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La Revista de Baja California Sur

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The **ULTIMATE GUIDE** to
Baja Sur Arts,
Culture & Adventure



Las Guardianas del Conchalito
Día de Muertos Todos Santos
Insects in Art
Iguanas
Writing Down the Baja

GASTROVINO

BAJA FOOD AND WINE FESTIVAL

"Jetset" by / por Mark Gabriel

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GASTROVINO

BAJA FOOD AND WINE FESTIVAL

Noviembre 29 - Diciembre 1ro



"Oasis Club" by Mark Gabriel

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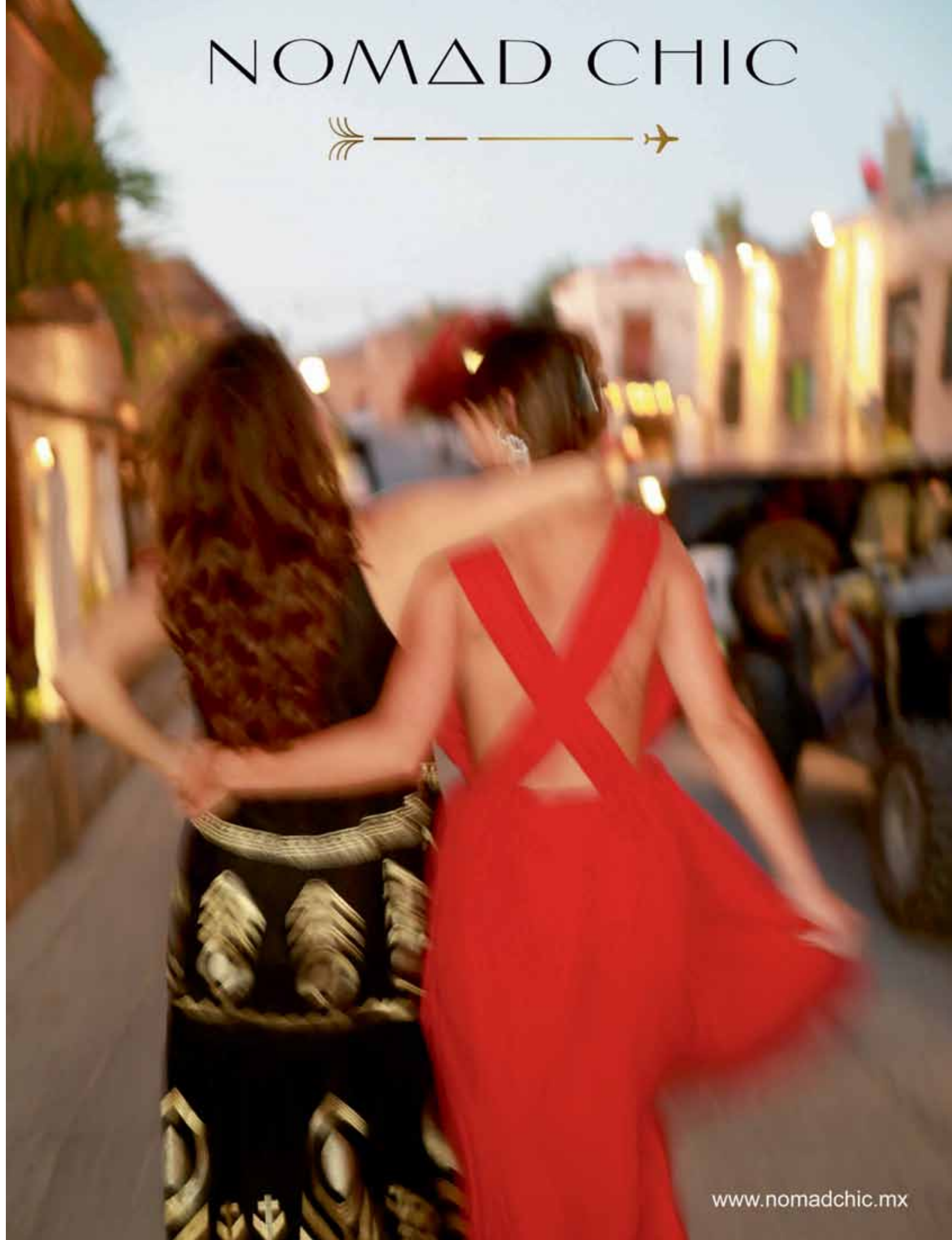
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NOMAD CHIC



GASTROVINO

BAJA FOOD AND WINE FESTIVAL



by / por Marina Garnica

CELEBRATING THE RICHNESS OF MEXICAN WINES AND REGIONAL GASTRONOMY

Get ready to dive into a unique and unforgettable experience! Gastrovino 2024 is back, stronger than ever, celebrating its 12th anniversary in the heart of Todos Santos. This iconic festival showcases the best of Mexican wineries and local restaurants, bringing together wine lovers from Mexico and around the world.

WHAT MAKES GASTROVINO A UNIQUE EVENT?

The goal of Gastrovino is to promote and celebrate fine Mexican wines and the extraordinary gastronomy of our region. Our aim is to highlight the quality and diversity of local products, fostering camaraderie and connections among wine and food enthusiasts, producers, and the broader community. For more than a decade, Gastrovino has been a symbol of quality and celebration. This year, we return to our roots with a spectacular event in Todos Santos' Public Plaza—a place that witnessed the festival's beginnings and countless unforgettable celebrations.

CELEBRANDO LA RIQUEZA DE LOS VINOS MEXICANOS Y LA GASTRONOMÍA REGIONAL

¡Prepárate para vivir una experiencia única e inolvidable! ¡Gastrovino 2024 regresa más fuerte que nunca para celebrar su 12^o aniversario en el corazón de Todos Santos! Este icónico festival reúne lo mejor de las vinícolas mexicanas y los restaurantes del área, atrayendo a amantes del vino de México y de todo el mundo.

¿QUÉ HACE ÚNICO A GASTROVINO?

El objetivo de Gastrovino es promover y celebrar los vinos mexicanos de alta calidad y la extraordinaria gastronomía de nuestra región. Nuestra misión es destacar la calidad y la diversidad de los productos locales, fomentando la camaradería y las conexiones entre entusiastas del vino y la gastronomía, productores, y la comunidad en general. Durante más de una década, Gastrovino ha sido un símbolo de calidad y celebración. Este año, volvemos a nuestras raíces con un evento espectacular en la Plaza Pública de Todos Santos, lugar que ha sido testigo de los inicios del festival y de innumerables celebraciones inolvidables.

GASTROVINO continúa en página 8



BACK TO OUR ROOTS

Gastrovino 2024 marks a return to the essentials, with the main event once again taking place in the Public Plaza. This return to our roots revives the festival’s original spirit, where the plaza transforms into a vibrant scene of colors, aromas, and celebrations. This year’s event will have a vibe that exalts and commemorates regional traditions, blending local culture with Gastrovino’s innovative spirit. There will be performances, music, art, crafts, and local traditions. It will be a celebration of Baja California Sur’s rich cultural heritage and its impact on the community, fusing these elements with the vibrant festive spirit of Gastrovino.

COMMITMENT TO THE COMMUNITY

Throughout Gastrovino’s history, we have maintained a strong commitment to our community with a silent auction during the main event, that includes art, gifts, dining, hotel stays, and more. All funds raised at the auction go to support organizations that work with the most vulnerable areas of our community. Over the years, Gastrovino has raised nearly \$80,000 USD to benefit organizations such as Alianza Cero Basura, Padrino Children’s Foundation, The Palapa Society, DIF, and local firefighters, to name a few.

PARTICIPATING WINERIES

We are proud to feature an outstanding selection of wineries that will bring their best labels to delight all attendees. Confirmed participants include:

Total, Vinícola Total, Bruma, Decantos, Tres de Vino, Shimul, Clos de Tres Cantos, Cava Maciel, Xecué, Solar Fortún, Bodegas Henri Lurton, Desert Wine, Vinos Cruz,

Alximia, Vinícola 8/27, Lechuza, and Vena Cava.

As always, the winemakers will personally serve their wines to Gastrovino attendees, sharing their passion and knowledge, deepening the appreciation of their creations.

EVENTS

November 29, 5 pm

Sunset Toast at El Faro Beach Club by Hotel Guaycura

Join us to kick off the festival with a sunset beachfront BBQ with live music. This event gives one a unique opportunity to meet and socialize with the winemakers in an intimate and festive setting. Tickets are \$450 MXN and include a welcome glass of wine. Food, cocktails, and wine (by the glass and bottle) available for purchase.

November 30, 4 – 7 pm

Gastrotour in Downtown Todos Santos

Check-in at Oystera and then enjoy a tour of the best restaurants in the iconic downtown Todos Santos, tasting culinary delights and premium wines. Ignite your taste buds with the flavors of downtown and enjoy the festivity. Tickets are \$1,200 MXN and include a mini wine glass for tastings, participation bracelet, tour map, expert guide (optional). Tour participants will receive a wine and food pairing sample at each restaurant.

November 30, 7 pm

Gastrotour After Party at Oystera

After the Gastrotour, join us to celebrate with a party at the beautiful Oystera in downtown Todos Santos, Free entry for Gastrotour attendees (with bracelet) includes welcome GASTROVINO continued on page 29



DE VUELTA A NUESTRAS RAÍCES

Gastrovino 2024 marca un regreso a lo esencial, con el evento principal una vez más en la Plaza Pública. Este regreso revive el espíritu original del festival, donde la plaza se transforma en un vibrante escenario de colores, aromas y celebraciones. El evento de este año exalta y conmemora las tradiciones regionales, fusionando la cultura local con el espíritu innovador de Gastrovino. Habrá presentaciones, música, arte, artesanías, y tradiciones locales. Será una celebración del rico patrimonio cultural de Baja California Sur y su impacto en la comunidad, todo fusionado con el vibrante espíritu festivo de Gastrovino.

COMPROMISO CON LA COMUNIDAD

A lo largo de la historia de Gastrovino, hemos mantenido un fuerte compromiso con nuestra comunidad mediante la subasta silenciosa, que se lleva a cabo durante el evento principal, y que incluye arte, obsequios, cenas, estadías en hoteles y más. Todos los fondos recaudados en la subasta se destinan a apoyar a organizaciones que trabajan con los sectores más vulnerables de nuestra comunidad. A lo largo de los años, Gastrovino ha recaudado casi \$80,000 USD para beneficiar a organizaciones como Alianza Cero Basura, Fundación Padrino de Niños, La Sociedad de la Palapa, DI,F y los bomberos locales, por nombrar algunas.

VINICOLAS PARTICIPANTES

Estamos orgullosos de contar con una excelente selección de vinícolas que traerán sus mejores etiquetas para deleitar a todos los asistentes. Los participantes confirmados incluyen:

Total, Vinícola Total, Bruma, Decantos, Tres de Vino, Shimul, Clos de Tres Cantos, Cava Maciel, Xecué, Solar Fortún, Bodegas Henri Lurton, Desert Wine, Vinos Cruz, Alximia, Vinícola 8/27, Lechuza, y Vena Cava.

Como siempre, los enólogos estarán presentes sirviendo personalmente sus vinos a todos los comensales, compartiendo su pasión y conocimiento para profundizar en la apreciación de sus creaciones.

EVENTOS

29 de noviembre, 5 pm

Sunset Toast en El Faro Beach Club by Hotel Guaycura.

Acompáñanos para dar inicio al festival con una parrillada frente al mar al atardecer, con música en vivo. Este evento ofrece una oportunidad única para conocer y socializar con los enólogos en un entorno íntimo y festivo. Los boletos tienen un costo de \$450 MXN e incluyen una copa de vino de bienvenida. Habrá comida, cócteles y vino (por copa y botella) disponibles para la compra.

30 de noviembre, 4 a 7 pm

Gastrotour por el Centro de Todos Santos

Regístrate en Oystera y luego disfruta de un recorrido por los mejores restaurantes del icónico centro de Todos Santos, degustando delicias culinarias y vinos premium. Deleita tu paladar con los mejores sabores y disfruta del ambiente más festivo. Los boletos tienen un costo de \$1,200 MXN e incluyen una mini copa de vino para las degustaciones, pulsera de participación, mapa del tour y guía experto (opcional). Los participantes del tour recibirán muestras de vino y muestras gastronómicas en cada restaurante participante.

30 de noviembre, 7 pm

Gastrotour After Party en Oystera

Después del Gastrotour, únete a la celebración en Oystera, en el centro de Todos Santos. Entrada gratuita para los asistentes al Gastrotour (con brazalete), incluye una amenidad de bienvenida y acceso gratuito. Cover para los no asistentes al Gastrotour.

1° de diciembre, 1 a 5 p.m.

El Gran Evento Principal

El gran finale de Gastrovino 2024 en la Plaza Pública de Todos Santos. Aquí tendrás la oportunidad de disfrutar de una amplia selección de vinos de las mejores vinícolas y una exhibición de los mejores restaurantes y chefs de la región. Habrá música en vivo, arte, y nuestra subasta silenciosa con la oportunidad de llevarte a casa increíbles obras de arte, artesanías, experiencias, y más, mientras apoyas a los más vulnerables de nuestra comunidad. Todo esto mientras bailas, bebes y celebras el 12° aniversario de nuestro festival de vino y comida en Baja California Sur. Los boletos tienen un costo de \$1,700 MXN e incluyen una copa conmemorativa del festival, pulsera de acceso al festival, muestras de vino de cada vinícola participante y muestras gastronómicas seleccionadas. Habrá comida

GASTROVINO continúa en página 43

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Las Guardianas del Conchalito

by / por Bryan Jáuregui, Todos Santos Eco Adventures

traducido por Paula Angeloni



It was 2010 and El Manglito had a reputation as one of the most dangerous neighborhoods in La Paz. Outsiders perceived it as a place where trouble thrived. Taxis often refused to enter. "When we decided to set up our office there, I really thought it was a crazy idea" recalls Liliana Gutierrez, the former program director for Noroeste Sustentable (NOS) in Baja California Sur. "NOS director Alejandro Robles stood in the middle of this maligned place and talked about building a sustainability demonstration center so that people could really see what sustainability could look like in La Paz. Sam Walton wanted to have organic gardens and fisheries restoration projects. He wanted to bring in experts from all over the world to meet the fishermen. Really smart people shared this vision with them, and all I could think is that all these people are completely crazy." As it turns out, she was right. Continues Liliana, "They *were* crazy. They were crazy in the most needed way that we need crazy people in the world because from that moment began an amazing story." And everything they envisioned has come to pass. But that was only once the women got involved.

"Our first communication from the fishermen in El Manglito was a rock through the window of our offices" recalls Liliana. Like the rest of their neighborhood, the fishermen of El Manglito had a particularly bad reputation and were infamous for illegally poaching fish in the protected waters around Isla Espíritu Santo. NOS was part of an Espíritu Santo surveillance alliance that had been literally chasing them in boats in an attempt to restrict their nocturnal thievery, so the rock was not a total surprise. "It was GUARDIANS continued on page 23

Era el año 2010 y El Manglito tenía fama de ser uno de los barrios más peligrosos de La Paz. Los foráneos lo percibían como un lugar donde los problemas abundaban. Un lugar donde los taxis a menudo se negaban a entrar. "Cuando decidimos instalar nuestra oficina allí, pensé que era una locura," recuerda Liliana Gutiérrez, ex directora del programa Noroeste Sustentable (NOS) en Baja California Sur. "El director de NOS, Alejandro Robles, se paró en medio de este calumniado lugar y habló sobre la construcción de un centro de sostenibilidad para que la gente pudiera ver realmente cómo podría ser la sostenibilidad en La Paz. Sam Walton quería tener jardines orgánicos y proyectos de restauración de pesca y pretendía traer expertos de todo el mundo para que conocieran a los pescadores. Gente muy inteligente compartió esta visión con ellos mientras yo todo lo que podía pensar era que todas estas personas estaban completamente locas." Resulta que tenía razón. Liliana continúa: "Estaban locos. Estaban locos de la manera más necesaria en que necesitamos locos en el mundo porque a partir de ese momento comenzó una historia increíble." Todo lo que habían imaginado se hizo realidad. Pero eso fue solo una vez que las mujeres se involucraron.

