

The **ULTIMATE GUIDE** to
Baja Sur Arts,
Culture & Adventure

GASTROVINO

Baja Food & Wine Festival



BAJA
Patrimonio

Dr. Robert K. Hall

The Mangroves Have Eyes
Los Manglares
Tienen Ojos

GASTROVINO

BAJA FOOD & WINE FESTIVAL

CELEBRATING MEXICAN WINE & BAJA FLAVORS

MAY.19TH-20TH.2018



photo by Kate Turning

Saturday, may.19TH. Blind Tasting Contest.

Saturday, may.19TH. GastroTour.

Sunday, may.20TH. GastroVino Main Event.

Sábado 19 de mayo. Cata a Ciegas.

Sábado 19 de mayo. GastroTour.

Domingo 20 de mayo. GastroVino.

Tickets sell / Venta de boletos: tickets@festivalgastrovino.com

Todos Santos: Tecolote Book Store, La Gitana Galería, Hotel California.

La Paz: Café 12:40. Los Cabos: Galería Pez Gordo, Wine Market.

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by Kate Turning

GASTROVINO

Baja Food & Wine Festival

This May 19 and 20, we invite you to enjoy the 7th annual GastroVino Baja Food & Wine Festival—the best way to discover the cuisine and wines of México in Todos Santos, Baja California Sur. Every year, this popular festival honors and celebrates the traditions of great food and Mexican wines.

This year's theme brings to life the tradition of the game *Lotería*. Brought from France in the 1880's, the game "*Lotería*" is similar to American bingo, only that each card represents a traditional Mexican character or object. The beauty of the game is that each of the cards is accompanied by a *refrán* (popular saying) with a mischievous life lesson or a familiar phrase alluding to the image on the card, which "*el Gritón*," the dealer, recites when each card is taken out of the deck. This tradition is considered the perfect way to spend time among neighbors, friends and families, and continues to be played throughout Mexico.

GastroVino is pleased to have, once again, the participation of several of the most renowned winemakers and chefs
GASTROVINO continued on page 6



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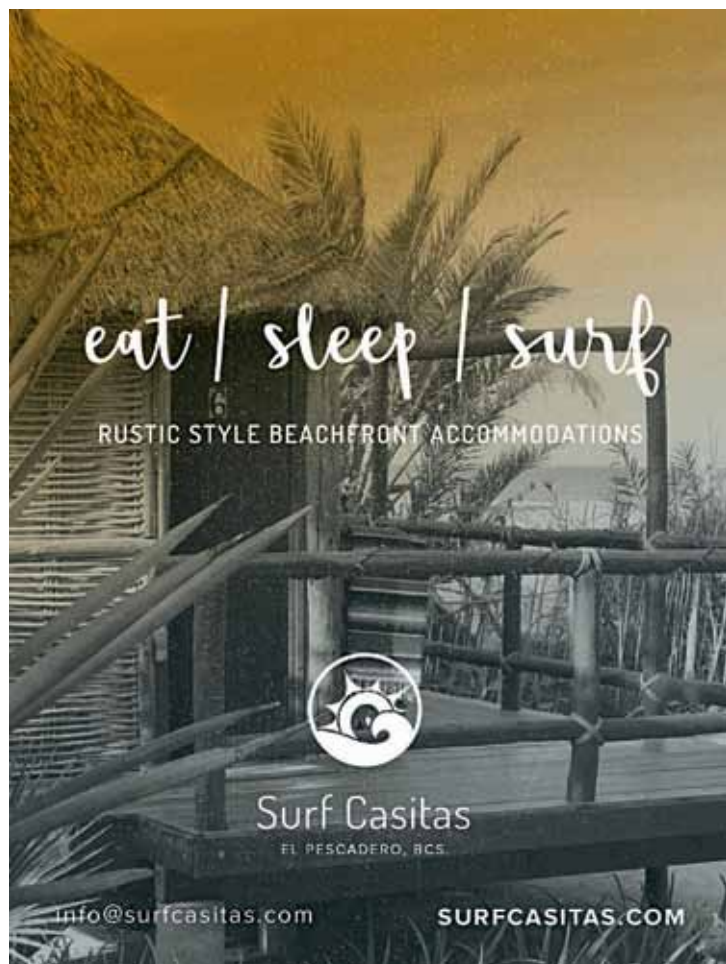
GastroVino

continued from page 5

in México, and a great team of volunteers of various nationalities who, all together, create a great family!

During a warm weekend in May, GastroVino offers three official events: the Blind Wine Tasting Contest; the celebrated GastroTour—where guests make a tour of Todos Santos restaurants in the historic district, each offering a wine tasting and perfect food pairing; and the grand celebration of GastroVino in the public plaza on Sunday, which includes a number of food and wine tastings, a silent auction, food, wine, art, and live entertainment. Your ticket to the Sunday party includes a GastroVino version of *Lotería*—which everyone can play to win fabulous prizes! Participants can vote for their favorite white, red and rosé wines and the winners in each category will be announced.

All of the classic winemakers will be returning, including Vinos Shimul, Cava Maciel, Vinart, Alximia, Solar Fortun, Xecue, Alegre Vida, and Freixenet; plus some new ones from Valle de Guadalupe. More than fifteen wineries, twenty restaurants, renowned chefs, creators, and volunteers will focus their energy so that 100% of the proceeds from the GastroVino Silent Auction will be donated this year to the





Padrino Children Foundation—whose mission is to provide access to professional medical care for children in need in Todos Santos and the surrounding communities of southern Baja.

Once again, the GastroVino festival offers a weekend full of fun gastronomic festivities, surprises, excellent musical talent, art, decoration, and performances that will, indeed, make your “cup runneth over” this year!

THIS YEAR'S EVENTS ARE AS FOLLOWS:

MAY 19TH, 12 to 1 pm, Blind Tasting contest, location to be determined. Cost \$500 pesos.

MAY 19TH, 6 to 9 pm, GastroTour in downtown Todos Santos, starting at the Hotel California. Cost \$500 pesos, presale; \$600 pesos day of the event.

MAY 20TH, 2 to 6 pm, GastroVino in the Todos Santos public plaza. Cost \$700 pesos, presale; \$800 pesos day of the event.

Tickets for all events will be on sale beginning May 1, at El Tecolote Bookstore, La Gitana Baja Gallery, and the Hotel California in Todos Santos; Café DoceCuarenta in La Paz; the Wine Market in Cabo San Lucas; and Pez Gordo Gallery in Palmilla Shoppes in San José del Cabo.

For more information visit: www.festivalgastrovino.com or Facebook: Festival GastroVino Baja

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GastroVino

Baja Food & Wine Festival

Acompáñanos el 19 y 20 de mayo en el 7° Festival Anual GastroVino *Baja Food & Wine*, la mejor manera de descubrir y celebrar la gastronomía y los vinos de México reunidos en Todos Santos, Baja California Sur. Cada año, el festival honra y celebra las tradiciones de la buena comida y los vinos mexicanos.

Esta vez a través de la hermosa tradición del juego La Lotería, la cual estamos emocionados de traer a la vida como el tema principal 2018. Traído de Francia en la década de 1887, el juego "La Lotería" es similar al *Bingo americano*, solo que cada carta representa un personaje u objeto tradicionalmente mexicano. La belleza del juego es que cada una de las cartas está acompañada por un refrán, o frase popular, con una pícara lección de vida o una frase familiar que alude a la imagen en la tarjeta, que El Gritón recita cuando cada carta es sacada del mazo. Esta tradición continúa vigente hasta hoy y se sigue jugando en muchos lugares de México como la manera perfecta de pasar el tiempo entre vecinos, amigos y familias.

GastroVino se complace, de nueva cuenta, en contar con la participación de varios de los más reconocidos vitivinicultores y chefs de México, y por el gran equipo internacional de voluntarios, quienes, ¡juntos hacen una gran familia!

Durante un cálido fin de semana de mayo, GastroVino ofrece tres eventos oficiales; Concurso cata a ciegas, el celebrado GastroTour donde hace un recorrido por los restaurantes de Todos Santos con



por Kate Turning

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degustación de vino y maridajes perfectos en varios puntos del centro histórico, y la celebración final de GastroVino en la plaza principal el domingo, que ofrece una subasta silenciosa, comida, vino, arte y entretenimiento. ¡Tu boleto para la fiesta del domingo incluye el GastroVino propia versión de Lotería donde todos podrán jugar para ganar fabulosos premios! Todos los participantes podrán votar por su vino favorito tinto y rosado y el ganador será anunciado.

Todas las casas vinícolas clásicas estarán de regreso, incluyendo Vinos Shimul, Cava Maciel, Vinart, Alximia, Solar Fortun, Xecue, Alegre Vida, y Freixenet; y otras nuevas de Valle de Guadalupe. Más de veinte restaurantes, quince bodegas, reconocidos chefs, creadores y voluntarios enfocarán su energía una vez más para que el 100% de las ganancias de la Subasta Silenciosa del evento GastroVino sean donadas este año a Padrino Children's Foundation —cuya misión es proporcionar acceso a atención médica profesional para niños necesitados en Todos Santos y los alrededores del sur de Baja.

Una vez más, el festival GastroVino se complace en envolver a Todos Santos con un fin de semana lleno de divertidas festividades gastronómicas, sorpresas, excelente talento musical, arte, decoración y shows que harán vibrar tu copa este año.

ESTOS SON LOS EVENTOS DE ESTE AÑO:

19 DE MAYO, 12 a 1 pm, Concurso Cata a Ciegas, lugar por definir. \$500 pesos.

19 DE MAYO, 6 a 9 pm, GastroTour en el centro histórico de Todos Santos, iniciando en el Hotel California. \$500 pesos pre venta, \$600 pesos día del evento.

20 DE MAYO, 2 a 6 pm, GastroVino en la plaza principal de Todos Santos. \$700 pesos pre venta, \$800 pesos día del evento.

Boletos a la venta a partir del primer del mayo, en El Tecolote Bookstore, La Gitana Baja Gallery y en El Hotel California en Todos Santos; Café DoceCuarenta en La Paz; el Wine Market en Cabo San Lucas; y Pez Gordo Galería en Palmilla Shoppes en San José del Cabo.

Para más información visita: www.festivalgastrovino.com o Facebook: Festival GastroVino Baja

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Dharma Talks with Dr. Robert K. Hall Plática de Dharma, por el Dr. Robert K. Hall

by / por Bryan Jáuregui

traducido por Elena Ascencio-Ibáñez, fotos por / by Álvaro Colindres

It was 1968 and Robert Hall was living the American dream. He had a thriving psychiatric practice, a huge house in Mill Valley, and a wonderful family with his childhood sweetheart of a wife and their children. The only drawback was that it was killing him. He was working 24/7—a Rolfing practice during the day and a Gestalt therapy practice at night—and he was exhausted, drained, and he needed some answers. As has happened at every critical juncture in his life, he got them immediately. He went to a friend's house and, while waiting for his friend, saw a piece of paper on the floor. He picked it up and found it was a transcript of a talk by an Indian spiritual master. As he began to read he found it was like a voice speaking in his mind, a light literally shining in the darkness. It was a light so bright that his wife saw it, too. He dialed the telephone number at the bottom of the page, and it was his next-door neighbor in the geodesic dome. The signs were clear, and Robert didn't hesitate.

Robert and his wife Alyssa left their three children with a friend and went to India for four months to study with Charan Singh, the man whose talk Robert had read on that

Era el año de 1968 y Robert Hall estaba viviendo el sueño americano. Tenía una práctica de psiquiatría exitosa, una casa enorme en Mill Valley y una familia maravillosa con su esposa y sus hijos. El único inconveniente era que lo estaba matando. Estaba trabajando 24 horas los siete días de la semana. Tenía una práctica de Rolfing durante el día y de terapia Gestalt durante la noche. Estaba exhausto, se sentía drenado y necesitaba algunas respuestas. Tal como ha ocurrido en cada coyuntura crítica en su vida, recibió las respuestas inmediatamente. Fue a casa de un amigo y, mientras lo esperaba, vio un papel en el piso. Lo levantó y vio que era la transcripción de una plática de un maestro espiritual de la India. A medida que comenzó a leer, se dio cuenta de que era como una voz hablando en su mente, una luz literalmente brillando en la oscuridad. Era una luz tan brillante, que su esposa la vio también. Marcó el número de teléfono que venía al pie de la página, y resultó ser la casa de su vecino de al lado, quien tenía un domo geodésico. Las señales eran claras, y Robert no titubeó.

Robert y su esposa, Alyssa, dejaron a sus tres hijos con
ROBERT HALL continúa en página 18



fateful day, and the man who was to remain Robert's spiritual master for the rest of Singh's natural life... and beyond. As Singh's guests, their four months in India were completely free, but not without some costs. Alyssa contracted typhus, and Robert was frantic as there were no doctors in the area where they were living except one who didn't like to work on Westerners, despite—or perhaps because of—the fact that he was an Austrian-born American himself: Dr. Randolph Stone. He also happened to be Charan Singh's personal physician, who was finally able to persuade him to see Alyssa. When Robert and Alyssa arrived at Dr. Stone's garden office, they saw lots of Indians sitting around in various stages of distress, many with metal clamps on their fingers. There was screaming coming from the office. Robert, an army veteran, pressed on. When Dr. Stone worked on Alyssa with his hands, he swayed and sang like the religious ecstatic he was. Robert tried not to freak out. When Dr. Stone finished working on Alyssa, he had completely



Dr. Robert K. Hall

healed her. On the spot. Robert became his apprentice.

Robert's career to that point had been shaped by his apprenticeships with two leading lights in the psychiatric world, both of whom were focused on mind-body integration in treating patients: Dr. Fritz Perls, who developed Gestalt Therapy; and Dr. Ida Rolf, originator of the body-work known as Structural Integration or "Rolfing." In fact, Dr. Rolf ended up with that house in Mill Valley when Dr. Perls asked Robert to move to the Bay Area to start the Gestalt Institute of San Francisco. Robert's apprenticeship with Dr. Stone took his approach to mind-body work to a whole new level. Dr. Stone, the founder of Polarity Therapy, taught Robert how to work and heal with the energy of the body.

Inspired by his experiences in India, the teachings of Charan Singh, and his three main

apprenticeships, Robert co-founded the Lomi School in Santa Rosa, California in 1970, "to bring together a group

ROBERT HALL continued on page 16

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Bésame Mucho 1st Anniversary 1^{er} Aniversario de Bésame Mucho

Un lugar emblemático, una pareja, muchos amigos y una nueva tradición: primer aniversario de Bésame Mucho en Todos Santos. Bésame Mucho, el *high-end* bazaar en Todos Santos sigue dando de qué hablar. reunió a una multitud en medio de música en vivo con dj, el tenor Yovanni Catalán y un gran trío.

Personalidades de Los Cabos, La Paz y Todos Santos se reunieron a festejar con Rouss, Marco y su gran equipo en este icónico lugar. Más de trescientas personas degustaron vinos y presenciaron una nueva tradición consistente en colocar candados antiguos o artesanales para sellar su amor en el bello enrejado de Bésame Mucho y su jardín del amor.

En un año, Bésame Mucho Bazaar ha captado la atención del turista y lugareños, siendo una fotografía obligada en Todos Santos. La decoración del bazaar, los tesoros a la venta y su arqui-



Ballet Folklórico con Daniel Salgado

tectura sin igual enmarcaron este evento. Del amor nació un lugar... del mundo, sus tesoros.

BÉSAME MUCHO cont. on/en pg 48



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The Secret Code of Art: How to Crack It

El Código Secreto del Arte: Cómo Descifrarlo

by / por Kate Turning, traducido por Ricardo Madrazo

In Todos Santos, we live in a very art-rich community; there are painters, photographers, jewelers, potters, sculptors, and galleries all around us. Most of us say we like art—and we really do—but there can be a distance, an intimidation to the idea we're supposed to get something from the artwork, appreciating it in some knowing fashion. Many of us have been to a crowded opening, had a glass of wine and walked around, pausing in front of each piece to nod, or comment, "I like this one" —all the while keeping an eye on everyone else doing the same. Ever go to a gallery or on a studio tour, maybe even thinking of buying art for your home, only to look at everything quietly and say only "nice work" or "thank you" because it's so hard to know what to think about the art? Here's a little secret: the experience of art belongs only to you, the person appreciating it, and you don't need to be an artist or have an art education to "get" art. All you need to do is teach yourself a little bit about how to really regard art.

Edgar Degas once said, "Art is not what you see, but what you make others see." Edgar is telling us that once the paint is dry his work is done; now it's your turn to look, see, think, and relate to what the artist has created. Yes, I did change "see" into four steps; it's not a manual like the ones we never read for a new TV, but it really does help to break seeing art down into a simple process.

First, just take a minute to look at the art, take it all in, not trying to get anything from it yet. Walk around it, if it's three dimensional, or pick it up (carefully!) if it is something that's ok to do, like a clay pot. Look at the colors, the way light hits it, how it feels, the textures; just let your heart and senses experience what's there. Don't look at the title or anything like that yet—just look!

Ok, next try seeing what's there. Is the painting an abstract, or is it of a landscape, or people, or some other subject? What's happening with a person in a photograph? Is this a teapot, or are the holes near the bottom a clue that maybe it's something else? You don't need to form an opinion, but

En Todos Santos, vivimos en una comunidad muy rica en arte; hay pintores, fotógrafos, joyeros, alfareros, escultores y galerías a nuestro alrededor. La mayoría de nosotros decimos que nos gusta el arte, y es sincero, pero puede haber una distancia, una intimidación por la idea de cómo se supone que debemos de percibir una obra de arte, apreciarla desde una perspectiva de conocimiento. Muchos de nosotros hemos estado en una apertura abarrotada, tomamos una copa de vino y caminamos, parándonos frente a cada pieza para asentir, o comentando: "Me gusta este," mientras vemos a todos los demás hacer lo mismo. ¿Le ha pasado que va a una galería o a una visita de estudio, tal vez incluso esté pensando en comprar arte para su hogar, sólo para mirar todo en silencio y decir únicamente "buen trabajo" o "gracias," porque es muy difícil saber qué pensar sobre el arte? He aquí un pequeño secreto: la experiencia del arte le pertenece solo a usted, a la persona quien lo aprecia, y no es necesario ser un artista o tener una formación artística para "entender" el arte. Sólo se necesita aprender un poco sobre cómo realmente contemplar el arte.

