaremos transmitiendo quiénes éramos culturalmente a todas las generaciones venideras. Estaremos demostrando ser buenos antepasados. Y, si todo va según el plan, quienes reciban el mensaje aún tendrán la opción de vivir en una Tierra vibrante, próspera e iluminada.

Todos Artes

continued from page 15

in Baja California Sur, they'll be struck by the care that society took to turn one of its most enduring problems—plastic waste—into some of its most enduring works of art. Rock, stone, mosaics, ceramics. With ecobricks we'll be transmitting who we were culturally to all the generations to come. We'll be proving ourselves good ancestors. And, if all goes according to plan, those receiving the message will still have the option to live on a vibrant, thriving, and enlightened Earth.

Events continued from page 20

May 9 | MOTHER'S DAY in US and Canada.

May 9 | 5 pm, LIVE MUSIC with Angie Vertti at **Shaka's** at Cerritos. No cover.

May 10 | DÍA DE LOS MADRES.

May 10 | JOURNAL DEL PACIFICO SUMMER ISSUE DEADLINE.

May 10-16 | LADIES ALL-INCLUSIVE WEEK RETREAT. Immerse yourself in a topic central to daily life such as yoga, wellness, dancing, dining, and culture to help accelerate your learning and meet other members of the Todos Santos community. For more information: sam@papertable.com, info@hablandomexicano.com

May 14 | 5 pm, LIVE MUSIC with Johnny Rockstar at **Shaka's** at Cerritos. No cover.

May 15 | 6:30 pm, LIVE MUSIC with Modular at **Shaka's** at Cerritos. No cover.

May 16 | 5 pm, LIVE MUSIC with Angie Vertti at **Shaka's** at Cerritos. No cover.

May 21 | 5 pm, LIVE MUSIC with Liroi Douglass at **Shaka's** at Cerritos. No cover.

May 22 | 6:30 pm, LIVE MUSIC with No Pollution at **Shaka's** at Cerritos. No cover.

May 23 | 5 pm, LIVE MUSIC with Angie Vertti at **Shaka's** at Cerritos. No cover.

May 27 | 5 pm, DJ DIMITRI KOTA at **Shaka's** at Cerritos. No cover.

May 30 | 5 pm, LIVE MUSIC with Angie Vertti at **Shaka's** at Cerritos. No cover.

june

June 26 - July 4 | "WRITING DOWN THE BAJA" CREATIVE WRITING RETREAT at Serendipity hotel in Todos Santos. Led by Ellen Waterston. All levels of poetry and prose writers welcome. For more information see article in the Holiday 2020/2021 issue, visit www.writingranch.com, call 001.541.480.3933 or email info@writingranch.com.

Eventos continuó de página 38

sam@papertable.com, info@hablandomexicano.com

14 de mayo | 5 pm, MÚSICA EN VIVO con Johnny Rockstar en **Shaka's** en Cerritos. No cover.

15 de mayo | 6:30 pm, MÚSICA EN VIVO con Modular en **Shaka's** en Cerritos. No cover.

16 de mayo | 5 pm, MÚSICA EN VIVO con Angie Vertti en **Shaka's** en Cerritos. No cover.

21 de mayo | 5 pm, MÚSICA EN VIVO con Liroi Douglass en **Shaka's** en Cerritos. No cover.

22 de mayo | 6:30 pm, MÚSICA EN VIVO con No Pollution en **Shaka's** en Cerritos. No cover.

23 de mayo | 5 pm, MÚSICA EN VIVO con Angie Vertti en **Shaka's** en Cerritos. No cover.

27 de mayo | 5 pm, DJ DIMITRI KOTA en **Shaka's** en Cerritos. No cover.

30 de mayo | 5 pm, MÚSICA EN VIVO con Angie Vertti en **Shaka's** en Cerritos. No cover.

junio

21 de junio | SOLSTICIO DE VERANO

26 de junio al 4 de julio | RETIRO ANUAL DE LITERATURA CREATIVA "ESCRIBIENDO EN LA BAJA" ("Writing Down the Baja") del Rancho Literario en Serendipity, Todos Santos. Dirigido por Ellen Waterston. Bienvenidos todos los escritores. Para mayor información visite: www.writingranch.com, 001.541.480.3933 o info@writingranch.com.

