

journal DEL PACIFICO

La Revista de Baja California Sur

The ULTIMATE GUIDE to
Baja Sur Arts,
Culture & Adventure

Successful Sea Lions of Los Islotes

Los Exitosos Lobos Marinos de Los Islotes

Todos Santos Brewing 1st Anniversary

Todos Santos Sin Popotes

When the Cicadas Sing

Cuando las Cigarras Cantan

Baja
DREAM PROPERTIES

Todos Santos • La Paz • Pescadero • San José del Cabo • Cabo San Lucas • Loreto

by / por Paul Van Vleck

PRE-SALE

Cerritos Beach Opportunity

Introducing



Luxury Beach Front
3 Bedroom Condominiums

Starting at:

\$345,000 USD

Agent on Duty. Book your Private Tour Today

Full Ownership



View From Pool Deck



View From Beach

HOW TO ACCESS:

KM 69 HIGHWAY 19

EL PESCADERO B.C.S.
40 MIN. FROM C.S.L

HACIENDA CERRITOS



CABO: 624 104 3775 | MEX: 01 800 000 CABO

FREE FROM USA & CAN: 1-877-341-8786

www.soleadocerritos.com

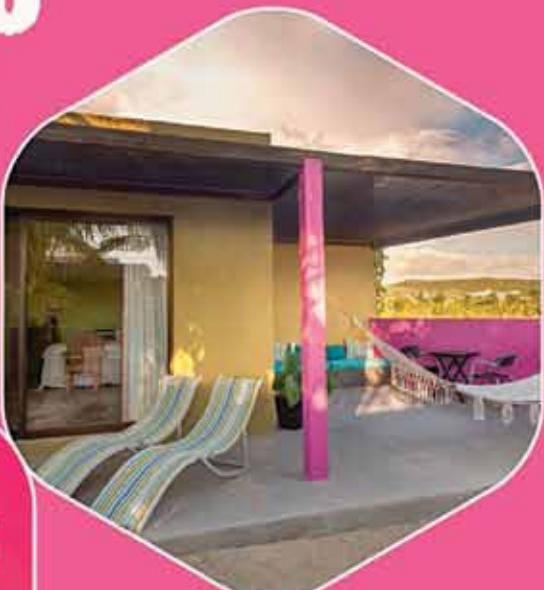


the Hotelito

Effortlessly stylish and
comfortable

"A delightful 'tropical
modernist' hangout."

- Financial Times



Boutique Bed and
Breakfast
Saltwater lap pool.



TODOS SANTOS

www.thehotelito.com | elhotelito@mac.com
#hotelitotodossantos

**PROUDLY PUBLISHED
& PRINTED IN MEXICO**

info@journaldelpacifico.com

Publisher

JANICE KINNE
yani@journaldelpacifico.com
cell (612) 154-4043

Customer Service Manager

CELIA DEVAULT
heavenlybliss57@hotmail.com
cell (612) 152-0823

Contributors

PAULA ANGELONI
KAT BENNETT
JEN CRANDALL
ROC FLEISHMAN
BRYAN JÁUREGUI
JILL LOGAN
RICARDO MADRAZO
COLIN RUGGIERO
KAIA THOMSON
PAUL VAN VLECK
KENNY VIESE

journaldelpacifico.com

 [Journal del Pacifico](#)

Copyrights: Mexican & International. No part of this publication—including text, design elements, maps, photographs or advertisements—may be reproduced in any manner whatsoever, including digitally, without the explicit written consent of the Publisher.

Prohibida la Reproducción

parcial o total de cualquier texto, elemento de diseño, mapa, fotografía o anuncio por cualquier medio mecánico, electrónico, digital o por inventarse sin permiso explícito escrito por el publicador.

english

Art Talk	10
Baja Dream Properties	5
Beaches / Playas.....	33
<i>El Cielo:</i> The Baja Sky	27
Events	22
Groups	48
La Paz Beaches	40
On the Cover.....	12
Say No to Plastic Straws	16
The Successful Sea Lions of Los Islotes	6
Todos Santos Brewing 1 st Anniversary.....	14
When the Cicadas Sing	24
Voces del Pueblo	31

español

Cuando las Cigarras Cantan	24
Eventos	42
Grupos	48
Los Exitosos Lobos Marinos de Los Islotes.....	6
Sin Popote	17

maps / mapas

Todos Santos— <i>El Centro</i>	28 – 29
Todos Santos— <i>El Otro Lado</i>	30
Todos Santos—Pescadero Corridor & Beaches / Playas	32
La Paz Beaches / Playas de La Paz	38
La Paz Historic District / Distrito Historico de La Paz	38 – 39

FALL / OTOÑO ISSUE

DEADLINE: SEPT 19, 2018

FECHA LIMITE: 19 DE SEPT 2018

BAJA

Dream Properties

Paradise. It's easy to find. In fact, most of Baja California Sur—with its near-perfect climate, pristine beaches, tropical oases, rugged mountains, and dramatic desert landscapes—qualifies. International visitors have been arriving in increasing numbers over the decades, basking in Baja's beauty and thriving on its restorative powers. And eventually, inevitably, over an ice-cold beer or salty margarita, visitors begin to visualize their Baja dream property.

Whether you dream of undeveloped land with breathtaking views, a thriving business in the historic district, a turnkey bed and breakfast or resort on the beach, or a new, luxury condo overlooking the surf break, we've found it and are sharing it with you in this issue.

Take a look through these pages and ask yourself... Can I live in this paradise?

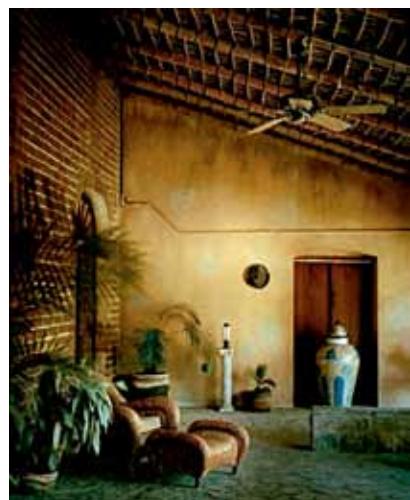
TODOS SANTOS, B.C.S

TODOS SANTOS HISTORIC ESTATES:
33 LEGASPI AND 08 PILAR



A rare opportunity: two historic properties for sale together in the heart of Todos Santos' historic, charming downtown.

Built in the 1870s as a sugar baron's estate, property #1 is The Todos Santos Inn at 33 Legaspi. The Todos Santos Inn is the only historic hacienda hotel in the center of town—an ideal location! Once you step inside, you feel transported to a bygone era. The inn boasts a classic brick facade; high ceilings
BAJA DREAM continued on page 8



Sunset
RESTAURANT & BAR

ARGENTINA MESQUITE BBQ
STEAKS, CHOPS, CHICKEN

SERVING BREAKFAST LUNCH & DINNER
7 DAYS A WEEK | 8 AM TO 9 PM
612 183 1077 | KM 68 / HWY 19
SOUTH OF PESCADERO ON CERRITOS BEACH
BEACH SIDE DINING

The Successful Sea Lions of Los Islotes

Los Exitosos Lobos Marinos de Los Islotes

by / por Bryan Jáuregui

traducido por Paula Angeloni



foto por Colin Ruggiero

Swimming with the sea lion puppies at Los Islotes, the southernmost rookery of the California sea lion, *Zalophus californianus*, is truly one of life's great joys. The puppies are often playful and naughty, nibbling on the flippers and fingers of human visitors, while their teenage siblings like to sidle up to humans for a good belly rub or game of chase. Their mothers may be found sunning themselves on the rocks, enjoying a snooze, while the males who rule the 20 territories of Los Islotes indefatigably patrol the waters to ensure everyone's safety. It is a scene of utter Baja bliss, and humans can't help but feel a magical glow from this most wondrous of wildlife encounters.

All of which begs the obvious question: Why are the males working so hard when everyone else is just having a good time?

Claudia J. Hernandez-Camacho, a professor of biology at CICIMAR in La Paz, has been studying the sea lions of Los Islotes and the Sea of Cortez since 1990. In particular, she has studied the entire lifespan of 190 sea lion individuals (94 females, 96 males) who were hot-branded by her professor between 1980 and 1984. Her findings, based on

Nadar con los cachorros de lobo marino en Los Islotes, la colonia más austral del león marino de California, *Zalophus californianus*, es verdaderamente una de las grandes alegrías de la vida. Los cachorros son a menudo juguetones y traviesos; les gusta mordisquear las aletas y los dedos de los visitantes humanos, mientras que sus hermanos adolescentes disfrutan acercarse a los humanos para un masaje abdominal o un juego de persecución. Sus madres suelen encontrarse tomando el sol en las rocas, disfrutando de una siesta mientras los machos, que gobiernan los 20 territorios de Los Islotes, patrullan incansablemente las aguas para garantizar la seguridad de todos. Es una escena de absoluta dicha de la Baja California, y los humanos no pueden evitar sentir el mágico hechizo de este fenomenal encuentro con la naturaleza.

Todo lo cual plantea la pregunta obvia: ¿por qué los machos trabajan tan duro cuando todos los demás la están pasando bien?

Claudia J. Hernández-Camacho, profesora de biología en el CICIMAR de La Paz, ha estado estudiando los lobos marinos LOBOS MARINOS continúa en página 13

Londis
RESTAURANT

Mexican cuisine of the heart for the soul

Landis Restaurant • Juárez street/ Topete & Hidalgo, Todos Santos, México • 612-145-0130

these specific sea lions and others, tell a complicated tale for our pinniped friends.

"Sea lions are polygynous, meaning that one male mates with several females in the territory that he defends on land and sea. It takes an enormous amount of energy to defend this territory, and in the breeding season a territorial male, who is so focused on his job that he barely eats or sleeps, can lose up to 30% of his impressive body weight (400 to 500 kilos, or about a ton) in just a few weeks."

One would assume, of course, that the males are spending this incredible amount of energy to defend their harems and offspring, to ensure the survival of their genes. "But this is not exactly the case," says Claudia, "they are defending the territory, not the females." The science proves this out. "Genetic studies show that just 15% of territorial males are the fathers of the newborns the next breeding season. It is not just that the females hook up with and get impregnated by wandering, opportunistic males when they slip off for their four to five day feeding trips, which they do, but in some cases the territorial males are not even copulating with the females in their territory." All that work and no sex?

"It's a little more complicated than that," says Claudia. "There are 600 individual sea lions at Los Islotes, and every year around 170 pups are born. Almost 30% of the pups die in the first two years, either from disease or because they or their mothers have fallen prey to predators. But that means that 70% are surviving. With this type of situation, many of the sea lions are, by definition, related. It could be argued that the Los Islotes males work so hard not just for their own offspring, but because they are protecting their extended families. This would also explain why they do not copulate with all the females in their territory. They are avoiding inbreeding." This is an approach to collective living that we generally only associate with high intelligence mammals like primates, elephants, and dolphins.

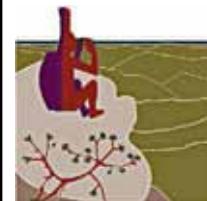
The Los Islotes territorial males are so successful in their defense of the colony and have made conditions so conducive to survival, that Los Islotes is actually full to capacity now. In fact, two new satellite colonies have been created nearby in recent years by all the young males who are no longer welcome at Los Islotes, but who are still too young and slight to fight older, larger males for territory. Sea lions are philopatric, meaning that they stay in or habitually return to the area of their birth, so it is possible that these satellite colonies will only continue to grow.

What makes this all the more remarkable is that it is happening at a time when the overall population of California sea lions in the Sea of Cortez is dropping dramatically. Between 2000 and 2018, 40% of the population of other colonies disappeared. Are those males falling down on the job? Not likely says Claudia. "We are analyzing a lot of environmental variables right now to determine the main factor causing the decline of these colonies, but one of the most likely culprits is the food supply" she observes. "It is not that the fish populations in the other parts of the Sea of Cortez are declining, they are not. It is that the fish are moving further south. While the sea lions of Los Islotes, the southernmost California sea lion rookery, are benefitting

SEA LIONS continued on page 18

THE ADVENTURE CENTER

Explore the Beauty of Baja!



**TODOS SANTOS
ECO ADVENTURES**

(612) 145-0189

**TSEcoAdventures@gmail.com
www.TOSEA.net**

Water Purification Made Simple

~ Business or Residential ~

Purify the water in your whole house or just at one sink.

We purify your municipal, Ejido or trucked-in water.



Water Ways Baja

The Best Ways to Safe, Healthy Drinking Water

612.142.2290

waterwaysbaja.com

Contact: barbara@waterwaysbaja.com

Baja Dream

continued from page 5

with palm-tree beams; and long, arch-covered terraces with lushly landscaped gardens. The inn includes eight well-appointed suites, a restaurant, bar, patios, a library, courtyard gardens, and a pool. It is within walking distance of everything: the central plaza, the mission, restaurants, shops, and galleries—as well as being an easy jaunt to expansive, white sand beaches perfect for strolling and whale watching.

Property #2, 08 Calle Pilar, is approximately half an acre located on calles Pilar and Topete. It includes a restored historic brick one-bedroom, one-bathroom home; plus a multi-use brick structure, built in 1999, with tremendous commercial potential. The building and grounds are ideal for large groups, seminars, wedding parties, festivities, a show room, an art gallery, and much more. Centrally located and with ten off-street parking spaces, this property offers room for commercial expansion or as a lovely private residence, all within one block of the Todos Santos Inn.

Coldwell Banker Riveras Real Estate invites you to explore the charm and magic of Todos Santos' premier downtown properties. The sale of these two properties, Todos Santos Historic Estates, includes the Todos Santos Inn; the business and licenses are negotiable. It is priced at \$3,995,000 USD.



For more information on these two properties, contact: The Todos Santos office of Coldwell Banker Riveras Real Estate, tel: (612) 145-0118, US / Can: (858) 964-3712, www.cbriveras.com

THE TAJ MAHAL OF LAS TUNAS

Anyone who has been to the beach in the popular neighborhood of Las Tunas wonders about the beautiful estate on the *bocana* (natural dune opening to the sea) which for years has been dubbed "The Taj Mahal" because of its enormous size. Does a celebrity own it? Is it a hotel? Why would anyone build such a massive home?

It all started when the property owner made a trip to Baja in the late 70s. Los Cabos was barely on the map and [BAJA DREAM](#) continued on page 20

**Todos Santos
PRIVATE
TRANSPORTATION**

- Airport Transportation
- Private Custom Car Service
- Weddings
- Grocery Shopping Service to Cabo and La Paz
- Day/Hourly Rates
- Private Tours

24/7

**We Go To Every
Place In Baja**

Off. +52 (612) 130 33 19
Cell +521 612 151 8707
Cell +521 612 142 6156

www.tsprivatetransportation.com
 contact@tsprivatetransportation.com

BOULDER COVE

La Paz, Baja California Sur

DISCOVER A UNIQUE AND EXTRAORDINARY PROPERTY OFF THE GRID IN THE SEA OF CORTEZ
A private beachfront estate that can be developed or left as it is, depending on buyer's interest



PROPERTY DETAILS

Main House

3 Bedrooms
3.5 Bathrooms

Two Guest Houses

2 Bedrooms each
2.5 Bathrooms each

Exterior

114.6 acres

Year Built

1976

Renovation Year

2000



PROPERTY HIGHLIGHTS

Eco-friendly and completely self-sufficient

Solar seawater reverse osmosis desalination system. Ultrafiltration. Manual included

Water suitable for the whole property

Two crew houses

Boat house and carpenter workshop

Property ID: RNZ5BY

www.sirloscabos.com

bcalderon@sirloscabos.com

+52.624.1726555 | US Toll Free 1.877.812.3219

Los Cabos | Sotheby's
INTERNATIONAL REALTY

Steve Thurston

La Cachora Studio by the Beach
G A L L E R Y 3 6 5



Gallery 365 will re-open in November

"January 2018" Acrylic, 16x16 inches

Tel. (612) 145-1127 or (612) 145-0001 US: (303) 482-2287

[f](#) Gallery 365 gallerysteve@gmail.com
GALLERY365 #89 on Todos Santos map

Art Talk

by Jill Logan

WHEN AN ARTIST SPEAKS

During a gathering of six artists around my dinner table one evening, the topics jumped from our recent interactions with the public and how that fuels, or not, creative impulses to artists that inspire and feed our visions. Fueling comes from a buyer or viewer appreciating the process that an artist has gone through to create something unique of their own, as well as the appreciation of the presentation—the full effect, one may say, the quality of the work and the personal history to arrive at this juncture. This fuels the soul to continue on the path and invent the effect in new and different ways. Rather than copying, inventing.

Three artists were mentioned in this evening all for different reasons.

Victor Vasarely was a Hungarian-French artist who was accepted as a "grandfather" and leader of the op art movement. He was well known in the 1930s until his death in 1997. His abstract work seems created by a computer, and this day and age, it would be. But he did each square and each small box or line with his own hand. Most interesting are his color selections, of which we were in awe of that evening. Fire-engine red morphs into yellow, yellow gold to olive green and cerulean blue. Most of the colors change slightly from one section to the next.

Javier Marin is a Mexican visual artist, who has held over ninety solo exhibitions and more than two hundred collective shows around the world. He shows the living human being, palpitating with bodies that present themselves with dignity, even though seemingly decomposed in some cases. Along with figures, he is known for his crows. He has many public installations and is a must see if you are in Mexico City. The excitement around his work is his unique and daring representations in looming sizes.

The third artist, JR, is a French photographer and artist, who describes himself as a photographeur, as he flyposts large black and white photographic images in public locations. He states that the street is "the largest art gallery in the world." He started on the streets of Paris as a graffiti artist. His work challenges widely held preconceptions about life, politics, and the media. He challenges thoughts on freedom, identity, and limits. On October 20, 2010, he won the TED prize for the Cartier-Bresson of the 21st century.

JR used the \$100,000 award money to start the Inside Out Project, a global art initiative that has allowed thousands of people around the world to speak to their communities through portraits pasted in public spaces. This prize brought him and his work to New York City, where he opened another studio, and inspired pastings in the area such as those done in 2011 of members of the Lakota Native American tribe from North Dakota.



The High End Bazaar in Baja



Legaspy No.15
Centro c.p. 23300
Todos Santos, Baja California Sur
Tel. (612) 145 0539
besamemuchobazaar.com

JR calls himself an "urban artivist;" he creates pervasive art that he puts up on buildings in the Paris area projects, on walls in the Middle East, on broken bridges in Africa, and in the *favelas* of Brazil. During the pasting phase, community members take part in the artistic process. In Brazil, for example, children became artists for a week. In these artistic acts, no scene separates the actors from the spectators.

We spoke of well-known artists to convey what inspires us and how different that is for each person. Who do we wish to emulate? And why?

The following wonderful quotes help to add onto this thought:

J. Bruce Wilcox wrote: "If it looks like duality—I'm both. I believe one's art should be (whatever) good enough that it can be appreciated by (almost) anyone without commentary. A visceral reactive 'I can't stand that' may be as good as an 'I can't live without that' swoon. If your art can't communicate on its own (without you) you haven't found your voice and you haven't given your art work its own voice either."



"Iglesia de Todos Santos III" 12x14" oil/canvas by Jill Logan

Fritz Scholder, one of my favorite Santa Fe artists said it best: "Create mystery. Have the viewer ask, 'How did the artist do this?' Ask the viewer to pause, take note and wonder."

Todos Santos is attracting wonderful new artists with unique visions and purposes. A fortunate synergy of creative beings. And when artists gather to discuss their work or other artists creative talents, for me it doesn't get much better than that.

GALERÍA LOGAN



"Heart on Fire" 36"x72" mixed/media w/gold & silver leaf

Calle Juárez y Morelos 011-52 612 145-0151 jillLogan2001@yahoo.com www.jilllogan.com

PAUL VAN VLECK PHOTOGRAPHY

PaulVanVleck.com
612 204 4432



Todos Santos Los Cabos La Paz

On the Cover

Paul Van Vleck

Paul Van Vleck is a native of the beach town of Coronado, California. He has been taking photos since he was a teenager, capturing his many travels and life experiences. While still in his teens, Paul lived and traveled on both US coasts, in Mexico, Europe, and Northern Africa. These travels influenced him artistically and aesthetically. He became more focused and dedicated to photography on surf trips and adventures to Mexico and Los Cabos in the mid-70s. Some of these journeys were with his friend in his home-built plane, landing on the many deserted beaches along the peninsula.