Edgar Degas dijo una vez: "El arte no es lo que ves, sino lo que haces que los demás vean." Nos está diciendo que una vez que la pintura está seca, su trabajo está terminado; ahora es tu turno para mirar, ver, pensar y relacionarse con lo que el artista ha creado. Sí, dividí la observación en cuatro pasos: no es un manual como los que nunca leemos para un televisor nuevo, pero realmente ayuda para procesar la percepción del arte.

Primero tómese un minuto para ver el arte: absorba todo, sin tratar de interpretar nada todavía. Camine a su alrededor si es tridimensional o levántelo (¡con cuidado!) si es apropiado, tal como una olla de barro. Mire los colores, la forma en que la luz le pega, cómo se siente, las texturas; solo deje que su corazón y sus sentidos experimenten lo que hay allí. No mire el título ni nada por el estilo, todavía,

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now you're starting to combine sensory impressions with your own knowledge and experience: "It's a picture of a guy in a dress with a bottle of tequila," or "Cool pattern of squares and circles!"

It's time to start thinking about what you're appreciating. Go ahead, look at the title (if you didn't already sneak a peek); what does it tell you? "Trapiche"? Hey, maybe it's a painting of sugar mill ruins? "Composition #47"? I'm not missing any secret meaning; the artist just wants to express how light looks on clouds, or how colors and shapes fit together. The title can really tell you a lot; there could be a story, a moment in time, an emotion, a political comment, or even a joke being expressed. Is there anything else you can learn about the artist or the work that you're seeing? There might be an explanation, or a history, or the artist themselves might be there. Go ahead—ask! By now you've been thinking about the piece, and probably really do have a question about what you're seeing.

You've arrived at the last, best part of what Edgar was talking about: relating to what the artist made you see. You've taken the time to really absorb all the elements the artist put into the artwork, and now it doesn't seem so distant or mysterious anymore. How do you relate? Is there a connection to your own experience? Is it a window to a time, place, or feeling totally different? Have you seen light like that on an afternoon in the mountains? Felt what the girls in that photo seem to be feeling? Did it make you laugh? Cry? Wonder what the artist was thinking? Love it? Hate it? Want to take it home? All great reactions, and all so much more rewarding to you than "Thanks, nice work."



Kate Turning by / por Emanuela Gardner

Kate Turning lives in Todos Santos with her husband and production partner Steve Jacobi and her two beloved Saluki hounds. You can see more of her photography at www.turningpix.com or view her fine art at Galería de Todos Santos.

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Robert Hall

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of far-out modalities into one practice. Lomi was founded on the principle of the integration of mind, body, and spirit, with particular emphasis on the life of the body." Robert, his wife Alyssa, and two other couples formed the core of the school, and Dr. Stone became their partner and teacher. Robert earned an international reputation for his innovative and pioneering therapies, and the Lomi School thrived. Robert no longer had to do Rolfing during the day and Gestalt at night—he had integrated it all into one unique, inclusive, and embracing practice. Turns out the American dream just needed some Indian spice.

But this wasn't the path that Robert had set out on in life. When he was 15 and living in upstate New York, his passion was to go into surgery, and he managed to get himself apprenticed to the town surgeon. He paid for medical school at the University of Buffalo by working nights as a surgical nurse, then took a year of internship and beginning surgery residency in Salt Lake City. Surgery was his calling. But in Salt Lake City, Robert was hit with the realization that surgery residencies didn't pay enough to support his growing family, so he joined the army as a captain and enjoyed a pay grade that covered his family's needs. The tricky part was that at that point the army didn't want more surgeons; it wanted more psychiatrists. So, Robert agreed to a psychiatric residency under the army's auspices, with the result that his first job out of residency was as Chief of Neuropsychiatry at Fort Knox (where his job description covered something called Mental Hygiene). When contemplating his numerous accomplishments in a field chosen for him by the army—a field that he so obviously loves and thrives in—Robert says, "I didn't do any of it. I didn't make any of it happen. There is no such thing as free will. You just have to say yes to life."

In 1999 Robert decided that he was ready to retire, so he and his partner Álvaro Colindres began searching the world for the best place for them. (Robert and Alyssa had divorced, although they remain very close to this day and share six grandchildren.) They traveled to Italy and Spain and points beyond, but never found exactly what they were looking for. Then one of Robert's apprentices called to tell him about a great artists' colony he had heard about. Robert and Alvaro came to Todos Santos to visit soon after, and within ten minutes Robert fell in love with it. Alvaro, however, was less enthusiastic. Robert returned by himself a few months later and in short order signed a lease on La Ruina, a house in as good a state of repair as the name implies. He didn't mention it to Alvaro until he returned home. Within six months, Robert (eagerly) and Alvaro (reluctantly) had moved all their belongings to Todos Santos and made the town, and La Ruina, their home.

Like many Americans, Robert had the bulk of his retirement encased in his home—a beautiful old Victorian in Tomales Bay, Marin County. With the final move to Todos Santos, Robert put his house on the market and, as was common

and expected at the time, it was quickly snapped up and placed in escrow. But at the last minute, the buyers found some termite damage and abruptly withdrew from the deal. Robert and Alvaro found themselves shockingly, jarringly, and absolutely, flat broke. Literally no funds to survive on. They decided that prayer was in order, so they got down on their knees and prayed for guidance. While they were kneeling on the floor, a knock came at the door. Alvaro got up to answer it and there stood an American woman whom neither of them had ever seen before. "She said 'I heard that Robert was a follower of Charan Singh and thought he might like to have this.'" She handed a book to Alvaro, who went inside to give it to Robert. When they both returned to thank her, she had left. The book was the memoirs of Robert's spiritual master in India, Charan Singh, now long dead but clearly not gone. Two weeks later the Tomales Bay house sold, Robert and Alvaro bought their current home in Todos Santos, and Robert settled in to enjoy retirement. As added grace, Alyssa bought a house nearby, and Alvaro grew to love Todos Santos as much as Robert, becoming a real estate agent and a great photographic chronicler of the town and its surrounding natural beauty.

One of the many results of his first trip to India was that Robert became a serious practitioner of meditation, and a firm believer in its benefits for the mind and body. In 1974 he befriended several dharma teachers who practiced Vipassana, or Insight Meditation. He started going on 10, 11, 12-day silent retreats with them, and saw that these types of retreats strongly dovetailed with Gestalt therapy, helping people to really focus on being in the immediate present. He also came to embrace Buddhism because he saw how practical it was and how it actually answered the question of the meaning of life. He became an ordained Buddhist priest and started leading his own silent retreats in 1980. He also became affiliated with Spirit Rock Meditation Center, and currently has Emeritus status on the Teacher's Council.

When he retired to Todos Santos, Robert had no intention

of teaching again. He had taught thousands of people all over the world, and served as a mentor to hundreds more. He loved teaching, but now just wanted to sit back and enjoy the serenity of Todos Santos. "Then one day Alvaro told me he thought I should teach again. I was against it, but he finally persuaded me to at least give it a try. To my surprise, over 30 people showed up to the first talk we advertised. Alvaro was right; the teaching really stimulated me, and I realized then that I would like to continue." Now residents and visitors alike find that one of the best things about being in Todos Santos is the opportunity to participate in Robert's weekly Sunday morning dharma talks at Cuatro Vientos studio.

On the Easter Sunday when Robert was 12, he took his young boy's worries up the hill to seek some solace in nature. As he sat there, he was struck with the forceful inspiration, with what seemed like Word from on High, to be open to all of life's experiences. Robert embraced that inspiration and built an inspired and inspiring life around it. Luckily, Robert is willing to share some of the knowledge, some of the learning, some of the magic that flowed from that moment, and thereby inspire the rest of us in this *pueblo magico*. Thank you for prodding him on, Alvaro!

Dr. Robert K. Hall's Dharma Talks take place at Cuatro Vientos in Todos Santos, Sundays at 10 am. You can listen to a selection of recordings of the talks online at: <https://roberthalldharmataalks.wordpress.com> with Spanish translations by Elena Ascencio-Ibáñez.

Todos Santos Eco Adventures (TOSEA) provides visitors with opportunities to explore, celebrate, and help conserve the magnificently diverse ecosystems of Baja with whale and bird-watching trips in the Pacific lagoons; treks and *ranchero* culture programs in the Sierra la Laguna mountains; Sea Turtle Camp and surfing surfaris on the Pacific coast; and kayaking, "glamping," and whale shark and sea lion adventures in the Sea of Cortez. www.TOSEA.net. (612) 145-0189.



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Robert Hall

continuó de página 10

un amigo y se fueron a la India a pasar cuatro meses estudiando con Charan Singh, el hombre cuya plática Robert había leído aquel fatídico día, y quien habría de permanecer como maestro espiritual de Robert por el resto de la vida natural de Singh... y más. Como huéspedes de Singh, sus cuatro meses en India fueron completamente gratis, pero no sin algunos costos. Alyssa contrajo tifus y Robert estaba frenético, ya que no había doctores en el área donde estaban, excepto uno a quien no le gustaba atender a occidentales —a pesar de, o quizá debido a— el hecho de que él mismo era un americano nacido en Austria: el Dr. Randolph Stone. También resultó ser el médico personal de Charan Singh, quien finalmente pudo persuadirlo para que atendiera a Alyssa. Cuando Robert y Alyssa llegaron a su oficina, vieron a muchos indios sentados en diferentes estados de aflicción, muchos con abrazaderas metálicas en sus dedos. De la oficina del Dr. Stone venía un grito. Robert, veterano del ejército, continuaba. Cuando el Dr. Stone trabajó en Alyssa con sus manos, se mecía y cantaba como el extático religioso que era. Robert trató de no entrar en pánico. Cuando el Dr. Stone terminó de trabajar en Alyssa, la había curado por completo. Ya mismo. Robert se convirtió en su aprendiz.

La carrera de Robert hasta ese punto había estado influida por haber sido aprendiz de dos eminencias en el mundo de la psiquiatría, ambos, al tratar a sus pacientes, estaban enfocados en la integración de la mente-cuerpo: Dr. Fritz Perls, quien desarrolló la Terapia Gestalt; y la Dra. Ida Rolf, quien inició el trabajo corporal conocido como Integración Estructural o "Rolfing." De hecho, Dra. Rolf terminó quedándose con aquella casa en Mill Valley cuando el Dr. Perls le pidió a Robert que se mudara al Área de la Bahía para empezar el Instituto Gestalt de San Francisco. La



Elena Ascencio-Ibáñez y Dr. Robert K. Hall

formación de Robert con el Dr. Stone llevó su enfoque del trabajo mente-cuerpo a un nivel completamente nuevo. El Dr. Stone, el fundador de la Terapia de Polaridad, le enseñó a Robert a trabajar y curar con la energía del cuerpo.

Inspirado por sus experiencias en la India, por las enseñanzas de Charan Singh, y por sus tres principales formaciones, Robert co-fundó la Escuela Lomi en Santa Rosa, California, en 1970, "para juntar en una sola práctica varias maravillosas modalidades. Lomi fue fundada con el principio de la integración de la mente, el cuerpo y el espíritu, con un énfasis particular en la vida del cuerpo." Robert, su esposa Alyssa, y otras dos parejas formaron el corazón de la escuela, y el Dr. Stone se convirtió en su socio y maestro. Robert se ganó una reputación internacional por sus terapias innovadoras y pioneras y la escuela Lomi prosperó. Robert ya no tenía que hacer Rolfing durante el día y Gestal durante la noche; lo había integrado todo en una práctica incluyente, única e inclusiva. Resulta que el sueño americano sólo necesitaba algo de especias de la India.



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Pero este no era el camino que Robert tenía en mente para su vida. Cuando tenía 15 años y vivía en el norte del estado de Nueva York, su pasión era ser cirujano, y se las arregló para ser aprendiz del cirujano del pueblo. Pagó sus estudios en la universidad de Buffalo trabajando de noche como enfermero de cirugía, luego tomó un año de pasantía y empezó su residencia de cirugía en Salt Lake City. Su llamado era la cirugía, pero en Salt Lake City, se dio cuenta de que como cirujano residente no recibiría paga suficiente para mantener a su familia que iba creciendo, de manera que se unió al ejército como capitán y disfrutó de una paga que cubría las necesidades de su familia.

Lo difícil era que para aquel momento, el ejército no quería más cirujanos, quería más psiquiatras. Así que Robert acordó ser residente de psiquiatría bajo el auspicio del ejército y como resultado, su primer trabajo saliendo de hacer la residencia fue el de Jefe de Neuropsiquiatría en Fort Knox (donde la descripción de su puesto incluía algo llamado Higiene Mental). Al contemplar sus numerosos logros en un campo que el ejército eligió para él, un campo que tan obviamente ama y en el que se desarrolla, Robert dice: "No hice nada de esto. No hice yo que nada de esto sucediera. No existe el libre albedrío. Solamente tienes que decirle sí a la vida."

En 1999, Robert decidió que estaba listo para retirarse, así que él y su pareja, Álvaro Colindres, comenzaron a buscar por el mundo el mejor lugar para ellos. (Robert y Alyssa se habían divorciado, aunque continúan muy cercanos hasta hoy día y comparten seis nietos.) Viajaron a Italia, España y otros sitios, pero no encontraban lo que estaban buscando. Entonces uno de los aprendices de Robert le llamó para contarle de una colonia de artistas maravillosa de la que había escuchado hablar. Al poco tiempo Robert y Álvaro vinieron a visitar Todos Santos, y a los diez minutos Robert se enamoró del pueblo. Álvaro, sin embargo, se sentía menos entusiasta. Robert regresó solo a los cuantos meses y para pronto firmó contrato de renta de La Ruina, una casa en tan buen estado como el nombre lo implica. No se lo mencionó a Álvaro sino hasta que volvió a casa. Dentro de los seis meses siguientes, Robert (con ganas) y

Álvaro (renuente) habían mudado todas sus pertenencias a Todos Santos e hicieron del pueblo y de La Ruina, su hogar.

Como muchos americanos, Robert tenía el grueso de su retiro contenido en su casa, una hermosa y antigua casa victoriana en Tomales en el condado de Marin. Con la mudanza final a Todos Santos, Robert puso su casa a la venta y, como era común y de esperarse, pronto recibió una oferta y se puso un depósito. Pero al último minuto, los compradores encontraron daños por termitas y abruptamente se retiraron del trato. Robert y Álvaro se encontraron espantosamente, estremecedoramente y absolutamente quebrados. Literalmente, sin fondos para sobrevivir. Decidieron que lo adecuado era una plegaria, así que se pusieron de rodillas y oraron pidiendo dirección. Mientras estaban de rodillas en el piso, alguien tocó a la puerta. Álvaro se puso de pie para abrir, y ahí estaba una mujer americana a quien ninguno de los dos había visto antes. "Dijo: 'me enteré que Robert es seguidor de Charan Singh y pensé que le gustaría tener esto.'" Le entregó un libro a Álvaro, quien entró para entregárselo a Robert. Cuando ambos salieron para darle las gracias, ya se había ido. El libro era las memorias de Charan Singh, el maestro espiritual (en la India) de Robert; Charan Singh ya había muerto hacía mucho, pero claramente no se había ido. La casa en Tomales se vendió dos semanas más tarde, y Robert y Álvaro compraron la casa en la que viven ahora en Todos Santos, y Robert se asentó para gozar de su retiro. Como obra de gracia agregada, Alyssa compró una casa cerca, y Álvaro llegó a amar Todos Santos tanto como Robert. Álvaro se volvió agente de bienes raíces y un cronista fotográfico del pueblo y de la belleza natural que lo rodea.

Uno de los muchos resultados de su primer viaje la India, fue que Robert se convirtió en un serio practicante de meditación, y un firme creyente en sus beneficios para la mente y para el cuerpo. En 1974, se hizo amigo de varios maestros de dharma quienes practicaban meditación Vipassana o de introspección. Empezó a asistir a retiros

ROBERT HALL continúa en página 27



april

April 6 | 6 pm, **ALEJANDRRA OBE-SOO FUNDRAISER**. Dinner & dance at La Posta del Oasis, in Todos Santos. With an awesome live 80s band and Northern Italian cuisine. Tickets \$40 USD, available at Cafélix, Landi's, and La Posta del Oasis.

April 7 | 7 pm, **LIVE MUSIC** with "The Backyard & Dr. Pretzel" at **La Esquina** on the *otro lado* of Todos Santos. 50 pesos cover.

April 8 | 9:30 am, **SWAP MEET** at Marina Don José in La Paz.

April 11 | 6 – 9 pm, **NOCHE DE SUPER SALUD DINNER** at **Pura Vida** in Todos Santos. Featuring a special menu. Check Facebook: Noche de Super Salud for information.

April 15 | 4 pm, **OPEN READING & STORYTELLING** at **Rumi Garden** in Todos Santos. Up to 10 minutes of original writing. Contact: Zoe@cultivatecreativity.net

April 19 | 6 – 9 pm, **OPEN MIC** at **La Esquina** on the *otro lado* of Todos Santos.

April 20 | 8 am, **SOMEWHAT FLACCID OPENING** of **Shaka's** at Cerritos in Pescadero with delicious food and live music.

April 20 | **SPECIAL WINE PAIRING DINNER** at **Guaycura Boutique Hotel**. For more information or reservations: (612) 175-0800.

April 20 | 5 – 8 pm, **THE BAJA 100**, art walk/drive in the historic district of Todos Santos with participating galleries, shops, bars, and restaurants, such as a 10% discount on many items at **Besáme Mucho Bazaar**. For more information visit Facebook: The Baja 100.