noviembre

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aprenden en escuelas que simplemente reproducen programas en una televisión con métodos de enseñanza básicos y obsoletos. También hay escuelas públicas en el sistema que realmente no preparan una mente joven para la universidad, o incluso una ubicación sólida en la fuerza laboral. Esta necesidad de una educación de calidad en un lugar que depende del

turismo y la agricultura fue fácilmente reconocida por la Junta Directiva de la Sociedad Palapa y los fundadores del Centro de Aprendizaje Palapa (PLC), David y Cindy Higgins. En 2015 decidieron que era hora de construir una escuela que ayudaría a elevar las oportunidades educativas en el área de Todos Santos y Pescadero. Desde el principio, la escuela abrazó la importancia de la tecnología como una herramienta esencial en el aprendizaje. Muchas familias en Todos Santos no tenían computadoras personales ni acceso a internet, y era vital que La Escuela de la Palapa les brindará las herramientas necesarias para adaptarse a un mundo tecnológico, lo que a su vez expandirá sus opciones de carrera en el futuro.

APRENDER DESDE CASA DURANTE LA PANDEMIA

Poco después de que se declarara la pandemia tuvimos que hacer la transición al aprendizaje a distancia, nuestros maestros de la Escuela de la Palapa reconocieron que nuestros estudiantes de primer año estaban luchando por adaptarse. Los profesores tuvieron que trabajar rápidamente para facilitar a los estudiantes durante el proceso y crear lecciones y actividades que pudieran hacer sin conexión, para evitar el efecto muy real de la fatiga en línea. La falta de aprendizaje presencial ha sido una desventaja para estos nuevos estudiantes; la actividad de igual a igual es esencial para ayudar a desarrollar habilidades socioemocionales. Estas habilidades realmente le dan a una vida joven un sentido de pertenencia y propósito. Cuando trabajamos en persona, es más fácil interactuar y promover el desarrollo del pensamiento crítico y la cooperación para resolver problemas. Con el aprendizaje a distancia, esta parte



Mónica Rodríguez Cortés

crucial de la educación simplemente desaparece. El primer año de la escuela secundaria siempre es difícil, siempre es un gran cambio. Vernos obligados a iniciar esta nueva etapa, en una nueva escuela, con nuevos compañeros y no poder interactuar más que a través de una pantalla es un desafío sumamente difícil para cualquiera, solo podemos imaginarnos cómo es para un niño de doce años.

Mónica Rodríguez Cortés, maestra de primer año de la Escuela de la Palapa, está abordando este problema de frente. Ella está creando un programa de apoyo en línea para padres y estudiantes que aborda directamente los desafíos que enfrentan nuestros estudiantes con el aprendizaje a distancia. Estos videos pueden ser utilizados por cualquier persona que quiera aprender cómo lidiar con estos problemas en casa con niños en edad escolar. Esta serie de videos cubre los temas de comunicación no violenta efectiva, herramientas para ayudarnos con el manejo de las emociones, la importancia

de la educación y la actividad física, derechos humanos, administración del tiempo, ayuda con herramientas en línea, identidad cultural, y la preservación del medio ambiente. El concepto detrás del programa es generar más herramientas que fomenten el éxito y sean de fácil acceso para los estudiantes y sus familias. Esto ayudará a mantener a los estudiantes en clase y comprometidos con sus estudios. Saber que cuentan con apoyo y que están siendo escuchados es la prioridad y también la forma de superar los problemas académicos.

Por supuesto, existen algunas ventajas en la educación a distancia; los estudiantes tienen que usar más la tecnología y han comenzado a desarrollar interés en el desarrollo de aplicaciones, sitios web, y la creación de programas interactivos. También los está ayudando a diseñar estrategias y organizar sus actividades de aprendizaje de manera diferente, y están desarrollando habilidades de resolución de problemas que tal vez no hayan tenido en el aula.

La Sociedad Palapa puede llevar a cabo la tarea de brindar programas educativos de calidad a los jóvenes de nuestra comunidad solo gracias a la increíble generosidad de nuestros voluntarios, nuestro personal y nuestros donantes. Su impacto se siente en toda nuestra comunidad. Considere convertirse en donante hoy mismo; sus donaciones nos ayudan a crear oportunidades positivas que cambian la vida de las familias en Todos Santos y Pescadero.

Para obtener más información, visite nuestro sitio web: palapasociety.org

Beach Community Vacation Rentals

Hwy 19 KM 64,
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Palapa

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learning, this crucial part of education is simply gone. The first year of middle school is always difficult, always a big change. Being forced to start this new stage, in a new school, with new classmates and not being able to interact except through a screen is an extremely difficult challenge for anybody, we can only imagine how it is for a twelve-year-old.

