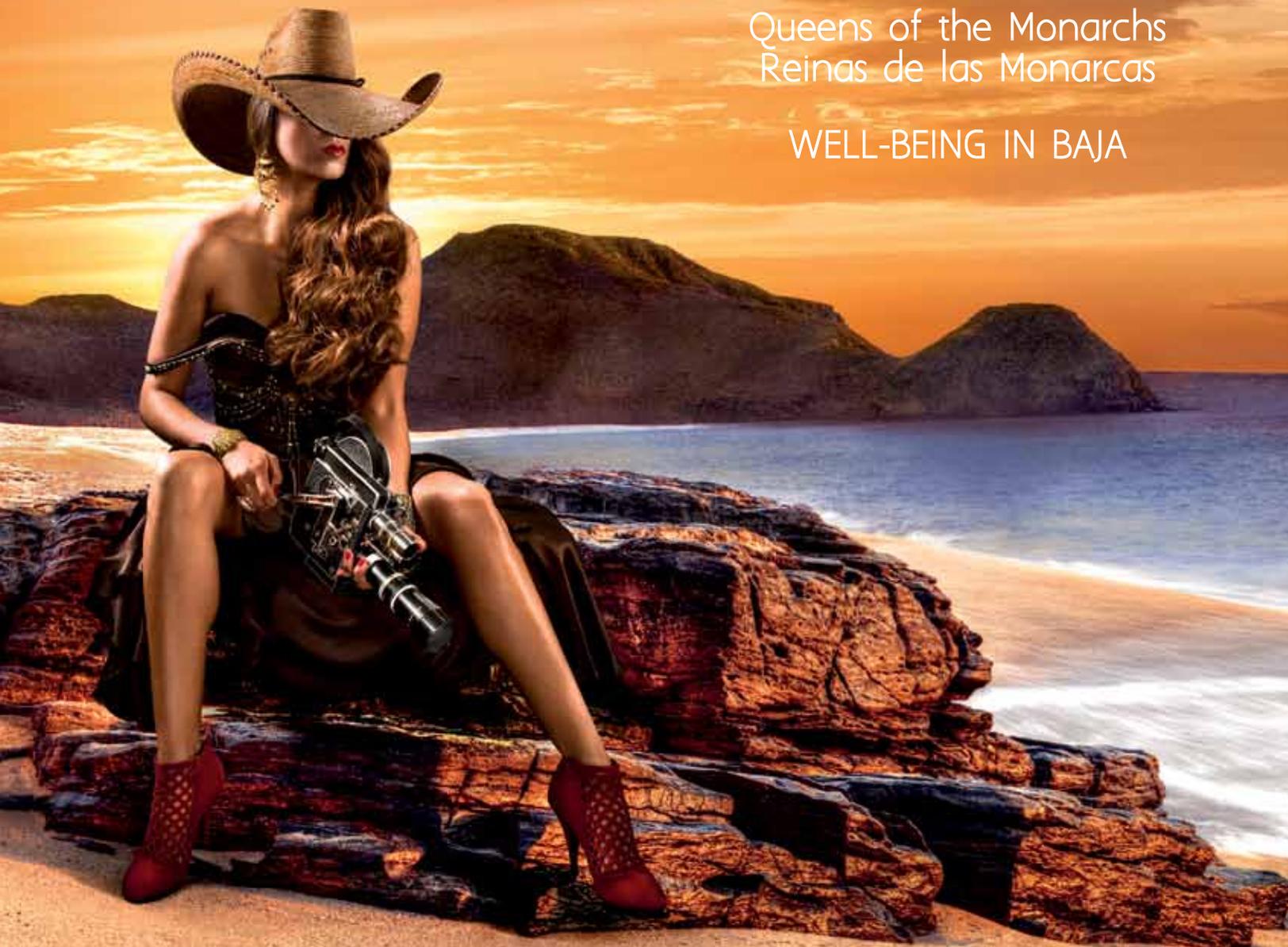


FESTIVAL DE CINE TODOS SANTOS
{ No a la Mina / Maria Novaro }

Pescadero Greenhouse Greats
Lo Grandioso de los
Invernaderos de Pescadero
Queens of the Monarchs
Reinas de las Monarcas

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12TH ANNUAL FESTIVAL DE CINE TODOS SANTOS

Great Films—An Array of Stars

by SaraGay Dammann

The 12th Annual Festival de Cine Todos Santos y La Paz, which takes place March 12 to 22, simultaneously celebrates the emergence and influence of women directors and actors in Mexico's film industry and the precious environment of Baja California Sur, presenting a broad array of award-winning independent films from Mexico and across Latin America and Spain.

For ten days, Todos Santos, Pescadero, and La Paz will buzz with movies, a number of luminaries of Mexican and Latin cinema, as well as celebrations, events and parties. The stars (actors, directors, and writers), include the ground-breaking Mexican director Maria Novaro, environmental activist Nick Triolo, Actress Sofia Espinosa, Directors Sebastián del Amo and Max Zunino, Actresses Gabriela de la Garza, Ximena Ayala, Barbara Mori, Director Beatriz Sanchis and Ana Palacios from Spain, and many more, will participate in celebrations, post-film interviews, and round table discussions. The action will take place at the Teatro Manuel Márquez de León and the Centro Cultural Prof. Néstor Agundez in Todos Santos; the Universidad Autónoma de Baja California Sur (UABCS), Costa Baja, Red de Cineclubes and other locations in La Paz; and Dana's Diner in Pescadero.

These ten days of cinema will include over 60 award-winning independent films, full length features and documentaries, a compilation of the best shorts from Spain, the newest documentary "*No a la Mina*," produced by the Leonardo Perel School of Film, a *Cineminuto* (public service announcement) "*Open Sky*" featuring many prestigious actors in Mexico and the always enchanting and fun Claymation videos produced by local children in the spring and summer film school workshops.

Maria Novaro's most famous film, "*Danzón*," will open the Festival March then featured opening day in Todos Santos, March 14. "*Danzón*" brought recognition as it built on the emerging feminist approach to women's the old stereotypes of either "good" or "fallen women," following highs and lows of everyday life, romance, and motherhood. retrospectives of Novaro's films that will be shown during will be very much a presence to discuss her work and Actress Sofia Espinosa, star of "*Gloria*," the the wild career of Gloria Trevi, often called "The of the honored guests during picked up by Universal this year despite efforts its release. Espinosa available afterwards.

Equaling the excitement is this year's featured title), the product of work, students and directors "*Mina*" documents the proposed open pit gold that overlook the cape the people to protect the struggle is not over.

The Festival officially films in the Teatro. At 3 p.m. "*Danzón*" will be screened as part of the Tribute to Women & Film, honoring director María



photo by Kate Turning

12, in La Paz and Novaro international stories, leaving behind real women through the "*Danzón*" is just one of the the festival and the director celebrate with festival-goers.

controversial film based on Mexican Madonna," will be one the festival. "*Gloria*" was recently Pictures International for release by Gloria Trevi, herself, to block will attend the showing and be

and interest in the major films and stars, documentary—"No a la Mina" (working through the summer and autumn of 2014, by the at The Leonardo Perel School of Film. "*No a la* protest movement, led by local citizens, against the mine in the Sierra de Laguna, the majestic mountains region. "*No a la Mina*" captures the determination of their communities. As the documentary makes clear,

opens in Todos Santos March 14, with events in the public plaza and

FESTIVAL DE CINE continued on page 7

XII ANUAL FESTIVAL DE CINE TODOS SANTOS

Filmes Maravillosos—Una Colección de Estrellas

por SaraGay Dammann
traducido por Elena Ascencio Ibáñez

El XII Festival Anual de Cine Todos Santos y La Paz, que se lleva a cabo del 12 al 22 de marzo, celebra de manera simultánea el surgimiento e influencia de mujeres directoras y actrices en la industria mexicana de cine, así como el precioso ambiente de Baja California Sur presentando una amplia colección de filmes independientes y galardonados tanto de México como de Latinoamérica y España.

Durante diez días, Todos Santos, Pescadero, y La Paz estarán zumbando con películas, un número de luminarias del cine mexicano y latinoamericano, así como celebraciones, eventos y fiestas. Las estrellas (actores, directores y escritores) incluyen a la innovadora directora María Novaro, al activista ambiental Nick Triolo, a la actriz Sofía Espinosa, al director Sebastián del Amo y Max Zunino; las actrices Gabriela de la Garza, Ximena Ayala, Barbara Mori, a la directora Beatriz Sanchis y Ana Palacios de España y muchos más; quienes participarán en celebraciones, entrevistas, y mesas de diálogo. La acción tendrá lugar en el Teatro Manuel Márquez de León y el Centro Cultural Prof. Néstor Agundez en Todos Santos; la Universidad Autónoma de Baja California Sur (UABCS), Costa Baja, Red de Cineclubes y otros lugares en La Paz y en Dana's Diner en Pescadero.

Estos diez días de cine incluirán más de 60 filmes independientes galardonados, presentaciones de largometrajes y documentales, una recopilación de los mejores cortometrajes de España, el documental más reciente "No a la Mina," producido por la escuela de cine Leonardo Perel, un Cineminuto (aviso de servicio público) "Open Sky" presentando a muchos actores de prestigio en México y los siempre encantadores y divertidos videos *Claymation*, producidos por chicos de la comunidad en los talleres de primavera y verano de la escuela de cine.

El filme más famoso de María Novaro, "Danzón," abrirá el Festival el 12 de marzo en La Paz y será la presentación del día de apertura en Todos Santos el 14 de marzo. "Danzón" le trajo a Novaro reconocimiento internacional dado que partió desde el emergente enfoque feminista para con las historias de mujeres, dejando detrás los viejos estereotipos de o las "buenas" o las "mujeres caídas"; siguiendo a mujeres reales a través de las altas y bajas de la vida diaria, del romance y de la maternidad. "Danzón" es sólo uno de los filmes retrospectivos de Novaro que serán mostrados durante el festival y la directora será una presencia significativa para hablar sobre su trabajo y celebrar con los asistentes al festival.

FESTIVAL DE CINE continúa en página 6

FESTIVAL DE CINE TODOS SANTOS

Opening Night!
in Todos Santos:
Saturday, March 14

"CANTINFLAS"
Biopic of the Iconic Comedian
(Mexico, 2014)

6 PM
Marquez de León Theater

followed by:
Opening Night Party
8 PM, Todos Santos Public Plaza

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La actriz Sofía Espinosa, estrella de "Gloria," el filme controversial basado en la loca carrera de Gloria Trevi, a quien con frecuencia se le llamó "la Madonna mexicana," será una de las invitadas de honor durante el festival. "Gloria" fue elegida recientemente por la *Universal Pictures International* para su lanzamiento, pese a los esfuerzos de Gloria Trevi por bloquear su lanzamiento. Espinosa asistirá a la muestra y estará disponible después del filme.

La misma emoción e interés generados por los principales filmes y estrellas, tiene el documental "No a la Mina" (título aún por definirse); presentación de este año y producto del trabajo de los estudiantes y directores de la Escuela de Cine Leonardo Perel durante el verano y otoño del 2014.

"No a la Mina" documenta el movimiento de protesta dirigido por ciudadanos de la localidad en contra de la propuesta de una mina a cielo abierto en la Sierra de la Laguna, las montañas majestuosas que miran a la región del cabo. "No a la Mina" captura la determinación de la gente por proteger sus comunidades. Como lo deja claro este documental, la lucha no ha terminado.

El Festival oficialmente inicia en Todos Santos el 14 de marzo, con eventos en la plaza pública y con filmes en el Teatro. A las 3 pm se proyectará "Danzón" como parte del Tributo a las Mujeres y el Cine, honrando a la directora María Novaro. Novaro aparecerá en persona y hablará después de la película.

A las 6 pm, "Cantinflas," la película biográfica o *bio-pic* del grandioso actor comediante Mario Moreno y nominada al Oscar en el 2014, seguramente atraerá una muchedumbre con ventas agotadas en taquilla. Tanto el director Sebastián del Amo como la actriz Gabriela de la Garza, harán apariciones especiales.

Inmediatamente después de "Cantinflas," Habrá una fiesta de gala con el tema Mujeres y el Cine. Será abierta al público y llenará la plaza con música, comida y baile. El grupo "Pa La Calle" (bailarines, músicos, animadores de circo) dará un espectáculo. Habrá comida y bebida a la venta a cargo del Hotel California y Santo Vino. Habrá rifas, premios y sorpresas que serán puntos culminantes de la noche.

Le seguirá el domingo 15 de marzo una "Cena de Celebridades" con asientos limitados en el Hotel California, y el jueves 19 de marzo la Gitana en Todos Santos será la sede anfitriona de una "Fiesta con las Estrellas."



Sofía Espinosa

Mientras tanto en La Paz, tras la apertura el 12 de marzo en el Malecón a las 6 pm en honor a María Novaro con un tributo a las Mujeres y el Cine, habrá una "Noche con las Estrellas" en Costa Baja el viernes 13 de marzo. La organización española MUJERES DE CINE se presentará (locación próximamente) con dos de sus miembros: la directora Beatris Sanchis y Ana Palacios, y la Red de Cineclubes de La Paz proveerá cuatro sedes adicionales para el festival de cine.

Los boletos y brazaletes de preventa estarán disponibles para todos los filmes en GotBaja en Todos Santos (en Caféliz), La Paz y Cabo San Lucas.

A lo largo del festival, tanto en Todos Santos como en La Paz, se planean conferencias de prensa y entrevistas con los actores, directores y productores. ¡Mantente conectado con el sitio web y la página de Facebook del Festival para enterarte de la programación, eventos y horarios!

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Festival de Cine

continued from page 4

Novaro. Novaro will appear in person and speak after the film.

At 6 pm, "*Cantinflas*," the 2014 Oscar nominated biopic of Mexico's great comedic actor Mario Moreno, is sure to draw a sell-out crowd. Both director Sebastián del Amo and actress Gabriela de la Garza will make special appearances.



Gabriele de la Garza

Immediately following "*Cantinflas*," a gala Women & Film-themed party, open to the public, will fill the plaza with music, food, and dance. The group "Pa La Calle" (dancers, musicians, circus entertainers) will perform. Food and drink, provided by the Hotel California and Santo Vino, will be available for purchase. Raffles, door prizes, and surprises will highlight the night.

A limited seating "Celebrity Dinner" follows on Sunday night March 15, at the Hotel California and on Thursday, March 19, La Gitana, in Todos Santos, is hosting a "Party with the Stars."

Meanwhile in La Paz, following the opening on the Malecón on March 12, at 6 pm, honoring Maria Novaro with a Tribute to Women & Film, comes an "Evening with the Stars" at Costa Baja on Friday, March 13. The Spanish organization MUJERES DE CINE will be featured (location TBD) with two of its members, Director Beatriz Sanchis and Ana Palacios, and the Red de Cineclubes de La Paz (Film Club Network) will provide an additional four venues for the film festival.

Pre-sale wristbands and tickets will be available for all films at GotBaja in Todos Santos (in Caféliz), La Paz and Cabo San Lucas.

Press conferences and interviews with the actors, directors, and producers are planned throughout the festival in both Todos Santos and La Paz. Stay tuned to the Festival's website and Facebook page for all programming, events and schedule!

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Art Talk

by Jill Logan

THE ABSTRACT SERIES

Abstract art uses a visual language to create a composition that is usually independent of visual references to the realistic world. —Wikipedia

In 2002, an artist friend gave me a bucket of textural gel medium and said, "have fun." Deviating from my bright expressionistic paintings was never my intention. At first, the textural gel medium annoyed me. I could not produce anything with it that I liked. Then one day I decided to use a big paint brush to apply the gel onto the canvas in a fashion where I was drawing with the gel. At first it was palm trees, clouds, ocean and waves.

This metamorphosed into pine trees, the tree of life, a woman with a load of leaves on her back, (all of these common themes in my previous works). Then it was clouds with the sun breaking through, more ethereal than a sunset, and this then became pure energy that could be associated with the act of creation, as in the creation of all life.

At first I painted out the surfaces to resemble the image. Then I used color glazes of deep red, golden bronze or earthen greens different for each piece. From here I began to use a touch of gold leaf to create a spark and shimmer. I began to add more and more gold leaf until the whole piece at times was gold leafed. This was too much and I knew I had to soften and alter the variation, so I used an

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"Turquoise wave" 20"x24" mixed/media with silver leaf

antiquing process and subtle acrylic glazes of different tones of red and greens. After this I would put in touches of white gold, 22K gold or copper using real metal leafing.

The bas-relief effect, as a pre-sculptural element, excited me. I would take home these pieces and study them in different lighting situations: early morning light, full daylight, lamplight, and candlelight. I would walk past them and study them from different angles for a better design and feel, changing them as I deemed necessary. My expertise with handling the texture and glazing grew with time and experimenting. It was a richly satisfying new avenue of expression for me. Most of my glazes were over gold and copper leaf, so the

outcome was an antique feel, sometimes with red glazes, or green over copper. At times I wanted the richness of the 22K gold leaf over certain areas, creating a type of depth with a monotone of deep gold, white gold and antiqued silver. Sometimes I painted over gold and copper using deep reds—almost ruby like in appearance.

One day a woman asked me why didn't I paint blue ones?

I pondered this one for a bit. The only way to get a clear blue was to use silver leaf. A white base with blue or turquoises glazes over the top. I made waves, textured skies and water, oceans, trees, and then just underwater visuals with deep turquoise and a bluer turquoise. This group of work has been some of my most satisfying abstract pieces. And definitely stops the public in their tracks.

Some of my early compositions for the abstract series came from collage pieces that I created in the evening when I was at home. I used colorful art images, photographs and colors from magazine that I cut up into designs. These could take many hours to do and were very complex and I loved this process, it reminded me of working with the colorful broken ceramic tiles of the mosaics I love to do.

So even though I never dreamed of doing abstract paintings, I now find great joy and excitement with each new piece.

GALERÍA LOGAN



"Rain Dance" by John Comer
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The Greenhouse Greats of Pescadero

Lo Grandioso de los Invernaderos de Pescadero

by / por Bryan Jáuregui, Todos Santos Eco Adventures
 traducido por Carlos Retamoza

When you arrive at Areli Sarah Castillo's house in Pescadero on a late summer afternoon, the look and feel of the front of her house is very similar to that of her neighbors: there's a teenage boy working on his truck in beat to the radio's tunes; two young girls are playing with dolls on the sofa under a well-placed beach umbrella; and several dogs are enjoying afternoon napping bliss in various poses. There's nothing to suggest that the Castillo family is at the forefront of a movement to change the eating and health patterns of a town—until you go around back. There you find the riot of green and rampant plant life that is the greenhouse built by Areli and her children, and from which they feed the twelve people who now call their house home. Beautiful long vines of tomatoes, steamy-looking chiles, delightfully prickly pineapples, all manner of herbs and spices, all lovingly cared for in a space next to the chicken coop where the happy, well-cared for hens oblige the family with at least 15 eggs a day. All healthy, all organic, all the time. It's not really what you'd expect from a woman who used to sell hotdogs for a living.

Areli is one of 18 women in the *Sistemas Naturales y Desarrollo A.C.* (SINADES) greenhouse program in

Una tarde de verano en Pescadero, al llegar a casa de Areli Sarah Castillo, la apariencia del frente de su casa no es muy distinta a la de sus vecinos: un joven trabajando en su camión al ritmo de una canción de la radio, dos niñas jugando con sus muñecas en un sillón perfectamente posicionado bajo una sombrilla de playa y varios perros durmiendo la siesta en diferentes posiciones. No hay nada que sugiera que la familia Castillo sea una de las precursoras de un movimiento enfocado en cambiar los hábitos alimenticios y la salud de una población—hasta que uno visita la parte trasera de su casa. Ahí es donde uno encuentra el verde intenso y la exorbitante vida vegetal en el invernadero construido por Areli y sus hijos, del cual se alimentan los doce habitantes que llaman hogar a esta casa. Hermosas bayas de tomate, chiles de colores candentes, piñas exquisitas, muchos tipos de hierbas y especias. Todo cuidado con gran amor justo al lado del gallinero, donde las felices y bien cuidadas gallinas proveen a la familia con al menos 15 huevos al día. Todo sano, todo fresco, todo el tiempo. No es lo que uno esperaría de una mujer que se dedicaba a vender hot-dogs para ganarse la vida.

