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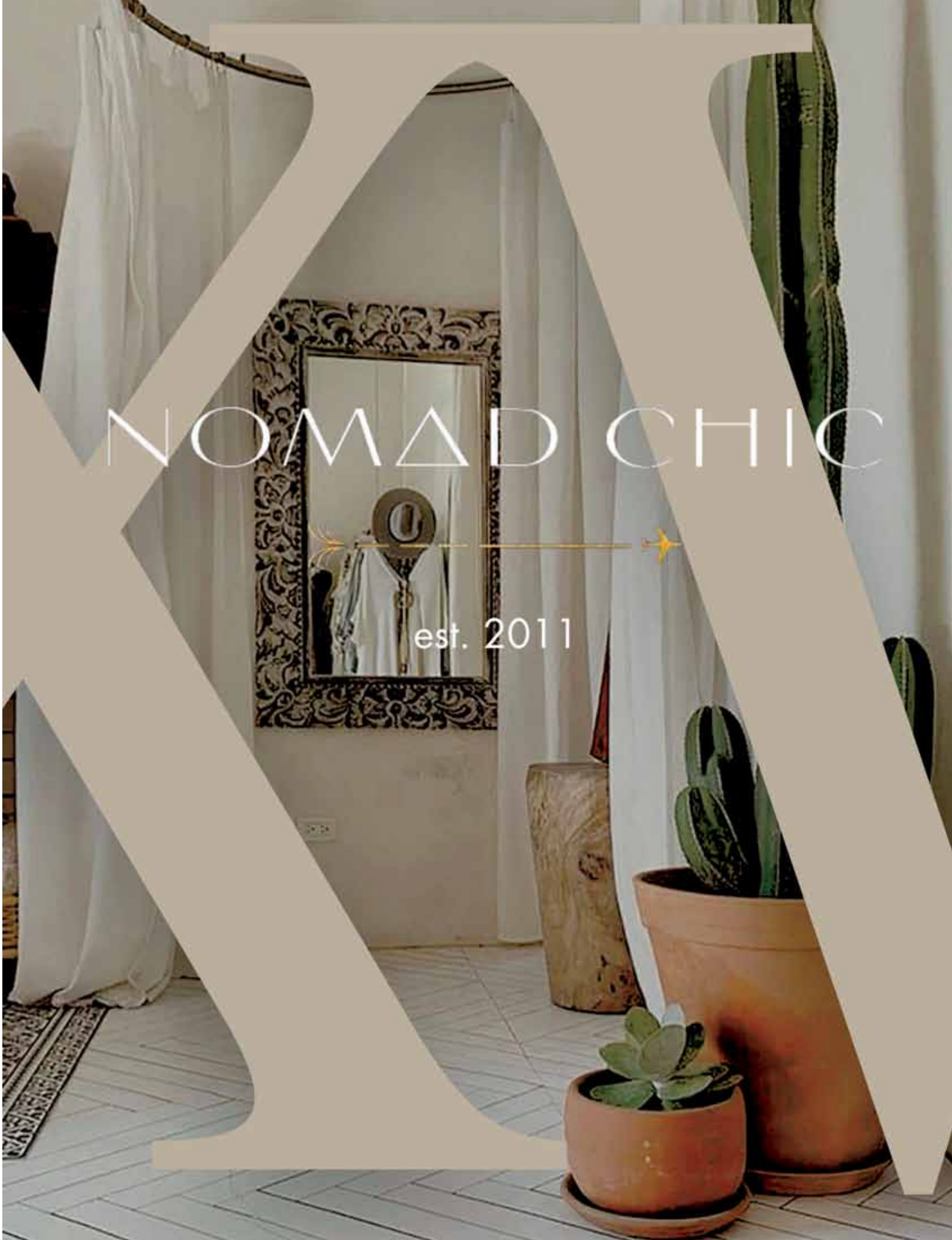
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The background image shows a bohemian-style interior. A large, ornate mirror with a dark, patterned frame is mounted on a light-colored wall. In the foreground, there are several potted plants, including a tall cactus in a large terracotta pot and a smaller succulent in a smaller terracotta pot. A large, light-colored 'X' graphic is overlaid on the image. The text 'NOMAD CHIC' is written in a white, serif font across the middle of the 'X'. Below the text, there is a horizontal line with a small airplane icon at the end, and the text 'est. 2011' is written below that.

NOMAD CHIC

est. 2011



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english

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journal

DEL PACIFICO

La Revista de Baja California Sur

**PROUDLY PUBLISHED
& PRINTED IN MEXICO**

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2026/2027 ISSUE

DEADLINE: NOV. 10, 2026

FECHA LIMITE: 10 DE NOV. 2026



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In Good Company *En Buena Compañía*



by / por Bryan Jáuregui, traducido por Francesca Magallon

Photos by / fotos por Frida Cota

A Twice-Yearly Column on Todos Santos NGOs and the Hotel San Cristóbal's Social Engagement Program

Issue Two: Roots and Futures

In a town changing as fast as Todos Santos, you might expect the loudest voices for caution to come from those with the deepest roots—the women who have been sewing and painting by hand for generations, the fishermen whose families have worked the same stretch of Pacific coast for sixty years. These are exactly the kinds of people that development tends to push to the margins: traditional artisans, traditional fishermen, communities whose ways of life don't typically thrive with the arrival of boutique hotels and the changed economics that follow. But in Todos Santos, it is precisely these people—the ones with the biggest stake and the longest memory—who are embracing change most enthusiastically.

Meet María Nieves Pérez Domínguez, AKA Señora Vicky. Sra. Vicky was born in Todos Santos seventy years ago when the town had no running water, no electricity, and no paved road to La Paz. She learned to sew from her grandmother and mother because there was no place to buy clothes, and they washed the clothes they made in the arroyo. She spent her career as a schoolteacher, but her retirement passion project is Manos Mágicas, a women's artisan collective she has kept alive for nearly twenty years through borrowed spaces, tight budgets, and sheer force of will.

GOOD COMPANY continued on page 15
6 Journal del Pacífico

Una Columna Semestral Sobre las ONG de Todos Santos y el Programa de Compromiso Social del Hotel San Cristóbal

Segunda Edición: Raíces y Futuros

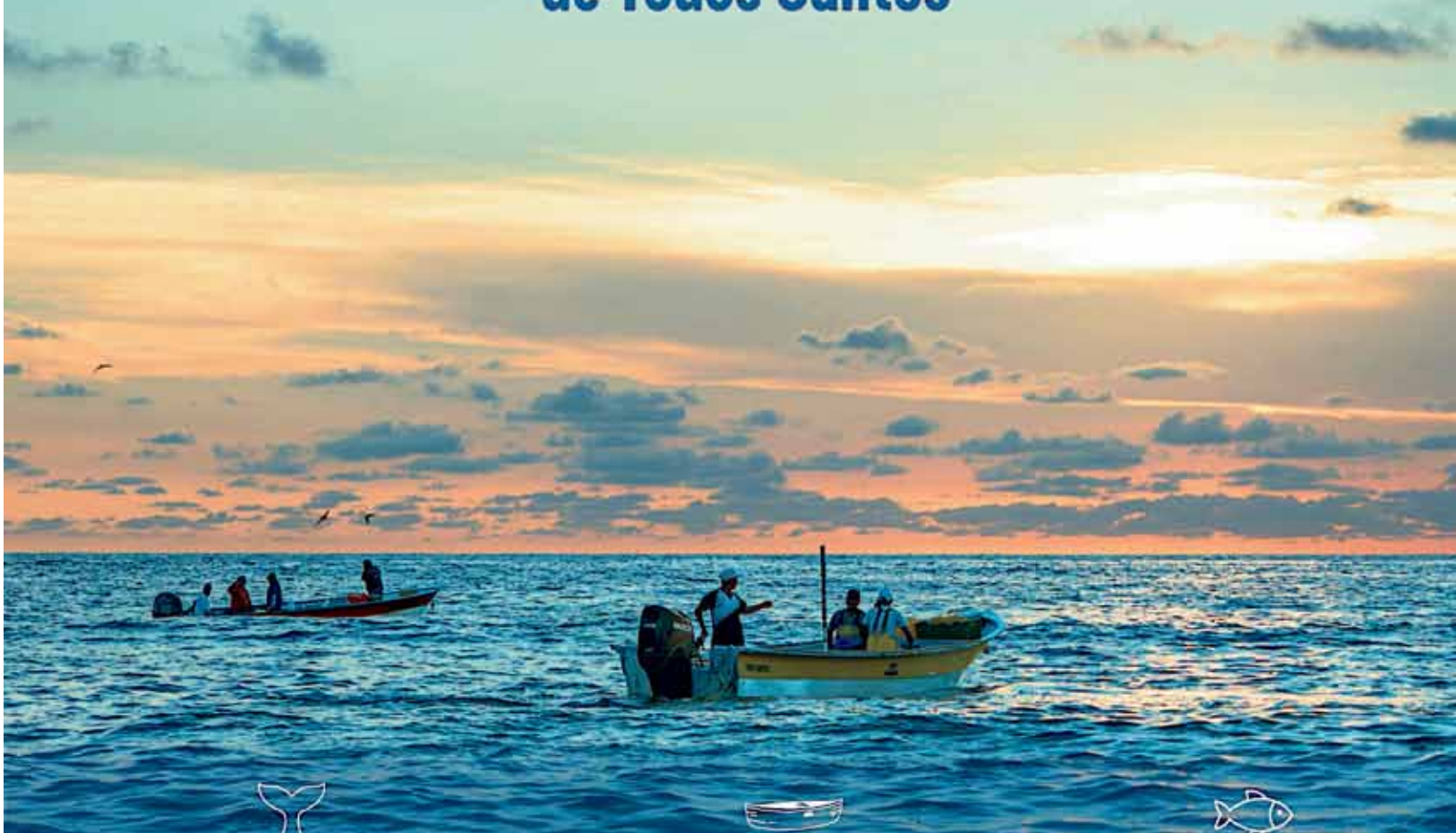
En un pueblo que cambia tan rápidamente como Todos Santos, sería de esperarse que las voces que piden cautela con mayor fuerza fueran las de quienes tienen las raíces más profundas: las mujeres que llevan generaciones cosiendo y pintando a mano, o los pescadores cuyas familias han trabajado en el mismo tramo de la costa del Pacífico durante sesenta años. Estas son, precisamente, las personas a las que el desarrollo tiende a marginar: artesanos tradicionales y pescadores tradicionales, comunidades cuyos modos de vida no suelen prosperar con la llegada de hoteles boutique y la transformación económica que estos traen consigo. Sin embargo, en Todos Santos son precisamente estas personas, aquellas que tienen más en juego y que cuentan con mayor memoria histórica, quienes abrazan el cambio con mayor entusiasmo.

Conozcan a María Nieves Pérez Domínguez, mejor conocida como la señora Vicky. La Sra. Vicky nació en Todos Santos hace setenta años, cuando el pueblo carecía de agua corriente, electricidad, y carreteras pavimentadas hacia La Paz. Aprendió a coser gracias a su abuela y a su madre, ya que no había dónde comprar ropa, y lavaban las prendas que confeccionaban en el arroyo. Desarrolló su

BUENA COMPAÑÍA continúa en página 14

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De Botellas a Tablas

Por Alianza Cero Basura (ACB)
traducido por Ivonne Benítez

Shaka's se sube a la ola como patrocinador principal de la segunda edición de la Copa Aloha Cero Basura

Cero basura, máxima diversión... y una cantina verdaderamente comprometida.

Marquen sus calendarios y enceren sus tablas: la Segunda Copa Aloha Cero Basura BCS & Fiesta Comunitaria llega a Playa Los Cerritos el sábado 14 de noviembre. Y este año, uno de los favoritos de la comunidad está dando un gran paso al frente: Shaka's Delicious Wood Cantina se suma como patrocinador principal oficial del evento.

Y no se trata de un patrocinador que simplemente se sube a la ola. Shaka's lleva mucho tiempo predicando con el ejemplo, desde mucho antes de que la Copa Aloha fuera siquiera una idea. Si observas con atención el bar y la cocina de la cantina, encontrarás bloques de vidrio elaborados con botellas que sus propietarios, Brando Strawn, Kevin Stein y Dustin Meeker, decidieron reutilizar en lugar de tirar a la basura. Además, todos los vasos y servilleteros están

hechos con botellas usadas y transformadas para darles una segunda vida.

Desde principios de 2026, Shaka's también funciona como uno de los principales puntos de acopio de vidrio y residuos orgánicos de Alianza Cero Basura. Esta colaboración ya ha evitado que aproximadamente cuatro toneladas de vidrio y casi 300 kilos de residuos de cocina terminen en el relleno sanitario.

Para Shaka's, ser el patrocinador principal de la Copa Aloha no es un gesto aislado, sino una extensión del trabajo cotidiano que su equipo ya realiza para mantener nuestra comunidad más limpia y saludable. Y la celebración no termina cuando concluye la última ronda de surf: Shaka's también será la sede de la fiesta de cierre de este año.

Shaka's comparte esta ola con un grupo de patrocinadores comprometidos con la comunidad, que no solo apoyan la Copa Aloha, sino que también participan activamente en la economía circular: Journal del Pacifico, Serendipity Boutique Hotel, Topia Boutique Retreat Center, Ristorante Tre Galline, Caffè Todos Santos, Baja House Hunters, Chris Figler, Quálitas, y Super Mercado el Sol.

La competencia de surf, organizada junto con Mario Surf School, colaborador de Cero Basura desde hace muchos años, y la Asociación de Surf de Baja California Sur, reúne a equipos de escuelas de surf locales cuya cuota de participación consiste en ofrecer clases gratuitas de surf a niños de la comunidad. Como novedad este año, habrá una categoría para menores de 12 años, además de una

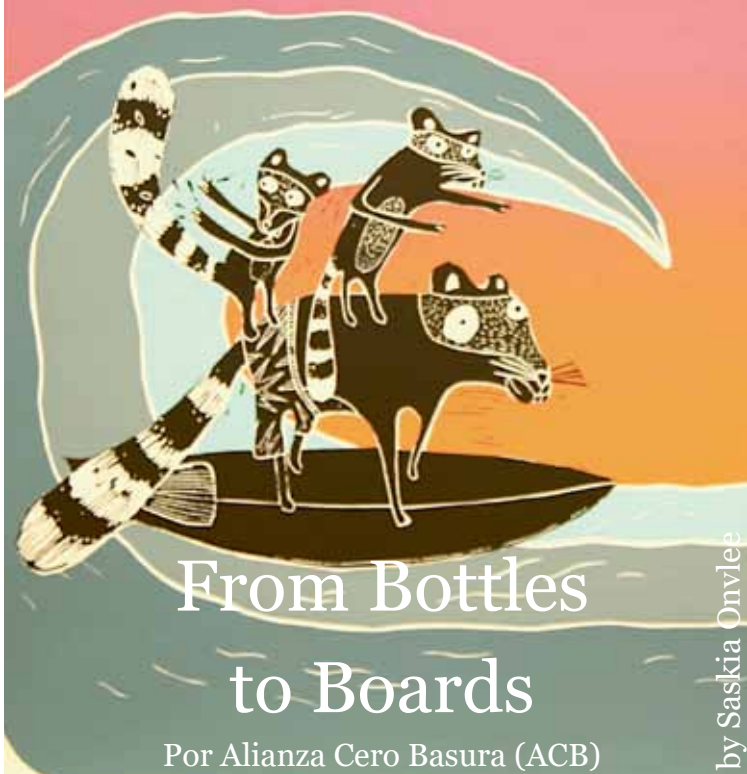
ALOHA CUP continúa en página 22

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Shaka's Rides the Wave as Presenting Sponsor of the Second Annual Cero Basura Aloha Cup

Zero waste, maximum fun—and one very committed cantina.

Mark your calendars and wax your boards: the Second Annual Cero Basura BCS Aloha Cup & Fiesta Comunitaria hits Playa Los Cerritos on Saturday, November 14. And this year, one local favorite is stepping up in a big way—Shaka's Delicious Wood Cantina is diving in as the event's official presenting sponsor.

This isn't a sponsor jumping on the bandwagon—Shaka's has been walking the walk since long before the Aloha Cup was a gleam in our eye. Look closely at the Cantina's bar and kitchen and you'll spot glass bricks built from bottles that owners Brando Strawn, Kevin Stein, and Dustin Meeker saved instead of tossing in the trash. Every drinking glass and every napkin holder is made from used, upcycled bottles as well. Since early 2026, Shaka's has also served as one of Alianza Cero Basura's key glass and organic waste drop-off points—a partnership that has already kept roughly four tons of glass and nearly 300 kilos of kitchen waste out of the landfill. For Shaka's, being the presenting sponsor of the Aloha Cup isn't a one-off gesture; it's an extension of the everyday work the team already does to keep our community cleaner and healthier. And the celebration doesn't stop when the last heat ends—Shaka's is also hosting this year's after-party.

Shaka's is riding alongside a lineup of committed community sponsors who are not just Aloha Cup supporters but committed circular economy players including the Journal del Pacifico, Serendipity Boutique Hotel, Topia Boutique Retreat Center, Ristorante Tre Galline, Caffe Todos Santos, Baja House Hunters, Chris Figler, Quálitas, and Super ALOHA CUP continued on page 22

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3 pm



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Art Talk

by Kate Turning

AUTUMN LIGHT

Fall is here in Baja California Sur—the time of year when the rains arrive and the maroons, umbers, and dusty browns of our desert are transformed almost overnight into a verdant carpet of green.

Clouds gather overhead and serve up a daily miracle of light. This is my favorite light of the year, when the sun takes on a warmer glow and a lower angle. The landscape is bathed in the soft, rosy light that Todos Santos is so famous for. There is something magical about watching the desert change under those skies, with every color seeming to become a little richer and more alive, and of course the sunsets are epic.

With the earth and sky existing on opposite sides of the color wheel, our surroundings become electric and deeply saturated. The greens of the hills and fields seem dazzling against the moody blues and grays above, while the verdant desert, and the sound glint on the Turquoise-turned-Veridian waves adds yet another layer of color as they clash and vibrate together.

For a painter, this season is almost irresistible. The palette of the desert has suddenly expanded. What was once a restrained composition of ochres, browns, yellows, and muted greens is now punctuated with startling greens, deep blue-grays, and flashes of warm pink. Orange and gold. The challenge is not finding color but deciding how much of it to use. Nature seems to have turned up the saturation beyond what any painter might dare to put on a canvas.

A painter also begins to notice the unexpected relationships between colors. The jade of a distant hillside may make the red earth beside it appear warmer. A cool cloud can intensify the warmth of a sunlit wall. Even the shadows seem to have colors in them of purple and Payne's Grey. The landscape becomes less about individual objects and more about the conversation between colors—the way one hue makes another sing.

For a photographer, the drama is often in the fleeting moments. The light can change in minutes as clouds move across the sun, revealing one patch of landscape while leaving another in shadow. A familiar road, field, or a humble taco stand suddenly becomes an entirely different photograph. The camera waits for that brief intersection of cloud, sunlight, color, and landscape—the moment when everything seems perfectly composed, or the need to flee from a sudden surprise downpour.

There is also something about this particular season that makes me think of Kodachrome, that remarkable film whose rendition of color has never quite been replicated. Kodachrome had a way of making saturated colors feel





“The Ferryman” by Kate Turning

both vivid and strangely natural, giving greens a depth, reds a richness, and skies a particular kind of luminous blue. Its colors seemed to have weight and presence without feeling exaggerated. Looking at the desert after the rains, I sometimes find myself wishing I could still load a roll of Kodachrome into my Hasselblad and see what it would make of this extraordinary palette.