Paul graduated from the Brookes Institute of Photography in Santa Barbara in 1983 with a commercial photography degree, after studying art history and anthropology at the University of San Diego. After graduating, he moved to Milan, Italy and lived between there and New York City, working in the fashion and advertising industries.

While living in New York, Paul made some major life changes, prompted by his volunteering at the Manhattan Center for Living, which was partly founded by Marianne Williamson. He prepared and served weekly organic plant-based dinners with the renowned Chef Richard Pierce of the well-known vegan Angelica Kitchen in the East Village. Paul realized a more holistic lifestyle was what he was seeking. Yoga had been a part of his life since he was 16, and he belonged to several yogic communities in Manhattan including Jivamutki and Integral Yoga. Following his curiosity in nutrition, health, and a more spiritual path, he studied various modalities for creating a sustainable and balanced lifestyle. Paul eventually moved back to California and went to Pacific College of Oriental Medicine and studied plant-based nutrition, massage and Western herbs.

After completing his studies, Paul traveled around North America in his VW van and ended up on the East Cape of Baja, at El Sargento. Paul enjoyed windsurfing, kayaking and biking the rugged, unexplored coastal and mountain area. He was eating a raw diet, doing yoga, and sharing these practices with others. After deciding to become a certified yoga teacher, Paul attended the Sivananda Ashram in the Bahamas, then traveled to Puerto Rico to study with the famous wheatgrass and live foods guru, Anne Wigmore.

Paul moved to Todos Santos in the early 90s, and started working with Satchidananda Expeditions, offering eco-spiritual retreats. Then he opened Mano A Mano Gallery and Wellness Center where Galería Logan is now located. Paul showed his photography, postcards, and wrought iron works, and shared the space with other local artists, musicians, writers, and healers for workshops, classes, and gatherings. He also provided wedding photography and worked with various magazines and newspapers, resorts and businesses in Los Cabos and La Paz.



WOOD FIRED PIZZAS
SPECIAL MARGARITAS AND WINES
OPEN EVERYDAY
2:30PM - 10:30PM



DOWNTOWN TODOS SANTOS
LOFT STYLE APARTMENTS
IDEAL FOR SHORT OR LONG STAY
OPENING MAY 2018

ZARAGOZA E / MILITAR Y RANGEL, TODOS SANTOS
+ 52 1 (612) 15 884 57
GALLOAZULPIZZABAR.COM

Paul moved back to his native home in California for a few years, but longed to return to Mexico. He moved to San José del Cabo, then his interest in travel and people led him to live back on the Mexico mainland, in and around Puerto Vallarta for six years. Paul returned to Todos Santos four years ago. He offers his professional photography

services locally, all over Mexico, and the US. He will travel most anywhere for an assignment or adventure!

Last year, Paul started his popular plant-based pop-up dinners Noche de Super Salud, with great support from the community. He has expanded into PRANA Foods and RAWHigh, food TO GrOw, available for delivery and for sale at various locations. Paul is available for catering privately, and for workshops, retreats, and small classes. He offers private and small yoga classes at his downtown Namaste Yoga Centro.

You can see Paul's photography at: PaulVanVleck.com. U.S. tel. (619) 312-7058, Mexico (612) 204-4432, email: pvanvleck@mac.com. He can also be contacted on Facebook at Paul Van Vleck.



Lore Lang by Paul Van Vleck

Lobos Marinos

continuó de página 13

de Los Islotes y el Mar de Cortés desde 1990. En particular, ha estudiado la vida de 190 individuos (94 hembras y 96 machos) que fueron marcados por su profesor entre 1980 y 1984. Sus hallazgos, basados en estos individuos y otros, cuentan la complicada historia de nuestros amigos pinnípedos.

"Los lobos marinos son polígamlos, lo que significa que un macho se aparea con varias hembras en un territorio que defiende en tierra y mar. Se requiere de una enorme cantidad de energía para defender este territorio. Durante la temporada de cría, un macho territorial, está tan concentrado en su trabajo, que apenas come o duerme; pudiendo perder hasta un 30% de su impresionante peso corporal (de 400-500 kilogramos hasta alrededor de una tonelada) en unas pocas semanas."

Uno tendería a suponer que los machos están gastando esta increíble cantidad de energía para defender sus harenes y crías, y así garantizar la supervivencia de sus genes. "Pero este no es exactamente el caso," dice Claudia; "están defendiendo el territorio, no las hembras." La ciencia lo demuestra. "Los estudios genéticos muestran que tan solo el 15% de los machos territoriales son los padres de los recién nacidos en la temporada de cría. No es solo que las hembras copulen y se preñen de machos vagabundos, oportunistas cuando se escabullen en sus viajes de alimentación durante cuatro a cinco días, cosa que hacen, pero en algunos casos los machos territoriales ni siquiera están copulando con las hembras en su territorio." ¿Todo este trabajo y nada de sexo?

"Es un poco más complicado que eso," dice Claudia. "Existen 600 lobos marinos en Los Islotes, y cada año nacen alrededor de 170 crías. Casi el 30% de los cachorros LOBOS MARINOS continúa en página 15



The Vibe boutique bed & breakfast

URBAN LIVING IN THE HISTORIC CENTER OF TODOS SANTOS, MEXICO



- Located in the heart of the Todos Santos historic district, **The Vibe Bed & Breakfast** offers 8 urban designed spacious suites.
- Each suite offers a living room, dining area, full kitchenette, air conditioning and fans, a large bedroom with bathroom/shower full of cool Agave Spa Amenities.
- Perfect for a short term stay or long term visit.
- Your stay includes complimentary continental breakfast, free use of vintage bicycles, free wifi, and an experience to remember...



612-145-0482

www.thevibebb.com

info@thevibebb.com

Todos Santos Brewing 1st Anniversary Cheers to One Year!

by Jen Crandall



photo by Kenny Viese

A year ago, in June, Liz and Ted Mitchell opened the doors of Todos Santos Brewing and since then have shared a lifetime of beer, laughs, and memories with locals and visitors alike! After starting off strong on their opening day—serving the amount of beer they had planned for the month in the first three hours—they've made and served over 12,000 liters of beer. This is a remarkable feat considering they run a single-beer barrel system, meaning they brew 100 liters at a time. They've sold over 300 growlers to date, so guests can take their favorite beers to enjoy at home.

Todos Santos Brewing regularly has fifteen small-batch brews to choose from, plus four non-alcoholic beverages, and three rotational or guest taps. They are predominantly an "ale" house with varieties from Summer and Blonde Ales to Brown and India Pale Ales. Not to mention their gluten-free alcoholic ginger beer.

A few months in, they opened their kitchen offering a menu of gastro pub food, with the specialty being gourmet hamburgers (and many other delicious dishes). Their fabulous chef, Erick, came over from the mainland to showcase his fusion of traditional Mexican fare with "gastropub" food—he's now offering a weekly special—find out more on their Facebook page!

Liz and Ted are proud to have participated in several competitions this past year and came away with awards for their Dizzee Lizzee Summer Ale at the Copa Cerveza; and for the Gaslamp IPA, Dizzee Lizzee and Brown Owl Brown Ale at the Baja Sur State competition.

The friendly staff is very focused on creating a sociable environment for all their guests and friends. They feature fun weekly events such as Friday Night Trivia and the

Sunday Sessions live music showcasing talented local musicians. And they've newly started "The Brewer Talks" sessions every Saturday for those who want to know more about their beers and brewery.

Liz and Ted add, "We're so grateful for the warm welcome we received from the very start and love the support we continue to get from our local community here in Todos Santos. Come for the beer, stay for the experience!"

Join Todos Santos Brewing the weekend of June 8, 9, and 10, to celebrate "Cheers to One Year!"

FRIDAY, JUNE 8, 6 PM: Trivia Night with pint-sized prizes, the topic being: Beer and Todos Santos Brewing!

SATURDAY, JUNE 9, 1 PM: they'll tap their Celebration Ale—a habanero-cacao porter.

1 – 6 PM: join DJ Dimitri Kota in the beer garden for music, games, and prizes.

7 – 9 PM: "Beergustation Celebration Dinner" a food and beer pairing dinner with five courses; sign up at info@todossantosbrewing.mx

SUNDAY, JUNE 10, 2 PM: "The Brewer Talks": a tasting session of all taps plus a brewery tour, hosted by Ted & Liz.





6 PM START: "Super Sunday Sessions" hosted by the fabulous Jenelle Aubade, featuring a range of local talented Sunday Sessions musicians including David Red Buffalo, Divier, Anibal Cota, Liiroi Douglas, Zoë Dearborn, Angelina Wolf, Steve Keys, and more!

Todos Santos Brewing is located on Alvaro Obregón between Militar and Rangel in Todos Santos, #15 on the Todos Santos map. Open Thursday to Sunday, 1 to 9 pm. For more information, events and weekly menu specials, visit their Facebook and Instagram.

Lobos Marinos

continuó de página 15

mueren en los primeros dos años, ya sea por alguna enfermedad, o porque ellos o sus madres han sido presa de depredadores. Eso significa que el 70% está sobreviviendo. Con este tipo de situación, muchos de los lobos marinos están, por definición, emparentados. Se podría argumentar que los machos de Los Islotes trabajan tan duro, no solo para su propia descendencia sino porque están protegiendo a sus familias extendidas. Esto también explicaría porqué no copulan con todas las hembras en su territorio. Están evitando de esta manera la endogamia." Este es un enfoque de la vida en comunidad que generalmente solo asociamos con mamíferos de alta inteligencia como primates, elefantes y delfines.

Los machos territoriales de Los Islotes son tan exitosos en su defensa de la colonia y han hecho condiciones tan propicias para la supervivencia, que el lugar hoy por hoy, está realmente en su capacidad máxima. De hecho, en los últimos años se han creado en las cercanías, dos nuevas colonias satélites con todos los machos jóvenes que ya no son bienvenidos en Los Islotes, y que aún son demasiado jóvenes y no lo suficientemente robustos para luchar contra machos mayores por el territorio. Los lobos marinos son filopátricos, lo que significa que permanecen o regresan habitualmente al área de su nacimiento, por lo que es posible que estas colonias satélites simplemente continúen creciendo.

Lo que hace que esto sea aún más notable es que está
LOBOS MARINOS continúa en página 19

Come for the Beer ... Stay for the Experience

22 TAPS **KITCHEN** **COCKTAILS**

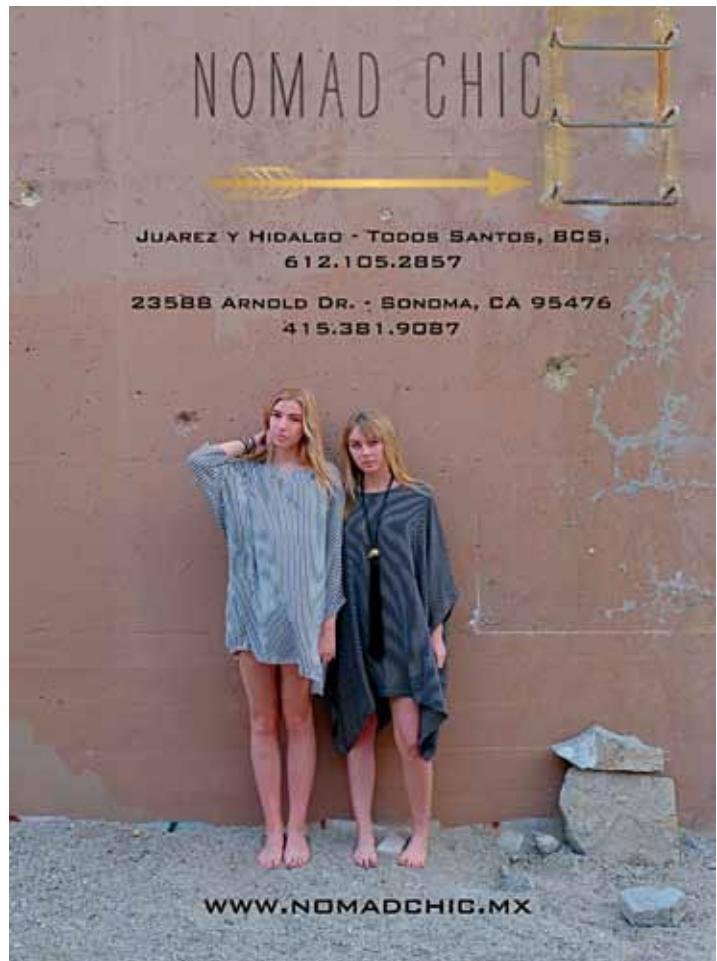
We feature a wide range of award winning hand crafted small batch craft beer in our fully air conditioned tap room. In addition to our craft beers, we also have hand made non alcoholic sodas, wines and liquors. All of our artisanal beverages are made right here on our premises.

REGULAR EVENTS - FRIDAY NIGHT TRIVIA, SUNDAY SESSION LIVE MUSIC, BREWER TALKS, BREWERY TOURS AND MORE OPEN THURSDAY TO SUNDAY - YEAR ROUND

@TODOSANTOSBREWING
E-MAIL: INFO@TODOSANTOSBREWING.MX
PHONE: +52 612 145 2023

HACIENDA
TODOS LOS SANTOS
BOUTIQUE HOTEL

Reservations +52 (612) 145-0547
www.tshacienda.com #115 on Todos Santos map



Say No to Plastic Straws

by Bryan Jáuregui

There's a sucker born every minute. That's right. There's a high possibility that you are personally a sucker, an even greater probability that most of your extended family members are suckers, and it is almost certain that your circle of friends and acquaintances suck too. How could we know such a thing? Simple mathematics. The United States is home to roughly 325 million people, yet the country uses 500 million plastic straws per day. That is to say, each person is using on average of 1.5 plastic straws per day. And that's just one country. As a species, we suck on a global scale.

Of course, the thing that really sucks is that a huge percentage of these plastic straws are ending up in our oceans. The Earth Institute of Columbia University estimates that the Great Pacific Garbage Patch is twice the size of the continental United States. Of all that garbage, an Ocean Conservancy study concludes that fully 60% of it consists of items that society terms "disposable," plastic bags, food containers, plastic bottles, and plastic straws. The Ocean Conservancy estimates that a plastic straw, used for 15 to 30 minutes to consume one drink, can take up to 100 years to decompose. A plastic bag that you use for 15 minutes to transport your purchase from store to home, can take 150 years to decompose. Plastic bottles can take up to 450 years.

So, that sucks, but why should us suckers care? Turns out plastic, it's what's for dinner. A recent study by the Ryan Institute concludes that 70% of fish in the North Atlantic have ingested plastic. Another study by Ghent University in Belgium estimates that shellfish lovers are eating upwards of 11,000 plastic fragments in their seafood each year. That plastic straw that seemed so harmless in your drink at lunch could actually come back to haunt you in your seafood dinner. And that's the thing: plastic is personal. Which is why towns across Baja California Sur, including Todos Santos, Pescadero, La Paz, Cabo Pulmo, and Los Barriles are taking a stand against plastic straws and other single-use plastics. Baja is a strip of land bounded by two oceans, so what we do in our towns has an immediate impact on our oceans. Baja is the place where five of the world's seven sea turtle species come to nest (sea turtles mistake plastic bags for their favorite food, jelly fish, and die from ingesting the plastic; plastic straws also get stuck NO STRAWS continued on page 44



Summer hours:

*June 11 to August 11,
1 pm to 10 pm*

*Closing for the season
August 12*

*Reopening for the 29th season
Friday, November 1, 2018*

*The Café Santa Fé staff
and the Colombos thank
everyone for their support!*

*Open 12 - 9 pm Closed Tuesday ezio y paula colombo
CALLE CENTENARIO TODOS SANTOS, B.C.S. (612) 145-0340*

Sin Popote

por Bryan Jáuregui

traducido por

Ricardo Madrazo

A los humanos nos gusta chupar. De hecho, muy probablemente a usted le gusta chupar, y aún más probablemente, sus amigos y familiares son chupadores. ¿Cómo asegurar esto? Simples matemáticas. Estados Unidos, por ejemplo, es un país de 325 millones de habitantes que utiliza 500 millones de popotes cada día; cada persona usa 1.5 popotes diariamente. Y eso es solamente un país. Como especie, chupamos a escala global.

Lo realmente dañino de este consumo es que un gran porcentaje de los popotes terminan en los océanos. El Earth Institute de la Universidad de Columbia estima que la Gran Isla de Basura del Pacífico es doble el tamaño de los Estados Unidos. De toda esa basura, un estudio de Ocean Conservancy concluye que un 60% de ella consiste en artículos que la sociedad denomina "desechables": bolsas de plástico, recipientes de comida, botellas de plástico y popotes de plástico. The Ocean Conservancy estima que un popote de plástico, utilizado de 15 a 30 minutos para consumir una bebida, puede tardar hasta 100 años en descomponerse. Una bolsa de plástico que se usa durante 15 minutos para transportar su compra de tienda a casa, puede tardar hasta 150 años en descomponerse. Las botellas de plástico pueden tardar hasta 450 años.

¿Por qué debería importarnos más esta situación? Resulta que el plástico, según un estudio reciente del Instituto Ryan, se encuentra en los sistemas digestivos de 70% de los peces en el Atlántico Norte. Otro estudio realizado por la Universidad de Ghent en Bélgica estima que consumimos más de 11,000 fragmentos de plástico en pescados y mariscos cada año. Ese popote que parecía

MÁS BIGOTES MENOS POPOTES

NO SEAS CRUEL DEJA EL UNICEL

MÁS VALE BOLSA DE TELA EN MANO QUE DE PLÁSTICO NADANDO



tan inofensivo en tu almuerzo podría ser un peligro en tu cena de mariscos. Y esa es la cuestión: el plástico es personal. Es por eso que los pueblos de Baja California Sur, incluidos Todos Santos, Pescadero, La Paz, Cabo Pulmo y Los Barriles están tomando una postura en contra de los popotes y otros plásticos desechables. La península es una franja de tierra delimitada por mar y océano, por lo que lo que hacemos en nuestras tierras tiene un impacto inmediato en nuestras aguas. Vivimos en la zona de anidamiento de cinco de las siete especies de tortugas marinas del mundo (las tortugas marinas confunden las bolsas de plástico con su comida favorita, las medusas, y mueren al ingerir el plástico; los popotes también se atascan en sus fosas nasales y conductos de aire); es el hogar del 39% del número total de especies de mamíferos marinos del mundo (lobos marinos y otros se enredan en bolsas de plástico y bandas de embalaje y mueren por infección o estrangulación); es donde un tercio de las especies de delfines y ballenas del mundo pasan su tiempo (recientemente se encontró un cachalote muerto con 29 kilos de plástico en el estómago); es una parte crítica de la ruta migratoria del Pacífico y hogar de SIN POPOTE continúa en página 46

Dana's office
Real Estate & Vacation Rentals

1 Bedroom/1 bath
Casita steps away from the beautiful bay of San Juanico B.C.S.
For sale, offered at 165,000 usd
www.danasoffice.com (612) 104-4009



"Where the bros go for the goods."

HIDALGO ENTRE JUÁREZ Y CENTENARIO
BY THE ICE CREAM SHOP!



" DEE DEE "

BODY WORK / DEEP TISSUE MASSAGE

Licensed Masseuse - Physical Therapist
certified by French Faculté de Médecine de Paris since 1986

ON SITE VISIT
BY APPOINTMENT ONLY

6121194158



Sea Lions

continued from page 7

from this trend, it is proving lethal to others. Healthy females will travel up to 60 kilometers away from their colonies to find food, but further than that is not feasible. They need to conserve energy to produce milk for their pups. And even in those more northern locations where there are still fish, there are a very limited number of fish species, and this relatively poor-quality diet means that the females are not gaining enough energy from their food to productively nurse their pups. On the opposite side of the coin, the sea lions of Los Islotes are getting an increasing number of fish species in their diet, with the result that population density has reached an all-time high."

Female sea lions are not only philopatric, i.e., prone to stay in the area where they were born, they are attached to very specific real estate in that area, with many staking one specific rocky outcropping for their own. So, with the increasing density of the population at Los Islotes, it is not surprising to learn that sea lion attitudes are becoming a bit more aggressive. Add to that the fact that the entire colony of females either a) goes into estrus, or b) has newborn pups to defend *at exactly the same time*, and breeding season, which generally takes place June 1 to August 31, becomes a time when human body parts might best be kept at a distance from the sea lions of Los Islotes. In fact, Los Islotes is now closed to snorkelers and scuba divers during this period.

