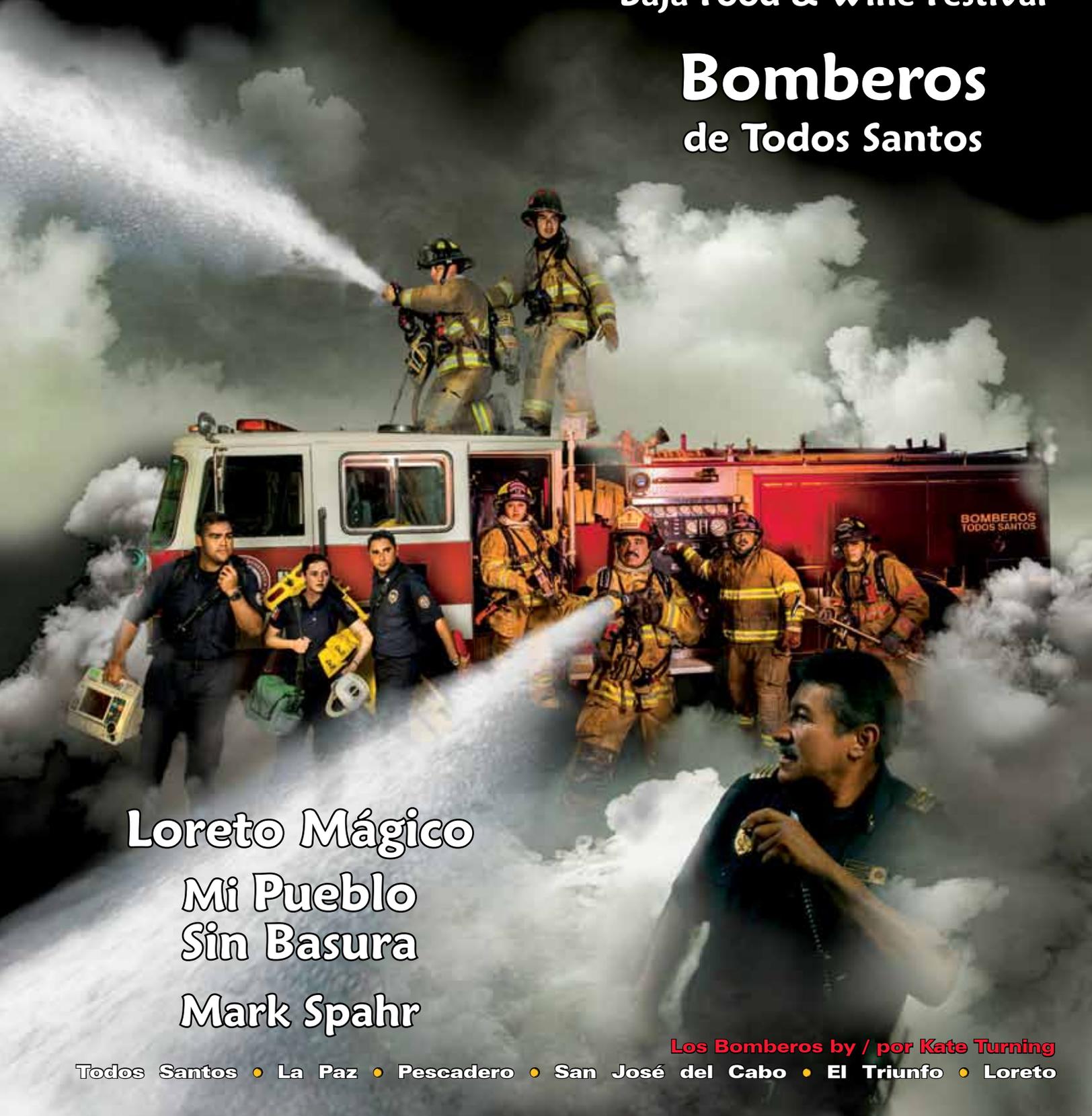


The **ULTIMATE GUIDE** to
Baja Sur Arts,
Culture & Adventure

GASTROVINO
Baja Food & Wine Festival

Bomberos
de Todos Santos



Loreto Mágico
Mi Pueblo
Sin Basura
Mark Spahr

Los Bomberos by / por Kate Turning

Todos Santos • La Paz • Pescadero • San José del Cabo • El Triunfo • Loreto



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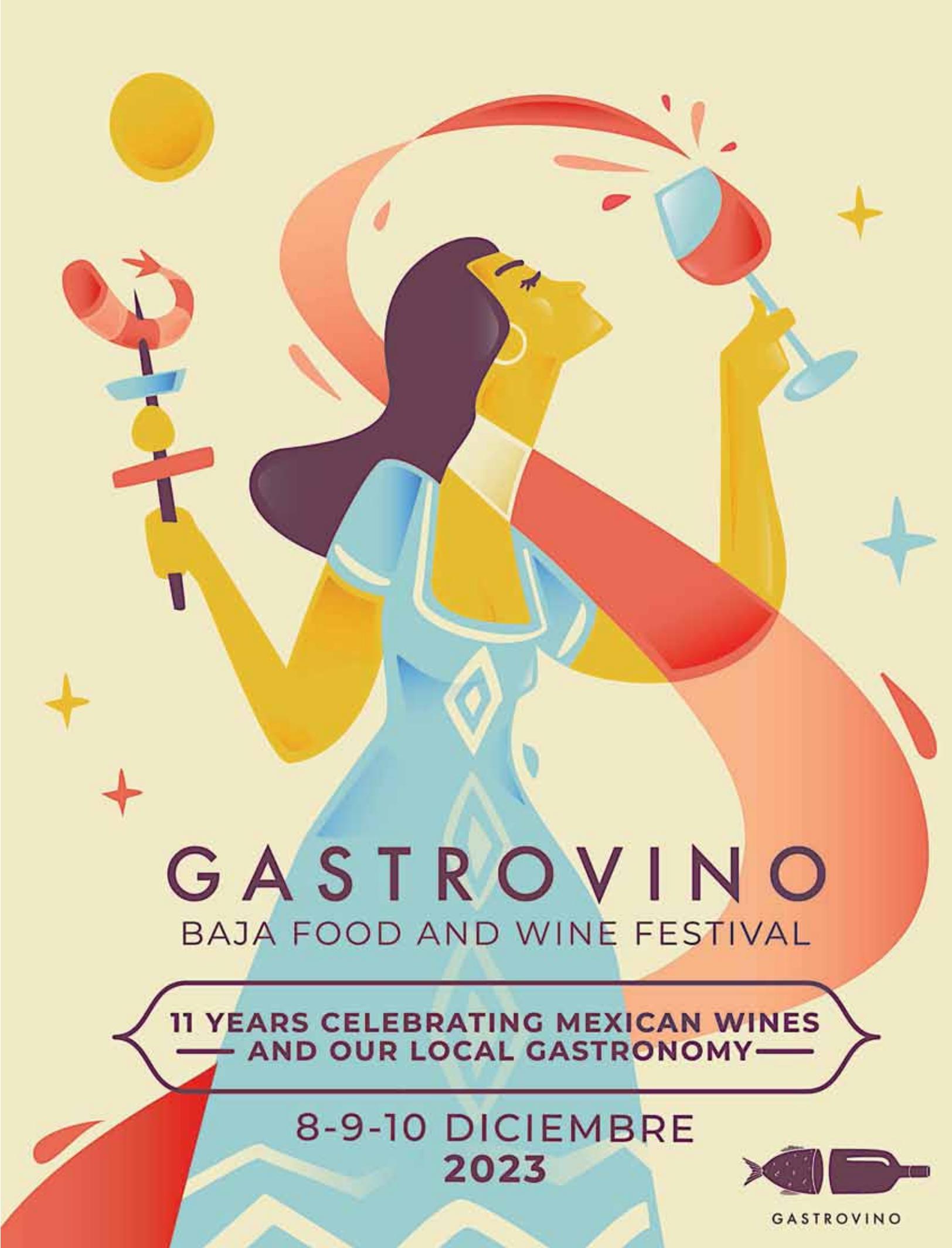
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HOLIDAY / NAVIDAD ISSUE

DEADLINE: NOV. 10, 2023

FECHA LIMITE: 10 DE NOV. 2023



GASTROVINO

BAJA FOOD AND WINE FESTIVAL

11 YEARS CELEBRATING MEXICAN WINES
— AND OUR LOCAL GASTRONOMY —

8-9-10 DICIEMBRE
2023



GASTROVINO

GASTROVINO Baja Food & Wine Festival



traducido por Marina Garnica

A FEAST OF MEXICAN WINES, CUISINE, AND COMMUNITY!

Prepare your taste buds for a culinary and wine experience that transcends boundaries as the Gastrovino Baja Food and Wine Festival returns for its 11th anniversary December 8 to 10, 2023. Taking place in the enchanting *pueblo mágico* of Todos Santos, Baja California Sur, this year's festival promises an unforgettable journey through the heart of Mexican gastronomy and winemaking.

NEW DATES, NEW VENUE, SAME EXCITEMENT

This year's theme is a celebration of the maritime routes that connected Todos Santos with the rest of the world. "We're thrilled to unveil exciting changes for GASTROVINO 2023, but the one thing that remains unchanged is our passion for fabulous Mexican wines, exceptional cuisine, and the vibrant community that makes it all possible," says Marina Garnica, director of the festival.

This year, the celebration will be extended to three remarkable days, from December 8th to 10th. That's three days of pure delight, to explore the culinary riches of Todos Santos and beyond.

But that's not all, GASTROVINO is proud to announce that the festival's main event on Sunday, December 10, will be hosted at the newest jewel in the crown of Santa Terra—'La Barca.' This enchanting venue, surrounded by old boats, natural springs, lush greenery, and scenic views of Vino Park—a petite manicured vineyard—that will add a touch of extra magic to the festivities.

¡UN FESTIVAL DE VINOS MEXICANOS, GASTRONOMÍA Y DE NUESTRA COMUNIDAD!

Prepara tus papilas gustativas para una experiencia culinaria y vinícola que trasciende fronteras mientras el Festival Gastrovino Baja regresa para su 11^o aniversario del 8 al 10 de diciembre de 2023. Teniendo lugar en el encantador pueblo mágico de Todos Santos, Baja California Sur, el festival de este año promete un viaje inolvidable a través del corazón de la gastronomía y la vinificación mexicana.

NUEVAS FECHAS, NUEVO LUGAR, LA MISMA EMOCIÓN

El tema de este año es una celebración de las rutas marítimas que conectaron a Todos Santos con el resto del mundo. "Estamos emocionados de revelar cambios emocionantes para GASTROVINO 2023, pero lo que sigue sin cambiar es nuestra pasión por los fabulosos vinos mexicanos, la excepcional cocina y la vibrante comunidad que hace que todo sea posible," dice Marina Garnica, directora del festival.

Este año, la celebración se extenderá a tres días, del 8 al 10 de diciembre. ¡Eso son tres días de pura delicia para explorar las riquezas culinarias de Todos Santos y más allá! Pero eso no es todo, GASTROVINO se enorgullece de anunciar que el evento principal del festival el domingo 10 de diciembre, se llevará a cabo en la joya más nueva de la corona de Santa Terra: 'La Barca.' Este encantador lugar, rodeado de barcos antiguos, manantiales naturales, exuberante vegetación y vistas panorámicas de Vino Park y GASTROVINO continúa en página 8

A CELEBRATION OF COMMUNITY AND COLLABORATION

GASTROVINO is not just a festival; it's a testament to the power of collaboration that makes Todos Santos such a strong community. Thanks to the tireless efforts of our dedicated volunteers, passionate supporters, and friends, this celebration of Mexican wines and food has grown into something truly extraordinary. GASTROVINO extends heartfelt thanks to the local sponsors, who play a pivotal role in making the festival possible. Their unwavering support helps to create an event that celebrates the rich tapestry of Mexican culture and the joy of sharing it with the world.

A TRIBUTE TO LOCAL ARTISTRY

GASTROVINO also salutes the local artists who infuse their creativity into every aspect of the festival—from vibrant art installations to captivating live performances, their contributions enrich the festival experience and add a dash of local flavor.

GIVING BACK TO THE COMMUNITY

GASTROVINO believes in making a difference. Over the years, the silent auction has raised over \$85,000 USD for various non-profit organizations in Todos Santos that support vulnerable areas of the community. This year, they are proudly partnering with *Alianza Cero Basura*, an organization dedicated to building a community that produces less waste, promotes a circular economy, and thrives with support from local businesses.

FESTIVAL EVENTS

GASTROVINO 2023 promises three days of non-stop

celebration across Todos Santos' downtown and its most sought-after locations.

Friday, December 8th, 4 – 7 pm, GASTRO TOUR SOUTH

Explore culinary delights paired with award-winning wines as you tour the enchanting town of Todos Santos, then enjoy the After Party at the Sky Lounge of the iconic Guaycura Hotel starting at 7 pm. The tour includes participating restaurants within walking distance in the south part of Todos Santos' historical downtown, along with strategically placed food trucks serving distinctive and unique food.

Saturday, December 9th, 4 – 7 pm, GASTRO TOUR NORTH

Dive into the vibrant culinary scene of Todos Santos with more delectable offerings paired with the finest wines, then enjoy the After Party on the street in front of the magical Hotel Casa Tota starting at 7 pm. The tour includes participating restaurants within walking distance in the north part of Todos Santos' historical downtown, along with strategically placed trending food trucks.

Sunday 10th, 2 – 6 pm, GASTROVINO MAIN EVENT

Celebrate GASTROVINO'S 11th anniversary with an incredible lineup of Baja and Californian wines, top chefs, and special guests from Yountville, Napa Valley. This year it takes place at La Barca at Santa Terra in downtown Todos Santos.

This is a unique opportunity to taste wines from all over Mexico and Napa Valley with around 21 wineries in attendance, including esteemed names from Valle de GASTROVINO continued on page 9



GASTROVINO

continuó de página 6

un pequeño viñedo cuidadosamente cuidado, que añadirá un toque de magia adicional a las festividades.

UNA CELEBRACIÓN DE LA COMUNIDAD Y LA COLABORACIÓN

GASTROVINO no es solo un festival, es un testimonio del poder de la colaboración que hace de Todos Santos una comunidad distintivamente fuerte y unida. Gracias a los incansables esfuerzos de nuestros voluntarios dedicados, apasionados patrocinadores, y grandes amigos, esta celebración de los vinos y alimentos mexicanos se ha convertido en algo verdaderamente extraordinario. GASTROVINO extiende su más sincero agradecimiento a los patrocinadores locales, que desempeñan un papel clave en la realización del festival. Su apoyo inquebrantable ayuda a crear este evento que celebra la rica cultura y la alegría de compartirla con el mundo.

UN HOMENAJE AL ARTE LOCAL

GASTROVINO también rinde homenaje a los artistas locales que infunden su creatividad en cada aspecto del festival, desde vibrantes instalaciones de arte hasta cautivadoras actuaciones en vivo; sus contribuciones enriquecen la experiencia del festival y añaden un toque de sabor local.

DAR A LA COMUNIDAD

GASTROVINO cree en marcar la diferencia. A lo largo de los

años, la subasta silenciosa ha recaudado más de \$85,000 USD para diversas organizaciones sin fines de lucro en Todos Santos que apoyan las áreas más vulnerables de nuestra comunidad. Este año, se nos enorgullece de asociarnos con Alianza Cero Basura, una organización dedicada a construir una comunidad que produzca menos residuos y desperdicio, promoviendo una economía circular, y más prospera con el apoyo de las empresas locales.

EVENTOS DEL FESTIVAL

GASTROVINO 2023 promete tres días de celebración ininterrumpida en el centro de Todos Santos y en sus lugares más buscados.

Viernes 8 de diciembre, 4 - 7 pm, GASTRO TOUR SUR

Explora delicias culinarias acompañadas de vinos premiados mientras recorres el encantador pueblo de Todos Santos y luego disfruta de la After Party en el Sky Lounge del icónico Hotel Guaycura a partir de las 7 pm. El recorrido incluye restaurantes participantes en la parte norte del centro histórico de Todos Santos, junto con icónicos food trucks estratégicamente ubicados.

Sábado 9 de diciembre, 4 - 7 pm, GASTRO TOUR NORTE

Sumérgete en la vibrante escena culinaria de Todos Santos con más ofertas deliciosas acompañadas de los mejores vinos, luego disfruta de la After Party en la calle frente al emblemático Hotel Casa Tota a partir de las 7 pm. El recorrido incluye restaurantes participantes en la parte norte del centro histórico de Todos Santos, junto con tendencias food trucks estratégicamente ubicados.

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GASTROVINO

continued from page 7

Guadalupe like Solar Fortún, Decantos, Cava Maciel, Casa de Piedra, Aborigen, Xecue, Shimul, Alximia, Henri Lurton, Lechuza, Tres de Vino, Vinícola Total, Clos de Tres Cantos, Valle Girl Vino, Bruma, Casa Jipi, Xwrendepia de Dos Gallos, Vinos Cruz, y Casa Anza from San Miguel de Allende; Honrama Cellars from Napa Valley; Desert Wine 5 from Valle de Santo Domingo; and Rancho LaVenta from San Bartolo and San Antonio.

GASTROVINO is proud to showcase the culinary talent that defines the Todos Santos region. The local chefs, restaurants, and food trucks craft mouthwatering dishes that pay tribute to the diverse and unique flavors of Mexico. GASTROVINO takes you on a culinary journey like no other featuring fresh, farm-to-table ingredients, locally caught seafood, and farm-fresh produce—masterfully paired with the festival’s exquisite wine selection.

GET READY TO CELEBRATE!

GASTROVINO 2023 welcomes you to where Mexican wines, culinary excellence, and the warmth of the community unite. Ticket for all events will be available soon at www.gastrovino.mx. Advanced tickets will also be available at Café La Perla in Todos Santos, La Fabrica by Café 1240 in La Paz, The Wine Market at Plaza Pioneros in Cabo San Lucas, and Pez Gordo Gallery at Shoppes at Palmilla in San José del Cabo, and at the door the day of the events.

For more information, visit: www.gastrovino.mx. Follow GASTROVINO on social media channels for a sneak peek of what’s in store: Facebook: FestivalGastroVino, or Instagram: gastrovinobajafest.





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The Magic of Loreto

La Magia de Loreto

by / por Bryan Jáuregui

traducido por Francesca Magallon

photos by / fotos por Richard Jackson

Arthur C. Clarke once famously stated that “Magic is just science that we don’t understand yet.” It is therefore little wonder that Keep Loreto Magical, a project of The Ocean Foundation, has turned to some of the most renowned marine scientists working in Baja California Sur today in its quest to protect the natural resources and habitats of Loreto, a *pueblo mágico* on the Gulf of California. The scientists have a pretty good idea of what makes it magical—and how to keep it that way.

“We’ve just had huge news in Loreto!” exclaims Dr. Hector Reyes Bonilla, a research investigator with the Department of Marine and Coastal Sciences at the Autonomous University of Baja California Sur (UABCS) in La Paz who has been working in Loreto for the last 15 years. “The Bay of Loreto National Park has just been Certified by the International Union for Conservation of Nature (IUCN) as a “Green Listed” site, one of just 77 such protected sites around the globe. This is just as big an achievement as being named a UNESCO World Heritage Site and it is a wonderful recognition for the management of the park.”

Founded in 1996, the Bay of Loreto National Park (PNBL) covers 2,065.81 square kilometers (797.61 sq. mi.) including five large uninhabited islands and several smaller islands in Loreto Bay. Things initially went very well for the park and in 2004 it was declared a RAMSAR (convention

Arthur C. Clarke una vez dijo célebremente que “La magia es sólo ciencia que no entendemos todavía.” Por lo tanto, no es de sorprenderse que el proyecto “*Keep Loreto Magical*” / “*Mantengamos a Loreto Mágico*” de *The Ocean Foundation* / La Fundación del Océano, se haya enfocado en algunos de los más reconocidos científicos marinos trabajando hoy en Baja California Sur en su búsqueda para proteger los recursos naturales y los hábitats de Loreto, un pueblo mágico en el Golfo de California. Los científicos tienen una buena idea de que es lo que lo hace mágico, y también de cómo mantenerlo así.