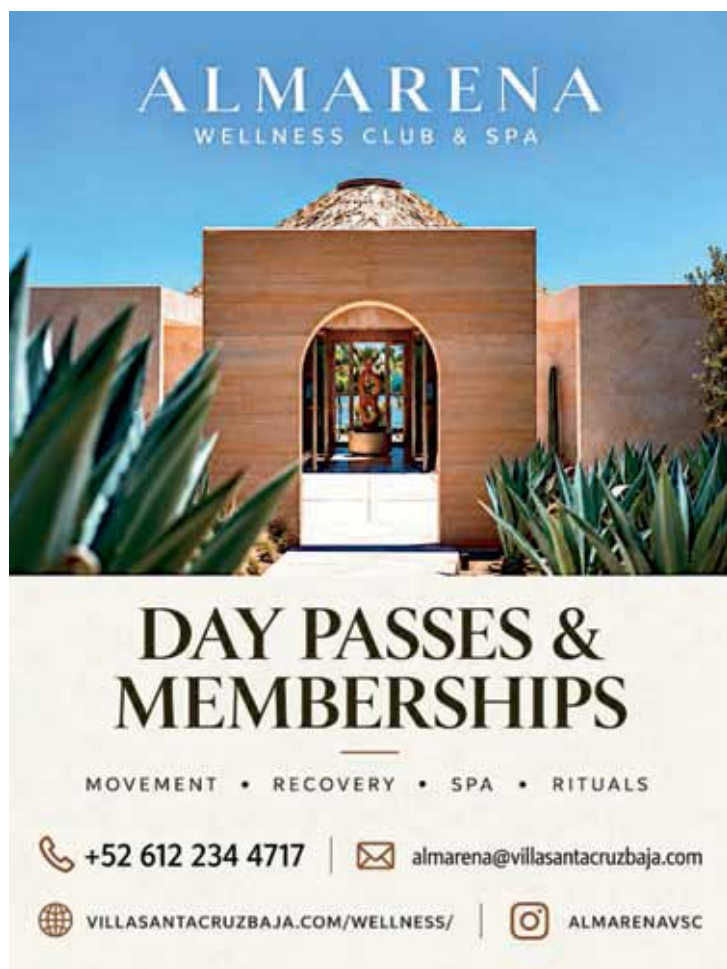
Perhaps that is part of the fascination of photography: the realization that seeing and recording are two different things. The eye takes in an almost infinite range of subtle colors, while every film type, exposure choice or digital sensor interprets those colors in its own way. Kodachrome had its own voice, and that voice is now part of photographic history and personal memories. Yet standing here in the Baja light, with intensely green hills beneath rose-colored clouds, it is easy to understand why photographers have always searched for a medium capable of doing justice to a landscape like this.

And then there is the extravaganza of our wide-open Baja Sur skies. A Mexican rain cloud is rarely just a backdrop. It becomes part of the landscape itself, massive and

dimensional, with layers of silver, charcoal, blue, and violet. When the late afternoon sun breaks through, the clouds can catch the light in shades of peach and rose, casting that unmistakable Todos Santos glow across everything below.

Perhaps that is what makes this season so compelling to those of us who make images. The landscape is constantly composing and reinventing itself. The painter follows the color; the photographer follows the light. Both are trying to hold onto something that is inherently temporary—a particular emerald green after the rain, a shadow moving across a hillside, or that fleeting pink light just before sunset on a deserted beach.

For a brief, beautiful season, Baja feels transformed, mystical and other worldly. The desert is lush, the skies are dramatic, and the light seems to linger just a little longer—as if the whole landscape is celebrating the arrival of the rain. And for those of us lucky enough to witness it, the temptation is irresistible: to stop, look a little longer, and try in some way to capture what the desert is telling us.



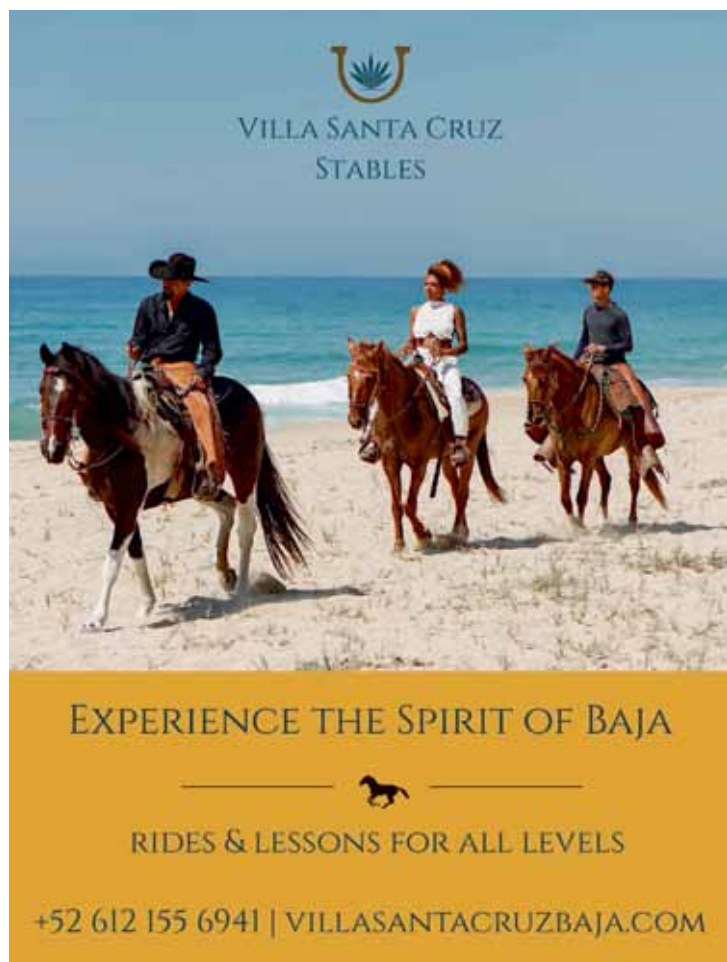
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Inflammaging: La Caja de Pandora

por Dra. Valentina Zambrana, JOVIALT,
Medicina Regenerativa, Longevidad, y Estética

Al llegar a los 40 años, nos volvemos más propensos a desarrollar una serie de enfermedades crónico degenerativas y síntomas que nos pueden tomar por sorpresa, aunque, en ocasiones, sabemos que no nos hemos portado tan bien.

La acumulación de hábitos poco saludables, junto con la falta de disciplina en el ejercicio y la alimentación, es apenas la punta del iceberg. En este artículo destacaré los aspectos más importantes. Si deseas obtener más información, puedes contactarme o asistir a la presentación de Almarena Wellness en Villa Santa Cruz, que tendrá lugar a mediados octubre.

Primero necesitamos comprender qué es la inflamación.

La inflamación es el mecanismo natural que nuestro organismo utiliza para protegerse, reparar tejidos, y eliminar daños o amenazas. Sin embargo, cuando se vuelve crónica, sistémica, progresiva y de bajo grado, puede convertirse en un verdadero desastre para nuestra salud.

¿Qué factores debemos considerar?

Disfunción mitocondrial: las mitocondrias, encargadas de producir la energía de nuestras células, pierden eficiencia. Además, las mitocondrias dañadas pueden desencadenar procesos inflamatorios.

Alteración de la microbiota: el envejecimiento cerebral comienza en el intestino. Las personas pueden sentirse más cansadas, irritables, y empezar a olvidar cosas, sin darse cuenta de que estos cambios están relacionados con una respuesta inmunitaria interna crónica. Con el tiempo, este patrón contribuye a la niebla mental, cambios del estado de ánimo y, en algunos casos, a enfermedades como el Alzheimer y Parkinson. Este proceso se conoce como "neuro-inflammaging" o neuro-inflamación asociada al envejecimiento.

Acumulación de células senescentes: Llamadas "células zombis," estas dejan de dividirse, pero permanecen metabólicamente activas y liberan moléculas pro-inflamatorias.

Alteraciones hormonales: la menopausia, la andropausia, la resistencia a la insulina, y las alteraciones del cortisol (hormonas del estrés), la hormona del crecimiento, y el IGF-1 producen cambios metabólicos y tisulares que agravan todavía más la disfunción hormonal.

INFLAMMAGING continúa en página 26

Inflammaging: Pandora's Box

by Valentina Zambrana MD, JOVIALT,
Regenerative, Longevity, & Aesthetics Medicine

After reaching the age of 40, we suddenly become prone to a series of chronic degenerative diseases or symptoms which can catch us by surprise and sometimes we know we've been naughty.

The accumulation of not so healthy habits, plus a lack of discipline with exercise and nutrition, is just the tip of the iceberg. In this article, I'll highlight the most important points. If you are interested in further information, please contact me, or attend the Almarena Wellness presentation at Villa Santa Cruz which will take place in October.

First, we need to understand Inflammation.

Inflammation is the natural mechanism our body uses to protect, repair, and eliminate damage or threats. However, when it's low grade, chronic, systemic, and progressive it becomes a train wreck.

What factors are important to consider?

Mitochondrial dysfunction: our powerhouse of cellular energy becomes deficient and damaged mitochondria triggers inflammation.

Microbiome alteration: brain aging begins in the gut. People may feel more tired, irritable, or forgetful without realizing that these changes are tied to a chronic internal immune response. Over time, this pattern contributes to brain fog, mood instability, and in some cases, to conditions like Alzheimer's and Parkinson's. The process is known as neuro-inflammaging.

Accumulation of senescent cells: zombie cells stop dividing but remain metabolic active. They release pro inflammatory molecules.

Menopause and andropause, insulin resistance, cortisol and growth / IGF hormone disruptions create metabolic and tissue changes that further hormonal dysfunction.

Other factors that are more well known are a poor diet of high processed food, sugar, and unhealthy fats such as fried food; poor sleep, insufficient or disrupted as chronic stress elevate inflammation markers; and lastly environmental toxins like forever chemicals, pollutants, or mycotoxins.

Activation of skin neuro inflammation is the chronic cycle of inflammation that leads to pain, itching, burning, irritation, and skin barrier damage by activated sensory nerves and mast cells in the body.

What are the risks?

Early frailty diminishes our quality of life.

Cancer. We have a 40 to 50% lifetime risk of developing cancer in high income population—chronic inflammation leads to oxidative stress to DNA damage to cellular

INFLAMMAGING continued on page 27



WHAT IF AGING IS NOT ABOUT AGE?

JOVIALT
Regenerative Longevity
& Aesthetic Medicine

*The hidden inflammation that maybe
accelerating how you age.*

Low - grade, chronica inflammation can influence your energy,
metabolism, cardiovascular health, brain function, skin
and resilience.

The good news? Many of the factors that drive
inflammaging are measureble and modifiable.



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METABOLISM

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ENERGY

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FOCUS

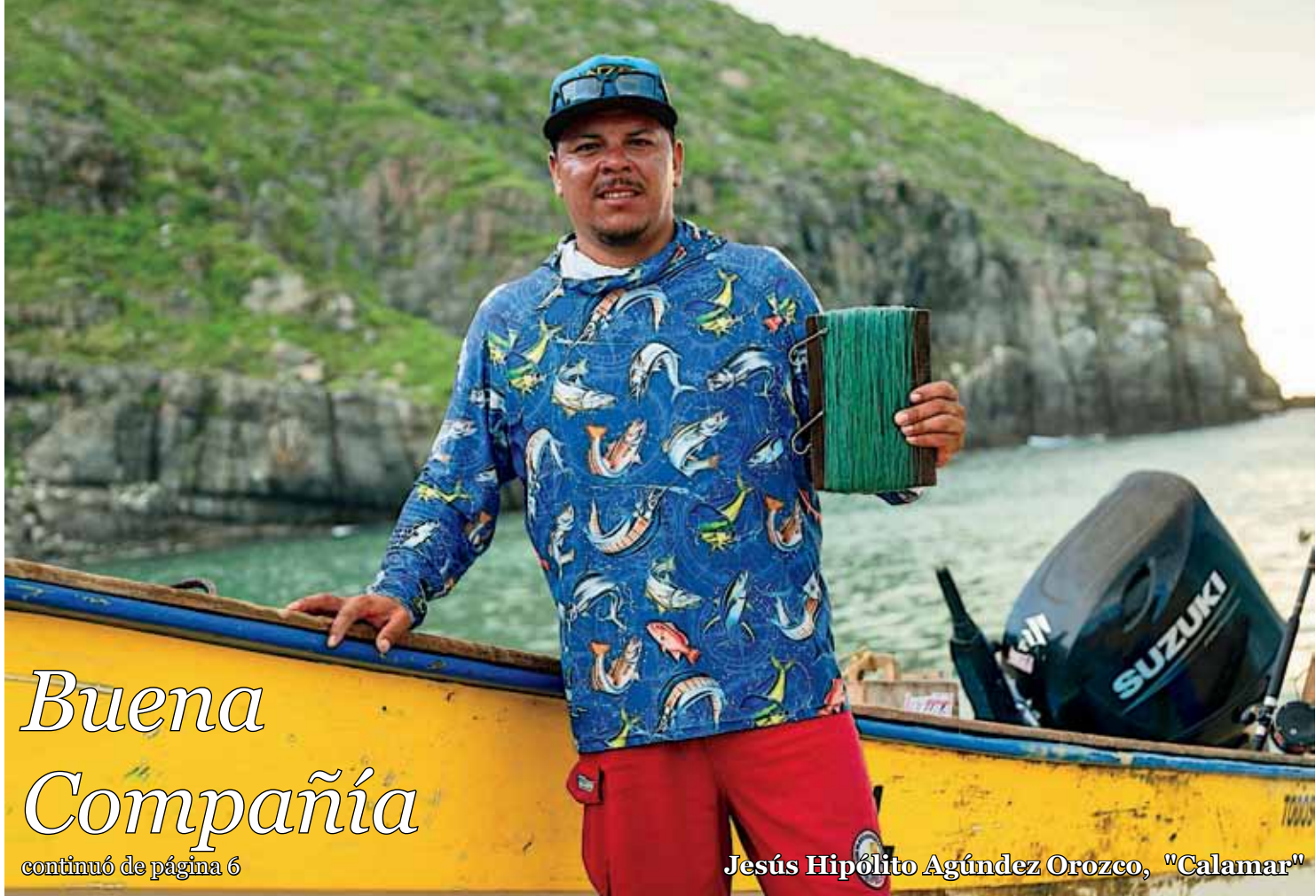
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Buena Compañía

continuó de página 6

Jesús Hipólito Agúndez Orozco, "Calamar"

carrera como maestra, pero su proyecto apasionado tras su jubilación se llama "Manos Mágicas," es un colectivo de mujeres artesanas que ella ha mantenido vivo durante casi veinte años mediante espacios prestados, presupuestos ajustados y pura fuerza de voluntad.

Hace varios meses, Ceci Paredes, Directora de Compromiso Social del Hotel San Cristóbal, invitó a la Sra. Vicky al hotel para hablar sobre una posible colaboración con Manos Mágicas. La Sra. Vicky deseaba encontrar apoyo para su proyecto, pero al llegar al hotel se sintió invadida por las dudas. "La gente solía decir cosas," explica. "Que el hotel era malo. Que querían quitarles la playa a los pescadores." Y añade: "Simplemente no me atrevía a cruzar la puerta."

Pero finalmente reunió el valor necesario para llevar a cabo la reunión y, desde entonces, no ha dejado de hablar de los resultados.

"Me sorprendió, me sorprendió mucho, porque todos me recibieron con gran calidez y cortesía; todos ellos. Así que dije: Vaya. No es lo que yo pensaba. Qué vergüenza," se ríe de sí misma.

El hotel ha adquirido artesanías y textiles de Manos Mágicas para su tienda y está estableciendo una relación continua como su proveedor. Para la Sra. Vicky, el dinero es bienvenido, pero no es lo principal. "Yo les digo: no quiero dinero. Lo que quiero es que nos promocionen. El dinero va y viene; lo que importa es que la gente nos conozca." Su objetivo es la visibilidad. A pesar de que el colectivo lleva casi dos décadas en el pueblo, sigue siendo, en cierto modo, un misterio para muchos de sus habitantes.

"Muchas veces hay gente de aquí que ni siquiera nos conoce, no sabe dónde estamos ni nos busca."

La Sra. Vicky señala que cada vez más personas de la comunidad conocen el hotel. "Nos invitan a convivir con el gerente y con todo su equipo. Realmente nos escuchan. Esta relación nos ha ayudado muchísimo y esperamos seguir por el mismo camino para poder apoyarlos a ellos, tal como ellos nos apoyan a nosotros."

La junta directiva de la Sociedad Cooperativa de Producción Pesquera de Todos Santos—conocida como "La Cooperativa Amarilla" coincide con esta opinión. Jesús Orozco ("Lobo," Supervisor de Seguridad), Enrique Orozco ("Tali," Secretario General), Juan José Orozco ("Juanillo," Presidente) y Jesús Hipólito Agúndez Orozco ("Calamar," Tesorero) de 73, 68, 56, y 36 años, respectivamente, llevan colaborando con el hotel más tiempo que cualquier otro grupo de la comunidad. "Hemos trabajado con la dirección del hotel desde el principio," comenta Lobo, "y hemos visto, de muchas formas, cómo el hotel beneficia a todo el pueblo: no solo a nosotros, sino también a nuestros hijos y nietos. A nosotros, los pescadores, nos ha abierto una vía de empleo totalmente nueva gracias al turismo, y eso nos ayuda enormemente." Seis días a la semana, si el clima lo permite, los hombres de la Cooperativa Amarilla faenan en Punta Lobos tal como lo hicieron sus padres y abuelos: utilizando anzuelo y sedal para pescar y equipos de buceo con manguera de superficie (*hookah*) para recolectar ostiones; extraen huachinango, mero, fletán, ostion de roca, caracol gigante, y otras especies de unas

BUENA COMPAÑÍA continúa en página 20

Good Company

continued from page 6

Several months ago, Ceci Paredes, Director of Social Engagement at Hotel San Cristóbal invited Sra. Vicky to the hotel to discuss a partnership with Manos Mágicas. Sra. Vicky was eager to find support for her project, but upon arrival at the hotel she was overcome with doubt. "People used to say things," she explains. "That the hotel was bad. That they wanted to take the beach away from the fishermen." She continued, "I just couldn't make myself go through the door."

But she finally mustered the resolve to see the meeting through, and she has not stopped talking about the results since.

"I was surprised, very surprised, because everyone received me so warmly, with courtesy, all of them. So, I said: "Wow. It's not what I thought. How embarrassing." She laughs at herself.

The hotel has purchased Manos Mágicas handicrafts and textiles for its boutique and is building an ongoing supplier relationship. For Sra. Vicky the money is welcome, but it is not the point. "I tell them: I don't want money. What I want is for them to promote us. Money comes and goes, what matters is that people get to know us." Visibility is her goal. For a collective that has existed in this town for nearly two

decades they are still, somehow, a mystery to many of the people who live here. "A lot of times there are local people who don't even know us, don't know where we are, don't seek us out."

Sra. Vicky notes that more and more people in the community are getting to know the hotel. "They invite us to spend time with the manager, with their whole team. They really listen to us. This relationship has helped us a great deal and we hope to keep on this same path so that we can support them as they support us."

The board of directors of the Todos Santos Fishing Production Cooperative Society—"the Yellow Cooperative"—agrees. Jesús Orozco ("Lobo" security supervisor), Enrique Orozco ("Tali" secretary general), Juan José Orozco ("Juanillo" president), and Jesús Hipólito Agúndez Orozco ("Calamar" treasurer), ages 73, 68, 56, and 36, have been engaged with the hotel longer than any community group. Observes Lobo, "We've worked with the hotel management from the beginning, and we have seen in ways large and small how the hotel is benefitting the whole town—not just us, but our children and grandchildren. For us fishermen it has opened a whole new channel of employment through tourism, and it helps us tremendously."