Los Islotes is regularly listed as one of the top diving/snorkeling spots in the world, and Claudia and her students are launching a study to evaluate the effects of all these visitors on the sea lions. The tourism hiatus being imposed by the authorities during breeding season offers them the perfect opportunity for their research. "We have already collected fecal samples from the sea lions during the tourist season and will now do so again when the colony is closed to tourists. We will then test the level of cortisol, a stress indicator, in both sets of fecal matter to determine if tourism increases stress in sea lions. We have already observed some differences in behavior in the sea lions at Los Islotes. While at other, more remote colonies, the sea lions will copulate during the day, at Los Islotes they only engage in this behavior at night. We hope to be able to SEA LIONS continued on page 35

Lobos Marinos

continuó de página 15

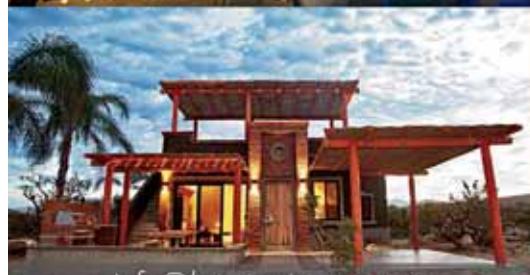


por Colin Ruggiero

sucediendo en un momento en que la población general de lobos marinos de California en el Mar de Cortés está disminuyendo drásticamente. Entre los años 2000 y 2018, el 40% de la población de otras colonias desapareció. ¿Están esos machos fallando en su trabajo? No es probable, dice Claudia. "Estamos en este momento analizando muchas variables ambientales para determinar el factor principal causante de la disminución de estas colonias, pero uno de los culpables más probables es el suministro de alimentos," observa. "No es que las poblaciones de peces en las otras partes del Mar de Cortés estén disminuyendo, es que los peces se están moviendo más al sur. Mientras que los lobos marinos de Los Islotes, la colonia de leones marinos más al sur de California, se están beneficiando de esta tendencia, está resultando letal para otros. Las hembras sanas pueden viajar hasta 60 kilómetros de distancia de sus colonias para encontrar comida, pero más lejos que

eso, no es factible. Necesitan conservar energía para producir leche para sus cachorros. E incluso en aquellos lugares más al norte donde todavía hay peces, existe un número muy limitado de especies de peces, y esta dieta de calidad relativamente pobre, implica que las hembras no estén obteniendo suficiente energía de sus alimentos para amamantar productivamente a sus crías. Del otro lado de la moneda, los lobos marinos de Los Islotes están obteniendo un número cada vez mayor de especies de peces en su dieta, dando como resultado que la densidad de su población haya alcanzado un máximo histórico."

Las hembras de lobo marino no solo son filopátricas, es decir, propensas a permanecer en el área donde nacieron, sino que están unidas a bienes raíces muy específicos en esa área, con varios afloramientos rocosos propios. Entonces, con la creciente densidad de la población en LOBOS MARINOS continúa en página 41



info@ha-arquitectos.com

Quality & comfort in your living spaces

HIRAM ARCE
ARQUITECTOS

A photograph showing a wooden bench and a chair under a thatched roof structure, with tropical foliage in the background.

www.ha-arquitectos.com



tel. +52 612 123 2091

CABO PREMIERE

INVESTMENT & REAL ESTATE



Now serving the Pescadero,
Cerritos and Todos Santos area.

Over 100 years combined
Real Estate experience.

Cyndi Williams, Broker/Owner
Jim Holmes, Co-Broker/Owner

cyndicbre@aol.com

www.cabopremierrealestate.com

Cabo San Lucas office (624) 143-3700
Pescadero office (612) 130-3313
(624) 158-8650



Baja Dream cont. from page 8

Todos Santos was an outpost which he frequented for the surfing at Los Cerritos and La Pastora beaches. The Mediterranean-like climate was highly desirable, and the location was much closer to his home. He later returned to invest in land and, with a business partner, and decided to fulfill his partner's wife's dream of having a beachfront B&B. The partners found the perfect spot—a *bocana* with magnificent beach and ocean views of Punta Lobos and La Pastora. Protected from the elements by the dunes, it was an ideal setting.

The wheels were put in motion to find the materials and the craftsmen to build a dream B&B to be called Hacienda Sydney, after the partner's wife. Scouring southern Baja to find the perfect stone for the B&B resulted in purchasing and having the contents of an entire quarry transported to the site. A complete woodworking shop had to be set up on site for the B&B's extensive custom cabinetry, doors, windows, and patios. Electrical power lines had to be run to Las Tunas, which, at the time, was without power. Redundant systems were put in place to ensure a superlative guest experience.

The resulting design perfectly employed the entire property, with a central mansion and four individual poolside *casitas*. The resort-style pool and its deck can accommodate parties of 100, making it perfect for weddings and events. Casual dining and al fresco cooking lower poolside complement the space. Exotic landscaping graces the grounds while also protecting the pool from Pacific winds.

There are five bedrooms in the two-story main mansion.



REAL ESTATE
F FARMS
RANCHS
PROPERTY MGMT
WATER RIGHTS

Office 612 145 0887 Lic. Claudia Ruvalcaba 331 044 14 84
C. Morelos Horacio Ruvalcaba 612 103 40 56
Todos Santos, BCS Greg Pedigo 805 714 6490 US



Located in a town where fresh basil, tomatoes, and mozzarella are readily available, it made sense to build two authentic Italian pizza ovens, which now flank the lower loggia. Upstairs, two fireplaces and comfy furniture make the veranda a cozy retreat for those delightfully chilly evenings. Complete with a gym, yoga studio, and sauna, the complex has every amenity for a small boutique hotel. No detail was overlooked. The design was quite advanced for its time. Sadly, within months of completion, Sydney passed away. The B&B never came to fruition and the home awaits a new owner to make Sydney's vision a reality.

For more information contact:
Deborah Wallendorf, Real Estate Advisor Todos Santos,
THEAGENCY, deborah@theagencyloscabos.com,
tel: 972 489 9781 (US), TheAgencyLosCabos.com

EL PESCADERO, B.C.S. GAVILAN BEACH 6

The epitome of what makes Baja California Sur special: where the rocks meet the ocean. This 9,000-square-meter property, with 120 meters of beach frontage, is only a short

bit of dirt road from the Los Cerritos surf point and sits in the heart of the unique oceanfront hillside—the only hillside that fronts the water in Los Cerritos.

Here you can watch the seabirds soar, the whales romp, and the sun set in the Pacific every day of the year. There is easy access for exploring the beautiful rocky coast below, with its sparkling tidal pools and secluded beaches. You can enjoy stunning, unblockable ocean views from anywhere on the property.

It would be a spectacular home site or sites, or a unique opportunity for a boutique hotel. Land on this special hillside overlooking Gavilan beach is limited, and this particular property sits right in the heart of it. And is the largest piece available in the area.

Gavilan Beach 6 is offered exclusively by Pescadero Properties, priced at \$1,200,000 USD.

For more information contact:
Roc Fleishman, owner/broker, Pescadero Properties,
email: roc@pescadero-properties.com, cel: (+52 1)
612-348-5468, www.pescadero-properties.com

BAJA DREAM continued on page 36

PRESALE

Cerritos Beach Opportunity

Introducing

SOLEADO CERRITOS

Luxury Beach Front
3 Bedroom Condominiums

Starting at:
\$345,000 USD

Agent on Duty. Book your Private Tour Today

Full Ownership

Los Cerritos Properties

Jaime Dobies
Cel. (612)134 0480
E mail loscerritosproperties@gmail.com
[f Los Cerritos Properties](#)

PESCADERO SURF CAMP

- Cabanas • Camping • Surfaris
- Instruction • Rentals • Repairs • Supplies

Jaime Dobies
Hwy. 19, KM 64
Pescadero, BCS

poloko2004@hotmail.com
www.pescaderosurf.com
cell 612 134 0480 US cell: 818-940-6336

Events

June

June 8 | 6 pm, **FRIDAY NIGHT TRIVIA** at **Todos Santos Brewing**. Theme 'Beer & Todos Santos Brewing.' Part of the Todos Santos Brewing 1st anniversary celebration.

June 9 | 1 pm, **TODOS SANTOS BREWING 1ST ANNIVERSARY KEG TAPPING** of their Celebration Ale (caco & habanero porter).

June 9 | 1 - 6 pm, **TODOS SANTOS BREWING 1ST ANNIVERSARY PARTY** in the beer garden with DJ Dimitri Kota and giveaways and games.

June 9 | 7 pm, **TODOS SANTOS BREWING 1ST ANNIVERSARY 'BEER-GUSTATION' CELEBRATION DINNER**. Food and beer pairing degustación dinner.

June 10 | 9:30 am, **SWAP MEET** at Marina Don José in La Paz.

June 10 | 2 pm, **'THE BREWER TALKS'** at **Todos Santos Brewing**. Full taps wall tasting session and brewery tour.

June 10 | 6 pm, **SUPER SUNDAY SESSIONS** hosted by Jenelle Aubade at **Todos Santos Brewing**. Featuring a range of their regular Sunday session artists.

June 11-17 | **LOS CABOS OPEN OF SURF** at Zipper's beach.

June 16 | 6:30 – 10 pm, **2ND FESTIVAL DE COCINA BAJAMED** at **EI Faro Beach Club** in Todos Santos. \$60 usd adults / \$25 usd child 6-12 yrs. Wine pairing dinner by Miguel Angel Guerrero. Enjoy a relax evening at the beach with live music and bonfire. Reservations: (612) 175-0800, reservations@guaycura.com

June 17 | **FATHER'S DAY**

June 21 | **FIRST DAY OF SUMMER**

July

July 28-31 | **FESTIVAL DEL MANGO** in Todos Santos.

August

August 15-19 | **BAJA BOUTIQUE YOGA RETREAT** by Northern Lights Healing at Hotel San Cristobal. Enjoy 4 days of living and breathing yoga and self-care. Experienced and local yoga teachers Teddi Dean Bennet and Emelie Eldridge will guide you through daily asana and pranayama practices and cultivate yogic philosophy to connect body, mind and spirit. All levels welcome. For more information: Facebook: Northern Lights Healing.

September

September 3 | **US LABOR DAY**

September 15 | **GRITO DE DEORES**

September 16 | **DÍA DE LA INDEPENDENCIA**

November

November 4 | **IRONMAN 70.3 LOS CABOS**

November 24 | **12TH ANNUAL PAPALA SOCIETY OF TODOS SANTOS TIANGUIS**. Location TBD. Bring your gently used donations to Tesoro Escondido Segunda on calle Cuauhtémoc, in Todos Santos. Drop offs may be made during regular business hours.

EVENTS cont. on page 47

HAPPY HOUR

Carlito's Place, **Su T W Th F Sa 3 – 5 pm**, Half price beer, in house favorites & domestic drinks.

Cerritos Beach Inn, M T W Th F 4 – 6 pm, Half price beer, wine and well drinks.

Chez Laura, **T W Th F Sa 4 – 5 pm**, Free tapas with your cocktail or wine.

Chill N Grill, M T W Th F 4 – 6 pm, 2x1 beer and well drinks.

FreeSouls, **Su M T W Th F Sa 5 – 6 pm**, Margaritas, mojitos, and beers at special prices.

Gallo Azul, M T W F Sa 3 – 6 pm, 2x1 mojitos and margaritas.

Hotel Casa Tota, **M T W Th F Sa 4 – 5 pm**, 2x1 beer and well drinks.

La Bohemia **Su M T W Th F Sa 4 – 5 pm**, 2x1 beer, handcrafted drink specials daily. Ask about their pool pass.

La Esquina M T W Th F Sa 5 – 6 pm, 2x1 beer, wine and margaritas.

La Morena M T W Th F Sa 4 – 6 pm

La Posta del Oasis M T W Th F Sa 4:30 – 6 pm, Special sunset menu.

Oasis Bar & Grill Su M Tu W Th F Sa 4 – 6 pm, 50 pesos well drinks and 20% off appetizers.

Rip Tide Bar Su M T W Th F Sa 3 – 6 pm, 3 beers or 3 margaritas for the price of 2.

Sky Lounge at **Guaycura Boutique Hotel Su M T W Th F Sa 2 – 4:30 pm**, 2 x 1 margaritas and beer when you mention this listing.

Shaka's Su M T W Th F Sa 4 – 6 pm, 2x1 beer and Georgie's palomas (tequila, lime and Squirt.)

Sugar Shack Su M T W Th F Sa 4 – 6 pm, Fresh squeezed margaritas, mojitos and beer specials.



10 YEARS IN REAL ESTATE IN THE TODOS SANTOS-PESCADERO AREA

A LIFETIME IN SOUTHERN BAJA

- BILINGUAL -

CELL. 612.176.1910 / OFFICE 612.145.0551 PERLA@RICARDOAMIGO.COM



every week

Monday – Friday, 9 am – 2 pm, **PUNTO VERDE RECYCLING CENTRE** behind Super Pollo, off calle Del Huerto at the southern entrance of Todos Santos. Bring your paper, #1 plastics, batteries, cardboard, cans, metal, Styrofoam, clear glass and electronics. 50 peso minimum donation, electronics are 80 pesos. Please separate and clean materials. For information: ecorrevolucionmx@gmail.com, (612) 139-4789

sunday

10:30 am, **SUNDAY BRUNCH** with Grand Bloody Mary Bar at La Posta del Oasis in Todos Santos.

1 – 9 pm, **SUNDAY LUNCH** at Garden by Rancho Pescadero in Pescadero. Open to the public and all ages welcome.

2 – 8 pm, **DOMINGO DE PAELLA** at **El Mirador Ocean View Restaurant** in Todos Santos.

6 pm, **SUNDAY SESSIONS** at **Todos Santos Brewing**. Live music in the beer garden.

monday

5 pm, **TLACUILOS TODOS SANTOS CÍRCULO DE ESCRITURA / WRITING CIRCLE** at La Palapa del Sabor (in front of Banorte). All are invited to share their writings. Bilingual meetings. For more information visit: <https://www.facebook.com/tlacuilstodossantos> Events: <https://www.facebook.com/events/189012501684966/>

tuesday

8:30 am – 1 pm, **LA PAZ FARMER'S MARKET** on calle Madero between 5 de Mayo and Constitución, La Paz.

6 pm, **ROCKIN' TACO TUESDAY & LIVE MUSIC** with live Latin Fusion at **Chill N Grill** in Todos Santos. 3 meat or potato tacos for \$100 pesos.

6 pm, **DINNER AND A MOVIE** at the **Cerritos Beach Inn**. Dinner at 6 pm, movie starts at 7 pm.

6:30 – 9:30 pm **ACOUSTIC MUSIC** with Tim Lang at La Casita restaurant in Todos Santos.

8 pm, **MOVIE NIGHT** at **Gallo Azul**, Todos Santos.

wednesday

8 pm, **MOVIE NIGHT** at La Posta del Oasis in Todos Santos.

thursday

8:30 am – 1 pm, **LA PAZ FARMER'S MARKET** on calle Madero between 5 de Mayo and Constitución, La Paz.

11 am – 1 pm, **NANCY JOYCE, HYDRATION SPECIALIST, Q&A** at **Pura Vida** in Todos Santos.

3 – 6 pm, **PIZZA 3 X 2** at **Gallo Azul** en Todos Santos.

4 – 9:30 pm, **2X1 ON ALL APPETIZERS** at **Chez Laura** in Todos Santos.

5 – 9 pm, **ARTWALK** in the San José del Cabo Gallery District. Takes place November through June.

6 – 7:30 pm, **"CHOYERO NO SE NACE, EL CHOYERO SE HACE"** free walking tour through the historic center of San José del Cabo, during the "Art Walk." The tour shows historical locations and discusses the history of Los Cabos and BCS in English.

6 – 8 pm, **LADIES' NIGHT** at Freesouls at Cerritos Beach. Ladies drink for free.

WEEKLY EVENTS continued on page 47

HACIENDA CERRITOS
Baja's iconic
Boutique Hotel
on the point
at Cerritos Beach

Come visit our La Misión
Restaurant and Sunset bar

Now Open to the public
12 to 9 pm Daily

U.S.: (858)551-8852 | Hotel: 011-521(612)104-2878 | Email: Contact@haciendacerritos.com

La Misión
At Hacienda Cerritos
Coastal farm to plate

Reservations: 624 239 6984
email: reservations@lamisionrestaurant.com.mx

When the Cicadas Sing Cuando las Cigarras Cantan



Caterpillars / Orugas

Summertime on the Baja California peninsula can be hot, humid, windy and rainy, and sometimes even dry, indicating monsoon season is on the way. Species observations can be predictable with residents and, also, very unpredictable with visitations from unusual and rare species due to environmental conditions and weather patterns. It is the best time for wildlife watchers, with extra-long days suitable for observing animal activities. No one is hibernating; everyone is warm and moving about; water is falling from the sky nurturing the land, and food is abundant.

Cicadas are one of the first indicators that summer is on the way. They are fascinating creatures with all kinds of unique aspects. Their high-pitched song is actually a distinctive mating call that only attracts females of the same species. This allows different species of cicadas to co-exist. Cicadas are the only insects capable of producing such a loud and unique sound, due to the drum-like structure in their abdomens. The most common species found on the peninsula, *Cacama valvata*, are covered with pruinose—a fine white dust that gives them a powdery bloom.

Bring on the flowers, here come the caterpillars! The first, and only, job of a caterpillar is to eat, and eat again. First their egg case, next, move on to eating almost everything in sight; malnourished caterpillars are not good for species

story and photos by /
historia y fotos de Kaia Thomson
traducido por Ricardo Madrazo

El verano en la península de Baja California puede ser cálido, húmedo, ventoso y lluvioso, y en ocasiones incluso seco, lo que indica que la temporada de tormentas está en camino. Las observaciones de las especies pueden ser predecibles entre los residentes y, también, muy impredecibles con las visitas de especies inusuales y raras debido a las condiciones ambientales y los patrones climáticos. Es la mejor temporada para los observadores de la vida silvestre, con días extra largos adecuados para observar las actividades de los animales. Nadie está hibernando; todos tienen calor y se mueven; el agua está cayendo del cielo nutriendo la tierra, y la comida es abundante.

Las cigarras son uno de los primeros indicadores de que el verano está en camino. Son criaturas fascinantes con todo tipo de aspectos únicos. Su canción aguda es en realidad una llamada de apareamiento distintivo que solo atrae a las hembras de la misma especie. Esto permite que coexistan diferentes especies de cigarras. Las cigarras son los únicos insectos capaces de producir un sonido tan fuerte y único, debido a la estructura tipo tambor en sus abdómenes. Las especies más comunes que se encuentran en la península, *Cacama valvata*, están cubiertas de pruinosa, un fino polvo blanco que les da un aspecto de floración en polvo.

¡Cuando vienen las flores, llegan las orugas! El primer y único trabajo de una oruga es comer y volver a comer. Primero se alimenta del cascarón del huevo que la contenía, luego, pasa a comer casi todo a la vista; las orugas malnutridas no son buenas para la supervivencia de las especies, no pueden producir huevos cuando maduran. Todo lo que se mueve y come es mucho trabajo, y las orugas tienen más de 4.000 músculos en el cuerpo para realizar el trabajo, 248 en la cabeza y 70 en cada segmento del cuerpo.

Las ardillas antílope de cola blanca, *Ammospermophilus leucurus*, son una de las criaturas más lindas que pertenecen a la orden de roedores. También conocidos como ardillas antílope, estos pequeños omnívoros se escabullen y saltan de su madriguera para comer todo tipo de cosas... insectos, semillas, plantas, frutas, roedores pequeños, y lagartijas. Sus pies son solo un poco más

LAS CIGARRAS cont. en página 26

survival, they cannot produce eggs when they mature. All that moving and eating is a lot of work, and caterpillars have over 4,000 muscles in their bodies to get the job done, 248 in the head and 70 for each segment of the body.

White-tailed antelope squirrels, *Ammospermophilus leucurus*, are one of the cutest critters belonging to the order, *Rodentia*. Also known as antelope chipmunks, these little omnivores scurry and hop away from their burrow to munch on all kinds of stuff... bugs, seeds, plants, fruits, smaller rodents, and lizards. Their feet are just a bit longer than other varieties of small squirrels, allowing them to be swift runners, and run with a hop. This combined with their coloration does make them look like little antelopes of the desert.

