

spring / primavera 2020 #44

jurnal DEL PACIFICO

La Revista de Baja California Sur

The ULTIMATE GUIDE to
Baja Sur Arts,
Culture & Adventure

Gastrovino

Cabalgatas

The Desert Has Eyes
El Desierto Tiene Ojos

Los Tres Grandes



"Cut Through the Fields" by / por Kate Turning

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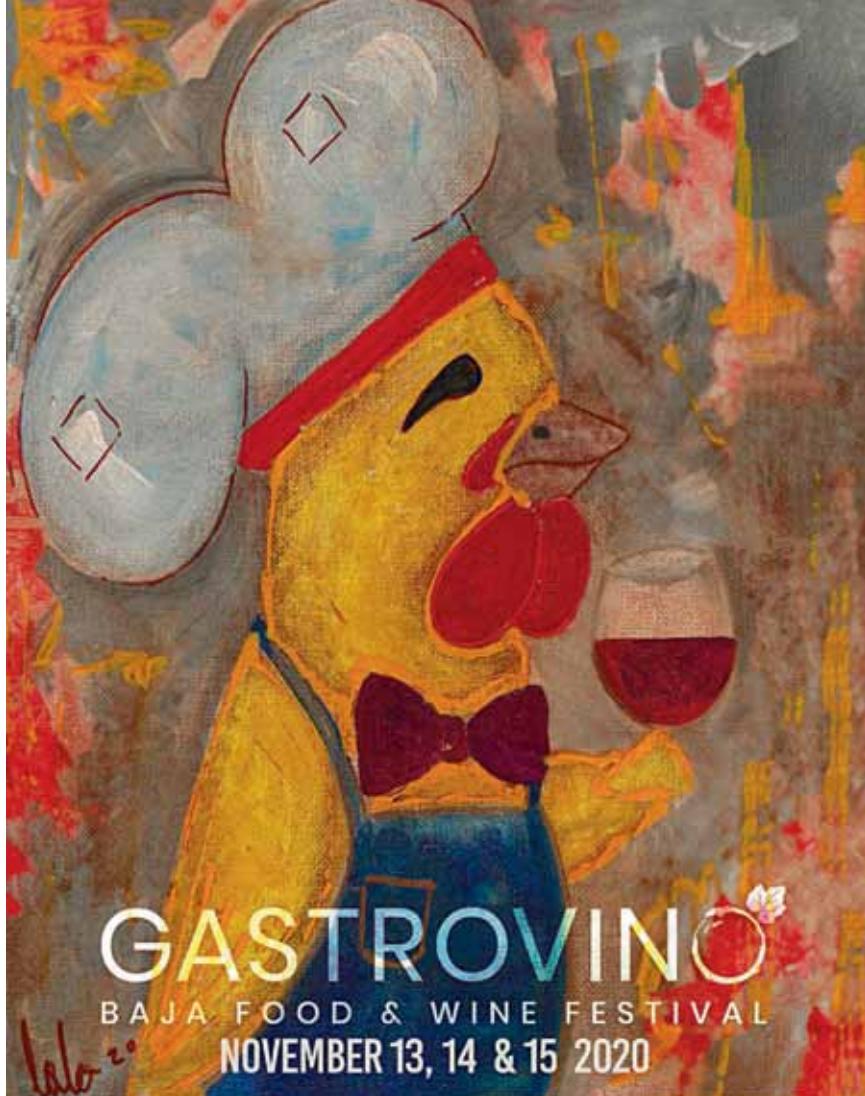
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El 9^{no} Anual GastroVino Baja Food y Wine Festival

by the GastroVino Team
por el Equipo GastroVino
traducido por Perla Garnica

The 9th consecutive GastroVino Baja Food and Wine Festival will be taking over the *pueblo mágico* of Todos Santos on November 13, 14, and 15, 2020. You won't want to miss this fabulous weekend full of events featuring wonderful Mexican wines and delicious, authentic food created by local chefs and cooks.

If you are a GastroVino aficionado and something sounds strange to you, it must be the date! Yes, GastroVino usually happens in the spring, but we made an important decision to postpone the event until November in accordance with the WHO (World Health Organization) recommendations to avoid large events. One of the advantages with this change is that in November you will be among the first to try the newest wines, fresh from the summer harvest, and you can curate your personal selection of wines to enjoy during the holidays and winter season. You'll find all the details in the Fall 2020 issue of Journal del Pacifico.

GastroVino director and founder, Perla Garnica, along with her team of sisters and friends, share a passion for Mexican wines and the exciting regional culinary scene that has gained increasing recognition in Baja. However, what is most important is their shared passion for the town and community. Since year one, Perla decided to raise funds for local charities. "The first year we raised nearly \$3000 USD," she remembers, and last year the festival raised a little over \$16,000 USD. Plus, the nearly \$70,000 USD they have raised since GastroVino started in 2012. Every year

El 9^{no} anual consecutivo del GastroVino Baja Food y Wine Festival se estará llevando a cabo en el pueblo mágico de Todos Santos el 13, 14, y 15 de noviembre, 2020. No querrás perderte de este fabuloso fin de semana lleno de eventos presentando maravillosos vinos mexicanos y autentica y deliciosa comida creada por los chefs y cocineros locales.

Si eres un aficionado de GastroVino y algo aquí te suena extraño, idebe ser la fecha! GastroVino usualmente sucede en la primavera, pero tomamos la importante decisión de posponerlo a noviembre para colaborar y acatar con las recomendaciones de la OMS (Organización Mundial de la Salud) de evitar eventos masivos. Una de las grandes ventajas con este cambio, es que en noviembre serás uno de los primeros en probar los vinos más nuevos, recién salidos de la cosecha de este verano, y podrás armar tu selección de vinos para disfrutar durante las fiestas y toda la temporada. Encontraras todos los detalles en la edición Otoño 2020 de Journal del Pacifico.

La directora y fundadora del festival GastroVino, Perla Garnica, junto con su equipo de hermanas y amigas, comparte una pasión por el vino mexicano y por la excitante escena culinaria regional que ha ido incrementando su reconocimiento en la península de la Baja. Sin embargo, lo que es más importante es la pasión que comparten por el pueblo y comunidad. Desde el primer año, Perla decidió recaudar fondos para causas nobles de caridad. "El primer GASTROVINO continúa en página 16

this number increases as well as the amount of people involved and the number of attendees—wine and food aficionados all!

The GastroVino Festival is proud to have a curated selection of boutique Mexican wineries. You will experience winemakers and winery owners pouring your glass and sharing their stories during the official events. This allows everyone the opportunity to meet the *maestros* and talk directly to them about their product. The events also include special guest sommeliers and dedicated panels for those who want to learn more about the experience of making and enjoying wine. This year enologist Lluis Raventos from the winery Finca Sala Vive will host a talk and tasting about sparkling wines from around the world. There will be other informative talks by participating winemakers as well.

GastroVino is very proud of the selection of participating restaurants and local producer exhibitors. This year's festival will present an exciting cross section of the culinary scene, from Todos Santos and Pescadero, and Los Cabos to La Paz. Every year has seen an increase in new and famous restaurants participating in the festival lineup to showcase their best and most exciting culinary concepts—from traditional dishes to exotic and innovating fusions—everything with authentic Baja essence.

The GastroVino core team is a group of tremendously talented women who volunteer their skills and time to the festival. Special thanks to Kate Turning, Adriana Icaza, Jess Flood, Marina Garnica, and Jimena Garcia, and also a big thank you to the rest of the committee and volunteers, to the generous sponsors that help to produce this massive



event, and to the large list of business owners, artists, and everyone who donates for the silent auction.

This year's festival artwork has been created by La Paz artist Sebastian Diaz Duarte. As the creator of the first festival's artwork, we welcome his return to the ninth GastroVino.

There will be an array of fun events happening during this weekend:

FRIDAY, NOVEMBER 13

**MEET THE WINEMAKERS AND INDUSTRY PEOPLE
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GASTROVINO continued on page 24

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GASTROVINO
BAJA FOOD & WINE FESTIVAL

Las Cabalgatas de Baja California Sur: Amistad, Orgullo, y Desfile de Jinetes

por Bryan Jáuregui

traducido por Ricardo Madrazo

fotos por Kaia Thomson

"Nuestra victoria se la debemos primero a Dios y luego a los caballos." Cuando Hernán Cortés arribó a costas de América en 1519 y derrotó a los mayas, el continente llevaba más de 10 mil años sin ver un solo caballo. Su súbita aparición, con hombres a cuestas, aterró a la población local casi tanto como el estruendo y la pólvora del mosquete, y facilitó la victoria de Hernán Cortés.

A partir de ese primer triunfo, la caballería continuó su conquista de las Américas, no sólo militarmente, sino también creando una cultura americana de caballos. Los españoles que llegaron a Cuba y La Española trajeron consigo ganado y caballos, y de ahí a la Nueva España, donde construyeron grandes haciendas y ranchos basadas en el uso del caballo. Las haciendas empezaron a competir entre sí tanto en crianza de ejemplares como en habilidades de caballería, y de ahí nació la tradición de la charrería. Los descendientes de los 16 caballos que trajo Hernán Cortés, junto con demás caballos antes domesticados, se propagaron a lo ancho y largo del continente a manera de manadas silvestres, que eventualmente dieron lugar al Galiceño Mexicano, el Caballo Indio y el gran Mustang del oeste Norteamericano. Dos grandes culturas de jinete surgieron en este entorno, el vaquero y el indio; las tribus norteamericanas que sobrevivieron la invasión inicial

del hombre blanco posteriormente se convirtieron en formidables jinetes.

En Baja California Sur, al ser expulsados los jesuitas de la península a finales del siglo XVIII, muchas de sus tierras pasaron a ser propiedad de los rancheros que habían ayudado a los religiosos a desarrollar las misiones. Esta cultura independentista, basada en el caballo y la mula, se convirtió en la identidad de la región. Para fiestas y festivales, los rancheros acostumbraban cabalgar a través de la sierra por días, sumando jinetes en el camino y festejando cada noche. Esta era la versión ranchera de la cabalgata española. En muchos sentidos, la cultura mexicana en general, y la peninsular en particular, deben mucho al caballo.

Pero como suele suceder, el mundo cambia. Conforme se urbanizaron las nuevas generaciones de mexicanos y sudcalifornianos, la frase "caballos de potencia" pasó a significar términos automotrices, y las tradiciones de charrería y cabalgata empezaban a desvanecerse. Fermín Reygadas, profesor de Turismo Alternativo en la UABCs, nos comenta: "Cuando llegué a BCS hace 43 años, no había cabalgatas, y muy pocos eventos de charrería. Esa cultura estaba casi muerta. Y entonces, hace como 30 años, CABALGATAS continúa en página 18

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The Cabalgatas of BCS: Friendship, Pride, and a Parade of Horsemen

by Bryan Jáuregui

photos by Kaia Thomson

"After God, we owed our victory to the horses." When Hernán Cortés arrived on the eastern coast of Mexico in 1519 and defeated the Mayan people there, horses had not been seen on the North American continent in over 10,000 years. Their sudden appearance with men on their backs terrorized the local population nearly as much as the noise and deadly impact of the musketry, and victory came readily to Cortés.

From that first triumph the horses continued their conquest of the Americas, with men defeating one culture from their backs while creating others centered around their skills. Spanish settlers arrived from Cuba and Hispaniola

bringing livestock and horses with them and great ranching haciendas built on horse prowess spread across Mexico and points north. The haciendas began competing among themselves to display their horse and animal husbandry skills and the tradition of *Charrería*, similar to rodeo, was born. Descendants of the 16 horses that Cortés brought with him as well as those brought by other settlers spread out across the continent in feral bands, becoming the progenitors of the Mexican Galiceño, the American Indian Horse and the great Mustang herds of the American west. Two of the great horse cultures of the world arose on the North American continent—cowboys and Indians by any

CABALGATAS continued on page 19

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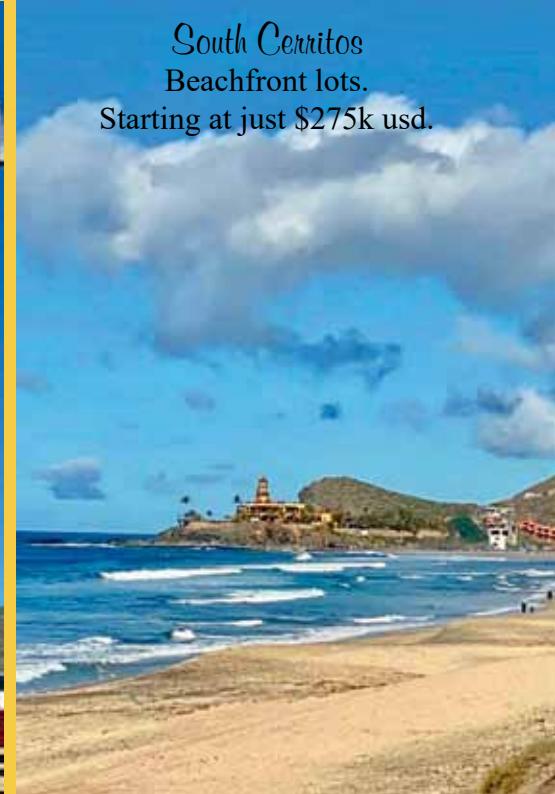
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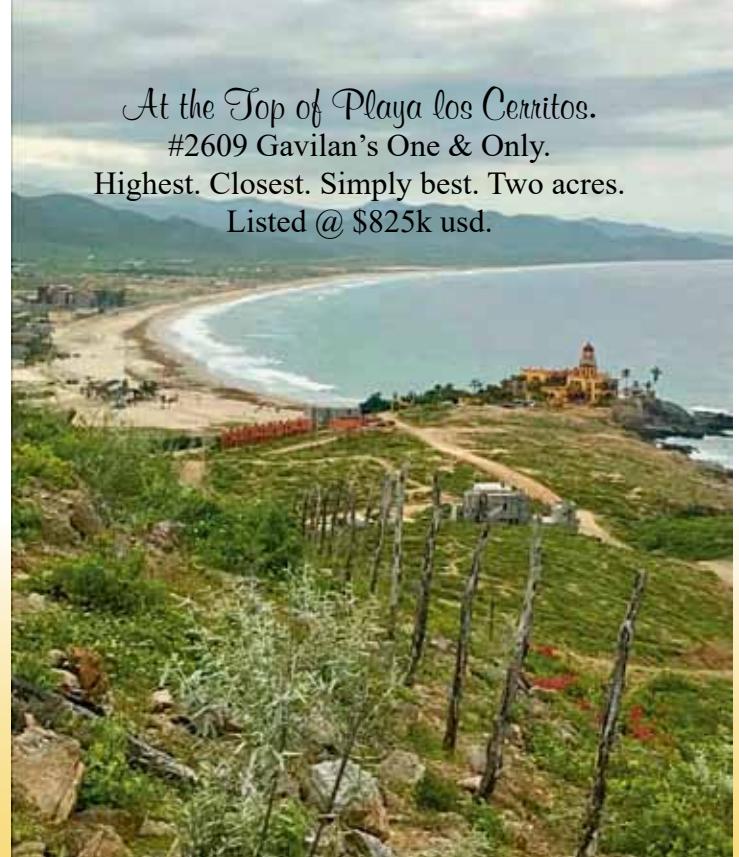


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Cuatro Beneficios de Adiestrar a tu Perro

por David Divjak, Entrenamiento de Perros "Todos Los Perros"
traducido por Paula Angeloni

Tú y tu perro son un equipo. Al igual que en los equipos humanos, se debe trabajar juntos para generar confianza y aprender a comunicarse de manera efectiva. El tiempo de adiestramiento es un tiempo de formación de equipo que lo establece a uno como un líder en el cual el perro puede confiar en cualquier situación. Tu perro se divertirá, se sentirá más satisfecho, y comprenderá que eres el capitán del equipo. Y tú estarás libre de preocupaciones en entornos sociales.