Six days a week, weather permitting, the men of the Yellow Cooperative work Punta Lobos the way their fathers and grandfathers did: hook and line for fish, hookah diving gear for oysters, pulling red snapper, grouper, halibut, rock oyster, giant conch and more from waters they've known since childhood. A buyer drives from La Paz every day to meet them on the beach. Red snapper is sold at a premium

GOOD COMPANY continued on page 21

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When a Heart Stops

En Cuanto un Corazón se Detiene

by / por Bryan Jáuregui, traducido por Francesca Magallon

The Chain of Survival Begins

Somewhere in Seattle tonight, a human heart will suddenly stop. Survival for that person can approach 60 percent. Here in Baja California Sur, that same emergency ends differently: fewer than 1 in 100 will survive to go home. The heart is the same. The emergency is the same. The difference is the first few minutes—whether someone nearby recognizes cardiac arrest, starts CPR (cardiopulmonary resuscitation), and has an AED (automated external defibrillator) within reach. Closing that deadly gap is why Baja Fire & EMS exists.

Baja Fire & EMS began as the passion project of volunteer physicians, paramedics, and firefighters from the United States and Mexico who refused to accept that where a person collapses should determine whether they live or die. Through **Project Todos Santos**, they are building a community-wide chain of survival by placing AEDs where people live, work, stay, and gather, and by teaching residents and visitors to recognize cardiac arrest, begin CPR, and use an AED before emergency responders arrive. Their goal is bold: to make Todos Santos the best-prepared community in Baja California Sur for sudden cardiac arrest—and to give people here a chance at survival where almost none exists today.

The plan is deliberate, measurable, and designed to last:

- **Phase 1:** Identify local champions, priority locations for AED placement, and the community's training needs.

Da Inicio la Cadena de Supervivencia

Esta noche, en algún lugar de Seattle, un corazón humano se detendrá de repente. Las probabilidades de supervivencia para esa persona pueden rondar el 60 por ciento. Aquí, en Baja California Sur, esa misma emergencia tendría un desenlace distinto: menos de una de cada cien personas sobrevive para regresar a casa. El corazón es igual. La emergencia es la misma. La diferencia radica en los primeros minutos: en si alguien cercano sabe reconocer un paro cardíaco, da inicio a la RCP (reanimación cardiopulmonar) y en si hay un "DEA" (Desfibrilador Externo Automático) al alcance de la mano. Cerrar esa brecha mortal es la razón por la que Baja Fire & EMS existe.

Baja Fire & EMS nació como un proyecto impulsado por la pasión de médicos, paramédicos, y bomberos voluntarios de los Estados Unidos y México, quienes se negaban a aceptar que el lugar donde una persona colapse a causa de un paro cardíaco determine si esa persona viva o muera. A través del **Proyecto Todos Santos**, ellos están construyendo una cadena de supervivencia comunitaria mediante la colocación de varios DEA (Desfibrilador Externo Automático) en lugares donde la gente vive, trabaja, se aloja y se reúne, además de enseñar a residentes y visitantes a reconocer un paro cardíaco, iniciar RCP y saber utilizar un DEA antes de que lleguen los servicios de emergencia. Su objetivo es ambicioso: convertir a Todos Santos en la comunidad mejor preparada de Baja California Sur para enfrentar un paro cardíaco repentino y brindar a

BAJA FIRE & EMS continúa en página 23

- **Phase 2:** Secure AEDs, protective cabinets, bilingual signage, and CPR training equipment.
- **Phase 3:** Install and register each AED and designate a trained coordinator at every location.
- **Ongoing:** Conduct annual readiness checks, provide refresher training, develop local instructors, and report progress openly to the community.

Phase 1 is already well underway. Project Todos Santos is proudly supported by the Padrino Children's Foundation, St. Jude's Medical Center, and Comfort Care, and the team is working closely with the Bomberos of Todos Santos and El Pescadero.

From November 8 to 15, 2026, Baja Fire & EMS will bring a volunteer team of physicians, paramedics, firefighters, and instructors to Todos Santos. They will provide free CPR and AED training for community members, surfers, lifeguards, first responders, and the staff of Hotel San Cristóbal, Hotel Guaycura, Villa Santa Cruz, and Doce Cuarenta.

On Tuesday, November 10, Doce Cuarenta will host a free public Coffee and CPR event: four 60-minute sessions at 9:30 am, 11 am, 2 pm, and 3:30 pm, open to anyone who wants to learn how to save a life. This event marks



a broader community investment in emergency readiness. Doce Cuarenta on the outskirts of Todos Santos, Galería von Zastrow in El Centro, and Hotel San Cristóbal at Playa Punta Lobos are each installing a publicly accessible AED, placing lifesaving equipment in key community gathering spots. Baja Fire & EMS will service all three units on an ongoing basis.

On November 14, the team will also provide on-site medical coverage for the Cero Basura Aloha Cup. A medical tent at the event will offer free, hands-on CPR instruction throughout the day—giving all

participants the chance to learn a skill that could one day save a friend, a neighbor, a loved one.

Once that model is established, Baja Fire & EMS plans to help other communities across Baja California Sur build their own chains of survival.

Want to help change the odds? Whether you would like to sponsor an AED, host CPR training, volunteer, or simply learn how to save a life, we invite you to become part of Project Todos Santos.

For more information or to get involved, contact **Baja Fire & EMS** at info@bajafire-ems.org or visit <https://bajafire-ems.org/>

PANORAMIC VIEW LOT FOR SALE

DM &

Featured

PRICED AT \$250,000 USD

BUILD YOUR DREAM HOME WITH OCEAN & FARMLAND VIEWS
MINUTES FROM CERRITOS BEACH AND TODOS SANTOS

DETAILS	
PANORAMIC VIEWS	✓
PWR/WTR ACCESS	✓
RESIDENTIAL	✓
1,830 M2 (45 X 40)	✓

RANCHO NUEVO LOT 10 FOR SALE

DM &

Featured

PRICE REDUCED

NOW AT \$150,000 USD

READY-TO-BUILD LOT JUST STEPS FROM RANCHO NUEVO'S PRISTINE PACIFIC SHORELINE

DETAILS	
COASTAL ENCLAVE	✓
READY-TO-BUILD	✓
RESIDENTIAL	✓
1,250 M2 (50 X 25)	✓

Property location
El Pescadero
Baja Sur, Mexico



Listed by Dobies & Marquez
www.BajaLegalRealEstate.com
+52 (612) 197-5471
dobiesandmarquez@gmail.com



LIC-BAPRCE-1011

Property location
Rancho Nuevo
El Pescadero
Baja Sur, Mexico

october

October 12 | 12 - 5 pm, **ROCKTOBER 27TH ANNUAL AMIGOS DE LOS NIÑOS (ADLN) REDHEAD BEACH PARTY** at Shaka's Cantina at Cerritos Beach. Live music, raffle, and auction with really cool Sammy Hagar related items. 100% of raffles and auctions go to ADLN. There will be a bus from the old Mar de Cortez hotel at 11 am that returns from Shaka's at 5 pm. Reserve your seat by sending \$20 USD to no55brando@yahoo.com at PayPal.

October 14 - 16 | **THE ALMA RETREAT** at **Almarena**, 3-day retreat including daily breakfast, temazcal, and SUDA experience (activities only or activities + rooms).

October 17 | 9 am - 1 pm, **MAS QUE RECICLAR** at Parque Los Pinos in Todos Santos. Bring your items to be recycled, repurposed, or reused. Accepting: paper, cardboard, plastic containers (types 1, 2, and 5), aluminum, used vegetable oil, cigarette butts, batteries, aerosol cans, electronics, light bulbs, glass, expired medications, kitchen waste, lead-acid batteries. Even if you typically recycle elsewhere, consider bringing anything you have that falls into these categories to show your support for existing and potential recycling programs here in our area. It helps show our municipality and state that this is of high value to us. We can also learn more about where we can take some of those harder to recycle items on a more regular basis.

October 18 | 6 am, **2ND CARRERA RUTA EL TRIUNFO 6K | 9K | 21K**, in El Triunfo. Registration open until to October 10 or until full. <https://dondiabltrailrun.com/>

October 25 | **SPAY AND NEUTER CLINIC** at Mercado Ranchero in Todos Santos. 8 - 10 am cat walk-ins, 10 am - 12 pm dog walk-ins.

October 29 - 31 | **1ST MUESTRA INTERNACIONAL DE CINE DOCUMENTAL DE TODOS SANTOS** at the Teatro Gral. Manuel Márquez de León on the plaza, Todos Santos. A curated selection of documentaries from Mexico and around the world—stories that inspire, challenge, and invite us to see our reality from new perspectives. Free admission. Facebook: Muestra Internacional de Cine Documental de Todos Santos.

October 31 | **HALLOWEEN**

november

November 1 - 2 | **10TH ANNUAL DÍA DE MUERTOS TODOS SANTOS** in the public plaza. Participate in local traditions with *Catrina* contest (adult and child categories), Saint contest, costumed pet contest, main altar and pet altar, Mexican food including tamales, corn, *pan de muerto*, and chocolate. *Artesanías*, music, and much more! Follow their social media for more information: Instagram: [@diademuertostodosantos](https://www.instagram.com/diademuertostodosantos), Facebook: Festival Día de Muertos Todos Santos

November 6 | 2 - 4 pm, **BOOK CLUB** at **Tecolote Bookstore** in Todos Santos. *The Camalote's Daughters* by Elisabeth Chávez Rivera.

November 6 | 4 - 8 pm, **TODOS SANTOS ART WALK**. Participating galleries include: Alma Del Desierto, AMV-LETO, AR Gallery, Benito Ortega, Galería Cerámica BarroSur, Galería Ezra Katz, Galería Logan, Galería La Rosa, **Galería Militar**, Galería de Todos Santos, Gallery Lab Oasis, Pablo Marquez Gallery, Red Lips Gallery, La Sonrisa de La Muerte, Galería Enrique Guerrero, and Galería Von Zastrow. Instagram: [@artwalktodosantos](https://www.instagram.com/artwalktodosantos)

November 9 - 15 | **SCORE BAJA 1000**.

November 10 | 9:30 am, 11 am, 2 pm, and 3:30 pm, **COFFEE AND CPR** at Doce Cuarenta in Todos Santos. Four free 60-minute sessions at open to anyone who wants to learn how to save a life. This event marks a broader community investment in emergency readiness by Baja Fire & EMS. See our article for more information.

November 10 | **JOURNAL DEL PACIFICO HOLIDAY 2026/2027 DEADLINE**.

November 11 | 6 - 8 pm, **HOW TO FINISH A BOOK**: A conversation between Kate Evans & Suzanne Roberts at **Tecolote Bookstore** in Todos Santos. Only 20 tickets at 300 pesos available. More info www.tecolotebookstore.com

November 14 | **SECOND ANNUAL CERO BASURA ALOHA CUP & FIESTA COMUNITARIA** at Playa Los Cerritos. 7 am, surf competition; 10 am, free surf lessons for kids, environmental activities, and free CPR training courtesy of Baja Fire & EMS. Afternoon awards at Baracuda Cantina with the Taco Aloha Cup menu, a VIP area, and live music from surf band The Coast Invaders; and after-

party at Shaka's Cantina. A benefit for **Alianza Cero Basura**. The day of competition will buzz with Aloha festivities for the whole community—come check out the fun!

November 14 | 10 am - 4 pm, **OPEN HOUSE** at **Earth Art Studio**. Free entry for self-guided tours of the studio and sculpture garden. For more info: www.earthartstudio.mx

November 14 | 3 pm, **JOURNEY THROUGH HISTORIC HOMES** in Todos Santos. Visit historic homes belonging to the **Padrino Children's Foundation** supporters. A benefit for the **Padrino Children's Foundation**. For information, ticket price, and locations email: info@Padrinocf.org

November 15 | 6 am, **8TH ANNUAL DON DIABLO TRAIL RUN, 9K | 18K | 37K | 50K** at Rancho Cacachilas, B.C.S. Registration open until November 5 or full. <https://dondiabltrailrun.com/>

November 19 - 22 | **3RD PACÍFICO SURF OPEN CERRITOS 2026** at Playa Cerritos. More than 120 national and international surfers in an official World Surf League Qualifying Series 2000. After the completion free activities including live music, films, local mercado, food and environmental education.

November 20 | **DÍA DE LA REVOLUCIÓN MEXICANA**

November 20 | **B CR8IV WORKSHOP** at **Earth Art Studio**. Learn a new crafty skill while enjoying the quiet of the Las Playitas desert. Each workshop will guide you through a project from start to finish to help you create a unique, personalized piece while exploring a variety of techniques, tools + materials. All materials provided, no experience needed, but space is limited. For more info: www.earthartstudio.mx

November 23 - 29 | **FESTIVAL DE CINE TODOS SANTOS (FCTS)**. For more information visit: <https://www.facebook.com/FestivalCineTodosSantos>

November 27 | **US THANKSGIVING**

November 27 - 29 | **NOMAD CHIC QUINCEAÑERA**. A 3-day celebration of **Nomad Chic's** home at the White Building in Todos Santos. Featuring a series of curated experiences throughout the store like designer trunk shows, fragrance experiences, styling events, artisan demonstrations, food

EVENTS cont. on page 45

every week

daily

2 – 8 pm, **DAY POOL PASSES** at Hotel Gallo Azul in Todos Santos. Adults 400 MXN includes 300 pesos off food and drinks. Children up to 10 years old 250 MXN includes 150 off food and drinks. Reservations / availability call 612 158 8457.

sunday

8 am – 1 pm, **ORGANIC MARKET** and live music at Baja Beans in Pescadero.

NFL FOOTBALL, all games live at Todos Santos Brewing.

1 pm, **UNPLUGGED IN THE YARD** at Allende Books in La Paz. Begins November 15.

5 – 8 pm, **OPEN MIC** at Viñedo Las Tinajas, Todos Santos. Free. For more information 624 264 2572.

monday

10 am – 2 pm, **PALAPA LIBRARY OPEN**, Todos Santos. Palapalibrary@gmail.com

12 pm, **SPANISH CONVERSATION CLUB** at **Hablando Mexicano**, in Todos Santos.

2 – 5 pm, **PALAPA CHILDREN'S LIBRARY OPEN**, Todos Santos. Palapalibrary@gmail.com

MONDAY NIGHT FOOTBALL at Todos Santos Brewing.

tuesday

8:30 am – 3 pm, **LA PAZ ORGANIC MARKET** on calle Rosales between Mutualismo & Madero, La Paz.

9 am – 1 pm, **LA GRANJA DE RESIDUOS ORGÁNICOS** / Garden and kitchen waste disposal located south of Todos Santos at La Granja (km 57). \$30 MXN/load. No garbage. Garden waste (no rubbish remnants, separate leaves from branches), kitchen waste (fruits and vegetables separated from proteins), manure from herbivorous animals like horses. WhatsApp: 612 161 1596, Facebook: <https://www.facebook.com/share/p/1BohFhkZwN/?mibextid=wwXlfr>

10 am – 2 pm, **PALAPA LIBRARY OPEN**, Todos Santos. Palapalibrary@gmail.com

10 am – 12 pm, 12:30 - 2:30 pm, or 3 – 5 pm, **DESERT ART TOUR** at **Earth Art Studio**. Find where art+ nature meet. Reservation required, more info at: www.earthartstudio.mx

11 am – 12 pm, **FRENCH LESSONS** at **Tecolote Bookstore**. Email to register TecoloteBookstore@gmail.com

4 – 6 pm, **STORIES IN ACTION**—Theater and film for kids and teens at Centro Cultural. Scriptwriting, acting for camera, and video editing. For more information: laboasisbcs@gmail.com WhatsApp: +1 (605) 971-7791

2 – 5 pm, **PALAPA CHILDREN'S LIBRARY OPEN**, Todos Santos. Palapalibrary@gmail.com

TACO TUESDAY with live music by Tony O at Todos Santos Brewing.

TACO TUESDAY at 5 Tacos & Beer on the *otro lado*. Live music and 100 pesos margaritas.

WEEKLY EVENTS continued on page 40

POTTERY & YOGA RETREAT
TODOS SANTOS, MEXICO FEBRUARY 15-21, 2027

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14th annual Winter Session
Jan 30 - Feb 6, 2027



TODOS SANTOS WRITERS WORKSHOP

#lithappens



A center for creative writing based in the historic *pueblo mágico* of Todos Santos, Baja California Sur, MX, our Winter Session offers workshops for writers at all levels.

 Register now:
www.todosantoswritersworkshop.com



Ann Hood - Fiction



Christopher Merrill
Poetry



Karen Karbo - Memoir



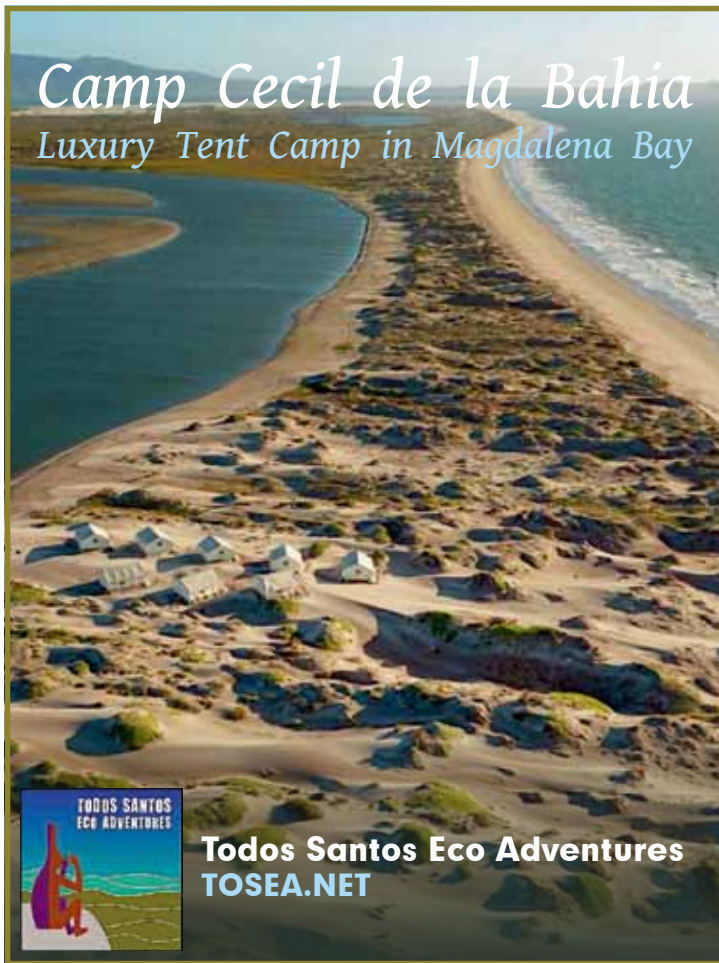
Jeanne McCulloch
Memoir



Rex Weiner
Storytelling

Camp Cecil de la Bahía

Luxury Tent Camp in Magdalena Bay



Todos Santos Eco Adventures
TOSEA.NET

Buena Compañía

continuó de página 14

aguas que conocen desde la infancia. Todos los días, un comprador viaja desde La Paz para reunirse con ellos en la playa. El huachinango se vende a un precio elevado en el mercado de EUA, el mero y el fletán se destinan al territorio continental de México y el resto se queda en La Paz. Para ayudar a que la cooperativa funcione con mayor eficiencia, el Hotel San Cristóbal les ha proporcionado cuatro nuevos motores fuera de borda Suzuki de 115 caballos de fuerza, además de encargarse de reparaciones de embarcaciones y palapas, iluminación, instalación de agua corriente en la playa, y suministro de repuestos; una inversión que supera el millón de pesos hasta la fecha.