“Nos acaban de dar grandes noticias en Loreto!” exclama el Doctor Héctor Reyes Bonilla, un investigador del Departamento de Ciencias Costeras de la Universidad Autónoma de Baja California Sur (UABS) en La Paz, que ha estado trabajando en Loreto los últimos 15 años. “El Parque Nacional de la Bahía de Loreto acaba de ser certificado por la Unión Internacional para la Conservación de la Naturaleza (UICN) como un sitio con el estatus de “Lista Verde,” uno entre solamente 77 sitios alrededor del mundo. Esto es un logro tan grande como el ser nombrado un Sitio de Patrimonio Mundial por la UNESCO y es un maravilloso reconocimiento a la administración del parque.”

Fundado en 1996, el Parque Nacional de la Bahía de Loreto (PNBL) abarca 2, 065.81 kilómetros cuadrados LORETO continúa en página 26

on wetlands) site for its importance as a wildlife refuge and in 2005 its islands were declared part of a UNESCO World Heritage Site. But park management began to unravel and Loreto, like many Gulf of California fishing communities, found itself with declining fish stocks, loss of biodiversity, degraded ecosystems, and illegal fishing. Conservation groups like *Eco-Alianza de Loreto AC* swung into action and in 2019 the old park plan was thrown out and a new PNBL Park Management Plan based on ten years of research and planning by scientists, fishermen, tourism operators, economists, and other stakeholders came into play. Gaining Green List status is a glorious validation of the new park management plan and the tremendous effort it took to achieve it.

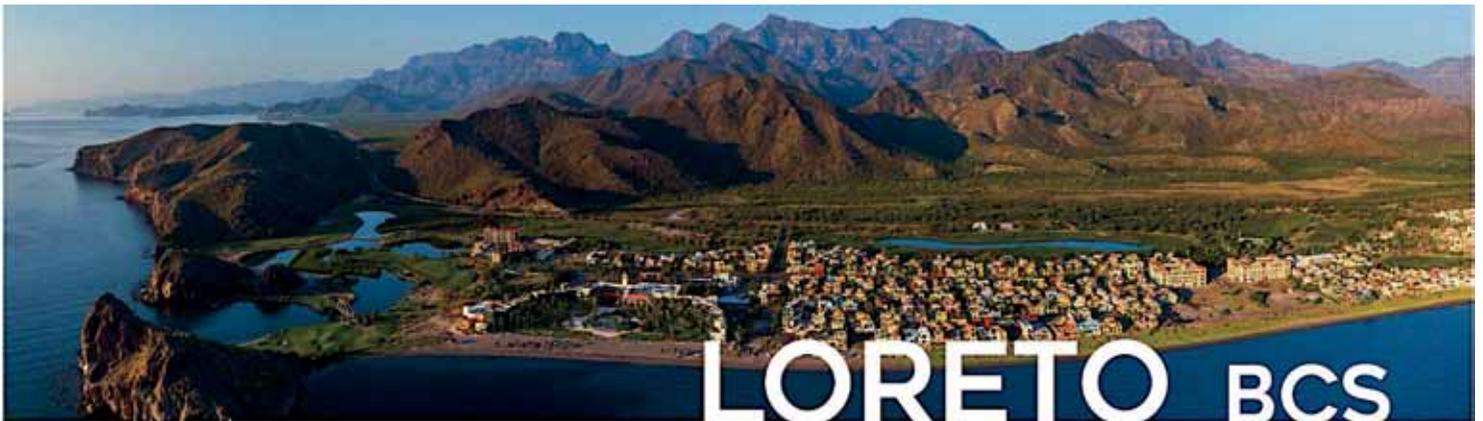
Dr. Reyes, who did extensive work on Loreto's IUCN Green List proposal, observes approvingly that "roughly 90% of the Loreto marine park is open to fishing and even so the park still has excellent biodiversity. Even though the no-fishing area of the park increased with the new management plan, people are still making a living from the environmental services of the area including fishing, blue whale watching, and other forms of ecotourism. At the same time, the ocean and the reefs are very healthy. Loreto has over 2,000 marine species from marine mammals to invertebrates."

Dr. Reyes notes that organizations like Keep Loreto Magical have done a great job of expanding environmental literacy in the area, which is not easy in a relatively large, rapidly growing, tourism-based town like Loreto. "But you see so many people who make their living from the area really

employing conservation techniques. The fishing boat captains who also take tourists to see the blue whales have learned—and use—all the best techniques for observing the whales without disturbing them. Loreto has really transformed into a conservation-minded town."

Which is great news for neighboring fishing communities as well. Loreto occupies a key place in the fishing ecosystem of the mid to upper Gulf of California. The fish larvae produced in the Bay of Loreto get swept north to fishing areas like Mulege and Santa Rosalia. If the health of the Bay of Loreto declines or if the area gets overfished, not only would it devastate Loreto's fishing community, but another direct and dire impact would be the collapse of the fisheries further north. Dr. Reyes is therefore working with the fishermen of Loreto to find the best places in the park for fish refuges. "Fishes refuges" are a management tool run by the Mexican fishing authority, CONAPESCA. They are areas defined by fishermen, typically in collaboration with academic groups like UABCS/Dr. Reyes, with the objective of creating an area for the reproduction and dissemination of the larvae and juveniles of commercial species. Once they have their favored list of fish refuges together, the fishermen will present their proposal to the federal government. Loreto Bay also has several no-take zones—where it is illegal to take any species—and these are managed by the park authority to maintain biodiversity. Dr. Reyes and his team from UABCS are conducting a baseline study of the Nopoló No-Take Zone to understand the volume and quality of marine life it protects. Dr. Reyes and his team are therefore supporting both the conservation part of the

LORETO continued on page 27



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by / por Maryann Douglas,
Kate Lewis, Marsha Dahlquist,
& Patricia Deuster

traducido por Ivonne Benítez
photos / fotos por Kate Turning

Funding the Bomberos de Todos Santos Financiación a los Bomberos de Todos Santos

Last summer's La Cachora fire in Todos Santos burned for three days—from the edge of the Pacific Ocean, through the *huertas*, to the edge of downtown. Those of us who were here at the time remember how terrifying it was. The people who lived in the path of that fire also remember well. This is one family's story.

It was 10:30 am, July 31, 2022. The summer morning was hot and still. Sylvie and Christophe were on alert, watching an enormous black plume of smoke rising from La Poza. Their property sits between town and La Cachora, in the middle of the palm grove. Neighbors said not to worry as it seemed under control and our fire fighters were on it.

As the wind began to pick up and the fire drew near, Sylvie hurriedly packed up their pets and important papers and drove to town. Christophe stayed behind to do what he could to protect their home. For a while, it seemed their house would remain out of the fire's path, but the nearby palm trees exploded into flames and the embers were blown to within a few meters of their property. The roaring fire now surrounded all sides of their home. With the fire fighters busy trying to contain the worst of the blaze down

El incendio de La Cachora del verano pasado en Todos Santos ardió durante tres días, desde el borde del Océano Pacífico, a través de las huertas, hasta el borde del centro del pueblo. Los que estuvimos aquí en ese momento recordamos lo aterrador que fue. Las personas que vivían en el camino de aquel sendero también lo recuerdan bien. Esta es la historia de una familia.

Eran las 10:30 am del 31 de julio de 2022. La mañana de verano era calurosa y tranquila. Sylvie y Christophe estaban alerta, observando una enorme columna de humo negro que se elevaba desde La Poza. Su propiedad se encuentra entre el pueblo y La Cachora, en medio del palmeral. Los vecinos dijeron que no se preocuparan ya que parecía estar bajo control y nuestros bomberos estaban en ello.

Cuando el viento comenzó a arreciar y el fuego se acercaba, Sylvie rápidamente resguardó a sus mascotas y empacó documentos importantes y se dirigió al pueblo. Christophe se quedó atrás para hacer lo que pudiera para proteger su hogar. Por un tiempo, pareció que su casa permanecería fuera del alcance del fuego, pero las palmeras cercanas estallaron en llamas y las brasas volaron a unos pocos
BOMBEROS continúa en página 43

by the beach, Christophe was on his own.

But help would arrive from nearby friends—they formed a bucket brigade to water down the *palapa* roof and burning fields. Fortunately, they had a swimming pool for water, as there was minimal city water pressure.

Eventually the fire department was able to break away from La Poza and come to their aid. Hours later, the worst of the fire was over, and their home was spared. But for three days the palm trees smoldered to reignite the flames. No one slept.

Sylvie and Christophe call the *Bomberos* efforts heroic.

It has been over a year since the day of that fire. We sat down with Salvador Cadena (Chava), the Todos Santos fire chief, to find out what the community can do now and, in the future, to support the *Bomberos* and avoid catastrophes like the recent La Cachora fire. He told us what is necessary to help keep our growing town safe.

1. ANOTHER FIRE TRUCK.

One of the problems when fighting the La Cachora fire was that the existing fire truck is too low to the ground. It was nearly impossible to maneuver the truck through the rutted, *huerta* roads. Fire trucks from El Pescadero, La Paz and Cabo San Lucas traveled to aid the Todos Santos' truck.

2. TWO MORE WATER TRUCKS.

One reason the La Cachora fire spread so quickly was that back-up water trucks had to travel from El Pescadero and La Paz, and this wasted precious time.

3. A SECOND AMBULANCE.

Recently there were two traffic accidents in town on the same day. The only ambulance was down for repairs. The injured had to be taken by a private ambulance service, which costs on average \$10,000 pesos (around \$600 US), to travel to either Cabo San Lucas or La Paz. The *Bomberos* ambulance charges only for the cost of gasoline.

4. UPGRADE AND REMODEL THE FIRE STATION.

Three people are always on duty at the fire station with 48-hour shifts. They need a dormitory (where they can sleep), a bathroom where they can shower off the fire-retardant chemicals after fighting fires, and a proper kitchen. The existing fire station is just one room for their gear, a small closet, and bathroom with just a sink and toilet. The ceiling is ready to cave in.

At present there are 31 fire fighters in Todos Santos: nine officers and 23 volunteers. Only the main crew of nine receive a monthly salary of \$10,000 pesos (about \$600.00 US) each, plus social security.

The city of La Paz provides the fire department \$1700 pesos (around \$100 US) a week for gasoline. This does not go very far when they make multiple trips in the ambulance. They receive no money to cover ongoing costs for firefighting equipment such as jackets, boots, helmets, or any other needs.

In addition to fighting fires and taking the injured to hospitals in Cabo San Lucas and La Paz, they also aid in **BOMBEROS** continued on page 39

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Art Talk

by Mark Gabriel

NON-PAINTING OF PAINTING

I am a painter, and I love painting, but sometimes my favourite part of painting is not painting. And I don't just mean the "not-painting" prep work and planning and sketching before the actual painting, although I like that too and I'll get to some of that, what I really dig sometimes, is all the other stuff.

ART SUPPLIES.

I like shopping. I love art supplies and I love shopping for art supplies. I could spend days in an art supply store. I could live there. So that's basically what I do. Some of the best times I've had not-painting are spent buying art supplies. I fill my studio with as much of those glorious materials-of-potential as I can, and then spend my time living there. Surrounded by the epic potential of all that gear. Tubes of paint, pens, ink, and fields of paper and canvas. It's the packaging, the plastic and metal vessels. Those endless kits of things to make marks with. I adore the breaking open, unsealing, dipping into fresh unsullied materials d'art. I love fingering all those containers of pencils and pastels and charcoal. I love getting my hands dirty. I love the smell. Markers and linseed oil and exotic solvents. I love being surrounded by art supplies. If I was Richie Rich, I'd fill my swimming pool with art supplies and spend my days a-floating.

WHAT IS AN EMPTY DESK A SIGN OF?

When I am supposed to be working, I like to organize my studio. It's not so much about cleaning, it's a great time to reacquaint myself with all the art supplies I have floating around. Plus, remember what Einstein said about a cluttered desk? I have no problem with clutter. What I cannot abide is not being able to find some tool or medium I need in a timely manner when I'm in the flow. Creative impulses move fast from brain to the fingers, one needs to be as ready to receive those impulses as execute them. The bonus is all those tools and paint in their proper place looks so damn good.

On top of that, it goes without saying that to organize my studio I am moving about. It is an early form of creative pacing, which I do quite a bit when I'm painting. And it's an especially important part of what I do before I start actually painting, before I'm in the flow. Who knew that moving about would aid in creative reception? It's a great way to get those wheels turning, and it's good cardio.

INPUT.

Pacing leads me to input. Pacing is not unlike a road trip, a mostly forward momentum adventure that is a feast for the senses. Unlike actual painting, which is of course, output and is as exhausting as running and jumping, input is literally like feasting. We're filling up at that metaphysical gas pump in the sky. Divine intervention can come at any time, but I have learned that a great way to speed things up is to hoist a lightning rod. Better if I can point the rod in

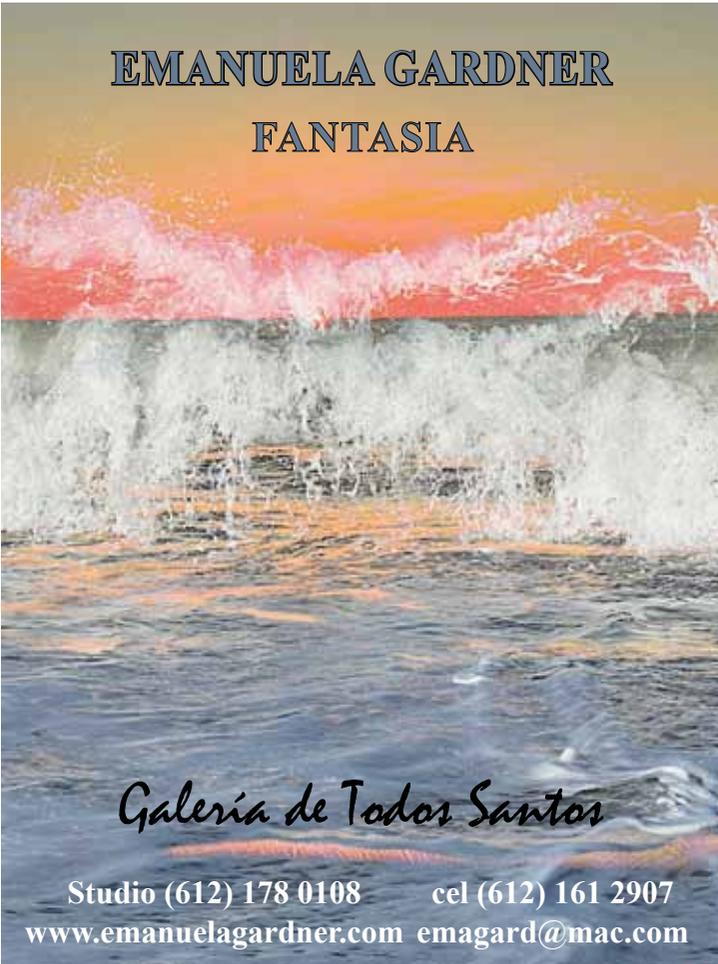


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Diver at the Desert (m 60 x 48 inch Original Painting by Mark Gabriel)



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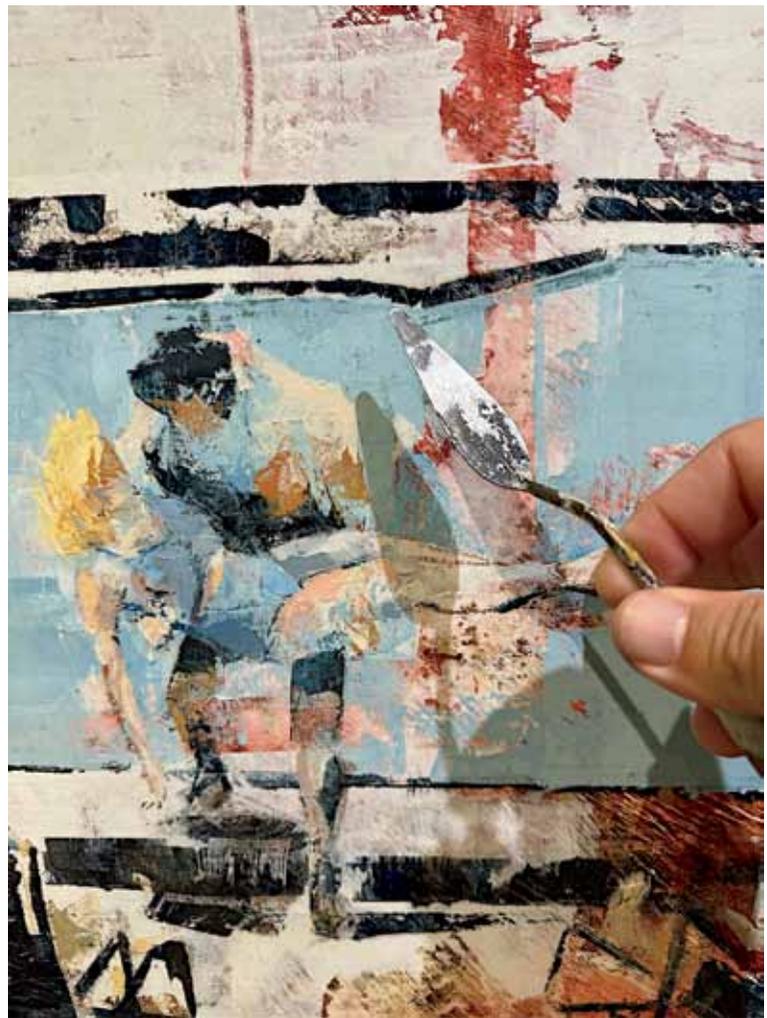
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the general direction of where I'm looking to go creatively. Input for me, are all the things that feed my soul, and in turn inspire the work—hanging with good people and puppies, hanging at bookstores and record shops, playing my guitar, staring into space etc.—and only with a full soul, can I even begin to think about the actually-painting part. Non-painting things like meditation and dipping my toe into that transcendental lake David Lynch swears by, are fantastic sources of gathering. Input is almost always the most fun thing to do. I could do it all the time. Until I can't.

SPOOKY ACTION AT A DISTANCE OR, THE ACTUAL NON-PAINTING BEFORE THE PAINTING.

At some point, I can't stand it anymore, and I must get to painting. I can only get so far away from the painting I'm supposed to be making. Once I've partially or wholly conceived of the thing, and that can really happen at any time, the two of us are inextricably linked. The painting and I are two parts of a whole. We will forever share a special interdependent spatial proximity. At this point, if I never get to actually paint this painting, I will always feel like there is something missing in my life. It would be the biggest shame. Unfulfilled creative impulses are the artist's original sin. I admit to having let juicy nuggets slip past me before, but until I am dead, there will always be an opportunity to reunite with these exotic others, wherever in the ether they go. They are never too far gone. Regardless, let us not be low about the ones that slip away, we are returning to our well, and getting ready to actually-paint.

