

Ranchero Culture

The Heart of the Matter
1000 Miles on a Mule
Sentries of the Desert

La Cultura Ranchera

El Corazón del Asunto
1000 Millas en Mula
Centinelas del Desierto



Playa "El Coyote" by / por Sandra Muñoz

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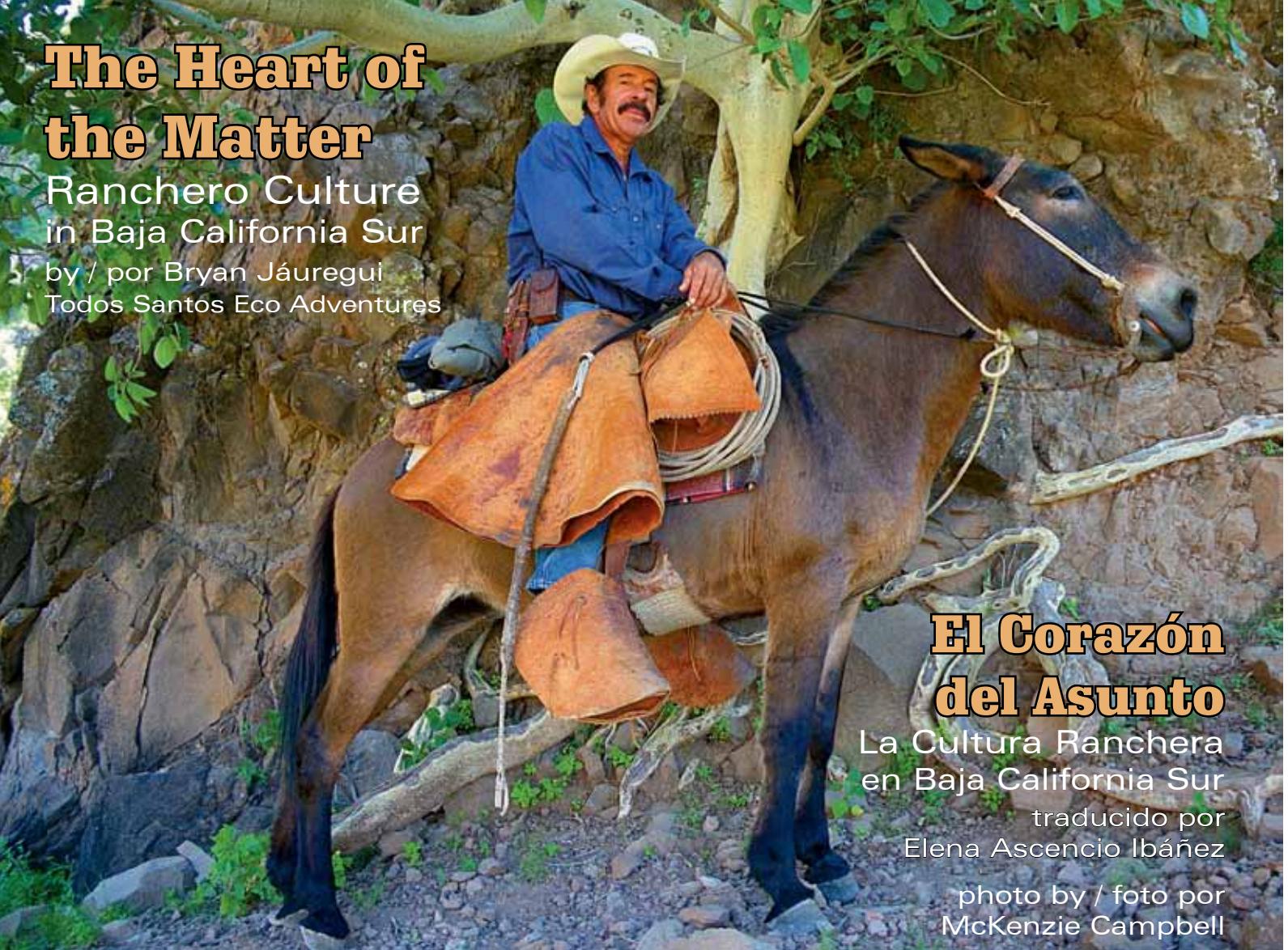
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The Heart of the Matter

Ranchero Culture in Baja California Sur

by / por Bryan Jáuregui

Todos Santos Eco Adventures



El Corazón del Asunto

La Cultura Ranchera en Baja California Sur

traducido por
Elena Ascencio Ibáñez

photo by / foto por
McKenzie Campbell

It takes a fair degree of faith in the goodness of your fellow man to hitchhike... with a mule. But that is exactly what Trudi Angell and her daughter Olivia did as part of La Mula Mil, their 1,000 mile mule trip up the Baja Peninsula. One of their mules had taken a respite with friends along the way, and when it came time for him to rejoin the rest of the expedition—now many miles away—Trudi and Olivia just set out along the road with him. Women and mule were picked up by a rancher with a partially empty horse trailer in a matter of minutes, and safely delivered to their camp. Says Trudi, "This was indicative of the type of reception we got from ranch families throughout the entire expedition. They were above and beyond hospitable and helpful. Wonderful meals for us, care for the mules, information on trails—they were generous to a fault with all these things."

Fermín Reygadas, a professor of Alternative Tourism at the Autonomous University of Baja California Sur (UABC) who has worked with Baja California *rancheros* for over 30 years, is not at all surprised. "The Baja *ranchero* culture of hospitality is directly connected to the old Bedouin custom that demanded the utmost in hospitality, requiring you to give aid and succor to anyone who asked for it for at least three days, even if that someone was your mortal enemy. Of course, you were free to kill him after that, but for those three days he was an honored guest in your

Se necesita bastante fe en la bondad del prójimo para pedir aventón con una mula. Pero eso es exactamente lo que Trudi Angell y su hija Olivia hicieron como parte de La Mula Mil, su viaje de mil millas en mula recorriendo la península de la Baja. Una de sus mulas había tomado un descanso con amigos por el camino, y para cuando era hora de reunirse con el resto de la expedición—entonces a muchas millas de distancia—Trudi y Olivia simplemente se pusieron al lado del camino con ella. En cuestión de minutos, un ranchero con un remolque para caballos parcialmente vacío recogió a las mujeres y a la mula y las llevó a salvo a su campamento. Trudi dice: "Esto fue un indicador del tipo de recepción que tuvimos por parte de las familias de rancheros a lo largo de toda la expedición. Se mostraron más allá de hospitalarios y acomendidos. Con maravillosas comidas para nosotros, cuidado para las mulas, información acerca de los caminos; fueron demasiado generosos con todo esto."

Fermín Reygadas, profesor de Turismo Alternativo en la Universidad Autónoma de Baja California Sur (UABC), quien ha trabajado con los rancheros de Baja California por más de 30 años, no está para nada sorprendido. "La cultura hospitalaria del ranchero de la Baja está directamente conectada a la vieja costumbre beduina que exigía la más absoluta hospitalidad, requiriendo que LA CULTURA RANCHERA cont. en página 18

home." Bedouins?

Fermín explains. "When Padre Kino first arrived with the Jesuits in Baja California in 1683, pirates were a menace to this new territory of Spain. Padre Kino sold the Spanish king on the idea of Jesuits settling the land and using their own money and means to keep it free of pirates. In return, the Jesuits would have the right to rule without interference from a Spanish-run civil government. The king agreed and the Jesuits set about recruiting soldiers that bore little resemblance to their European counterparts. They didn't choose people based on their fighting or weaponry skills, but rather people who knew how to raise cattle and plant crops. They didn't choose typical soldiers looking for new world get-rich-quick schemes, but people seeking a living from the land with a focus on family. The Jesuits chose people whom they considered honorable, trustworthy and capable to protect and settle Baja California Sur." In short, they chose the people whose descendants make it possible for women to successfully hitchhike around the peninsula with a mule. We're getting to the Bedouins.

Fermín continued, "When the Jesuits arrived in Baja California the indigenous peoples here were hunter-gatherers, skills not suited to building a permanent society. So the Jesuits looked for people who had the ranching and farming skills that could support their missions. These people came from two main sources: 1) people from the agricultural province of Andalusia in Spain, which had been heavily settled by Moors, Arabs and Middle Easterners during the Moorish conquest of

RANCHERO CULTURE continued on page 11



Miguel Martínez
photo by / foto por
McKenzie Campbell

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It's my 35th year as a full-time professional artist and I'd like to share some thoughts about following this life path, while at the same time knowing many of my fellow journeyman artists have shared many of these experiences.

I certainly didn't decide to become an artist at an early age. Most of my family were business professionals, and, back then I had never met a working artist. Needless to say, my family was very surprised when in my junior year at USC I announced I was majoring in art. My decision was mostly in response to the joy I felt working with clay and glazes in ceramics classes, as well the discoveries uncovered in drawing and painting classes. I loved creating with my hands and seeing my ideas taking shape. This was in the late 1960s and with counter-culture anti-war movements all around, career aspirations were the last thing on my mind.

Upon graduation, reality quickly set in when, one summer, I found myself driving a taxicab on the streets of LA with my BFA degree. I decided to return to college in Hawaii for a secondary art teacher's credential so that I would, at least, have an employable skill. For three years I taught ceramics as a civil servant for the Army at Schofield Barracks Arts and Crafts Center, on Oahu. Then I relocated to Santa Fe, New Mexico, and it was that move that changed my life.

Of course all my college art classes gave me a solid foundation in composition, color theory, art history, etc., but not one of these courses ever discussed marketing or making a living as an artist. My work ethic came from the many jobs I had in high school and college, and most business lessons came to me midstream during my career. It has been all about maintaining close professional business relationships with galleries, while at the same time trusting in the rewards of simply working hard.

I recently read "Outliers—A Story of Success" by Malcolm Gladwell. It's an interesting overview of famous and highly successful people with many professional backgrounds, from the Beatles all the way to Bill Gates. The author's main thesis is that all these famous people shared three



"Immersion," oil on canvas, 30" x 40" by Doug West

commonalities. First, they started by investing at least 10,000 hours of time investigating and growing their professional skills before their great success emerged. Second, they benefitted from having significant mentors and helpers who guided and provided early circumstances that enabled development of their unique idea, and lastly they were simply lucky in timing by being born into the right place at the right time to unfold their novel creations.

This book resonated for me as I had also invested thousands of hours working alone teaching myself printmaking. I was fortunate to be approached by reputable art dealers and publishers who were willing to promote my art regionally

and nationally, and my arbitrary move to Santa Fe resulted in showing my work just when Southwestern art was emerging and beginning to dominate the art market. I had never visited Santa Fe before moving there and I knew nothing about its early history as an art colony, but moving there absolutely enabled and shaped my life as a working artist.

I started there as a printmaker making serigraph editions. Serigraphy is using silk-screening to hand print about a hundred sheets of rag paper to create an image. Usually an image incorporated over 60 separate stencils printed over weeks of time. The resulting edition was then signed and numbered and made available to multiple galleries around the country through a New York based print dealer, and so during this time grew name recognition for my art. Over the next 20 years I mastered serigraphy, but the technical and creative challenges diminished and I was growing bored with the its lack of challenges and at the same time the hand-made print market sales were eroded by a flood of machine generated Giclée print editions, so ten years ago I made a career shift to oil painting.

I became a landscape artist because I grew up in California with a dad who loved camping and exploring new remote places, and who encouraged and allowed me the freedom to explore nature alone. From those early experiences, my love for the natural world was imprinted, and that still remains as the underlying message in my work. My landscapes are about the moment in time when we feel connection to the greater Universe beyond, while experiencing the beauty of this mysterious world.

Career aspirations aside, the daily grind of studio work is a different reality. Making art is a powerful mind space because it requires focused attention and the willingness to reinvent and change. My favorite working times are where I totally lose track of time. Hours can pass by in what seemed only minutes and as the work progresses any thoughts of the past or the future disappear in a focused immersion in the "now." The work process itself becomes a meditation.

Some artists I know are capable of setting off on new visual explorations with each new series started, and their art has a constantly evolving appearance. My changes happen much more slowly, but still I feel I'm constantly on a road of investigation, discovery, and refinement as my painting skills increase. This also is what keeps me feeling fresh and brings vitality to my process. If I simply repeated the same style, or tried to commercially produce just what I believe the marketplace desired, I would quickly become stale and bored.

I love painting because I feel I will never quite master all I want to say with the medium. It can be frustrating at times, but I trust my skills will grow over time. I always silence my inner critic when I fear my work is never going to be good enough. My mantra is to say to myself, "this is the best I can do right now." Repeating this gives me the time and space to keep improving. Onward with the painting!

Doug West's recent works are exhibited at **Galería Logan** in Todos Santos.

GALERÍA LOGAN

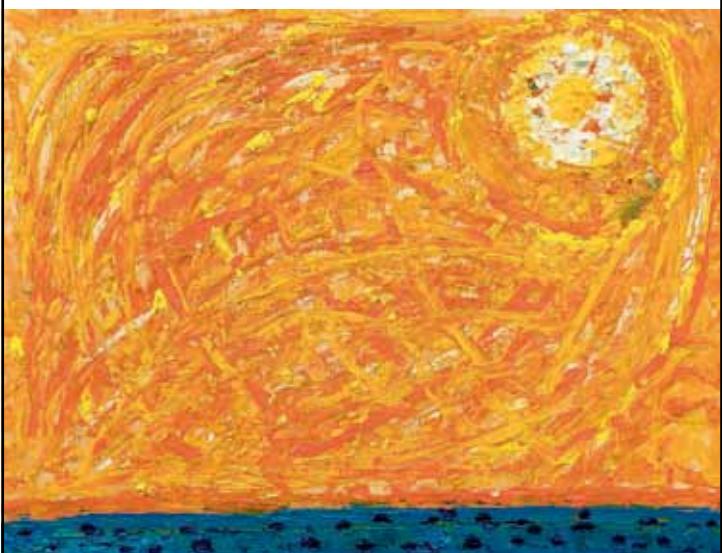


"Todos Santos Beach Break" oil on canvas, 16" x 20"
by Doug West

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GALLERY365 #86 on Todos Santos map

Paradise

It's easy to find. In fact, most of Baja California Sur qualifies with its near-perfect climate, pristine beaches, tropical oases, rugged mountains and dramatic desert landscapes. International visitors have been arriving in increasing numbers over the decades to bask in Baja's beauty and thrive on its restorative powers.



And eventually, inevitably, over an ice cold beer or salty margarita, visitors begin to ask themselves...

Can I live in this paradise?

In this issue, we profile three different independent real estate agencies that help visitors answer this question. Like the people they now serve, the founders of these agencies come from diverse backgrounds and bring unique sensibilities to the market. They know the joys of relaxed living in close proximity to outdoor adventures, organic produce, fine dining, and great entertainment.

They know the challenges as well, and can help people determine if paradise found does indeed equate to homeward bound. Although they are independently owned and operated, they all work closely with all the local real estate companies—big and small—and MLS services in this magical tropical paradise.

photo / foto: Sandra Muñoz

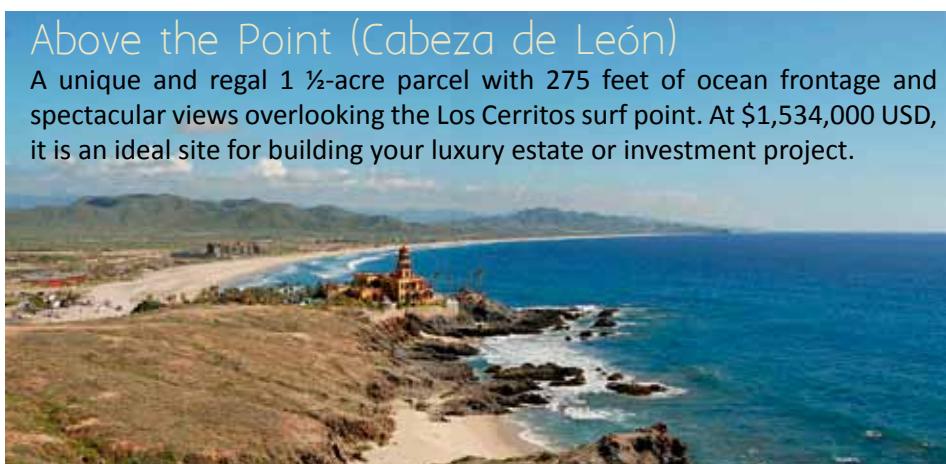
Specializing in unique properties on the beautiful coast of El Pescadero.

Roc bought his first Mexican property in 1999 at the foot of Cerro Gavilán in Los Cerritos. Since opening Pescadero Properties in Todos Santos in 2004, he has specialized in selling properties in these same beautiful hills with equally wonderful oceanfront vistas. Roc, a founding member of the Todos Santos MLS, generates most of his business through client referrals.

Like many people in Baja California Sur, Roc lived a different life up North. After early careers in construction and organic produce distribution, he earned an engineering degree in 1982 in Energy Systems Engineering. After several years working in R & D for energy-related products, he co-founded Softub Inc., an innovative (and energy efficient) portable spa manufacturer, where he spent 14 years. During that time he also earned a master's degree in Mechanical Engineering from the University of California, Santa Barbara. In 2000, he parted ways with Softub, and the following year moved to Todos Santos with his wife Cathy.

Roc's knowledge of the area, engineering and business background, and 15 years of experience in real estate in this area make him an asset to people looking to buy or to sell properties in Baja California Sur. Pescadero Properties has a variety of coastal listings. You can choose from a cliff-top overlooking the Cerritos surf break, hillside lots overlooking the whitewater and lush farmland of El Pescadero—or both!

Pescadero Properties is located at #16 on the Todos Santos map. For more information on available properties, prices, and maps, visit the Pescadero Properties website at www.pescadero-properties.com



Above the Point (Cabeza de León)

A unique and regal 1 ½-acre parcel with 275 feet of ocean frontage and spectacular views overlooking the Los Cerritos surf point. At \$1,534,000 USD, it is an ideal site for building your luxury estate or investment project.

Above Pescadero



A full block of 10 half-acre hillside lots with northwest-facing views, framed by the ocean, the breaking surf, and El Pescadero's vibrant agricultural valley. Prices range from \$77,000 to \$132,000 USD each.