Actualmente, el Hotel San Cristóbal está construyendo una embarcación destinada al turismo y a la pesca deportiva para los pescadores, cuya entrega está prevista para Octubre. Con el fin de ayudarles a aprovechar al máximo esta nueva fuente de ingresos, el hotel imparte cursos sobre las mejores prácticas de pesca deportiva y avistamiento de ballenas, y colabora con The Palapa Society en un curso de inglés especializado en turismo náutico. “¡Mañana empezamos las clases de inglés!” dice Tali, de 68 años de edad, con una sonrisa.

La Sra. Vicky y los pescadores tienen claro por qué todo esto es realmente importante: la próxima generación.

La nieta de Tali pronto terminará su carrera en turismo alternativo en la UABCS, y él ya está trazando para ella un camino profesional que incluye trabajar como guía de avistamiento de ballenas en la nueva embarcación. Los otros abuelos del grupo albergan esperanzas similares. Calamar, el miembro más joven de la junta directiva con 36 años, tiene dos hijas pequeñas. Le entusiasma la idea de que la cooperativa evolucione hacia algo que algún día pueda ofrecerles un trabajo bien remunerado aquí mismo, en casa, como guías de pesca deportiva y avistamiento de ballenas.

La Sra. Vicky vislumbra el mismo horizonte desde su puesto actual en el Centro Cultural. Ella cree que un mercado de verdad para sus productos es precisamente lo que atraería a mujeres más jóvenes a Manos Mágicas y mantendría vivas sus tradiciones artísticas. “No hay que temer al cambio,” dice la Sra. Vicky, de 70 años. “El cambio es bueno. Tenemos la mejor disposición hacia el hotel. Estamos verdaderamente agradecidos por esta relación.”

Lobo, de 73 años, resume la postura de la Cooperativa Amarilla: “El Hotel San Cristóbal nos ha apoyado mucho con equipo y capacitación, y han realizado una gran labor social aquí en el pueblo. Brindan muchas oportunidades a los jóvenes a través de programas escolares y deportivos.



Maria Nieves Perez Domínguez, "Sra Vicky"

Esta una muy buena relación, en todos los sentidos."

Raíces y futuros.

Bryan Jáuregui is Chairman of the Board of Alianza Cero Basura, a registered Mexican nonprofit organization that is working to transform Todos Santos and Pescadero into the first zero waste tourism destination in Mexico. If you would like to learn more about Alianza Cero Basura and/or support the scholar garden program, please visit Alianza Cero Basura's website at <https://cerobasurabcs.org>.

Todos Santos Eco Adventures (TOSEA) is the leading eco adventure company in Baja California Sur. TOSEA invites you to join them in the following initiatives to help preserve the glorious beauty of Baja:

Alianza Cero Basura (ACB). TOSEA is a proud supporter of ACB, a Mexican nonprofit that is working to transform our community into the first zero waste tourism destination in Mexico. To find out how you can actively participate in this effort please visit the ACB website at <https://cerobasurabcs.org>.

Carbon Capture with Tomorrow's Air. TOSEA is a carbon capture education partner with Tomorrow's Air, and to date has supported the removal of 3 tons of carbon dioxide from the air. To learn more about this incredible project visit <https://www.tomorrowsair.com>

Good Company

continued from page 15

to the US market, grouper and halibut go to mainland Mexico and the rest stays in La Paz. To help the co-op run more efficiently, the Hotel San Cristobal has provided them with four new Suzuki 115 HP outboard engines, as well as boat repairs, palapa repairs, lighting, running water at the beach and spare parts—over a million pesos invested to date.

Hotel San Cristóbal is now building the fishermen a tourism and sport-fishing vessel, expected in October. To help them make the most of that new revenue stream, the hotel is running courses on sport fishing and whale watching best practices and working with The Palapa Society on a specialized English course in nautical tourism. "We start English classes tomorrow!" grins Tali, 68.

Sra. Vicky and the fishermen are clear about why all this really matters: the next generation.

Tali's granddaughter will soon finish her degree in alternative tourism at UABCS, and he's already mapping out a career path for her that includes working as a whale watching guide on the new boat. The other grandfathers in the group carry similar hopes. Calamar, the youngest board member at 36, has two young daughters. He is thrilled at the idea of the co-op evolving into something that could one day mean well-paying work for them right here at home as sport-fishing and whale-watching guides.

Sra. Vicky sees the same horizon from her current post at the Centro Cultural. A real market for their work, she believes, is exactly what would bring younger women into Manos Mágicas and keep their artistic traditions alive. "Don't be afraid of change," says Sra. Vicky, 70. "Change is good. We have all the goodwill in the world for the hotel. We are truly grateful for the relationship."

Lobo, 73, sums up the Yellow Cooperative's view, "Hotel San Cristobal has supported us well with equipment and training, and they've done a lot of good social work here in the town. They provide a lot of opportunities for the kids through school and sports programs. This is a very good relationship, in every way."

Roots and futures.

Bryan Jáuregui is Chairman of the Board of Alianza Cero Basura, a registered Mexican nonprofit organization that is working to transform Todos Santos and Pescadero into the first zero waste tourism destination in Mexico. If you would like to learn more about Alianza Cero Basura and/or support the scholar garden program, please visit Alianza Cero Basura's website at <https://cerobasurabcs.org>.

Todos Santos Eco Adventures (TOSEA) is the leading eco adventure company in Baja California Sur. TOSEA invites you to join them in the following initiatives to help preserve the glorious beauty of Baja:

GOOD COMPANY continued on page 41

Aloha Cup

continued from page 9

Mercado el Sol.

The surf competition itself, organized with long-time Cero Basura supporter Mario Surf School and the Asociación de Surf de Baja California Sur, brings together teams from local surf schools whose price of entry is giving free surf lessons to local kids. New this year: 12-and-under division plus a para-surf exhibition final featuring Surfeando Sonrisas, surfers with functional diversity, who will also offer a free clinic for aspiring surfers with disabilities and their families.

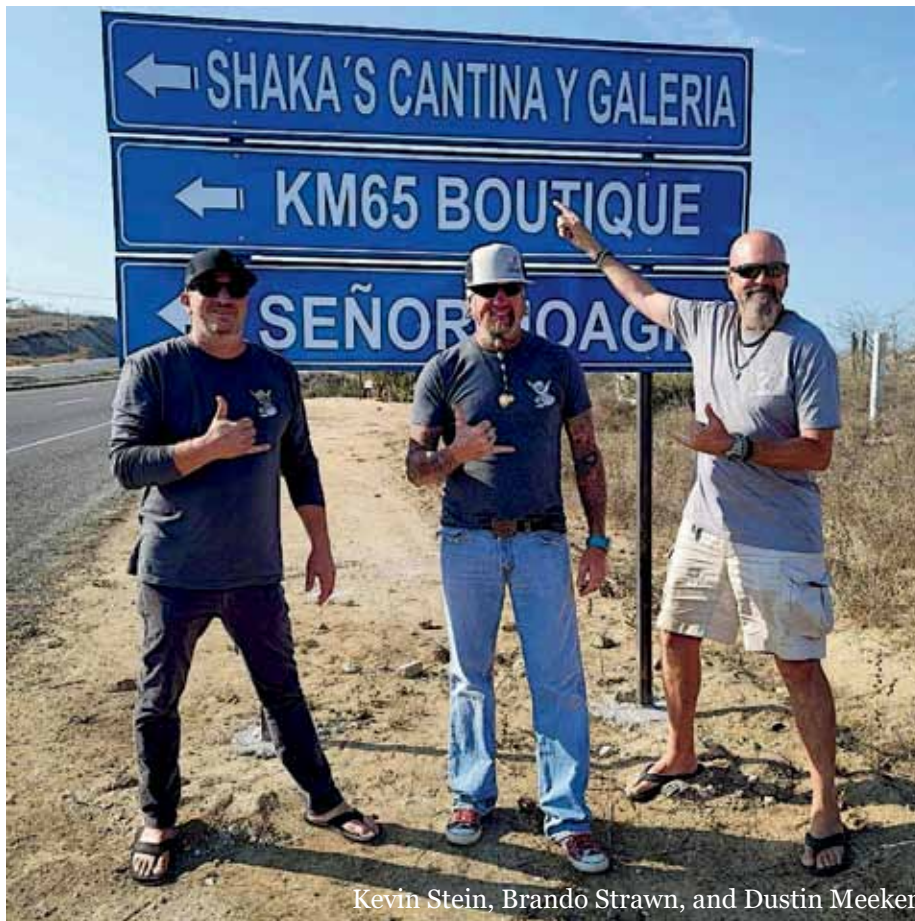
Here's the lineup for the day: surfers hit the water at 7 am, and the community program kicks off at 10 am with free surf lessons for kids, environmental activities, and free CPR training courtesy of Baja Fire & EMS. Come afternoon, Barracuda Cantina takes over with awards, the Taco Aloha Cup menu, a VIP area, and live music from surf band The Coast Invaders, who are donating their time to keep the party hopping. Then the day comes full circle with the after-party at Shaka's.

Every peso raised goes straight toward Alianza Cero Basura's mission—and this year, that mission just leveled up. The Municipality of La Paz has asked ACB to lead a new public-private waste program for Todos Santos and El Pescadero, covering separated collection, circular diversion, and direct intervention at our landfill, which now burns multiple times a month. The Aloha Cup is helping fund this leap from local programs to municipality-backed policy.

Grab your friends and come on out November 14 to Playa Los Cerritos! Watch some great surfing, listen to some great bands, maybe pick up a lifesaving skill or two, and help us keep transforming Todos Santos and El Pescadero into Mexico's first zero-waste community. You deserve it!

Aloha Cup

continuó de página 8



Kevin Stein, Brando Strawn, and Dustin Meeker

final de exhibición de parasurf con Surfeando Sonrisas, integrada por surfistas con diversidad funcional. También ofrecerán una clínica gratuita para personas con discapacidad interesadas en aprender a surfear y para sus familias.

Este es el programa del día: los surfistas entrarán al agua a las 7 am, y las actividades comunitarias comenzarán a las 10 am, con clases gratuitas de surf para niños, actividades ambientales y capacitación gratuita en RCP, cortesía de Baja Fire & EMS. Por la tarde, Barracuda Cantina

tomará el relevo con la ceremonia de premiación, el menú especial Taco Aloha Cup, un área VIP y música en vivo a cargo de la banda de surf, "The Coast Invaders," cuyos integrantes donarán su tiempo y talento para mantener la fiesta en grande. Y para cerrar el círculo, el día terminará con la fiesta de cierre en Shaka's.

Cada peso recaudado se destinará directamente a la misión de Alianza Cero Basura, una misión que este año acaba de dar un gran salto. El Municipio de La Paz ha solicitado a ACB encabezar un nuevo programa público-privado de manejo de residuos para Todos Santos y El Pescadero, que incluirá recolección separada, aprovechamiento circular de residuos e intervención directa en nuestro relleno sanitario, que actualmente registra incendios varias veces al mes. La Copa Aloha ayudará a financiar esta transición: pasar de programas locales a una iniciativa respaldada por el municipio.

¡Reúne a tus amigos y acompáñanos este 14 de noviembre en Playa Los Cerritos! Disfruta de excelente surf, escucha grandes bandas, aprende quizá una o dos habilidades que podrían salvar una vida y, al mismo tiempo, ayúdanos a seguir transformando Todos Santos y El Pescadero en la primera comunidad cero basura de México. ¡Te lo mereces!

Baja Fire & EMS

continuó de página 16

las personas de la zona una oportunidad de supervivencia ya que hoy prácticamente no existe ninguna.

El plan es deliberado, medible y está diseñado para perdurar:

- **FASE 1:** Identificar líderes locales, ubicaciones prioritarias para la instalación de los DEA y las necesidades de capacitación de la comunidad.
- **FASE 2:** Adquirir los DEA, gabinetes de protección, señalización bilingüe y equipos de capacitación en RCP.
- **FASE 3:** Instalar, registrar cada DEA y designar a un coordinador capacitado en cada ubicación.
- **Acciones Continuas:** Realizar revisiones anuales de preparación, ofrecer cursos de actualización, formar instructores locales e informar abiertamente a la comunidad sobre los avances.

La Fase 1 ya está muy avanzada. El Proyecto Todos Santos cuenta con el orgulloso respaldo de la Padrino Children's



Foundation, St. Jude's Medical Center y Comfort Care; además, el equipo ya está trabajando en estrecha colaboración con los Bomberos de Todos Santos y de El Pescadero.

Del 8 al 15 de noviembre de 2026, Baja Fire & EMS traerá a Todos Santos a un equipo voluntario de médicos, BAJA FIRE & EMS continúa en página 32

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The Nomad Chic team

From November 27th to the 29th, Nomad Chic, the beloved shop in the historic district of Todos Santos celebrates its fifteenth anniversary. Founder and owner Linda Hamilton reflects on lessons learned along the way—and shares what this Pueblo Mágico has meant for the evolution of Nomad Chic.

If there's anything we know to be true about Todos Santos, it's that few things can be really *known*. Shifting sands, dusty roads, the elusive Baja wind; this is a town of constant change. Just like the wild desert it inhabits, establishing any semblance of permanency seems impossible.

But for the past fifteen years, Nomad Chic has stood at the top of our town's main road, a testament to evolution and adaptation. And maybe, of course, a testament to the very sense of adventure Todos Santos is known for.

Founder Linda Hamilton didn't intend to create a lasting legacy when she moved to Baja from Bali in 2002. "I'd always said, 'I will never open a retail store,'" she laughs. "But after years of buying, designing, sourcing, and curating, I saw an opportunity when I moved here; I saw what people here were interested in, and I thought to myself, *I know how to do this.*"

One shipping container turned into several, just as one pop-up shop turned into many successes; finally, a small space became available in the distinct white building atop the hill. The rest is history.

"I kept expanding, both the merchandise and the literal space itself, until I finally bought the building. I didn't set out to create a legacy. I just kept walking through the doors as they opened."

This November, Nomad Chic will commemorate its fifteenth anniversary with a weekend-long Quinceañera. And leading up to the big event, Hamilton is proud to share a few hard-earned lessons she picked up along the way.

1. Always leave your door open.

"You never know who or what will walk through it! Some of our favorite sales, people, and moments have come on days when it was so tempting to lock up shop, to close early; thank goodness we didn't."

2. You can't control the current, but you can learn to ride the wave.

"There's so much uncertainty down here, from shipping logistics and tariffs to seasonal tourism to literal hurricanes. I've learned to tell the difference between things I can control and things I cannot. (And hint: the only thing you can really control is how you handle yourself.)"



3. Make your surroundings beautiful.

"It changes how you feel, and it doesn't need to take much time or money. A flower, a lit candle, a beautiful cup of coffee—the little things matter."

4. You don't need to be only one thing.

"There will always be pressure to box yourself in, to wrap yourself up in something easily digestible. My roots are in Oklahoma, but my life has taken me all over the world. I've raised a beautiful daughter, built a life around design, travel, and the things that inspire me, and I can sip tea at The Ritz as comfortably as I can cruise around the Baja desert in my beat-up Suburban. We contain multitudes. Embrace all of it."

5. Nomad Chic exists because of Todos Santos.

"It's a rare place that can welcome so many facets of the world so seamlessly. The people here, their appetite for beauty and design and adventure, is what allows me to do what I do. Plus, I can't imagine running a shop where Tequila Sunrise isn't down the street for me to escape to amidst the frequent chaos!"

Nomad Chic's Quinceañera will be a celebration of, and for, the entire town. From November 27 to 29, visit the shop for special in-person experiences, designer meet-and-greets, limited-edition keepsakes, and more (...like tequila).

Follow @nomadchicmx on Instagram for all the celebration and event details.





Inflammaging

continuó de página 12

Dra. Valentina Zambrana

La activación de la neuroinflamación de la piel: es un ciclo crónico de inflamación que provoca dolor, picazón, ardor, irritación, y daño de la barrera cutánea, mediado por la activación de los nervios sensoriales y mastocitos del organismo.

Una alimentación deficiente, rica en productos ultraprocesados, azúcar y grasas poco saludables, como las presentes en los alimentos fritos; dormir poco o tener un sueño interrumpido; y el estrés crónico, que eleva los marcadores inflamatorios. Por último, también debemos considerar las toxinas ambientales, los contaminantes y las micotoxinas.

¿Cuáles son los riesgos?

Fragilidad prematura: disminuye nuestra calidad de vida.

Cáncer: en las poblaciones de altos ingresos, el riesgo de desarrollar algún tipo de cáncer a lo largo de la vida se sitúa aproximadamente entre el 40 y el 50%. La inflamación crónica puede favorecer una secuencia de cambios que incluye estrés oxidativo, daño en el ADN, senescencia celular, alteración de la vigilancia inmunitaria y la formación de un microambiente que favorece el desarrollo de tumores.

Sarcopenia o pérdida de masa muscular: nuestros músculos constituyen uno de los recursos más valiosos para la longevidad, resistencia a la insulina y prevención de diabetes.

Osteopenia y osteoporosis: una fractura de cadera puede llegar a convertirse en una sentencia de muerte.

Enfermedades neuro-degenerativas y cardiovasculares: entre ellas, la demencia, la enfermedad de Alzheimer, la enfermedad de Parkinson, la hipertensión arterial y los infartos cardíacos y cerebrales.

La neuroinflamación de la piel crónica puede acelerar el envejecimiento de la piel al promover estrés oxidativo, disfunción de la barrera cutánea y degradación de la matriz extracelular, lo que puede manifestarse como mayor formación de arrugas, pérdida de firmeza, flacidez, y adelgazamiento de la piel.

Algunas de las condiciones asociadas con la neuroinflamación cutánea incluyen dermatitis atópica, rosácea y rubor facial (flushing), psoriasis, urticaria, síndrome de piel sensible, y prurito crónico. También puede participar en exacerbaciones desencadenadas por estrés, calor, alcohol, alimentos picantes, o procedimientos dermatológicos y estéticos, y puede estar involucrada en determinadas enfermedades autoinmunes e inmunomediadas.

¿Qué puedo hacer para prevenir o corregir estos riesgos?

Primero realizamos estudios y una valoración diagnóstica para conocer tu estado actual de salud. A partir de los resultados, diseñamos un plan de recuperación estructurado y una ruta de acción, paso a paso, para ayudarte a recuperar tu salud, con acompañamiento médico durante todo el proceso.

La educación de los pacientes ha sido uno de los principales objetivos de mi carrera como médica. Antes de mudarme a Baja California Sur, trabajé durante diez años en Imágenes Diagnósticas de Mazatlán, centros de diagnóstico médico por imagen y laboratorios. Ahí impartí conferencias empresariales y participé en programas de radio y televisión locales. A lo largo de los años, ha sido profundamente gratificante darme cuenta de que pude generar un verdadero impacto en la vida de muchas personas, especialmente cuando se han acercado para expresar su agradecimiento. Después de una conferencia, una paciente me dijo: "Gracias a usted y a aquella conferencia que impartió hace un par de años, decidí hacerme una mamografía. No quería hacerlo porque tenía miedo, pero finalmente fui. Encontraron cáncer, pero era tan pequeño que pudieron retirarlo fácilmente." Nunca olvidaré esa historia ni muchas otras que he tenido el privilegio de escuchar.

Mi objetivo es lanzar una versión actualizada de este programa en Baja California Sur. Incluirá una serie de conferencias, además de programas de detección temprana y tratamiento, con intervenciones capaces de transformar vidas a cualquier edad.

¡Agenda una cita en JOVIALT y conoce los distintos programas e intervenciones de salud que tenemos para ti! Puedes enviarnos un mensaje directo por WhatsApp al 624 192 3007 o seguirnos en nuestras redes sociales: @jovialtbaja en Instagram y Jovialt Antiaging en Facebook.

Inflammaging

continued from page 13

senescence to altered immune surveillance to tumor promoting microenvironment.