SEGURIDAD

Esta es la razón número uno para entrenar a un perro. Un perro que escucha y llega cuando lo llaman tiene menos probabilidades de perderse o lastimarse. Es menos probable que persiga un automóvil, un caballo, una cuatrimoto, o una persona, o se involucre en una pelea con un perro callejero hostil. Adiestrar a tu perro no solo lo mantendrá a salvo a él, sino también a ti y a los demás. Un perro irritable o uno que arrebata comida puede causar daños. Un perro entrenado es menos responsabilidad que uno incontrolable.

ESTIMULACIÓN MENTAL

Un perro cansado es un perro que se porta bien. Todos sabemos que los perros necesitan ejercicio físico para mantenerse sanos y fuertes. Les ayuda a mantenerse felices y eliminar la energía acumulada. Pero lo que muchas personas no se dan cuenta es que también necesitan ejercitarse sus cerebros. Los perros que no reciben suficiente estimulación tienden a aburrirse, estresarse, e incluso deprimirse. Un perro aburrido se vuelve destructivo y se porta mal.

Es importante ejercitarse a tu perro todos los días mental y físicamente. Agregar un poco de entrenamiento también contribuirá en gran medida a cumplir el deseo natural de tu perro de aprender cosas nuevas. La investigación muestra que los perros valoran más su recompensa favorita cuando tienen la oportunidad de ganársela primero. Cuando tu perro usa su mente para resolver un problema, le produce satisfacción. Entrenar a un perro le dará la estimulación mental que necesita todos los días.

TIEMPO DE CONEXIÓN

El entrenamiento ayudará a forjar un vínculo más fuerte con tu perro. No solo logrará que confíe más en ti y te escuche mejor, sino que también se divertirá contigo en el proceso. En las clases de adiestramiento, aprendes el lenguaje corporal canino y las señales únicas que usa tu perro para comunicarse contigo. Establecer una conexión fuerte es esencial. Entrenar a tu perro con técnicas de retroalimentación positivas es una excelente manera de generar confianza y respeto mutuo mientras se genera una mayor conexión.

Un perro bien entrenado con buenos modales es más manejable, relajado, contento, y seguro. Y te hace un dueño de mascota más feliz cuando tu mejor amigo entiende lo que esperas de él. Según la investigación, los perros que tienen entrenamiento de obediencia prestan mayor atención a sus dueños, lo que reduce el estrés en ambos, y crea un vínculo amoroso entre los dos. Cuanto más tiempo pases con tu perro, mejor entenderá que eres un líder consistente y justo.

ADIESTRAR A TU PERRO cont. en página 51

Four Benefits of Training Your Dog

by David Divjak, Todos Los Perros Dog Training

You and your dog are a team. Just like human teams, you need to work together to build trust and learn how to communicate effectively together. Training time is team-building time that establishes you as a leader that your dog can trust in any situation. Your dog will have fun, be more fulfilled, and understand that you are the captain of the team. And, you will be worry-free in social settings.

SAFETY

This is the number one reason to train your dog. A dog that listens and comes when called is less likely to get lost or injured. They're less likely to chase a car, horse, quad, or person, or engage with a hostile street dog. Training your dog will not only keep them safe but you and others, as well. A jumpy dog or one who snatches food can cause injury. A trained dog is less of a liability than an uncontrollable one.

MENTAL STIMULATION

A tired dog is a well-behaved dog. We all know that dogs need physical exercise to stay healthy and strong. It helps them to stay happy and gets rid of pent up energy. What



many people don't realize is that they also need to exercise their brains. Dogs who don't get enough stimulation tend to get bored, stressed, and even depressed. A bored dog becomes destructive and misbehaves.

It's important to exercise your dog every day mentally and physically. Adding a little bit of training will also go a long way in fulfilling your dog's natural desire to learn new things.

Research shows that dogs value their favorite reward more when they have an opportunity to earn it first. It gives your dog satisfaction when they use their mind to solve a problem, like learning a command. Training your dog will give them the mental stimulation they need every day.

BONDING TIME

Training will help you forge a stronger bond with your dog. Not only will they come to trust you more and listen to you better, they'll have fun with you in the process. In training classes, you learn canine body language and the unique signals your dog uses to communicate with you.

TRAIN YOUR DOG continued on page 50

An illustration featuring two dogs, possibly French Bulldogs, wearing black boxing gloves and shorts, standing in a boxing ring. The background is a bright blue gradient. The text "boxing room" is written in orange in the center. Below the dogs, the text "one-on-one training by appointment" is written in orange, followed by the email address "brian@brianmcguffey.com" and the phone number "612.111.0270".

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Art Talk

by Jill Logan

THE GHOST RANCH, NEW MEXICO

The wind was whipping up in gusts as I drove up the road to Abiquiu, New Mexico. Bold clouds parted to drop sunlight on white cliffs, backed against purple mountains. It had rained the night before and the air was clean and pure. Deep cobalt-blue skies were the backdrop to the layers of color that draped over the mountain crests.

Although I had been to Santa Fe many times over the last 30 years, I had yet to visit Georgia O'Keeffe's home in Abiquiu and the Ghost Ranch where she spent the summers in her later life. The trip for me was monumental. The high desert of Northern New Mexico is breathtaking. I particularly love the *chamiso* sage-like plant, decorated with clusters of yellow flowers in Van Gogh like dancing forms. Great cottonwood trees, pines, sage—every level of elegance and tones of green—from the darkest to the bare touch of a dusty green decorate the vistas.

"In the evening with the sun at your back, that high, sage-covered plain looks like an ocean." Georgia is quoted as saying, and, "The color up there—the blue-green of the sage, and the mountains, the wildflowers—is a different kind of color from anything I have seen. There is nothing like it in Texas, or even Colorado."

O'Keeffe had a love affair with New Mexico from the first time she went in 1917 and always wanted to return, which she did in 1929.

"I climbed way up on a pale green hill and in the evening light—the sun under clouds—the color effect was very strange—standing high on a pale-green hill where I could look all round at the red, yellow, purple formations—miles all around—the color intensified by the pale grey-green I was standing on." O'Keeffe, 1935 letter to a friend.

Abstraction was in the wind in 1930. O'Keeffe played with visuals in a simplified pared down realism. Semi-abstractions with modeled forms and deep intense colors. Her flower series is perhaps some of her most famous renditions. Closeups with undulating forms and sensual visuals. Although she is quoted as saying it was not her intention to be sexual but rather that you slowed down to see deeply into the image as she had.

The land is raw and vibrant to this day. The views full with shapes and colors unique to this area of the world.

O'Keeffe bought her home in 1945 in Abiquiu, where she mostly lived until her death in 1986. Summers she spent at the Ghost Ranch, some 13 miles from Abiquiu surrounded by majestic rock formations and peaks.

"Black Rock with Blue" is one of her stunning landscapes paintings. The smooth, rounded rock forms fill the canvas nearly touching the edges at either side. Black rock, white ground, blue sky—three simple colored shapes. The painting hangs on the end wall of her studio in Abiquiu.



*From love a place was born, from the World its treasures...
Del amor nació un lugar, del mundo sus tesoros...*



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She is quoted as saying, "I felt that I had done what I wanted to do in it. I don't always get what I try for you know."

I returned from my trip this year with the intent to pay homage to her in some way. To use my photographs and her work as inspiration for a body of work in the gallery. I am sure I have not done justice to her creativity. I know her work from the museum in Santa Fe and the lines are clean and painterly. My work often has layer upon layer, and soft fuzzy edges. I often work with dry brush as if it was chalk. So, in many ways we do not compare.

But, perhaps the fact that I came to Todos Santos alone twenty-one years ago and felt this was the next Santa Fe, New Mexico, and was one of those making the art scene in town happen, I may be compared in a small way, to her. My artistic independence. Perhaps my desire to paint out of the box of realism and more into abstraction with bold colors and forms as well as brush strokes. I strive for a loose playful approach



"Ghost Ranch - Homage to Georgia O'Keeffe" 24" x 36" oil/canvas by Jill Logan

while casting light and shadow in a dance on the canvas. "Not always," as O'Keeffe was quoted, "am I sure to hit the mark." I am always working to develop more painterly skills while letting a spontaneous flow emerge.

Now as a small body of work emerges from me with a homage to her, Georgia O'Keeffe, I hope to touch something of her soul.

GALERÍA LOGAN



"Cerro Pedernal from the Ghost Ranch" 38" x 57" oil/canvas

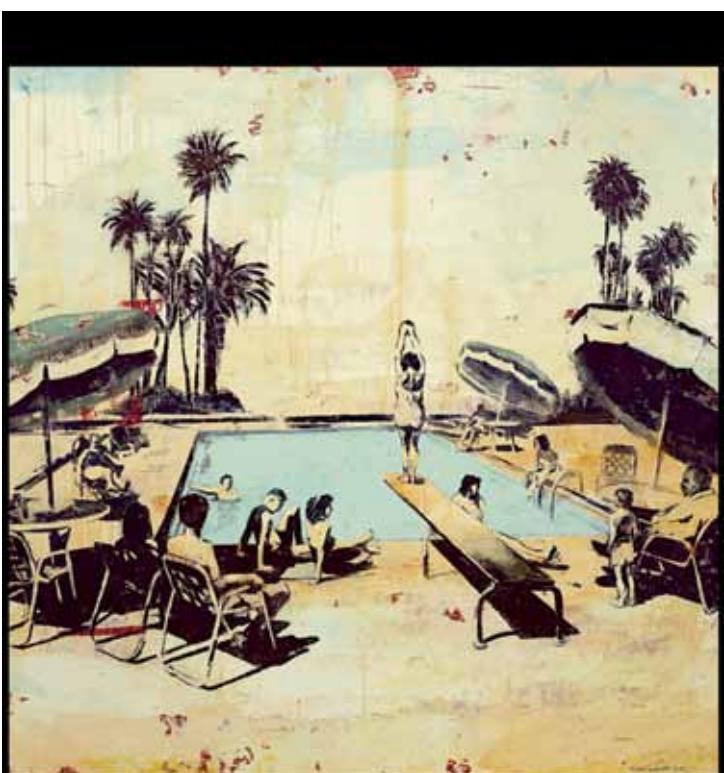
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GastroVino

continuó de página 6

año recabamos cerca de \$3000 USD," recuerda Perla, y el último año un poco más de \$16,000 USD. En total cerca de \$70,000 USD se han recabado desde su inicio en el 2012. Cada año este número incrementa al igual que el número de personas involucradas y el número de asistentes— todos aficionados al vino y a la gastronomía!

El festival GastroVino se enorgullece de tener una selección curada de vinícolas boutique mexicanas. Vas a experimentar vitivinicultores y dueños de vinícolas sirviendo tú copa y el compartir sus historias durante los eventos oficiales. Esto permite que cualquiera tenga la oportunidad de conocer a los expertos y hablar directamente con ellos sobre su producto. El evento también incluye a sommeliers invitados y paneles dedicados a aquellos que desean aprender más acerca de la experiencia de hacer y disfrutar vino. Este año el enólogo Lluís Raventos de la Finca Sala Vive va a hablarnos y hacer una degustación sobre vinos espumosos del mundo. Entre otras charlas.

GastroVino se siente muy orgulloso de los restaurantes participantes y expositores de productos locales. Este año presentaremos una excitante aparición de la escena culinaria desde Todos Santos y Pescadero, hasta Los Cabos y La Paz. Cada año hemos visto como incrementa en nuevos y famosos restaurantes la lista de los participantes en el festival que vienen a mostrar sus mejores y más novedosos conceptos culinarios—desde platillos tradicionales hasta exóticas e innovadoras fusiones—todo con auténtica esencia Baja Californiana.

El corazón del GastroVino es un grupo de mujeres tremadamente talentosas que brindan voluntariamente sus talentos y su tiempo al festival. Agradecimiento especial a Kate Turning, Adriana Icaza, Jess Flood, Marina Garnica, y Jimena Garcia, y también un agradecimiento enorme al resto del comité y voluntarios, a los generosos patrocinadores que ayudan a producir este evento masivo, y a la larga lista de comerciantes, artistas y todos los que donan a la subasta silenciosa.