Above the Pacific

A full block of 10 hillside view parcels directly overlooking the Pacific. Prices range from \$106,000 to \$192,000 USD. They feature long surf views along Playa Pescadero and Pacific Ocean sunsets... Daily.



ROC FLEISHMAN

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Agua, Aire, Tierra y Fuego-Water, Air, Land & Fire

A Great Team Blending Agriculture & Real Estate Services



In 2005, Chris Cordero, Greg and Cherrie Pedigo, and Lic. Claudia Ruvalcaba got together and formed Agua, Aire, Tierra y Fuego S.R.L. Their company specializes in real estate and agriculture, and each team member's expertise is used to the fullest. Greg takes care of the farming end, Chris helps

in selling produce, Cherrie takes care of accounting, and Claudia takes care of real estate. In addition to real estate services, they also offer property management services, and legal services for real estate closings, immigration, water rights, property disputes, and the formation of Mexican corporations.

Greg Pedigo has been farming in the Pescadero and Mantanza areas since 1996. He has worked closely with Chris Cordero to grow, purchase, and sell produce, emphasizing specialty vegetables. Over time, they have worked with most of the farmers in the area and have purchased ranches and other properties as they've become available.

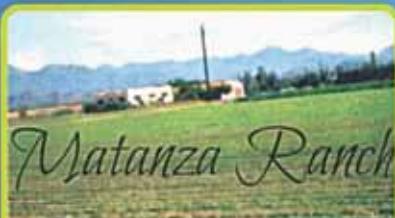
Claudia Ruvalcaba, along with AATyF's office manager Horacio Ruvalcaba, moved to the Pescadero area nine years ago. They love not only the location—both the ocean and the mountains—but also the relaxing change from the big city. Although the real estate market has changed, Horacio and Claudia think that the Todos Santos/Pescadero area is a great place to live, and they welcome all clients looking for homes or lots in this growing area. Horacio manages the Todos Santos office as well as being the property manager. He shows the properties, and additionally, gives clients a tour of the area.

Claudia, a bilingual lawyer, has offices in both Todos Santos and Guadalajara. In addition to her other work, she provides pro bono work for abused women and children. Both Claudia and Horacio believe in helping people as much as possible, and that education is the key. "Children are our future," Claudia says. "We have to help them so we have a better world."

One of AATyF's hot properties right now is a 4,555 M² beach lot, only 100 feet from the Pacific Ocean. It would be a beautiful location for either a single home or a few apartments.

AATyF is located at #93 on the Todos Santos map. Horacio Tel. (612) 103-4036, Claudia (624) 188-7475, Cell: (612) 157 5574, Guadalajara Cell: (331) 044-1484, email: clau431@hotmail.com

Agua Aire Tierra y Fuego, S. de R. L. de C. V.



This 79.9 acre ranch (323,508 m²) is plumbed for drip or sprinklers with plenty of sweet water from the ranch well. The ranch has a large 2 bedroom remodeled house, 3 apartments, and a large bodega with restroom facilities.



Lic. Claudia Lorena Ruvalcaba
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Tel. 612 103 40 56
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clau431@hotmail.com



"Casita" is located in Huerta Las Quintas. It is a great room with kitchen and fireplace, 2 bedrooms, one bath and a room for washer and dryer (which also can be another bathroom). The rear of the house has a big patio for outdoor cooking and relaxing. It is 130 m² on a lot of 800 m². It has beautiful new walls with electric gate. Has water and electricity. Plenty of room for expansion.



Ranch was cleaned with permit and ready to farm. The ranch has water and the electricity is across road. Pescadero Rancho located on oceanside.



The adjacent 4,000 m² lots with beach, mountain, and valley views. Would make a nice hacienda or boutique hotel.



Pescadero parcel 100 yards from beach, next to Agave Hotel & Homes Development. This 4,555 m² corner lot has been cleaned, and has water and electricity. Can be subdivided. Plenty of room for a Hacienda type complex, small hotel or rentals.



photo by / foto por
Kaia Thomson

Ranchero Culture

continued from page 5

Spain in the 8th to 15th centuries, and 2) descendants of the Moors, Arabs and Jews who had been kicked out of Spain during the 15th century Christian reconquest of the country, and had settled in the new world. Not only did these "soldiers" carry the Bedouin tradition of hospitality and honor, they brought Middle Eastern foods to the Baja Peninsula that still flourish to this day including olives, grapes, lentils, date palms and alfalfa." Teddi Montes, a member of La Mula Mil expedition, took DNA samples from *rancheros* throughout the trip and her preliminary results show that these Middle Eastern bloodlines are still flourishing throughout the peninsula, i.e., the Bedouins—along with their hospitality—are alive and well in Baja California!

RANCHERO RULE IN BCS

The Jesuits ended up being entirely too successful for their own good with their BCS economic model and they were unceremoniously kicked out of Baja in 1768. The king sent a new administrator who gave the Jesuit mission lands to the "soldiers" who had been working the land under the Jesuits. By this administrative fiat a whole new class of fairly egalitarian land ownership arrived in BCS, and a system of ranches owned and operated by people

RANCHERO CULTURE cont. on page 12

Pescadero Surf Properties

Living and Working in a Surfer's Paradise

Jaime Dobies, Owner



In the 1980s, Jaime Dobies, an avid surfer, began spending his winters in Los Cabos. While there, he frequently visited Pescadero. He fell in love with Pescadero's relaxed climate, boating, snorkeling, and, of course, its fabulous waves. In 1996, Jaime moved to Pescadero with his two sons and started the Pescadero Surf Camp. Jaime's sons loved Baja California Sur as much as Jaime did and attended the local schools. In 2011, Jaime married his wife, Laura. One of the things that Jaime likes about Pescadero is that it has remained laid back and "funky," unlike the Cabo scene.

Jaime likes working with people directly. This preference for people over technology has been a part of the success of The Pescadero Surf Camp. The camp attracts clients from all over the world. Most of his clients are returning guests and their referrals.

Often, the surf camp guests or visiting surfers asked about properties for sale, especially after the Los Cerritos ejido lots became titled in the mid-1990s. Jaime, who was involved with the local community and had a good relationship with the Pescadero ejidos,

began to help his clients find properties. In 2006, he formed Pescadero Surf Properties.

Pescadero Surf Properties' strengths include its close connection with the local town and *ejido*, and its good relationship with other local realtors. Jaime often works closely with Pescadero Properties, Ricardo Amigo Real Estate, and the Todos Santos office of Coldwell Banker. Pescadero Surf Properties specializes in a range of properties, from as little as \$15,000 to 1.8 million USD.

When looking for property in the area, not everyone sees it as an investment. In Jaime's experience, however, buying here is, indeed, an investment. And a good one. After seeing the boom in Los Cabos, Jaime would advise people looking in the area to buy now! It's a great investment opportunity. Pescadero Surf Properties is now featuring a Los Cerritos development opportunity: 4 beachfront properties north of the Cerritos Surf Colony. Right in front of the line up!

Pescadero Surf Properties is located at #33 on the Todos Santos-Pescadero corridor map. Local phone 612-134-0480, US Cell 818-281-6997. Email: poloko2004@hotmail.com

[PescaderoSurfProperties](#) www.PescaderoSurfProperties.com

Ranchero Culture

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with excellent skills, a strong work ethic, and a tradition of honor flourished. This was in stark contrast to mainland Mexico, which was heavily settled by Spanish *hidalgos*, the 2nd, 3rd and 4th sons of wealthy marquis who could not inherit the ancestral lands back home, but who could help themselves to substantial holdings in the new world. "Work ethic" was not a phrase commonly used when speaking of the privileged *hidalgos*.

By the late 1800s the Baja economy had become centered around mining, with major gold, silver and copper mines flourishing in towns like Santa Rosalia and El Triunfo. As mining prospered, so did the ranches that supplied them with food, leather goods, horses, mules, and coffee. Mainland Mexico, focused on its own affairs—including wars with the US and France—paid very little attention to Baja for the next 100 years. The result was that the BCS character cultivated by the Jesuits and strengthened by land ownership was left intact, and continued to develop almost completely independently of the rest of Mexico. While mainland Mexico society became highly stratified, Baja California remained a much more egalitarian, independent-minded place, with *ranchero* families a key and integral part of the peninsula's economy.

Then mining collapsed in the 1950s, and the *ranchero* economy went into a tailspin. But the deathblow really came in 1975 when the Mexican government opened its previously closed economy to the outside world. Two

territories were declared free ports open to foreign trade: Quintana Roo and BCS. Almost overnight the market for ranch meats, cheeses and leather goods dried up; imported goods could be bought more cheaply and easily in the cities. *Ranchero* culture was in peril, and made all the more precarious by a school system that requires ranch children to leave home for nine years and live in boarding houses in towns like Todos Santos, where they steadily lose touch with their culture. As Fermín says, "They watch a lot of TV in the boarding houses, and if their culture doesn't appear on TV, then they assume it's not important." Fermín, Trudi, Olivia and others are trying very hard to change that perception.

LIVING ROOTS

In 2008 a documentary titled *Corazon Vaquero*—Heart of the Cowboy—won the Paso Robles Film Festival California Roots award. Created by Garry and Cody McClintock and Eve Ewing with Trudi, Fermín and others to showcase the beauty of BCS *ranchero* culture, the film is centered largely around a family at Rancho San Gregorio in the Sierra de la Giganta above Loreto. In the spring of 2008 a young NOLS (National Outdoor Leadership School) instructor named McKenzie Campbell found herself at that same ranch. "I learned how to do leatherwork, make cheese, all kinds of things. I was completely enamored. I then did a week long scouting trip through the Sierra de la Giganta walking ranch to ranch, and I was completely blown away by the hospitality of the people and their values. They are focused on family, their land and working

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QUIVIRA
LOS CABOS


DISCOVERING
MÉXICO
BIENES RAICES

1000 Miles on a Mule



by / por Wendy Rains

Can you imagine riding up the entire Baja Peninsula on a mule? Well, that's what four brave ladies decided to do—inspired to re-create the same 1,000 mile trek on little used mountain trails of the Meling Expedition over 50 years ago. Tagged as La Mula Mil, or Mule 1000, it was the brainstorm of Leslie Pringle, from Alberta, Canada. She approached Trudi Angell, who leads pack mule rides, among other adventures out of Loreto. As Leslie wrote in her blog, wrrldgrrl.com, they had four goals: 1) to successfully re-create the Meling Expedition of 1963/64 as a 50th anniversary tribute, 2) to produce a coffee-table book of photography and stories that overlay the two expeditions, 3) to celebrate the people and the pueblos of Baja California and thereby promote tourism in Baja California and Baja California Sur, Mexico, and 4) to raise awareness of and funds for their three favorite non-profit associations: Coins for Classrooms, Living Roots Baja and the women's fishing cooperative Mujeres del Golfo. Leslie's personal goals were, "wanting to be one with the land I was walking, riding, sleeping on. I wanted time to reconnect with myself."

1000 Millas en Mula

traducido por Elena Ascencio Ibáñez
photo by / foto por Kaia Thomson

¿Puedes imaginarte atravesar la península de la Baja entera montando en mula? Bueno, eso es lo que cuatro valientes damas decidieron hacer, inspiradas por recrear el mismo recorrido de 1000 millas (1609.34 Km) en los senderos de montaña poco transitados que se utilizaron en la Expedición *Meling* hace más de 50 años.

Etiquetada como La Mula Mil, fue la lluvia de ideas de Leslie Pringle, originaria de Alberta, Canadá quien entonces se acercó a Trudi Angell, misma que dirige paseos en mula partiendo de Loreto, entre otros aventureros. Las otras que se sumaron al plan fueron la hija de Trudi, Olivia Angell, de 24 años, a quien pusieron a cargo de las comidas de la tarde y de monitorear los víveres y la genealogista Teddi Montes, cuya misión era realizar exámenes de DNA a las familias que encontraban y rastrear su genealogía hasta los colonizadores españoles originales. También tuvieron compañeros de camino maravillosos incluyendo a Don Nacho Chiapa y a guías de la región quienes ayudaron a mover a las mulas y al equipo. Uno tal vez podría pensar que ésta sería una experiencia "única en una vida," pero **MULA MIL** continúa en página 24



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After much planning with fellow riders, Trudi's daughter Olivia Angell, 24, was put in charge of the evening meals and monitoring supplies. As a Genealogist, Teddi Montes's mission was to do some DNA testing on the families they encountered and trace their heritage back to the original Spanish settlers. On November 4th, 2013 in San José del Cabo, Baja California Sur, they began what would be a four month journey north to Tecate, Baja California—full of challenges, colorful stories and adventures all the way. They had wonderful trail companions along, too, Don Nacho Chiapa and regional guides to help move the mules and gear. They were able to cover from 8 to 15 miles a day, depending on conditions and unforeseen obstacles.

One might think this would only be a “once in a lifetime” experience, but for Eve Ewing, who rode with the original expedition 50 years ago, this was an opportunity to do it again. So at 76 years old, Eve also joined them on parts of the trip.

By the end of November, they were in San Javier, BCS, in time for the town's big annual festival with horse races and cock fights, and joined the hundreds of riders who showed up for the grand *Cabalgata* on December 2nd, riding from out of town up to the Mission.

Even though there was very little communication with the outside world, as well as between each other when separated, Olivia kept up a blog as often as possible, and Leslie also had her blog, and was in charge of La Mula Mil's facebook page and photography, so people could keep up with their progress and read their stories. One

of Olivia's early blogs tells about how they had to stuff all their food up into the mesquite trees at their campsite to keep the feral pigs from eating it. Whoever made it to camp first, was responsible for setting it up. At one point, Don Nacho's mules had run off and the ladies boldly proceeded without him for a couple of days on unfamiliar trails, while he tried to round them up.

They ate pretty well, with favorite dishes being chicken mole tostadas, chicken tamales, beans, and salads. The kind people from the various villages they passed through brought them fresh ingredients along the way and often invited them to dinner.

When you think about the physical trials, tribulations, and responsibilities four ladies on mules were dealing with, one might wonder how they fared emotionally. They were very wise in how they handled that and each other. Every Monday evening, they formed a "touch base" circle when each person expressed how they were feeling, good or bad, and worked through issues that needed solutions.

It was cold, foggy, and drizzly at times, but they toughed it out, sometimes without much water for themselves or feed for their mules. Various researchers joined them for different parts of the journey. By mid January, they were half way, and Leslie had gotten pretty sick with the flu and had to stay in San Ignacio, BCS for a couple of weeks before re-joining the group. Mules were changed at times and had to be trailered back to their homes. Trudi also told a great story about her having to hitchhike home after

MULA MIL contined on page 44

The image shows a promotional advertisement for Lola's Yogurt Bar. At the top left, the brand name "LOLA'S YOGURT BAR" is displayed in white. To the right, the text "presenta" is followed by a stylized graphic of a hand holding a paintbrush, with the word "La Familia" written in large, bold, black letters. Below this, a row of yogurt cups and containers is arranged on a surface. From left to right, there are two boxes of "BOXED WATER IS BETTER.", three yogurt cups from "LOLA'S YOGURT BAR", and two yogurt cups from "LOLA'S". The yogurt cups are filled with various toppings like fruit, granola, and a blue gumball. To the far right, a tall glass filled with a pink smoothie or yogurt drink is shown. In the background, a height chart is visible with markings from 30" to 46" in increments of 2". The overall theme is casual and family-oriented.

On the Cover

Sandra Muñoz

Translated by Kat Bennett



Sandra is originally from the city of Cuernavaca, in Morelos, Mexico. She studied photography at the *Escuela Activa de Fotografía* in her hometown. From the end of 1999 until 2001, Sandra worked as a photojournalist for the newspaper *Jornada Morelos*. After ending her contract with the newspaper, she joined the teaching team in the photography school where she had studied. A year later, together with photographers Jazmin Sánchez and Carlos Machuca, she founded the cultural space *El Taller*, where she gave classes to recently enrolled students, and was also in charge of the black and white laboratory for approximately six years. Concurrently, she began working in portraiture; architecture, landscape, and gastronomy photography; the photographic reproduction of art works; and in advertising for different clients and companies.

Sandra's images have been published in the books

Espejos en Plata in 2001, *Mujeres de Roble* in 2007, and *Architecture Now! Houses 2* in 2011, to mention just a few. She has also been published in various magazines, including *Méjico the Tourist Magazine*, and *Nómada*, among others. Additionally, Sandra has participated in group and individual exhibits over the years.

She currently resides in La Paz, BCS, where she has lived for a little more than four years, and works as a freelance photographer. Her photographic specialties are architecture, landscape, gastronomic photography, and portraiture. Her portraits are characterized by her unique, fresh, and spontaneous style: she likes bringing this to whomever she takes a portrait of, using a subtle path of simplicity to achieve images which are unaffected and in natural surroundings. She likes making use of ambient and natural light, and above all she likes creating outdoors.

ARTIST'S BIO continued on page 39

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De la Portada

Sandra Muñoz



Nativa de la ciudad de Cuernavaca, Morelos, México. Realizó sus estudios de fotografía en la "Escuela Activa de Fotografía" de su ciudad natal. Trabajó como reportera gráfica para el diario la "Jornada Morelos" a finales del año 1999 y hasta el 2001, donde concluyó su contrato para incorporarse al equipo docente en la escuela de fotografía donde estudió. Un año después, junto con los fotógrafos Jazmín Sánchez y Carlos Machuca, fundaron el espacio cultural "El Taller" donde se encargó de impartir clases a los alumnos de recién ingreso y se hizo cargo del laboratorio en B&N, por 6 años aproximadamente. Al mismo tiempo comenzó a realizar fotografía de retrato, arquitectura, paisaje, gastronomía, reproducción de obra de arte y publicitaria para diferentes clientes y empresas.

Sus imágenes han sido publicadas en los libros "Espejos en Plata" 2001, "Mujeres de Roble" 2007 y "Architecture Now! Houses 2" 2011, por mencionar algunos, así como en distintas revistas "Mexico the Tourist Magazine," "Nómada," entre otras. También ha participado en exposiciones colectivas e individuales a lo largo de estos años.

Radica en la ciudad de La Paz BCS desde hace poco más de 4 años, trabajando desde entonces de manera independiente. Su especialidad es la fotografía de arquitectura, paisaje, gastronómica y de retrato, esta última se caracteriza por su peculiar estilo fresco y espontáneo; le gusta llevar a quien(es) retrata, por el sutil camino de la simplicidad para lograr imágenes sin posees estudiadas y en entornos naturales. Le gusta aprovechar la luz ambiental, la luz natural y sobre todo crear al aire libre.