"Nuestro primer intercambio con los pescadores de El Manglito fue por medio de una piedra que atravesó la ventana de nuestras oficinas," recuerda Liliana. Al igual que su vecindario, los pescadores de El Manglito tenían una reputación particularmente mala y eran famosos por pescar ilegalmente en las aguas protegidas alrededor de la Isla Espíritu Santo. NOS era parte de una alianza de vigilancia de Espíritu Santo que los había estado LAS GUARDIANAS continúa en página 22

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Mission Town of San José de Comondú

Excerpt from Chapter 27 of the book "She Rides, Chasing Dreams Across California and Mexico"

by Alenka Vrecek / photos by Dauphne Hougart

What goes down must come up again. Just as the road steeply descended into this lush oasis, it climbed steeply out of it. My breakfast wanted to come up as well, and long, loud burps competed with the sounds of the birds keeping me company on that fine Saturday morning. It was November 17, and I wished I could stay for the wine festivities. People were arriving from near and far. But I didn't want to overstay a kind invitation and impose on Rosalva and Omar. Plus, my heart wanted to keep going. I needed to finish. It was getting more and more difficult for me to think about how much Jim, my kids, and the rest of my family and friends were worrying about me.

As I moved through town, I wondered how the first explorers of Baja had managed to discover this place in 1684, tucked so far away in the mountains. I wondered what had possessed the Jesuits to build such a large mission in this valley back in 1708. To colonize the area, Spain was awarded the land by the Catholic Church. The Jesuits started to build the outposts and introduced European livestock, fruits, and vegetables to be self-supporting as they were in such remote parts. Water, of course, was the key to existence, but so was labor to cultivate crops and tend livestock. Several indigenous nomadic native tribes like the Monqui, Cochimí, and Guayacura had lived in this area for thousands of years before the Spanish explorers and Jesuits arrived. Unaccustomed to living in permanent locations, they often ran away to escape forced labor and efforts of conversion to the strict religious practices of the Catholic Church. Their numbers were soon drastically reduced as they succumbed to foreign diseases like smallpox and measles.



There are many locations in Baja, several that I'd passed, that contain large cave and rock paintings. They house drawings made from powdered rock pigments that have resisted time, preserving at least some of the story in often elaborate and abstract expressions of the native peoples of this land. I frequently felt the strong presence of the ghosts of the past while riding in these remote mountains.

A rough road meandered up and down, passing several more goat ranches. As I descended into another drainage basin at exactly 11:11, I turned the corner, and before me loomed a sheer wall with a steep road carved into it, zigzagging back and forth. Well, Beast, what choice do we have? Let's put on a brave face and grind this one out. We've done it many times, and we can do it again. We have water, we have time, we are well-fed, and we have an extra reserve of love from two strangers who, in a short time, became our new friends.

That morning, over coffee sweetened by delicious local honey, Rosalva and I discussed the secret to her happy, loving marriage. She married Omar when she was sixteen and he was twenty-six. I asked her what had made the relationship last.

She answered, "Love, of course, is the secret!"

"Yes, but what is love?" I asked. "We always say love, but what does that mean in real life, in everyday marriage?"

"Love is taking care of my husband," she said, and then got up to pour Omar another cup of coffee. It was not a submissive or servile act. He rose slowly after he finished his cup, thanked her, and kissed her on her cheek.

SHE RIDES continued on page 18



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Art Talk

by Linda Lenz

THE INSPIRATION OF INSECTS IN ART

The first known example of insects in artwork was discovered as an etching on a 20,000-year-old bison bone. It was there our ancestors inscribed a cricket. Later the ancient Egyptians created jewelry and paintings of the sacred scarab beetle, a symbol they believed represented renewal and rebirth. (Source: *National Geographic*) Similarly insects such as the bee, butterfly, cicada, dragonfly, praying mantis, and scarab beetle have been depicted throughout Greek mythology. Insects and other small creatures can also be found in Japanese performance art. "Crickets and other singing insects... play vital roles in expressing the feelings of human characters." (Suntory Museum of Art)

My relationship with the insect world began at about the age of five. My parents bought me a container called "The Bug Catcher." It was something marketed in the early 1960s in the United States. It was a plastic container with a little plastic plant inside and air holes in the top and bottom. Not that a jar wouldn't do just as well, but the Bug Catcher was something I really wanted as a kid. It seemed to have a story. Like a little house for a bug. Along with a butterfly net, I was fully equipped to stay out of my parent's hair for an entire summer.

Part of the excitement was the chase. I would run after butterflies for hours. But once caught, I was totally absorbed by the intricate details of the insect. I would catch and release almost everything with the exception of lightning bugs who would stay the night and light up my bedroom. I was full of wonder for this small world that existed inside of my world. It was a world that no one really seemed to notice. I think that at five-years-old I was already on my art and philosophical journey.

The design details of an insect are so extraordinary. So intricate. They make me think about all the beauty in this world that we just don't take the time to see and all the places we just don't look



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Learning to Fly, 20"x19," Glass mosaic by Linda Lenz

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for it. It's all around us. I studied the structure and design of the insects that I caught, and I still have vivid memories of many of them. There was an enormous water beetle that I caught in the culvert in front our house (long before pesticides were used so readily to keep lawns green.) It looked to be wearing a coat of armor with iridescent detail. Delicate wispy antennas were in juxtaposition on his head. The top two of his six legs had the look of a weightlifter's arms for swimming.

One summer when I was about eight-years-old, I caught the largest bumble bee I had ever seen. I showed my father who was also an artist. He was rarely impressed but this was one huge bumble bee! He cast the bee in bronze for me using the lost wax process so I could wear it on a chain around my neck. I wore it for years until it made its way into my own art as the embryo in my "Cicada Song" mosaic (pictured). Adding my childhood bee to my own art was symbolic for me. It was the seed of my own artwork born back in the early 1960s.

I think I love the cicada most of all as a subject for my art. Growing up in Wisconsin, summers were very brief. The sound of the cicada in the trees was for me, the sound of summer. A beautiful song of long warm days, running through the fields, playing with my friends. From these childhood memories I find myself creating that cicada again and again in my art.

When I begin a mosaic I gravitate to my subject, my muse—the insect. It has always represented beauty, the mystery of life, the amazing tiny world that goes on while we live our lives completely unaware of it. To do justice with my representation of these astonishing creatures, I use my creativity to elevate their already amazing design. My insects wear crowns and amulets and jewels. I imagine them as royalty in their world and embellish them accordingly. There are no rules when I create. This is the insect of my imagination, and she can be anything I fancy. That is the freedom I find making art.

I work in art glass and stained glass but also antique costume jewelry, fossils, stones, shells, metal, semi-precious gems, and just about anything you can think of may find its way into a piece. No rules. The beetle is my subject, my muse, and my art. There is a real satisfaction in



"Cicada Song" by Linda Lenz mosaic

creating a piece that you as the artist genuinely love. I try to create every piece as something I could never part with.

Recently I have begun exploring the James Webb photography of outer space and like the world of the insect, the photos have inspired me. I have created a collection of mosaics to reflect the miraculous discoveries that are unfolding at this time in our lives. Taking my art from my depictions of the micro-world of beetles to the enormity of the macro-world of galaxies seems like the perfect next step.

Selecting your subject, your muse for your art can be challenging. But for me, when it is challenging it is because I am on the wrong path. Creating what I love may not produce art that resonates with everyone but for me it is the art that represents the unfolding of the story of my life.

You can find Linda Lenz's work at Galería Logan in Todos Santos and at @LenzFineArt on Instagram.

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Writing Down the Baja

by Louise Hawker

Ellen Waterston by Savannah Mendoza

POWERHOUSE FACULTY TO INSPIRE YOUR WRITING

NOT ONE, BUT TWO POETS LAUREATE!

Something special is in store for writers who join the 14th annual *Writing Down the Baja* creative writing retreat in Todos Santos. What could be better than not one, but two poets laureate on the faculty? That's just one of the benefits emerging and established writers will receive in the February 15-23, 2025 retreat. How so? First of all, as of August 15, 2024, author and Writing Ranch founder Ellen Waterston is Oregon's eleventh poet laureate. And author and poet Kim Stafford, Emeritus Professor in Creative Writing at Lewis and Clark College, was the state's ninth poet laureate. What's more is that both Waterston and Stafford are also celebrated prose writers. The 2025 *Writing Down the Baja* faculty also features Perrin Kerns, a creative nonfiction writer and digital storyteller who serves on the faculty of Portland State University. Talk about a powerhouse lineup!

Participants will gather for the retreat at the Serendipity boutique hotel in Todos Santos. Daily generative sessions will be anchored by Ellen Waterston, as well as pop-up workshops and evening presentations by the guest faculty. Join other emerging and established writers for a week of exploring the intersection of poetry and prose, fiction and nonfiction.

WRITING DOWN THE BAJA cont. on page 43

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LA PAZ. TODOS SANTOS. LA VENTANA.

She Rides

continued from page 12

She continued, "Love is taking care of our four daughters when they were growing up in La Paz. Love is keeping the home nice and tidy and stress-free for my husband. Love is mutual respect, tolerance, patience, and avoiding quick judgment. Love is singing and dancing together."

And they did. Their favorite song came on, which they have danced to for nearly fifty years in their long life together. They danced in their kitchen at breakfast right in front of me. I quietly watched as these two lovely people, in love after so many years, waltzed around the room. All I wanted in that moment was to get home into my husband's embrace so we could dance our own dance.

Riding at the far edge of the rocky road rutted by torrential rains, I was immersed in that scene. I imagined that Jim and I would soon be dancing under the starry night sky, with soft music playing from an old-fashioned gramophone. I imagined a piano, clarinet, and violins guiding us through the perfectly synchronized dance moves, as we dreamily gazed into each other's eyes.

Jim and I don't actually own a gramophone, and setting a romantic mood is not on Jim's high-priority list. But that doesn't mean I can't daydream about dancing with him, imagining his sky-blue eyes holding my gaze again for a few long seconds under the purple night sky, with twinkling crystals blinking down on us.

I was so immersed in this fantasy that I failed to notice where the bike was going.

My front wheel caught a sharp-edged rock, which suddenly appeared out of nowhere, hiding in plain sight among the other rocks surrounding it. The wheel veered to the right, sliding off the edge of the trail, and then the rest of the bike, heavy and unruly as a stubborn mule, followed down into the abyss. Having absolutely no control over the bike nor my destiny, I was quickly gaining speed, as it was so steep that the brakes did nothing. The Beast and I did the best we could avoiding several large boulders coming at us with a deadly speed. Soon the battle was lost. We bounced off one large, beautifully shaped piece of smooth granite boulder, polished by centuries of erosion and waiting just for us. We sideswiped it and flipped into the air, flying toward our final resting place. When I was aware of my surroundings again, I was trapped underneath the crushing weight of the bike, unable to move.

"Ahhhh!" I groaned as a sharp pain rushed through my right leg and arm as if the spoke of the wheel had gone



right through my body, splitting it in half. I was lying on a bed of rocks, and the small cactus I'd landed on was poking me in the ribs. My head, pointing downhill on a steep and rocky slope, was wedged between two boulders. I just lay there breathing slow, shallow, quiet breaths as if I didn't dare to disturb the silence.

Looking at the Baja sky, I didn't want to move. Puffy white clouds floated above me. A whale passed, looking down on me, and then it metamorphosed into a rabbit. I could just stay like that and be the little girl I once was, lying in the meadow of tall grasses behind our home and looking at a church of Saint Peter atop a green hill. I closed my eyes. I wanted to go to sleep. "Take me home," I whispered to the whale above. I wanted to go home. I was suddenly startled. My mind screamed, Get up, you dummy!

When I opened my eyes, I could see vultures circling above.

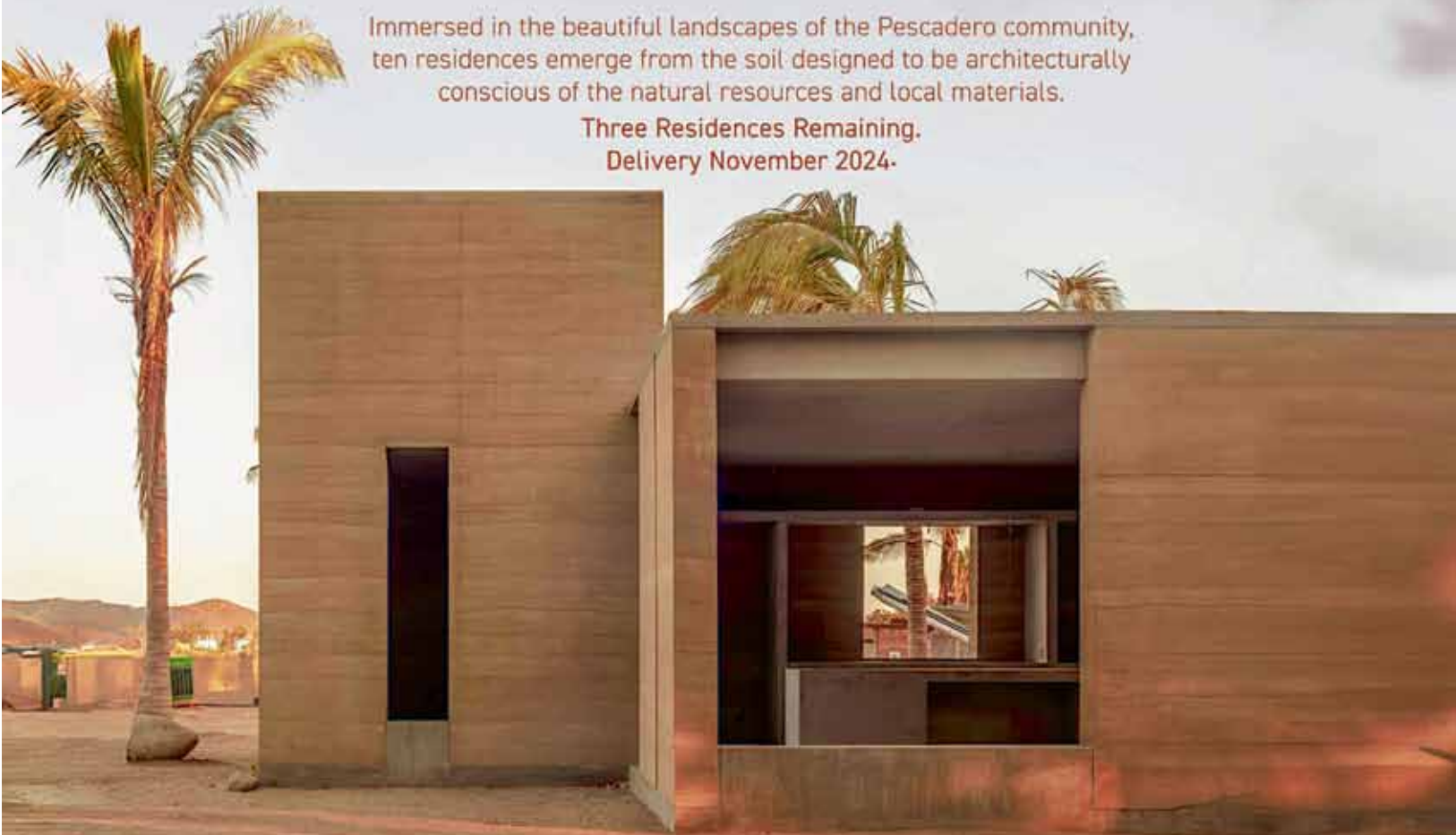
She Rides, Chasing Dreams Across California and Mexico is available at El Tecolote Bookstore in Todos Santos and Allende Books in La Paz.

