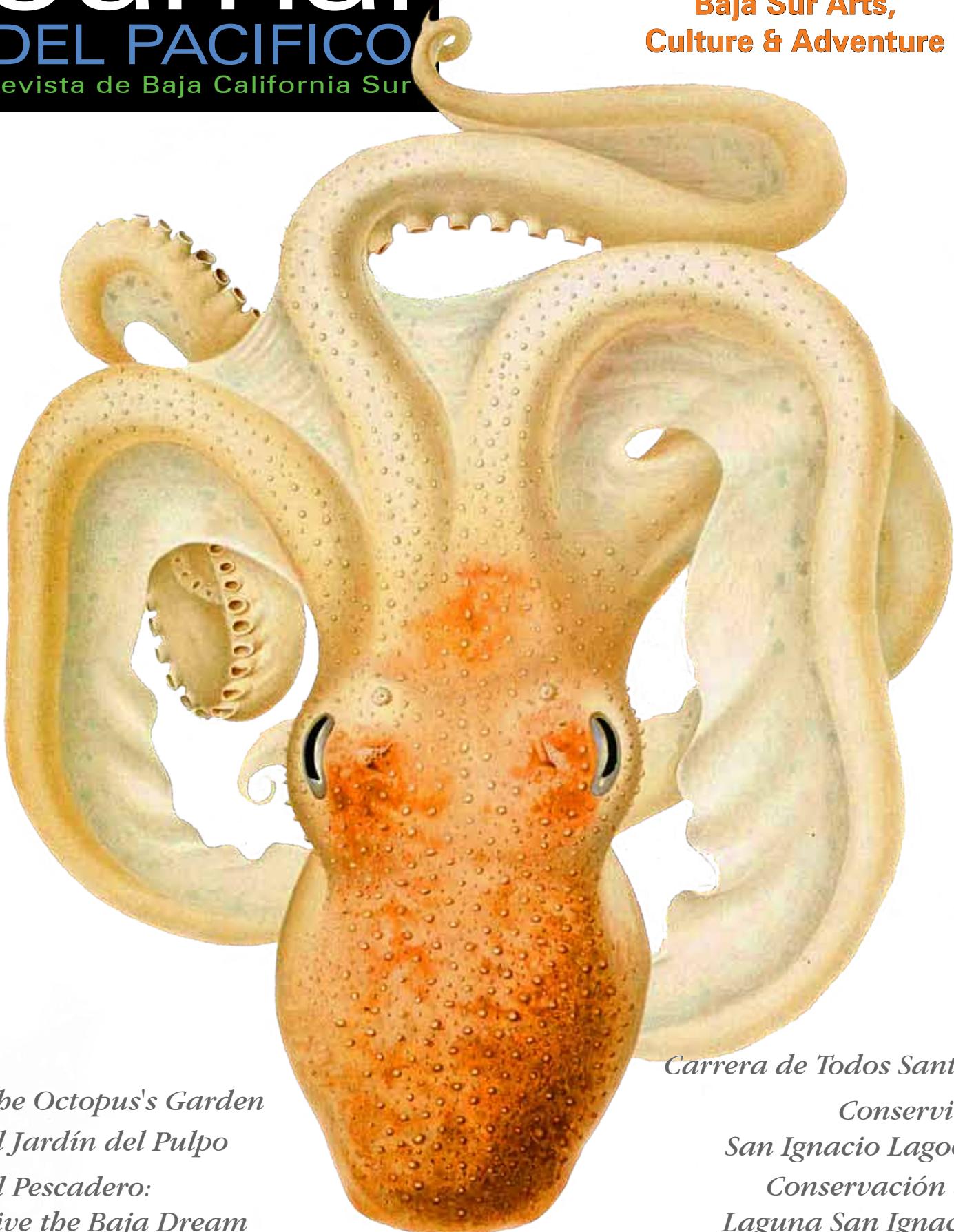


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The Octopus's Garden

El Jardín del Pulpo

*El Pescadero:
Live the Baja Dream*

Carrera de Todos Santos

*Conserving
San Ignacio Lagoon*

*Conservación de
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Animal Curiosity-Octopus from Luz Gallery

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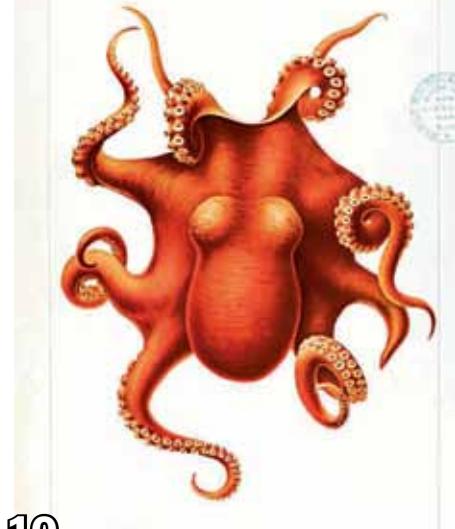
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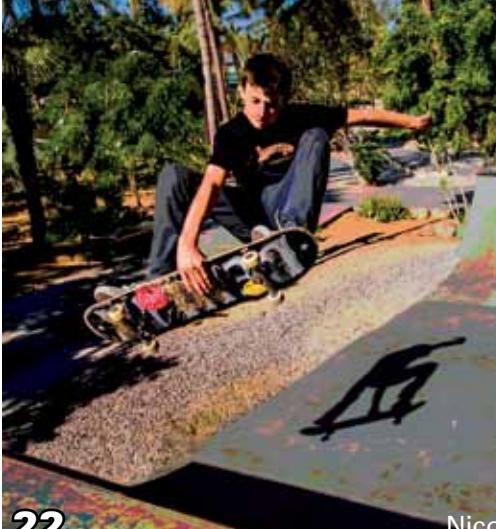
SPRING / PRIMAVERA ISSUE

DEADLINE: MARCH 10, 2017

FECHA LIMITE: 10 DE MARZO 2017



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El Pescadero: The Freesouls Project

BLENDING NATURE AND HAPPINESS AT LOS CERRITOS

Marc Jouille, of the Freesouls Project at Los Cerritos, has two passions in life: nature and people. The project consists of the Freesouls Restaurant, which opened two years ago; and the Residences at Freesouls, currently under construction. The restaurant and the new residences development allow Marc to meet amazing people every day and to enjoy the unlimited natural beauty of Baja California Sur.

Marc was born and raised in Bordeaux, France. His mother's family is from the Mediterranean island of Corsica where, until he was 18, Marc spent several months a year. It's also where he fell in love with the Mediterranean culture.

Before retiring, Marc spent 17 years working in the luxury industry. When he was younger, Marc worked as brand manager for the French company Cartier. Later, he became the exclusive representative of the Italian company Bulgari. In 2004, he began operations in Mexico City for the distribution of over 15 luxury partner brands including Gucci and Luis Vuitton.

While setting up distribution platforms in the North and Latin America regions, Marc had the opportunity through its Public Relations Agency to design iconic products and participate in some of the greatest projects in the world: Formula 1; Scuderia Ferrari; the Baja 1000 Race; the Grammy Academy; the Pelé watch; and Supersonic Felix Baumgartner's jump from the edge of space.

PESCADERO FREESOULS cont. on page 41

A collage of images showcasing the Freesouls Residences. It includes an aerial view of the complex with multiple buildings, swimming pools, and landscaped grounds. Below the main image are three smaller photographs: one showing a close-up of a building entrance with a palm tree, another showing a terrace with outdoor furniture, and a third showing a swimming pool area with lounge chairs.

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The Residences at Freesouls



El Pescadero: Carlito's Place

The restaurant Carlito's Place in El Pescadero is a marvel. Put your taste buds in Chef/Owner Carlos "Carlitos" Cham's care and he will amaze you with a unique dining experience.

Carlos serves up food without borders. Perhaps because he grew up in a bi-cultural Chinese/Mexican home, he feels free to create unique fusions that include all of the world's great cuisines: Asian, Latin American, Spanish, French, and Italian. The common ingredient is freshness. Carlos is a culinary genius who uses passion, boldness, and flair when combining flavors. He is worldly, accomplished, and a great storyteller. This guy is the real thing; he once landed a 296-pound tuna spearfishing!

"I want to lure people in, and then blow them away with the best meal of their lives," Carlos says with a deep laugh. In the estimation of this satisfied diner, he succeeds beyond expectations. "My passion is food. I used to think I could never get the girls through food, but I was wrong," he added as he nodded to his partner Brianda, clad that evening in a perfect white cotton dress. Brianda greets and serves guests at the restaurant.

Carlito's Place is located in the tiny fishing town of El Pescadero, with a (2010) population of only 2,338. The artsy community of Todos Santos is just a 15 minute drive to the north. Cabo San Lucas, the very tip of the Baja California peninsula, is located about an hour to the south; and San José del Cabo is just a few miles further around the tip of the cape. All three of these towns are noted for exquisite dining.

With his Pescadero location, which he bought 14 years ago—not far from the waves at Cerritos Beach—Carlos took a bold gamble



that travelers would slow down long enough to give something different a try. "I waited six years until I felt the time was right to open my place," he said.

"This is not an ordinary restaurant. This is my home," Carlos continues. And indeed it is; he and Brianda live right next to the property. When a dish is served, he sprints out to the garden to garnish it with fresh-picked basil or a fragrant *plumeria* blossom before presenting it, with a flourish, at your table.

"You are in my dining room," he says with a wide, easy smile. Everything is open air. The kitchen flows seamlessly past the rock-walled bar to the *palapa* dining area, which is embraced by a beautiful palm orchard.

"We live in a chefs' paradise," declares Carlos. "We have abundant seafood of all kinds, and fresh meat from the local *ranchos*. Everything in my restaurant is fresh within the last 24 hours." The restaurant is located just a few miles from Punta Lobos beach, where the small *panga* boats use hand lines to catch fish. The fresh fish are delivered daily. Vegetables and herbs come from the well-known Vail family organic *huertas* in Todos Santos and El Pescadero.

Carlos, who grew up in La Paz, comes from a family steeped in the traditions of fine dining and restaurants. His grandfather, who was a butcher, emigrated from China. Carlos' mother owns and runs Gardenias Restaurant in Cabo San Lucas, and Carlos consulted on the founding of several other restaurants in Los Cabos. During the 1990s, Carlos opened and ran

PESCADERO: CARLITO'S
continued on page 43





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El Pescadero: Pueblo Pescadero

LIVE THE BAJA DREAM...
AND THE REALITY
COME HOME TO PESCADERO
REAL LIVE BAJA

You might have felt the pull the first time you saw a Baja California Sur sunset, or maybe it was the hot, salty tempura contrasting with the fresh *pico de gallo* and *crema* of a the best-dollar-you've-ever-spent roadside fish taco. Maybe the whales did it. Maybe you were walking on an almost empty beach. But at some point this thought bubbled up... I could do this. I could live here.

It happens to all of us.

Over time, most who relocate from other countries to Baja California Sur become aware of the assumptions we arrived with—assumptions so deep we often don't realize we carry them. The evenness of sidewalks; the ability of the internet to work even on rainy days; the expectation of enough cash at the bank to facilitate a large withdrawal; the constant availability of natural peanut butter at the grocery store. At best, these daily navigations become part of the



delight in resetting the cadence of a hectic life left behind. The inverse is this: a strong appreciation for things that just work, have been thoughtfully crafted, and deliver on their promises.

What you don't know at this point—the moment of taco rapture, if you will—is the assumptions you are holding about what homeownership will be like. You assume the water will flow, the power will work, and the toilet will

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photo by Lucas Bennett

flush. Just like at home. It's a learning curve for all of us *extranjeros*.

The principals of Pueblo Pescadero have thought very carefully about these very things. Mark Catania and Peter Arbuckle are affable Canadians who each relocated to El Pescadero some eight years ago. Mark, with a background in business development, established the successful and much-loved Gypsy's By The Sea rental management service. Peter came from a long and storied background in international property development. He built his own home in Pescadero, where he lives with his wife Karen (who, incidentally, is the force of nature behind Pescy Dogs rescue). They've learned to navigate Mexico and have created deep roots in the community. They know exactly what assumptions you are making, because they made them themselves. Peter and Mark have incorporated all that they've learned along the way—from their business backgrounds and from their local Mexican experiences, and with five years of planning and permitting, thoughtfully and carefully crafted Pueblo Pescadero.

Down one of those postcard-worthy cardon-lined Baja California Sur dirt roads where the ocean glints ahead is where you'll find Peter, Mark, and Pueblo Pescadero. The community itself sits amongst ancient cactus, a short walk from a spectacular beach and just a few minutes drive to town. There is nothing rushed about Pueblo Pescadero. The homes are designed to respect and reflect local architecture, and the existing desert landscape was largely left untouched. The reliable and adequate water is supplied from an officially sanctioned well that's actually located within the project (trust us, this is a big deal), while a gray water system insures that the water is responsibly reused for irrigation after household use. Five years of planning, processing, and permitting have created a comprehensive community—with an environmental impact statement, building permits, occupancy permits, the aforementioned well and water rights, as well as a condo regime that gives each home its own distinct, legal title. All homes include a hybrid solar/grid power system that seamlessly blends 'free' power from the sun with the traditional security of a connection to the power grid; not only an environmentally responsible choice, but also one that guarantees owners

PUEBLO PESCADERO cont. on page 15



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The Octopus's Garden

by / por Bryan Jáuregui

Todos Santos Eco Adventures



Common octopus juvenile, Juvenil de pulpo común,
Octopus vulgaris, Fang Ming, Sea of Cortez /
Golfo de California

There was a thief in the aquarium and no one knew what to do. The institution had just recently purchased ten Australian Pineapplefish at a price per head that brought tears to the financial officer's eyes, and now these expensive beauties were disappearing—eerily, quietly, and exactly one fish per night. Management's initial hypothesis was that night-time employees were seeking to boost their fortunes by selling the fish on the black market, so they set up monitoring stations at employee exits to inspect bags and purses. No pilfered fish were found, and they kept disappearing, one fish each evening. Puzzled, and anxious to protect what remained of their investment, aquarium officials finally decided to set up a camera monitoring system at the Pineapplefish tank to try and catch the thief in the act. Turns out, it was the perfect inside job.

Three tanks away the giant Pacific octopus planned and executed the crime. He figured out how to undo the lock on his tank, walk past the (obviously less delectable) Barrier Reef Anemonefish and Bicolor Parrotfish, open the tank of the Australian Pineapplefish, and leisurely enjoy his midnight snack. He then carefully replaced the top of the Pineapplefish tank, walked back to his own tank, and put the lid back in place.

An Octopus planning? Picking a lock? Walking? The aquarium theft story is one that is widely told in marine

El Jardín del Pulpo

traducido por Paula Angeloni

fotos por / by Kaia Thomson

En el acuario, había un ladrón y nadie sabía qué hacer. La institución acababa de comprar diez ejemplares de peces piña australianos a un precio por cabeza que trajo lágrimas a los ojos del contralor, y ahora estas excéntricas bellezas estaban desapareciendo, misteriosa y silenciosamente, de una por noche. La hipótesis inicial de la gerencia era que los empleados nocturnos estaban buscando aumentar su fortuna vendiendo los peces en el mercado negro, por lo que establecieron estaciones de monitoreo a la salida de los empleados para inspeccionar bolsas y monederos. No encontraron ningún pez robado, pero sin embargo seguía desapareciendo, un pescado cada noche. Confundidos y ansiosos por proteger lo que quedaba de su inversión, los funcionarios del acuario finalmente decidieron establecer un sistema de monitoreo de cámaras en el tanque de peces piña para tratar de atrapar al ladrón en el acto. Esto resultó ser el plan perfecto.

A tres tanques de distancia, el pulpo gigante del pacífico había planeado y ejecutado el crimen. El aprendió cómo abrir la cerradura de su tanque, caminar más allá de la barrera de arrecifes de anémonas marinas y el pez loro bicolor, abrir el tanque del pez piña australiano, y disfrutar tranquilamente de su aperitivo de medianoche. Luego, cerró cuidadosamente la parte superior del tanque del pez piña y regresó a su propio tanque sin antes volver a JARDÍN DEL PULPO continúa en página 29

science circles, although no one seems to remember the name of the aquarium or exactly when it happened. Even Snopes.com is not entirely sure. Yet the story has such wide currency as those who study and work with octopuses (yes, it is “octopuses” as the Greek-derived word octopus will not suffer a Latin ending like “i”) know an octopus could easily plan and execute such a caper. In fact, the remarkable intelligence of octopuses, coupled with their other-worldly, alien-seeming bodies, has given rise to a spate of books in recent years that explore and celebrate these amazing creatures. In *Other Minds: The Octopus, the Sea and the Deep Origins of Consciousness*, Peter Godfrey-Smith talks about engaging with octopuses as “probably the closest we will come to meeting an intelligent alien.” In *The Soul of the Octopus* Sy Montgomery tells wonderful stories about the octopus friends she made at the New England Aquarium, their personalities and their sophisticated cognitive skills of being able to imagine what is in another creature’s mind. And in *Octopus! The Most Mysterious Creature in the Sea*, Harmon Courage discusses how “the big-brained cephalopod can navigate through mazes, solve problems and remember solutions, and take things apart for fun.”

MIRROR MINDS

Octopuses and humans last shared a common ancestor (a wormlike critter) about half a billion years ago, so minds of the two groups developed



Common octopus, Pulpo común, *Octopus vulgaris*, Pacific Ocean / Océano Pacífico

into complex, sentient entities completely separately. As did their bodies, which seem to be almost the inverse of each other. Octopuses can shape-shift through cracks no larger than their eyes. Humans lack such fluidity. Vertebrates are structured around a central nervous system centered in the head, while the brains of an octopus—whose neuron numbers are comparable to those of mammals—are distributed, with two-thirds in their eight arms and OCTOPUS'S GARDEN continued on page 12



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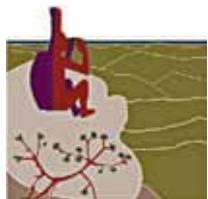


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GALLERY365 #89 on Todos Santos map

Octopus's Garden

continued from page 11

only one third in their heads. This means that the arms can engage in independent problem-solving behavior, like how to open the tank of the Australian Pineapplefish, while the owner can be checking to see if there is a similarly worthy object of its attention in another tank. As Godfrey-Smith notes, "An octopus is so suffused with its nervous system that it has no clear brain-body boundary." Imagine.

And that's just for starters. Vertebrates have just one heart, while octopuses have *three*. Two of the hearts are engaged solely in the task of moving blood beyond the gills, while the third heart is tasked with keeping circulation flowing for the organs. When an octopus swims, the organ heart actually stops beating, which explains why in many cases an octopus would rather walk, or crawl, than swim, as swimming is exhausting for them. And walking does come in handy when getting out of the water for an aquarium hunting expedition.

But perhaps of all the cool things that an octopus's brain/body can do, the most amazing is its ability to disguise itself by almost instantaneously changing not only the color and pattern of its skin, but the very texture of its skin to everything from small bumps to tall spikes to match its surroundings such that even the most determined and observant predator or prey cannot distinguish it from nearby coral, algae-covered rocks, kelp fronds or the sandy seabed. And color also denotes mood. As Sy Montgomery wrote upon meeting an octopus named Athena, "As I stroke her with my fingertips, her skin goes white beneath my touch. Later, I learn this is the color of a relaxed octopus." Alternatively, "An agitated giant Pacific octopus turns red, its skin gets pimply, and it erects two papillae over the eyes, which some divers say look like horns."

It is tempting to chalk up the body-changing abilities of an octopus to instinct alone, but Dr. Jennifer Mather, a comparative psychologist who studies octopuses, has found that octopuses use specific disguises for specific species in specific conditions—both offensive and defensive. That is, it is another sign of the octopus's intelligence. Dr. Mather believes that the octopus's loss of the ancestral shell is what lead it to develop this intelligence. Being shell-free allows the octopus to be an active predator like a lion, rather than a passive muncher like a clam. But the dozens of different prey species that it hunts require different hunting strategies, just as different strategies are required for defending itself against different predators. Dr. Mather has documented that octopuses will often use what is called the Passing Cloud display—flashing pulses of color that move across the octopus like passing clouds—to startle an immobile crab (one of its favorite foods) into moving and give itself away. To catch shrimp, octopuses have been seen to compress themselves, creep up to the shrimp, extend an arm up and over the shrimp, then touch it—an act which scares the shrimp right into the mouth of the octopus.