The first thing to do when you sit down to paint, is not paint. Really, that's true. The first thing you do is to properly look at what you're about to paint. One needs to truly "see" the subject before one paints the subject! This was taught to me by Stan, my life drawing professor, in my first year of art school. It's an extremely important lesson that I still live and paint by. Stan was wise. He was of course talking about not jumping into drawing or painting a still life, or live model before actually using your eyes and brain. We bring bias to the drawing board, we think we know how a body bends, where the eyes are placed on a head, or what color an orange is. We don't take the time to see for



Process detail by Mark Gabriel

ourselves, that a body changes as it moves, stretching skin changes texture and shape and affects where the shadows and highlights fall. How the eyes are more than just anatomy they are windows into character, and that to ignore the personality of the thing we are about to explore through our paintbrush, we do at our peril. Naturally the

ART TALK continued on page 29

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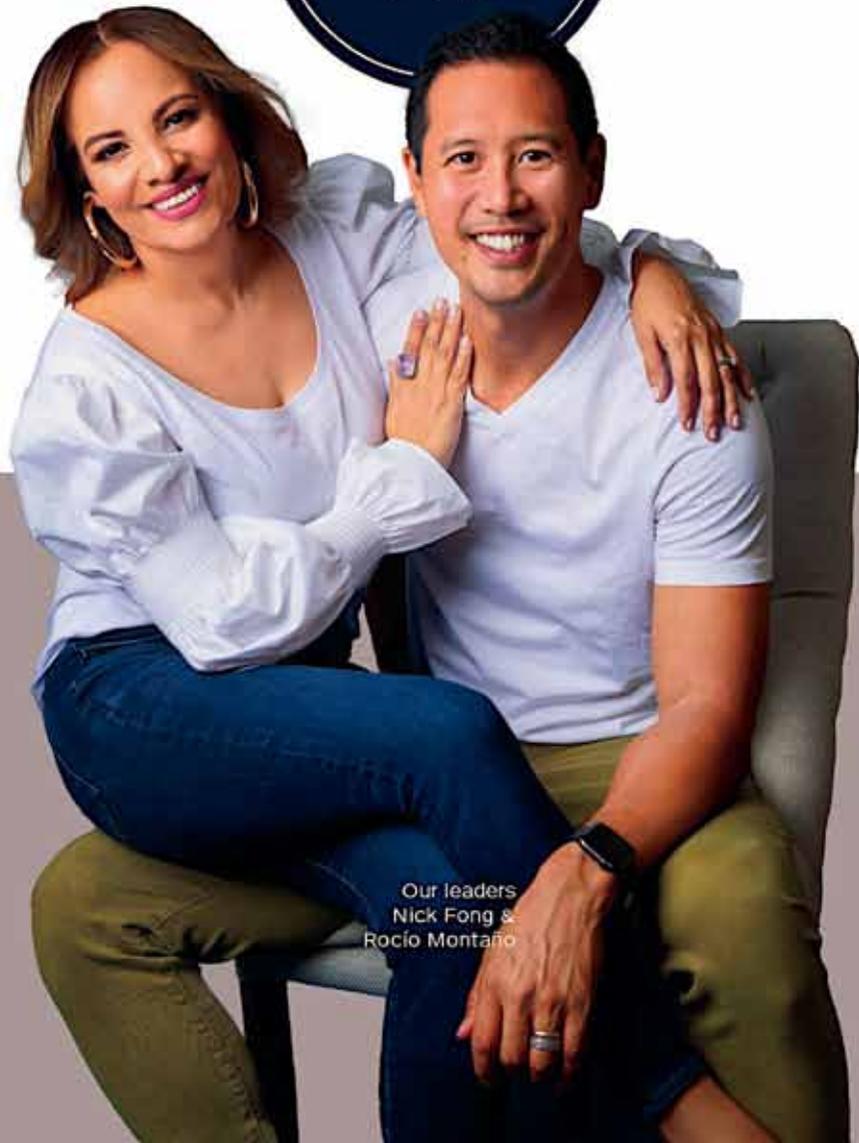
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PALISADES
Los Barriles



Bryan Jáuregui, 2022 Cineminuto ganadora Abigail Vega, Sylvia Perel, Prof. Rubén Olachea

Mi Pueblo Sin Basura

por Bryan Jáuregui,
 Todos Santos Eco Adventures
 traducido por Ivonne Benítez

Mi Pueblo Sin Basura no es sólo el objetivo de Alianza Cero Basura, itambién es el tema de La Competencia de Cine Cineminuto para el 19º Anual Festival de Cine Todos Santos! Residentes de todo el estado de Baja California Sur: estudiantes, maestros, jubilados, pescadores, ganaderos, meseros, amas de casa, empresarios, mexicanos, extranjeros, médicos, candidatos a doctorado, y graduados de jardín de niños, están todos invitados a participar en el concurso y presentar su visión de Mi Pueblo Sin Basura. La fecha límite para la película y la presentación es el 1 de noviembre y las reglas y regulaciones se enumeran

en el documento adjunto gráficos. El ganador recibirá no sólo la adulación de sus compañeros residentes de BCS y una Trofeo Cero Basura, pero también una GoPro HERO 12 Black recién lanzada: una cámara de acción resistente al agua con vídeo ultra HD 5.3K60, fotos de 27 MP, HDR, resolución de 1/1.9", sensor de imagen, transmisión en vivo, cámara web, y estabilización. ¡Totalmente genial!

Si buscas inspiración, a veces los clásicos son un buen lugar para empezar. Por ejemplo, los subtítulos de John Lennon para su entrada en Cineminuto pueden ser bastante etéreos:

♪ "Imagínate que no hay basura, es fácil si lo intentas. No hay micro-plásticos debajo de nosotros, solo encima de nosotros el cielo. Imagínesse a toda la gente viviendo sin basura..." ♪

Los subtítulos de Martha y los Vandellas para su entrada en Cineminuto probablemente serían un poco más orientado a la acción:

♪ "Llamando a todo el estado, ¿estás listo para un ritmo completamente nuevo? La Basura está aquí y es el momento adecuado para limpiar la calle. Están limpiando en San Ignacio (limpiando las calles), allá en Santiago (limpiando las calles...)" ♪

Los clásicos son geniales, pero también hay una gran inspiración proveniente de una banda popular en ¡Todos Santos ahora mismo! Los Hijos del Tropicó ya han escrito el tema musical de la nueva campaña de Alianza Cero Basura, #CuidemosTodos, y aquí un adelanto de unas pocas líneas. Puede verlos en página 28.

Entonces, tome su teléfono celular y muéstrenos su visión de Mi Pueblo Sin Basura. ¡Estamos ansiosos de verlos en la pantalla grande!

MI PUEBLO SIN BASURA cont. en página 28



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Mi Pueblo Sin Basura

by Bryan Jáuregui,
Todos Santos Eco Adventures

Mi Pueblo Sin Basura is not only the goal of *Alianza Cero Basura*, it is also the theme of the Cineminuto Film Competition for the 19th Annual Festival de Cine Todos Santos! Residents from across the state of Baja California Sur—students, teachers, retirees, fishermen, ranchers, waiters, housekeepers, entrepreneurs, Mexicans, foreigners, doctors, doctoral candidates, and kindergarten graduates—are *all* invited to participate in the competition and present their vision of *Mi Pueblo Sin Basura*. The deadline for film submission is November 1, and the rules and regulations are listed in the accompanying graphics. The winner will receive not only the adulation of fellow BCS residents and a *Cero Basura* trophy, but also a just-released GoPro HERO 12 Black—a waterproof action camera with 5.3K60 ultra HD video, 27MP photos, HDR, 1/1.9" image sensor, live streaming, webcam, and stabilization. Totally cool!

If you're looking for inspiration, sometimes the classics are a good place to start. For example, John Lennon's subtitles for his Cineminuto entry might be rather ethereal:

♪ "Imagine there's no basura, it's easy if you try. No microplastics below us, above us only sky. Imagine all the



people, livin' basura-free..." ♪

Martha and the Vandellas's subtitles for their Cineminuto entry would likely be a bit more action-oriented:

♪ "Callin' out around the state, are you ready for a brand-new beat? Basura's here and the time is right, for cleaning up the street. They're cleaning in San Ignacio (cleaning up the streets), down in Santiago (cleaning up the streets...)" ♪

The classics are great but there's also some great inspiration
MI PUEBLO SIN BASURA continued on page 28

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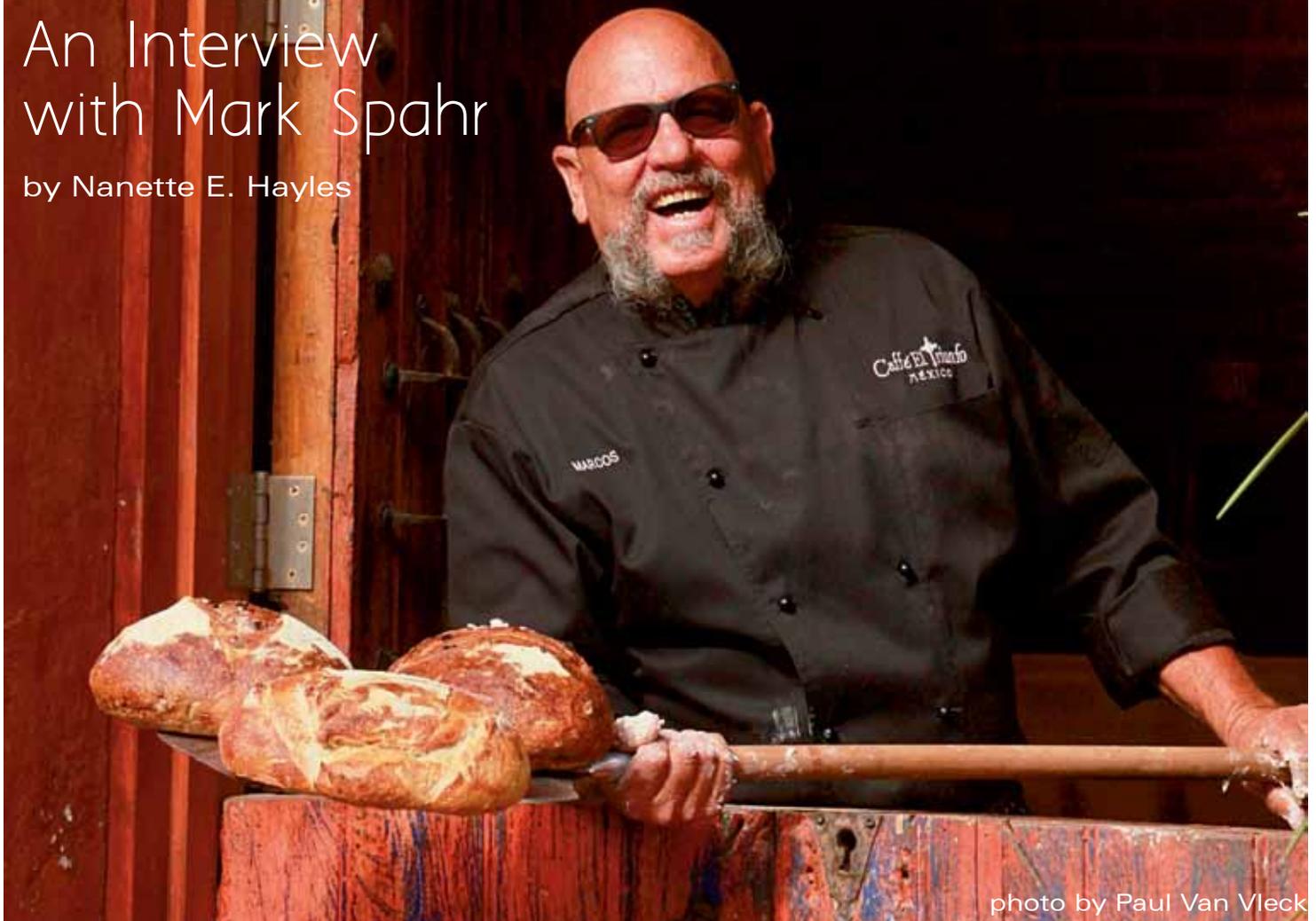
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An Interview with Mark Spahr

by Nanette E. Hayles



BAKER, BIKER, AND BUILDER

Mark celebrates and reflects on his 30 years with *Caffé Todos Santos* and *Caffé El Triunfo* and more.

Marcus Spahr, a longtime resident of the *Todos Santos* then *El Triunfo* community, lived in the *hell* of a twenty-year drug addiction; he survived, and he triumphed. His crossroad moment came, and he seized it, and went into rehabilitation. After he completed his 12-Steps program, Marcus got on the road and headed down the Baja peninsula in his '46 GMC pickup. Clean, sober, cocky (at times) and a bit wiser, he began his dreamed renaissance life.

Marcus created two successful restaurants in Baja California Sur. The first was the *Caffé Todos Santos*, which he later sold to Magda and Angelo whose son, Costantino, continues the tradition in his own personal style of excellence.

Marcus then packed his bags, left his beautiful *Todos Santos* farm, and moved to the then almost abandoned small town of *El Triunfo*. He started over again from scratch by purchasing a run-down, two-story historical building, where he created another quaint and cozy bakery *Caffé El Triunfo*.

NE: Can you share with us one of your most life changing moments?

MS: My wake-up moment, it was in the summer of 1986. I was strung out on heroin—I had about a half a gram a

day habit of black tar heroin. I was working at a gold mine in Northern California. I was the head grease monkey in the preventive maintenance department at the truck shop. I had decided I needed to go cold turkey. On the third day, in the middle of the withdrawals, I was lying on the couch and hadn't slept. The TV was on, and I screamed at the top of my lungs, "GOD HELP ME!" In that very second, when those words came out of my mouth, a guy on the television said, "... and our next guest today is Dr. Richard Miller, who runs a drug rehab center at Wilbur Hot Springs in Northern California."

I was completely blown away about what had just happened. I screamed at the top of my lungs, *God help me*, and within one or two seconds a guy on the television began to tell me about how I can be helped! I knew this was a powerful moment that I had to act on. I got up off the couch.

I made a call to the telephone number they had given for this drug rehabilitation center. The secretary answered the phone, and I told her my situation. She said that she could not get me into the center for two weeks. I told her I could be there in two weeks, but I don't know if I'll last two weeks. She responded, "Well, find a Narcotics Anonymous meeting and also suggested that I go to meetings at Alcoholics Anonymous." "NO matter what," she continued, "you have to go to a meeting every single day for 14 days. After that we will bring you into our center at the Hot Springs."

MARK SPAHR continued on page 45



**DESDE MCMXCIII
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MÉXICO



october

October 8 - 14 | DÍAS FESTIVALES DE TODOS SANTOS usually take place this week in the Todos Santos plaza.

October 12 | 12 - 5 pm, AMIGOS DE LOS NIÑOS REDHEAD BEACH PARTY at **Shaka's** at Cerritos. Special musical guest Rico Monaco at 3:30 pm.

October 14 | 10 am - 4 pm, BAJA 100 ART SHOW at Agricole in Pescadero.

October 21 | 10 am - 4 pm, BAJA 100 ART SHOW at Gallo Azul in Todos Santos.

October 22 - 28 | 51ST INTERNATIONAL CERVANTINO TRIP with **Hablando Mexicano**. Visit their website or email for details: www.hablandomexicano.com, info@hablandomexicano.com

October 26 | 6 pm, THE PALAPA SOCIETY MASQUERADE BALL at **Café La Esquina** in Todos Santos. Get ready to put on your mask for an unforgettable evening of fun and mystery! Dress up in your finest attire and let loose on the dance floor, all while raising money for a great cause. This is the perfect opportunity to support **The Palapa Society** and their efforts to promote education in the local community. Tickets are \$500 MXN and can be purchased via their Facebook page: <https://www.facebook.com/palapasociety.org/events>, <https://palapasociety.org>

november

November 1 | 4:40 pm, INAUGURATION OF THE 5TH DÍA DE MUERTOS TODOS SANTOS in the public plaza. Followed by Copal ceremony, music, and dance groups. For more information see their Facebook page: <https://www.facebook.com/FiestaDiaDeMuertos>

November 1 | 6 pm, THEATER PRODUCTION FOR THE 5TH DÍA DE MUERTOS TODOS SANTOS at Teatro Márquez de León.

November 1 | 8 pm, BLESSING OF THE ALTARS FOR THE 5TH DÍA DE MUERTOS TODOS SANTOS in the public plaza. Followed by the adult Catrina contest, dance groups, and live music. For more information see their Facebook page: <https://www.facebook.com/FiestaDiaDeMuertos>

November 2 | 4:30 pm, PET CATRINA CONTEST FOR THE 5TH DÍA DE MUERTOS TODOS SANTOS in the public plaza. Followed by dance groups.

November 2 | DIA DE MUERTOS MEMORIAL DINNER at **Hablando Mexicano** in Todos Santos. (RSVP). For more information visit: <https://www.hablando-mexicano.com/>

November 2 | 7:30 pm, CHILDREN'S CATRINA CONTEST FOR THE 5TH DÍA DE MUERTOS TODOS SANTOS in the public plaza. Followed by the festival closure. For more information see their Facebook page: <https://www.facebook.com/FiestaDiaDeMuertos>

November 10 | JOURNAL DEL PACIFICO HOLIDAY 2023/24 ISSUE DEADLINE.

November 10 | 5 - 8 pm, ALI LOHRMAN'S 33RD BIRTHDAY BASH at **Shaka's** at Cerritos. Live music by Karlos Paez from The B*Side Players.

November 10 | 5TH BAJAMED FISHING AND FILLETING CLINIC with Miguel Angel Guerrero at **El Faro Beach Club** in Todos Santos. As part of the festival, a fishing trip and a filleting clinic-workshop with craft beer tasting will be held at the **El Faro Beach Club**. The day will end with a tasting of ceviches, craft beer, and the sale of oysters from the Punta Lobos Collective. The event at El Faro is open to the public, \$400 MXN for the fillet demonstration, and \$600 MSN for the fillet workshop, the fishing trip is by invitation only. For more information call Guaycura Boutique Hotel 612-175-0800, or reservations@guaycura.com. Tickets: <https://www.eventbrite.com.mx/e/bajamed-5th-edition-todos-santos-bcs-mexico-tickets-708670541667?aff=oddtcreator>

[tion-todos-santos-bcs-mexico-tickets-708670541667?aff=oddtcreator](https://www.eventbrite.com.mx/e/bajamed-5th-edition-todos-santos-bcs-mexico-tickets-708670541667?aff=oddtcreator)

November 11 | 5 pm, 5TH BAJAMED COCINA BY MIGUEL ANGEL GUERRERO at **El Mirador** in Todos Santos. A culinary celebration featuring mixology, Baja California and Italian four-course wine pairing dinner, and live music. Limited seating. For more information call Guaycura Boutique Hotel 612-175-0800, or reservations@guaycura.com. Tickets: <https://www.eventbrite.com.mx/e/bajamed-5th-edition-todos-santos-bcs-mexico-tickets-708670541667?aff=oddtcreator>

November 17 | 12 - 1 pm, MONTHLY SPOKEN WORD at the **Biblioteca Elena Poniatowska** in Todos Santos. Featuring local writers and poets, TBA. They are always looking for books by local writers to add to their collection.

November 19 | DON DIABLO TRAIL RACE. 15k/37k Las Tablitas to El Sargento. For information: <https://don-diablotrailrun.com/home/>

November 24 - 26 | 19TH FESTIVAL DE CINE TODOS SANTOS "Homenaje a Mujeres de Cine" with films in Todos Santos, Los Cabos, and La Paz. Co-presented with **Padrinos Children's Foundation**. Cineminuto co-presented with Cero Basura. All films in Todos Santos at Teatro Manuel Márquez de León; La Paz: Museo de Arte de la Paz, and Los Cabos: Cerrito del Timbre. Tickets for films are \$50 MXN, events \$150 MXN, students and children are free, available at Boletia.com and at the door. For more information visit: todossantoscinefest.org, Facebook: [FestivalCineTodosSantos](https://www.facebook.com/FestivalCineTodosSantos), Instagram: [festivaldelcinedets](https://www.instagram.com/festivaldelcinedets).

November 24 | 19TH FESTIVAL DE CINE TODOS SANTOS OPENING FILM Español "ABUELOS" at Teatro Manuel Márquez de León. Tickets are \$50 MXN, students and children are free, available at Boletia.com and at the door.

EVENTS cont. on page 54

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8 am - 2 pm, **LOCALS MARKET** at La Esquina Café on the otro lado.

8:30 am - 2 pm, **ORGANIC MARKET AND LIVE MUSIC** at Baja Beans Cafeteria, Pescadero, starting October 15.

6 pm, **SUNDAY SESSIONS** at Todos Santos Brewing.

monday

10 am - 1 pm, **PALAPA LIBRARY OPEN**, Todos Santos. Palapalibrary@gmail.com

4 - 6 pm, **CHILDREN'S ACADEMIC WORKSHOP WITH ANAPAUOLA** at Shakti Bowl on the otro lado.

6:30 - 8:30 pm, **LIVE MUSIC** at Shakti Bowl on the otro lado.

tuesday

8:30 am - 2 pm, **LA PAZ FARMER'S MARKET** on calle Rosales between Obregón & Madero, La Paz.

2 X 1 BUDDHA BOWLS at Shakti Bowl on the otro lado.

4 pm, **ROCKIN' TACO TUESDAY** at Chill N Grill in Todos Santos. Live music 6 - 9 pm.

wednesday

8 am - 2 pm, **LOCALS MARKET** at La Esquina Café on the otro lado.

BRUNCH at Shakti Bowl on the otro lado, \$150 pesos.