El arte del siguiente festival ha sido creación del artista nacido en La Paz, Sebastián Diaz Duarte. Como el creador del arte de los inicios del festival, le damos con alegría la bienvenida de vuelta a esta novena edición.

habrá toda una variedad de eventos durante este fin de semana:

VIERNES, 13 DE NOVIEMBRE
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SÁBADO, 14 DE NOVIEMBRE

GASTROTOUR

Explora en centro histórico de Todos Santos por tu cuenta o siguiendo a una de nuestros guías. Los restaurantes participantes harán un maridaje perfecto de vino y exóticas muestras en cada destino, los chefs y vitivinicultores estarán esperando para compartir su magia contigo. 500 pesos pre-venta y 600 pesos el día del evento. After party después del evento, ubicación por determinar.

DOMINGO, 15 DE NOVIEMBRE

GASTROVINO FESTIVAL

Todos están invitados a la plaza pública de Todos Santos al evento principal. Disfruta de degustaciones de vino y bebidas incluidas con tu admisión general. Comida y vino también están disponibles a la venta. Subasta silenciosa con obras de arte que son ejecutadas en vivo y fabulosa música en vivo. Boletos \$800 pesos en pre-venta y \$900 el día del evento. Afterparty después del evento, ubicación por determinar.

Compra tus boletos en línea para obtener el descuento por compra anticipada en www.gastrovino.mx. Boletos disponibles a partir del 20 de Julio en las siguientes



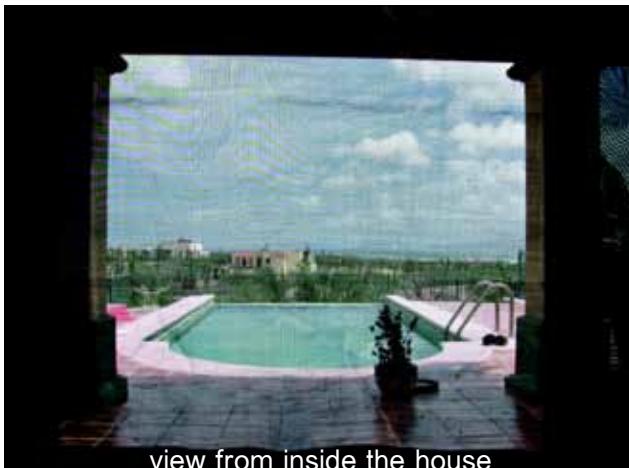
locaciones: en Todos Santos en Café Doce Cuarenta, Librería El Tecolote, y Hotel Guaycura; en la Paz en Café Doce Cuarenta; en Cabo San Lucas en The Wine Market; y en San José del Cabo en la Galería Pez Gordo en The Shoppes en Palmilla. Contacta a GastroVino a través de la página web, o envía un correo electrónico a Perlarearemex@gmail.com para oportunidades como patrocinador.



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Cabalgatas

continuó de página 8

los rancheros de la Sierra de la Gigante en la parte norte del estado empezaron a esforzarse por mantener viva su cultura, y reanudaron la tradicional cabalgata o 'recua' de San Javier. Esta recua es reminiscente de las cabalgatas que originaron en España en el siglo XVI. Eran eventos religiosos, en los cuales los residentes locales montaban a caballo y marchaban en peregrinación, cargando imágenes de la Virgen del Rosario. Cada noche, al parar a descansar, bebían, cantaban y danzaban. Este aspecto fundamental de la cabalgata sigue siendo parte integral de las nuevas cabalgatas en Baja California Sur."

En la parte sur del estado, las cabalgatas retornaron hace apenas 15 años, y para un evento particular: un cumpleaños. Arturo Geraldo, presidente de la Asociación Sudcaliforniana de Jinetes, AC, nos cuenta: "En 2005, un amante de los caballos en Cabo decidió que para su cumpleaños quería hacer una cabalgata, así que juntamos unos 36 jinetes y desfilamos de Santa Anita hasta Caduña, unas cuatro horas de camino. Tras el éxito de esa cabalgata, formamos la Asociación de Jinete y hemos estado organizando cabalgatas por todo el estado hasta la fecha. Hoy en día puedes encontrar cabalgatas prácticamente todos los fines de semana en alguna parte del estado. Muchas son por cumpleaños, funerales, y algunas simplemente por cabalgar."

Arturo está muy contento, más no sorprendido, por la escala del resurgimiento de las cabalgatas en el estado. "Aquí en Baja California Sur, somos gente de caballo, gente de rancho. Incluso los que vivimos en ciudades tenemos raíces en los ranchos, y las cabalgatas son una forma muy divertida de celebrar nuestras tradiciones y de mantenerlas vivas." Javier Pavel, un paceño herrero y entrenador de caballos, y veterano de docenas de cabalgatas, concuerda: "Las cabalgatas son una manera maravillosa de heredar CABALGATAS continúa en página 20

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Cabalgatas

continued from page 9

other name—and the once terrorized indigenous peoples who survived the onslaught of the Spanish later became formidable horsemen.

In Baja California Sur (BCS), when the European Jesuits were

expelled from the peninsula in the late 1700s, many of their lands went to the *ranchero* horsemen who had helped the padres develop their missions, and their independent ranching culture built around horses and mules became the defining culture of the state. For festivals or fiestas they would often ride their horses for days across the mountains, picking up more riders as they went, and having parties each night along the way. This was the *ranchero* version of the Spanish *cabalgata*, or parade of horsemen. In many ways, after God, Mexican culture in general, and Baja California culture in particular, owed its victory to the horses.

But, as it does, the world changed. As modern generations of Mexicans and Baja Californians became more urbanized, they came to think of "horsepower" mainly as a term to define engine output and the great horse-based traditions of *Charrería* and *cabalgata* began to fade. "When I first came to BCS 43 years ago, there were no *cabalgatas* and very few *Charrería* events. That part of the culture was almost



dead," recalls Fermín Reygadas, a professor of Alternative Tourism at the Autonomous University of BCS. "Then, about 30 years ago, ranchers in the Sierra de la Gigante in the northern part of the state began making a concerted effort to keep their culture alive and restarted the traditional San Javier *cabalgata*. This *cabalgata* is

reminiscent of the *cabalgatas* that originated as early as the 1500s in Spain. These were ostensibly religious events in which villagers would ride horses and walk from place to place carrying the image of the Virgin of Rosario. When they stopped at night to rest there would be music, singing, dancing, and of course lots of drinking. This fundamental aspect of the *cabalgata* is also a big feature of the resurgent *cabalgatas* in Baja."

In the southern part of the state of BCS, the *cabalgatas* only returned 15 years ago and for a distinctly secular event—a birthday party. Recalls Arturo Geraldo, president of the BCS Association of Riders (*Asociación SudCaliforniana de Jineteos AC*), "In 2005, a horse lover in Cabo decided he wanted a *cabalgata* for his birthday, so we put together about 36 riders and made a parade from Santa Anita to Cadueño, about a four-hour ride. Based on the success of that *cabalgata* we formed the Association of Riders and we have been organizing *cabalgatas* across the state ever since. Now, on any given weekend in BCS there are at least

CABALGATAS continued on page 21



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Cabalgatas

continuó de página 18

nuestras tradiciones a nuestros hijos, y me encanta llevar a mi hijo en todas las cabalgatas que puedo."

Miguel Ángel León Amador es presidente de Cabalgantes Unidos de Todos Santos-Pescadero, y está muy contento por el crecimiento en la popularidad de las cabalgatas: "Todos Santos es la cabalgata más grande de todo el estado. Cuando empezamos hace 14 años para celebrar a Nuestra Señora del Pilar, santa patrona de Todos Santos, teníamos 50 jinetes en el trayecto de La Paz a Todos Santos. El año pasado tuvimos 502 jinetes, entre caballos y mulas. Y además toda la gente de apoyo para los jinetes: veterinarios, arrieros, cocineros, todos jalando trailers y apoyando con alimento, agua, y suministros para jinetes y caballos... ¡Éramos como 1,500 personas!" Miguel Ángel estima que la mitad de los jinetes provienen de las rancherías y la otra mitad de las áreas urbanas.

Mientras que la camaradería y amistad son gran parte del atractivo para los jinetes, a menudo también hay un elemento formal de entretenimiento en las cabalgatas, y pocos son tan espectaculares como la exhibición de habilidades ecuestres femeninas llamada escaramuza. Kaia Thomson nos explica: "Durante la Revolución, mujeres jinetes acostumbraban engañar al enemigo al galopar en dirección opuesta al ejército, al tiempo que levantaban mucho polvo y atraían la atención del enemigo. Esa habilosa y valiente faena es la semilla de lo que hoy conocemos como escaramuza, donde vemos equipos de ocho mujeres cabalgando en vestidos coloridos a toda velocidad, una tras otra en rápida sucesión, realizando movimientos que incluyen cruzadas, vueltas repentinas, pasos, y frenos en sincronía multicolor a alta velocidad. Son sumamente hábiles y es muy emocionante de ver." Las mujeres que participan en la escaramuza son parte integral CABALGATAS continúa en página 37

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Cabalgatas

continued from page 19

two *cabalgatas* taking place, many of them for birthday celebrations, some for funerals, and some just because it's fun."

Arturo is extremely pleased but not surprised at the scale at which *cabalgatas* have returned to the state. "Here in BCS we come from horses, we come from the ranches. Even those of us who now live in the cities have our roots in the ranches and the *cabalgatas* are such a fun way to celebrate our heritage and keep our traditions alive." Javier Pavel, a La Paz based horse trainer and farrier who is the veteran of dozens of *cabalgatas* around the state agrees. "The *cabalgatas* are a wonderful way to pass on our traditions to our children and I love taking my young son on as many *cabalgatas* as possible."

Miguel Angel León Amador is the president of *Cabalagantes Unidos de Todos Santos-Pescadero* and he loves how the *cabalgatas* have grown in popularity. "Todos Santos is the mother of all *cabalgatas* in BCS," says Miguel Angel. "When we started it 14 years ago to celebrate *Nuestra Señora del Pilar*, the patron saint of Todos Santos, we had 50 riders on the trip from La Paz to Todos Santos. Last year we had 502 riders on 502 horses and mules. Then there were all the people to support the *cabalgata* including veterinarians, drivers, cooks, all pulling horse trailers, and bringing food,

water, and supplies for both riders and horses—it ended up being about 1,500 people!" Miguel Angel reckons that about 50% of the riders are from ranches and the other 50% from cities and towns.

While camaraderie and friendship are the main draws for most riders, there is sometimes also a formal entertainment component to the *cabalgatas* and very few things are as entertaining as the dazzling display of horsemanship put on by the women of the *escaramuza*. Kaia Thomson, a *cabalgata* veteran and student of Mexican horse culture explains. "The word *escaramuza* means skirmish in Spanish. During the revolution, women on horseback would work to trick the enemy by riding off in the opposite direction of the army, cutting their horses back and forth to kick up dust and lure the enemy away from the soldiers. It is that daring horse-work that is the hallmark of *escaramuza* routines today, in which teams of eight women riding sidesaddle in colorful flowing dresses ride at each other at a full gallop in uninterrupted succession, drill-team style, executing heart-stopping movements that include crosses, quick turns, slide-stops, and passes in synchronized flashes of speed and color. They are incredibly skillful, and it is thrilling to watch." The women of the *escaramuza* are part and parcel of the *Charrería* tradition, which is officially the national sport of Mexico. Notes Fermín, "The stadium where the *Charrería* competitions are held near my university sat empty for many years. Now I see it regularly in use, often packed to capacity. It is another indication of the revitalization of and appreciation for the great horse culture of Mexico and Baja California Sur."

CABALGATAS continued on page 25



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Events

april

April 5 | DAYLIGHT SAVINGS TIME begins in Mexico.

April 30-May 3 | LOS CABOS JAZZ FESTIVAL 2020 at the All-inclusive Hard Rock Hotel in Cabo San Lucas. Packages start at 3 nights for \$1,100 USD per person. For more information: <https://losbosjazz.com/>

may

May 2 | 3 – 7 pm, LA BAJA 100 ART SHOW at Doce Cuarenta in Todos Santos. For more information, visit: <https://www.facebook.com/thebaja100ART/>

May 7-10 | 17TH FESTIVAL DE CINE DE TODOS SANTOS Y LA PAZ. All tickets will be honored. For current information, check the website at: www.todossantoscinefest.com or Facebook\ FestivalCineTodosSantos\

May 10 | JOURNAL DEL PACIFICO SUMMER ISSUE DEADLINE. Reserve your ad space!

May 10 | MOTHER'S DAY

May 20 | SHAKA'S 2ND YEAR ANNIVERSARY PARTY at Shaka's at Cerritos. 4:20 pm, anniversary toast. 6:30 pm, live music with Los Leones.

May 30 | BEERFEST TODOS SANTOS in the plaza pública. For more information visit their Facebook page @ BeerFestTodosSantosOficial

june

June 6 | 3RD ANNIVERSARY BEER & FOOD DEGUSTACIÓN at Todos Santos Brewing. Master brewer Ted and Liz Mitchell will host the meal of six food and beer pairings. Limited to 30 people, strictly by reservations only.

June 7 | 5 pm, 3RD ANNIVERSARY at Todos Santos Brewing. Featuring super

Sunday sessions with a range of their regular artists.

June 20 | SUMMER SOLSTICE

June 21 | FATHER'S DAY

november

November 13-15 | GASTROVINO

FOOD & WINE FESTIVAL. See our article this issue; check the website for more information and purchase tickets online for the early bird discount at www.gastrovino.mx. Tickets will be available starting July 20, at the following locations: in Todos Santos at Café DoceCuarenta, El Tecolote bookstore, and **Hotel Guaycura**; in La Paz at Café DoceCuarenta; In Cabo San Lucas at The Wine Market; and in San José del Cabo at Pez Gordo Gallery at The Shoppes at Palmilla. Contact GastroVino via the website, or email Perla at perlararemex@gmail.com for sponsorship opportunities.