On the other side of the equation, if an octopus is being hunted by a hungry fish it might rapidly change color, pattern and shape; fish have strong visual memories for certain images, and if an octopus is rapidly changing from light to dark, from spots to stripes, the fish can't place it and moves on to something it can identify to eat. But if that psychedelic display is not enough, octopuses have many more tricks in their bag—including the ability of some species to deploy a pseudomorph, a life-size self-portrait made from a cloud of ink and mucus. This essentially freaks out and disorients the predator, allowing the octopus to get away. It seems that octopuses actually enjoy messing with the (lesser) minds of would-be predators. The mimic octopus, rather than making itself look like something passive such as coral or rock to avoid detection, transforms itself to look and act like venomous creatures such as jellyfish, sea snakes and spiky lionfish to send its would-be predator running the other way.

Octopuses also employ tools for defense. Researchers in Indonesia have documented octopuses lugging half coconut shells across the ocean floor, assembling them into spheres, and climbing inside for protection. An octopus at the Middlebury octopus lab found that a sea urchin was hanging around too close to its den so she ventured out, found a piece of flat slate, and erected it in front of her den like a shield.

As Sy Montgomery notes, "...of all the creatures on the planet who imagine what is in another creature's mind, the one that must do so best might well be the octopus—because without this ability, the octopus could not perpetrate its many self-preserving deceptions. An octopus must convince many species of predators and prey that it is really something else... (then) assess whether the other animal believes its ruse or not, and if not, try something different." Writes Godfrey-Smith, "When surviving requires decision-making, brains have developed awareness. Sentience," he notes, "has some *point* to it."

LOVE AND FRIENDSHIP

Montgomery, Godfrey-Smith and numerous others have documented that octopuses can readily distinguish different people, even if they are wearing identical uniforms, and that they have very particular feelings about those different people. With people that they like, they will touch them, hold their hands and arms, give them gentle squeezes, and allow themselves to be stroked. They are friendly and engaged and will readily come to the surface of their tank for interaction. People that they don't like may be subjected to rude squirts of water and—if the visitor is too close—even a bite. But what about with each other? Every Valentine's Day the Seattle Aquarium hosts the Octopus Blind Date, in which the partition between the tanks of a male and female giant Pacific octopus is lifted and nature is allowed to take its course—six hearts beating as three might be the romantic view. But in 2016 the blind date was cancelled due to fears that the 70-pound male, Kong, would simply find his 35-pound date a tasty snack, a decidedly unromantic outcome. While it was a loss for Seattle's octopus sex voyeurs, it was a new lease on life for Kong. Mating, while ensuring the survival of the species,

OCTOPUS'S GARDEN continued on page 28

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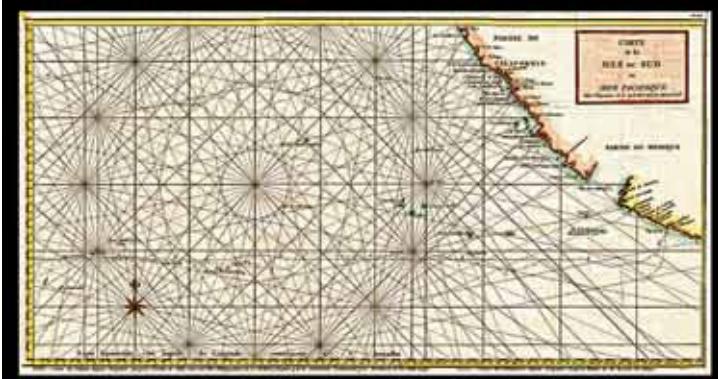
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Art Talk

by Jill Logan

REDEMPTION AND ART

Redemption is defined as atoning for a fault or mistake, the state of being redeemed, or delivered from a purported sin; salvation. An atonement for guilt or rescued from a wrong. It is perhaps the most well-studied theme in narrative psychology. When something bad is mitigated or transformed by the good that follows. Stories of redemption are sad stories with uplifting endings. Where we grow or learn something or evolve into better people.

The Chinese year of the Fire Rooster, 2017, may well be one of those years. The Chinese claim it's a time of prosperity and action. A lot is going on. Get to work. Be ambitious. Have fun. Be playful. And by all means be romantic. Good luck in love. Mostly there are positive things to report about this sign. Roosters are strong, commanding and charismatic. And fire consumes. So we will see what this brings.

As a writer, a redemptive story suggests there is hope in life, that what has gone bad can shift and be healed. That all things do not need to end in a sad state or dramatic death to be a good story. Personally, I like stories where all the characters evolve. They have their 'aha' moment; shifting a fault or stuck place that seemed to follow them around like sticky tar. That in fact these tough moments in life created stronger more likeable people. Characters we want to hang out with and learn from.

There is probably no clear evidence that particular life stories cause people to become happier over all, but it is possible that it is a cycle. The harder the time, the happier we seem after it lifts. Out of the darkness and into the light.



Contemplating Flight, by Jill Logan

The challenges the hero in the story must arise to imply supernatural strength, but really in fact may be a stubborn desire to not go under and perhaps, a need to overcome adversity for a character development. After all, life is not easy. Even the luckiest have been known to experience a life crisis that brings some kind of pain and transition. One that humbles and brings compassion. Compassion that is born out of struggle.

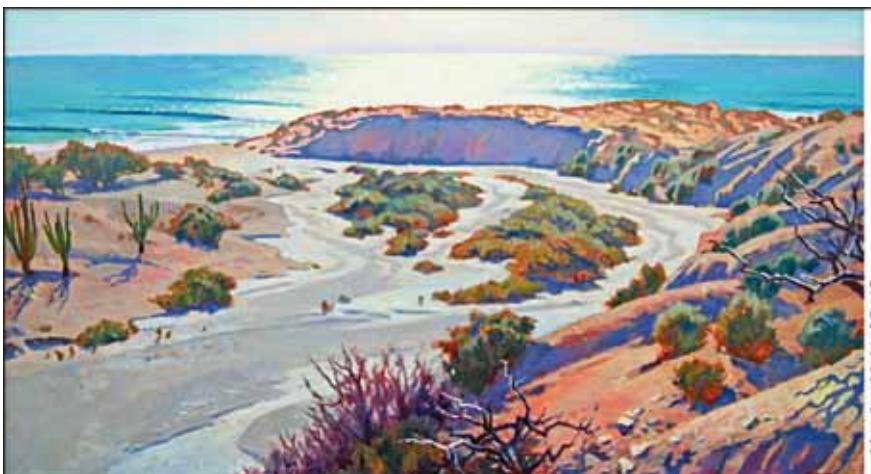
Creativity that is born out of these moments in life often brings a tremendous richness to whatever project the art is directed towards. Pain expressed and then re-expressed, as the phoenix that rises from the ashes, is a powerful metaphor. When brought to the canvas, to the stone carving, to the written page of an artist, it is possibly the most powerful force in the world of art.

Frida Kahlo is a prime example. At the age of eighteen a wooden bus she and a friend were riding in collided with a streetcar. She

suffered near fatal injuries, as an iron handrail impaled her through her pelvis. This accident left her bedridden for many years and in constant pain. One self portrait pictures her with a metal rod going up her spine. Her torment and accompanying self portraits are perhaps one reason for the appeal. John Berger, a dispassionate English art critic, has said, "That she became a world legend is in part due to the fact that... under the new world order, the sharing of pain is one of the essential preconditions for a re-finding of dignity and hope."

To find a way to create dignity, within the context of your life's process and to express that with some degree of artistic craftsmanship. Wow!

"The only way to make sense out of change is to plunge into it, move with it, and join the dance."—Alan Watts



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Pueblo Pescadero

continued from page 9

low power bills for years to come. The shared services will keep dues low but conveniences (think pool!) high, and the single point of entry and robustly planted perimeter deepens the sense of privacy. And should you want to garner some rental income, Mark has almost a decade worth of clients who love to vacation in Baja California Sur. In fact, some will likely be your neighbors. A peek at local real estate offerings will quickly demonstrate the value of Pueblo Pescadero.

The laid-back office of Pueblo Pescadero sits in the corner under the giant mango trees at Baja Beans in Pescadero. Here you are likely to find Mark, Peter, and their dogs, while Kenny Gehlhof, a transplanted Wisconsinite (yes, he's a Packers fan) manages the sales center on site. The architect, Hiram Arce, has deep Baja roots. Project Manager Ángel Velasco Ojeda, in addition to his duties at Pueblo Pescadero, quietly does good works throughout the community. Keeping it all together is Vivianne Jáuregui Mariño, problem-solving ace, as Director of Administration. And April Tidey, calling on her considerable experience in landscape and interior design (not to mention her role as co-creator of the popular Baja Beans café) has been busy working on interior design for the first Pueblo Pescadero neighbors.

Mark and Peter feel strongly about the guiding principles behind the community. While proud of the sustainability and foresight that has gone into the planning, they shy away from self-promotion, feeling that the work should and will speak for itself, and that careful stewardship should be an integral part in any project. This humble and capable spirit really sums up Pueblo Pescadero, and for those of us who have walked the path from vacationer to expat and stumbled along the way, holding onto our assumptions—we can vouch that Pueblo Pescadero certainly offers a soft and value-rich landing in Mexico. Who doesn't love a soft landing? Even better, a fully permitted, beautifully designed, and thoughtfully crafted soft landing with a secure water source and years of work already in the bank. There is the Baja Dream, and there is the Baja reality—with Pueblo Pescadero you can have both. Come home to Pescadero.

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"Beach Sweeper" by Lee Mothes, 36"x48" acrylic/canvas

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The Palapa Society of Todos Santos, A.C.'s La Carrera de Todos Santos 5/10K de la Sociedad de la Palapa de Todos Santos, A.C.

by / por Kathy Warnert y Tori Sepulveda, traducido por Elena Ascencio-Ibáñez
fotos por / by Laura Wolf

The popular Palapa Society run is back after a two-year hiatus due to Hurricane Odile and the repaving of the streets in Todos Santos. Officially called the Carrera de Todos Santos 5/10K, the run, this year, has expanded into two races. The La Esquina 5K walk/run and the Romex 10K run. Both race courses take participants through our *Pueblo Mágico* on Saturday, March 25th, at 9 am, starting and ending in the Todos Santos plaza. Plan to arrive early for warm ups and race day registration.

It was back in 2009 that The Palapa Society began organizing this benefit run in Todos Santos with the intention of bringing together the people of our community for good health, a fun experience, and a great cause. Mike and Mir Lund were on the original team that put the first

La popular carrera de la Sociedad de la Palapa está de vuelta tras una interrupción de dos años provocada por el huracán Odile y por la repavimentación de las calles en Todos Santos. Llamada oficialmente la Carrera de Todos Santos 5/10 K, este año la carrera se ha extendido a dos carreras. La caminata/carrera de 5K de La Esquina y la de 10K de Romex. Ambas rutas llevan a los participantes por nuestro Pueblo Mágico el sábado 25 de marzo a las 9 am, comenzando y terminando en la plaza de Todos Santos. Planea llegar temprano para el calentamiento y para la inscripción del día de la carrera.

Fue allá en el 2009 que la Sociedad de la Palapa comenzó a organizar esta carrera benéfica en Todos Santos, con la PALAPA continúa en página 27

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race together. When asked about the first race, they stated, "Our hope was for a fun event in which everyone could participate and most importantly where the language spoken wouldn't matter. We think that we did it!"

Whether you are a seasoned athlete or running your first organized event, this is the ideal race for you. The courses are mostly flat, with a few minor grades. This year competitors will receive souvenir number bibs with event graphics and, for the first time, race competitor timing will be by RFID chips.

The cost of either race is \$10 USD or \$200 pesos donation. Tickets can be pre-purchased through Brown Paper Tickets on the Palapa Society website at www.palapasociety.org/race/. Participants can also purchase tickets in advance two days leading up to the event (Thursday, March 23 and Friday, March 24) at a table set up at Cafélix on calle Juárez in Todos Santos. Or, register the day of the event (Saturday, March 25) at 7:30 am in the plaza. The races will be held rain or shine. Sorry, no refunds.

The 5K race is primarily on paved streets with a little section of unpaved roads. The 10K initially follows the same route, but then heads south out toward Punta Lobos on the dirt road. Volunteers will be stationed along the marked route to direct, cheer you on, and provide water. An awards ceremony will take place afterwards in the plaza. Prizes will be awarded for overall winners and age group winners.

PALAPA continued on page 26

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Conserving San Ignacio Lagoon and Meeting the Gentle Giants

by / por Anne McEnany
International Community Foundation

In 2002, during my first months as a program officer at the International Community Foundation (ICF), I was invited to visit San Ignacio Lagoon, a 250-mile coastal wetland complex that includes mangroves, intertidal flats, and between December and April each year, hundreds of gray whales.

For those who know the Baja California peninsula well, it is a pristine and wild place full of majestic mountains, energetic beaches, vast deserts, and seasonal oases and waterfalls. Wild animals are abundant both in the water and on the land. Pronghorn antelope, bighorn sheep, Mexican foxes, five species of sea turtles, dolphins, and at least five species of whales thrive along the Pacific coast and in the Gulf of California/Sea of Cortez.

Conservación de Laguna San Ignacio y mi Encuentro con los Dóciles Gigantes

traducido por Ricardo Madrazo
fotos por / by Dr. Jorge Urbán Ramírez

En 2002, durante mis primeros meses como oficial de programa en la Fundación Internacional de la Comunidad (ICF), fui invitada a visitar la Laguna San Ignacio, un complejo de humedales costeros de 400 kilómetros que incluye manglares, planicies intermareales y entre diciembre y abril de cada año, la presencia de cientos de ballenas grises.

Para aquellos que conocen bien la península de Baja California, es un lugar prístino y salvaje lleno de majestuosas montañas, enormes playas, vastos desiertos y oasis y cascadas intermitentes. La fauna silvestre abunda, tanto en el agua como en la tierra. El berrendo (Antilocapra Americana), el borrego cimarrón (Ovis Canadensis), zorros mexicanos, cinco especies de tortugas marinas, delfines, y

LAGUNA SAN IGNACIO cont. en página 21

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Many of us have traveled to see gray whales in their birthing habitat, the three lagoons of the Pacific Coast—Scammon's (Ojo de Liebre), Lopez Mateos/Magdalena Bay, and San Ignacio Lagoon—where the gray whales end their seasonal migration to birth and nurse their young. Yet, the pristine wilderness of San Ignacio Lagoon is something special to experience, as I discovered on that first trip.

First, staying overnight is a must. With dark skies, minimal traffic, and limited access, San Ignacio Lagoon gets pretty close to absolute wilderness. We woke to the breathing of gray whales as the tide brought them deep into the lagoon. We ate fresh-caught shellfish and fish from the day's harvest. We showered with water warmed by the sun. The lagoon has something special to offer each of our senses, including touch.

Many of us have gone whale-watching and know that seeing a gray or humpback whale near your small craft is incredible. But San Ignacio Lagoon offers the chance to interact with these gentle creatures in a more personal way—if we are lucky, they invite us to rub their bristly noses, scratch an itchy barnacle, or just rest your hand on their foreheads. Life-changing.

After this first experience in 2002, I raced back to the International Community Foundation to learn more. I discovered that the lagoon had been slated for a large industrial salt facility in the 1990s, but the project had been canceled by Mexican President Ernesto Zedillo. Local, national, and international opposition prevailed, but threats remained—offshore oil leases, coastal developments, cruise ship marinas, and now, even seabed mining for

phosphorous. How could we best protect these gentle giants' precious habitat?

Anyone who has visited wants to ensure that San Ignacio Lagoon continues to be truly protected, but the most committed advocates of this cause are the local community members who earn their living from ecotourism and small-scale fishing in the region. Thus, in 2010, five organizations and the community residents formed the Laguna San Ignacio Conservation Alliance to protect 500,000 acres of wild lands in perpetuity.

The Alliance worked with Ejido Luis Echeverria Alvarez, the owners of 140,850 acres of desert and coastal lands along the lagoon's southern shores. Together, they crafted a conservation easement that provides annual payments to the ejido for community projects, training, environmental remediation, recycling, and family emergencies. In return, the ejido adheres to strict conservation zoning and voluntarily patrols the landscape. Pronatura Noroeste, a regional conservation organization and Alliance member, also monitors the area and maintains a regular dialogue with local residents. This agreement has been in force since 2010 and has provided over \$100,000 USD toward community projects.

Another member of the Alliance, Wildcoast/Costasalvaje, works closely with Mexico's National Park Service (CONANP). San Ignacio Lagoon is part of the Vizcaino Biosphere Reserve, one of the largest protected areas in Mexico, but it is a multi-use area, not necessarily the equivalent of a U.S. national park. Wildcoast is helping SAN IGNACIO LAGOON continued on page 20

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San Ignacio Lagoon

continued from page 19

CONANP write the next management plan for the reserve, which will guide future conservation priorities for the next 20 to 25 years. Wildcoast was also instrumental in conserving 150 miles of coastline by documenting and transferring ownership of the federal maritime zone to CONANP. This helps assure that if oil, mining, or other natural resource extraction businesses seek access to San Ignacio's coastal zone, CONANP will be at the negotiation table.

In 2006, the Alliance discovered that the original industrial saltworks project concession was still intact. Together with the Mexican government agencies responsible for the economy and for protected areas, a very capable contract attorney, and the concession holder, the Alliance was able to transfer almost 200,000 additional acres to Pronatura Noroeste for permanent protection. Today, this mangrove area is full of shorebirds, migratory ducks and waterfowl, and Pronatura's camera traps have documented Mexican fox and other wildlife that were unknown in the area before.

The U.S. members of the Alliance are the Natural Resources Defense Council (NRDC) and the International Community

Foundation (ICF). ICF manages the funds, the grants to the community projects, and the monitoring of the conservation easements. NRDC stays vigilant on threatening projects, offers legal advice when needed, and communicates the work of the Alliance, including this recently released video: <https://www.youtube.com/watch?v=THHRIrCc8iQ>

We all eagerly await our next opportunity to visit San Ignacio Lagoon and experience the joy and wonder of the gray whales again. I returned in 2015, unsure whether it would be as exhilarating as that first adventure. I was not disappointed, spending at least an hour with a baby whale puttering alongside our small boat until its mother surfaced to call the baby back to her side.

There is no substitute for a direct encounter with a wild animal. We remember every detail. We are often afraid of their size or their ability to harm us. The gray whales have both, and were even called "devil fish" by early lagoon settlers who hunted the whales for blubber and oil. But that fear has faded on both sides and today, gray whales

SAN IGNACIO LAGOON continued on page 59

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Laguna San Ignacio

continuó de página 18

al menos cinco especies de ballenas prosperan a lo largo de la costa del Pacífico y en el Golfo de California.

Muchos hemos visitado a las ballenas grises en su hábitat de nacimiento, las tres lagunas de la costa del Pacífico—Ojo de Liebre, López Mateos / Bahía Magdalena y Laguna San Ignacio—punto final de la migración cíclica de la ballena gris, donde nacerán sus crías. Sin embargo, el desierto prístino de la Laguna San Ignacio es también algo digno de vivir, según descubrí ese primer viaje.

Para empezar, es imprescindible trasnochar. La Laguna San Ignacio, con sus cielos oscuros, tráfico mínimo y acceso limitado, se aproxima bastante al desierto absoluto. Nos despertamos con la respiración de las ballenas grises que la marea había atraído a la laguna. Comimos pescado y mariscos frescos, del día. Nos bañamos con agua calentada por el sol. La laguna tiene algo especial que ofrecer a todos los sentidos, incluyendo el tacto.

Muchos hemos ido a observar ballenas y sabemos que avistar una ballena gris o jorobada cerca de la pequeña panga es increíble. Pero la laguna de San Ignacio ofrece la oportunidad de interactuar con estas criaturas de una forma más personal—si tenemos suerte, nos invitan a frotar sus narices rugosas, rascarles una comezón, o simplemente tocarles la frente. Indescriptible.

Después de esta primera experiencia en 2002, regresé a la Fundación de la Comunidad Internacional para aprender más. Descubrí que la laguna había sido programada para una gran instalación de sal industrial en la década de los noventa, pero el proyecto había sido cancelado por el presidente mexicano Ernesto Zedillo. Prevaleció la oposición local, nacional e internacional, pero aún había amenazas: concesiones petroleras marinas, desarrollos turísticos, marinas de Yates y ahora, incluso la extracción de fosfatos del fondo marino. ¿Cómo podríamos proteger el delicado hábitat de estos pacíficos gigantes?