INVERNADEROS DE PESCADERO continúa en página 13

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Pescadero run by Inés Melchor Pantoja, with assistance from her husband, Julio César Rivas García. Inés and Julio, with a grant from *Fondo Acción Solidaria A.C.*, or Faso!*, started a community center about five years ago where their first program was teaching the children of Pescadero in accordance with the SINADES motto, "*Educar para conservar*"—Educate to preserve. Here kids were able to learn about composting, recycling, healthy eating, and growing things. The kids loved the program so much (seriously, we're playing in dirt here—what's not to love?) that they wanted to get their parents involved, so Inés and Julio started a pilot program for women in the community called Conscious Cooking. It has transformed the lives of the women and their families.

Like many Mexican towns across the country, Pescadero is plagued by health problems associated with poor diets. Manuela Tapis, one of the participants in the Conscious Cooking program, has lived in Pescadero for 40 years. She says that many of her neighbors in town suffer from diabetes, severe allergies, gastritis and other chronic health issues. Pescadero is not alone. Mexican government statistics indicate that 71% of the entire Mexican population is either obese (32%) or overweight (39%). That's over 48 million Mexicans walking around in plus sizes. According to journalist Olaya Astudillo writing in *The Lancet*, a leading medical journal, one of the key culprits in this rise in obesity in Mexico is the global trend away from traditional diets towards highly processed foods. More specifically writes Astudillo, "Cost is highly influential for when a family with limited income has to make decisions about the home diet. They will spend their money on the food that contains more calories for lower prices. But the food might not necessarily be more nutritious, of best nutritious quality, nor contribute to a more adequate diet than other products with less calories (SIC)."

The Conscious Cooking program aims to change all that by making healthy foods affordable, desirable and an integral part of family life. And it was the desire to procure organic, pesticide-free produce at a reasonable price that drove SINADES and the women of the Conscious Cooking program to start building greenhouses. As Margarita Vasquez, one of the women in the group explains, "The older people in Pescadero used to grow their own food, but we lost all those skills. Now with SINADES and the greenhouse project we're recovering those values. Through this program we've learned how to make our own organic fertilizer by composting, we've learned about watering our plants using gray waters from the house for irrigation, we've learned great skills like how to make nutritious snacks by drying fruit in the sun and so much more. We have learned such an incredible amount here about how to have healthy food at a low cost, and the impact on our personal health and that of our families has been remarkable." Janette Albañez, who has lived in Pescadero for 25 years agrees. "Health, health, health is what this program means for me. I used to have chronic asthma and ate very poorly. Now my asthma has cleared up and even my junk-food guzzling husband loves eating raw vegetables."

GREENHOUSE GREATS continued on page 19



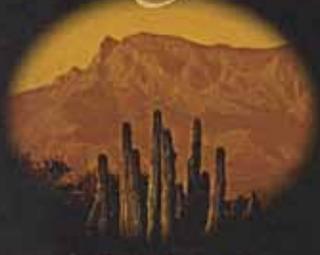
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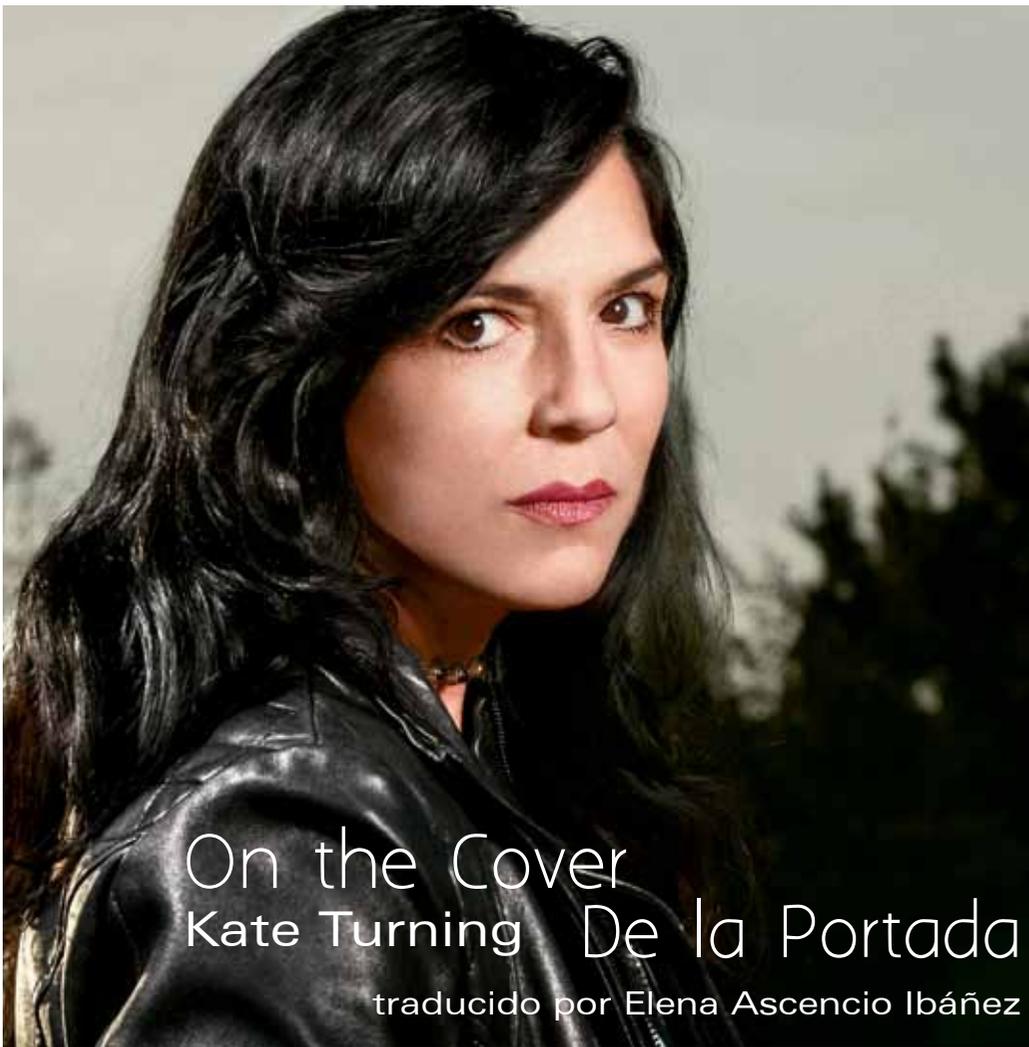
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Having been born in a taxi during a family trip, it's no wonder that Kate Turning just can't stand still. Assignments and fine art projects have taken her as far afield as Tahiti, Japan, Hong Kong, India, Europe and Saudi Arabia. She has created unique and lyrical imagery for clients from pop stars to major ad campaigns.

She orchestrates her photographs like frothy Rossini

bonbons, bursting with detailed embellishment and an ever-present sense of fun and imagination. Her deep love of painting in all its forms from the Old Masters to Pop Art, can be seen in her bold use of color and innovative lighting. Kate is a graduate of Art Center College of Design.

She presently divides her time between New York, Los Angeles and her *ranchito* in Todos Santos with her husband and production partner Steven Jacobi and her two beloved hounds. You can see more of her work locally at Galería de Todos Santos and at: www.turningpix.com



Habiendo nacido en un taxi durante un viaje familiar, con razón Kate Turning no puede quedarse quieta. Las obras por encargo y los proyectos de arte la han llevado a lugares tan lejanos como Tahití, Japón, Hong Kong, India, Europa y Arabia Saudita. Ha creado imágenes únicas y líricas para clientes que van desde estrellas pop hasta importantísimas campañas de publicidad.

Ella orchestra sus fotografías tal como Rossini: como si estuviera decorando espumosos

bombones suizos, con estallidos de detalles embellecedores y con un siempre presente sentido de diversión e imaginación. Su profundo amor por la pintura en todas sus formas, desde los Antiguos Maestros hasta el Arte Pop, puede verse en su audaz uso del color y su innovador uso de la luz. Kate se graduó del Centro de Artes de la Universidad de Diseño.

Actualmente divide su tiempo entre Nueva York, Los Ángeles y su ranchito en Todos Santos con su esposo y socio de producción Steven Jacobi y sus dos amados perros *hound*. Puedes ver más de su obra aquí en la localidad en la Galería de Todos Santos y en: www.turningpix.com

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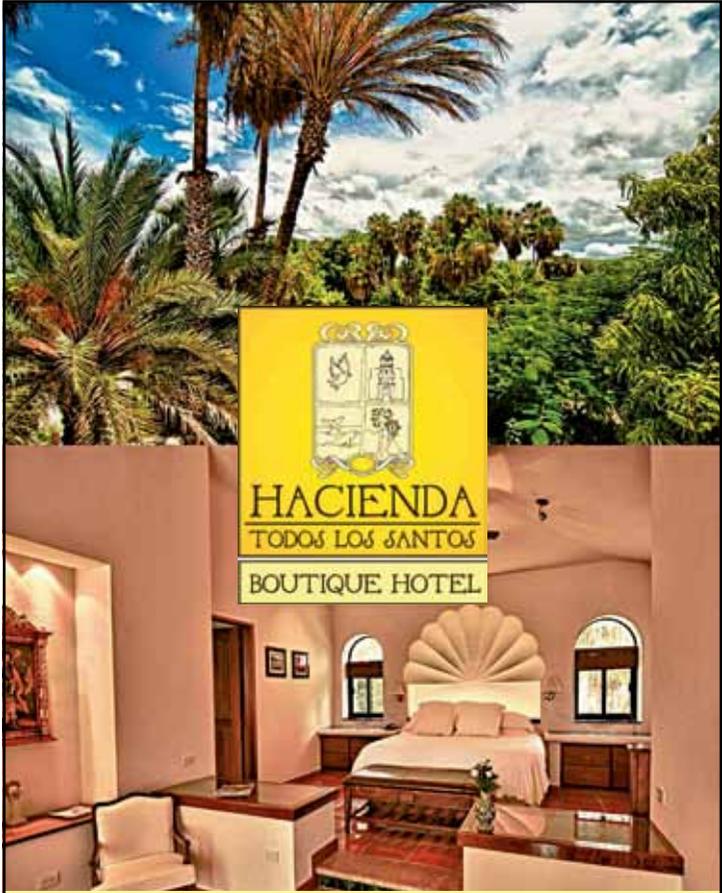
Invernaderos de Pescadero

continuó de página 10

Areli es una de las 18 mujeres que participan en el programa de invernaderos por parte del grupo Sistemas Naturales y Desarrollo A.C. (SINADES) el cual es dirigido en Pescadero por Inés Melchor Pantoja, con la ayuda de su esposo, Julio Cesar Rivas García. Inés y Julio, mediante una beca del Fondo de Acción Solidaria A.C. o Fasol*, crearon hace aproximadamente cinco años un centro comunitario que dedicó su primer proyecto a educar jóvenes de acuerdo al lema de SINADES, "Educar para conservar." Aquí los niños podían aprender sobre reciclaje, compostas y no solamente como mejorar sus hábitos alimenticios sino también como cultivar alimentos de calidad. Los niños amaban el programa de tal manera (es decir, como no les iba a gustar con tierra) que ellos mismos quisieron involucrar a sus padres, así que Inés y Julio comenzaron otro programa para las mujeres de la comunidad, Cocinando con Conciencia. El programa ha transformado las vidas de muchas mujeres y sus familias.

Como muchas otras comunidades en el país, El Pescadero está plagado de problemas de salud asociados a una mala alimentación. Manuela Tapis, una de las participantes de Cocinando con Conciencia ha vivido en Pescadero por 40 años y ella nos platica que una gran cantidad de sus vecinos padecen de diabetes, alergias severas, gastritis y otros problemas de salud crónicos. El Pescadero no está solo en esto, las estadísticas de gobierno indican que el 71% de la población mexicana es obesa (32%) o presentan sobrepeso (39%). ¡Esto implica que alrededor de 48 millones de mexicanos visten tallas extra grandes! De acuerdo a la reportera Olaya Astudillo que escribe para la revista médica *The Lancet*, una de las principales razones del aumento de la obesidad en mexicanos es debido al cambio de las dietas tradicionales por alimentos altamente procesados. Más específicamente Astudillo escribe, "el presupuesto es uno de los factores decisivos al tener que tomar decisiones con respecto a la alimentación en el hogar, especialmente en familias de bajo ingreso." Se tienden a comprar alimentos más baratos y con más calorías. Sin embargo esto no garantiza que los alimentos adquiridos sean de mejor calidad alimenticia o más nutritivos, ni que favorezcan una mejor alimentación comparados con los productos con menos calorías en ellos."

El programa Cocinando con Conciencia tiene como meta cambiar todo esto, no solo al hacer más accesibles los alimentos de calidad sino también hacerlos parte indispensable en una dieta familiar integral. Y fue ese deseo de tener productos agrícolas orgánicos, libres de pesticidas y a un precio accesible lo que empujó a SINADES y a las mujeres de Cocinando con Conciencia a comenzar la construcción de invernaderos. Como lo explica Margarita Vásquez una de las mujeres del grupo, "antes los viejos de Pescadero cultivaban sus propios alimentos, pero estas son habilidades que se han perdido con el tiempo." Hoy en día, con SINADES y el programa de invernaderos **INVERNADEROS DE PESCADERO** continúa en página 18



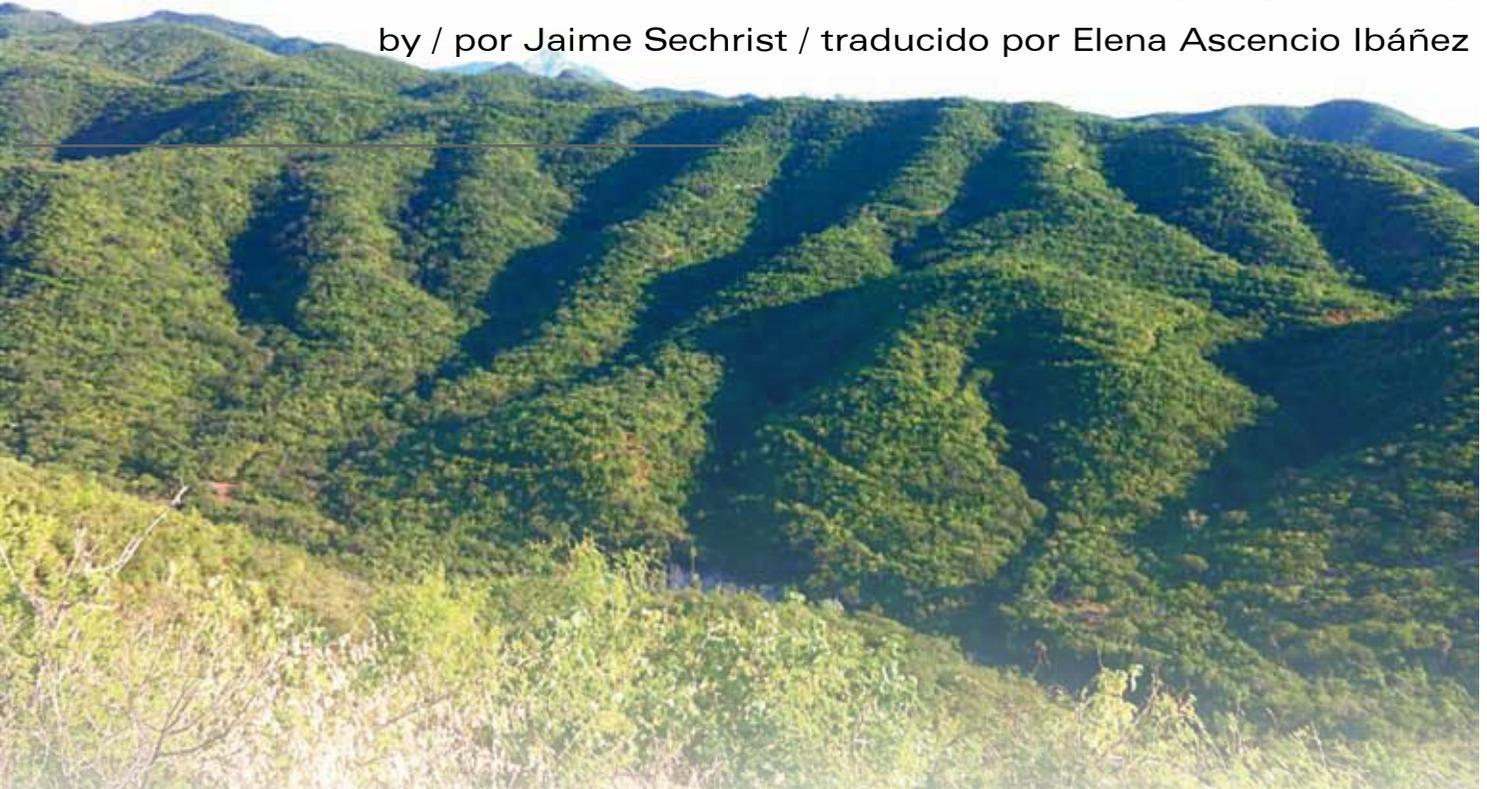
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No a la Mina

by / por Jaime Sechrist / traducido por Elena Ascencio Ibáñez



Over the past few years, Todos Santos has been pushing back against the threat of an open pit gold mine in the Sierra de la Laguna mountains which tower over the southern Cape region of the state of Baja California Sur. The Youth in Video (*Jóvenes en Video*) program, part of the Festival de Cine Todos Santos, took their cameras to document the voice of the people in this year's film: "*No a la Mina*" (working title).

For decades, companies have tried to gain mining rights in the Sierra de la Laguna, the most recent being a project known as Los Cardones, in essence the same project that has been rejected previously under other names.

NO A LA MINA continued on page 43

Durante los últimos años, Todos Santos ha estado haciendo retroceder la amenaza de una mina a cielo abierto en las montañas de la Sierra de la Laguna, mismas que se elevan por encima de la región del cabo sur en el estado de Baja California Sur. El Programa Jóvenes en Video, parte del Festival de Cine Todos Santos, tomó sus cámaras para documentar la voz del pueblo en el filme de este año "*No a la Mina*" (título aún por definirse).

Durante décadas, compañías han tratado de ganar derechos de minería en la Sierra de la Laguna, siendo el proyecto más reciente el conocido como Los Cardones; en esencia el mismo proyecto que, bajo otros nombres, ha sido rechazado anteriormente.

NO A LA MINA continúa en página 42



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Maria Novaro

by / por SaraGay Dammann / traducido por Elena Ascencio Ibáñez

Maria Novaro, whose reputation hit the international scene in 1991 with the release of *"Danzón,"* is considered one of the most successful and prolific directors of Mexican cinema. She is a pioneer in the traditionally male-dominated Mexican film industry. As a member of the Women's Film Collective, Novaro early on dedicated herself to telling women's stories and opening doors for women in the Mexican film industry.