November 13 | MEET THE WINEMAKERS AND INDUSTRY PEOPLE COCKTAIL PARTY. A night with friends

and aficionados. Exclusive VIP event. Location TBD.

November 14 | GASTROTOUR.

Explore historic downtown Todos Santos on your own or follow our tour guides. Participating restaurants will pair the perfect wine and exotic bites in each destination, the chefs and winemakers will be waiting to share their magic with you. Tickets are \$500 pesos pre-sale, \$600 pesos day of the event. After party to follow, location TBD.

November 15 | GASTROVINO

FESTIVAL Everyone is invited to the main event in the plaza pública of Todos Santos. Enjoy tastings of wine and food included with your general admission. Wine and food are also available for purchase. Silent auction with artwork being executed live, and fabulous live music. Tickets are \$800 pesos pre-sale, \$900 pesos day of the event. After party to follow, location TBD. For more information: <https://www.gastrovino.mx/>

HAPPY HOUR

Chez Laura, **W Th F 4 – 6 pm**, 2x1 house cocktails.

Chill N Grill, **M T Th F 4 – 6 pm**, 2x1 beer and well drinks.

FreeSouls, **Su M T W Th F Sa 5 – 6 pm**, Margaritas, mojitos, and beers at special prices.

Gallo Azul, **Su M T W F Sa 3 – 6 pm**, 2x1 mojitos and margaritas.

Hotel San Cristobal, **F 5 – 9 pm**, Drink specials at the pool bar.

La Esquina **M T W Th 5 – 6 pm**, 2x1 adult beverages.

La Morena **M T W Th F Sa 4 – 6 pm**, 2x1 cocktails.

Rip Tide Bar **Su M T W Th F Sa 3 – 6 pm**, 3 beers or 3 margaritas for the price of 2.

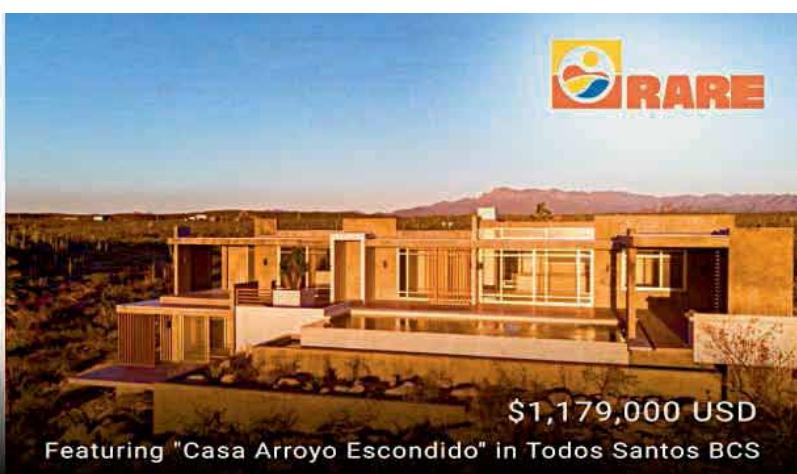
Shut Up Frank's **M W Th F 3 – 6 pm**, 2x1 bottled beer and well drinks.

Shaka's **Su M T W Th F Sa 4 – 6 pm**, 2x1 beer and Georgie's palomas Shakaritas (tequila, lime and Squirt.)

The Oasis **Su M T W Th Sa 12:30 – 3 pm**, 2x1 margaritas & house wine, 50 pesos well drinks, 25 pesos Pacifico beer.



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sunday

2 – 8 pm, **DOMINGO DE PAELLA** at **El Mirador Ocean View Restaurant** in Todos Santos.

4 - 8 pm, **BBQ PORK RIBS AND CHICKEN** at Cerritos Beach Inn in Pescadero. Served with French fries and coleslaw, 400 pesos.

6 pm, **SUNDAY SESSIONS** at **Todos Santos Brewing**. Live music in the beer garden.

monday

5 pm, **TLACUILOS TODOS SANTOS CÍRCULO DE ESCRITURA / WRITING CIRCLE** at Centro Cultural "Profe. Nestor Agúndez." All are invited to share their writings. Bilingual meetings. For more information visit: facebook.com/tlacuilostodossantos Events: facebook.com/events/189012501684966/

tuesday

8:30 am – 1 pm, **LA PAZ FARMER'S MARKET** on calle Madero between 5 de Mayo and Constitución, La Paz.

4 pm, **ROCKIN' TACO TUESDAY** at **Chill N Grill** in Todos Santos. Live music 6 – 9 pm.

6 pm, **TRIVIA NIGHT** at **Todos Santos Brewing**.

6:30 – 9:30 pm **ACOUSTIC MUSIC** with Tim Lang at **La Casita** restaurant in Todos Santos.

7 pm, **MOVIE NIGHT** at **Gallo Azul** in Todos Santos.

wednesday

9 am - 1 pm, **LOCAL MARKET** at **La Esquina Café** in Todos Santos.

1 - 5 pm, **WINE TASTING** at **Amor D'Vino** in Todos Santos.

MEATLOAF with mashed potatoes and green beans with bacon 175 pesos at **Shut Up Frank's** in Todos Santos.

7 pm, **LIVE BLUES MUSIC** at **La Morena** in Todos Santos.

thursday

8:30 am – 1 pm, **LA PAZ FARMER'S MARKET** on calle Madero between 5 de Mayo and Constitución, La Paz.

4 pm, **PIZZA NIGHT** at **Chill N Grill** in Todos Santos.

CHOICE 2" CUT NY STEAK with fried potatoes/bell pepper onion/mushrooms & dinner salad, 275 pesos at **Shut Up Frank's** in Todos Santos.

WEEKLY EVENTS continued on page 45

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GastroVino

continued from page 7

Location TBD.

SATURDAY, NOVEMBER 14 GASTROTOUR

Explore historic downtown Todos Santos on your own or follow our tour guides. Participating restaurants will pair the perfect wine and exotic bites in each destination, the chefs and winemakers will be waiting to share their magic with you. Tickets are \$500 pesos pre-sale, \$600 pesos day of the event. After party to follow, location TBD.

SUNDAY, NOVEMBER 15 GASTROVINO FESTIVAL

Everyone is invited to the main event in the *plaza pública* of Todos Santos. Enjoy tastings of wine and food included with your general admission. Wine and food are also available for purchase. Silent auction with artwork being executed live, and fabulous live music. Tickets are \$800 pesos pre-sale, \$900 pesos day of the event. After party to follow, location TBD.

Check the website for more information and purchase tickets online for the early bird discount at www.gastrovino.mx. Tickets will be available starting July 20, at the following locations: in Todos Santos at Café DoceCuarenta, El Tecolote bookstore, and Hotel Guaycura; in La Paz at Café DoceCuarenta; In Cabo San Lucas at The Wine Market; and in San José del Cabo at Pez Gordo Gallery at The Shoppes at Palmilla. Contact GastroVino via the website, or email Perla at perlararemex@gmail.com for sponsorship opportunities.



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Cabalgatas

continued from page 21

The resurgence of the *cabalgata* tradition has had a powerful economic impact on the state as well. Notes Kaia, "When I first came to Todos Santos with my horses 15 years ago, there was very little infrastructure in place to care for horses. I had to feed the horses rabbit-feed pellets because there was no grain and the neighbors all wanted to borrow my manure pitchfork because they just weren't available in stores. Now large feed and tool supply companies have a huge presence in the state." Arturo agrees. "Before we started the *cabalgatas* saddle makers were almost extinct here and there was no place for leather repair. Now you can find them everywhere. Same goes for horse veterinarians. They were in very short supply 15 years ago and now there is excellent medical care available for horses."

The horses have changed a lot too. "In the old days everyone in the *cabalgatas* just rode their regular working *criollo* (mixed blood) horses that they used on the ranches," recalls Arturo. "Now it is like a beauty pageant for horses!" Don René Ruiz, a horse breeder and passionate *cabalgata* rider imported Tennessee Walkers in 2006 for the softer ride they offer. He notes the change in horses too. "Now ranchers like to keep a good, smaller *criollo* horse that is well-suited to ranch tasks, as well as a fancier horse like an *Española* or *Fresian* for *cabalgatas*."

While the horses may be getting fancier, everyone agrees that *cabalgatas* are fundamentally family-focused, friendly, egalitarian affairs and that absolutely everyone is welcome. Kaia recalls, "I'll never forget one year seeing a kid on a skinny horse who had made a saddle pad out of an old bathmat and tied it on with a car seat belt. He'd made his bridle out of hay twine and he'd clearly made an effort to straighten his clothes. This kid was up at the head of the *cabalgata* riding proudly right next to Arturo. In the *cabalgatas* everyone puts their best foot forward, no matter what that best is, and everyone is happy to have all the riders that want to join. It's a wonderful thing."

Arturo agrees. "This is why I don't quit. The *cabalgata* is one big family that is taking pride in our *ranchero* culture. My motto for *cabalgatas* is 'Let's ride, let's make friends.'" Friendship, pride, and a revitalization of the great egalitarian *ranchero* traditions in BCS. For this, we owe our victory to the horses.

Todos Santos Eco Adventures (TOSEA) is the leading eco adventure company in Baja California Sur and since 2002, they have been sharing their passion for the phenomenal natural beauty, unique culture, and extraordinary wildlife of Baja. They have luxury tent camps on Isla Espíritu Santo in the Sea of Cortez and in the Sierra La Laguna Biosphere Reserve. They also own/operate Los Colibríes Casitas, a boutique hotel in Todos Santos. Their award-winning trips have been featured in National Geographic, the London Times, Outside Magazine, Coastal Living, Condé Nast Traveler, Forbes, Playboy, Sunset Magazine, and Lonely Planet.

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The Desert Has Eyes

story & photos by Kaia Thomson

California caltrop / *Contrayerba*
Kallstroemia californica



DONKEYS AND HORSES

The equine eye is one of the largest of any land mammal. They are positioned on the side of the head, laterally, with a range of vision of about 350 degrees, that is just 10 degrees short of 360°.

Since equines are prey animals, not predators, and are generally equally active during day or night, eye placement provides them with the best chance to spot predators. The equines, in our area, horses, *Equus caballus* and donkeys, *Equus asinus*, also have an amazing adaptation for superior night and low light vision in their eyes, called a *tapetum lucidum*, derived from the Latin word meaning "bright tapestry." This layer of tissue, behind the retina is a retro-reflector, also known as eye shine. It reflects visible light back through the retina, increasing the light available to the animal and allowing it to see in dimmer light than would normally be possible. Equines also have more rods and a higher proportion of rods to cones than humans, (about 20:1), assisting them even more with vision in dim conditions.

BIRDS

For most of the animal kingdom, the most important sense is smell and the information contained within these smells. Habitat, prey, reproduction, food and water sources are mainly detected by smell. There is one group of animals, that have little use for the sense of smell, and those are birds.

Birds have evolved with some of the most advanced eyes and they have some of the highest visual capabilities known in the natural world. The fovea is the spot at the back of the retina upon which an image is focused by the lens. Not only does a bird's fovea have more visual cells, but in some species a second fovea is present. Along with the fovea, they have a comb-like organ in the eye called the pecten oculi, that supplies additional blood flow to the retina. More oxygenated blood means more efficiency, DESERT HAS EYES continued on page 28

El Desierto Tiene Ojos

Historia y fotos de Kaia Thomson
traducido por Paula Angeloni

BURROS Y CABALLOS

Los ojos de los equinos son de los más grandes dentro de los mamíferos terrestres. Están colocados lateralmente, en el costado de la cabeza, con un rango de visión de aproximadamente 350 grados, es decir, solo 10 grados por debajo de los 360.

Dado que los equinos son animales de presa, no depredadores, y generalmente son igualmente activos durante el día o la noche, la estratégica colocación de los ojos les brinda una mejor oportunidad de detectar a los depredadores. Los equinos en nuestra área, los caballos, *Equus caballus* y burros, *Equus asinus*, también tienen una adaptación sorprendente para la visión nocturna o de poca luz superior en sus ojos, llamada tapetum lucidum, que significa "tapiz brillante" en latín. Esta capa de tejido detrás de la retina es como un espejo reflector que produce brillo en los ojos. Este, refleja la luz visible a través de la retina, aumentando la luz disponible para el animal y permitiéndole ver con una luz más tenue de lo normalmente posible. Los equinos a su vez tienen más bastones y una mayor proporción de bastones respecto a los conos que los humanos (aproximadamente 20:1), lo que les ayuda aún más con la visión en condiciones de poca luz.

AVES

En la mayor parte del reino animal, el olfato es el sentido más importante. El hábitat, las presas, la pareja, las fuentes de alimentos y agua se detectan principalmente por el olor. Sin embargo, las aves tienen poco uso del sentido del olfato. Las aves han evolucionado con algunos de los ojos más avanzados y tienen algunas de las capacidades visuales más altas conocidas en el mundo natural.