Quien haya conocido Laguna San Ignacio quiere verla realmente protegida, pero los defensores más comprometidos con esta causa son los lugareños que se ganan la vida a través del ecoturismo y la pesca ribereña. En 2010 cinco organizaciones y los residentes locales se unieron para formar la Alianza de Conservación de la Laguna San Ignacio para proteger 200 mil hectáreas silvestres a perpetuidad.

La Alianza trabajó con el Ejido Luis Echeverría Álvarez, propietarios de 57 mil hectáreas de desierto y costas a lo largo del sur de la laguna. En conjunto, elaboraron un acuerdo de conservación que genera ingresos al ejido para proyectos comunitarios, capacitación, remediación ambiental, reciclaje y emergencias familiares. A cambio, el ejido se adhiere a la estricta zonificación de conservación y monitorea las tierras de forma voluntaria. Pronatura

LAGUNA SAN IGNACIO cont. en página 54



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Todos Santos Skate Ramp

by Scott Mencke

Ricardo "Chino" Arteaga Juárez heard the beckoning call as he drove his truck along the road next to the *parque* (park) in Todos Santos, "Chino! Come here and talk to me!" The hail came from his surfing buddy, Jason Jacobs, who was standing on the patio of the vacated site of the old La Casita restaurant. As Chino approached, Jacobs said, "Dude, let's build a skate ramp right here. What do you think? It'll be epic!"

"He wanted to build it right here in his parking lot," Juárez said. Jacobs' new eco-tour business, Adventure 19, is located right across the street from the town park. "I was thinking about the long-term and I suggested building the ramp in the park." As it turned out, Juárez, a local architect and contractor, had already worked with the municipality in attempting to build a public skate ramp but was unsuccessful in getting the project approval. "I already had the design done," said Juárez, "so when Jason approached me, it was pretty much a done deal."

Of course, "done deal" can be a hard-fought-for prospect when speaking of building anything, let alone a skate ramp on public property. Jacobs enlisted the help of one of his collaborators at Adventure 19, local business man Daniel Dorantes. Dorantes was able to facilitate a meeting between Jacobs and Jesús Beltran, the Todos Santos *Delegado*, to obtain permission to build on the park. Beltran sent Jacobs out with a few items of homework, including a request for a collection of signatures from local citizens showing their support.

Local skater Carlos Maidel went to work on signatures as Jacobs enlisted the support of Aaron Balducci, owner of the La Katrina Surf Shop. "I thought he was a natural fit, because he has the only shop in town that caters to skaters and he has a great relationship with all the kids," said Jacobs. Balducci eagerly agreed to split the funding of the operation with Adventure 19, while Juárez agreed to donate the design and project management. It wasn't long before forms were being poured in the ground at the park. The ramp was completed in the first week of January 2017.

"It seems that I've been being told that there was going to be a skate ramp or something built here for most of my life," said Maidel, 27. "I first heard about this a few months ago, and all of the sudden they're building it. It was amazing. Stuff doesn't happen like that around here."

"I think enthusiasm is super high," said Balducci. "A lot of these kids have never had an opportunity to skate a ramp. It's a different skill set. It's going to challenge these kids and they're excited about it."

But the greater point of building the ramp isn't simply to serve kids who are skating now, but to provide another opportunity for kids looking for something to do. SKATE RAMP continued on page 55



"Best Roots Shop in Baja" say all the Homies.
HIDALGO ENTRE JUÁREZ Y CENTENARIO
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del pueblo. "Estaba yo pensando a largo plazo y le sugerí construir la rampa en el parque." Resulta que Juárez, arquitecto y contratista de la localidad, ya había trabajado con el municipio tratando de construir una rampa pública de *skate*, pero no tuvo éxito en conseguir la aprobación del proyecto. "Ya tenía hecho el diseño," dijo Juárez, "entonces cuando Jason habló conmigo, la cosa ya era, como quien dice, un hecho."

Por supuesto, un "hecho" puede ser algo difícil de lograr cuando se trata de construir cualquier cosa, mucho más tratándose de una rampa de *skate* en propiedad pública. Jacobs apuntó la ayuda de uno de sus colaboradores en *Adventure 19*, el empresario Daniel Dorantes. Dorantes pudo facilitar una reunión entre Jacobs y Jesús Beltrán, el Delegado de Todos Santos, para obtener permiso de construir en el parque. Beltrán mandó a casa a Jacobs con algo de tarea, incluyendo que recabara firmas de ciudadanos de la localidad mostrando su apoyo.

Carlos Maidel, un *skater* de la localidad, se puso a trabajar recabando firmas mientras Jacobs conseguía el apoyo de Aarón Balducci, propietario de La Katrina Surf Shop. "Pensé que encajaba naturalmente, porque tiene la única tienda en el pueblo dirigida a los *skaters* y porque tiene muy buena relación con la palomilla," dijo Jacobs. Balducci aceptó dividirse con *Adventure 19* el financiamiento de la operación, mientras Juárez aceptó donar el diseño y el manejo del proyecto. No pasó mucho tiempo antes de que se hiciera el colado en el parque. La rampa se completó la primera semana de enero del 2017.

Rampa Skate en Todos Santos

by Scott Mencke

traducido por Elena Ascencio-Ibáñez

fotos por Kate Turning

Mientras pasaba por la calle junto al parque en Todos Santos, Ricardo "Chino" Arteaga Juárez, oyó que le llamaban: "¡Chino! ¡Ven a hablar conmigo!" El grito venía por parte de su cuate del surf, Jason Jacobs, quien estaba de pie en el patio del local vacío donde antes se ubicaba el restaurante La Casita. Mientras Chino se acercaba, Jacobs dijo: "Wey, hay que construir una rampa aquí. ¿Qué piensas? ¡Será épico!"

"Quería construirla aquí en este estacionamiento," dijo Juárez. El nuevo negocio de eco-recorridos, *Adventure 19*, de Jacobs, está ubicado justo enfrente del parque

"Parece que casi toda mi vida me habían estado diciendo que iban a construir una rampa de *skate* o algo aquí," dijo Maidel, de 27 años. "Me enteré de esto hace unos meses, y de pronto la están construyendo. Fue increíble. Las cosas no suceden así por aquí."

"Creo que el entusiasmo está súper alto," dijo Balducci. "Muchos de estos chicos nunca han tenido la oportunidad de patinar una rampa. Es un conjunto diferente de habilidades. Va a ser un desafío para estos muchachos y están emocionados al respecto."

RAMPA SKATE continúa en página 52



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February 5-11 | 4TH ANNUAL TODOS SANTOS WRITERS WORKSHOP and Writing Ranch. The two creative writing workshops, meeting concurrently, will share special events and guest speakers as a celebration of storytelling and the written word in Todos Santos. A reading Tuesday, February 7, by TSWW/WR faculty, in the legendary Casa Dracula courtyard is open to the public. Also, a dinner with a special guest speaker (TBA) will be held at **Serendipity**, the Writing Ranch retreat's home base. Several events, including a Publishers Roundtable featuring prominent literary agents and editors, will be open to the public for a donation. www.todossantos-writersworkshop.com

February 10 | 5:30 pm, TODOS SANTOS SPEAKER SERIES at the Centro Cultural "Prof. Néstor Agundez" in Todos Santos. "Insights into the Geology of Baja California" with Dr. Markes Johnson, professor emeritus of Natural Sciences at Williams College. Dr. Johnson is an authority on the geology of ancient shorelines and evolution of intertidal life through geologic time in Baja and around the world. He will draw from his most recent book, *Gulf of California Coastal Ecology: Insights from the Present and Patterns from the Past* to explore the impacts of hurricanes our Pacific coast. Dr. Johnson is a lively speaker and for anyone interested in our beautiful coast, not to be missed. Admission of \$150 pesos will go towards supporting the presenters' missions. Seating is limited. Doors open at 5 pm. Advance tickets available

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All proceeds benefit the children's art programs at the **Palapa Society of Todos Santos**. Advance ticket are \$200 pesos and are available at **El Tecolote Bookstore** in Todos Santos or online at ts.studiotour@gmail.com. For more information, visit: www.facebook.com/todossantosopenstudiotour

February 11 | 8 pm, SALSA NIGHT

at **Gallo Azul** in Todos Santos. Includes classes with Adrian Meza, salsa, bachata and cumbia.

February 12 | 4TH MEDIO MARATÓN DE LOS CABOS 2017.

For more information contact Roxana Silva de Fernández, Directora de Carrera Cabo Races, Tel. (624) 147-7518.

February 14 | 4 – 10 pm, ST. VALENTINE'S DAY DINNER

at **Cerritos Beach Inn** with Tropical fruit Margaritas. 16 oz Porterhouse steak dinner for two with baked potatoes, and large salad (450 pesos) or Stuffed Pork Tenderloin with mashed potatoes gravy and vegetables (300 pesos). Both include dessert.

February 15 | 5 – 9 pm, NOCHE DE SUPER SALUD

at The Tasting Room at the Distillery in Todos Santos. The evening will start with Frieda Telemans Health Coach giving a talk and teaching how to make an item used in the evening's dinner. RSVP to pvanvleck@mac.com or call 612 204 4423. For more information Facebook: Noche de Super Salud

February 18 | 7 pm, LIVE MUSIC

with "Los Coyotes" at **La Esquina** on the *otro lado* in Todos Santos.

EVENTS cont. on page 56

HAPPY HOUR

Adventure 19, Su M T W Th F Sa 4 – 6 pm, 2x1 beer.

Cerritos Beach Inn, M T W Th F 4 – 6 pm, half price beer, wine and well drinks.

Chez Laura, T W Th F Sa 4 – 5 pm, wine and tapas, \$70 pesos.

Chill N Grill, M T W Th F 4 – 6 pm, 2x1 beer and well drinks.

FreeSouls, Su M T W Th F Sa 5 – 6 pm, margaritas, mojitos, and beers at special prices.

Gallo Azul, M T W F Sa 3 – 6 pm, 2x1 mojitos and margaritas.

Hotel Casa Tota, M T W Th F Sa 3 – 6 pm, 2x1 beer and well drinks.

La Generala, Su M T W Th F Sa 8 am – 10 pm, 2x1 margaritas.

La Esquina M T W Th F Sa 5 – 6 pm, 2x1 beer, wine and margaritas.

La Morena M T W Th F Sa 4 – 6 pm

Rip Tide Bar Su M T W Th F Sa 3 – 6 pm, 3 beers or 3 margaritas for the price of 2.

Sky Lounge at Guaycura Boutique Hotel Su M T W Th F Sa 2 – 4:30 pm, 2 x 1 margaritas and beer.



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sunday

10:30 am – 2:30 pm, **LIVE MUSIC** by Todos Santos Latin Band at Flora Farm in San José del Cabo.

2 – 8 pm, **DOMINGO DE PAELLA** at **El Mirador Ocean View Restaurant** in Todos Santos.

4 – 7 pm, **LIVE MUSIC** by Todos Santos Latin Band at **El Mirador Ocean View Restaurant**.

monday

9 am – 5:30 pm, **ORGANIC VEGETABLES** at Rancho Buen Día in the *callejon* of Todos Santos.

10 am – 2 pm, **PICKLE'S ORGANIC PRODUCE STAND** across from Calle Los Mangos and **La Cocina de Cleo**. Veggies and Kambucha for sale also.

5 – 8 pm, **FLIGHT NIGHT** at **La Bodega de Todos Santos**. Featuring Baja wine tasting, live music and Mexican appetizers by **Restaurant Mi Pueblito**.

tuesday

8:30 am – 1 pm, **LA PAZ FARMER'S MARKET** on calle Madero between 5 de Mayo and Constitución, La Paz.

9 am – 5:30 pm, **ORGANIC VEGETABLES** at Rancho Buen Día in the *callejon* of Todos Santos.

6 pm, **LIVE MUSIC & ROCKIN' TACO TUESDAY** with Todos Santos Latin Band at **Chill N Grill** in Todos Santos. 3 meat, or potato tacos for \$100 pesos.

8 pm, **MOVIE NIGHT** at **Gallo Azul**, Todos Santos.

TUESDAY NIGHT MUSIC JAM at **MiniSuper Munchies** in Pescadero.

wednesday

8 am – 1 pm, **FARMER'S MARKET** at **La Esquina** on the *otro lado* in Todos Santos. Takes place November through April.

9 am – 5:30 pm, **ORGANIC VEGETABLES** at Rancho Buen Día in the *callejon* of Todos Santos.

5 – 8 pm, **BIG RED WEDNESDAY** at **La Bodega de Todos Santos**. Featuring Baja wine tasting, live music and Mexican appetizers by **Restaurant Mi Pueblito**.

5 – 6 pm, **SPECIAL EVENTS** at **El Refugio Mezcalería** in Todos Santos. Aztec philosophy, Mexican slang, salsa-making classes, live music, and more! For more information: facebook.com/elrefugiomezcaleria or elrefugio.ts@gmail.com

6:30 - 9 pm, **LIVE MUSIC** at **FreeSouls** at Cerritos Beach.

ALL YOU CAN EAT PIZZA at **Chill N Grill** in Todos Santos.

thursday

8:30 am – 1 pm, **LA PAZ FARMER'S MARKET** on calle Madero between 5 de Mayo and Constitución, La Paz.

9 am – 5:30 pm, **ORGANIC VEGETABLES** at Rancho Buen Día in the *callejon* of Todos Santos.

3 – 6 pm, **PIZZA 3 X 2** at **Gallo Azul** en Todos Santos.

WEEKLY EVENTS continued on page 57

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Palapa

continued from page 17

T-shirts and caps will be available for purchase.

Erick Ochoa, President of the Palapa Society, has been a frequent participant of past races. "This is an amazing event because you not only meet and compete with people from other places, but while running you get to enjoy the beautiful settings Todos Santos has to offer. Most importantly, through this event you will be helping The Palapa Society reach its goals. So as a runner, sponsor, or volunteer you can be part of the Carrera de Todos Santos!"

Proceeds from the 5K/10K event will provide funding for current programs and help finance the future of local students. Come out for this fun-filled family event and help support a good cause!

The Palapa Society of Todos Santos, A.C. is a Mexican non-profit organization providing enhanced educational opportunities for the youth of Todos Santos and Pescadero. It provides many programs including English language classes for children and adults, art, summer water safety and ecology classes, high school and university scholarships, and will open a SEP-certified Middle and High School in August 2017 at the new Palapa Learning Center.

For information on the run, the programs, how to DONATE, or volunteer contact the Palapa Society at www.palapasociety.org

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intención de reunir a la gente de nuestra comunidad por la buena salud, para una experiencia divertida y por una gran causa. Mike y Mir Lund estaban en el equipo original que organizó la primera carrera. Cuando les preguntaron sobre la primera carrera, dijeron "nuestra esperanza era que fuera un evento divertido en el cual todos pudieran participar y principalmente en el que el idioma no importara. ¡Creemos que lo logramos!"

Seas un atleta consumado o estés corriendo en un evento organizado por la primera vez, esta es la Carrera ideal para ti. Las rutas están principalmente planas, con unas cuantas subidas. Este año los competidores recibirán baberos con gráficos del evento como suvenir, y por primera vez, los tiempos de los competidores serán cronometrados con chips RFID.

El costo de cualquiera de las carreras es de una donación de \$10 dólares o \$200 pesos. Los boletos se pueden comprar con anticipación a través de Brown Paper Tickets en el sitio web de la Palapa en www.palapasociety.org/race/. Los participantes también pueden comprar boletos con anticipación en dos días (jueves 23 de marzo y viernes 24 de marzo) en una mesa colocada con este fin en Cafélíx en calle Juárez en Todos Santos. O, inscribirse el día del evento (marzo 25) a las 7:30 am, en la plaza. Las carreras se llevarán a cabo bajo lluvia o sol. Lo sentimos, pero no habrá reembolsos.

La ruta de la carrera de 5K es principalmente por las calles pavimentadas con una pequeña sección de calles sin pavimentación. La de 10K inicialmente sigue la misma ruta, pero luego va al sur hacia Punta Lobos por la calle de terracería. Habrá voluntarios en varios puntos de la ruta marcada para dirigir, echarte porras y dar agua. Habrá una ceremonia de premiación después en la plaza. Se entregarán premios para los ganadores en general y para



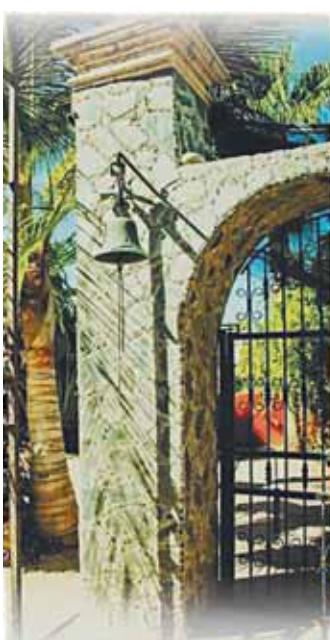
ganadores de categorías por edad. Tendremos camisetas y gorras a la venta.

El presidente de la Sociedad de la Palapa, Erick Ochoa, ha sido un participante frecuente en carreras pasadas. "Este es un evento increíble porque no solo conoces y compites con gente de otros lugares, sino que mientras corres, también tienes la oportunidad de gozar de la belleza que Todos Santos tiene. Lo más importante es que a través de este evento estarás ayudando a la Sociedad de la Palapa a lograr sus objetivos. De manera que, como corredor, como patrocinador, o como voluntario, puedes ser parte de la Carrera de Todos Santos!"

Lo recabado del evento de 5K/10K proveerá los fondos para programas actuales y ayudarán a financiar el futuro de estudiantes de la localidad. ¡Ven a este evento familiar lleno de diversión y ayuda a apoyar una buena causa!

La Sociedad de la Palapa de Todos Santos, A.C. es una organización mexicana sin fines de lucro que provee oportunidades educacionales avanzadas para la juventud de Todos Santos y Pescadero. Provee muchos programas incluyendo clases del idioma inglés para niños y adultos, arte, clases de verano de seguridad en el agua y de ecología, becas para preparatoria y universidad, y abrirá una secundaria y preparatoria certificadas por la SEP en agosto del 2017 en el nuevo Centro Educativo de la Palapa.

Para mayores informes sobre la carrera, sobre los programas, sobre cómo DONAR o ser voluntario, contacta a la Sociedad de la Palapa en www.palapasociety.org

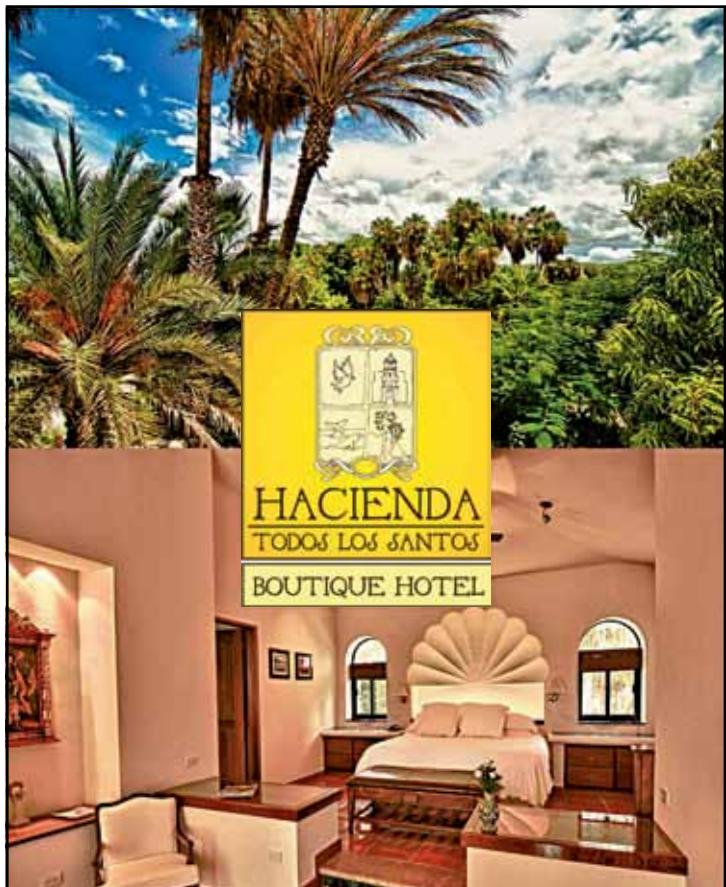


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Octopus's Garden

continued from page 13

is a death knell for male octopuses, who die shortly thereafter. This close link between sex and death might account for some octopuses rather hands-off approach to sex—literally. The males and females of the Algae octopus will find houses next to one another so that the male only has to reach his hectocotylus (sex arm) out his front door and into her's to get the job done. The Argonaut octopus doesn't even get that intimate. Males simply detach their hectocotylus and send it off to mate with a passing female.