Sarcopenia (muscle loss). Our muscles are our most valuable resource for longevity and diabetes prevention.

Osteopenia and osteoporosis. A hip fracture can become a death sentence.

Neurodegenerative illnesses such as dementia, Alzheimer's, Parkinson's disease, and cardiovascular diseases as high blood pressure, stroke, or heart attack.

The chronic skin neuroinflammation can accelerate skin aging by promoting oxidative stress, barrier dysfunction, and extracellular matrix degradation which results in more wrinkles, laxity, sagginess, and thinning of the skin. Some conditions involving skin neuro-inflammation are atopic dermatitis; rosacea and facial flushing; psoriasis; urticaria; sensitive skin syndrome; chronic pruritus; and can be exacerbated by stress, heat, alcohol, spice foods or procedures and inclusive autoimmune disease.

What interventions can I do to avoid and correct this risk?

First, we start with tests and a diagnosis to see where you currently stand. From there, we create a structured recovery plan and a step-by-step roadmap back to health, with medical support along the way.

Patient education has been one of the main goals in my career as a doctor. Before moving to Baja California Sur, I spent 10 years at "*Imágenes Diagnósticas de Mazatlán / Mazatlán Diagnostics Centers.*" I led enterprise conferences and gave presentations on local radio and TV. Over the years, it has been heartwarming to realize I could make a real impact on people's lives, especially when they've reached out to express their appreciation. One patient reached out after a conference told me: "Thanks to you and that conference you gave a couple of years from ago, I went and had a mammogram. I did not want to do it, I was scared, but I did it. And they found cancer, but it was so small that they could easily remove it." I will never forget that or the many more stories.

My goal is to launch an updated version of the same program here in Baja California Sur. It will include a series of conferences plus early detection and treatment programs, with interventions that can change lives at any age.

Schedule an appointment with Jovialt and get to know the different programs and health interventions we have for you! You can DM us through WhatsApp 6241923007 or follow us on social networks @jovialt baja Instagram or Jovialt Antiaging on Facebook.



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IDEAS QUE HABITAN CONTIGO



The Kingdom of Fungi

story & photos by Kaia Thomson



All living organisms on Earth are traditionally classified into three domains: Archaea which is defined as ancient single-celled organisms; Bacteria, single-celled organisms without a nucleus; Eukarya comprised of all organisms with complex structured cells that feature a nucleus and a membrane surrounding them. Further into the hierarchy of taxonomy is the next classification of the six most common kingdoms: Eubacteria, Archaeobacteria, Protista, Fungi, Plantae, and Animalia. The kingdom of fungi is thought to have about 3.5 million species, with over 150,000 of them identified and described making them one of the most diverse groups of organisms living on the planet.

For a long time, fungi were thought by scientists to be a part of the kingdom Plantae because they are not able to move around on their own, often grow in soil, and have rigid cell walls. But they are not capable of photosynthesis. A fungus absorbs food into its body via the main body, or mycelium, and a complex and unique network of thread-like filaments called hyphae. The mycelium is the part of the fungus that is not generally visible as it is underground.

Mycelium plays many very important roles in the balance of the world's ecosystems by coexisting with many species of plants and helping them to survive. Literally translating as "fungus root," mycorrhiza is the symbiotic relationship that fungus have with plants via their roots. Over 90% of all plants co-exist with fungi. Since the fungus

FUNGI continued on page 30

El Reino de los Hongos

historia y fotos por Kaia Thomson

traducido por Francesca Magallon



Todos los organismos vivos de la Tierra se clasifican por lo general en tres dominios: Archaea (arqueas), definidos como organismos unicelulares antiguos; Bacteria (bacterias), organismos unicelulares sin núcleo; y Eukarya (eucariotas), que comprenden todos los organismos con células de estructura compleja que poseen núcleo y una membrana que los rodea. Más a fondo dentro de la jerarquía taxonómica, encontramos la siguiente clasificación de los seis reinos más comunes: Eubacteria, Archaeobacteria, Protista, Fungi, Plantae, y Animalia. Se estima que el reino de los hongos cuenta con unos 3.5 millones de especies; de las cuales, más de 150,000 han sido identificadas y descritas, lo que los convierte en uno de los grupos de organismos más diversos del planeta.

Durante mucho tiempo, los científicos consideraron que los hongos formaban parte del reino Plantae, ya que no pueden desplazarse por sí mismos, a menudo crecen en el suelo, y poseen paredes celulares rígidas. Sin embargo, son incapaces de realizar la fotosíntesis. Un hongo absorbe alimento a través de su cuerpo principal, o del micelio, y de una red compleja y única de filamentos similares a hilos, llamados hifas. El micelio es la parte del hongo que generalmente no es visible, ya que se encuentra bajo tierra.

El micelio desempeña un papel fundamental en el equilibrio de los ecosistemas mundiales al coexistir con numerosas especies de plantas y ayudar a su supervivencia. La micorriza, término que se traduce literalmente como "raíz de hongo," es la relación simbiótica que



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Fungi

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cannot photosynthesize food for themselves, they depend on plants to provide them with nutrients and in return, the fungus helps the plant utilize the available nutrients so they both survive and grow. Interestingly, in times of stress or drought for the plants, the mycorrhizal network linking the plants together can also protect them by transporting additional nutrients and water from one plant to another.

What is the difference between mushrooms and fungi? Not every fungus makes mushrooms, but every mushroom comes from a fungus. Mushrooms are the part of certain fungus plants that they create to send out spores, which are their tiny reproductive units. These microscopic single cells can grow into a new organism without having to combine with another cell. Some of the advantages to the fungi reproducing this way is that the spores are very heat and drought resistant, they are light and can travel through

the breeze to new locations, and can also stay dormant for extended periods of time until conditions are ideal to grow and reproduce. Fungi are also incredibly important to the survival and balance of the world's ecosystems by playing an imperative role in cleaning up pollution and restoring the balance of affected areas via a process called *Mycoremediation*. This word originates from the Greek word for fungus, *mykes* and the Latin word for return to balance, or remedy, *remedium*. These amazing organisms secrete powerful enzymes that can help to clean up polluted water, air, and soil by turning toxic chemicals and residue into safe substances and restoring many environments with a natural ability to accumulate, absorb, and then degrade many common pollutants and contaminants to restore many ecosystems and environments around the planet.

Hongos

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los hongos establecen con las plantas a través de sus raíces. Más del 90% de todas las plantas coexisten con hongos. Dado que los hongos no pueden producir su propio alimento mediante la fotosíntesis, dependen de las plantas para obtener nutrientes, a cambio de esto, el hongo ayuda a la planta a aprovechar los nutrientes disponibles, permitiendo que ambos sobrevivan y crezcan. Curiosamente, en situaciones de estrés o sequía para las plantas, la red de micorrizas que las conecta también puede protegerlas transportando nutrientes y agua adicionales de una planta a otra.

¿Cuál es la diferencia entre los champiñones o setas y los hongos? No todos los hongos producen setas, pero toda seta proviene de un hongo. Las setas son la parte que ciertos hongos crean para liberar esporas, que son sus diminutas unidades reproductivas. Estas células individuales microscópicas pueden desarrollarse hasta convertirse en un nuevo organismo sin necesidad de combinarse con otra célula. Entre las ventajas de que los hongos se reproduzcan de esta manera se encuentra

la gran resistencia de sus esporas al calor y a la sequía, además, al ser ligeras, pueden desplazarse con la brisa hacia nuevos lugares y permanecer en estado latente durante largos periodos hasta que las condiciones sean idóneas para crecer y reproducirse. Los hongos también son fundamentales para la supervivencia y el equilibrio de los ecosistemas mundiales, ya que desempeñan un papel esencial en la eliminación de la contaminación y en la restauración del equilibrio de zonas afectadas mediante un proceso denominado micorremediación. Este término deriva de *mykes* la palabra griega para "hongo" y *remedium* la palabra latina que significa "remedio" o "retorno al equilibrio." Estos organismos asombrosos secretan enzimas potentes capaces de ayudar a limpiar el agua, el aire, y el suelo contaminados ya que transforman productos químicos y residuos tóxicos en sustancias inofensivas, restaurando diversos entornos gracias a su capacidad natural para acumular, absorber, y posteriormente degradar numerosos contaminantes comunes, contribuyendo así a la recuperación de muchos ecosistemas y ambientes en todo el planeta.

Baja Fire & EMS

continuó de página 23



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paramédicos, bomberos, e instructores que ofrecerán capacitación gratuita en RCP y uso de DEA a miembros de la comunidad, surfistas, salvavidas, personal de primera respuesta, y empleados del Hotel San Cristóbal, del Hotel Guaycura, Villa Santa Cruz, y Doce Cuarenta.

El Martes, 10 de Noviembre, Doce Cuarenta será anfitrión del evento gratuito y abierto para todo público "Café y RCP," constará de cuatro sesiones de una hora cada una, las sesiones serán a las 9:30 am, 11 am, 2 pm, y 3:30 pm, todo aquel que quiera aprender a salvar una vida es bienvenido. Este evento marca una inversión mayor en la comunidad para estar preparados en caso de emergencia. Doce Cuarenta en las afueras de Todos Santos, la Galería von Zastrow en el centro, y el Hotel San Cristóbal en Playa Punta Lobos instalarán cada uno un DEA, accesible para el público. Estos equipos para salvar vidas se colocarán en puntos clave donde se reúne la comunidad y Baja EMS les dará servicio a las tres unidades continuamente.

El 14 de noviembre, el equipo también brindará cobertura médica *in situ* para la Cero Basura Aloha Cup. Durante el evento, una carpa médica ofrecerá instrucción práctica y gratuita sobre RCP a lo largo de la jornada, brindando a todos los participantes la oportunidad de aprender una habilidad que algún día podría salvar a un amigo, un vecino o un ser querido.

Una vez establecido este modelo, Baja Fire & EMS planea ayudar a otras comunidades de Baja California Sur a crear sus propias cadenas de supervivencia.

¿Quieres ayudar a cambiar las probabilidades de supervivencia?

Ya sea que desees patrocinar un DEA, organizar una capacitación en RCP, participar como voluntario o simplemente aprender a salvar una vida, te invitamos a formar parte del Proyecto Todos Santos.

Para más información o para participar, ponte en contacto con Baja Fire & EMS en info@bajafire-ems.org o visita <https://bajafire-ems.org/>

El Cielo: The Baja Sky



by Roc Fleishman
photo by Kaia Thomson

Welcome to *El Cielo* for fall 2026. Here is a selection of the more visible celestial activity above Baja California Sur for the period from mid-October through mid-December. Let's hope for clear skies to enjoy them under.

Fall is a great time for meteors. Other than the ones I mention specifically below, take whatever star watching opportunities you have and enjoy the sky and its surprises.

OCTOBER

Hopefully good weather for sky watching.

NOVEMBER

- 1/2 Waning crescent Moon rises after midnight near Jupiter. Nice pre-dawn view.
- 7 Slim waning crescent Moon rises close to Spica and Venus.
- 11 New Moon visible.
- 17/18 Peak of the Leonid Meteor Shower. The Moon sets around 1 am, so any time after that should be good viewing.
- 20 Mercury near maximum elongation from the sun, so a good chance to see it. Rises before the sun with Venus above it in the sunrise.
- 27 Venus at peak brightness in the early morning sky, should show as a crescent with optical aids.

- 29/30 Waning gibbous Moon rises around 11 pm with Mars, Jupiter and Regulus, alpha Leo.

DECEMBER

- 5 Venus bright in early morning sky with waning crescent Moon.
- 13/14 Maximum of the Geminid meteor shower. No Moon interference so should be a good show.

For more information on any of the above items, check out the web links below (new item for the PUNCH satellite—Spectacular). If you want to talk, call me on my cell phone at 612 348 5468 or text on WhatsApp. (Not in the office much these days).

LINKS OF INTEREST

COMETS: <http://www.aerith.net/index.html>

METEOR SHOWERS: <http://www.imo.net/resources/calendar>

TROPIC OF CANCER: https://en.wikipedia.org/wiki/Axial_tilt#values or https://en.wikipedia.org/wiki/Circle_of_latitude

ZODIACAL LIGHT: https://en.wikipedia.org/wiki/Zodiacal_light

TIME: <http://www.worldtimeserver.com/>
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Voces

by Janice Kinne

Happy autumn—we're glad to be back for our 16th season with the Fall / Otoño 2026 issue.

As Southern Baja grows and changes, more people are coming, and staying, for genuine, in-person Baja experiences. This issue is packed with stories for anyone looking for a real sense of community. So get offline, take a walk on the beach, sit back with our Fall issue in your hands, and enjoy.

INSIDE THIS ISSUE

Todos Santos' own Frida Cota provided our sunset cover and more photos inside this issue. Frida is currently studying for her master's in fine arts at the École des Beaux-Arts de Nantes Saint-Nazaire in France. If you'd like to help her goal to become a filmmaker, you can give to her GoFundMe at: <https://gofund.me/4d8fea5c9>

The Second Annual **Cero Basura BCS Aloha Cup** takes place November 14. You can read all about surf competition and *fiesta comunitaria* at Playa Los Cerritos.

Bryan Jauregui, **Todos Santos Eco Adventures**, tells the important story of Baja Fire & EMS and Project Todos Santos—a community-wide chain of survival that places AEDs where people live, work, and stay, and by teaching residents and visitors to recognize cardiac arrest, begin CPR, and using an AED before emergency responders arrive.

Nomad Chic celebrates its fifteenth anniversary with a weekend-long Quinceañera. Leading up to the big event, owner Linda Hamilton shares with us a few hard-earned lessons she picked up along the way.

Valentina Zambrana MD, explains the Pandora's box of Inflammaging. You can find out more at the upcoming **Almarena Wellness** presentation at Villa Santa Cruz in October, or contact her at **Jovialt Regenerative, Longevity, and Aesthetics Medicine** in Todos Santos.

FRESH & EXCITING UPDATES

Tecolote Bookstore has moved to a new location across from Banorte in Todos Santos. Jennelle continues with their community programming. See our events listing for their upcoming events, classes, and workshops.

DECO Diseño Interior in La Paz treats interior design as an integral part of the architectural space, blending it with design and its elements. They directly supervise professional architects, engineers, and decorators to meet their high standards of quality and creativity.

The 10th Annual Día de Muertos Todos Santos takes place in the plaza November 1 and 2 with altars, Catrinas and Catrines, costumed pets, saints, traditional foods and more. Founder Rouss Del Toro, of **Bésame Mucho Bazaar**, and

her team, invite the community and visitors to celebrate this beloved Mexican tradition.

The popular Todos Santos Art Walk returns November 6 and includes new and existing galleries. Local restaurants and shops will be open for a fun-filled evening of art.

The Padrino Children's Foundation is hosting a journey through Todos Santos historic homes in November, and their holiday art show at Doce Cuarenta in December.

IN PERSON WORKSHOPS

The 14th Annual **Todos Santos Writers Workshop (TSWW)** is coming up from January 30 through February 6, 2027. It's a stimulating week of workshops with award-winning authors, two evening Craft & Cocktails events, as well as a Faculty Reading night.

February 13, the 16th Annual Writing Down the Baja begins a week of writing led by author, Oregon Poet Laureate, and **Writing Ranch** founder Ellen Waterston and the 2027 guest faculty—author Craig Childs and poet Daiva Chesonis. All levels of prose and poetry writers welcome.

And February 16, **Bloom Baja, Pottery & Yoga Retreat** takes place. Create, relax, renew with a 6-night, 5-day retreat with pottery instruction in handbuilding with Stephanie Friedman and inspiring yoga classes with Courtney Aison.

Earth Art Studio is holding a bi-weekly open house, creative workshops, and a holiday gift sale with over 15 local artists in the quiet of the Las Playitas desert. For more information on these and other events and workshops see our Events column.



www.HablandoMexicano.com

todos santos—el pescadero corridor



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To Elías Calles, Migrño
Cabo San Lucas

Beaches / Playas

by Janice Kinne

Todos Santos lies inland along the rugged Pacific coast. There are miles of beautiful white sand beaches accessible down unmarked dirt roads.

This stretch of the Pacific Ocean is a very dangerous place to swim at any time of the year. Strong rip currents and backwash are common. People have drowned in waters near Todos Santos simply because they were too close to the ocean while on beaches with steep drop-offs. There are no lifeguards on duty at any area beaches.

You can access the **LA POZA** and **LA CACHORA** beaches via the La Cachora road. Both are suitable for walking, fishing, whale watching, relaxing, or sunbathing. They are not swimming beaches.

Because of the big waves breaking on the shore, La Cachora beach has become popular with skim boarders.

La Poza has a large freshwater lagoon that is great for bird watching. If you are going to swim in the lagoon be very careful. The lagoon may appear to be shallow, but has many sudden drop-offs and is actually very deep.

PUNTA LOBOS, named for a sea lion colony, is also known as the fishermen's beach. Simply follow calle Francisco Bojorquez Vidal (formerly calle Punta Lobos) south out of town, or turn off at km 54 from Highway 19. You will pass an old cannery from the days when fishermen could harvest sea turtles legally. There is a small freshwater lagoon at Punta Lobos with a shrine to the Virgin.

The fishermen ride their *panga* boats on the waves onto the beach between 1 and 3 pm. Their return is exciting to watch and you can usually buy fresh fish from the cooperatives.

The two fishing cooperatives have exclusive rights to the "launch zone" at Playa Punta Lobos. For reasons of safety and due to past problems, boat launching at Punta Lobos is not permitted without their express permission.

The only recommended swimming beaches are outside of Pescadero. **SAN PEDRO**, also known as **PALM BEACH** (*Playa Las Palmas*), is near km 57. Its entrance is across Highway 19 from the Campo Experimental—stay to the left as you pass the abandoned hacienda. Las Palmas is a beautiful, secluded beach surrounded by a palm grove with a freshwater lagoon that is home to a variety of plants, birds, and wildlife.

Due to strong currents (especially near the rocky point), swimming is safer 50 meters from the rocks. Swim with caution and always have a land reference. The property surrounding Palm Beach is privately owned. The gates are open from 6 am to 9 pm daily. Car break-ins have been reported at Palm Beach. Leave your valuables at home!

PLAYA SAN PEDRITO is a rocky surfing beach around km 60, about 4.6 miles (7.4 km) from Todos Santos.

PLAYA LOS CERRITOS is located at km 64 about
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Beaches

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eight miles (12.8 km) south of Todos Santos. Look for the turnoff after the hill, south of Puente El Pescadero. Los Cerritos is a popular spot for surfing, boogie boarding, swimming, and fishing. Swim with caution due to strong riptides near the rocks. It is recommended to stay at least 50 meters from the rocks. The most secure swimming area is in front of the restaurant/bar. Swim with caution and always have a land reference. There is a long stretch of beach to the south that is perfect for walking or running. Surfboard rentals and other services are available.

LA KATRINA SURF + SUPPLY, #36 on the *Otro Lado* map is a core shop on the way to the beach. New and used boards, fins, trunks, ding repair, wax, skates, hardware, they've got it.

MARIO'S SURF SCHOOL provides surfing lessons, board rentals, repairs, and accessories. Call for information.

PESCADERO SURF SHOP, #39 on the Pescadero map. The surf shop stocks everything you need for surfing: surfboard rentals, used and new surfboards for sale, wax, ding repair, accessories, surf reports and information. You can also arrange surf lessons, surf and SUP tours, and activities at the store with Mario Surf School.

TODOS SANTOS ECO ADVENTURES, #169 on the Todos Santos map. Since 2002 Todos Santos Eco Adventures (TOSEA) has been providing visitors with opportunities to explore, celebrate, and help conserve the magnificently diverse ecosystems of Baja. TOSEA offers whale and bird-watching trips in the Pacific lagoons; treks and *ranchero* culture programs in the Sierra la Laguna mountains; Sea Turtle Camp and surfing surfaris on the Pacific coast, and kayaking, "glamping," whale shark, and sea lion adventures in the Sea of Cortez.