Red-spotted toads, *Bufo punctatus*, are insectivorous. They breed mainly after summer rains in quiet pools. The call of the male is a high-pitched musical trill, which sounds very much like a cricket. This is the only toad species native to our region that lays its eggs singly and not in strings. Tadpoles are totally aquatic; they have gills instead of eyes. Next comes the froglets (even though they are toads) who leave the water to live in a terrestrial environment.

How do snakes climb trees? Slowly, especially if it is a palm tree! Snakes use what is known as "concertina locomotion" to climb trees. This is the act of gripping with some parts of the body, while pushing and pulling with other parts of the body. Ripples of muscle travel along the length of the snake in the general direction of movement as they slowly inch forward. This pull/push motion is made possible by the scales that are keeled, or ridged like on the Baja California coachwhip, *Coluber fuliginosus*.

Birders love baby birds. It is fun to watch the bird parents teach the immature babies survival skills, help them learn to fly, and forage before they are fully grown. The Northern Cardinal, *Cardinalis cardinalis*, was named by the European settlers in North America

for the males' brilliant red plumage and crest, reminding them of the red vestments and headgear of higher religious officials in the Catholic Church. Both male and female birds sing year-round, with the female being very vocal, with more elaborate songs than the males, while sitting on the nest and—maybe singing birdie lullabies for the incubates?



Northern Cardinals / Cardenales del Norte



Saint Jude's
Medical Center

CONSULTATIONS
SPECIALISTS
HOSPITALIZATION
LABORATORY
PHARMACY
ENGLISH SPOKEN
AIR & GROUND AMBULANCE
INSURANCE ACCEPTED

**EMERGENCIES
OPEN 24 HOURS**

H. Colegio Militar s/n
Col. El Centro, Todos Santos, BCS
Tel. (612) 145-0600 / (624) 191-4262
#62 on Todos Santos map



Las Cigarras

continuó de página 24



Cicada / Cigarra

largos que otras variedades de ardillas pequeñas, lo cual les permite ser veloces, y correr con un salto. Esto, combinado con su coloración, los hace parecer pequeños antílopes del desierto.

Los sapos de puntos rojos, *Bufo punctatus*, son insectívoros. Se reproducen principalmente después de las lluvias de verano en aguas encharcadas tranquilas. La llamada del macho es un trino musical agudo, que suena muy parecido a un grillo. Esta es la única especie de sapo nativa de nuestra región que pone sus huevos solos y no en cuerdas. Los renacuajos son totalmente acuáticos; tienen agallas en lugar de ojos. Luego vienen las ranitas (aunque son sapos) que dejan el agua para vivir en un ambiente terrestre.

¿Cómo escalan las serpientes los árboles? Lentamente, especialmente si es una palmera! Las serpientes usan lo que se conoce como "locomoción de acordeón" para escalar árboles. Este es el acto de agarrar con algunas partes del cuerpo, mientras empuja y tira con otras partes del cuerpo. Las ondulaciones del músculo viajan a lo largo de la serpiente en la dirección general de movimiento a medida que avanzan lentamente. Este movimiento de "tirar / empujar" es posible gracias a las escamas que se agachan, o surgen como en la culebra de Baja California, *Coluber fuliginosus*.

Los observadores de aves aman ver a los críos. Es divertido observar cómo los padres de las aves enseñan las habilidades de supervivencia a los bebés inmaduros, los ayudan a aprender a volar y a alimentarse antes de que crezcan por completo. El Cardenal del Norte, *Cardinalis*



White-tailed antelope squirrel /
Ardilla antílope de cola blanca



Red-spotted toad / Sapo de puntos rojos

cardinalis, fue nombrado por los colonos europeos en América del Norte por el brillante plumaje y cresta rojos de los machos, recordándoles las vestiduras rojas y el tocado de los altos oficiales de la Iglesia Católica. Tanto los machos como las hembras cantan durante todo el año; la hembra es muy vocal, con canciones más elaboradas que los machos, mientras están sentadas en el nido y, ¿quizás cantando canciones de cuna para los incubados?



Todos Caballos

We're all about HORSES!

Lessons, training and trail rides
for all levels and ages of riders.

Mexican Azteca Horses

612-154-5588 kaia@mindspring.com



El Cielo: The Baja Sky

by Roc Fleishman
photo by Kaia Thomson

Welcome to the 2018 summer edition of *El Cielo*, highlighting the more visible movements of the heavenly objects above Baja California Sur from June through September.

MOON/PLANET CALENDAR

JUNE

- 12th Waning crescent moon in east before dawn.
14th New moon, 30 hours old. Possible view of Mercury below and right about 7°.
15th Moon with Venus above.
17th Moon with Regulus, the bright star in Leo, above.
23rd Moon and Jupiter within 5° or so all evening.
27/28th Moon and Saturn close together all night.
30/1st Mars is near almost full moon after they rise about 11:30 pm.

Star notes: Omega Centauri is a great fuzzy ball at 18° of altitude in the south (southwest by end of June) at sunset—a great binocular or telescope target.

JULY

- 9th Venus and Regulus within 1° before they set around 11:45 pm.
10th Waning crescent moon near Aldebaran before sunrise in the east.
11th Waning crescent moon makes an early morning appearance in the east.

13th

Very thin new moon possible. Venus will be visible above, and Mercury might be seen between Venus and the moon.

14th

Crescent moon with Mercury just below.

15th

Thicker crescent moon within 1° of Venus.

20th

Moon near Jupiter.

24/25th

Almost full moon within a degree of Saturn around 1 am.

AUGUST

6th

Moon near Aldebaran in the early morning hours.

9th

Waning crescent moon before dawn.

12/13th

Perseid meteor maximum. Our usual big summer meteor shower always runs from the middle part of July until late August. The peak this year is supposed to be the night of the 12th. The new moon is the evening of the 12th, so there won't be any moonlight to wash out the meteors. Enjoy it from a dark site, away from the marine layer.

14th

Moon above Venus in the sunset.

16/17th

Moon with Jupiter to the left until they set at about 1 am.

SEPTEMBER

8th

Waning crescent moon before sunrise, with Regulus 2° to the right and Mercury 4° below.

10th

New moon on my birthday!

EL CIELO continued on page 44



View Lots



Homes in Pueblo Pescadero



Beachfront Lots



Beach Houses

ROC FLEISHMAN PESCADERO PROPERTIES

US TEL: 310.622.4497

MX CEL: 612.348.5468

www.pescadero-properties.com

roc@pescadero-properties.com

julie@pescadero-properties.com

accomodations

Casa Bentley	21
Casablanca B&B.....	162
El Litro Trailer Park.....	160
Gallo Azul Lofts	111
Guaycura Boutique Hotel.....	22
Hacienda Todos los Santos	115
Hotel California	63
Hotel Casa Tota.....	20
Hotel Maria Bonita.....	86
Hotel Miramar.....	158
La Bohemia Hotel Pequeño.....	87
Los Colibrís Casitas	163
Motel Gularte.....	67
Posada del Molino	146
Posada La Poza	164
Santa Rosa.....	155
The Todos Santos Inn.....	2
Todos Santos Youth Hostel.....	161
The Vibe B&B	24
White Sand Hotel	80

galleries

AR Galería	31
Benito Ortega, Sculptor	11
Casa Catalina y Galería.....	36
Galería de Todos Santos	30
Galería Gabo	64
Galería Ezra Katz	37
Galería la Coronela	23
Galería La Poza	99
Galería Logan	68
Galería N.E. Hayles	159
Gallery365	89
La Gitana Baja	54
La Sonrisa de la Muerte	89

restaurants / bars

Alma y Manny's	92
Bahia Restaurant Bar	93
Barajas Tacos	141
Cafélix / Boyitacos	57
Caffé Todos Santos	3
Chez Laura	88
Chill N Grill	147
Crazy Chicken	122
Derek Sushi	91
El Gusto! at Posada La Poza	164
El Pastorcito Tacos	72
El Jardín Restaurant / Sky Lounge ...	22
El Refugio Mezcalería	117
Fonda "El Zaguán"	34
Gallo Azul pizza, bar, art	111
Jardín Alquimía	20
La Casita Tapas & Wine Bar	102
La Catrina Cantina	119
La Copo Bar & Cocina	2
La Morena	98
La Santeña Restaurant/Bar	20
La Generala	130
La Posta del Oasis	112
Landí's Restaurante	35
Los Adobes de Todos Santos	44
Mariscos El Botete	151
Mariscos El Sinaloense	73
Michael's at the Gallery	30
Miguel's Restaurant	129
Nevería Rocco / Ice Cream	32
Paletería "La Paloma"	85
Pizzeria Nostra	133
Restaurant Café Santa Fé	48
Restaurant Las Fuentes	121
Restaurant "Mi Costa"	71
Restaurant Mi Pueblo	43, 55
Ristorante Tre Galline	3
Rumi Garden	136
Santo Chilote	116
Santo Pecados	103
Shopin Sushi Bar	132
Shut Up Frank's	140
Super Pollo	139
Tequila Sunrise	65
Todos Santos Brewing	74



el centro detail locations 1 - 68

all rights reserved
todos los derechos reservados
© Janice C. Kinne Ekman, 2006-2018

grocery / liquor stores

Amor D'vino	1
Baja Market	79
Bodega Lizarraga	42
Mercado Gularte	94
México Gourmet Todos Santos	32
Panadería "Todos Santos"	75
Productos de Bahía Pescadería	93
Pura Vida Health Food & Deli	145
iQue Rico!	82
SuperMercado El Sol	135

real estate

AmeriMex	13
A. Paraiso Real Estate	97
AATYF	96
Coldwell Banker	16
Engel & Völkers Snell Real Estate	16
Pescadero Properties (upstairs)	16
Ricardo Amigo Real Estate	8, 38
The Agency	26

services

Adventure 19	117
Aguila Bus Terminal/Baja Pack	105
Aldo's Gym / ZR Trainer /Therapy ...	149
Ara Delora Hair	149
Autopartes De La Rosa	106
Baja Rents	86
Baja Tiles	79
Banco Bancomer / ATM	100
Banco Banorte / ATM	61
Budget Rent-a-Car	36
Caja de Sierra Gorda	77
Comex	84
Chiropractor Dr. Amir Arberman	152
Clinica Veterinaria Martvet	148
De Madera Framing	32
Dra. Alejandra Peña Salguero	118
Dr. Ángel Hernández Baeza	16
Dr. Oliva / Estafeta	148
Dr. Carlos Young	108
El Arco Eléctrica y Plomería	76
"El Abuelo" Shoe / Leather Repair	144
Farmacia San Benito	107
Felipe Rodriguez Lara, Notary #8	4
Ferretería Jimenez	123
Ferretería Romex	104
Ferre Todos Santos	126
Forrajes San Diego	124
GCR Contadores	16
Hablando Mexicano	120
Hielera del Sur / Block Ice	153
La Primavera	28
La Sirena Eco-Adventures	156
Laboratorio Todos Santos	148
Lavandería "Juanita"	142
Lucky Nails	19
MerciTodo curtains, fabrics	127
MegaCable	18
Monica Avila Notary & Legal	137
Namaste Yoga Centro BCS	14
Neptune Lavandería / Laundry	109
Nina Sundqvist, Official Translator	4
Optik	148
Over The Edge Baja	12
Pacífico Storage	69
Papelería La Palma	81
Papelería Omega	83
Studio La Lucertola	33



services cont.

TelCel	93
Telefonica MoviStar	109
Todos Santos Eco Adventures	163
Torres Architecture	17
Veterinaria "El Ladrador"	70
Vivero de Heriberto	78
White Sand Massage & Day Spa	80

shops

Agua y Sol Bazaar	49
Bésame Mucho Bazaar	25
Boutique Sta. María	15, 59
Curios "Pancho"	101
Dayra Juliette Joyería	66
Dos Glorias / Regalos Diana	6
El Tecolote Bookstore	36
Étnica	4
Heartsease	36
Joyería Brilanti	11, 27
La Katrina Surf Shop	32
La Todosanteña	33
Los Faroles Plaza	59
Mangos	10
Manos Mexicanas	29
Mueblería Chayitos	128
Nomad Chic	36
Ofelia Collection	16
Plaza Adriana	15
Plaza Antigua	16
Plaza las 3 Californias	66
Tesoro Escondido Segunda	125
Todos Santos Surf Shop	86
Tony's Arte, Decor. y Muebles	113

other

Centro de Salud / Hospital	150
CFE / Electric Commission	53
Escuela de Cine	Behind Teatro
Escuela Pacífica	154
Finanzas / State Finance Office	15
Judicial/Ministerio Público/State Police	134
Municipal Offices / Police	46
Padrinos Children's Foundation	118
Palapa Learning Center/Biblioteca	138
Post Office / Correos	157
SAPA / Agua Potable / Water Company	18
St. Jude's Medical Center	62



el otro lado TODOS SANTOS

© Janice C. Kinne Ekman, 2007-2018
all rights reserved
todos los derechos reservados

accomodations

Casa Las Tunas	22
Casa Rancho	1
Flora del Mar.....	27
Pachamama Mexico	14
Perro Surfero	7
Serendipity	17
Sole Caliente.....	29
the Hotelito.....	33
Villa Santa Cruz.....	13
Villa Bugambilias	30
restaurants / food	
Corazón de Té.....	30
La Cocina de Cleo.....	21
La Esquina	12
La Parola Ristorante.....	20

Los Pinos Market

Pacifica Fish Market.....

Paletería La Playita.....

Rancho Buen Día

SuperMercado "El Sol" II

galleries / shops

Casa Sur.....

Cositas para la Casa

Steve Thurston Studio

other

AF Design & Construction

Baja Beach Views

Bomberos

Casa Dracula

Control Fitness & Pilates.....

Coronado & Fernandez.....

Nicolas Bravo.....

Pila.....

Horizonte.....

Camino del Pacifico

Camino del Cielo

Camino Internacional

Calle Las Lábrdes

Calle de las Estrellas

Calle Los Mangos

Calle La Maquina

Calle La Cachora

Calle Los Mangitos

Topete

La Poza

San Ignacio

Las Flores

Las Brisas

Las Tunas

Las Flores

San Sebastian del Rio

Horizonte

Nicolas Bravo

Pila

Horizonte

Camino del Pacifico

Camino del Cielo

Camino Internacional

Calle Las Lábrdes

Calle de las Estrellas

Calle Los Mangos

Calle La Maquina

Calle La Cachora

Calle Los Mangitos

Topete

La Poza

San Ignacio

Las Flores

Las Brisas

Las Tunas

Las Flores

San Sebastian del Rio

Horizonte

Nicolas Bravo

Pila

Horizonte

Camino del Pacifico

Camino del Cielo

Camino Internacional

Calle Las Lábrdes

Calle de las Estrellas

Calle Los Mangos

Calle La Maquina

Calle La Cachora

Calle Los Mangitos

Topete

La Poza

San Ignacio

Las Flores

Las Brisas

Las Tunas

Las Flores

San Sebastian del Rio

Horizonte

Nicolas Bravo

Pila

Horizonte

Camino del Pacifico

Camino del Cielo

Camino Internacional

Calle Las Lábrdes

Calle de las Estrellas

Calle Los Mangos

Calle La Maquina

Calle La Cachora

Calle Los Mangitos

Topete

La Poza

San Ignacio

Las Flores

Las Brisas

Las Tunas

Las Flores

San Sebastian del Rio

Horizonte

Nicolas Bravo

Pila

Horizonte

Camino del Pacifico

Camino del Cielo

Camino Internacional

Calle Las Lábrdes

Calle de las Estrellas

Calle Los Mangos

Calle La Maquina

Calle La Cachora

Calle Los Mangitos

Topete

La Poza

San Ignacio

Las Flores

Las Brisas

Las Tunas

Las Flores

San Sebastian del Rio

Horizonte

Nicolas Bravo

Pila

Horizonte

Camino del Pacifico

Camino del Cielo

Camino Internacional

Calle Las Lábrdes

Calle de las Estrellas

Calle Los Mangos

Calle La Maquina

Calle La Cachora

Calle Los Mangitos

Topete

La Poza

San Ignacio

Las Flores

Las Brisas

Las Tunas

Las Flores

San Sebastian del Rio

Horizonte

Nicolas Bravo

Pila

Horizonte

Camino del Pacifico

Camino del Cielo

Camino Internacional

Calle Las Lábrdes

Calle de las Estrellas

Calle Los Mangos

Calle La Maquina

Calle La Cachora

Calle Los Mangitos

Topete

La Poza

San Ignacio

Las Flores

Las Brisas

Las Tunas

Las Flores

San Sebastian del Rio

Horizonte

Nicolas Bravo

Pila

Horizonte

Camino del Pacifico

Camino del Cielo

Camino Internacional

Calle Las Lábrdes

Calle de las Estrellas

Calle Los Mangos

Calle La Maquina

Calle La Cachora

Calle Los Mangitos

Topete

La Poza

San Ignacio

Las Flores

Las Brisas

Las Tunas

Las Flores

San Sebastian del Rio

Horizonte

Nicolas Bravo

Pila

Horizonte

Camino del Pacifico

Camino del Cielo

Camino Internacional

Calle Las Lábrdes

Calle de las Estrellas

Calle Los Mangos

Calle La Maquina

Calle La Cachora

Calle Los Mangitos

Topete

La Poza

San Ignacio

Las Flores

Las Brisas

Las Tunas

Las Flores

San Sebastian del Rio

Horizonte

Nicolas Bravo

Pila

Horizonte

Camino del Pacifico

Camino del Cielo

Camino Internacional

Calle Las Lábrdes

Calle de las Estrellas

Calle Los Mangos

Calle La Maquina

Calle La Cachora

Calle Los Mangitos

Topete

La Poza

San Ignacio

Las Flores

Las Brisas

Las Tunas

Las Flores

San Sebastian del Rio

Horizonte

Nicolas Bravo

Pila

Horizonte

Camino del Pacifico

Camino del Cielo

Camino Internacional

Calle Las Lábrdes

Calle de las Estrellas

Calle Los Mangos

Calle La Maquina

Calle La Cachora

Calle Los Mangitos

Topete

La Poza

San Ignacio

Las Flores

Las Brisas

Las Tunas

Las Flores

San Sebastian del Rio

Horizonte

Nicolas Bravo

Pila

Horizonte

Camino del Pacifico

Camino del Cielo

Camino Internacional

Calle Las Lábrdes

Calle de las Estrellas

Calle Los Mangos

Calle La Maquina

Calle La Cachora

Calle Los Mangitos

Topete

La Poza

San Ignacio

Las Flores

Las Brisas

Las Tunas

Las Flores ..

Voces del Pueblo

by Janice Kinne

Welcome to the Summertime in Baja issue of **Journal del Pacifico**! Thank you for all the compliments on our Gastrovino issue with the fabulous Kate Turning cover.

Did you see our **JDPTv** Gastrovino video on Facebook? Check it out. You'll be seeing more of JDPTv in the coming season.

Kaia Thomson of **Todos Caballos** has shared photos and stories about some of the creatures that we see moving about during the summer season.

Bryan Jáuregui of **Todos Santos Eco Adventures** tells two interesting tales this issue: the story of the sea lion colonies of Los Islotes in the Sea of Cortez, and the growing movement to eliminate plastic straws and containers in Baja.

Many visitors to Baja dream of moving here, and perhaps, starting a business or boutique hotel. In this issue, we've selected some of the most desirable dream properties currently available: **Soledad Cerritos**, **Gavilan Beach** and **The Osprey** in Pescadero; **Boulder Cove** in La Paz; **The Todos Santos Inn** and the '**Taj Mahal**' in Todos Santos; and **La Huerta** in San Juanico. We hope that you enjoy reading more about these exciting opportunities, and maybe, your dream will become a reality.

Todos Santos Brewing is celebrating their first anniversary with fun events over the weekend of June 8th to the 10th. Check out our article and events for more information. Cheers to one year!

Newly opened in Todos Santos, **Gallo Azul Lofts**, are four loft-style, one-bedroom apartments with modern kitchens, dining, and living spaces. They are conveniently located next door to the **Gallo Azul** restaurant, just one block up from the park. They are perfect for a vacation rental, long or short-term stay.



Baja Beans, in Pescadero, has extended their hours and are now open 7 am to 6 pm all year, serving breakfast and lunch.

Escape the heat with a day at the pool at **La Misión at Hacienda Cerritos**. The one-day 900 pesos pass is refundable with your restaurant and bar purchases, and the pool is open from 12 to 8 pm daily.