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october

October 3 | 7 pm, **COLLECTIVE DESIGN AND ILLUSTRATION EXHIBITION** Vol.1 at **Cromática** in San José del Cabo.

October 10 - 12 | **FIESTAS PATRONALES DE TODOS SANTOS** takes place in the Todos Santos plaza.

October 20 | 6 pm, **LAS CAMINATAS FILOSÓFICAS** con Saúl Aguila (in Spanish) at Allende Books in La Paz. Takes place the 3rd Sunday of every month.

October 29 | **DIA DE MUERTOS PET ALTAR** at **Palapa del Sabor** in Todos Santos.

October 31 | **HALLOWEEN**

november

November 1 - 2 | **DÍA DE MUERTOS TODOS SANTOS**. For more information see our article or visit Facebook page: <https://www.facebook.com/FiestaDiaDeMuertos>

November 3 | 6:30 pm, **OUR WILD NEIGHBORS**, a series of presentations about local wildlife (bilingual) by the biologist Saúl Aguilar (voluntary donation) at Allende Books in La Paz. Takes place the 1st Sunday of every month.

November 6 | 9 am – 1 pm, **FIRST DAY TO BUY PADRINO RESTAURANT SHOWCASE BOOK** at the Padrino office on Calle Cuauhtémoc in Todos Santos. The Padrino Restaurant Showcase book with coupons for participating restaurants. Includes two tickets to the Padrino dinner in January 2025.

November 7 | 4 - 7 pm, **OPENING OF PADRINO ART SHOW** at Caféliz in Todos Santos. The Padrino Restaurant Showcase book will be for sale.

November 7 | 7 pm, **"CABO STRONG 10 YEARS OF HURRICANE ODILE" PHOTOGRAPHY EXHIBITION** by Anna Gomes at **Cromática** in San José del Cabo.

November 9 | 10 am – 2:30 pm, **THE PADRINO RESTAURANT SHOWCASE BOOK** on sale at El Mercado Ranchero, Calle Horizonte, in Todos Santos.

November 10 | **JOURNAL DEL PACIFICO HOLIDAY 2024/2025 ISSUE DEADLINE**.

November 13 | 8 am - 1 pm, **THE PADRINO RESTAURANT SHOWCASE BOOK** on sale at Café La Esquina Wednesday Market in Todos Santos.

November 17 | 6 pm, **LAS CAMI-**

NATAS FILOSÓFICAS con Saúl Aguila (in Spanish) at Allende Books in La Paz. Takes place the 3rd Sunday of every month.

November 15 - 17 | **TODOS SANTOS WELLNESS FEST** with classes and events at **Cuatro Vientos** and Santa Terra, and free classes in the Todos Santos plaza. For more information, visit: <https://www.yoga.com.mx/todos-santos/> or todossantoswellnessfest.com

November 25 | 5 pm, **6TH ANNUAL BAJAMED** at the spectacular **El Mirador restaurant**. Enjoy an unforgettable pairing dinner between the desert and the sea, under candlelight. Delight yourself with a 4-course menu, paired with the best wines from Baja California, Italy, and Spain, and cocktails from Casa Cuervo. Also, be part of an auction in favor of the **Padrinos Children's Foundation** and continue the party with live music and DJ. Get your pre-sale tickets and secure your place at this unique gastronomic celebration! For more information Facebook: Baja Med Fest Todos Santos, Or call +52 612 175 0800. Reservations: <http://bit.ly/BajaMedTS>, <https://bit.ly/WSPGuaycura>, <https://g.co/kgs/jcwwdJSu>

November 27 | **US THANKSGIVING**

November 29 - December 1 | **GASTROVINO FOOD & WINE FESTIVAL**. See our article for more information or visit: <https://www.gastrovino.mx>

November 29 - December 1 | **20TH ANNUAL FESTIVAL DE CINE TODOS SANTOS**. This year's theme is "Planeta Agua." For more information: <https://todossantoscinifest.org/>

december

December 5 - 7 | **CERRITOS MUSIC FEST** at Shaka's in Cerritos.

December 12 | 7 pm, **COLLECTIVE PHOTOGRAPHY EXHIBITION** Vol.1 at **Cromática** in San José del Cabo.

December 13 | 5 pm, **READING** by Alenka Vrecek author of *She Rides, Chasing Dreams Across California and México* at El Tecolote Bookstore in Todos Santos.

December 25 | **CHRISTMAS DAY**
December 31 | **NEW YEAR'S EVE**

january 2025

January 31 | **New Year's Day**

January 16 | 7 pm, **"TIDES OF LIGHT" PHOTOGRAPHY EXHIBITION** by Dan Taylor at **Cromática** in San José del

Cabo.

January 18 | 4:30 - 6:30 pm, **IN THE COMPANY OF MEN** at **Cuatro Vientos** in Todos Santos. The Baja Sur Poets and Writers League, together with Marimar Higgins/Cuatro Vientos, will be holding a bilingual, performing arts event with men writers, poets, dancers, philosophers, and musicians to pay homage to the late Robert K Hall who held our community Dharma Talks there for years and to celebrate the great men in our lives, male energy and the divine masculine. Donation of 50 pesos optional not necessary.

January 20 - 24 | **ABSTRACTION: IMPROVISE, COMPOSE AND ARRANGE WORKSHOP** with Anne Hebebrand at **Hablando Mexicano** in Todos Santos. Delve into the language of abstract painting through improvisation and an exploration of how to give structure to your paintings through studying composition and the arranging of shapes, forms, and color. This workshop is for beginners as well as more experienced students seeking to fine tune their skills. Any medium you would like to work with is great (oil, acrylic, gouache, or collage); a supply list with a variety of drawing and mark making tools will be sent to you after registration. Most demonstrations will be using cold wax medium with oil. To register and for more information: <https://www.annehebebrand.com/todos-santos-workshops>

January 24 | **TODOS SANTOS OPEN STUDIOS TOUR OPENING NIGHT**. A benefit for **The Palapa Society of Todos Santos**. For more information: <https://todossantosopenstudio.org/>

January 25 & 26 | **TODOS SANTOS OPEN STUDIOS TOUR**. A benefit for **The Palapa Society of Todos Santos**. For more information: <https://todossantosopenstudio.org/>

february 2025

February 1 - 8 | **12TH ANNUAL TODOS SANTOS WRITERS WORKSHOP** creative writing retreat at Posada del Molino in Todos Santos. Offering classes in poetry with Christopher Merrill, fiction with Gina Frangello, memoir with Jeanne McCulloch and Karen Karbo, storytelling strategies with Rex Weiner, and travel/environmental writing with Nick Triolo. Class attendance by registration only, with special readings and discussion open to the public. Special rates for full- and part-time
EVENTS cont. on page 49

every week

sunday

8 am – 2 pm, **LOCALS MARKET** at La Esquina Café on the otro lado. Takes place through August.

2 – 8 pm, **DAY POOL PASSES** at **Hotel Gallo Azul** in Todos Santos. Adults 400 MXN includes 300 pesos off food and drinks. Children up to 10 years old 250 MXN includes 150 off food and drinks. Reservations / availability call 612 158 8457.

6 pm, **SUNDAY SESSIONS** at Todos Santos Brewing.

monday

10 am – 1 pm, **PALAPA LIBRARY OPEN**, Todos Santos. Palapalibrary@gmail.com

2 – 8 pm, **DAY POOL PASSES** at **Hotel Gallo Azul** in Todos Santos. Adults 400 MXN includes 300 pesos off food and drinks. Children up to 10 years old 250 MXN includes 150 off food and drinks. Reservations / availability call 612 158 8457.

4 – 6 pm, **CHILDREN'S WORKSHOPS** with Anapaula at **Shakti Bowl** in Todos Santos.

tuesday

8:30 am – 2 pm, **LA PAZ FARMER'S MARKET** on calle Rosales between Obregón & Madero, La Paz.

2 – 8 pm, **DAY POOL PASSES** at **Hotel Gallo Azul** in Todos Santos. Adults 400 MXN includes 300 pesos off food and drinks. Children up to 10 years old 250 MXN includes 150 off food and drinks. Reservations / availability call 612 158 8457.

4 pm, **TACO TUESDAY** at Chill N Grill in Todos Santos.

4 – 7 pm, **PALAPA ADULT & CHILDREN'S LIBRARY OPEN**, Todos Santos. Palapalibrary@gmail.com

TACO TUESDAY at 5 Tacos & Beer on the otro lado. Live music and 100 pesos margaritas.

wednesday

8 am – 2 pm, **LOCALS MARKET** at La Esquina Café on the otro lado. Takes place through August.

8 am – 1 pm, **CHINGROWN COMPOST** in front of La Esquina Café. Starting in November. 120 pesos bucket of compost and kitchen waste drop by donation.

10 am – 1 pm, **PALAPA LIBRARY OPEN**, Todos Santos. Palapalibrary@gmail.com

2 – 8 pm, **DAY POOL PASSES** at **Hotel Gallo Azul** in Todos Santos. Adults 400 MXN includes 300 pesos off food and drinks. Children up to 10 years old 250 MXN includes 150 off food and drinks. Reservations / availability call 612 158 8457.

5 - 7 pm, **NORDIC RUNES** by Rodrigo Ojeda Hinds at Allende Books in La Paz.

thursday

9 am – 2 pm, **PUNTO VERDE RECYCLING** behind Super Pollo, off calle Del Huerto at the southern entrance of Todos Santos. Bring your paper, #1 & #2 plastics, batteries, cardboard, cans, metal, Styrofoam, and electronics. 50 peso minimum donation; electronics are 80 pesos. Please separate and clean materials.
WEEKLY EVENTS continued on page 46

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Storytelling Strategies
- Christopher Merrill
Poetry
- Karen Karbo
Memoir
- Gina Frangello
Fiction
- Nick Triolo
Travel/Environmental Writing

Las Guardianas

continuó de página 10

"Profesora" Claudia D. Reyes,
"Bióloga" Araceli Méndez,
"Secretaria" Rosa Hale,
"Ingeniera" Daniela Bareño,
Erika Méndez, "Abogada" Martha García,
Liliana Gutiérrez, Viridiana Gómez



literalmente persiguiendo en pangas con el fin de restringir sus robos nocturnos, por lo que la piedra no fue una total sorpresa. "Era una época de gran polarización," señala Liliana. "Las ONG conservacionistas como NOS tenían ideas muy fuertes contra los pescadores y los pescadores contra las ONG."

NOS fue adaptando su forma de pensar. Empezaron a acercarse a los pescadores a través de sus hijos, apoyando a los equipos de fútbol locales, y eventualmente los pescadores aceptaron reunirse con ellos. "Cuando fuimos por primera vez a El Manglito, pensábamos que sabíamos todo sobre la conservación en cuanto a pesca y que todo lo que teníamos que hacer era convencer a los pescadores de lo que queríamos que hicieran," recuerda Liliana. "Pero pronto nos dimos cuenta de que nuestro enfoque no estaba funcionando, así que empezamos a hablar de una manera muy diferente. Y con eso quiero decir que nosotros, NOS, dejamos de hablar. Empezamos a escuchar y fue hermoso cómo surgió de ellos toda la idea de la restauración."

Muchas de las familias de pescadores de El Manglito descienden de los indios Yaquis que abandonaron Sonora a principios del siglo pasado para escapar de la persecución gubernamental. Los Yaquis son reconocidos buzos de apnea y utilizaron estas habilidades en La Paz para pescar las enormes vieiras llamadas callo de hacha en la Ensenada de La Paz, una laguna dentro de la Bahía de La Paz cuyas

orillas llegan hasta El Manglito. Pero en el 2008 la laguna estaba muerta y sus callos de hacha también. Las aguas residuales de la ciudad estaban siendo bombeadas hacia ella y toneladas de basura de la ciudad terminaban allí con cada huracán. Por lo tanto, los pescadores comenzaron a ir a las ricas aguas alrededor de la Isla Espíritu Santo para pescar. En 2010 el Archipiélago de Espíritu Santo fue declarado parque nacional marino, y los pescadores de El Manglito se transformaron de la noche a la mañana de actores legales a pescadores furtivos ilegales. No habían sido consultados en el proceso.

Pero ellos fueron resilientes. "Los pescadores sabían que era posible restaurar su área de pesca original y recuperar el callo de hacha," dice Liliana. "Nosotros no lo sabíamos, pero ellos sí." Los pescadores conocían dónde estaban los puntos más ricos de la bahía para las vieiras y sabían lo que había que hacer. "Habíamos asumido que ellos estaban en el camino equivocado y que los íbamos a salvar. Resulta que ellos sabían exactamente cómo salvarse." Así comenzó el proyecto de restauración del callo de hacha que duró siete años y atrajo a personas de todo el mundo: biólogos, conservacionistas, inversionistas de impacto. "Todo estaba sucediendo como Alejandro y su equipo lo habían soñado. Fue hermoso."

Pero sólo una vez que las mujeres entraron en acción. LAS GUARDIANAS continúa en página 26

Guardians

continued from page 10

a time of high polarization” notes Liliana with a nod to understatement. “Conservation NGOs like NOS had very strong ideas against the fishermen and the fishermen against the NGOs.”

NOS adapted its thinking. They started reaching out to the fishermen through their children by supporting local soccer teams and eventually the fishermen agreed to meet with them. “When we first went into El Manglito we thought we knew everything about fisheries conservation and all we had to do was convince the fishermen” recalls Liliana. “But we soon realized our approach was not working so we started talking in a very different way. And by that I mean we, NOS, stopped talking. We started listening. And it was beautiful how the whole idea of restoration emerged from them.”

Many of the fishing families of El Manglito are descended from the Yaqui Indians who left Sonora at the turn of the last century to escape government persecution. The Yaquis are renowned freedivers and used these skills in La Paz to fish for the huge scallops called *callo de hacha* in the Ensenada de La Paz, a lagoon inside the Bay of La Paz whose shores reach El Manglito. But by 2008 their lagoon

was dead and their *callos de hacha* with it. Raw sewage from the city was being pumped in, and tons of the city’s garbage was being picked up by hurricanes and dumped there. The fishermen therefore started going to the rich waters around Isla Espíritu Santo to fish. But in 2010 the Espíritu Santo Archipelago was declared a marine national park, and the fishermen of El Manglito were transformed overnight from legal actors into illegal poachers. They had not been consulted on the process.

But they were resilient. “The fishermen knew it was possible to bring the *callo de hacha* back, to restore their original fishing area” says Liliana. “We didn’t know it, but they did.” The fishermen knew where the richest points in the bay were for the scallops and knew what needed to be done. “We had assumed that they were evil fishermen and that we were going to save them. Turns out, they knew exactly how to save themselves.” Thus started the *callo de hacha* restoration project that took seven years and attracted people from all around the world—biologists, conservationists, impact investors. “Everything was happening as Alejandro and that team had dreamed. It was beautiful.”

But only once the women showed up. NOS, with the support of key funders, had made the controversial decision to pay the fishermen during the restoration period while fishing was suspended. Some of their wives were not impressed with the results. Martha Garcia, speaking for herself and her friend Araceli Méndez says, “As soon as our husbands started receiving payment for not fishing
GUARDIANS continued on page 27



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Día de Muertos Todos Santos

por Ivonne Benítez

El Día de los Muertos es una festividad mexicana que se celebra el 1° y 2 de noviembre para honrar y recordar a los seres queridos fallecidos. Esta festividad considera la muerte no como algo a lo que temer, sino como una parte natural de la vida, y enfatiza la continuación de las relaciones con los que han fallecido. Esta vibrante celebración es, quizás, la tradición más importante de México, por lo que no querrás perdértela.