TODOS SANTOS SURF SHOP, #89 on the Todos Santos map, sells and rents surf boards, offers beach supplies and activities around Todos Santos. They carry international brands and many locally handmade wares, clothes, bikinis, accessories, natural sunscreen, and "Eclipse" boards shaped by Meisy of Todos Santos. They offer tours to swim with whale sharks and sea lions, surfing lessons, fishing trips, trips to Espíritu Santo Island, and whale watching in Magdalena Bay.

WEST SIDE SURF SCHOOL AND SURF SHOP, #55 on the Pescadero map. Provides surf lessons (includes use of the board for the day, umbrellas, and chairs); board rentals (car straps provided if necessary); boogie boards; and surfboard repairs. Buy / sell / trade used boards. They carry West Side T-shirts, hats, rash guards, surf wax, surf leashes, and board fins.

Weekly Events

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wednesday

8 am – 2 pm, **LOCALS MARKET** at La Esquina Café on the *otro lado*, Todos Santos.

9 am - 1:30 pm, **MERCADO EL TRIANGULO** in Todos Santos on the *otro lado*. Live music, art, local vegetables, clothing, and more.

9 am - 1 pm, **LA GRANJA DE RESIDUOS ORGÁNICOS** / Garden and kitchen waste located south of Todos Santos at La Granja (km 57). \$30 MXN/load. No garbage. Garden waste (no rubbish remnants, separate leaves from branches), kitchen waste (fruits and vegetables separated from proteins), manure from herbivorous animals like horses. WhatsApp: 612 161 1596, Facebook: <https://www.facebook.com/share/p/1BohFhkZwN/?mibextid=wwXlfr>

10 am, **SPANGLISH CAFÉ** at Allende Books in La Paz. Conversation practice in English and Español. Begins October 21.

10 am – 2 pm, **PALAPA LIBRARY OPEN**, Todos Santos. Palapalibrary@gmail.com

12 pm, **THE WRITING GROUP** at Allende Books in La Paz. Begins November 18.

MANOS MEXICANAS at Centro Cultural Prof. Néstor Agundez in Todos Santos.

2 pm, **SPANISH CONVERSATION CLUB** at **Hablando Mexicano**, in Todos Santos.

2 – 5 pm, **PALAPA CHILDREN'S LIBRARY OPEN**, Todos Santos. Palapalibrary@gmail.com

3 - 4:30 pm, **THE ALCHEMY OF CLAY** for kids at Centro Cultural. Hand mold clay and explore the art and alchemy. For more information: laboasisbcs@gmail.com WhatsApp: +1 (605) 971-7791.

thursday

10 am – 2 pm, **PALAPA LIBRARY OPEN**, Todos Santos. Palapalibrary@gmail.com

10 am – 2 pm, **KITCHEN WASTE AND GLASS (ALL COLORS) RECYCLING** at Shaka's Cantina in Cerritos.

10 am – 12 pm, 12:30 - 2:30 pm or 3 – 5 pm, **DESERT ART TOUR** at **Earth Art Studio**. Find where art+ nature meet. Reservation required, more info at: www.earthartstudio.mx

11:30 am - 1 pm, **CASA GIRASOL 'THE THURSDAY TABLE'** at Calle Rangel between Zaragoza and Morales in Todos Santos. Look for the big brown door. Coffee, cookies, and conversation. No formal program or pressure. Pull up a chair and bring your story. Free.

2 – 5 pm, **PALAPA CHILDREN'S LIBRARY OPEN**, Todos Santos. Palapalibrary@gmail.com

3:30 – 5 pm, **CODE-BUILD FOR KIDS** at Centro Cultural. Create Your Own Video Game Visual programming with Scratch and Game Lab to bring virtual worlds to life. For more information: laboasisbcs@gmail.com WhatsApp: +1 (605) 971-7791.

5 pm, **COOKING CLASS** at **Hablando Mexicano** in Todos Santos. RSVP required. Visit <https://www.hablandomexicano.com/> for menu and prices.

5 – 9 pm, **ARTWALK** in the San José del Cabo Gallery District. Takes place November through June.

TRIVIA NIGHT & THURSDAY NIGHT FOOTBALL at Todos Santos Brewing.

friday

10 am – 2 pm, **PALAPA LIBRARY OPEN**, Todos Santos. Palapalibrary@gmail.com

2 – 5 pm, **PALAPA CHILDREN'S LIBRARY OPEN**, Todos Santos. Palapalibrary@gmail.com

5:30 - 7 pm, **THE ALCHEMY OF CLAY FOR ADULTS** at Centro Cultural. Hand mold clay and explore the art and alchemy. For more information: laboasisbcs@gmail.com WhatsApp: +1 (605) 971-7791.

LIVE BAND at Todos Santos Brewing.

6 – 8 pm, **WINE CLUB** at Viñedo Las Tinajas, Todos Santos. For more information 624 264 2572.

6:30 - 8:30 pm, **'FRIDAYS AT THE FARM'** at Caracara at **Hotel Villa Santa Cruz** in Todos Santos. Live Music at Caracara's Farm Bar with Colleen Rennison.

saturday

8:30 am – 3 pm, **LA PAZ ORGANIC MARKET** on calle Rosales between Mutualismo & Madero, La Paz.

9 am – 1 pm, **MALECÓN TIANGUIS NATURAL (MARKET)** at the Callejon Cabezud in La Paz—the area between Esquerro street and the *malecón* at the location of the Wyland mural and the seashell musician statue.

9 am – 3 pm, **SAN JOSÉ DEL CABO ORGANIC MARKET** (Mercado Orgánico) just outside the San José historic district in Huerta Maria on the Camino a Las Animas. Look for the signs at the big arroyo off Avenida Centenario. Takes place November through the end of June.

9 am – 12 pm, **PALAPA CHILDREN'S LIBRARY OPEN**, Todos Santos. Palapalibrary@gmail.com

10 am – 2 pm, **KITCHEN WASTE AND GLASS (ALL COLORS) RECYCLING** at Mercado Ranchero in Todos Santos.

10:30 am – 2 pm, **EL MERCADO RANCHERO MARKET** with art, furniture, and fresh products from area ranches, including cheese, chicken, and meat, on the *otro lado*.

11 am – 12 pm, **AL ANON FAMILY GROUP MEETING** at Tecolote Bookstore in Todos Santos.

COLLEGE FOOTBALL & REGULAR EVENTS (Karaoke, Vinyl Night & more) at Todos Santos Brewing.

LIVE MUSIC at Shaka's Cantina at Cerritos.



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Good Company

continued from page 21

Alianza Cero Basura (ACB). TOSEA is a proud supporter of ACB, a Mexican nonprofit that is working to transform our community into the first zero waste tourism destination in Mexico. To find out how you can actively participate in this effort please visit the ACB website at <https://cerobasurabcs.org>

Carbon Capture with Tomorrow's Air. TOSEA is a carbon capture education partner with Tomorrow's Air, and to date has supported the removal of 3 tons of carbon dioxide from the air. To learn more about this incredible project visit <https://www.tomorrowsair.com>

octubre

12 de octubre | 12 a 5 pm, **ROCK-TOBER 27^{AVA}. EDICIÓN ANUAL DE AMIGOS DE LOS NIÑOS (ADLN) FIESTA** en la playa para pelirrojos en la Cantina Shaka en la playa Cerritos. Música en vivo, rifa, y subasta con elementos geniales relacionados con Sammy Hagar. El 100% de las rifas y subastas serán destinadas a ADLN. Habrá un autobús que saldrá del viejo Hotel Mar de Cortez a las 11 am, que regresará de Shaka a las 5 pm. Reserva tu asiento enviando 20 dólares americanos a no55brando@yahoo.com por PayPal.

14 al 16 de octubre | **EL RETIRO ALMA** en **Almarena** en Todos Santos. Retiro de 3 días que incluye desayuno diario, temazcal y experiencia SUDA (solo actividades o actividades + habitaciones).

17 de octubre | 9 am a 1 pm, **MÁS QUE RECICLAR** en el parque Los Pinos en Todos Santos. Trae contigo elementos para reciclar, readaptar o reutilizar. Se aceptan: papel, cartón, contenedores de plástico (de tipo 1,2, y 5) aluminio, aceite vegetal usado, colillas de cigarro, pilas, latas de aerosol, electrónicos, focos, vidrio, medicinas expiradas, desperdicios de cocina, y baterías de ácido de plomo. Aun si normalmente reciclas en otro lado considera traer cualquier cosa que entre dentro de estas categorías para mostrar tu apoyo para los programas de reciclaje existentes y los que podrían existir aquí en nuestra área. Esto ayuda a mostrarle a nuestro gobierno y municipio que es algo de gran valor para nosotros. También podremos aprender más acerca de donde llevar aquellos elementos que son más difíciles de reciclar de una manera más habitual.

18 de octubre | 6 am, **2^{DA} CARRE-RA RUTA EL TRIUNFO 6K | 9K | 21K**, El Triunfo. Inscripciones abiertas hasta 10 de octubre de 2026 o hasta agotar el límite de participantes. <https://dondia-blotrailrun.com/>

25 de octubre | **CLÍNICA DE ESTERILIZACIÓN Y CASTRACIÓN** en el Mercado Ranchero en Todos Santos. Gatos sin previa cita de 8 a 10 am, perros sin previa cita de 10 am a 12 pm.

29 al 31 de octubre | **PRIMERA MUESTRA DE CINE DOCUMENTAL DE TODOS SANTOS** en el Teatro General Manuel Marquez de León, en la plaza de Todos Santos. Una curada selección de documentales de México y alrededor del

mundo con historias que inspiran, desafían e invitan a que demos una mirada hacia nuestra realidad desde diversas perspectivas. Entrada libre.

31 de octubre | **HALLOWEEN.**

noviembre

1° al 2 de noviembre | **DECIMO FESTEJO ANUAL DÍA DE MUERTOS TODOS SANTOS** en la plaza pública. Participa en tradiciones locales, con un Concurso de Catrinas (Categorías para niños y adultos), Concurso de caracterización de Santos, Concurso de mascotas disfrazadas, Altar principal y Altar de mascotas. Comida mexicana incluyendo tamales, maíz, pan de muerto, y chocolate. ¡Artesanías, música y mucho más! Sigue sus redes sociales para más información: Instagram: @diademuertostodosantos. Facebook: Festival Día de Muertos Todos Santos.

6 de noviembre | 2 a 4 pm, **CLUB DE LECTURA** en **Tecolote Bookstore** en Todos Santos. *Las Hijas del Camalote* de Elisabeth Chávez Rivera.

6 de noviembre | 4 a 8 pm, **ART WALK/CAMINATA DEL ARTE** de Todos SantosAlma Del Desierto, AMVLETO, AR Gallery, Benito Ortega, Galería Ceramica BarroSur, Galería Ezra Katz, Galería Logan, Galería La Rosa, **Galería Militar**, Galería de Todos Santos, Gallery Lab Oasis, Pablo Marquez Gallery, Red Lips Gallery, La Sonrisa de La Muerte, Galería Enrique Guerrero, and Galería Von Zastrow. Instagram: @artwalktodosantos.

9 al 15 de noviembre | **SCORE BAJA 1000.**

10 de noviembre | **JOURNAL DEL PACIFICO FECHA LIMITE** para la edición "Navidad 2026/27."

10 de noviembre | 9:30 am, 11 am, 2 pm, y 3:30 pm, **CAFÉ Y RCP** en Doce Cuarenta en Todos Santos. Cuatro sesiones gratuitas de 60 minutos cada una, abierto a todo aquel que quiera aprender como salvar una vida. Este evento marca una inversión mayor en la comunidad para estar preparados en caso de emergencia. Consulta nuestro artículo para más información.

11 de noviembre | 6 a 8 pm, **COMO TERMINAR UN LIBRO** en **Tecolote Bookstore** en Todos Santos. Una conversación entre Kate Evans y Suzanne Roberts. Solo 20 boletos disponibles en \$300 pesos. Para más información visita www.tecolotebookstore.com

14 de noviembre | **SEGUNDA**

COPA ANUAL ALOHA CERO BASURA BCS Y FIESTA COMUNITARIA en Playa Los Cerritos. 7 am, Competencia de Surf. 10 am, Lecciones gratuitas de Surf para niños, actividades ambientalistas, y entrenamiento en RCP gratuito cortesía de Baja EMS. Premios en la tarde en la Cantina Barracuda con el menú Taco Aloha Cup, un área VIP y música en vivo del grupo de Surf "The Coast Invaders," y un after en la Cantina Shaka. Un evento benéfico para la **Alianza Cero Basura**.

14 de noviembre | 10 am a 4 pm. **OPEN HOUSE** en el **Earth Art Studio**. Entrada libre para tours autoguiados del estudio y el jardín de esculturas. Para más información visita www.earthartstudio.mx.

14 de noviembre | 3 pm, **VIAJE POR LOS HOGARES HISTÓRICOS DE TODOS SANTOS**. Visita hogares históricos pertenecientes a los partidarios del **Padrino Children's Foundation**, evento a beneficio de esta fundación. Para costo de boletos, ubicación y más información envía un email a info@Padrinocf.org.

15 de noviembre | 6 am, **8^{TA} CARRERA ANUAL DON DIABLO TRAIL RUN, 9K | 18K | 37K | 50K** en Rancho Cacachilas, B.C.S. Registros abiertos hasta 5 de noviembre o hasta agotar límite de participantes. <https://dondia-blotrailrun.com/>

19 al 22 de noviembre | **TERCER ABIERTO DE SURF "PACÍFICO SURF CERRITOS 2026"** en Playa Los Cerritos. Mas de 120 surfistas nacionales e internacionales en una World Surf League Qualifying Series 2000 (Serie 2000 de Clasificación de la Liga Mundial de Surf) oficial. Actividades sin costo al terminar la competencia, incluyendo música en vivo, películas, mercado local, comida y educación ambiental.

20 de noviembre | **DÍA DE LA REVOLUCIÓN MEXICANA**

20 de noviembre | **TALLER B CR8IV (SÉ CREATIVO)** en el **Earth Art Studio**. Aprende una nueva e ingeniosa habilidad mientras disfrutas de la calma del desierto de Las Playitas. Cada taller te guiará en un proyecto de principio a fin para ayudarte a crear una pieza única y personalizada a la vez que exploras una variedad de técnicas, herramientas y materiales. Todos los materiales incluidos, no se necesita experiencia, pero el espacio es limitado. Para más información visita www.earthartstudio.mx

EVENTOS cont. en pg. 47

Cada Semana

diario

2 a 8 pm, **PASES POR DÍA PARA PISCINA** en el Hotel Gallo Azul en Todos Santos. Adultos 400 MXN Incluye 300 pesos de descuento en alimentos y bebidas. Niños hasta 10 años 250 MXN incluye 150 de descuento en alimentos y bebidas. Reservas/disponibilidad llamar al 612 158 8457.

domingo

8 am a 1 pm, **MERCADO ORGÁNICO** y música en vivo en Baja Beans en Pescadero.

1 pm, **ACÚSTICO EN EL PATIO** en Allende Books en La Paz. Comienza el 15 de Noviembre.

5 a 8 pm, **MICRÓFONO ABIERTO** en Viñedo Las Tinajas, Todos Santos. Entrada gratuita. Para más información, llame al 624 264 2572.

FÚTBOL AMERICANO DE LA NFL, todos los juegos en vivo en Todos Santos Brewing.

lunes

10 am a 2 pm, **BIBLIOTECA PALAPA ABIERTO**, Todos Santos. Palapalibrary@gmail.com

12 pm, **CLUB DE CONVERSACIÓN ESPAÑOL en Hablando Mexicano** en Todos Santos.

2 a 5 pm, **BIBLIOTECA INFANTIL PALAPA ABIERTO**, Todos Santos. Palapalibrary@gmail.com

LUNES DE NOCHES DE FÚTBOL AMERICANO (NFL) en Todos Santos Brewing.

martes

8:30 am a 3 pm, **EL MERCADO ORGÁNICO DE LA PAZ** en calle Rosales entre Mutualismo y Madero, La Paz.

9 am a 1 pm, **LA GRANJA DE RESIDUOS ORGÁNICOS**. Se reciben residuos de jardinería y cocina, ubicado al sur de Todos Santos en La Granja en el km 57, costo \$30 pesos por carga. No basura. Residuos de jardinería (no sobras de basura, separar las hojas de las ramas) residuos de cocina (frutas y vegetales separados de proteínas) abono para animales herbívoros como caballos. WhatsApp: 612 161 1596, Facebook: <https://www.facebook.com/share/p/1BohFhkZwN/?mibextid=wwXlfr>

10 am a 2 pm, **BIBLIOTECA PALAPA ABIERTO**, Todos Santos. Palapalibrary@gmail.com

10 am a 12 pm, 12:30 a 2:30 pm, o 3 a 5 pm, **TOUR DEL ARTE DEL DESIERTO** en el **Earth Art Studio**. Conoce donde el arte y la naturaleza se encuentran. Se requiere reservación, para más información visita www.earthartstudio.mx

11 am a 12 pm, **CLASES DE FRANCES** en **Tecolote Bookstore**. Envía un email para registrarte TecoloteBookstore@gmail.com

2 a 5 pm, **BIBLIOTECA INFANTIL PALAPA ABIERTO**, Todos Santos. Palapalibrary@gmail.com

4 a 6 pm, **HISTORIAS EN ACCIÓN**, teatro y cine para niños y adolescentes en el Centro Cultural. Creación de guiones, actuación frente a cámara y edición de video. Para más información envía un email a laboasisbcs@gmail.com Whatsapp: +1 (605) 971-7791.

MARTES DE TACOS con música en vivo con Tony O en Todos Santos Brewing.

MARTES DE TACOS en 5 Tacos & Beer en el otro lado. Música en vivo y 100 pesos margaritas.

miércoles

8 am a 2 pm, **MERCADO LOCAL** en La Esquina Café en el otro lado.

9 am a 1:30 pm, **MERCADO "EL TRIÁNGULO"** en Todos Santos, en el otro lado. Música en vivo, arte local, vegetales, ropa y más.

9 am a 1 pm, **LA GRANJA DE RESIDUOS ORGÁNICOS**. Se reciben residuos de jardinería y cocina, ubicado al sur de Todos Santos en La Granja en el km 57, costo \$30 pesos por carga. No basura. Residuos de jardinería (no sobras de basura, separar las hojas de las ramas) residuos de cocina (frutas y vegetales separados de proteínas) abono para animales herbívoros como caballos. WhatsApp: 612 161 1596, Facebook: <https://www.facebook.com/share/p/1BohFhkZwN/?mibextid=wwXlfr>

10 am, **CAFÉ ESPANGLISH** en Allende Books en La Paz. A partir del 18 de Noviembre.

10 am a 2 pm, **BIBLIOTECA PALAPA ABIERTO**, Todos Santos. Palapalibrary@gmail.com

12 pm, **EL CLUB DE ESCRITURA** en Allende Books en La Paz. A partir del 18 de Noviembre.

MANOS MEXICANAS en el Centro Cultural Prof. Néstor Agundez en Todos Santos.

2 pm, **CLUB DE CONVERSACIÓN ESPAÑOL en Hablando Mexicano** en Todos Santos.

2 a 5 pm, **BIBLIOTECA INFANTIL PALAPA ABIERTO**, Todos Santos. Palapalibrary@gmail.com

3 a 4:30 pm, **LA ALQUIMIA DE LA ARCILLA PARA NIÑOS** en el Centro Cultural. Explora el arte y la alquimia al moldear arcilla a mano. Para más información envía un email a: laboasisbcs@gmail.com Whatsapp: +1 (605) 971-7791

jueves

10 am a 2 pm, **RECICLADO** de residuos de cocina y vidrio (de todos colores) en Shaka's Cantina en Cerritos.