The theme that carries throughout her films—a female protagonist on a journey through contemporary Mexico in search for something or someone—was set in *"An Island Surrounded by Water"* (1985). This film received an Ariel, and Novaro quickly followed with a series of award winning films, including *"Azul Celeste"* and *"Lola."*

Then came *"Danzón,"* which MARIA NOVARO continued on page 49



Maria Novaro



María Novaro, cuya reputación llegó a la escena internacional en 1991 con el lanzamiento de *"Danzón,"* es considerada una de las más exitosas y prolíficas directoras del cine mexicano. Es una pionera en la industria mexicana de cine, tradicionalmente dominada por los hombres. Como miembro del Colectivo de Mujeres Cineastas, Novaro se ha dedicado a contar historias de mujeres y a abrirles las puertas a las mujeres en la industria de cine mexicano.

El tema que aparece a lo largo de sus filmes: una protagonista mujer en un viaje a través del México contemporáneo en busca de algo o alguien, estuvo presente en *"Una Isla Rodeada de Agua"* (1985). Esta película recibió un Ariel y Novaro rápidamente siguió con una serie de películas galardonadas, incluyendo *"Azul Celeste"* y *"Lola."*

Luego vino *"Danzón,"* misma que estableció firmemente la reputación internacional de Novaro. En *"Danzón"* juega

MARIA NOVARO continúa en página 49



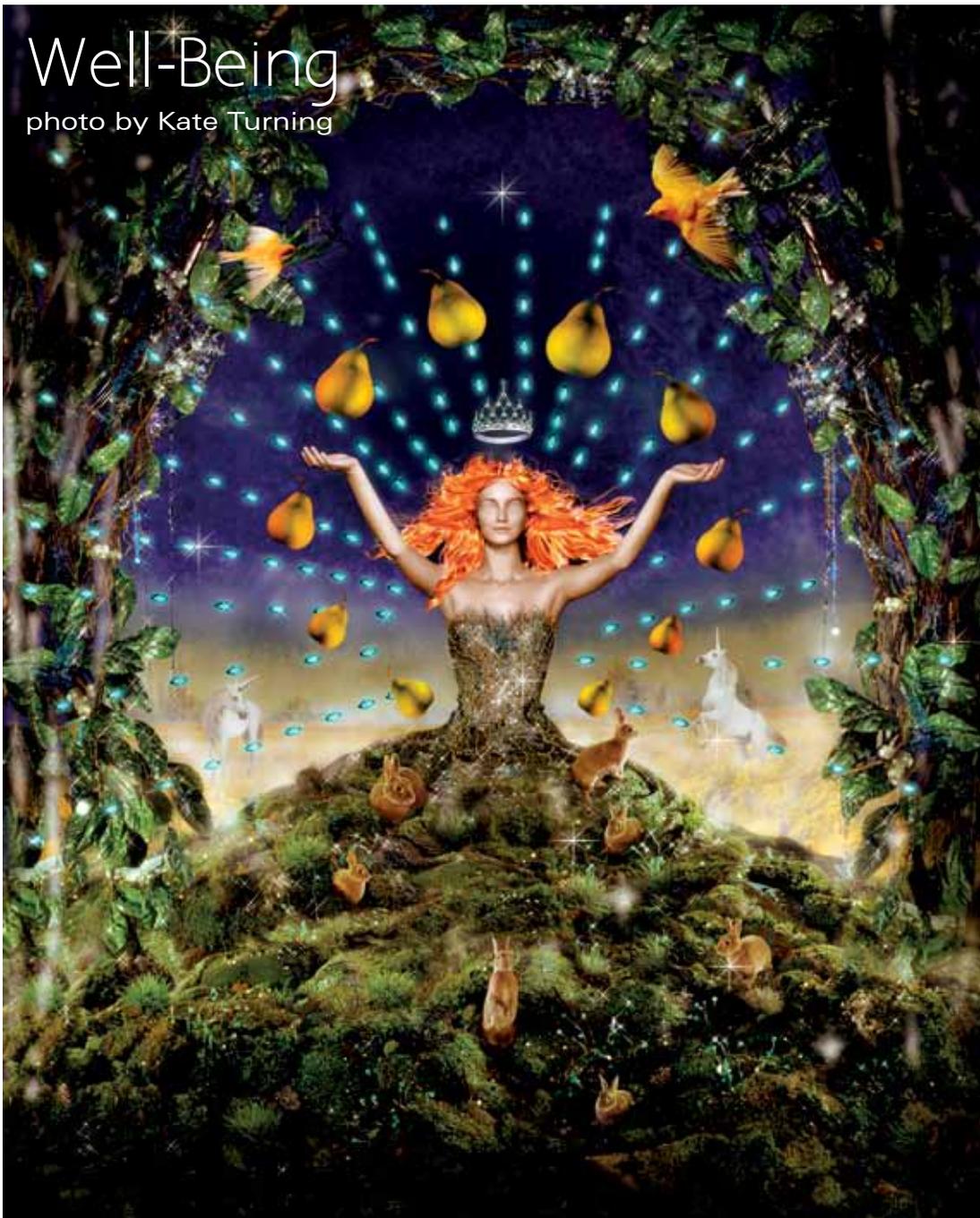
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Well-Being

photo by Kate Turning



Floating

BENEFITS:

Reduces stress, deep relaxation, detoxifies the body, improved sleep quality, expanded awareness and inner peace.

Veronica Penn's spa, Joy of Floating in El Pescadero, offers Baja California Sur's only flotation tank. When you enter the Epsom salt floating tank, you are effortlessly floating for an entire hour, shutting out the external world, diminishing your senses, and just being one with your mind.

While floating may be new to you it has actually been around for more than forty years. Developed in the sixties and seventies to relieve stress and deepen thought, studies revealed that the flotation tank was a great method of relaxation for the body, mind, and soul. It has remained a beneficial tool of professional athletic teams, scientific groups, as well as writers and artists.

The high salt level in the water (25% Epsom salt) of the tank creates a zero gravity environment. Zero gravity allows you to relax every single muscle, and enables you to find those

How do you take care of yourself? Our health is affected by many things such as the food we eat, exercise, stress levels, sleep, as well as genetics and our environment. It is said that lifestyle choices are responsible for nearly 90% of health outcomes.

In addition to healthy eating and exercise, the following are other options to enhance your well-being.

areas where you are holding tension so you can let go. The body balances and heals internally as all the senses are rested in a gravity-free environment.

Tests have shown that while floating you generate theta brain waves, which are associated with deep relaxation. The darkness during floating balances the left and right brain. The balance allows use of huge amounts of



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previously unavailable brainpower. R.E.S.T. (Restricted Environmental Stimulation Therapy) gives your body a chance to relax and heal at an accelerated rate due to reduced environmental pressures and inputs. Veronica discovered R.E.S.T. while treating her anxiety; the impact of the treatment was so profound she immediately purchased a Samahdi float tank to have in her home. She used it thereafter three to four times a week with amazing results.

First sessions while adjusting to this unique environment most people experience a state of deep physical and mental relaxation. One hour floating is like four hours sleeping. In subsequent sessions they relax quicker, deeper and more completely. Avid floaters often report the states of expanded awareness and inner peace that meditation alone can take years to achieve. Each flotation session may be as different as the individual.

The soundproof and lightproof heated spa, filled with 800 lbs. of healing, soothing Epsom salts (Magnesium Sulfate) is where you float away mental stress, physical tension, and chronic pain. It is recommended by doctors, therapists, and sports trainers to help quitting addictions, strengthening the immune system, and improving health. Also to aid creativity, enhance skin tone, and increase athletic performance.

Soothing music will wind you down and taper off, and after a while will go back up as the session ends. It is also possible to listen to instructional recordings such as language or guided meditation. Studies prove that higher learning is improved when R.E.S.T. is in the program.

WHAT IT HELPS WITH:

Stress reduction, detox, physical tension, strengthen the immune system and improve health.

WHAT FITNESS LEVEL IS REQUIRED:

None. Only the ability to enter the chamber.

The Joy Of Floating Spa is in Pescadero next to Baja Beans and Las Palmas restaurant. Appointments are available any day of the week from 9 am - 5 pm, call (612) 197-7035 or email thejoyoffloating@gmail.com. The whole session takes about an hour and a half. You can read more about how to prepare yourself for floating at:

www.facebook.com/thejoyoffloating

Tel: (612) 197-7035

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Massage Therapy

BENEFITS:

Relaxation, pain, limited range of motion, recovery from injury.

Generally, people use massage for general relaxation and well-being, or to address a specific complaint, such as pain or limited range of motion. Current research suggests that massage therapy can help with both.

Odile "Deedee" Muller is a licensed masseuse and physical therapist; she provides body work and deep tissue massage.

BACKGROUND:

Deedee studied Physical Therapy and massage for three years at the French Faculté de Medicine. This very thorough medical training is where she learned all kinds of pathologies and traumas that are linked to the body's mechanism—bones structure as well as muscles and ligaments—and provided excellent medical knowledge for the foundation of her deep Physical Therapy. With these tools, she jumped into the vast ocean of body pain, fully committed to helping her patients with whatever trauma they have experienced.

WELL-BEING continued on page 20

CASA GRAND GAVILON

Once you see this home inside and out you, will truly be amazed by the attention to detail and functional design. This is a 2-bedroom, 2-bath home with adjoining office to the master suite that is also suitable for a toddler or infant room. The home has a detached studio apartment with kitchen and bath great for rental income, caretaker's apartment or for that special family member or friend who loves privacy. There is a large garage and roof deck—all of this cannot be matched in Pescadero. The home sits on an elevated 1,500 M² lot just one off the beach. It has lifetime ocean views from the ground and truly memorizing huerta and white water ocean views from the rooftop shaded deck. Very large rooms, custom Mexican tile work throughout the home and bathrooms and the wood doors, dressers and cabinetry are beyond words to describe.

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Invernaderos de Pescadero

continuó de página 13

estamos rescatando esos valores. Estamos aprendiendo a hacer nuestros propios fertilizantes mediante el uso de compostas, hemos aprendido a utilizar las aguas grises de nuestras casas para irrigación y a procesar algunos alimentos para elaborar deliciosas botanas de frutas secas, esto entre otras cosas. El aprendizaje que hemos tenido sobre cómo obtener mejores alimentos a mejores costos ha sido tan grande que el impacto se ha visto reflejado en nuestra salud personal y familiar. Janette Alpañez que ha vivido en el Pescadero por 25 años afirma, "Salud, salud, salud es lo que este programa significa para mí. Yo solía tener asma

crónico y por lo mismo comer muy poco. Ahora mi asma se ha ido e incluso mi esposo que es amante de la comida chatarra adora tener vegetales crudos en sus comidas."

Janette se vio envuelta en todo esto al ver que uno de sus vecinos construía uno de los invernaderos en su casa. Este es el efecto dominó que el programa de SINADES está teniendo en El Pescadero. Mientras más gente vea los resultados benéficos que están teniendo sus vecinos y amigos, más interés mostraran en obtener los mismos resultados para ellos mismos y sus hijos. Ángeles Caballero, madre de dos niños de 3 y 7 años habla por todo el grupo al decir lo siguiente "yo comencé en este programa por mis hijos. Llevo apenas 10 años en el pueblo y me sorprendí al ver que muchos de los niños ya padecen diabetes. El salvar a mis hijos de este destino fue lo que me motivó a comenzar, sin embargo mis hijos están ahora más motivados que yo. Sus amigos consideran extraño que lleven a la escuela tomates con sal para comer en vez de papitas fritas, pero a ellos no les importa. Ellos aman trabajar en el jardín y aman este programa. Ha sido maravilloso para todos nosotros como familia."

Areli no podría estar más de acuerdo. "Mis hijos están mucho más emocionados que yo con el invernadero. Les gusta llegar a casa a trabajar en el todos los días. Aman que no tenemos que comprar más latas de comida y lo bien que se sienten con toda esta comida chatarra de menos en su dieta. Estos son los beneficios que definitivamente no



Clarisa

tienen precio."

Pero desde luego, todo tiene un precio. Los 4,000 pesos que se necesitan para construir un invernadero son una gran barrera para muchas de las familias, una barrera que muchas de las familias tienen que sobrepasar nuevamente después de que el Huracán Odile (septiembre 2014) destruyera todos los invernaderos que las mujeres y niños de SINADES en Pescadero habían construido. Pero esto no los desanimó. Inés comenta, "se recuperó algo del material de los invernaderos que se destruyeron y con algunas donaciones para comprar nueva malla estamos poco a poco de vuelta. Algunas de las familias ya están produciendo y todos seguimos poco a poco avanzando. Somos

una comunidad fuerte y nos vamos a reponer."

Antes del huracán había en el Pescadero letreros del centro comunitario en donde se podía leer la leyenda, "Cue da-temba, nuestra casa." *Cue da-temba* significa Madre Tierra en el dialecto de los ya extintos indios Guaycura, los antiguos habitantes de la Baja California Sur. La meta de Inés, Julio, las mujeres y niños de SINADES es crear un ambiente sano y sustentable para todas sus familias en la comunidad. Ayudarlos a conseguir esto es algo que nos implica a todos como lo dice la frase, "Cue da-temba, nuestra casa." Inés puede ser localizada en sinadesacines@gmail.com, la página de SINADES es <https://www.facebook.com/SinadesAc>

*Fasol, dirigido por la dinámica Artemisa Castro y un grupo de ambientalistas que comparten las mismas ideas, proveen de apoyo financiero a muchos grupos que están trabajando por un cambio social y ecológico en México. SINADES es un gran ejemplo del tipo de éxito que se ha obtenido en comunidades a través del país. Para mayores informes por favor visita su página web en: http://fasol-ac.org/fasol_wp/

Todos Santos Eco Adventures ofrece viajes de 1 día para ir a ver a las ballenas en Todos Santos, viajes de 2 días / 1 noche en Bahía Magdalena, viajes de 5 días y 4 noches en su campamento en San Ignacio, y aventuras con ballena azul en Loreto. www.TOSEA.net (612) 145-0189.



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Janette got involved when she saw one of her neighbors building a greenhouse, and this is the type of knock-on effect that the SINADES program is having in Pescadero. As more people see the health benefits that their friends and neighbors are achieving, the more they are interested in learning the skills to achieve similar results for themselves. And even more than for themselves, they are motivated on behalf of their children. Angeles Caballero, mother of two children ages 3 and 7, really speaks for all the women involved when she says "I started this program because of my kids. I've only been in Pescadero 10 years and was so surprised to see all the young children here that already have diabetes. I was motivated to save my children from this fate, but now my kids are even more motivated than me. Their friends think it's weird that they'll have tomatoes with salt instead of potato chips, but they don't care. My kids love working in the garden and love this program. It is wonderful for us as a family."

Areli couldn't agree more. "My children are actually even more excited about the greenhouse than I am. They love coming out here and working every day. They love that we no longer buy any canned food, and they love how much better they feel with so much less junk food in their diet. These are benefits that you just can't put a price on."

But there is a price of course, and the 4,000 pesos (~US\$285) required to build a greenhouse is a fairly high barrier to entry for many of these families, a barrier that they must surmount once again as Hurricane Odile (September 2014) destroyed every one of the greenhouses built by the women and children of SINADES in Pescadero. But they are not discouraged. Says Inés, "We recovered some of the material from the greenhouses and received a small donation to buy more mesh, so we are slowly coming back around. Some of the families are already in production again and everyone is continuing to move forward. It's a strong community and we will rebound."

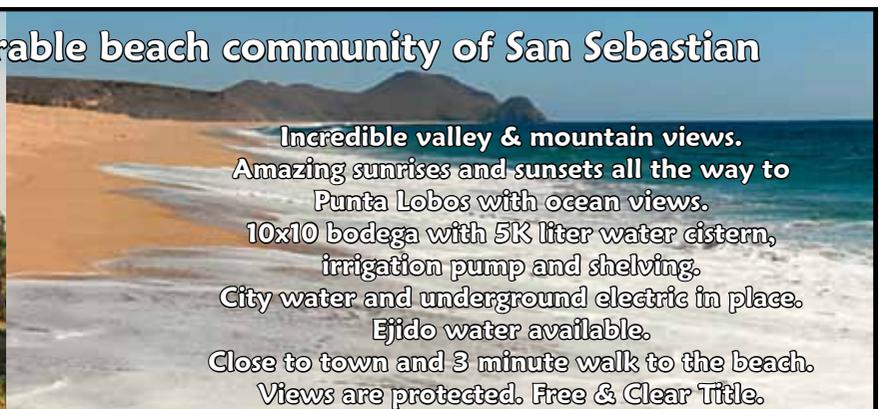


Before the hurricane, there were signs around the Pescadero community center that read "Cue da-temba, nuestra casa." Cue da-temba means Mother Earth in the language of the Guaycura Indians, the now extinct indigenous people of Baja California Sur. And of course *nuestra casa* is Spanish for "our home." The goal of Inés, Julio and the women and children of SINADES is to create a sustainable and healthy lifestyle for the families in their community. Helping them to do that is really just enlightened self interest because, after all, "Cue da-temba, nuestra casa" applies to us all. Inés can be reached at sinadesacines@gmail.com and the SINADES Facebook page is <https://www.facebook.com/SinadesAc>

*Fasol, headed by the dynamic Artemisa Castro and a group of likeminded environmental activists, provides financial support to grassroots groups that are working for social and environmental change in Mexico. SINADES is a great example of the type of success they have achieved in communities across Mexico. For more information please visit their web site at: http://fasol-ac.org/fasol_wp_ing/

Todos Santos Eco Adventures offers whale watching day trips in Todos Santos, 2 day/1 night whale watching trips in Magdalena Bay, 5 day/4 night whale watching trips at their tent camp in San Ignacio, and blue whale adventures in Loreto. www.TOSEA.net (612) 145-0189.

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Odile “Deedee” Muller photo: Jocelyn Mathe

Deedee spent five years in Evian, near the French Alps and worked with ski traumas including Post-surgery rehab, twisted articulation re-strengthening, and pre-contest strapping. She was honored to work with Samuel Barathay, a famous canoe-kayak Olympic athlete and world champion at that time. Moving to the French Atlantic side, she opened her own office and kept studying and learning new techniques.

She spent the next 15 years in Royan, which is between La Rochelle and Biarritz, and where she faced real serious challenges, working with French national rugby players from Biarritz, like Serge Betsen and many others. Rugby is one of the toughest sport in Europe—full of muscle and ligament traumas—but what a great school and a rich experience! The area was also rich in other pro sport figures from soccer, beach-volley, surfing, tennis, snowboarding, etc. It wasn't uncommon for Deedee to work on a 200 pound sponsored surfer between two surf contests, then the next day try to relax the core and the legs from an exhausted pro female snowboarder during a World Cup. This experience increased Dee Dee's body work knowledge and made her a true 4X4 Physical Therapist, prepared for “all terrain” types of manual therapy—whatever her client's age or needs may be.

Deedee has been able to perform such a physical job by remembering to take good care of her own body and spirit, which she feels is the key to everything and why even though, she's over 50 years, she still looks great

and enjoys surfing and her life here in her beloved Baja California Sur.

TYPES OF MASSAGE AND THERAPY AVAILABLE BY APPOINTMENT ONLY:

Deep tissue back massage, from upper neck to lower back, 1 hour session.

Her specialty—Deedee's Therapies blend: Full body deep tissue and relaxing massage, 1.5 hour session.

Sport injury PT's methods, ultra sound, sour tissue draining, Elastoplast strapping—the time depends on the trauma.

Post-surgery rehabilitation programs, 1 hour session.

WHAT IT HELPS WITH:

Physical relaxation. Improved circulation, which nourishes cells and improves waste elimination. Relief for tight muscles (knots) and other aches and pains. Release of nerve compression (carpel tunnel, sciatica). Greater flexibility and range of motion. Enhanced energy and vitality. Some clinical styles may help heal scar tissue as well as tendon, ligament, and muscle tears.