10 am - 1 pm, **PALAPA LIBRARY OPEN**, Todos Santos. Palapalibrary@gmail.com

10 am - 12 pm, **PAPER MACHE WORKSHOP WITH ANAPAUOLA** at Shakti Bowl on the otro lado.

thursday

9 am - 2 pm, **PUNTO VERDE RECYCLING** behind Super Pollo, off calle Del Huerto at the southern entrance of Todos Santos. Bring your paper, #1 & #2 plastics, batteries, cardboard, cans, metal, Styrofoam, and electronics. 50 peso minimum donation; electronics are 80 pesos. Please separate and clean materials. For information: ecorrevolucionmx@gmail.com, (612) 139-4789

BOUDA KIDS at Shakti Bowl on the otro lado, \$80 pesos.

12 pm, **SPANISH CONVERSATION CLUB** at Hablando Mexicano, in Todos Santos.

4 - 6 pm, **CHILDREN'S PLAY AND STORY WORKSHOP WITH ANAPAUOLA** at Shakti Bowl on the otro lado.

5 - 9 pm, **ARTWALK** in the San José del Cabo Gallery District. Takes place November through June.

friday

9 am - 2 pm, **PUNTO VERDE RECYCLING** behind Super Pollo, off calle Del Huerto at the southern entrance of Todos Santos. Bring your paper, #1 & #2 plastics, batteries, cardboard, cans, metal, Styrofoam, and electronics. 50 peso minimum donation; electronics are 80 pesos. Please separate and clean materials. For information: ecorrevolucionmx@gmail.com, (612) 139-4789

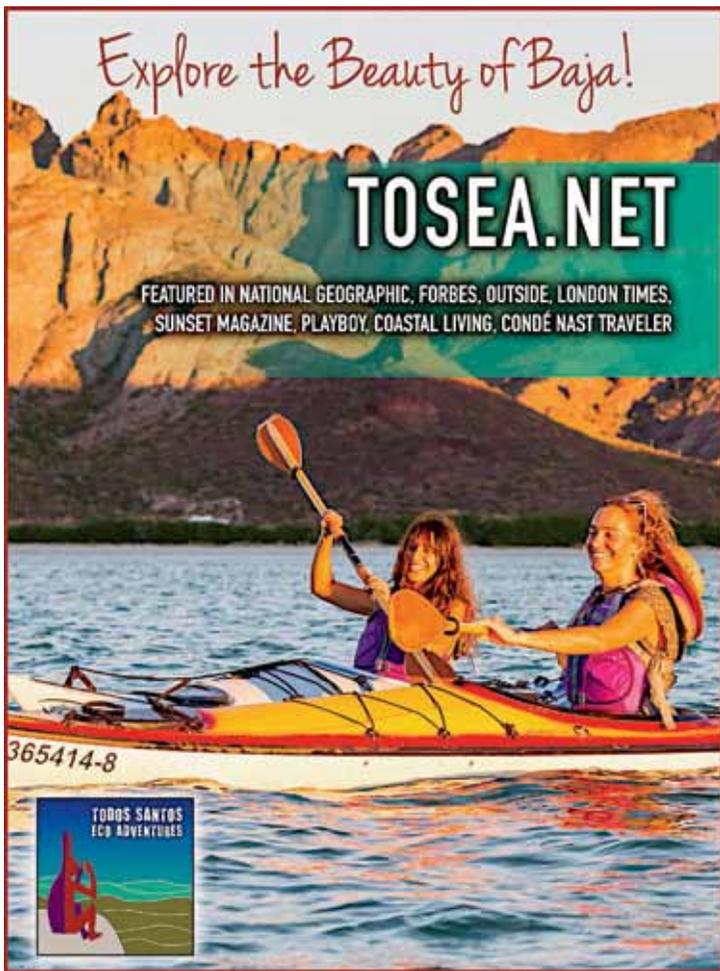
COOKING CLASS at Hablando Mexicano in Todos Santos. Visit <https://www.hablandomexicano.com/> for menu and prices.

WEEKLY EVENTS continued on page 59



November 24th 26th 2023





Loreto

continuó de página 10

(797.61 millas cuadradas) incluyendo cinco grandes islas inhabitadas y varias pequeñas islas en la Bahía de Loreto. En un principio las cosas iban bastante bien para el parque y en 2004 fue declarado un sitio RAMSAR (en Ramsar se celebró un tratado internacional relativo a la conservación y uso racional de los humedales, y Loreto fue incluido en esta lista) por su importancia como refugio para la vida salvaje, y en 2005 sus islas fueron declaradas como parte de un Sitio de Patrimonio Mundial por la UNESCO. Pero la administración del Parque comenzó a desmoronarse y Loreto, como muchas otras comunidades pesqueras del Golfo de California, se encontró a si mismo con una población de peces en disminución, pérdida de biodiversidad, ecosistemas degradados, y pesca ilegal. Grupos conservacionistas como la Eco-Alianza de Loreto AC tomaron acción y en 2019 el plan del antiguo parque fue descartado y un nuevo PNBL Plan para la administración del parque basado en diez años de investigación y planeamientos por científicos, pescadores, operadores turísticos, economistas, y otras partes interesadas entró en función. Obtener el estatus de "Lista Verde" es una gloriosa validación al nuevo plan de administración del parque y al tremendo esfuerzo requerido para poder alcanzarlo.

El Dr. Reyes, quien realizó extensivo trabajo en la propuesta para la UICN para obtener el estatus de "Lista Verde," observa con aprobación que "aproximadamente 90% del parque marino de Loreto está abierto a la pesca y que aun así el parque sigue teniendo una excelente biodiversidad. A pesar de que el área de "no-pesca" dentro del parque se incrementó con el nuevo plan de administración, la gente sigue ganándose la vida con los servicios medioambientales del área, incluyendo pesca, observación de la ballena azul, y algunas otras formas de ecoturismo. Al mismo tiempo, el océano y los arrecifes se encuentran muy saludables. Loreto tiene más de 2,000 especies desde mamíferos marinos hasta invertebrados."

El Doctor Reyes comenta que organizaciones como "Keep Loreto Magical"/"Mantengamos a Loreto Mágico," han hecho un gran trabajo en expandir la alfabetización ambiental en el área, algo que no es fácil en un pueblo LORETO continúa en página 50



*Del amor nació un lugar...
del mundo sus tesoros.*





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Loreto

continued from page 11

Bay of Loreto management plan, as well as efforts of local fishing communities to improve local fishing. He is quick to point out some exceptional work being done by other scientists in Loreto as well.

Dr. Carlos Cáceres Martínez is the Technical Advisor and Coordinator of the Environmental Education Program for *Efecto Arena AC*, a La Paz-based nonprofit that specializes in coral restoration. When a boat hit and destroyed part of a rock reef in Loreto Bay in 2022, Dr. Cáceres and his team were brought in to restore it. (The boat owners are footing the bill.) "Corals promote the growth of so many different marine species, so it was a given that we would make corals the foundation of our work on this rock." Using technology that *Efecto Arena* developed to restore coral in Balandra Bay and San Rafaelito in La Paz, Dr. Cáceres and his team used epoxy resin to attach PVC pipes to the rock, then attached coral to the PVC, one exacting piece at a time. It was painstaking work, but there's been a big payoff. "When we first started this project in September of 2022, there was only naked rock with no life forms. Now, just one year later, there is no naked rock. It is just a beautiful place with lots of algae, invertebrates, and, as the coral

flourishes, we expect to start seeing other species soon." Kurt Vonnegut once quipped that "Science is magic that works" and what Dr. Cáceres and his team are achieving through science seems truly magical indeed.

It should also be noted that part of Loreto's magic manifests as incredible luck. The Ocean Foundation's Keep Loreto Magical program and other environmental groups had been working for years to gain protection for 16,990 acres of land controlled by the National Tourism Development Foundation of Mexico (FONATUR). FONATUR is the agency behind the creation of Mexican mass tourism destinations like Cancun and San José del Cabo, and in the 1970s targeted Loreto for tourism development. The federal government is now considering the abolition of FONATUR and, as it ponders this move, is transforming many of the lands once controlled by FONATUR into natural protected areas. Thus were FONATUR lands in Loreto transformed from development-fodder into national parks, and on August 16, 2023 Nopoló Park (6,217 hectares / 5,362 acres) and Loreto II Park (2,076 hectares / 5,129 acres) were created between the Sierra de la Giganta mountains to the west and the Gulf of California to the east, including several kilometers of coastline. The people of Loreto are ecstatic, most especially as the Nopoló Park watershed recharges the local aquifer that is a key source of fresh water in Loreto. The move is so new that park directors have yet to be appointed, but there is a great deal of optimism that the parks will help protect ecosystems, including wetlands and watersheds, that are so crucial to maintaining biodiversity and scarce water supplies.

LORETO continued on page 52



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Mi Pueblo Sin Basura

continued from page 21 / continuó de página 20

coming from a hot band in Todos Santos right now! Los Hijos del Tropicó have already written the theme song for the new Alianza Cero Basura campaign, #CuidemosTodos, and here's a sneak preview of a few lines below.

So, grab your cell phone and show us your vision for *Mi Pueblo Sin Basura*. We look forward to seeing you on the big screen!

*Quiero contarles
A mis amigos
De mi pueblito
lindo y querido,
Entre la palma y la choya
Muy cerca del paraíso,
Yo con mi sangre Guaycura
Vivo aquí
Desde chiquillo...*

*Y si voy pa' la tienda
Cargo mi bolsita
Y si voy pa' la playa
Camelo mi basurita ...*

*Y si nos vamos al baile
Yo prendo la pista
Con la cumbia choyera...
que te traje pa' pensar.*

*Todos Cuidemos Todos
Todos Cuidemos Todos*

I want to tell you
To my friends
From my little town
Cute and dear,
Between the palm and the choya
Very close to paradise
Me with my Guaycura blood
I live here
Since I was a kid...

And if I go to the store
I carry my bag
And if I go to the beach
Camelo my trash...

And if we go to the dance
I turn on the track
With the choyera cumbia
That I brought you to think

Let's all take care of each other
Let's all take care of each other

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Art Talk

continued from page 17

color of something is always in relation to the quality of light bouncing off its surface. Other colors surrounding our orange—the linoleum table on which it sits, the banana next to it—definitely have something say about what is and is not orange. These are but a handful of a million things one would miss if one just started painting, without truly seeing a thing. I hazard to take Stan's lesson further and commit to truly looking at my subject, even if it's just a subject in my head before I put brush to canvas. I need to take a beat and try not to paint even when I feel like I am **so** ready to paint. And although we're getting close, there are more non-painting steps worth thinking about.

Sketching is something I adore. Maybe because I'm good at it. It's nice to have at least one naturally occurring talent, and traditional pencil and paper drawing has always been good to me. My painting teacher at art school, not Stan, told me I wasn't a painter, I was a drawer. She was right, but also, she was challenging me. In terms of the all-important rough sketch before I begin a painting, I'm mostly all in. I know it's important and I do the work. I've also learned how much I love color and how to use it. Thanks, art teacher for the right kinda push, I now do color roughs as well. I don't admit it often, but this is getting pretty close to actual painting.

"TERMINALLY JANGLED LIFESTYLE." H. S THOMPSON

Color is genuinely related to actually-painting, but I am still in the non-painting phase, and I need to mix some color before I start actually-painting. I love mixing paint. I take great care in finding the exact color I want to use. My color gets noticed. It's one of the things people say they really like about my work, so I mix up some color. And then something amazing happens. Somewhere in there, in amongst the palette knife skipping across my palette, blending worlds of hue like soft serve ice cream or butter, things are beginning to feel groovy. Before I even perceive it, I slip into the flow. Paint starts to appear up on my canvas, it's quite magical. And then somewhere in the expanding being that is me in the flow state—I comprehend a truth.

Sometimes my favorite part of painting, is actually painting.

Haiku For CFE

by Rex Weiner

*Delicioso
Estos apagones que
Dar luz al mundo*

Delicious blackouts
How well they always service
To light up our world





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iViva el Verano!

story & photos by Kaia Thomson



SUMMER SCIENCE FACTS

THUNDERSTORMS ARE MOST COMMON IN SUMMERTIME.

Long hot days and warm nights, with a good dose of humidity, produce the perfect recipe for thunderstorms. When summertime weather events like these come together, these conditions heat the air that consequently

rises higher causing thunderclouds to form. Due to the cooler air in the higher atmosphere, the moisture in the clouds cools and condenses, then turns into raindrops that fall back to Earth. Other summertime storm elements include lightning, violent wind, hail, and even a microburst—which is a downdraft of heavy, sinking cold air created by the thunderstorm activity.

RABBITS EAT FLOWERS—YES, THEY DO!

Rabbits love flowers—especially the petals! Wild rabbits will often choose flowers to supplement their dietary needs depending on what territory they are in and what food is available. Summer is a wonderful time for flowers after the rains, as well as tender young plants and plenty of fresh foliage. Wild rabbits choose instinctively between healthy and toxic foods, as it is essential to their survival. Rabbits’ teeth grow continuously, so it is important for them to chew on plants, sticks, and flower pods to maintain their teeth.

WOODPECKERS

In the wild world of woodpeckers, it is mostly the male who will dig holes in trees and cactus in which to make their nest. He is the one who will excavate the tree or cactus, build the nest using the debris, help incubate the eggs for about 14 days, and help raise the offspring. When it comes to feeding the chicks, both male and female woodpeckers deliver a seemingly endless omnivorous supply of plant parts, insects, worms, eggs, and fruit for about four weeks, until the chicks fledge and go on to find their own territories.

LIZARDS IN THE SUN.

Lizards warm and cool themselves using insolation and conduction, in a process known as thermoregulation. Insolation, in a cold-blooded lizard’s life is the direct absorption of the sun’s rays, and conduction is absorbing heat from the ground. Lizards are pretty smart, if they get too hot, they will move into the shade or even burrow into sand, mud, and dirt to cool off. If they need to warm up, they will bask in the sun on a rock, branch, post, and sometimes they can even change color to a darker shade,

VERANO continued on page 34

¡Viva el Verano!

historia y fotos por Kaia Thomson
traducido por Francesca Magallon

HECHOS CIENTÍFICOS DE VERANO

LAS TORMENTAS SON MÁS COMUNES DURANTE EL TIEMPO DE VERANO.

Días largos y calurosos con noches cálidas y una buena dosis de humedad, son la receta perfecta para las tormentas. Cuando se crean eventos climáticos veraniegos como estos, estas condiciones calientan el aire que consecuentemente sube ocasionando que se formen las nubes de tormenta. Dado que hay aire más frío en lo más alto de la atmosfera, la humedad en las nubes se enfría y se condensa, después se convierte en gotas de lluvia que caen de vuelta a la Tierra. Algunos otros eventos climáticos veraniegos incluyen relámpagos, vientos violentos, granizo, y hasta a veces una microrráfaga, que es una corriente descendente de aire frío y pesado que se hunde, y es creada por la actividad de la tormenta.

¡LOS CONEJOS COMEN FLORES, SÍ, ES CIERTO!

¡Los conejos aman las flores, especialmente los pétalos! Los conejos salvajes elegirán frecuentemente flores para suplementar las necesidades de su dieta dependiendo en que territorio se encuentren y que alimento esté

EL VERANO cont. en página 51



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The logo is an oval-shaped graphic with a tropical beach theme. At the top, the text "CROSS BORDER HOUSEHOLD MOVING EXPERTS" is written in a curved path. The center features a stylized car with a green, white, and red stripe on its side, set against a background of palm trees and a blue sky with a sun. Below the car, the text "LOS CERRITOS MAIL & SHIPPING" is prominently displayed. Underneath that, "WE DELIVER - CUSTOMER SERVICE" is written in a curved path. The website "bajaship.com" and the phone number "Tel USA 619-272-9500" are also included. At the bottom, "VEHICLES · PACKAGES · MAIL" is written in a curved path.



El Verano

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to absorb even more heat from the sun. Each species of lizard has an optimal range of body temperature that is ideal for them to be active when hunting, eating, moving, and reproducing, so it is important for them to maintain these temperatures for the metabolic processes that is so important to their survival.

PHAINOPEPLAS

Also known as Silky flycatchers, Phainopeplas are the only representative of this family of birds, Ptilogonatidae, in North America. Their name comes from the Greek word for “shining robe,” as the males are a glossy black color with white wing patches, visible when they fly. The females are a gray buff color. Both male and females have brilliant red eyes and a distinctive crest on their heads. Phainopeplas spend many months in certain areas and they can adjust their nesting schedules according to when their favorite foods ripen. One of the foods they love, and also have a symbiotic relationship with is mistletoe. They eat the berries and they can pass the seeds in their droppings on

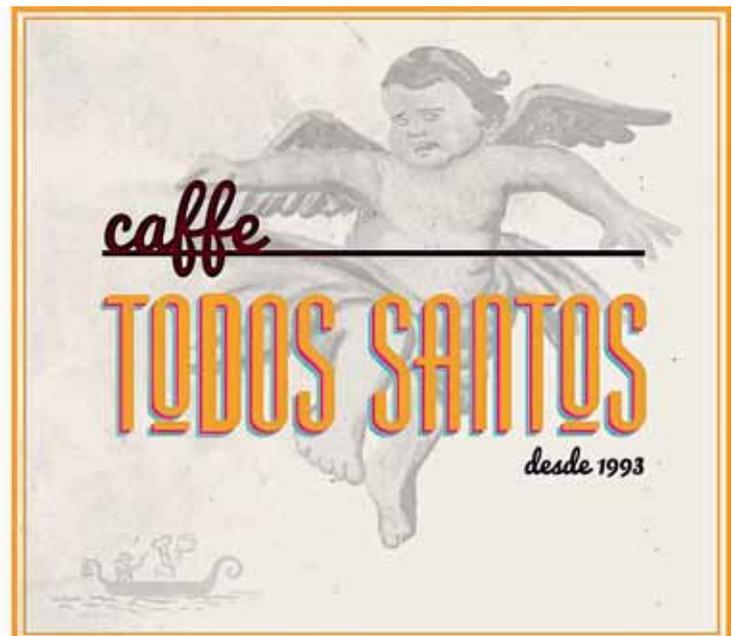


Phainopepla

to a branch of a different plant, hence the relationship of food for the bird and dispersing of the seeds becomes a mutual relationship they both rely on.

BIRDS WALKING AND BOBBING.

Did you ever wonder why some species of birds bob their heads when walking? Most seed eating birds, such as doves, chickens, and quail do this, as well as the hunters of fields and lagoons—herons and egrets. When birds bob their heads in opposite unison with the rhythm of locomotion, they are actually stabilizing an image of the world around them. When the head moves backwards, it is actually at rest, when the head moves forward they can momentarily fix their gaze on objects including food, and prey—this 20 milliseconds of stillness is enough time for them to build an environmental picture of their surroundings in their brain. If birds moved their heads, eyes, and body at the same time their vision would be blurred, and they would have a very hard time navigating the world and surviving.



El Cielo: The Baja Sky

by Roc Fleishman
photo by Kaia Thomson

Welcome to *El Cielo* for the Fall of 2023. Here is a selection of the more interesting and visible celestial activity above Baja California Sur for the period from mid-October through mid-December. Let's hope for clear skies to enjoy them under.

OCTOBER

- 14 Partial solar eclipse. About 65% of the sun will be covered at the maximum, around 9:45 am.
- 15 New moon possible in the sunset. Easy to see on the 16th.
- 20/21 Orionid meteor shower maximum. Should be good any time after the moon sets around 11 pm.
- 23 Saturn and the waxing gibbous moon together until they set around 2 am.
- 28/29 Jupiter travels the sky with an almost full moon all night.

NOVEMBER

- 2/3 Waning gibbous moon rises near the Gemini twins, Castor and Pollux, at around 10 pm, then up together all night.
- 9 Early morning, 4 am, the waning crescent moon rises with the morning star (like) Venus. Should be worth the effort to see between 5 and 6 am.

- 14 New moon with Mercury to the right (and a bit lower) in the sunset.
- 17/18 Peak of the Leonid meteor shower. Can try any time after the moon sets around 9:30 pm, but will probably be better after Leo rises around 2 am.
- 24/25 The bright planet next to an almost full moon is Jupiter.

DECEMBER

- 9 Another chance to see the waning crescent moon rise with Venus. Worth seeing anytime before sunrise.
- 13/14 Maximum of the Geminid meteor shower. No moon to interfere. Best viewing should be after 10 pm through the rest of the night.
- 14 New moon with Mercury possibly visible to the lower right.