First-year Palapa School teacher Mónica Rodríguez Cortés is tackling this issue head on. She is creating an online support program for parents and students that directly address the challenges our students face with distance learning. These videos can be utilized by anyone that wants to learn about how to deal with these issues at home with school-aged children. This series of videos covers the topics of effective non-violent communication, tools to aid with management of emotions, the importance of physical education and activity, human rights, time management, help with online tools, cultural identity, and the preservation of the environment. The concept behind the program is to generate more tools that encourage success and are easily accessible to students and their families. This will help to keep students in class and engaged with their studies. Knowing that they have support and are being heard is the priority and also the way to overcoming the academic issues.

There are, of course, some advantages to distance learning; students have to use technology more, and they have started to develop interest in application development, websites, and creating interactive programs. It also is helping them to strategize and organize their learning activities differently, and they are developing problem-solving skills they may not have had in the classroom.

The Palapa Society is able to carry out the task of providing quality educational programs to the youth of our community only thanks to the incredible generosity of our volunteers, our staff, and our donors. Their impact is felt throughout all of our community. Please consider becoming a donor today; your donations help us create positive life-changing opportunities to families in Todos Santos and Pescadero.

For more information, please visit our website:
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Sustainable Seafood

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approach focuses on the ideals of community conservation, and more specifically, the notion of a community-supported fishery.

Community-supported fisheries (CSFs) are a growing trend that resembles the farm-to-table movement in organic agriculture. This community-supported fishery is designed to offer community-sourced seafood options through a membership program. The idea is that members pay a fee and receive individual shares of seafood weekly, based on their membership status. The model has recently become popular in the United States and Canada, with programs such as LocalCatch or SeafoodWatch. This community collaboration then gives local fisheries incentives to practice sustainable seafood harvest and become leaders in future conservation efforts. These individuals that collaborate in community-supported fisheries are stewards of the ocean. They understand more about the natural cycles of the sea, and scientists look to them for knowledge that would take lifetimes to acquire. They must be part of the solution.

Blue Turtle Sustainable is looking to utilize the idea of a community-supported fishery to drive the market towards sustainable seafood in the Bay of La Paz. Remember that question, "where does my seafood come from?" This question is the very thing that ignites the change we need. The idea of a community-supported fishery is only possible if there is a market that demands sustainable seafood. Here in Baja California Sur, there is a minimal market and little to no demand for a sustainable product. Blue Turtle Sustainable offers sustainable seafood options for their eco-tourism partners, wellness retreats, and the

SUSTAINABLE SEAFOOD continued on page 45



SUNDAYS

- sunday / domingo**
- 9 am, **KAVIKA HATHA VINYASA YOGA @ Cuatro Vientos, Todos Santos.**
- 10:30 am, **KID'S YOGA, ART & NATURE PLAY W/C OLIVIA @ Cuatro Vientos, Todos Santos.**
- monday / lunes**
- 9 am, **YOGA W/C MARIMAR @ Cuatro Vientos, Todos Santos.**
- 10:30 am, **KAVIKA POWER VINYASA YOGA @ Cuatro Vientos, Todos Santos.**
- 12 pm, **VAJRA DANCE @ Cuatro Vientos, Todos Santos.**
- 11 am, **AA MEETING.** On the rooftop at **Ricardo Amigo Real Estate** on calle Centenario in Todos Santos. For info: Erick (612)156-9980.
- 5 pm, **AA MEETING** at Casa Catalina / El Tecolote Bookstore on calle Militar, Todos Santos. For information: Kenny: (612)152-2995, Catherine: (612)149-5194, Don: (612)157-1256
- 5 pm, **BRAZILIAN ZOUK FLOW DANCE W/C RACHEL @ Cuatro Vientos, Todos Santos.**
- tuesday / martes**
- 7:30 am, **YOGA W/C LIZ @ Cuatro Vientos, Todos Santos.**
- 9 am, **ZUMBA W/C JAN @ Cuatro Vientos, Todos Santos** on outside patio.
- 9 am, **POSTURE, MOVEMENT, & STRETCH CLASS W/C ANNA.** At Cerritos beach Mayan village access. Through mid-May.
- 10:30 am, **MINDFUL VINYASA YOGA W/C MARY TERE @ Cuatro Vientos, Todos Santos.**
- 4 – 5 pm, **CROSSFIT FOR KIDS,** Cross2box, Todos Santos. (Limited spots available).
- 4:30 pm, **RESTORATIVE YOGA W/C RUBEN @ Cuatro Vientos, Todos Santos.**
- 6 pm, **DANCE FITNESS W/C NATHALIE**