April 21 | 12 – 5 pm, **THE BAJA 100 BLOCK PARTY**, on calle Hidalgo (between Juárez & Militar), from **Nomad Chic** to La Sonrisa del Muerto. With art, food and libations. For more information visit Facebook: The Baja 100.

may

May 16 | 6 – 9 pm, **NOCHE DE SUPER SALUD DINNER** at **Pura Vida** in Todos Santos. Featuring a special menu. Check Facebook: Noche de Super Salud for information.

May 19 | **GASTROVINO FOOD & WINE FESTIVAL** 12 – 1 pm, **GASTROVINO BLIND TASTING CONTEST**, location to be determined. Cost \$500 pesos.

May 19 | **GASTROVINO FOOD & WINE FESTIVAL** 6 – 9 pm, **GASTROTOUR** in downtown Todos Santos, starting at the Hotel California. Cost \$500 pesos, presale; \$600 pesos day of the event.

May 20 | **GASTROVINO FOOD & WINE FESTIVAL** 2 – 6 pm, **GASTROVINO** in the Todos Santos public plaza. Cost



\$700 pesos, presale; \$800 pesos day of the event.

Tickets for all events will be on sale beginning May 1, at El Tecolote Bookstore, La Gitana Baja Gallery and the Hotel California in Todos Santos; Café DoceCuarenta in La Paz; the Wine Market in Cabo San
EVENTS cont. on page 53

HAPPY HOUR

Carlito's Place, **Su T W Th F Sa** 3 – 5 pm, Half price beer, in house favorites & domestic drinks.

Cerritos Beach Inn, **M T W Th F** 4 – 6 pm, Half price beer, wine and well drinks.

Chez Laura, **T W Th F Sa** 4 – 5 pm, Free tapas with your cocktail or wine.

Chill N Grill, **M T W Th F** 4 – 6 pm, 2x1 beer and well drinks.

FreeSouls, **Su M T W Th F Sa** 5 – 6 pm, Margaritas, mojitos, and beers at special prices.

Gallo Azul, **M T W F Sa** 3 – 6 pm, 2x1 mojitos and margaritas.

Hotel Casa Tota, **M T W Th F Sa** 4 – 5 pm, 2x1 beer and well drinks.

La Bohemia **Su M T W Th F Sa** 4 – 5 pm, 2x1 beer, handcrafted drink specials daily. Ask about their pool pass.

La Esquina **M T W Th F Sa** 5 – 6 pm, 2x1 beer, wine and margaritas.

La Posta del Oasis **M T W Th F Sa** 4:30 – 6 pm, Special sunset menu.

La Morena **M T W Th F Sa** 4 – 6 pm

Oasis Bar & Grill **Su M Tu W Th F Sa** 4 – 6 pm, 50 pesos well drinks and 20% off appetizers.

Rip Tide Bar **Su M T W Th F Sa** 3 – 6 pm, 3 beers or 3 margaritas for the price of 2.

Sky Lounge at Guaycura Boutique Hotel **Su M T W Th F Sa** 2 – 4:30 pm, 2 x 1 margaritas and beer *when you mention this listing*.

Sugar Shack **M T W Th F** 4 – 6 pm, Fresh squeezed margaritas, mojitos and beer specials.



Dharma Talks & Meditation with Robert K. Hall

Listen to Dharma Talks online at: <https://roberthalldharmataalks.wordpress.com>

Sunday Morning Talks at Cuatro Vientos, 10:00-11:30 am

every week

Monday – Friday, 9 am – 2 pm, **PUNTO VERDE RECYCLING CENTRE** behind Super Pollo, off calle Del Huerto at the southern entrance of Todos Santos. Bring your paper, plastic, batteries, cardboard, cans, metal, Styrofoam, clear glass and electronics. 50 peso minimum donation, electronics are 80 pesos. Please separate and clean materials. For more information: ecorreolucionmx@gmail.com, (612) 139-4789

sunday

10:30 am, **SUNDAY BRUNCH** with Grand Bloody Mary Bar at La Posta del Oasis in Todos Santos.

10:30 am – 2:30 pm, **LIVE MUSIC** with 'Pepe y Razo' at Flora Farm in San José del Cabo.

1 – 9 pm, **SUNDAY LUNCH** at Garden by Rancho Pescadero in Pescadero. Open to the public and all ages welcome.

2 – 8 pm, **DOMINGO DE PAELLA** at **El Mirador Ocean View Restaurant** in Todos Santos.

monday

5 – 8 pm, **FOOD AND WINE PAIRING UNDER THE STARS** at **Amor D'Vino** in Todos Santos. An evening of Mexican wines paired with a trio of Santo Vino's Chef Dany's signature dishes. Limited availability, come early or make reservations. For more information: santovinocatering@gmail.com or call (612) 143-2438.

7 – 10 pm, **LIVE MUSIC** with 'Pepe y Razo' at Jardin Alquimia in Todos Santos.

tuesday

8:30 am – 1 pm, **LA PAZ FARMER'S MARKET** on calle Madero between 5 de Mayo and Constitución, La Paz.

5 – 9 pm, **FAMOUS TUESDAY NIGHT OPEN MIC/MUSIC JAM** at **Mini Super Munchies** in Pescadero. With amazing food, wonderful people, and rocking music. All ages welcome.

6 pm, **ROCKIN' TACO TUESDAY & LIVE MUSIC** with live Latin Fusion at **Chill N Grill** in Todos Santos. 3 meat or potato tacos for \$100 pesos.

6 pm, **DINNER AND A MOVIE** at the **Cerritos Beach Inn**. Dinner at 6 pm, movie starts at 7 pm.

6:30 – 9:30 pm **ACOUSTIC MUSIC** with Tim Lang at La Casita restaurant in Todos Santos.

8 pm, **MOVIE NIGHT** at **Gallo Azul**, Todos Santos.

wednesday

9 am – 1 pm, **FARMERS MARKET** at **La Esquina** on the *otro lado* of Todos Santos.

4 – 6 pm, **TEA TASTING SPANISH SESSIONS** at **Corazón de Té** on the *otro lado* of Todos Santos. Practice Spanish in a very casual and friendly manner while tasting two tea selections and homemade cookies. 70 pesos.

4 – 5:30 pm, **WELLNESS WEDNESDAYS** with Moonbloom Botanics at La Bohemia Hotel Pequeño in Todos Santos.

7 – 10 pm, **LIVE MUSIC** with 'Pepe y Razo' at **Freesouls** at Cerritos Beach.

7 pm, **MOVIE NIGHT** at La Posta del Oasis in Todos Santos.

thursday

8:30 am – 1 pm, **LA PAZ FARMER'S MARKET** on calle
WEEKLY EVENTS continued on page 55



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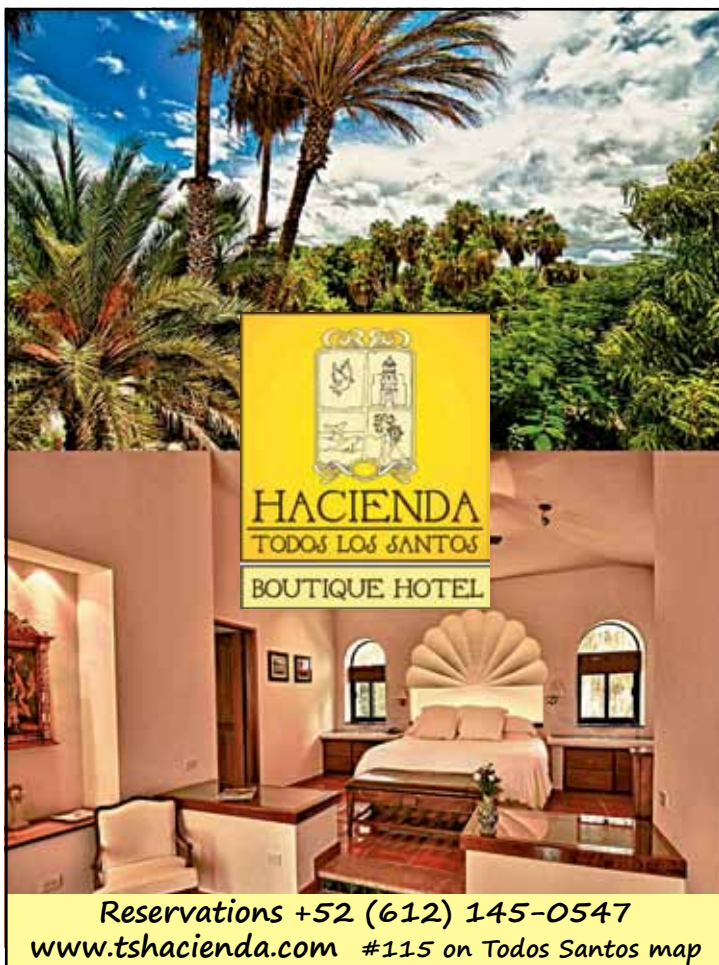


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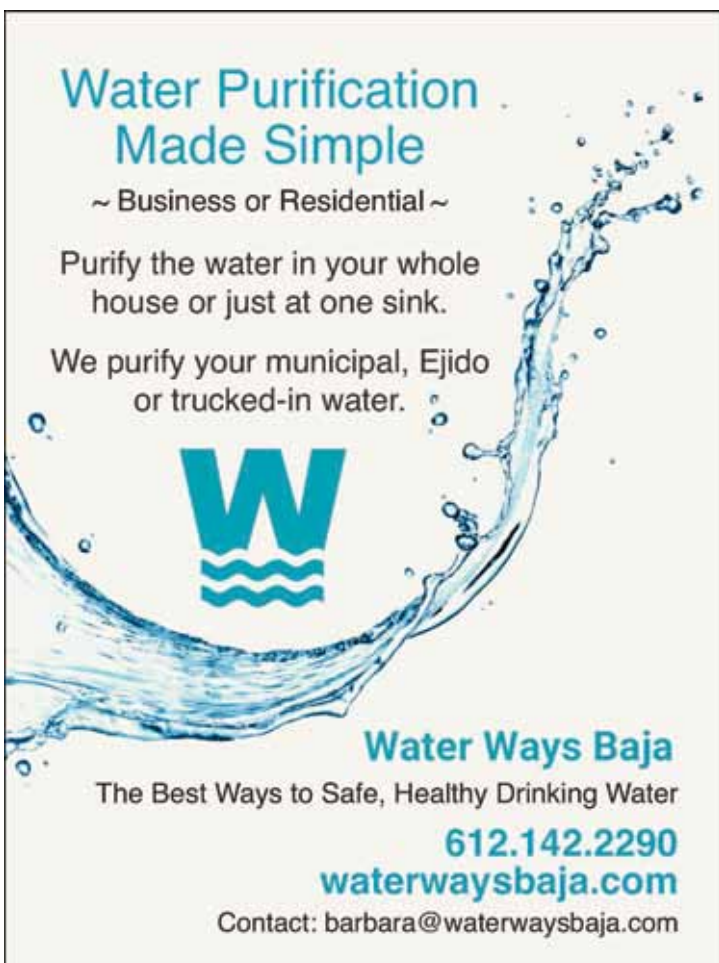



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In 2014, director / videographer, Lisa Jackson, and producer Sarah Teale embarked on a two-and-a-half year, highly challenging journey to make the documentary, *Patrimonio*. Their press materials describe it as follows:

A story of inspired activism, a verité portrait of a community rallying to protect its natural resources as an unlikely group of fishermen takes on a multi-national giant, denouncing corruption and demanding justice.

PAB: I know you got interested in making documentary films after seeing, D.A. Pennebaker's, *verité* classic, *Don't Look Back* (1967) with Bob Dylan.

Lisa: Yes, that's true; then I decided to go to film school at MIT in 1971, where I studied documentary filmmaking with Ricky Leacock, and I've been making films ever since.

Sarah: I also saw a lot of documentaries by Leacock and the Maysles brothers. One in particular, *Letting Go: A Hospice Journey*, was the first time I ever saw anyone die on film and it was very powerful for me. I think we have a tendency to feel that we shouldn't be there filming when the really emotional stuff happens.

Lisa: When that kind of emotion happens in shooting, it is important to not shy away from it, but to show it. Leacock always said, "Get closer, get closer."

Patrimonio takes place in Todos Santos, a community of 6,000 on the Pacific coast of Baja California Sur, Mexico. The film follows the town's rising resistance to a multinational mega development that plans to build 5,000 houses in this vulnerable desert town. The development is billed as 'mindful' and 'holistic' but threatens the dwindling water supply and local beaches.

PAB: What is *Patrimonio's* message?

Sarah: I think the reason that Lisa and I made this film, the most important thing is to bring to light the potential damage to the fragile environment—particularly around water usage—to the people of Todos Santos.

PAB: What is the difference between the local audience and an international audience?

Lisa: As far as the local audience goes, a lot of people didn't know what was going on, and people who've seen the film *PATRIMONIO* continued on page 24



Rosario Salvatierra

Patrimonio

Una Entrevista de Patricia Baum
traducido por Paula Angeloni

En 2014, la directora/videógrafa, Lisa Jackson, y la productora Sarah Teale se embarcaron en un desafiante viaje de dos años y medio para realizar el documental, *Patrimonio*. Sus materiales de prensa lo describen de esta manera:

Una historia de activismo inspirado; un retrato de realidad de una comunidad que se involucra para proteger sus recursos naturales junto con un grupo de valientes pescadores que enfrentan a un gigante multinacional, denunciando la corrupción y exigiendo justicia.

PAB: Sé que te interesaste en hacer documentales después de ver la película de D.A. Pennebaker, *Do not Look Back* (1967), con Bob Dylan; un clásico del cine de realidad.

Lisa: Sí, eso es verdad. Luego decidí ir a la escuela de cine en el MIT (Instituto de Tecnología de Massachusetts) en 1971, donde estudié cine documental con Ricky Leacock, y he estado haciendo películas desde entonces.

Sarah: También vi muchos documentales de Leacock y los hermanos Maysles. En uno en particular, *Letting Go: A Hospice Journey*, fue la primera vez que vi a alguien morir en la película y fue muy poderoso para mí. Creo que tenemos una tendencia a sentir que no deberíamos estar

allí filmando cuando sucede algo realmente emocional.

Lisa: Cuando ese tipo de emoción ocurre durante el rodaje, es importante no rehuir, sino mostrarlo. Leacock siempre decía: "Acércate, acércate más."

Patrimonio tiene lugar en Todos Santos, una comunidad de 6,000 habitantes en la costa del Pacífico de Baja California Sur, México. La película sigue la creciente resistencia del pueblo a un mega desarrollo multinacional que planea construir 5,000 casas en esta vulnerable población desértica. El desarrollo se anuncia como "conciente" y "holístico," pero amenaza el menguante suministro de agua y las playas locales.

PAB: ¿Cuál es el mensaje de *Patrimonio*?

Sarah: Creo que la razón por la que Lisa y yo hicimos esta película, fue principalmente para sacar a la luz el daño potencial al frágil entorno, particularmente en lo que se refiere al uso del agua, para la gente de Todos Santos.

PAB: ¿Cuál es la diferencia entre la audiencia local y la audiencia internacional?

Lisa: En cuanto a la audiencia local, mucha gente no sabía lo que estaba pasando, y personas que vieron la película dijeron: "Dios mío, ¿quién hubiera dicho?" Espero que la gente sea un poco más escéptica en cuanto a las pródigas promesas que un desarrollador pueda hacer sobre la sustentabilidad que alega.

La película demuestra la creciente conciencia y el activismo de la comunidad a través de los ojos de Rosario Salvatierra, cuya familia ha pescado en estas aguas por cuatro generaciones, y del abogado John Moreno, un surfista, abogado y activista ambiental que se suma a la causa.

PAB: ¿Cómo fué que se acercó a los pescadores de la Cooperativa Punta Lobos, en particular, al presidente Rosario Salvatierra?

Lisa: Simplemente seguí apareciendo y apareciendo para filmar a los pescadores mientras se manifestaban y PATRIMONIO continúa en página 25

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Patrimonio

continued from page 22

Lisa Jackson

say, "Oh my God, who knew?" I hope people are a bit more skeptical going forward about the lavish promises that a developer might make about its alleged sustainability.

The film demonstrates the town's burgeoning awareness and activism through the eyes of Rosario Salvatierra, whose family has fished these hard waters for four generations, and attorney John Moreno, a surfer, lawyer, and environmental activist who takes on their cause.

PAB: How did you get close to the fishermen in the Punta Lobos Cooperative; in particular, the president Rosario Salvatierra?

Lisa: I just kept showing up and showing up to film the fishermen as they marched and rallied the town, so after awhile they didn't notice me anymore; I became invisible.

The fishermen eventually blocked the beach-front construction site; after three months, the blockade was broken by a federal SWAT team.

PAB: Did you ever feel threatened during the shooting?

Lisa: I still have a *denuncia* (legal complaint) against me and we all carried the *amparos* (temporary constitutional pardons) around with us, but the *amparos* ran out in September 2017; so, yes there was a feeling of uncertainty.

PAB: How did the developers react to the fishermen's concerns about how the construction was impacting their fishing beach?

Lisa: It would have been one thing if they would have been more honest and forthcoming about how the construction and the modifications to the beach would affect the fishermen (and perhaps found ways to make it less impacting); but, it was obvious that they did not care about the fishermen, their livelihood, their boats, or their safety.

John Moreno gains ground in his legal efforts to thwart the developers and their Mexican partners; they start to target him in increasingly menacing ways. On May 19, 2017, John is arrested outside his office in Todos Santos, taken to jail in La Paz, and denied bail.

PAB: How do you feel about portraying John Moreno as "the hero"?

Lisa: We did not create John Moreno as "the hero," but this is also the story of a young lawyer who stood by the fishermen and even went to jail in the process.

PAB: The film seems to cover all the events in a logical, chronological order; how do you approach shooting and editing?

Lisa: I did not overshoot; I try to stay focused and shoot the important stuff. Our editor, Pilar Rico, worked on scenes and we watched them on a remote cloud-based platform. We gave her feedback, she made the suggested changes, and the editing process moved forward.

Sarah: There's so much material to work with, so many good shots that we had to leave out. For instance, there was a scene with the fishermen up on John Moreno's office roof at sunset; it was just too beautiful, but it didn't fit with the film.