For more information, check out the web links below, or call me on my cell phone 612 348 5468. My office is still in Plaza Antigua—upstairs, unit #8, Pescadero Properties, #13 on the Todos Santos map, but I'm not there much these days, as I am working mostly from home.

EL CIELO continued on page 45



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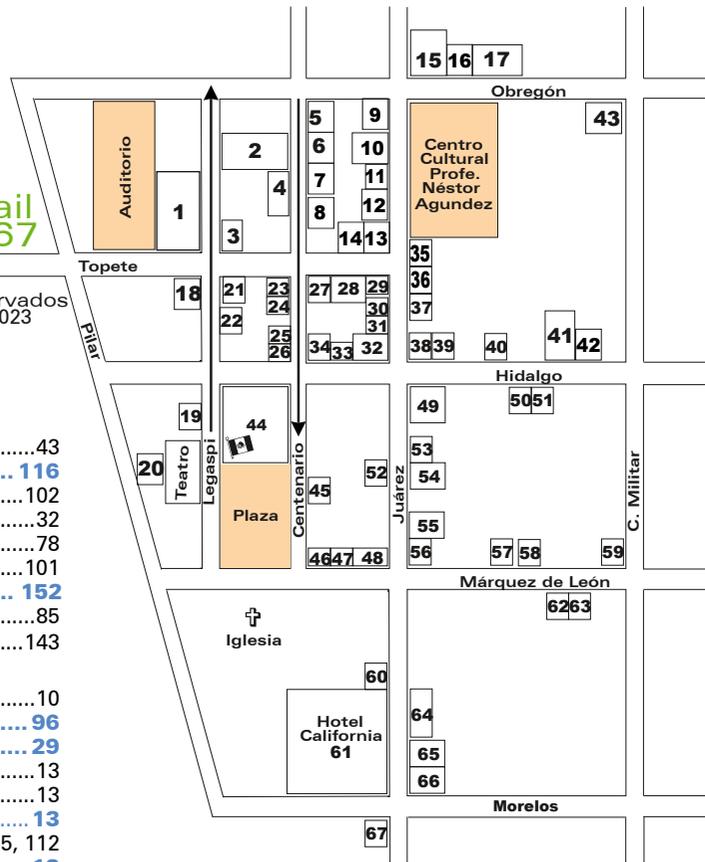
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Bomberos

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ocean rescues, jaws of life in severe automobile accidents, and catch and release the wild animals that come into our neighborhoods. They are an amazing group and deserve to be supported.

WHAT CAN YOU DO TO HELP? DONATE!

If just 500 people were to donate \$250 pesos a month (around \$15 US), the *Bomberos* would have sufficient funds to keep the fire department running.

The International Charity Foundation (ICF) based in San Diego, California, is a nonprofit organization that is 100% secure and reliable. The ICF website is easy to maneuver and gives you options on the amount to donate and the frequency of donations. Donations via the ICF are US tax-deductible and a receipt is emailed after each monthly transaction. The Palapa Society of Todos Santos A.C. has been working with the ICF for over 15 years.

Funds are held at ICF until requests are made by the *Bomberos* Board of Directors. The money is then wire-transferred to the *Bomberos* pesos account at Banco BBVA/Bancomer in Todos Santos. The *Bomberos* also have charge accounts at various stores (for vehicle repair, new tires, etc.). They buy what they need on credit and give the receipts to the treasurer of the Board of Directors, who in turn pays the stores with a check. No cash is ever involved.

To donate via the ICF, visit their website at <https://icfdn.org/donate/>, and choose *Bomberos de Todos Santos* (<https://icfdn.org/donate/?form=FUNSJRUZQGX>)

Cash donations, in pesos or dollars, can also be given by going to Amerimex Realty in Todos Santos. They will give you a receipt for your transaction.

The best way to notify the *Bomberos de Todos Santos* of a fire is to call 911, rather than the Todos Santos emergency WhatsApp group. Follow the Bomberos de Todos Santos at Facebook/Las Chispas de Todos Santos Bomberos.

We can make a difference. Please donate to fund the Bomberos of Todos Santos and help keep our town safe.

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todos santos—el pescadero corridor



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Beaches / Playas

by Janice Kinne

Todos Santos lies inland along the rugged Pacific coast. There are miles of beautiful white sand beaches accessible down unmarked dirt roads.

This stretch of the Pacific Ocean is a very dangerous place to swim at any time of the year. Strong rip currents and backwash are common. People have drowned in waters near Todos Santos simply because they were too close to the ocean while on beaches with steep drop-offs. There are no lifeguards on duty at any area beaches.

You can access the **LA POZA** and **LA CACHORA** beaches via the La Cachora road. Both are suitable for walking, fishing, whale watching, relaxing, or sunbathing. They are not swimming beaches.

Because of the big waves breaking on the shore, La Cachora beach has become popular with skim boarders.

La Poza has a large freshwater lagoon that is great for bird watching. If you are going to swim in the lagoon be very careful. The lagoon may appear to be shallow, but has many sudden drop-offs and is actually very deep.

PUNTA LOBOS, named for a sea lion colony, is also known as the fishermen's beach. Simply follow calle Francisco Bojorquez Vidal (formerly calle Punta Lobos) south out of town, or turn off at km 54 from Highway 19. You will pass an old cannery from the days when fishermen could harvest sea turtles legally. There is a small freshwater lagoon at Punta Lobos with a shrine to the Virgin.

The fishermen ride their *panga* boats on the waves onto the beach between 1 and 3 pm. Their return is exciting to watch and you can usually buy fresh fish from the cooperatives.

The two fishing cooperatives have exclusive rights to the "launch zone" at Playa Punta Lobos. For reasons of safety and due to past problems, boat launching at Punta Lobos is not permitted without their express permission.

The only recommended swimming beaches are outside of Pescadero. **SAN PEDRO**, also known as **PALM BEACH** (*Playa Las Palmas*), is near km 57. Its entrance is across Highway 19 from the Campo Experimental—stay to the left as you pass the abandoned hacienda. Las Palmas is a beautiful, secluded beach surrounded by a palm grove with a freshwater lagoon that is home to a variety of plants, birds, and wildlife.

Due to strong currents (especially near the rocky point), swimming is safer 50 meters from the rocks. Swim with caution and always have a land reference. The property surrounding Palm Beach is privately owned. The gates are open from 6 am to 9 pm daily. Car break-ins have been reported at Palm Beach. Leave your valuables at home!

PLAYA SAN PEDRITO is a rocky surfing beach around km 60, about 4.6 miles (7.4 km) from Todos Santos.

PLAYA LOS CERRITOS is located at km 64 about
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photo by Kate Turning

Beaches

continued from page 41

eight miles (12.8 km) south of Todos Santos. Look for the turnoff after the hill, south of Puente El Pescadero. Los Cerritos is a popular spot for surfing, boogie boarding, swimming, and fishing. Swim with caution due to strong riptides near the rocks. It is recommended to stay at least 50 meters from the rocks. The most secure swimming area is in front of the restaurant/bar. Swim with caution and always have a land reference. There is a long stretch of beach to the south that is perfect for walking or running.

Surfboard rentals and other services are available. Due to COVID-19, there are now three access filters. Only 200 people will be allowed to enter per filter to give a total capacity of 600 people per day.

LA KATRINA SURF + SUPPLY, #36 on the *Otro Lado* map is a core shop on the way to the beach. New and used boards, fins, trunks, ding repair, wax, skates, hardware, they've got it.

MARIO'S SURF SCHOOL provides surfing lessons, board rentals, repairs, and accessories. Call for information.

PESCADERO SURF SHOP, #36 on the Pescadero map. The surf shop stocks everything you need for surfing: surfboard rentals, used and new surfboards for sale, wax, ding repair, accessories, surf reports and information. You can also arrange surf lessons, surf and SUP tours, and activities at the store with Mario Surf School.

TODOS SANTOS ECO ADVENTURES, #169 on the Todos Santos map. Since 2002 Todos Santos Eco Adventures (TOSEA) has been providing visitors with opportunities to explore, celebrate, and help conserve the magnificently diverse ecosystems of Baja. TOSEA offers whale and bird-watching trips in the Pacific lagoons; treks and *rancharo* culture programs in the Sierra la Laguna mountains; Sea Turtle Camp and surfing surfaris on the Pacific coast, and kayaking, "glamping," whale shark, and sea lion adventures in the Sea of Cortez.

TODOS SANTOS SURF SHOP, #84 on the Todos Santos map, sells and rents surf boards, offers beach supplies and activities around Todos Santos. They carry international brands and many locally handmade wares, clothes, bikinis, accessories, natural sunscreen, and "Eclipse" boards shaped by Meisy of Todos Santos. They offer tours to swim with whale sharks and sea lions, surfing lessons, fishing trips, trips to Espíritu Santo Island, and whale watching in Magdalena Bay.

WEST SIDE SURF SCHOOL AND SURF SHOP, #54 on the Pescadero map. Provides surf lessons (includes use of the board for the day, umbrellas, and chairs); board rentals (car straps provided if necessary); boogie boards; and surfboard repairs. Buy / sell / trade used boards. They carry West Side T-shirts, hats, rash guards, surf wax, surf leashes, and board fins.

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Bomberos

continuó de página 14

metros de su propiedad. El fuego crepitante rodeaba ahora todos los lados de su casa. Mientras los bomberos estaban ocupados intentando contener lo peor del incendio junto a la playa, Christophe estaba solo.

Pero la ayuda llegaría de amigos cercanos: formaron una brigada de baldes para regar el techo de la palapa y los campos en llamas. Afortunadamente, tenían una piscina para el agua, ya que la presión del agua en la ciudad era mínima.

Finalmente, los bomberos pudieron escapar de La Poza y acudir en su ayuda. Horas más tarde, lo peor del incendio pasó y su casa se salvó. Pero durante tres días las palmeras ardieron para reavivar las llamas. Nadie durmió.

Sylvie y Christophe califican de heroicos los esfuerzos de los Bomberos.

Ha pasado más de un año desde el día de ese incendio. Nos sentamos con Salvador Cadena (Chava), el jefe de Bomberos de Todos Santos, para averiguar qué puede hacer la comunidad ahora y, en el futuro, para apoyar a los bomberos y evitar catástrofes como el reciente incendio de La Cachora. Nos dijo lo que es necesario para ayudar a mantener segura nuestro pueblo en crecimiento.

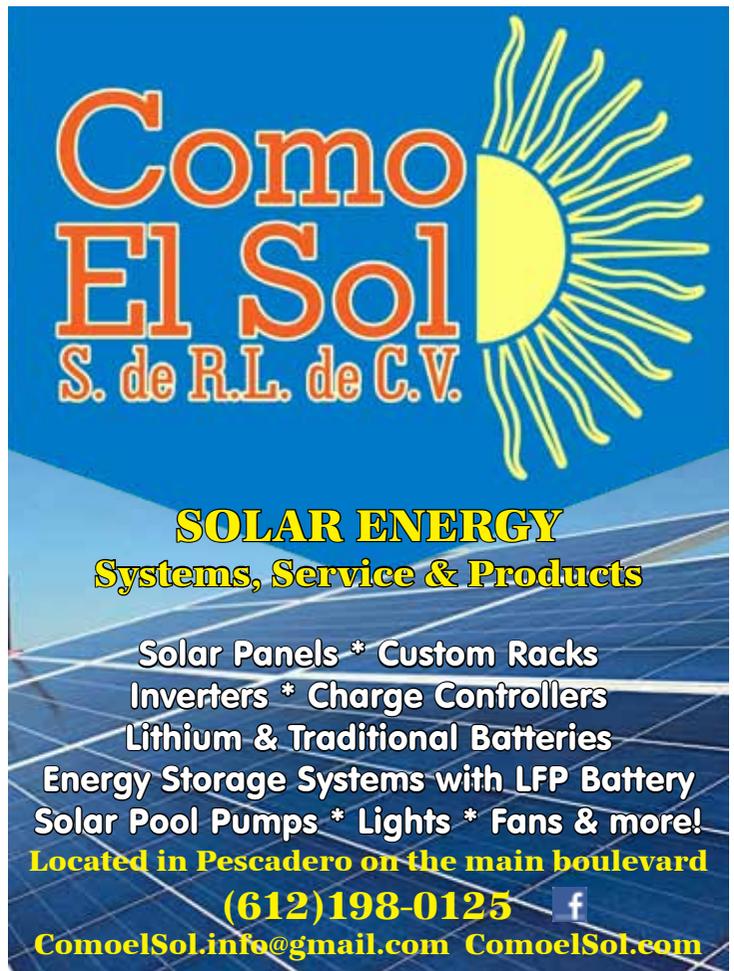
1. OTRO CAMIÓN DE BOMBEROS. Uno de los problemas al combatir el incendio de La Cachora fue que el camión de bomberos existente estaba demasiado cerca del suelo. Era casi imposible maniobrar el camión a través de los caminos llenos de baches de la huerta. Camiones de bomberos de El Pescadero, La Paz y Cabo San Lucas viajaron para socorrer al camión de Todos Santos.

2. DOS CAMIONES (PIPAS DE AGUA). Una de las razones por las que el incendio de La Cachora se propagó tan rápidamente fue que las pipas de respaldo tuvieron que viajar desde El Pescadero y La Paz, y esto hizo perder un tiempo precioso.

3. UNA SEGUNDA AMBULANCIA. Recientemente se produjeron dos accidentes de tráfico en el pueblo el mismo día. La única ambulancia estaba parada para reparaciones. Los heridos tuvieron que ser trasladados en un servicio de ambulancia privado, que cuesta en promedio \$10.000 pesos (alrededor de \$600 dólares estadounidenses), para viajar a Cabo San Lucas o La Paz. La ambulancia de Bomberos cobra sólo el costo de la gasolina.

4. ACTUALIZAR Y REMODELAR LA ESTACIÓN DE BOMBEROS. En el parque de bomberos siempre hay tres personas de guardia en turnos de 48 horas. Necesitan un dormitorio (donde puedan dormir), un baño donde puedan ducharse para quitarse los productos químicos retardantes de fuego después de apagar incendios, y una cocina adecuada. La estación de bomberos existente tiene solo una habitación para su equipo, un pequeño armario, y un baño con solo un lavabo y un inodoro. El techo está a punto de derrumbarse.

BOMBEROS continúa en página 47



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La Paz Beaches

by Janice Kinne

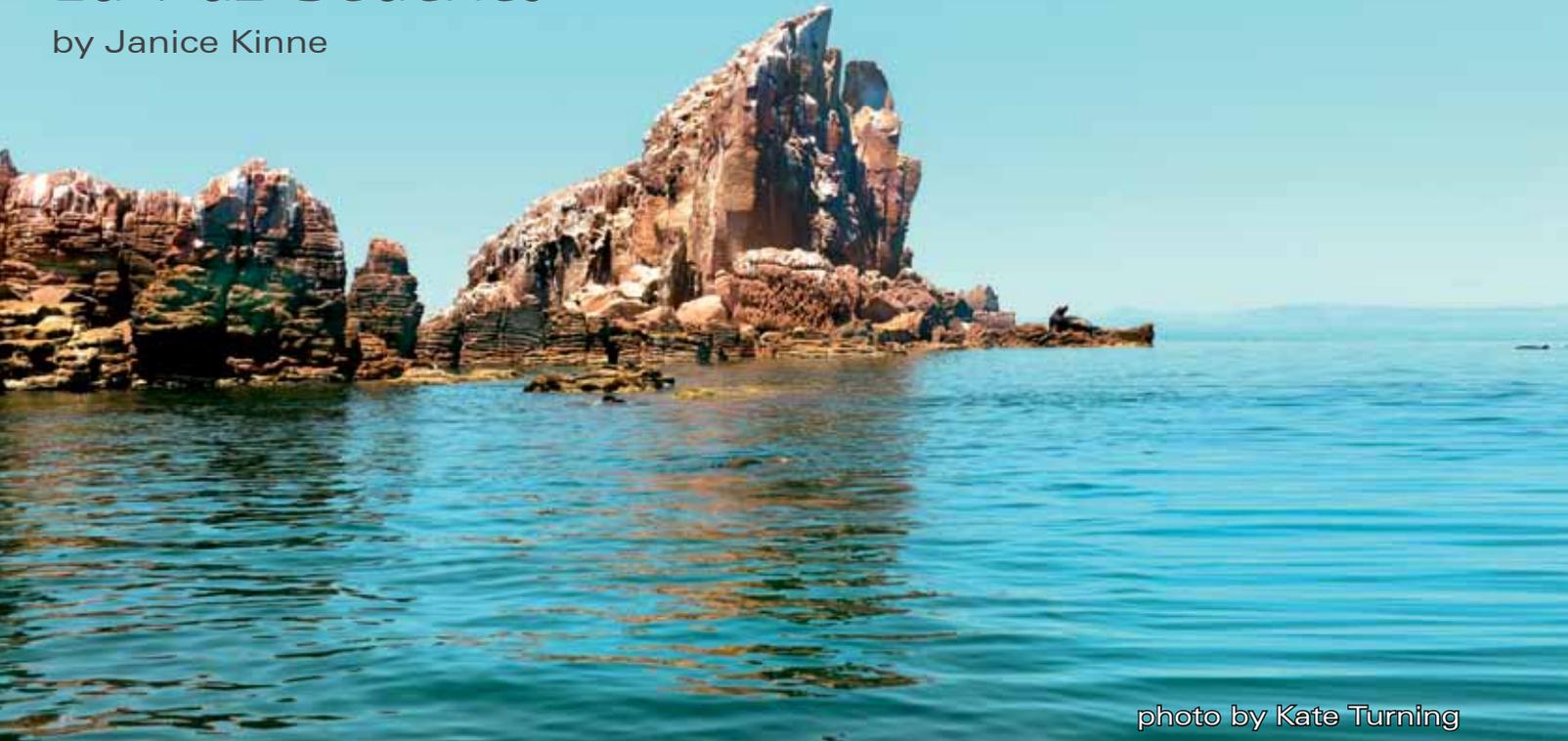


photo by Kate Turning

The *malecón* along the bay of La Paz is the perfect place to walk, run, people watch, or enjoy gazing across the water. Crews clean the beaches and walkways daily, fresh sand has been imported and there are *palapas* to offer shade. Locals and tourists visit the beaches north of downtown to swim, snorkel, or kayak. There are several adventure companies along the *malecón* and at the marinas offering *panga* rides, bay and island cruises, snorkeling, scuba diving, fishing, sailing, and kayak rentals.

EL MOGOTÉ is the spit of land that separates the harbor of La Paz from the *Bahía de La Paz*. This natural treasure used to be, for the most part, accessible only with 4WD. Now driving onto the peninsula is restricted due to the construction of golf courses, homes, and hotels.

PLAYA EL COROMUEL 4.5 km from downtown La Paz, is the first beach north of town and an easy walk from downtown. It is within the harbor boundaries, has shaded *palapas*, and food / beverage services. The water here gets much better flow with the tide change and is suitable for swimming. The bottom is clean sand and rock. Snorkeling is good further out.

PLAYA EL TESORO 13 km from downtown La Paz, is a great little beach for children. The shallow, clear waters allow you to walk out for close to 100 meters. Tesoro has about 25 shaded *palapas*, two small restaurants, and kayak rentals.

PICHILINGUE 19 km from downtown La Paz. Pichilingue is home to the La Paz ferry terminus and a large commercial harbor. There are pleasant, small beaches just north of the deep water port, on the *Vieja Bahía de Pichilingue*. Beachfront food, beverage service, and kayak rentals are available and there is a restaurant with an upstairs view. The *palapa* bar is popular in the hot summer afternoons.

PLAYA BALANDRA 23 km from downtown La Paz, is known for its famous balancing rock formation landmark that resembles a prehistoric mushroom. You can view the rock formation and *playa El Hongo* by walking in the water around the cliff to your right. The large beach and surrounding area are beautiful. The waters surrounding Balandra are shallow and safe for children. Sheltered from wave action from nearly every direction, the water warms early and is very safe for swimmers and kayaking. There are also several little beaches (coves) and mangroves to explore. The beach has no services, so pack your own lunches and drinks for the day. There are vendors renting chairs, selling fruit and drinks, beach *palapas* for shade, and BBQ pits to the south.