Colabora, en sociedad, para el sitio web www.saboreslapaz.com.mx con el objetivo de promover todos los restaurantes, bares y cafeterías de La Paz. También apoya, participa y promueve actividades en pro del medio ambiente y la comunidad. Siempre menciona que "La Paz le ha conquistado por sus hermosos paisajes, su cálida gente y la calidad de vida... muy pocos tienen el privilegio de gozar esto."

Es una fotógrafa sencilla y con un gran amor a su profesión. Parte de su portafolio se puede apreciar en su sitio web www.sandramunoz.com.mx

Para mayores informes y contacto directo:
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La Cultura Ranchera

continuó de página 4



photo by / foto por Leslie Pringle

dieras ayuda y socorro durante por lo menos tres días a cualquiera que lo pidiera, aunque se tratara de un enemigo mortal. Por supuesto, tenías la libertad de matarlo después de ello, pero durante esos tres días, era un invitado de honor en tu casa.” ¿Beduinos?

Fermín explica: “Cuando el Padre Kino llegó primero con los jesuitas a Baja California en 1683, los piratas eran una amenaza para este nuevo territorio de España. Padre Kino le vendió la idea al rey de España de que los jesuitas se asentaran utilizando sus propio dinero y medios para mantenerla libre de piratas. A cambio, los jesuitas tendrían el derecho de regirla sin interferencia por parte de un gobierno civil español. El rey accedió y los jesuitas se dispusieron a reclutar soldados que tenían poco parecido con sus contrapartes españolas. No eligieron gente en base a sus habilidades de pelea o de manejo de armas, sino gente que sabía criar ganado y cultivar la tierra. No eligieron soldados típicos en busca de nuevos esquemas mundiales de enriquecimiento veloz, sino gente en busca de vivir de la tierra con un enfoque en la familia. Los jesuitas eligieron gente a quienes consideraban honorables, dignos de confianza y capaces de proteger y establecer Baja California Sur.” En pocas palabras, eligieron a la gente cuyos descendientes hacen posible que mujeres puedan exitosamente viajar de aventón por la península con una mula. Ya nos acercamos a los beduinos.

Fermín continuó: “Cuando los jesuitas llegaron a Baja California, los indígenas habían sido cazadores y

recolectores; habilidades no aptas para la construcción de una sociedad permanente. Así que los jesuitas buscaron gente que tuviera las habilidades de ranchería y granjería que pudieran proporcionar la manutención de sus misiones. Esta gente vino de dos fuentes principales: 1) gente de la provincia agricultora de Andalucía, España; región que había sido sólidamente establecida por Moros, Árabes y gente del Medio Oriente durante la conquista mora de España de los siglos VIII al XV, y 2) Descendientes de los moros, árabes y judíos que habían sido echados de España durante la re conquista cristiana del país en el siglo XV y que se habían establecido en el nuevo mundo. Estos “soldados” no solamente cargaban la tradición beduina de hospitalidad y honor, sino que también trajeron comida del Medio Oriente a la península de la Baja, que aun florece hoy día incluyendo aceitunas, uvas, lentejas, dátiles y alfalfa.”

Teddi Montes, miembro de la expedición La Mula Mil, tomó muestras de DNA de los rancheros a lo largo del viaje y sus resultados preliminares muestran que estas líneas sanguíneas del Medio Oriente están todavía floreciendo a lo largo de la península, lo sea que los beduinos, con todo y su hospitalidad, están vivos y bien en Baja California!

GOBIERNO RANCHERO EN BCS

Los jesuitas resultaron siendo demasiado exitosos para su propio bien con su modelo económico en BCS y fueron echados de la Baja en 1768 sin ceremonia

alguna. El rey envió un nuevo administrador quien dio las tierras de la misión jesuita a los "soldados" quienes habían estado trabajando la tierra bajo los jesuitas. Con este decreto administrativo llegó a BCS una entera nueva clase de propiedad de tierra bastante igualitaria, y floreció un sistema de posesión y operación de ranchos por gente con excelentes habilidades, una fuerte ética de trabajo y una tradición de honor. Esto en gran contraste con lo que ocurría en el interior de México, en donde se habían establecido de manera fuerte los hidalgos españoles, los hijos segundos, terceros y cuartos de marqueses ricos y quienes no podían heredar sus tierras ancestrales en casa, pero que podían convertirse en dueños de porciones sustanciales en el nuevo mundo. "Ética de trabajo" no era una frase comúnmente utilizada cuando se hablaba de los hidalgos privilegiados.

Para finales de 1800 la economía de la Baja se había centrado alrededor de la minería, con grandes minas de oro, plata y cobre floreciendo en pueblos como Santa Rosalía y El Triunfo. A como prosperaba la minería, también lo hicieron los ranchos que los proveían de comida, de artículos de piel, caballos, mulas y de café. El interior de México, enfocado en sus propios asuntos; incluyendo guerras con los Estados Unidos y con Francia, prestó muy poca atención a la Baja por los siguientes 100 años. El resultado fue que el carácter de BCS cultivado por los jesuitas y fortalecido con la posesión de tierra permaneció intacto y continuó desarrollándose de manera casi completamente independiente del resto de México. Mientras la sociedad del interior de México se volvía altamente estratificada, Baja California permaneció siendo un lugar con una orientación mucho más igualitaria e independiente, con las familias rancheras como parte integral y esencial para la economía de la península.

Entonces durante los 1950s la minería se colapsó y la economía ranchera se fue en declive. Pero el tiro mortal en realidad vino en 1975, cuando el gobierno mexicano abrió su economía previamente cerrada al mundo exterior. Se declararon puertos abiertos para el comercio exterior dos territorios: Quintana Roo y BCS. El mercado para las carnes de los ranchos, quesos y artículos de piel se secó casi de la noche a la mañana; se podían traer artículos importados de manera más barata y fácil a las ciudades. La cultura ranchera se vio amenazada y más precaria dado el sistema escolar, mismo que requiere que los niños de los ranchos dejen sus hogares durante nueve años para irse a vivir a albergues escolares en pueblos como Todos Santos, donde de manera estable van perdiendo contacto con su cultura. Como dice Fermín: "Miran mucha TV en los albergues y si su cultura no aparece en la TV, entonces asumen que no es importante." Fermín, Trudi, Olivia y otros están tratando con muchas ganas de cambiar esa percepción.

LIVING ROOTS (RAÍCES VIVAS)

En 2008 un documental titulado *Corazón Vaquero* ganó el premio California Roots (Raíces de California) del Paso Robles Film Festival. Creado por Garry y Cody McClintock y Eve Ewing con Trudi, Fermín y otros para mostrar la belleza de la cultura ranchera de BCS, el filme está centrado alrededor de una familia en el Rancho San Gregorio en la

LA CULTURA RANCHERA cont. en página 42

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June

June 4 | 6 pm, 'CINE Y CENA MEXICANA' at Carnitas Uruapan in Todos Santos. Enjoy six specialty dishes including Carnitas Uruapan's famous pozole and carnitas, as well as salad and dessert and watch a Mexican film (English subtitles). \$150 pesos / \$12 usd, does not include drinks or tip. Reservations after May 25: zandra4baja@yahoo.com

June 14 | 8 - 12 pm, **LIVE MUSIC** by K-L Reggae at La Cueva Club / Pizzeria 3 Marias. Cover 50 pesos.

June 16-22 | **LOS CABOS OPEN OF SURF 2015**. Takes place at the right hand point break of Zippers in Cabo. This year includes the addition of an ASP 6-Star Women's event. For more information: <http://loscabosopenofsurf.com>

June 29 | 9:30 am - 12:30 pm, **DOG SURF COMPETITION** at Playa Los Cerritos. All proceeds to be donated to local dog rescue in Pescadero. To enter a dog call: (612)142-5038 or email: info@DogSurfCompCerritos.com, to sponsor a dog or make a donation: www.DogSurfCompCerritos.com. Check out the competing dogs on the website, Facebook.com/DogSurfCompCerritos or come watch!

July

July 9 | 7 pm, 'CINE Y CENA MEXICANA' at Carnitas Uruapan in Todos Santos. Enjoy 2 margaritas grandes and delicious antojitos while you watch a favorite Mexican film (English subtitles) for only \$180 pesos plus tip. Reservations after July 1: bajazebra@gmail.com

July 15-18 | **4TH ANNUAL JUNIOR LIFEGUARD / SESSION 1**

July 22-25 | **JUNIOR LIFEGUARD SESSION 2**

This fun aquatic program is designed for young people between the ages of 8 and

18 years. Participants will receive instruction in basic water safety, flotation, rip currents, kayaking, snorkeling, boogie boarding, surfing, and one night camping out to rescue and relocate Sea Turtle nests.

Session #1 July 15-18 (Tues-Fri), 10 am-3 pm with Turtle Camp July 19

Session #2 July 22-25 (Tues-Fri), 10 am-3 pm with Turtle Camp July 19

BECAs (scholarships) available for local kids. For information contact Francesca at (612) 145-0353. Register at www.todostortugeros.org

August

August 1-2 | starting at 10 am, **FESTIVAL DE LOS MANGOS** takes place on the Otro Lado in Todos Santos by the Bomberos.

August 3 | starting at 11 am, **FESTIVAL DE LOS MANGOS** takes place in the Todos Santos town Plaza.

August 6 | 7 pm, 'CINE Y CENA MEXICANA' at Carnitas Uruapan in Todos Santos. Chef Raul serves his famous fajitas, chicken or beef, with your choice of 1 beer, glass of wine or soda for only \$180 pesos, plus tip. Enjoy a classic Mexican film (English subtitles) while you dine. Reservations after July 25: bajazebra@gmail.com

September

September 15-16 | **FESTIVALES PATRIAS**—Grito de la Independencia / Día de la Independencia.

October

October 9-12 | **FESTIVALES TRADICIONALES DE TODOS SANTOS**.

The festival usually takes place the weekend closest to October 12 in the town plaza.

October 12 | La Paz to Todos Santos

CABALGATA, (parade of horses).

November

November 16 | **6TH ANNUAL FESTIVAL DE ARTES** in San Antonio. All artesanos are invited to participate. No food please. Contact: Maryzonia, creazonya@yahoo.com, 612-119-7668

November 29 | 9 am – 12 pm. **PALAPA SOCIETY OF TODOS SANTOS A.C. ANNUAL TIANGUIS**.

Now accepting donations: clothes, shoes, furniture, kitchen items, tools, art, books, DVDs, electronics, etc. Call for pick up. This sale benefits the Beca Scholarship Program, <http://palapasociety.org/>. For more information: Susan Doyle (612) 145-0821 or Roxanne Rosenblatt, caboroxy@aol.com, (612) 130-3162

December

December 27 | **THE PALAPA SOCIETY'S POR QUE 5K RACE** in Todos Santos.

December 28 | **WABI SABI SERIES EXHIBITION** by Gloria Santoyo Ruenitz at Galería de Todos Santos.

December 29 | through January 2, **HEAVEN ON EARTH 2015** in Todos Santos. This year's theme is printing on clay: monoprinting, screenprinting, decals, blockprinting, and mold making by artists Jos Sances of Alliance Printing in Berkley and Pam Stefl Toki. For more information contact Donna Billick at rockartus@aol.com or (530) 219-5918.

january 2015

TODOS SANTOS MUSIC FESTIVAL will take place in mid-January 2015, exact dates TBD. For more information: <http://todossantosmusicfestival.com/>

EVENTS continued on page 23

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ARCHITECTURE

every week

monday

9:30 am – 2:30 pm, Basilfield **ORGANICS** on calle Márquez de León across from Alma's Tamales, Todos Santos.

10 am – 1 pm, *Palapa Society of Todos Santos* **LIBRARY & RINCON DE CUENTOS OPEN**.

5 – 8 pm, **FLIGHT NIGHT** at **La Bodega de Todos Santos**. Featuring Baja wine tasting, live music and tapas.

6 pm, **PASTA NIGHT** at Shut Up Frank's in Todos Santos.

tuesday

8:30 am – 1 pm, **LA PAZ FARMER'S MARKET** on calle Madero between 5 de Mayo and Constitución, La Paz.

9 am – 12 pm, **LA PAZ FARMER'S MARKET** at 5 de Febrero and the start of the malecón, La Paz.

1:15 pm, **FREE MEXICAN CULTURAL PRESENTATION** in easy Spanish. *Se Habla... La Paz* Spanish Language School, La Paz.

6 – 10 pm, '**ROCK AND TACO NIGHT**' at Chill n Grill in Todos Santos.

wednesday

7 am – 1 pm, **LOS CABOS ORGANIC MARKET** on Camino del Colegio, sn at the Pedregal, Cabo San Lucas.

9 am – 12 pm, **FARMER'S MARKET (Mercado Local)** at **La Esquina**, Todos Santos.

9:30 am – 2:30 pm, Basilfield **ORGANICS** on calle Márquez de León across from Alma's Tamales, Todos Santos.

10 am – 1 pm, *Palapa Society of Todos Santos* **LIBRARY & RINCON DE CUENTOS OPEN**.

5 – 8 pm, **BIG RED WEDNESDAY** at **La Bodega de Todos Santos** with live music.

thursday

8:30 am – 1 pm, **LA PAZ FARMER'S MARKET** on calle Madero between 5 de Mayo and Constitución, La Paz.

5 – 9 pm, **ARTWALK** in the San José del Cabo historic district. Takes place through the end of June.

6 pm, **STEAK NIGHT \$100 PESOS** at Shut Up Frank's in Todos Santos.

6 – 10 pm, **LIVE MUSICA MEXICANA** at Chill n Grill in Todos Santos.

friday

1st Friday of every month, RECYCLING at Multiservicios 'Miro' on calle Rangel. (#135 on TS Map). They accept plastic (unwashed is OK), paper, cardboard, glass, metal and electronics. Please separate materials. For more information: chambaretcat@mac.com

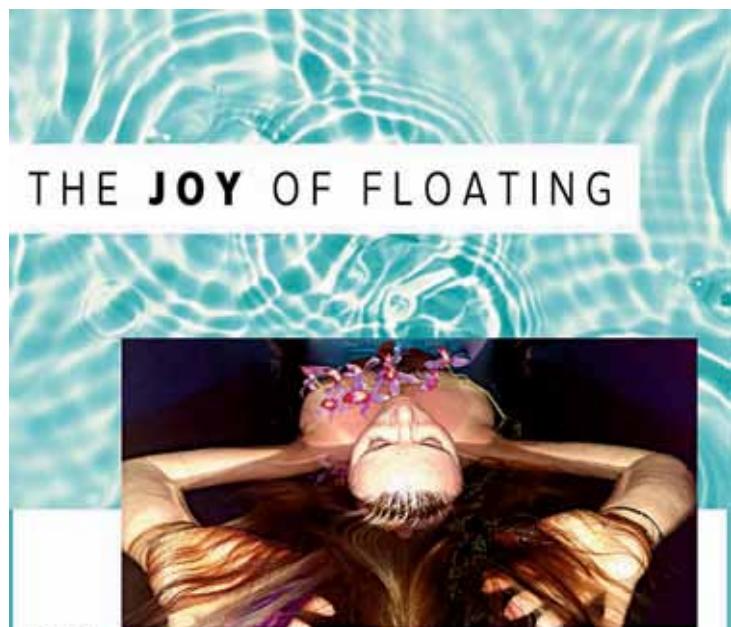
9:30 am – 2:30 pm, Basilfield **ORGANICS** on calle Márquez de León across from Alma's Tamales, Todos Santos.

10 am – 1 pm, *Palapa Society of Todos Santos* **LIBRARY & RINCON DE CUENTOS OPEN**.

3 X 2 PIZZAS at **Gallo Azul** in Todos Santos. Pay for two and get three pizzas.

6 pm, **ASIAN SPECIALTIES** at Michael's at the Gallery in Todos Santos.

WEEKLY EVENTS continued on page 23



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Photo by / foto por: Miguel Ángel de la Cueva
Facebook: Miguel Angel de la Cueva Nature and Conservation Photographer
email: mterraneo@hotmail.com
Books on the peninsula: Oasis de Piedra (1996) and La Giganta y Guadalupe (2011)

organic produce, fish and handicrafts. Says McKenzie, "The US and Canadian communities who live in Loreto are hungry for local produce so it's been quite successful. It is wonderful to see it all progressing so well."

McKenzie's next goal for Living Roots is to start a school for young *rancheros* aged 15 to 25 where they can learn the old technologies and merge them with the new. Courses are already underway in some schools, with living legends like Dario Higuera, featured prominently in *Corazon Vaquero*, teaching traditional leatherwork to kids in the local schools. The most popular items to make are wallets and cell phone covers.

Ranchero Culture

continued from page 12

hard for themselves. They don't need a lot to be happy. They inspired me to go back to school to get the tools to aid them in the transition to the modern world, to participate in the larger market around them."

Two years and one MBA later, McKenzie returned to BCS and founded Living Roots, a non-profit with the mission of "Helping an endangered culture adapt and thrive in the modern world." Focusing on San Javier, the site of one of the Jesuits' very first missions in BCS, McKenzie set about walking the delicate line between protecting *ranchero* values and traditions, while connecting *ranchero* families directly to the marketplace. "They grasped immediately that they had a brand-able concept, but they didn't see that some of their everyday items like ropes and jackets had market value, and we were able to help them see and capture some of that value." In 2013 Living Roots helped the *rancheros* establish a cultural center in San Javier that connects them directly with their public. Not only does this place serve as a market for ranch products, but it's now the base station for many young *rancheros* who are being trained as guides in order to lead interpretive hikes around the area. In 2014 Living Roots and its *ranchero* partners also started a farmer's and artisan's market in Loreto that sells

INTO THE FUTURE

35-year-old Rogelio Rosas knows the value of learning traditional skills from his ranching elders. As a child he lived with his grandparents on the family ranch in San Dionisio in the Sierra de la Laguna mountains. Every day he would work alongside his grandfather, learning how to identify and use the 80 edible wild plants that grow in BCS, including those with medicinal properties. By the time he was 10 he was helping his grandfather deliver babies and heal the sick throughout the area. When his grandfather died at the age of 116 (leaving 35 children fathered with 5 wives) Rogelio felt compelled to enroll at a seminary in Tijuana. But he didn't find the answers he expected there, so he joined up with some missionaries and spent the next 6 years traveling throughout Baja, using the healing arts learned from his grandfather to help children around the peninsula.