WHAT FITNESS LEVEL IS REQUIRED:

None. Everyone can benefit from massage.

Contact Deedee at cell: (612) 119-4158

An advertisement for Hotel Casa Tota. The top part features the name "HOTEL CASA TOTA" in large, red, block letters. Below it, in smaller white text, are "TODOS SANTOS • BAJA SUR • MEXICO". To the right, the name "La Santeña" is written in a large, elegant, white cursive font. Below that, in smaller white text, are "RESTAURANTE • CANTINA". The background is a photograph of the hotel building at night, illuminated with warm lights. At the bottom, there is a black bar with white text: "Reservaciones tel: (612) 14 5 05 90, (612)15 7 93 32, US phone: 619.400.3089 hotelcasatota.com hotelcasatota@gmail.com".

Yamuna Body Rolling

BENEFITS:

Promotes Full Body Awareness.

We as humans have very little body awareness, at least in Western culture. We are wrapped up, pre-occupied in our minds, and in complete oblivion much of the time to what our bodies are doing. We slouch, twist, stretch our necks, sit in odd positions and wear stiff shoes. As we hold and look at our devices we contort our bodies, put ourselves in positions that are possibly physically painful, and ignore our body's call for re-adjustment and just keep on doing it. How do you feel when you begin to move again?

Emily Gable has over six years experience with Yamuna Body Rolling. She offers classes at Cuatro Vientos studio on the *otro lado* of Todos Santos and private sessions at Estudio Baja in downtown Todos Santos.

Yamuna Body Rolling (YBR) is more than self-massage. It is physical fitness, self-massage, physical therapy and stretching all-in-one. During a YBR session, you work to stimulate bone, beginning at the point of origin of muscle on bone, following to its point of insertion on bone. YBR's focus follows the body's logical sequence of bone to muscle.

It is a common belief that our bones are rigid and unable to bend and move, this is just not true. Our bones are full of fluidity and possibility, and body rolling promotes circulation, oxygenation and fluidity to bones that may be stuck, rigid and brittle. It is a tool for creating space in our bodies to prevent and relieve immobility and pain by using balls of various sizes and firmness, your own body weight and small movements.

Working on the feet wakes up the foundation of our body. YBR stimulates the bones of the feet and the muscles attached to them, breaking up calcifications and scar tissue which in turn creates space, awareness and freedom of movement.

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Emily's clients of all ages all say the same thing—with Yamuna Body Rolling, you start to feel better in your body. You do not have to age and become shriveled and brittle.

WELL-BEING continued on page 37



" DEE DEE "

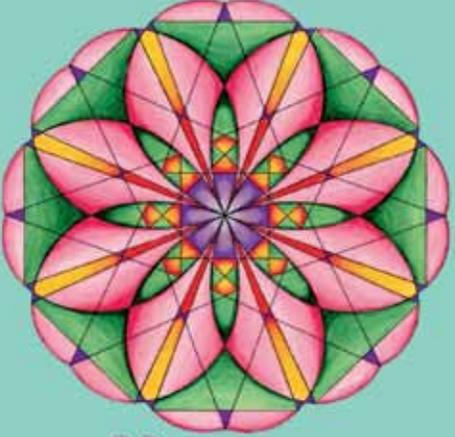
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Pelican Theatre's Spring 2015 Season

story & photo by Kat Bennett



This spring will be jam-packed with cultural events, not least of which will be the return of the Pelican Theatre of La Paz with their 2015 production, *Let's Make a Scene: Three Short Comedies*. The theatrical company will be returning to the Teatro de la Ciudad in La Paz at the end of March and beginning of April for a five-engagement run.

On this year's bill are three scenes, featuring actors Celia Devault, Elia Redfield, and Kathleen Bennett:

Anything for You—Over a lunch that begins like so many they've had before, a discussion between two women turns unexpectedly away from the menu.

History Lesson—It's Maggie's last day at Mount Rushmore as a park ranger, and she has an arsenal of made-up historical facts to unload on her listeners.

Siobhan—A temp worker is tired of using self-help books to "cure" herself as she discovers that deep-down she is a woman of substance.

Each scene is a complete play, lasting around ten minutes. The ten-minute play, according to the Pelican Theatre's artistic director, David Coxwell, has evolved as something of a theatrical phenomenon. It's been called "Polaroid playwriting," and this exciting new format has altered the theatrical landscape with its possibilities. No longer just a

fad, many famous playwrights have tried their hand at this form. Among the playwrights represented in this year's production is David Lindsay-Abaire—author of *History Lesson*—who won the Pulitzer Prize for Drama.

While this year will be only the second production for the Pelican Theatre, many of the people involved with the company started with La Paz's previous English-language theatre group, the Naked Acting Company (NAC). The brain-child of Monica Kling, NAC delighted audiences with a number of productions. However, time constraints prevented Monica from pursuing further productions with the company.

The Pelican Theatre has a different feel from NAC, but David is the first one to point out that without Monica and the Naked Acting Company, the Pelican Theatre wouldn't exist. It was because of Monica and her company that David first came to La Paz. While working with Monica, David first came into contact with Patricia Fernández of La Paz's Teatro de la Ciudad. Patricia was delighted to have the opportunity to include an English-language theater group in the Teatro de la Ciudad's agenda, and her support has been an integral part of the Pelican Theatre's success.

Following the success of last year's Pelican Theatre two-engagement production, the planners at the Teatro de la Ciudad requested a longer run for this season. Hence, this year the company will have five engagements, with two matinee performances and three evening performances: March 29, at 7 pm; April 6, at 5 pm and 7 pm; and April 7, at 5 pm and 7 pm. Tickets, when they go on sale, will be available at Allende Books in La Paz, and El Tecolote Bookstore in Todos Santos. For more information about the Pelican Theatre or this year's production, please check the Pelican Theatre's blog or Facebook page.

<https://pelicantheatreoflapaz.wordpress.com/>
<https://www.facebook.com/PelicanTheatreCoLP>

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february

February 3 | FULL MOON DINNER at **El Mirador, Ocean View Restaurant** in Todos Santos. For reservations: (612) 175-0800, front desk at **Guaycura Boutique Hotel** or reservation@guaycura.com

February 4, 5, 6 & 7 | 7 pm, LAS ESTRELLAS DE TODOS SANTOS PRESENTS TWO PLAYS: *The Seventy-Fifth Year*, by Philip Bentley and *Pillow*, by Frederick Stroppel in the garden patio in **Hotel Casa Tota**. Ticket prices are 150 pesos, seating is limited. There will be a Wine & Nibble Mingle with the actors after opening and closing night shows. The hotel will be offering special packages. For tickets: lasestrellasdetodosantos@gmail.com

February 6 | 4-7 pm, ART WALK TODOS SANTOS. Takes place the first Friday of the month with over 14 participating galleries.

February 6 | 4-7 pm, ARTIST DRAW SHOW OPENING at **Olas y Alas** in Todos Santos.

February 7 & 8 | 6TH ANNUAL OPEN STUDIO TOUR in Todos Santos. With a map in hand, showing all of the studios, visitors will get a glimpse of what the life of the artist is like. Ticket price for the Open Studios Tour is 200 pesos for both days. Tickets can be purchased online through <http://www.brownpapertickets.com/event/785415> For more information: www.artistsoftodosantos.com or Facebook/Artists of Todos Santos

February 12-17 | CARNAVAL 2015 DE LA PAZ.

February 14 | 4- 6 pm "VIAJE DEL CORAZON" at **Cuatro Vientos** in Todos Santos. An intimate concert and vibrational sound meditation for the heart with pianist, vocalist & sound healer, Lynn We-dekind. Music using the ohm and Venus gongs, Tibetan bowls, bells, chimes and tuning forks. Tickets are \$20 USD / \$280 pesos and are available at Mixtica, or \$25 USD / \$350 pesos at the door. Please

bring a mat or pillow to sit on. For more information: tierracanta@gmail.com

February 15 | 4-7 pm, WATER COLORISTS Stan Perrott and Patricia Solem at Art House in La Paz.

February 15 | 4 pm, OPEN READING at Los Adobes restaurant in Todos Santos. Readings are limited to 5 minutes in length and original works only.

February 21-28 | FESTIVAL DE ARTE TODOS SANTOS in the town plaza.

February 22 | 4:30 pm, FESTIVAL DE CINE TODOS SANTOS OSCAR PARTY at the Hotel California in Todos Santos. \$300 pesos entrance includes: viewing the Academy Awards Ceremony, tapas, two drinks, dress up as favorite Oscar nominee costume contest, Oscar ballots (vote for your choice), live auction and door prizes.

February 28 | 6 pm, NOCHE DE MODA fashion show at the Hotel California in Todos Santos. Tickets 150 pesos in advance / 200 pesos day of the event. VIP Admission 400 pesos in advance / 450 pesos day of the event. Tickets are available at Nomad Chic, **Pura Vida** and the Hotel California, or online at www.brownpapertickets.com/event/1179102. A percentage will be donated to the Palapa Society of Todos Santos BECA Program.

march

March 6 | 4-7 pm, ART WALK TODOS SANTOS. Takes place the first Friday of the month with over 14 participating galleries.

March 6 | 5 pm 'WORDS AND WINE' at **La Bodega de Todos Santos** with Baja writer extraordinaire Graham Mackintosh book signing and slide show. For more information visit **El Tecolote Bookstore** or email: katemlewis@yahoo.com

March 12-22 | 12TH ANNUAL FESTIVAL DE CINE DE TODOS SANTOS with shows at: the Malecón and other locations in La Paz; Teatro Manuel Márquez de León and the Centro Cultural Prof. Né-

tor Agundez in Todos Santos; and **Dana's Diner** in Pescadero. Pre-sale wristbands and tickets will be available for all films at GotBaja in Todos Santos (**Cafélix**), La Paz and Cabo San Lucas. For information visit: <http://www.todosantoscine.org/> or facebook.com/TodosSantosCineFest

March 12 | 6 pm, 12TH ANNUAL FESTIVAL DE CINE TODOS SANTOS OPENING NIGHT LA PAZ on the Malecón.

March 14 | 8 pm, 12TH ANNUAL FESTIVAL DE CINE TODOS SANTOS OPENING NIGHT TODOS SANTOS in the Plaza Pública. \$450 pesos for wristband includes tapas, meal, dessert, and 2 drink tickets. General Admission food and drink tickets will be available, food and drinks provided by the Hotel California and Santo Vino. Art auction winners announced, raffles, door prizes and *Danzón* themed entertainment.

March 15 | 9:30 am – 3 pm, TODOS SANTOS HISTORIC HOME TOUR. Ticket sales from 9:30 am to 2 pm. Tour times from 10 am to 3 pm. Tickets can be purchased on the day of the event or by email at thepalapasociety@yahoo.com

March 15 | 4 pm, OPEN READING at Los Adobes restaurant in Todos Santos. Reading are limited to 5 minutes in length and original works only.

March 15 | 8 pm, FESTIVAL DE CINE TODOS SANTOS CELEBRITY DINNER at the Hotel California. Private dinner with the stars and guests of the festival. \$1,500 pesos per person (60 people max).

March 15 | 8 pm, FUNDRAISER FOR ESCUELA DE CINE LEONARDO PEREL. Location to be announced.

March 17 | 4 pm-? SHUT UP FRANK'S LUCKY 19TH ANNUAL ST. PATRICK'S DAY. Serving Frank's own corned beef, marinated for one month in special brine and turned every three days until it is just perfect. It's the most delicious corned beef ever!

EVENTS continued on page 48



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sunday

9 am – 2 pm, **SUNDAY BRUNCH AND COMMUNITY MARKET** with live music at **Baja Beans** in Pescadero.

12 – 3 pm, **LIVE MUSIC** at **El Faro, Beach Club & Spa** in Todos Santos.

SPECIAL BRUNCH at **El Mirador, Ocean View Restaurant** in Todos Santos. For reservations: (612) 175-0800, front desk at **Guaycura Hotel**, or reservation@guaycura.com

monday

9:30 am – 2:30 pm, Basilfield **ORGANICS** on calle Márquez de León across from Alma y Manny's, Todos Santos.

10 am – 1 pm, *Palapa Society of Todos Santos* **LIBRARY & RINCON DE CUENTOS OPEN.**

11 am – 3:30 pm, **PICKLE'S ORGANIC PRODUCE STAND** on Calle Los Mangos on the *otro lado* of Todos Santos.

5 – 8 pm, **FLIGHT NIGHT** at **La Bodega de Todos Santos.** Featuring Baja wine tasting, live music and tapas.

tuesday

8:30 am – 1 pm, **LA PAZ FARMER'S MARKET** on calle Madero between 5 de Mayo and Constitución, La Paz.

10 am – 3 pm, **ORGANIC VEGETABLES** at Rancho Buen Día in the *callejon* of Todos Santos.

11 am – 3 pm, **PICKLE'S ORGANIC PRODUCE STAND** at **Mini Super Munchies** in Pescadero.

1:15 pm, **FREE MEXICAN CULTURAL PRESENTATION** in easy Spanish. *Se Habla... La Paz* Spanish Language School, La Paz.

6:30 pm, **MOVIE NIGHT** at **Gallo Azul**, Todos Santos.

wednesday

7 am – 1 pm, **LOS CABOS ORGANIC MARKET** on Camino del Colegio, sn at the Pedregal, Cabo San Lucas.

9 am – 12 pm, **FARMER'S MARKET (Mercado Local)** at **La Esquina**, Todos Santos.

9:30 am – 2:30 pm, Basilfield **ORGANICS** on calle Márquez de León across from Alma y Manny's, Todos Santos.

10 am – 1 pm, *Palapa Society of Todos Santos* **LIBRARY & RINCON DE CUENTOS OPEN.**

11 am – 3:30 pm, **PICKLE'S ORGANIC PRODUCE STAND** on Calle Los Mangos on the *otro lado* of Todos Santos.

1 – 5 pm, **SAN JOSÉ DEL CABO ORGANIC MARKET** (Mercado Organico) just outside the San José historic district in Huerta Maria on the Camino a Las Animas. Look for the signs at the big arroyo off Avenida Centenario.

5 – 8 pm, **BIG RED WEDNESDAY** at **La Bodega de Todos Santos** with live music.

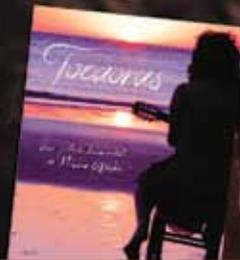
thursday

8:30 am – 1 pm, **LA PAZ FARMER'S MARKET** on calle Madero between 5 de Mayo and Constitución, La Paz.

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Closing Night Party

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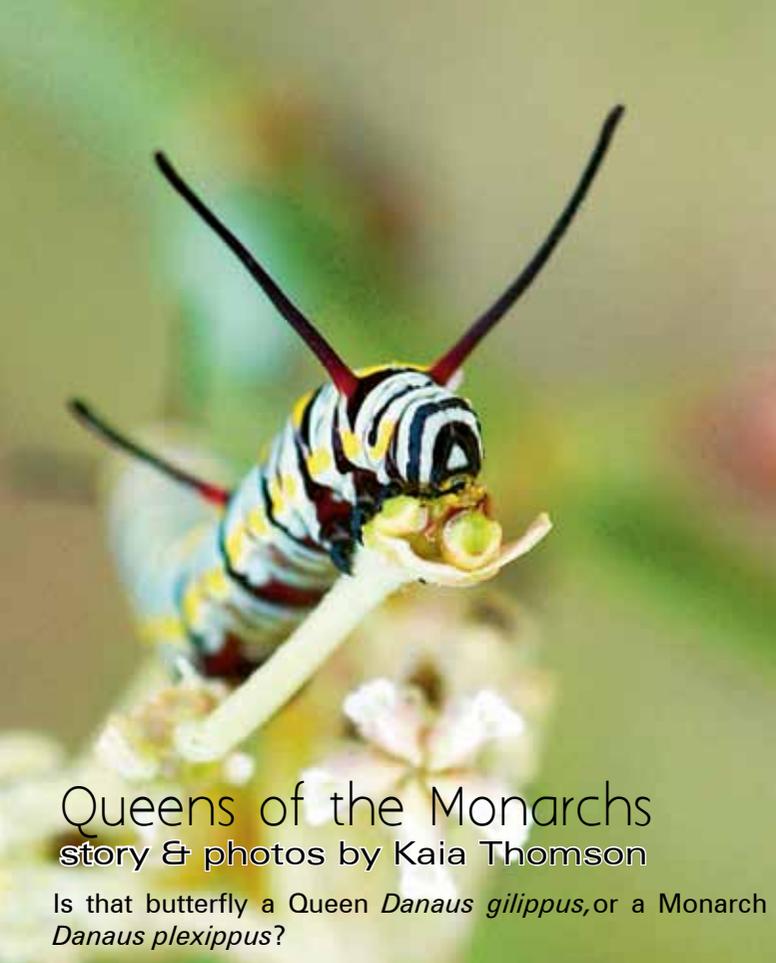
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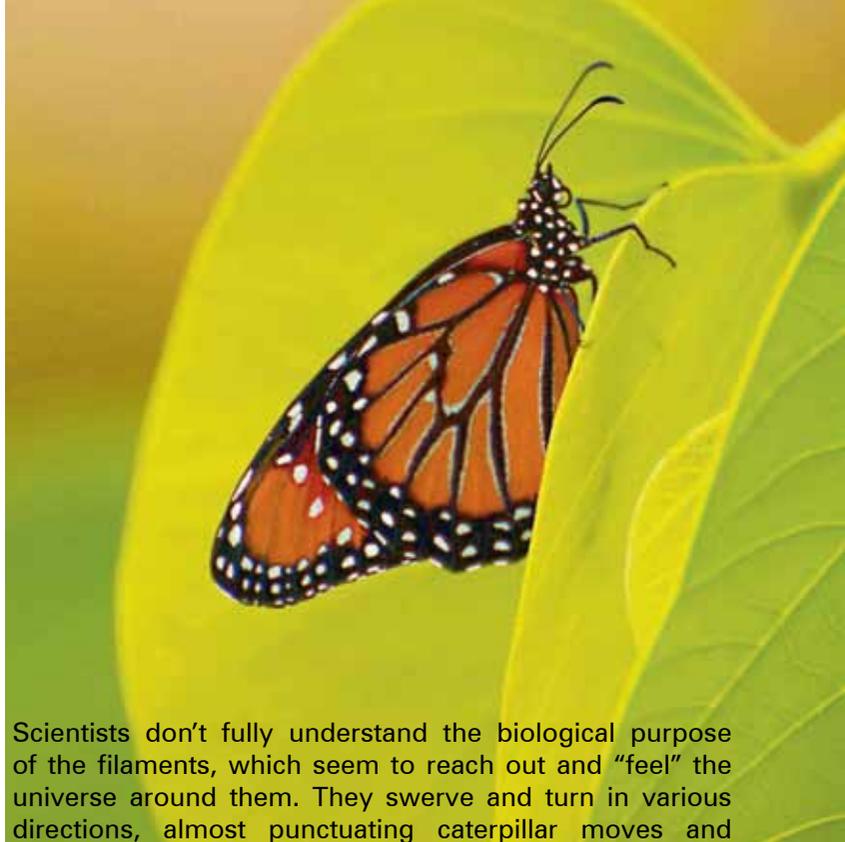
Queens of the Monarchs story & photos by Kaia Thomson

Is that butterfly a Queen *Danaus gilippus*, or a Monarch *Danaus plexippus*?

Because of their similar color, size and affinity for milkweed as a host plant, Queens and Monarchs are often mistaken for each other. Once you look a little closer, it's not that hard to tell the difference between Monarchs and Queens.