PLAYA EL TECOLOTE 26 km from downtown La Paz, is by far the largest and most visited beach in La Paz. Two restaurant/bars offer shade *palapas* and a large number of beach vendors offer refreshments. RV camping is available, along with a wide variety of water sports rentals. Usually there are no lifeguards on duty, but they may be present during *la semana santa* and in the summer. The beach has a beautiful view of Isla Espíritu Santo and *panga* rides to the island are available—a 6.5 km crossing through the San Lorenzo channel. Bus service from the station on the *malecón* to playa El Tecolote is available for a nominal charge.

Sting rays are the biggest hazard at the playas and tend to be present on the bottom in shallow waters during the summer. When walking in the water, shuffle your feet on the bottom to avoid stepping directly on a resting ray.

There are no restrictions for beach fishing at any beaches. Please respect our beaches and help protect the sea turtles; don't leave trash or drive on the dunes or beaches.

Mark Spahr

continued from page 22

So, I went to my first AA meeting and at the meeting was a woman I had known for years—Doreen. She said to me, “Mark, I will take you to a meeting every single day, for the next two weeks. I’ll pick you up at your house. We’ll go together so you can make it to your rehab unit clean and sober.” And that is what we did. I made it to the rehab unit and graduated. I don’t know what you call it graduation or whatever... but that was a beginning of my sobriety... my journey to kicking heroin was hell, but with God’s help, I DID IT!

*Note: The Documentary “La Era De La Desconexión/Age of Disconnection” (a bilingual film); is online on [Vimeo](#). In the movie, I explain my journey and recovery, along with eight other addicts. (See *Journal del Pacifico*, Winter 2019, #38).*

NE: Can you share with us some of your travels and education.

MS: I knew at a young age that I was not college bound, but that didn’t mean that I was not going to continue learning at my own pace at my own *University of Hard Knocks*. I spent three months traveling in Europe on a Eurorail pass. I traveled to thirteen different countries including to the Arctic Circle and Norway. I went all the way down into Morocco and out to the Spanish Islands, to Sicily and all over Italy. With all the traveling I did, it’s not surprising that MARK SPAHR continued on page 46

El Cielo

continued from page 35

LINKS OF INTEREST

COMETS: <http://www.aerith.net/index.html>

METEOR SHOWERS: <http://www.imo.net/resources/calendar>

TROPIC OF CANCER: https://en.wikipedia.org/wiki/Axial_tilt#values or https://en.wikipedia.org/wiki/Circle_of_latitude

ZODIACAL LIGHT: https://en.wikipedia.org/wiki/Zodiacal_light

TIME: <http://www.worldtimeserver.com/>

SATELLITES: <http://www.heavens-above.com/>

USER: “elcielots” PASSWORD: “journal”

WEEKLY SKY REPORT: <http://www.griffithobservatory.org/sky/skyreport.html>

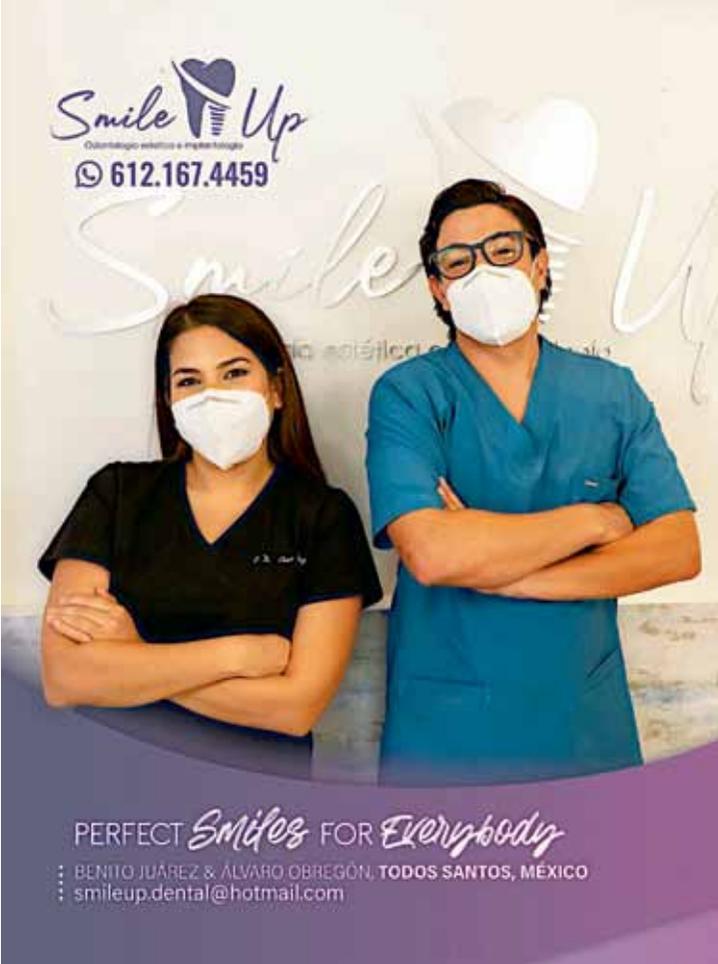
SATURN: <http://saturn.jpl.nasa.gov/home/index.cfm>

ROSETTA: <http://sci.esa.int/rosetta/>

DAWN: <http://dawn.jpl.nasa.gov/>

NEW HORIZONS: http://www.nasa.gov/mission_pages/newhorizons/main/

ECLIPSES: <https://www.timeanddate.com/eclipse/>



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Mark Spahr

continued from page 45

I ended up spending most of my life, living here in Mexico.

When I was living in Eugene, Oregon, I had an epiphany while I was staring at a drawing of an African native. I strongly felt a need to visit sub-Saharan Africa. Seven years later, I took a job offer in the Congo for 18 months. My dream had miraculously come true! I love Africa, the people, the rivers, the forests; it's undeniably the most beautiful place I've ever been.

NE: Any inspiring books that you have read that you would like to share?

MS: *Soul on Ice* by Eldridge Cleaver, *The Invisible Man* by Ralph Ellison. Sometime later I read *Malcolm X* and loved his story. I read all the *Beat Generation* books—Kerouac, Burroughs—I read his book *Naked Lunch* in Tangier. I also read Paul Bowles, Kesey, Ginsberg etc. *Diary of a Drug Fiend*, by Aleister Crowley and a few more of his crazy books, and *The Autobiography of Bertrand Russell*.

NE: What is your secret to your success?

MS: Grit. It is the passion and perseverance for *very* long-term goals. Grit is having stamina, sticking with your aspirations—day in and day out—not just for the week or month, but for years. It is working hard to make that future a reality. Grit is living life like a marathon, not a sprint.

Also, I remember when Big Al came walking thru the door of my first café and he asked me quite frankly, "Mark do want to know how to fail in this new business of yours? Trying to please everyone at all times. It's impossible to do. Just do your best every day."

NE: Do you have any memories of grandparents to share with us?

MS: Orville and Madeline Spahr were my father's parents. Grandpa was a Santa Fe Railroad mechanic. Almost all the Spahrs were Santa Fe workers and they lived in Kansas and later New Mexico. My grandpa lost his youngest son to suicide, my father lost his youngest son to a car accident, and I lost my youngest son to cancer. Sad coincidence.

My mother was born in 1924 in Winona, Oklahoma; she was one of 11 children. My grandpa, I was told, worked in the oil fields on the Osage Indian Reservation. Winona was only 35 miles from Greyhorse, Oklahoma—which was ground central for all the murders of the Osage Indians during that time. *Killers of the Flower Moon* is a book about this horrific time in American history. A few years later, my grandpa moved his entire family to California. They settled around the Rancho Cucamonga area and my grandpa worked in the orange orchards or maybe packing houses. My grandpa died young; I sadly never knew him. But Pearl, my grandmother, and the older children, raised the younger ones. My mom, Rachel, was the seventh child.

My mom, Rachel, worked three jobs—as a naval base telephone operator 11 pm to 7 am; babysitter; and she would iron clothes for pay. I give her all the credit for my work ethic and (in general) for letting me, be me. She supported me when I refused to go to Vietnam and all throughout my life of adventure. Rachel Spahr was one in a million moms.

I remember my Grandma Pearl made cinnamon rolls when she stayed with us. She would stay three or four weeks each year helping my mom raise four boys on her own. I vividly remember watching Grandma Pearl make and roll the dough. My favorite was watching her put the melted butter, brown sugar, and cinnamon on with deliberate loving care, and then pop them into the oven. Soon the house began to fill with the aroma of hot rolls. Those are the same Grandma Pearl's fabulous rolls that I made at Caffé Todos Santos and now make at Caffé El Triunfo.

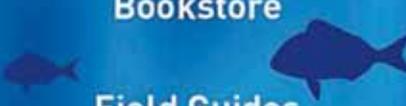
NE: It seems that life has sent you some extreme challenges, as well as tremendous gifts—of insight, grit, magic, and grace. What helps you balance it all?

MS: In troubled and confusing times the saying, "You can't see the forest for the trees" always puts things in perspective for me. It simplifies my dilemma. I imagine I'm high on a mountain looking down at my life, and I'm able to see the reality of it all, clearer. Also, the "Serenity Prayer" because to be honest, serenity is my final goal—*marked by utter calmness and unruffled repose or quietude*.

NE: What is the one thing you're most proud of?

MS: No doubt my family for supporting me during the hard times in this life.

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Bomberos

continuó de página 43

Actualmente hay 31 bomberos en Todos Santos: nueve oficiales y 23 voluntarios. Sólo la tripulación principal de nueve personas recibe un salario mensual de \$10.000 pesos (unos \$600 dólares estadounidenses) cada uno, más seguridad social.

La ciudad de La Paz proporciona a los bomberos \$1.700 pesos (alrededor de \$100 dólares estadounidenses) a la semana para gasolina. Esto no llega muy lejos cuando hacen varios viajes en ambulancia. No reciben dinero para cubrir los costos continuos del equipo de extinción de incendios, como chaquetas, botas, cascos, o cualquier otra necesidad.

Además de combatir incendios y llevar a los heridos a hospitales en Cabo San Lucas y La Paz, también ayudan en rescates en el océano, realizan maniobras de rescate en accidentes automovilísticos graves, y capturan y liberan animales salvajes que llegan a nuestros vecindarios. Son un grupo increíble y merecen ser apoyados.

¿QUÉ PUEDES HACER PARA AYUDAR? ¡DONAR!

Si sólo 500 personas donaran \$250 pesos al mes (alrededor de \$15 dólares estadounidenses), los bomberos tendrían fondos suficientes para mantener el departamento de bomberos en funcionamiento.

La International Charity Foundation (ICF) con sede en San Diego, California, es una organización sin fines de lucro 100% segura y confiable. El sitio web de ICF es fácil de manejar y le ofrece opciones sobre la cantidad a donar y la frecuencia de las donaciones. Las donaciones a través del ICF son deducibles de impuestos en EE. UU. y se envía un recibo por correo electrónico después de cada transacción mensual. La Sociedad de la Palapa de Todos Santos A.C. trabaja con el ICF desde hace más de 15 años.

Los fondos se mantienen en el ICF hasta que la Junta Directiva de Bomberos los solicite. Luego, el dinero se transfiere a la cuenta de pesos Bomberos en el Banco BBVA/Bancomer en Todos Santos. Los bomberos también tienen cuentas de cargo en diversos comercios (para reparación de vehículos, llantas nuevas, etc.). Compran lo que necesitan a crédito y entregan los recibos al tesorero de la junta directiva, quien a su vez paga a las tiendas con un cheque. Nunca hay efectivo involucrado.

Para donar a través de ICF, visite su sitio web en <https://icfdn.org/donate/> y elija Bomberos de Todos Santos (<https://icfdn.org/donate/?form=FUNSJRUZQGX>)

También se pueden realizar donaciones en efectivo, en pesos o dólares, dirigiéndose a Amerimex Realty en Todos Santos. Le darán un recibo por su transacción.

La mejor manera de notificar a los Bomberos de Todos Santos sobre un incendio es llamar al 911, en lugar del grupo de emergencia de WhatsApp de Todos Santos. Siga a los Bomberos de Todos Santos en Facebook/Las Chispas de Todos Santos Bomberos.



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octubre

8 al 14 de octubre | LOS DÍAS FESTIVALES DE TODOS SANTOS suelen llevarse a cabo esta semana en el Plaza Todos Santos.

12 de octubre | 12 a 5 pm, AMIGOS DE LOS NIÑOS FIESTA EN LA PLAYA en **Shaka's** en Cerritos. Invitado musical especial Rico Mónaco a las 3:30pm

14 de octubre | 10 am a 4 pm, MUESTRA DE ARTE BAJA 100 en Agrícola en Pescadero.

21 de octubre | 10 am a 4 pm, MUESTRA DE ARTE BAJA 100 en Gallo Azul en Todos Santos.

22 al 28 de octubre | 51º FESTIVAL INTERNACIONAL CERVANTINO con **Hablando Mexicano**. Visite su sitio web o correo electrónico para más detalles: www.hablandomexicano.com, info@hablandomexicano.com

26 de octubre | 6 pm, BAILE DE ANTIFACES DE LA SOCIEDAD DE LA PALAPA en **Café La Esquina** en Todos Santos. ¡Prepárate para ponerte la máscara para una velada inolvidable de diversión y misterio! Vestido vístete con tu mejor atuendo y déjate llevar por la pista de baile, todo mientras recaudas dinero para una gran causa Esta es la oportunidad perfecta para apoyar a la **Sociedad de la Palapa** y sus esfuerzos para promover la educación en la comunidad local. Los tickets cuestan \$500 pesos y se pueden comprar vía Facebook: <https://www.facebook.com/palapasociety.org/events>, <https://palapasociety.org>

noviembre

1 de noviembre | 4:40 pm, INAUGURACIÓN DEL 5º DÍA DE MUERTOS TODOS SANTOS en la plaza pública. Seguido de la Ceremonia del Copal, música y grupos de danza.

1 de noviembre | 6 pm, OBRA PARA EL 5º DÍA DE MUERTOS TODOS SANTOS en el Teatro Márquez de León.

1 de noviembre | 8 pm, BENEDICIÓN DE LOS ALTARES PARA EL 5º DÍA DE MUERTOS TODOS SANTOS en la plaza pública. Seguido del concurso de Catrinas adultas, grupos de danza y música en vivo. Para mayor información ver su página de Facebook: <https://www.facebook.com/FiestaDiaDeMuertos>

2 de noviembre | 4:30 pm, CONCURSO DE CATRINAS MASCOTAS para el 5º Día de Muertos Todos Santos en la plaza pública. Seguido de grupos de danza.

2 de noviembre | CENA MEMORIAL DE DIA DE MUERTOS en **Hablando Mexicano** en Todos Santos. (RSVP) Para mejor información: <https://www.hablandomexicano.com/>

2 de noviembre | 7:30 pm, CONCURSO DE CATRINAS INFANTILES PARA EL 5º DÍA DE MUERTOS TODOS SANTOS en la plaza pública. Seguido por la clausura del Festival. Para mayor información ver su página de Facebook: <https://www.facebook.com/FiestaDiaDeMuertos>

10 de noviembre | JOURNAL DEL PACIFICO FECHA LIMITE PARA LA EDICIÓN NAVIDAD 2023/24.

10 de noviembre | 5º BAJAMED CLÍNICA DE PESCA Y FILETEADO con Miguel Ángel Guerrero en **El Faro Beach Club** en Todos Santos. Como parte del festival, un viaje de pesca, un taller de fileteado con degustación de cerveza artesanal se llevará a cabo en **El Faro Beach Club**. El día llegará a su fin con una degustación de ceviches, cerveza artesanal, y la venta de ostiones del colectivo Punta Lobos. El evento en El Faro está abierto al público, la demostración de fileteado tendrá un costo de \$400 pe-

sos y \$600 será el costo por el taller de fileteado, el viaje de pesca será solo por invitación. Para mayor información llame al Hotel Boutique Guaycura 612-175-0800 o envíe un email a reservations@guaycura.com. Boletos: <https://www.eventbrite.com.mx/e/bajamed-5th-edition-todos-santos-bcs-mexico-tickets-708670541667?aff=oddtcreator>

10 de noviembre | 5 a 8 pm, BASH DE 33º CUMPLEAÑOS DE ALI LOHRMAN en **Shaka's** en Cerritos. Musica en vivo con Karlos Paez de "The B*Side Players."

11 de noviembre | 5 pm, 5º BAJAMED COCINA POR MIGUEL ÁNGEL GUERRERO en **El Mirador** en Todos Santos. Una celebración culinaria presentando mixología, maridaje de vinos de baja California e Italia cena y música en vivo. Cupo limitado. Para mayor información llame al Hotel Boutique Guaycura 612-175-0800 o envíe un email a reservations@guaycura.com. Boletos: <https://www.eventbrite.com.mx/e/bajamed-5th-edition-todos-santos-bcs-mexico-tickets-708670541667?aff=oddtcreator>

17 de noviembre | 12 a 1 pm, PALABRA HABLADA MENSUAL en la **Biblioteca Elena Poniatowska** en Todos Santos. Con escritores y poetas locales, TBA. siempre estan buscando libros de escritores locales para agregar a su colección.

19 de noviembre | CARRERA DON DIABLO TRAIL. 15k/35k Las Tablitas a El Sargento. Para información: <https://dondiablotrailrun.com/home/>

24 al 26 de noviembre | 19º FESTIVAL DE CINE DE TODOS SANTOS "Homenaje a mujeres del Cine" con películas en Todos Santos, Los Cabos y La Paz. Presentación en conjunto con el

EVENTOS cont. en pg. 53

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domingo

8 am a 2 pm, **MERCADO LOCAL** en Café La Esquina en el otro lado.

8:30 am a 2 pm, **MERCADO ORGÁNICO Y MÚSICA EN VIVO** en Cafeteria Baja Beans, Pescadero (a partir del 15 de Octubre.)

6 pm, **SESIÓN DE DOMINGOS** en Todos Santos Brewing.

lunes

10 am a 1 pm, **BIBLIOTECA PALAPA ABIERTO**, Todos Santos. Palapalibrary@gmail.com

4 a 6 pm, **ACADÉMICO TALLER PARA NIÑOS** con Anapaula en **Shakti Bowl** en el otro lado.

6:30 a 8:30 pm, **MÚSICA EN VIVO** en **Shakti Bowl** en el otro lado.

martes

8:30 am a 2 pm, **EL MERCADO ORGÁNICO DE LA PAZ** en calle Rosales entre Obregón y Madero, La Paz.

2 X 1 EN BUDDHA BOWLS en **Shakti Bowl** en el otro lado.

4 pm, **MARTES DE TACOS** en Chill N Grill en Todos Santos. 6 a 9 pm, música en vivo.

miércoles

8 am a 2 pm, **MERCADO LOCAL** en Café La Esquina en el otro lado.

BRUNCH en **Shakti Bowl** en el otro lado, \$150 pesos.

10 am a 1 pm, **BIBLIOTECA PALAPA ABIERTO**, Todos Santos. Palapalibrary@gmail.com

10 am a 12 pm, **ESCULTURA CON PAPEL MACHE TALLER** con Anapaula en **Shakti Bowl** en Todos Santos.

jueves

9 am a 2 pm, **CENTRO DE RECICLADO PUNTO VERDE**, atrás de Super Pollo entrando por Calle del Huerto, extremo sur de Todos Santos. Traiga su papel, cartón, plásticos de No. 1 y 2, baterías, latas, metal, unicel, y electrónicos. Donativo mínimo 50 pesos, electrónicos 80 pesos. Favor de separar y limpiar materiales. Mayores informes: ecorrevolucionmx@gmail.com, (612) 139-4789.

12 pm, **CLUB DE CONVERSACIÓN ESPAÑOL** en **Hablando Mexicano** en Todos Santos.

BOUDA KIDS en **Shakti Bowl** en el otro lado, \$80 pesos.

4 a 6 pm, **CUENTO Y DIVERSION TALLER CON ANAPAUOLA PARA NIÑOS** en **Shakti Bowl** en el otro lado.

5 a 9 pm, **CAMINATA DEL ARTE** en San José del Cabo, en el distrito de las galerías. Todas las galerías que participan estarán abiertas hasta las 9 pm y muchas tienen recepciones y eventos especiales. Noviembre hasta Julio.

viernes

9 am a 2 pm, **CENTRO DE RECICLADO PUNTO VERDE**, atrás de Super Pollo entrando por Calle del Huerto, extremo sur de Todos Santos. Traiga su papel, cartón, plásticos de No. 1 y 2, baterías, latas, metal, unicel, y electrónicos. Donativo mínimo 50 pesos, electrónicos 80 pesos. Favor de separar y limpiar materiales. Mayores informes: ecorrevolucionmx@gmail.com, (612) 139-4789.