Rogelio found this work rewarding, but he still wasn't finding the answers he was seeking. So at the age of 28 he moved to La Paz to study philosophy at UABC, the first member of his family to attend college. While there, he met McKenzie and Fermín who were in the alternative tourism arena, so he added tourism to his list of degrees. By this time Rogelio's **RANCHERO CULTURE cont. on page 44**

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EVENTS

continued from page 20

february 2015

February 1-8 | FESTIVAL DE ARTE TODOS SANTOS—usually takes place the first week in February in the town plaza.

February 7 & 8 | 6TH ANNUAL OPEN STUDIO TOUR in Todos Santos. This year the tour will be 2 days. For more information: <http://artistoftodossantos.com/>

FESTIVAL DE CINE DE TODOS SANTOS, dates TBD. For more information: www.todossantoscine.org/

march

March 15 | 9:30 am – 3 pm, TODOS SANTOS HISTORIC HOME TOUR. Ticket sales from 9:30 am to 2 pm. Tour times from 10 am to 3 pm. Tickets can be purchased by email at thepalapasociety@yahoo.com or on the day of the event.

may

GASTROVINO FESTIVAL in Todos Santos, dates TBD. For more information: <http://www.gastrovino.mx/>

EVERY WEEK continued from page 21

saturday

8 am – 12 pm, **LOS CABOS ORGANIC MARKET** on Camino del Colegio, s/n at the Pedregal, Cabo San Lucas.

8:30 am – 1 pm, **LA PAZ FARMER'S MARKET** on calle Madero between 5 de Mayo and Constitución, La Paz.

9 am – 3 pm, **SAN JOSÉ DEL CABO ORGANIC MARKET** (Mercado Organico) just outside the San José historic district in Huerta María on the Camino a Las Animas. Look for the signs at the big arroyo off Avenida Centenario.

3 pm, **TODOS SANTOS WEEKEND** with Wendy Rains radio program on 96.3 Cabo Mil FM.

9 am – 12 pm, **LA PAZ FARMER'S MARKET** at 5 de Febrero and the start of the malecón, La Paz.

10 am – 1 pm, *Palapa Society of Todos Santos* **LIBRARY & RINCON DE CUENTOS OPEN**.

6 pm, **ASIAN SPECIALTIES** at Michael's at the Gallery in Todos Santos.

HAPPY HOUR

Gallo Azul, M T W Th F Sa 3 – 6 pm,
2x1 beer and margaritas.

Hotel Casa Tota, Su M T W Th F Sa 3 – 6 pm,
2x1 beer and well drinks.

Shut Up Frank's **M W Th F 2 – 5 pm**, Food and drink specials.

La Esquina M T W Th F Sa 5 – 6 pm,
2x1 beer, wine and margaritas.



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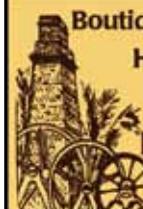
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Mula Mil continuó de página 14

para Eve Ewing, quien participó en la expedición original hace más de 50 años, fue una oportunidad para hacerlo de nuevo. Así que, a los 76 años, Eve también se unió a la aventura en partes del viaje.

Leslie escribió en su blog, wrrldgrrl.com que tenían cuatro metas: 1) recrear con éxito la Expedición Meling de 1963/64 a manera de tributo en su quincuagésimo aniversario, 2) producir un tomo de lujo ilustrado de fotografías e historias que cubrieran ambas expediciones, 3) celebrar a la gente y a los pueblos de Baja California y así promover el turismo en Baja California y en Baja California Sur, México, 4) crear conciencia y recabar fondos para sus tres asociaciones sin fines de lucro favoritas: *Coins for Classrooms* (Monedas para Aulas), *Living Roots Baja* (Raíces Vivientes Baja) y la cooperativa pesquera de mujeres *Mujeres del Golfo*. Las metas personales de Leslie eran "querer ser uno con la tierra sobre la cual estaba andando, montando y durmiendo. Quería tiempo para reconectarme conmigo misma."

El 4 de noviembre del 2013 en San José del Cabo, BCS,

comenzaron lo que sería un viaje de cuatro meses al norte hacia Tecate, BC; lleno de retos, historias coloridas y aventuras todo el camino. Los jinetes pudieron cubrir de ocho a quince millas al día, dependiendo de las condiciones o de obstáculos imprevistos. Para finales de noviembre estaban en San Javier, BCS, a tiempo para el gran festival anual del pueblo con carreras de caballos y peleas de gallos y se unieron a los cientos de jinetes que se apersonaron para la gran Cabalgata el 2 de diciembre. Montando desde las afueras del pueblo hasta la Misión.

Aunque había muy poca comunicación con el mundo exterior, como también entre ellos cuando estaban aislados del mundo, Olivia mantuvo un blog tan frecuentemente como le era posible y Leslie también tenía su blog y estaba a cargo de la página de Facebook de La Mula Mil y de la fotografía; de modo que la gente podía estar al tanto de su progreso y leer sus historias. Uno de los primeros blogs de Olivia cuenta cómo tenían que colocar toda su comida en los árboles de mezquite en sus campamentos

para que los jabalíes no se la comieran. Quienquiera que llegara primero al sitio de campamento era responsable de armarlo. En cierto momento, las mulas de Don Nacho se habían escapado y las damas procedieron audazmente sin él por un par de días en senderos desconocidos mientras él intentaba juntar a las mulas.

Comían bastante bien, siendo los platillos favoritos las tostadas de mole de pollo, los tamales de pollo, frijoles y ensaladas. La gente amable de las diferentes aldeas por las que pasaban les traía ingredientes frescos y con frecuencia los invitaban a cenar.

Cuando te pones a pensar en las pruebas físicas, las tribulaciones y las responsabilidades con las que cuatro damas en mula estaban lidiando, te podrías preguntar cómo les fue emocionalmente. Fueron muy sabias respecto a cómo manejaron ese aspecto y respecto al trato que tuvieron entre ellas. Cada lunes por la tarde, formaban un círculo para "tocar base," mismo que le permitía a cada persona expresar cómo se estaba

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sintiendo; bien o mal, y cómo trabajar los asuntos que requerían soluciones.

En ocasiones hacía frío, había neblina y llovizna, pero ellas se hicieron "cuero fuerte," a veces sin mucha agua para ellas mismas o sin mucho alimento para las mulas. Varios investigadores las acompañaron en diferentes partes del viaje. Para mediados de junio, estaban a mitad del camino y Leslie tenía gripe y tuvo que quedarse en San Ignacio, BCS durante un par de semanas antes de reunirse con el grupo. Cambiaron mulas a veces y tenían que llevarlas de vuelta a sus hogares. Trudi también contó una gran historia acerca de tener que pedir aventón a casa después de montar, con siete mulas, esperando a que llegara el tráiler correcto; lo que tomó tres días.

Aunque en el camino hubo algunos huéspedes que pagaron, para finales de febrero los gastos se elevaron más de lo esperado y se hizo un llamado con el fin de recabar fondos para mantenerlos avanzando y para ayudar a pagar la manutención de su equipo. Aparecieron donadores y pudieron terminar su viaje. Para el 12 de marzo la cabalgata había terminado. Hubo una alegre reunión en el Rancho Ojai en Tecate con algunos miembros de la expedición de hace 50 años, quienes no se habían visto desde entonces.

Harlaron de cómo fueron conmovidos por el apoyo y por la hospitalidad de los rancheros del campo y de los guías. Hasta sus esposas ocasionalmente los acompañaban montando a caballo. ¿Lo haría de nuevo? "¡Sí!" dijo Trudi. "Pero creo que esperaré dos años, para cuando tenga 62."

Te preguntarás por qué hacer semejante cosa. Trudi y Leslie desean que la gente vea que el mundo no es tan de miedo como se nos hace creer que es. Es su esperanza que los humanos podamos reconocer la humanidad de los demás y que aprendamos a disfrutar el mundo fuera de nuestros propios límites, tanto físicos como emocionales. Leslie lo dijo mejor: "Mientras más voy 'afuera' al reino físico, más descubro acerca del 'dentro' de mi misma en el reino espiritual."

Tal como cuentan que Helen Keller dijo: "La vida es una aventura atrevida, o no es nada." ¡Me quito el sombrero ante las valientes damas de La Mula Mil!

Wendy Rains goza de diferentes carreras como diseñadora arquitectónica internacional, diseñadora de modas, periodista y anfitriona del show en la radio "Weekend with (fin de semana con) Wendy, los sábados a las 3 pm en Cabo Mil 96.3 FM.

¿Interesado en una aventura en mula? Visita el sitio web de Trudi http://www.tourbaja.com/horseback_riding_pack_trips_baja_california_mexico.php

La Mula Mil

<https://www.facebook.com/LaMulaMil>

Coins for Classrooms

<https://www.facebook.com/CoinsForClassrooms>

Living Roots Baja

<http://www.livingrootsbaja.org/>

Mujeres del Golfo

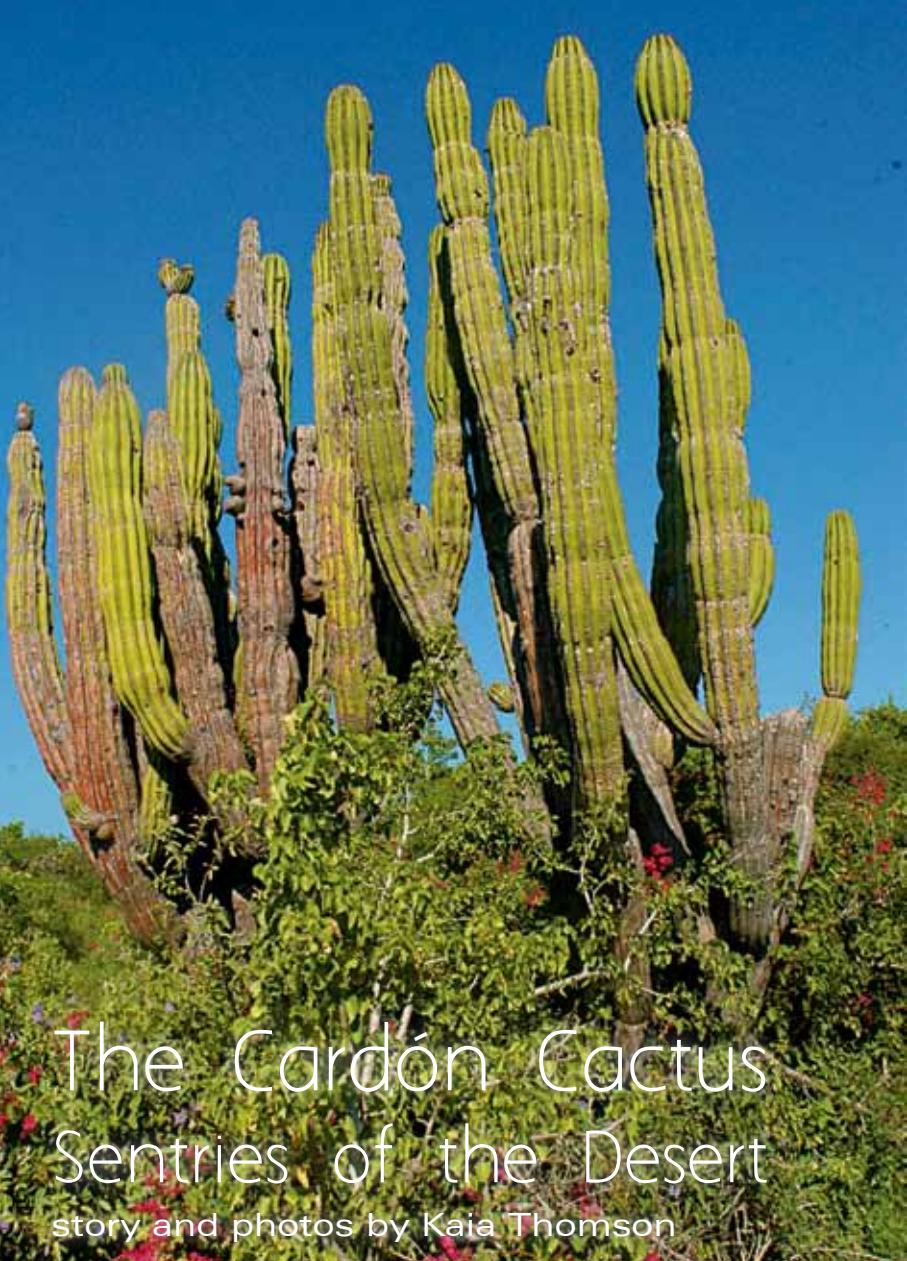
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The Cardón Cactus Sentries of the Desert

story and photos by Kaia Thomson

Pachycerus pringlei

The Cardón cactus (*Pachycereus pringlei*) is the world's largest cactus. These massive sentries of the desert grow to nearly 21 meters (70 feet) high and weigh up to 25 tons. Nearly endemic to the deserts of the Baja California peninsula they were named for their thick (*pachy*) and waxy (*cerus*) skin by Cyrus Guernsey Pringle (1838-1911).

During Pringle's botanical surveys, lasting about 35 years, of the north and northwestern portions of North America in 1884, under the auspices of the Smithsonian Institution, he contributed to herbaria over 500,000 specimens, embracing some 20,000 species, 12 per cent of which were new to science. With 26 years of this survey focusing on field work in Mexico, the *Mexican Herald* referred to him as one of the most brilliant and scholarly men ever to grace Mexico with his presence.

Commonly known as cardón, meaning "thistle" in Spanish, this species may have earned its name when Hernando Cortes attempted to establish a settlement in Baja in 1535 when this territory was named Isla de Cardón, because at that time, it was believed the peninsula was an island.

THE CARDON continued on page 46

El Cactus Cardón Centinelas del Desierto

Historia y fotografía de
Kaia Thomson
traducido por
Elena Ascencio Ibañez

Pachycerus pringlei

El cactus Cardón (*Pachycereus pringlei*) es el cactus más grande del mundo. Estos masivos centinelas del desierto crecen hasta casi 21 metros de alto y pesan hasta 25 toneladas. Casi endémicos de los desiertos de la península de Baja California, fueron nombrados por su piel gruesa (*pachy*) y encerada (*cerus*) por Cyrus Guernsey Pringle (1838-1911).

Durante los levantamientos botánicos de las porciones noroeste de Norteamérica que realizó Pringle, mismos que duraron unos 35 años, en 1884 y bajo el auspicio del Instituto Smithsoniano, contribuyó a la herbaria más de 500,000 especímenes, abarcando unas 20,000 especies, de las cuales el 12% eran nuevas para la ciencia. Con 26 años de este levantamiento enfocándose en trabajo de campo en México, el *Heraldo Mexicano* se refirió a él como uno de los hombres más brillantes y escolares que jamás hayan agraciado a México con su presencia.

Comúnmente conocido como cardón, en relación con "cardo," esta especie tal vez se haya ganado su nombre cuando Hernán Cortes intentó establecerse en la Baja en 1535 cuando este territorio se llamaba Isla del Cardón porque en aquel tiempo se creía que la península era una isla.

Por muchos siglos (algunos especímenes viven por más de 400 años) el cardón se ha adaptado a las condiciones de vida áridas en los desiertos sonorenses de México. La forma de columna y su estructura como de acordeón generalmente ofrecen una mayor superficie hacia la luz del sol de la mañana y de la tarde, y menos hacia el sol directo del medio día; esto ayuda a los cactus a conservar agua en un ambiente duro y semiárido.

El cardón es una planta que realiza la fotosíntesis a través de su piel y no a través de hojas. Este método de fotosíntesis lo comparte el cardón con muchas cactáceas y suculentas que habitan las áreas secas del mundo. Células epidérmicas modificadas realizan la labor de convertir la luz del sol en energía, reduciendo la pérdida de agua durante la fotosíntesis. Los estomas en estas plantas se abren solamente después

EL CACTUS CARDÓN cont. en pág. 47

THE BAJA SKY

by Roc Fleishman

Photo: Kaia Thomson

Welcome to the summer 2014 edition of *El Cielo*, highlighting the more visible movements of heavenly objects above Baja California Sur from June through the middle of October.

JUNE

- 7th Moon and Mars together all evening.
- 8th Earliest sunrise of the year.
- 24th Crescent moon rises with Venus at 5 am (in the east).
- 20th Summer Solstice 4:51 pm, sun reaches maximum declination of 23.435° north.
- 28th First chance to see new moon.

Star notes: Omega Centauri is a great fuzzy ball at 18° of altitude in the south (southwest at the end of June) at sunset—a great binocular or telescope target.

JULY

- 3rd Latest sunset of the year.
- 5th Quarter moon visible close together with Mars and Spica, the brightest star in Virgo. The two stars get closer each night until the 8th.
- 7/8th Saturn accompanies the waxing gibbous moon from sunset to moonset.
- 10th Look for Mercury in the sunrise, just below Venus from the 10th to about the 20th.
- 27th Challenge to see new moon, much easier on 28th.

AUGUST

- 12th Perseid Meteor Maximum—Our usual big summer meteor shower runs from the later part of July until late August. The peak this year is supposed to be during the night of the 12/13th, still worth watching anytime but the dim ones will be washed out by the waning gibbous moon (bright) which rises about 9:30 pm.
- 25th Mars passes closest to Saturn tonight but they are still close together on the 31st when they are joined by the waxing crescent moon.
- 26th New moon visible.

SEPTEMBER

- 22nd Equinox at 8:29 pm, sun declination passes 0 degrees.
- 27th 3 day old crescent moon—beautiful with Saturn in the sunset.
- 28th Equilux—same length day and night.

OCTOBER

- 8th Total Lunar eclipse from about 3 to 6 am, darkest between 4:24 and 5:24 am. Probably not as dark as the last one, but always beautiful. There is also the peak of the Draconid meteor shower at the same time, so watch for meteors during the eclipse.
- 21/22 Orionid Meteor shower coming and no moon.

EL CIELO continued on page 39

Calendar of activities food drinks art galleries live music and dancing!