Moreno's arrest ratchets up the fishermen's activism; they picket the jail, and post banners on their beach demanding accountability. On July 21, 2017, John is finally released to the cheers and embraces of the fishermen who, in a surprising twist, have every reason to celebrate.

PAB: Some time has passed since the film's final cut, and the recent sound mix and color correction; has your perception of the film changed over time?

PATRIMONIO continued on page 40

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congregaban al pueblo, así que después de un tiempo ya ni me notaban; me volví invisible.

Los pescadores finalmente bloquearon el sitio de construcción en el frente de playa; después de tres meses, el bloqueo fue roto por un equipo federal de granaderos.

PAB: ¿Alguna vez se sintió amenazada durante la filmación?

Lisa: Todavía tengo una denuncia (demanda legal) en mi contra y todos llevamos los amparos con nosotros, pero los amparos se vencieron en septiembre del 2017. Entonces sí, hubo una sensación de incertidumbre.

PAB: ¿Cómo reaccionaron los desarrolladores ante las preocupaciones de los pescadores sobre cómo la construcción estaba impactando en su playa de pesca?

Lisa: Hubiese sido diferente si ellos hubieran sido más honestos y comunicativos acerca de cómo la construcción y las modificaciones a la playa afectarían a los pescadores (y tal vez encontrar formas de reducir el impacto), pero era obvio que no se preocuparon por los pescadores; su sustento, sus barcos o su seguridad.

John Moreno gana terreno en sus esfuerzos legales para

frustrar los planes de los desarrolladores y sus socios mexicanos, comienzan a apuntarle de manera cada vez más amenazadora. El 19 de mayo de 2017, John es arrestado frente a su oficina en Todos Santos y llevado a la cárcel en La Paz negándole la libertad bajo fianza.

PAB: ¿Cómo te sientes al retratar a John Moreno como “el héroe”?

Lisa: No creamos a John Moreno como “el héroe,” pero esta es también la historia de un joven abogado que apoyó a los pescadores e incluso fue a la cárcel en el proceso.

PAB: La película parece cubrir todos los eventos en un orden lógico y cronológico; ¿cómo encaras el proceso de filmar y editar?

Lisa: No me sobrepasé filmando; trato de mantenerme enfocada y filmar las cosas importantes. Nuestra editora, Pilar Rico, trabajó de manera remota en las escenas en una nube en internet. Las veíamos, le mandábamos correcciones, ella hacía los cambios sugeridos, y así fue avanzando el proceso de edición.

Sarah: Hay tanto material para trabajar, tantas buenas tomas que tuvimos que dejar de lado. Por ejemplo, hubo una escena con los pescadores en el techo de la oficina de John Moreno al atardecer; que era muy hermosa, pero no encajaba con la película.

El arresto de John Moreno refuerza el activismo de los pescadores; hacen un piquete en la cárcel y colocan pancartas en sus playas demandando responsabilidad. El 21 de julio de 2017, John finalmente es liberado con aplausos y abrazos de los pescadores que, en un giro sorprendente, tienen todos los motivos para celebrar.

PAB: Ha pasado algún tiempo ya desde el último corte de la película y la reciente mezcla de sonido y corrección de color; ¿Tu percepción de la película ha cambiado en este tiempo?

Lisa: Sí está lista, está realmente lista para el mundo. Fue un largo proceso de incubación; solo agregamos un anuncio al final de la película, que, en enero de 2018, los pescadores PATRIMONIO continúa en página 41



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El Código Secreto

continuó de página 14

solamente mire.

Muy bien, ahora intente ver lo que hay allí. ¿Es una pintura abstracta o es de un paisaje, o personas o algún otro tema? ¿Qué está pasando con una persona en una fotografía? ¿Es esto una tetera o acaso los agujeros de abajo son una pista de que tal vez sea otra cosa? No necesita formarse una opinión, pero ahora está comenzando a combinar las impresiones sensoriales con su propio conocimiento y experiencia: "Es una imagen de un tipo con un vestido y una botella de tequila," o "¡qué bonito diseño de círculos y cuadrados!"

Es hora de comenzar a pensar sobre lo que estás apreciando. Adelante, mira el título (si aún no has echado un vistazo), ¿qué te dice? ¿"Trapiche"? ¿Tal vez es una pintura de las ruinas de la fábrica de azúcar? ¿"Composición No. 47"? No hay ningún significado oculto; el artista solo quiere expresar cómo se ve la luz en las nubes o en los colores y las formas. El título realmente puede decirte mucho: puede haber una historia, un momento en el tiempo, una emoción, un comentario político o incluso una broma que se exprese. ¿Hay algo más que puedas aprender sobre el artista o el trabajo que estás viendo? Puede haber una explicación o una historia, o el propio artista podría estar allí. Adelante, pregunta. Ya has estado pensando y probablemente tienes alguna pregunta sobre lo que estás viendo.

Has llegado a la última y mejor parte de lo que Edgar estaba hablando: relacionarse con lo que el artista te hizo ver. Te has tomado el tiempo para absorber todos los elementos que el artista puso en la obra y ahora ya no parece tan distante ni misteriosa. ¿Cómo te relacionas? ¿Hay alguna conexión con tu propia experiencia? ¿Es una ventana a un lugar o tiempo, o se siente totalmente diferente? ¿Has visto luz así en una tarde en las montañas? ¿Sentiste lo que las chicas en esa foto parecen estar sintiendo? ¿Te hizo reír? ¿Llorar? ¿Te preguntas qué estaba pensando el artista? ¿Te encanta? ¿Lo odias? ¿Quieres llevarlo a casa? Todas son grandes reacciones, y todas mucho más gratificantes un simple, "gracias, buen trabajo."

Kate Turning reside en Todos Santos con su esposo y socio Steve Jacobi y sus dos hermosos perros Saluki. Conozca más de su fotografía en turningpix.com o vea su obra en persona en la Galería de Todos Santos.

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Robert Hall

continuó de página 19

de silencio de 10, 11, 12-días con ellos y vio que ese tipo de retiros embonaban fuertemente con la terapia Gestalt, ayudando a la gente a enfocarse realmente en ser-estar en el momento inmediato presente. También llegó a recibir a brazos abiertos el budismo porque vio lo práctico que era y como verdaderamente contestaba la pregunta sobre el sentido de la vida. Se ordenó como sacerdote budista y empezó a dirigir sus propios retiros de silencio en 1980. También se afilió con el centro de meditación Spirit Rock donde es miembro emérito del consejo de maestros.

Cuando se retiró en Todos Santos, Robert no tenía intenciones de enseñar otra vez. Había enseñado a miles de personas por todo el mundo y había servido como mentor de cientos más. Amaba enseñar, pero ahora solamente quería sentarse a gozar de la serenidad de Todos Santos. "Luego un día Álvaro me dijo que pensaba que debería yo de volver a enseñar. Yo estaba en contra de hacerlo, pero finalmente me persuadió a que por lo menos lo intentara. Para mi sorpresa, más de treinta personas se aparecieron a la primera plática que anunciamos. Álvaro tenía razón, enseñar verdaderamente me estimulaba, y me di cuenta entonces de que me gustaría continuar haciéndolo." Ahora tanto residentes como visitantes opinan por igual que una de las mejores cosas de estar en Todos Santos es la oportunidad de participar en las pláticas de Dharma que Robert ofrece los domingos por la mañana en estudio Cuatro Vientos.

El domingo de Pascua cuando Robert tenía 12 años, se llevó colina arriba sus preocupaciones de niño en busca de consuelo en la naturaleza. Sentado ahí, le llegó de golpe la fuerte inspiración, con lo que parecía una Voz de Arriba, de abrirse a todas las experiencias de la vida. Robert recibió a brazos abiertos esa inspiración y erigió una vida inspirada e inspiradora basada en ella. Afortunadamente, Robert está dispuesto a compartir algo de su conocimiento, algo del aprendizaje, algo de la magia que fluyó en aquel momento, y que de esa manera inspiran al resto de nosotros en este pueblo mágico. ¡Gracias Álvaro, por darle el empujón!

Las pláticas de Dharma del Dr. Robert K. Hall tienen lugar en Cuatro Vientos en Todos Santos, los domingos a las 10 am. Una selección de grabaciones de pláticas puede encontrarse en <https://roberthalldharma.talks.wordpress.com> con traducciones al castellano por Elena Ascencio-Ibáñez.

Todos Santos Eco Adventures (TOSEA) proporcionan a los visitantes la oportunidad de explorar, celebrar y ayudar a conservar los magníficamente diversos ecosistemas de Baja. TOSEA ofrece viajes de avistamiento de ballenas y observación de aves, campamentos tortugueros, surfaris en la costa del Pacífico, kayak, "glamping," y tiburón ballena en el Mar de Cortés. www.TOSEA.net (612) 145-0189.



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The Mangroves Have Eyes Los Manglares Tienen Ojos

Many of the bays on the Baja Peninsula have wonderful and unique areas fringed with mangroves. These bays are commonly occupied in the winter months by gray whales that come down from the Arctic regions to breed and calve, due to the shallow water and safe conditions for the whales and their babies.

It is a most amazing thing to welcome a 40-ton animal that swims voluntarily up to the *panga* and greet you, only to be surpassed by her baby doing to same thing! The whales are so magical—they smile, nudge, sneeze, roll, and play—all the while allowing us to get close enough to touch them. Energy exchange extraordinaire with a whale. One might think they are telling their babies, “That is what we looked like, before we evolved into whales.”

These bays, and the stands of mangroves, also provide

Muchas bahías en la península de Baja California tienen áreas maravillosas y únicas, bordeadas de manglares. Estas bahías son comúnmente ocupadas por la ballena gris en los meses de invierno, que desciende de las regiones árticas para aparearse y parir, debido a las aguas poco profundas y las condiciones seguras para las ballenas y ballenatos.

Es una experiencia espectacular dar la bienvenida a un animal de 40-toneladas acercándose voluntariamente a la panga y te saluda, aún más cuando el ballenato repite el saludo. Las ballenas son mágicas: sonríen, abrazan, estornudan, vuelcan, y juegan, al tiempo que nos permiten acercarnos lo suficiente como para tocarlas. Intercambio de energía extraordinario con una ballena. Uno podría
LOS MANGLARES cont. en página 30

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Gray whale & baby / Ballena gris y crío



varied habitat and protection to numerous other species, especially birds. They offer resident and migratory birds accommodations that every avian would appreciate to the fullest extent: branches to perch on, thickets to hide in, mud flats to peck in, and fish galore to feast on.

When moving slowly through the bays and past the stands of mangroves, it is easy to remove yourself from the thoughts of birding and go into “birdness,” something I relate to by going beyond just seeing bird, bird, bird, to absorbing being around them. The song of the cormorants trilling to their eggs, the osprey’s sharp repetitive chirps and then downward trill, and the pelicans napping on its black legs and feet—I wonder why are they black when in other places they are yellow? The mud?

Is that a new bird? Savannah sparrow; who is he singing to? Looking at the eyes on the reddish egret, so different than the frigatebird. Do they allow them to see clearly underwater?

Heading back out to deeper water to visit the whales once again, another surprise is sitting in the late afternoon sun at the edge of the mangroves—hey, did I just see a coyote?



Coyote



Savannah sparrow / Gorrión de Savannah



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#62 on Todos Santos map





Left / izquierda: Juvenile Frigatebird / Frigata juvenil

Above / arriba: Pelicans / Pelícanos

Los Manglares

continuó de página 28

pensar que le están diciendo a sus críos, "Así éramos, antes de evolucionar en las ballenas."

Estas bahías y las extensiones de manglares también proporcionan un hábitat y protección variados para muchas otras especies, especialmente aves. Ofrecen refugio a aves endémicas y migratorias, mismo que aprovechan en la mayor medida posible: ramas para posarse, matorrales para esconderse, marismas para picotear, y peces en abundancia para darse un festín.

Cuando avanzas lentamente por las bahías y pasas por los manglares, es fácil alejarte de los pensamientos de observación de aves y entrar en lo que llamo "avianismo," algo con lo que me identifico: yendo más allá de ver un ave tras otra, y realmente sentirme entre ellas. El canto de los cormoranes trinando a sus huevos, los agudos y repetitivos sonidos del águila pescadora con su distintivo acento, y el pelícano durmiendo sobre sus negras patas. Me pregunto por qué son negros cuando en otros lugares son amarillos. ¿Será el barro?

¿Es ese un nuevo pájaro? Gorrión de Savannah; ¿A quién está le canta? Mirando a los ojos a la garceta rojiza, tan diferente de la fragata. ¿Les permiten ver claramente bajo el agua?

Mientras volvía a aguas más profundas para visitar a las ballenas de nuevo, otra sorpresa se aparece asoleándose al borde de los manglares—ey, ¿acabo de ver un coyote?



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El Cielo: The Baja Sky



by Roc Fleishman
photo by Kaia Thomson

Welcome to the April/May edition of El Cielo, highlighting interesting astronomical happenings above the Cape region of BCS. Keep this list close at hand and enjoy the sky.

Every April we have a meteor shower named the Lyrids. The radiant originates in the constellation Hercules just outside of the constellation Lyra, near the bright star Vega. This year it is supposed to peak during the morning of the 22nd. There shouldn't be any moon interference, so they should be worth watching in the early morning hours from the 21st through the 23rd.

The early May Eta Aquariid meteor shower (with its radiant in Aquarius) should produce three or four days of predawn activity on the mornings of May 2nd through the 8th. There will, however, be a bright moon up every night through this period, which makes it much less interesting.

Remember, April is always a good month to see the constellation Crux, better known as the "Southern Cross," and the lovely globular cluster, Omega Centauri, basically just above it. You will need a clear night and a location with a low southern horizon. The best locations would be a beach with a clear southern horizon or the top of a hill. Binoculars or a telescope bring Omega Centauri to life.

MOON/PLANET CALENDAR

APRIL

1st Daylight Savings Time starts in Mexico.

- 2nd Mars passing Saturn in Sagittarius. Close for a week or so, both rising after midnight.
- 3rd Bright moon next to Jupiter.
- 7th Moon joins Saturn and Mars, Saturn closest to the moon.
- 14th Chance to see Mercury rising with the waning crescent moon just before sunrise. If you don't see Mercury, keep looking for the next few weeks as it will be rising earlier and will be more easily visible.
- 16th New moon possible. On the 17th, it will be more visible and near Venus.
- 21-24th Peak of Lyrid meteor shower morning of the 22nd. No moon to interfere in the best predawn hours. Enjoy!
- 29th Full moon, close to Jupiter the next two nights.

MAY

- 4th Moon and Saturn closest before dawn. Moon passes Mars on the 6th.
- 7th Before dawn is the peak of the Eta Aquariids. Normally good for a week or so around this time, but this year we will have a bright moon every night, so not so great.
- 13th Waning crescent moon rises with Mercury just before sunrise.

EL CIELO continued on page 52



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Voces del Pueblo

by Janice Kinne

This May, once again people will flock to Todos Santos to celebrate the **GastroVino Food & Wine Festival**. Now in its seventh year, this popular festival honors and celebrates the traditions of great food and Mexican wines. You can read more about it in our article this issue, and the fun *Loteria* cards by our cover artist, **Kate Turning**.

In this issue, we are celebrating the work of **Dr. Robert K. Hall** in a fascinating article by Bryan Jáuregui of **Todos Santos Eco-Adventures**. Translator Elena Ascencio-Ibáñez has studied and worked closely with Robert over the years; Elena provides Spanish translations to many of his Dharma Talks on his website. I have had the pleasure of producing the three books on Buddhism by Robert and translated by Elena: *Buddha Now/Buda Ya*, *Everybody Now/Todos Ya*, and *Así Es*. All are available at El Tecolote Bookstore in Todos Santos.

Congratulations to **Besáme Mucho Bazaar** on their first anniversary! You can see photos from their grand celebration in this issue. Besáme Mucho Bazaar also offers a 10% discount on many items during each month's The Baja 100 Art/Walk in Todos Santos. See events for more information about April's event.

Another participant in The Baja 100, **Nomad Chic**, will be popping up at various hotels in Cabo throughout April, visit www.nomadchic.mx for locations and dates.

We'd like to welcome **The Agency**, Los Cabos, to their newest home in Todos Santos—at the corner of Topete and Centenario in the historic district. Stop in to meet their diverse team of real estate professionals.

Pacifico Storage, at KM45 on Highway 19 outside Todos Santos, will be open soon for all your storage needs—RV, boat, ATV and enclosed storage. They can also help

you move your local RV or vehicle. See their ad for more information.

It doesn't matter who you are, where you are, where you have been or where you would like to see yourself—we can all benefit from support and guidance in times of our life. With academical, clinical and spiritual training and experience in Sweden, Hawaii and Mexico, **Northern Light Healing** offers services to suit individual needs and to help you on your path through life. Available for individuals, couples and groups. Emelie focuses on healing both past wounds, through counseling, and life coaching to creating a future that her clients would like to have and how to, in practical ways, reach those goals. Whatever you are struggling with there is help and support.

Las Olas Recovery in Pescadero is a sub-acute medical detoxification clinic for those who struggle with drug and alcohol addiction. This unique facility offers a bed and breakfast vibe with personalized medical and psychological care. See our article in this issue for more information.

Nancy Joyce is a local distributor of ionized water filter systems. These medical devices produce filtered, hydrogen rich water using a solid 40-year technology with an amazing track record in the health industry. Nancy holds a Q&A session every Thursday from 11 am to 1 pm at **Pura Vida**. You can read more about Nancy's healing journey at: <http://nancyjoyce.com/about/my-story/>

Check out events for the upcoming **Noche de Super Salud** plant-based, locally sourced, fresh organic dinners at **Pura Vida**. They will also be having another Full Moon Community Farm Dinner at Rancho Buen Día on April 29. See Facebook: Noche de Super Salud for more details.