@ Cuatro Vientos, Todos Santos.

wednesday / miércoles

- 7:30 am, **POUND W/C SUE @ Cuatro Vientos, Todos Santos.**
- 9 am, **YOGA W/C MARIMAR @ Cuatro Vientos, Todos Santos.**
- 10:30 am, **YIN YOGA W/C RUBEN @ Cuatro Vientos, Todos Santos.**
- 11 am, **AA MEETING.** On the rooftop at **Ricardo Amigo Real Estate** on calle Centenario in Todos Santos. For info: Erick (612)156-9980.
- 4:30 pm, **DANZA POLINESIA PARA NIÑAS W/C NATHALIE @ Cuatro Vientos, Todos Santos.**
- 5 pm, **PESCADERO HIGHTIDE AA MEETING @ Baja Beans, Pescadero.** For information: Don (612) 157-1256.

thursday / jueves

- 7:30 am, **YOGA W/C LIZ @ Cuatro Vientos, Todos Santos.**
- 9 am, **ZUMBA W/C JAN @ Cuatro Vientos, Todos Santos** on outside patio.
- 9 am, **POSTURE, MOVEMENT, & STRETCH CLASS W/C ANNA.** At Cerritos beach Mayan village access.
- 10:30 am, **MINDFUL YOGA W/C MARY TERE @ Cuatro Vientos, Todos Santos.**
- 4 – 5 pm, **CROSSFIT FOR KIDS,** Cross2box, Todos Santos. (Limited spots available).
- 4:30 pm, **RESTORATIVE YOGA W/C RUBEN @ Cuatro Vientos, Todos Santos.**
- 5 pm, **AA MEETING** at Casa Catalina /El Tecolote Bookstore on calle Militar, Todos Santos. For information: Kenny: (612)152-2995, Catherine: (612)149-5194, Don: (612)157-1256
- 6 pm, **DANCE FITNESS W/C NATHALIE @ Cuatro Vientos, Todos Santos.**

friday / viernes

- 9 am, **YOGA W/C MARIMAR @ Cuatro Vientos, Todos Santos.**
- 9 am, **WOMEN'S AA MEETING** at Casa Catalina /El Tecolote Bookstore on calle Militar, Todos Santos.
- 10:30 am, **KAVIKA POWER VINYASA YOGA @ Cuatro Vientos, Todos Santos.**
- 11 am, **AA MEETING.** On the rooftop at **Ricardo Amigo Real Estate** on calle Centenario in Todos Santos. For info: Erick (612)156-9980.



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Don Santiago, the leader of the Las Pacas fishing community. Picture taken after a meeting regarding the future of the fishery and its aim to collaborate and pioneer conservation efforts. Photo by Keegan Sentner.

Don Santiago, dirigente de la comunidad pesquera de Las Pacas. La imagen fue tomada al finalizar una reunion sobre el futuro de la pesca y el objetivo de colaborar con y ser pioneros de esfuerzos de conservación. Foto de Keegan Sentner.

12:30 pm, **Qi Gong W/C RHODA** via Zoom. Beginning Tai Chi course. Email for link: barakabaja@gmail.com

4:30 pm, **KAVIKA SACRED CIRCLE OF MEN @ Cuatro Vientos, Todos Santos.**

saturday / sábado

10:30 am, **HATHA FOUNDATIONS W/C JENNY @ Cuatro Vientos, Todos Santos.**

11 am, **AA MEETING.** On the rooftop at **Ricardo Amigo Real Estate** on calle Centenario in Todos Santos. For info: Erick (612)156-9980.

AA CABO SAN LUCAS—AA Hacienda Group Cabo, upstairs above Ace Hardware behind McDonalds. Monday – Friday, 4:30 pm and daily at 6 pm. For information: (624) 147-0478

SAN JOSÉ DEL CABO—Next to the Calvary Chapel corner of Degollado and Coronado. 6 pm nightly.

LA PAZ—For information call: Rick M. (612)131-7459, JoAnna (612)108-5342, or Leo (612)197-8639.

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Sustainable Seafood

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local public as a means of financing the CSF. The goal of Stephanie's business is to transition the local market from unsustainable harvest to a model that rewards fisheries for sustainable practice. She will be the first to tell you; this is going to be a big undertaking. She will also tell you that Blue Turtle Sustainable isn't just an organization; it's a movement. That is precisely what the ocean needs, a movement. (See Stephanie's article in the Spring/Primavera 2016, #24 issue of Journal del Pacifico.)