Female octopuses can lay up to 400,000 eggs, which they attach to the ceiling of their dwelling and lay in long strings like translucent ropes of pearls. They guard and tend their eggs diligently until they hatch. Sy Montgomery reports how her octopus friend Octavia in the New England Aquarium wove her egg chains and tended them with meaningful rituals, even though there was no male to fertilize them. Of course the eggs never hatched and Octavia succumbed to death a few months later, as do all female octopuses once their reproductive cycle is over.

THE OCTOPUS'S GARDEN

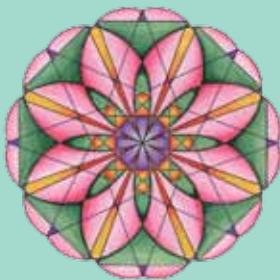
Octopuses are the blue bloods of the marine world. Truly. Octopuses evolved a copper rather than an iron-based blood, and it's the copper that turns their blood blue. Copper is more efficient at transporting oxygen than hemoglobin in deep ocean environments, where water temperatures are low and there is not much oxygen. But this system also means that octopuses are very sensitive to changes in acidity, and when the ocean's pH gets too low, octopuses can't circulate enough oxygen. There is therefore a great deal of concern in the scientific community about what will happen to octopuses with the increasing ocean acidification being brought about by climate change.

Octopuses have existed on the earth for at least 296 million years, the age of the oldest known octopus fossil. That's over a thousand times longer than humans. "The sea is the original birth place of the mind. When you dive into the sea, you are diving in to the origin of us all" writes Godfrey-Smith. It is perhaps for this reason that Godfrey-Smith dedicates his book to "all those who work to protect the oceans." As Carl Safina notes, "As we change the world, let's bear this in our minds: Other minds are living their own lives here with us on earth."

In Baja California Sur our two oceans, the Pacific and the Sea of Cortez, are filled with many of the 300 species of octopus that inhabit the world, and it is possible to visit many octopus gardens and match wits with these amazing creatures when snorkeling and diving. Jacques Cousteau, who called the Sea of Cortez the Aquarium of the World, tells a charming story in his 1973 book *Octopus and Squid: The Soft Intelligence*. "Our friend Gilpatric... brought an octopus home and put it in an aquarium, which he then covered with a heavy lid. A short time later, the aquarium

OCTOPUS'S GARDEN continued on page 32

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Jardín del Pulpo

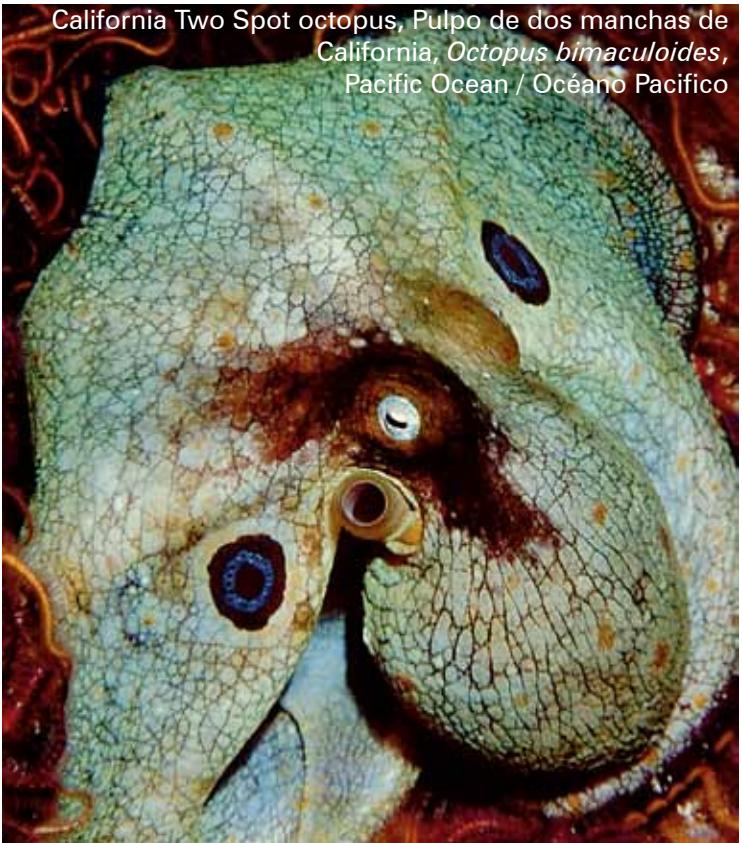
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colocar la tapa en su lugar.

¿Una planificación de un pulpo? ¿abrir una cerradura? ¿caminar? La historia del hurto del acuario es algo que se cuenta frecuentemente en los círculos de la ciencia marina, aunque nadie parece recordar con precisión el nombre del acuario o cuando fue que sucedió. Ni siquiera snopes.com está del todo seguro. Sin embargo, la historia es bien conocida entre los que estudian y trabajan con pulpos y saben que un pulpo fácilmente podría planificar y ejecutar tal truco. De hecho, la notable inteligencia de los pulpos, junto con sus cuerpos extraños aparentemente alienígenas, ha dado lugar a una avalancha de libros en los últimos años que exploran y ponderan a estas asombrosas criaturas. Como en "Otras mentes: El pulpo, el mar y los orígenes profundos de la conciencia" por Peter Godfrey-Smith donde dice que involucrarse con los pulpos es "probablemente lo más cercano que llegaremos a conocer a un extraterrestre inteligente." En su libro "En el alma de un pulpo," Sy Montgomery cuenta maravillosas historias sobre sus amigos pulpo que ella hizo en el Acuario de Nueva Inglaterra y sus personalidades y sus sofisticadas habilidades cognitivas al ser capaces de imaginar lo que está en la mente de otra criatura. Y en "¡El pulpo! La criatura más misteriosa del mar," Harmon Courage discute cómo "este céfalópodo de gran cerebro puede navegar a través de laberintos, resolver problemas, recordar las soluciones y desarmar cosas por diversión."

MENTES ESPEJO

Los pulpos y los humanos compartieron un antepasado común (una criatura semejante a un gusano) hace aproximadamente medio billón de años, así que las mentes de los dos grupos se convirtieron de manera separada, en entidades complejas y sensibles. Al igual que sus cuerpos que parecen ser casi el inverso el uno del otro. Los pulpos pueden cambiar de forma a través de grietas no más



grandes que sus ojos. Los seres humanos carecen de tal fluidez. Los vertebrados se estructuran alrededor de un sistema nervioso central centrado en la cabeza, mientras que el cerebro de un pulpo—cuyo número de neuronas es comparable a los de los mamíferos—se distribuye, con dos tercios en sus ocho brazos y sólo un tercio en su cabeza. Esto significa que sus brazos pueden participar de manera independiente en la resolución de problemas, como la forma de abrir el tanque de los peces piña australianos, mientras que el dueño puede estar comprobando si hay un objeto similar digno de su atención en otro tanque. Como señala Godfrey-Smith: "Un pulpo, tiene el sistema nervioso tan impregnado en todo su cuerpo, que no existen límites claros entre el cerebro y el cuerpo." Imagínese.

JARDIN DEL PULPO continúa en página 30

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California Two Spot octopus, Pulpo de dos manchas de California, *Octopus bimaculoides*, Pacific Ocean / Océano Pacífico

Jardín del Pulpo

continuó de página 29

Y eso es sólo para empezar. Los vertebrados tienen un solo corazón, mientras que los pulpos tienen tres. Dos de los corazones se dedican exclusivamente a la tarea de mover la sangre más allá de las branquias, mientras que el tercer corazón está encargado de mantener la circulación que fluye hacia los órganos. Cuando un pulpo nada, el corazón de los órganos deja de latir, lo que explica por qué en muchos casos un pulpo prefiere caminar o arrastrarse, antes que nadar, ya que la natación es agotadora para ellos. Y caminar resulta ser útil cuando uno sale del agua para irse en una expedición de cacería por el acuario.

Pero quizás de todas las cosas geniales que el cerebro/cuerpo de un pulpo puede hacer, la más asombrosa es su habilidad para disfrazarse cambiando casi instantáneamente no sólo el color y el patrón de su piel, sino también su textura. Pueden crear desde pequeñas ampollas hasta altas espinas para que coincida con su entorno de tal manera que incluso el depredador o presa más determinada y observante no pueda distinguirlo del coral cercano o de rocas cubiertas con algas, fondos de algas marinas o arenosos. Y el color también denota humor. Como escribió Sy Montgomery al conocer un pulpo llamado Athena, "Mientras la acaricio con las yemas de mis dedos, su piel se vuelve blanca bajo mi contacto. Más

Nota del fotógrafo, por Kaia Thomson:

Los pulpos son de mis criaturas marinas favoritas a la hora de observarlas, fotografiarlas o interactuar con ellas. Son unos verdaderos personajes! Es impresionante como pueden jugar a las escondidas con los buzos y espiar con sus tentáculos, antes de salir de sus cuevas para comprobar de que el intruso creador de burbujas se haya ido. Personalmente pienso que les gusta jugar con uno haciéndose los graciosos y cambiando la expresión de sus ojos, sus colores o formas. Observarlos deslizándose y fluyendo a través de su ambiente líquido, sin esfuerzo alguno y con una gracia que se asemeja a un pañuelo de seda, es impresionante. En un momento están a tu lado, y luego, con un movimiento de agua impulsado a través de su sifón...se han ido!

tarde, aprendí que este es el color de un pulpo relajado." Alternativamente, "Cuando un pulpo gigante del pacífico está agitado, se vuelve rojo, su piel se brota, y erige dos papillas sobre los ojos, algunos buzos dicen que parecen cuernos."

Es tentador atribuir las habilidades que cambian el cuerpo de un pulpo simplemente a su instinto, pero la Dra. Jennifer Mather, una psicóloga comparada que estudia los pulpos, ha descubierto que los pulpos usan disfraces específicos para especies específicas en condiciones específicas—tanto ofensivas como defensivas. Esta es otra señal de la inteligencia del pulpo. La Dra. Mather cree que la pérdida del caparazón ancestral del pulpo es lo que lo llevó a desarrollar esta inteligencia. El no tener caparazón le permite al pulpo ser un depredador activo como el león, en lugar de un comensal pasivo como la almeja. Muchas de las decenas de especies de las que se alimentan requieren diferentes estrategias de caza, así como diferentes estrategias son necesarias para defenderse contra diferentes depredadores. La Dra. Mather ha documentado que los pulpos a menudo usan lo que llama exhibición de una nube pasajera—pulsos de colores que se mueven a través del pulpo como nubes que pasan por el cielo—esto es para lograr que un cangrejo inmóvil (uno de sus alimentos preferidos) se ponga en movimiento y así lograr verlo y atraparlo. Para atrapar camarones, se ha visto que los pulpos se comprimen, luego se arrastran hasta los camarones, extienden un brazo hacia arriba por encima del camarón y luego lo tocan; un acto que asusta a los camarones y los dirige directamente a la boca del pulpo.

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En el otro lado de la ecuación, si un pulpo está siendo cazado por un pescado hambriento, puede cambiar rápidamente el color, el patrón y la forma de su cuerpo. Los peces tienen recuerdos visuales fuertes para ciertas imágenes, y si un pulpo cambia rápidamente de la luz a la oscuridad, de manchas a rayas, el pez no puede identificarlo como presa y pasa a algo que pueda reconocer para comer. Pero si ese despliegue psicodélico no es suficiente, los pulpos tienen muchos más trucos en la manga, incluyendo la habilidad de algunas especies para desplegar pseudomorfismo; un autorretrato de tamaño natural hecho a partir de una nube de tinta y mucus. Esto esencialmente asusta y desorienta al depredador, permitiendo que el pulpo se escape. Parecería que los pulpos realmente disfrutaran jugar con las mentes (inferiores) de los posibles depredadores. El pulpo imitador en lugar de hacerse parecer a algo pasivo como un coral o roca para evitar la detección, se transforma viéndose y actuando como criaturas venenosas tales como las medusas, serpientes marinas y el pez león para enviar a su presunto depredador corriendo en otra dirección.

Los pulpos también emplean herramientas para la autodefensa. Investigadores de Indonesia han documentado pulpos que cargan por el océano conchas de coco partidas a la mitad y las ensamblan en forma de esferas construyendo un fuerte donde se meten para protegerse. Un pulpo en el laboratorio de pulpos de Middlebury encontró que un erizo de mar estaba colgando demasiado cerca de su guarida así que se aventuró hacia fuera, encontró un pedazo de pizarra plana, y lo erigió delante de su guarida como protección.

Como señala Sy Montgomery, "...de todas las criaturas del planeta que puedan imaginar lo que está en la mente de otra criatura, el que mejor lo hace podría ser el pulpo—porque sin esta habilidad, el pulpo no podría perpetrar sus tantos engaños para preservarse a sí mismo. Un pulpo debe convencer a muchas especies de depredadores y presas de que es realmente otra cosa... luego evaluar si el otro animal creyó en su artilugio o no, y si no, probar algo diferente." Godfrey-Smith escribe, "Cuando la supervivencia requiere de la toma de decisiones, los cerebros han desarrollado la conciencia. Sensibilidad," señala, "tiene algo de sentido."



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AMOR Y AMISTAD

Montgomery, Godfrey-Smith y muchos otros han documentado que los pulpos pueden distinguir fácilmente a diferentes personas, incluso si llevan uniformes idénticos, y que tienen sentimientos muy particulares sobre diferentes personas. A la gente que le tienen simpatía, la tocarán, le darán el brazo, le darán suaves apretones y se dejarán acariciar. Serán amistosos y comprometidos y vendrán fácilmente a la superficie de su tanque para interactuar. Las personas que no les caen bien pueden ser sometidas a chorros bruscos de agua y—si el visitante está demasiado cerca—incluso una mordida. Pero ¿qué pasa entre ellos mismos? Cada día de San Valentín, el acuario de Seattle celebra la fecha de la cita a ciegas del pulpo, en la que se levanta la división entre los tanques de un pulpo gigante del Pacífico macho y hembra. En ese día se le permite a la naturaleza tomar su curso—seis corazones latiendo como tres podría ser el modo romántico de verlo. Pero en el 2016, la cita a ciegas fue cancelada debido a los temores de que el macho de 32 kilos, Kong, simplemente viera a su cita de 16 kilogramos como un aperitivo sabroso. Un resultado definitivamente poco romántico. Mientras que esto significaba una pérdida para los voyeur del sexo entre pulpos en Seattle, era una segunda oportunidad en la vida para Kong. El apareamiento, si bien asegura la supervivencia de la especie, es un llamado a la muerte para los pulpos machos, ya que mueren poco después del acto. Este estrecho vínculo entre el sexo y la muerte podría explicar porque algunos pulpos tienen muestras de poco interés hacia el sexo. Los machos y las hembras de los pulpos alga encontrarán casas próximas el uno al otro de modo que el varón sólo tenga que alcanzar su hectocotylus (brazo del sexo) hacia fuera de su puerta principal y dirigirlo hacia el de ella para realizar el trabajo. El pulpo Argonauta ni siquiera se pone tan íntimo. Los machos simplemente separan su hectocotylus y lo lanzan para que se aparee con una hembra que pasa.

Los pulpos hembra pueden acumular hasta 400.000 huevos, que sujetan al techo de su morada y acomodan en largas cadenas que se asemejan a collares translúcidos

JARDIN DEL PULPO continúa en página 50



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Common octopus, Pulpo común,
Octopus vulgaris,
Pacific Ocean / Océano Pacífico

Octopus's Garden

continued from page 28

was empty, and Gilpatrick found the octopus going through his library, book by book, turning the pages with its arms." And that's a true octopus story.

Since 2002 Todos Santos Eco Adventures (TOSEA) has been providing visitors with opportunities to explore, celebrate and help conserve the magnificently diverse ecosystems of Baja. TOSEA offers whale and bird-watching trips in the Pacific lagoons, treks and ranchero culture programs in the Sierra la Laguna mountains, Sea Turtle Camp and surfing surfaris on the Pacific coast, and kayaking, "glamping," whale shark and sea lion adventures in the Sea of Cortez. www.TOSEA.net. (612) 145-0189.

Photographer's note, by Kaia Thomson:

Octopuses are some of my favorite creatures underwater to observe, photograph and interact with—they are true characters! It is amazing how they can play hide and seek with divers by "looking" with a tentacle before coming out of their little safe spot to see if the bubble blowing intruder has left. I personally think they like to "mess with you" as they are such funny guys that can change expressions with their eyes, colors and shape. Watching them literally glide and flow through their liquid environment with the effortless grace of a silk scarf is amazing. One minute they are next to you, and then with one whoosh of water propelled through their siphon... they are gone!



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El Cielo: The Baja Sky

by Roc Fleishman
photo by Kaia Thomson

Welcome to the February/March edition of *El Cielo*, highlighting the most interesting sights and movements of the heavenly objects above Baja California Sur.

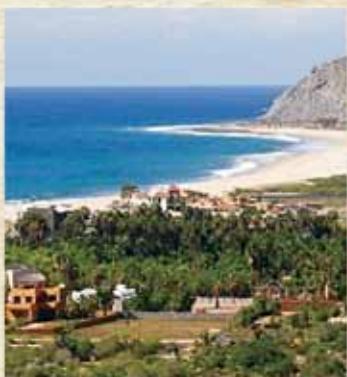
There are lots of bright stars visible during the clear nights of winter. The most distinct constellation is Orion and its Great Nebula (in the sword, look for fuzzy cloud), up all evening into the early morning. The Southern Cross (Crux) is obvious when you see it, visible due south, very low to the horizon for the next few months for a few hours each clear night. At the beginning of February, it is straight up at about 4 am. My favorite globular star cluster for binocular and telescope viewing, Omega Centauri, makes its appearance this time of year also. It follows behind Crux, 15° above and to its left and due south at 5 am on February 1. Due to basic Solar System mechanics, all of the stars (and the far outer planets) advance about two hours each month, so if what you are looking for was straight up in the south at 4 am on February 15, it will be straight up on March 15 at 2 am and so on.

MOON/PLANET CALENDAR FEBRUARY

- 2nd Venus is visible in the western sky after sunset as an evening "star." For weeks, Mars will be just above it. Venus will be lower in the sky each evening, until it gets lost in the sun's glow by mid-March.
5th The moon approaches the bright red giant star Aldebaran in the constellation Taurus. They will be

- closest at sunset.
10th Full moon.
14/15th The moon rises with Jupiter about 10 pm, and they get closer all night, to within 2.7° before sunrise.
20th The moon and Saturn rise together at 2 am, getting closer until sunrise.
28th Possible new moon visible in the sunset, with Venus to the right about 10°.
- MARCH**
1st Moon with Mars to the right 4.5° and Venus below.
4th Special event—there will be a Lunar Occultation of the star Aldebaran. It will disappear behind the dark half of the moon at about 8 pm and emerge from behind the bright side about two hours later. The ingress should be easily visible and sort of spectacular with binoculars.
12th Full moon.
20th Saturn will rise with the moon at about 1:30 am and both are visible a few degrees apart until sunrise.
28th Possible chance at seeing the new moon less than 24 hours old.
29th New moon visible.
31st Mercury peaks in its winter evening apparition as a tiny bright star very low in the sunset, and the moon is tracking near Aldebaran again.