Rouss Del Toro y Bésame Mucho Bazaar están haciendo preparativos para el octavo Día de Muertos anual Todos Santos. La plaza central es el escenario donde se colgará el Papel Picado que representa la fragilidad de la vida. Habrá un Altar Mayor adornado con fotos, velas, cempasúchil, comidas favoritas y recuerdos de los difuntos. Estas ofrendas son para guiar a los espíritus de regreso al mundo de los vivos. También habrá un Altar para nuestras Mascotas con una alfombra gigante de aserrín, una creación hecha a mano por el talentoso artista José Blanco. Año tras año, José y otros artistas locales, continúan mostrando su

talento, amor y apoyo para reavivar esta hermosa tradición mexicana.

Todos Santos, Baja California Sur, en el Noroeste de la República Mexicana, se ha convertido en un lugar emblemático para celebrar esta tradición. ¡Se invita a toda la comunidad a venir y ser parte de este evento sin fines de lucro, con su tradición de unir a nuestra comunidad local, residentes extranjeros y turistas que hacen de nuestro Pueblo Mágico el mejor lugar para estar en el Día de Muertos este 1° y 2 de noviembre!

¿Quieres ser parte de este magnífico evento como voluntario? Ponte en contacto con Rouss del Toro por WhatsApp o Facebook. Messenger: Rouss del Toro (WhatsApp +52 612 151 4025) o besamemuchobazaar@gmail.com

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Facebook: FiestaDiaDeMuertos

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Community library hours:	Children's library hours:
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10 a. m. - 1 p.m.	4 p. m. - 7 p.m.
Tuesday and Thursday:	Saturday:
4 - 7 p.m.	11 a.m. - 1 p.m.


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Día de Muertos Todos Santos

by Ivonne Benítez



Day of the Dead (Día de los Muertos) is a Mexican holiday celebrated on November 1st and 2nd to honor and remember deceased loved ones. This holiday views death not as something to be feared but as a natural part of life, emphasizing the continuation of relationships with those who have passed away. This vibrant celebration is,

perhaps, the most important tradition in Mexico, so you won't want to miss it.

Rouss Del Toro and Bésame Mucho Bazaar are making preparations for the eighth annual Día de Muertos Todos Santos. The central plaza is the setting where *Papel Picado* will be hung representing the fragility of life. There will be the *Altar Mayor* adorned with photos, candles, marigolds (*cempasúchil*), favorite foods, and mementos of the deceased. These offerings are to guide the spirits back to the living world. There will also be an Altar for our Pets with a giant sawdust carpet—a handmade creation by the talented artist José Blanco. Year after year, José and other local artists, continue to show their talent, love, and support to rekindle this beautiful Mexican tradition.

Todos Santos, Baja California Sur, in the Northwest of the Mexican Republic, has become an iconic place to celebrate this tradition. The entire community is invited to come and be part of this non-profit event, with its tradition of uniting our local community, foreign residents, and tourists who make our *Pueblo Mágico* the best place to be for Día de Muertos this November 1st and 2nd!

Want to be part of this magnificent event as a volunteer? Or participate in one of the many contests? Please get in touch with Rouss del Toro by WhatsApp or Facebook Messenger: Rouss del Toro (WhatsApp +52 612 127 3216) besamemuchobazaar@gmail.com

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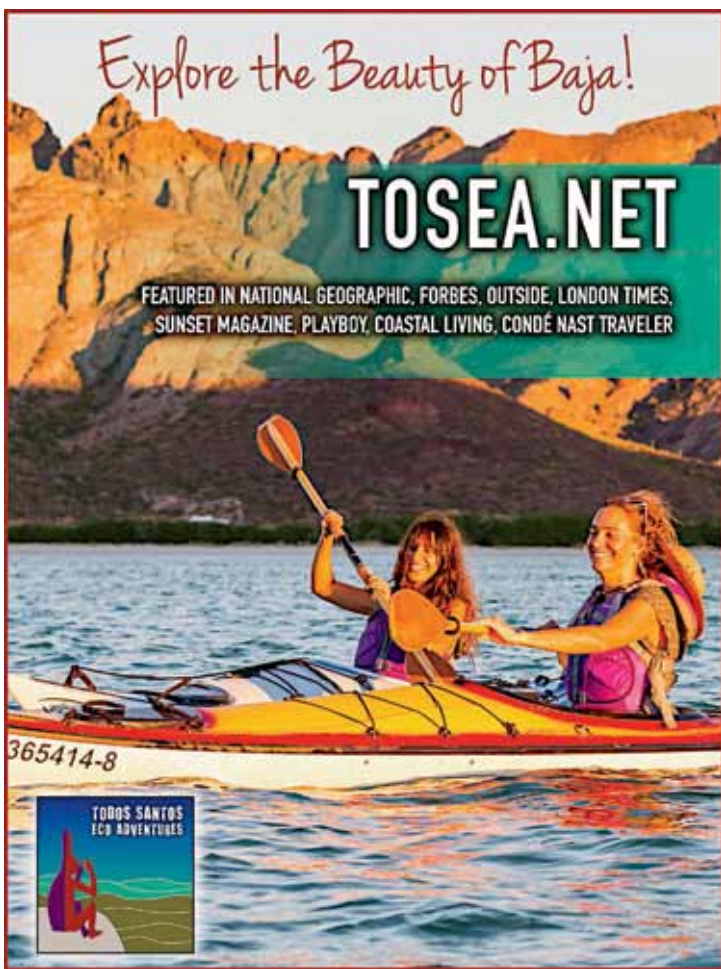
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Martha y Araceli están aprendiendo a bucear.

Las Guardianas

continuó de página 22

NOS, con el apoyo de financiadores clave, había tomado la controvertida decisión de pagar a los pescadores durante el período de restauración mientras la pesca estaba suspendida. Algunas de sus esposas no estaban impresionadas con los resultados. Martha García, hablando por ella misma y su amiga Araceli Méndez, dice: “En cuanto nuestros esposos comenzaron a recibir pagos por no pescar durante la restauración, nuestro sueño de transformar El Manglito en una comunidad hermosa y saludable se convirtió en una simple faena para ellos. Perdieron el sueño.” Araceli tampoco creía que sus esposos estuvieran haciendo un muy buen trabajo. El Manglito había instituido un sistema de vigilancia en los bancos de callos de hacha del Conchalito para mantener alejados a los pescadores furtivos. Araceli señala: “Allí hay muy poca profundidad, por lo que las pangas se atascaban en el barro y los hombres terminaban discutiendo a gritos con los guateros, quienes siempre se salían con la suya con los callos por tierra.” Su amiga Graciela Olachea diseñó un nuevo enfoque. “Podimos ver por dónde llegaban los guateros a los bancos por tierra,” continúa Araceli, “así que Graciela, Martha, y varias mujeres más comenzamos a patrullar el terreno alrededor de las orillas y ahuyentar a los ladrones de esa manera.” Las mujeres lograron en tres meses lo que los hombres no habían logrado en tres años. Los pescadores furtivos se habían ido. Liliana suspira con tristeza: “Deberíamos haber comenzado con las mujeres.”

“En el 2016 nos unimos a OPRE, la cooperativa pesquera que NOS ayudó a crear a los hombres, y en el 2018 nos denominamos Las Guardianas del Conchalito,” recuerda Martha. “Queríamos hacer esto a nuestra manera, por lo que creemos. El Manglito tenía una mala reputación

LAS GUARDIANAS continúa en página 28

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Guardians

continued from page 23

during the restoration, our dream of transforming El Manglito into a beautiful, healthy community became just a job for them. They lost the dream." Araceli didn't think their husbands were performing particularly well at the job either. El Manglito had instituted a surveillance system at the Conchalito scallop banks to keep the poachers out, and the men were approaching the banks by boat. Notes Araceli, "It gets really shallow there so the boats would get stuck in the mud and the men would just end up having shouting matches with the poachers who would always get away with the scallops overland." Their friend Graciela Olachea designed a new approach. "We could tell where the poachers were accessing the banks by land" continues Araceli, "So me, Graciela, Martha, and several other women started patrolling the land around the banks and scaring off the poachers that way." The women achieved in three months what the men had failed to achieve in three years. The poachers were gone. Liliana sighs ruefully, "We should have started with the women."

"In 2016 we joined OPRE, the fishing cooperative NOS helped the men create, and in 2018 we named ourselves Las Guardianas del Conchalito," recalls Martha. "We wanted to do this our own way, for what we believe in. El Manglito had a bad reputation to the outside, but inside we were a strong, vibrant community. We wanted to build on that." They were so dedicated that even though NOS had funding to pay only five women, 14 joined Las Guardianas and shared the pay. They have been sharing triumphs and trials in a similar fashion ever since.

Las Guardianas take turns telling some of their story. "The mangrove area at Conchalito where we ran off the poachers was a disastrous eyesore that served as a drive-through hotel, a drug dealers' office, and a neighborhood dump" notes Daniela Bareño. "We reclaimed that land for the neighborhood." Her colleague Claudia Reyes continued. "The first thing we did was push huge stones across the entryway to stop vehicles from entering, then we organized massive trash cleanups in which we got all segments of the neighborhood engaged. We were taking out three tons of trash at a time." Daniela continued, "While we were cleaning the area, a woman came running in who was being pursued by some scary men. Araceli, Marta, and I chased those men away. That incident made us realize that women come here because they know that we are women creating a safe space for women." El Conchalito is now a beautiful public space for the people of La Paz where people come to walk their dogs, go bird watching, and enjoy the mangroves. Rosa Hale, who tracks usage of the area is particularly proud of one statistic, "The number of women using the space has increased by 70% since we started."

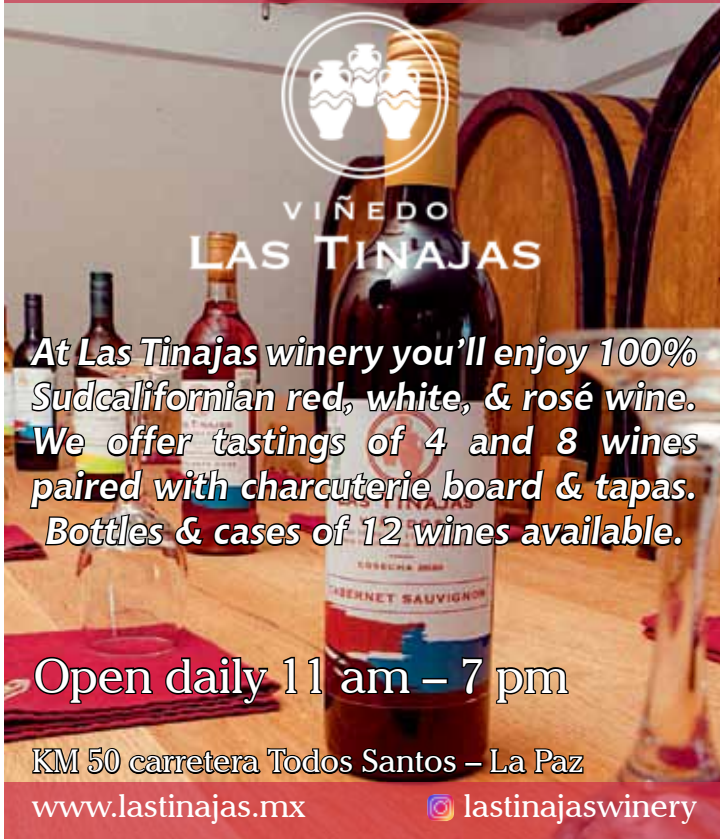
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A dark red banner for ZÓCALO. The logo features a sunburst above the word "ZÓCALO" in a serif font, with "clothing + home + objects" in a smaller font below it. Below the logo, there are two columns of text: "Todos Santos Location: Popote & Barito Avenues Open Everyday 10-6 Open All Year" and "Pescadero Location: Next to Baja Beams Cafe Open Everyday 9-5 Until June 30". At the bottom, there are three social media links: "www.ahopsocalo.com", "@shopzocalo", and "holas@shopzocalo.com".



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Las Guardianas

continuó de página 26

hacia afuera, pero dentro éramos una comunidad fuerte y vibrante. Queríamos construir sobre eso.” Estaban tan dedicadas que, aunque NOS tenía fondos para pagar solo a cinco mujeres, 14 se unieron a Las Guardianas y entre todas compartieron el pago. Han seguido compartiendo triunfos y experimentos de similar manera desde entonces.

Las Guardianas se turnan para contar parte de su historia. “La zona de manglares del Conchalito, donde ahuyentamos a los cazadores furtivos, era un desastre monstruoso que servía como hotel para carros, oficina de narcotraficantes, y basurero,” señala Daniela Bareño. “Recuperamos esa tierra para el barrio.” Su colega Claudia Reyes continuó. “Lo primero que hicimos fue empujar piedras enormes a lo largo de la entrada para impedir el paso de vehículos, luego organizamos limpiezas masivas de basura en las que involucramos a todos los sectores del barrio. Sacábamos tres toneladas de basura a la vez.” Daniela continuó: “Mientras estábamos limpiando el área, una mujer entró corriendo perseguida por unos hombres que daban miedo. Araceli, Martha, y yo ahuyentamos a esos hombres. Ese incidente nos hizo darnos cuenta de que las mujeres vienen aquí porque saben que somos mujeres que creamos un espacio seguro para las mujeres.” El Conchalito es ahora un hermoso espacio público para la gente de La Paz donde las personas vienen a pasear a sus perros, observar aves, y disfrutar de los manglares. Rosa Hale, que monitorea el uso del área, está particularmente orgullosa de una estadística: “El número de mujeres que utilizan el espacio ha aumentado un 70% desde que comenzamos.”

Liliana nominó a Las Guardianas para una beca de National Geographic. Ganaron y recibieron capacitación en observación de aves para hacer realidad su sueño de guiar a personas en viajes de avistamiento de aves en los manglares. Inspirada, Araceli se preguntó por qué las mujeres nunca buceaban, solo los hombres. Todas enviaron cartas al Salón de la Fama de las Mujeres Buceadoras en los EE.UU., que otorgó una beca a cada Guardianas que quisiera aprender a bucear. La foto de Araceli, Martha, y Claudia buceando con la bandera de National Geographic ahora es legendaria.

Y así es como Las Guardianas hacen las cosas. Se apoyan entre sí para perseguir sus propias pasiones e informan a las ONG sobre qué apoyo es más beneficioso para ellas. Si bien casi ninguna de ellas terminó la preparatoria, Araceli es ahora la “bióloga” y es la primer mujer criadora de ostras en La Paz; Daniela es la “ingeniera” que está trabajando en la restauración de los manglares del Conchalito en conjunto con WildCoast; Claudia es la “profesora” que enseña a la gente sobre El Conchalito y toma cursos sobre iniciativas comerciales sostenibles; Rosa es la “secretaria” que genera estadísticas de uso en el estuario; y Martha es

LAS GUARDIANAS continúa en página 40



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Gastrovino

continued from page 7

treat and free access. Cover charge for non-Gastrovino attendees.

December 1, 1 – 5 pm The Grand Main Event

The grand finale of Gastrovino 2024 in the Todos Santos Public Plaza. Here is the opportunity to enjoy a wide selection of wines from the best wineries and a showcase of the region's top restaurants and chefs. There will be live

music, art, and our silent auction with the chance to take home incredible artwork, crafts, experiences, and more while supporting the most vulnerable in our community. All this while dancing, drinking, and celebrating the 12th anniversary of our food and wine festival in Baja California Sur! Tickets are \$1,700 MXN and include a commemorative wine glass, festival access bracelet, wine tastings from each participating winery and selected gastronomic samples. Food and wine (by the glass and bottle) also available for purchase.