Queen caterpillars have three sets of protuberances—frequently called antennae, but actually only one set are antennae and the other two are filaments. The antennae have special sensing properties while the filaments are mostly for show to throw off predators. The Queen caterpillar will also often have a slight red blending of black to red where the filaments connect to the caterpillar's torso.

Queens are more of a solid orange; when their wings are folded, the Queens' solid dark orange is interrupted with occasional white dots. When their wings are open, the difference is even more obvious. The Queen is solid orange and if you see two distinct black spots those are the pheromone sacs that attract the female butterflies.



Scientists don't fully understand the biological purpose of the filaments, which seem to reach out and "feel" the universe around them. They swerve and turn in various directions, almost punctuating caterpillar moves and warning predators... "Hey, don't eat me! I am full of cardiac glycosides from all the milkweed that I eat."

One thing the Queen and the Monarch butterfly do share is the practice of Müllerian Mimicry. Both species consume milkweed and absorb toxins from the plants in their bodies, which makes them distasteful to predators such as birds and lizards. Since both species have a coloration of bright orange and red tones that generally warn of toxic qualities in prey, they are equally undesirable to predators. The two species gain an advantage against predators by each offering the same bad taste to the predators and reinforcing that bad taste with a very similar appearance.

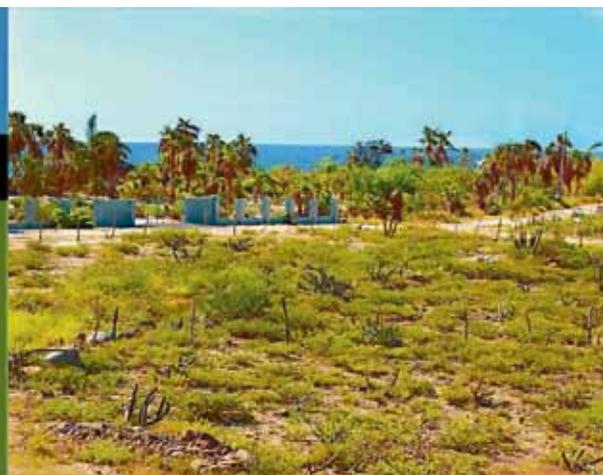
The Queen butterfly is generally a tropical species, found in the southern states of the U.S.A. and most of Mexico, even occasionally as far south as Argentina. They do not partake in dramatic migrations like their cousins the Monarchs. Interestingly, the Monarch is divided into a Western and Eastern population, with the western group only going as far south as Ensenada. The Eastern group of Monarchs fly on their annual migrations from Canada and the US all the way to Michoacán Mexico.

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Reinas de las Monarcas

por Kaia Thomson
traducido por Paula Angeloni

¿Es esta mariposa una Reina *Danaus gilippus*, o una Monarca *Danaus plexippu*?

Debido a su similitud en color y tamaño y porque ambas tienen por planta huésped al algodoncillo, las mariposas Reina y Monarca suelen ser confundidas unas con otras. Sin embargo, cuando uno las mira de cerca no es tan difícil distinguirlas.

Las orugas de las Reinas tienen tres series de protuberancias frecuentemente llamadas antenas aunque solo una de ellas son antenas y el resto son filamentos. Las antenas tienen propiedades sensoriales mientras que los filamentos sirven principalmente para asustar a posibles predadores. Las orugas de mariposas Reina presentan una ligera mezcla de coloración que va del rojo al negro en la base de los filamentos.

Las mariposas Reina son de un color anaranjado más sólido; cuando sus alas están replegadas, el naranja es interrumpido por ocasionales puntos blancos. Cuando la mariposa abre sus alas, las diferencias son aun más obvias. Las alas de la Reina se ven de un naranja uniforme y a veces presenta dos distintivos puntos negros que son bolsas de feromonas para atraer a las mariposas hembras.

Los científicos aun no comprenden plenamente la función biológica de los filamentos que parecen estirarse y "sentir"



el universo que los rodea. Se tuercen y giran en varias direcciones como previniendo a sus predadores... "¡Hey, no me comas! Estoy lleno de glucósidos cardiacos de todo el algodoncillo que me como."

Las mariposas Monarcas y las Reinas comparten la práctica del Mimetismo Müllleriano. Ambas especies consumen algodoncillo y absorben las toxinas de la planta en sus cuerpos, lo que las hace desagradables para sus predadores las aves y las lagartijas. Ambas especies tienen una coloración con naranjas y rojos llamativos que generalmente advierten a sus predadores sobre las propiedades toxicas de la presa y por tanto son igualmente indeseables para ellos. Las dos especies se mimetizan unas con otras y de esta manera sacan ventaja frente a sus predadores reforzando su apariencia toxica.

Las mariposas Reina son generalmente especies tropicales y se extienden desde el Sur de los Estados Unidos hasta Argentina pasando por casi todo México. Estas mariposas no realizan dramáticas migraciones como sus primas las Monarcas. Curiosamente las Monarcas se dividen en dos poblaciones; las del Oriente y las del Occidente. El grupo de mariposas del Oeste solo llega hasta Ensenada mientras que las Monarcas del Este viajan en su migración anual, desde Canadá y EEUU hasta Michoacán, México.



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El Cielo: The Baja Sky

by Roc Fleishman
photo: Kaia Thomson

Welcome the February/March edition of *El Cielo*, highlighting the most interesting sights and movements of the heavenly objects above the Pacific Coast of Baja California Sur. Keep this list close at hand and enjoy the sky.

There are lots of bright stars visible during the clear nights of winter. The most distinct constellation is Orion and its Great Nebula (in the sword, look for fuzzy cloud). The Southern Cross (Crux) is obvious when you see it, visible due south, very low to the horizon for the next few months for a few hours each clear night. At the beginning of February, it is straight up at about 4 am. My favorite globular star cluster for binocular and telescope viewing, Omega Centauri, makes its appearance in this season also. It follows behind Crux, 15° above and to its left and due south at 5 am on February 1. Due to basic solar system mechanics, all of the stars (and the far outer planets) advance about two hours each month, so if what you are looking for was straight up in the south at 4 am on February 15, it will be straight up on March 15, at 2 am and so on.

MOON/PLANET CALENDAR FEBRUARY

- 12th Saturn and the last quarter moon rise around 2 am and get closer until sunrise (around 6 am).
- 19th New moon, 26 hours old, possibly visible. Venus

and Mars are above.

- 20th Venus and Mars with new moon.
- 21st Venus and Mars pass each other within ½ degree around 11 pm.

MARCH

- 12th Saturn and the moon again, but closer this time, only 2° of separation.
- 21st New moon, 41 hours old, Mars below and to the right one degree.
- 22nd Venus and crescent moon in the sunset.
- 29th Jupiter and the moon, closest at 11 pm, set around 3 am on 30th.

A heads up for the first full moon that follows the above calendar. On the night of April 3rd, we will have a short total lunar eclipse. A bright totality will last for about 10 minutes centered at 5 am of April 4th as the moon is sinking in the west.

For more information on any of the above subjects, check out the web links below. To arrange a star party or for other astronomical questions, call me on my cell phone (612) 348-5468 (and leave a local number), or visit my office in Plaza Antigua, upstairs #9, **Pescadero Properties**, #16 on the Todos Santos map.

EL CIELO continued on page 48



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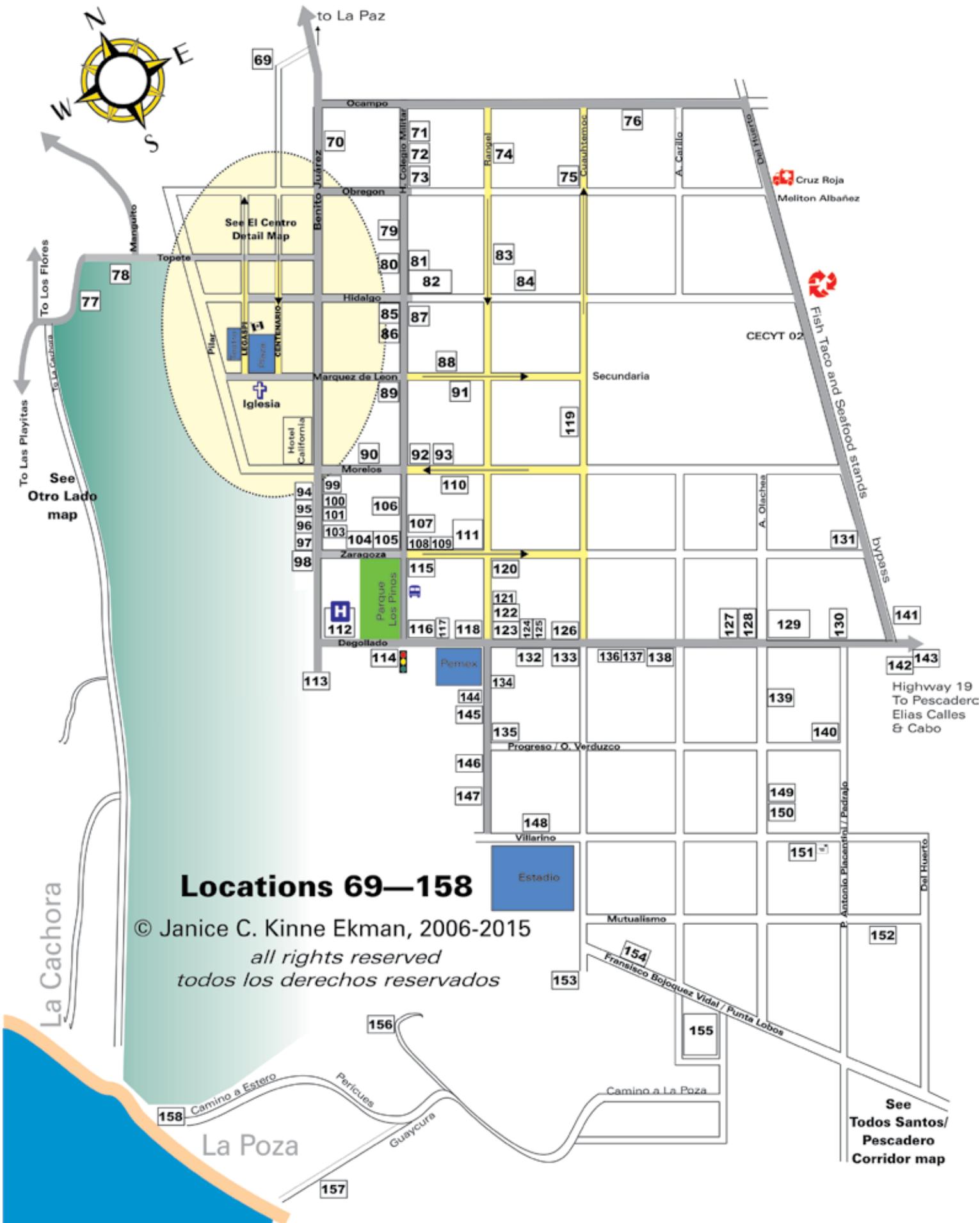


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Voces del Pueblo

by Janice Kinne

The **12th Annual Festival de Cine Todos Santos** takes place this March presenting the best in Latin films and shorts. Films will be shown in Todos Santos, La Paz and Pescadero. This year's exciting lineup is a tribute to Mexican women directors and actors and the Baja environment, see our articles on the festival, one of the attending stars and the current Youth in Video project, "*No a la Mina.*"

Once again, the über talented Kate Turning has designed a stunning cover for the Festival 2015 issue of *Journal del Pacífico*. Kate has also designed this year's Film Festival poster and t-shirts, featuring the same model.

A healthy lifestyle and well-being are on everybody's minds these days. Bryan Jáuregui has written about a small group of local women making big changes to their families' diets and health in the "Greenhouse Greats of Pescadero."

We're also highlighting some other methods available locally for improving your well-being including floating, massage therapy, Yamuni body rolling, and Ayurveda and energy healing. After reading our article, we're sure that you'll want to try at least one; we sure did!

Pura Vida Health Foods has opened a second location in downtown Todos Santos behind the Ezra Katz gallery. They are also working hard on re-opening their original location behind the Pemex.

Guayabas Juice Bar is open across from the **Guaycura Boutique Hotel** in the Todos Santos historic district. Their delicious juices, smoothies and grilled paninis are all made from local and organic produce. The courtyard patio also has free wi-fi.

Leading up to this year's Academy Awards, **Gallo Azul Art & Pizza** in Todos Santos is having movie night every Tuesday. Check out their Facebook page for this week's

movie and make your reservations.

March 17th, **Shut Up Frank's** will be holding their 19th Annual St. Paty's Day party. Frank has been making authentic corned beef and will be serving it up with all the fixings. They've also added sliced turkey, pastrami and beef sandwiches on homemade bread to their regular menu and have new pizza oven.

El Arco Eléctrica and Plomería's friendly staff can help you with all your construction and repair needs at two convenient locations in Todos Santos and off Abasolo in La Paz.

La Paz Cruisers Supply provides necessary equipment for cruising boats. They are located at the Marina Palmira in La Paz. While you're there, check out their **Eagle Images Gallery**.

Mi Pueblito the colorful traditional Mexican restaurant in the Todos Santos historic district has become a popular spot with locals. Keep you eye out, they will be moving across the street, next to **La Bodega de Todos Santos**, in the next couple of months.

Cantamar Restaurant, next door to **Carnitas Uruapan**, on calle Militar in Todos Santos serves up the delicious Mexican breakfasts and lunches and features different daily specials. Don't worry, you can still order **Carnitas Uruapan's** savory pozole next door.

Mini Super Munchies is located in Pescadero near the beach and **Rancho Pescadero**. You can find everything you need without having to go to town, including micro brews, wine and food to go. Pickle is there every Tuesday morning with her organic produce.

Cafélix's new Pescadero location is now open 7 am to 7 pm, and Wednesdays until 3 pm. Look for the brick building on the main highway south of the Pemex.

Brody's Pizza on the road to Los Cerritos is open again and serving up Italian style pizza, fresh salads and spaghetti.

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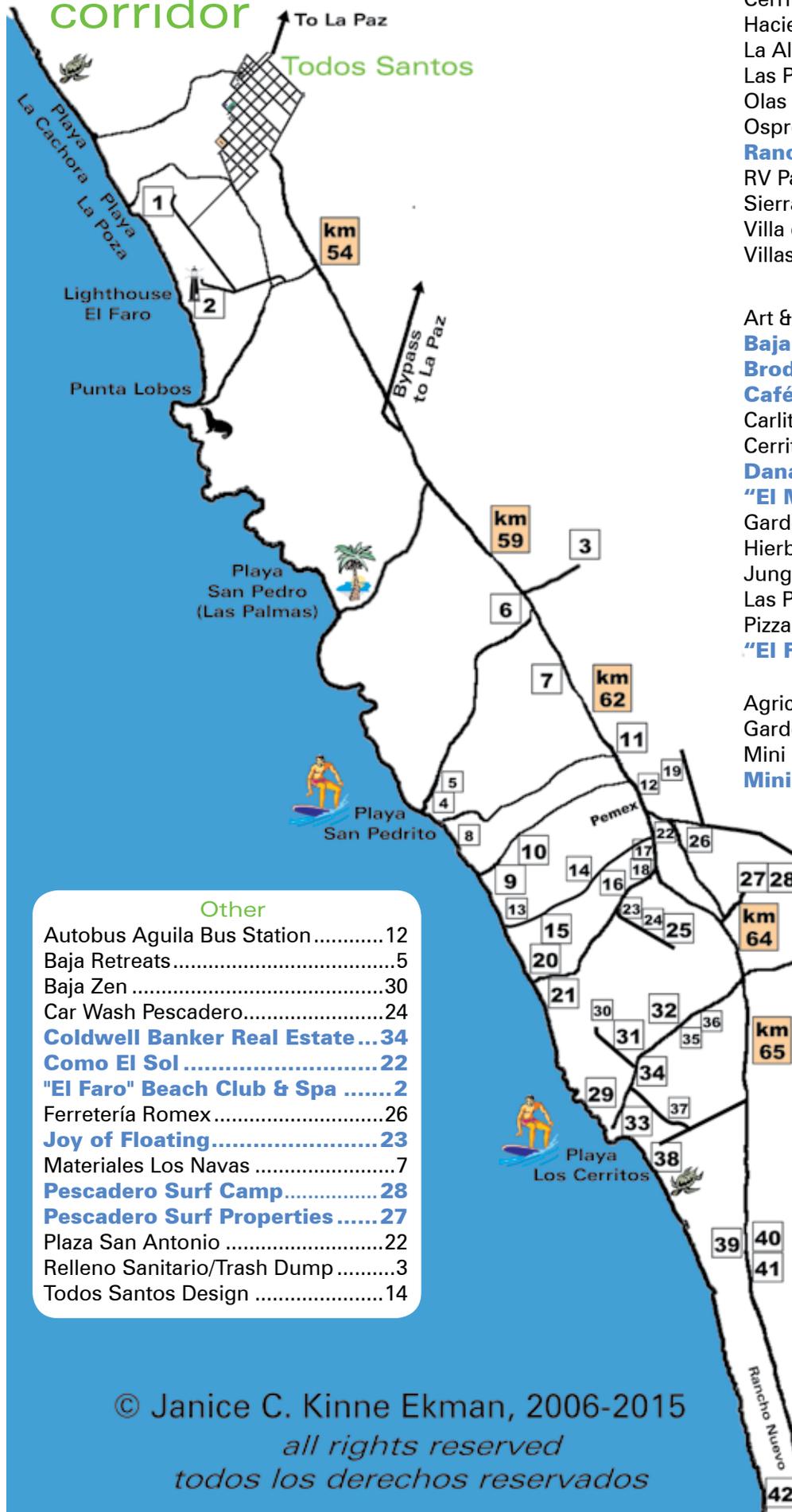
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todos santos—el pescadero corridor



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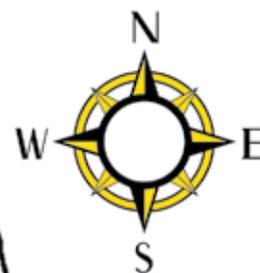
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El Pescadero



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To Elias Calles and
Cabo San Lucas

Beaches / Playas

by Janice Kinne

Todos Santos lies inland along the rugged Pacific coast. There are miles of beautiful white sand beaches accessible down unmarked dirt roads.

This stretch of the Pacific Ocean is a very dangerous place to swim at any time of the year. Strong rip currents and backwash are common. People have drowned in waters near Todos Santos simply because they were too close to the ocean while on beaches with steep drop-offs. PROPLAYAS Todos Santos A. C. have placed warning signs at the most dangerous beaches and have lifeguards on duty daily from 9 am to 5 pm at Los Cerritos Beach.

You can access the **LA POZA** and **LA CACHORA** beaches via the La Cachora road. Both are suitable for walking, fishing, whale watching, relaxing or sunbathing. They are not swimming beaches. Because of the big waves breaking on the shore, La Cachora beach has become popular with skim boarders.

La Poza has a large freshwater lagoon that is great for bird watching.

When the lagoon is full, exercise extreme caution, especially if it has begun to overflow. People have drowned at La Poza beach in front of the mouth of the lagoon when the dune has broken and the lagoon flowed into the ocean.

- Do not attempt to surf or boogie-board the overflow.
- Do not swim in the lagoon when it is close to overflow; do not walk or drive across the mouth of the lagoon if it is even close to overflow.
- If you are going to swim in the lagoon be very careful. The lagoon may appear to be shallow, but has many sudden drop-offs and is actually very deep.

PUNTA LOBOS, named for a sea lion colony, is also known as the fisherman's beach. Simply follow Calle Francisco Bojorquez Vidal (formerly calle Punta Lobos) south out of town, or turn off at km 54 from highway 19. You will pass an old cannery from the days when fisherman could harvest sea turtles legally. There is a small freshwater lagoon at Punta Lobos with a shrine to the virgin.