As consumers, we are the drivers for change. We can begin to choose sustainable seafood in our everyday interactions. We can choose to ask restaurants where they purchase their product, how it got to our tables, and what lives it touched. We can be the catalyst that sparks this movement. It is in the power of the consumer that there is an opportunity for change. Everyday consumers, such as you and me, can begin by taking little steps. We can choose to ask the question. We can decide to demand a choice. We have the power to protect our oceans so that one day our kids may look out across the water and not have to think about the destruction that lay beneath the surface. We must choose a sustainable future.

Here's what you can do to help. Contact Blue Turtle Sustainable LLC at their website (BlueturtleSustainable.org) or their email (info@blueturtlesustainable.org) to inquire about what seafood options are available for purchase. Blue Turtle Sustainable LLC works directly with the fisheries and acts as an extension of the local fishing communities. The organization is bridging the gap between the consumer and the fisher, making it easier to choose sustainability and conservation. Help Blue Turtle Sustainable and be a part of SUSTAINABLE SEAFOOD continued on page 46

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Sustainable Seafood

continued from page 45



the movement. Help them fight for a brighter future for our oceans, our fishers, and ourselves.

Stephanie is always looking for passionate individuals to join the cause and come aboard. To get involved, or for any other questions, contact Blue Turtle Sustainable through their website at BlueTurtleSustainable.org or contact them via email at info@blueturtlesustainable.org.

Keegan Sentner is a wildlife biologist by training but considers himself a conservation storyteller. He believes there is a greater need to effectively communicate science to the public in an exciting and inspiring way. This belief has led him to pursue a career in communications through the arts of photography and writing. He is on a mission to spark a deeper connection with conservation's most pivotal issues. Through storytelling, he aspires to use his voice as a means of amplifying the voices of others.

Currently based in Baja California Sur, Keegan is working with local organizations such as Blue Turtle Sustainable to help promote community conservation and ocean mindfulness. Keegan's storytelling also encompasses other fields such as eco-tourism, wildlife, travel, and adventure sports. Follow along with him at his blog (ConservationAtLarge.com) or connect with him through his email (KeeganSentner24@gmail.com).

Stephanie J Rousso and Santiago Flores Cañedo (Don Santiago, one of the leaders of Las Pacas fishing community). Photo by Jack Hamilton for Blue Turtle Sustainable.

Stephanie J. Rousso y Santiago Flores Cañedo (don Santiago, uno de los dirigentes de la comunidad pesquera de Las Pacas). Fotografía de Jack Hamilton para Tortuga Azul Sustentable.

Océano Sustentable

continuó de página 35

¿De qué manera puedes ayudar? Contacta a Tortuga Azul Sustentable a través de su sitio web, BlueTurtleSustainable.org, o el correo electrónico info@blueturtlesustainable.org y pregunta por las opciones que tienen de producto sustentable de pescado y marisco. Tortuga Azul trabaja directamente con las pesquerías comunitarias y de hecho funge como una extensión de las mismas. La organización está cerrando la brecha entre el pescador y el consumidor, facilitando la opción sustentable y promoviendo la conservación ambiental. Ayuda a Tortuga Azul Sustentable y sé parte del movimiento. Ayúdale en esta lucha por nuestros océanos, nuestra pesca, y nuestro futuro.

Stephanie siempre está en busca de personas apasionadas que se unan a la causa. Para colaborar, o para cualquier otra pregunta, puedes contactar a Tortuga Azul Sustentable a través de su sitio web, BlueTurtleSustainable.org o por correo electrónico a info@blueturtlesustainable.org.

Keegan Sentner es por formación un biólogo de vida silvestre, pero se considera un narrador de conservación. Él cree que existe una mayor necesidad de comunicar la ciencia al público de manera eficaz y estimulante. Esta convicción le ha llevado a seguir una carrera en la comunicación a través de la fotografía y literatura. Tiene la misión de generar una conexión más profunda con los problemas más fundamentales de la conservación. A través de la narración, aspira a usar su voz como un medio para amplificar las voces de los demás.

Actualmente con sede en Baja California Sur, Keegan está trabajando con organizaciones locales como Tortuga Azul Sustentable para ayudar a promover la conservación comunitaria y la atención plena al océano. La narración de Keegan también abarca otros campos, como el ecoturismo, la vida silvestre, los viajes y los deportes de aventura. Puede leer y seguir su blog (ConservationAtLarge.com) o conectarse con él a través del correo (KeeganSentner24@gmail.com).



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