December 1, 5 pm After Party at Sky Lounge

After the main Gastrovino event, head over to the Sky Lounge at Hotel Guaycura. Enjoy the sunset and a final toast on the rooftop of Hotel Guaycura's Sky Lounge. Free entry for main event attendees with bracelet.

TICKET PURCHASE AND INFORMATION

Tickets for all Gastrovino events are available at <http://www.gastrovino.mx> and at several local points of sale: Café La Perla, Todos Santos; Galería Pez Gordo, The Shoppes at Palmilla, San José del Cabo; and in La Paz, location to be confirmed (TBD).

Follow us on social media to stay updated with the latest news: Facebook (FestivalGastroVino) and Instagram (gastrovino.bajafest).

Don't miss the chance to be part of this unique celebration that showcases the best of Mexico and the Todos Santos community! Buy your tickets, join the party, and experience the magic of Gastrovino 2024.

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The Baja California Spiny-tailed Iguana

story & photos by Kaia Thomson



Ctenosaura hemilopha is a species of spiny-tailed iguana that is endemic to Baja California Sur. When first described in 1863 by the zoologist and paleontologist Edward Drinker Cope, he derived the genus from the Greek words *ctenos* meaning “comb” and *saura* meaning “lizard.” The species *hemisus* refers to the word “half” and *lophos* meaning “crest or plume”—both taxonomic names refer to the lizard’s short crest of spines, unlike other species within its genus. It is believed that this species of lizard was transported to the Baja peninsula from the mainland thousands of years ago by the Seri Indians who used them as a food source.

Iguanas like a hot environment, especially for basking in the sun. When the summer and fall months heat up, so do the iguanas, and they are out soaking up the 90F (32C) heat that provides them with a perfect environment to thrive. This is because iguanas, like their reptilian cousins, require hot temperatures and UV light to absorb calcium from their food. A humid environment is also important to iguanas as they do not drink much water, mostly they absorb it directly through their skin.

When possible, the spiny-tailed iguanas are mostly arboreal during the day in trees and bushes, then at dusk, they frequently retreat to a den in old woodpecker

IGUANAS continued on page 32



El Garrobo de Cola Espinosa de Baja California Sur

historia y fotos por Kaia Thomson
traducido por Francesca Magallon

La *Ctenosaura hemilopha* es una especie de iguana con cola espinosa, endémica de Baja California Sur. Fue descrita por primera vez en 1863 por el zoólogo y paleontólogo Edward Drinker Cope, con el género *Ctenosaura* que se deriva de las palabras griegas *ctenos*, que significa "peine," y *saura* que significa "lagarto." La especie, *hemisus*, viene de la palabra "mitad," y *lophos* que significa "cresta o penacho," ambos nombres taxonómicos se refieren a la corta cresta de espinas de este lagarto, sin comparación en otras especies dentro de su género. Se cree que esta especie de iguanas fue traída desde el territorio continental hacia la península de Baja California por los indígenas Seri quienes las usaban como una fuente de alimentación.

A las iguanas les gusta el ambiente cálido, especialmente para tomar el sol. Durante los meses de verano y otoño, cuando las temperaturas suben y empiezan a calentarse, también lo hacen las iguanas, y salen a absorber los 90°F o 32°C de calor que les proporciona un ambiente perfecto para desarrollarse favorablemente. Esto es porque las iguanas, así como sus primos reptiles, requieren temperaturas cálidas y luz ultravioleta para absorber el calcio de sus alimentos. Un ambiente húmedo también es importante para las iguanas ya que ellas no toman mucha agua y la mayor parte de su ingesta es absorbida directamente a través de su piel.

Cuando les es posible, las iguanas o garrobos de cola espinosa son mayormente arbóreas, viven durante el día en árboles y arbustos, y posteriormente al anochecer, frecuentemente se van a refugiar en una guarida, ya sea en viejos nidos de pájaros carpinteros, en las cavidades de los árboles, en matorrales, o maleza densa. También es muy común entre las iguanas que se refugien en los cardones gigantes de la península pues estos les brindan

protección y seguridad, además de que minimizan su riesgo a ser depredados.

Las iguanas son excelentes nadadores y cuando es necesario usan su poderosa cola como propela para impulsarse a través del agua. Otra característica física interesante con la que cuentan es que tienen la capacidad de inflar su cuerpo como un globo. Usando sus pulmones para llenarse de aire. En contraste con la inflación, también pueden desinflar sus cuerpos casi por completo para quedar planas y crear un área de superficie máxima para ayudarse a absorber el calor de los rayos del sol o de superficies rocosas calientes. Además, las iguanas pueden correr rápidamente, hasta 21 mph o 34 kph para escapar de un ataque y también son capaces de tirar su cola voluntariamente en caso de necesitarlo, dejando la cola desprendida en el hocico del depredador y aprovechando su confusión para darse a la fuga.

Las iguanas son, por lo general, folívoros gentiles, que consumen en su mayoría hojas y follaje en su entorno. Uno de sus alimentos favoritos es *Solanum hindsianum*, la solanácea de Baja California que se conoce localmente como "mariola." Ocasionalmente las iguanas también comerán frutas, insectos, y pequeños animales. Como es el caso con varias lagartijas, las iguanas se comunican entre ellas en un lenguaje no verbal. Usan movimientos de su cabeza, agitan y mueven su cola o arquean la columna. Se saludan con movimientos lentos. Los movimientos rápidos indican una señal de agresión o protección de su terreno. Posiblemente inspirados por las iguanas, el ejercicio que realizamos los humanos, (flexiones de brazo o *push-ups* en inglés), es conocido también como *lagartijas*, en español, que es la palabra usada en América Latina para llamar a esta especie!

Iguanas

continued from page 30



nest, tree cavities, or masses of thick bushes. Refuge in the giant cardon cactus of the peninsula is especially popular with the iguanas as they provide shelter and safety and minimize the risks of predation.

Iguanas are excellent swimmers and when necessary, they use their powerful tail to propel themselves through the water. Another interesting physical fact is that they can inflate their body like a balloon, using their lungs to fill up with air. In contrast to inflation, they can also deflate their bodies almost completely flat to create maximum surface area to help absorb warmth from the sunshine or heated rock surfaces. Iguanas can also run fast, up to 21 MPH (34 KPH) to escape an attack and are also able to drop their tail, if necessary, leaving the detached tail in the mouth of the predator and with the confusion, they make their escape.

Iguanas are generally gentle folivores, consuming mostly leaves and foliage in their environment. A food favorite is *Solanum hindsianum*, the Baja California nightshade known locally as *mariola*. They will occasionally also eat fruit, insects, and small animals. As with many lizards, iguanas actually communicate with each other in a non-verbal language. They use head bobs, flap and tail movements, and arching their backs. Greeting each other with slow movements. Fast movements indicate a sign of aggression or territory protection. Possibly inspired by iguanas, the human exercise known as pushups are commonly called *lagartijas* in Spanish, the Latin American word for lizard!

El Cielo: The Baja Sky

by Roc Fleishman
photo by Kaia Thomson

Welcome to *El Cielo* for Fall 2024. Here is a selection of the more visible celestial activity above Baja California Sur for the period from mid-October through mid-December. Let's hope for clear skies to enjoy them under.

OCTOBER

Your best chance to see the potentially bright comet C/2023 A3 (Tsuchinshan-ATLAS) is late September, but it might still be quite spectacular (or not) in mid-October through the end of the month. Predictions are for a beautiful tail.

20/21 Waning gibbous moon will cross the sky with Jupiter most of the night. Also, it is the peak of the Orionid meteor shower, but that will be pretty much washed out by that same moon.

NOVEMBER

3 New moon visible, with Mercury between it and the setting sun, probably very difficult to see.

4 Crescent moon in sunset with Venus.

10 Saturn will be very close to the first quarter moon in the early evening, moving further away all night.

15/16 Full moon passes through the Pleiades open star cluster around midnight.

17/18 Peak of the Leonid meteor shower, but heavily affected by moonlight.

27 The waning crescent moon will rise in the east by

4 am, very close to Spica, a bright double star (alpha Virgo).

DECEMBER

3 New moon visible, with Mercury between it and the setting sun, probably very difficult to see.

4 Crescent moon in sunset with Venus.

10 Saturn will be very close to the first quarter moon in the early evening, moving further away all night.

15/16 Full moon passes through the Pleiades open star cluster around midnight.

17/18 Peak of the Leonid meteor shower, but heavily affected by moonlight.

27 The waning crescent moon will rise in the east by 4 am, very close to Spica, a bright double star (alpha Virgo).

For more information, check out the web links below, or call me on my cell phone 612-348-5468. My office is still in Plaza Antigua—upstairs, unit #8—Pescadero Properties, # 13 on the TS map, but I'm not there much these days, as I am working mostly from home.

LINKS OF INTEREST

COMETS: <http://www.aerith.net/index.html>
and specifically C/2023 A3 Comet 2024 October | C/2023 A3 | Comet Tsuchinshan-Atlas | Next Comet Visible 2024 | Star Walk

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Panoramic view lots



Ocean-front homes



Ocean-view homes

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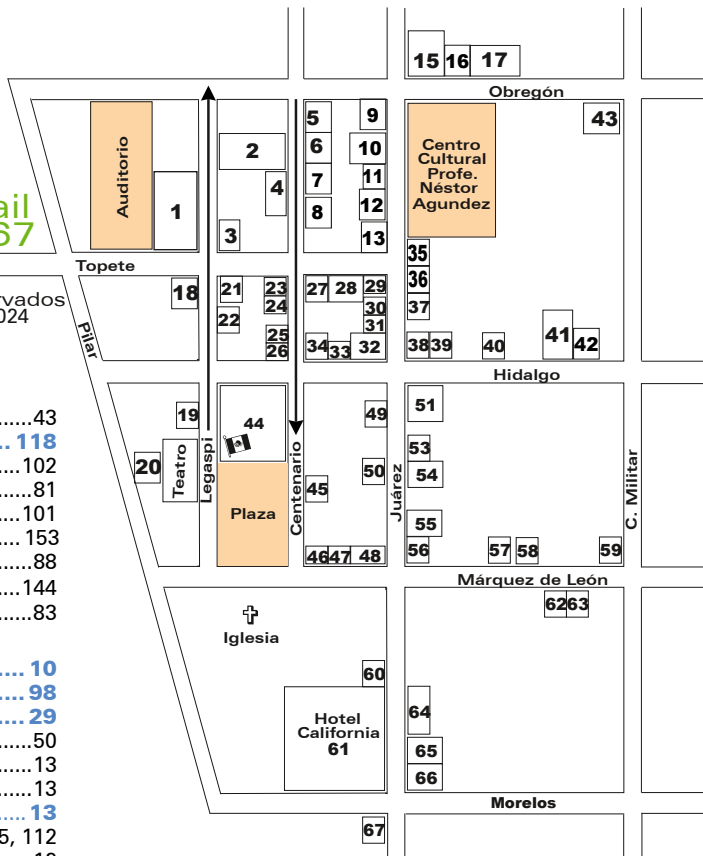
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La Cachora

La Poza

See Todos Santos / Pescadero Corridor map



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Voces del Pueblo

by Janice Kinne

The **Journal del Pacífico** is now starting its 14th season! We're excited to be back with our Fall issue.

Artist Mark Gabriel of **Galería Militar** provided our Jetset **Gastrovino** cover and beach and pool scenes inside.

Gastrovino Food & Wine Festival takes place November 29 to December 1st this year with the fabulous and fun main event back in the Todos Santos public plaza. See our article for more information.

Día de Muertos Todos Santos will transform the public plaza into a magical space of traditional altars and amazing sawdust carpets November 1 and 2. Ivonne Benítez of **Hablando Mexicano** describes the event in this issue.

Enjoy an unforgettable pairing dinner between the desert and the sea, under candlelight at the 6th annual **BajaMed** at the spectacular **El Mirador restaurant** on November 23. See our events column for more information.

Bryan Jáuregui, **Todos Santos Eco Adventures**, relates the success story of *Las Guardianas del Conchalito* in this issue. And, Alenka Vrecek shares an excerpt from her book *She Rides, Chasing Dreams Across California and Mexico* as well.

Jovialt Anti Aging and Medical Wellness Center is moving, in November, to a larger location near Pacifica Fish Market on the *otro lado* of Todos Santos, and will be offering more services. See their ad for a partial listing of their expertise.

Are you buying property in Baja? **Adhi Guevara** can help you with everything related to your fideocomiso. See her ad for contact information.

Viñedo Las Tinajas, just outside Todos Santos, has 100% Sudacalifornian wines, available by the bottle and case. You can also enjoy tastings paired with a charcuterie board and tapas in their restaurant.

Cromática Fine Art Printing and Photo Gallery in San José del Cabo offers fine art printing, digitizing of negatives, photo restoration, mounting, laminating, and more. They also have several interesting photographic shows coming up. See our events column for more information.

Palapa del Sabor is a Mexican restaurant in downtown Todos Santos, open for lunch and dinner, and also available to host your special events. On October 29, they will have a pet Day of the Dead altar.

It's time to register for the 14th annual **Writing Down the Baja** creative writing retreat in Todos Santos. What could be better than not one, but two poets laureate on the faculty? Louise Hawker tells more about the retreat in this issue.

The 12th annual **Todos Santos Writers Workshop** creative writing retreat takes place February 1 through 8, at Posada del Molino in Todos Santos. Offering classes in VOCES continued on page 43



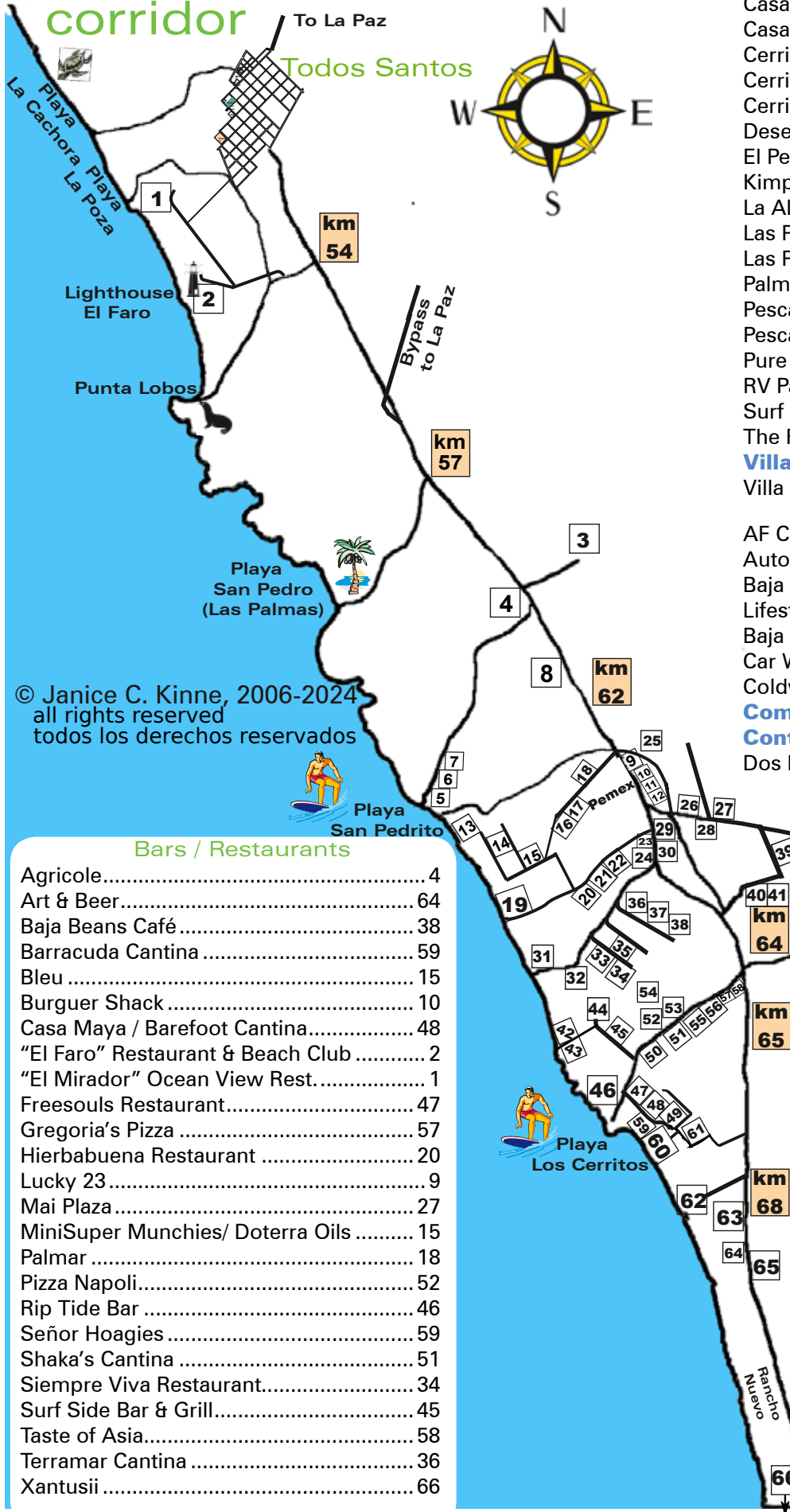
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todos santos—el pescadero corridor



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Beaches / Playas

by Janice Kinne

Todos Santos lies inland along the rugged Pacific coast. There are miles of beautiful white sand beaches accessible down unmarked dirt roads.