Shaka's Cantina and Gallery is open on the road to Cerritos with happy hour and delicious daily food specials.

Unfortunately, summer weather can mean pests. Let the people at **Jal Fumigación** help control these unwanted visitors in your home. See their ad for details.

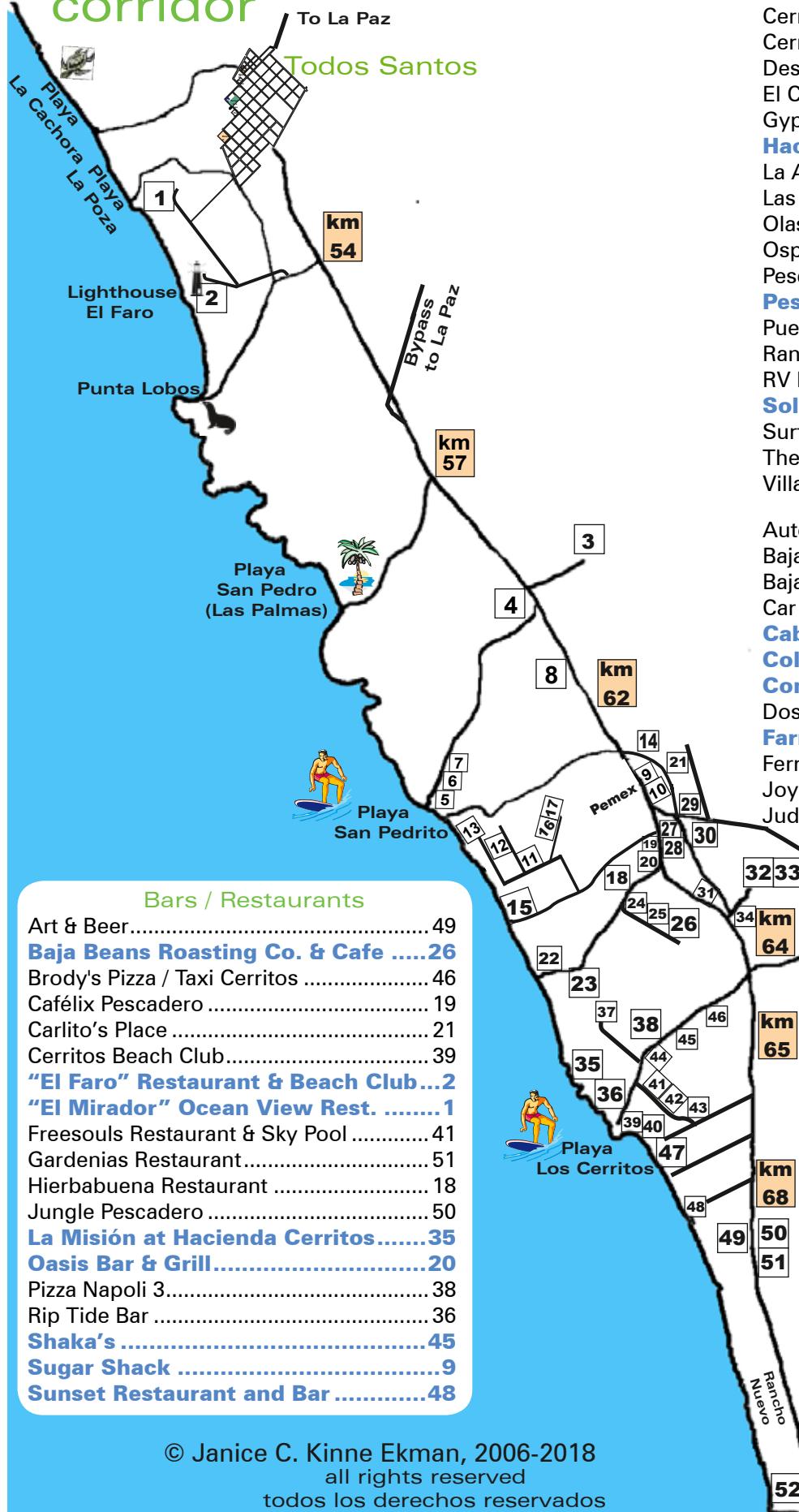
Stop into **Como El Sol** in Pescadero for all your solar energy needs. They can help you out with panels, inverters, controllers, batteries, refrigerators, freezers, fans, lights and more!

Going away this summer? Contact **Pickle N Paws** for your pet care needs.

Core Yoga will be back at Cuatro Vientos in October.

Enjoy your summer! We'll be back with the Fall 2018 issue in September. Deadline is September 19.

todos santos—el pescadero corridor



Bars / Restaurants

Art & Beer.....	49
Baja Beans Roasting Co. & Cafe	26
Brody's Pizza / Taxi Cerritos	46
Café Felix Pescadero	19
Carlito's Place	21
Cerritos Beach Club.....	39
"El Faro" Restaurant & Beach Club ...	2
"El Mirador" Ocean View Rest.	1
Freesouls Restaurant & Sky Pool	41
Gardenias Restaurant.....	51
Hierbabuena Restaurant	18
Jungle Pescadero	50
La Misión at Hacienda Cerritos.....	35
Oasis Bar & Grill.....	20
Pizza Napoli 3.....	38
Rip Tide Bar	36
Shaka's	45
Sugar Shack	9
Sunset Restaurant and Bar	48

© Janice C. Kinne Ekman, 2006-2018
all rights reserved
todos los derechos reservados

Accomodations

Arriba de la Roca	52
Cerritos Beach Inn	48
Cerritos Puesta del Sol.....	42
Cerritos Surf Beach Hotel & Spa	47
Desert Moon Cerritos Beach Hotel	36
El Chapil Mini Hotel	16
Gypsy's Beach House Rentals	26
Hacienda Cerritos	35
La Alianza	22
Las Palmas Tropicales Casitas	6
Olas de Cerritos	41
Osprey San Pedrito	13
Pescadero Palace	7
Pescadero Surf Camp.....	33
Pueblo Pescadero	23
Rancho Pescadero	15
RV Park "Baja Serena"	14
Soledad Cerritos	40
Surf Casitas	5
The Residences at Freesouls	41
Villas de Cerritos Beach	38

Other

Autobus Aguila Bus Station	10
Baja Serena Yoga	14
Baja Zen	37
Car Wash Pescadero	25
Cabo Premier Inv. & Real Estate	20
Coldwell Banker Real Estate	44
Como El Sol	29
Dos Marias Day Spa	12
Farmacia San Benito	27
Ferretería Romex	30
Joy of Floating	24
Judicial/Ministerio Público/State Police ..	34
La Curandería	17
Materiales Los Navas	8
Los Cerritos Properties	32
Plaza San Antonio	27
Relleno Sanitario/Trash Dump	3
Todos Santos Private Transportation	25

Grocery

Agricole Cooperativa	4
Gardenias Mini Super	51
Kimberly's Café and Supermarket	45
Mini Super Brody	46
Mini Super Munchies / Doterra Essential Oils	11
Pescadero Organics	31



To Elías Calles and Cabo San Lucas

Beaches / Playas

by Janice Kinne

Todos Santos lies inland along the rugged Pacific coast. There are miles of beautiful white sand beaches accessible down unmarked dirt roads.

This stretch of the Pacific Ocean is a very dangerous place to swim at any time of the year. Strong rip currents and backwash are common. People have drowned in waters near Todos Santos simply because they were too close to the ocean while on beaches with steep drop-offs. There are no lifeguards on duty at any area beaches.

You can access the **LA POZA** and **LA CACHORA** beaches via the La Cachora road. Both are suitable for walking, fishing, whale watching, relaxing, or sunbathing. They are not swimming beaches.

Because of the big waves breaking on the shore, La Cachora beach has become popular with skim boarders.

La Poza has a large freshwater lagoon that is great for bird watching. If you are going to swim in the lagoon be very careful. The lagoon may appear to be shallow, but has many sudden drop-offs and is actually very deep.

PUNTA LOBOS, named for a sea lion colony, is also known as the fishermen's beach. Simply follow calle Francisco Bojorquez Vidal (formerly calle Punta Lobos) south out of town, or turn off at km 54 from Highway 19. You will pass an old cannery from the days when fishermen could harvest sea turtles legally. There is a small freshwater lagoon at Punta Lobos with a shrine to the Virgin.

The fishermen ride their *panga* boats on the waves onto the beach between 1 and 3 pm. Their return is exciting to watch and you can usually buy fresh fish from the cooperatives.

The two fishing cooperatives have exclusive rights to the "launch zone" at Playa Punta Lobos. For reasons of safety and due to past problems, boat launching at Punta Lobos is not permitted without their express permission.

The only recommended swimming beaches are outside of Pescadero. **SAN PEDRO**, also known as **PALM BEACH** (*Playa Las Palmas*), is near km 57. Its entrance is across Highway 19 from the Campo Experimental—stay to the left as you pass the abandoned hacienda. Las Palmas is a beautiful, secluded beach surrounded by a palm grove with a freshwater lagoon that is home to a variety of plants, birds, and wildlife.

Due to strong currents (especially near the rocky point), swimming is safer 50 meters from the rocks. Swim with caution and always have a land reference. The property surrounding Palm Beach is privately owned. The gates are open from 6 am to 9 pm daily. Car break-ins have been reported at Palm Beach. Leave your valuables at home!

PLAYA SAN PEDRITO is a rocky surfing beach around km 60, about 4.6 miles (7.4 km) from Todos Santos.

PLAYA LOS CERRITOS is located at km 64 about BEACHES continued on page 34

MARIO SURF SCHOOL

- Surf Lessons
- Surf Excursions
- SUP Tours
- Rentals

From México: (612) 130 3319
For U.S. and Canada Cell +52 1 (612) 142 6156
Cell +52 1 (612) 151 8707

info@mariosurfschool.com
www.mariosurfschool.com



Todos Santos Surf Shop

Calle Hidalgo & Militar (#86 on the map)
(612) 145-1114 (612) 120 3277
todossurf@gmail.com www.explorabaja.com

Facebook Instagram tripadvisor

DOTERRA ESSENTIAL OILS



AVAILABLE ALL SUMMER!

RETAIL:

PURA VIDA HEALTH FOOD

WHOLESALE:

MYDOTERRA.COM/MINISUPERMUNCHIES
OR: [f BAJAESSENTIALOILS](#)



Beaches

continued from page 33

by Paul Van Vleck

eight miles (12.8 km) south of Todos Santos. Look for the turnoff after the hill, south of Puente El Pescadero. Los Cerritos is a popular spot for surfing, boogie boarding, swimming, and fishing. Swim with caution due to strong riptides near the rocks. It is recommended to stay at least 50 meters from the rocks. The most secure swimming area is in front of the restaurant/bar. Swim with caution and always have a land reference. There is a long stretch of beach to the south that is perfect for walking or running. Surfboard rentals and other services are available.

MARIO'S SURF SCHOOL provides surfing lessons, board rentals, repairs, and accessories. Call for information.

PESCADERO SURF CAMP, #33 on the Pescadero map, provides surfing lessons and surfaris.

TODOS SANTOS ECO ADVENTURES, #163 on the Todos Santos map. Since 2002 Todos Santos Eco Adventures (TOSEA) has been providing visitors with opportunities to explore, celebrate, and help conserve the magnificently diverse ecosystems of Baja. TOSEA offers whale and bird-watching trips in the Pacific lagoons; treks and *ranchero* culture programs in the Sierra la Laguna mountains; Sea Turtle Camp and surfing surfaris on the Pacific coast, and kayaking, "glamping," whale shark, and sea lion adventures in the Sea of Cortez.

TODOS SANTOS SURF SHOP, #86 on the Todos Santos map, sells and rents surf boards, offers beach supplies and activities around Todos Santos. They carry international brands like Vans, Rip Curl, Dakine, Exile, and Rainbow & Havaianas sandals. They also carry many locally handmade wares, clothes, bikinis, accessories, natural sunscreen; and the beloved "Eclipse" boards shaped by Meisy of Todos Santos. They offer tours to swim with whale sharks and sea lions, surfing lessons, fishing trips, trips to Espíritu Santo Island, and whale watching in Magdalena Bay.

Surf reports: checkout Baja under Mexico at
<http://wetsand.com/surfreport/> or
<http://magicseaweed.com/Todos-Santos-mainland-Surf-Report/1201>

**10 YEARS OF
IN TS AREA
EXPERIENCE
BUILDING**

AF
DESIGN & CONSTRUCTION

Fine Custom Building & Design

(044) 612 140 20 74 www.afdesign.mx
Baja California Sur, México af.grupo.constructor@hotmail.com

CFE electric connections
Electric engineering **DELEC**



Sea Lions

continued from page 18

determine if tourism is having an impact on the sea lions."

Of course, liking your loving in the evening time is a common enough attribute of many healthy mammals, but if other colonies are also enjoying some afternoon delight, have the sea lions of Los Islotes gone too far in adapting to the presence of humans? Will the territorial males one day snap back to impose a more natural environment for their territories? Human males have certainly done battle over lesser issues.

Tourists have been visiting Los Islotes on a regular basis for roughly three decades, and sea lion males live an average of 19 years. There is therefore not yet a deep institutional knowledge about humans among the territorial males, and they could still be giving us the opportunity to demonstrate our worthiness as visitors to their home. Will we make the cut? We can't be sure what the sea lions have learned about humans over the years, or what Claudia and her team will demonstrate, but the strong pull of Los Islotes on humans is easy enough to understand: it is a place where joy and spontaneity rule, and we thrill to that vibrancy. While the territorial males are likely not motivated by their roles as life coaches for humans, it is enticing to think that maybe just one of the reasons they work so hard is to protect such a joyful lifestyle for their families. Claudia and her team are working hard to do the same.

Todos Santos Eco Adventures is the leading eco-adventure company in Baja California Sur. On Isla Espiritu Santo we operate Camp Cecil, a luxury tent camp, and Camp Colossus, a moveable glamping operation. Claudia and her students will be spending time with us at our camps throughout the season as they conduct their sea lion research, so you may find them at the dinner table if you spend time with us at the island!

To dial a United States 800 number FROM a landline in Mexico, replace the 800 prefix with the prefix shown below:

- 800 numbers Dial 001-880-then the number
- 866 numbers Dial 001-883-then the number
- 877 numbers Dial 001-882-then the number
- 888 numbers Dial 001-881-then the number

**Como
El Sol
S. de R.L. de C.V.**

**SOLAR ENERGY
Systems, Service & Products**

**Solar Panels * Custom Racks
Inverters * Charge Controllers
Lithium & Traditional Batteries
Solar Refrigerators * Freezers * Pool Pumps
Lights * Fans & more!**

**Located in Pescadero on the main boulevard
(612)198-0125 f
ComoelSol.info@gmail.com ComoelSol.com**



KM 63 . EL PESCADERO, Baja California Sur

OPEN ALL YEAR

7 AM - 6 PM

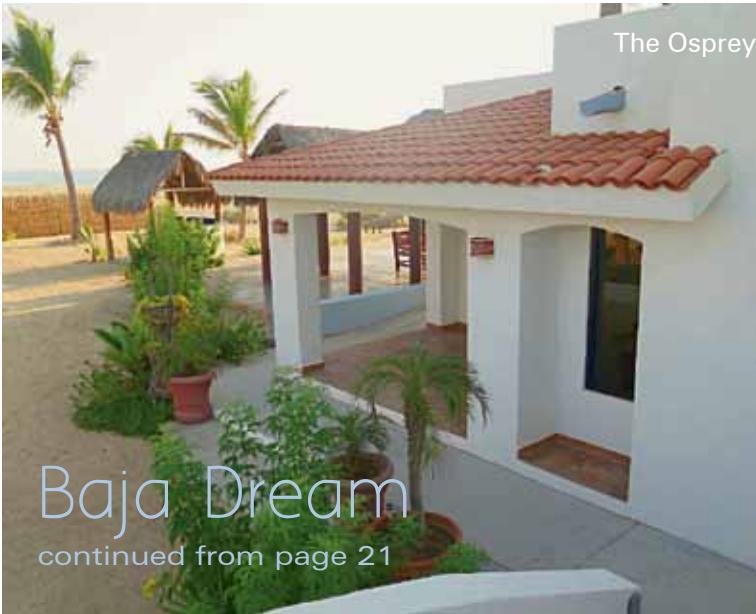
Breakfast & Lunch



Espresso, Lattes,

Frappuccinos

Whole Bean Coffee



The Osprey

Baja Dream

continued from page 21

THE OSPREY BEACHFRONT VILLAS

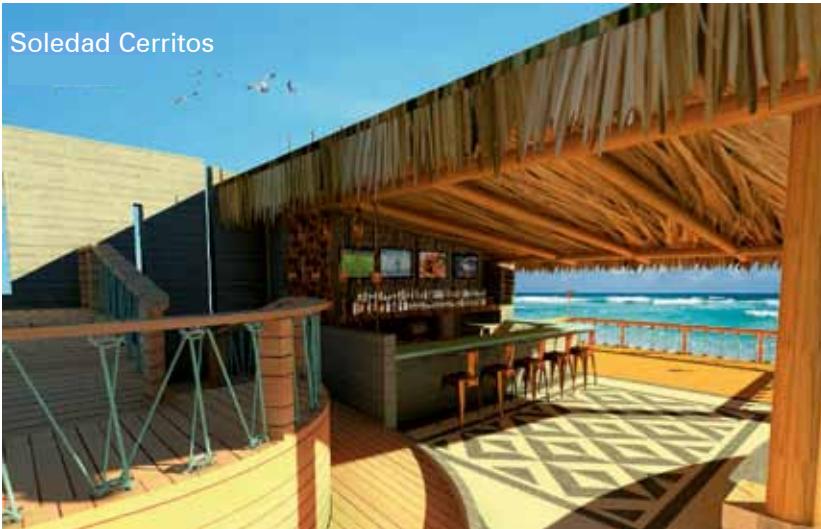
Welcome to paradise in Baja California Sur. The Osprey beachfront villas are located on the world-famous San Pedrito surf break in sunny El Pescadero. Life is easy here—tranquil white sand beaches, breathtaking sunsets, and surreal sunrises. It's a surfer's paradise, miles away from the hustle of the outside world with room to breathe. Simply Zen. The area is embraced by the majestic Sierra Madre mountains, surrounded by fields of peppers and basil, and miles of Pacific Ocean where the whales, dolphins, and rays come to play.

The Osprey beachfront boutique villas are situated in a private and secure compound, boasting over 4,000 square feet of total living space. Imagine over a half acre of pristine land on the beach with four separate villas. The Osprey gives you a casually elegant lifestyle that is comfortable, yet contemporary, with just enough Mexican flair to remind you of where you are. Envision morning sunrises with coffee in bed, watching through the large picture window as the whales play in the sea, evening sunsets, margaritas, toes in the sand, and nighttime fires in the firepit under the endless Pescadero stars. Baja living at its best.

The Osprey has been home to many visitors throughout the years. Clean, comfortable accommodations at affordable rates have made this one of the most sought-after vacation rentals in the area. This complex is the perfect property to host corporate retreats, family gatherings, or the romantic getaway—truly a one of a kind beachfront paradise.

For more information contact:

Cyndi Williams, California licensed real estate broker,



Soledad Cerritos



Soledad Cerritos

broker/owner, Cabo Premiere Investments & Real Estate. Mexican cell: (624) 158-8650, office: (624) 143-3700, US/Can: (707) 388-2006, email: Cyndicbre@aol.com, www.cabopremierrealestate.com

SOLEDAD CERRITOS

Have you ever fantasized about what it would be like to have a full-time beachfront residence? Discover a new way of luxury living and let the sea inspire you at Soledad Cerritos.

This new development, in the heart of Los Cerritos, presents a new way of living: the first luxury development with private residences at Cerritos beach. These incredible condominiums have been designed for living full-time in an amazing, luxurious bliss with ocean views. Enjoy all the services and amenities of five-star living while soaking in a world-renowned tourist destination.

The complex of 58 full-ownership, beachfront luxury condominiums—each 1,500 square feet with three bedrooms, two full bathrooms, and large balconies—includes a large pool, restaurant, bar, gym, spa, wellness activities, under-building parking, and a full-service concierge.