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View Lots



Homes in Pueblo Pescadero



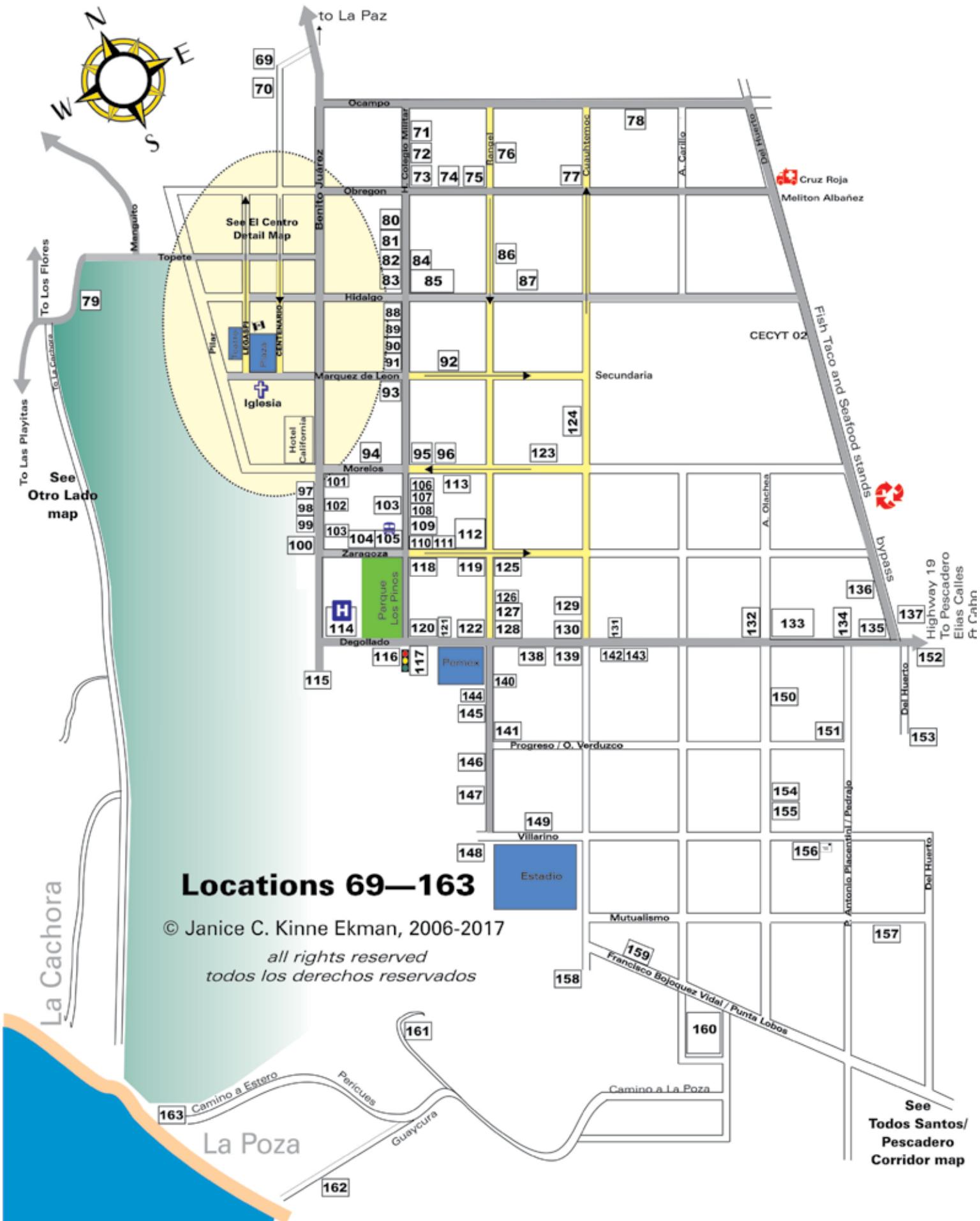
Beachfront Lots



Beach Houses

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Cañada Honda



detail map



Vuelo de
Las Aguilas

el otro lado TODOS SANTOS

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Voces del Pueblo

by Janice Kinne

Welcome to the Winter 2017 issue of **Journal del Pacifico**. The weather is great, our Gray whale visitors have returned and we have a lot of interesting stories on Baja California Sur residents and adventures!

Once again, Bryan Jáuregui of **Todos Santos Eco Adventures** has written a fascinating article on the octopus. Kaia Thomson of **Todos Caballos** has shared her photos of octopus you can find in the Sea of Cortez and the Pacifico Ocean, marine biologist, Paula Angeloni of **Explora Baja** and **The Todos Santos Surf Shop** translated the article into Spanish and **Luz Gallery** provided the stunning vintage octopus print for our front cover.

We also have three captivating profiles from the growing community of El Pescadero. The founders of **Carlito's Place** restaurant, Carlos Cham; the **Residences at Freesouls**' Marc Jouille; and Mark Catania and Peter Arbuckle of **Pueblo Pescadero**. You can read about their varied backgrounds, what brought them to Pescadero, their visions for their own restaurants and developments and the El Pescadero community.

The community also came together to build the Todos Santos skate ramp and our feature story. Jason Jacobs of **Adventure 19** and Aaron Balducci of **La Katrina Surf Shop** funded the brand new skate ramp in our town park. Right after the ramp was open, a group of Todos Santos skateboarders showed off their moves for photographer Kate Turning. She shared her vintage skateboard poster-look photos for our story. You can see more of Kate's work at Galería de Todos Santos.

Anne McEnany of the **International Community Foundation** has shared the story of the Alliance conserving the San Ignacio lagoon and of her encounter with the gray whales that helped give birth to that Alliance.

The **Journal del Pacifico** running team is excited that after a two year absence, the **Palapa Society of Todos Santos A.C.'s Carrera de Todos Santos** will take place this March 25th. This year, in addition to the popular 5K, a 10K race has been added. Read about the other improvements this year and get ready to race!

Whatever facet of stand up paddling is your passion, whether it's touring, fitness, surfing or family recreation, **SUP Outdoor** is your gateway to nature, fun, and adventure. And now, SUP Outdoor paddleboards are available in Todos Santos. For more information, visit their website, call (612) 111-8040 or email: kate@lxvoutdoor.mx

Bésame Mucho Bazaar and **El Edén** restaurant will be opening in a new location in Todos Santos soon. They invite you to come and discover a unique experience that will entice you to come back for more!

Did you know that **Que Rico Specialty Foods** on calle Militar is now open Saturday from 11 am to 5 pm?

Starting after SuperBowl LI, **Chill n Grill** will be open Monday through Saturday, 4 to 11 pm with All You Can Eat Pizza nights on Wednesday.

St. Jude's Medical Center on calle Militar in Todos Santos provides medical consultations, hospitalization, laboratory and ambulance services, and 24 hour emergency care. They have also added a pharmacy to their location.

Now in Todos Santos, **La Perla Mosaico Artesanal** is a project that intends to rescue the tradition of handcrafted hydraulic cement tiles and bring it to your home or business. Their pride and dedication is expressed in every one of their tiles. Choose from one of their more than 60 designs or ask them to design one especially for you..

Namaste Yoga Centro offers private and semi-private yoga classes and Thai massage. See our events listing for their *Noches de Super Salud* special evenings at The Distillery in Todos Santos or visit their Facebook page for more details.

Miguel's Restaurant in Todos Santos is known for their
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todos santos—el pescadero corridor



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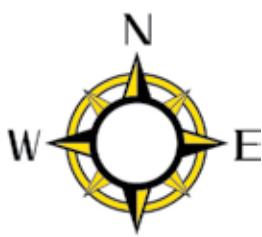
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To Elias Calles and
Cabo San Lucas

Beaches / Playas

by Janice Kinne

Todos Santos lies inland along the rugged Pacific coast. There are miles of beautiful white sand beaches accessible down unmarked dirt roads.

This stretch of the Pacific Ocean is a very dangerous place to swim at any time of the year. Strong rip currents and backwash are common. People have drowned in waters near Todos Santos simply because they were too close to the ocean while on beaches with steep drop-offs. There are no lifeguards on duty at any area beaches.

You can access the **LA POZA** and **LA CACHORA** beaches via the La Cachora road. Both are suitable for walking, fishing, whale watching, relaxing or sunbathing. They are not swimming beaches. Because of the big waves breaking on the shore, La Cachora beach has become popular with skim boarders.

La Poza has a large freshwater lagoon that is great for bird watching.

When the lagoon is full, exercise extreme caution, especially if it has begun to overflow. People have drowned at La Poza beach in front of the mouth of the lagoon when the dune has broken and the lagoon flowed into the ocean.

- Do not attempt to surf or boogie-board the overflow.
- Do not swim in the lagoon when it is close to overflow; do not walk or drive across the mouth of the lagoon if it is even close to overflow.
- If you are going to swim in the lagoon be very careful. The lagoon may appear to be shallow, but has many sudden drop-offs and is actually very deep.

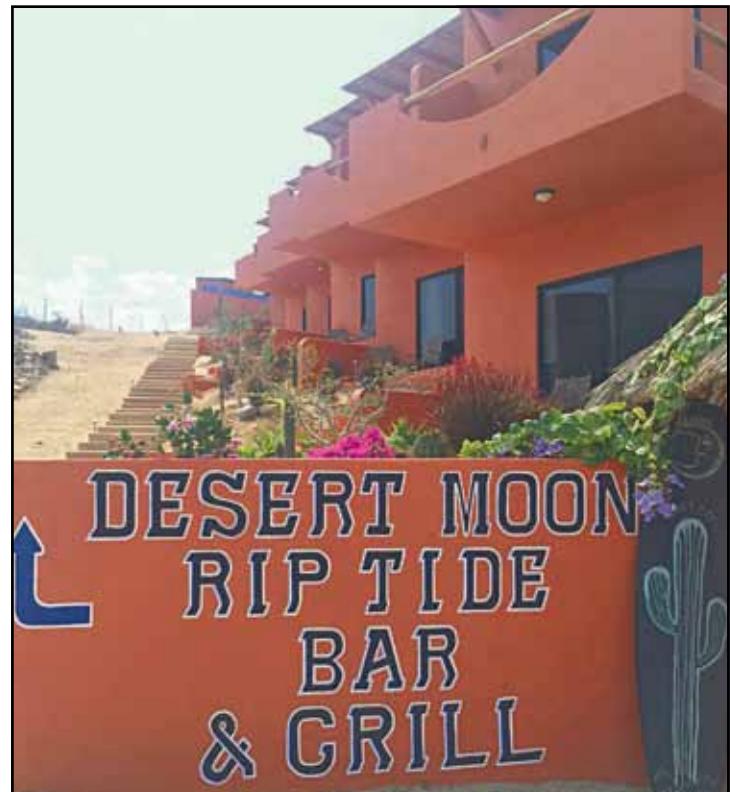
PUNTA LOBOS, named for a sea lion colony, is also known as the fishermen's beach. Simply follow calle Francisco Bojorquez Vidal (formerly calle Punta Lobos) south out of town, or turn off at km 54 from Highway 19. You will pass an old cannery from the days when fishermen could harvest sea turtles legally. There is a small freshwater lagoon at Punta Lobos with a shrine to the Virgin.

The fishermen ride their panga boats on the waves onto the beach between 1 and 3 pm. Their return is exciting to watch and you can usually buy fresh fish from the cooperatives.

The two fishing cooperatives have exclusive rights to the "launch zone" at Playa Punta Lobos. For reasons of safety and due to past problems, boat launching at Punta Lobos is not permitted without their express permission.

The only recommended swimming beaches are outside of Pescadero. **SAN PEDRO**, also known as **PALM BEACH** (*Playa Las Palmas*) is near km 57. Its entrance is across Highway 19 from the Campo Experimental—stay to the left as you pass the abandoned hacienda. Las Palmas is a beautiful, secluded beach surrounded by a palm grove with a fresh water lagoon that is home to a variety of plants, birds, and wildlife.

BEACHES continued on page 40



The perfect location for relaxation and sports activities on the beach at Los Cerritos.

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Beaches

continued from page 39



photo by Lucas Bennett

Due to strong currents (especially near the rocky point), swimming is safer 50 meters from the rocks. Swim with caution and always have a land reference. The property surrounding Palm Beach is privately owned. The gates are open from 6 am to 9 pm daily. Car break-ins have been reported at Palm Beach. Leave your valuables at home!

PLAYA SAN PEDRITO is a rocky surfing beach around km 60, about 4.6 miles (7.4 km) from Todos Santos.

PLAYA LOS CERRITOS is located at km 64 about 8 miles (12.8 km) south of Todos Santos. Look for the turnoff after the hill, south of Puente El Pescadero. Los Cerritos is a popular spot for surfing, boogie boarding, swimming and fishing. Swim with caution due to strong riptides near the rocks. It is recommended to stay at least 50 meters from the rocks. The most secure swimming area is in front of the restaurant/bar. Swim with caution and always have a land reference. There is a long stretch of beach to the south that is perfect for walking or running. Surfboard rentals and other services are available.

ADVENTURE 19 ACTIVITY CENTER, DELI & CANTINA, #116 on the Todos Santos map, rent kayaks, provides kayak

and snorkeling tours, fishing trips, swimming with whale sharks, whale watching and more. They carry t-shirts, rash guards, sandals, accessories, sunscreen and other items.

Baja Zen, #37 on the Pescadero map, offers morning and evening yoga classes overlooking Playa Los Cerritos.

La Sirena Eco-Adventures, #155 on Todos Santos map, provides kayak and snorkeling tours, fishing trips, swimming with whale sharks, beach shuttle, surfing lessons, surfboard and boogie board rentals.

MARIO'S SURF SCHOOL provides surfing lessons, board rentals, repairs and accessories. Call for information.

PESCADERO SURF CAMP, #33 on the Pescadero map, provides surfing lessons and surfaris.

TODOS SANTOS ECO ADVENTURES, #162 on the Todos Santos map. Since 2002 Todos Santos Eco Adventures (TOSEA) has been providing visitors with opportunities to explore, celebrate and help conserve the magnificently diverse ecosystems of Baja. TOSEA offers whale and bird-watching trips in the Pacific lagoons, treks and ranchero culture programs in the Sierra la Laguna mountains, Sea Turtle Camp and surfing surfaris on the Pacific coast, and kayaking, "glamping," whale shark and sea lion adventures in the Sea of Cortez.

TODOS SANTOS SURF SHOP, #85 on the Todos Santos map, sells and rents surf boards, offers beach supplies and activities around Todos Santos. They carry International brands like Vans, Rip Curl, Dakine, Exile, Rainbow & Havaianas sandals as well as many locally handmade, clothes, bikinis, accessories, natural sunscreen and the beloved "Eclipse" boards shaped by Meisy of Todos Santos. They offer tours to swim with whale sharks and sea lions, surfing lessons, fishing trips, trips to Espíritu Santo Island and whale watching in Magdalena Bay.

Surf reports: checkout Baja under Mexico at
<http://wetsand.com/surfreport/> or
<http://magicseaweed.com/Todos-Santos-mainland-Surf-Report/1201/>

An advertisement for Osprey San Pedrito. It features a scenic view of a beach town with palm trees and buildings in the background. A blue osprey is perched on the left side of the image. The text "Osprey San Pedrito" is written in a stylized font above the scene, and "The Most Spectacular View on San Pedrito Beach" is written below it.

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Pescadero: Freesouls

continued from page 5

His time in the luxury industry gave Marc and his clients some unique life experiences: driving a Formula 1 car in Europe; meeting and working with idols such as Maradona and Pelé; and walking the red carpet at the American and Latin Grammy awards.

Marc moved to Los Cabos in 2005. He had been coming to Los Cerritos Beach for years and had a boat moored in La Paz and often sailed in the Sea of Cortez. Los Cerritos happened to be halfway between his sailboat in La Paz and his home in Los Cabos. However, his busy lifestyle often saw him flying over 300 times a year and kept him away from home and his newborn daughter.

So in 2013, he decided to retire. He settled at Los Cerritos beach and launched the Freesouls Project. He realized that Los Cerritos was an amazing off-the-grid location, and saw the opportunity to develop a new project influenced by the thousands of places he had visited throughout his life. He invested in a couple of properties that have now become the grounds for the Freesouls Restaurant and the new development, the Residences at Freesouls.

Marc brings his Mediterranean influence to his projects—from the curving walls, to the warm colors, and the ingredients in the restaurant's meals. He believes that the Baja California peninsula has much in common with the Mediterranean. A drive through the peninsula is reminiscent of many places in Corsica, Sardinia, and Greece—where the similar weather and landscape gave birth to the Mediterranean culture thousands of years ago.

The Residences at Freesouls is a small development, as Marc feels it should be at Los Cerritos. It has been carefully planned to extend the Freesouls' spirit that you find in the restaurant; the attentive service, warmth, client satisfaction, relaxation, and holiday feel. The Freesouls Restaurant and the Residences at Freesouls meld perfectly

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Sal Fish and Baja Mil
watch Project



Ric O'Barry and
Dolphin Project

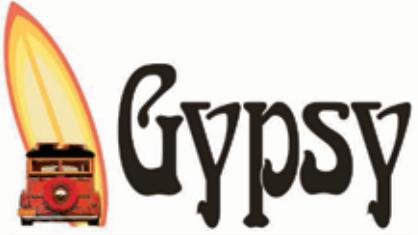
An advertisement for Mario Surf School. It features a large image of a surfer performing a maneuver, with a smaller image of a woman surfing. Text includes "Book now!", "MarioSurfSchool.com", "Surf Lessons • Surfboard Rentals • Surfboard Repair • Accessories", "(011 521) 612 1426156", "Todos Santos - Pescadero", and website and email information.

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www.mariosurfschool.com info@mariosurfschool.com

An advertisement for Explora Baja featuring several smaller images of beach scenes, a whale shark, and people engaged in various water activities like surfing and scuba diving. Text includes "EXPLORA BAJA".

EXPLORA
BAJA

An advertisement for Todos Santos Surf Shop. It features a large logo with the text "Todos Santos Surf Shop" and smaller text below it. Social media icons for Facebook and Instagram are present, along with contact information: Calle Hidalgo & Militar (#85 on the map), (612) 145-1114, (612) 120 3277, todossurf@gmail.com, and www.explorabaja.com. A Tripadvisor logo is also included.



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Pescadero: Freesouls

continued from page 41



with the landscape of Baja California Sur, and display a fresh architecture and the atmosphere that Baja lovers enjoy.

During the first two years of the Freesouls Restaurant, Marc met many visitors and homeowners unaccustomed to life here. The Mexican system is very different from the American one, so, at the residences, they are offering a turnkey project that will allow the owners to enjoy their holidays from the moment they arrive.

After all his years of travel, Marc realized that coming home to the Residences at Freesouls should be a pleasurable experience. The concierge and housekeeping personnel greet you with bottled water, take your luggage to your apartment, and park your car in your private parking spot so you can rush to the beach with the kids or enjoy a delicious meal. From the moment that you arrive, you will find support and service, and will be able to just rest, relax, and have fun!

The modern, exclusive, safe, and private boutique Mediterranean-style complex will offer only ten condominiums, each with either a beach or pool view. The units range from one-bedroom to two bed/two bath penthouse suites with rooftop patios. All residences include 24-hour hotel services, housekeeping, private parking, and a short walk to Los Cerritos' surf break and beach—one of the most popular, fun, and safe beaches in the Los Cabos area. The architecture is a mix of smooth lines and natural materials, such as wood and tiles. All of the light, large apartments will have ceramic floors, 16-foot balcony windows, open views, fully equipped kitchens, air conditioning, dimmable lighting, and soundproofed floors and ceilings—amenities that Marc believes are a necessity for the higher-end tourism market.

Both full ownership and fractional ownership will be available establishing a Mexican trust. The sales offices are located at the restaurant's ground floor. If owners choose to rent their homes, property management services are available. A percentage of all sales of the residences will be donated to local causes as part of their continuing social responsibility to the community. Construction started in October 2016; the Residences at Freesouls will open its doors at the end of 2018.

Email: info@thefreesoulsproject.com

Facebook: The Residences at Freesouls

Tel: (624) 191-4666

Pescadero: Carlito's Place

continued from page 6



a successful taco shop in trendy Sausalito, just across the Golden Gate Bridge from the dining mecca of San Francisco. Along the way, he was instilled with a work ethic that equaled his budding passion for food. "I tasted my first *foie gras* when I was seven years old," he said. "And my mother always taught me that *trabajo dignifica el alma*—work dignifies the soul."

Carlos also served as the executive chef on the ESPN-2 TV fishing show, *Offshore Adventures*. And now he is the creator of *Carlito's Cooking Adventures*. His TV show (you can watch season one on YouTube or Facebook) takes you traveling to exotic Baja locations, as well as other places around the globe, as he meets local merchants and makes friends while gathering fresh, delicious ingredients for his recipes.

This is Carlos' art: going from the farm and ocean to the table, with an emphasis on Japanese-style seafood cuisine. He has a unique way of demystifying gourmet cuisine and of making it accessible to any interested foodie, adventurer, or someone just wanting to try something different.

We suggest that you adventure in and give it a try. Your taste buds will thank you.

Carlito's Place is located in El Pescadero, #19 on the Todos Santos-Pescadero Corridor map. It is open Tuesday through Saturday, 1 – 9 pm.