CADA SEMANA continúa en página 49

Register now!

16th Annual
Writing Down the Baja
February 13-21, 2027
Serendipity, Todos Santos, BCS, Mexico

A week of writing led by author, Oregon Poet Laureate and Writing Ranch founder Ellen Waterston and the 2027 guest faculty, author Craig Childs and poet Daiva Chesonis.

- All levels of prose and poetry writers welcome
- Day student rate \$835 USD
- Seven days of instruction
- Limited to 15 participants
- Register by Dec. 10, 2026

Visit www.writingranch.com or email info@writingranch.com



La Paz Beaches

by Janice Kinne



by Frida Cota

The *malecón* along the bay of La Paz is the perfect place to walk, run, people watch, or enjoy gazing across the water. Crews clean the beaches and walkways daily, fresh sand has been imported and there are *palapas* to offer shade. Locals and tourists visit the beaches north of downtown to swim, snorkel, or kayak. There are several adventure companies along the *malecón* and at the marinas offering *panga* rides, bay and island cruises, snorkeling, scuba diving, fishing, sailing, and kayak rentals.

EL MOGOTÉ is the spit of land that separates the harbor of La Paz from the *Bahía de La Paz*. This natural treasure used to be, for the most part, accessible only with 4WD. Now driving onto the peninsula is restricted due to the construction of golf courses, homes, and hotels.

PLAYA EL COROMUEL 4.5 km from downtown La Paz, is the first beach north of town and an easy walk from downtown. It is within the harbor boundaries, has shaded *palapas*, and food / beverage services. The water here gets much better flow with the tide change and is suitable for swimming. The bottom is clean sand and rock. Snorkeling is good further out.

PLAYA EL TESORO 13 km from downtown La Paz, is a great little beach for children. The shallow, clear waters allow you to walk out for close to 100 meters. Tesoro has about 25 shaded *palapas*, two small restaurants, and kayak rentals.

PICHILINGUE 19 km from downtown La Paz. Pichilingue is home to the La Paz ferry terminus and a large commercial harbor. There are pleasant, small beaches just north of the deep water port, on the *Vieja Bahía de Pichilingue*. Beachfront food, beverage service, and kayak rentals are available and there is a restaurant with an upstairs view. The *palapa* bar is popular in the hot summer afternoons.

PLAYA BALANDRA 23 km from downtown La Paz, is known for its famous balancing rock formation landmark that resembles a prehistoric mushroom. You can view the rock formation and *playa El Hongo* by walking in the water around the cliff to your right. The large beach and surrounding area are beautiful. The waters surrounding Balandra are shallow and safe for children. Sheltered from wave action from nearly every direction, the water warms early and is very safe for swimmers and kayaking. There are also several little beaches (coves) and mangroves to explore. The beach has no services, so pack your own lunches and drinks for the day. There are vendors renting chairs, selling fruit and drinks, beach *palapas* for shade, and BBQ pits to the south.

PLAYA EL TECOLOTE 26 km from downtown La Paz, is by far the largest and most visited beach in La Paz. Two restaurant/bars offer shade *palapas* and a large number of beach vendors offer refreshments. RV camping is available, along with a wide variety of water sports rentals. Usually there are no lifeguards on duty, but they may be present during *la semana santa* and in the summer. The beach has a beautiful view of Isla Espíritu Santo and *panga* rides to the island are available—a 6.5 km crossing through the San Lorenzo channel. Bus service from the station on the *malecón* to playa El Tecolote is available for a nominal charge.

Sting rays are the biggest hazard at the playas and tend to be present on the bottom in shallow waters during the summer. When walking in the water, shuffle your feet on the bottom to avoid stepping directly on a resting ray.

There are no restrictions for beach fishing at any beaches. Please respect our beaches and help protect the sea turtles; don't leave trash or drive on the dunes or beaches.

Events

continued from page 18

and drinks, live music, exclusive product launches, and other interactive experiences that celebrate travel, design, craftsmanship, and the spirit of **Nomad Chic**.

November 29 | CERVICHE FEST TODOSSANTEÑO in Todos Santos.

december

December 3 | 6 – 9 pm, PADRINO HOLIDAY ART SHOW at the Doce Cuarenta/Bodeguita Garden in Todos Santos. 25% of all proceeds support **Padrino Children's Foundation** health programs for local children from low-income families. Holiday gifts, food, music, fun!

December 4 | 2 - 4 pm, BOOK CLUB at **Tecolote Bookstore** in Todos Santos.

December 4 | 4 – 8 pm, TODOS SANTOS ART WALK. Participating galleries include: Alma Del Desierto, AMVLETO, AR Gallery, Benito Ortega, Galería Cerámica BarroSur, Galería Ezra Katz, Galería Logan, Galería La Rosa, **Galería Militar**, Galería de Todos Santos, Pablo Marquez Gallery, Red Lips Gallery, La Sonrisa de La Muerte, Galería Enrique Guerrero, and Galería Von Zastrow. Instagram: @artwalktodossantos.

December 5 - 6 | 10 am – 4 pm, LAS PLAYITAS HECHO A MANO GIFT SALE at **Earth Art Studio**. Explore the Las Playitas neighborhood with 15+ artists hosted at Basecamp+ Baja Dreamworks+ Earth Art Studio all showcasing their handmade artworks and holiday gifts. Support local artists and find unique gifts.

December 9 | 5:30 pm, 3RD ANNUAL ALIANZA CERO BASURA CHRISTMAS POSADA at **Hotel San Cristóbal**.

December 12 | 10 am – 4 pm, OPEN HOUSE at **Earth Art Studio**. Free entry for self-guided tours of the studio and sculpture garden. For more info: www.earthartstudio.mx

December 18 | B CR8IV WORKSHOP at **Earth Art Studio**. Learn a new crafty skill while enjoying the quiet of the Las Playitas desert. Each workshop will guide you through a project from start to finish to help you create a unique, personalized piece while exploring a variety of techniques, tools + materials. All materials provided, no experience needed, but space is limited. For more info: www.earthartstudio.mx

january 2027

January 1 | 4 – 8 pm, TODOS SANTOS ART WALK. Participating galleries include: Alma Del Desierto, AMVLETO, AR Gallery, Benito Ortega, Galería Cerámica BarroSur, Galería Ezra Katz, Galería Logan, Galería La Rosa, **Galería Militar**, Galería de Todos Santos, Pablo Marquez Gallery, Red Lips Gallery, La Sonrisa de La Muerte, Galería Enrique Guerrero, and Galería Von Zastrow. Instagram: @artwalktodossantos.

January 7 | 6 – 9 pm, PADRINO SILENT AUCTION ART SHOW at the Doce Cuarenta/Bodeguita Garden Gallery. Artwork donated by local artist, 100% of all proceeds support **Padrino Children's Foundation** health programs for local children from low-income families.

January 8 | 2 - 4 pm, BOOK CLUB at **Tecolote Bookstore** in Todos Santos.

January 10 | JOURNAL DEL PACIFICO WINTER 2027 DEADLINE.

January 18 - 22 | SURFACE, MEMORY, & ATMOSPHERE WORKSHOP with Anne Hebebrand at **Hablando Mexicano** in Todos Santos. Participants will explore painting as a process of discovery. Class is open to beginners and/or advanced artists. For more information: <https://www.annehebebrand.com/workshops-1>

January 23 | 7 am, 6TH CARRERA DE AGUAS ABIERTAS DE PUNTA LOBOS in Todos Santos, 2.5km, 5km & 10km. Registration closes January 8 or when full. For more information or to register: www.todos-santoswaters.com

January 25 - 29 | BUILDING TENSION WORKSHOP with Anne Hebebrand at **Hablando Mexicano** in Todos Santos. This workshop explores the dynamic possibilities of cold wax and oil through composition, structure, and surface. Open to beginners and/or advanced artists. For more information: <https://www.annehebebrand.com/workshops-1>

January 30 | TODOS SANTOS WRITERS WORKSHOP (TSWW) begins. For registered participants only. For more information: www.todossantoswritersworkshop.com

february

February 1 | 5 – 7 pm, TSWW FACULTY READING at Posada del Molino, Casita 16 in Todos Santos. Free and open to the public.

February 2 | 5 – 7 pm, TSWW CRAFT & COCKTAILS: The Art of Fiction, with Ann Hood at Posada del Molino, Casita 16 in Todos Santos. Free and open to the public.

February 4 | 12 – 4 pm. PADRINO ARTISTS CELEBRATE NEW PADRINO CLINIC. Grab a coffee or drink and join the **Padrino Children's Foundation** at the Doce Cuarenta garden in Todos Santos to check out the final plans for the February Clinic Opening.

February 4 | 5 – 7 pm, TSWW Craft & Cocktails: The Art of Non-fiction, with Michael Ruhlman at Posada del Molino, Casita 16 in Todos Santos. Free and open to the public.

February 5 | 4 – 8 pm, TODOS SANTOS ART WALK. Participating galleries include: Alma Del Desierto, AMVLETO, AR Gallery, Benito Ortega, Galería Cerámica BarroSur, Galería Ezra Katz, Galería Logan, Galería La Rosa, **Galería Militar**, Galería de Todos Santos, Pablo Marquez Gallery, Red Lips Gallery, La Sonrisa de La Muerte, Galería Enrique Guerrero, and Galería Von Zastrow. Instagram: @artwalktodossantos.

February 6 | 4TH ANNUAL RUTA EL CARDON BICYCLE RIDE FESTIVAL at Over The Edge, Todos Santos. Registration open through the day of event. Stop by shop for details. <https://www.rutaelcardon.com>

February 13 - 21 | 16TH ANNUAL WRITING DOWN THE BAJA at Serendipity in Todos Santos. A week of writing led by author, Oregon Poet Laureate and **Writing Ranch** founder Ellen Waterston and the 2027 guest faculty, author Craig Childs and poet Daiva Chesonis. All levels of prose and poetry writers welcome. Day student rate \$835 USD includes seven days of instruction. Limited to 15 participants. Register by December 10, 2026. Visit www.writingranch.com or email info@writingranch.com

February 15 - 21 | BLOOM BAJA, POTTERY & YOGA RETREAT in Todos Santos, Create, relax, renew with a 6-night, 5-day retreat with pottery instruction in handbuilding with Stephanie Friedman, and inspiring yoga classes with Courtney Aison. Enjoy a beautiful beach style pool, hot tub, and ocean views. Local day students invited. For more information or to register: www.stephaniefriedmanstudio.com, for questions email: sfpottery@gmail.com

February 26 - 28 | THE BET, A LIVE COMEDY PLAY, will be presented at the Teatro Marquez de Leon on the plaza in Todos Santos.

EVENTS continued on page 50

sunday / domingo

9 am, **HATHA YOGA W/C BROOKE @ Cuatro Vientos**, Todos Santos.

11 am, **ECSTATIC DANCE TEMPLE @ Cuatro Vientos**, Todos Santos.

monday / lunes

6:30 & 7:30 am, **CROSSFIT @ TODOS MOV!!**, Todos Santos. Classes are full body workout, a blend of high-intensity intervals, bodyweight exercises, endurance and functional CrossFit elements.

7 am, **TS OPEN WATERS SWIMMING @ Punta Lobos**, Todos Santos. Facebook/Instagram: @Todos Santos Waters

7:30 am, **HIIT WORKOUT W/C CLARA @ Cuatro Vientos**, Todos Santos.

7:30 am, **YOGA W/C MAYRA @ Baja Serena**, Pescadero.

8:45 am, **YOGA FOR SENIORS W/C MAYRA @ Baja Serena**, Pescadero.

9 am, **HATHA YOGA W/C MARIMAR @ Cuatro Vientos**, Todos Santos.

10 am, **PILATES W/ MAYRA @ Baja Serena**, Pescadero.

10:30 am, **YOGA FOR HEALTHY AGING W/C LISA @ Cuatro Vientos**, Todos Santos. Starts in November.

5:30 pm, **CROSSFIT @ TODOS MOV!!**, Todos Santos. Classes are full body workout, a blend of high-intensity intervals, bodyweight exercises, endurance and functional CrossFit elements.

tuesday / martes

6:30 & 7:30 am, **CROSSFIT @ TODOS MOV!!**, Todos Santos. Classes are full body workout, a blend of high-intensity intervals, bodyweight exercises, endurance and functional CrossFit elements.

7:30 am, **YOGA W/C MAYRA @ Baja Serena**, Pescadero.

8:45 am, **YOGA FOR SENIORS W/C MAYRA @ Baja Serena**, Pescadero.

9 am, **ZUMBA @ Cuatro Vientos**, Todos Santos.

6 pm, **DANCE FITNESS W/C NATHALIE @ Cuatro Vientos**, en Español Todos Santos.

5:30 pm, **CROSSFIT @ TODOS MOV!!**, Todos Santos. Classes are full body workout, a blend of high-intensity intervals, bodyweight exercises, endurance and functional CrossFit elements.

wednesday / miércoles

6:30 & 7:30 am, **CROSSFIT @ TODOS MOV!!**, Todos Santos. Classes are full body workout, a blend of high-intensity intervals, bodyweight exercises, endurance and functional CrossFit elements.

7 am, **TS OPEN WATERS SWIMMING @ Punta Lobos**, Todos Santos. Facebook/Instagram: @Todos Santos Waters

7:30 am, **HIIT WORKOUT W/C CLARA @ Cuatro Vientos**, Todos Santos.

7:30 am, **YOGA W/C MAYRA @ Baja Serena**, Pescadero.

8:45 am, **YOGA FOR SENIORS W/C MAYRA @ Baja Serena**, Pescadero.

9 am, **HATHA YOGA W/C MARIMAR @ Cuatro Vientos**, Todos Santos.

10 am, **PILATES W/C MAYRA @ Baja Serena**, Pescadero.

10:30 am, **YOGA FOR HEALTHY AGING W/C LISA @ Cuatro Vientos**, Todos Santos. Starts in November.

5:30 pm, **CROSSFIT @ TODOS MOV!!**, Todos Santos. Classes are full body workout, a blend of high-intensity intervals, bodyweight exercises, endurance and functional CrossFit elements.

thursday / jueves

6:30 & 7:30 am, **CROSSFIT @ TODOS MOV!!**, Todos Santos. Classes are full body workout, a blend of high-intensity intervals, bodyweight exercises, endurance and functional CrossFit elements.

7:30 am, **YOGA W/C MAYRA @ Baja Serena**, Pescadero.

8:45 am, **YOGA FOR SENIORS W/C MAYRA @ Baja Serena**, Pescadero.

9 am, **ZUMBA @ Cuatro Vientos**, Todos Santos.

9 am, **TAI CHI & QI GONG W/C RHODA @ the Aaron Cota Foundation** on Rangel between Zaragoza and Morales. Private instruction also available +52 612 157 6088, barakabaja@gmail.com

10:15 am, **TAI CHI & QI GONG W/C RHODA @ the Aaron Cota Foundation** on Rangel between Zaragoza and Morales. Private instruction also available +52 612 157 6088, barakabaja@gmail.com

5:30 pm, **CROSSFIT @ TODOS MOV!!**, Todos Santos. Classes are full body workout, a blend of high-intensity intervals, bodyweight exercises, endurance and functional CrossFit elements.

6 pm, **DANCE FITNESS W/C NATHALIE @ Cuatro Vientos**, en Español Todos Santos.

friday / viernes

6:30 & 7:30 am, **CROSSFIT @ TODOS MOV!!**, Todos Santos. Classes are full body workout, a blend of high-intensity intervals, bodyweight exercises, endurance and functional CrossFit elements.

7 am, **TS OPEN WATERS SWIMMING @ Punta Lobos**, Todos Santos. Facebook/Instagram: @Todos Santos Waters

7:30 am, **HIIT WORKOUT W/C CLARA @ Cuatro Vientos**, Todos Santos.

7:30 am, **YOGA W/C MAYRA @ Baja Serena**, Pescadero.

8:45 am, **YOGA FOR SENIORS W/C MAYRA @ Baja Serena, Pescadero.**

9 am, **HATHA YOGA W/C MARIMAR @ Cuatro Vientos, Todos Santos.**

12:30 pm, **HATHA YOGA W/C JIMENA @ Cuatro Vientos, Todos Santos.**

5:30 pm, **CROSSFIT @ TODOS MOV!!**, Todos Santos. Classes are full body workout, a blend of high-intensity intervals, bodyweight exercises, endurance and functional CrossFit elements.

6 pm, **DANZA CONTEMPORANEA W/C NAHUEL @ Cuatro Vientos, Todos Santos.**

saturday / sabado

9 am, **HATHA YOGA W/C JIMENA @ Cuatro Vientos, Todos Santos.**

11 am, **HATHA YOGA W/C DOMINQUE @ Cuatro Vientos, Todos Santos.**

Eventos

continuó de página 42

23 al 29 de noviembre | FESTIVAL DE CINE TODOS SANTOS (FCTS) Para más información visita: Facebook: FestivalCineTodosSantos

27 de noviembre | DÍA DE ACCIÓN DE GRACIAS en EE. UU.

27 al 29 de noviembre | QUINCEAÑERA DE NOMAD CHIC. Una celebración de tres días en la casa de **Nomad Chic** en el edificio blanco en Todos Santos. Presentando una serie de experiencias curadas a lo largo de la tienda como si fueran presentaciones de colecciones de diseñadores de moda, así como experiencias de fragancias, eventos de estilismo, demostraciones de artesanos, comida y bebidas, música en vivo, lanzamiento de productos exclusivos, y otras experiencias interactivas que celebran los viajes, el diseño, la artesanía y el espíritu de **Nomad Chic**.

29 de noviembre | CERVICHE FEST TODOSSANTEÑO en Todos Santos.



diciembre

3 de diciembre | 6 a 9 pm, **EXPOSICIÓN DE ARTE NAVIDEÑA PADRINO** en el Doce Cuarenta / Jardín de la Bodeguita en Todos Santos. El 25% de las ganancias apoyan a los programas de salud para niños locales de familias de bajos recursos del **Padrino Children's Fundation**. ¡Regalos navideños, comida, música, y diversión!

4 de diciembre | 2 a 4 pm, **CLUB DE LECTURA** en Tecolote Bookstore en Todos Santos.

4 de diciembre | 4 a 8 pm, **ART WALK/ CAMINATA DEL ARTE** de Todos Santos Alma Del Desierto, AMVLETO, AR Gallery, Benito Ortega, Galería Cerámica BarroSur, Galería Ezra Katz, Galería Logan, Galería La Rosa, **Galería Militar**, Galería de Todos Santos, Pablo Marquez Gallery, Red Lips Gallery, La Sonrisa de La Muerte, Galería Enrique Guerrero, and Galería Von Zastrow. Instagram: @artwalktodossantos.

5 y 6 de diciembre | 10 am a 4 pm, **LAS PLAYITAS HECHO A MANO** en el **Earth Art Studio**. Venta de regalos hechos a mano. **EVENTOS** continúa en página 48

AA MEETINGS

CABO SAN LUCAS—AA Hacienda Group Cabo, upstairs above Ace Hardware behind McDonalds. Monday – Friday, 4:30 & 6 pm. For information: Tom (624) 122-2720.

PESCADERO HIGHTIDE—Wednesday 9 am @ Baja Beans Café, Pescadero. For information: Don (612) 157-1256.

PESCADERO NA—No Todos Somos Santos de Narcóticos Anónimos meets Monday, Wednesday, Friday, 7 – 8:30 pm, next to Farfalla Restaurant, bilingual. For more information: WhatsApp 6241092213.