Shaka's Delicious Wood
Cantina y Galeria
Cerritos Beach - BCS Mexico

OPEN 11 AM - 9 PM
HAPPY HOUR 4-5 PM
2X1 BEERS & GEORGE'S PALOMAS
DAILY FOOD SPECIALS
ARTISANAL WARES

Kimberly's
Supermarket & Coffee Spot

CAMINO PLAYA DE LOS CERRITOS
KM 65 CERRITOS BEACH - 632 137 0217

MENÚ:

ESPRESSO AMERICANO CHAI LATTE AMERICANO
CARAMEL MACCHIATO ICED CHAI MOCHA
ESPRESSO

ABARROTES:

CERVEZA Hielo
BOTANAS Abarrotes en Gral.
PRODUCTOS DE HIGIENE PERSONAL

Soleado Cerritos is located on Cerritos beach, one of the most attractive destinations in Baja. Discover the beauty of its landscapes, endless sunshine, azure skies, and breathtaking sunsets. The diversity of water sports and abundant activities await those lucky enough to travel to Cerritos—a hidden paradise on the Baja peninsula of Mexico. Where the desert meets the sea, the beautiful coastline attracts and invites those with a sense of adventure to come not only to visit, but to live. And why not live in luxury?

Units are for sale now at pre-construction prices.

For more information contact:

Jaime Dobies, Los Cerritos Properties, email:
loscerritosproperties@gmail.com; or Víctor Gonzalez,
Ventanas/Soleado, email: victor@portusmexico.com

SAN JUANICO, B.C.S. PROPIEDAD LA HUERTA

The *pueblo* of San Juanico is located on the Pacific coast of Baja California Sur and is home to the world-renowned surf spot Scorpion Bay. With a long, right-hand point break consisting of more than three beautiful surf peaks, Scorpion Bay is one of the longest point breaks in North America. Surrounded by spectacular beaches, unprecedented fishing, and a diverse community of both Mexicans and expats from around the world, San Juanico is the next *Pueblo Mágico* of Baja California Sur.

Propiedad La Huerta sits perched on a hill overlooking the town of San Juanico and the amazing mesas behind it. Built in traditional hacienda architecture, Propiedad La Huerta consists of three individual homes situated on just over a half acre of landscaped terrain, with over 100 planted palm trees. Watch the morning sunrise as it appears over San Juanico Bay or admire the sunset from your rooftop. Originally designed as a possible retreat center, Propiedad La Huerta houses a main 1,900-square-foot two-bedroom, two-bathroom home as well as two smaller, self-sufficient *casitas*.



La Huerta

The main house, Casa Hacienda, is built in traditional hacienda construction with 13-foot ceilings, wooden beams with brick overlay, an open-floor-plan living room/dining room/industrial kitchen, and eight French doors opening out to the beautiful surroundings. Casa Hacienda is L-shaped, with an inner protected courtyard and partial wrap-around veranda overlooking the town of San Juanico. Included is a 400 square foot bodega, full solar system, privacy fence, secured parking, and landscaped brick courtyards.

Both *casitas*, La Casita and Casita Artística, are also built with traditional hacienda features and are prime rentals with a huge following, making La Huerta a point of designation for many who come to surf the waves of Scorpion Bay. La Huerta is a dream creation—fully solar and surrounded with a privacy fence and secured parking—designed to create a quiet retreat within this magical community.

You have the chance to purchase each home individually, or the entire property as a whole with the possibility to continue the established successful business. Contact Dana Luckey to visit this unique property.

For information contact:

Dana Luckey, Dana's Office Real Estate and Vacation Rentals, email: laoficinadedana@gmail.com, tel: +52 (612) 104-4009, www.danasoffice.com

WELCOME TO TODOS SANTOS



Perro Surfero

Come stay at the home of Paradise

HOTEL
+52 1 624 122 2110
Calle Bravo 36, Todos Santos BCS, 23300

www.perrosurfero.com



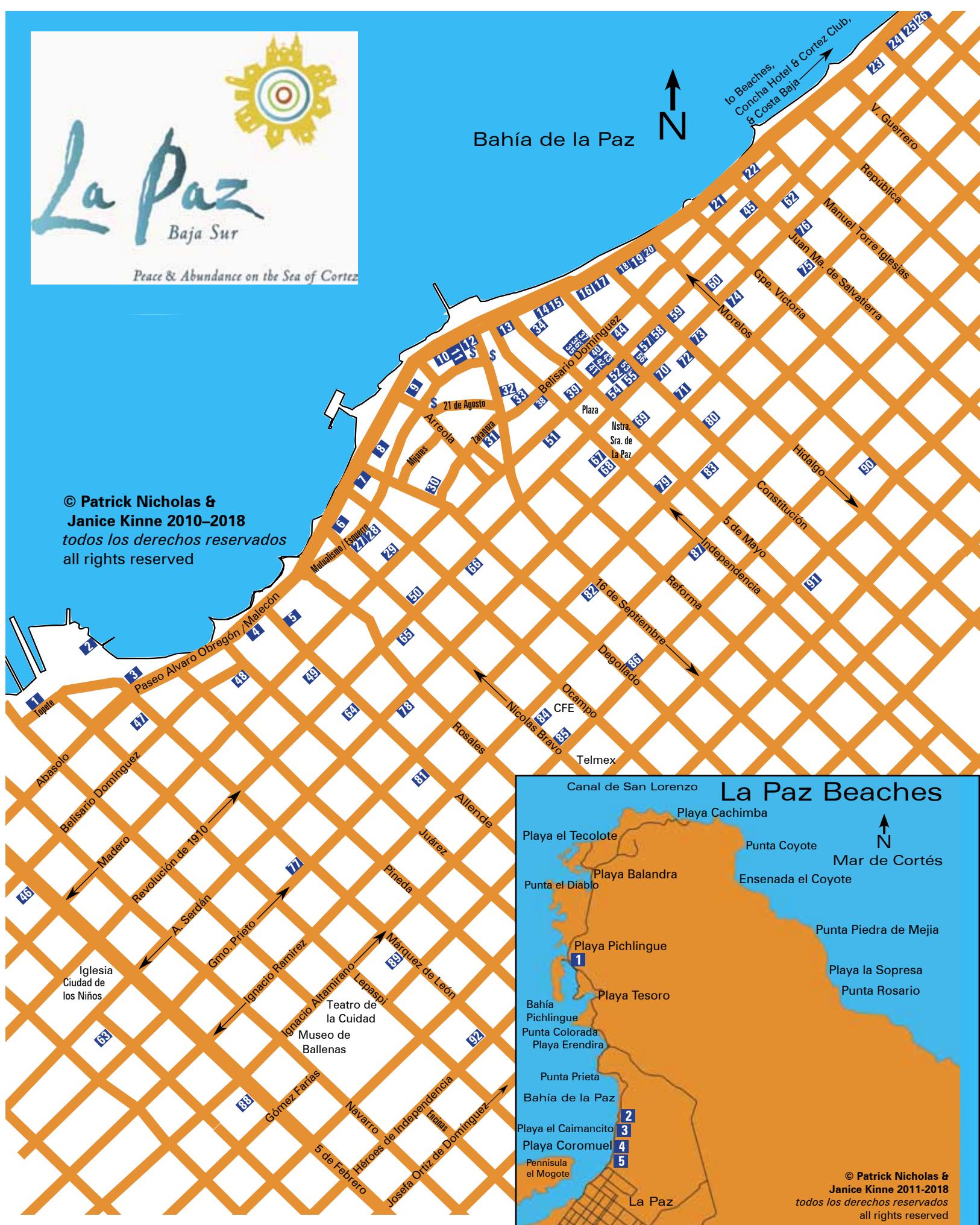
La Esquina

Lo que gustes... Siempre fresco y natural

LaEsquinaTS.com 145-0851



© Patrick Nicholas &
Janice Kinne 2010–2018
todos los derechos reservados
all rights reserved



© Patrick Nicholas &
Janice Kinne 2011–2018
todos los derechos reservados
all rights reserved

La Paz Historic District

ACCOMODATIONS

Casa Kootenay.....	Brecha California 1035
Casa Tuscany B&B	27
El Ángel Azul.....	79
Hotel Blue	78
Hotel Catedral.....	67
Hotel Club El Moro	25
Hotel Mediterrane.....	5
Hotel Perla.....	9
Hotel Posada las Flores	23
Hotel 7 Crowns	7, 73
Las Gaviotas	45
One Hoteles	85

GALLERIES

Galería Bellaterra	83
Galería Diaz Castro	69
Galería Carlos Olachea	Teatro de la Ciudad
Galería Tonantzin	71
Indigo Galería	51
Tamal Gallery	31

SHOPS

Allende Books.....	79
Bambú.....	79
Casa Parra	68
Quinta Lupita's Azulejos	80
Plomoyerbaños.....	82

GROCERY

Aramburro.....	58
Breeze Market.....	24
La Cava del Patron Vinos	77
Lolita Pie Boutique.....	56
Mercado Bravo	84
Mercado Madero	66
Nomada	42
Pan d'Les	52

RESTAURANTS/BARS

5 th Avenida Café.....	54
Aguamarinas / Café Milano	11
Applebees.....	6
Bagel Shop y galería	40
Bismarckito	17
Bismarck II	86
Büey Cup / Jonny Cat.....	35
Café Exquisito	64

La Paz Beaches insert map

Azul Marino Restaurant.....	2
City Express	4
Cortez Club	2, 3
CostaBaja Marina.....	2
CostaBaja Resort	2
Dinghy Dock Cafe	5
Ferry Terminal.....	1
Hotel La Concha	3
Hotel Marina	5
La Barcaccia Rest.....	2
La Panga Rest.....	5
La Paz Cruisers Supply	5
Marina Palmira.....	5

Capuchino Café	28
----------------------	----

Doce Cuarenta	52
Doce Cuarenta Coffee Lab	53
Dock Café.....	1
Dulce Romero.....	49
El Buen Bar	53
El Huevo.....	36
Estancia Uruguaya.....	76
Harker Paddleboards Bar/Restaurant	15
Il Rustico	65
Jiro Sushi	24
Jiro Sushi.....Plaza Náutica (Abasolo y Colima)	
Koisushi.....	18
La Fonda.....	50
La Marmolera.....	63
La Miserable Mezcalería.....	37
La Morante Art Bar	74
Los Magueyes.....	81
Maria Bonita.....	41
Maria California	48
Mezquite Grill.....	29
Mongus Grill	88
Mozzarella	16
Nim.....	72
Palermo's Ristorante	19
Prana Restaurant	43
Rancho Viejo.....	47
Santiano	44
Sitges cocina española	34
Sorstis Restaurant	55
Steak Army	59
Sushi One	14
Taco Fish La Paz	92
Tailhunters	22
The Beer Box	38
The Shack	4
Tokyo Cheve y Sushi	20
Tres Virgenes	57
Trocadero	60
Zoe	5
OTHER	
Autobus Station.....	13, 30
Baja Expeditions	Calle Sonora #585
Bank / ATM.....	\$
BOA Kayak Outfitters	26
Carey Dive Center	1
Casa de Cultura	62
Centro de las Artes	39
Centro Cultural La Paz	32
Choya Tours	26
Correos / Post Office	70
Dr. Ángel Hernández (dentista)	90
Europcar	21
Expresión Gráfica	89
Marina Cortez	2
Marina de La Paz	1
Museo de Antropología	91
Museo de la Ballena y Ciencias del Mar.....	12
On Board Baja	2
Postall	46
Salvatierra Residences.....	75
SunRider Tours	8
Teatro Juárez	33



La Paz Beaches

by Janice Kinne

The *malecón* along the bay of La Paz is the perfect place to walk, run, people watch, or enjoy gazing across the water. Crews clean the beaches and walkways daily, fresh sand has been imported and there are *palapas* to offer shade. Locals and tourists visit the beaches north of downtown to swim, snorkel, or kayak. There are several adventure companies along the *malecón* and at the marinas offering *panga* rides, bay and island cruises, snorkeling, scuba diving, fishing, sailing, and kayak rentals.

EL MOGOTÉ is the spit of land that separates the harbor of La Paz from the *Bahía de La Paz*. This natural treasure used to be, for the most part, accessible only with 4WD. Now driving onto the peninsula is restricted due to the construction of golf courses, homes, and hotels.

PLAYA EL COROMUEL 4.5 km from downtown La Paz, is the first beach north of town and an easy walk from downtown. It is within the harbor boundaries, has shaded *palapas*, and food / beverage services. The water here gets much better flow with the tide change and is suitable for swimming. The bottom is clean sand and rock. Snorkeling is good further out.

PLAYA EL TESORO 13 km from downtown La Paz, is a great little beach for children. The shallow, clear waters allow you to walk out for close to 100 meters. Tesoro has about 25 shaded *palapas*, two small restaurants, and kayak rentals.

PICHILINGUE 19 km from downtown La Paz. Pichilingue is home to the La Paz ferry terminus and a large commercial harbor. There are pleasant, small beaches just north of the deep water port, on the *Vieja Bahía de Pichilingue*. Beachfront food and beverages service and kayak rentals are available and there is a restaurant with an upstairs view. The *palapa* bar is popular in the hot summer afternoons.

photo by Colin Ruggiero

PLAYA BALANDRA 23 km from downtown La Paz, is known for its famous balancing rock formation landmark that resembles a prehistoric mushroom. You can view the rock formation and *playa El Hongo* by walking in the water around the cliff to your right. The large beach and surrounding area are beautiful. The waters surrounding Balandra are shallow and safe for children. Sheltered from wave action from nearly every direction, the water warms early and is very safe for swimmers and kayaking. There are also several little beaches (coves) and mangroves to explore. The beach has no services, so pack your own lunches and drinks for the day. There are vendors renting chairs, selling fruit and drinks, beach *palapas* for shade, and BBQ pits to the south.

PLAYA EL TECOLOTE 26 km from downtown La Paz, is by far the largest and most visited beach in La Paz. Two restaurant/bars offer shade *palapas* and a large number of beach vendors offer refreshments. RV camping is available, along with a wide variety of water sports rentals. Usually there are no lifeguards on duty, but they may be present during *la semana santa* and in the summer. The beach has a beautiful view of Isla Espíritu Santo and *panga* rides to the island are available—a 6.5 km crossing through the San Lorenzo channel. Bus service from the station on the *malecón* to playa El Tecolote is available for a nominal charge.

Sting rays are the biggest hazard at the playas and tend to be present on the bottom in shallow waters during the summer. When walking in the water, shuffle your feet on the bottom to avoid stepping directly on a resting ray.

There are no restrictions for beach fishing at any beaches. Please respect our beaches and help protect the sea turtles; don't leave trash or drive on the dunes or beaches.

NORTHERN LIGHT HEALING

Emelie Eldridge
+52 624 22 95 119
emelie.eldridge@gmail.com

Yoga
Reiki Healing
Counseling
Life Coaching

Available for individuals, couples and groups
Located in Pescadero/Todos Santos



Lobos Marinos

continuó de página 19

Los Islotes, no es sorprendente saber que las actitudes de los lobos marinos se están volviendo un poco más agresivas. Agregue a eso el hecho de que toda la colonia de hembras ya sea a) está en celo, o b) tiene cachorros recién nacidos para defender *exactamente al mismo tiempo*. La temporada de reproducción, que generalmente se lleva a cabo del 1 de junio al 31 de agosto, hace que durante ese tiempo sea más prudente mantener las partes del cuerpo humano a cierta distancia de los lobos marinos de Los Islotes. De hecho, Los Islotes está ahora cerrado para nadadores y buceadores durante este período.

Los Islotes es regularmente catalogado como uno de los mejores lugares en el mundo para el buceo/esnórquel, y Claudia y sus estudiantes están lanzando un estudio para evaluar los efectos de todos estos visitantes en los lobos marinos. La veda turística impuesta por las autoridades durante la temporada de cría les ofrece una oportunidad perfecta para su investigación. "Ya hemos recolectado muestras fecales de los lobos marinos durante la temporada turística y ahora lo haremos nuevamente cuando la colonia esté cerrada para los turistas. Evaluaremos luego el nivel de cortisol, un indicador de estrés, en ambos conjuntos de materia fecal para determinar si el turismo aumenta el estrés de los lobos marinos. Ya hemos observado



fotos por Explora Baja

algunas diferencias en el comportamiento de los lobos en Los Islotes. Mientras que, en otras colonias más remotas, los lobos marinos copulan durante el día, en Los Islotes solo se involucran en este comportamiento por la noche. Esperamos poder determinar si el turismo está teniendo un impacto en ellos."

Por supuesto, la preferencia por la copula en el atardecer es un atributo bastante común en muchos mamíferos sanos, pero lo sería para los lobos

marinos de Los Islotes si otras colonias también disfrutaran del deleite de la tarde. ¿Será que los lobos marinos de Los Islotes han ido demasiado lejos adaptándose a la presencia de los humanos? ¿Será que un día los machos territoriales responderán agresivamente para imponer un ambiente más natural en sus territorios? Los hombres de nuestra especie sin duda han luchado por cuestiones más insignificantes.

Los turistas han estado visitando Los Islotes de forma regular durante aproximadamente tres décadas, y los machos de lobos marinos viven un promedio de 19 años. Por lo tanto, todavía no existe un profundo conocimiento institucional sobre los impactos de los humanos sobre los machos territoriales, y aún podrían darnos la oportunidad de evaluar nuestro rol como visitantes de su hogar. ¿Haremos el corte? No podemos estar seguros de lo que los lobos marinos han aprendido sobre los humanos a lo largo de los años, o lo que Claudia y su equipo demostrarán, pero la fuerte atracción que producen Los Islotes en los humanos es fácil de entender: es un lugar donde la alegría y la espontaneidad gobiernan, y nos emocionamos con esa vitalidad. Mientras que los machos territoriales probablemente no estén motivados por ser inspiradores

LOBOS MARINOS continúa en página 47

**We Go Beyond The Ego
Off The Beaten Track
&
Onto
The Inner Path**

NAMASTE YOGA CENTRO
Todos Santos BCS México

NOCHE SUPER SALUD
plantbased dinners
organic-local

PRANA FOODS
organic-local-fresh
Cooked & Dehydrated Foods
Catering Deliveries and Take Out
Meal Planning & Prep Classes

RAW HIGH
organic-local-live
Dehydrated Foods
Juices Sprouts Fermentation Dressings
Pop Up Catering
Private Parties
Workshops

PURA VIDA

Health Food Store & Deli

- * Organic & Whole Foods
- * Local Organic Produce
- * Smoothies * Fresh Juices
- * Daily Lunch Specials * WIFI

Pura Vida - THE Health Food Store and Deli in Todos Santos!
NEW - doTerra Essential Oils, Kangen Water, Honey, Kombucha and more!

Don't see it? We can order it! Follow us on Instagram @ puravidabaja or Facebook for Special Events including Guest Chef Nights.

Monday thru Saturday 9 am to 5 pm

#145 on map **PURA VIDA BAJA**

(612) 169-2095 145-0471 puravidahhealthfood@gmail.com

eventos

junio

- 8 de junio | 6 pm, VIERNES DE TRIVIA en Todos Santos Brewing.** Temática: Cerveza y Todos Santos Brewing. Parte de la celebración del 1^{er} aniversario de Todos Santos Brewing.
- 9 de junio | 1 pm, 1^{ER} ANIVERSARIO DE TODOS SANTOS BREWING.** Presentación de cerveza conmemorativa (Porter Ale de cacao y habanero).
- 9 de junio | 1 a 6 pm, FIESTA DE ANIVERSARIO DE TODOS SANTOS BREWING** en el patio, con DJ Dimitri Kota, premios, juegos y regalos.
- 9 de junio | 7 pm, CENA DE ANIVERSARIO DE TODOS SANTOS BREWING.** Degustación de cervezas y maridajes especiales.
- 10 de junio | 9:30 am, MERCADO DE PULGAS** en la Marina Don José, La Paz.
- 10 de junio | 2 pm, CHARLAS CERVECERAS** en Todos Santos Brewing. Cata de cervezas, visita guiada a la cervecería y más de 20 variedades de cerveza locales.
- 10 de junio | 6 pm, SUPER SESIÓN DOMINGUERA** con Jenelle Aubade y muchos artistas más en Todos Santos Brewing.
- 11 a 17 de junio | ABIERTO SURF DE LOS CABOS** en playa Zipper's.
- 16 de junio | 6:30 a 10 pm, 2^º FESTIVAL DE COCINA BAJAMED** en El Faro Beach Club, Todos Santos. Adultos: 60 USD / niños 6 a 12: 25 USD. Cena y maridaje de Miguel Angel Guerrero. Disfrute una relajante velada junto al mar con música en vivo y fogata. Reservaciones: (612) 175-0800, reservations@guaycura.com
- 17 de junio | DÍA DEL PADRE**
- 21 de junio | INICIO DEL VERANO**

julio

- 28 a 31 de julio | FESTIVAL DEL MANGO** en Todos Santos.