La fóvea es el punto en la parte posterior de la retina sobre el cual el lente enfoca una imagen. La fóvea de un pájaro no solo tiene más células fotorreceptoras, sino que en algunas especies está presente una segunda fóvea. Junto DESIERTO TIENE OJOS continúa en página 46

Mexican Metalmark / Mariposa jaspeada
Apodemia mejicanus



ALL Sports
NFL, NHL

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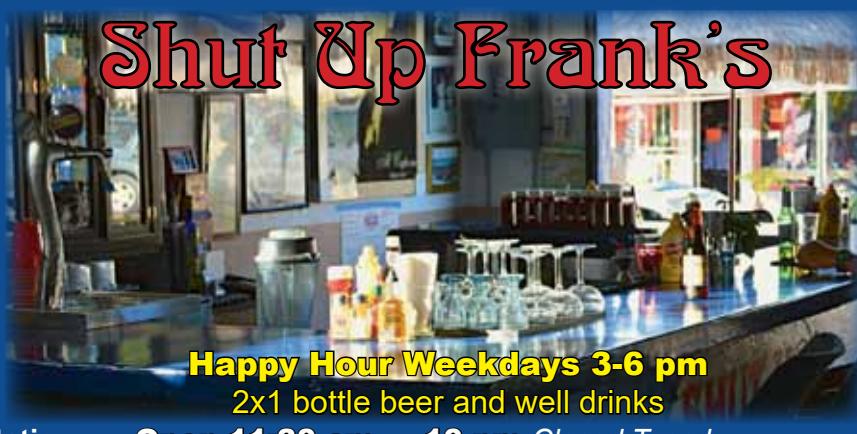
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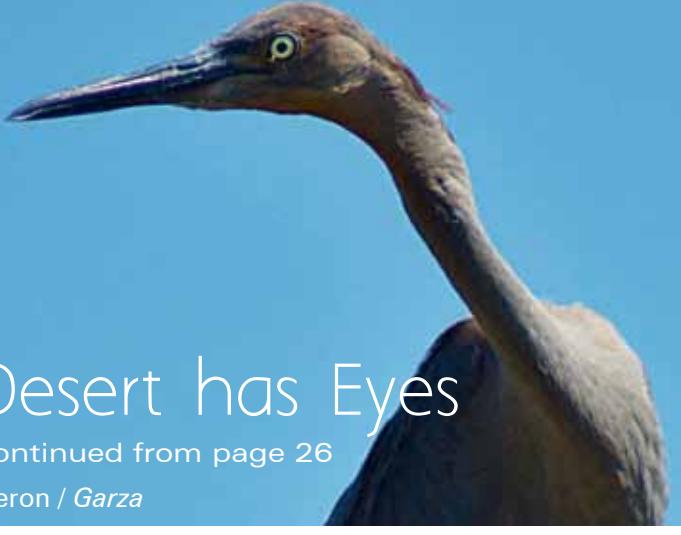
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Desert has Eyes

continued from page 26

Heron / Garza



Orange Owl-butterfly / Mariposa búho naranja
Opsiphanes boisduvallii

allowing birds to focus on objects close to them and far away simultaneously. These qualities are especially helpful in navigating dense habitat, flying at high speed and altitudes, locating prey and food sources, or sprinting through the thorny desert like the roadrunner—at speeds up to 40 Km/ per hour!

BUTTERFLIES AND MOTHS

Do markings count as eyes? Well, sometimes, if you are a butterfly or a moth. Butterflies and moths have fantastic displays of colors and patterns on their wings. Eye spots, or ocellus, are eye-like markings on certain species, as exhibited by the Orange Owl-butterfly, *Opsiphanes boisduvallii*.

Eye spots may be a form of mimicry, in which markings on the body resemble the eye of a different animal to deceive potential predators—to distract them from vulnerable body parts, deflect attacks, appear dangerous, or taste bad. These species-specific spots also play a role in courtship and intra-species communication.

Another thought is that the similar bright and contrasting markings, called spandrels, such as on the Mexican Metalmark, *Apodemia mejicanus*, are a byproduct of the evolution of another characteristic, rather than a direct product of adaptive selection. Meaning this trait is retained although it is not particularly advantageous to have, but also is not a harmful for the existence of the species.

FLOWERS AND PLANTS

Do flowers have eyes? Not usually, but they do have a pulvinus. This is a flexible segment located just below the flower, that allows the flower to move with the help of motor cells. These motor cells specialize in pumping potassium into nearby tissues, causing the cells on the shadow side to elongate. Changing the cells' pressure creates back and forth movement of the flower head, as the sun passes overhead.

Following the course of the sun, east to west, in botanical terms is called flower heliotropism, named by the ancient Greeks meaning "sun turn." During the night, these same

DESERT HAS EYES continued on page 46



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El Cielo: The Baja Sky

by Roc Fleishman
photo by Kaia Thomson

Welcome to the April/May edition of *El Cielo*, highlighting some interesting astronomical happenings above the Cape region of BCS. Keep this list close at hand and enjoy the sky.

This year, the Lyrids, our April meteor shower, is supposed to peak during the early morning hours of the 22nd, and there will be no moon to interfere. If you have the opportunity and energy, go outside about midnight and stay for a while.

The meteor shower in early May, the Eta Aquariids (with its radiant in Aquarius), however, will be basically washed out by a full moon. It is supposed to peak on May 7th, but probably won't be worth any extra effort.

Remember, April is always a good month to see the constellation Crux better known as the "Southern Cross" and the lovely globular cluster, Omega Centauri, basically just above it. You will need a clear night and a location with a low southern horizon. The best locations would be a beach with a clear southern horizon or the top of a hill. Binoculars or a telescope bring Omega Centauri to life.

MOON/PLANET CALENDAR APRIL

- 3 Venus will be passing in front of the Pleiades, a good chance to check them both out.
- 5 Daylight Savings Time starts in Mexico.
- 14 & 15 Before sunrise, in the east, the waning crescent moon will pass by Jupiter and Saturn on these

days, closer to Jupiter on the 14th and between and below both planets on the 15th.

20 & 21 Before dawn, a waning crescent moon will rise in the east.

22 Peak of Lyrid meteor shower in the morning.

23 New moon possible (try with binoculars).

26 Venus in the sunset with the new crescent moon.

MAY

2 The moon is passing through Leo, near the bright star Regulus.

7 The peak of the Eta Aquariid meteor shower and the full moon.

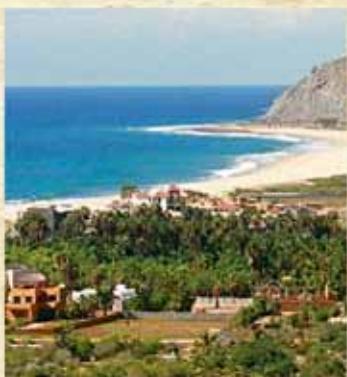
12 Jupiter and Saturn are passing very close together from our vantage point. They are joined by the moon on the 12th, and then they keep approaching each other until May 17.

20 & 21 Waning crescent moon in the sunrise.

23 The new moon, Venus, and Mercury will be together in the sunset, but you might need binoculars to see them. Let me know if you do.

Around the end of May, there is a possibility of a binocular bright comet gracing our skies with the name C/2019 Y4 (ATLAS). It was just identified a couple of months ago by an automated sky survey system looking for potentially

EL CIELO continued on page 41



View Lots



Baja Zen Yoga Studio + Retreat



Beachfront Lots



Beach Houses

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Voces del Pueblo

by Janice Kinne

We all know the healing power of the ocean, and it comes as no surprise that you may find yourself drawn to Baja California Sur. When planning a visit, we ask that you practice social distancing and that you follow state health and CDC guidelines for distancing, gatherings, and travel.

Our beach community is full of family-run businesses that do need our support to get through these times. Precautions are being made throughout the country and Baja California Sur.

Bars, restaurants, and health food stores are offering curbside service or delivery of their meals and products. Please do take advantage of their take-out and delivery services and shop our stores online if possible.

Hotels and other accommodations are taking precautions for guest safety. Please reach out to them directly to learn about what they are doing for guests during this time. If feasible, please refrain from canceling your vacation reservation outright or asking for a refund, instead consider going on standby for when they do reopen for business or reschedule. The livelihood of our community depends on supporting our local businesses as they navigate these uncharted waters.

If we all work together to support our friends and neighbors, we will get through this difficult time and return to enjoying everything that our surrounding area has to offer.

Once again, the exceptional Kate Turning has created our stunning cover, "Cut Through the Fields" and has written a piece on three of Mexico's most influential artists known as *Los Tres Grandes*.

Bryan Jáuregui of **Todos Santos Eco-Adventures** tells the story of how *cabalgatas* are celebrating the horse and ranch culture of Baja California Sur and Kaia Thomson has shared more of her beautiful photos for this piece and throughout the issue.

The **Gastrovino Baja Food & Wine Festival** has been postponed until November. Read our story in this issue about this popular event.

Enjoy the flavors of "*Cocina de las Californias*" at the **Sky Lounge** in **Hotel Guaycura**. Available for sunset dining, take-out, or delivery.

Pura Vida Health Food Store & Deli has opened a second location, Ella Bella Vida, next to the Hotel California in Todos Santos.

Ulula Lunar magical women's clothing and Jimena García's beautiful art are available at **Galería La Gitana Baja**. They also have crystals, jewelry, incense, tarot and oracle cards.

Palmar Pescadero is a boutique hotel and café serving coffee and breakfast 9 am to 1 pm.

Celebrate **Todos Santos Brewing's** third anniversary this June with a beer and food *degustación* dinner and a super Sunday session with a range of their regular artists. See VOCES continued on page 41

¡Para Llevar!

by Jamie Sechrist

Many of our local bars and restaurants are offering take-out and delivery options for their customers. Call for more information and please support them!

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To Elías Calles and Cabo San Lucas

Beaches / Playas

by Janice Kinne

Todos Santos lies inland along the rugged Pacific coast. There are miles of beautiful white sand beaches accessible down unmarked dirt roads.

This stretch of the Pacific Ocean is a very dangerous place to swim at any time of the year. Strong rip currents and backwash are common. People have drowned in waters near Todos Santos simply because they were too close to the ocean while on beaches with steep drop-offs. There are no lifeguards on duty at any area beaches.

You can access the **LA POZA** and **LA CACHORA** beaches via the La Cachora road. Both are suitable for walking, fishing, whale watching, relaxing, or sunbathing. They are not swimming beaches.

Because of the big waves breaking on the shore, La Cachora beach has become popular with skim boarders.

La Poza has a large freshwater lagoon that is great for bird watching. If you are going to swim in the lagoon be very careful. The lagoon may appear to be shallow, but has many sudden drop-offs and is actually very deep.

PUNTA LOBOS, named for a sea lion colony, is also known as the fishermen's beach. Simply follow calle Francisco Bojorquez Vidal (formerly calle Punta Lobos) south out of town, or turn off at km 54 from Highway 19. You will pass an old cannery from the days when fishermen could harvest sea turtles legally. There is a small freshwater lagoon at Punta Lobos with a shrine to the Virgin.

The fishermen ride their *panga* boats on the waves onto the beach between 1 and 3 pm. Their return is exciting to watch and you can usually buy fresh fish from the cooperatives.

The two fishing cooperatives have exclusive rights to the "launch zone" at Playa Punta Lobos. For reasons of safety and due to past problems, boat launching at Punta Lobos is not permitted without their express permission.

The only recommended swimming beaches are outside of Pescadero. **SAN PEDRO**, also known as **PALM BEACH** (*Playa Las Palmas*), is near km 57. Its entrance is across Highway 19 from the Campo Experimental—stay to the left as you pass the abandoned hacienda. Las Palmas is a beautiful, secluded beach surrounded by a palm grove with a freshwater lagoon that is home to a variety of plants, birds, and wildlife.

Due to strong currents (especially near the rocky point), swimming is safer 50 meters from the rocks. Swim with caution and always have a land reference. The property surrounding Palm Beach is privately owned. The gates are open from 6 am to 9 pm daily. Car break-ins have been reported at Palm Beach. Leave your valuables at home!

PLAYA SAN PEDRITO is a rocky surfing beach around km 60, about 4.6 miles (7.4 km) from Todos Santos.

PLAYA LOS CERRITOS is located at km 64 about BEACHES continued on page 36



An advertisement for Explora Baja Surf Shop. At the top, it says "todos santos surf shop & ACTIVITIES CENTER". Below that, the words "EXPLORA BAJA" are prominently displayed. To the left, there's a small illustration of a boat on the water. To the right, there's a silhouette of a woman in a bikini standing on a beach. A list of activities includes "Whale watching", "Sport Fishing", "Whale shark", "Surf Lessons", "Hikes", and "sea lions". Social media icons for Facebook, TripAdvisor, and Instagram are at the bottom. Contact information at the bottom left includes "Calle Hidalgo & Militar (#88 on the map)" and "(612) 145-1114". At the bottom right, it says "(612) 120 3277" and "info@explorabaja.com". The website "www.explorabaja.com" is at the very bottom.

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Beaches

continued from page 35

eight miles (12.8 km) south of Todos Santos. Look for the turnoff after the hill, south of Puente El Pescadero. Los Cerritos is a popular spot for surfing, boogie boarding, swimming, and fishing. Swim with caution due to strong riptides near the rocks. It is recommended to stay at least 50 meters from the rocks. The most secure swimming area is in front of the restaurant/bar. Swim with caution and always have a land reference. There is a long stretch of beach to the south that is perfect for walking or running. Surfboard rentals and other services are available.

MARIO'S SURF SCHOOL provides surfing lessons, board rentals, repairs, and accessories. Call for information.

PESCADERO SURF SHOP, #34 on the Pescadero map. The surf shop stocks everything you need for surfing: surfboard rentals, used and new surfboards for sale, wax, ding repair, accessories, surf reports and information. You can also arrange surf lessons, surf and SUP tours, and activities at the store with Mario Surf School.

TODOS SANTOS ECO ADVENTURES, #166 on the Todos Santos map. Since 2002 Todos Santos Eco Adventures (TOSEA) has been providing visitors with opportunities to explore, celebrate, and help conserve the magnificently diverse ecosystems of Baja. TOSEA offers whale and bird-watching trips in the Pacific lagoons; treks and *ranchero* culture programs in the Sierra la Laguna mountains; Sea Turtle Camp and surfing surfaris on the Pacific coast, and kayaking, "glamping," whale shark, and sea lion adventures in the Sea of Cortez.

TODOS SANTOS SURF SHOP, #88 on the Todos Santos map, sells and rents surf boards, offers beach supplies and activities around Todos Santos. They carry international brands and many locally handmade wares, clothes, bikinis, accessories, natural sunscreen, and "Eclipse" boards shaped by Meisy of Todos Santos. They offer tours to swim with whale sharks and sea lions, surfing lessons, fishing trips, trips to Espíritu Santo Island, and whale watching in Magdalena Bay.