SAN JOSÉ DEL CABO—Next to the Calvary Chapel corner of Degollado and Coronado. 6 pm nightly.

TODOS SANTOS—Monday, Wednesday & Saturday 11 am, Tuesday 4:30 pm, & Friday 5 pm. On the rooftop at Ricardo Amigo Real Estate on calle Centenario in Todos Santos. For info: Eric (612)156-9980.

TODOS SANTOS—WOMEN'S AA Thursday 9 am at Casa Janna, & Friday 9 am via Zoom. Call Janna for information: (612) 127-0215.

LA PAZ—For information call: Rick M. (612)131-7459.



Eventos

continuó de página 47

Explora el barrio de Las Playitas con más de 15 artistas auspiciados por Basecamp, Baja Dreamworks, y el donde todos exhibirán sus obras de arte hechas a mano y regalos navideños. Apoya artistas locales y encuentra regalos únicos.

9 de diciembre | 5:30 pm, **3.ª POSADA NAVIDEÑA ANUAL DE ALIANZA CERO BASURA** en el **Hotel San Cristóbal**.

12 de diciembre | 10 am a 4 pm, **OPEN HOUSE** en el **Earth Art Studio**. Entrada libre para tours autoguiados del estudio y el jardín de esculturas. Para más información visita www.earthartstudio.mx.

18 de diciembre | **TALLER B CR8IV (SÉ CREATIVO)** en el **Earth Art Studio**. Aprende una nueva e ingeniosa habilidad mientras disfrutas de la calma del desierto de Las Playitas. Cada taller te guiará en un proyecto de principio a fin para ayudarte a crear una pieza única y personalizada a la vez que exploras una variedad de técnicas, herramientas y materiales. Todos los materiales incluidos, no se necesita experiencia, pero el espacio es limitado. Para más información visita www.earthartstudio.mx

enero 2027

1° de enero | 4 a 8 pm, **ART WALK/ CAMINATA DEL ARTE** DE Todos SantosAlma Del Desierto, AMVLETO, AR Gallery, Benito Ortega, Galería Ceramica BarroSur, Galería Ezra Katz, Galería Logan, Galería La Rosa, **Galería Militar**, Galería de Todos Santos, Pablo Marquez Gallery, Red Lips Gallery, La Sonrisa de La Muerte, Galería Enrique Guerrero, and Galería Von Zastrow. Instagram: @artwalktodossantos.

7 de enero | 6 a 9 pm, **EXPOSICIÓN DE ARTE PADRINO CON SUBASTA SILENCIOSA** en el Doce Cuarenta/La Bodeguita Jardín Galería. Obras de arte donadas por artista local, el 100% de las ganancias apoyan a los programas de salud para niños locales de familias de bajos recursos del **Padrino Children's Foundation**.

8 de enero | 2 a 4 pm, **CLUB DE LECTURA** en **Tecolote Bookstore** en Todos Santos.

10 de enero | **JOURNAL DEL PACIFICO FECHA LIMITE** para la edición "Invierno 2027."

18 al 22 de enero | **TALLER SUPERFICIE, MEMORIA, Y ATMÓSFERA** con Anne Hebebrand en **Hablando Mexicano** en Todos Santos. Los participantes explorarán la pintura como un proceso de descubrimiento. La clase es apta para artistas principiantes y/o avanzados. Para más información visita <https://www.annehebebrand.com/workshops-1>

23 de enero | 7 am, **SEXTA CARRERA DE AGUAS ABIERTAS DE PUNTA LOBOS** en Todos Santos, 2.5 km, 5 km & 10 km. Cierre de inscripciones el 8 de Enero o hasta llenar la capacidad máxima del evento. Para más información o para registrarse visita www.todossantowaters.com

25 al 29 de enero | **TALLER TENSIÓN CRECIENTE** con Anne Hebebrand en **Hablando Mexicano** en Todos Santos. Este taller explora las posibilidades dinámicas de la cera fría y el óleo a través de composición, estructura y superficie. Apto para artistas principiantes y/o avanzados. Para más información visita <https://www.annehebebrand.com/workshops-1>

30 de enero | **COMIENZA EL TALLER ESCRITORES DE TODOS SANTOS (TSWW)**. Únicamente participantes registrados previamente. Para más información www.todossantoswritersworkshop.com

febrero

1° de febrero | 5 a 7 pm, **LECTURA DEL CUERPO DOCENTE DE TALLER ESCRITORES DE TODOS SANTOS (TSWW)** en Posada del Molino, Casita 16 en Todos Santos. Evento gratuito y abierto al público.

2 de febrero | 5 a 7 pm, **EL OFICIO Y COCTELES** de "Taller Escritores de Todos Santos (TSWW)" en Posada del Molino, Casita 16 en Todos Santos. El arte de la ficción con Ann Hood. Evento gratuito y abierto al público.

4 de febrero | 12 a 4 pm, **LOS ARTISTAS PADRINO CELEBRAN LA NUEVA CLÍNICA PADRINO** en el jardín del Doce Cuarenta en Todos Santos. Tomate un café o una bebida y únete a **Padrino Children's Foundation** para enterarte de los planes finales para la apertura de la clínica en Febrero.

4 de febrero | 5 a 7 pm, **EL OFICIO Y COCTELES** de "Taller Escritores de Todos Santos (TSWW)" en Posada del Molino, Casita 16 en Todos Santos.: El arte de la no ficción con Michael Ruhlman. Evento gratuito y abierto al público.

5 de febrero | 4 a 8 pm, **ART WALK/ CAMINATA DEL ARTE** de Todos SantosAlma Del Desierto, AMVLETO, AR Gallery, Benito Ortega, Galería Ceramica BarroSur, Galería Ezra Katz, Galería Logan, Galería La Rosa, **Galería Militar**, Galería de Todos Santos, Pablo Marquez Gallery, Red Lips Gallery, La Sonrisa de La Muerte, Galería Enrique Guerrero, and Galería Von Zastrow. Instagram: @artwalktodossantos.

6 de febrero | **4.º FESTIVAL ANUAL DE CICLISMO RUTA EL CARDÓN** en Over The Edge, Todos Santos. Inscripciones abiertas hasta el día del evento. Visita nuestra tienda para más información. <https://www.rutaelcardon.com>

13 al 21 de febrero | **DECIMOSEXTO TALLER ANUAL "WRITING DOWN THE BAJA"** (Escribiendo en Baja California Sur) en Serendipity en Todos Santos. Una semana de escritura guiada por la autora, poeta laureada de Oregón y fundadora del **Writing Ranch** (El Rancho de Escritura) Ellen Waterson y la facultad invitada del 2027, autor Craig Childs y poeta Daiva Chesonis. Escritores de prosa y poesía de todos los niveles bienvenidos. Tarifa de estudiante \$835 dólares americanos incluyen siete días de lecciones. Limitado a 15 participantes. Registro antes del 10 de Diciembre de 2026. Visita www.writingranch.com o envía un email a info@writingranch.com

15 al 21 de febrero | **RETIRO DE YOGA Y CERÁMICA BLOOM BAJA** (Florece Baja) en Todos Santos. Crea, relájate, y renuévate con un retiro de 6 noches y 5 días, con lecciones de construcción a mano en cerámica con Stephanie Friedman e inspiradoras clases de yoga con Courtney Aison. Disfruta una alberca al estilo playero, un jacuzzi y vistas al mar. Estudiantes locales por día están invitados. Para más información o para registrarse visita www.stephaniefriedmanstudio.com para preguntas envía un email a sfpottery@gmail.com

26 al 28 de febrero | **"THE BET" (LA APUESTA)**, comedia teatral en vivo que se presentará en el Teatro Marquez de León, en la plaza en el centro de Todos Santos. Horario de funciones: Viernes y Sábados a las 7 pm y matinées los Domingos a las 2 pm. Dirigida por la renombrada actriz y directora Pamela Sue Martin, todas las ganancias irán a beneficio de la Sociedad de La Palapa de Todos Santos A.C. Boletos disponibles en la taquilla del teatro, el **Tecolote Bookstore** o en línea en <https://palapasociety.org/events-listing/>

EVENTOS continúa en página 50

Cada Semana

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10 am a 2 pm, **BIBLIOTECA PALAPA ABIERTO**, Todos Santos. Palapalibrary@gmail.com

10 am a 12 pm, 12:30 a 2:30 pm, o 3 a 5 pm, **TOUR DEL ARTE DEL DESIERTO** en el **Earth Art Studio**. Conoce donde el arte y la naturaleza se encuentran. Se requiere reservación, para más información visita www.earthartstudio.mx

11:30 am a 1 pm, **LA MESA DE LOS JUEVES** en Casa Girasol ubicado en Calle Rangel entre Zaragoza y Morales en Todos Santos. Busca la gran puerta café. Café, galletas, y conversación. No hay un programa formal, ni presión. Toma una silla y trae tu historia. Gratuito.

2 a 5 pm, **BIBLIOTECA INFANTIL PALAPA ABIERTO**, Todos Santos. Palapalibrary@gmail.com

3:30 a 5 pm, **PROGRAMACIÓN PARA NIÑOS** en el Centro Cultural. Crea tu propio videojuego, programación visual con Scratch y Game Lab para darle vida a los mundos virtuales. Para más información envía un email a: laboasisbcs@gmail.com Whatsapp: +1 (605) 971-7791

NOCHE DE TRIVIA & JUEVES DE NOCHES DE FUTBOL AMERICANO (NFL) en Todos Santos Brewing.

5 pm, **CLASE DE COCINA** en **Hablando Mexicano** in Todos Santos. Se necesita RSVP. Ver <https://www.hablandomexicano.com/> para el menú y precios.

5 a 9 pm, **CAMINATA DEL ARTE** en San José del Cabo, en el distrito de las galerías. Todas las galerías que participan estarán abiertas hasta las 9 pm y muchas tienen recepciones y eventos especiales. Noviembre hasta Julio.

viernes

10 am a 2 pm, **BIBLIOTECA PALAPA ABIERTO**, Todos Santos. Palapalibrary@gmail.com

2 a 5 pm, **BIBLIOTECA INFANTIL PALAPA ABIERTO**, Todos Santos. Palapalibrary@gmail.com

5:30 a 7 pm, **LA ALQUIMIA DE LA ARCILLA PARA ADULTOS** en el Centro Cultural. Explora el arte y la alquimia al moldear arcilla a mano. Para más información envía un email a: laboasisbcs@gmail.com Whatsapp: +1 (605) 971-7791

6 a 8 pm, **CLUB DE VINOS** en Viñedo Las Tinajas, Todos Santos. Para más información, llame al 624 264 2572.

6:30 a 8:30 pm, **VIERNES EN LA GRANJA**, en Caracara, en el **Hotel Villa Santa Cruz** en Todos Santos. Música en vivo en el Farm Bar / Bar de la Granja de Caracara con Colleen Rennison.

6:30 pm, **MÚSICA EN VIVO** en la cervecería al "beer garden" de Todos Santos Brewing, Todos Santos.



por Frida Cota

sábado

8:30 am a 3 pm, **EL MERCADO ORGÁNICO DE LA PAZ** en calle Rosales entre Mutualismo y Madero, La Paz.

9 am a 3 pm, **EL MERCADO ORGÁNICO** en San José del Cabo está ligeramente afuera del distrito de arte histórico en la Huerta María en el Camino a las Ánimas. Noviembre hasta el fin de Junio.

9 am a 1 pm, **TIANGUIS NATURAL MALECÓN** (Mercado) en el Callejon Cabezud es en La Paz—el área entre calle Esquerro y el Malecón ubicado en el mural Wyland y la escultura del músico tocando el caracol.

9 am a 12 pm, **BIBLIOTECA INFANTIL PALAPA ABIERTO**, Todos Santos. Palapalibrary@gmail.com

10 am a 2 pm, **RECICLAJE** en Mercado Ranchero en Todos Santos. Residuos de cocina y vidrio (de todos colores).

10:30 am a 2 pm, **MERCADO RANCHERO** en el otro lado de Todos Santos, con arte, muebles y productos frescos de los ranchos de la zona, que incluyen queso, pollo y carne.

11 am a 12 pm, **REUNIÓN DEL GRUPO FAMILIAR AL ANON** en **Tecolote Bookstore** en Todos Santos.

FÚTBOL AMERICANO UNIVERSITARIO & EVENTOS REGULARES (Karaoke, Noche de vinilos, y más) en Todos Santos Brewing.

MÚSICA EN VIVO en Shaka's en Cerritos.

El Cielo

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SATELLITES: <http://www.heavens-above.com/>
USER: "elcielots" PASSWORD: "journal"

WEEKLY SKY REPORT: <https://griffithobservatory.org/explore/observing-the-sky/sky-report/>

SATURN: <http://saturn.jpl.nasa.gov/home/index.cfm>

ROSETTA: <http://sci.esa.int/rosetta/>

DAWN: <http://dawn.jpl.nasa.gov/>

PUNCH: <https://science.nasa.gov/blogs/punch/2025/05/12/nasas-punch-catches-first-rainbow-and-other-new-images/>

Events

continued from page 45

Showtimes: Friday and Saturdays at 7 p.m. and Sunday matinees at 2 p.m. Directed by renowned actress and director, Pamela Sue Martin, all proceeds will benefit the Palapa Society of Todos Santos, A.C. Tickets available at the door, **Tecolote Bookstore**, or online <https://palapa-society.org/events-listing/>

march

March 5 | 2 - 4 pm, **BOOK CLUB** at **Tecolote Bookstore** in Todos Santos.

March 5 - 7 | THE BET, A LIVE COMEDY PLAY, will be presented at the Teatro Marquez de Leon on the plaza in Todos Santos. Showtimes: Friday and Saturdays at 7 p.m. and Sunday matinees at 2 p.m. Directed by renowned actress and director, Pamela Sue Martin, all proceeds will benefit the Palapa Society of Todos Santos, A.C. Tickets available at the door, **Tecolote Bookstore**, or online <https://palapasociety.org/events-listing/>

March 12 - 14 | GASTROVINO FOOD & WINE FESTIVAL. For more information: <https://www.gastrovino.mx/>

March 19 | 4 - 8 pm, **TODOS SANTOS ART WALK**. Participating galleries include: Alma Del Desierto, AMVLETO, AR Gallery, Benito Ortega, Galería Ceramica BarroSur, Galería Ezra Katz, Galería Logan, Galería La Rosa, **Galería Militar**, Galería de Todos Santos, Pablo Marquez Gallery, Red Lips Gallery, La Sonrisa de La Muerte, Galería Enrique Guerrero, and Galería Von Zastrow. Instagram: @artwalktodossantos.

april

April 2 | 2 - 4 pm, **BOOK CLUB** at **Tecolote Bookstore** in Todos Santos.

April 2 | 4 - 8 pm, **TODOS SANTOS ART WALK**. Instagram: @artwalktodossantos.



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Eventos

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marzo

5 de marzo | 2 a 4 pm, **CLUB DE LECTURA** en el **Tecolote Bookstore** en Todos Santos.

5 al 7 de marzo | "THE BET" (La Apuesta) comedia teatral en vivo que se presentará en el Teatro Marquez de León, en la plaza en el centro de Todos Santos. Horario de funciones: Viernes y Sábados a las 7 pm, y matinees los Domingos a las 2 pm. Dirigida por la renombrada actriz y directora Pamela Sue Martin, todas las ganancias irán a beneficio de la Sociedad de La Palapa de Todos Santos A.C. Boletos disponibles en la taquilla del teatro, el **Tecolote Bookstore** o en línea en <https://palapa-society.org/events-listing/>

12 al 14 de marzo | GASTROVINO FOOD & WINE FESTIVAL en Todos Santos. Pará más información visite: www.gastrovino.mx

19 de marzo | 4 a 8 pm, **ART WALK/ CAMINATA DEL ARTE** de Todos Santos Alma Del Desierto, AMVLETO, AR Gallery, Benito Ortega, Galería Ceramica BarroSur, Galería Ezra Katz, Galería Logan, Galería La Rosa, **Galería Militar**, Galería de Todos Santos, Pablo Marquez Gallery, Red Lips Gallery, La Sonrisa de La Muerte, Galería Enrique Guerrero, and Galería Von Zastrow. Instagram: @artwalktodossantos.

abril

2 de abril | 2 a 4 pm, **CLUB DE LECTURA** en el **Tecolote Bookstore** en Todos Santos.

2 de abril | 4 a 8 pm, **ART WALK/ CAMINATA DEL ARTE** de Todos Santos. Galerías participantes incluyendo: Alma Del Desierto, AMVLETO, AR Gallery, Benito Ortega, Galería Ceramica BarroSur, Galería Ezra Katz, Galería Logan, Galería La Rosa, **Galería Militar**, Galería de Todos Santos, Pablo Marquez Gallery, Red Lips Gallery, La Sonrisa de La Muerte, Galería Enrique Guerrero, and Galería Von Zastrow. Instagram: @artwalktodossantos.



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This is the first of a regular feature where we ask our area's most famous, or well-known residents to answer 20 or more questions from the Proust Questionnaire.

Michael Cope opened the Galería de Todos Santos in 1994. His was the first gallery to represent a group of artists that worked in different mediums. Michael predominantly paints the figure and landscapes with a touch of Impressionism. He and fellow artist Erick Ochoa have recently moved the gallery to a new space adjacent to Hotel Casa Tota on calle Obregón in Todos Santos.

What is your idea of perfect happiness?

No conflicts, cocktails and dinner with friends, great conversations, meeting people from other countries and cultures.

What is your greatest fear?

That I won't be able to have a scotch at 5:00. On a more serious note, I hope my health, mobility, and creativity stay with me until I keel over. The thoughts of not being able to travel or take care of myself are scary.

What is the trait you most deplore in others?

Self-imposed ignorance, lack of curiosity.

What is your greatest extravagance?

A spa day with great massage and facial!

What is your current state of mind?

Really good. We moved the gallery to a new location. I'm happily married, have an amazing son, and am relatively healthy.

What is the quality you most like in a man?

Integrity.

20 Questions... or More

Michael Cope

What is the quality you most like in a woman?

A quick wit and intelligence.

Which words or phrases do you most overuse?

I have to quit saying "OMG, Really?" and "Fabulous!"

When and where were you happiest?

I've never been happier than right now and the day our son was born.

Which talent would you most like to have?

To be able to sing and play an instrument.

If you could change one thing about yourself, what would it be?

This is a tough question, it's hard to improve on perfection but maybe listening more and speaking less would help.

If you were to die and come back as a person or a thing, what would it be?

One of my wife's dogs.

Where would you most like to live?

It's been great here in Todos Santos, but Guadalajara and Mexico City are calling.

What is your most treasured possession?

Memories.

What is your favorite occupation?

I'm lucky because I'm doing what I love. An occupation I respect is being a car mechanic. I'm not a handyman and have no interest in being one.

What is your most marked characteristic?

Meeting and enjoying people.

Who are your favorite writers?

Cormac MacCarthy, Arthur C. Clarke, Robert A. Heinlein, Somerset Maugham, Anne Rice, T J Klune, to name a few.

Which historical figure do you most identify with?

I don't identify with any historical figure, but Alexander the Great was the most interesting to me.

Who are your heroes in real life?

People who try to make a better life for everyone equally. Kind of like Superman.

What is your greatest regret?

Spending more time with my brothers and sisters as well as my parents. I left home when I was very young and lived thousands of miles from them, still do. None of us are getting younger so every time we get together it's a joy.

What is your motto?

Auntie Mame said it best, "Life's a banquet and most poor people are starving."

THINKING ABOUT

El Pescadero?

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VILLA VOLADIZO



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RANCHO LAS MARIAS



7.6-HECTARE TOTAL LOT SIZE | MLS: 26-814
\$3,400,000 USD - \$58,786,000 MXN *

CASA BOUGAINVILLEA



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