GOOD TIMES
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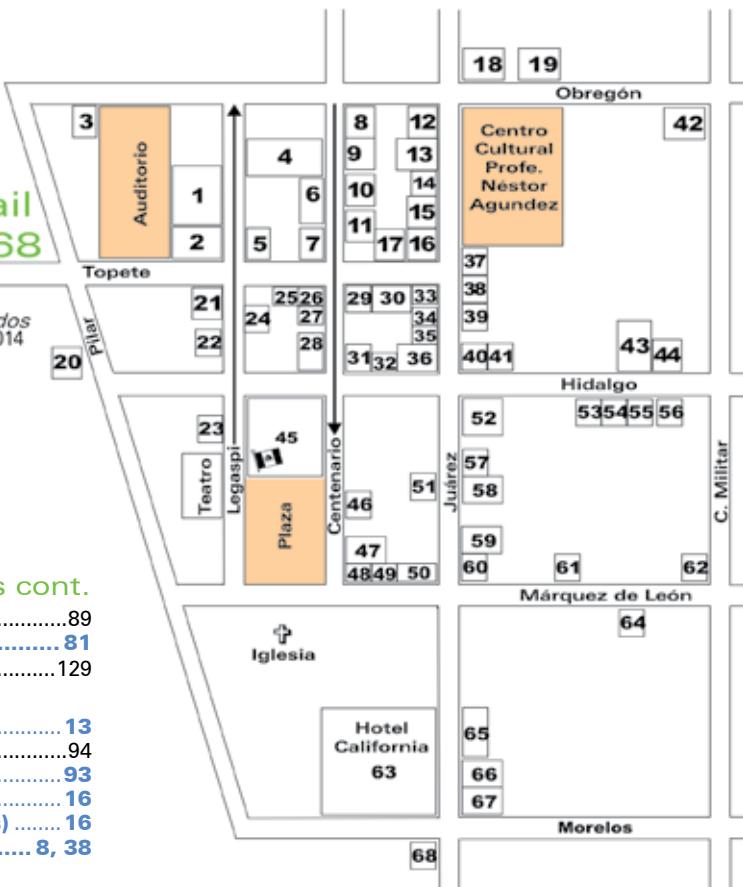
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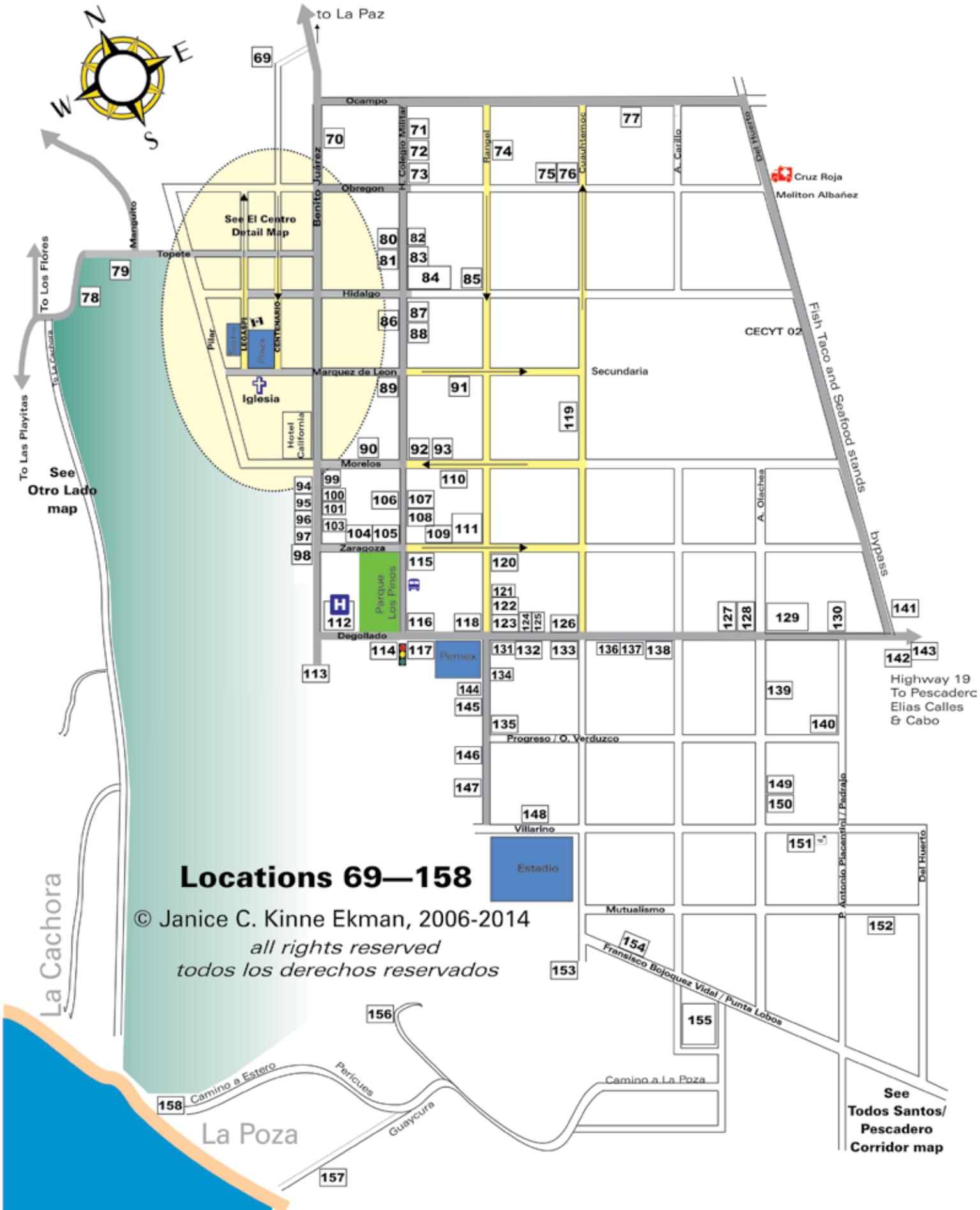
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VOCES DEL PUEBLO

by Janice Kinne

In this, our 15th issue, we were overwhelmed by the beautiful pictures contributed by so many talented photographers. Among the stunning photos in this issue are the cover shot of *Playa "El Coyote"*; the photographs accompanying our fascinating summer feature story, written by Bryan Jáurequi of **Todos Santos Eco Adventures**, on the heritage of the *ranchero* culture in Baja California Sur; and the photos accompanying the story on the adventures of *La Mula Mil*, a companion piece to our feature story, written by Wendy Rains. If you haven't had a chance to see the film *Corazon Vaquero* mentioned in "The Heart of the Matter," DVDs are available at **El Tecolote Bookstore** in Todos Santos and **Allende Books** in La Paz.

Visitors have been falling in love with Baja California Sur for years and many ask themselves the question, "Could I live here?" Then quite often, they will spend a day looking at homes and lots available in the area. There are many fine local real estate agencies to help with this search. The **Amerimex** family has called Todos Santos home for 30 years; **Dale Townsend** of **Ricardo Amigo Real Estate** has been in the local real estate business for 27 years; and **Coldwell Banker Riveras** has offices both in Todos Santos and Cabo San Lucas, providing real estate and closing services.

In this issue, we profile three different independent local realtors: **Pescadero Properties**, **Pescadero Surf Properties**, and **AATyF**. We tell their stories of how they came to be here and their areas of expertise. Each of these real estate offices serve their own unique niche market, and are happy to work with other local realtors.

Looking for an exclusive escape? The luxurious homes and condominiums at **Copala at Quivira Los Cabos** are

carefully designed to complement and enhance the landscape. Copala melds luxury living with contemporary Mexican decor and upscale finishing touches. Take a tour and get a sneak peek at the newest golf course in Los Cabos.

This issue's Art Talk was written by artist Doug West. You can view his recent paintings at **Galería Logan** in Todos Santos.

There are still lots of things going on this summer—live music, surf competitions for men, women, and even dogs! Check out our schedule for upcoming events in this issue and on our website.

The 4th annual Junior Lifeguard /Sea Turtle camp will take place this July. Scholarships are available for local children. You can sponsor a local child or volunteer to help. Visit www.todostortugeros.org for more information.

Carnitas Uruapan is having a monthly 'Cine y Cena,' showing a Mexican film (with English subtitles) and serving delicious dinner specials. **Pizzeria Gallo Azul** has 3 for 2 pizzas on Fridays, and happy hour every day from 3 to 6 pm. **Restaurant Fonda El Zaguan** has been serving fresh seafood for over 13 years. Take a look at their new website, fondaelzaguan.com, for photos, reviews, directions, and the menu. **Pura Vida** now has a soup and salad bar, with daily homemade specials.

The **Hotelito**, with a/c and salt water swimming pool, is offering special summer rates for the months of June, July, and August.

Lola's Yogurt Bar is now open in Todos Santos with soft serve yogurt and lots of tasty toppings. Their original location is on the *malecón* in La Paz, between 16th de Septiembre and *callejón* La Paz. Stop in for a cool treat!

Speaking of cool treats, **Vicbi's** serves homemade ice creams in delicious flavors, like mango. They are located at the south end of Todos Santos, in front of the ice factory.

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Saint Luke's Clinica de Urgencias

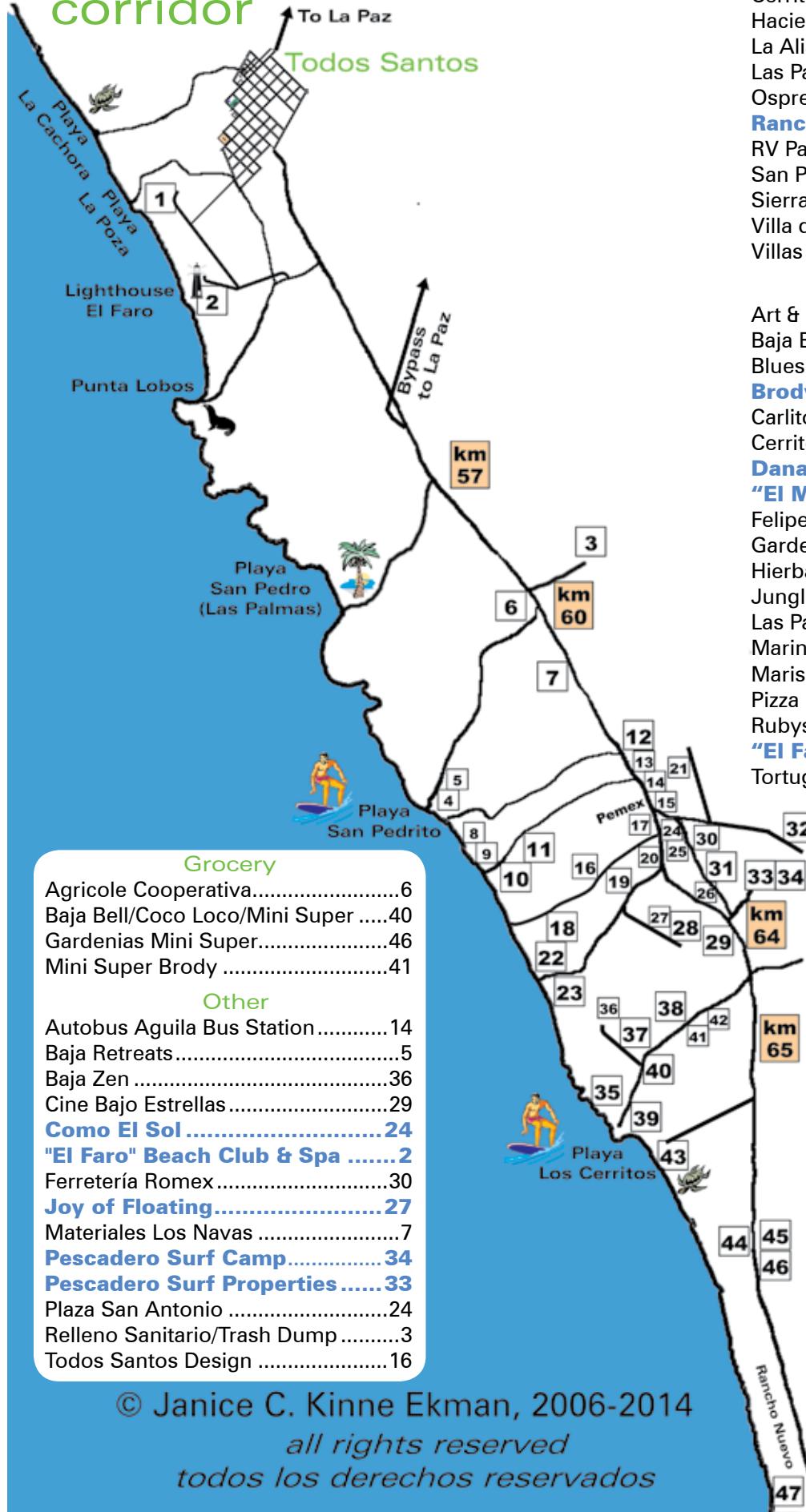
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todos santos—el pescadero corridor



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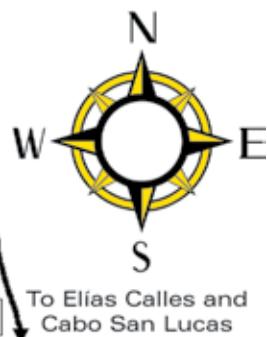
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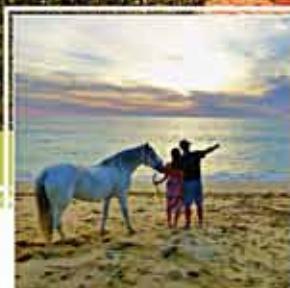
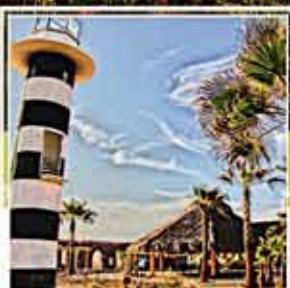


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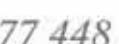

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beaches PLAYAS

by Janice Kinne

Todos Santos lies inland along the rugged Pacific coast. There are miles of beautiful white sand beaches accessible down unmarked dirt roads.

This stretch of the Pacific Ocean is a very dangerous place to swim at any time of the year. Strong rip currents and backwash are common. People have drowned in waters near Todos Santos simply because they were too close to the ocean while on beaches with steep drop-offs. PROPLAYAS Todos Santos A. C. have placed warning signs at the most dangerous beaches and have lifeguards on duty daily from 9 am to 5 pm at Los Cerritos Beach.

You can access the **LA POZA** and **LA CACHORA** beaches via the La Cachora road. Both are suitable for walking, fishing, whale watching, relaxing or sunbathing. They are not swimming beaches. Because of the big waves breaking on the shore, La Cachora beach has become popular with skim boarders.

La Poza has a large freshwater lagoon that is great for bird watching.

When the lagoon is full, exercise extreme caution, especially if it has begun to overflow. People have drowned at La Poza beach in front of the mouth of the lagoon when the dune has broken and the lagoon flowed into the ocean.

- Do not attempt to surf or boogie-board the overflow.
- Do not swim in the lagoon when it is close to overflow; do not walk or drive across the mouth of the lagoon if it is even close to overflow.
- If you are going to swim in the lagoon be very careful. The lagoon may appear to be shallow, but has many sudden drop-offs and is actually very deep.

PUNTA LOBOS, named for a sea lion colony, is also known as the fisherman's beach. Simply follow Calle Francisco Bojorquez Vidal (formerly calle Punta Lobos) south out of town, or turn off at km 54 from highway 19. You will pass an old cannery from the days when fisherman could harvest sea turtles legally. There is a small freshwater lagoon at Punta Lobos with a shrine to the virgin.

The fishermen ride their panga boats on the waves onto the beach between 1 and 3 pm. Their return is exciting to watch and you can usually buy fresh fish from the cooperatives.

The two fishing cooperatives have exclusive rights to the "launch zone" at Playa Punta Lobos. For reasons of safety and due to past problems, boat launching at Punta Lobos is not permitted without their express permission.

The only recommended swimming beaches are outside of Pescadero. **SAN PEDRO**, also known as **PALM BEACH** (*Playa Las Palmas*) is near km 57. Its entrance is across highway 19 from the Campo Experimental—stay to the left as you pass the abandoned hacienda. Las Palmas is a beautiful, secluded beach surrounded by a palm grove with a fresh water lagoon that is home to a variety of plants, birds, and wildlife.

Due to strong currents (especially near the rocky point), swimming is safer 50 meters from the rocks (Swim with caution and always have a land reference). The property surrounding Palm Beach is privately owned. The gates are open from 6 am to 9 pm daily. Car break-ins have been reported at Palm Beach. Leave your valuables at home!

PLAYA SAN PEDRITO is a rocky surfing beach around km 60, about 4.6 miles (7.4 km) from Todos Santos. There is a large San Pedrito RV Park sign at the entrance off the highway. (The trailer park is closed but usually open to cars.)

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Beaches

continued from page 34

PLAYA LOS CERRITOS is located at km 64 about 8 miles (12.8 km) south of Todos Santos. Look for the turnoff after the hill, south of Puente El Pescadero. Los Cerritos is a popular spot for surfing, boogie boarding, swimming and fishing. Swim with caution due to strong riptides near the rocks. It is recommended to stay at least 50 meters from the rocks. The most secure swimming area is in front of the restaurant/bar. (Swim with caution and always have a land reference). There is a long stretch of beach to the south that is perfect for walking or running. Surfboard rentals and other services are available.

Baja Zen #36 on the Pescadero map, offers morning and evening yoga classes overlooking Playa Los Cerritos.

Collins Surf provides surfing lessons and board rentals at Playa Los Cerritos. Call for information.

La Sirena Eco-Aventuras, #150 on Todos Santos map, provides kayak and snorkeling tours, fishing trips, beach shuttle, surfing lessons, surfboard and boogie board rentals.

Mario's Surf School provides surfing lessons, board rentals, repairs and accessories. Call for information.

Pescadero Surf Camp, #34 on the Pescadero map, provides surfing lessons and surfaris.

San Pedrito Surf Hotel, #9 on the Pescadero map, offers board rentals and surf lessons.