This stretch of the Pacific Ocean is a very dangerous place to swim at any time of the year. Strong rip currents and backwash are common. People have drowned in waters near Todos Santos simply because they were too close to the ocean while on beaches with steep drop-offs. There are no lifeguards on duty at any area beaches.

You can access the **LA POZA** and **LA CACHORA** beaches via the La Cachora road. Both are suitable for walking, fishing, whale watching, relaxing, or sunbathing. They are not swimming beaches.

Because of the big waves breaking on the shore, La Cachora beach has become popular with skim boarders.

La Poza has a large freshwater lagoon that is great for bird watching. If you are going to swim in the lagoon be very careful. The lagoon may appear to be shallow, but has many sudden drop-offs and is actually very deep.

PUNTA LOBOS, named for a sea lion colony, is also known as the fishermen's beach. Simply follow calle Francisco Bojorquez Vidal (formerly calle Punta Lobos) south out of town, or turn off at km 54 from Highway 19. You will pass an old cannery from the days when fishermen could harvest sea turtles legally. There is a small freshwater lagoon at Punta Lobos with a shrine to the Virgin.

The fishermen ride their *panga* boats on the waves onto the beach between 1 and 3 pm. Their return is exciting to watch and you can usually buy fresh fish from the cooperatives.

The two fishing cooperatives have exclusive rights to the "launch zone" at Playa Punta Lobos. For reasons of safety and due to past problems, boat launching at Punta Lobos is not permitted without their express permission.

The only recommended swimming beaches are outside of Pescadero. **SAN PEDRO**, also known as **PALM BEACH** (*Playa Las Palmas*), is near km 57. Its entrance is across Highway 19 from the Campo Experimental—stay to the left as you pass the abandoned hacienda. Las Palmas is a beautiful, secluded beach surrounded by a palm grove with a freshwater lagoon that is home to a variety of plants, birds, and wildlife.

Due to strong currents (especially near the rocky point), swimming is safer 50 meters from the rocks. Swim with caution and always have a land reference. The property surrounding Palm Beach is privately owned. The gates are open from 6 am to 9 pm daily. Car break-ins have been reported at Palm Beach. Leave your valuables at home!

PLAYA SAN PEDRITO is a rocky surfing beach around km 60, about 4.6 miles (7.4 km) from Todos Santos.

PLAYA LOS CERRITOS is located at km 64 about
BEACHES continued on page 40



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Beaches

continued from page 39

eight miles (12.8 km) south of Todos Santos. Look for the turnoff after the hill, south of Puente El Pescadero. Los Cerritos is a popular spot for surfing, boogie boarding, swimming, and fishing. Swim with caution due to strong riptides near the rocks. It is recommended to stay at least 50 meters from the rocks. The most secure swimming area is in front of the restaurant/bar. Swim with caution and always have a land reference. There is a long stretch of beach to the south that is perfect for walking or running. Surfboard rentals and other services are available.

LA KATRINA SURF + SUPPLY, #36 on the *Otro Lado* map is a core shop on the way to the beach. New and used boards, fins, trunks, ding repair, wax, skates, hardware, they've got it.

MARIO'S SURF SCHOOL provides surfing lessons, board rentals, repairs, and accessories. Call for information.

PESCADERO SURF SHOP, #37 on the Pescadero map. The surf shop stocks everything you need for surfing: surfboard rentals, used and new surfboards for sale, wax, ding repair, accessories, surf reports and information. You can also arrange surf lessons, surf and SUP tours, and activities at the store with Mario Surf School.

TODOS SANTOS ECO ADVENTURES, #169 on the Todos Santos map. Since 2002 Todos Santos Eco Adventures (TOSEA) has been providing visitors with opportunities to explore, celebrate, and help conserve the magnificently diverse ecosystems of Baja. TOSEA offers whale and bird-watching trips in the Pacific lagoons; treks and *ranchero* culture programs in the Sierra la Laguna mountains; Sea Turtle Camp and surfing surfaris on the Pacific coast, and kayaking, "glamping," whale shark, and sea lion adventures in the Sea of Cortez.

TODOS SANTOS SURF SHOP, #87 on the Todos Santos map, sells and rents surf boards, offers beach supplies and activities around Todos Santos. They carry international brands and many locally handmade wares, clothes, bikinis, accessories, natural sunscreen, and "Eclipse" boards shaped by Meisy of Todos Santos. They offer tours to swim with whale sharks and sea lions, surfing lessons, fishing trips, trips to Espiritu Santo Island, and whale watching in Magdalena Bay.

WEST SIDE SURF SCHOOL AND SURF SHOP, #53 on the Pescadero map. Provides surf lessons (includes use of the board for the day, umbrellas, and chairs); board rentals (car straps provided if necessary); boogie boards; and surfboard repairs. Buy / sell / trade used boards. They carry West Side T-shirts, hats, rash guards, surf wax, surf leashes, and board fins.



"Ingeniera" Daniela Bareño

Las Guardianas

continuó de página 28

la "abogada" que negocia acuerdos y recientemente logró que Las Guardianas se constituyan como una entidad legal propia. Más importante aún, ella negoció el permiso para que el grupo restaure los manglares de Conchalito, y es la primera vez que se otorga un permiso de este tipo en La Paz.

"Este es el cambio de paradigma que estamos viendo en Baja California Sur ahora," dice McKenzie Campbell, directora de programas del International Community Fund. "Los grupos locales como Las Guardianas tienen esperanzas, objetivos, y soluciones claras para el futuro de sus comunidades y los ecosistemas que administran. Saben lo que necesitan y nuestro trabajo como fundación es apoyarlos en sus visiones y ayudarlos a conseguir las herramientas para su éxito."

Liliana es ahora directora de la Iniciativa por los Mares y las Costas de Mexico y continúa su trabajo con Las Guardianas. "Las Guardianas aprovechan al máximo los cursos que ofrecen las ONG locales, y yo impartí uno sobre pensamiento sistémico. Pero en realidad no lo necesitaban," recuerda. "Las Guardianas son sistémicas por naturaleza. Adoptan la idea de que sus hijos, los manglares, las vieiras, el océano, la conservación son un solo tema que no se puede separar." Liliana, que alguna vez fue tan escéptica con El Manglito, aprendió lo que estas mujeres siempre supieron: El Manglito es una comunidad fuerte y dinámica. Solo necesita guardianes fuertes y amorosos que lo defiendan, lo protejan, y lo transformen continuamente. Las Guardianas.



"Biologist" Araceli Méndez's Oyster Farm

Guardians

continued from page 27

Liliana nominated Las Guardianas for a National Geographic grant. They won and received training in birdwatching to further their dream of guiding people on birding trips through the mangroves. Inspired, Araceli pondered why the women never dove, only the men. They all sent letters to the Women Divers Hall of Fame in the US which awarded a scholarship to each Guardian who wanted to learn to dive. The photo of Araceli, Martha, and Claudia diving with the National Geographic flag is now the stuff of legend.

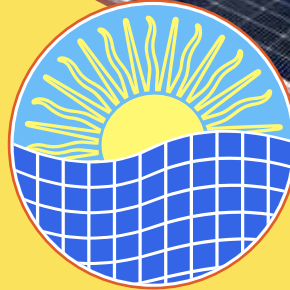
And this is how Las Guardianas get things done. They support each other to pursue their own passions, and they inform the NGOs about what support is most beneficial to them. While there's scarcely a high school diploma amongst them, Araceli is now the "biologist" and is the first woman oyster farmer in La Paz; Daniela is the "engineer" who is working on restoring the Conchalito mangroves in conjunction with WildCoast; Claudia is the "professor" who teaches people about El Conchalito and takes courses on sustainable business initiatives; Rosa is the "secretary" who generates use statistics for the estuary; and Martha is the "lawyer" who negotiates deals and recently got Las Guardianas incorporated as their own legal entity. More importantly, she negotiated the permit for the group to restore the Conchalito mangroves, the first time such a permit has ever been issued in La Paz.

"This is the paradigm shift that we are seeing in Baja California Sur now" says McKenzie Campbell, the International Community Fund's Director of Programs. "Local groups like Las Guardianas have clear hopes, goals and solutions for the future of their communities and ecosystems they steward. They know what they need, and our job as a foundation is to support them in their visions and help provide the tools for their success."

Liliana is now the director of the Mexican Initiative for Seas and Coasts and continues her work with Las Guardianas.

GUARDIANS continued on page 47

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"Sirens" (detail) by Mark Gabriel

The *malecón* along the bay of La Paz is the perfect place to walk, run, people watch, or enjoy gazing across the water. Crews clean the beaches and walkways daily, fresh sand has been imported and there are *palapas* to offer shade. Locals and tourists visit the beaches north of downtown to swim, snorkel, or kayak. There are several adventure companies along the *malecón* and at the marinas offering *panga* rides, bay and island cruises, snorkeling, scuba diving, fishing, sailing, and kayak rentals.

EL MOGOTÉ is the spit of land that separates the harbor of La Paz from the *Bahía de La Paz*. This natural treasure used to be, for the most part, accessible only with 4WD. Now driving onto the peninsula is restricted due to the construction of golf courses, homes, and hotels.

PLAYA EL COROMUEL 4.5 km from downtown La Paz, is the first beach north of town and an easy walk from downtown. It is within the harbor boundaries, has shaded *palapas*, and food / beverage services. The water here gets much better flow with the tide change and is suitable for swimming. The bottom is clean sand and rock. Snorkeling is good further out.

PLAYA EL TESORO 13 km from downtown La Paz, is a great little beach for children. The shallow, clear waters allow you to walk out for close to 100 meters. Tesoro has about 25 shaded *palapas*, two small restaurants, and kayak rentals.

PICHILINGUE 19 km from downtown La Paz. Pichilingue is home to the La Paz ferry terminus and a large commercial harbor. There are pleasant, small beaches just north of the deep water port, on the *Vieja Bahía de Pichilingue*. Beachfront food, beverage service, and kayak rentals are available and there is a restaurant with an upstairs view. The *palapa* bar is popular in the hot summer afternoons.

PLAYA BALANDRA 23 km from downtown La Paz, is known for its famous balancing rock formation landmark that resembles a prehistoric mushroom. You can view the rock formation and *playa El Hongo* by walking in the water around the cliff to your right. The large beach and surrounding area are beautiful. The waters surrounding Balandra are shallow and safe for children. Sheltered from wave action from nearly every direction, the water warms early and is very safe for swimmers and kayaking. There are also several little beaches (coves) and mangroves to explore. The beach has no services, so pack your own lunches and drinks for the day. There are vendors renting chairs, selling fruit and drinks, beach *palapas* for shade, and BBQ pits to the south.

PLAYA EL TECOLOTE 26 km from downtown La Paz, is by far the largest and most visited beach in La Paz. Two restaurant/bars offer shade *palapas* and a large number of beach vendors offer refreshments. RV camping is available, along with a wide variety of water sports rentals. Usually there are no lifeguards on duty, but they may be present during *la semana santa* and in the summer. The beach has a beautiful view of Isla Espíritu Santo and *panga* rides to the island are available—a 6.5 km crossing through the San Lorenzo channel. Bus service from the station on the *malecón* to *playa El Tecolote* is available for a nominal charge.

Sting rays are the biggest hazard at the playas and tend to be present on the bottom in shallow waters during the summer. When walking in the water, shuffle your feet on the bottom to avoid stepping directly on a resting ray.

There are no restrictions for beach fishing at any beaches. Please respect our beaches and help protect the sea turtles; don't leave trash or drive on the dunes or beaches.

Gastrovino

continuó de página 8

y vino (por copa y botella) también disponibles para la compra.

1° de diciembre, 5 p.m.

After Party en Sky Lounge

Después del evento principal de Gastrovino, dirígete al Sky Lounge en el Hotel Guaycura. Disfruta del atardecer y un brindis final en la azotea del Sky Lounge. Entrada gratuita para los asistentes al evento principal con pulsera.

COMPRA DE BOLETOS E INFORMACION

Los boletos para todos los eventos de Gastrovino están disponibles en <http://www.gastrovino.mx> y en varios puntos de venta locales: Café La Perla, Todos Santos; Galería Pez Gordo, The Shoppes at Palmilla, San José del Cabo; y en La Paz, lugar por confirmar (TBD).

Síguenos en redes sociales para estar al tanto de las últimas novedades: Facebook (FestivalGastroVino) e Instagram (gastrovino.bajafest).

¡No te pierdas la oportunidad de ser parte de esta celebración única que destaca lo mejor de México y de la comunidad de Todos Santos! Compra tus boletos, únete a la fiesta y vive la magia de Gastrovino 2024.

Writing Down the Baja

continued from page 16

The day student rate of \$820 USD covers daily workshops, all evening presentations and events, dinner at Serendipity on the first and last evenings of the retreat week, and the concluding public reading and reception featuring participants' work. Optional add-ins for day students include a Todos Santos Eco Adventures nature walk and the sampling of Todos Santo cuisine on select nights.

For full details and registration information, visit www.writingranch.com



Mexican Restaurant in downtown Todos Santos
Zaragoza, #124 on map
612-145-2055 / 612-202-6687

Lunch & Dinner
Monday - Friday
12 - 8 pm.

El Cielo

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METEOR SHOWERS: <http://www.imo.net/resources/calendar>

TROPIC OF CANCER: https://en.wikipedia.org/wiki/Axial_tilt#values or https://en.wikipedia.org/wiki/Circle_of_latitude

ZODIACAL LIGHT: https://en.wikipedia.org/wiki/Zodiacal_light

TIME: <http://www.worldtimeserver.com/>

SATELLITES: <http://www.heavens-above.com/>

USER: "elcielots" PASSWORD: "journal"

SATURN: <http://saturn.jpl.nasa.gov/home/index.cfm>

ROSETTA: <http://sci.esa.int/rosetta/>

DAWN: <http://dawn.jpl.nasa.gov/>

NEW HORIZONS: http://www.nasa.gov/mission_pages/newhorizons/main/

Voces

continued from page 37

poetry, fiction, memoir, storytelling strategies, and travel/environmental writing. See details in our events column or their ad.