The fishermen ride their panga boats on the waves onto the beach between 1 and 3 pm. Their return is exciting to watch and you can usually buy fresh fish from the cooperatives.

The two fishing cooperatives have exclusive rights to the "launch zone" at Playa Punta Lobos. For reasons of safety and due to past problems, boat launching at Punta Lobos is not permitted without their express permission.

The only recommended swimming beaches are outside of Pescadero. **SAN PEDRO**, also known as **PALM BEACH** (*Playa Las Palmas*) is near km 57. Its entrance is across highway 19 from the Campo Experimental—stay to the **BEACHES** continued on page 36



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Beaches

continued from page 35

photo: Kate Turning

left as you pass the abandoned hacienda. Las Palmas is a beautiful, secluded beach surrounded by a palm grove with a fresh water lagoon that is home to a variety of plants, birds, and wildlife.

Due to strong currents (especially near the rocky point), swimming is safer 50 meters from the rocks (Swim with caution and always have a land reference). The property surrounding Palm Beach is privately owned. The gates are open from 6 am to 9 pm daily. Car break-ins have been reported at Palm Beach. Leave your valuables at home!

PLAYA SAN PEDRITO is a rocky surfing beach around km 60, about 4.6 miles (7.4 km) from Todos Santos. There is a large San Pedrito RV Park sign at the entrance off the highway. (The trailer park is closed but usually open to cars.)

PLAYA LOS CERRITOS is located at km 64 about 8 miles (12.8 km) south of Todos Santos. Look for the turnoff after the hill, south of Puente El Pescadero. Los Cerritos is a popular spot for surfing, boogie boarding, swimming and fishing. Swim with caution due to strong riptides near the rocks. It is recommended to stay at least 50 meters from the rocks. The most secure swimming area is in front of the restaurant/bar. (Swim with caution and always have a land reference). There is a long stretch of beach to the south that is perfect for walking or running. Surfboard rentals and other services are available.

Baja Zen #30 on the Pescadero map, offers morning and evening yoga classes overlooking Playa Los Cerritos.

La Sirena Eco-Aventuras, #150 on Todos Santos map, provides kayak and snorkeling tours, fishing trips, swimming with whale sharks, beach shuttle, surfing lessons, surfboard and boogie board rentals.

MARIO'S SURF SCHOOL provides surfing lessons, board rentals, repairs and accessories. Call for information.

PESCADERO SURF CAMP, #28 on the Pescadero map, provides surfing lessons and surfaris.

TODOS SANTOS ECO ADVENTURES, #157 on the Todos Santos map, offers surfing lessons, fishing trips, guided cliff and beach walks, bird-watching at the lagoon, swimming with sea lions, and whale watching in Magdalena Bay.

TODOS SANTOS SURF SHOP, #82 on the Todos Santos, sells and rents surfboards and supplies. They offer tours swimming with whale sharks and sea lions, trips to Espiritu Santo Island and whale watching in Magdalena Bay.

Surf reports: checkout Baja under Mexico at www.wetsand.com/swellwatch

There are no restrictions for beach fishing at any beaches. Please respect our beaches and help protect the sea turtles, don't leave trash or drive on the dunes or beaches.

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Well-Being

continued from page 21

Instead, aging can be graceful, pain free and awaken your body to a new way of being that you never knew was possible. Emily's own experience was a history of many traumas in her body, and feeling uncomfortable, unsure and in constant pain. After learning body rolling techniques she now feels awake, alive, flexible and pain free all of the time

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Emily Gable offers Yamuna Body Rolling, foot fitness, and face ball massage classes at Estudio Cuatro Vientos:

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Thursdays 3 - 4:15 pm, Save your Feet.

Fridays 7:30 - 8:45 am, Yamuna Body Rolling Basics, first Friday of each month is Save your Face.

Emily also offers private table treatment, face ball massage and body rolling sessions by appointment at Estudio Baja located in Plaza Antigua in Todos Santos.

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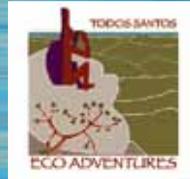
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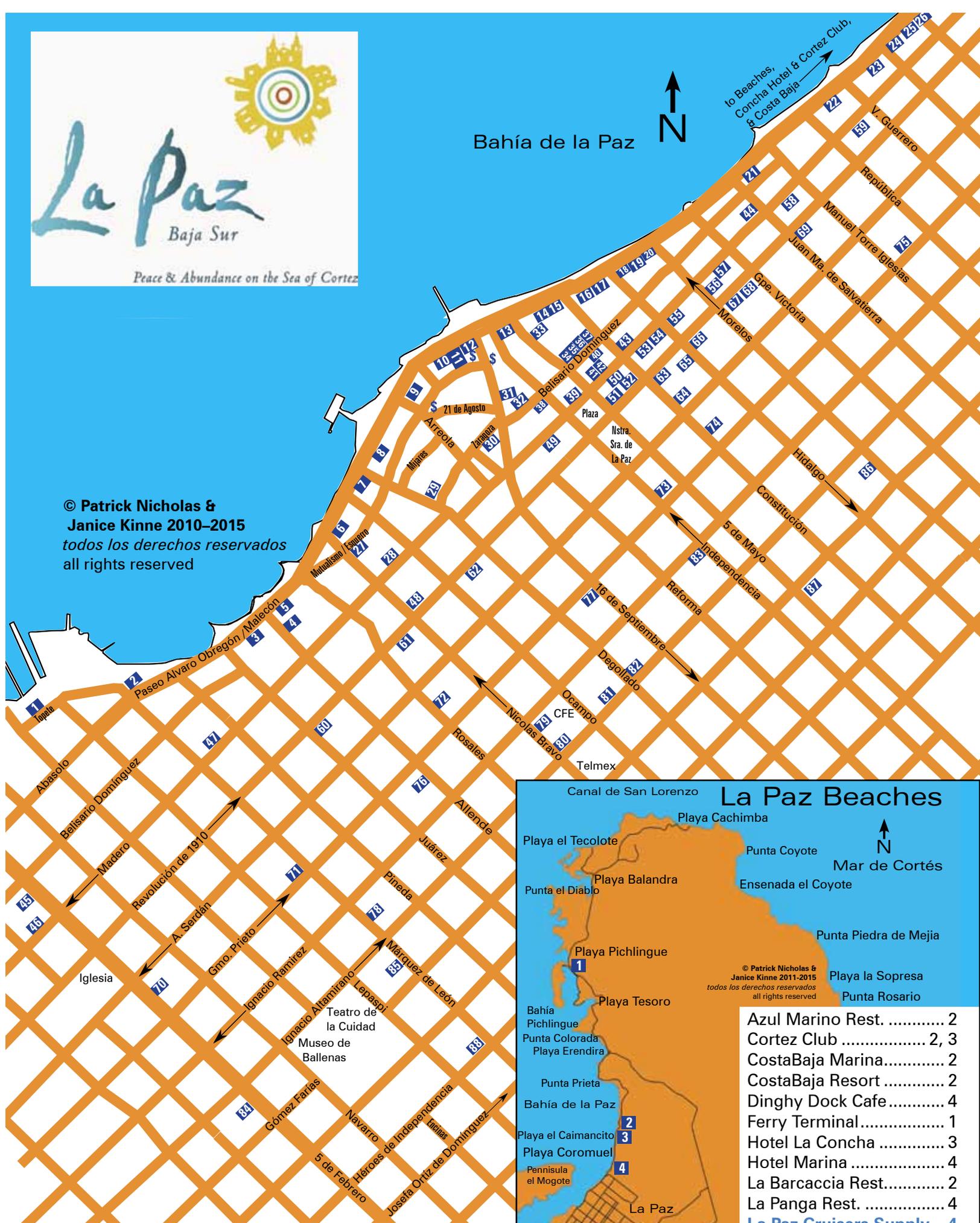
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La Paz Beaches

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La Paz Beaches

photo by Kate Turning

by Janice Kinne

The *malecón* along the bay of La Paz is the perfect place to walk, run, people watch or enjoy gazing across the water. Crews clean the beaches and walkways daily, fresh sand has been imported and there are *palapas* to offer shade. Locals and tourists visit the beaches north of downtown to swim, snorkel, or kayak. There are several adventure companies along the *malecón* and at the marinas offering panga rides, bay and island cruises, snorkeling, scuba diving, fishing, sailing and kayak rentals.

EL MOGOTÉ is the spit of land that separates the harbor of La Paz from the *Bahía de La Paz*. This natural treasure used to be, for the most part, accessible only with 4WD. Now driving onto the peninsula is restricted due to the construction of golf courses, homes and hotels.

PLAYA EL COROMUEL (4.5 km): is the first beach north of town and an easy walk from downtown. It is within the harbor boundaries, has shaded *palapas* and food / beverage services. The water here gets much better flow with the tide change and is suitable for swimming. The bottom is clean sand and rock. Snorkeling is good further out.

PLAYA EL TESORO (approx. 13 km): is a great little beach for children. The shallow, clear waters allow you to walk out for close to 100 meters. Tesoro has about 25 shaded *palapas*, two small restaurants and kayak rentals.

PICHILINGUE (19 km): Home to the La Paz ferry terminus and a large commercial harbor. There are pleasant, small beaches just north of the deep water port, on the *Vieja Bahía de Pichilingue*. Beachfront food and beverages service and kayak rentals are available and there is a restaurant with an upstairs view. The *palapa* bar is popular in the hot summer afternoons.

PLAYA BALANDRA (23 km): is known for its famous balancing rock formation landmark that resembles a prehistoric mushroom. You can view the rock formation and *playa El Hongo* by walking in the

water around the cliff to your right. The large beach and surrounding area are beautiful. The waters surrounding Balandra are shallow and safe for children. Sheltered from wave action from nearly every direction, the water warms early and is very safe for swimmers and kayaking. There are also several little beaches (coves) and mangroves to explore. The beach has no services, so pack your own lunches and drinks for the day. There are vendors renting chairs, selling fruit and drinks, beach *palapas* for shade and BBQ pits to the south.

PLAYA EL TECOLOTE (26 km): is by far the largest and most visited beach in La Paz. Two restaurant/bars offer shade *palapas* and a large number of beach vendors offer refreshments. RV camping is available, along with a wide variety of water sports rentals. Usually there are no lifeguards on duty, but they may be present during *la semana santa* and in the summer. The beach has a beautiful view of Isla Espiritu Santo and panga rides to the island are available—a 6.5 km crossing across the San Lorenzo channel. Bus service from the station on the *malecón* to playa El Tecolote is available for a nominal charge.

Sting rays are the biggest hazard at the playas and tend to be present on the bottom in shallow waters during the summer. When walking in the water, shuffle your feet on the bottom to avoid stepping directly on a resting ray.



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Well-Being

continued from page 37

Valma Brenton, photo by Vic Kirby

During an Ayurvedic Health Consultation, a Certified Ayurvedic Practitioner uses a number of assessment tools such as pulse and tongue diagnosis, palmistry and in addition a natal birth chart to further assist to determine your imbalance and helping you to alleviate the health challenges that you are experiencing. A holistic and comprehensive practice, Ayurveda uses multi-dimensional modalities including Healing Light Yoga Therapy, Natural Meditation, Astrology, Ayurvedic Counseling, Pranayama (breathing exercises), dietary guidelines, sleep and life style routines, herbs, and Aromatherapy to restore balance and optimal natural well-being.

WHAT IT HELPS WITH:

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WHAT FITNESS LEVEL IS REQUIRED:

None. Anyone can benefit.

Valma Brenton E-RYT and Registered Ayurvedic Practitioner, offers consultations, astro-palmistry, seminars and treatments in Todos Santos and at the Clarananda Wisdom & Wellness Retreat Center.

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vbrenton@island.net

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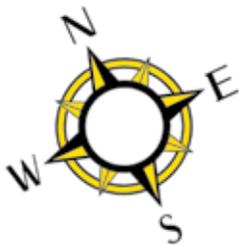
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No a la Mina

continuó de página 14

Cuando SEMARNAT anunció a finales de julio del año pasado que se había otorgado la autorización del proyecto de minería, la gente del estado inmediatamente se movilizó y se organizó en su contra. Fue entonces que Jóvenes en Video decidió hacer de éste su primer proyecto de cine para el año; nuestros planes cambiaron y nos dispusimos a actuar.

Nuestras cámaras siguieron el movimiento de protesta en La Paz, reuniones de la comunidad en Todos Santos, en la legislatura del estado y en la misma Sierra recopilando las opiniones y testimonios de expertos, activistas y residentes por igual.

Cuando comenzaron las perforaciones en septiembre, cerca de Las Playitas al norte de Todos Santos, funcionarios del pueblo llamaron a las autoridades con el objeto de detener la actividad ilegal. Habitantes de la localidad los apresuraron a detener la operación no autorizada; una pequeña victoria para la gente tan sólo a unos días de que 2500 ciudadanos se reunieran en la plaza para firmar el Pacto de Todos Santos, unificando a toda la sociedad de Baja California Sur en contra de la mina tóxica.

Este documento histórico compromete a todos los posibles electos funcionarios aspirantes a puestos oficiales a proteger y defender los recursos naturales; a parar toda actividad industrial tóxica en Baja California Sur.

El peligro potencial de una mina de oro en la Sierra se hizo evidente tras el huracán Odile el septiembre pasado, apenas unas semanas después del derrame de la mina en el Río Sonora. Si la mina hubiera estado operando en el área de la Sierra cuando pegó Odile, uno puede fácilmente imaginarse el daño que hubiera causado al suministro de agua a través de derrames con contaminantes por ruptura de la presa de jales.

A finales de octubre, en medio de creciente presión por parte de la gente, Los Cardones fue “suspendido” por la compañía; una medida temporal mientras la compañía reconsidera sus esfuerzos de *marqueteo* en tanto que los residentes esperan y presionan para que se emita el documento de uso de agua que pudiera de mejor manera proteger al estado contra las prácticas depredadoras de la minería a cielo abierto.

El objetivo de este filme de Jóvenes en Video es que sea una contribución valiosa y relevante en informar al público sobre esta amenaza y mostrar la resistencia y tenacidad de todos quienes vivimos en la Baja y amamos a este lugar.

No a la Mina

continued from page 14

When SEMARNAT (Environment Department) announced in late July of last year that approval had been granted to the mining project, the people of the state immediately mobilized and organized against it. It was then that *Jóvenes en Video* decided to make this their film project for the year; our plans changed and we jumped into action.



Our cameras followed the movement to protests in La Paz, town meetings in Todos Santos, the state legislature and the Sierra itself, compiling the opinions and testimonies of experts, activists and residents alike.

In September, when well drilling began near Las Playitas north of Todos Santos, town officials called on authorities to stop the illegal activity. Local residents pressured them to halt the unauthorized operation; a small victory for the people just a few days before 2500 citizens gathered in the plaza to sign the Pacto de Todos Santos, unifying all of Baja California Sur society against the toxic mine.

This historical document binds all potential elected officials who aspire to public office, into a commitment to protect and defend the natural resources; a commitment to stop all toxic industrial activities in Baja California Sur.

The potential danger of a gold mine in the Sierra was made clear in the aftermath of Hurricane Odile last September, just weeks after the Sonora River mine spill. Had the mine been operating in the Sierra area when Odile hit, one can easily imagine the damage caused to the water supply by breached tailing ponds.

In late October, amid growing pressure by the people, Los Cardones was "suspended" by the company; a temporary measure as the company reconsiders its marketing efforts while residents await and pressure for the land use document that could make the state better protected against the predatory practices of open pit mining.

The goal for this *Jóvenes en Video* film is to be a relevant and valuable contribution in informing the public of this threat and showing the world the resilience and tenacity of all who live in Baja and love this place.



PRESENT

A new documentary film
about the dangers of open-pit gold mining
that threaten Baja California Sur...
...and the people who stood up against them.

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febrero

3 de febrero | CENA A LA LUZ DE LA LUNA LLENA en El Mirador, el Restaurante con vista al Océano en Todos Santos. Para reservaciones: al (612) 175-0800, Recepción del **Hotel Guaycura** y reservation@guaycura.com

4, 5, 6 y 7 de febrero | 7 pm, LAS ESTRELLAS DE TODOS SANTOS PRESENTA DOS OBRAS DE TEATRO: *El Año Setenta y Cinco*, de Philip Bentley y *Almohada*, de Frederick Stroppel en el patio jardín en **Hotel Casa Tota**. El precio de los boletos es de \$150 pesos, cupo limitado. Habrá vino y podrán departir con los actores después de abrir y cerrar las noches de las representaciones. El Hotel ofrecerá paquetes especiales para los locales y los visitantes. Para boletos: laestrellasdetodosantos@gmail.com

6 de febrero | 4 a 7 pm, CAMINATA DE ARTE TODOS SANTOS. Los primeros viernes de cada mes con más de 14 galerías participantes.

6 de febrero | 4 a 7 pm, EXPOSICIÓN DE DIBUJO por el artista en Olas y Alas en Todos Santos.

7 y 8 de febrero | 6º RECORRIDO ANUAL DE LOS ARTISTAS DE TODOS SANTOS. Febrero 7 y 8, 6º Tour Anual de Estudios de los Artistas. El Tour de Los Estudios Abiertos es ahora un evento de 2 días donde los visitantes podrán apreciar más arte, más estudios y pasar más tiempo con los artistas de cada estudio. Con un mapa a la mano que muestra todos los estudios, los visitantes tendrán una mirada de cómo es la vida de los artistas. El precio del boleto para el El Tour de Los Estudios Abiertos es de

\$200 pesos por ambos días. Los boletos se pueden comprar en línea a través <http://www.brownpapertickets.com/event/785415> Para mayor información: www.artistsoftodosantos.com o en Facebook/Artists of Todos Santos

12 al 17 de febrero | CARNAVAL 2015 DE LA PAZ.

14 de febrero | 4 a 6 pm, "VIAJE DEL CORAZON" en Cuatro Vientos, Todos Santos. Un concierto íntimo para el corazón con sonidos vibracionales de meditación y sanación dirigido por el pianista, vocalista y terapeuta de sonido Lynn Wedekind. Música a base de ohm, gong de Venus, cazuelas tibetanas, campanas, campanillas y diapasones. Boletos: 280 pesos en Mixtica o 350 pesos en la entrada. Favor de traer un cojín o tapete para sentarse. Para información: tierracanta@gmail.com

15 de febrero | 4 pm, LECTURA ABIERTA en Restaurante Los Adobes en Todos Santos. Las lecturas se limitan a 5 minutos en duración y solo se aceptan trabajos originales.

15 de febrero | 4 a 7 pm, ACUARELISTAS Stan Perrott y Patricia Solem en el Art House de La Paz.

21 al 28 de febrero | FESTIVAL DE ARTE TODOS SANTOS en la plaza pública de Todos Santos.

22 de febrero | 4:30 pm, FIESTA DE OSCAR DEL FESTIVAL DE CINE TODOS SANTOS en el Hotel California, Todos Santos. Entrada 300 pesos e incluye: Ceremonia de entrega de premios, tapas, dos bebidas, concurso del mejor disfraz de Nominado al Oscar, votos Oscar de su elección, subastas en vivo y sorteo de

premios de entradas.

28 de febrero | 6 pm, NOCHE DE MODA en el Hotel California. Boletos son 150 pesos en el Nomad Chic, **Pura Vida** y el Hotel California / 200 pesos en la entrada. Boletos VIP son 400 pesos / 450 pesos en la entrada.

marzo

6 de marzo | 4 a 7 pm, CAMINATA DE ARTE TODOS SANTOS. Los primeros viernes de cada mes con más de 14 galerías participantes.