Also, in this issue, Patricia Baum interviews the filmmakers behind the controversial film, *Patrimonio*, which debuted at the Berlin Film Festival in March, was the opening night film for the *Festival de Cine de Todos Santos*, and this April, will be shown at the 21st Annual Full Frame Documentary Film Festival in Durham, North Carolina.

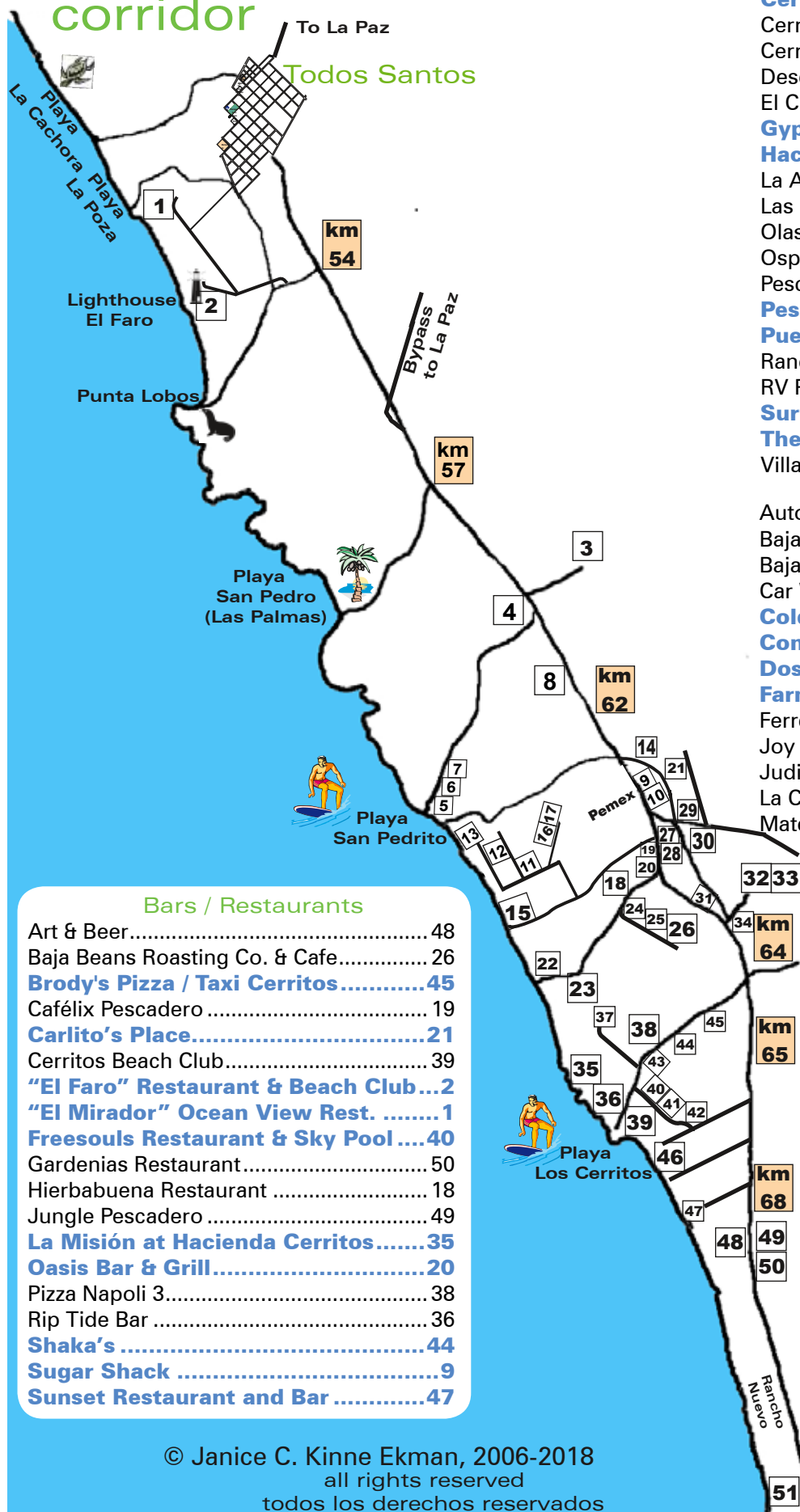
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todos santos—el pescadero corridor



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To Elías Calles and
Cabo San Lucas

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Beaches / Playas

by Janice Kinne

Todos Santos lies inland along the rugged Pacific coast. There are miles of beautiful white sand beaches accessible down unmarked dirt roads.

This stretch of the Pacific Ocean is a very dangerous place to swim at any time of the year. Strong rip currents and backwash are common. People have drowned in waters near Todos Santos simply because they were too close to the ocean while on beaches with steep drop-offs. There are no lifeguards on duty at any area beaches.

You can access the **LA POZA** and **LA CACHORA** beaches via the La Cachora road. Both are suitable for walking, fishing, whale watching, relaxing, or sunbathing. They are not swimming beaches.

Because of the big waves breaking on the shore, La Cachora beach has become popular with skim boarders.

La Poza has a large freshwater lagoon that is great for bird watching. If you are going to swim in the lagoon be very careful. The lagoon may appear to be shallow, but has many sudden drop-offs and is actually very deep.

PUNTA LOBOS, named for a sea lion colony, is also known as the fishermen's beach. Simply follow calle Francisco Bojorquez Vidal (formerly calle Punta Lobos) south out of town, or turn off at km 54 from Highway 19. You will pass an old cannery from the days when fishermen could harvest sea turtles legally. There is a small freshwater lagoon at Punta Lobos with a shrine to the Virgin.

The fishermen ride their *panga* boats on the waves onto the beach between 1 and 3 pm. Their return is exciting to watch and you can usually buy fresh fish from the cooperatives.

The two fishing cooperatives have exclusive rights to the "launch zone" at Playa Punta Lobos. For reasons of safety and due to past problems, boat launching at Punta Lobos is not permitted without their express permission.

The only recommended swimming beaches are outside of Pescadero. **SAN PEDRO**, also known as **PALM BEACH** (*Playa Las Palmas*), is near km 57. Its entrance is across Highway 19 from the Campo Experimental—stay to the left as you pass the abandoned hacienda. Las Palmas is a beautiful, secluded beach surrounded by a palm grove with a freshwater lagoon that is home to a variety of plants, birds, and wildlife.

Due to strong currents (especially near the rocky point), swimming is safer 50 meters from the rocks. Swim with caution and always have a land reference. The property surrounding Palm Beach is privately owned. The gates are open from 6 am to 9 pm daily. Car break-ins have been reported at Palm Beach. Leave your valuables at home!

PLAYA SAN PEDRITO is a rocky surfing beach around km 60, about 4.6 miles (7.4 km) from Todos Santos.

PLAYA LOS CERRITOS is located at km 64 about
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Beaches continued from page 37



Reddish Egret by Kaia Thomson

eight miles (12.8 km) south of Todos Santos. Look for the turnoff after the hill, south of Puente El Pescadero. Los Cerritos is a popular spot for surfing, boogie boarding, swimming, and fishing. Swim with caution due to strong riptides near the rocks. It is recommended to stay at least 50 meters from the rocks. The most secure swimming area is in front of the restaurant/bar. Swim with caution and always have a land reference. There is a long stretch of beach to the south that is perfect for walking or running. Surfboard rentals and other services are available.

MARIO'S SURF SCHOOL provides surfing lessons, board rentals, repairs, and accessories. Call for information.

PESCADERO SURF CAMP, #33 on the Pescadero map, provides surfing lessons and surfaris.

TODOS SANTOS ECO ADVENTURES, #163 on the Todos Santos map. Since 2002 Todos Santos Eco Adventures (TOSEA) has been providing visitors with opportunities to explore, celebrate, and help conserve the magnificently diverse ecosystems of Baja. TOSEA offers whale and bird-watching trips in the Pacific lagoons; treks and *ranchero* culture programs in the Sierra la Laguna mountains; Sea Turtle Camp and surfing surfaris on the Pacific coast, and kayaking, "glamping," whale shark, and sea lion adventures in the Sea of Cortez.

TODOS SANTOS SURF SHOP, #85 on the Todos Santos map, sells and rents surf boards, offers beach supplies and activities around Todos Santos. They carry international brands like Vans, Rip Curl, Dakine, Exile, and Rainbow & Havaianas sandals. They also carry many locally handmade wares, clothes, bikinis, accessories, natural sunscreen; and the beloved "Eclipse" boards shaped by Meisy of Todos Santos. They offer tours to swim with whale sharks and sea lions, surfing lessons, fishing trips, trips to Espíritu Santo Island, and whale watching in Magdalena Bay.

Surf reports: checkout Baja under Mexico at <http://wetsand.com/surfreport/> or <http://magicseaweed.com/Todos-Santos-mainland-Surf-Report/1201/>



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Rediscovering Life in Recovery

by Hana Smith



Nestled atop a hill overlooking the Pacific Ocean sits a medical facility quite unlike any other you have ever seen. Las Olas Recovery is a sub-acute medical detoxification clinic for those who struggle with drug and alcohol addiction. Rather than a white-walled hospital, it instead offers a unique bed and breakfast vibe with personalized medical and psychological care. While similar treatment options can be found among the glitz and glamor of Hollywood and Malibu, what makes Las Olas Recovery so special is that it is right here in our own backyard of El Pescadero, BCS.

What exactly is addiction? Those of us who are not familiar with what it means to have a drug or alcohol addiction may wonder if someone we know has a problem, or possibly if our own habits are entering that dangerous territory. In speaking with medical director and on-site physician, Dr. Luis Jamil Bonilla, M.D., he explains that there is nothing wrong with having a couple of margaritas and enjoying yourself unless you notice the signs of addiction. Those who struggle with substance use disorder may find themselves

intensely focusing on choice substances. Dr. Bonilla further clarifies by explaining that a person may also arrange their schedule around drinking or using drugs, face financial consequences from their habits, forgo personal, work, and even family commitments as he or she resorts to drinking or using, often all-day long. The biggest sign, he says, is when someone's entire world revolves around using: the initial abuse switches into severe dependence, becoming not only a physical habit but a psychological dependence as well. People truly feel as if they cannot live or survive without it.

Las Olas Recovery owner and co-founder, John Davis, is no stranger to addiction, having nearly two decades of sobriety himself. His beautiful story is one of transformation as he found peace, and he hopes to help others do the same. He sold his treatment center in Southern California in favor of offering a treatment program that truly addresses rediscovering the joy of life. A life-long surfer, and Surfer's Hall of Fame member, he knew the location of El LIFE IN RECOVERY continued on page 45

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Patrimonio

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Lisa: It's ready, I mean it's really ready for the world. It was a long incubation; we just put a final title card on the end of the film, that in January 2018, the fishermen won back their beach concession. That is incredibly gratifying. It's the end that makes this film so special; John and the fishermen... They won!

Sarah: And they won for a very good reason; if the developers had worked with them at any point along the way, we would not have had a film, and the fishermen and John would not have had to be so tenacious. They were open to working with the developers, but that did not happen and yet they carried on and won; and that was an amazing message to take to the Berlin Film Festival in March.

Lisa: And to take to the world! Hopefully the German audience, the audience in Berlin, will be just the first of many international audiences to embrace the story. I mean the take-away is to be skeptical. The take-away is to question, period. Look behind the curtain.

Sarah: I mean nobody bothered to say, "Who is behind the development? And what are their real intentions?" Then when John stopped to say, "Hey, do you have your permits?" and didn't believe them when they said, yes, but wouldn't show them.

PAB: What advice do you have for young women filmmakers in Todos Santos and beyond?

Lisa: If you want to make documentary films, just go out there and do it. You can't be a filmmaker without making films.

LISA F. JACKSON (Producer / Director / Cinematographer) Attended MIT, 1970 – 1972, where she studied with *Cinema Verité* pioneer, Richard Leacock. She has been producing and directing documentaries for over 35 years and has won two Emmys, a Sundance Jury Prize, and the Muse Award from NYWIF.

SARAH TEALE (Producer / Director) has produced numerous award-winning films for HBO including, *Grazers: A Cooperative Story*, and *The Weight of the Nation*. She also produced and directed documentaries for the BBC, A&E, and Discovery. She is the recipient of the Gold Plaque Award: Intercom International Competition, and the Gold Camera Award: US International Film & Video Festival.

PATRICIA BAUM (writer) worked as a location sound recordist on Gus Van Sant's first feature, *Mala Noche*. Her short films have played at Sundance; Carbondale; Humboldt; Cork, IRL; and Tampere, FIN. She currently writes screenplays and works with the Festival de Cine de Todos Santos / Leonardo Perel Escuela de Cine.

Visit Patrimonio's Facebook page at: <https://www.facebook.com/patrimoniodoc/> or view the trailer at: <https://vimeo.com/252732204>

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Patrimonio

continuó de página 25

recuperaron su concesión de playa. Eso es increíblemente gratificante. Es el final lo que hace que esta película sea tan especial; John y los pescadores ... ¡Ganaron!

Sarah: Y ganaron por una muy buena razón; si los desarrolladores hubiesen trabajado con ellos en algún punto del camino, no habríamos tenido una película, y los pescadores y John no tendrían que haber sido tan tenaces. Estaban dispuestos a trabajar con los desarrolladores, pero eso no sucedió, y sin embargo, continuaron y ganaron. Ese fue un mensaje increíble para llevar al Festival de Cine de Berlín en marzo.

Lisa: ¡Y para llevar al mundo! Esperemos que la audiencia alemana, la audiencia en Berlín, sea solo la primera de muchas audiencias internacionales en abrazar esta historia. Quiero decir que con lo que uno se tiene que quedar es con ser escéptico. Lo que uno se debe de llevar es el cuestionar, punto. Mirar detrás de la cortina.

Sarah: Nadie se molestó en preguntar: "¿Quién está detrás del desarrollo? ¿Cuáles son sus verdaderas intenciones? "Luego, cuando John se detuvo para decir: "Oye, ¿tienes tus permisos?" Le dijeron que sí, pero no se los mostraron y no les creyó.

PAB: ¿Qué consejo tienes para las jóvenes cineastas en Todos Santos y más allá?

Lisa: Si quieres hacer películas documentales, sal y hazlo. No puedes ser un cineasta sin hacer películas.

LISA F. JACKSON (Productora / Directora / Directora de fotografía) Asistió al MIT, desde 1970 a 1972, donde estudió con el pionero del *Cinema Verité* (Cine de Realidad), Richard Leacock. Ha estado produciendo y dirigiendo documentales durante más de 35 años. Ha ganado dos premios Emmy, un Premio del Jurado de Sundance, y el Premio *Muse Award* de NYWIF.

SARAH TEALE (Productora / Directora) ha producido numerosas películas galardonadas para HBO, como ser *Grazers: A Cooperative Story* y *The Weight of the Nation*. También produjo y dirigió documentales para la BBC, A&E y Discovery. Recibió el *Gold Plaque Award: Intercom International Competition* y el *Gold Camera Award: US International Film & Video Festival*.

PATRICIA BAUM (escritora) trabajó como tecnico en sonido de locación en la primera película de Gus Van Sant, *Mala Noche*. Sus cortometrajes fueron exhibidos en Sundance; Carbondale; Humboldt; Cork, IRL; y Tampere, FIN. Actualmente escribe guiones y trabaja en el Festival de Cine de Todos Santos / Escuela de Cine Leonardo Perel.

Visite la página de Facebook de Patrimonio en: <https://www.facebook.com/patrimoniocdoc/> o el trailes en: <https://vimeo.com/252732204>



Como El Sol
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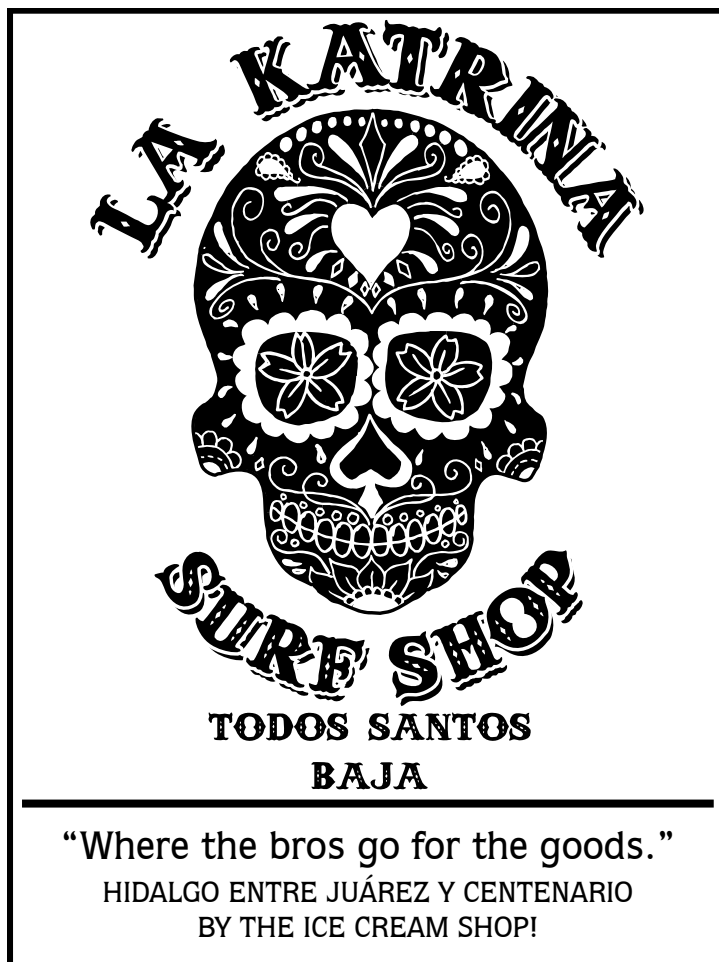
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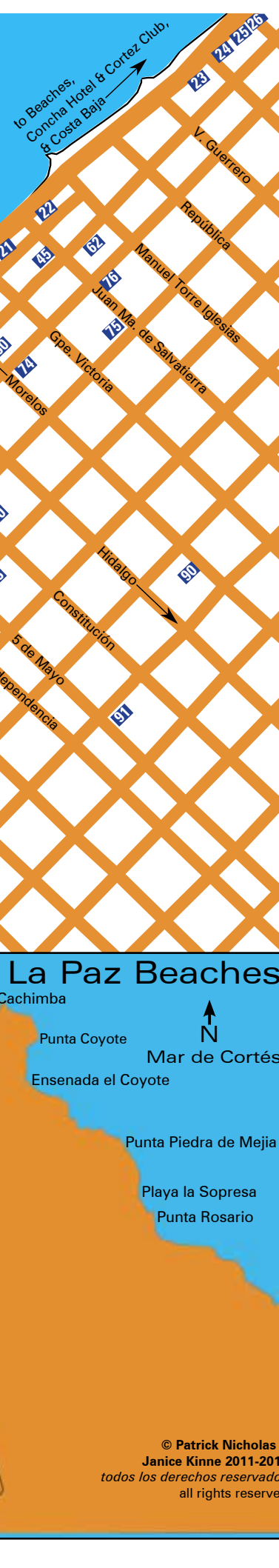
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La Paz Historic District