Todos Santos Eco Adventures, #157 on the Todos Santos map, offers surfing lessons, fishing trips, guided cliff and beach walks, bird-watching at the lagoon, swimming with sea lions, and whale watching in Magdalena Bay.

Surf reports: checkout Baja under Mexico at www.wetsand.com/swellwatch

There are no restrictions for beach fishing at any beaches. Please respect our beaches and help protect the sea turtles, don't leave trash or drive on the dunes or beaches.

Voces

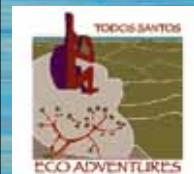
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Brody's Pizza in Los Cerritos now has delivery to your home in Cerritos and Pescadero.

We'd like to say a big thank you to all our contributors—writers, photographers, translators, and especially our advertisers—who have helped make our third season the most successful thus far. We continue to receive rave reviews every issue; resorts, locals, and clients ask for the **Journal del Pacifico** by name in La Paz and Cabo. Don't forget, you can also view every issue online at journaldelpacifico.com, and follow us on Facebook at Journal del Pacifico. We'll be back working on our fall issue in September!

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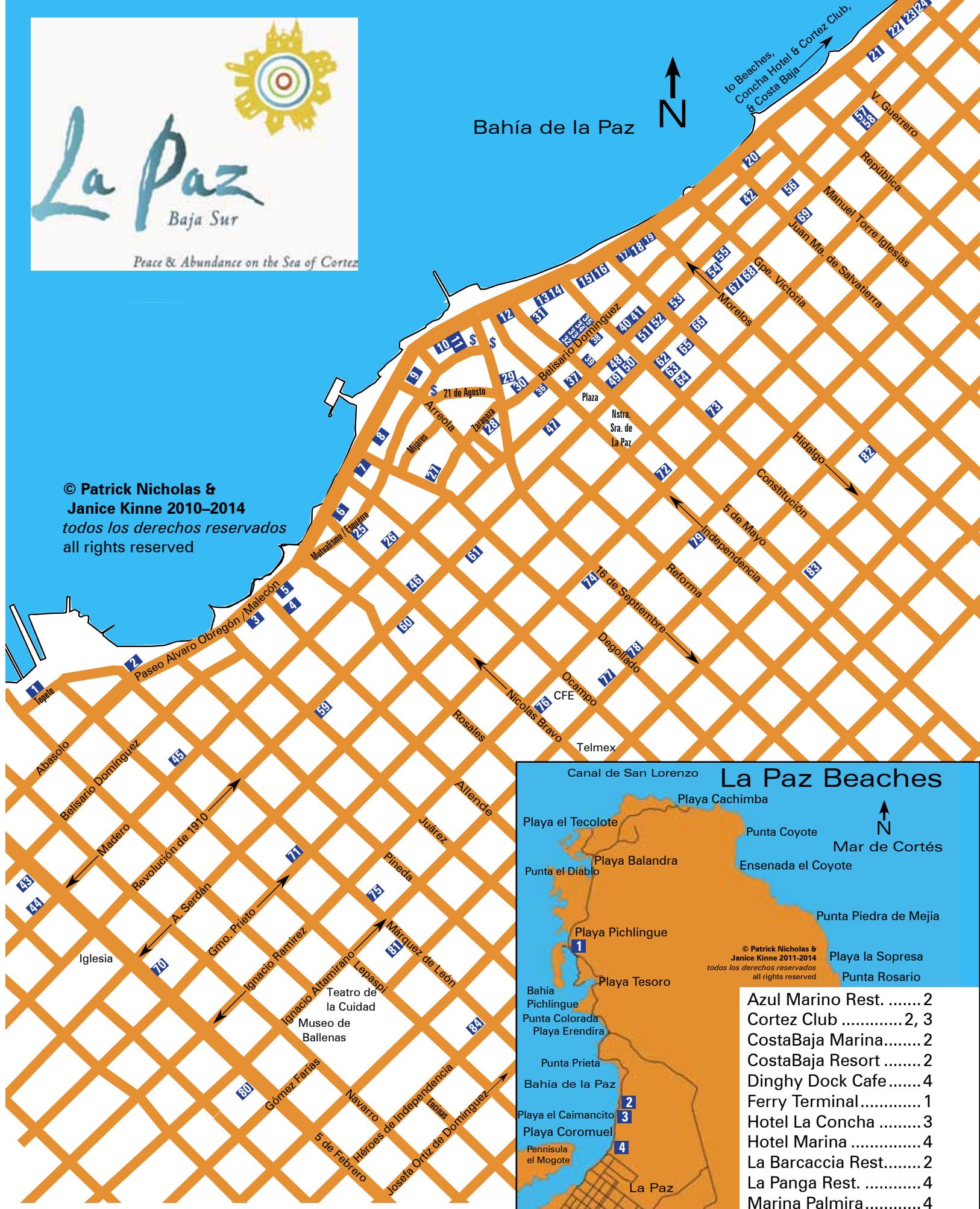


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La Paz Beaches

by Janice Kinne

photo by Sandra Muñoz

The *malecón* along the bay of La Paz is the perfect place to walk, run, people watch or enjoy gazing across the water. Crews clean the beaches and walkways daily, fresh sand has been imported and there are *palapas* to offer shade. Locals and tourists visit the beaches north of downtown to swim, snorkel, or kayak. There are several adventure companies along the *malecón* and at the marinas offering panga rides, bay and island cruises, snorkeling, scuba diving, fishing, sailing and kayak rentals.

EL MOGOTÉ is the spit of land that separates the harbor of La Paz from the *Bahía de La Paz*. This natural treasure used to be, for the most part, accessible only with 4WD. Now driving onto the peninsula is restricted due to the construction of golf courses, homes and hotels.

PLAYA EL COROMUEL (4.5 km): is the first beach north of town and an easy walk from downtown. It is within the harbor boundaries, has shaded *palapas* and food / beverage services. The water here gets much better flow with the tide change and is suitable for swimming. The bottom is clean sand and rock. Snorkeling is good further out.

PLAYA EL TESORO (approx. 13 km): is a great little beach for children. The shallow, clear waters allow you to walk out for close to 100 meters. Tesoro has about 25 shaded *palapas*, two small restaurants and kayak rentals.

PICHILINGUE (19 km): Home to the La Paz ferry terminus and a large commercial harbor. There are pleasant, small beaches just north of the deep water port, on the *Vieja Bahía de Pichilingue*. Beachfront food and beverages service and kayak rentals are available and there is a restaurant with an upstairs view. The *palapa* bar is popular in the hot summer afternoons.

PLAYA BALANDRA (23 km): is known for its famous balancing rock formation landmark that resembles a prehistoric mushroom. You can view the rock formation and *playa El Hongo* by walking in the water around the cliff to your right. The large beach and surrounding area are beautiful. The waters surrounding Balandra are shallow and safe for children. Sheltered from wave action from nearly every direction, the water warms early and is very safe for swimmers and kayaking. There are also several little beaches (coves) and mangroves to explore. The beach has no services, so pack your own lunches and drinks for the day. There are vendors renting chairs, selling fruit and drinks, beach *palapas* for shade and BBQ pits to the south.

PLAYA EL TECOLOTE (26 km): is by far the largest and most visited beach in La Paz. Two restaurant/bars offer shade *palapas* and a large number of beach vendors offer refreshments. RV camping is available, along with a wide variety of water sports rentals. Usually there are no lifeguards on duty, but they may be present during *la semana santa* and in the summer. The beach has a beautiful view of Isla Espíritu Santo and panga rides to the island are available—a 6.5 km crossing across the San Lorenzo channel. Bus service from the station on the *malecón* to playa El Tecolote is available for a nominal charge.

Sting rays are the biggest hazard at the playas and tend to be present on the bottom in shallow waters during the summer. When walking in the water, shuffle your feet on the bottom to avoid stepping directly on a resting ray.

Artist's Bio

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She collaborates on the website saboreslapaz.com.mx, which has the goal of promoting La Paz's restaurants, bars, and cafés. She also supports, participates in, and promotes activities to protect the environment and benefit the community. When asked, Sandra always says, "La Paz has conquered me with its beautiful landscapes, its warm people, and its quality of life... very few people have the privilege of enjoying this."



photo by Sandra Muñoz

She is a straightforward photographer, with a great love of her profession. Part of her portfolio can be appreciated on her website, www.sandramunoz.com.mx

For more information, you may contact Sandra directly.

Phone: (612) 129-3003, Cel: (612) 103-8613

Email: sandra.munoz@me.com

Facebook: SandraMunoz.Fotógrafo

El Cielo

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For more information on any of the above subjects, check out the web links below. To arrange a star party or for other astronomical questions, call me on my cell phone 612 348 5468, or visit my office in Plaza Antigua—upstairs, unit #9—**Pescadero Properties**, #16 on the Todos Santos map.

LINKS OF INTEREST:

COMETS: <http://www.aerith.net/index.html>

TROPIC OF CANCER: http://en.wikipedia.org/wiki/Axial_tilt#values or http://en.wikipedia.org/wiki/Circle_of_latitude

ZODIACAL LIGHT: http://en.wikipedia.org/wiki/Zodiacal_light

TIME: <http://www.time.gov/> and <http://www.worldtimeserver.com/>

SATELLITES: <http://www.heavens-above.com/> user "elcalendario", password - none

WEEKLY SKY REPORT:

<http://www.griffithobs.org/skyreport.html>

SATURN: <http://saturn.jpl.nasa.gov/home/index.cfm>

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junio

4 de Junio | 6 pm, 'CINE Y CENA MEXICANA' en Carnitas Uruapan en Todos Santos. Disfrute seis especialidades incluyendo el famoso pozole y las carnitas de Carnitas Uruapan, igual que ensalada y postre y vea una película mexicana con subtítulos en inglés. \$150 mn / \$12 usd, no incluye bebidas ni propina. Reservaciones después del 25 de mayo: zandra4baja@yahoo.com

14 de Junio | 8 a12 pm, MÚSICA EN VIVO con K-L Reggae en La Cueva Club / Pizzeria 3 Marias. Cover 50 pesos.

16 a 22 de Junio | LOS CABOS OPEN OF SURF 2015. Se lleva a cabo en la punta del lado derecho de Zippers en Cabo. Este año incluye la adición de un evento ASP 6-Star para mujeres. Para mayores informes: <http://loscabosopenofsurf.com>

29 de Junio | 9:30 am a 12:30 pm, COMPETICIÓN DE SURF PARA PERROS

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julio

15 a 18 de Julio | 4º ANUAL SALVAVIDAS JUNIOR / CAMPAMENTO TORTUGUERO / SESIÓN 1

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gas marinas 19 de Julio.

Sesión #2 Julio 22 a 25 (Martes a Viernes), 10 am a 3 pm con acampar tortugas marinas 19 de Julio.

Este programa acuática está dirigido a jóvenes entre 8 y 18 años de edad. Los participantes reciben instrucción básica en la seguridad en la playa y el mar, flotación, natación, talleres de kayak, snorkel, y boogie board y surf. Los participantes terminan el curso con un noche de acampar buscando tortugas marinas. BECAS disponible. Para información: Francesca (612) 145-0353. Registración: www.todostortugeros.org

9 de Julio | 7 pm, 'CINE Y CENA MEXICANA' en Carnitas Uruapan en Todos Santos. Disfrute dos margaritas grandes y antojitos deliciosos y vea una película mexicana con subtítulos en inglés. \$180 mn, no incluye propina. Reservaciones después del 1 de julio: bajazebra@gmail.com

agosto

1 a 2 de Agosto | a partir de 10 am, FESTIVAL DE LOS MANGOS en el Otro Lado en Todos Santos enfrente de los Bomberos.

3 de Agosto | a partir de 11 am, FESTIVAL DE LOS MANGOS en la plaza pública de Todos Santos.

6 de Agosto | 7 pm, 'CINE Y CENA MEXICANA' en Carnitas Uruapan en Todos Santos. Disfrute las fajitas famosas (pollo o carne) del Chef Raul con 1 cerveza, copa de vino o refresco y vea una película mexicana con subtítulos en inglés.. \$180 mn, no incluye propina. Reservaciones después 25 de julio: bajazebra@gmail.com

septiembre

15 a 16 de septiembre | FESTIVALES PATRIAS—Grito de Independen-

cia / Día de la Independencia.

octubre

9 a 12 de Octubre | FESTIVALES TRADICIONALES DE TODOS SANTOS en la plaza pública de Todos Santos.

12 de Octubre | La Paz a Todos Santos CABALGATA, terminando en la plaza pública de Todos Santos.

noviembre

16 de Noviembre | 6º ANUAL FESTIVAL DE ARTES en San Antonio. Todos los artesanos están invitados a participar. Ningún alimento por favor. Póngase en contacto con: Maryzonia, creazonya@yahoo.com, 612-119-7668

29 de Noviembre | 9 am a 12 pm. LA SOCIEDAD DE PALAPA DE TODOS SANTOS A.C. ANUAL TIANGUIS. Todos los fondos recaudados se beneficiar la programa Beca, <http://palapasociety.org/>. Para mayores informes: Susan Doyle (612) 145-0821 o Roxanne Rosenblatt, caboroxy@aol.com, (612) 130-3162

diciembre

27 de Diciembre | LA SOCIEDAD DE PALAPA DE TODOS SANTOS A.C. POR QUE 5K Carrera en Todos Santos.

28 de Diciembre | WABI SABI EXHIBICIÓN de Gloria Santoyo Ruenitz en la Galería de Todos Santos.

28 de Diciembre | a 2 del Enero HEAVEN ON EARTH 2015 en Todos Santos. El tema de este año es la impresión en el barro de las artistas Jos Sances de Alliance Printing en Berkley, California y Pam Stefl Toki. Para mayores informes: Donna Billick rockartus@aol.com o (530) 219-5918.

EVENTOS continúa en página 45



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cada semana

Lunes

9:30 am a 2:30 pm, **FRUTA Y VERDURA ORGÁNICA** en Márquez de León enfrente de Tamales Alma, Todos Santos.

10 am a 1 pm, *Palapa Society* **BIBLIOTECA y RINCON DE CUENTOS ABIERTO**.

5 a 8 pm **DEGUSTACIÓN DE VINOS DE BAJA** en la **Bodega de Todos Santos**. Sirve una selección de tres vinos diferentes de Baja.

6 pm, **NOCHE DE PASTA** en Shut Up Frank's en Todos Santos.

martes

8:30 am a 1 pm, **EL MERCADO ORGÁNICO DE LA PAZ** en calle Madero entre 5 de Mayo y Constitución, La Paz.

9 am a 12 pm, **EL MERCADO ORGÁNICO DE LA PAZ** en 5 de Febrero y el malecón, La Paz.

6 a 10 pm, "NOCHE DE TACO Y ROCK" en Chill n Grill en Todos Santos.

miércoles

8 am a 12 pm, **EL MERCADO ORGÁNICO DE LOS CABOS** en Camino del Colegio, s/n entrada a Pedregal, Cabo San Lucas.

9:30 am a 2:30 pm, **FRUTA Y VERDURA ORGÁNICA** en Márquez de León enfrente de Tamales Alma, Todos Santos.

10 am a 1 pm, *Palapa Society* **BIBLIOTECA y RINCON DE CUENTOS ABIERTO**.

5 a 8 pm **MIÉRCOLES DE "BIG RED" VINOS** en la **Bodega de Todos Santos** con música en vivo.

jueves

8:30 am a 1 pm, **EL MERCADO ORGÁNICO DE LA PAZ** en calle Madero entre 5 de Mayo y Constitución, La Paz.

5 a 9 pm, **CAMINATA DEL ARTE** en San José del Cabo, en el centro de arte histórico. Todas las galerías que participan estarán abiertas hasta las 9 pm y muchas

tienen recepciones y eventos especiales. Noviembre hasta el fin de Junio.

6 pm, **NOCHE DE STEAK** \$100 pesos en Shut Up Frank's en Todos Santos.

6 a 10 pm, "MÚSICA MEXICANA" en Chill n Grill en Todos Santos.

viernes

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9:30 am a 2:30 pm, **FRUTA Y VERDURA ORGÁNICA** en Márquez de León enfrente de Tamales Alma, Todos Santos.

10 am a 1 pm, *Palapa Society* **BIBLIOTECA y RINCON DE CUENTOS ABIERTA**.

3 X 2 PIZZAS en **Gallo Azul** en Todos Santos. Compra dos pizzas y recibe tres.

6 pm, **ESPECIALIDADES DE ASIA** en Michael's at the Gallery. Requiere reservación.

sábado

8:30 am a 1 pm, **EL MERCADO ORGÁNICO DE LA PAZ** en calle Madero entre 5 de Mayo y Constitución, La Paz.

9 am a 3 pm, **EL MERCADO ORGÁNICO** en San José del Cabo está ligeramente afuera del distrito de arte histórico en la Huerta María en el Camino a las Ánimas. Busque la señal para el gran arroyo junto a la Avenida Centenario.

9 am a 12 pm, **EL MERCADO ORGÁNICO DE LA PAZ** en 5 de Febrero y el malecón, La Paz.

10 am a 1 pm, *Palapa Society* **BIBLIOTECA y RINCON DE CUENTOS ABIERTO**.

3 pm, **TODOS SANTOS FIN DE LA SEMANA** con Wendy Rains programa de radio en 96.3 CaboMil FM, ó lo puede escuchar en www.cabomil.com.mx

6 pm, **ESPECIALIDADES DE ASIA** en Michael's at the Gallery. Requiere reservación.