Video & Film Production
Graphic Design
Multimedia
Translation Services



septiembre

- 3 de septiembre | DÍA DEL TRABAJO (USA)**
- 15 de septiembre | GRITO DE DOLORES**
- 16 de septiembre | DÍA DE LA INDEPENDENCIA**

noviembre

- 4 de noviembre | IRONMAN 70.3 LOS CABOS**
- 24 de noviembre | 12^º TIANGUIS ANUAL DE LA SOCIEDAD DE LA PAPALA.** Sede por determinar. Done sus artículos de uso medio en la Segunda Tesoro Escondido sobre calle Cuauhté-

moc en Todos Santos durante horas laborales.

diciembre

- 29 de diciembre | 10TH ANUAL CARRERA DE TODOS SANTOS 5k walk/run.**

febrero 2019

- 9 a 10 de febrero | VISITA A ESTUDIOS DE ARTISTAS DE TODOS SANTOS.**
- 23 de febrero | 6 a 10 pm, MEDIO MARATÓN NOCTURNO** en La Paz (21km, 10km, 5km). Boletos en new.marcate.com.mx.

HORA FELIZ

Carlito's Place, **Do Mar Mier Ju Vi Sa 3 a 5 pm**, 2x1 en bebidas de la casa, bebidas nacionales y cervezas.

Cerritos Beach Inn, **Lu Mar Mier Ju Vi 4 a 6 pm**, Cerveza, vino y well drinks mitad de precio.

Chez Laura, **Mar Mier Ju Vi Sa 4 a 5 pm**, Tapas gratis con su coctel o vino.

Chill N Grill, **Lu Mar Mier Ju Vi 4 a 6 pm**, 2x1 cerveza y well drinks.

FreeSouls, **Do Lu Mar Mier Ju Vi Sa 5 a 6 pm**, Margaritas, mojitos, y cerveza especiales.

Gallo Azul, **Lu Mar Mier Vi Sa 3 a 6 pm**, 2x1 mojitos y margaritas.

Hotel Casa Tota, **Lu Mar Mier Ju Vi Sa 4 a 5 pm**, 2x1 cerveza y well drinks.

La Bohemia, **Do Lu Mar Mier Ju Vi Sa 4 a 5 pm**, 2x1 cerveza, especiales de tragos artesanales diariamente. ¡Pregunta por el pase para la alberca!

La Esquina **Lu Mar Mier Ju Vi Sa 5 a 6 pm**, 2x1 cerveza, vino y margaritas.

La Morena **Lu Mar Mier Ju Vi Sa 4 a 6 pm**

La Posta del Oasis, **Mar Mier Ju Vi Sa 4:30 a 6 pm**, Menú especial de atardecer.

Oasis Bar y Grill **Do Lu Mar Mier Ju Vi Sa 4 a 6 pm**, Cocteles de la casa 50 pesos y 20% descuento en botanas.

Rip Tide Bar **Do Lu Mar Mier Ju Vi Sa 3 a 6 pm**, 3 cervezas o margaritas por el precio de 2.

Sky Lounge en Guaycura Boutique Hotel **Do Lu Mar Mier Ju Vi Sa 2 a 4:30 pm**, 2 x 1 margaritas y cerveza *con este anuncio*.

Shaka's **Do Lu Mar Mier Ju Vi Sa 4 a 5 pm**, 2x1 cervezas y paloma's de Jorge (tequila, limón y Squirt).

Sugar Shack **Do Lu Mar Mier Ju Vi Sa 4 a 6 pm**, Margaritas recién hechas, especiales de mojitos y cerveza.

Todos Santos, BCS
oroboros.mm@gmail.com
612.145.0373 (land)
612.169.3763 (cell)

Cada Semana

Lunes a Viernes, 9 am a 2 pm, **CENTRO DE RECICLADO PUNTO VERDE**,atrás de Super Pollo entrando por Calle del Huerto, extremo sur de Todos Santos. Traiga su papel, cartón, plásticos de No. 1 y 2, baterías, latas, metal, unicel, vidrio claro y electrónicos. Donativo mínimo 50 pesos, electrónicos 80 pesos. Favor de separar y limpiar materiales. Mayores informes: ecorrevolucionmx@gmail.com, (612) 139-4789.

domingo

10:30 am, **BRUNCH DE DOMINGO** con barra de Bloody Mary en La Posta del Oasis, Todos Santos.

1 a 9 pm, **ALMUERZO DE DOMINGOS** en el Garden de Rancho Pescadero. Abierto al público de todas edades.

2 a 8 pm, **DOMINGO DE PAELLA** en el restaurante **El Mirador** con vista al mar.

6 pm, **SESIONES DOMINGUERAS** en **Todos Santos Brewing**. Música en vivo en el patio.

lunes

5 pm, **TLACUILOS CÍRCULO DE ESCRITURA** Todos Santos en La Palapa del Sabor (frente a Banorte). Invitación abierta a compartir sus escritos. Sesiones bilingües. Mayores informes: facebook.com/tlacuilstodossantos. Eventos: facebook.com/events/189012501684966/

martes

8:30 am a 1 pm, **EL MERCADO ORGÁNICO DE LA PAZ** en calle Madero entre 5 de Mayo y Constitución, La Paz.

6 pm, **MARTES DE TACOS Y MÚSICA EN VIVO** con música en vivo de Latin Fusion en **Chill N Grill** en Todos Santos. 3 picadillo o tacos de papas por \$100 pesos.

6 pm, **CENA Y CINE** en **Cerritos Beach Inn**. Cena a las 6 pm, película a las 7 pm.

6:30 a 9:30 pm, **MÚSICA ACÚSTICA** con Tim Lang en Restaurant La Casita en Todos Santos.

8 pm, **NOCHE DE PELÍCULAS** en **Gallo Azul** en Todos Santos.

miércoles

8 pm, **NOCHE DE PELÍCULAS** en La Posta del Oasis, Todos Santos.

jueves

8:30 am a 1 pm, **EL MERCADO ORGÁNICO DE LA PAZ** en calle Madero entre 5 de Mayo y Constitución, La Paz.

11 am a 1 pm, **NANCY JOYCE, ESPECIALISTA DE HIDRATACIÓN**, sesión de preguntas y respuestas en **Pura Vida**, Todos Santos.

3 a 6 pm, **3 X 2 PIZZAS** en **Gallo Azul** en Todos Santos.

NOCHE DE PIZZA en **Chill N Grill** en Todos Santos.

5 a 9 pm, **CAMINATA DEL ARTE** en San José del Cabo, en el distrito de las galerías. Todas las galerías que participan estarán abiertas hasta las 9 pm y muchas tienen recepciones y eventos especiales. Noviembre hasta el fin de Junio.

6 a 7:30 pm, **"CHOYERO NO SE NACE, EL CHOYERO SE HACE."** Paseo gratuito por el centro histórico de San José del Cabo, dentro del marco de la "Caminata del Arte." El paseo muestra ubicaciones históricas y comenta la historia

CADA SEMANA continúa en página 47

BEAUTIFUL MEXICAN CLOTHING AND LEATHER
DOWNTOWN TODOS SANTOS
TOPETE/LEGASPY

ETNICA

Casa Rancho
Economical Rooms in Todos Santos

www.casarancho.net info@casarancho.net
612-151-8892

Pescadero's
Booze, Brews & Good Food

oasis
Bar & Grill
Pescadero B.C.S. Mx.

Sports, Music, Special Events

HAPPY HOUR - 4:00 pm to 6:00 pm
ALL DAY BREAKFAST - 11:00 am to 4:00 pm
LUNCH & DINNER - 11:00 am to 10:00 pm

Km 63.5, 612-130-3313

El Cielo

continued from page 27

13th Jupiter and moon together for the evening.

17th Moon and Saturn.

29/30th Aldebaran again with the moon, within 1°.

For more information, check out the web links below, call me on my cell phone (612) 348-5468, or visit my office in Plaza Antigua—upstairs, unit #9—**Pescadero Properties**, #16 on the Todos Santos map.

LINKS OF INTEREST

COMETS: <http://www.aerith.net/index.html>

METEOR SHOWERS: <http://www.imo.net/calendar/2018>

TROPIC OF CANCER: http://en.wikipedia.org/wiki/Axial_tilt#values or http://en.wikipedia.org/wiki/Circle_of_latitude

ZODIACAL LIGHT: http://en.wikipedia.org/wiki/Zodiacal_light

TIME: <http://www.time.gov/> and
<http://www.worldtimeserver.com/>

SATELLITES: <http://www.heavens-above.com/> user
“elcielots” password “journal”

WEEKLY SKY REPORT: <http://www.griffithobs.org/skyreport.html>

SATURN: <http://saturn.jpl.nasa.gov/home/index.cfm>

ROSETTA: <http://sci.esa.int/rosetta/>

DAWN: <http://dawn.jpl.nasa.gov/>

NEW HORIZONS: http://www.nasa.gov/mission_pages/newhorizons/main/

ALL THINGS ASTRONOMICAL: <http://www.calsky.com>
User “elcielots” password “journal”



Hotel Miramar
Private, Offstreet Parking
Estacionamiento Privado
Hot Water / Agua Caliente
Secure / Seguridad
Family Atmosphere
Ambiente Familiar
Pool / Alberca
Cable TV / WiFi

Mutualismo s/n #158 en mapa
Todos Santos BCS 612 145 0341



Kool Kraft
Attention to detail

Custom Wood
Cabinetry, Doors
& Windows.
Louvered Shutters
& Doors.
Tel. 612 868 5075
Koolkraft@hotmail.com

No Straws

continued from page 16

in their nostrils and air passageways); it is home to 39% of the world's total number of marine mammal species (sea lions and others are getting entangled in plastic bags and packing bands, and dying from infection or strangulation); it is where one third of the world's whale and dolphin species spend their time (a dead sperm whale was recently found with 29 kilos of plastic in its stomach); it is a critical part of the Pacific flyway and home to over 430 bird species (National Geographic states that 90% of sea birds are ingesting tiny bits of plastic that they lethally mistake for food); and the Sea of Cortez alone is the home of 891 fish species that supply over half of Mexico's fisheries, from whence we get our seafood dinners. So, ridding the area of single-use plastics is a deeply personal matter for residents of Baja. Says Mayra Victoria Gutierrez Sandoval, leader of the Déplastificate movement in Baja Sur, "Every time you personally consume a piece of plastic, you have to be personally responsible for what happens to it. That is the only way to eradicate the problem."

Teresa Egea, Manager of Gardens, Sustainability & Spa at the hotel Rancho Pescadero and its Garden Restaurant, firmly believes in taking personal responsibility for reducing the use of plastics. "My philosophy is to practice the R's, which are not only reduce, reuse, and recycle, but also reinvent and redistribute. I came to Rancho Pescadero six months ago and wanted to reinvent the use of the *popote* (straw). Our mixologist is from Oaxaca, where he developed a project of plant-based straws created by local communities with local plants, specifically *Arundo donax*, a type of cane. These straws are very beautiful, washable and reusable, and our guests love them, not only because they are enjoyable to use, but because they represent a sustainable alternative to plastic, and redistribute income away from plastic producers to local communities. Moreover, since we switched from plastic straws to the cane straws, our straw costs have declined by 2.5 times—it is a very profitable option and therefore a sustainable option for the business as well."

Marimar Higgins, owner of La Esquina restaurant in Todos Santos, has long been a proponent of no *popotes* and eliminating single-use plastics. "We are serving straws less and less, and the ones we do serve are made out of paper.



DOCTOR'S OFFICE
Dr. Carlos Navas Young
Certified C.P. 795839
General Practitioner • Medicina Integral • Ultrasound • Ultrasonido

f DOCTOR'S OFFICE
dryoungmex@yahoo.com

H. Colegio Militar, enseguida de Farmacia San Benito,
TODOS SANTOS, B.C.S., MÉXICO
624 169 9232
(612) 145 1147
ENGLISH SPOKEN

Almost all of our to-go containers are biodegradable, and we charge five pesos for all to-go items to make people think twice before taking away."

Michael and Pat Cope of Michael's at the Gallery restaurant gave up *popotes* and plastic water bottles long ago as well. Reflecting on such trends, Jürg Wiesendanger, owner of Hotel Posada La Poza says of the Déplastificate movement in Baja, "It is like banging on an open door." And that is the exciting thing. While the movement to rid Baja of single-use plastics is gaining new momentum, restaurants like Posada La Poza's El Gusto! gave up plastic straws a while ago and are currently evaluating how best to continue their forward momentum. Plenty of local companies are charging ahead. Alma and Manny's, a much-loved local restaurant, stopped giving patrons plastic straws a year ago. New fish taco restaurant Santo Chilote not only doesn't offer *popotes* to its patrons, it offers a discount to diners who bring their own takeaway containers. Landi Ortega eliminated *popotes* at her restaurant, Landi's, over a year ago; Chef Sergio Rivera eliminated them from his restaurant La Casita a month ago; the Hotel Guaycura and its restaurants are celebrating their first *popote*-free season; and El Refugio owner Rachel Glueck has never had a *popote* on her premises. Feliz Ramon Vazquez Gularte recently implemented a new program at his coffee shop, Cafelíx, and now uses only compostable straws and glasses and environmentally-friendly take-out containers. Joella Parsons, owner of Pura Vida, is doing the same. Other businesses like La Morena, Fonda El Zaguán, La Santeña, Que Rico, Gallo Azul, Caffé Todos Santos, Café Santa Fé, Los Adobes and Cerritos Surf Town are actively working on their strategies for eliminating single-use plastics.

The Todos Santos Restaurant Association (CANIRAC) is totally committed to the movement. "To protect our oceans, sea turtles and other marine life, each restaurant that belongs to our association is committed to eliminating the use of plastic straws as a first step to becoming "green" restaurants. Our goal is to replace all single-use plastics with products made of compostable materials. The restaurant industry is united with the other sectors to make Todos Santos a town without single use plastics."

That, most emphatically, does not suck! So next time you're in a restaurant in Baja California Sur, don't be a sucker. Ask for your drink "*Sin popote por favor.*" The sea turtles thank you!

RESOURCES FOR LOCAL BUSINESSES AND COMMUNITY MEMBERS:

For more information on the Déplastificate movement in BCS please visit their Facebook page at: <https://www.facebook.com/DesplastificateMX/>

If you're a local business looking for suppliers of non-plastic solutions to your business needs, and/or artwork and other informational tools for your employees and clients, please email Mayra Gutierrez at ponguinguiolalpz@gmail.com or Bryan Jáuregui at tsecoadventures@gmail.com

For recycling solutions in Todos Santos and Pescadero, please contact Alex Miró at: <https://www.ecorrrevolucion.org>

**SPORTS, LIVE MUSIC,
FOOD AND MORE**

BEST RIBS IN TOWN!

Open Monday - Saturday
4 - 10 pm, closed Sunday

HAPPY HOUR
weekdays 4 - 6 pm

ROCKIN' TACO TUESDAY
with
LIVE LATIN FUSION
6 - 9 pm

PIZZA THURSDAY

ALL SPORTS - UFC main events

WIFI

(612) 151-1441 (612) 199-2938 145-0014

#147 ON TODOS SANTOS MAP

Monica Avila

Notary and Legal Services ▾ Tramites Notariales
25 years experience

Trusts ▾ Contracts ▾ Closing Services ▾ Asesoria Inmobiliaria
Office (612) 145-0781 Cel. (612) 156-4530 #137 on map
adrianaavilat@gmail.com adrianaavilat@hotmail.com

San Benito
Drug store • Name brand & Generic
Patente • Original • Générico

Farmacia

- Productos ortopédicos
- Material de curación
- Vitaminas y suplementos

Pharmacy

• Viagra	• Ibuprofeno
• Cialis	• Tramadol
• Levitra	• Amoxicilin
• Retin-a	• Antibiotics
• Sunblock	• Tylenol

Farmaceutico
Alma Cecilia Mota.
Raúl Velázquez G.
sanbenitopharmacy@gmail.com

TODOS SANTOS
Calle C. Militar e/
Morelos y Zaragoza
☎ (612) 157.7921

PESCADERO
Plaza San Antonio
Carr. Todos Santos-Los
Cabos Km. 64,
entronque Pescadero
☎ (612) 152.8596

journal TV
DEL PACIFICO
La Revista de Baja California Sur

Coming soon:
Your favorite Baja Magazine
on a brand new platform.

inquiries:
jdptv@journaldelpacifico.com



Sin Popote

continuó de página 17

más de 430 especies de aves (National Geographic afirma que el 90% de las aves marinas ingieren pequeños trozos de plástico que fatalmente confunden con los alimentos); y el Golfo de California es hogar de 891 especies de peces que abastecen a más de la mitad de las pesquerías de México, de donde obtenemos nuestras cenas de marisco. Por lo tanto, librarse del área de los plásticos desechables es un asunto profundamente personal para los residentes de la península de Baja California. Según Mayra Victoria Gutiérrez Sandoval, líder del movimiento Déplastificate en Baja Sur, "cada vez que consumes personalmente un pedazo de plástico, tienes que ser personalmente responsable de lo que le sucede. Esa es la única forma de erradicar el problema."

Teresa Egea, gerente de jardines, sustentabilidad y spa en el hotel Rancho Pescadero y su restaurante Garden, cree firmemente en asumir la responsabilidad personal para reducir el uso de plásticos. "Mi filosofía es practicar las Rs, que no solo son reducir, reutilizar y reciclar, sino también reinventar y redistribuir. Llegué a Rancho Pescadero hace seis meses y quería reinventar el uso de popote. Nuestro mixólogo es de Oaxaca, donde desarrolló un proyecto de popotes a base de plantas creado por las comunidades locales con plantas locales, específicamente *Arundo donax*, un tipo de caña. Estos popotes son muy hermosos, lavables y reutilizables, y nuestros clientes los adoran, no solo porque son agradables de usar, sino porque representan una alternativa sustentable al plástico y redistribuyen los ingresos de los productores de plástico a las comunidades locales. Además, desde que pasamos de los popotes de plástico a los de caña, nuestros costos disminuyeron a un 40%; es una opción muy rentable y, por lo tanto, una opción sustentable para el negocio."

Marimar Higgins, propietaria del restaurante La Esquina en Todos Santos, ha sido durante mucho tiempo una defensora de la prohibición de popotes y la eliminación de plásticos desechables. "Estamos sirviendo popotes cada vez menos, y los que servimos están hechos de papel. Casi todos nuestros contenedores para llevar son biodegradables, y cobramos cinco pesos por todos los artículos para que la gente lo piense dos veces antes de llevarlos."

Michael y Pat Cope del restaurante Michael's at the Gallery también abandonaron popotes y botellas plásticas de agua hace mucho tiempo. Reflexionando sobre estas tendencias, Jürg Wiesendanger, propietario del Hotel Posada La Poza, dice del movimiento Déplastificate en SIN POPOTE continúa en página 50

iQue Rico!
QueRicoFoods@gmail.com

Open TUESDAY through SATURDAY 11 am - 5 pm
Closed Sunday & Monday Tel. 612-118-6031/ 145-0078
Militar e/ Obregon e/ Hidalgo, Todos Santos, #82 on map

Serendipity
A Tranquil Setting
with Superior Hospitality

Guest Rentals
Weddings
Retreats
Special Events

612 178-0104 & 612 108-3502 (cell)
Email: serendipityventures@yahoo.com
www.serendipityventures.com

Sugar Shack
Bar • El Pescadero, BCS

A SWEET LITTLE DIVE BAR!
Home of the freshest
margarita in Baja!
No mixers, just fresh fruit!
OPEN / ABIERTO
1:00pm 'til late, Mon-Sun
desde la 1 hasta tarde,
Lunes a Domingo

[f sugarshackpescadero](https://www.facebook.com/sugarshackpescadero)

EL PESCADERO ACROSS FROM PEMEX

Lobos Marinos

continuó de página 41

en la vida de los humanos, es tentador pensar que tal vez una de las razones por las que trabajan tan duro es para proteger un estilo de vida alegre para sus familias. Claudia y su equipo están trabajando arduamente para hacer lo mismo.