Tel: (612) 137-9419

YouTube / Facebook: CarlitosCookingAdventures

www.CarlitosCooking.com

www.inflectionstudios.com

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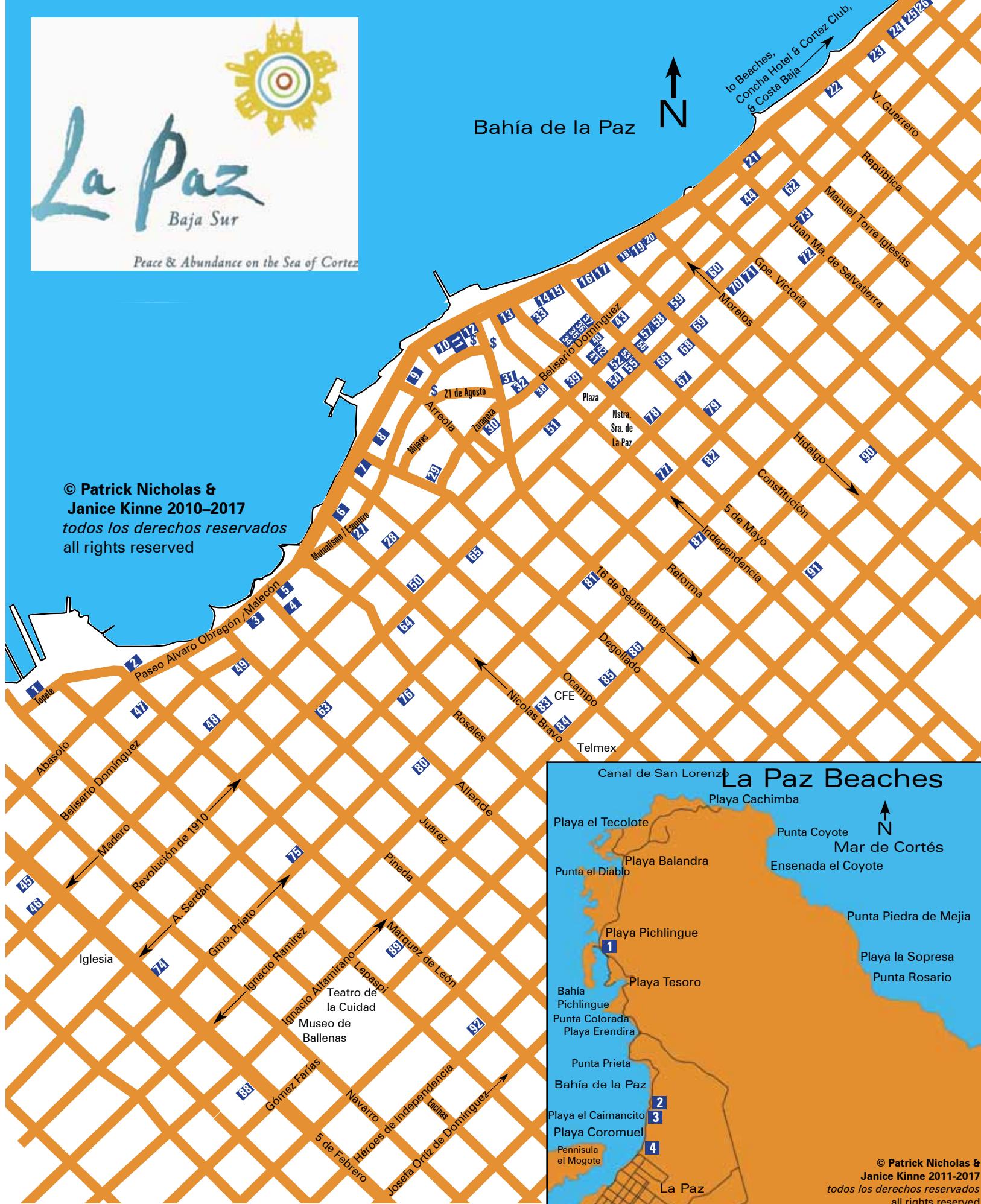
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La Paz Historic District

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La Paz Beaches

by Janice Kinne

The *malecón* along the bay of La Paz is the perfect place to walk, run, people watch or enjoy gazing across the water. Crews clean the beaches and walkways daily, fresh sand has been imported and there are *palapas* to offer shade. Locals and tourists visit the beaches north of downtown to swim, snorkel, or kayak. There are several adventure companies along the *malecón* and at the marinas offering panga rides, bay and island cruises, snorkeling, scuba diving, fishing, sailing and kayak rentals.

EL MOGOTÉ is the spit of land that separates the harbor of La Paz from the *Bahía de La Paz*. This natural treasure used to be, for the most part, accessible only with 4WD. Now driving onto the peninsula is restricted due to the construction of golf courses, homes and hotels.

PLAYA EL COROMUEL 4.5 km from downtown La Paz, is the first beach north of town and an easy walk from downtown. It is within the harbor boundaries, has shaded *palapas* and food / beverage services. The water here gets much better flow with the tide change and is suitable for swimming. The bottom is clean sand and rock. Snorkeling is good further out.

PLAYA EL TESORO 13 km from downtown La Paz, is a great little beach for children. The shallow, clear waters allow you to walk out for close to 100 meters. Tesoro has about 25 shaded *palapas*, two small restaurants and kayak rentals.

PICHILINGUE 19 km from downtown La Paz. Pichilingue is home to the La Paz ferry terminus and a large commercial harbor. There are pleasant, small beaches just north of the deep water port, on the *Vieja Bahía de Pichilingue*. Beachfront food and beverages service and kayak rentals are available and there is a restaurant with an upstairs view. The *palapa* bar is popular in the hot summer afternoons.

photo by Kaia Thomson

PLAYA BALANDRA 23 km from downtown La Paz, is known for its famous balancing rock formation landmark that resembles a prehistoric mushroom. You can view the rock formation and *playa El Hongo* by walking in the water around the cliff to your right. The large beach and surrounding area are beautiful. The waters surrounding Balandra are shallow and safe for children. Sheltered from wave action from nearly every direction, the water warms early and is very safe for swimmers and kayaking. There are also several little beaches (coves) and mangroves to explore. The beach has no services, so pack your own lunches and drinks for the day. There are vendors renting chairs, selling fruit and drinks, beach *palapas* for shade and BBQ pits to the south.

PLAYA EL TECOLOTE 26 km from downtown La Paz, is by far the largest and most visited beach in La Paz. Two restaurant/bars offer shade *palapas* and a large number of beach vendors offer refreshments. RV camping is available, along with a wide variety of water sports rentals. Usually there are no lifeguards on duty, but they may be present during *la semana santa* and in the summer. The beach has a beautiful view of Isla Espíritu Santo and panga rides to the island are available—a 6.5 km crossing through the San Lorenzo channel. Bus service from the station on the *malecón* to playa El Tecolote is available for a nominal charge.

Sting rays are the biggest hazard at the playas and tend to be present on the bottom in shallow waters during the summer. When walking in the water, shuffle your feet on the bottom to avoid stepping directly on a resting ray.

There are no restrictions for beach fishing at any beaches. Please respect our beaches and help protect the sea turtles; don't leave trash or drive on the dunes or beaches.

El Cielo

continued from page 33

For more information, check out the web links below, call me on my cell phone (612) 348-5468, or visit my office in Plaza Antigua—upstairs, unit #9—**Pescadero Properties**, #16 on the Todos Santos map.

LINKS OF INTEREST

ZODIACAL LIGHT: http://en.wikipedia.org/wiki/Zodiacal_light

TROPIC OF CANCER: http://en.wikipedia.org/wiki/Axial_tilt#values or http://en.wikipedia.org/wiki/Circle_of_latitude

COMETS: <http://www.aerith.net/index.html>

TIME: <http://www.time.gov/> and

<http://www.worldtimeserver.com/>

SATELLITES: <http://www.heavens-above.com/> user "elcielots" password "journal"

WEEKLY SKY REPORT:

<http://www.griffithobs.org/skyreport.html> or

http://www.space.com/spacewatch/sky_calendar.html

SATURN: <http://saturn.jpl.nasa.gov/home/index.cfm>

DAWN: <http://dawn.jpl.nasa.gov/>

ROSETTA: <http://sci.esa.int/rosetta/>

NEW HORIZONS: http://www.nasa.gov/mission_pages/newhorizons/main/

ALL THINGS ASTRONOMICAL: <http://www.calsky.com> User "todossantos" password "journal"

Voces

continued from page 37

chiles rellenos, seafood and traditional Mexican dishes. They also serve refreshing margaritas, cold beer and have a full bar.

Do you have health and fitness goals this year? **Aldo's Gym** in Todos Santos and La Paz can help you out! They have free weights, resistance training and certified instructors and trainers.

We are sorry to say that Mi Pueblito 3 in Pescadero has closed. Don't worry though; you can still enjoy their tasty Mexican meals at both locations of **Mi Pueblito** on calle Hidalgo in Todos Santos.

We see you again with our Spring 2017 issue covering April and May. Deadline is March 10. For more information, visit our website at: journaldelpacifico.com

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Todos Santos Eventos

febrero
4 al 11 de febrero | XX EDICIÓN DEL FESTIVAL DEL ARTE TODOS SANTOS 2017.

5 de febrero | NFL SUPERBOWL LI en Chill N Grill, Todos Santos, el Oasis Bar & Grill y en Cerritos Beach Inn, Pescadero.

5 al 11 de febrero | 4º TALLER LITERARIO DE TODOS SANTOS y Rancho de Literatura. Los dos talleres literarios se celebrarán simultáneamente y compartirán eventos especiales e invitados, a manera de celebrar la narrativa y la letra escrita en Todos Santos. Los eventos incluyen una lectura el martes 7 de febrero con la facultad del TSWW/WR en el patio de la legendaria Casa Drácula, abierta al público. Además, una cena con un invitado especial (por anunciar) a celebrarse en Serendipity, sede del retiro y Rancho de Literatura. Varios eventos, incluida una mesa redonda de editores, con la participación de distinguidos editores y agentes literarios, abierta al público (donativo). Para mayores informes: www.todossantoswritersworkshop.com

10 de febrero | 5:30 pm, SERIE DE CONFERENCIAS DE TODOS SANTOS en el Centro Cultural "Prof. Néstor Agundez" en Todos Santos. "Una mirada a la Geología de Baja California" con el Dr. Markes Johnson, profesor emérito de ciencias naturales en Williams College. El Dr. Johnson es una autoridad en materia de geología de costas antiguas y la evolución de la vida intermareal a través del tiempo geológico en la Baja y alrededor del mundo. Hablará de su más reciente libro, *Ecología costera del Golfo de California: Visiones del presente y patrones del pasado* para explorar el impacto de huracanes sobre la costa del Pacífico. El Dr. Johnson es un orador muy animado, y esta conferencia es imperdible para todos los interesados en la costa peninsular. Entrada \$150 pesos en apoyo a los proyectos y misiones de los conferencistas. Cupo limitado. Puerta: 5 pm. Pre-

venta en Librería el Tecolote en Todos Santos.

11 de febrero | 9 am a 12 pm, EXPLORACIÓN DE UN ARROYO Y COSTA, ubicación por definir. Acompañe al Profesor Markes Johnson en la exploración de un arroyo y costa locales para profundizar en la comprensión de la compleja geología que define a la región cabeña. Una oportunidad única para acompañar a un experto mundial en una excursión por nuestras propias tierras. Cupo limitado a 20 participantes. Donativo: \$200 pesos.

11 de febrero | 8 pm, NOCHE DE SALSA en Gallo Azul, Todos Santos. Incluye clase con Adrián Meza; salsa, bachata y cumbia.

11 y 12 de febrero | 10 am a 4 pm, 8º RECORRIDO ANUAL DE ESTUDIOS DE ARTISTAS. Los fondos recaudados son a beneficio del programa de artes de La Sociedad de la Palapa de Todos Santos, AC. Preventa a partir del 28 de enero (\$200mn) en Librería el

Tecolote, Todos Santos o vía internet a ts.studiour@gmail.com. Para mayores informes visite www.facebook.com/todosantosopenstudiour

12 de febrero | 4º MEDIO MARATÓN DE LOS CABOS 2017. Para mayores informes, contactar a Roxana Silva de Fernández, Directora de Carrera Cabo Races, Tel. (624) 147-7518.

14 de febrero | 4 a 10 pm, CENA DE SAN VALENTÍN en Cerritos Beach Inn, con margaritas de fruta tropical. Filete de res de 450g para dos personas con papa al horno y ensalada grande (450 pesos) o chuleta de cerdo rellena, con puré de papas y verduras (300 pesos). Ambos incluyen postre.

15 de febrero | 5 a 9 pm, NOCHE DE SUPER SALUD en el Tasting Room, the Distillery, Todos Santos. La noche inicia con una plática de Frieda Telemans, asesora de salud, sobre los beneficios de los ele-
EVENTOS cont. en pg. 58

HORA FELIZ

Adventure 19, Lu Mar Mier Ju Vi Sa 4 a 6 pm, 2x1 cerveza.

Cerritos Beach Inn, Lu Mar Mier Ju Vi 4 a 6 pm, cerveza, vino y well drinks mitad de precio.

Chez Laura, Mar Mier Ju Vi Sa 4 a 5 pm, vino y tapas \$70 pesos.

Chill N Grill, Lu Mar Mier Ju Vi 4 a 6 pm, 2x1 cerveza y well drinks.

FreeSouls, Do Lu Mar Mier Ju Vi Sa 5 a 6 pm, margaritas, mojitos, y cerveza especiales.

Gallo Azul, Lu Mar Mier Ju Sa 3 a 6 pm, 2x1 mojitos y margaritas.

Hotel Casa Tota, **Lu Mar Mier Ju Vi Sa 3 a 6 pm**, 2x1 cerveza y well drinks.

La Esquina Lu Mar Mier Ju Vi Sa 5 a 6 pm, 2x1 cerveza, vino y margaritas.

La Generala, **Do Lu Mar Mier Ju Vi Sa 8 am a 10 pm**, 2x1 margaritas.

La Morena **Lu Mar Mier Ju Vi Sa 4 a 6 pm**

Rip Tide Bar Do Lu Mar Mier Ju Vi Sa 3 a 6 pm, 3 cervezas o margaritas por el precio de 2.

Sky Lounge en **Guaycura Boutique Hotel Do Lu Mar Mier Ju Vi Sa 2 a 5 pm**, 2 x 1 margaritas y cerveza.

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domingo

10:30 am a 2:30 pm, **MÚSICA EN VIVO** con el Todos Santos Latin Band en Flora Farm en San José del Cabo.

2 a 8 pm, **DOMINGO DE PAELLA** en el restaurante **El Mirador** con vista al mar.

4 a 7 pm, **MÚSICA EN VIVO** con el Todos Santos Latin Band en el restaurante **El Mirador** con vista al mar.

junes

9 am a 5:30 pm, **PUESTO DE PRODUCTOS ORGÁNICOS** del Rancho Buen Día en el callejón de Todos Santos.

10 am a 2 pm, **VERDURAS ORGÁNICAS DE PICKLE**, frente a calle Los Mangos y **La Cocina de Cleo**. Todo tipo de verduras y kombucha a la venta.

5 a 8 pm, **DEGUSTACIÓN DE VINOS DE BAJA** en **La Bodega de Todos Santos**. Sirve una selección de tres vinos diferentes de Baja y comida Mexicana de **Restaurante Mi Pueblito**.

martes

8:30 am a 1 pm, **EL MERCADO ORGÁNICO DE LA PAZ** en calle Madero entre 5 de Mayo y Constitución, La Paz.

9 am a 5:30 pm, **PUESTO DE PRODUCTOS ORGÁNICOS** del Rancho Buen Día en el callejón de Todos Santos.

8 pm, **NOCHE DE PELÍCULAS** en **Gallo Azul** en Todos Santos.

7 pm, **MÚSICA EN VIVO Y MARTES DE TACOS** con Todos Santos Latin Band en **Chill N Grill** en Todos Santos. 3 picadillo o tacos de papas por \$100 pesos.

NOCHE DE PALOMAZO MUSICAL en **MiniSuper Munchies** en Pescadero.

miércoles

9 am a 5:30 pm, **PUESTO DE PRODUCTOS ORGÁNICOS** del Rancho Buen Día en el callejón de Todos Santos.

9 am a 12 pm, **MERCADO LOCAL** en **La Esquina de Todos Santos** en el otro lado.

5 a 8 pm **DEGUSTACIÓN DE VINOS DE BAJA** en **La Bodega de Todos Santos**. Sirve una selección de tres vinos diferentes de Baja y comida Mexicana de **Restaurante Mi Pueblito**.

5 a 6 pm, **EVENTOS ESPECIALES** en **Mezcalería El Refugio** en Todos Santos. Le invita a eventos sobre filosofía azteca, jerga mexicana, clases de salsa, música en vivo y más. Para mayores informes: facebook.com/elrefugiomezcaleria o por correo en elrefugio.ts@gmail.com

6:30 a 9 pm, **MÚSICA EN VIVO** en **Freesouls** en Cerritos Beach.

TODO QUE PUEDE COMER PIZZA en **Chill N Grill** en Todos Santos.

CADA SEMANA continúa en página 51

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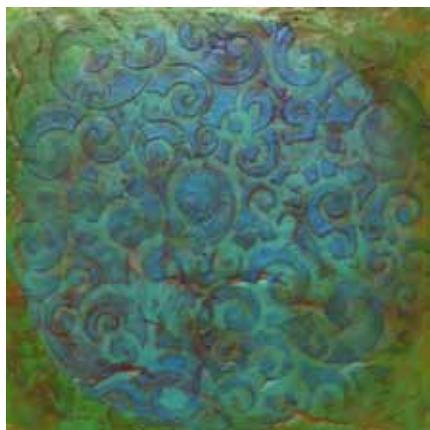


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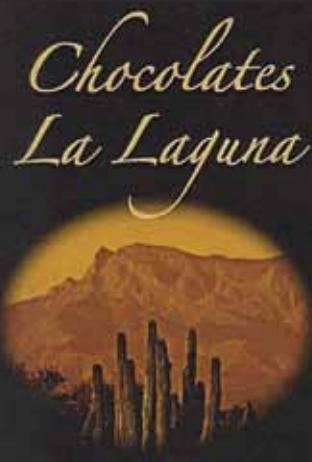
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Jardín del Pulpo

continuó de página 31

de perlas. Guardan y cuidan sus huevos diligentemente hasta que eclosionan. Sy Montgomery cuenta cómo un pulpo hembra llamado Octavia, en el Acuario de Nueva Inglaterra, tejió sus cadenas de huevos y las cuidó con rituales significativos aunque no había ningún macho para fertilizarlos. Por supuesto, los huevos nunca eclosionaron y Octavia sucumbió a la muerte unos meses más tarde, al igual que todos los pulpos femeninos una vez que su ciclo reproductivo ha culminado.

EL JARDÍN DEL PULPO

Los pulpos son la sangre azul del mundo marino. De verdad. Los pulpos desarrollaron una sangre a base de cobre en lugar de ser a base de hierro, y es el cobre el que les vuelve la sangre azul. El cobre es más eficiente en el transporte de oxígeno que la hemoglobina en ambientes oceánicos profundos, donde la temperatura del agua es baja y no hay mucho oxígeno. Pero este sistema también significa que los pulpos son muy sensibles a los cambios en la acidez, y cuando el pH del océano es demasiado bajo, los pulpos no pueden circular suficiente oxígeno. Por lo tanto, existe una gran preocupación en la comunidad científica acerca de lo que sucederá con los pulpos con la creciente acidificación de los océanos provocada por el cambio climático.

Los pulpos han existido en la tierra por al menos 296 millones de años, la edad conocida más antigua de fósil de pulpo. Eso es más de mil veces más que los seres humanos. "El mar es el lugar de nacimiento original de la mente. Cuando uno bucea en el mar, uno se está sumergiendo en el origen de todos nosotros," escribe Godfrey-Smith. Es quizás por esta razón que Godfrey-Smith dedica su libro a "todos los que trabajan para proteger los océanos." Como Carl Safina señala: "Mientras cambiamos el mundo, tengamos esto en nuestras mentes: otras mentes viven su propias vidas aquí con nosotros en la tierra."

En Baja California Sur tanto el Océano Pacífico como el Golfo de California, están llenos de muchas de las 300 especies de pulpo que habitan el mundo, y también es posible visitar muchos de los jardines del pulpo y familiarizarnos con estas increíbles criaturas cuando uno practica buceo o esnorquel. Jacques Cousteau, que llamó al Golfo de California el acuario del mundo, cuenta una encantadora historia en su libro de 1973 El Pulpo y El Calamar: La Inteligencia Blanda. "Nuestro amigo Gilpatric... trajo un pulpo a casa y lo puso en un acuario, que luego cubrió con una pesada tapa. Poco tiempo después, el acuario estaba vacío, y Gilpatric encontró el pulpo atravesando su biblioteca, libro tras libro, pasando las páginas con sus brazos." Y eso es una historia de pulpo verdadera.