12 al 22 de marzo | XII FESTIVAL DE CINE DE TODOS SANTOS con presentaciones en el Malecón y otros lugares (La Paz), Teatro Manuel Márquez de León y Centro Cultural Prof. Néstor Agundez (Todos Santos); **Dana's Diner** (Pescadero). Pre-venta de brazaletes y tickets para todas las películas estarán disponibles en GotBaja de Todos Santos (**Cafélix**), La Paz y Cabo San Lucas. Para mayor información: www.todosantos-cine.org/ o [facebook.com/TodosSantos-CineFest](https://www.facebook.com/TodosSantos-CineFest)

12 de marzo | 6 pm, APERTURA DEL XII FESTIVAL ANUAL DE CINE TODOS SANTOS EN EL MALECÓN DE LA PAZ.

14 de marzo | 8 pm, NOCHE DE APERTURA DEL XII FESTIVAL ANUAL DE CINE TODOS SANTOS EN TODOS SANTOS, Plaza Pública. Precio de brazaletes, 450 pesos; incluye tapas, cena, postre y dos bebidas. Entradas y tickets para comida y tragos, disponibles en el Hotel California y Santo Vino. Se anunciarán los ganadores de la subasta **EVENTOS** continúa en página 46

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Cada Semana

Lunes a Viernes, 9 am a 2 pm, **RECICLAJE TODOS SANTOS**. Entrada esta cerca de Compa Chava. Trae papel, plásticos, baterías, cartón, latas, metal, espuma de poliestireno y electrónicos para reciclar. Donación mínima 30 pesos, electrónicos 80 pesos. Por favor separe los materiales. Mayores informes: mms_ts@hotmail.com

domingo

9 am a 2 pm, **BRUNCH DOMINICAL Y MERCADO LOCAL** con música en vivo en **Baja Beans** en Pescadero.

12 – 3 pm, **MÚSICA EN VIVO** en **El Faro, Beach Club & Spa** en Todos Santos.

BRUNCH ESPECIAL en **El Mirador, Ocean View Restaurant** con vista al mar en Todos Santos. Para reservaciones: al (612) 175-0800, recepción en el **Hotel Guaycura**, y reservation@guaycura.com

lunes

9:30 am a 2:30 pm, **FRUTA Y VERDURA ORGÁNICA** en Márquez de León enfrente de Alma y Manny's, Todos Santos.

10 am a 1 pm, **Palapa Society BIBLIOTECA y RINCON DE CUENTOS ABIERTO**.

11 am a 3:30 pm, **PUESTO DE PRODUCTOS ORGÁNICOS** de Pepinita en la calle Los Mangos en el otro lado de Todos Santos.

5 a 8 pm **DEGUSTACIÓN DE VINOS DE BAJA** en la **Bodega de Todos Santos**. Sirve una selección de tres vinos diferentes de Baja.

martes

8:30 am a 1 pm, **EL MERCADO ORGÁNICO DE LA PAZ** en calle Madero entre 5 de Mayo y Constitución, La Paz.

10 am a 3 pm, **PUESTO DE PRODUCTOS ORGÁNICOS** del Rancho Buen Día en el callejón de Todos Santos.

11 am a 3 pm, **PUESTO DE PRODUCTOS ORGÁNICOS** de Pepinita en el **Mini Super Munchies** en El Pescadero.

6:30 pm, **NOCHE DE PELÍCULAS** en **Gallo Azul** en Todos Santos.

miércoles

8 am a 12 pm, **EL MERCADO ORGÁNICO DE LOS CABOS** en Camino del Colegio, s/n entrada a Pedregal, Cabo San Lucas.

9 am a 12 pm, **MERCADO ORGÁNICO** en **La Esquina** en el Otro Lado de Todos Santos.

9:30 am a 2:30 pm, **FRUTA Y VERDURA ORGÁNICA** en Márquez de León enfrente de Alma y Manny's, Todos Santos.

10 am a 1 pm, **Palapa Society BIBLIOTECA y RINCON DE CUENTOS ABIERTO**.

11 am a 3:30 pm, **PUESTO DE PRODUCTOS ORGÁNICOS** de Pepinita en la calle Los Mangos en el otro lado de Todos Santos.

1 a 5 pm, **EL MERCADO ORGÁNICO** en San José del Cabo está ligeramente afuera del distrito de arte histórico en la Huerta María en el Camino a las Ánimas. Busque la señal para el gran arroyo junto a la Avenida Centenario.

CADA SEMANA continúa en página 47



de arte, habrán entretenimientos temáticos, rifas, premios y Danzón.

15 de marzo | 9:30 am a 3 pm, **RECORRIDO DE CASAS EN EL CENTRO HISTÓRICO DE TODOS SANTOS**. Venta de los boletos a partir de 9:30 am a 2 pm. Recorrido a partir de 10 am a 3 pm. Boletos están disponibles por email: thepalapasociety@yahoo.com o en el día del evento.

15 de marzo | 4 pm, **LECTURA ABIERTA** en Restaurante Los Adobes en Todos Santos. Las Lecturas se limitan a 5 minutos en duración y solo se aceptan trabajos originales.

15 de marzo | 8 pm, **CENA CON LAS CELEBRIDADES DEL FESTIVAL DE CINE TODOS SANTOS** en el Hotel California. Cena íntima con las estrellas e invitados del festival. 1,500 pesos por persona (máximo de 60 personas).

15 de marzo | 4 pm a ? **CELEBRACIÓN ANUAL DEL DÍA DE SAN PATRICIO** en **Shut Up Frank's**. Se servirá la carne en conserva de Frank, marinada durante un mes en su salmuera especial y volteada cada tres días hasta que esté en su punto. ¡El más delicioso "corned beef" que jamás hayas probado!

19 de marzo | 8 pm, **FIESTA CON LAS ESTRELLAS DEL FESTIVAL DE CINE TODOS SANTOS** en La Gitana, Todos Santos. Entrada 200 pesos, incluye tapas y una bebida.

20, 21, 22 y 26, 27, 28 de marzo | **XV TEMPORADA DE BAJA SHAKESPEARE** presenta una comedia original, *Robin Hood de Shakespeare*, en Buena Vista Beach Resort Convention Center de Buena Vista. Tickets 300 pesos. Informes: nanatmbden@gmail.com o (624) 141-0593. Para cenas o reservaciones de hotel, info@hotelbuenavista.com. Kim Scholefield, tyfield1@hotmail.com, (624) 100-4802, o facebook.com/pages/Baja-Shakespeare/220397878011557

22 de marzo | **TALLERES DE ANIMACIÓN** para jóvenes y adultos en la Escuela de Cine Leonardo Perel.

22 de marzo | 8 pm, **FIESTA DE CIERRE DEL FESTIVAL DE CINE TODOS SANTOS** en La Gitana, Todos Santos. Entrada 300 pesos incluye exhibición de la película "Tocaoras," tapas, dos tragos, música en vivo y baile gitano.

29 de marzo | 7 pm, **COMPAÑÍA TEATRAL PELICANO** presenta tres obras de 10 minutos en el Teatro de la Ciudad de La Paz. Venta de boletos en **Allende Books** en La Paz y **El Tecolote Libros** en Todos Santos.

abril

3 de abril | 4 a 7 pm, **CAMINATA DE ARTE TODOS SANTOS**. Los primeros viernes de cada mes con más de 14 galerías participantes.

6 y 7 de abril | 5 pm y 7 pm, **COMPAÑÍA TEATRAL PELICANO** presenta tres obras de 10 minutos—*Cualquier cosa por Tí*, *Lección de Historia* por el ganador del Premio Pulitzer David Lindsay-Abaire y *Siobhan*—en el Teatro de la Ciudad de La Paz. Boletos \$100 pesos. Venta de boletos en **Allende Books** en La Paz y en **El Tecolote Libros** en Todos Santos. Habrá vino y queso y se podrá conocer a los actores después del espectáculo. Para mayor información: www.facebook.com/pelican-theatreoflapaz

19 de abril | 4 pm, **LECTURA ABIERTA** en Restaurante Los Adobes en Todos Santos. Las Lecturas se limitan a 5 minutos en duración y solo se aceptan trabajos originales.

24 al 26 de abril | **FESTIVAL ANUAL DE GASTROVINO** en Todos Santos. Para mayor información: <http://www.gastrovino.mx/>

HORA FELIZ

Chill N Grill, Lu Mar Ju Vi 4 a 6 pm,
2x1 cerveza y well drinks.

Dana's Diner y Cantina Lu Mar Mier Ju Vi 4 a 7 pm,
especiales de comida y bebidas.

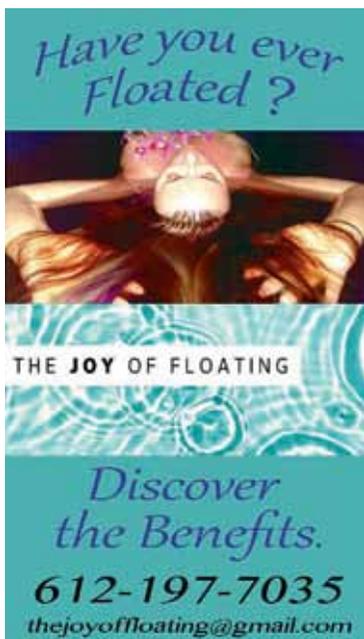
Gallo Azul, Lu Mar Mier Ju Vi Sa 3 a 6 pm,
2x1 cerveza y margaritas.

Hotel Casa Tota, Lu Mar Mier Ju Vi Sa 3 a 6 pm,
2x1 cerveza y well drinks.

Pizzería Tres Marias **Lu Mier Ju Vi 12:30 a 5 pm,**
Burger, papas y una cerveza 70 pesos.

Shut Up Frank's Lu Mier Ju Vi 2 a 5 pm,
especiales de comida y bebidas.

La Esquina Lu Mar Mier Ju Vi Sa 5 a 6 pm,
2x1 cerveza, vino y margaritas.



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Cada Semana continuó de pg 45

5 a 8 pm **MIÉRCOLES DE "BIG RED" VINOS** en la **Bodega de Todos Santos** con música en vivo.

jueves

8:30 am a 1 pm, **EL MERCADO ORGÁNICO DE LA PAZ** en calle Madero entre 5 de Mayo y Constitución, La Paz.

10 am a 3 pm, **PUESTO DE PRODUCTOS ORGÁNICOS** del Rancho Buen Día en el callejón de Todos Santos.

3 a 7 pm, **2 X 1 PIZZAS** en **Gallo Azul** en Todos Santos.

5 a 9 pm, **CAMINATA DEL ARTE** en San José del Cabo, en el distrito de las galerías. Todas las galerías que participan estarán abiertas hasta las 9 pm y muchas tienen recepciones y eventos especiales. Noviembre hasta el fin de Junio.

6 a 10 pm, **MÚSICA EN VIVO**, bar y parrilla abiertos con superburos y exquisitas margaritas en **La Esquina** en el otro lado de Todos Santos.

viernes

9:30 am a 2:30 pm, **FRUTA Y VERDURA ORGÁNICA** en Márquez de León enfrente de Alma y Manny's, Todos Santos.

10 am a 1 pm, *Palapa Society* **BIBLIOTECA y RINCON DE CUENTOS ABIERTA.**

11 am a 3:30 pm, **PUESTO DE PRODUCTOS ORGÁNICOS** de Pepinita en la calle Los Mangos en el otro lado de Todos Santos.

2 TACOS DE PESCADO Y 1 CERVEZA O ALITAS DE POLLO Y 1 CERVEZA por \$90 pesos en **Shut Up Frank's** en Todos Santos.

6 pm, **ESPECIALIDADES DE ASIA** en Michael's at the Gallery. Requiere reservación.

7:30 pm, **TODOS SANTOS BANDA DE JAZZ** en Kin's Lounge.

LADIES NIGHT en **Gallo Azul** en Todos Santos. 2x1 cerveza, vino de la casa y margaritas todo la noche.

sábado

8:30 am a 1 pm, **EL MERCADO ORGÁNICO DE LA PAZ** en calle Madero entre 5 de Mayo y Constitución, La Paz.

9 am a 3 pm, **EL MERCADO ORGÁNICO** en San José del Cabo está ligeramente afuera del distrito de arte histórico en la Huerta María en el Camino a las Ánimas. Busque la señal para el gran arroyo junto a la Avenida Centenario.

9 am a 1 pm, **TIANGUIS NATURAL MALECÓN** (Mercado) en el Callejón Cabezud es en La Paz—el área entre calle Esquerro y el Malecón ubicado en el mural Wyland y la escultura del músico tocando el caracol.

10 am a 1 pm, *Palapa Society* **BIBLIOTECA y RINCON DE CUENTOS ABIERTO.**

10 am a 3 pm, **PUESTO DE PRODUCTOS ORGÁNICOS** del Rancho Buen Día en el callejón de Todos Santos.

12 a 11 pm, **CIRCUITO CULTURAL MARINA** en Cabo San Lucas.

6 pm, **ESPECIALIDADES DE ASIA** en Michael's at the Gallery. Requiere reservación.

7 a 10 pm, **MÚSICA EN VIVO** en **Chill N Grill.**



Events continued from page 24

March 19 | 8 pm, **FESTIVAL DE CINE TODOS SANTOS PARTY WITH THE STARS** at La Gitana in Todos Santos. \$200 pesos entrance includes 1 drink and tapas.

March 20,21,22 & 26,27,28 | **BAJA SHAKESPEARE'S 15TH SEASON** at Buena Vista Beach Resort Convention Center in Buena Vista, presents an original comedy, Shakespeare's *Robin Hood*, or *A Funny Thing Happened on My Way Through Stratford Forest*. All shows start at 7 pm except March 22, 1:30 pm matinee. Tickets \$20 usd/300 pesos. Will Call: nanatmbden@gmail.com or (624) 141-0593. For dinner or overnight reservations, info@hotelbuenavista.com. Contact: Kim Scholefield, tyfield1@hotmail.com, (624) 100-4802, see facebook.com/pages/Baja-Shakespeare/220397878011557 for all details.

March 22 | **ANIMATION WORKSHOPS FOR YOUTH AND ADULTS** at the Escuela de Cine Leonardo Perel. Details to be announced.

March 29 | 7 pm, **PELICAN THEATRE COMPANY** presents three 10 minute plays: *Anything for You*, *History Lesson* by Pulitzer prize winner David Lindsay-Abaire and *Siobhan* at the Teatro de La Ciudad La Paz. Tickets are 100 pesos. Tickets on sale at **Allende Books** in La Paz and **El Tecolote Bookstore** in Todos Santos. For more information: Facebook/pelicantheatreoflapaz. There will be wine and cheese and meet the actors after the show.

april

April 3 | 4-7 pm, **ART WALK TODOS SANTOS**. Takes place the first Friday of the month with over 14 participating galleries.

April 6 & 7 | 5pm and 7pm, **PELICAN THEATRE COMPANY** presents three 10 minute plays: *Anything for You*, *History Lesson* by Pulitzer prize winner David Lindsay-Abaire and *Siobhan* at the Teatro de La Ciudad La Paz. Tickets are 100 pesos. Tickets on sale at **Allende Books** in La Paz and **El Tecolote Bookstore** in Todos Santos. For more information: Facebook/pelicantheatreoflapaz. There will be wine and cheese and meet the actors after the 7 pm show.

April 19 | 4 pm, **OPEN READING** at Los Adobes restaurant in Todos Santos. Readings are limited to 5 minutes in length and original works only.

April 24-26 | **ANNUAL GASTROVINO FESTIVAL** in Todos Santos. For more information visit: <http://www.gastrovino.mx/>

El Cielo continued from page 29

LINKS OF INTEREST

ZODIACAL LIGHT: http://en.wikipedia.org/wiki/Zodiacal_light

TROPIC OF CANCER: http://en.wikipedia.org/wiki/Axial_tilt#values or http://en.wikipedia.org/wiki/Circle_of_latitude

METEOR SHOWERS: <http://www.imo.net/calendar/2015>

COMETS: <http://www.aerith.net/index.html>

TIME: <http://www.time.gov/> and <http://www.worldtimeserver.com/>

WEEKLY SKY REPORT:

<http://www.griffithobs.org/skyreport.html>

SATURN: <http://saturn.jpl.nasa.gov/home/index.cfm>

DAWN: <http://dawn.jpl.nasa.gov/>

ROSETTA: <http://sci.esa.int/rosetta/>

NEW HORIZONS: http://www.nasa.gov/mission_pages/newhorizons/main/

ALL THINGS ASTRONOMICAL: <http://www.calsky.com> User "todossantos" password "journal"

Voces continued from page 33

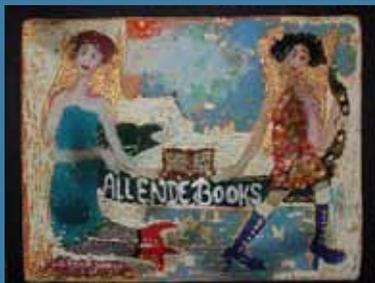
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We'll see you next issue, Spring 2015, with our feature story on the Gastrovino Festival and more of your favorite stories and photos.

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Degollado No. 58 e/ Cuauhtémoc y A. Carrillo #136 on map

Maria Novaro

continued from page 15

firmly established Novaro's international reputation. In "Danzón" she plays with traditional Mexican cinematic themes of fallen women and dance halls and music of the 1940s and turns them inside out.

Her parody "Leave No Trace" (2006), features two women who fight, murder, run, and become an odd couple as they escape from both *Federales* and an ex-boyfriend drug trafficker. "Leave No Trace" took awards at Sundance, Guadalajara, and the Latino Film Festival in Los Angeles.

In August 2010 she released "The Good Herbs," which addressed the issue of traditional medicine. The Association of Women in Film and Television and the International Film Festival of Guadalajara awarded Novaro the "Musa" and the "Silver Cross" in 2013. Maria Novaro has graciously agreed to be our honored guest at the Festival de Cine Todos Santos and to receive their Tribute To Women & Film.

"Danzón," "Leaving no Trace" and "The Good Herbs" will be shown at the Festival de Cine Todos Santos.

See website for details: TodosSantosCine.org

Maria Novaro

continuó de página 15

con los temas cinemáticos tradicionales mexicanos de mujeres caídas y salones de baile y música de los 40s y los vuelca al revés.

Su parodia "Sin Dejar Huella" (2006) presenta a dos mujeres quienes pelean, asesinan, huyen y se convierten en una pareja dispareja mientras se escapan de los Federales y de un ex novio traficante de drogas. "Sin Dejar Huella" se llevó premios en *Sundance*, Guadalajara y en el Festival de Cine Latino en Los Ángeles.

En Agosto del 2010, lanzó "Las Buenas Hierbas," misma que se trataba sobre la medicina tradicional. La Asociación de Mujeres en el Cine y la Televisión y El Festival Internacional de Cine de Guadalajara, entregaron a Novaro los premios "Musa" y "Cruz de Plata" en el 2013. María Novaro ha aceptado ser nuestra invitada de honor en el Festival de Cine Todos Santos y recibir su Tributo a Las Mujeres y el Cine.