Todos Santos Eco Adventures es la compañía líder de eco-aventura en Baja California Sur. En Isla Espíritu Santo operamos Campamento Cecil, un campamento de tienditas de lujo, y Campamento Colossus, una operación de glamping móvil. Claudia y sus alumnos pasarán tiempo con nosotros en nuestros campamentos durante toda la temporada mientras llevan a cabo su investigación en lobos marinos, por lo que puede encontrarlos en la mesa si pasa tiempo con nosotros en la isla.

Weekly Events

continued from page 23

PIZZA NIGHT at Chill N Grill in Todos Santos.

friday

6 pm, **FRIDAY NIGHT TRIVIA** at Todos Santos Brewing.

saturday

8:30 am – 1 pm, **LA PAZ FARMER'S MARKET** on calle Madero between 5 de Mayo and Constitución, La Paz.

9 am – 1 pm, **MALECÓN TIANGUIS NATURAL (MARKET)** at the Callejon Cabezud in La Paz—the area between Esquerro street and the *malecón* at the location of the Wyland mural and the seashell musician statue.

9 am – 3 pm, **SAN JOSÉ DEL CABO ORGANIC MARKET** (Mercado Orgánico) just outside the San José historic district in Huerta María on the Camino a Las Animas. Look for the signs at the big arroyo off Avenida Centenario. Takes place November through the end of June.

2 pm, **THE BREWER TALKS** at Todos Santos Brewing. Full taps wall tasting session and brewery tour.

8 pm, **SALSA NIGHT** at Gallo Azul in Todos Santos. Includes classes with Adrian Meza, salsa, bachata and cumbia. Takes place every other Saturday; for dates and information visit: www.galloazulpizzabar.com

Cada Semana

continuó de página 43

de los Cabos y Baja California Sur en inglés—la vida de los pericúes, la conquista, los piratas, las invasiones y mucho más. Educativo, porque al ser un tour en inglés, se ofrece a la comunidad el conocimiento y se practica el idioma para así tener tema de conversación con turistas.

6 a 8 pm, **LADIES' NIGHT** en Freesouls en Cerritos Beach.
viernes

6 pm, **VIERNES DE TRIVIA** en Todos Santos Brewing.
sábado

8:30 am a 1 pm, **EL MERCADO ORGÁNICO DE LA PAZ** en calle Madero entre 5 de Mayo y Constitución, La Paz.

9 am a 3 pm, **EL MERCADO ORGÁNICO** en San José del Cabo está ligeramente afuera del distrito de arte histórico en la Huerta María en el Camino a las Ánimas. Noviembre hasta el fin de Junio.

9 am a 1 pm, **TIANGUIS NATURAL MALECÓN** (Mercado) en el Callejon Cabezud es en La Paz—el área entre calle Esquerro y el Malecón ubicado en el mural Wyland y la escultura del músico tocando el caracol.

2 pm, **CHARLAS CERVECERAS** en Todos Santos Brewing. Cata de cervezas, visita guiada a la cervecería y más de 20 variedades de cerveza locales.

8 pm, **NOCHE DE SALSA** en Gallo Azul, Todos Santos. Incluye clase con Adrián Meza; salsa, bachata y cumbia.

Events

continued from page 22

december

December 29 | 10TH ANNUAL CARRERA DE TODOS SANTOS 5K WALK/RUN. For more information visit: <http://palapasociety.org/>

february 2019

February 9-10 | ARTISTS' OPEN STUDIO TOUR IN TODOS SANTOS. For more information visit: <http://palapasociety.org/>

February 23 | 6 – 10 pm, NIGHT RUN LA PAZ HALF MARATHON (21k, 10k, 5k) For more information: <https://www.facebook.com/events/1598211930225390/>. Tickets at: <http://new.marcate.com.mx/>

OLVIDATE DE LAS PLAGAS

CONTROL DE: DESRATIZACIÓN, FUMIGACIÓN URBANA, CUCARACHAS, MOSQUITOS, POLILLAS, PULGAS, GARRAPATAS, CHINCHES, ARAÑAS, ALACRANES, TERMITAS

612 1617460
612 1214016

LIC. SANITARIA 2017-031124

Jal control de plagas
jal.fumigaciones@gmail.com

PRODUCTOS ECO AMBIENTALES

612 1617460
612 1214016

facebook.com/jalcontroldeplagas
jal.fumigaciones@gmail.com

QR CODE

Groups / Grupos

All classes at **Cuatro Vientos** are noted as **@CV**. (#11 on *otro lado* map. The studio is across from **La Esquina**.) Times may change, check with the venue for more information.

TODOS SANTOS	Sunday Domingo	Monday Lunes	Tuesday Martes	Wednesday Miércoles	Thursday Jueves	Friday Viernes	Saturday Sábado
Yoga	9 am Namaste Yoga c/ Paul (612) 204-4432	7:30 am Guided meditation c/ Daniel @ CV 9 am Hatha Flow c/ Marimar @ CV 6-pm Vinyasa & Yoga Nidra c/ Lauren @ CV	7:30 am Vinyasa Flow c/ Liz @ CV 3-4:15pm Kundalini & Acupuncture @ CV 4:30 pm Yin/ Restorative Yoga c/ Emelie @ CV 7-8 pm Hatha 8-8:30pm Yoga Nidra c/ Paul (612) 204-4432	9 am Hatha Flow c/ Marimar @ CV 12 pm Silent Meditation @ CV 6pm Yin/ Restorative Yoga c/Aaron @ CV thru July 4:30 pm Yin/ Restorative c/ Emelie @ CV 7-8 pm Hatha 8-8:30pm Yoga Nidra c/ Paul (612) 204-4432	7:30 am Vinyasa Flow c/ Liz @ CV 4:30 pm Yin/ Restorative c/ Emelie @ CV 7-8 pm Hatha 8-8:30pm Yoga Nidra c/ Paul (612) 204-4432	7:30 am Hatha Yoga c/ Clara @ CV 9 am Hatha Flow c/ Marimar @ CV 12 pm Vinyasa workshop c/ Emelie @ CV	9 am Namaste Yoga c/ Paul (612) 204-4432
Martial Arts			Tai Chi short form For info: 612-157-6088 or barakabaja@gmail.com		Qi Gong For info: 612-157-6088 or barakabaja@gmail.com		
Other/Otros		Aldo's Gym 6 am - 10 pm 10:30 am- 1:30 pm Vajra Dance @ CV 4:30 pm Dance Lab c/ Zoë @ CV 6:30 pm CrossFit Boot Camp w/ Mao @ San Sebastian beach mauricio@mymotivation.es	Aldo's Gym 6 am - 10 pm 3:30 pm Manos Magicas @ Centro Cultural chambaretcat@mac.com 6 pm Capoeira c/ Diana @ CV 7 pm Beach Volleyball @ San Sebastian beach 6 pm Capoeira c/ Diana @ CV 7:30 pm Salsa c/ Carlos @ CV	Aldo's Gym 6 am - 10 pm 4:30 pm Dance Lab c/Zoë @ CV 6:30 pm CrossFit Boot Camp w/ Mao @ San Sebastian beach mauricio@mymotivation.es	Aldo's Gym 6 am - 10 pm 10 am Manos Magicas @ Centro Cultural chambaretcat@mac.com 6 pm Capoeira c/ Diana @ CV 7 pm Beach Volleyball @ San Sebastian beach	Aldo's Gym 6 am - 10 pm 3-4 pm Danza Hawaiana para niñas, 4-6 pm para adultas c/ Malucha @ CV 6 pm Core c/ Mao @ CV mauricio@mymotivation.es	Aldo's Gym 7 am - 2 pm
Zumba		10-11 am c/ "Lucy" @ Mutualista 7-8 pm c/ "Lucy" @ DIF	8-9 am c/ "Lucy" @ Mutualista 9-10:15 am c/ Jan @ CV thru June 7-8 pm c/ "Lucy" @ DIF	10-11am c/ "Lucy" @ Mutualista 7-8 pm c/ "Lucy" @ DIF	8-9 am c/ "Lucy" @ Mutualista 7-8 pm c/ "Lucy" @ DIF	10-11am c/ "Lucy" @ Mutualista 7-8 pm c/ "Lucy" @ DIF	8-9 am c/ "Lucy" @ Mutualista 9-10:15 am c/ Jan @ CV thru June 7-8 pm c/ "Lucy" @ DIF
Palapa Society		10 am -1 pm Library / Biblioteca		11 am - 1 pm <i>Biblioteca Infantil abierta</i> 10 am -1 pm Library / Biblioteca		10 am -1 pm Library / Biblioteca	11 am - 1 pm <i>Biblioteca Infantil abierta</i>

Groups / Grupos

TODOS SANTOS	Sunday Domingo	Monday Lunes	Tuesday Martes	Wednesday Miércoles	Thursday Jueves	Friday Viernes	Saturday Sábado
AA	TS AA group meetings are @ the church on the plaza "Into The Solution" group AA meetings are at the "El Mirador" building on calle Pedrajo e/ Degollado y Verduzco. Jenny: (612)137-3123, Kenny: (612)152-2995, Catherine: (612)149-5194, Don: (612)157-1256	5 pm TS AA meeting For info: Eric (612) 156-9980 5 pm "Into The Solution" AA closed meeting on calle Pedrajo	5 pm TS AA meeting For info: Eric (612) 156-9980	11 am TS AA meeting For info: Eric (612) 156-9980	5 pm TS AA meeting For info: Eric (612) 156-9980 5 pm "Into The Solution" AA closed meeting on calle Pedrajo	9 am Women's AA closed meeting on calle Pedrajo Jenny: (612)137-3123, Catherine: (612)149-5194, 5 pm TS AA meeting For info: Eric (612) 156-9980	11 am TS AA meeting For info: Eric (612) 156-9980

AA CABO SAN LUCAS—AA Hacienda Group Cabo, upstairs above Ace Hardware behind McDonalds. Daily 4:30 pm and 6 pm.

SAN JOSÉ DEL CABO—Next to the Calvary Chapel corner of Degollado and Coronado. 6 pm nightly. For more information: (624) 147-0478.

PESCADERO	Sunday Domingo	Monday Lunes	Tuesday Martes	Wednesday Miércoles	Thursday Jueves	Friday Viernes	Saturday Sábado
Yoga	9 am Yoga @ Baja Zen thru July 612-142-5038 info@baja-zen.com 10 am Mindful Flow Yoga @ Rancho Pescadero 6 pm Candlelit Bliss Restorative Yoga @ Rancho Pescadero	8-9 am Yoga c/ Mayra Torres @ Baja Serena 612-131-7564 yogalosarcos@yahoo.com.mx 10 am Mindful Flow Yoga @ Rancho Pescadero 10 am Yoga c/ Mayra Torres @ Baja Serena 612-131-7564 yogalosarcos@yahoo.com.mx	8 am Yoga c/ Mayra Torres @ Baja Serena 612-131-7564 yogalosarcos@yahoo.com.mx 10-11:30am Mindful Flow Yoga @ Rancho Pescadero 9 am Yoga @ Baja Zen thru July 612-142-5038 info@baja-zen.com	8 am Yoga c/ Mayra Torres @ Baja Serena 612-131-7564 yogalosarcos@yahoo.com.mx 10 am Mindful Flow Yoga @ Rancho Pescadero 6 pm Candlelit Bliss Restorative Yoga @ Rancho Pescadero	8 am Yoga c/ Mayra Torres @ Baja Serena 612-131-7564 yogalosarcos@yahoo.com.mx 10 am Yoga c/ Mayra Torres @ Baja Serena 612-131-7564 yogalosarcos@yahoo.com.mx 10 am Mindful Flow Yoga @ Rancho Pescadero	8 am Yoga c/ Mayra Torres @ Baja Serena 612-131-7564 yogalosarcos@yahoo.com.mx 9 am Yoga @ Baja Zen thru July 612-142-5038 info@baja-zen.com 10 am Mindful Flow Yoga @ Rancho Pescadero	10 am Mindful Flow Yoga @ Rancho Pescadero

core
yoga



A creative Yoga flow with Pilates core focus.

WILL RESUME IN OCTOBER

CUATRO VIENTOS THURSDAYS, 9 AM

f @COREYOGAWITHJANICE



Vacation Rentals
Short & Long Term Rentals
Events, Retreats, Weddings

612-157-6088 Mexico
415-259-5537 US Vonage line
Email: barakabaja@gmail.com
www.barakaentodos.com



WE HAVE WHAT YOU'RE LOOKING FOR

Personal Trainer / Physical Therapy

Now in Todos Santos
since 1987



ZRC
Experience. Support.
Results.

**Range of motion / Elderly
Postural / Functional
Fat Loss / Muscle Gain**

Zack 612 220 6760
zackbaja@aol.com

YOUR ENGLISH-LANGUAGE
BOOKSTORE IN LA PAZ

Open Monday - Saturday
10 am to 6 pm

Independencia #518
(e/ Serdan y Guillermo Prieto)
next to El Angel Azul

tel. 612 125 9114



allendebooks@gmail.com

Pickle N Paws

Pet Services

Pet Sitting Dog Walking
Feeding Daycare



Contact: pickleymagoo@yahoo.com



Pickle n Paws



Padrino
Children's Foundation

Serving the medical needs of children in the
Todos Santos area

Visit us at PadrinoCF.org or Contact us at info@PadrinoCF.org
Donations are US tax deductible

Cabo Magic®
Sportfishing

**First Class
&
Affordable**

**US Tollfree 888.475.5337
World Vonage 619.819.8634
www.CaboMagic.com**

Sin Popote

continuó de página 46

Baja, "es como golpear una puerta abierta." Y eso es lo más emocionante. Mientras que el movimiento para liberar a Baja California de los plásticos desechables está ganando un nuevo impulso, restaurantes como El Gusto de Posada La Poza han abandonado los popotes hace un tiempo y ahora están evaluando la mejor manera de extender esta tendencia. Muchos negocios locales se han sumado a la iniciativa. Alma y Manny's, un restaurante local muy querido, dejó de dar popotes a los clientes hace un año. El nuevo restaurante de tacos de pescado Santo Chilote no solo no ofrece popotes a sus clientes, sino que también ofrece un descuento a quienes traigan sus propios envases para llevar. Landi Ortega eliminó los popotes en su restaurante, Landi's, hace más de un año; El chef Sergio Rivera los eliminó de su restaurante La Casita hace un mes; el Hotel Guaycura y sus restaurantes están celebrando su primera temporada libre de popotes; y la propietaria de El Refugio, Rachel Glueck, nunca ha tenido un popote en sus instalaciones. Felix Vázquez recientemente implementó un nuevo programa en su cafetería, Cafélíx, y ahora solo usa popotes y vasos compostables y contenedores ecológicos para llevar. Joella Parsons, dueña de Pura Vida, está haciendo lo mismo. Otros negocios como La Morena, Fonda El Zaguán, La Santeña, Que Rico, Gallo Azul, Caffé Todos Santos, Café Santa Fé, Los Adobes y Cerritos Surf Town están trabajando activamente en sus estrategias para eliminar los plásticos desechables.

La Asociación de Restaurantes de Todos Santos (CANIRAC) está totalmente comprometida con el movimiento. "Para proteger nuestros océanos, tortugas marinas y otras especies marinas, cada restaurante que pertenece a nuestra asociación se compromete a eliminar el uso de popotes de plástico como primer paso para convertirse en restaurantes 'verdes.' Nuestro objetivo es reemplazar todos los plásticos desechables con productos hechos de materiales compostables. La industria de los restaurantes se une con los otros sectores para hacer de Todos Santos una ciudad sin plásticos desechables."

¡Continuemos el impulso de esta campaña! Así que la próxima vez que estés en un restaurante en Baja California Sur, no chupes. Pide tu bebida "sin popote por favor." ¡Las tortugas marinas te lo agradecen!

RECURSOS PARA EMPRESAS LOCALES Y MIEMBROS DE LA COMUNIDAD:

Para obtener más información sobre el movimiento Déplastificate en BCS, visite su página de Facebook en: facebook.com/DesplastificateMX/

Si usted es una empresa local que busca proveedores de soluciones no plásticas para sus necesidades comerciales, y / o ilustraciones y otras herramientas informativas para sus empleados y clientes, envíe un correo electrónico a Mayra Gutierrez a ponguinguiolalpz@gmail.com o Bryan Jáuregui a tsecoadventures@gmail.com

Para soluciones de reciclaje en Todos Santos y Pescadero, contáctese con Alex Miró en: www.ecorrrevolucion.org



RIVERAS
REAL ESTATE

Coldwell Banker Riveras,
your local experts,
your peace of mind.

FIND YOUR NEW HOME
IN BAJA

Live in Pueblo Magico

Todos Santos Historic Estates
\$3,995,000 USD MLS# 17-2584



Two historic estates in the heart of Todos Santos. 33 Legaspi, 8 suites, bar & restaurant. 08 Calle Pilar restored historic home with multi use space with garden courtyard ideal for events, weddings.

Sensational Sunset View
\$330,000 USD MLS# 18-651



Oceanview lot with spectacular views of the Pacific Ocean. Perfectly situated for your beachfront home. Enjoy the peace and tranquility or play at Los Cerritos Beach which is minutes away. 1,500m² Lot. 20 x 75 m.

Casa Luna
\$319,000 USD MLS# 14-980



Spectacular ocean and mountain views in this beautifully appointed 3B/2Ba home. Featuring 2,100 sq.-ft. of living space with custom wood accents and beautiful tile and stone work. Spacious decks and patios.

Casa Maximus
\$289,900 USD MLS# 15-702



Beautiful and new-modern home with 2B/2Ba. Sophisticated designed home, large windows, ample spaces, walking distance to beach and town. Plenty of space for pool and guest casitas. Furnished.

Beachfront South Pescadero
\$222,000 USD MLS# 17-2087



Beachfront priced to sell in front of Art and Beer, walking distance of Los Cerritos Surf Break. Quite residential area with swimming and surfing beach out front. 1,711 m² with 20 meters of blue water frontage.

Calle Los Mangos Lot
\$183,000 USD MLS# 16-723



Located in a residential neighborhood with homes of distinction, ocean views and two blocks walk to beach. Underground utilities at the street and ready for hook up. 4,830 m² lot.

Valle del Mar
\$116,000 USD MLS# 18-1045



Valle del Mar is just less than 1 acre (3,998m²) of beautiful elevated desert land looking over the Pacific Ocean with newer homes nearby. All services run along the main road. 50m x 79m.

Lot on Calle Jardinero
\$79,000 USD MLS# 18-745



This Lot measuring 2,013 m² sits on the end of a cul-de-sac with undevelopable land in front offering un-blockable views. Both municipal and Ejido water and underground electricity are on the street.

Alta Vista Twins
\$62,300 USD MLS# 16-154



On the crest of the hill at Alta Vista Development with amazing Ocean and Mountain Views. Water and underground electricity nearby. 2 lots together for a total of 2,002 sq mt.

Canadian Paradise Los Cerritos
\$50,000 USD MLS# 18-714



Beautiful 2,000 m² lot located in a developing neighborhood, just a short 5 minute walk to the beach. Underground electricity already in place at access.

Alta Vista Lot 0622
\$49,500 USD MLS# 17-1103



1724 m² lot situated about two miles north of downtown Todos Santos and less than a mile walk to the beach, near modern homes. Municipal water at street.

Cerritos Lot 1956
\$38,000 USD MLS# 18-1078



2,000 m² lot with short walk from the swimming and surfing at Los Cerritos. Easy access to the highway La Paz - Los Cabos. Ocean views from a second level building.



REAL ESTATE & CLOSING SERVICES



More listings available in our Todos Santos and Los Cerritos Offices.

Real Estate Advisors: Lisa, Alvaro, Dan, Adali, Carole and Mark.

Todos Santos Ph. (612) 145 0118 & USA/CA 858 964 3712 | Cerritos USA/CA 858 964 3716

realtors@cbriveras.com | www.cbriveras.com



THE AGENCY. NOW IN TODOS SANTOS.

we are a diverse group of top producing real estate advisors, eager to disrupt the status quo. when you hire one of us, you hire all of us. walk into our world, see why we're stronger together than we could ever be apart.



ALEJANDRO MITRE



DEBORAH WALLENDORF



JANE MOUNTNEY



JANET JENSEN



DANE POSEY



JONI ROSS



MAU RIVERO



CARL VELLERYD



ANDREOLA VELLERYD



EDUARDO ESPINOSA



BERNARDO M. KOENIG

get to know us. find our bios on the website.

corner of centenario and topete | centro todos santos | BCS | +52.612.145.0852 | contact@theagencyloscabos.com

TheAgencyTodosSantos.com

An independently owned and operated franchise of UMPC Realty Corp.