Desde el 2002 Todos Santos Eco Adventures (TOSEA) ha estado proporcionando a los visitantes la oportunidad de explorar, celebrar y ayudar a conservar los magníficamente diversos ecosistemas de Baja. TOSEA ofrece viajes de avistamiento de ballenas y observación de aves, campamentos tortugeros, surfaris en la costa del Pacífico, kayak, "glamping," tiburón ballena y lobos marinos en el Mar de Cortés. www.TOSEA.net. (612) 145-0189.

Rampa Skate

continuó de página 23

Pero el punto principal de la construcción de la rampa no es simplemente servir a los muchachos que están patinando ahora, sino proveer otra oportunidad para los muchachos quienes están buscando algo qué hacer. "El *skateboarding* ha sido una gran parte de mi vida desde que era un chiquillo," dijo Juárez. "He visto la influencia positiva que tiene en la gente. Cuando Jason y yo empezamos a hablar sobre esto, hablábamos de construir un lugar donde los muchachos pudieran estar en un ambiente positivo, donde sus padres supieran dónde y qué están haciendo."

"El *surfing* y el *skateboarding* son ambos deportes olímpicos ahora," agregó Jacobs. "Hay oportunidades para que los chamacos persigan grandes sueños justo aquí en Todos Santos." También es una oportunidad para el desarrollo de la identidad. "Creo que el patinaje en patineta es una gran alternativa para quienes no están interesados en deportes de equipo," dijo Balducci. "Es una expresión artística. Los muchachos no tienen mucho qué hacer aquí. Es importante proveer algunas opciones."

El mismo Maidel conoce la diferencia entre tener algo en lo cual concentrarse y no tenerlo. Él comenzó a patinar a los trece años de edad y continuó hasta que, a los 17, se mudó a los Estados Unidos, en un área donde no había *skaters*. "Sentí que iba a ser el único patinando," dijo. "Empecé a

tomar y a salir mucho de fiesta, sin que nada me importara gran cosa. Regresar a Todos Santos y volver a patinar me dio la oportunidad de enderezarme." Ahora Maidel participa en competencias regionales y recientemente voló a Barcelona para participar en *Street League*, la Serie Mundial de *skateboarding*. Y ha traído sus experiencias para compartirlas e inspirar a algunos de los muchachos más jóvenes en el área.

"Carlos es un mentor increíble para todos los chicos acá," dijo Jacobs. "Y sabes que eso es lo que estamos tratando de ayudar a fortalecer. Ese parque puede ser un sitio en donde mucho suceda." "Esta es una oportunidad para regresarte un poco a esta comunidad," dijo Juárez.

En años recientes, han estado surgiendo rampas de *skate* en ciudades grandes por todo el mundo, con el objetivo de la comunidad de proveer un lugar para que los adolescentes quemen energía y se concentren en actividades al aire libre. "Muchas ciudades grandes en los Estados Unidos están reconociendo eso," dijo Balducci. "Las rampas pueden convertirse en una especie de ubicación central donde siempre haya algo sucediendo, un punto de reunión social."

Los tres contribuyentes principales citaron este proyecto como una oportunidad para devolverle algo a esta comunidad que les ha dado la posibilidad de vivir y trabajar en un ambiente único y gratificante. "Todos Santos me ha dado mucho," dijo Juárez. "Amistades, una oportunidad de trabajar... Ha sido una experiencia tan buena y me RAMPA SKATE continúa en página 59



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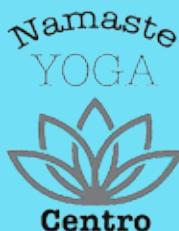
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Noche de Super Salud

Todos Santos Box

by / por Bryan Jáuregui,
Todos Santos Eco Adventures
traducido por Elena Ascencio-
Ibáñez

Todos Santos Box has gone global and is bringing home the gold! From a punching bag in the parking lot of Bodega Lizárraga in October 2012 to gold in the ring at the Continental Youth Championships in Costa Rica in October 2016, Todos Santos Box is proof of the big goals that a small organization can achieve with dedicated leadership and strong community support.

In April 2016, 17 year-old Alexis Adrián Vergara Aguayo of Todos Santos Box won the gold at the Mexican National Amateur Boxing Championships in his weight class of 91 kg, and that win qualified him for the contest in Costa Rica. He got his medal under the direction of Mexican boxing great Ramiro Reducindo Radilla, the coaching genius behind Todos Santos Box who also happens to be his stepfather. Ramiro, who won gold medal at the Pan American games in Santo Domingo in 2003, represented Mexico at the Olympics in Athens in 2004 and turned pro in 2005, coaches Todos Santos Box for nothing more than gas money. It is truly a labor of love. Ramiro credits the

TODOS SANTOS BOX continued on page 62

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El Club Todos Santos Box se ha ido a lo grande y se trae el oro a casa! Desde un saco de boxeo en el estacionamiento de Bodega Lizárraga en octubre del 2012, al oro en el cuadrilátero del Campeonato Continental de la Juventud en Costa Rica en octubre del 2016, el Todos Santos Box es prueba de los grandes objetivos que puede lograr una pequeña organización con liderazgo dedicado y con el fuerte apoyo de la comunidad.

En abril 2016, Alexis Adrián Vergara Aguayo, de 17 años, ganó la medalla de oro en el Campeonato Nacional

Mexicano de Boxeo Amateur en su peso de 91 kg, y eso lo llevó a calificar para el concurso en Costa Rica. Ganó su medalla bajo la dirección del grande del boxeo mexicano, Ramiro Reducindo Radilla, el genio entrenador detrás del Todos Santos Box, quien también sucede que es su padrastro. Ramiro, quien ganó medalla de oro en los juegos panamericanos en Santo Domingo en el 2003, representó a México en las Olimpiadas en Atenas en el 2004, y se convirtió en profesional en el 2005, es entrenador del Todos Santos Box a cambio de nada más que dinero para gasolina. Es verdaderamente una labor de amor. Ramiro le da crédito al inquebrantable apoyo de la comunidad de Todos Santos por mantener funcionando el programa y por

TODOS SANTOS BOX continúa en página 62

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La Revista de Baja California Sur 53

Laguna San Ignacio

continuó de página 21

Noroeste, una organización regional de conservación y miembro de la Alianza, también monitorea el área y mantiene un diálogo continuo con los residentes locales. Este acuerdo ha estado en vigor desde 2010 y ha generado más de 100 mil dólares para proyectos comunitarios.

Otro miembro de la Alianza, Wildcoast/Costasalvaje, trabaja en estrecha colaboración con la Comisión Nacional de Áreas Naturales Protegidas (CONANP). La Laguna San Ignacio forma parte de la Reserva de la Biosfera del Vizcaíno, una de las áreas protegidas más grandes de México, pero es una zona de usos múltiples, no necesariamente equivalente a un parque nacional de los Estados Unidos. Wildcoast está ayudando a CONANP a escribir el próximo plan de manejo de la reserva, mismo que guiará las prioridades de conservación para los próximos 20 a 25 años. Wildcoast también fue instrumental en la conservación de 240 kilómetros de costa, documentando y transfiriendo la propiedad de la zona federal marítimo terrestre a CONANP. Esto asegura que si hay intereses petroleros, mineros o de otras empresas de extracción de recursos naturales que buscan acceso a la zona costera de San Ignacio, la CONANP estará en la mesa de negociaciones.

En 2006, la Alianza descubrió que la concesión original del proyecto de salinas industriales aún estaba intacta. En conjunto con las agencias gubernamentales responsables de la economía y de las áreas protegidas, un abogado muy capaz y el concesionario, la Alianza pudo transferir 80 mil hectáreas adicionales a Pronatura Noroeste para su protección permanente. Hoy en día, esta zona de manglares está llena de aves costeras, patos migratorios, aves acuáticas, y las cámaras fotográficas de Pronatura han documentado zorros y otras especies de fauna hasta ahora desconocidas en la zona.

Los miembros estadounidenses de la Alianza son: el Consejo de Defensa de los Recursos Naturales (NRDC) y la Fundación de la Comunidad Internacional (ICF). ICF administra los fondos, las subvenciones a los proyectos comunitarios y el monitoreo de los acuerdos de conservación. NRDC se mantiene vigilante en proyectos amenazadores, ofrece asesoría legal cuando se requiere, y comunica el trabajo de la Alianza, incluyendo este video recientemente publicado:

<https://www.youtube.com/watch?v=THHRIrCc8iQ>

Todos esperamos impacientemente la próxima oportunidad de visitar la Laguna de San Ignacio y vivir la alegría y la maravilla de las ballenas grises nuevamente. Volví en 2015, sin saber si sería tan emocionante como esa primera aventura. No me decepcionó; pasé al menos una hora con un ballenato retozando junto a nuestra panga, hasta que su mamá salió a la superficie para llamar a la cría a su lado.

No hay nada como el encuentro directo con un animal salvaje. Recordamos cada detalle. A menudo tememos su tamaño o su capacidad de hacernos daño. Las ballenas grises tienen ambos, e incluso fueron llamados "peces diablos" por los primeros colonizadores de esta laguna, quienes las cazaban por su grasa y aceite. Pero ese miedo se ha desvanecido en ambas partes y hoy día las ballenas grises se acercan con impaciencia a los botes llenos de turistas asombrados. La curiosidad abunda.

La Fundación Internacional de la Comunidad organiza un viaje de "iniciados" a la Laguna San Ignacio del 27 al 31 de marzo de 2017. Favor de ponerse en contacto con Eliza Brennan (eliza@icfdn.org) para reservar un lugar.

Anne McEnany es presidenta de la International Community Foundation, una organización sin fines de lucro con más de 25 años de experiencia inspirando donaciones filantrópicas de los Estados Unidos a organizaciones locales en México y en toda América Latina. Más información en: www.icfdn.org



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Skate Ramp

continued from page 22

"Skateboarding has been a big part of my life since I was a little kid," said Juárez. "I've seen the positive influence it has on people. When Jason and I started talking about this, we talked about building a place where kids can be in a positive environment, where their parents know where they are and what they are doing."

"Surfing and skateboarding are both Olympic sports now," added Jacobs. "These are opportunities for kids to pursue big-time dreams right here in Todos Santos." It's also an opportunity for identity development. "I think skateboarding is a great outlet for kids who aren't into team sports," said Balducci. "It's an artistic expression. There's not much here for kids to do. It's important to provide some outlets."

Maidel himself knows the difference between having something to focus on and not. He started skateboarding at the age of 13 and continued until, as a 17-year-old, he moved to the United States in an area where there were no skateboarders. "I felt like I was going to be the only one skating," he said. "I started drinking and partying a lot and not really caring about anything. Coming back to Todos Santos and getting back into skating got me back on track." Now Maidel competes in regional competitions and recently flew out to Barcelona to attend Street League, the World Series of skateboarding. And he has brought back his experiences to share with and inspire some of the younger kids in the area.

"Carlos is an amazing mentor to all the kids out there," said Jacobs. "And you know, that's what we're trying to help strengthen out there. That park can be a real scene." "This is a chance to give a little back to this community," said Juárez.

In recent years, skate ramps have been popping up in big cities all over the world with the community goal of providing a place for teenagers to burn off energy and focus on outdoor activity. "A lot of big cities in the U.S. are recognizing that," said Balducci. "Skate ramps can become kind of a central location where there is always something going on, a social gathering point."

All three of the main contributors cited this project as an opportunity to give back to a community that has given them the ability to live and work in a very unique and rewarding environment. "Todos Santos has given me a lot," said Juárez. "Friendships, a chance to work... It's all been such a great experience and I feel a responsibility to give back to the town." "And we wanted to make sure it was about doing something for the kids, the future of this town," added Jacobs.

So far, so good. At least according to Maidel. "It's a great thing for the groms," he said. "They've never had anything like this here. I didn't have anything like this growing up. I am so happy these kids will. It's just stokeness all around."

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Events

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February 19 | 4 pm, **OPEN READING** at **Rumi Garden**. All writers are invited to read up to 10 minutes of your original work. Or just come to listen. Storytellers also welcome! Your story does not have to be written down, just told and true. For more information contact: Zoë Dearborn, zoe@cultivatecreativity.net, <http://www.cultivatecreativity.net>, (612) 105-0056

February 21-28 | **GREEN TARA RETREAT AND LOSAR CELEBRATION** with Michael Katz at Tsegayalgar West in the extraordinary Cape Mountains of San José del Cabo. For more information or to register: www.TsegayalgarWest.Org

February 23-28 | **CARNAVAL LA PAZ** on the malecón. This year's theme is "El Juego de la Vida" or "The Game of Life." The parade nights always bring out the best crowds on the last three nights.

February 25 | 8 pm, **SALSA NIGHT** at **Gallo Azul** in Todos Santos. Includes classes with Adrian Meza, salsa, bachata and cumbia.

March

March 1-5 | **14TH ANNUAL FESTIVAL DE CINE DE TODOS SANTOS**.

March 1 | 5 – 9 pm, **NOCHE DE SUPER SALUD** at The Tasting Room at the Distillery in Todos Santos. The evening will start with Frieda Telemans Health Coach giving a talk and teaching how to make an item used in the evening's dinner. RSVP to pvanvleck@mac.com or call 612 204 4423. For more information Facebook: Noche de Super Salud

March 4 & 5 | 1 – 6 pm, **TSEGYALGARWEST DREAM YOGA WORKSHOP** with Michael Katz at Cuatro Vientos, on the otro lado in Todos Santos. For more information visit: www.tsegayalgarwest.org

March 4 | 4:30 – 6 pm, **TSEGYALGARWEST DREAM YOGA PUBLIC TALK** with Michael Katz at Cuatro Vientos, on the otro lado in Todos Santos. For more information visit: www.tsegayalgarwest.org

March 4 | 7 pm, **LIVE MUSIC** with "Don Lagrima" at **La Esquina** on the otro lado in Todos Santos.

March 11 | 8 pm, **SALSA NIGHT** at **Gallo Azul** in Todos Santos. Includes classes with Adrian Meza, salsa, bachata and cumbia.

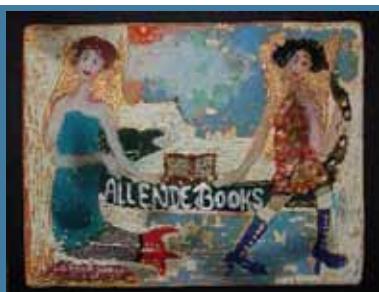
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CANADA

March 15 | 5 – 9 pm, **NOCHE DE SUPER SALUD** at The Tasting Room at the Distillery in Todos Santos. The evening will start with Frieda Telemans Health Coach giving a talk and teaching how to make an item used in the evening's dinner. RSVP to pvanvleck@mac.com or call 612 204 4423. For more information Facebook: Noche de Super Salud

March 17 | 4 – 10 pm, **ST PATRICK'S DAY DINNER** at **Cerritos Beach Inn** with corned beef, cabbage, with carrots and potatoes for 300 pesos.

March 19 | **LOS BARRILES FESTIVAL DES ARTES** at Hotel Buena Vista Beach Resort.

March 19 | 4 pm, **OPEN READING** at **Rumi Garden**. All writers are invited to read up to 10 minutes of your original work. Or just come to listen. Storytellers also welcome! Your story does not have to be written down, just told and true. For more information contact: Zoë Dearborn, zoe@cultivatecreativity.net, <http://www.cultivatecreativity.net>, (612) 105-0056

March 25 | **CARRERA DE TODOS SANTOS 5/10K WALK/RUN** in Todos Santos. starting and ending in the Todos Santos plaza. 7:30 am, race day registration and warm ups. The cost is \$10 USD or \$200 pesos donation. Tickets can be purchased in advance through Brown Paper Tickets at www.palapasociety.org/race/ or on Thursday, March 23 and Friday, March 24 at a table set up at Cafelíx on calle Juárez in Todos Santos. See our article in this issue for more information.

March 25 | 7 pm, **DJ NIGHT** with "Febe Esquerra" at **La Esquina** on the otro lado in Todos Santos.

March 25 | 8 pm, **SALSA NIGHT** at **Gallo Azul** in Todos Santos. Includes classes with Adrian Meza, salsa, bachata and cumbia.

March 29 | 5 – 9 pm, **NOCHE DE SUPER SALUD** at The Tasting Room at the Distillery in Todos Santos. The evening will start with Frieda Telemans Health Coach giving a talk and teaching how to make an item used in the evening's dinner. RSVP to pvanvleck@mac.com or call 612 204 4423. For more information Facebook: Noche de Super Salud

april

April 2 | **DAYLIGHT SAVING TIME BEGINS IN MEXICO**

mayo

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Weekly Events

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4 - 6 pm, EL REFUGIO MEZCAL TASTING at Adventure 19

in Todos Santos. Sample a flight of 6 hand-crafted mezcals and learn about native Mexican culture and traditions. Includes chips and Noel's killer salsas. Reservations required. Sign up at **Adventure 19** or contact **El Refugio** for information: elrefugio.ts@gmail.com

5 – 9 pm, ARTWALK in the San José del Cabo Gallery District. Takes place November through June.

6 – 9 pm, LIVE DINNER MUSIC at the Garden Restaurant at Rancho Pescadero in Pescadero.

6 – 7 pm, LADIES' NIGHT at Freesouls at Cerritos Beach. Ladies drink for free.

friday

9 am – 5:30 pm, ORGANIC VEGETABLES at Rancho Buen Día in the *callejon* of Todos Santos.

10 am – 2 pm, PICKLE'S ORGANIC PRODUCE STAND across from Calle Los Mangos and **La Cocina de Cleo**. Veggies and Kambucha for sale also.

4 – 7 pm, LIVE MUSIC by Todos Santos Latin Band at **El Mirador Ocean View Restaurant**.

6 – 9 pm, LIVE DINNER MUSIC at the Garden Restaurant at Rancho Pescadero in Pescadero.

6:30 – 9 pm, LIVE MUSIC at **FreeSouls** at Cerritos Beach.

7 – 10 pm, LIVE MUSIC with Todos Santos Latin Band La Copia bar at The Todos Santos Inn.



8 – 11 pm, **LIVE MUSIC** at **Chill N Grill** in Todos Santos. Call (612) 199-2938 for more information.

saturday

8:30 am – 1 pm, **LA PAZ FARMER'S MARKET** on calle Madero between 5 de Mayo and Constitución, La Paz.

9 am – 1 pm, **MALECÓN TIANGUIS NATURAL (MARKET)** at the Callejon Cabezud in La Paz—the area between Esquerro street and the *malecón* at the location of the Wyland mural and the seashell musician statue.

9 am – 3 pm, **SAN JOSÉ DEL CABO ORGANIC MARKET** (Mercado Organico) just outside the San José historic district in Huerta María on the Camino a Las Animas. Look for the signs at the big arroyo off Avenida Centenario. Takes place through the end of June.

9 am – 5:30 pm, **ORGANIC VEGETABLES** at Rancho Buen Día in the *callejon* of Todos Santos.

4 - 6 pm, **EL REFUGIO MEZCAL TASTING** at **Adventure 19** in Todos Santos. Sample a flight of 6 hand-crafted mezcals and learn about native Mexican culture and traditions. Includes chips and Noel's killer salsas. Reservations required. Sign up at **Adventure 19** or contact **El Refugio** for information: elrefugio.ts@gmail.com

6 – 9 pm, **LIVE DINNER MUSIC** at the Garden Restaurant at Rancho Pescadero in Pescadero.

7 pm, **LIVE MUSIC** with the Todos Santos Latin Band at La Casita in Todos Santos.

8 – 11 pm, **LIVE MUSIC** at **Chill N Grill** in Todos Santos. Call (612) 199-2938 for more information.

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Eventos

continuó de página 48

mentos del menú. Reservaciones: pvanvleck@mac.com o al 612-204-4423. Mayores informes en Facebook: Noche de Super Salud

18 de febrero | 7 pm, MÚSICA EN VIVO con "Los Coyotes" en **La Esquina**, en el Otro Lado, Todos Santos.

19 de febrero | 4 pm, LECTURA ABIERTA en el **Rumi Garden**.