Cabalgatas

continuó de página 20



de la tradición charrera, oficialmente el deporte nacional de México. Fermín agrega: "El estadio de charrería que está por mi universidad estuvo vacío por muchos años. Ahora lo veo operando a menudo, lleno de gente. Es otra señal de la revitalización y apreciación por la gran cultura hípica de México y de Baja California Sur."

El renacimiento de la cabalgata tradicional también ha tenido un importante impacto económico en el estado. Kaia apunta: "Cuando llegué a Todos Santos con mis caballos hace quince años, existía muy poca infraestructura para su cuidado. Les tenía yo que dar alimento para conejo, ya que no había grano, y mis vecinos tomaban prestado mi trinche de estiércol porque no había de estos en la tienda. Hoy en día las forrajerías y ferreterías toman muy en cuenta al caballo." Arturo está de acuerdo: "Antes de que hicieramos las cabalgatas, ya no encontrabas fabricantes de sillas de montar, o quien las reparara. Ahora los hay por todos lados. Igual con los veterinarios para caballo. Hace quince años casi no había, y hoy encuentra uno muchas opciones para el excelente cuidado médico del caballo."

Los caballos en sí también han cambiado mucho. "En los viejos tiempos, todos en la cabalgata simplemente montaban el caballo criollo que usaban en el rancho," nos relata Arturo. "Ahora es como concurso de belleza para caballos!" Don René Ruiz, criador de caballos y apasionado de las cabalgatas, importó Caballos de Paso Tennessee en 2006, ya que ofrecen una montura más suave. Él también nota el cambio en los caballos: "Hoy en día los rancheros acostumbran tener un caballo criollo bien adaptado al trabajo de rancho, así como uno más elegante, Andaluz o Frisón, para las cabalgatas."

Aunque los caballos se han sofisticado, todos están de acuerdo en que las cabalgatas son fundamentalmente actividades familiares, amigables y equitativas, donde todos son bienvenidos. Kaia nos comenta: "Nunca olvidaré ver un niño montado sobre un caballo flaco, y había hecho su silla con un viejo tapete, amarrado con un cinturón de seguridad de un carro. Su brida estaba hecha de mecate, y era evidente que se había esforzado por tener un buen aspecto. Este chico estaba al frente de la cabalgata, orgullosamente al lado de Arturo. En las cabalgatas cada CABALGATAS continúa en página 47



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La Paz Historic District

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La Paz Beaches

by Janice Kinne



photo by Kaia Thomson

The *malecón* along the bay of La Paz is the perfect place to walk, run, people watch, or enjoy gazing across the water. Crews clean the beaches and walkways daily, fresh sand has been imported and there are *palapas* to offer shade. Locals and tourists visit the beaches north of downtown to swim, snorkel, or kayak. There are several adventure companies along the *malecón* and at the marinas offering *panga* rides, bay and island cruises, snorkeling, scuba diving, fishing, sailing, and kayak rentals.

EL MOGOTÉ is the spit of land that separates the harbor of La Paz from the *Bahía de La Paz*. This natural treasure used to be, for the most part, accessible only with 4WD. Now driving onto the peninsula is restricted due to the construction of golf courses, homes, and hotels.

PLAYA EL COROMUEL 4.5 km from downtown La Paz, is the first beach north of town and an easy walk from downtown. It is within the harbor boundaries, has shaded *palapas*, and food / beverage services. The water here gets much better flow with the tide change and is suitable for swimming. The bottom is clean sand and rock. Snorkeling is good further out.

PLAYA EL TESORO 13 km from downtown La Paz, is a great little beach for children. The shallow, clear waters allow you to walk out for close to 100 meters. Tesoro has about 25 shaded *palapas*, two small restaurants, and kayak rentals.

PICHILINGUE 19 km from downtown La Paz. Pichilingue is home to the La Paz ferry terminus and a large commercial harbor. There are pleasant, small beaches just north of the deep water port, on the *Vieja Bahía de Pichilingue*. Beachfront food, beverage service, and kayak rentals are available and there is a restaurant with an upstairs view. The *palapa* bar is popular in the hot summer afternoons.

PLAYA BALANDRA 23 km from downtown La Paz, is known for its famous balancing rock formation landmark that resembles a prehistoric mushroom. You can view the rock formation and *playa El Hongo* by walking in the water around the cliff to your right. The large beach and surrounding area are beautiful. The waters surrounding Balandra are shallow and safe for children. Sheltered from wave action from nearly every direction, the water warms early and is very safe for swimmers and kayaking. There are also several little beaches (coves) and mangroves to explore. The beach has no services, so pack your own lunches and drinks for the day. There are vendors renting chairs, selling fruit and drinks, beach *palapas* for shade, and BBQ pits to the south.

PLAYA EL TECOLOTE 26 km from downtown La Paz, is by far the largest and most visited beach in La Paz. Two restaurant/bars offer shade *palapas* and a large number of beach vendors offer refreshments. RV camping is available, along with a wide variety of water sports rentals. Usually there are no lifeguards on duty, but they may be present during *la semana santa* and in the summer. The beach has a beautiful view of Isla Espíritu Santo and *panga* rides to the island are available—a 6.5 km crossing through the San Lorenzo channel. Bus service from the station on the *malecón* to playa El Tecolote is available for a nominal charge.

Sting rays are the biggest hazard at the playas and tend to be present on the bottom in shallow waters during the summer. When walking in the water, shuffle your feet on the bottom to avoid stepping directly on a resting ray.

There are no restrictions for beach fishing at any beaches. Please respect our beaches and help protect the sea turtles; don't leave trash or drive on the dunes or beaches.

El Cielo

continued from page 29

hazardous asteroids, and it is supposed to reach mag 3 or 4 around the end of May. It is well positioned in the northern sky and up high in the evening, so all we will need is clear skies and probably binoculars to see a bit of a show. Comets move quickly, so probably the best bet is to look up its name on the internet to locate a finder chart for the day/night you will be looking for it. After the 23rd will be good as there won't be much moonlight to interfere, and even by the 29th just a quarter moon that should set by 1:30 am.

For more information on any of the above subjects, check out the web links below. To arrange a star party or for other astronomical questions, call me on my cell phone at (612) 348-5468, or visit my Pescadero Properties Real Estate office in Plaza Antigua—upstairs, unit #9—**Pescadero Properties**, #14 on the Todos Santos map.

LINKS OF INTEREST

COMETS: <http://www.aerith.net/index.html>

METEOR SHOWERS: <http://www.imo.net/calendar/2018>

TROPIC OF CANCER: http://en.wikipedia.org/wiki/Axial_tilt#values or http://en.wikipedia.org/wiki/Circle_of_latitude

ZODIACAL LIGHT: http://en.wikipedia.org/wiki/Zodiacal_light

TIME: <http://www.time.gov/> and
<http://www.worldtimeserver.com/>

SATELLITES: <http://www.heavens-above.com/> user
“elcielots” password “journal”

WEEKLY SKY REPORT: <http://www.griffithobs.org/skyreport.html>

SATURN: <http://saturn.jpl.nasa.gov/home/index.cfm>

ROSETTA: <http://sci.esa.int/rosetta/>

DAWN: <http://dawn.jpl.nasa.gov/>

NEW HORIZONS: http://www.nasa.gov/mission_pages/newhorizons/main/

ALL THINGS ASTRONOMICAL: <http://www.calsky.com>
User “elcielots” password “journal”

Voces

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Events for more details.

It's never too early to plan for the summer season. Check out **Baja Hurricane Screens** for your home protection.

Please check with local businesses and studios regarding their current schedules. Many classes and events have been postponed or rescheduled.

We'll see you soon with our Summer 2020 issue. And don't forget, you can read EVERY issue online at www.journaldelpacifico.com!



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abril

5 de abril | EL HORARIO DE VERANO comienza en México.

mayo

2 de mayo | 3 - 7 pm, LA BAJA 100 ART SHOW en Doce Cuarenta en Todos Santos. Para obtener más información, visite: <https://www.facebook.com/thebaja100ART/>

7 al 10 de mayo | 17º FESTIVAL DE CINE DE TODOS SANTOS Y LA PAZ. Todos los boletos serán validados. Para obtener información actualizada, consulte el sitio web en: www.todossantoscinefest.com o Facebook \ FestivalCineTodosSantos \

10 de mayo | DÍA DE LOS MADRES

10 de mayo | FECHA LIMITE DE EDICION "VERANO" DE JOURNAL DEL PACIFICO.

20 de mayo | FIESTA DE ANIVERSARIO DEL SEGUNDO AÑO DE SHAKA en Shaka's en Cerritos. 4:20 pm, brindis de aniversario. 6:30 pm, música en vivo con Los Leones.

30 de mayo | BEERFEST TODOS SANTOS en la plaza pública. Para obtener más información, visite su página de Facebook @BeerFestTodosSantosOficial

junio

6 de junio | DEGUSTACIÓN DE ALIMENTOS Y CERVEZA en Todos Santos Brewing. El maestro cervecer Ted y Liz Mitchell serán sus anfitriones en un maridaje de seis cervezas y platillos. Limitado a 30 comensales, variables con reserva-ción.

7 de junio | 5 pm, FIESTA DE TERCER ANIVERSARIO en Todos Santos Brewing, con un grupo de músicos regulares en sesión.

20 de junio | SOLSTICIO DE VERANO

21 de junio | DÍA DEL PADRE

noviembre

13 al 15 de noviembre | GASTROVINO FOOD & WINE FESTIVAL. Vea nuestro artículo este número. Compra tus boletos en línea para obtener el descuento por compra anticipada en www.gastrovino.mx. Boletos disponibles a partir del 20 de julio en las siguientes ubicaciones: en Todos Santos en Café Doce Cuarenta, Librería El Tecolote, y Hotel Guaycura; en la Paz en Café Doce Cuarenta; en Cabo San Lucas en The



Wine Market; y en San José del Cabo en la Galería Pez Gordo en The Shoppes en Palmilla. Contacta a GastroVino a través de la página web, o envía un correo electrónico a Perlararemex@gmail.com para oportunidades como patrocinador.

13 de noviembre | FIESTA COCTEL PARA CONOCER A LOS VITIVINICULTORES Y GENTE DE LA INDUSTRIA. Una noche con amigos y aficionados. Exclusivo evento VIP. Ubicación por determinar.

14 de noviembre | GASTROTOUR. Explora en el centro histórico de Todos Santos por tu cuenta o siguiendo una de nuestras guías. Los restaurantes participantes tendrán un maridaje perfecto de vino y muestras exóticas en cada des-

tino, los chefs y vitivinicultores estarán esperando para compartir su magia contigo. 500 pesos pre-venta y 600 pesos el día del evento. Después de la fiesta después del evento, ubicación por determinar.

15 de noviembre | FESTIVAL GASTROVINO. Todos están invitados a la plaza pública de Todos Santos al evento principal. Disfruta de degustaciones de vino y bebidas incluidas con tu admisión general. Comida y vino también están disponibles a la venta. Subasta silenciosa con obras de arte que son ejecutadas en vivo y fabulosa música en vivo. Boletos \$ 800 pesos en preventa y \$ 900 el día del evento. Afterparty después del evento, ubicación por determinar.

HORA FELIZ

Chez Laura, Miércoles Ju Vi 4 a 6 pm, 2x1 en cocteles de la casa.

Chill N Grill, Lu Mar Ju Vi 4 a 6 pm, 2x1 cerveza y well drinks.

FreeSouls, Do Lu Mar Miércoles Ju Vi Sa 5 a 6 pm, Margaritas, mojitos, y cerveza especiales.

Gallo Azul, Do Lu Mar Miércoles Ju Vi Sa 3 a 6 pm, 2x1 mojitos y margaritas.

Hotel San Cristóbal, **Vi 5 a 9 pm,** Hora feliz junto a la alberca.

La Esquina **Lu Mar Miércoles Ju 5 a 6 pm,** 2x1 en alcohol.

La Morena **Lu Mar Miércoles Ju Vi Sa 4 a 6 pm,** 2x1 cocteles.

Rip Tide Bar **Do Lu Mar Miércoles Ju Vi Sa 3 a 6 pm,** 3 cervezas o margaritas por el precio de 2.

Shut Up Frank's Lu Miércoles Ju Vi 3 a 6 pm, 2x1 cerveza y well drinks.

Shaka's Do Lu Mar Miércoles Ju Vi Sa 4 a 6 pm, 2x1 cervezas y palomas Shakaritas de Jorge (tequila, limón y Squirt).

The Oasis **Do Lu Mar Miércoles Ju Sa 12:30 a 3 pm,** 2x1 margaritas y vino de la casa, 50 pesos well drinks, 25 pesos Pacifico cerveza.

Cada Semana

Lunes a Viernes, 9 am, **TOURS CICLISTAS GUIADOS** por **Over The Edge Baja** en Todos Santos. Costo: \$1,400 pesos. Incluye: bicicleta y casco demo TREK Roscoe. Tours de 90 minutos hasta 3 horas, recorriendo hermosos paisajes. Favor de reservar por anticipado. Mayores informes en la tienda, al teléfono (612) 120-3395 o al correo dthompson@otesports.com

Lunes a Viernes, 9 am a 2 pm, **CENTRO DE RECICLADO PUNTO VERDE**,atrás de Super Pollo entrando por Calle del Huerto, extremo sur de Todos Santos. Traiga su papel, cartón, plásticos de No. 1 y 2, baterías, latas, metal, unicel, vidrio claro, y electrónicos. Donativo mínimo 50 pesos, electrónicos 80 pesos. Favor de separar y limpiar materiales. Mayores informes: ecorrevolucionmx@gmail.com, (612) 139-4789.

domingo

2 a 8 pm, **DOMINGO DE PAELLA** en el restaurante **El Mirador** con vista al mar.

4 a 8 pm, **COSTILLAS Y POLLO BBQ** en Cerritos Beach Inn, Pescadero. Acompañado de papas y ensalada, 400 pesos.