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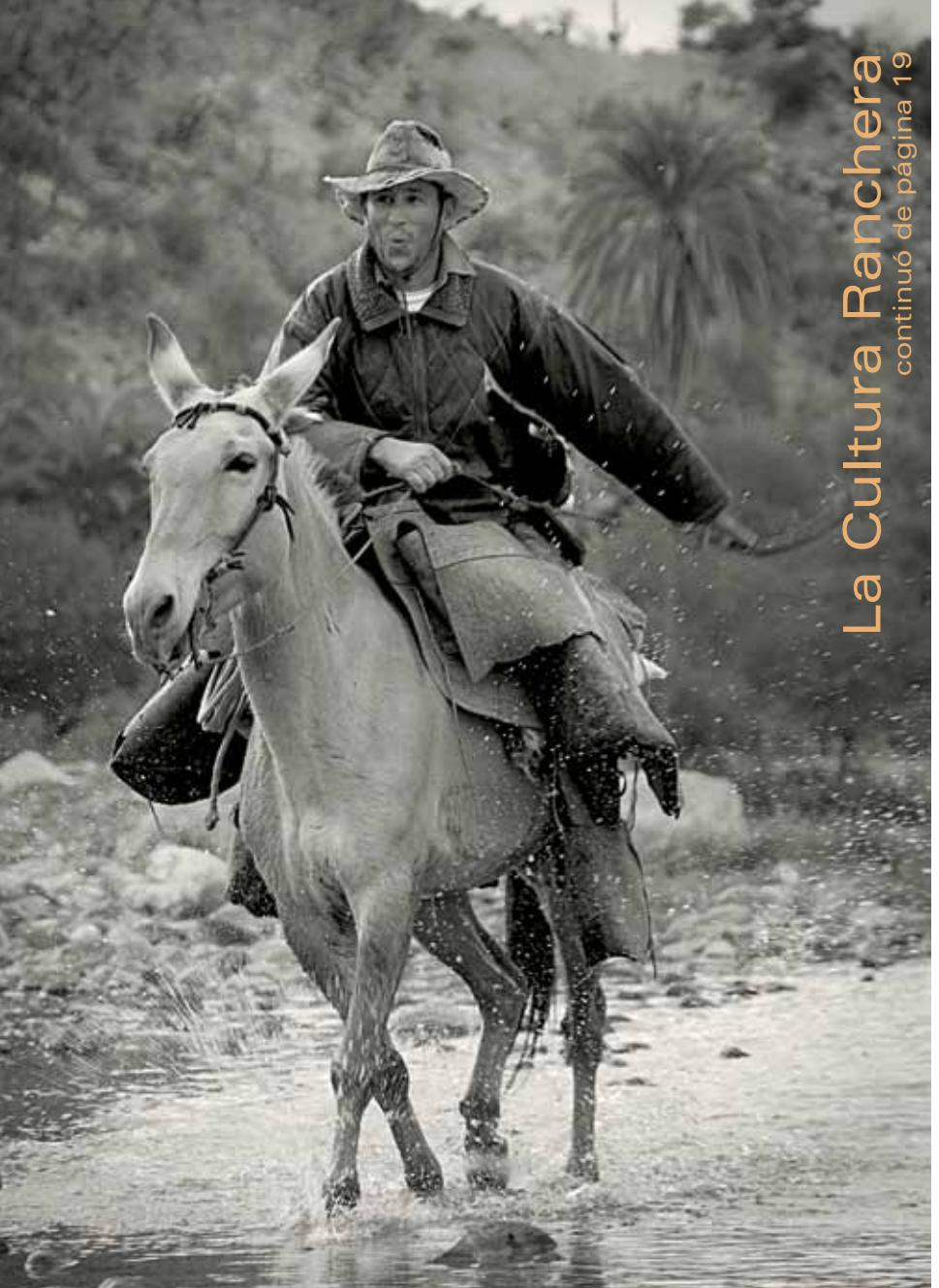
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La Cultura Ranchera

continuó de página 19

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email: mterraneat@hotmail.com
Libros sobre la península: Oasis de Piedra (1996) y La Giganta y Guadalupe (2011)

Sierra de la Giganta sobre Loreto. En la primavera del 2008, una joven instructora NOLS (Escuela Nacional de Guías para Actividades al Aire Libre) llamada McKenzie Campbell se encontró en ese mismo rancho. "Aprendí a hacer artículos de piel, a hacer queso, todo tipo de cosas. Estaba completamente enamorada. Luego hice un viaje por la Sierra de la Giganta caminando de rancho en rancho, completamente impresionada por la hospitalidad de la gente y por sus valores. Su enfoque es la familia, su tierra y el trabajo duro para ellos mismos. No necesitan mucho para ser felices. Me inspiraron a volver a la escuela para obtener las herramientas necesarias para ayudarles en la transición al mundo moderno para participar en el mercado más grande a su alrededor."

Dos años y una maestría más tarde, McKenzie volvió a BCS y fundó Living Roots (Raíces Vivas), una organización sin fines de lucro cuya misión es "ayudar a una cultura en peligro a adaptarse y prosperar en el mundo moderno." Enfocada en San Javier, lugar donde se estableció una de las primeras misiones de los jesuitas en BCS, McKenzie se dispuso a caminar la delicada línea entre proteger los valores y las tradiciones rancheras mientras hacía la conexión de las familias rancheras directamente con el mercado. "De manera inmediata se dieron cuenta que tenían un

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concepto que podía convertirse el marca comercial, pero no veían que algunos de sus artículos del diario como cuerdas y chaquetas tuvieran valor en el mercado y nosotros pudimos ayudarles a ver y capturar algo de ese valor." En el 2013 Living Roots ayudó a los rancheros a establecer un centro cultural en San Javier que los conecta directamente con su público. No solamente sirve este lugar como un mercado para los productos del rancho, sino que también es ahora la estación base para muchos rancheros jóvenes que están entrenándose como guías para dirigir caminatas interpretativas en el área. En el 2014 Living Roots y sus socios rancheros también iniciaron un mercado de artesanías y de productos de granja en Loreto con vegetales orgánicos, pescado y artesanía. McKenzie dice: "Las comunidades estadounidenses y canadienses que viven en Loreto quieren vegetales locales, así que ha tenido mucho éxito. Es maravilloso ver todo progresar tan bien."

El siguiente objetivo de McKenzie para Living Roots es comenzar una escuela para jóvenes rancheros de entre 15 y 25 años de edad donde puedan aprender las tecnologías viejas y mezclarlas con las nuevas. Ya hay unos cursos siendo impartidos en algunas escuelas, con leyendas vivientes como Darío Higuera, presentado prominentemente en *Corazón Vaquero*, enseñando trabajo tradicional en piel a los chicos de las escuelas de la localidad. Los artículos más populares para hacer son billeteras y fundas para teléfonos celulares.

EN EL FUTURO

Rogelio Rosas, de 35 años, conoce el valor de aprender habilidades tradicionales de sus rancheros mayores. De niño vivió con sus abuelos en el rancho de la familia en San Dionisio en las montañas de la Sierra de la Laguna. Trabajaba todos los días junto a su abuelo, aprendiendo a identificar y a usar las 80 plantas salvajes comestibles que crecen en BCS, incluyendo aquellas con propiedades medicinales. Para cuando tenía 10 años, ayudaba a su abuelo con los partos y a curar a los enfermos del área. Cuando su abuelo murió a los 116 años (dejando a 35 hijos que tuvo con 5 esposas) Rogelio sintió el impulso de inscribirse a un seminario en Tijuana. Pero no encontró ahí las respuestas que esperaba encontrar, así que se unió a unos misioneros y pasó los siguientes 6 años viajando por la Baja, usando las artes curativas que aprendió de su abuelo para ayudar a los niños a lo largo de la península.

Rogelio consideraba satisfactorio su trabajo, pero aun no encontraba las respuestas que buscaba. Así que, a los 28, se mudó a La Paz para estudiar filosofía en la UABCS, siendo el primer miembro de su familia en asistir a la universidad. Mientras estuvo ahí conoció a McKenzie y a Fermín, quienes estaban en la arena del turismo alternativo, así que agregó turismo a su lista de certificados. Para ese momento los padres de Rogelio, los ahora legendarios Don Catarino y Doña Luz, habían estado viviendo en el rancho familiar durante muchos años, viviendo bien de sus vegetales orgánicos, trabajos en piel y otras habilidades tradicionales. Cuando Doña Luz sufrió una mordedura de serpiente que le paralizó la mitad del cuerpo, Rogelio volvió al rancho donde creció para ayudarle. Para cuando se graduó de ambas carreras

de la UABCS, pudo haberse unido a la mayoría de sus contemporáneos rancheros y salir a buscar empleo en una parte más brillante de la economía. Pero encontró imposible de resistir el llamado del rancho y ahora trabaja con sus padres para desarrollar su rancho en un destino turístico donde los visitantes puedan aprender sobre las manualidades tradicionales como los artículos de piel, la elaboración de queso; caminar en las montañas para ver cascadas y arte de rocas, aprender sobre hierbas medicinales, hacer tortillas y disfrutar la historia y la cultura del área. Este es el futuro que él ve que sostendrá no solo al rancho de su familia, sino también a los de otras familias de la región.

Sin embargo, la verdadera pasión de Rogelio, así como de Fermín, Trudi y de McKenzie es conservar el corazón y el alma de la cultura ranchera. Con esa finalidad ha creado un documento que establece los valores y principios de la vida del ranchero. Trabajando con otros siete hijos de rancheros que, como él, dejaron sus hogares por un tiempo pero que después volvieron, está en el proceso de crear una asociación que mantendrá a los rancheros de las montañas de la Sierra de la Laguna unidos y enfocados, adaptándose a como sea necesario a una economía mundial cambiante para poder prosperar; pero haciéndolo mientras mantienen los valores y la ética de sus antepasados, elegidos por mano de los jesuitas. El objetivo es permanecer verdaderos a sus raíces beduinas. Puedes contar con su hospitalidad.



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Ranchero Culture

continued from page 22



photo by / foto por
Kaia Thomson

UABCs, he could have joined the majority of his ranching peers and gone off to seek employment in a shinier part of the economy. But he found the pull of the ranch impossible to resist, and is now working with his parents to develop their ranch as a tourist destination where visitors can learn about traditional crafts like leatherworking and cheese-making, hike to see waterfalls and rock art, learn about traditional medicinal herbs, make tortillas from scratch, and enjoy the history and culture of the area. This is the future that he sees that will sustain not only his family's ranch, but those of other families throughout the region.

But like Fermín, Trudi and McKenzie, Rogelio's real passion is to preserve the heart and soul of *ranchero* culture. To that end he has created a document that sets forth the principals and values of *ranchero* life. Working with seven other sons of ranchers who, like him, left home for a while but then returned, he is in the process of creating an association that will keep the rancheros of the Sierra de la Laguna mountains united and focused, adapting to a changing world economy as necessary to thrive, but doing so while maintaining the values and ethics of their forebears, handpicked by the Jesuits. The goal is to remain true to their Bedouin roots. You can count on their hospitality.

parents, the now-legendary Don Catarino and Doña Luz, had been living at the family ranch for many years, making a very nice living with their organic produce, leather work and other traditional skills. When Doña Luz suffered a snake bite that paralyzed half her body, Rogelio returned to the ranch where he had grown up to help her. By the time he graduated with his double degree from

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Mula Mil

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the ride, with seven mules, waiting for the right trailer to come along, which took three days.

Even though there were some paying guests along the way, by the end of February, expenses ran higher than expected and a call went out to raise some money to keep them going, and to help pay their support team. Donors came through and they were able to finish the trip. By March 12th, the riding was over. There was a joyous reunion at Rancho Ojai in Tecate with some members of the expedition of 50 years ago, who hadn't seen each other since.

They talked about how touched they were by the back-country ranchers' and guides' support and hospitality. Even their wives would occasionally accompany them on horseback for a while. Would she do it again? "Yes!" Trudi said. "I think I will wait two years, though, when I turn 62."

Why do this, you ask? Trudi and Leslie both wish for people to see that the world is not as scary as we are led to believe it is. It is their hope that humans can recognize each other's humanity and learn to enjoy the world outside their own boundaries, both physical and emotional. Leslie said it best, "The more I go "outside" into the physical realm, the more I discover of myself "inside" in the spiritual realm.

As Helen Keller is quoted saying, "Life is either a daring adventure or it's nothing at all." Hats off to the courageous ladies of La Mula Mil!

Wendy Rains enjoys multiple careers as an International Architectural Designer, Fashion Designer, Journalist, and Radio Show Host of Weekend With Wendy, Saturdays at 3pm on Cabo Mil 96.3 FM.

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EVENTOS

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enero 2015

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febrero

1 a 8 de febrero | FESTIVAL DE ARTE TODOS SANTOS en la plaza pública de Todos Santos.

7 y 8 de febrero | 6º RECORRIDO ANUAL DE LOS ARTISTAS DE TODOS SANTOS. Este año el recorrido será 2 días. Para mayores informes:

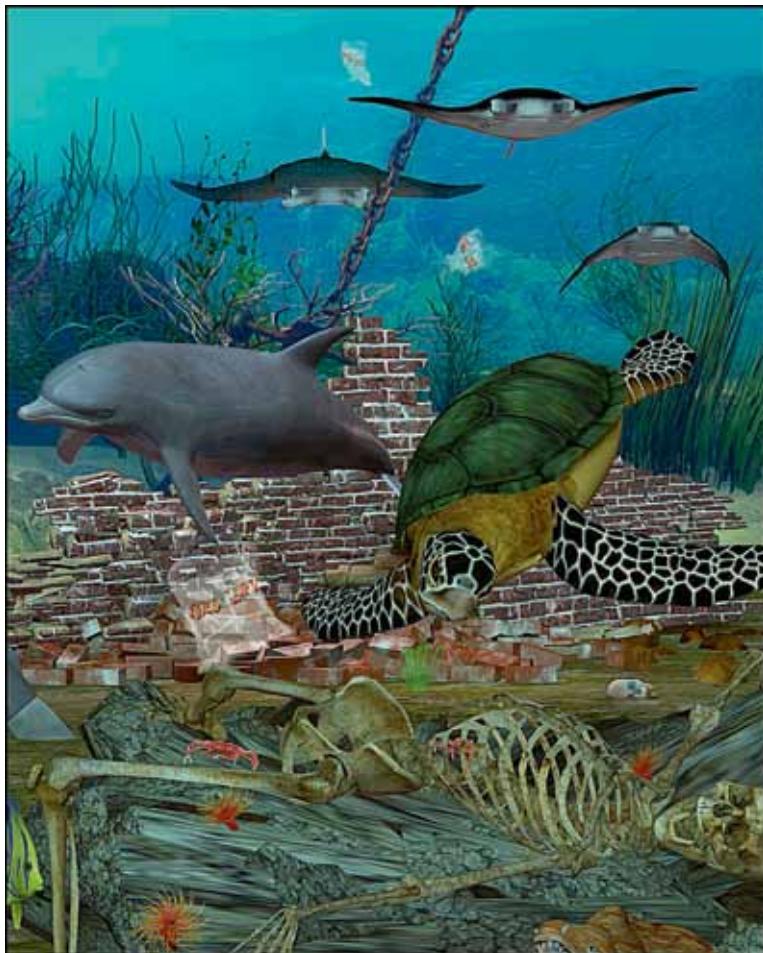
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marzo

15 de marzo | 9:30 am a 3 pm, RECORRIDO DE CASAS EN EL CENTRO HISTÓRICO DE TODOS SANTOS. Venta de los boletos a partir de 9:30 am a 2 pm. Recorrido a partir de 10 am a 3 pm. Boletos están disponibles por email: thepalapasociety@yahoo.com o en el día del evento.

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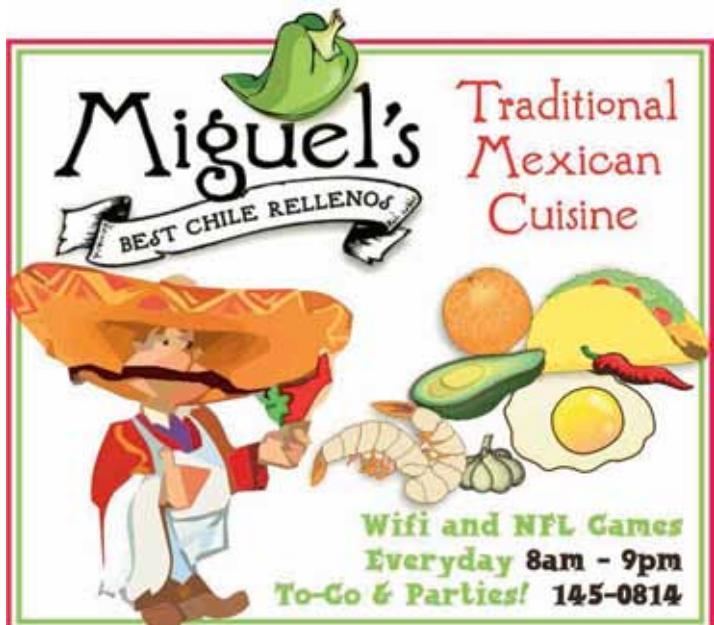
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The Cardón

continued from page 26

For many centuries, (some specimens live well over 400 years) the cardón has adapted to the arid conditions of life in the Sonoran Deserts of Mexico. The columnar form and accordion-like structure generally present themselves with a greater surface area to the morning and evening sunlight, and less to the direct midday sun; this helps the cacti to conserve water in a harsh semi-arid environment.

The cardón is a plant that performs photosynthesis through its skin, rather than through leaves. This method of photosynthesis the cardón shares with many cacti and succulents that inhabit the dry areas of the world. Modified epidermal cells do the work of converting sunlight to



energy, reducing water loss during photosynthesis. The stomata on these plants open only after dark, allowing the cactus to absorb carbon dioxide during the cooler night hours, making these plants very water efficient.

Woody vertical ribs allow the columnar cactus to expand and contract like an accordion, storing the water it needs to survive in arid conditions. These cacti have developed extensive, shallow root systems which quickly capture the brief, but torrential rains of the region and also help anchor them in heavy rain and wind conditions. A large cardón may store over a ton of water in the trunk and arms inside the interior framework of hardwood vertical rods that are extremely strong and lightweight. This amazing combination of tough hardwood skeleton and fleshy pulp has allowed the cardón to become the largest cactus species, able to thrive in the very harsh climate of the Sonoran Deserts of mainland Mexico, Baja California and Baja California Sur.

From March through June, light, or white colored flowers appear and produce copious amounts of nectar with a distinctive odor to attract bats—the primary pollinator of most cacti, and a thick layer of pollen that coats the rim of the flower. Appearing on the upper tips of the arms, generally facing the warmer southern exposure, flowers open in the afternoon, stay open all night and then close about mid-morning the next day. This offers the best opportunity for night-time nectar feeders to aid in pollination.