Una invitación a todos los escritores de cualquier género para leer en voz alta su obra original durante 10 minutos o sólo para venir a escuchar. Zoë Dearborn, zoe@cultivatecreativity.net, (612) 105-0056

21 al 28 de febrero | RETIRO DE TARA VERDE con Michael Katz en el Centro de Retiro Tsegylgar West (Los Naranjos) en la sierra de San José del Cabo. Una semana de retiro y práctica Festejo de Losar. Mayores informes e inscripciones: www.tsegylgarwest.org

23 al 28 de febrero | CARNAVAL DE LA PAZ en el Malecón.

El tema de este año es "El Juego de la Vida." El desfile siempre atrae grandes multitudes, sobre todo las tres últimas noches.

25 de febrero | 8 pm, NOCHE DE SALSA en **Gallo Azul**, Todos Santos. Incluye clase con Adrián Meza; salsa, bachata y cumbia.

marzo

1 al 5 de marzo | 14º FESTIVAL DE CINE DE TODOS SANTOS.

1 de marzo | 5 a 9 pm, NOCHE DE SUPER SALUD en el Tasting Room, the Distillery, Todos Santos. La noche inicia con una plática de Frieda Telemans, asesora de salud, sobre los beneficios de los elementos del menú. Reservaciones: pvanvleck@mac.com o al 612-204-4423. Mayores informes en Facebook: Noche de Super Salud

4 y 5 de marzo | 1 a 6 pm, TALLER YOGA DE LOS SUEÑOS Tsegylgar West con Michael Katz en Cuatro Vientos, en el otro lado, Todos Santos. Mayores informes: www.tsegylgarwest.org

4 de marzo | 4:30 a 6 pm, PLÁTICA PÚBLICA: YOGA DE LOS SUEÑOS Tsegylgar West con Michael Katz en Cuatro Vientos, en el otro lado, Todos Santos. Mayores informes: www.tsegylgarwest.org

4 de marzo | 7 pm, MÚSICA EN VIVO con "Don Lágrima" en **La Esquina**, en el Otro Lado, Todos Santos.

11 de marzo | 8 pm, NOCHE DE SALSA en **Gallo Azul**, Todos Santos. Incluye clase con Adrián Meza; salsa, bachata y cumbia.

Santos. Incluye clase con Adrián Meza; salsa, bachata y cumbia.

12 de marzo | CAMBIO DE HORARIO DE VERANO EN EE.UU. Y CANADA

15 de marzo | 5 a 9 pm, NOCHE DE SUPER SALUD en el Tasting Room, the Distillery, Todos Santos. La noche inicia con una plática de Frieda Telemans, asesora de salud, sobre los beneficios de los elementos del menú. Reservaciones: pvanvleck@mac.com o al 612-204-4423. Mayores informes en Facebook: Noche de Super Salud

17 de marzo | 4 a 10 pm, CENA DE SAN PATRICIO en **Cerritos Beach Inn**. Platillo típico de res y col, con papas y zanahorias, 300 pesos.

19 de marzo | FESTIVAL DE ARTES LOS BARRILES en el Hotel Buena Vista Beach Resort.

19 de marzo | 4 pm, LECTURA ABIERTA en el **Rumi Garden**. Una invitación a todos los escritores de cualquier género para leer en voz alta su obra original durante 10 minutos o sólo para venir a escuchar. Zoë Dearborn, zoe@cultivatecreativity.net, (612) 105-0056

25 de marzo | 9 am, CARRERA DE TODOS SANTOS 5/10K inicia y termina en la Plaza de Todos Santos. Donativo de inscripción: 200 pesos. Preventa a través de Brown Paper Tickets en www.palapasociety.org/race, o el jueves 23 y viernes 24 de marzo en Cafelíx, Calle Juárez, Todos Santos. Vea nuestro artículo en este número para mayores informes.

25 de marzo | 7 pm, NOCHE DE DJ con "Febe Esquerra" en **La Esquina**, en el Otro Lado, Todos Santos.

25 de marzo | 8 pm, NOCHE DE SALSA en **Gallo Azul**, Todos Santos. Incluye clase con Adrián Meza; salsa, bachata y cumbia.

29 de marzo | 5 a 9 pm, NOCHE DE SUPER SALUD en el Tasting Room, the Distillery, Todos Santos. La noche inicia con una plática de Frieda Telemans, asesora de salud, sobre los beneficios de los elementos del menú. Reservaciones: pvanvleck@mac.com o al 612-204-4423. Mayores informes en Facebook: Noche de Super Salud

abril

2 de abril | CAMBIO DE HORARIO DE VERANO EN MEXICO

mayo

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San Ignacio Lagoon

continued from page 20

eagerly approach boats full of awestruck tourists. Curiosity abounds.

The International Community Foundation is hosting an 'insiders' trip to San Ignacio Lagoon from March 27-31, 2017. Please contact Eliza Brennan at eliza@icfdn.org to reserve a spot.

Anne McEnany is the President/CEO of the International Community Foundation, a nonprofit organization with over 25 years of experience inspiring charitable giving by U.S. donors to local organizations in Mexico, and throughout Latin America. Learn more at: www.icfdn.org



Cada Semana

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19, con selección de 6 mezcales artesanales. Aprenda sobre la cultura y tradiciones mexicanas y descubra la magia encantadora y diversa del mezcal. Incluye botana y las famosas salsas de Noel. Sólo con reservación. Reserve su lugar en **Adventure 19** o contacte **El Refugio** para mayores informes: elrefugio.ts@gmail.com

6 a 9 pm, **MÚSICA EN VIVO** en el Garden Restaurant en Rancho Pescadero en el Pescadero.

7 pm, **MÚSICA EN VIVO** con el Todos Santos Latin Band en La Casita in Todos Santos.

8 pm, **MÚSICA EN VIVO** en el restaurante **Chill N Grill** en Todos Santos.

Rampa Skate

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siento responsable de dar al pueblo algo a cambio." "Y queríamos asegurarnos de que fuera cuestión de hacer algo por los jóvenes, el futuro de este pueblo," agregó Jacobs.

Todo bien hasta ahora. Por lo menos, según Maidel. "Es algo grandioso para los morros," dijo. "Nunca han tenido nada igual aquí. Yo no tuve nada así cuando era chico. Me da tanto gusto que estos muchachos lo tendrán. Es simple y puro contento por donde lo veas."

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A photograph of a tropical resort. It features a thatched-roof building surrounded by lush greenery and a swimming pool in the foreground. The overall atmosphere is peaceful and vacation-oriented.

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#148 ON TODOS SANTOS MAP

A stylized logo for "Chill N Grill". It features large red letters spelling out "Chill" and "Grill" with a palm tree graphic between them. Above the letters, the words "NEW LOCATION!" are written in yellow. Below the letters, there's a graphic of a sun with rays and a palm tree.

Groups / Grupos

All classes at **Cuatro Vientos** are noted as @CV. (#11 on *otro lado* map. The studio is across from **La Esquina**.).

TODOS SANTOS	Sunday Domingo	Monday Lunes	Tuesday Martes	Wednesday Miércoles	Thursday Jueves	Friday Viernes	Saturday Sábado
Yoga	10 am Namaste Yoga c/ Paul (612) 204-4432	9-10:15 am Hatha Flow c/ Marimar @ CV	7:30-8:45 am Vinyasa Flow c/ Liz @ CV 7:30-9pm Yoga Conciencia w/ Lyobáá @ CV	9-10:15 am Hatha Flow c/ Marimar @ CV 12-1 pm Silent Meditation @ CV (<i>starts Feb 1</i>) 6-8 pm Kundalini Yoga for women/ mujeres @ CV	7:30-8:45 am Vinyasa Flow c/ Liz @ CV 9-10:15 am Core Yoga c/ Janice @ CV 7:30-9pm Yoga Conciencia w/ Lyobáá @ CV	9-10:15 am Hatha Flow c/ Marimar @ CV	7:30-8:45 am Vinyasa Flow c/ Liz @ CV 10 am Namaste Yoga c/ Paul (612) 204-4432
Martial Arts		3 - 4:15 pm Yang Michuan Tai Chi c/ Steve @ CV	10:30-11:45am Tai Chi short form @ CV 612-157-6088 or barakabaja@gmail.com		10:30-11:45am Qi Gong / @ CV 612-157-6088 or barakabaja@gmail.com		
Other/Otros	10-11:30am Dharma talks c/ Robert K. Hall @ CV <i>El primer domingo de cada mes, la plática sobre meditación y lo que el Buda dice sobre la vida y la tranquilidad del espíritu es traducida al español por Elena Ascencio.</i>	11 am - 1 pm Vajra Dance @ CV 4:30-6 pm Dance Lab c/ Zoë @ CV 5:30 pm Cross Training w/ Mao @ San Sebastian beach mauricio@mymotivation.es 6-7:30 pm Capoeira c/ Diana @ CV Aldo's Gym 6 am - 10 pm	3:30-5:30 pm Manos Magicas @ Centro Cultural chambaretcat@mac.com 6-7:30 pm Capoeira c/ Diana @ CV Aldo's Gym 6 am - 10 pm	2-4 pm Art Journal Lab c/ Zoë @ CV 200 pesos zoe@cultivatecreativity.net (612) 105-0056 4:30-6 pm Dance Lab c/ Zoë @ CV 5:30 pm Cross Training w/ Mao @ San Sebastian beach mauricio@mymotivation.es Aldo's Gym 6 am - 10 pm	9 am Drawing class c/ Tori oscarntori@yahoo.com 6-7:30 pm Capoeira c/ Diana @ CV Aldo's Gym 6 am - 10 pm	3-4 pm Danza Hawaiana Niñas/children c/ Malucha @ CV 4-6 pm Danza Hawaiana Adultos c/ Malucha @ CV 6-7:30 pm Core c/ Mao @ CV mauricio@mymotivation.es Aldo's Gym 6 am - 10 pm	Aldo's Gym 7 am - 2 pm 3-5 pm Harmonic Health & Acutonics Sound Journey @ CV (<i>only in Feb</i>)
Zumba		10-11 am c/ "Lucy" @ Mutualista 7-8 pm c/ "Lucy" @ DIF	8-9 am c/ "Lucy" @ Mutualista 9-10:15 am c/ Jan @ CV 612-348-1111 Facebook\Todos Santos Zumba with Jan 7-8 pm c/ "Lucy" @ DIF	10-11am c/ "Lucy" @ Mutualista 7-8 pm c/ "Lucy" @ DIF	8-9 am c/ "Lucy" @ Mutualista 7-8 pm c/ "Lucy" @ DIF	10-11am c/ "Lucy" @ Mutualista 10:30-11:30 am c/ Jan @ CV 612-348-1111 Facebook\Todos Santos Zumba with Jan 7-8 pm c/ "Lucy" @ DIF	8-9 am c/ "Lucy" @ Mutualista 7-8 pm c/ "Lucy" @ DIF

core yoga



WITH JANICE AT CUATRO VIENTOS
THURSDAYS, 9 AM

A creative Yoga flow with Pilates core focus.

f @COREYOGAWITHJANICE

Groups / Grupos

TODOS SANTOS	Sunday Domingo	Monday Lunes	Tuesday Martes	Wednesday Miércoles	Thursday Jueves	Friday Viernes	Saturday Sábado
Palapa Society		10am -1pm Library Open <i>Rincon de Cuentos</i>					

AA	Todos Santos AA meetings are located upstairs in the blue building next to the Ejido building, across from White Sand Spa on calle Militar	5 pm AA meeting For info: Eric (612) 156-9980	5 pm AA meeting For info: Eric (612) 156-9980	11 am AA meeting For info: Eric (612) 156-9980	5 pm AA meeting For info: Eric (612) 156-9980	9 am Women's AA meeting For info: Eric (612) 156-9980	11 am AA meeting For info: Eric (612) 156-9980
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AA CABO SAN LUCAS—AA Hacienda Group Cabo, upstairs above Ace Hardware behind McDonalds. Daily 4:30 pm and 6 pm.

SAN JOSÉ DEL CABO—Next to the Calvary Chapel corner of Degollado and Coronado. 6 pm nightly. For more information: (624) 147-0478.

PESCADERO	Sunday Domingo	Monday Lunes	Tuesday Martes	Wednesday Miércoles	Thursday Jueves	Friday Viernes	Saturday Sábado
Yoga	9 am Yoga @ Baja Zen <i>thru Feb 25,</i> 612-142-5038 info@baja-zen.com 10 am Yoga 120 pesos @ Rancho Pescadero 5:30-7pm Candlelit Restorative Yoga @ Rancho Pescadero 6pm Sunset Restorative /Yin Yoga @ Baja Zen <i>thru Feb 25,</i> 612-142-5038 info@baja-zen.com	7-9 am Yoga @ Baja Zen <i>thru Feb 25,</i> 612-142-5038 info@baja-zen.com 8-9 am Yoga c/ Mayra Torres @ Baja Serena 612-131-7564 yogalosarcos@yahoo.com.mx 10-11 am Yoga c/ Mayra Torres @ Baja Serena 612-131-7564 yogalosarcos@yahoo.com.mx	7-9 am Yoga @ Baja Zen <i>thru Feb 25,</i> 612-142-5038 info@baja-zen.com 8-9 am Yoga c/ Mayra Torres @ Baja Serena 612-131-7564 yogalosarcos@yahoo.com.mx	7-9 am Yoga @ Baja Zen <i>thru Feb 25,</i> 612-142-5038 info@baja-zen.com 10-11 am Yoga c/ Mayra Torres @ Baja Serena 612-131-7564 yogalosarcos@yahoo.com.mx	7-9 am Yoga @ Baja Zen <i>thru Feb 25,</i> 612-142-5038 info@baja-zen.com 8-9 am Yoga c/ Mayra Torres @ Baja Serena 612-131-7564 yogalosarcos@yahoo.com.mx	7-9 am Yoga @ Baja Zen <i>thru Feb 25,</i> 612-142-5038 info@baja-zen.com 10-11 am Yoga c/ Mayra Torres @ Baja Serena 612-131-7564 yogalosarcos@yahoo.com.mx	7-9 am Yoga @ Baja Zen <i>thru Feb 25,</i> 612-142-5038 info@baja-zen.com 8-9:30 am Yoga c/ Mayra Torres @ Baja Serena 612-131-7564 yogalosarcos@yahoo.com.mx 10 am Yoga 120 pesos @ Rancho Pescadero

Al-anon		5 pm Pescadero Al-Anon For directions: pescaderoafg@gmail.com http://al-anon.alateen.org/					
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Todos Santos Box

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unwavering support of the Todos Santos community for keeping the program going and for the astounding success of Adrian and other boxers in the club. Indeed, when the program needed 23,000 pesos to send Adrian to Costa Rica, the community once again came through with the full amount through a single fund-raiser hosted by Gallo Azul Pizza Bar.

AND ADRIAN WON THE GOLD! The win in Costa Rica qualified Adrian for the World Amateur Youth Championships in Russia this November, and Rancho Pescadero made a great contribution to help him get there. Sadly, local boxing officials withheld permission for him to go. But Adrian's spirits remain high. "It was such a great experience to go to Costa Rica and boxing has taken me so much further than I anticipated. I've also realized how much my family really supports me."

Ramiro likewise remains undeterred. "Ever since I started in sports I knew I wanted to do things in a big way, and I knew that there would be hardships and obstacles to getting where we want to go. I am so grateful to the many people in the Todos Santos community who have so generously supported our club and gotten us so far. My next goal is to build a real gym for Todos Santos Box with the equipment we need to really push the training program for our kids. I feel very proud of what we have achieved so far, and am very excited about the future." Todos Santos Box. Champions through and through.

Many thanks to all who have supported Todos Santos Box so generously through the years. If you'd like to get involved, please visit www.TODOSSANTOSBOX.com or contact Ramiro directly at 612-177-2686 or reducindo7@hotmail.com.



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Todos Santos Box

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el sorprendente éxito de Adrián y de otros boxeadores en el club. De verdad, cuando el programa necesitaba 23,000 pesos para mandar a Adrián a Costa Rica, la comunidad, una vez más, respondió con la cantidad completa a través de un solo evento para recabar fondos con Gallo Azul Pizza Bar como anfitrión.

Y ADRIÁN GANÓ EL ORO! Ganar en Costa Rica calificó a Adrián para el Campeonato Mundial de Jóvenes Amateur en Rusia este noviembre, y Rancho Pescadero hizo una gran contribución para ayudar a que llegara ahí. Lamentablemente, las autoridades locales de boxeo no otorgaron la autorización para que él fuera. Pero los ánimos de Adrián se mantienen elevados. "Fue una experiencia tan maravillosa ir a Costa Rica, y el boxeo me ha llevado mucho más lejos de lo que me esperaba. También me he dado cuenta de cuánto realmente me apoya mi familia."

Ramiro, igual, continúa decidido. "Desde que comencé en los deportes supe que quería hacer cosas a lo grande, y supe que habría dificultades y obstáculos para llegar a donde queremos ir. Estoy tan agradecido con las muchas personas en la comunidad de Todos Santos quienes han apoyado tan generosamente a nuestro club y nos han llevado tan lejos. Mi próximo objetivo es construir un gimnasio para Todos Santos Box con el equipo que necesitamos para de verdad empujar el programa para nuestros muchachos. Me siento muy orgulloso de lo que hemos logrado hasta ahora, y estoy muy emocionado respecto al futuro." Todos Santos Box. Campeones de la cabeza a los pies.

Muchas gracias a todos quienes tan generosamente han apoyado a Todos Santos Box a través de los años. Si te gustaría involucrarte, por favor visita www.TODOSSANTOSBOX.com o contacta a Ramiro directamente al 612-177-2686 o en reducindo7@hotmail.com.



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LA PASTORA OCEANFRONT ESTATE. Spacious, private, serene and casually elegant one level home with up to 2.5 acres lot with 300 feet of Pacific Oceanfront. 3 bedrooms, each with private bathrooms, gourmet kitchen and great terrace with pool, BBQ and sunbathing-lounge area.

MLS # 16-27 \$1,999,000 USD



CASA COLORADO. 3 BR, 3 BA + Den with over 3,000 sq.-ft. of open floor plan. Carport for 2 cars, furnished, granite counter tops, corner fireplace, breakfast bar, pantry & laundry facility. Comfortable and relaxing with fantastic Pacific Ocean Views from every level!

MLS # 16-2248 \$485,000 USD



CASA CANTO DEL PACIFICO. 2 BR, 3.5 BA home with resort-style solar heated, natural water pool with raised deck and BBQ center. Ocean views from every level! Corner fireplace, open kitchen, furnished with beautiful finishes throughout, all on a ½ acre property.

MLS # 16-33 \$395,000 USD



CASA ADOBE. Single story, hacienda-style 3 BR, 3 BA home with over 4876 sq.-ft. of interior living space and over 1100 sq. ft. of terraces. Both Ocean and mountain view, with plenty of room to add a pool and outside BBQ area. Short drive to downtown and the beach.

MLS # 16-530 \$385,000 USD



CASA VISTA DEL PACIFICO #4. Mexican colonial style home with contemporary accents. Outdoor fireplace, master suite with full bath and laundry area. Well equipped kitchen. Plenty of room to expand with over 1.25 acres. Parking for RV with hook ups. The property offers privacy and spectacular ocean and sunset views.

MLS # 15-2325 \$235,000 USD



GRAN PESCADERO VIEWS LOT. 4,653 sq.-mt. lot in the heart of the Pescadero Huerta. It is perfect for a family compound, to be sub-divided as a great investment property or, to build out multiple homes. Easy walk to the beach and San Pedrito surf break, with all services available on street.

MLS # 12-1700 \$177,000 USD



LOS CERRITOS OCEAN VIEW LOT 1798. Ocean View ½ acre lot, approx. 500 meters from beach front. Walk to Baja Sur's premier surfing beach and hang out under the Baja sun at Los Cerritos Beach Club. Within one lot from CFE Hook ups.

MLS # 16-2342 \$82,000 USD



GAVILON LOT 2632. 1,500 m² sloping lot with direct views of the Pacific Ocean and the Pescadero Huerta. The views are amazing from this property! There are both morning and evening mountain views of the sunrise and sunset along with the pristine coastline all the way to San Pedrito Surf Break.

MLS # 16-108 \$119,000 USD



VISTA LA POZA LOT. This 1,997.81 sq.-mt. property affords views of downtown, Pacific Ocean, Sierra de La Laguna mountains and palm groves, all within walking distance to a fine restaurant overlooking a fresh water lagoon and whale watching beach. Adjacent lot also available.

MLS # 16-1234 \$63,900 USD

They call it "Pueblo Mágico"



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