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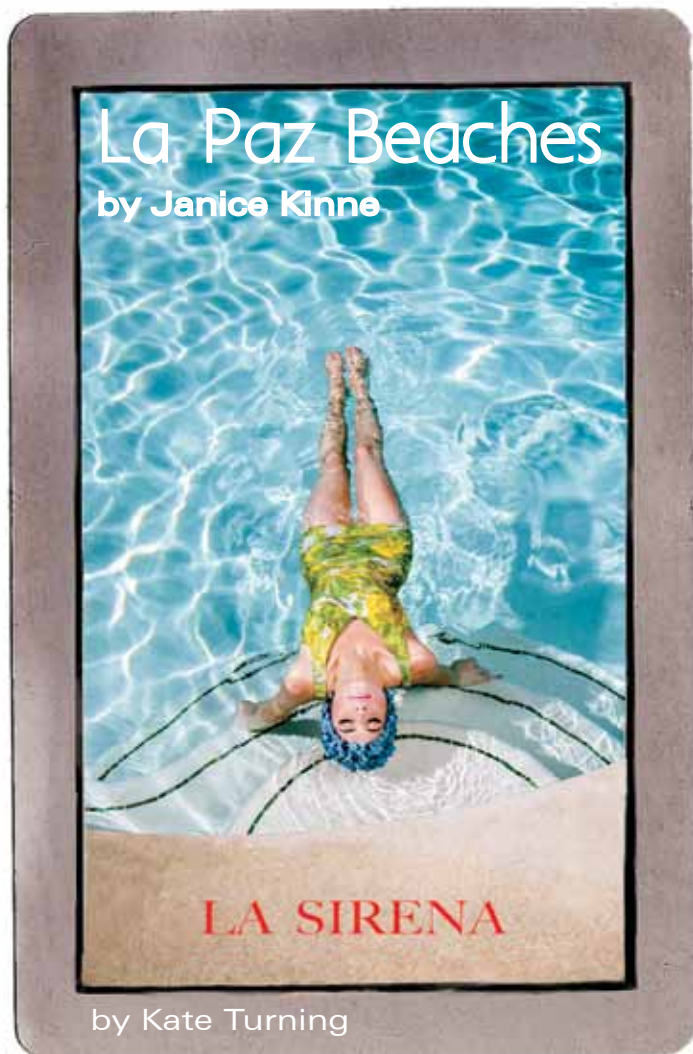
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The *malecón* along the bay of La Paz is the perfect place to walk, run, people watch, or enjoy gazing across the water. Crews clean the beaches and walkways daily, fresh sand has been imported and there are *palapas* to offer shade. Locals and tourists visit the beaches north of downtown to swim, snorkel, or kayak. There are several adventure companies along the *malecón* and at the marinas offering *panga* rides, bay and island cruises, snorkeling, scuba diving, fishing, sailing, and kayak rentals.

EL MOGOTÉ is the spit of land that separates the harbor of La Paz from the *Bahía de La Paz*. This natural treasure used to be, for the most part, accessible only with 4WD. Now driving onto the peninsula is restricted due to the construction of golf courses, homes, and hotels.

PLAYA EL COROMUEL 4.5 km from downtown La Paz, is the first beach north of town and an easy walk from downtown. It is within the harbor boundaries, has shaded *palapas*, and food / beverage services. The water here gets

much better flow with the tide change and is suitable for swimming. The bottom is clean sand and rock. Snorkeling is good further out.

PLAYA EL TESORO 13 km from downtown La Paz, is a great little beach for children. The shallow, clear waters allow you to walk out for close to 100 meters. Tesoro has about 25 shaded *palapas*, two small restaurants, and kayak rentals.

PICHILINGUE 19 km from downtown La Paz. Pichilingue is home to the La Paz ferry terminus and a large commercial harbor. There are pleasant, small beaches just north of the deep water port, on the *Vieja Bahía de Pichilingue*. Beachfront food and beverages service and kayak rentals are available and there is a restaurant with an upstairs view. The *palapa* bar is popular in the hot summer afternoons.

PLAYA BALANDRA 23 km from downtown La Paz, is known for its famous balancing rock formation landmark that resembles a prehistoric mushroom. You can view the rock formation and *playa El Hongo* by walking in the water around the cliff to your right. The large beach and surrounding area are beautiful. The waters surrounding Balandra are shallow and safe for children. Sheltered from wave action from nearly every direction, the water warms early and is very safe for swimmers and kayaking. There are also several little beaches (coves) and mangroves to explore. The beach has no services, so pack your own lunches and drinks for the day. There are vendors renting chairs, selling fruit and drinks, beach *palapas* for shade, and BBQ pits to the south.

PLAYA EL TECOLOTE 26 km from downtown La Paz, is by far the largest and most visited beach in La Paz. Two restaurant/bars offer shade *palapas* and a large number of beach vendors offer refreshments. RV camping is available, along with a wide variety of water sports rentals. Usually there are no lifeguards on duty, but they may be present during *la semana santa* and in the summer. The beach has a beautiful view of Isla Espíritu Santo and *panga* rides to the island are available—a 6.5 km crossing through the San Lorenzo channel. Bus service from the station on the *malecón* to playa El Tecolote is available for a nominal charge.

Sting rays are the biggest hazard at the playas and tend to be present on the bottom in shallow waters during the summer. When walking in the water, shuffle your feet on the bottom to avoid stepping directly on a resting ray.

There are no restrictions for beach fishing at any beaches. Please respect our beaches and help protect the sea turtles; don't leave trash or drive on the dunes or beaches.

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Life in Recovery

continued from page 39

Pescadero—with its rolling hills and proximity to Cerritos, San Pedrito, and La Pastora surf spots—created the perfect environment to do so.

In asking what a typical treatment program is like, he explains that each client's detoxification is individualized depending on the substances of abuse. Whether a client is using methamphetamines, opioids like oxycodone, or alcohol, Davis explains that he or she can expect a personalized medical plan created by Dr. Bonilla, massages, float therapy, restorative yoga, and meditation. Once the client is feeling well enough, psychological one-on-one treatment begins with an experienced therapist to address past traumas, family and relationship difficulties, and to learn to be comfortable with a sober mind. Clients also attend local support group meetings for addiction, including one open to the community at the clinic on Sunday afternoons at 4 pm.



The slower pace of Baja life, Davis explains, really creates an opportunity for people to sit with themselves and realize that no matter where they go, there they are. I asked him to clarify, and he stated that a lot of the time people use drugs or alcohol to cope, or because they aren't comfortable with themselves. Learning to be comfortable with yourself and face some of those demons is a huge part of recovery.



LIFE IN RECOVERY continued on page 51

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abril

7 de abril | 7 pm, **MÚSICA EN VIVO** con "The Backyard y Dr. Pretzel" en **La Esquina**, Topete y Horizonte, Todos Santos. Cover: \$50 pesos.

8 de abril | 9:30 am, **TIANGUIS DE INTERCAMBIO** en Marina Don José, La Paz.

11 de abril | 6 a 9 pm, **CENA DE NOCHE DE SUPER SALUD** en **Pura Vida**, Todos Santos. Menú especial. Mayores informes en Facebook: Noche de Super Salud.

15 de abril | 4 pm, **LECTURA ABIERTA Y CUENTACUENTOS** en **Rumi Garden**, Todos Santos. Lleve su literatura original de hasta 10 minutos de duración. Contacto: Zoe@cultivatecreativity.net

19 de abril | 6 a 9 pm, **MICRÓFONO ABIERTO** en **La Esquina**, Topete y Horizonte, Todos Santos.

20 de abril | 8 am, **INAUGURACIÓN NO OFICIAL** de **Shaka's** en Cerritos, Pescadero. Música en vivo y deliciosa comida.

20 de abril | **CENA MARIDAJE** en **Hotel Boutique Guaycura**. Mayores informes y reservaciones al 612 175-0800.

20 de abril | 5 a 8 pm, **THE BAJA 100**, caminata y paseo de arte, en el centro histórico de Todos Santos, con galerías, tiendas, bares y restaurantes participantes. Mayores informes en facebook.com/TheBaja100Art

21 de abril | 12 a 5 pm, **THE BAJA 100 FIESTA CALLEJERA**, sobre Hidalgo entre Juárez y Colegio Militar, de **Nomad Chic** a Sonrisa de la Muerte. Arte, alimentos y bebidas. Mayores informes: facebook.com/TheBaja100Art

mayo

16 de mayo | 6 a 9 pm, **CENA DE NOCHE DE SUPER SALUD** en **Pura Vida**, Todos Santos. Menú especial. Mayores informes en Facebook: Noche de Super Salud.

19 de mayo | 12 a 1 pm, **CATA CIEGA GASTROVINO**, sede por determinar. \$500 mxn.

19 de mayo | 6 a 9 pm, **GASTROVINO GASTROTOUR** en el centro histórico de Todos Santos, iniciando en el Hotel California. \$500 mxn preventa, \$600 mxn día del evento.

20 de mayo | 2 a 6 pm, **GASTROVINO** en la Plaza Principal de Todos Santos. \$700 mxn preventa, \$800 mxn día del evento.

Boletos a la venta a partir del primero de mayo en Librería El Tecolote, La Gitana Baja Gallery y en El Hotel California en Todos Santos; Café DoceCuarenta en La Paz; El Wine Market en Cabo San Lucas; y Pez Gordo Galería en Palmilla Shoppes en San José del Cabo. Mayores informes: festivalgastrovino.com o facebook.com/FestivalGastroVino

20 de mayo | 4 pm, **LECTURA ABIERTA Y CUENTACUENTOS** en **Rumi Garden**, Todos Santos. Lleve su literatura original de hasta 10 minutos de duración. Contacto: Zoe@cultivatecreativity.net

24 de mayo | 6 a 9 pm, **MICRÓFONO ABIERTO** en **La Esquina**, Topete y Horizonte, Todos Santos.

28 de mayo al 3 de junio | **RETIRO DE YOGA, SURF Y NUTRICIÓN** en Rancho Pescadero. Más que un retiro de yoga y surf cualquiera, obtendrá consejos prácticos sobre la nutrición intencional con un nutriólogo a lo largo del retiro. Los participantes aprenderán a nutrir su cuerpo con óptima energía mientras se integran al concepto de alimentarse con **EVENTOS cont. en pg. 53**

HORA FELIZ

Carlito's Place, Do Mar Mler Ju Vi Sa 3 a 5 pm, 2x1 en bebidas de la casa, bebidas nacionales y cervezas.

Cerritos Beach Inn, Lu Mar Mler Ju Vi 4 a 6 pm, Cerveza, vino y well drinks mitad de precio.

Chez Laura, Mar Mler Ju Vi Sa 4 a 5 pm, Tapas gratis con su coctel o vino.

Chill N Grill, Lu Mar Mler Ju Vi 4 a 6 pm, 2x1 cerveza y well drinks.

FreeSouls, Do Lu Mar Mler Ju Vi Sa 5 a 6 pm, Margaritas, mojitos, y cerveza especiales.

Gallo Azul, Lu Mar Mler Vi Sa 3 a 6 pm, 2x1 mojitos y margaritas.

Hotel Casa Tota, **Lu Mar Mler Ju Vi Sa 4 a 5 pm**, 2x1 cerveza y well drinks.

La Bohemia, **Do Lu Mar Mler Ju Vi Sa 4 a 5 pm**, 2x1 cerveza, especiales de tragos artesanales diariamente. ¡Pregunta por el pase para la alberca!

La Esquina Lu Mar Mler Ju Vi Sa 5 a 6 pm, 2x1 cerveza, vino y margaritas.

La Morena **Lu Mar Mler Ju Vi Sa 4 a 6 pm**

La Posta del Oasis, **Mar Mler Ju Vi Sa 4:30 a 6 pm**, Menú especial de atardecer.

Oasis Bar y Grill Do Lu Mar Mler Ju Vi Sa 4 a 6 pm, Cocteles de la casa 50 pesos y 20% descuento en botanas.

Rip Tide Bar **Do Lu Mar Mler Ju Vi Sa 3 a 6 pm**, 3 cervezas o margaritas por el precio de 2.

Sky Lounge en **Guaycura Boutique Hotel Do Lu Mar Mler Ju Vi Sa 2 a 4:30 pm**, 2 x 1 margaritas y cerveza con este anuncio.

Sugar Shack Lu Mar Mler Ju Vi 4 a 6 pm, Margaritas recién hechas, especiales de mojitos y cerveza.

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domingo

10:30 am, **BRUNCH DE DOMINGO** con barra de Bloody Mary en La Posta del Oasis, Todos Santos.

10:30 am a 2:30 pm, **MÚSICA EN VIVO** con 'Pepe y Razo' en Flora Farm en San José del Cabo.

1 a 9 pm, **ALMUERZO DE DOMINGOS** en el Garden de Rancho Pescadero. Abierto al público de todas edades.

2 a 8 pm, **DOMINGO DE PAELLA** en el restaurante **El Mirador** con vista al mar.

lunes

7 a 10 pm, **MÚSICA EN VIVO** con 'Pepe y Razo' en Jardin Alquimia en Todos Santos.

martes

8:30 am a 1 pm, **EL MERCADO ORGÁNICO DE LA PAZ** en calle Madero entre 5 de Mayo y Constitución, La Paz.

5 a 9 pm, **EL FAMOSO PALOMAZO Y MICRO ABIERTO** de martes en **Mini Super Munchies**, Pescadero. Excelente comida, gran ambiente y mucha música. Bienvenidas todas las edades.

6 pm, **MARTES DE TACOS Y MÚSICA EN VIVO** con Latin Fusion en vivo en **Chill N Grill** en Todos Santos. 3 picadillo o tacos de papas por \$100 pesos.

6 pm, **CENA Y CINE** en **Cerritos Beach Inn**. Cena a las 6 pm, película a las 7 pm.

6:30 a 9:30 pm, **MÚSICA ACÚSTICA** con Tim Lang en Restaurant La Casita en Todos Santos.

8 pm, **NOCHE DE PELÍCULAS** en **Gallo Azul** en Todos Santos.

miércoles

9 am a 1 pm, **EL MERCADO ORGÁNICO** en La Esquina en el otro lado de Todos Santos.

4 a 6 pm, **CLASES DE ESPAÑOL Y CATA DE TÉ** en **Corazón de Té**, calle Horizonte, Todos Santos. Practique su español en un ambiente casual y amigable mientras prueba selecciones de té y galletas hechas en casa. Cooperación: 70 pesos.

4 a 5:30 pm, **MIÉRCOLES DE SALUD** con Moonbloom Botanics en La Bohemia Hotel Pequeño, Todos Santos.

7 a 10 pm, **MÚSICA EN VIVO** con 'Pepe y Razo' en **Freesouls** en Cerritos Beach.

NOCHE DE PELÍCULAS en La Posta del Oasis, Todos Santos.

jueves

8:30 am a 1 pm, **EL MERCADO ORGÁNICO DE LA PAZ** en calle Madero entre 5 de Mayo y Constitución, La Paz.

11 am a 1 pm, **NANCY JOYCE, ESPECIALISTA DE HIDRATACIÓN**, sesión de preguntas y respuestas en **Pura Vida**, Todos Santos.

CADA SEMANA continúa en página 55

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Bésame Mucho® Bazaar

cont. from/de pg 12



Marco de Toro y Rouss Ramírez

An emblematic place, a loving couple, many friends, and a new tradition: the first anniversary of Bésame Mucho in Todos Santos. Bésame Mucho, the high-end bazaar in Todos Santos continues to give people something to talk about. A crowd came together amidst live music with a dj, tenor Yovanni Catalán, and a wonderful trio.

Well-known personalities from Los Cabos, La Paz, and Todos Santos joined Rouss, Marco, and their great team to celebrate in this iconic place. More than three hundred people enjoyed wine and witnessed a new tradition as antique or artisan-crafted padlocks were placed on the beautiful latticework, sealing their affection for Bésame Mucho and its garden of love.

In one year, Bésame Mucho Bazaar has captured the attention of tourists and locals alike, being an obligatory photo in Todos Santos. The decór of the bazaar, the treasures it has for sale, and Bésame Mucho's unequalled architecture framed this event. From love a place was born... from the world, its treasures.



Joshua De La Peña, María Roque Bell, Rouss Ramírez



Mireya Ramírez y Rouss Ramírez



Rouss Ramírez y Divier Guive



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Todos Santos / Pescadero Area Restaurants

Below is a sampling of delicious options for dining in the Todos Santos / Pescadero area. Your choices vary from the best roadside tacos to sitting down at a farm-to-table restaurant featuring local produce and fresh caught fish. Hours are subject to change. All accept Mexican pesos and US dollars. Credit cards are only accepted where noted.

todos santos

ALMA Y MANNY'S

Open for breakfast, lunch & early dinner. Traditional Mexican specialties, seafood. Beer & margaritas. # 92 on TS map

BAHIA RESTAURANT BAR

Open for lunch and early dinner. Seafood and Mexican specialties. Beer & margaritas. # 93 on TS Map

CAFÉLIX / BOYITACOS

Open Wednesday – Monday, 8 am – 9 pm. Fresh coffee beans roasted in house. Mexican & American breakfast, tacos & burritos. Beer, margaritas, tequila & wine. Visa & MasterCard accepted. Tel. (612) 145-0568, email: Cafelixboyitacos@gmail.com # 57 on TS map

CHEZ LAURA

Open Tuesday – Saturday, 4 – 9:30 pm; Sunday 2 – 9:30 pm. Affordable French appetizers, salads, meals and homemade desserts. Full bar.