6 pm, **SESIONES DOMINGUERAS** en **Todos Santos Brewing**. Música en vivo en el patio.

lunes

5 pm, **TLACUILOS CÍRCULO DE ESCRITURA** Todos Santos en Centro Cultural "Profe. Néstor Agúndez." Invitación abierta a compartir sus escritos. Sesiones bilingües. Mayores informes: facebook.com/tlacuilostodossantos. Eventos: facebook.com/events/189012501684966/

martes

8:30 am a 1 pm, **EL MERCADO ORGÁNICO DE LA PAZ** en calle Madero entre 5 de Mayo y Constitución, La Paz.

4 pm, **MARTES DE TACOS** en **Chill N Grill** en Todos Santos. 6 a 9 pm, música en vivo.

6 pm, **NOCHE DE TRIVIA** en **Todos Santos Brewing**.

6:30 a 9:30 pm, **MÚSICA ACÚSTICA** con Tim Lang en Restaurant La Casita en Todos Santos.

7 pm, **NOCHE DE PELÍCULAS** en **Gallo Azul** en Todos Santos.

miércoles

9 am a 1 pm, **MERCADO LOCAL** en Café la Esquina, Todos Santos.

1 a 5 pm, **DEGUSTACIÓN DE VINO** en Amor D'Vino en Todos Santos.

PASTEL DE CARNE con puré de papa y ejotes con tocino, 175 pesos en **Shut up Frank's**, Todos Santos.

7 pm, **BLUES EN VIVO**, La Morena, Todos Santos.

jueves

8:30 am a 1 pm, **EL MERCADO ORGÁNICO DE LA PAZ** en calle Madero entre 5 de Mayo y Constitución, La Paz.

4 pm, **NOCHE DE PIZZA** en **Chill N Grill** en Todos Santos.

5 a 9 pm, **CAMINATA DEL ARTE** en San José del Cabo, en el distrito de las galerías. Todas las galerías que participan estarán abiertas hasta las 9 pm y muchas tienen recepciones y eventos especiales. Noviembre hasta el fin
CADA SEMANA continúa en página 49



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Los Tres Grandes

by Kate Turning

"Art is knowledge at the service of emotion"—José Clemente Orozco

Art in Mexico underwent a radical transformation at the end of the Mexican Revolution in 1924. The new government born of the citizens' revolt commissioned the brightest artistic minds of the era to create works that spoke directly to the people, celebrating their potential to craft their own future through expanded civil liberties and universal education. The intention was to inspire the masses with the heroes of Mexican history, social justice, and the life and heart of the nation. These three legendary painters were known as *Los Tres Grandes*—David Alfaro Siqueiros, José Clemente Orozco, and Diego Rivera. Together they cultivated a style and aesthetic that defined the Mexican cultural identity following the Revolution and remains today.

Los Tres Grandes developed a populist iconography featuring heroes from the past, present, and an imagined modernist future. All three believed that art was the highest form of human expression and a key force in social change. A

point of agreement with the new government was that the

LOS TRES GRANDES cont. on page 48



Above: "Flower Festival Feast of Santa Anita" by Diego Rivera

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AND COFFEE 9AM-1PM

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Weekly Events

continued from page 23

5 – 7 pm, **LADIES' NIGHT** at Freesouls at Cerritos Beach. Ladies drink for free.

5 – 9 pm, **ARTWALK** in the San José del Cabo Gallery District. Takes place November through June.

6 pm, **LIVE MUSIC** at La Esquina on the *otro lado* of Todos Santos.

friday

9 am – 4 pm, **FARMER'S MARKET** At The Shoppes at Palmilla in San Jose del Cabo. For more information 624-144-6999 or visit: www.theshoppesatpalmilla.com

NAZARIA'S FAMOUS CHILE RELLENO with rice and beans at **Shut Up Frank's** in Todos Santos. Choose from cheese or chicken.

6 pm, **LIVE MUSIC** at **Todos Santos Brewing**.

6 – 9 pm, **SALSA DANCE NIGHT** with instructor Adrián Meza at La Esquina in Todos Santos. Dance class and social dance by donation.

saturday

8:30 am – 1 pm, **LA PAZ FARMER'S MARKET** on calle Madero between 5 de Mayo and Constitución, La Paz.

9 am – 1 pm, **MALECÓN TIANGUIS NATURAL (MARKET)** at the Callejon Cabezud in La Paz—the area between Esquerro street and the *malecón* at the location of the Wyland mural and the seashell musician statue.

9 am – 3 pm, **SAN JOSÉ DEL CABO ORGANIC MARKET** (Mercado Orgánico) just outside the San José historic district in Huerta Maria on the Camino a Las Animas. Look for the signs at the big arroyo off Avenida Centenario. Takes place November through the end of June.

CHOICE 2" CUT NY STEAK with fried potatoes/bell pepper onion/mushrooms & dinner salad, 275 pesos at **Shut Up Frank's** in Todos Santos.

6 pm, **LIVE MUSIC** at **Todos Santos Brewing**.

7 pm, **LIVE BLUES MUSIC** at La Morena in Todos Santos.

7:30 – 9 pm, **SUNSET LATIN DANCE NIGHT** with instructor Adrián Meza at Sky Lounge Bar in **Hotel Guaycura** in Todos Santos. Salsa, Tango, Bachata, and Cumbia. Reservations: (612) 175-0800, reservation@guaycura.com

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Desierto Tiene Ojos

continuó de página 27



Roadrunner / Correcaminos

con la fóvea, en el ojo tienen un órgano en forma de peine llamado peine ocular, que suministra flujo sanguíneo adicional a la retina. Más sangre oxigenada implica mayor eficiencia, permitiendo que las aves se puedan concentrar en objetos cercanos y lejanos simultáneamente. Estas cualidades son especialmente útiles para navegar en hábitats densos, volar a grandes velocidades y altitudes, localizar presas y fuentes de alimentos, o correr a través del desierto espinoso como lo hace el correcaminos, a velocidades de hasta 40 km / hora!

MARIPOSAS Y POLILLAS

¿Las marcas cuentan cómo ojos? Bueno, si eres una mariposa o una polilla, a veces sí. Las mariposas y las polillas tienen fantásticas exhibiciones de colores y patrones en sus alas. Las manchas oculares, u ocelos, son marcas que parecen ojos en ciertas especies, como lo exhibe la mariposa búho naranja, *Opsiphanes boisduvallii*.

Las manchas oculares pueden ser una forma de mimetismo, en el cual las marcas en el cuerpo se asemejan al ojo de un animal diferente para engañar a los posibles depredadores, para distraerlos de las partes vulnerables del cuerpo, desviar ataques, parecer peligrosos, o tener mal sabor. Estos puntos específicos de la especie también juegan un papel en el cortejo y la comunicación intraespecífica.

Otra teoría es que las marcas brillantes y contrastantes, como en la mariposa jaspeada, *Apodemia mejicanus*, son enjutas, es decir un subproducto de la evolución de alguna otra característica, en lugar de un producto directo de la selección adaptativa. Significa que este rasgo se conserva, aunque no es particularmente ventajoso tenerlo, pero tampoco es perjudicial para la existencia de la especie.

FLORES Y PLANTAS

¿Las flores tienen ojos? Por lo general, no, pero tienen pulvinos. Este es un segmento flexible ubicado justo debajo de la flor, que permite que la flor se mueva con la ayuda de las células motoras. Estas células motoras se especializan en bombear potasio a los tejidos cercanos, haciendo que las células en el lado oscuro se estiren. Cambiar la presión de las células crea un movimiento hacia adelante y hacia atrás de la cabeza de la flor, a medida que el sol pasa por encima de ellas.

Seguir el recorrido del sol de este a oeste, en términos botánicos es llamado heliotropismo floral, nombrado así por los antiguos griegos y significa "giro del sol." Durante la noche, estas mismas flores parecen dormir ya que asumen una posición de descanso aleatoria hasta la mañana siguiente, cuando las células motoras se ponen a trabajar y las colocan frente el sol naciente una vez más. Una de nuestras plantas locales, *Kallstroemia californica*, también conocida como contrayerba, tiene una doble maniobra heliotrópica, no solo las flores se mueven con el sol, las hojas se abren y cierran también!

Desert Has Eyes

continued from page 28

flowers seem to sleep, as they assume a random resting position till the next morning, when the motor cells get to work and position them to face the rising sun once again. One of our local plants, the California caltrop, *Kallstroemia californica*, also known as *contrayerba*, has a double heliotropic maneuver, not only do the flowers move with the sun, but the leaves open and close as well!



Cabalgatas

continuó de página 37

quien da lo mejor de sí, sin importar lo que sea, y la actitud general es de abierta participación. Es algo maravilloso."

Arturo coincide: "Es por eso que lo sigo haciendo. La cabalgata es como una gran familia que tiene mucho orgullo por nuestra cultura ranchera. Mi lema para las cabalgatas es 'a montar, a conocer amigos'." La amistad, el orgullo, y el renacimiento de las grandes tradiciones igualitarias del ranchero sudcaliforniano. Por esto y más, debemos nuestra victoria al caballo.

Todos Santos Eco Adventures (TOSEA) es la compañía líder de aventuras ecológicas en Baja California Sur y desde el 2002, ha compartido su pasión por la fenomenal belleza natural, la singular cultura y la extraordinaria vida silvestre de Baja California. Tienen campamentos de lujo en la Isla Espíritu Santo en el Mar de Cortés y en la Reserva de la Biosfera de la Sierra de La Laguna. También poseen y operan Los Colibrís, un hotel boutique en Todos Santos. Sus galardonados viajes han aparecido en National Geographic, London Times, Outside Magazine, Coastal Living, Condé Nast Traveler, Forbes, Playboy, Sunset Magazine, y Lonely Planet.

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Los Tres Grandes

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artists would have complete freedom of expression—a radical idea at the time. Their images, featuring Aztec and Mayan warriors, political heroes, common laborers, and humble peasants, were highly visible as epic murals on public buildings, churches, and city streets in cities across Mexico including Mexico City and Guadalajara. Using visionary techniques like fresco, encaustic, mosaic, and sculpture-painting, the muralists developed a new way for our country to see itself, and to swell with national pride.

These three painters had a huge impact on their counterparts in the US as well, and many flocked to Mexico City to study and work with them, notably a young Jackson Pollock. Modernism was, as yet, an underdeveloped concept in the US art world. They inspired the American artists to bravely use their talents to protest economic, social, and racial injustices. It's not hard to see how the Futurist intensity in the murals of José Clemente Orozco and David Alfaro Siqueiros were an influence on the art of the WPA (Works Progress Administration) during the Great Depression, or how Diego Rivera's fearless political statements emboldened the painters of the civil rights movement in the United States of America.

Los Tres Grandes, as well as their fellow visionaries Rufino Tamayo and Frida Kahlo, helped to create a distinctive language that is still manifested in the unique and radical style of the Mexican art scene today.



Top of page: "The Epic of American Civilization" by José Clemente Orozco

Above: "The Destruction of World Order" by José Clemente Orozco

Cada Semana

continuó de página 43

de Junio.

NEW YORK con papas con pimientos, cebolla, y champiñones, y ensalada, 275 pesos en **Shut Up Frank's**, Todos Santos.

5 a 7 pm, **LADIES' NIGHT** en Freesouls en Cerritos Beach.
6 pm, **MÚSICA EN VIVO** en La Esquina, Topete y Horizonte, Todos Santos.

viernes

9 am a 4 pm, **MERCADO ORGÁNICO** en The Shoppes en Palmilla en San José del Cabo. Para más información 624-144-6999 o visite: www.theshoppesatpalmilla.com.

LOS FAMOSOS CHILES RELLENOS DE NAZARIA con arroz y frijoles en **Shut Up Frank's** en Todos Santos. Queso o pollo.

6 pm, **MÚSICA EN VIVO** en Todos Santos Brewing.

6 a 9 pm, **NOCHE DE BAILE SALSA** con Adrián Meza en La Esquina, Topete y Horizonte, Todos Santos. Lecciones por donación.

sábado

8:30 am a 1 pm, **EL MERCADO ORGÁNICO DE LA PAZ** en calle Madero entre 5 de Mayo y Constitución, La Paz.

9 am a 3 pm, **EL MERCADO ORGÁNICO** en San José del Cabo está ligeramente afuera del distrito de arte histórico en la Huerta María en el Camino a las Ánimas. Noviembre hasta el fin de Junio.

9 am a 1 pm, **TIANGUIS NATURAL MALECÓN** (Mercado) en el Callejon Cabezud es en La Paz—el área entre calle Esquerro y el Malecón ubicado en el mural Wyland y la escultura del músico tocando el caracol.

NEW YORK con papas con pimientos, cebolla, y champiñones, y ensalada, 275 pesos en **Shut Up Frank's**, Todos Santos.

6 pm, **MÚSICA EN VIVO** en Todos Santos Brewing.

7 pm, **BLUES EN VIVO**, La Morena, Todos Santos.

7:30 a 9 pm, **NOCHE DE BAILE LATINO AL ATARDECER** con Adrián Meza en el **Sky Lounge Bar, Hotel Guaycura**, Todos Santos. Salsa, Tango, Bachata y Cumbia. Reservaciones: (612) 175-0800, reservation@guaycura.com

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Health authorities ask that people with suspicious symptoms DO NOT GO TO HOSPITALS OR EMERGENCY SERVICES. Self-isolate at home and call 800 0044800; the Epidemiological Intelligence Unit (UIES) will go to the home to take a sample.

Establishing a strong connection is essential. Training your dog with positive techniques is a great way to build trust and mutual respect while bonding.

A well-trained dog with good manners is more manageable, relaxed, content, and confident. And it makes you a happier pet owner when your best buddy understands what you expect. According to research, dogs that have obedience training pay better attention to their owners, which reduces stress on both sides and creates a loving relationship with your dog. The more time you spend with your dog, the better they understand you will be a consistent and fair leader.