10 am a 1 pm, **BIBLIOTECA PALAPA ABIERTO**, Todos Santos. Palapalibrary@gmail.com

CADA SEMANA continúa en página 59



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Loreto

continuó de página 26

relativamente grande, que basa su economía en el turismo y que crece con rapidez, “pero puedes ver mucha gente que se gana la vida en esta área y que realmente está empleando técnicas de conservación. Los capitanes de los barcos de pesca que también llevan turistas a ver a la ballena azul han aprendido, y ponen en práctica, las mejores técnicas para observar las ballenas sin perturbarlas. Loreto se ha transformado verdaderamente en un pueblo con una mentalidad conservacionista.”

Y esto es una gran noticia para las comunidades pesqueras vecinas también. Loreto ocupa un lugar clave en el ecosistema pesquero desde el Golfo medio hasta el Golfo alto de California. Las larvas de peces producidas en la Bahía de Loreto son arrastradas hacia el norte a zonas de pesca como Mulegé y Santa Rosalía. Si la salud del área de la Bahía de Loreto se deteriora o si llega a haber una pesca excesiva del área, no solamente devastaría a la comunidad pesquera de Loreto, pero otro impacto directo y terrible sería el colapso de las pesquerías más al norte. Por lo tanto, el Doctor Reyes esta trabajando con los pescadores de Loreto para encontrar los mejores lugares en el parque para ser refugios de peces. “Refugios de peces” es una herramienta de administración manejada por la autoridad mexicana CONAPESCA. Son áreas definidas por los pescadores, típicamente en colaboración con grupos académicos como la UABS/Dr. Reyes, con el objetivo de crear un área para la reproducción y diseminación de la larva y los juveniles de las especies comerciales. Una vez que ya cuentan con su favorecida lista de refugios, los pescadores presentaran su propuesta al gobierno federal. La Bahía de Loreto también tiene varias zonas de “no-llevar,” donde es ilegal llevarse cualquier especie, y estas especies están administradas por la autoridad del parque para mantener la biodiversidad. El Dr. Reyes y su equipo de la UABS están llevando a cabo un estudio de referencia de la zona de “no-llevar” en el área de Nopoló para entender el volumen y la calidad de la vida marina que protege. Por lo que el Dr. Reyes y su equipo están apoyando tanto la

parte de conservación de la Bahía de Loreto dentro del plan de administración, así como también los esfuerzos de las comunidades pesqueras locales para mejorar la pesca del lugar. El Doctor nos señala rápidamente el excepcional trabajo que de igual manera se está llevando a cabo por otros científicos en Loreto.

El Doctor Carlos Cáceres Martínez es el asesor técnico y coordinador del programa de Educación Medioambiental para Efecto Arena AC, una asociación sin fines de lucro basada en La Paz que se especializa en restauración de coral. Cuando un barco colapsó con una roca del arrecife en la Bahía de Loreto en 2022, el Doctor Cáceres y su equipo fueron traídos para restaurarlo. (Los gastos corren a cargo de los dueños del barco.) “Los corales promueven el crecimiento de una gran cantidad de especies marinas diversas, así que era un hecho que haríamos de los corales la base de nuestro trabajo en esta roca.” Usando la tecnología que Efecto Arena desarrolló para restaurar corales en la Bahía de Balandra y en San Rafaelito en La Paz, El Dr. Cáceres y su equipo usaron resina de epoxi para unir tubos de PVC a la roca, después unieron el coral al PVC, una pieza a la vez, rigurosamente. Fue un trabajo realizado con mucho cuidado, pero hemos tenido una gran recompensa. Cuando recién empezamos este proyecto en Septiembre de 2022, sólo había roca sin ninguna forma de vida en ella. Ahora, justo un año más tarde, no existe roca despoblada. Sólo existe un hermoso lugar con muchas algas, invertebrados, y pronto, a medida que el coral vaya floreciendo, esperamos empezar a ver otras especies.” Kurt Vonnegut una vez bromeó diciendo que “La ciencia es magia que sí funciona” y lo que el Doctor Cáceres y su equipo están logrando a través de la ciencia parece realmente mágico en efecto.

También debemos tomar en cuenta que parte de la magia de Loreto se manifiesta como una increíble suerte. El programa “Keep Loreto Magical”/ “Mantengamos a Loreto Mágico” de la Fundación del Océano, (*The Ocean Foundation*) y otros grupos medioambientalistas han estado trabajando por años para conseguir protección para 16,990 acres de tierra controlada por el Fondo Nacional de Fomento al Turismo (FONATUR). FONATUR es la institución detrás de los destinos de turismo masivos mexicanos como Cancún y San José del Cabo, y en los años 70s fijaron su objetivo en Loreto para su desarrollo turístico. El gobierno federal está ahora considerando eliminar a FONATUR, y LORETO continúa en página 52

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disponible. El verano es una maravillosa época para encontrar flores, después de las lluvias, así como también plantas jóvenes y follaje fresco. Los conejos salvajes eligen instintivamente entre alimentos saludables y tóxicos, ya que esto es esencial para su supervivencia. Los dientes de los conejos crecen continuamente, así que es importante para ellos masticar plantas, palos y vainas de las flores para mantener sus dientes en buenas condiciones.

PÁJAROS CARPINTEROS.

En el mundo salvaje de los pájaros carpinteros, es por lo general el macho que cava los hoyos en los árboles y cactus en donde harán su nido.

Él es el que excavará el árbol o cactus, construirá el nido usando escombros, ayudará a incubar los huevos por 14 días, y ayudará a criar a la descendencia. Cuando se trate de alimentar a los polluelos, ambos, el pájaro carpintero macho y la hembra traerán cantidades que parecen interminables de provisiones omnívoras, pedazos de plantas, insectos, gusanos, huevos, y fruta por aproximadamente cuatro semanas, hasta que los polluelos emplumezcan y se vayan a buscar sus propios territorios.

LAGARTIJAS EN EL SOL.

Las lagartijas se enfrían y calientan a sí mismas usando insolación y conducción, en un proceso conocido como termorregulación. Insolación: en la vida de una lagartija de sangre fría, la insolación es la directa absorción de los rayos del sol, y la conducción es la absorción de calor del suelo. Las lagartijas son bastante inteligentes, si les da mucho calor, se moverán a la sombra o hasta se enterrarán en la arena, lodo, o tierra para refrescarse. Si necesitan calentarse tomarán el sol en una roca, rama, o poste, y a veces hasta pueden cambiar de color a una tonalidad más oscura para poder absorber aún más calor del sol. Cada especie de lagartijas tiene un rango óptimo de temperatura corporal que es ideal para que ellas se mantengan activas mientras están cazando, comiendo, en movimiento, y reproduciéndose, así que es crucial para ellas mantener estas temperaturas para los procesos metabólicos que son tan importantes para su supervivencia.

PHAINOPEPLAS.

También conocidos como "papamoscas sedosos" son los únicos representantes de esta familia de aves Ptilonotidae, en Norte América. Su nombre proviene



El Verano

continuó de página 33

de la palabra griega para túnica o bata de seda, ya que los machos son de un color negro brillante con manchas blancas en las alas, visibles cuando vuelan. Las hembras son de un color gris ante. Tanto los machos como las hembras tienen brillantes ojos rojos y una distintiva cresta en sus cabezas, los Phainopeplas pasan, muchos meses en ciertas áreas y pueden ajustar sus horarios de nidificación de acuerdo a cuando sus alimentos favoritos están maduros y listos para comer. Una de sus comidas favoritas, y que además tienen una relación simbiótica con ella, es el muérdago. Se comen las bayas y después pasan las semillas en sus heces a una rama de una planta diferente, por eso la relación de la comida para el ave y la dispersión de las semillas se convierte en una relación mutua de la que ambos dependen.

AVES CAMINANDO Y BALANCEÁNDOSE.

¿Te has preguntado porque algunas especies de aves balancean sus cabezas mientras caminan? La mayoría de las aves que comen semillas, como las palomas, pollos y codornices hacen esto, así como también los cazadores de campos y lagunas, como las garzas y garcetas. Cuando las aves balancean su cabeza en unísono opuesto del ritmo de la locomoción, de hecho, están estabilizando una imagen del mundo a su alrededor. Cuando la cabeza se mueve hacia atrás, están en descanso, y cuando la cabeza se mueve hacia adelante ellos pueden entonces fijar su vista en objetos, incluyendo comida, y cazar; estos 20 milisegundos de inmovilidad les dan suficiente tiempo para construir una imagen ambiental de sus alrededores en su cerebro. Si las aves movieran sus cabezas, ojos y cuerpo al mismo tiempo, su visión se pondría borrosa, y les costaría mucho trabajo recorrer el mundo y sobrevivir.

Loreto

continued from page 27

Dr. Reyes is not involved with the new national parks, but notes that “whatever happens on land has a direct impact on the ocean, so the better managed the land is, the better results we’ll see in the ocean.”

The unfolding of events in Loreto reminds us that we all must be vigilant when it comes to protecting our natural resources. As the IUCN notes on its website, “The future of life on Earth depends on our efforts to nurture and protect nature. On land and in the seas, the impacts of population growth, industrialization, production, and consumption patterns are pushing our planet’s boundaries to the limit. We are threatening our very existence through an accelerated loss of ecosystems, wild species, and natural processes. We are degrading terrestrial and marine ecosystems beyond recovery, and we are only just beginning to see the real impacts of the climate crisis.

However, we can hope for change, and dream of a greener future. There is already a strong community of men and women fighting against environmental loss in and around protected and conserved natural areas worldwide. They live in remote and wild areas, in the countryside, in cities, in forests, mountains and savannahs, along our coasts and on islands, and out into the seas and oceans.” These people, in fact, are the true magic of Loreto.

Todos Santos Eco Adventures (TOSEA) is the leading eco adventure company in Baja California Sur. TOSEA invites you to join them in the following initiatives to help preserve the habitats of Baja California that both our native and migratory species depend on:

Carbon Capture with Tomorrow’s Air. TOSEA is a carbon capture education partner with Tomorrow’s Air, and to date has supported the removal of one ton of carbon dioxide

LORETO continued on page 57

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Loreto

continuó de página 50

mientras reflexiona sobre su siguiente movimiento, está transformando varias de las tierras en Loreto que en algún momento fueron controladas por ellos, en áreas naturales protegidas. Así pues, las tierras en Loreto de FONATUR se han transformado de ser áreas destinadas para desarrollos turísticos en parques nacionales, y el pasado 16 de Agosto de 2023 el Parque de Nopoló (6,217 hectáreas / 5,362 acres) y el Parque II de Loreto (2,076 hectáreas / 5,129 acres) fueron creados entre las montañas de la Sierra de la Giganta hacia el oeste y el Golfo de California hacia el este, incluyendo varios kilómetros de línea costera. La gente de Loreto se encuentra extática, en especial porque la cuenca del Parque de Nopoló recarga el acuífero local que es una fuente clave de agua en Loreto. Este movimiento es tan reciente que todavía queda pendiente por nombrarse a los nuevos directores del parque, pero ya hay un gran optimismo por que el parque podrá proteger los ecosistemas, incluyendo a los humedales y las cuencas, que son tan cruciales para mantener la biodiversidad y prevenir la escasez en los suministros de agua.

El Dr. Reyes no está involucrado con los nuevos parques nacionales, pero comenta que “lo que sea que pase en la tierra, tendrá un impacto directo en el océano, así que mientras la tierra sea administrada de la mejor manera posible, nosotros veremos los mejores resultados en el océano.”

El desarrollo de los eventos en Loreto nos recuerda que todos debemos permanecer vigilantes cuando se trata de proteger nuestros recursos naturales. Como la IUCN menciona en su página web, “El futuro de la vida en la tierra depende de nuestros esfuerzos para nutrir y proteger a la naturaleza. En tierra y en los mares, los impactos del crecimiento de la población, la industrialización, LORETO continúa en página 58

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#118 on Todos Santos Map

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TODOS SANTOS: C/ Miller ej/ Morales y Zaragoza. (Half block from bus station) / PESCADERO: Plaza San Antonio, Todos Santos - Los Cabos Highway Km. 58

Eventos

continuó de página 48

Padrinos Children's Foundation. Cineminuto presentado en conjunto con Cero Basura. Todas las películas en Todos Santos en el Teatro Manuel Márquez de León, en el Museo de Arte La Paz MUABS en La Paz, y en Los Cabos: Cerrito del Timbre. Boletos para las películas con costo de \$50 pesos, eventos con costo de \$150 pesos, estudiantes y niños entrada gratuita, boletos disponibles en Boletia.com y en la entrada. Para mayor información visite: todossantoscinefest.org, Facebook: FestivalCineTodosSantos, Instagram: festivaldelcinedets.

24 de noviembre | PELÍCULA DE APERTURA, ESPAÑOL "ABUELOS" DEL 19º FESTIVAL DE CINE DE TODOS SANTOS en el Teatro Manuel Márquez de León. Boletos \$50 pesos, estudiantes y niños entrada gratuita, boletos disponibles en Boletia.com y en la entrada.

24 de noviembre | FIESTA NOCTURNA DE APERTURA DEL 19º FESTIVAL DE CINE DE TODOS SANTOS. Fiesta Flamenca/ Mariachi. Boletos \$150 pesos, estudiantes y niños entrada gratuita, boletos disponibles en Boletia.com y en la entrada.

diciembre

1 diciembre al 5 del enero 2024 | KILÓMETRO DE JUGUETES recaudación de juguetes para comunidades agrícolas. Deje juguetes en **Hablado Mexicano** en Todos Santos.

1 al 3 de diciembre | CARRERA MAR A MAR TRAIL. Los Barriles a San Dionisio a Todos Santos. Para más información: <https://maramartrail.com/>

8 de diciembre | 4 a 7 pm, GASTROVINO23 GASTRO TOUR SUR. Explora delicias culinarias maridadas con vinos ganadores de premios mientras recorres el encantador pueblo de Todos Santos, después disfruta el After en el Sky Lounge del icónico Hotel Guaycura comenzando a las 7 pm. El tour incluye los restaurantes participantes cercanos a pie en la parte sur del centro histórico de Todos Santos, junto con food trucks que estarán estratégicamente localizados y servirán comida única y diferente.

Boletos por adelantado disponibles en www.gastrovino.mx y Café La Perla en Todos Santos, La Fábrica por Café 1240 en La Paz, The Wine Market en Plaza Pioneros en Cabo San Lucas, y Pez Gordo Galería en Shoppes en Palmilla en San José del Cabo, así como en la entrada el día de los eventos. Para mayor información visite: www.gastrovino.mx, Facebook: FestivalGastroVino, or Instagram: gastrovinobajafest.

8 de diciembre | 12 a 1 pm, PALABRA HABLADA MENSUAL en la **Biblioteca Elena Poniatowska** en Todos Santos. Con escritores y poetas locales, TBA. siempre estan buscando libros de escritores locales para agregar a su colección.

9 de diciembre | 4 a 7 pm, GASTROVINO23 GASTRO TOUR NORTE. Sumérgete en la vibrante escena culinaria de Todos Santos con más deliciosas ofertas maridadas con los más finos vinos, después disfruta del After en la calle enfrente del mágico Hotel Casa Tota comenzando a las 7 pm. El tour incluye los restaurantes participantes cercanos a pie en la parte norte del centro histórico de Todos Santos, junto con food trucks que estarán estratégicamente localizados y servirán comida única y diferente.

Boletos por adelantado disponibles en www.gastrovino.mx y Café La Perla en Todos Santos, La Fábrica por Café 1240 en La Paz, The Wine Market en Plaza Pioneros en Cabo San Lucas, y Pez Gordo Galería en **EVENTOS cont. en pg. 55**

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Events

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November 24 | 19TH FESTIVAL DE CINE TODOS SANTOS OPENING NIGHT PARTY. Fiesta Flamenca / Mariachi. Tickets are \$150 MXN, students and children are free, available at Boletia.com and at the door.

december

December 1 - January 5, 2024 | KILÓMETRO DEL JUGUETE gathering of toys for agricultural communities. Leave toys and contributions at **Hablando Mexicano** in Todos Santos.

December 1 - 3 | CARRERA MAR A MAR TRAIL RACE. Los Barriles to San Dioniso to Todos Santos. For more information: <https://maramartrail.com/>

December 8 | 12 – 1 pm, MONTHLY SPOKEN WORD at the **Biblioteca Elena Poniatowska** in Todos Santos. Featuring local writers and poets, TBA. They are always looking for books by local writers to add to their collection.

December 8 | 4 – 7 pm, GASTROVINO23 GASTRO TOUR SOUTH. Explore culinary delights paired with award-winning wines as you tour the enchanting town of Todos Santos, then enjoy the After Party at the Sky Lounge of the iconic Guaycura Hotel starting at 7 pm. The tour includes participating restaurants within walking distance in the south part of Todos Santos' historical downtown, along with strategically placed food trucks serving distinctive and unique food.

Advanced tickets available at www.gastrovino.mx, and Café La Perla in Todos Santos, La Fabrica by Café 1240 in La Paz, The Wine Market at Plaza Pioneros in Cabo San Lucas, and Pez Gordo Gallery at Shoppes at Palmilla in San José del Cabo, and at the door the day of the events. For more information, visit: www.gastrovino.mx, Facebook: FestivalGastroVino, or Instagram: [gastrovinobajafest](https://www.instagram.com/gastrovinobajafest).

December 9 | 4 – 7 pm, GASTROVINO23 GASTRO TOUR NORTH. Dive into the vibrant culinary scene of Todos Santos with more delectable offerings paired with the finest wines, then enjoy the After Party

on the street in front of the magical Hotel Casa Tota starting at 7 pm. The tour includes participating restaurants within walking distance in the north part of Todos Santos' historical downtown, along with strategically placed food trucks serving distinctive and unique food.

Advanced tickets available at www.gastrovino.mx, and Café La Perla in Todos Santos, La Fabrica by Café 1240 in La Paz, The Wine Market at Plaza Pioneros in Cabo San Lucas, and Pez Gordo Gallery at Shoppes at Palmilla in San José del Cabo, and at the door the day of the events. For more information, visit: www.gastrovino.mx, Facebook: FestivalGastroVino, or Instagram: [gastrovinobajafest](https://www.instagram.com/gastrovinobajafest).

December 10 | 2 – 6 pm, GASTROVINO23 MAIN EVENT. Celebrate GASTROVINO'S 11th anniversary with an incredible lineup of Baja and Californian wines, top chefs, and special guests from Yountville, Napa Valley. This year it takes place at La Barca at Santa Terra in downtown Todos Santos.

Advanced tickets available at www.gastrovino.mx, and Café La Perla in Todos Santos, La Fabrica by Café 1240 in La Paz, The Wine Market at Plaza Pioneros in Cabo San Lucas, and Pez Gordo Gallery at Shoppes at Palmilla in San José del Cabo, and at the door the day of the events. For more information, visit: www.gastrovino.mx, Facebook: FestivalGastroVino, or Instagram: [gastrovinobajafest](https://www.instagram.com/gastrovinobajafest).

December 15 | PADRINO CHILDREN'S FOUNDATION MEXICAN DINNER at **Hablando Mexicano** in Todos Santos. (RSVP). For more information visit: <https://www.hablandomexicano.com/>

january 2024

January 12 | 12 – 1 pm, MONTHLY SPOKEN WORD at the **Biblioteca Elena Poniatowska** in Todos Santos. Featuring local writers and poets, TBA. They are always looking for books by local writers to add to their collection.

february 2024

February 4 - 10 | TODOS SANTOS WRITERS WORKSHOP, 11th annual creative writing retreat on a private estate offering classes in poetry with Christopher Merrill, fiction with Michelle Wildgen, memoir with Karen Karbo and Jeanne McCulloch, storytelling strategies with Rex Weiner. Special rates for full- and part-time locals. More information at www.todosantoswritersworkshop.com

February 6 | 6 – 8 pm, AUTHOR READING AND BOOK SIGNING by Michelle Wildgen at Santa Terra/Vino Park. She will be reading from and signing her book, *Wine People* (Zibby Books). Presented by Santa Terra and **Todos Santos Writers Workshop**. Free to everyone.