Tel. (612)145-0847, email: info@chezlaura.com.mx # 87 on TS map

CHILL N GRILL

Open Monday – Saturday, 4 – 10 pm. Appetizers, burgers, steaks, ribs, chicken, great salads, taco & pizza nights. Take out. Full bar. Tel. (612) 151-1441 or (612) 199-2938 # 147 on TS map

EL JARDIN RESTAURANT / SKY LOUNGE AT THE GUAYCURA BOUTIQUE HOTEL

El Jardin open for breakfast, 7:30 - 11 am, Lunch and dinner 1 - 10 pm. Mediterranean dishes with traditional Mexican flavors. Full bar.

Sky Lounge open 12 – 9 pm. Tapas, salads, and appetizers. Full bar.

All major credit cards accepted. Tel. (612) 175-0800, email: reservations@guaycura.com # 22 on TS map

EL REFUGIO MEZCALERÍA

Open Monday – Saturday, 7 am – 2 pm; and Tuesday – Saturday, 5 – 10 pm. Traditional Mexican food from Oaxaca and Guerrero, & vegetarian plates. Artisanal mescal, wine, beer, & handcrafted cocktails. Tel. (612) 197-8801, email: elrefugio.ts@gmail.com # 117 on TS map

GALLO AZUL PIZZA BAR & ART

Open daily 2:30 – 10:30 pm. Lunch & dinner. Wood fired pizza, pastas & salads. Full bar. Visa & MasterCard accepted. Tel. (612) 158-8457, email: info@galloazulpizzabar.com # 111 on TS map

LA BOHEMIA BAJA HOTEL PEQUEÑO

Open daily 8 – 10 am for breakfast. Traditional Mexican favorites, paired with fresh juice and coffee, 200 pesos. All major credit cards accepted. Reservations requested for large parties. Tel. (612) 145-0759, email: labohemiabaja@gmail.com # 86 on TS map

LA CATRINA CANTINA

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Todos Santos / Pescadero Area Restaurants

continued from page 49

meats and pasta. Full bar. Visa & MasterCard accepted. Tel. (612) 145-1033 & (624) 166-6676 # 119 on TS map

LA COPA COCINA

Open daily for breakfast; Thursday – Tuesday, 5 – 10 pm for dinner. Serving International food. Full bar. Visa & MasterCard accepted. Tel. (612) 145-0040, email: todossantosinn@gmail.com # 2 on TS map

LA GENERALA

Open 8:30 am – 9 pm. Breakfast, lunch & dinner. Traditional Mexican specialties, buffet, handmade tortillas. Beer, wine, margaritas, tequila, mojitos & micheladas. Tel. (618) 159-4141. # 130 on TS map

LA POSTA DEL OASIS

Open Tuesday – Saturday, 4:30 – 10 pm, Sunday 10:30 am – 2:30 pm. World cuisine conventional, vegetarian and vegan dinners featuring fresh, local organic vegetables, fish, seafood and meats. Full bar featuring house cocktails, wines and wine flights with dinner. Visa & MasterCard accepted. Tel. (612) 145-4521, reservations: www.opentable.com, <https://www.facebook.com/lapostadeloasis> # 112 on TS map

LANDI'S RESTAURANT

Open Monday – Saturday, 12 – 9 pm. Lunch & dinner. Mexican cuisine from the heart for the soul. Beer, margaritas, wine, full bar. Visa & MasterCard accepted. Tel. (612) 145-0130, email: landis_restaurant@hotmail.com # 35 on TS map

LOS ADOBES DE TODOS SANTOS

Open Monday – Friday, 11 am – 9 pm.

Saturday & Sunday, 12 – 8 pm. Lunch & dinner. Traditional Mexican specialties. Full bar. Visa & MasterCard accepted. Tel. (612) 145-0203, email: losadobes@prodigy.net.mx # 44 on TS map

MICHAEL'S AT THE GALLERY

Open Friday & Saturday evenings. Reservations start at 6 pm. Unique Asian cuisine. Full bar. Visa & MasterCard accepted. Tel. (612) 146-0500, email: mplcope@yahoo.com # 70 on TS map

MIGUEL'S RESTAURANT

Open Friday – Wednesday, 12 – 9 pm. Lunch & dinner. Traditional Mexican dishes, *chiles rellenos*, seafood. Full bar. Tel. (612) 145-0814. # 129 on TS map

PIZZERIA NOSTRA

Open daily, 1 – 10:30 pm. Lunch & dinner. Pizza, pasta and salads. Beer & wine. Tel. (612) 145-2095. #133 on TS map

PURA VIDA

Open Monday – Saturday, 9 am – 5 pm. Breakfast & lunch. Daily specials, homemade granola, vegetarian spring rolls, paninis, organic salad, burritos, soups, smoothies and juices. Vegan, gluten-free and wheat-free options. Tel. (612) 145-0471. # 145 on TS map

RESTAURANT CAFÉ SANTA FÉ

Open Wednesday – Monday, 12 – 9 pm. Italian meals, pastas, pizza, seafood, salads, vegetarian. Full bar. Visa & MasterCard accepted. Tel. (612) 145-0340. # 48 on TS map

RESTAURANT LAS FUENTES

Open for breakfast, lunch & dinner. Traditional Mexican specialties, seafood. Full bar. # 121 on TS map.

RUMI GARDEN

Open Wednesday – Monday, 12 – 8:30 pm. Lunch & dinner. Asian fusion cuisine, specializing in organic vegetarian, shrimp, fish, and chicken dishes. Full bar. Tel. (612) 145-1088, US: 1-650-396-7566, email: yanggum@rumigarden.com # 136 on TS map

TODOS SANTOS BREWING

Open Thursday – Sunday, 1 pm – close. Lunch & dinner. Gourmet hamburgers, beer battered fish and chips, slow cooked pork ribs, chicken wing and vegan options. 22 taps of handmade craft beers and sodas, wine and cocktails. All major credit cards accepted. Tel. (612) 145-2023, email info@todossantosbrewing.mx # 74 on TS map

todos santos otro lado

CORAZÓN DE TÉ

Open every day 7 am – 5 pm. Breakfast & lunch. Homemade waffles & tea. Smoothie bar. Tel. (624) 218-2081, email: corazonde@gmail.com # 30 on otro lado map

LA COCINA DE CLEO

Open Monday – Saturday, 8 am – 9 pm. Breakfast, lunch & dinner. Traditional Mexican specialties. Full bar. Tel. (612) 178-0026, email: lavanderiajaqui@gmail.com # 21 on otro lado map

RESTAURANTS cont. pg. 54



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 #145 on map  **PURA VIDA**
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Life in Recovery

continued from page 45



Dr. Luis Jamil Bonilla, M.D.

Once you get past that, he says, the real fun begins.

Co-founder and Davis' wife, Lydia Smith-Davis, has the unique role of providing clients and their families with the education to not only understand addiction but also how it affects relationships. She leads a support group for the friends and family of those affected by addiction called Al-Anon. It's a great way to get support, she explains, and to see that there are people who, too, have been affected by the addictive behavior of someone in their lives. Smith-Davis explains her favorite part of the recovery process is when she sees the light come on inside people's eyes. It's like they have come back to life, she says, like they have hit the bottom and made the turn.

The best way to get help, Davis explains, is to ask for it. That's why he has his personal number 1-949-307-4604 or 52-612-153-5726 on his website LasOlasRecovery.com where people can also learn more about the facility and addiction itself. For Al-Anon information, email: lsmithdavis@gmail.com

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email: lcabo@international.gc.ca
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Todos Santos Zumba with Jan

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Tuesday & Saturday 9 am

Info, classes & special events:

 Todos Santos Zumba with Jan
 Cuatro Vientos

Voces

continued from page 35

Amor D'Vino and Santo Vino have teamed up for an evening of Mexican wines paired with a trio of Chef Dany's signature dishes Monday nights during April and May on the wine deck. See weekly events for more information.

Casa Sur yoga lifestyle boutique in **Cuatro Vientos** on the *otro lado* of Todos Santos, has a colorful assortment of quality clothing, mats, jewelry and natural products.

Going somewhere? **Pickle N Paws** provides high quality pet care. See her ad for more information!

We'll see you next with our Summer issue. Deadline is May 10.

El Cielo

continued from page 31

- 16th New moon visible in the sunset.
- 17th Crescent moon close to Venus in the sunset.
- 27th Almost full moon with Jupiter nearby all night.

For more information, check out the web links below, call me on my cell phone (612) 348-5468, or visit my office in Plaza Antigua—upstairs, unit #9—**Pescadero Properties**, #16 on the Todos Santos map.

LINKS OF INTEREST

- COMETS: <http://www.aerith.net/index.html>
 METEOR SHOWERS: <http://www.imo.net/calendar/2018>
 TROPIC OF CANCER: http://en.wikipedia.org/wiki/Axial_tilt#values or http://en.wikipedia.org/wiki/Circle_of_latitude
 ZODIACAL LIGHT: http://en.wikipedia.org/wiki/Zodiacal_light
 TIME: <http://www.time.gov/> and <http://www.worldtimeserver.com/>
 SATELLITES: <http://www.heavens-above.com/> user "elcielots" password "journal"
 WEEKLY SKY REPORT: <http://www.griffithobs.org/skyreport.html>
 SATURN: <http://saturn.jpl.nasa.gov/home/index.cfm>
 ROSETTA: <http://sci.esa.int/rosetta/>
 DAWN: <http://dawn.jpl.nasa.gov/>
 NEW HORIZONS: http://www.nasa.gov/mission_pages/newhorizons/main/
 ALL THINGS ASTRONOMICAL: <http://www.calsky.com>
 User "elcielots" password "journal"

Events

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Lucas; and Pez Gordo Gallery in Palmilla Shoppes in San José del Cabo. For more information see our article this issue or visit: www.festival-gastrovino.com or Facebook: Festival GastroVino Baja

May 20 | 4 pm, **OPEN READING & STORYTELLING** at Rumi Garden in Todos Santos. Up to 10 minutes of original writing. Contact: Zoe@cultivatecreativity.net

May 24 | 6 – 9 pm, **OPEN MIC** at La Esquina on the *otro lado* of Todos Santos.

May 30 - June 3 | **YOGA, SURF & NUTRITION RETREAT** at Rancho Pescadero. More than your average yoga and surf getaway, you will gain sound practical advice on mindful eating from a nutritionist throughout the retreat. Participants learn how to nourish the body for optimal energy while engaging in what it means to eat mindfully in today's fast paced world. No matter your level of experience in surfing or yoga, all are welcomed and accommodated with safe expert instruction by skilled teachers. The warm water and weather in beautiful Baja Mexico makes for an absolutely perfect environment for both yoga and surfing. It will be a transformational experience, on the waves and the mat! Space is limited. Email or call to reserve your spot. rancho1@ranchopescadero.com, +011 52 1 (612) 135-5849 (Mexico) | 910-300-8891 (US). Or visit: <http://ranchopescadero.com/special-offers/yoga-surf-nutrition-retreat/>

december

December 29 | **10TH ANNUAL CARRERA DE TODOS SANTOS 5K WALK/RUN**. For more information visit: <http://palapasociety.org/>

february 2019

February 23 | 6 – 10 pm, **NIGHT RUN LA PAZ HALF MARATHON** (21k, 10k, 5k) For more information: <https://www.facebook.com/events/1598211930225390/>. Tickets at: <http://new.marcate.com.mx/>

Eventos

continuó de página 46

intención en este mundo moderno. Retiro abierto a todos, sin importar nivel de experiencia en surf o yoga, serán bienvenidos y contarán con instrucción experta de maestros experimentados. El clima y aguas cálidas de Baja California Sur son el entorno perfecto para yoga y surf. Será una experiencia transformadora en las olas y en el colchón. Cupo limitado, llame o envíe un correo para reservar su lugar. rancho1@ranchopescadero.com, (612) 135-5849 (Mexico) | (910) 300-8891 (US). O visite: <http://ranchopescadero.com/special-offers/yoga-surf-nutrition-retreat/>

diciembre

29 de diciembre | **10TH ANUAL CARRERA DE TODOS SANTOS 5k walk/run**.

febrero 2019

23 de febrero | 6 a 10 pm, **MEDIO MARATÓN NOCTURNO** en La Paz (21km, 10km, 5km) Mayores informes: Facebook.com/events/1598211930225390. Boleto en new.marcate.com.mx.



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Restaurants

continued from page 50

LA ESQUINA

Open Monday – Saturday, 7 am – 7 pm. Sunday 7 am – 3 pm. Breakfast, lunch, early dinner. Mexican & American dishes, salads, sandwiches, soups, appetizers, fresh-baked goods, smoothies & juices. Beer, wine & margaritas. # 12 on otro lado map

PACIFICA FISH MARKET

Restaurant and fish market open Tuesday – Saturday 12 – 7 pm. Fish tacos, fish salads, raw products, takeout, catering, and private sushi dinners by Chef Patricio (reservation required). Beer & wine. Tel. (612) 220-3485. # 3 on otro lado map

pescadero /
todos santos corridor

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BRODY'S PIZZA

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waffles, bagels. Beer. Visa & MasterCard accepted. Tel. (612) 198-2689, email: Cafelixboyitacos@gmail.com, # 19 on TS - Pescadero corridor map

CARLITO'S PLACE RESTAURANT

Open Wednesday – Monday, 1 – 9 pm. Lunch & dinner. Sushi bar, Asian fusion, farm-to-table, seafood, poultry & steak. Beer, wine, new martini bar & full bar. Tel. (612) 155-4492, Facebook: Carlito's place restaurant # 21 on TS - Pescadero corridor map

"EL FARO" BEACH CLUB AND SPA

Open Wednesday – Monday, 11 am – 6 pm. Ceviches and grilled seafood. Full bar. All major credit cards accepted. Tel. (612) 175-0800, email: reservations@guaycura.com # 2 on TS - Pescadero corridor map

"EL MIRADOR" OCEAN VIEW RESTAURANT

Open Tuesday – Sunday, 2 – 9 pm. Lunch and dinner. Mexican haute cuisine using traditional ingredients and flavors of Todos Santos. Full bar. All major credit cards accepted. Tel. (612) 175-0800, email: reservations@guaycura.com # 1 on TS - Pescadero corridor map

FREESOULS RESTAURANT & SKY POOL

Open Tuesday – Sunday, 12:30 – 10 pm. Lunch & dinner. Oven baked specialties, organic salads, pizzas, Black Angus beef & homemade desserts. Pool available to customers. Full bar. All major credit cards accepted. Tel. (612) 153-8653, email: Marabautista@thefreesoulsproject.com # 40 on TS - Pescadero corridor map

RESTAURANTS continued on page 58

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Weekly Events

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Madero between 5 de Mayo and Constitución, La Paz.

11 am – 1 pm, **NANCY JOYCE, HYDRATION SPECIALIST, Q&A** at **Pura Vida** in Todos Santos.

3 – 6 pm, **PIZZA 3 X 2** at **Gallo Azul** en Todos Santos.

4 – 9:30 pm, **2X1 ON ALL APPETIZERS** at **Chez Laura** in Todos Santos.

5 – 9 pm, **ARTWALK** in the San José del Cabo Gallery District. Takes place November through June.

6 – 7:30 pm, **“CHOYERO NO SE NACE, EL CHOYERO SE HACE”** free walking tour through the historic center of San José del Cabo, during the “Art Walk.” The tour shows historical locations and discusses the history of Los Cabos and BCS in English.

6 – 7 pm, **LADIES’ NIGHT** at **Freesouls** at Cerritos Beach. Ladies drink for free. Live music with ‘Pepe y Razo’ from 7 – 10 pm, at Cerritos Beach.

PIZZA NIGHT at **Chill N Grill** in Todos Santos.

friday

7 – 10 pm, **LIVE MUSIC** with ‘Pepe y Razo’ at Hotel San Cristóbal.

saturday

8:30 am – 1 pm, **LA PAZ FARMER’S MARKET** on calle Madero between 5 de Mayo and Constitución, La Paz.

9 am – 1 pm, **MALECÓN TIANGUIS NATURAL (MARKET)** at the Callejon Cabezud in La Paz—the area between Esquerro street and the *malecón* at the location of the Wyland mural and the seashell musician statue.

9 am – 3 pm, **SAN JOSÉ DEL CABO ORGANIC MARKET** (Mercado Orgánico) just outside the San José historic district in Huerta Maria on the Camino a Las Animas. Look for the signs at the big arroyo off Avenida Centenario. Takes place through the end of June.

7 – 10 pm, **LIVE MUSIC** with ‘Pepe & Razo’ at La Casita restaurant in Todos Santos.

8 pm, **SALSA NIGHT** at **Gallo Azul** in Todos Santos. Includes classes with Adrian Meza, salsa, bachata and cumbia. Takes place every other Saturday; for dates and information visit: www.galloazulpizzabar.com

Cada Semana

continuó de página 47

3 a 6 pm, **3 X 2 PIZZAS** en **Gallo Azul** en Todos Santos.

4 a 9:30 pm, **2X1 EN TODAS LAS TAPAS Y BOTANAS** en **Chez Laura** en Todos Santos.

NOCHE DE PIZZA en **Chill N Grill** en Todos Santos.

5 a 9 pm, **CAMINATA DEL ARTE** en San José del Cabo, en el distrito de las galerías. Todas las galerías que participan estarán abiertas hasta las 9 pm y muchas tienen recepciones y eventos especiales. Noviembre hasta el fin de Junio.