"Danzón," "Sin dejar Huella" y "Las Buenas Hierbas" se mostrarán en el FCTS. Visita nuestro sitio web para mayores detalles: TodosSantosCine.org



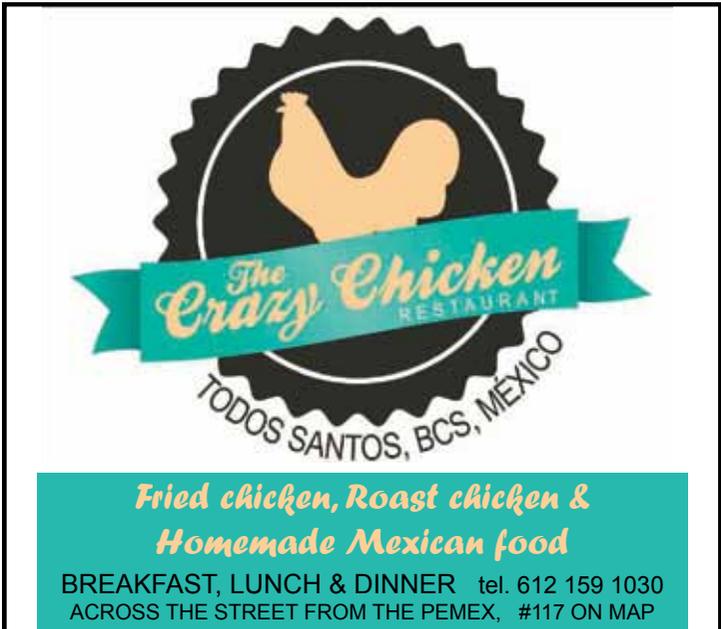
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Chef Iker Algorri's Smoked Marlin Machaca Chiles Rellenos

by Iker Algorri & Bryan Jáuregui

photos by Kaia Thomson

Recipe for 4 people.

INGREDIENTS:

- 🍴 4 large, shiny, good-looking *poblano* peppers. They should not be flat; they should have plenty of space that can be filled with the good stuff.
- 🍴 2 medium white onions
- 🍴 1 kilo of Roma tomatoes
- 🍴 4 big cloves of garlic
- 🍴 1 small bunch of cilantro
- 🍴 300 grams of smoked marlin or smoked tuna
- 🍴 oregano
- 🍴 *crema*
- 🍴 black pepper, salt
- 🍴 rice (optional)

PREPARATION:

The Chiles:

Using tongs to hold the peppers, roast the peppers one-by-one on the open flame of a gas stove until each pepper's skin is roasted and black. (If *your* skin is roasted and black you need to invest in new tongs.)

When the skins are black, put the peppers in a plastic bag to make them sweat. Let them consider their fate for a bit.

Once the peppers are sweating in the bag, take them out, rinse them in water, peel off the blackened skins, and then dry the peppers with a towel. The roasting imparts a smoky flavor to the peppers and helps to loosen the skins. The sweat and water make it easier to peel the skins, which we do because the skins have a plastic consistency that make life unpleasant for the taste and touch senses—two of the many we are trying to please in this endeavor.

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Choose the side of the pepper you think best suited as the entryway for the *machaca* stuffing. Then, very carefully, cut each pepper from the middle to the tail. (You don't want to make too large an incision as your goal is to keep the *machaca* stuffed inside.) Using great delicacy so as not to rip the pepper, remove the insides of the pepper, making sure to take out absolutely every single seed. You can rinse the inside with water to aid seed removal.

Set chiles to the side.

The Machaca:

Medium dice an onion, fine dice two cloves of garlic, slice 2 Roma tomatoes into small cubes, and chop 1/3rd bunch of cilantro into fine bits.

Using forks, shred the chunk of smoked marlin or tuna in to fine bits.

Pour ¼ cup of olive oil in a sauce pan and put over medium heat. Add in the onion, cook it until it's clear, then add in the diced garlic. Mix together and add in the shredded fish. Cover with black pepper, and then add in the cubes of tomato. Mix for 5 minutes, constantly stirring until all the ingredients are perfectly integrated.

Lower the flame and add in a pinch of fresh crushed oregano. Mix for another minute, and add in the cilantro. Once blended, turn off the flame.

Using a small spoon and working oh so carefully, stuff the peppers with the *machaca* mix and set them aside.

The Salsa:

Slice/dice ¾ kg of Roma tomatoes, ¾ of a medium white onion, 2 garlic cloves and 1/3rd of a bunch of cilantro. Put it all in a blender and whirl away until you have a beautiful thick salsa. Salt and pepper to taste.

Finely dice ¼ of a white onion and one big clove of garlic. Heat up 4 tablespoons of olive oil in a pan, add onion and garlic, and cook over medium fire until onion is clear. Add in the tomato salsa and bring it to boil with the lid of the pan on. Boil until the tomato is bright red, then turn off flame. Salt and pepper to taste.

The Whole Shebang:

Using your nicest china, put a layer of tomato sauce on the plate. Place the stuffed *chile* on the tomato sauce, and surround with rice if desired. Decorate with *crema* if the spirit moves you.

Prepare to be amazed.

Enjoy the best *chiles rellenos* you've ever made!

Following the success of their first book, *Birding in Baja California Sur*, **Todos Santos Eco Adventures** will soon publish their second volume, a collection of Chef Iker Algorri's Baja recipes. Celebrating what Chef Iker calls the Magnificence of Simplicity, the cookbook features some of the most-loved dishes that Iker creates for Todos Santos Eco Adventures clients for consumption on the trail and in cooking classes. Simply magnificent.



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Yoga	All classes at Cuatro Vientos are noted as @ CV (the studio is across from La Esquina, #11 on otro lado map)	9-10:30 am Hatha Flow c/ Marimar @ CV 7:30-9 pm Yoga Conciencia w/ Lyobáá @ CV	7:30-9 am Yoga 101 c/ Jane @ CV 9-10:15 am Hatha c/ Paul Van Vleck @ Hotelito	8-9:15 am Hatha c/ Paul Van Vleck @ Gallo Azul 9-10:30 am Hatha Flow c/ Marimar @ CV 7:30-9 pm Yoga Conciencia w/ Lyobáá @ CV	8:30 am Ashtanga Yoga c/ Zandro @ Alas y Olas 9-10:15 am Hatha c/ Paul Van Vleck @ Hotelito	8-9:15 am Hatha c/ Paul Van Vleck @ Gallo Azul 9-10:30 am Hatha Flow c/ Marimar @ CV	7:30-9 am Yoga 101 c/ Jane @ CV
Martial Arts		6-7:30 pm Tae Kwon Do kids/ niños c/ Kurtis @ CV		6-7:30 pm Tae Kwon Do adults/adultos c/ Kurtis @ CV	10:30-12 pm Qi Gong / Ta'i Chi @ CV 612-157-6088 or barakabaja@gmail.com		
Zumba		10-11 am c/ "Lucy" @ Mutualista 7-8 pm c/ "Lucy" @ DIF	8-9 am c/ "Lucy" @ Mutualista 9-10 am c/ Jan @ CV 612-348-1111 todossantos zumba.com Facebook\Todos Santos Zumba 7-8 pm c/ "Lucy" @ DIF	10-11 am c/ "Lucy" @ Mutualista 7-8 pm c/ "Lucy" @ DIF	8-9 am c/ "Lucy" @ Mutualista 4:30-6 pm c/ Jan @ CV 612-348-1111 todossantos zumba.com Facebook\Todos Santos Zumba 7-8 pm c/ "Lucy" @ DIF	10-11 am c/ "Lucy" @ Mutualista 7-8 pm c/ "Lucy" @ DIF	8-9 am c/ "Lucy" @ Mutualista 10-11 am Zumba c/ Jan @ Hogar del Niño 612-348-1111 todossantos zumba.com Facebook\Todos Santos Zumba 7-8 pm c/ "Lucy" @ DIF
Other/Otros	10-11:30am Dharma talks with Robert K. Hall @ CV <i>El primer domingo de cada mes, la plática sobre meditación y lo que el Buda dice sobre la vida y la tranquilidad del espíritu es traducida al español por Elena Ascencio.</i>	10-11 am Capoeira @ DIF 4:30-6 pm Dance Therapy c/Zöe @ CV 5-6 pm Crossfit c/ Mao @ Punta Lobos beach mauricio@mymotivation.es	3-5 pm Manos Magicas @ Centro Cultural chambaretc@mac.com	7:30-9 am Yamuna Body Rolling @ CV 10-11 am Capoeira @ DIF 1:30-3:30 pm Art Journal Lab c/Zöe @ CV 4:30-6 pm Dance Therapy c/Zöe @ CV 5-6 pm Crossfit w/ Mao @ Punta Lobos beach mauricio@mymotivation.es	9 am Drawing class c/ Tori oscarntori@yahoo.com 3-4:15 pm Yamuna Body Rolling c/ Emily @ CV	7:30-9 am Yamuna Body Rolling c/ Emily @ CV 10-11 am Capoeira @ DIF 10:30am-12pm Vajra Dance @ CV 3-4:30 pm kids/niños 4:30-6 pm adults/adultos Hawaiana Dance @ CV 5-6 pm Crossfit c/ Mao @ Punta Lobos beach mauricio@mymotivation.es	9-10:30am Belly Dance Fusion c/ Catanya & Elena @ CV

TODOS SANTOS	Sunday Domingo	Monday Lunes	Tuesday Martes	Wednesday Miércoles	Thursday Jueves	Friday Viernes	Saturday Sábado
Palapa Society		10am -1pm Library Open <i>Rincon de Cuentos</i>		10am -1pm Library Open <i>Rincon de Cuentos</i>		10am -1pm Library Open <i>Rincon de Cuentos</i>	10am -1pm Library Open <i>Rincon de Cuentos</i>
AA		5-6 pm AA meeting @ church courtyard	5-6 pm AA meeting @ church courtyard		5-6 pm AA meeting @ church courtyard	5-6 pm AA meeting @ church courtyard	11am-12pm AA meeting @ church courtyard

AA CABO SAN LUCAS—AA Hacienda Group Cabo, upstairs above Ace Hardware behind McDonalds. Daily 4:30 pm and 6 pm.
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Yoga	9:30 am Yoga @ Baja Zen 612-142-5038 info@baja-zen.com Facebook\BajaZen 10 am Yoga 100 pesos @ Rancho Pescadero 10-11:15 am Hatha Yoga c/ Paul Van Vleck @ Villa Cerritos 5:30 pm Restorative/ Yin Yoga @ Baja Zen 612-142-5038 info@baja-zen.com Facebook\BajaZen	7-9 am Yoga @ Baja Zen 612-142-5038 info@baja-zen.com Facebook\BajaZen 7:30am Yoga c/ Mayra Torres @ Los Arcos 612-131-7564 Facebook\Yoga Los Arcos 10 am Yoga 100 pesos @ Rancho Pescadero	7-9 am Yoga @ Baja Zen 612-142-5038 info@baja-zen.com Facebook\BajaZen 7:30am Yoga c/ Mayra Torres @ Los Arcos 612-131-7564 Facebook\Yoga Los Arcos 10 am Yoga 100 pesos @ Rancho Pescadero 10 am Yoga for seniors / personas mayores c/ Mayra @ Los Arcos	7-9 am Yoga @ Baja Zen 612-142-5038 info@baja-zen.com Facebook\BajaZen 7:30am Yoga c/ Mayra Torres @ Los Arcos 612-131-7564 Facebook at Yoga Los Arcos 10 am Yoga 100 pesos @ Rancho Pescadero 10-11:15 am Hatha Yoga c/ Paul Van Vleck @ Villa Cerritos	7-9 am Yoga @ Baja Zen 612-142-5038 info@baja-zen.com Facebook\BajaZen 7:30am Yoga c/ Mayra Torres @ Los Arcos 612-131-7564 Facebook\Yoga Los Arcos 10 am Yoga 100 pesos @ Rancho Pescadero 10 am Yoga for seniors / personas mayores c/ Mayra @ Los Arcos	7-9 am Yoga @ Baja Zen 612-142-5038 info@baja-zen.com Facebook\BajaZen 7:30am Yoga c/ Mayra Torres @ Los Arcos 612-131-7564 Facebook\Yoga Los Arcos 10 am Yoga 100 pesos @ Rancho Pescadero	7-9 am Yoga @ Baja Zen 612-142-5038 info@baja-zen.com Facebook\BajaZen 7:30am Yoga c/ Mayra Torres @ Los Arcos 612-131-7564 Facebook\Yoga Los Arcos 10 am Yoga 100 pesos @ Rancho Pescadero	7-9 am Yoga @ Baja Zen 612-142-5038 info@baja-zen.com Facebook\BajaZen 8 am Aqui Yoga @ Baja Beans
Alanon		10-11 am Alanon meeting @ Las Palmas Restaurant next to Baja Beans . http://al-anon.alateen.org/						

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10 am – 3 pm, **ORGANIC VEGETABLES** at Rancho Buen Día in the *callejon* of Todos Santos.

3 - 7 pm, **2 X 1 PIZZA** at **Gallo Azul**, Todos Santos.

5 – 9 pm, **ARTWALK** in the San José del Cabo Gallery District. Takes place through the end of June.

6 – 10 pm, **LIVE MUSIC NIGHT**, bar and Super Burros at **La Esquina** on the *Otro Lado* of Todos Santos.

friday

9:30 am – 2:30 pm, Basilfield **ORGANICS** on calle Márquez de León across from Alma y Manny's, Todos Santos.

10 am – 1 pm, **Palapa Society of Todos Santos LIBRARY & RINCON DE CUENTOS OPEN.**

11 am – 3:30 pm, **PICKLE'S ORGANIC PRODUCE STAND** on Calle Los Mangos on the *otro lado* of Todos Santos.

2 FISH TACOS & A BEER OR CHICKEN WINGS & A BEER 90 mn at **Shut Up Frank's** in Todos Santos.

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6 – 9 pm, **LIVE DINNER MUSIC** at the Garden Restaurant at **Rancho Pescadero** in Pescadero.

6 – 9 pm, **LIVE MUSIC** at The Sky Lounge in **Guaycura Hotel** rooftop.

6 pm, **ASIAN SPECIALTIES** at Michael's at the Gallery in Todos Santos.

7:30 pm, **LIVE MUSIC** with the Todos Santos Jazz Band at Kin's Lounge in Todos Santos.

saturday

8 am – 12 pm, **LOS CABOS ORGANIC MARKET** on Camino del Colegio, s/n at the Pedregal, Cabo San Lucas.

9 am – 1 pm, **MALECON TIANGUIS NATURAL (MARKET)** at the Callejon Cabezud in La Paz—the area between Esquerro street and the malecón at the location of the Wyland mural and the seashell musician statue.

9 am – 3 pm, **SAN JOSÉ DEL CABO ORGANIC MARKET** (Mercado Organico) just outside the San José historic district in Huerta Maria on the Camino a Las Animas. Look

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10 am – 1 pm, **Palapa Society of Todos Santos LIBRARY & RINCON DE CUENTOS OPEN.**

10 am – 3 pm, **ORGANIC VEGETABLES** at Rancho Buen Día in the *callejon* of Todos Santos.

12 – 11 pm, **CIRCUITO CULTURAL MARINA** in Cabo San Lucas Cabo San Lucas. With cultural workshops for children including painting, sculpting, and arts and crafts lessons beginning at 5 pm. Cultural artistic programs that feature local dance groups, musicians, and artists at the Puerto Paraiso shopping center plaza and Plaza del Marlin Marina.

6 – 9 pm, **LIVE DINNER MUSIC** at the Garden Restaurant at **Rancho Pescadero** in Pescadero.

6 – 9 pm, **LIVE MUSIC** at The Sky Lounge in **Guaycura Hotel** rooftop.

6 pm, **ASIAN SPECIALTIES** at Michael's at the Gallery in Todos Santos.

7 – 10 pm, **LIVE MUSIC** at **Chill N Grill** in Todos Santos.

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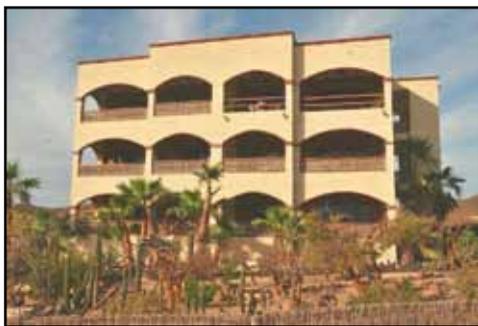
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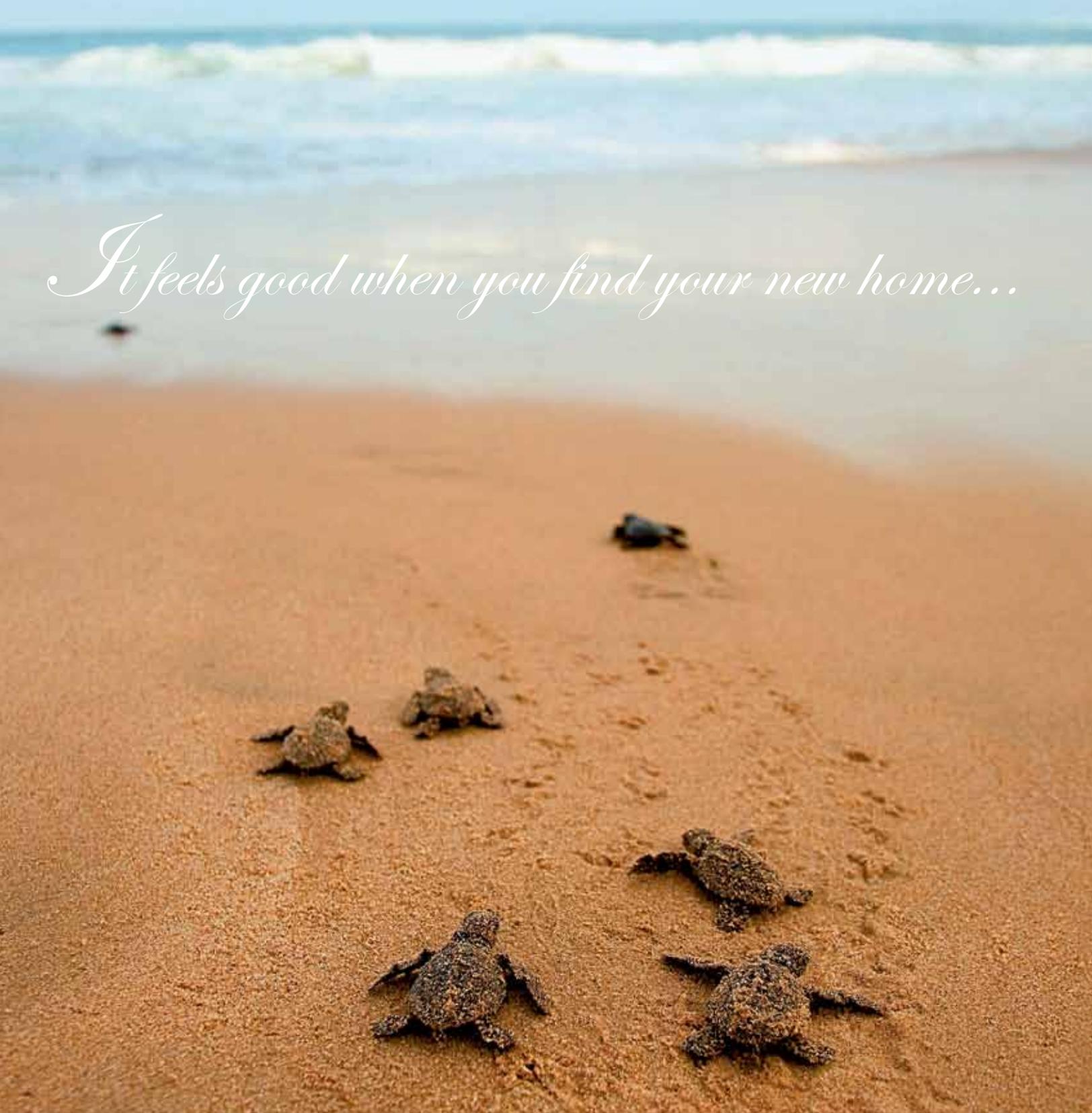
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