During the cardón's fruiting period, bats, along with many types of birds, feast on the ripe cactus fruit, helping to spread the seeds. Each fruit contains about 800 black seeds which are consumed along with the flesh which is also crucial to the successful growth of the cardón. For optimal germination, the seeds need several conditions, which the birds and bats help to bring about. Cardón seeds need to be "scarified" or have their skins semi-digested before they will crack and sprout. Another requirement for the survival of a juvenile cardón is a "nanny" plant. The seed must become established under another plant or shrub, which protects the young cactus from predators, full sun and exposure to harsh conditions. Thousands of seeds must germinate to produce one cactus, and growth of these seedlings is extremely slow, generally less than 2.5 cm (<1 inch) per year.

It may take decades for them to grow large enough to be recognized, but the cardón, like the other columnar cacti of the Sonoran Desert, will hopefully continue to survive in the harsh, arid conditions for thousands more years by its ability to adapt.

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El Cactus Cardón

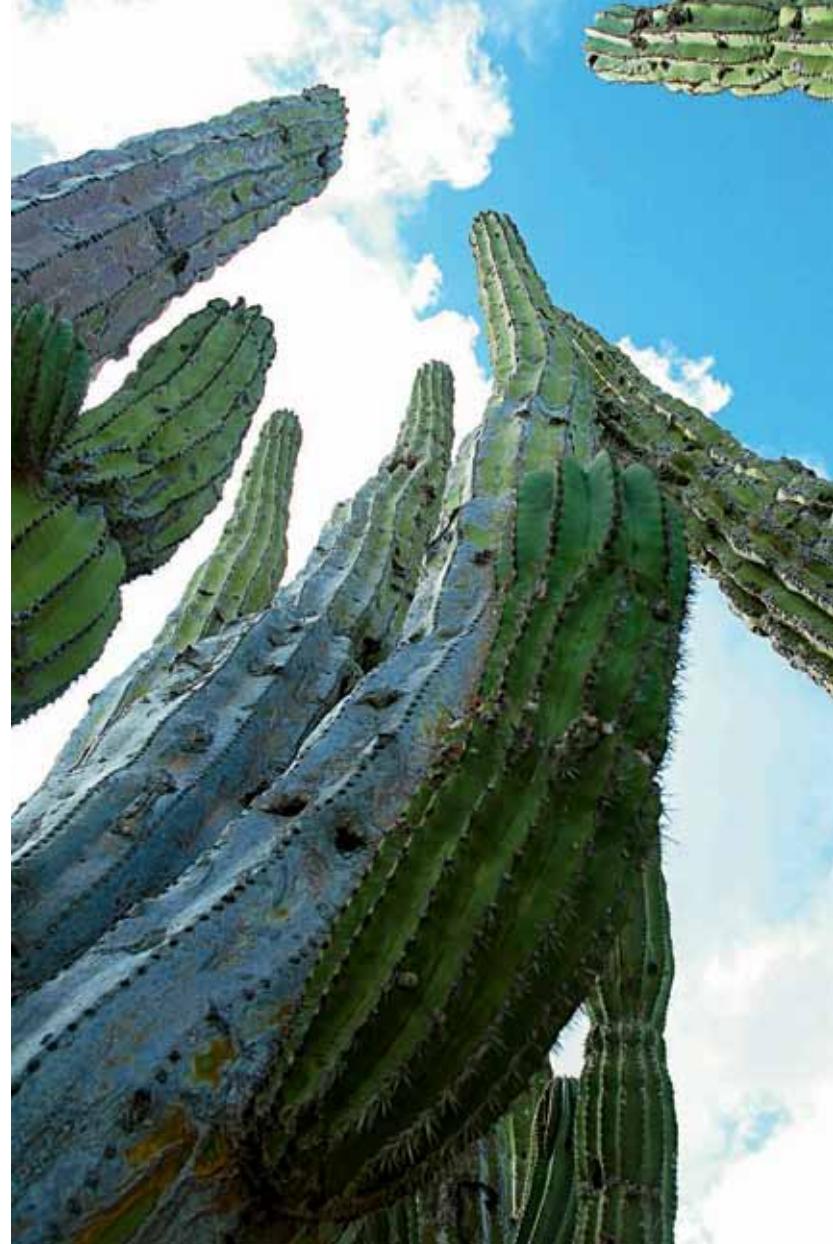
continuó de página 26

de que oscurece, permitiéndole al cactus absorber dióxido de carbono durante las horas más frescas de la noche, haciendo a estas plantas muy eficientes con respecto al agua.

Unas costillas leñosas verticales le permiten al cactus en forma de columna expandirse y contraerse como un acordeón, conservando el agua que necesita para sobrevivir en condiciones áridas. Estos cactus han desarrollado sistemas de raíces poco profundas que capturan con rapidez las breves pero torrenciales lluvias de la región y también les ayudan a anclarse en condiciones de lluvia y viento fuertes. Un cardón grande puede guardar más de una tonelada de agua en su tronco y costillas leñosas dentro del marco vertical interior que son extremadamente fuertes y ligeros. Esta asombrosa combinación de un resistente esqueleto leñoso y pulpa carnosa le ha permitido al cardón convertirse en la especie más grande de cactus, capaz de prosperar en el clima tan duro de los desiertos de Sonora en el interior de México, en Baja California y en Baja California Sur.

De Marzo a Junio, aparecen flores blancas o de claros colores y producen copiosas cantidades de néctar con un aroma distintivo para atraer murciélagos, el polinizador principal de la mayoría de los cactus, y una gruesa capa de polen que cubre el borde de la flor. Las flores, que aparecen en las puntas más altas de los brazos, generalmente de cara hacia la exposición al sur más calurosa, se abren por la tarde, se mantienen abiertas toda la noche y luego se cierran alrededor de media mañana el siguiente día. Esto les ofrece la mejor oportunidad de ayudar en la polinización a los que se alimentan de néctar por la noche.

Durante el periodo en el que el cardón da fruta, los murciélagos, junto con muchos tipos de aves, se dan un festín con su fruta madura, ayudando así a dispersar las semillas. Cada fruta contiene cerca de 800 semillas negras que se consumen junto con la carne que también es crucial para el exitoso crecimiento del cardón. Para una germinación óptima, las semillas necesitan varias condiciones, mismas que las aves y los murciélagos ayudan a que ocurran. Las semillas del cardón necesitan "escarificarse" o que su piel sea parcialmente digerida antes de que puedan romperse y germinar. Otro requisito para la supervivencia de un cardón



juvenil es una planta "nana." La semilla debe establecerse bajo otra planta o arbusto, lo que protege al joven cardón de predadores, del sol directo, y de la exposición a condiciones duras. Miles de semillas deben germinar para producir un cactus, y el crecimiento de estos brotes es extremadamente lento, generalmente menos de 2.5 cm al año.

Puede tomarle décadas a un cardón para que crezca suficientemente grande como para ser reconocido, pero, como otros cactus en forma de columna del desierto de Sonora, con suerte continuará sobreviviendo en las condiciones duras y áridas por miles de años más gracias a su habilidad de adaptación.

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Yoga		8-9:30 am Hatha Flow @ la Cañada del Diablo, 70 p		8-9:30 am Hatha Flow @ la Cañada del Diablo, 70 p	8:30 am Ashtanga Yoga c/ Zandro @ Alas y Olas	8-9:30 am Hatha Flow @ la Cañada del Diablo, 70 pesos	
Martial Arts	New Ta'i Chi class forming. Call for dates/times 612-157-6088 or barakabaja@gmail.com			5:30-6:30 pm Qi Gong @ Las Tunas, esq. corner of Cañon del Gato y Camino a las Playita 612-157-6088 or barakabaja@gmail.com			
Zumba		10-11am c/ "Lucy" @ Mutualista 7-8 pm c/ "Lucy" @ DIF	8-9 am c/ "Lucy" @ Mutualista 9-10 am c/ Jan "Juanita" @ la Cañada del Diablo 612-348-1111 janturner.zumba.com Facebook\Todos Santos Zumba 7-8 pm c/ "Lucy" @ DIF	10-11am c/ "Lucy" @ Mutualista 7-8 pm c/ "Lucy" @ DIF	8-9 am c/ "Lucy" @ Mutualista 7-8 pm c/ "Lucy" @ DIF	10-11 am Zumba c/ Jan "Juanita" @ la Cañada del Diablo 612-348-1111 janturner.zumba.com Facebook\Todos Santos Zumba 10-11am c/ "Lucy" @ Mutualista 7-8 pm c/ "Lucy" @ DIF	8-9 am c/ "Lucy" @ Mutualista 7-8 pm c/ "Lucy" @ DIF
AA		5-6 pm AA meeting @ church courtyard	5-6 pm AA meeting @ church courtyard		5-6 pm AA meeting @ church courtyard	5-6 pm AA meeting @ church courtyard	11am-12pm AA meeting @ church courtyard
Other/Otros	10-11:30am Dharma talks with Robert Hall la Cañada del Diablo	1-5 pm Duplicate bridge @ Las Fuentes bridge.ts.bcs@gmail.com 4-5:30 pm Adv. 5-6 pm Beg. Gym Classes for children c/ Jesus Navarrete @ Powerzone	3-5pm Manos Magicas @ Centro Cultural chambaretcat@mac.com 4-5:15 pm Yamuna Body Rolling & Foot Fitness @ Estudio Baja 80 pesos	9-10:15 am Yamuna Body Rolling & Foot Fitness @ Estudio Baja 80 pesos	9-10:15 am Yamuna Body Rolling & Foot Fitness @ Estudio Baja 80 pesos 9 am Drawing class / Clase de Dibujo c/ Tori oscarntori@yahoo.com		

EL DHARMA EN ESPAÑOL Con Robert K. Hall el primer domingo del mes en La Cañada del Diablo de 10 a 11:30 am hay pláticas sobre meditación y lo que el Buda dice sobre la vida y la tranquilidad del espíritu. El primer domingo de cada mes, la plática es traducida al español por Elena Ascencio.

TODOS SANTOS	Sunday Domingo	Monday Lunes	Tuesday Martes	Wednesday Miércoles	Thursday Jueves	Friday Viernes	Saturday Sábado
Palapa Society		10am -1pm Library Open <i>Rincon de Cuentos</i>		10am -1pm Library Open <i>Rincon de Cuentos</i>		10am -1pm Library Open <i>Rincon de Cuentos</i>	10am -1pm Library Open <i>Rincon de Cuentos</i>

AA CABO SAN LUCAS—AA Hacienda Group Cabo, upstairs above Ace Hardware behind McDonalds. Daily 4:30 pm and 6 pm.
 SAN JOSÉ DEL CABO—Next to the Calvary Chapel corner of Degollado and Coronado. 6 pm nightly. For more information: 624-147-0478.

PESCADERO	Sunday Domingo	Monday Lunes	Tuesday Martes	Wednesday Miércoles	Thursday Jueves	Friday Viernes	Saturday Sábado
Yoga	9:30 am Yoga @ Baja Zen 612-142-5038 info@baja-zen.com Facebook\BajaZen 10 am Yoga 100 pesos @ Rancho Pescadero	7:30am Yoga c/ Mayra Torres @ Los Arcos 612-131-7564 Facebook\Yoga Los Arcos 10 am Yoga 100 pesos @ Rancho Pescadero	7:30am Yoga c/ Mayra Torres @ Los Arcos 612-131-7564 Facebook at Yoga Los Arcos 10 am Yoga 100 pesos @ Rancho Pescadero	7:30am Yoga c/ Mayra Torres @ Los Arcos 612-131-7564 Facebook\Yoga Los Arcos 9 am Yoga @ Baja Zen 612-142-5038 info@baja-zen.com Facebook\BajaZen	7:30am Yoga c/ Mayra Torres @ Los Arcos 612-131-7564 Facebook\Yoga Los Arcos 10 am Yoga 100 pesos @ Rancho Pescadero	7:30am Yoga c/ Mayra Torres @ Los Arcos 612-131-7564 Facebook\Yoga Los Arcos 10 am Yoga 100 pesos @ Rancho Pescadero	
Alanon		10-11 am Alanon meeting @ Las Palmas Restaurant next to Baja Beans. http://al-anon.alaeteen.org/					



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Baja Zen: A Perfect Ten!

by Eric Marley

Life will take a toll on a person. Relationships, jobs and creeping middle aged aches all seem to exact their price. I hadn't taken a vacation in years, so when the opportunity arose to venture to gorgeous Cerritos Beach in Todos Santos, I jumped at the opportunity. However, life wasn't about to make it too easy. A snafu with one of the car rental establishments at the airport left me without a way to get to the hotel. I got creative and found a ride that took me most of the way. I walked the remaining dirt-road mile in the darkness with my computer bag slung over one shoulder and my suitcase dragging along, complaining the whole way. I was stressed, frustrated and annoyed. I almost regretted coming. Some vacation!

Enter Baja Zen, a yoga studio locally owned by Kim Wexman. I had heard of the studio from a trusted friend of mine who recommended it highly. On the Baja Zen Facebook page, I saw that the hours of operation the week I was to be in the area were Monday, Wednesday and Friday. I was determined to catch a session on Wednesday to see if I could set the trip on the right track.

On Wednesday morning I was in low spirits and debated going. Deciding it would be good to stretch if nothing else, I walked the dusty road towards a Baja Zen sign I had seen near a store. A young local lady directed me in the proper direction. "*La casa blanca*," she said, pointing to the white structure at the top of a small rise just ahead.

Patrimonio Natural/Cultural © Sandra Muñoz 2014.

Walking inside, I literally drew a breath. A wall-sized window overlooking a perfectly azure ocean was the picture of serenity. A few practitioners were already stretching and speaking in those respectful hushed tones one hears at yoga studios the world round; the language of devotion, no matter how devoted we are outside of such places. I was greeted by smiles from the others and told by the instructor that I could grab a mat, blanket, blocks and foot strap if I wished.

As the yoga class came to an end tears came to my eyes as the frustration of travel and life circumstances melted into the ocean that was in front of me, smiling with a million sun sparkles that helped light the beautiful studio, as well as my heart. I was away, but I was home.

Leaving there, I felt like a new person. For the first time since I arrived, I felt I could actually relax. How long would it have taken to get to this space without Baja Zen? Would I have ever been able to get hold of my spinning mind and emotions? I am grateful Kim's vision of creating a space for life and travel weary sojourners to let their cares melt away.

I highly recommend Baja Zen. After all, there's no place like OM! <http://baja-zend.com>



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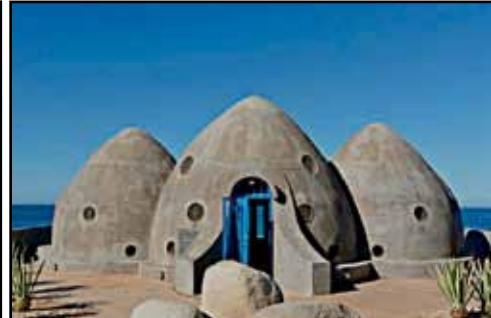
CASA PIEDRA ALTA VISTA. 3 BR, 3 BA home with expansive 360° views, gourmet kitchen, top of the line appliances, hurricane shutters and large outdoor fireplace in sheltered patio. Short walk to the beach, 3 large patios/decks and underground services.

MLS # 10-2216 Offered at \$579,000 USD



CASA LUNA. 3 BR, 2BA home with 2,100 sq.-ft. of interior living and over 1,000 sq.-ft. of outside decks. Large open kitchen, dining and living area with fireplace. Spiral staircase leading up to the viewing deck. Fully landscaped and back yard has room for a pool or guest casita.

MLS # 14-980 Offered at \$349,999 USD



BIG SUR BAJA. Solar powered residential domes featuring some of the latest super-adobe innovations, between San Pedrito and Los Cerritos Surf breaks. Each room has porthole windows with views and doorways that open onto a terrace. Softly curved walls, high conical ceilings, 2 BR & 2BA.

MLS # 11-395 Offered at \$375,000 USD



CASA 2 BANDERAS. 1037 sq.-mt. lot and excellent ocean views from this 2 BR, 1 BA home. Features Saltillo tiles, wood beam ceilings, Palo de Arco cabinets and is very light, bright and spacious. Seller financing considered.

MLS #10-2396 Offered at \$109,000 USD



BEACHFRONT DREAM LOT. Spectacular and unique lot of 1.5 acres with 33 meters of Pacific Ocean beachfront at La Pastora surf beach. A very peaceful and serene setting yet only a few miles from downtown Todos Santos.

MLS #12-1048 Offered at \$479,000 USD



CALLE LOS MANGOS LOT. Custom building site of 4,830 M² lot located in Las Tunas, featuring underground utility hook ups at the street. Residential neighborhood with homes of distinction, ocean and oasis views and one block to the beach.

MLS # 10-1748 Offered at \$183,540 USD



LA PAROLA LOT. Elevated Las Tunas 10,656 sq.-ft. lot with expansive Ocean and Mountain views. A few beautiful homes going up in this area located adjacent to the Alta Vista development and very near the newly paved beach road.

MLS# 13-1757 Offered at \$39,000 USD



RIVIERA DEL SOL PRIVACY LOT. 1,016 M² lot located in a very private area of Riviera Del Sol sub-division. Features mature mangos and palms with a gated entrance. Surrounding properties are organic and very private orchards. Municipal and ejido water along with electric available.

MLS # 14-787 Offered at \$47,000 USD



EVA LAND LA POZA. Hillside lot of 1,544 M² with sweeping views of the Pacific Ocean, palm groves and mountains. Build your elegant Baja home here. Water and electricity services at road.

MLS # 14-602 OFFERED AT \$95,000 USD



Jardín del Edén



The Beach House



Casa de Dos Palmas



Casa Piedra



Hacienda Sydney



La Hacienda
del Pacifico



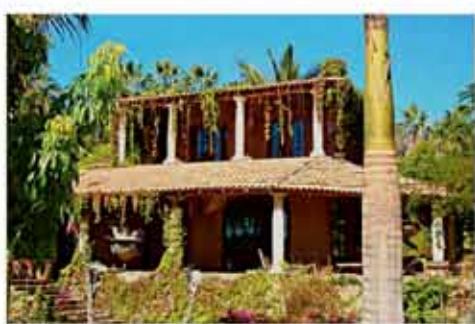
Rancho Si Como No



117 Acre Coastal Olive Ranch



La Joya 3.75 Acres



Rancho Danza del Sol 5.7 Acres



Mi Casa



Casa Dracula, Commercial



Modern Beach House



Historic Hacienda

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