SOCIALIZATION

Socializing your dog teaches them how to relax in busy, communal environments. The more accustomed they are to being around others, the less they'll react in fear. And the less fearful they are, the less aggressive they'll be. Even police and security dogs are trained to be friendly when in public.

Obedience group classes are a safe, social environment to build confidence. Obedience training teaches your dog to greet people and other dogs in a calm way with manners. Better control makes it possible for you to take your pet to restaurants or bring them along on hiking, beach, and camping outings. It also eliminates the need to lock your dog away from guests when they visit your home. Obedience training focuses on teaching your dog basic commands, how to be social, and how you expect your pet to behave.

Dogs enjoy training and working with their humans. They crave structure and want to understand what is expected of them. Make it fun. Use positive reinforcement with tasty treats. Use three to four short (10 minute) sessions throughout the day. Work with a Certified Professional Dog Trainer and Behaviorist and see the difference it makes.

David Divjak is a Certified Professional Dog Trainer (CPDT-KA) and behaviorist with over 20 years experience training all breeds, big and small. David offers group and private lessons, behavior modification (basic obedience to security K9) and dog boarding at Todos Los Perros in Todos Santos. Visit @todoslosperrosdogtraining on Facebook for more information.



Adiestrar a tu Perro

continuó de página 12

SOCIALIZACIÓN

Socializar a tu perro le enseña a relajarse cuando está en ambientes comunitarios con muchas personas. Cuanto más acostumbrado esté a estar cerca de los demás, menos reaccionará con miedo. Y cuanto menos temeroso sea, menos agresivo será. Incluso los perros de la policía y de seguridad están entrenados para ser amigables cuando están en público.

Las clases grupales de obediencia son un entorno social seguro para generar confianza. El entrenamiento de obediencia le enseña a un perro a saludar a las personas y a otros perros de una manera tranquila y con modales. Un mejor control de tu perro te permite llevarlo a restaurantes, a caminar, a la playa, y a acampar. También elimina la necesidad de encerrar a tu perro lejos de los invitados cuando visitan tu hogar. El entrenamiento de obediencia se enfoca en enseñar a tu perro a las órdenes básicas, cómo ser social, y en que tu mascota se comporte como esperas.

Los perros disfrutan entrenar y trabajar con sus dueños. Anhelan estructura y quieren entender lo que se espera de ellos. Hazlo divertido. Utiliza estímulos positivos con algún premio sabroso. Ten de tres a cuatro sesiones cortas (10 minutos) durante todo el día. Trabaja con un adiestrador de perros profesional y conductista certificado y verás la diferencia.

David Divjak es un adiestrador de perros profesional certificado (CPDT-KA) y conductista con más de 20 años de experiencia en el entrenamiento de todas las razas, grandes y pequeñas. David ofrece clases grupales y privadas, modificación del comportamiento (obediencia básica a la seguridad K9) y alojamiento para perros en "Todos Los Perros" en Todos Santos. Visite @ todoslosperrosdogtraining en Facebook para obtener más información.



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Groups / Grupos

All classes at **Cuatro Vientos (@CV #11 on otro lado map)** and Hotel San Cristobal are suspended until May 1. Times may change, check with the venue for more information.

TODOS SANTOS	Sunday Domingo	Monday Lunes	Tuesday Martes	Wednesday Miércoles	Thursday Jueves	Friday Viernes	Saturday Sábado
Yoga	9 am Yoga c/ Emelie @ San Cristobal	9 am Hatha Flow c/ Marimar @ CV 6 pm Pilates/ Yoga c/ Eva @CV	7:30 am Vinyasa flow c/ Liz @ CV 9 am Yoga c/ Emelie @ San Cristobal 10:30 am Vinyasa Flow c/ Gabrielle @ CV 4:30 pm Yin/ Restorative Yoga c/ Ruben @ CV	9 am Hatha Flow c/ Marimar @ CV 4:30 pm Yin/ Restorative c/ Emelie @ San Cristobal 6 pm Yin/ Restorative Yoga c/ Aaron @ CV	7:30 am Vinyasa flow c/ Liz @ CV 9 am Vinyasa Yoga c/ Emelie @ San Cristobal 10:30 am Vinyasa Flow c/ Gabrielle @ CV 4:30 pm Yin/ Restorative Yoga c/ Ruben @ CV	8 am Power Vinyasa c/ Emelie @ San Cristobal 9 am Hatha Flow c/ Marimar @ CV	7:30 am Vinyasa flow c/ Liz @ CV 9 am Yoga c/ Emelie @ San Cristobal
Other/Otros		10 am Tech. boxing @ Cross2box 11 am-1 pm Vajra Dance @ CV 3 pm Ballet para niños c/ Antonieta @ CV 5:30 pm CrossFit Boot Camp w/ Mao @ Punta Lobos beach	3:30 pm Manos Magicas @ Centro Cultural chambaretcat@mac.com 4 pm Crossfit Kids @ Cross2box 4:30 Capoeira c/ Diana @ CV 6 pm CrossFit Boot Camp w/ Mao @ San Sebastian beach 7:30 pm Afrojoyo c/ Emelia @ CV	7:30 am Pound c/ Sue @ CV 10 am Tech. boxing @ Cross2box 4 pm Crossfit Kids @ Cross2box 4:30 Capoeira c/ Diana @ CV 6 pm CrossFit Boot Camp w/ Mao @ San Sebastian beach 7:30 pm Afrojoyo c/ Emelia @ CV	10 am Manos Magicas @ Centro Cultural chambaretcat@mac.com 12 pm Silent Meditation @ CV 4 pm Crossfit Kids @ Cross2box 6 pm Temple Tech. Dance c/ Luciana @ CV	10 am Tech. boxing @ Cross2box 3-4 pm Danza Hawaiana para niñas 4-6 pm para mujeres c/ Malucha @ CV 5:30 pm CrossFit Boot Camp w/ Mao @ Punta Lobos beach	
Zumba		8-9 am c/ "Lucy" @ Dra. Oliva office 9 am c/ Jan/ Happy @ CV	8-9 am c/ "Lucy" @ Dra. Oliva office	8-9 am c/ "Lucy" @ Dra. Oliva office	8-9 am c/ "Lucy" @ Dra. Oliva office	8-9 am c/ "Lucy" @ Dra. Oliva office 10:30 am c/ Jan/Happy @ CV	8-9 am c/ "Lucy" @ Dra. Oliva office 9 am c/ Jan/ Happy @ CV
Palapa Society	The Library / Biblioteca is closed until May 1.	10 am -1 pm Library / Biblioteca	10 am -1 pm Library / Biblioteca 2:30 - 5 pm Biblioteca Infantil	10 am - 12 pm Biblioteca Infantil 10 am -1 pm Library / Biblioteca	10 am -1 pm Library / Biblioteca 2:30 - 5 pm Biblioteca Infantil	10 am -1 pm Library / Biblioteca	9:30 am - 12:30 pm Biblioteca Infantil 10 am -1 pm Library / Biblioteca 11 am - 12 pm Story time & crafts (5-12 yrs.)

Groups / Grupos

TODOS SANTOS	Sunday Domingo	Monday Lunes	Tuesday Martes	Wednesday Miércoles	Thursday Jueves	Friday Viernes	Saturday Sábado
AA	TS AA group meetings are @ calle Ocampo e/ Rangel y Cuauhtémoc "Into The Solution" group AA meetings are at the "El Mirador" building on calle Pedrajo e/ Degollado y Verduzco. Jenny: (612)137-3123, Kenny: (612)152-2995, Catherine: (612)149-5194, Don: (612)157-1256	11 am TS AA meeting For info: Eric (612) 156-9980 5 pm "Into The Solution" AA closed meeting on calle Pedrajo	5 pm TS AA 11-step meditation meeting. For info: Emanuela (612)161-2907 Whatsapp: +39-333-2989579	11 am TS AA meeting For info: Eric (612) 156-9980	5 pm TS AA meeting For info: Eric (612) 156-9980 5 pm "Into The Solution" AA closed meeting on calle Pedrajo	9 am Women's AA closed meeting on calle Pedrajo Jenny: (612)137-3123, Catherine: (612)149-5194, 5 pm TS AA meeting For info: Eric (612) 156-9980	11 am TS AA meeting For info: Eric (612) 156-9980

AA CABO SAN LUCAS—AA Hacienda Group Cabo, upstairs above Ace Hardware behind McDonalds. Daily 4:30 pm and 6 pm.

SAN JOSÉ DEL CABO—Next to the Calvary Chapel corner of Degollado and Coronado. 6 pm nightly. For more information: (624) 147-0478.

PESCADERO	Sunday Domingo	Monday Lunes	Tuesday Martes	Wednesday Miércoles	Thursday Jueves	Friday Viernes	Saturday Sábado
Yoga	9 am Yoga @ Baja Zen 9 am Yoga @ Baja Zen 9:30 am Yoga @ La Curandería	8-9 am Yoga c/ Mayra Torres @ Baja Serena 9 am Yoga @ Baja Zen 9:30 am Yoga @ La Curandería	8 am Yoga c/ Mayra Torres @ Baja Serena 9 am Yoga @ Baja Zen 9:30 am Yoga @ La Curandería	8 am Yoga c/ Mayra Torres @ Baja Serena 9 am Yoga @ Baja Zen 9:30 am Yoga @ La Curandería	8 am Yoga c/ Mayra Torres @ Baja Serena 5:30 pm Restorative yoga c/ Aaron @ La Curandería	8 am Yoga c/ Mayra Torres @ Baja Serena 9 am Yoga @ Baja Zen 9:30 am Yoga @ La Curandería	

Advisement: Important Update About Programs at The Palapa Society and COVID-19

We are now closing down our community programs. As of today March 16, 2020, the following programs are temporarily closed:

- Biblioteca Infantil
- Biblioteca Elena Poniatowska
- Puente al Inglés Program (Bridge to English)
- Adult English Program
- Children's Afterschool Art Program

Your program director should be in contact with you soon. If you have any questions you may contact them directly.

Sincerely,
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THE PALAPA SOCIETY
LA SOCIEDAD DE LA PALAPA



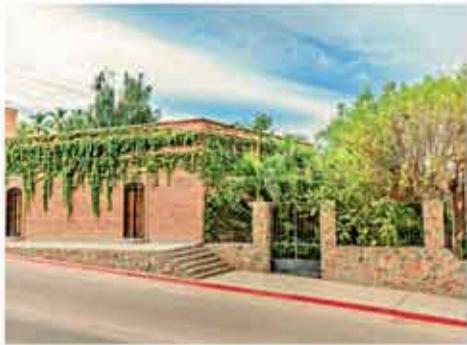
CUATRO VIENTOS
YOGA | ARTES | MOVIMIENTO



WWW.CUATROVENTOSBAJA.COM
FACEBOOK & INSTAGRAM:
CUATRO VIENTOS TODOS SANTOS



CASA MARIPOSA
TODOS SANTOS
5 BR | 4 BA + 3 Half BA | MLS# 19-2706
\$985,000 USD



CASA PILAR, CENTRO HISTORIC
TODOS SANTOS
1 BR | 2.5 BA | MLS# 20-150
\$849,000 USD



CASA HACIENDA AZUL
TODOS SANTOS
2 BR | 2 BA | MLS# 19-879
\$595,000 USD



CASA KAREN
PESCADERO / CERRITOS
4 BR | 3 BA + 2 Half BA | MLS# 19-2473
\$499,900 USD



CASA LAS PALOMAS
TODOS SANTOS
3 BR | 3 BA | MLS# 20-458
\$439,000 USD



CASA MADISON
PESCADERO
3 BR | 2 BA | MLS# 20-580
\$425,000 USD



LA JOYA OF CERRITOS
CERRITOS
2 BR | 2.5 BA | MLS# 19-1753
\$420,000 USD



CASA LUNA
TODOS SANTOS
3 BR | 2 BA | MLS# 18-1853
\$329,000 USD



CASA BUENAVENTURA
TODOS SANTOS
3 BR | 3 BA | MLS# 19-3136
\$325,000 USD



PESCADERO CENTRICO
PESCADERO
3 BR | 3 BA | MLS# 19-3530
\$175,000 USD



THE VIBE FLAT UNITS
TODOS SANTOS
1 BR | 1 BA | MLS# 19-2968
\$149,500 USD



CASITA D
TODOS SANTOS
2 BR | 2 BA | MLS# 19-2460
\$105,000 USD



FOREVER OCEAN VIEWS LOT 2648
CERRITOS
1,500 SQ MT | MLS# 19-2465
\$125,000 USD



TIERRA TRANQUILA
PESCADERO
2,046 SQ MT | MLS# 19-3201
\$107,700 USD



PARADISE IN LA POZA
TODOS SANTOS
1,997.81 SQ MT | MLS# 19-3504
\$95,000 USD



PESCADERO HUERTA
PESCADERO
1,830 SQ MT | MLS# 20-675
\$99,000 USD



ROAD RUNNER LOTS
TODOS SANTOS
3,000 SQ MT | MLS# 20-104
\$78,900 USD



HUERTA BONITA LOTS
PESCADERO
870.23 SQ MT | MLS# 19-3353
\$34,810,000 USD

It's all about the right location

Las Tunas



CASA SONIDO DEL MAR
3 BEDS | 3.5 BATHS | 2,690 AC SQ FT
MLS: 19-2930 | \$1,250,000

La Poza



CASA BELLA
5 BEDS | 5.5 BATHS | 5,920 AC SQ FT
MLS: 19-2174 | \$2,500,000

San Vicente



SAN VICENTE BUNGALOW
2 BEDS | 1 BATH | 775 TOTAL SQ FT
MLS: 19-2160 | \$215,000



VISTA BALLENAS
2 BEDS | 2 BATHS | 1,726 AC SQ FT
MLS: 19-3308 | \$650,000



CASA DE LA TORRE
2 BEDS | 2 BATHS | 1,900 AC SQ FT
MLS: 20-251 | \$569,000



CASA TRUDI
2 BEDS | 2 BATHS | 728 TOTAL SQ FT
MLS: 19-3474 | \$198,000



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