6 a 7:30 pm, **“CHOYERO NO SE NACE, EL CHOYERO SE HACE.”** Paseo gratuito por el centro histórico de San José del Cabo, dentro del marco de la “Caminata del Arte.” El paseo muestra ubicaciones históricas y comenta la historia de los Cabos y Baja California Sur en inglés—la vida de los pericúes, la conquista, los piratas, las invasiones y mucho más. Educativo, porque al ser un tour en inglés, se ofrece a la comunidad el conocimiento y se practica el idioma para así tener tema de conversación con turistas.

6 a 7 pm, **LADIES’ NIGHT** con música en vivo 7 a 10 pm, con ‘Pepe y Razo’ en **Freesouls** en Cerritos Beach.

viernes

7 a 10 pm, **MÚSICA EN VIVO** con ‘Pepe y Razo’ en Hotel San Cristóbal.

sábado

8:30 am a 1 pm, **EL MERCADO ORGÁNICO DE LA PAZ** en calle Madero entre 5 de Mayo y Constitución, La Paz.

9 am a 3 pm, **EL MERCADO ORGÁNICO** en San José del Cabo está ligeramente afuera del distrito de arte histórico en la Huerta María en el Camino a las Ánimas. Noviembre hasta el fin de Junio.

9 am a 1 pm, **TIANGUIS NATURAL MALECÓN** (Mercado) en el Callejon Cabezud es en La Paz—el área entre calle Esquerro y el Malecón ubicado en el mural Wyland y la escultura del músico tocando el caracol.

7 a 10 pm, **MÚSICA EN VIVO** con ‘Pepe y Razo’ en Restaurant La Casita en Todos Santos.

8 pm, **NOCHE DE SALSA** en **Gallo Azul**, Todos Santos. Incluye clase con Adrián Meza; salsa, bachata y cumbia.



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Groups / Grupos

All classes at **Cuatro Vientos** are noted as **@CV**. (#11 on *otro lado* map. The studio is across from **La Esquina**.) Times may change, check with the venue for more information.

TODOS SANTOS	Sunday Domingo	Monday Lunes	Tuesday Martes	Wednesday Miércoles	Thursday Jueves	Friday Viernes	Saturday Sábado
Yoga	9 am Namaste Yoga c/ Paul (612) 204-4432	7:30 am Guided meditation c/ Daniel @ CV 9 am Hatha Flow c/ Marimar @ CV 6-pm Vinyasa & Yoga Nidra c/ Caitlin @ CV	7 am Vinyasa Flow c/ Liz @ CV 3-4:15pm Kundalini & Acupuncture @ CV 4:30 pm Yin/ Restorative Yoga c/ Emelie @ CV	9 am Hatha Flow c/ Marimar @ CV 10:30 am Yin & Prana c/ Caitlin @ CV 12 pm Silent Meditation @ CV 6pm Yoga for Surfers c/Aaron @ CV 7-8 pm Hatha 8-8:30pm Yoga Nidra c/ Paul (612) 204-4432	7 am Vinyasa Flow c/ Liz @ CV 9 am Core Yoga c/ Janice @ CV 4:30 pm Yin/ Restorative c/ Emelie @ CV	7:30 am Hatha Yoga c/ Clara @ CV 9 am Hatha Flow c/ Marimar @ CV 12 pm Vinyasa workshop c/ Emelie @ CV	7 am Vinyasa Flow c/ Liz @ CV 9 am Namaste Yoga c/ Paul (612) 204-4432
Martial Arts			Ta'i Chi short form For info: 612-157-6088 or barakabaja@gmail.com		Qi Gong For info: 612-157-6088 or barakabaja@gmail.com		
Other/Otros	10-11:30am Dharma talks c/ Robert K. Hall @ CV <i>Las pláticas sobre meditación y lo que el Buda dice sobre la vida y la tranquilidad del espíritu son traducidas al español por Elena Ascencio en.</i>	Aldo's Gym 6 am - 10 pm 10:30 am- 1:30 pm Vajra Dance @ CV 4:30 pm Dance Lab c/ Zoë @ CV 5:30 pm CrossFit Boot Camp w/ Mao @ San Sebastian beach mauricio@mymotivation.es 7:30 pm Capoeira c/ Diana @ CV	Aldo's Gym 6 am - 10 pm 3:30 pm Manos Magicas @ Centro Cultural chambaretc@mac.com 6 pm Capoeira c/ Diana @ CV 7 pm Beach Volleyball @ San Sebastian beach 7:30 pm Salsa c/ Carlos @ CV	Aldo's Gym 6 am - 10 pm 2 pm Art Journal c/Zöe @ CV 4:30 pm Dance Lab c/Zoë @ CV 5:30 pm CrossFit Boot Camp w/ Mao @ San Sebastian beach mauricio@mymotivation.es	Aldo's Gym 6 am - 10 pm 10 am Manos Magicas @ Centro Cultural chambaretc@mac.com 6 pm Capoeira c/ Diana @ CV 7 pm Beach Volleyball @ San Sebastian beach	Aldo's Gym 6 am - 10 pm 1:30 pm AI-Anon @ CV 3-4 pm Danza Hawaiana para niñas, 4-6 pm para adultas c/ Malucha @ CV 6 pm Core c/ Mao @ CV mauricio@mymotivation.es	Aldo's Gym 7 am - 2 pm
Zumba		10-11 am c/ "Lucy" @ Mutualista 7-8 pm c/ "Lucy" @ DIF	8-9 am c/ "Lucy" @ Mutualista 9-10:15 am c/ Jan @ CV 7-8 pm c/ "Lucy" @ DIF	10-11am c/ "Lucy" @ Mutualista 7-8 pm c/ "Lucy" @ DIF	8-9 am c/ "Lucy" @ Mutualista 7-8 pm c/ "Lucy" @ DIF	10-11am c/ "Lucy" @ Mutualista 7-8 pm c/ "Lucy" @ DIF	8-9 am c/ "Lucy" @ Mutualista 9-10:15 am c/ Jan @ CV 7-8 pm c/ "Lucy" @ DIF
Palapa Society		10 am -1 pm Library / Biblioteca	10 am -1 pm Library / Biblioteca 2 - 5 pm Biblioteca Infantil abierta	12:30 - 2 pm Biblioteca Infantil abierta 10 am -1 pm Library / Biblioteca	10 am -1 pm Library / Biblioteca 2 - 5 pm Biblioteca Infantil abierta	10 am -1 pm Library / Biblioteca	9:30 am - 12:30 pm Biblioteca Infantil 10 am -1 pm Library / Biblioteca

Groups / Grupos

TODOS SANTOS	Sunday Domingo	Monday Lunes	Tuesday Martes	Wednesday Miércoles	Thursday Jueves	Friday Viernes	Saturday Sábado
AA	TS AA group meetings are @ blue building on calle Militar "Into The Solution" group AA meetings are at the "El Mirador" building on calle Pedrajo e/ Degollado y Verduzco. Jenny: (612)137-3123, Kenny: (612)152-2995, Catherine: (612)149-5194, Don: (612)157-1256	5 pm TS AA meeting 5 pm "Into The Solution" AA closed meeting on calle Pedrajo	5 pm TS AA meeting @ blue building on calle Militar For info: Eric (612) 156-9980	11 am TS AA meeting @ blue building on calle Militar. For info: Eric (612) 156-9980	5 pm TS AA meeting @ blue building on calle Militar 5 pm "Into The Solution" AA closed meeting on calle Pedrajo	9 am Women's AA closed meeting on calle Pedrajo Jenny: (612)137-3123, Catherine: (612)149-5194, 5 pm TS AA meeting @ blue building on calle Militar	11 am TS AA meeting @ blue building on calle Militar. For info: Eric (612) 156-9980

AA CABO SAN LUCAS—AA Hacienda Group Cabo, upstairs above Ace Hardware behind McDonalds. Daily 4:30 pm and 6 pm.
SAN JOSÉ DEL CABO—Next to the Calvary Chapel corner of Degollado and Coronado. 6 pm nightly. For more information: (624) 147-0478.

PESCADERO	Sunday Domingo	Monday Lunes	Tuesday Martes	Wednesday Miércoles	Thursday Jueves	Friday Viernes	Saturday Sábado
Yoga	9 am Yoga @ Baja Zen 612-142-5038 info@baja-zen.com 10 am Mindful Flow Yoga @ Rancho Pescadero 6 pm Candlelit Bliss Restorative Yoga @ Rancho Pescadero	8 am Yoga @ La Curandería 8-9 am Yoga c/ Mayra Torres @ Baja Serena 612-131-7564 yogalosarcos@yahoo.com.mx 9 am Yoga @ Baja Zen 612-142-5038 info@baja-zen.com 10 am Mindful Flow Yoga @ Rancho Pescadero 10 am Yoga c/ Mayra Torres @ Baja Serena 612-131-7564 yogalosarcos@yahoo.com.mx	8 am Yoga c/ Mayra Torres @ Baja Serena 612-131-7564 yogalosarcos@yahoo.com.mx 10-11:30am Mindful Flow Yoga @ Rancho Pescadero	8 am Yoga @ La Curandería 8 am Yoga c/ Mayra Torres @ Baja Serena 612-131-7564 yogalosarcos@yahoo.com.mx 9 am Yoga @ Baja Zen 612-142-5038 info@baja-zen.com 10 am Mindful Flow Yoga @ Rancho Pescadero 6 pm Candlelit Bliss Restorative Yoga @ Rancho Pescadero	8 am Yoga c/ Mayra Torres @ Baja Serena 612-131-7564 yogalosarcos@yahoo.com.mx 10 am Yoga c/ Mayra Torres @ Baja Serena 612-131-7564 yogalosarcos@yahoo.com.mx 10 am Mindful Flow Yoga @ Rancho Pescadero	8 am Yoga @ La Curandería 8 am Yoga c/ Mayra Torres @ Baja Serena 612-131-7564 yogalosarcos@yahoo.com.mx 9 am Yoga @ Baja Zen 612-142-5038 info@baja-zen.com 10 am Mindful Flow Yoga @ Rancho Pescadero	8 am Yoga @ La Curandería 9 am Yoga @ Baja Zen 612-142-5038 info@baja-zen.com 10 am Mindful Flow Yoga @ Rancho Pescadero
Other/ Otros			8:30-9:30 am Movement c/ Anna @ Cerritos Beach next to Mayan hut beach access		8:30-9:30 am Movement c/ Anna @ Cerritos Beach next to Mayan hut beach access	4 pm Cumbia & Salsa lessons @ La Curandería	

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Restaurants

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GARDEN BY RANCHO PESCADERO

Open daily for dinner 6 – 9 pm; Sundays 1 – 9 pm for lunch & dinner. Organic farm-to-table cuisine from their garden and Punta Lobos. Bring in your own catch and the Chef will turn it into a wonderful meal. Full bar with resident mixologist. All credit cards accepted. All ages welcome. Tel. (612) 135-5849, email: rancho1@ranchopescadero.com
15 on TS - Pescadero corridor map

HIERBABUENA RESTAURANTE Y HORTALIZA

Open Wednesday – Monday, 1 – 9 pm. Lunch & dinner. Meals, salads and soups inspired by their harvest. Fish of the day, pizza. organic chicken. Tel. (612) 149-2568, email: ranchohierbabuena@gmail.com
18 on TS - Pescadero corridor map

KIMBERLY'S SUPERMARKET AND CAFÉ

Open daily 7 am – 8 pm. Coffee, espresso, Chai latte, and snacks.
44 on TS - Pescadero corridor map

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Open Monday – Sunday, general public 12 – 10 pm. Lunch & dinner. Appetizers, salads, grilled vegetables, sandwiches, burgers, seafood, meats and desserts. Full bar. All credit cards accepted. Tel. (624) 239-6984, email: cerritosweddings@gmail.com
35 on TS - Pescadero corridor map

MINI SUPER MUNCHIES

Open Tuesday, 5 – 9 pm for dinner. Argentinian empanadas, black bean and meat stew, vegan garlic lentils, vegan tamales & famous ice cream sandwiches. Microbrew on tap. Cash or Paypal. Tel. (612) 136-5986
11 on TS - Pescadero corridor map

SUNSET RESTAURANT AND BAR AT THE CERRITOS BEACH INN

Open daily 8 am – 9 pm. Breakfast, lunch & dinner. Mesquite cooked steaks, chicken, chops, seafood, burgers & Mexican dishes. Full bar with 15 beer brands, Blueberry & Watermelon Margaritas. Visa & MasterCard accepted. Tel. (612) 183-1077, email: jimcoulson@cerritosbeachinn.com
47 on TS - Pescadero corridor map

THE OASIS BAR & GRILL

Open daily 12 – 11 pm. Late breakfast, lunch & dinner. Burgers, salads, soups, American Mexican & Italian food. Vegetarian & vegan available. Full bar. No credit cards. Tel. (612) 130-3360.
20 on TS - Pescadero corridor map

THE RANCH CAFE AT RANCHO PESCADERO

Open daily 7 am – 5 pm. Breakfast & lunch. Organic farm-to-table creations from their garden and Punta Lobos. Full bar with resident mixologist. Fresh hand squeezed juices and smoothies. All credit cards accepted. All ages welcome. Tel. (612) 135-5849, email: rancho1@ranchopescadero.com # 15 on TS - Pescadero corridor map

SHAKA'S DELICIOUS WOOD CANTINA & GALERIA

Open daily 8 am – ? Breakfast, Tex-Mex, Mexican and Thai fusion.
44 on TS - Pescadero corridor map

SUGAR SHACK

Open daily 1 pm – late. Appetizers and snacks like *birria*, chicken wings, guacamole and onion rings. # 44 on TS - Pescadero corridor map

Todos Santos Historic Estates

\$3,995,000 USD

MLS# 17-2584



Two historic estates in the heart of Todos Santos. 33 Legaspi, 8 suites, bar & restaurant. 08 Calle Pilar restored historic home with multi use space with garden courtyard ideal for events, weddings.

Casa Torote

\$785,000 USD

MLS# 17-2687



New! Single story home with panoramic views of Pacific & Mountains! 3 BR / 4.5 BA. Pool, jacuzzi, pool house, BBQ, fire pit. Designer Furnishings! 2-car garage. 1,250m2 of land and 3,000 sq. ft. of living space.

Casa Piedra Alta Vista

\$579,000 USD

MLS# 10-2216



Designer home with 3 BR, 3 BA, expansive 360° views, gourmet kitchen, with large 2 car garage and newly added swimming pool, hurricane shutters, 3 large patios/decks and large outdoor fireplace in sheltered patio.

Casa Rosa

\$459,000 USD

MLS# 18-581



Crafted Mexican-style home with attention to every loving detail. High-end furnishings included. 2BR/2.5BA and 2-car garage, on 1,530m2 of land. Located on a winding sandy beach road.

Casa Los Mangos

\$316,500 USD

MLS# 16-11



Desirable 3BR/2BA home on 1500m2, beautifully landscaped in Las Tunas. Single story home, with full sized 2 car garage, 10-ft. ceilings, and a charming fireplace. Opportunity to add 2nd story expansion.

La Trinidad Lot 17

\$99,000 USD

MLS# 15-1509



Tucked away at end of cul-de-sac in as Oasis setting in Todos Santos' La Cachora area, within walking distance to beaches, cafes, yoga center. Very private and quiet, located in areas with newer homes. Approx ¼ acre lot.

Double Happiness Lot

\$85,000 USD

MLS# 18-386



This 1,990m2 (almost a half-acre) located in Las Tunas/El Pocito among beautiful homes down an old sandy farm road. Elevated lot with double ocean views. Double access roads (one in front and one in back).

Los Cerritos Hilltop Hideaway

\$60,000 USD

MLS# 18-625



This beautiful 2000m2 elevated hilltop lot offers amazing views in all directions. 1 BR/1BA casita ready to be enjoyed. Located in a developing neighborhood with new homes being constructed nearby.

Los Cerritos Lot #2488

\$55,000 USD

MLS# 17-52



Elevated with superior views of Los Cerritos surf ½ acre with nearby homes and electricity at the road. Perfect home site. Location is amazing. Create your beach & surf home here. Corner lot. Walk to the beach.

El Gavilán Ocean View Lot 2853

\$47,500 USD

MLS# 18-501



Desirable elevated lot with easy access to Los Cerritos beach. Unobstructed views toward the Pacific. Build a terraced, hillside home and enjoy ocean, sunsets and breathtaking mountain views.

Lots 115/116 Hwy Los Cerritos

\$42,500 USD

MLS# 17-2075



2 fabulous lots that sit on the ocean side of the road to Los Cerritos and Highway 19. Extraordinary opportunity for commercial business and a residential home. Electric roadside along with water available.

Lot 1518 Vistas Los Cerritos

\$41,225 USD

MLS# 17-2123



Lot 1518 offers expansive views of the Pacific Ocean and is conveniently located. Offering access for building, it's only 3 lots to the north of the main road to the famous Cerritos Beach.



REAL ESTATE & CLOSING SERVICES



More listings available in our Todos Santos and Los Cerritos Office. Real Estate Advisors: Lisa, Alvaro, Dan, Adali, Carole and Mark.
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RANCHO "SI COMO NO" | LAS PLAYITAS | TODOS SANTOS | \$8,000,000
116.73 ACRES (47.237 HECTAREAS) 1,670 LINEAR FEET (500 METERS) OF BEACH FRONTAGE
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CASA IGUANA | LAS TUNAS | TODOS SANTOS | \$985,000
4 BEDS | 4 BATHS | 6,350 SQ. FT.
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MANSION DE LOS AZAHARES | PLAYITAS | TODOS SANTOS | PRICE UPON REQUEST
4 BEDS | 4.5 BATHS | 6,068 SQ. FT. 30 ACRES WITH WATER
DEBORAH WALLENDORF | +1.972.489.9781 | Deborah@TheAgencyLosCabos.com



HACIENDA SYDNEY | LAS TUNAS | TODOS SANTOS | \$5,500,000
11 BEDS | 11 BATHS | 13,324 SQ. FT. BEACHFRONT
DEBORAH WALLENDORF | +1.972.489.9781 | Deborah@TheAgencyLosCabos.com