February 9, 10 & 11 | 10 am – 4 pm, 13TH ANNUAL TODOS SANTOS OPEN STUDIO TOUR. The Todos Santos Open Studio Tour is a two-day event where visitors get a unique opportunity to explore the creative process of talented artists in their studios, and purchase their magnificent artwork. The event features a diverse range of artists, including painters, sculptors, photographers, muralists, air painters, jewelers, print makers, collage artists, potters, and wood turners. With such a broad spectrum of artists, the tour promises to be a captivating and exciting experience for everyone. If you are interested in participating in the 2024 event. Please email: ts.studiotour@gmail.com

February 16 | 12 – 1 pm, MONTHLY SPOKEN WORD at the **Biblioteca Elena Poniatowska** in Todos Santos. Featuring local writers and poets, TBA. They are always looking for books by local writers to add to their collection.

February 17 - 25 | 13TH "WRITING DOWN THE BAJA" RETREAT in Todos Santos Join award-winning author Ellen Waterston for a generative week of writing that explores the intersection of internal EVENTS continued on page 57

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Eventos

continuó de página 53

Shoppes en Palmilla en San José del Cabo, así como en la entrada el día de los eventos. Para mayor información visite: www.gastrovino.mx, Facebook: FestivalGastroVino, or Instagram: gastrovinobajafest.

10 de diciembre | 2 a 6 pm, **GASTROVINO23 EVENTO PRINCIPAL**. Celebra el onceavo aniversario de **GASTROVINO** con una increíble selección de vinos de Baja California, renombrados chefs e invitados especiales de Yountville, Napa Valley. Este año se llevara a cabo en La Barca en Santa Terra en el centro de Todos Santos.

Boletos por adelantado disponibles en www.gastrovino.mx y Café La Perla en Todos Santos, La Fábrica por Café 1240 en La Paz, The Wine Market en Plaza Pioneros en Cabo San Lucas, y Pez Gordo Galería en Shoppes en Palmilla en San José del Cabo, así como en la entrada el día de los eventos. Para mayor información visite: www.gastrovino.mx, Facebook: FestivalGastroVino, or Instagram: gastrovinobajafest.

15 de diciembre | **CENA MEXICANA** en **Hablando Mexicano** en Todos Santos en colaboración con **Padrino Children's Foundation**. Para mejor información: <https://www.hablandomexicano.com/>

enero 2024

12 del enero | 12 a 1 pm, **PALABRA HABLADA MENSUAL** en la **Biblioteca Elena Poniatowska** en Todos Santos. Con escritores y poetas locales, TBA. siempre estan buscando libros de escritores locales para agregar a su colección.

febrero 2024

4 al 10 de febrero | **TALLER DE ESCRITORES DE TODOS SANTOS, (TSWW)** 11º Retiro Creativo Anual de Escritura en una finca privada ofreciendo clases de poesía con Christopher Merrill, ficción con Michelle Wildgen, memorias con Karen Karbo y Jeanne McCulloch, y estrategias para contar historias con Rex Weiner. Tarifas especiales para residentes locales de medio y tiempo completo. Mayor información en www.todosantoswritersworkshop.com

6 de febrero | 6 a 8pm, **LECTURA DE AUTOR Y FIRMA DE EJEMPLARES** por Michelle Wildgen en Santa Terra Vino Park. Ella estará leyendo y firmando ejemplares de su libro *Wine People* /Gente de Vino (de Zibby Books). Presentado por Santa Terra y el **Taller de Escritores de Todos Santos (TSWW)**. Entrada gratuita para todo público.

9 al 11 de febrero | 10 am a 4 pm, **13º TODOS SANTOS TOUR DE ESTUDIOS ABIERTOS**. El Todos Santos Tour de Estudios Abiertos es un evento de dos días donde los visitantes tienen la oportunidad única de explorar el proceso creativo de artistas talentosos en sus estudios y comprar sus magníficas obras de arte. El evento cuenta con una amplia gama de artistas, incluidos pintores, escultores, fotógrafos, muralistas, pintores de aire, joyeros, grabadores, artistas del collage, alfareros y torneros. Con un espectro tan amplio de artistas, la gira promete ser una experiencia fascinante y emocionante para todos. Si estás interesado en participar en el evento 2024. Envíe un correo electrónico a: ts.studiotour@gmail.com

16 de febrero | 12 a 1 pm, **PALABRA HABLADA MENSUAL** en la **Biblioteca Elena Poniatowska** en Todos Santos. Con escritores y poetas locales, TBA. siempre estan buscando libros de escritores locales para agregar a su colección.

17 al 25 de febrero | **13º RETIRO "ESCRIBIENDO LA BAJA" EVENTOS** cont. en pg. 57

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sunday / domingo

9 am, **VINYASA FLOW YOGA W/C LIZ @ Cuatro Vientos**, Todos Santos.

11 am, **ECSTATIC DANCE @ Cuatro Vientos**, Todos Santos.

4 pm, **YIN & RESTORATIVE YOGA W/C PAMELA @ Cuatro Vientos**, Todos Santos.

monday / lunes

6, 7, 8 & 9 am, 5 & 6 pm, **CROSSFIT @ Cross2Box**, Todos Santos.

7 am, **TS OPEN WATERS SWIMMING @ Punta Lobos**, Todos Santos. Facebook/Instagram: Sasha from Russia

7:30 am, **YOGA W/C MAYRA @ Baja Serena**, Pescadero.

8:15 am, **FUSION FITNESS @ Cross2Box**, Todos Santos.

9 am, **YOGA W/C MARIMAR @ Cuatro Vientos**, Todos Santos.

9:15 am, **FUSION FITNESS @ Cross2Box**, Todos Santos.

10:30 am, **YOGA FOR HEALTHY AGING W/C LISA @ Cuatro Vientos**, Todos Santos.

11 am, **AA MEETING**. On the rooftop at Ricardo Amigo Real Estate on calle Centenario in Todos Santos. For info: Erick (612)156-9980.

2:30 pm, **REIKE CIRCLE W/C MARIA @ Cuatro Vientos**, Todos Santos.

4 pm, **AERIAL DANCE KIDS 4 - 7 W/C VANNYA @ Cuatro Vientos**, Todos Santos.

tuesday / martes

6, 7, 8 & 9 am, 5 & 6 pm, **CROSSFIT @ Cross2Box**, Todos Santos.

7:30 am, **HIIT WORKOUT W/C CLARA @ Cuatro Vientos**, Todos Santos.

7:30 am, **YOGA W/C MAYRA @ Baja Serena**, Pescadero.

9 am, **ZUMBA W/C JAN @ Cuatro Vientos**, Todos Santos.

10:30 am, **VINYASA YOGA W/C GABRIELLE @ Cuatro Vientos**, Todos Santos.

4 pm, **CROSSFIT FOR KIDS @ Cross2Box**, Todos Santos.

4:30 pm, **ADULT HIP HOP W/C GABRIELLE @ Cuatro Vientos**, Todos Santos.

6 pm, **DANCE FITNESS W/C NATHALIE @ Cuatro Vientos**, en Español Todos Santos.

wednesday / miércoles

7 am, **TS OPEN WATERS SWIMMING @Punta Lobos**, Todos Santos. Facebook/Instagram: Sasha from Russia

7:30 am, **VINYASA YOGA W/C TY @ Cuatro Vientos**, Todos Santos.

6, 7, 8 & 9 am, 5 & 6 pm, **CROSSFIT @ Cross2Box**, Todos Santos.

7:30 am, **YOGA W/C MAYRA @ Baja Serena**, Pescadero.

8:15 am, **FUSION FITNESS @ Cross2Box**, Todos Santos.

9 am, **YOGA W/C MARIMAR @ Cuatro Vientos**, Todos Santos.

9 am, **PESCADERO HIGHTIDE AA MEETING @ Baja Beans**, Pescadero. For information: Don (612) 157-1256.

9:15 am **FUSION FITNESS @ Cross2Box**, Todos Santos.

10:30 am, **YOGA FOR HEALTHY AGING W/C LISA @ Cuatro Vientos**, Todos Santos.

11 am, **AA MEETING**. On the rooftop at Ricardo Amigo Real Estate on calle Centenario in Todos Santos. For info: Erick (612)156-9980.

4 pm, **AERIAL DANCE KIDS 8 - 15 W/C VANNYA @ Cuatro Vientos**, Todos Santos.

6 pm, **BIOENERGETICS W/C CARLO @ Cuatro Vientos**, Todos Santos.

thursday / jueves

6, 7, 8 & 9 am, 5 & 6 pm, **CROSSFIT @ Cross2Box**, Todos Santos.

7:30 am, **HIIT WORKOUT W/C CLARA @ Cuatro Vientos**, Todos Santos.

7:30 am, **YOGA W/C MAYRA @ Baja Serena**, Pescadero.

9 am, **ZUMBA W/C JAN @ Cuatro Vientos**, Todos Santos.

10:30 am, **VINYASA YOGA W/C GABRIELLE @ Cuatro Vientos**, Todos Santos.

4 pm, **YIN & RESTORATIVE YOGA W/C PAMELA @ Cuatro Vientos**, Todos Santos.

4 pm, **CROSSFIT FOR KIDS @ Cross2Box**, Todos Santos.

6 pm, **DANCE FITNESS W/C NATHALIE @ Cuatro Vientos**, en Español, Todos Santos.

friday / viernes

6, 7, 8 & 9 am, 5 pm, **CROSSFIT @ Cross2Box**, Todos Santos.

7 am, **TS OPEN WATERS SWIMMING @Punta Lobos**, Todos Santos. Facebook/Instagram: Sasha from Russia

7:30 am, **YOGA W/C MAYRA @ Baja Serena**, Pescadero.

8:15 am, **FUSION FITNESS @ Cross2Box**, Todos Santos.

9 am, **YOGA W/C MARIMAR @ Cuatro Vientos**, Todos Santos.

9 am, **WOMEN'S AA MEETING** via Zoom. Call Catherine for information: (612)149-5194

9:15 am **FUSION FITNESS @ Cross2Box**, Todos Santos.

11 am, **ACTIVE MEDITATION W/C CARLO @ Cuatro Vientos**, Todos Santos.

4 pm, **DANZA POLINESIA KIDS 8 - 15 W/C NATHALIE @ Cuatro Vientos**, Todos Santos.

5 pm, **AA MEETING**. On the rooftop at Ricardo Amigo Real Estate on calle Centenario in Todos Santos. For info: Erick (612)156-9980.

6 pm, **OASIS SOUND, DANCE COMMUNITY @ Cuatro Vientos**, Todos Santos.

saturday / sábado

7:30 am, **HIIT WORKOUT W/C CLARA @ Cuatro Vientos**, Todos Santos.

9 am, **VINYASA FLOW YOGA W/C LIZ @ Cuatro Vientos**, Todos Santos.

10:30 am, **DYNAMIC GODDESS FLOW W/C TASHA @ Cuatro Vientos**, Todos Santos.

11 am, **AA MEETING**. On the rooftop at Ricardo Amigo Real Estate on calle Centenario in Todos Santos. For info: Erick (612)156-9980.

Loreto

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from the air. All *homo sapiens* who migrate to Baja are invited to join TOSEA in supporting this incredible project that was awarded Newsweek's 2021 Future of Travel Award in the Visionary category—it is not carbon offset, it is actually removing CO₂ from the air and storing it deep underground. www.tomorrowsair.com.

Zero Waste Alliance of Todos Santos and Pescadero (ZWA). TOSEA is a proud supporter of the ZWA which is actively working to reduce the amount of waste that goes to the local landfill and build circular economies around that waste. All *homo sapiens*, both native and migratory, are invited to join the movement! www.facebook.com/alianzacerobasuratodosantos



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AA CABO SAN LUCAS—AA Hacienda Group Cabo, upstairs above Ace Hardware behind McDonalds. Monday – Friday, 4:30 pm and daily at 6 pm. For information: (624) 147-0478

SAN JOSÉ DEL CABO—Next to the Calvary Chapel corner of Degollado and Coronado. 6 pm nightly.

LA PAZ—For information call: Rick M. (612)131-7459, JoAnna (612)108-5342, or Leo (612)197-8639.

Events

continued from page 54

and external landscapes in poetry and prose. This year featuring a renowned memoirist and poet as a guest presenter. For more information visit: <https://www.writingranch.com/todos-santos-writing-retreat>

February 22 | BEER, BRATS, AND BOCCHE. An event for **The Palapa Society of Todos Santos**. Details to be announced. See their website for updated information and tickets. <https://palapasociety.org>

Eventos

continuó de página 55

CON ELLEN WATERSTON en Todos Santos. Este año destacando un renombrado autor de memorias y poeta como presentador invitado. Mayor información en: <https://www.writingranch.com/todos-santos-writing-retreat>

22 de febrero | BEER, BRATS, Y BOCCHE, Un evento para **La Sociedad de la Palapa de Todos Santos**. Detalles por anunciar. Visite su sitio web para obtener información actualizada y boletos. <https://palapasociety.org>

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GASTROVINO

continuó de página 8

Domingo 10 de diciembre, 2 - 6 pm, EVENTO PRINCIPAL DE GASTROVINO

Celebra el 11º aniversario de GASTROVINO con una increíble selección de México, chefs destacados e invitados especiales de Yountville, California. Este año tendrá lugar en La Barca en Santa Terra en el centro de Todos Santos. Esta es una oportunidad única para degustar vinos de todo México y Napa Valley con alrededor de 21 casas vinícolas presentes, incluyendo las de más renombre de Valle de Guadalupe como Solar Fortún, Decantos, Cava Maciel, Casa de Piedra, Aborigen, Xecue, Shimul, Alximia, Henri Lurton, Lechuza, Tres de Vino, Vinícola Total, Clos de Tres Cantos, Valle Girl Vino, Bruma, Casa Jipi, Xwrendepia de Dos Gallos, Vinos Cruz, y Casa Anza de San Miguel de Allende; Honrama Cellars de Napa Valley; Desert Wine 5 de Valle de Santo Domingo; y Rancho LaVenta de San Bartolo y San Antonio.

GASTROVINO se enorgullece de mostrar el talento culinario que define la región de Todos Santos y sus alrededores. Los chefs locales, restaurantes y food trucks crean platos succulentos que rinden homenaje a los sabores diversos y únicos de México. GASTROVINO te lleva en un viaje culinario como ningún otro, con ingredientes frescos de la granja a la mesa, pescados y mariscos capturados localmente y productos frescos de la granja,

magistralmente maridados con la exquisita selección de vinos del festival.

¡PREPÁRATE PARA CELEBRAR!

GASTROVINO 2023 te da la bienvenida donde los vinos mexicanos, la excelencia culinaria y el calor de la comunidad se unen. Los boletos para todos los eventos estarán disponibles pronto en www.gastrovino.mx. Los boletos de preventa también estarán disponibles en Café La Perla en Todos Santos, La Fabrica de Café 1240 en La Paz, The Wine Market en Plaza Pioneros en Cabo San Lucas y en la Galería Pez Gordo en Shoppes at Palmilla en San José del Cabo, además de en la puerta el día de los eventos.

Para obtener más información, visita: www.gastrovino.mx. Sigue a GASTROVINO en las redes sociales para obtener un adelanto de lo que te espera: Facebook: FestivalGastroVino, o Instagram: [gastrovinobajafest](https://www.instagram.com/gastrovinobajafest).

Loreto

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producción, y patrones de consumo están empujando las barreras de nuestro planeta al límite. Estamos amenazando nuestra propia existencia por medio de una acelerada pérdida de ecosistemas, especies salvajes, y procesos naturales. Estamos degradando los ecosistemas marinos y terrestres más allá de recuperación alguna, y apenas estamos empezando a ver el impacto real de la crisis climática. Sin embargo, podemos tener esperanzas en el cambio, y soñar con un futuro más verde. Ya existe una fuerte comunidad de hombres y mujeres luchando en contra de la pérdida medioambiental dentro y alrededor de áreas naturales protegidas y conservadas en el mundo. Viven en áreas remotas y salvajes, en el campo, las ciudades, los bosques, montañas y sabanas, a lo largo de las costas y en las islas, y hacia dentro de los mares y océanos." Estas personas, en realidad, son la verdadera magia de Loreto.



Every Week

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10 am – 1 pm, **PALAPA LIBRARY OPEN**, Todos Santos. Palapalibrary@gmail.com

10 am – 12 pm, **EMBROIDERY WORKSHOP WITH ANAPaula** at **Shakti Bowl** on the *otro lado*.

6 pm, **TRIVIA NIGHT** at Todos Santos Brewing.

saturday

7 am – 2 pm, **PUNTO VERDE RECYCLING** in Las Tunas across from **Shakti Bowl**. Bring your paper, #1 & #2 plastics, batteries, cardboard, cans, metal, Styrofoam, and electronics. 50 peso minimum donation; electronics are 80 pesos. Please separate and clean materials. For information: ecorrrevolucionmx@gmail.com, (612) 139-4789

8:30 am – 2 pm, **LA PAZ FARMER'S MARKET** on calle Rosales between Obregón & Madero, La Paz.

2 X 1 ON ALL SMOOTHIES at **Shakti Bowl** on the *otro lado*.

9 am – 1 pm, **MALECÓN TIANGUIS NATURAL (MARKET)** at the Callejon Cabezud in La Paz—the area between Esquerro street and the *malecón* at the location of the Wyland mural and the seashell musician statue.

9 am – 3 pm, **SAN JOSÉ DEL CABO ORGANIC MARKET (Mercado Orgánico)** just outside the San José historic district in Huerta Maria on the Camino a Las Animas. Look for the signs at the big arroyo off Avenida Centenario. Takes place November through the end of June.

10 am – 2 pm, **MARKET** at Gypsea's in Pescadero; starts in November.

10:30 am – 2 pm, **EL MERCADO RANCHERO MARKET** with art, furniture, and fresh products from area ranches, including cheese, chicken, and meat, on the *otro lado*.

6 pm, **SONGWRITER SATURDAYS** at Todos Santos Brewing.



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Cada Semana

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10 am a 12 pm, **TALLER DE TEJIDO Y BORDADO** con Anapaula en **Shakti Bowl** en Todos Santos.

CLASE DE COCINA en **Hablando Mexicano** en Todos Santos. Ver <https://www.hablandomexicano.com/> para el menú y precios.

6 pm, **NOCHE DE TRIVIA** en el Todos Santos Brewing.

sábado

7 am a 2 pm, **CENTRO DE RECICLADO PUNTO VERDE**, en Las Tunas enfrente de **Shakti Bowl**. Traiga su papel, cartón, plásticos de No. 1 y 2, baterías, latas, metal, unicel, y electrónicos. Donativo mínimo 50 pesos, electrónicos 80 pesos. Favor de separar y limpiar materiales. Mayores informes: ecorrrevolucionmx@gmail.com, (612) 139-4789.

2 X 1 EN TODOS LOS SMOOTHIES en **Shakti Bowl** en el otro lado.

8:30 am a 2 pm, **EL MERCADO ORGÁNICO DE LA PAZ** en calle Rosales entre Obregón y Madero, La Paz.

9 am a 3 pm, **EL MERCADO ORGÁNICO** en San José del Cabo está ligeramente afuera del distrito de arte histórico en la Huerta María en el Camino a las Ánimas. Noviembre hasta el fin de Junio.

9 am a 1 pm, **TIANGUIS NATURAL MALECÓN (Mercado)** en el Callejon Cabezud es en La Paz—el área entre calle Esquerro y el Malecón ubicado en el mural Wyland y la escultura del músico tocando el caracol.

10 am a 2 pm, **MERCADO** en Gypsea's en Pescadero, comienza en Noviembre.

10:30 am a 2 pm, **MERCADO RANCHERO** en Todos Santos, con arte, muebles y productos frescos de los ranchos de la zona, que incluyen queso, pollo y carne.

6 pm, **SÁBADO DE CANTAUTORES** en el Todos Santos Brewing.

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CASA DOS MUNDOS

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3 BEDS | 2 BATHS | 2,743.80 TOTAL SF | 32,843 LOT SIZE



CASITAS SAN PEDRITO

PESCADERO | \$1,100,000 USD | MLS: 23-1525
3 BEDS | 4 BATHS | 1,753.88 TOTAL SF | 3,995.68 LOT SIZE



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