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We will be back next with the Holiday/Navideño 2024/2025 issue. Deadline is November 10.



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octubre

3 de octubre | 7 pm, **EXPOSICIÓN COLECTIVA DE DISEÑO E ILUSTRACIÓN VOL. 1** en **Cromática** en San José del Cabo.

10 al 12 de octubre | **FIESTAS PATRONALES DE TODOS SANTOS** con eventos en la plaza pública.

20 de octubre | 6 pm, **LAS CAMINATAS FILOSÓFICAS** con Saul Águila (en español) en Allende Books en La Paz. Se lleva a cabo el tercer Domingo de cada mes.

29 de octubre | **ALTAR DE MAS-COTAS DE DÍA DE MUERTOS** en la **Palapa del Sabor** en Todos Santos.

31 de octubre | **HALLOWEEN**

noviembre

1 al 2 de noviembre | **DÍA DE MUERTOS TODOS SANTOS.** Consulte nuestro artículo para mas información o Facebook: FiestaDiaDeMuertos

3 de noviembre | 6:30 pm, **NUESTROS VECINOS SALVAJES** una serie de presentaciones acerca de la fauna salvaje local (bilingüe) impartidas por el biólogo Saúl Águila (donación voluntaria) en Allende Books en La Paz. Se lleva a cabo el primer Domingo de cada mes.

6 de noviembre | 9 am a 1 pm, **PRIMER DÍA PARA COMPRAR EL LIBRO "PRESENTACIÓN DE RESTAURANTES PADRINO"** en la oficina Padrino en la Calle Cuauhtémoc en Todos Santos. Con cupones para usar en los restaurantes participantes. Incluye 2 boletos para la cena Padrino en Enero de 2025.

7 de noviembre | 4 a 7 pm, **INAUGURACIÓN DE LA "EXPOSICIÓN DE ARTE"** en Cafelix Todos Santos. El libro "Presentación de Restaurantes Padrino" estará a la venta.

7 de noviembre | 7 pm, **CABO FUERTE 10 AÑOS DESPUÉS DEL HURACÁN ODILE,** Exposición fotográfica por Anna Gomes en **Cromática**, en San José del Cabo.

9 de noviembre | 10 am a 2:30 pm, **VENTA DEL LIBRO "PRESENTACIÓN DE RESTAURANTES PADRINO"** en El Mercado Ranchero, ubicado en Calle Horizonte, en Todos Santos.

10 de noviembre | **JOURNAL DEL PACIFICO FECHA LIMITE PARA LA EDICIÓN NAVIDEÑO 2024.**

13 de noviembre | 8 am a 1 pm, **VENTA DEL LIBRO "PRESENTACIÓN DE RESTAURANTES PADRINO"** estará a la venta en el mercado de los Miércoles en el Café La Esquina en Todos Santos.

15 al 17 de noviembre | **TODOS SANTOS WELLNESS FEST** con clases y eventos en **Cuatro Vientos** y Santa Terra, también habrá clases gratuitas en la plaza de Todos Santos. Para más información visite: <https://www.yoga.com.mx/todos-santos/> o [todossantoswellnessfest.com](https://www.todossantoswellnessfest.com)

17 de noviembre | 6 pm, **LAS CAMINATAS FILOSÓFICAS** con Saul Águila (en español) en Allende Books en La Paz. Se lleva a cabo el tercer Domingo de cada mes.

23 de noviembre | 5 pm, **6º BAJAMED** evento anual en el espectacular restaurante **El Mirador.** Disfrute de una inolvidable cena maridaje entre el desierto y el mar, bajo la luz de las velas. Deléitese con un menú de 4 tiempos, maridado con los mejores vinos de Baja California, Italia y España, así como cócteles de Casa Cuervo. Además, participe en una subasta a favor del Padrinos Children's Fundación y continúe la fiesta con música y DJ en vivo. ¡Obtenga sus boletos en preventa y asegure su lugar en esta celebración gastronómica sin igual! Para más información visite su página en Facebook: Baja Med Fest Todos Santos, o llame al +52 612 175 0800. Para reservaciones: <http://bit.ly/BajaMedTS>, <https://bit.ly/WSPGuaycura>

27 de noviembre | **DÍA DE GRACIAS** (EUA).

29 de noviembre al 1º de diciembre | **GASTROVINO FOOD**

& WINE FESTIVAL. Consulte nuestro artículo para mas información o <https://www.gastrovino.mx>

29 de noviembre al 1º de diciembre | **20º FESTIVAL DE CINE DE TODOS SANTOS** en su edición anual. El tema de este año es "Planeta Agua." Para más información visite: <https://todossantoscinifest.org/>

diciembre

5 al 7 de diciembre | **CERRITOS MUSIC FEST** en Shaka's en Cerritos.

12 de diciembre | 7 pm, **EXPOSICIÓN FOTOGRÁFICA COLECTIVA** en **Cromática** en San José del Cabo.

25 de diciembre | **NAVIDAD.**

31 de diciembre | **NOCHE VIEJA.**

enero 2025

1º de enero | **AÑO NUEVO.**

16 de enero | 7 pm, **"MAREAS DE LUZ," EXPOSICIÓN FOTOGRÁFICA** por Dan Taylor en **Cromática** en San José del Cabo.

18 de enero |, 4:30 a 6:30 pm, **EN LA COMPAÑÍA DE HOMBRES** en **Cuatro Vientos** en Todos Santos. La Liga de Poetas y Escritores de Baja Sur, junto con Marimar Higgins/Cuatro Vientos, realizarán un evento bilingüe con hombres escritores, poetas, bailarines, filósofos y músicos para rendir homenaje al fallecido Robert K. Hall, quien llevaba a cabo las pláticas de Dharma en nuestra comunidad durante años y para celebrar a los grandes hombres en nuestras vidas, la energía y la divinidad masculina. Donación \$50 pesos, opcional no obligatoria.

20 al 24 de enero | **TALLER "ABSTRACCIÓN: IMPROVISACIÓN, COMPOSICIÓN Y ARREGLO"** con Anne Hebebrand en **Hablando Mexicano** en Todos Santos. Ahonda en el lenguaje de la pintura abstracta a través de la improvisación y exploración para saber cómo dar estructura a tus pinturas mediante el estudio de la composición y el arreglo de **EVENTOS** cont. en pg. 50



Cada Semana

domingo

8 am a 2 pm, **MERCADO LOCAL** en La Esquina Café en el otro lado.

2 a 8 pm, **PASES POR DÍA PARA PISCINA** en el **Hotel Gallo Azul** en Todos Santos. Adultos 400 MXN Incluye 300 pesos de descuento en alimentos y bebidas. Niños hasta 10 años 250 MXN incluye 150 de descuento en alimentos y bebidas. Reservas/disponibilidad llamar al 612 158 8457.

6 pm, **SESIÓN DE DOMINGOS** en Todos Santos Brewing.

lunes

10 am a 1 pm, **BIBLIOTECA PALAPA ABIERTO**, Todos Santos. Palapalibrary@gmail.com

2 a 8 pm, **PASES POR DÍA PARA PISCINA** en el **Hotel Gallo Azul** en Todos Santos. Adultos 400 MXN Incluye 300 pesos de descuento en alimentos y bebidas. Niños hasta 10 años 250 MXN incluye 150 de descuento en alimentos y bebidas. Reservas/disponibilidad llamar al 612 158 8457.

4 a 6 pm, **TALLERES INFANTILES** con Anapaula en **Shakti Bowl** en Todos Santos.

martes

8:30 am a 2 pm, **EL MERCADO ORGÁNICO DE LA PAZ** en calle Rosales entre Obregón y Madero, La Paz.

2 a 8 pm, **PASES POR DÍA PARA PISCINA** en el **Hotel Gallo Azul** en Todos Santos. Adultos 400 MXN Incluye 300 pesos de descuento en alimentos y bebidas. Niños hasta 10 años 250 MXN incluye 150 de descuento en alimentos y bebidas. Reservas/disponibilidad llamar al 612 158 8457.

4 pm, **MARTES DE TACOS** en Chill N Grill en Todos Santos.

4 a 7 pm, **BIBLIOTECA ADULTO Y INFANTIL PALAPA ABIERTO**, Todos Santos. Palapalibrary@gmail.com

MARTES DE TACOS en 5 Tacos & Beer en el otro lado. Música en vivo y 100 pesos margaritas.

miércoles

8 am a 2 pm, **MERCADO LOCAL** en La Esquina Café en el otro lado.

8 am a 1 pm, **"CHINGROWN" COMPOSTA** en frente de La Esquina Café. A partir de Noviembre. \$120 pesos por cubeta de composta y se aceptan donaciones de desperdicios de cocina.

10 am a 1 pm, **BIBLIOTECA PALAPA ABIERTO**, Todos Santos. Palapalibrary@gmail.com

2 a 8 pm, **PASES POR DÍA PARA PISCINA** en el **Hotel Gallo Azul** en Todos Santos. Adultos 400 MXN Incluye 300 pesos de descuento en alimentos y bebidas. Niños hasta 10 años 250 MXN incluye 150 de descuento en alimentos y bebidas. Reservas/disponibilidad llamar al 612 158 8457.

5 a 7 pm, **RUNAS NORDICAS**, por Rodrigo Ojeda Hinds en Allende Books en La Paz.

jueves

9 am a 2 pm, **CENTRO DE RECICLADO PUNTO VERDE**, atrás de Super Pollo entrando por Calle del Huerto, extremo sur de Todos Santos. Traiga su papel, cartón, plásticos de No. 1 y 2, baterías, latas, metal, unicel, y electrónicos. Donativo mínimo 50 pesos, electrónicos 80 pesos. Favor

de separar y limpiar materiales. Mayores informes: ecorrevolucionmx@gmail.com, (612) 139-4789.

2 a 8 pm, **PASES POR DÍA PARA PISCINA** en el **Hotel Gallo Azul** en Todos Santos. Adultos 400 MXN Incluye 300 pesos de descuento en alimentos y bebidas. Niños hasta 10 años 250 MXN incluye 150 de descuento en alimentos y bebidas. Reservas/disponibilidad llamar al 612 158 8457.

3:30 a 6 pm, **TAROT Y ASTROLOGÍA** por Eleonora Prizze en Allende Books en La Paz.

4 a 6 pm, **TALLERES INFANTILES** con Anapaula en **Shakti Bowl** en Todos Santos.

CLASE DE COCINA en **Hablando Mexicano** in Todos Santos. Ver <https://www.hablandomexicano.com/> para el menú y precios.

5 a 9 pm, **CAMINATA DEL ARTE** en San José del Cabo, en el distrito de las galerías. Todas las galerías que participan estarán abiertas hasta las 9 pm y muchas tienen recepciones y eventos especiales. Noviembre hasta Julio.

viernes

9 am a 2 pm, **CENTRO DE RECICLADO PUNTO VERDE**, atrás de Super Pollo entrando por Calle del Huerto, extremo sur de Todos Santos. Traiga su papel, cartón, plásticos de No. 1 y 2, baterías, latas, metal, unicel, y electrónicos. Donativo mínimo 50 pesos, electrónicos 80 pesos. Favor de separar y limpiar materiales. Mayores informes: ecorrevolucionmx@gmail.com, (612) 139-4789.

10 am a 1 pm, **BIBLIOTECA PALAPA ABIERTO**, Todos Santos. Palapalibrary@gmail.com

10 am a 12 pm, **TALLERES DE CROCHET** con Anapaula en **Shakti Bowl** en Todos Santos.

2 a 8 pm, **PASES POR DÍA PARA PISCINA** en el **Hotel Gallo Azul** en Todos Santos. Adultos 400 MXN Incluye 300 pesos de descuento en alimentos y bebidas. Niños hasta 10 años 250 MXN incluye 150 de descuento en alimentos y bebidas. Reservas/disponibilidad llamar al 612 158 8457.

6 pm, **NOCHE DE TRIVIA** en el Todos Santos Brewing.

sábado

7 am a 2 pm, **CENTRO DE RECICLADO PUNTO VERDE**, enfrente 5 Tacos y Beer en Las Tunas. Traiga su papel, cartón, plásticos de No. 1 y 2, baterías, latas, metal, unicel, y electrónicos. Donativo mínimo 50 pesos, electrónicos 80 pesos. Favor de separar y limpiar materiales. Mayores informes: ecorrevolucionmx@gmail.com, (612) 139-4789.

8:30 am a 2 pm, **EL MERCADO ORGÁNICO DE LA PAZ** en calle Rosales entre Obregón y Madero, La Paz.

9 am a 3 pm, **EL MERCADO ORGÁNICO** en San José del Cabo está ligeramente afuera del distrito de arte histórico en la Huerta María en el Camino a las Ánimas. Noviembre hasta el fin de Junio.

9 am a 1 pm, **TIANGUIS NATURAL MALECÓN** (Mercado) en el Callejon Cabezud es en La Paz—el área entre calle Esquerro y el Malecón ubicado en el mural Wyland y la escultura del músico tocando el caracol.

10:30 am a 2 pm, **MERCADO RANCHERO** en Todos Santos, con arte, muebles y productos frescos de los ranchos de la zona, que incluyen queso, pollo y carne.

CADA SEMANA continúa en página 50

Weekly Events

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als. For information: ecorreolucionmx@gmail.com, (612) 139-4789

2 – 8 pm, **DAY POOL PASSES** at **Hotel Gallo Azul** in Todos Santos. Adults 400 MXN includes 300 pesos off food and drinks. Children up to 10 years old 250 MXN includes 150 off food and drinks. Reservations / availability call 612 158 8457.

3:30 – 6 pm, **TAROT AND ASTROLOGY** by Eleonora Prizze at Allende Books in La Paz.

COOKING CLASS at **Hablando Mexicano** in Todos Santos. Visit <https://www.hablandomexicano.com/> for menu and prices.

4 – 6 pm, **CHILDREN'S WORKSHOPS** with Anapaula at **Shakti Bowl** in Todos Santos.

4 – 7 pm, **PALAPA LIBRARY OPEN**, Todos Santos. Palapalibrary@gmail.com

5 – 9 pm, **ARTWALK** in the San José del Cabo Gallery District. Takes place November through June.

friday

9 am – 2 pm, **PUNTO VERDE RECYCLING** behind Super Pollo, off calle Del Huerto at the southern entrance of Todos Santos. Bring your paper, #1 & #2 plastics, batteries, cardboard, cans, metal, Styrofoam, and electronics. 50 peso minimum donation; electronics are 80 pesos. Please separate and clean materials. For information: ecorreolucionmx@gmail.com, (612) 139-4789

10 am – 1 pm, **PALAPA LIBRARY OPEN**, Todos Santos. Palapalibrary@gmail.com

10 am – 12 pm, **CROCHET WORKSHOPS** with Anapaula at **Shakti Bowl** in Todos Santos.

2 – 8 pm, **DAY POOL PASSES** at **Hotel Gallo Azul** in Todos Santos. Adults 400 MXN includes 300 pesos off food and

drinks. Children up to 10 years old 250 MXN includes 150 off food and drinks. Reservations / availability call 612 158 8457.

6 pm, **TRIVIA NIGHT** at Todos Santos Brewing.

saturday

7 am – 2 pm, **PUNTO VERDE RECYCLING** across from 5 Tacos & Beer in Las Tunas. Bring your paper, #1 & #2 plastics, batteries, cardboard, cans, metal, Styrofoam, and electronics. 50 peso minimum donation; electronics are 80 pesos. Please separate and clean materials. For information: ecorreolucionmx@gmail.com, (612) 139-4789

8:30 am – 2 pm, **LA PAZ FARMER'S MARKET** on calle Rosales between Obregón & Madero, La Paz.

9 am – 1 pm, **MALECÓN TIANGUIS NATURAL (MARKET)** at the Callejon Cabezud in La Paz—the area between Esquerro street and the *malecón* at the location of the Wyland mural and the seashell musician statue.

9 am – 3 pm, **SAN JOSÉ DEL CABO ORGANIC MARKET** (Mercado Orgánico) just outside the San José historic district in Huerta Maria on the Camino a Las Animas. Look for the signs at the big arroyo off Avenida Centenario. Takes place November through the end of June.

10:30 am – 2 pm, **EL MERCADO RANCHERO MARKET** with art, furniture, and fresh products from area ranches, including cheese, chicken, and meat, on the *otro lado*.

11 am – 1 pm, **PALAPA CHILDREN'S LIBRARY OPEN**, Todos Santos. Palapalibrary@gmail.com

1 – 4 pm, **UNPLUGGED IN THE YARD** at Allende Books in La Paz. Acoustic open mic. Everyone welcome.

2 – 8 pm, **DAY POOL PASSES** at **Hotel Gallo Azul** in Todos Santos. Adults 400 MXN includes 300 pesos off food and drinks. Children up to 10 years old 250 MXN includes 150 off food and drinks. Reservations / availability call 612 158 8457.

6 pm, **SONGWRITER SATURDAYS** at Todos Santos Brewing.

LIVE MUSIC at Shaka's at Cerritos.

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Bird watching at El Conchalito

Guardians

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“Las Guardianas take full advantage of the courses offered by local NGOs, and I gave one on Systemic Thinking. But they really didn’t need it” she recalls. “Las Guardianas are systemic by nature. They embrace the idea that their children, the mangroves, the scallops, the ocean, conservation are all one single issue that can’t be separated.” Liliana, once so skeptical of El Manglito, learned what the women always knew: El Manglito is a strong and dynamic community. It just needs tough, loving guardians to continuously defend, protect and transform it. Las Guardianas.

Todos Santos Eco Adventures (TOSEA) is the leading eco adventure company in Baja California Sur. TOSEA invites you to join them in the following initiatives to help preserve the habitats of Baja California that both our native and migratory species depend on:

Carbon Capture with Tomorrow’s Air. TOSEA is a carbon capture education partner with Tomorrow’s Air, and to date has supported the removal of one ton of carbon dioxide from the air. All *homo sapiens* who migrate to Baja are invited to join TOSEA in supporting this incredible project that was awarded Newsweek’s 2021 Future of Travel Award in the Visionary category—it is not carbon offset, it is actually removing CO₂ from the air and storing it deep underground. www.tomorrowairs.com.

Zero Waste Alliance of Todos Santos and Pescadero (ZWA). TOSEA is a proud supporter of the ZWA which is actively working to reduce the amount of waste that goes to the local landfill and build circular economies around that waste. All *homo sapiens*, both native and migratory, are invited to join the movement! www.facebook.com/alianzacerobasuratodosantos

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sunday / domingo

9 am, **HATHA YOGA W/C LIZ @ Cuatro Vientos**, Todos Santos.

11 am, **ECSTATIC DANCE TEMPLE @ Cuatro Vientos**, Todos Santos.

4 pm, **YIN & RESTORATIVE YOGA W/C TASHA @ Cuatro Vientos**, Todos Santos.

6 pm, **MEDITATION CIRCLE W/C JACINTA @ Cuatro Vientos**, Todos Santos.

monday / lunes

6, 7, 8 & 9 am, 5 pm, **CROSSFIT @ Cross2Box**, Todos Santos.

7 am, **TS OPEN WATERS SWIMMING @ Punta Lobos**, Todos Santos. Facebook/Instagram: Sasha from Russia

7:30 am, **YOGA W/C MAYRA @ Baja Serena**, Pescadero.

8:15 & 9:15 am, **FUSION FITNESS W/ JULIE @ Cross2Box**, Todos Santos.

8:45 am, **YOGA FOR SENIORS W/C MAYRA @ Baja Serena**, Pescadero.

9 am, **YOGA W/C MARIMAR @ Cuatro Vientos**, Todos Santos.

10:30 am, **YOGA FOR HEALTHY AGING W/C LISA @ Cuatro Vientos**, Todos Santos.

10:30 am, **CORE POWER TRX W/C COACH CLARA @ Cross2Box**, Todos Santos.

11 am, **AA MEETING**. On the rooftop at Ricardo Amigo Real Estate on calle Centenario in Todos Santos. For info: Erick (612)156-9980.

12:30 pm, **PILATES & STRENGTH W/C BEATRICE @ Cuatro Vientos**, Todos Santos.

2:30 pm, **AERIAL DANCE KIDS 8 - 12 W/C PAOLA @ Cuatro Vientos**, Todos Santos.

4:30 pm, **AERIAL DANCE ADULTS W/C PAOLA @ Cuatro Vientos**, Todos Santos.

6:30 pm, **CHAKRA MEDITATION W/C MARIE @ Cuatro Vientos**, Todos Santos.

tuesday / martes

6, 7, 8 & 9 am, 5 pm, **CROSSFIT @ Cross2Box**, Todos Santos.

7:30 am, **HIIT WORKOUT W/C CLARA @ Cuatro Vientos**, Todos Santos.

8:45 am, **YOGA FOR SENIORS W/C MAYRA @ Baja Serena**, Pescadero.

9 am, **ZUMBA W/C JAN @ Cuatro Vientos**, Todos Santos.

10:30 am, **VINYASA YOGA W/C GABRIELLE @ Cuatro Vientos**, Todos Santos.

4 pm, **YOGA FLOW & MEDITATION W/C HOLLY NICOLE @ Cuatro Vientos**, Todos Santos.

6 pm, **DANCE FITNESS W/C NATHALIE @ Cuatro Vientos**, en Español Todos Santos.

7:15 pm, **CANDLELIGHT YOGA W/C HOLLY NICOLE @ Cuatro Vientos**, Todos Santos.

wednesday / miércoles

7 am, **TS OPEN WATERS SWIMMING @Punta Lobos**, Todos Santos. Facebook/Instagram: Sasha from Russia

6, 7, 8 & 9 am, 5 pm, **CROSSFIT @ Cross2Box**, Todos Santos.

7:30 am, **YOGA W/C MAYRA @ Baja Serena**, Pescadero.

8:15 & 9:15 am, **FUSION FITNESS W/ JULIE @ Cross2Box**, Todos Santos.

8:45 am, **YOGA FOR SENIORS W/C MAYRA @ Baja Serena**, Pescadero.

9 am, **YOGA W/C MARIMAR @ Cuatro Vientos**, Todos Santos.

9 am, **PESCADERO HIGHTIDE AA MEETING @ Baja Beans**, Pescadero. For information: Don (612) 157-1256.

10:30 am, **YOGA FOR HEALTHY AGING W/C LISA @ Cuatro Vientos**, Todos Santos.

10:30 am, **PILATES SUSPENSION TRX W/C COACH CLARA @ Cross2Box**, Todos Santos.

11 am, **AA MEETING**. On the rooftop at Ricardo Amigo Real Estate on calle Centenario in Todos Santos. For info: Erick (612)156-9980.

4 pm, **YOGA NIDRA W/ LIVE INSTRUMENTALS W/C BEATRICE @ Cuatro Vientos**, Todos Santos.

6 pm, **HATHA VINYASA YOGA W/C ANA @ Cuatro Vientos**, Todos Santos.

thursday / jueves

6, 7, 8 & 9 am, 5 pm, **CROSSFIT @ Cross2Box**, Todos Santos.

7:30 am, **HIIT WORKOUT W/C CLARA @ Cuatro Vientos**, Todos Santos.

8:45 am, **YOGA FOR SENIORS W/C MAYRA @ Baja Serena**, Pescadero.

9 am, **ZUMBA W/C JAN @ Cuatro Vientos**, Todos Santos.

9 am, **WOMEN'S AA MEETING** at Casa Janna. Call Janna for information: (612) 127-0215.

10:30 am, **VINYASA YOGA W/C GABRIELLE @ Cuatro Vientos**, Todos Santos.

4 pm, **YIN & RESTORATIVE YOGA W/C HOLLY NICOLE @ Cuatro Vientos**, Todos Santos.

6 pm, **DANCE FITNESS W/C NATHALIE @ Cuatro Vientos**, en Español, Todos Santos.

7:30 pm, **ECSTATIC DANCE MINDFUL MELTDOWN @ Cuatro Vientos**, en Español, Todos Santos.

friday / viernes

6, 7, 8 & 9 am, & 5 pm, **CROSSFIT @ Cross2Box**, Todos Santos.

7 am, **TS OPEN WATERS SWIMMING** @Punta Lobos, Todos Santos. Facebook/Instagram: Sasha from Russia

7:15 am, **YOGA & SOUND W/C KARI** @ Cuatro Vientos, Todos Santos.

7:30 am, **YOGA W/C MAYRA** @ Baja Serena, Pescadero.

8:15 & 9:15 am, **FUSION FITNESS W/ JULIE** @ Cross2Box, Todos Santos.

8:45 am, **YOGA FOR SENIORS W/C MAYRA** @ Baja Serena, Pescadero.

9 am, **YOGA W/C MARIMAR** @ Cuatro Vientos, Todos Santos.

9 am, **WOMEN'S AA MEETING** via Zoom. Call Janna for information: (612) 127-0215.

10:30 am, **MOBILITY & STRETCHING LAB W/C COACH CLARA** @ Cross2Box, Todos Santos.

5 pm, **AA MEETING**. On the rooftop at Ricardo Amigo Real Estate on calle Centenario in Todos Santos. For info: Erick (612)156-9980.

saturday / sábado

7:30 am, **HIIT WORKOUT W/C CLARA** @ Cuatro Vientos, Todos Santos.

9 am, **HATHA YOGA W/C LIZ** @ Cuatro Vientos, Todos Santos.

11 am, **AA MEETING**. On the rooftop at Ricardo Amigo Real Estate on calle Centenario in Todos Santos. For info: Erick (612)156-9980.

TAI CHI & QI GONG W/C RHODA Todos Santos. Private instruction available. Contact Rhoda for schedule and class location, barakabaja@gmail.com, +52 612 157-6088

To dial a United States 800 number FROM a landline in Mexico, replace the 800 prefix with the prefix shown below:

- ▶ 800 numbers Dial 001-880-then the number
- ▶ 866 numbers Dial 001-883-then the number
- ▶ 877 numbers Dial 001-882-then the number
- ▶ 888 numbers Dial 001-881-then the number

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AA CABO SAN LUCAS—AA Hacienda Group Cabo, upstairs above Ace Hardware behind McDonalds. Monday – Friday, 4:30 pm and daily at 6 pm. For information: (624) 147-0478

SAN JOSÉ DEL CABO—Next to the Calvary Chapel corner of Degollado and Coronado. 6 pm nightly.

LA PAZ—For information call: Rick M. (612)131-7459, JoAnna (612)108-5342, or Leo (612)197-8639.

NA PESCADERO—No Todos Somos Santos de Narcóticos Anónimos meets Monday – Friday, 7 – 8:30 pm. For more information: WhatsApp 6241092213

Events

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local residents. More information and registration at www.todosantoswritersworkshop.com

February 7, 8, 9 & 14, 15, 16 | THE BET, A LIVE THEATER PRODUCTION benefiting **The Palapa Society of Todos Santos**. For more information: <https://palapasociety.org/>

February 15 - 23 | 14TH ANNUAL "WRITING DOWN THE BAJA" at Serendipity in Todos Santos. Enjoy seven full days of workshops and writing for the 2025 creative writing retreat. Join award-winning author and Oregon Poet Laureate Ellen Waterston, guest faculty ninth Oregon Poet Laureate Kim Stafford and writer/teacher Perrin Kerns for a generative week of writing that explores the intersection of internal and external landscapes in poetry and prose. To register and for more information: info@writingranch.com

march 2025

March 10 - 14 | CONTEMPORARY ABSTRACT PAINTING WORKSHOP with Anne Hebebrand at **Hablando Mexicano** in Todos Santos. To register and for more information: <https://www.annehebebrand.com/todos-santos-workshops>.

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Eventos

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las formas, figuras y el color. Este taller está enfocado para principiantes, así como también para estudiantes más experimentados que se encuentran en la búsqueda de mejorar sus habilidades. Puede trabajar con el medio de su agrado (óleo, acrílico, gouache o collage), posterior a su registro se le hará llegar una lista de materiales con una variedad de herramientas para marcar o dibujar. La mayoría de las demostraciones se realizarán usando cera fría con óleo. Para hacer su registro y obtener más información visite: <https://www.annehebebrand.com/todos-santos-workshops>

24 de enero | NOCHE DE INAUGURACIÓN DEL "TOUR ESTUDIO ABIERTO TODOS SANTOS." A beneficio de la **Sociedad de la Palapa de Todos Santos**. Para más información visite: <https://todossantosopenstudio.org/>

25 & 26 de enero | TOUR ESTUDIO ABIERTO TODOS SANTOS. A beneficio de la **Sociedad de la Palapa de Todos Santos**. Para más información visite: <https://todossantosopenstudio.org/>

febrero 2025

1° al 8 de febrero | 12° TALLER DE ESCRITORES DE TODOS SANTOS (TSWW) edición anual, retiro de escritura creativa en Posada del Molino en Todos Santos. Ofreciendo clases de poesía con Christopher Merrill, ficción con Gina Frangello, autobiografía con Jeanne McCulloch y Karen Karbo, estrategias para narrativa con Rex Weiner, y escritura ambiental/viajes con Nick Triolo. Asistencia a clase solo con registro previo, habrán lecturas y discusiones especiales abiertas al público en general. Tarifas especiales para residentes locales de tiempo completo y medio tiempo. Para más información y hacer su registro vaya a: www.todossantoswritersworkshop.com

7, 8, 9 & 14, 15, 16 de febrero | "THE BET" (LA APUESTA) una producción teatral en vivo para beneficio de **La Sociedad de La Palapa de Todos Santos**. Para más información visite: <https://palapa-society.org/>

15 al 23 de febrero | 14^{AVA} EDICIÓN ANUAL DEL TALLER "WRITING DOWN THE BAJA" en Serendipity en Todos Santos. Disfruta de siete días completos de talleres y escritura para el retiro de escritura creativa de 2025. Acompaña a Ellen Waterston, premiada escritora y poeta laureada de Oregón, a la profesora invitada, Kim Stafford, novelista poeta laureada de Oregón y a la escritora/profesora Perrin Kerns, para una productiva semana de escritura que explora la intersección de panoramas internos y externos en la prosa y la poesía. Para hacer su registro y para mas información: info@writingranch.com

marzo 2025

10 al 14 de marzo | TALLER "PINTURA ABSTRACTA CONTEMPORÁNEA" con Anne Hebebrand en **Hablando Mexicano** en Todos Santos. Para más información o para hacer su registro visite: <https://www.annehebebrand.com/todos-santos-workshops>

Cada Semana

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11 am a 1 pm, **BIBLIOTECA INFANTIL PALAPA ABIERTO**, Todos Santos. Palapalibrary@gmail.com

1 a 4 pm, **UNPLUGGED EN EL PATIO** de Allende Books en La Paz. Micrófono acústico abierto. Todos son bienvenidos.

2 a 8 pm, **PASES POR DÍA PARA PISCINA** en el **Hotel Gallo Azul** en Todos Santos. Adultos 400 MXN Incluye 300 pesos de descuento en alimentos y bebidas. Niños hasta 10 años 250 MXN incluye 150 de descuento en alimentos y bebidas. Reservas/disponibilidad llamar al 612 158 8457.

6 pm, **SÁBADO DE CANTAUTORES** en el Todos Santos Brewing.

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